

Scarlett Johansson and Sean Penn Confirm Relationship with PDA



Looks like Scarlett

Johansson is back in the game after her divorce from Ryan Reynolds this past December. According to [People](#), Johansson and Sean Penn have been caught around town looking like a couple. The two were not only spotted holding hands Saturday night, outside a White House Correspondents' Dinner after-party in Washington, D.C., but they have also been seen together on a romantic getaway in Mexico. Although Penn and Johansson didn't alert the media about their new romance, the secret's out!

What are creative ways to inform your friends about a new relationship? Cupid's Advice:

Sometimes, at the start of a budding romance, we don't feel

the need to call or text everyone in our contact list to let them know about our newest fling. Cupid has some other ideas on how to break the news:

1. Facebook: Although, it can sometimes be a bad thing, social media makes it easy to get news out there fast. Upload a picture of you and your new girl or guy, or tag them in a cute post. Your phone will be ringing in no time with tons of questions.

2. Public appearance: Show up together somewhere you know all of your friends will be. If you really don't want to leave room for doubt in their minds, make sure you're holding hands when you get there.

3. Drop hints: When you're discussing what you did last weekend or what your plans are for the night, make sure you let everyone know you want to find out what your special someone is doing first.

How did you break the news about your new mate? Comment below.

Sean Penn and Scarlett Johansson's Relationship Intensifies





While the pair may not be 'officially' together, recent reports are all indicating that Scarlett Johansson and Sean Penn's relationship is intensifying. Rumors started circulating after Johansson took Penn as her plus one to Reese Witherspoon's wedding. EntertainmentWise.com reports that the couple's romantic visit to Mexico solidified their relationship. *Grazia Magazine* touched base with a source close to the couple. "It started out just as a hook-up thing. It was really casual, they were both in a pretty rough spot as far as break-ups go. It was just a friends-with-benefits situation. Things changed after they went to Mexico," explained the source. "They really connected and stayed up all night talking. Sean is a pretty fascinating guy and Scarlett was just blown away by him. Things have progressed really quickly since then."

How do you know when you have a connection?

Cupid's Advice:

While most relationships eventually run their course, the stronger the connection, the longer and happier the relationship. Here's how to tell if you have a connection:

1. Frequent communication: When you and your partner text or call each other at least once a day, you know the relationship is special. The two of you genuinely wish to see each other, which is a sure sign of a bond.

2. Conversation comes easily: Relationships that are blessed with easy-flowing conversation are special. Natural discussions are a byproduct of a connection.

3. You're enthusiastic: If you can't stop thinking about your significant other and get giddy every time you do, then it's very likely that the two of you share a connection.

Do you have an opinion or a story to share about your 'connection'? Leave a comment below!

Focus on Friendship for a Peaceful Dating Experience





By Naini Nakagawa

Spring is in the air, and so is dating! With the fresh spring air comes a new way to approach dating. The goal for this season? Focus on friendships, which may lead to romance later on when you truly know your mate-to-be. Celebrities like Ryan Phillippe could certainly use this wisdom right now.

Phillippe's recent relationship with Amanda Seyfried seems to be on and off, and he was also recently accused of having "innocent sleepovers" with Rihanna. It seems to be a game of celebrity musical chairs in Hollywood these days, filled with all sorts of drama. For the rest of us, who prefer to keep drama-free peaceful relationships, the following tips could go a long way:

1. Rid your life of toxic people: Keep those who are discouraging and who don't support and believe in you on the sidelines. Your energy field can take a turn for the worst with negative influences in your life.

2. Consider your spiritual path: Celebrities like Scarlett Johansson, who received an Ally for Equality Award at the 2011 Human Rights Campaign Los Angeles Dinner and Awards Gala, keep things in perspective by prioritizing things like helping those less fortunate than themselves. Give off positive energy

by taking each interaction throughout your day and adding some cheer to it. Smile! It could make a big difference in someone's life. Plus, confidence attracts. It's one step closer to finding your future mate.

