

# Movie Review: Have a Blast Watching 'The Spy Who Dumped Me'



By [Haley Lerner](#)

*The Spy Who Dumped Me* is a hilarious action comedy film starring [Mila Kunis](#), Kate McKinnon, Justin Theroux and Sam Heughan. In this comedy, best friends Audrey (Kunis) and Morgan (McKinnon) end up tangled in an international conspiracy after discovering Audrey's boyfriend who dumped her was actually a spy. Things get heated when Audrey's ex shows up to the best friends' apartment with a team of assassins on his trail. Audrey and Morgan end up traveling to Europe to escape the assassins and save the world. This thrilling comedy

is out in theaters on August 3rd.

***The Spy Who Dumped Me* is the story of how two best friends get thrown into an international conspiracy after one is still reeling from a break-up. Keep reading our [movie review](#) and our tips on how your friends can help you move on from a break-up!**

**Should you see it:**

Totally! Who doesn't love a hilarious comedy sprinkled with fun action scenes. This movie will definitely have you on the edge of your seat and make your stomach hurt from laughing so hard.

**Who to take:**

This movie can be perfect to see with a group of your best friends! Or, it could be perfect for a [date night](#) with your special someone.

**Cupid's Advice:**

Getting over a break-up can be really hard, but a best friend can make it easier. Cupid has some reasons you should turn to your friends after a break-up:

**1. They can cheer you up:** Your BFFs can be a shoulder to cry on and your biggest supporters in making you feel better. Stop moping around after a break-up and instead hit the town with your closest friends. Having a good time and forgetting about

your ex can seriously make things a lot better.

**Related Link:** [Movie Review: Adrift](#)

**2. You can vent:** If you're not in the partying mood, your friends can totally be the people you spill all your feelings about the break-up to. You've probably told them all about your relationship in the past, so they know the situation and can give you advice on how to get over it.

**Related Link:** [Movie Review: Dance along to 'Mamma Mia! Here We Go Again'](#)

**3. They can set you up:** Itching to move on quickly from your ex? Your friends can help with that by setting you up with someone cute! They know you best, so they can help find you someone who will make you much happier than your ex ever did.

**Have any other reasons why spending time with your best friends is the best break-up cure? Comment below!**