

Celebrity Kids: They're Just Like Us





Kim Kardashian with daughter North and niece Penelope

Even celebrity kids need hobbies! North and her cousin Penelope are ready for their dance class. Photo: 4CRNS/Dunkin D/FAMEFLYNET PICTURES

Celebrity Couple Predictions: Gabrielle Union, Kourtney Kardashian and Lady Gaga





By [Shoshi](#)

The latest celebrity news has been filled with hot relationship gossip, including newlyweds dealing with marriage drama, reality TV stars facing cheating rumors (again), and a private pair celebrating their celebrity engagement. Check out my predictions for the three [celebrity couples](#) below and find out what's next in their relationships and love!

Latest Celebrity News About Three Popular Celebrity Couples

Gabrielle Union and Dwayne Wade: The word on the street is that the actress and Miami Heat star may not be legally married. Somehow, their marriage license was never filed with the state court. The lovebirds did obtain a license, so it's a mystery why it wasn't signed and sent back to the county within the 10 day period. Technically, the celebrity couple is married, but if there are any legal issues, the lack of a marriage license could cause trouble in the long run.

I agree with the theory that they didn't file the license so

that, if things in their celebrity relationship take a bad turn, neither one of them can go after each's other bank account. Unfortunately, I don't see this marriage lasting. Right now, they're in the honeymoon stage. Union appears to be way more into their relationship and love than Wade. Sure, he's enjoying it right now, but when the pixie dust wears off, pay attention to the press. He'll be accused of having a side chick. After all, he's consistently gotten away with being a cheater – why stop now?

Related Link: [Celebrity Couple Gabrielle Union and Dwayne Wade Signed Prenup](#)

Kourtney Kardashian and Scott Disick: Every day, new celebrity gossip circles around the Kardashians. The most recent celebrity cheating rumor is that Disick is hooking up with younger sister Kylie Jenner. This isn't true, as the father of three isn't looking at Jenner in a romantic way. However, he is close to her because he feels like he can talk to her. This could be trouble in the long run if he and Kardashian continue to have communication problems. It's true that Disick can be a bit of a bad boy with his drinking and partying, but that doesn't make him a cheater.

People keep wondering when this celebrity couple will get married. Up until now, a celebrity marriage hasn't mattered to the oldest Kardashian sister. I do see a shift in what she wants though. The pair has been together since 2006, and three kids later, she is reconsidering getting hitched (as you may recall, she previously said no to Disick's proposals *twice*).

Out of all of the Kardashian sisters, she has the best relationship and love. Yes, even better than Kim Kardashian and Kanye West! It's true that Disick could turn his partying down a bit, but he does support her and help with the kids. At one point, he wanted them to move to New York City. That would be the best thing for their relationship. They need to get out

of that crazy Kardashian compound, or it could tear them apart.

Related Link: [Kourtney Kardashian Feels “Blessed” After Birth of Third Child](#)

Lady Gaga Celebrates Celebrity Engagement

Lady Gaga and Taylor Kinney: On Valentine’s Day, the *Chicago Fire* actor put a ring on it! It’s no surprise that the pop star said yes to her longtime love’s proposal and shared the good news with her Little Monsters on social media. The pair has been dating since 2011 after Kinney appeared in Gaga’s video “You and I.” This famous couple has a wonderful energy around them, and they are a very good match. . Kinney helps to keep her grounded, while Gaga adds spice to his life. While they are both in the entertainment business, family comes first.

It will be interesting to see how Lady Gaga reinvents herself after she gets married. We will definitely see a different version of the songstress! I also see baby energy circling around them. Having kids is a priority, though they may wait until they are married for a year to start trying for a bundle of joy. I see their firstborn being a little girl and baby number two being a boy.

For more information on Shoshi, click [here](#).

What celebrity couple do you want to see predictions for next? Tell us in the comments below!

Latest Celebrity Baby News: Kourtney Kardashian Feels 'Blessed' After Birth of Third Child



By Maggie Manfredi

Reigning it in! According to the latest celebrity baby news on [UsMagazine.com](https://www.usmagazine.com), Kourtney Kardashian is overjoyed with the recent birth of she and beau Scott Disick's third child, Reign Aston Disick. The newest [celebrity baby](#) was born on Sunday, Dec. 14, which means he and big brother Mason will share a birthday. The eldest Kardashian sister has shared many moments with the new baby on Instagram. We can't wait to see how the □youngest child of the famous couple fits in with [Kim](#)

[Kardashian's](#) daughter, North West, and her big siblings!

This celebrity mom is feeling blessed after tackling childbirth. How should you celebrate a new baby with your family and friends?

Cupid's Advice:

Celebrating a new family member is a joyous occasion! Giving birth is strenuous but well worth the pain. Here are some tips on how to welcome your child into the world the right way:

1. Have a potluck: If you want to throw a party, that's great. That being said, you will have a brand new baby, and you'll no doubt be pretty busy. So consider taking a little of the stress off and have everyone bring a little something to the table.

Related Link: [Kelly Clarkson Gives Birth to Baby Girl River Rose](#)

2. Photo ready: Get the closest members of your family together for a photo shoot. Make it creative, and consider color coordinating your outfits. Time is going to go by fast, so get some pictures now before your little one is all grown up!

Related Link: [Mila Kunis and Ashton Kutcher Welcome a Baby Girl](#)

3. Stay connected: If you're away from family members or close friends, make sure to share the news with them. Send out an introductory e-mail with the baby's name and birth facts. Have fun with it and get creative!