3. Exercise and eat right: Being healthy will not only make you feel good about yourself, but your healthy glow will attract potential partners. Bring out the Jennifer Aniston inside yourself! Some foods with special vibrations to consider are cherries, which bring joy, and strawberries, which foster dignity. Working out can help to keep you balanced so that you're in the mindset to make the right choices.

4. Be friends for 8 months before dating: Meet as many people as possible and keep it friendly, even if the attraction is strong. Longtime Hollywood actress Goldie Hawn had a deep friendship with Kurt Russell before they were romantically involved, and they're still together after 25 years !

5. What's meant to be will be: Let the gods get working already. Sometimes the universe needs some time to work its magic, so instead of micromanaging your love life, try to have faith that things will work out the way they're supposed to work out.

6. Meditate: Meditation brings on a sense of delicious peace, which no other activity can accomplish. A-list celebrities like Richard Gere, Gwyneth Paltrow and Angelina Jolie are no strangers to the practice, as they're known to make quiet time for reflection a regular part of their busy schedules.

7. Be proactive: After you've taking the time to get to know someone on a spiritual level, it's time to make a move. Plan a date that doesn't involve drinking alcohol, so that your minds are clear and ready to connect.

By utilizing these tips, you can increase your magnetism to such a level that you'll attract someone with the same

vibrations as yourself, even if he or she isn't currently anywhere near you. It will lead to a peaceful dating experience that few celebrity couples in Hollywood have thus far achieved.

Scarlett Johansson and Sean Penn Go Public at Witherspoon's Wedding



After they were spotted together earlier this month, Scarlett Johansson and Sean Penn finally decided to go public with their relationship. The couple was seen together on Saturday at Reese Witherspoon's wedding to Jim Toth. After the wedding, Johansson and Penn stopped by Jimmy's Bar at Ojai Inn.

According to UsMagazine.com, an eyewitness said Johansson was uncomfortable with all the stares they got from the bar. She muttered, "This is so terrifying," and Penn held her hand as they went to their seat. According to the eyewitness, Johansson sat in Penn's lap and they made out in full view for 15 minutes after their table was cleared.

How do you know when to go public with a relationship?

Cupid's Advice:

So you've been dating someone for a while and now you're wondering if it's the right time to take your relationship public. Cupid offers some suggestions on when to break the news:

- 1. The One:** If you think you're meant to be soul mates and the relationship is strong and serious, it's time for you to take your union public.
 - 2. Motives:** Think about why you want the relationship to go public. If it's because your loved ones are pressuring you to find someone, then it's not a good idea to introduce your partner solely for that reason. However, if you love your special someone and want those close to you to see why, then go for it.
 - 3. Emotions:** If you're still unsure of going public with your partner, this might be a sign that you aren't ready yet. Take your time and introduce him or her once you're comfortable.
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Sean Penn and Scarlett Johansson: Is the Age Difference an Issue?



By Christie

Hartman, PhD

After 14 years of marriage, Sean Penn and Robin Wright divorced in July 2010. Now Penn, who's 50, has been caught canoodling with Scarlett Johansson, 26. Yes, your calculations are correct: Sean Penn is dating a woman who is literally half his age.

Of course, the obvious questions are: Why would Sean Penn go for someone so young? And why would Scarlett Johansson date a man so much older than herself? That's when all the pseudo-scientists come out of the woodwork and start spouting evolutionary theory – i.e. that older men like young and pretty women because they represent fertility, and that

younger women like older, not-necessarily-good-looking men because they have the maturity and means to care for her and her young. While there is some truth to these theories, it's only a small part of what drives dating (and mating) behavior.

More often, such theory is used as an excuse for older men to chase women who are too young for them, and for younger women to seek sugar daddies.

That said, many people assume a May-December romance is somehow typical, and that it's what every man wants. Single women in Penn's age bracket may wonder, "What chance do I have if men my age can get women in their 20s??"

Here's why you shouldn't fret much when you see a relationship like Sean Penn and Scarlett Johansson:

1. Older men often rebound with younger women. In fact, dating a much younger woman is an ironclad sign a man is still recovering from a past relationship. He's looking for fun, sex and an ego boost after the difficult time he's been through.

