NoGamesLove Video Dating Tips: Heartbroken? Heal and Move On…Like I Did





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on How to Move On

In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, Laurel House addresses a tough question: How can you heal and move on after a broken

heart? The dating expert reveals two heartbreaks of her own and uses her experiences to encourage others to pick up the pieces and focus on the future. "I found myself again. I realized I had lost myself in a lot of ways," she candidly says. "I was so concerned with making him happy that I forgot how to make myself happy." If you're struggling with heartache, listen up for more great tips!

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How did you heal and move on after a broken heart? Share your story in the comments below.

NoGamesLove Video Dating Tips: How to Deal When Your Ex Moves On





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on What to Do When Your Ex Moves On

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House lets you in on why you're stressing so much about your ex's new relationship and what you can do to get over it. You need to learn to be happy again — without him. "Get yourself out there in a better, stronger, wiser way," the dating expert explains. "This is the time to work on you."

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How did you handle it when your ex moved on? Share your story

NoGamesLove Video Dating Tips: The No Games Guide to True Love





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously

Single Laurel House on True Love

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House shares ten tips for finding The One without playing games. Even if you aren't ready for a committed relationship, this advice can help you stop wasting your time with men who don't see your worth. First and foremost, the dating expert says to throw away your checklist. Think about where this list came from and how it may be boxing you in. You're creating paper perfect, which has nothing to do with chemistry or the things that actually matter. You'll know if a guy meets your must-haves without having to consider a silly list! Watch this week's video for nine more tips.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How did you stop playing games in your relationship? Share your story in the comments below!

NoGamesLove Video Dating Tips: Summer Love that Lasts





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Summer Love

Summer love doesn't have to end when autumn blows in. In fact, it can turn into a lifelong romance if you let it! In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House shares her tips for making your warm-weather romance continue into fall. Most importantly, the dating expert says to remember to get raw: be true to yourself and stay open-minded. You never know what might happen!

For more information about our dating mentor, visit our Experts page.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Have you ever had a summer fling that turned into a long-term

QuickieChick's Video Dating Tips: Real Life Impact of 'The Bachelorette'





By <u>E!'s Famously Single Dating Coach, Laurel House</u>
In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House discusses *The Bachelorette*.

Dating Advice from E!'s Famously Single Laurel House on The Bachelorette

Did you ever think a reality television show like *The Bachelorette* could actually offer you valuable real world advice? QuickieChick and dating expert Laurel House didn't think it was possible...until this past Monday's dramatic finale. The surprise ending made her reflect on her own relationship history, and in this week's video, she reveals ten love lessons that she learned from Desiree Hartsock's journey.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Tell us: What did you learn from this season of The Bachelorette?

QuickieChick's Video Dating Tips: Getting Back with Your Ex? 10 Mistakes That I Made





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Getting Back With Your Ex

Are you thinking about getting back with an ex? Our resident dating mentor Laurel House did…over and over again. In this week's dating advice video, relationship expert and E!'s Famously Single dating coach, Laurel House outlines ten mistakes that she made, hoping to inspire you to avoid the same fate. "When you get back with your ex, you need to realize that this isn't a rosy relationship," the dating expert candidly shares. "You don't think that they can do no harm because you know they can. You've already been there; you've seen their dark side." Before moving forward, you have to address the reason for your split. You essentially have to take a step backwards first. Listen up for more helpful advice!

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>Youtube</u> Channel.

Have you ever reconnected with an ex? Share your story in the comments below!

QuickieChick's Video Dating Tips: Ways to Know If He's Ready for Marriage





Dating Advice from E!'s Famously Single Laurel House on Marriage

How do you know if your guy is ready to take the next step in your relationship and get married? In this week's <u>dating</u> <u>advice</u> video, relationship expert and E!'s <u>Famously</u> <u>Single</u> dating coach, Laurel House shares the questions you should consider in order to figure out if you're the one he wants for the rest of his life. And, of course, you have to first decide if you're ready to spend forever with him. Plus, the dating expert tells you how to ensure that you're not coming across as too needy and how to deal with your man if he's acting desperate.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

How did you know when your partner was ready for marriage? Share your thoughts in the comments below!