What do you think of Kardashian's son's name? Share your

thoughts below!

Famous Couple Kourtney Kardashian & Scott Disick Now Have Three Celebrity Kids!



By Maggie Manfredi

Keeping up with the Kardashian's children! According to UsMagazine.com, Kourtney Kardashian and Scott Disick now have three celebrity kids given their recent addition. Their youngest baby boy was brought into the world on Sunday, Dec.

14. Their bundle of joy joins older siblings Mason (who also shares a birthday with him!) and Penelope. We'll be searching for the latest celebrity baby news to find out the name of the reality stars' newest child. With the *DuJour* magazine nude shoot and the continued rumors of trouble in the [famous couple](#)'s relationship and love life, here's hoping there is nothing but bliss and peace for the family of five.

Three celebrity kids is sure a handful, even for a famous couple. What are some ways you can prepare for a third child?

Cupid's Advice:

Third time's the charm...or can't seem to ever get it right? Fear not, parents; no child is the same, and you are not alone. Cupid has some tips for you as you prepare for a third child:

1. Accumulate the stuff: You must have tons of hand-me-downs. Don't let them go to waste! Kourtney Kardashian is sure to share some of big brother Mason's clothes with her newest celebrity baby. Babies grow rapidly, so there is no reason to buy new stuff for each new kid.

Related: [Ben Affleck and Jennifer Garner Take PDA-Filled Outing in L.A.](#)

2. Involve your kids: You'd be surprised how some siblings instinctively want to help and bond with their new brother or sister. Let them be apart of the nesting process too.

Related: [Leonardo DiCaprio and Longtime Love Toni Gann Call it Quits](#)

3. Don't forget to celebrate: Seriously, you have done this three times?! You deserve a mocktail, some delicious appetizers, and the support of all your family and friends!

What do you think Kourtney and Scott will name their baby boy? Share your ideas below!

Celebrity Baby News: Kourtney Kardashian Reveals Sex of Her Third Celebrity Kid!



By Maggie Manfredi

IT'S A...You have to wait! According to the latest celebrity baby news in UsMagazine.com, Kourtney Kardashian recently revealed the sex of her third celebrity baby to her sister [Kim Kardashian](#) and other family members with a little special help. Kardashian and Scott Disick's first celebrity kid, son Mason, took on the role of the big reveal, bringing in a colored star in blue or pink. If you are too impatient for Sunday's [reality TV](#) episode, we know that the stick will be pink – Kardashian is expecting another baby girl! The soon-to-be mommy is not ashamed of her pregnancy weight and is shown baring it all in the most recent issue of *DuJour* magazine.

Kardashian enlisted the help of her son Mason in the gender reveal for her next celebrity baby. What are some creative ways to share this news with your loved ones?

Cupid's Advice:

Want to share if your baby is a boy or a girl with your family, friends, or heck, the Internet? Take a cue from Kardashian's reveal of her celebrity baby news and get creative! Cupid has some ideas on how to have a fun gender reveal:

1. Keep it sweet and simple: Make copies of a recent ultrasound and put it in a colored frame (blue or pink) for a subtle but lasting reveal. The color association keeps the traditional value of the reveal – with a new twist of adding your child's first photograph.

Related Link: [Susan Boyle Gets First Boyfriend at 53](#)

2. Do some baking: Do a little baking and sneak in the

respective color where you can. Whether it be the filling of a cupcake or the plate under a pie, have fun with it. Then offer up a treat to family and friends while you talk about the baby. They're bound to get the hint as they enjoy their treat!

Related Link: [Snooki Marries Jionni LaValle](#)

3. Blow it up: Try colored balloons, balloons filled with glitter, or a combination of the two! This is a great option if there are siblings excited for the big reveal. Give them a role to help them create a positive connection with the newest family addition.

Will you be tuning in for this week's episode of *Kourtney & Khloe Take the Hamptons*? Let us know below!

Kourtney Kardashian Confronts Khloe About Partying with Scott Disick





By Maggie Manfredi

Is there trouble in the Kardashian clan? According to UsMagazine.com, Kourtney had to confront Khloe for taking her beau Scott Disick out on the town. Both Khloe and Scott have been going through some hard times so it isn't a surprise that they want to let off some steam. But Kourtney isn't willing to make excuses for them, especially her husband. "I really just have no patience while I'm pregnant to deal [with it]," she said. "He just needs to decide if he wants to be a lunatic around town. I just don't want that around me." You can see what happens this season on *Kourtney & Khloe Take the Hamptons*.

What do you do if you're jealous of something your partner is doing?

Cupid's Advice:

Being in a relationship means a great deal of sharing as well as sacrifice. But though you are in a loving and committed relationship, it doesn't mean you shouldn't have some time for

yourself. But this time apart can sometimes lead to jealousy, so Cupid has some tips on how to escape the green-eyed monster:

1. Do something for yourself: If your partner is out with old friends or at a work happy hour and it is making you a little fussy, get up and do something just for you. Take a long walk and listen to your music or watch your favorite trashy shows that your partner can't stand while you have the opportunity.

Related: [Kris Jenner Gets Cozy with New Man Corey Gamble at Kim Kardashian's B-Day](#)

2. Schedule time together: As you grow together sometimes the date nights or alone time gap grows too. Don't be afraid to put it on the books for a dinner out or a cozy night in, scheduling it doesn't make you a boring couple, it makes you a committed couple.