2. Celebrities are not like regular people. You will often observe more extreme mating behaviors in celebrities, including multiple marriages, rapid transition from one partner to another, marrying after having dating only a few months and partners with vast age differences. These behaviors are far less common among the rest of us. In fact, only 7.5% of U.S. marriages include a husband who is more than ten years older than his wife.

3. Most older men admire younger women, rather than prefer them. A youthful, pretty face is a pleasure to look at, but most men want a partner with whom they connect. That special connection will rarely occur with someone half your age. Likewise, most women prefer men much closer to their own age.

Christie Hartman, PhD is a psychologist, dating expert, and the author of Dating the Divorced Man and It's Not Him, It's YOU.

Scarlett Johansson and Sean Penn Have Dinner in Mexico



Hollywood moguls

Scarlett Johansson and Sean Penn were spotted having dinner together in Cabo San Lucas. The two jetted off to the romantic location for a short while to spend quality time together. They were previously seen together in a Los Angeles restaurant where, according to [People](#), Johansson had her leg draped over Penn.

What are some ways to make the most of a short romantic

getaway?

Cupid's Advice:

A nice romantic getaway can always seem too short. Here are some ways to live it up while you can:

- 1. Share a long kiss:** The getaway may be short, but the kisses can still be long.
 - 2. Enjoy a romantic dinner:** A romantic candlelit meal over is always a nice touch. Share conversation and just enjoy each other's company.
 - 3. Be thankful for the moment:** It's not about how much time you spend together, but about the quality of that time. Live in the present!
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Are Scarlett Johansson and Jason Sudeikis Dating?





Actress Scarlett

Johansson and SNL's Jason Seudeikis are not dating, *People* reports. The two were spotted at dinner together along with Seudeikis's former SNL cast-mate, Will Forte. The duo claims the dinner was just friendly and not romantic. Johansson recently separated from her husband of two years, Ryan Reynolds and filed for divorce shortly after. Her rep says that she is not dating Seudeikis, or anyone else for that matter.

Is it truly possible to be “just friends”?

Cupid's Advice:

Why is it okay to have boy-friends as a kid, but it's considered weird as an adult? Cupid thinks you can be just friends with someone of the opposite sex:

- 1. If it starts at work:** If you meet someone of the opposite sex at work, it's a lot easier to keep it on the friend level. There's no expectation to take the relationship past being friendly, because a work environment keeps romance out of the equation.
- 2. If you grow up together:** If you've been friends with him or her from the time you were little, it's easy to stick with

your close friendship. When you meet someone at a bar, it's tough to start a friendship, as there are expectations of making it more. Knowing someone from back in the day takes away that expectation.

3. It just happens: Some people simply have an easier time making friends with the opposite sex and connecting with them on a friendly level than they do with someone of their own gender. No one goes out in hopes of landing themselves a great friend of the opposite sex. It's something that happens without even realizing it.

Ryan Reynolds Officially Files for Divorce from Scarlett Johansson





As much as we had hoped they would work it out, less than two weeks after their separation, Ryan Reynolds and Scarlett Johansson have officially filed for divorce, according to USMagazine.com. According to their documents, neither is asking for spousal support.

How do you know when it's time to make a separation permanent?

Cupid's Advice:

Separations are usually a last attempt to make your marriage work. Unfortunately, they often precede divorce. Cupid has some ways for you to know when it's time to make a separation permanent:

- 1. You can't get along:** If taking a break from each other doesn't get rid of some of the hostility in your marriage, it may be a sign that it's too late to work things out.
- 2. You're only in it for the kids:** As much as every parent wants to make their children happy, there comes a time when you may need to put yourself and your spouse's needs first.

3. You've been unhappy a long time: A separation is a time to reflect on your relationship. If you can't recall a recent time when you were content with your spouse, it may be time to move on.