QuickieChick's Video Dating Tips: 'Bachelorette'-Based Ways to Know If He's Using You





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on How to Tell if Someone is Using You

If we've learned anything from this season of *The Bachelorette*, it's that men are pretty good at faking their feelings and only pretending that they're into you. Poor Desiree Hartsock has been fooled by not one but *three* contestants so far: Brian had a girlfriend at home; Bryden left because he wasn't "feeling it;" and James was only on the show because he hoped to be the next *Bachelor*. So how can you tell if your guy is just using you? In this week's <u>dating</u> advice video, dating expert and E!'s *Famously Single* dating coach, Laurel House offers her tips for figuring out what men

are genuine and what men have crummy intentions.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Have you ever been used by a guy? Share your story in the comments below!

QuickieChick's Video Dating Tips: Summer Love...





By <u>E!'s Famously Single Dating Coach, Laurel House</u>
In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, Laurel House talks about summer romance!

Dating Advice from E!'s Famously Single Laurel House on Summer Love

Have you ever had a summer romance? QuickieChick and lifestyle coach Laurel House has — and she says it enriched her summer and made it that much more memorable. Unfortunately, it ended up being only a fling that left her broken-hearted. Lucky for you, in this week's video, the dating expert shares some tips for making the most of your summer love. Your inhibitions are down; your energy is up, and the heat is on. It's time to have some casual and carefree (but still safe) fun!

For more information about our dating mentor, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Have you had a summer romance? Share your story with us in the comments below.

Is Your Perfect Man Criteria Keeping You Single?





By Whitney Baker Johnson

When you're looking for love, it's tempting to want to find the "perfect" man, someone who embodies all of the qualities that are on your checklist. In truth, doing so could be detrimental to your love life. You may end a relationship with that nearly perfect guy because you're so focused on the one thing he's missing. By the time you realize it, chances are he's already moved on to someone who loves him and thinks he's enough. Here are five reasons why your perfect man criteria is keeping you single:

Related Link: Why a List of Requirements Won't Get You Mr. Right

1. You focus on the wrong things. "The fact is that you're not looking for a walking list. You're looking for a feeling," explains dating mentor and QuickieChick Laurel House. "With your list, you're essentially putting blinders on." Instead, look for someone who brings the best out in you, who makes you feel happy, fulfilled and who is a true-life partner.

- 2. You lose sight of what really matters. You automatically assume someone isn't the right fit for you because he's got dark brown hair or he's not at least six feet tall. Maybe's he been married before and you never saw yourself with a divorced guy. Ask yourself this question: In ten years, are those things really going to matter? Open your heart up to every possibility, and you may find a man with qualities you didn't even know you wanted.
- 3. You put too much trust in "paper perfect." Sure, you've had an idea in mind and maybe you even put it down on paper of your perfect man since you were a little girl. You pictured meeting him when you were 23, getting married a few years later and starting a family shortly after that, but reality doesn't always live up to expectations. As House says, "Like when a smile doesn't touch the eyes, just 'paper perfect' sometimes doesn't touch the heart."
- 4. You miss out on the good parts of love. We all know that nothing is perfect, yet we want a perfect connection, a perfect partner and a perfect relationship. By trying to make your love life flawless, you fail to truly take in those moments that make finding The One so special. Without the negative experiences and broken hearts, you'll never know when you come across that one guy who makes you feel just right.

Related Link: Finding Your True Destiny After Losing Love

5. You begin to veer away from "must-haves" when developing your list. It's easy to get caught up in superficial desires rather than only including your "can't live without" qualities. If you must have a list, it should focus on your belief system. "At the end of the day, what matters is if your core values mesh. You may find your 'paper perfect' man some day, but you'll be disheartened if your morals don't match or if you have zero chemistry," House shares.

Don't set yourself up for disappointment. Instead, throw away

your list — or at least whittle it down to only a few "must-haves" — and let your heart lead the way.

Are your standards too high? Share your experiences below.

QuickieChick Video Dating Tips: 'Bachelorette'-Based Ways to Make a Great First Impression





By E!'s Famously Single Dating Coach, Laurel House

In this week's <u>dating advice</u> video, dating expert and E!'s *Famously Single* dating coach, Laurel House says to get real and get raw.

Dating Advice from E!'s Famously Single Laurel House on First Impressions

We all know that making a great first impression is essential for carrying on a successful relationship. ABC's *The Bachelorette* is proof of this idea as we saw on last week's season premiere. Men were either given roses or sent home based on their actions during the first evening. So how do you make a memorable impression when you meet someone? Be vulnerable. Be honest. And most importantly, be yourself.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

How do you make a good first impression on someone new? Tell us in the comments below.