Related: [Khloe Kardashian 'Can't Even Get In Touch' With Lamar Odom To Finalize Divorce](#)

3. Talk it through: If the activities that your partner is partaking in make you jealous but also hurt your feelings or upset you make sure to talk to them about it. If these situations are frequent or purposeful you may want to evaluate why they are happening and how you can work through it together.

Can't wait for the new season? Share your comments on the Kardashian spin-off show below!

Celebrity Couples That Have Bounced Back After Cheating



By Jennifer Harrington and Laura Seaman

For those who follow celebrity news, cheating in Hollywood is hardly a surprise. What is often more interesting are the couples that, despite the spotlight and scrutiny, manage to stick together through a cheating scandal. So Cupid took a look at a few high-profile lovebirds who have weathered the storm of infidelity to see what lessons about moving on can be learned from the A-listers.

1. Josh Duhamel and Fergie: This couple met back in 2004, became engaged in 2007, and were married in 2009. Soon after they became man and wife, though, a stripper accused the

actor of cheating. This didn't seem to upset the Black Eyed Peas singer, as she stayed with him through it all. In 2012, Duhamel addressed the rumors and said, "When you go through difficult times, it really makes you stronger as a unit, as a partnership. It does for us, anyways. Our love today is a deeper love, definitely." In 2013, they welcomed their baby boy Axl Jack Duhamel. What didn't kill this relationship made it stronger, and these two are as happy as ever.

Related Link: [You Cheated, So Now What?](#)

2. Kobe and Vanessa Bryant: Hotel worker Katelyn Faber accused the basketball star of sexual assault back in 2003. While Bryant did admit that he slept with the Faber and cheated on his wife, he denied that it was assault. Through the trial and all of the press, Bryant's wife stayed by his side. The two are still together and are now raising their two daughters, Natalia and Gianna. In fact, they were recently spotted on a family vacation in Greece.

3. David Borneaz and Jaime Bergman: The *Bones* actor and his former Playboy Playmate wife have been married since 2001, but in 2010, he admitted to the public that he cheated on a then-pregnant Bergman. The other woman in the picture is no stranger to scandal: Rachel Uchitel was also a mistress of Tiger Woods. Later, to make matters worse, explicit texts between the two were leaked to the media. Soon after, the actor commented, saying of him and his wife: "We're working on repairing what has been damaged so badly." He now says that the entire affair was a type of bonding experience for the couple and that they are closer because of it.

4. David and Victoria Beckham: The soccer star was hit with a cheating accusation back in 2010 by *In Touch Weekly*, who published a piece stating that he had cheated on his wife with a call girl named Irma Nici. Beckham sued the magazine, and the suit was dropped. Beckham's rep released a statement saying the allegations were "completely untrue and totally

ridiculous, as the magazine was told before publication.” This past July, the couple, who has four children, celebrated 15 years of marriage.

Related Link: [Why Kourtney Kardashian and Scott Disick Don't Need to Get Married](#)

5. Scott Disick and Kourtney Kardashian: This reality couple has faced allegations of unfaithfulness throughout the course of their seven-year relationship. In 2011, rumors swirled that Disick and fellow reality star Kristin Cavallari were having an affair. Cavallari denied the rumors and speculated that they were initiated to spark interest before the premiere of a new season of *Keeping Up With the Kardashians*. With Kardashian pregnant with their third child, it sounds like all has been forgiven!

Ultimately, cheating should be avoided, and it's never a desired ingredient in any romance. But, unfortunately, it does happen. The examples from these high-profile couples proved that with time, forgiveness, and family support, it's sometimes possible to mend a relationship broken by unfaithfulness.

Did you and your partner's relationship survive post cheating? Share your comments below.

Report: Scott Disick Was Hospitalized for Alcohol

Poisoning



By Sanetra Richards

Blame it on the alcohol. Scott Disick can owe it all to exactly that for his recent hospital stay. According to UsMagazine.com, the reality star was reportedly hospitalized for alcohol poisoning during his belated birthday bash on June 22nd. Kourtney Kardashian's longtime love and father of two, partied and had several drinks at the Hamptons nightclub 10ak before being treated at Southampton Hospital. A source stated Disick "went through a dark place" after losing both parents within the past year, but, "is doing great now."

What do you do if you think your partner drinks too much?

Cupid's Advice:

You have been noticing something strange going on with your partner lately . . . they have been looking to a bottle for an answer and comfort. You want to tell them, however, there is no easy way to go about it. One wrong thing could trigger an uproar. Cupid has some tips to get you there properly:

1. Be honest: Inform your partner of your realization, but be very careful with your approach. Avoid being offensive. Maybe comment on their lack of activity lately by saying you have not seen them doing their favorite hobby since they have started heavily drinking. Maybe even let them know you are concerned about their health. The main goal is to be empathetic at all times.

Related: [Kourtney Kardashian is Pregnant With Third Baby](#)

2. Console them: Behind it all, there is a reason why they constantly seek to drink. It comforts them for the time being. Ask questions in regards to what they may be battling internally that drives them to the bottle. They could very well be heavily drinking without noticing. Help your significant other understand what is causing it and why.

Related: [Scott Disick Addresses Prospect of Marriage with Kourtney Kardashian](#)

3. Seek help: One of the final and most important steps to act on if you think your partner drinks too much, is getting them the help they may need. Of course, they will have to agree to it. You can try to be as supportive as possible, but they will only change their behavior if they truly believe it is problem worth solving.