Scarlett Johansson and Ryan Reynolds Get Together for Friendly Meal



Who says you can't be friends with your ex? Recently divorced Ryan Reynolds and Scarlett Johansson announced right after their split that they wanted to remain kind with each other. Well, they stayed true to that commitment last Friday! The ex-celebrity couple was seen sharing a "friendly meal" at Blue Ribbon in New York, and

sources tell [People](#) that they were “smiling and laughing the whole time.” The pair grew apart because of their demanding schedules, but they’re not giving up on friendship! **To what degree should you remain friendly with your ex-partner?**

Cupid’s Advice:

Ryan Reynolds and Scarlett Johansson are proof that you can remain friendly with your ex-partner. The question is, how friendly is too friendly? Cupid has some guidelines to follow:

- 1. Drop the pet names:** Some couples find it hard to get out of the habit of using pet names. Don’t make this mistake! If you must use them after a breakup, try “bud” or “pal.”
- 2. Keep gossip to a minimum:** When you’re hanging out with your ex, make sure you know your boundaries when it comes to the “inside scoop” on your life. In other words, keep the details of your new love life to yourself.
- 3. Don’t be touchy:** When you go out with your ex for a friendly get-together, be sure to keep your distance: literally. If you’re constantly hugging your past love, some past feelings are bound to make their way to the present. Try a friendly handshake as a healthy alternative!

Ryan Reynolds and Scarlett Johansson Split





Another prized

Hollywood couple has decided to call it quits. Ryan Reynolds and Scarlett Johansson have officially separated with the intent to divorce, according to [People](#). In a joint statement they say, “After long and careful consideration on both our parts, we’ve decided to end our marriage. We entered our relationship with love, and it’s with love and kindness we leave it. While privacy isn’t expected, it’s certainly appreciated.” Although the pair were just seen out in NYC together last month, a source close to the situation says that it was Johansson who initiated the split. The two wed in 2008 in a private ceremony in Reynold’s hometown of Vancouver.

How do you start over after a divorce?

Cupid’s Advice:

There’s no doubt about it: divorce is devastating. Here are some tips on how to transition from living with your partner to living alone:

- 1. Get some “me” time:** First and foremost, take some time out for yourself before dealing with the “media” of your family and friends. Grab a close friend and head south a la ScarJo-style for some down time.

2. Indulge in a hobby: Spend some time doing things that make you happy before your divorce. The familiar routine will keep you sane for a little bit longer.

3. Work it out: Try exercise as a form of stress release. Endorphins will make you feel better, as they are natural pain and stress fighters.

Ryan Reynolds Wants a Private Relationship



Ryan Reynolds may be happy with his marriage to Scarlett Johansson, but he isn't a fan of his relationship being dissected by the tabloids. In a recent interview with [GQ](#), Reynolds discussed his views on marriage and privacy. The actor, who married

Johansson two years ago, explained, "Things change when you get married in general. But in terms of being a couple that's in a public situation and speculated about and all that nonsense, it's changed a little bit. I'm a little more guarded, I think. I'm a little bit more wary of having my relationship turning into a soap opera. I've just unilaterally not addressed it. That's kind of been the fail-safe for me ... I choose to remain as private as possible without being secretive." Reynolds went on to say that though he and his wife deal with many rumors, marriage is still "the best part of [his] life."**What things should be kept private in a relationship?**

Cupid's Advice:

1. Personal information: You and your loved one undoubtedly know each other well, but this familiarity requires respect. Sharing personal secrets can hurt your partner. Don't air your dirty laundry in public, and consider not airing it at all if you think it could bring hurt feelings to your relationship.

2. Disagreements: After a fight, you may want to run to your nearest friend and share all the details. While this may relieve some of your stress, sharing unresolved conflicts can cause your friends to form negative opinions of your beau. Wait until the conflict is resolved, and then decide if you need to share it.

3. Level of seriousness: When you're in a promising relationship, you may feel the urge to tell the world that you have finally found "the one." This divulgence, if premature, may make your beau wary. Keep your intense feelings private for the time being, and he will probably feel more comfortable.