QuickieChick's Video Dating Tips: Have You Been Cheated On?





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Cheating

Once a cheater, always a cheater — fine. But can you cause your boyfriend or girlfriend to cheat? Yes, you can! In this week's dating advice video, relationship expert and E!'s Famously Single dating coach, Laurel House talks about how to drive your partner into someone else's arms — and what you can do to avoid it. The dating expert believes that confidence is key to keep your partner from straying. Don't let your insecurities rule your relationship by focusing on everything that's wrong with you or your partnership; instead, let your confidence be your guide and always have fun with your love. Make them feel lucky to be with you! Watch for more great tips to keep your relationship a happy one and

ensure that your significant other remains faithful.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you keep your partner from cheating? Share your tips with us below.

QuickieChick's Video Dating Tips: Seven Reasons to Kiss





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>
In this week's <u>dating advice</u> video, dating expert and E!'s *Famously Single* dating coach, <u>Laurel House</u> shares seven reasons to kiss. It's time to get busy!

Dating Advice from E!'s Famously Single Laurel House on Kissing

Did you know that kissing helps to fight those pesky springtime allergies that so many of us face? If you kiss for at least 30 minutes, it helps to slow histamine production, which means you won't be sneezing and dealing with a runny nose. Kissing not only makes you healthier and happier, but it also makes your relationship healthier and happier.

For more information about our dating mentor, click here.

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QuickieChick's Video Dating Tips: Flirting With Your Man





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Flirting

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House offers her tips for how to flirt with your man. Whether you're in a new relationship or you have a long-term, live-in boyfriend, it's important to still be flirtatious and fun and make your significant other feel special. You want to keep the spark alive, right? "You're going to look forward to flirting. It's not going to be a chore," the dating expert shares. "After a while, you're going to start thinking, 'What can I do that's going to make him happy?'" Be sexy and sassy, and your love life will be rejuvenated.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What's your favorite way to flirt with your man? Tell us in the comments below!

QuickieChick's Video Dating Tips: Be That Hot Chick





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>
In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, Laurel House tells us how to be confident, how to be flirty, and how to embrace that hot chick inside all of us.

Dating Advice from E!'s Famously Single Laurel House on Being That Hot Chick

Even if you're insecure and tend to be the wallflower, you still have a sexy side. In those times, it's best to fake it: present a more self-assured and happy girl to others, and you'll instantly feel better about yourself. Be sure to define that other side of you too. Does she like to wear high heels? Does she enjoy wearing smokey eye makeup and red lips? It's important that your outer façade matches your inner attitude. Eventually, you'll be that hot chick without a second thought.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you make yourself feel sexy and confident? Share in the comments below!

QuickieChick's Video Dating Tips: Spring Clean Your Personal Life





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Personal Life Spring Cleaning

It's time for some serious spring cleaning! But before focusing on your wardrobe and work space, purge what's really cluttering up your personal life: people. In this week's dating advice video, relationship expert and E!'s Famously Single dating coach, Laurel House encourages you to take a look at old flames who are just using you or new crushes who only seem interested in a booty call. Consider your friendships too - they should be mutually-beneficial relationships that make you feel confident and happy. Who isn't serving you anymore? Who is hurting you? You can only open yourself up to new opportunities — maybe even tall, dark and handsome ones — if you get rid of unnecessary baggage and refresh your personal life. Remember that you deserve to love and be loved. Happy spring cleaning!

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you plan to clean up your personal life this spring? Tell us in the comments below!

QuickieChick's Video Dating Tips: Is He "The One" or Just Another Someone?





Dating Advice from E!'s Famously Single Laurel House on If He's 'The One'

Is your significant other "the one" or just another someone? In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares her ten tips for knowing who's Mr. (or Mrs.) Right. Our favorite piece of advice? If your partner makes you feel like your best self — or even inspires you to be a better person — than he or she may be around forever. Or use *The Bachelor's* Sean Lowe as a great example. He loved both Lindsay and Catherine, but he knew he'd never be able to say goodbye to Catherine. If you can't see yourself without someone in your life, then he or she may be the best fit for you.

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QuickieChick's Video Dating Tips: Are You the Marrying Kind?





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>
In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, Laurel House reveals the top eight characteristics that make a woman wife material.