How do you deal with an excessive drinker in a relationship? Share your suggestions below.

Kourtney Kardashian Is Pregnant with Third Baby



By Laura Seaman

Third time's a charm as Kourtney Kardashian is pregnant with baby number three with her boyfriend Scott Disick. Multiple sources tell UsMagazine.com that Kourtney is only a few months along, but that she is already showing a pregnant glow. Sources say it was planned, and that Kourtney "wants to have a handful of kids." The Kardashian had said in 2012, "I need to see what it's like when I have three, but [having kids] is what life is about."

How does having a third baby change your family dynamic?

Cupid's Advice:

A third child can really change how a family works in ways that a second child does not. It's best to be prepared for these changes so that your family can properly adjust to this new addition:

1. There is now a middle child. Ah, yes, the notorious situation of the middle child. There are plenty of stories about how the middle child gets much less attention from parents. This is something every family can avoid, but many are guilty of without realizing. Of course you'll always be proud of that first-born child, and you'll dote on your new baby, but don't forget the middle child. They're just as important.

Related: [5 Celebrity Couples Who've Adopted](#)

2. There's the odd man out. Three, being the odd and often uncomfortable number that it is, can create tension between the children. The two oldest might create a new bond after the baby is born and become closer than ever, which is fantastic until they start growing up and the third child is still treated like the baby sister or brother who never quite gets it.

Related: [Celebrity Baby: Zhang Ziyi Welcomes First Child](#)

3. There is always someone around. It might be that one kid is always hungry, or one kid is always late for a lesson, but this is to be expected for any number of children greater than one. On the bright side, this means that someone is always there to keep their sibling busy. Maybe the oldest is busy and the middle child wants to play. Instead of constantly pestering their older sister or brother, they now have a younger sibling to play with.

How has having a third baby changed your family? Tell us below.

5 Celebrity Couples That Fight Dirty



By [Whitney Johnson](#)

It's no secret that mean words and angry actions can be detrimental to a relationship. Still, it's easy to get caught up in the moment and say or do something you don't mean. Even celebrities are guilty of this inappropriate behavior – and unfortunately, their arguments are often caught by paparazzi

and splashed on tabloid covers for all the world to see. In order to learn from their mistakes, here are five celebrity couples that fight dirty:

1. Emma Roberts and Evan Peters: This past summer, the 22-year-old *American Horror Story* actress and her boyfriend were caught in a violent fight that led to Roberts being booked in a Montreal jail. When the cops arrived at the scene, Peters was found with a bloody nose and a bite mark. Fortunately, no charges were pressed, and the couple remains happily in love.

Related Link: [Emma Roberts Arrested After Fight with Boyfriend Evan Peters](#)

2. Mary Delgado and Byron Velvick: Season 6 *Bachelor* Velvick was engaged to the show's winner for five years before they finally split in 2009. The couple first showed signs of trouble when Delgado was arrested for assaulting her fiancé in 2007. According to the police report, she was under the influence of alcohol when she punched Velvick in the mouth.

3. Rihanna and Chris Brown: It was hard to miss that infamous picture of Rihanna after an argument with Brown escalated and he repeatedly attacked her following a pre-Grammy party in 2009. Still, the couple reunited and has since been in an on-again, off-again relationship. The pop star most recently referred to the incident as "the biggest wake-up call."

4. Kourtney Kardashian and Scott Disick: You can still fight dirty *without* being physically violent, and this reality star couple is proof of that. Thanks to E!'s popular show *Keeping Up With the Kardashians*, they have to relive their many arguments and sometimes work through the issue more than once – even months after the initial disagreement occurred. Even so, Disick recently told Ryan Seacrest that the couple is "decently happy."

Related Link: [Kourtney Kardashian and Beau Get Therapy](#)

5. Sharon and Ozzy Osbourne: Early in their marriage, during Ozzy's drug- and alcohol-filled days, the rocker reportedly beat his wife, even trying to strangle her once. Somehow, though, they worked through their issues and have been married for over 30 years, briefly separating earlier this year.

Tell us: What celebrity couple do you think fights the dirtiest?

Celebrity News: Scott Disick Discusses Having to 'Relive' Fights on TV





By Andrea Surujnauth

Having your whole life broadcasted on national television can turn out to be a real struggle especially in Scott Disick and Kourtney Kardashian's case reports [UsMagazine.com](https://www.usmagazine.com). Having their love quarrels filmed for the whole world to see can be trying to their relationship even months after the actual fight took place. "That, I will say, is one of the real downsides of the whole television thing," Disick tells Ryan Seacrest during an interview on *Ryan Seacrest With the Kardashians: An E! News Presentation*. "Just when I think we've worked through something, and we're finally moving forward, a rerun will be on, and I'll be upstairs, and she'll call me," he continues. "Like, 'Hey, so I kinda forgot to say I hated you for this one other thing.' And I'm like, 'What? I have to relive this again?'" These lovebirds have been together since 2006. And how is their relationship going now? I would say we're decently happy," Disick tells Seacrest. And what about the wedding bells? "I think if it's not broke, don't fix it. You know what I mean?" he said. "I feel like I used to want to get married more than she did. And then, being that she was always so not interested, I've decided not to be."

Kardashian and Disck are parents of son Mason, 3, an daughter Penelope, 9 months.

How do you forgive and move on after a fight?

