

# Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage



By Ahjané Forbes

"[It's] impossible to live together as husband and wife," said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to "incompatibility of temperament between the parties." According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her [celebrity ex](#) does wish to have shared custody of their

son, Trig, who has Down syndrome.

## **This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?**

### **Cupid's Advice:**

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond "until death do us part" and "I do", but what happens when you begin to respond "I don't"? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

**1. Communication starts to change:** We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It's healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it's time to have a serious conversation about why this might be happening.

**Related Link:** [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

**2. Not making time for each other:** A relationship does not end when you get married. It's important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don't continue to maintain it. If you have children

and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

**Related Link:** [Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage](#)

**3. Start noticing suspicious behavior:** Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a serious argument, seek out professional help.

**What are some ways to know your marriage has ended? Tell us about it in the comments below!**

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## **Levi Johnston's Sister Says Her Brother and Bristol Planned Unplanned Pregnancy**





Things are heating up again between the Palins and the Johnstons. According to [People](#), Mercede Johnston has been bashing the Palins. She accused Sarah Palin of using Levi Johnston as a “prop” for her 2008 presidential campaign. She called Bristol Palin a “sociopath,” who planned her pregnancy, which she strategically announced when her mother joined John McCain’s campaign. Mercede also claimed that Bristol’s and Levi’s engagement was part of the fabrication to prevent Levi from speaking out against the Palins.

**What are some reasons *not* to have a child?**

### **Cupid’s Advice:**

Most of us probably don’t have a soap opera kind of ex-girlfriend who uses her pregnancy in a manipulative kind of way. But there are perhaps other reasons why you should not have a child. Cupid has some ideas:

**1. Stability of relationship:** If you’re considering whether or not to have a child with your partner, analyze the state of the relationship with that partner. If you’re in a fragile

place, there's no need to rush to be a parent. Take it easy and wait until your relationship is more secure. You want your child to grow up in a nurturing, loving place.

**2. Work:** Have you considered the job situation? If you're in a not-so-stable place, either because you're looking for a solid position or because you're trying to work your way up a notch, you may want to hold off on the baby situation until your professional life gets a little more certain.

**3. Doubts:** If you or your partner feel uncertain when it comes to the idea of having a baby, you're probably not ready to be parents. Before you plan to conceive, you should both discuss whether you feel that parenthood is right for you. It's okay to not feel 100% ready, but this should be something you're both sure that you want.

**Are there any other reasons someone may not be ready for parenthood? Share your thoughts below.**

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## Levi Johnston to Write a Tell-All Book About the Palins







Levi Johnston, the father of Bristol Palin's son Tripp, is writing a tell-all book about his experiences with the Palin family, reports [UsMagazine.com](http://UsMagazine.com). The book, entitled *Deer in Headlights: My Life in Sarah Palin's Crosshairs* is slated for release in the fall under Touchstone Publishing. "He's ready to give an inside glimpse to his relationship with the Palins," explained a source. "[He wants to] share his trials and tribulations of being thrust into the spotlight and becoming a father at such a young age."

## **How do you deal with a vengeful ex?**

### **Cupid's Advice:**

When your ex-partner won't let your relationship go, the results can be painful. Here are a few ways to deal with your hurting ex:

- 1. Resolve past issues:** If your partner is hurt and angry after your relationship ended, then there are probably some unresolved issues between the two of you. Take some time to negotiate and settle these issues.

**2. Ignore him:** It may be that your ex is simply reacting childishly to petty problems. If this is the case, then ignore him. His antics are only a plea for attention.

**3. Get help:** If your ex is taking things too far, you may need to get another person involved. Talk to mutual friends and have them talk some sense into him. If things are even more serious, you may want to report your ex for harassment.

**Do you have a bad breakup story? Feel free to leave a comment below!**

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## Palin & Johnston Split... Again



Bristol Palin and Levi Johnston have split up again, [\*People\*](#) magazine reported Tuesday. Palin, daughter of former Alaska governor Sarah Palin, and Johnston announced their second attempt at an engagement only weeks ago in the hopes of starting a real family for their 19-month old son Tripp. Palin told *People* that the breakup occurred after rumors surfaced about Johnston fathering another child with an as-yet-unnamed woman.

## **How do you know it's finally time to cut a bad guy loose?**

### **Cupid's Advice:**

There comes a time when a reunion is just impossible, no matter how much you wish someone can change. Dalmatians can't change their spots, and it's up to you to know when its time to quit.

**1. One-sided attempts:** If you're the only one in the relationship trying to make it work, then perhaps it just isn't going to. This lack of effort shows your partner isn't fully invested in the relationship – or you.

**2. Repeated mistakes:** There are some characteristics a person just can't change. If your mate makes the same mistakes repeatedly, it might be due to a character difference that will always keep you two apart.

**3. Hurting others:** As in Palin's case, her son Tripp's happiness is also at stake in the relationship. If other people, children or otherwise, are being negatively affected by your attempts at reconciliation, it's time to pull the plug.

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# Bristol Palin & Levi Johnston Engaged



Bristol Palin, daughter of politician Sarah Palin, is engaged to Levi Johnston, [US Weekly](#) revealed yesterday. The couple told the magazine that they have been engaged for two weeks, despite not having the approval of their parents. The two have rekindled their romance after splitting up last year, just months after the birth of their son, Tripp, in December 2008.

**Can a baby-daddy turn into a good husband and father?**

**Cupid's Advice:**

Johnston's actions during and after the birth of his son, from posing for Playgirl magazine to his public war of words with Palin's family, shows he has a lot of making up to do. Here are some of Cupid's tips for dealing with an unplanned pregnancy:

**1. Be involved:** Both partners need to be involved in their own relationship with each other, as well as the impending relationship with their child, from the get go. Make real plans for the future – a child you created together is on its way!

**2. Time to grow up:** No matter how old you are, having a child means it's time to act like an adult. Another life will depend on you for survival. It's imperative you take on a parental role.

**3. There's no 'I' in 'team':** This isn't about just one person anymore. Your and your partner's needs must be balanced with what will be best for you as a couple, and for your child. Even if you aren't yet officially a family, you must function like one for things to run smoothly.

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## Levi Johnston Makes Nice with the Palins





After many months of a bitter war of words, Levi Johnston apologized to Bristol Palin and her parents last week. Talking exclusively with [People](#), Johnston said, “Last year, after Bristol and I broke up, I was unhappy and a little angry. Unfortunately, against my better judgment, I publicly said things about the Palins that were not completely true.” He continued, “I have already privately apologized to Todd and Sarah. Since my statements were public, I owe it to the Palins to publicly apologize.” Johnston is the father of Bristol Palin’s one-year old son, Tripp. The two called it quits in March 2009 after campaigning together during Sarah Palin’s 2008 vice presidential run. The two are making a conscious effort to reconcile and do what’s best for the baby.

**What’s the best way to mend a relationship with your ex and his or her family?**

#### **Cupid’s Advice:**

It’s unfortunate that a breakup can sometimes lead to exchanging harsh words, not only between the couple, but by

the entire family. Here's Cupid's advice on making amends:

**1. Accept responsibility:** Being aware that something you said or did was wrong makes your apology more genuine. Explain this, and reassure the family it won't happen again. No one is perfect, and everyone makes mistakes.

**2. It's really about you and your partner:** Before you can move onto the family, make sure both of you can forgive each other, and understand what you want out of the relationship. Trusting each other, despite being exes, should always come first.

**3. Children are key:** If children are involved, as is the case with the Palins, reconciliation is even more important. Everyone can agree that it's important to create a healthy environment for the child.