

Celebrity Couple News: Zac Efron & Sami Miró Split After 2 Years Together



By

[Cortney Moore](#)

In [celebrity relationship](#) news that no one saw coming, Zac Efron and his two-year long girlfriend Sami Miró have called it quits! The [celebrity couple](#) was last seen grocery shopping together on April 11, but have since been spotted individually at separate events in the past three weeks. This [celebrity news](#) is especially surprising since Efron was on *The Ellen DeGeneres Show* last month saying his relationship with Miró was going “great,” while Miró tweeted from Coachella on Friday “Donde estas mi amor” (Where is my love?). According to [People.com](#), Efron removed all photos of Miró from his

Instagram account and has unfollowed her on social media. Hopefully this break-up wasn't an ugly one!

This celebrity couple is no more. What are some ways to make a relationship work in the midst of stressful work lives?

Cupid's Advice:

Work can be stressful enough as it is, and balancing a relationship at the same time makes it even more challenging. Cupid is here to help you keep your work life and relationship on track:

1. Mark your calendars: It's important to keep track of your professional and personal schedules. Taking time to compare your calendar to your partner's will help both of you coordinate free time, while also making sure you keep track of your work duties.

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2. Set up dates: When you and your partner have found times you're both available, planning a few dates are in order. Adding some romance and fun will help combat any stress you may be experiencing at work.

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

3. Include your partner: If there isn't any time for a date, take time to speak with your partner about work. Your partner may be able to offer some valuable input, and you will feel less stressed when you're allowed to vent. Including each

other in what is going on in your work lives will make you feel closer even if you're on different career paths.

Have experience balancing work life and your relationship? Share your stories below.

New Celebrity Couple Zac Efron and Sami Miro Spotted Out and About



By

Maggie Manfredi

Hollywood's hottie is back in the throes of love! According to

UsMagazine.com, Zac Efron has been spotted sporting a new lady, Sami Miro, on his arm. Matching ensembles, dining out and traveling together, this new [celebrity couple](#) seems to be quite in sync. A source reported, "Zac is dating Sami, but it isn't serious." After his short relationship with actress Michelle Rodriguez, it seems Efron is enjoying being young and getting his casual dating on. We can't wait to see where this celebrity romance is headed!

What are some ways to ease into a relationship and love like this new celebrity couple?

Cupid's Advice:

Things moving too fast? Cupid has some dating advice on slowing down your relationship and love:

1. Proceed to party: Getting to know someone should be fun, and falling in love can be the best feeling in the world, but there is no need to push it. When starting something new, just enjoy yourselves! Get together in groups and keep it casual.

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2. Get to know each other: Just because he pays for dinner or she reaches for the check doesn't mean they are perfect for you. Make sure you are really getting to know each other during your dates. Here's some love advice to consider: Skip the movies and take a walk in the park, so you can chat and laugh together.

Related Link: [Lea Michele Posts Loving Instagram Pic With New Boyfriend Matthew Paetz](#)

3. Stay out of the bedroom: In order to ease into a

partnership, you need to avoid taking things too far, too early. In order to build mutual respect, set the precedent of keeping your dates PG-13 in the beginning. Wait until you feel confident and comfortable with the other person to be intimate.

How do you take things slow at the start of a new relationship and love? Tell us in the comments below!