Cupid's Advice:

After having a fight with your beau, you may still feel angry. You still love them but the words from the fight are still ringing in your ear and you can't get over it. How can you just forgive, forget, and move on? Cupid is here to help you do just that:

1. We are humans: Realize that fact that everyone is human and we all make mistakes. If the fight was over a minor issue that can be overlooked, then let it go by telling yourself that your sweetie is entitled to one or two mistakes. As long as your partner knows that it is wrong to do it again, no need to hold a grudge.

2. Part problems: Do not keep thinking of the past. If your honey made a mistake in the past that caused a fight, remember, you chose to stay with them and forgive them so you can not keep tormenting them about what they did. Just forget about what happened in the past and look towards the future. As long as your partner doesn't keep doing the crime, stop punishing them.

3. You love them: While in a fit of anger, remember why you love your sweetie. This will calm you down and realize that the fight does not matter to you as much as your love for them.

How do you forgive your partner after a fight? Share your thoughts below.

Celebrity Couple: Scott Disick Addresses Prospect of Marriage with Kourtney Kardashian



By Meghan Fitzgerald

UsMagazine.com reports that Scott Disick and Kourtney Kardashian, who have been together since 2006 and have two young children, Mason, 3 and Penelope, 8 months, have “no interest” in getting married. Disick, 29, told Ryan Seacrest in an interview for an upcoming segment, “I think if it’s not

broke, don't fix it. You know what I mean?" The reality TV couple have discussed the idea of marriage many times before, Disick stating that Kourtney was the one who actually didn't want to say "I do." "I feel like I used to want to get married more than she did," Disick told [OkMagazine](#).

What are some reasons to put off getting married?

Cupid's Advice:

In some relationships, people are simply not ready for marriage. It could be personal reasons, financial reasons, family reasons, any reason they may seem important to put off a marriage. It is in no sense shameful to put off a marriage. Some couples are just not ready. Cupid has some more advice:

1. Finances: In certain cases, especially with younger couples, money is a large problem of their lives. Most women begin to plan their wedding at an extremely young age, and think about it everyday after a ring was put on to their finger. If it is not possible to have your dream wedding, or even your Plan B wedding-putting off your wedding and possibly even your marriage.

2. Age: Youth really is as important and valuable as people say. Getting married at a young age is extremely common in people these days. Wait it out ladies and gentleman. You are young, go and enjoy it. Do not become tied down with the person you "love" at the age of 22. You have an entire world unseen in your eyes, put off your marriage and go see it. Explore the world, before you're no longer able to.

3. Social pressure: Societies pressures on relationships have grown immensely throughout the years. Do not think you have to get married because you've been engaged for two years and your friends and family are telling you it's not the norm. Who cares about the norm, if society is pressuring you to get married. Realize that it is not what you want, and put off the

marriage.

Have you put off marriage before? Share your experience below.

Celebrity Couple: Scott Disick Upsets Kourtney Kardashian with Comments About Post-Baby Weight



By Meghan Fitzgerald

Scott Disick is up to his usual nonsense yet again. While the

beautiful Kourtney Kardashian is shaping herself up for this summer's bikini season, boyfriend Disick, is attempting to speed up the process. On the latest episode of *Kourtney and Khloe Take Miami*, Kourtney stepped on the scale weighing a tiny amount of 115 pounds. UsMagazine.com reported that Disick continued to say "Do you know what you're supposed to weigh for your average weight for your height?" [Los Angeles Times](http://LosAngelesTimes.com) describes how Disick told Kourtney 93 pounds is the "dream" weight. She then broke down to tears, saying she wanted to do it the healthy way. Good for you Kourtney, stick up for yourself in this relationship!

What are some ways to stay in shape as a couple?

Cupid's Advice:

Staying in shape as a couple is both a physical and a mental obstacle. It is essential to keep healthy, diet, and keep the communication strong as you continue on with your relationship. Although it may be challenging to stay in shape due to you and your mate's schedules however, it is manageable. Cupid has some advice on how to do this:

1. Yoga: Yoga is a mental and physical activity. It obviously exercising your body, leaving you in shape, toned, and leaving happy. It also keeps your mind aligned. Keeping you in balance with the nature and your thoughts. Doing this activity together as a couple will keep you both synced together in the relationship. It also assures that the two of you will stay in shape both physically and mentally.

2. Dieting: Keeping your diet healthy obviously keeps you healthy. Not only does it keep your body in tuned however, your mind becomes clearer, more sharp and alert. By fueling your body with healthy items, you overall become healthy. Dieting is a great thing to do when you're in a relationship, the two of you can keep watch on each other. Also, it gives you slight motivation on who can get fit the quickest, or whose losing

the most weight. Go on and buy those veggies!

3. Outdoors: Going outdoors, whether it be hiking, fitness walking, or what not; it kicks your butt in shape. Hiking especially keeps your mind body, and spirit aligned. It tones your legs, your arms. It decreases your stress and anxiety, it strengthens your skill and ability. Fitness walking is more for the average person. Hiking requires strong endurance, and motivation. Fitness walking can be kicked up with hills, pushing around a stroller if you have kids. Either way you and your partner are getting in shape!

How do you and your couple stay in shape? Explain below!

Celebrity Couples Who Have Turned Over a New Leaf





By Courtney Allen

Hollywood just may be the one place where the phrase “love is a battlefield” is an understatement. The land of fortune and fame is the forefront for some of the most scandalous relationships and splits we’ve ever witnessed.