Dating Advice from E!'s Famously Single Laurel House on Marriage Material

If you've been following *The Bachelor* this season, you know Sean Lowe has narrowed it down to two lucky ladies. On this week's episode, he told host Chris Harrison that he was ready to propose…although he didn't know who would receive that sparkly ring just yet. So what makes a woman the marrying kind? Why are Lindsay and Catherine more marriage-worthy than the women who have already been sent home?

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What do you think makes a woman the marrying kind? Tell us in the comments below!

QuickieChick's Video Dating Tips: This Video Could Save Your Relationship





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Saving Your Relationship

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House read this blog post by Single Dad Laughing, titled "16 Ways I Blew My Marriage," and immediately knew it was worth a video. Thanks to hindsight, we all have lessons learned when we look back on mistakes we've made, especially when it comes to past relationships and broken hearts. Perhaps, the most surprising point made in both the post and the dating expert's video is just how easy it is to stop putting effort into your marriage. Listen up, and we guarantee you'll learn a thing or two that will improve your own love life.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

QuickieChick's Video Dating Tips: How to Have the BEST Valentine's Day Ever





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Valentine's Day

Are you still wondering how to celebrate Valentine's Day this year? Dating mentor Laurel House admits that this holiday has always been stressful for her (even in elementary school!). In this week's dating advice video, relationship expert and E!'s Famously Single dating coach, Laurel House shares her tips for taking charge and overcoming the disappointment of past years' unmet expectations. Plus, the dating expert reveals how to have the best Valentine's Day ever, whether you're single or part of a couple. Listen up, and you're sure to discover the perfect idea for tomorrow's big day!

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What are your Valentine's Day plans? Tell us in the comments below!

QuickieChick's Video Dating Tips: Be the Only One on Your Man's Mind





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>

Dating Advice from E!'s Famously Single Laurel House on Staying on the Top of His Mind

Even if you're not on *The Bachelor*, there's a good chance that your new man is already dating another girl — or maybe even a few other girls. How can you stand out in a crowd and capture his heart? In this week's <u>dating advice</u> video, dating expert and E!'s *Famously Single* dating coach, Laurel House tells us the do's and don'ts of making him think about you when you're not together…and even when he's with someone else.

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How do you make sure that your man is thinking about you? Tell us in the comments below!

QuickieChick's Video Dating Tips: How to Get a First Impression Rose





By E!'s Famously Single Dating Coach, Laurel House

If you're anything like the staff here at CupidsPulse.com, then you're wildly addicted to *The Bachelor*, anxiously awaiting the Rose Ceremony that will conclude your Monday evening. Dallas native Sean Lowe has already captured the hearts of the viewers, and now, he's hoping to find love on the eighteenth season of the popular show. Watching the drama unfold in last week's season premiere, we couldn't help but wonder: How does Sean choose what girls to send home after only one evening of interaction? And more importantly, how did he hand out that first impression rose after only a few minutes?

Dating Advice from E!'s Famously Single Laurel House on First Impressions

In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, Laurel House tells us just

what it takes to make a lasting first impression — both on *The Bachelor* and in real life. After all, we're all hoping to be our best selves on every great first date. The dating expert shares her tips to help ensure that you get that first impression rose when starting a new relationship.

For more information about our dating mentor, click <u>here</u>.

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How do you make a memorable impression on a first date? Tell us in the comments below!

QuickieChick's Video Dating Tips: Your New Year's Resolution to Find Mr. Right





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on New Year's Resolutions

If you're hoping to find a new man in the New Year, listen up! In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House tells us what to rules to follow and what rules to break, helping us discover a new approach to dating that will finally lead to love. It's time to stop playing games and be enthusiastic and confident when it comes to looking for Mr. Right. According to the dating expert, the most important thing to remember is quite simple: "Just be you. Be wholly and completely you."

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What dating rules will you break as you're looking for love in 2013? Tell us in the comments below!

QuickieChick's Video Dating Tips: How to Celebrate New Year's Eve If You're Single





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on New Year's Eve

New Year's Eve is a holiday that comes with a lot of stress and pressure to have fun. How do you decide where to go, who to invite and what to wear? If you're single and don't have that special someone to kiss at midnight, it's even harder to plan the perfect evening. In this week's <u>dating advice</u> video, dating expert and E!'s Famously Single dating coach, Laurel House shares three fantastic ways for singles to celebrate the holiday. Listen up to make sure that you make the most of your night and kick off the New Year in style!

For more information about our dating mentor, click here.

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How do you plan to celebrate New Year's Eve this year? Tell us in the comments below!