But finding love is not the problem for these celebs; it’s keeping it. For many, passionate romances and ‘I do’s’ end as suddenly and tragically as their last. But luckily, every love story has a different ending... and some endings turn into new beginnings. These four celebrity couples came armed the second time around on the battlefield of love and came out on top:

1. Kourtney Kardashian and Scott Disick: Kourt and Scott’s relationship has been public since the debut of *Keeping up with the Kardashians* in 2007. Their relationship proved to be the most entertaining in the E! hit reality show thanks to Kourtney’s headstrong, sarcastic personality and Scott’s wacky, drunken behavior. The couple was known for their rocky relationship, the majority of the blame being placed on Scott’s infidelity and immature lifestyle. Kourt pulled the

plug on Scott multiple times during their relationship as well as her pregnancy with their first child, Mason. By this point, we all thought Scott had crashed and burned for the last time. Scott finally straightened up his act after Kourtney banned him from seeing Mason. And now seven seasons later, the two are going stronger than ever with the recent birth of their second child, Penelope. If this couple can bounce back, there's hope for us all.

Related: [Celebrity Couples Who Made Love Last](#)

2. Miley Cyrus and Liam Hemsworth: The relationship between Miley and Liam is nothing but a match made in heaven. The grown-up Hannah Montana star met the blue-eyed Aussie in 2009 while filming *The Last Song*, where they played the roles of young adults who fell in love over summer break. As it so happens, their love story transferred off the big-screen into real life... taking both the good and bad. In the movie, the couple actually breaks up, much like they way they did in 2010. The exact reason may not be known, but the two just couldn't stay away from each other. Cyrus and Hemsworth gave it another try in 2011. The actor popped the question to the singer earlier this year and have been engaged for nearly six months. If there was ever a sequel to "The Last Song," this would be it!

3. Sammi Giancola and Ronnie Magro: If you've ever seen *Jersey Shore*, you know all about Sweetheart Sammi and Ronnie the Guido. The only thing their relationship was known for was extreme inconsistency and drama. Ronnie's unfaithfulness led us to believe their relationship was practically doomed. Sammi and Ronnie's relationship was without doubt unhealthy, opening doors to verbal and what appeared close to physical abuse. After breaking up countless times throughout multiple seasons, we all anticipated when their rocky romance would end for good. We now know the answer to that: apparently never. The couple is still together today. The good news is that they seem to actually be in a functioning relationship these days.

Their love has proved strong enough to overcome their seemingly irreparable past.

Related: [Celebrity Couples Who Are Better Off Apart](#)

4. Audrina Patridge and Corey Bohan: Audrina Patridge is known for her role on *The Hills* but her relationship with BMX biker Corey Bohan was displayed on her VHL reality show *Audrina*. Her Aussie beau was prince charming until the show revealed one of his less favorable qualities: possessiveness. Throughout the season, Audrina struggled with her controlling boyfriend who proved to also have a bit of a temper. By the end of the season, Patridge dumped Bohan with the support of her mom. But little did we know that the couple would rekindle their flame a couple months later. Since the show's end, we haven't heard much on their relationship besides the occasional romantic getaway or public event, but everything seems to be in the clear. They have been going steady since the summer of 2011.

What other celebrity couples have made the biggest comeback in their relationships? Share your thoughts with us!

Kim and Kanye Double Date with Scott and Kourtney on Halloween





By Nicole Weintraub

Sisters Kourtney and Kim Kardashian double dated for Halloween in Miami with their respective men – Scott Disick and Kanye West, according to [UsMagazine.com](https://www.usmagazine.com). The sisters are currently filming *Kourtney & Kim Take Miami* where they went out on a double date with their boyfriends, deciding to not have a big extravaganza for Halloween this year. Kourtney, Disick and West wore light colors in white and beige while Kim stood out in black leather pants and a black mesh top revealing a black bra underneath. Ever since Kim and West have come out as an official couple, he has been helping dress her. Kim and West have just recently starting dating, but have been friends for several years. Kourtney and Disick have been together for several years, having two children together.

Is double dating a good idea?

Cupid's Advice:

Double dating can be a great way to relieve the pressure, or it can be a disastrous way of ruining your one on one time

with your date. Here are ways it can be good or bad:

1. The more the merrier: While it may be a good idea to have a double date or even a group date in the beginning of dating, it can also take away from one on one time. Double dating is a great way of relieving tension and keeping the conversation going, but it takes the intimacy away from an actual date.

2. Different relationships: Kourtney and Scott have two children together while Kim and Kanye are in a brand new relationship. If you are going to double date, try to go out with a couple that are on the same page with their relationship. The more the two couples have in common, the more there will be to talk about.

3. Four different people: A double date can quickly go from two couples spending time together to four people hanging out with one another. Make sure that while you are still conversing and spending time with the other couple that you are not ignoring your partner.

Do you think double dating is a good idea? Share your thoughts with us!

Kourtney Kardashian and Scott Disick Welcome a Baby Girl





Early Sunday morning, Kourtney Kardashian and Scott Disick were overjoyed to welcome their new baby girl, Penelope Scotland Disick, and it's about time. Their second child was born in the Los Angeles Cedars-Sinai Medical Center, and according to [People](#), everyone was thrilled. The new mommy of two released a statement: "Scott and I are overjoyed to welcome our precious angel Penelope Scotland Disick into our lives. We are forever blessed. Mommy and baby are resting comfortably." And it wouldn't be a celebration without the rest of the Kardashian clan, as they have all expressed their excitement via their blogs. Kourtney and Disick have a strong support system behind them.

What changes can you expect during your second pregnancy?

Cupid's Advice:

Once you've already gone through the first pregnancy, you would think that the second one would be easier. That said, you have to deal with a big belly and another child around the house again. There are some changes you should expect during your second pregnancy:

1. More work: You may know how to react during certain situations when you are pregnant, but it will still most likely be more work. On top of dealing with the symptoms of being pregnant and maintaining your health, you have another little one running around the house to take care of.

2. Less worried: Even though it might be more work, you will become less worried over the little things. You know what you should and should not be feeling since you've already gone through it once.

3. Time will go by slower: Since you do already know what to expect, the pregnancy will most likely go by slower. The first time, everything is new so your sense of time is skewed.

What changes do you think occur during a second pregnancy? Share your thoughts below.

Khloe Kardashian Says Sister Kourtney Will Be a 'Pro' at Raising Another Child





The tabloids are exploding, as Kourtney Kardashian and longtime boyfriend Scott Disick are expecting their second child. According to [People](#), her sister, Khloe Kardashian is overjoyed that Mason is going to be a big brother. “I can’t wait to see her with a kid in each arm,” said Khloe. “She’ll be a pro. LOL. And if this next baby is anything like Mason, then we will truly be the luckiest family in the world.”

How do you prepare for raising two children instead of just one?

Cupid’s Advice:

Building your family is both exciting and scary. The best thing you can do is to be prepared and get your current child ready for the addition:

- 1. Expand your nest:** It may be time to turn that two-bedroom into a three. Whether that means moving or adding on to your current home, it’s time to make the necessary arrangements.
- 2. Talk to your child:** Prepare your first child for the new addition to the family. Tell them what to expect and get them

excited about being a big brother or sister.

3. Get rest: It's hard enough to get rest when you only have one child, but it's twice as hard when you have two. Stock up on sleep!

How did you prepare for your second child? Share your experiences below.

Kourtney Kardashian Announces She's Pregnant



Keeping up with the Kardashians just got a little more interesting as Kourtney recently announced that she and her

boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told [UsMagazine](#).

"You're supposed to wait 12 weeks to tell people, but I feel confident." The couples first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

Why do women wait 12 weeks before announcing their pregnancy?

Cupid's Advice:

1. Risks: The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.

2. Emotions: You're going to feel a lot of different emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.

3. Time to settle: You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

How did you announce your pregnancy? Share your comments below.

Kris Humphries Bonds With Scott Disick



After his highly publicized marriage to Kim Kardashian, Kris Humphries has formed a close friendship with Kourtney Kardashian's man, Scott Disick. According to [People](#), Disick has been a great help in giving Humphries tips on how to win over the Kardashians. Their bromance became even stronger when the two spent quality time together in New York. "Scott and I are becoming closer because we're hanging out a lot in New York. We're just all about living life," said Humphries. Khloe's husband, Lamar Odom, is also full of advice on how the newlywed can find his place within the Kardashian family. As Humphries works to impress one of America's most famous families, it seems that he's found a close friend with his almost brother-in-law while living in the Big Apple.

What are some ways to bond with your partner's family?

Cupid's Advice:

When you commit to someone, you're also committing to being a part of the family. It's always a good sign if you find yourself spending time with their family when your partner isn't around. Here are some ways to bond:

1. Get social on social media: Before you even meet the family, don't be afraid to find them on Facebook and Twitter. They'll really appreciate your friend request and/or tweet. Not only is it a great way to break the ice for when you meet in person, you'll also be less nervous.

2. Play a game: Playing sports or a board game with the family can be a lot of fun. It's a good way to relax the mood into one of lightheartedness.

3. Ask questions: People love to talk about themselves. Also, if you feel like you need advice on the family dynamic, sometimes, all you need to do is ask.

How can bonding with the family make you closer to your partner? Share your thoughts below.

Is Scott Disick Heading Back to His Partying Ways?





After going through rehab and alcohol counseling in 2010, Scott Disick claims he's been laying off the booze. But Kourtney Kardashian is worried that her baby daddy is reverting back to drinking. According to UsMagazine.com, in Sunday's episode of *Keeping Up With the Kardashians*, Disick had to fly to Las Vegas and reassured his girlfriend that it was for business, but the hot mama was concerned when she dropped him off at the airport and saw Disick's friends drinking champagne.

How do you help your man with an addiction to partying?

Cupid's Advice:

If your partner has an addiction to partying, this may be a touchy issue. You're in a difficult position if you're trying to help your man with his problem, but he's pushing you away. Cupid has some tips:

1. Get help: You've probably already tried to get him to an AA meeting, but without much success. If he's reluctant toward seeking help, you can't physically drag him. You may not be able to control him, but you can control your own behavior. So

start going to those Alc Anon meetings and get informed. You may get the advice you need to feel prepared to deliver an effective intervention.

2. Set limits: You may be afraid to offend him, but you have to be firm. Tell him that when he's drunk, you don't want to be around him ... and then stick to this rule. If he's thinking of calling in sick at the office, but you know he's actually suffering from a hangover, forbid him from taking the day off. He's gotta own up to his actions and you won't let him get away with it.

3. Confront him: Aside from delivering a formal intervention, you also want to communicate with him informally. He's probably in denial, and you'll have to shake him out of it. Keep emphasizing that his drinking is a disease and that it's unacceptable.

Is your partner a hard-core partier? Share your story below.

Why Kourtney Kardashian and Scott Disick Don't Need to Get Married





By Brea Gunn

Okay, okay...I'll admit it. I'm a reality TV junkie. I LOVE watching the train wrecks, drama, and outright ridiculousness that has become entertainment. Sometimes, though, a show truly hits a chord. I was watching *Keeping Up With the Kardashians* and stumbled upon the episode where Kris is pushing Kourtney and Scott to get married ... But they don't want to tie the knot.

This may seem strange to you, but it really irked me that their mom, Kris, was pushing the issue. Now, I'm all about weddings. It's what I love to write about, talk about and blog about, but sometimes weddings are not the best thing. Take Kourtney and Scott, for example. If her mom wants a commitment, why not have a commitment ceremony instead of a wedding? You can still have the dress, the big bash and the DJ without ending up with a legally binding piece of paper.

Take a look at some other celebs that have kids and aren't married ... Johnny Depp (together with his partner for more than 10 years, he has 2 kids) and Brad Pitt and Angelina Jolie

(together for more than 5 years and they have six (right?) kids) ... And both couples are very comfortable in their relationships.

And then there are the celebrities that have gotten married after they have kids, like Ashlee Simpson and Pete Wentz, and Britney Spears and Kevin Federline. Now, they're separated or divorced.

So where's the middle ground? And more importantly, what does any of this have to do with us 'normal' people? I think that weddings are fantastic, and I love every single one of them, but they're truly not for everyone, as I think the Kardashians (among others) have shown us. So when do you know it's right?

If you can't imagine the rest of your life without your love's best and WORST features, then (more than likely) you're probably on the right track with the wedding plans. But if you're happy being your semi-single self, consider a commitment ceremony or party to celebrate a milestone year in your relationship instead.

Sure, Mom may be upset (even famous moms want to plan their daughter's weddings), but I think that if you sit down with her (do not take a page from Kourtney on this one) and calmly explain your choice, then chances are she'll be on board ... especially if you let her plan a party.

Brea Gunn is a monthly contributor for Cupid's Pulse and writes for a Hudson Valley weddings site for real weddings, reviews and inspiration from local wedding business resources.

Scott Disick Questions Kourtney Kardashian's Interior Design Choices



Kourtney Kardashian's latest obsession is redecorating her new home that she shares with longtime boyfriend, Scott Disick. However, according to [People](#), Disick is a little creeped out by his other half's over the top design choices and her uncanny love for checkered patterns. "Our house looks like it's out of *Beetlejuice*," commented Scott Disick on their \$1.7 Million home in Los Angeles. So far, he's gone along with Kardashian's unique decorating ideas. "If she's into it, let her have her fun," he said. "I hang out in the garage."

How do you compromise on design choices as a couple?

Cupid's Advice:

Though a couple may be very much in love, they may also have very different tastes when it comes to interior decorating. Considering how much time we spend at home, this could become a serious issue in your relationship. Cupid has some tips:

1. Go with it: In every relationship you have to pick your battles. If in the end, the decor really isn't that big a deal to you or is something you could get used to, it may not be worth it to pick a fight, especially if designing makes your partner happy.

2. Compromise: If one person chooses the sofa and the other picks out the coffee table, both of you can be happy.

3. Get a man/woman cave: Establishing a part of the house that is all your own can actually strengthen your relationship and satisfy your decorating needs.

How did you compromise with your partner on design themes? Share your experience below.

Scott Disick Gets Sober and Nicer





It looks like Scott Disick, Kourtney Kardashian's on-again off-again boyfriend, has finally cleaned up his act. Disick, who has a 1-year-old son with Kardashian, has had problems with addiction in the past. But Disick insists that now he's committed to staying sober for his family. He told [People](#), "There's times that it's difficult but, you know, the good outweighs the bad... It's nice having a healthier lifestyle than I used to have." Disick also said that being sober has made him a better person. "You know, I just realized there's bigger things in the world than just being a selfish, self-centered, pr-k."

How do you deal with a partner who drinks too much?

Cupid's Advice:

Some people have major problems with drugs and alcohol, and if your partner is one of them, read on for Cupid's tips on how to help:

1. Get help: Don't take on your partner's addiction issues alone. Get him or her professional help, whether that means a

psychiatrist or rehab.

2. Prevent bad behavior: If you know your mate tends to go overboard at a club or bar, try laying off the late night scene for a little while. Suggest going to a movie or doing something active instead.

3. End it: If your partner refuses to change his or her ways, it's time for you to move on. You deserve someone who has things figured out and won't bring extra drama to your life.

Kourtney Kardashian and Scott Disick Take a Family Vacation



According to *UsMagazine.com*, E! reality star Kourtney Kardashian and longtime boyfriend, Scott Disick took a quality vacation in Cancun, Mexico with their 13-month-old son, Mason.

An insider stated that the couple seemed very relaxed on their tropical family fiesta. After rumors of a rocky romance between the two, this three-day getaway was free from turmoil.

What are ways to re-focus a drama-filled relationship?

Cupid's Advice:

Drama doesn't always mean that your relationship has to come to an end. Here are some ways to work it out:

- 1. Get away for a while:** Though vacations may seem like a temporary solution, they may be just what you need to spark a permanent reconciliation.
- 2. Listen:** Take a break from your own fighting words to listen to your partner's concerns, thoughts and feelings. Try to understand things from his point of view. Sometimes understanding is the key to resolving important issues.
- 3. Look at the big picture:** Your drama may be comprised of a series of small fights centered around a big problem you are not confronting. Figure out the heart of the matter, and then focus on that instead.