

Celebrity Break-Up: Ryan Seacrest & Shayna Taylor Split for the Third Time



By Alycia Williams

In latest [celebrity news](#), Ryan Seacrest and Shayna Taylor called it quits for the third time in the past eight years.

According to *UsMagazine.com*, the [celebrity couple](#) are remaining good friends and will always be each others' biggest supporters. They will also cherish the time they spent together as a couple. Seacrest, who is in Mexico with some friends, was spotted a few times with another woman. They've been pictured holding hands and relaxing on the beach together, very soon after his [celebrity break-up](#).

In celebrity break-up news, Ryan and Shayna called it quits, and it seems Ryan has already moved on. How do you know when you're ready to move on after a long-term relationship?

Cupid's Advice:

When you're in a relationship for a long time and things aren't going so well, it's hard to know when you should continue to work on your relationship or move on. If you are in a long-term relationship and you're not sure if you should move on, Cupid has some advice for you:

1. You've lost interest: In the beginning of the relationship, you two were inseparable. Late night phone calls, endless text conversations, and spontaneous dates were the norm, and it seemed like you would be together forever. If you've lost that same spark that you had when you first got together completely, then chances are it's not coming back.

Related Link: [Celebrity News: Josh Groban & Kat Dennings Break Up After 2 Years of Dating](#)

2. You fight constantly: Disagreements within a relationship are perfectly normal, but if you find you and your partner fighting a lot more than usual, then it's time to take a broader scope to the relationship. If fights outweigh the good times that you have, then it's time to call it quits.

Related Link: [Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years](#)

3. You avoid future plans: If you're in a long-term

relationship, then planning ahead should be natural, because you see a long-term future with each other. If you find yourself not planning a future with your partner, that just means you don't see this person in your future. In that case, it's time to move on.

What are some other ways to know when you're ready to move on after a long-term relationship? Start a conversation in the comments below!

Celebrity News: Ryan Seacrest Says Kelly Ripa Encourages Him to Elope





By Ahjané Forbes

In [celebrity news](#), on *Live With Kelly and Ryan*, Kelly Ripa mentioned that she thought Ryan Seacrest and his girlfriend Shayna Taylor had privately eloped when she saw what she thought were the couple getting married in an Instagram post. According to *UsMagazine.com*, the former *American Idol* host cleared up this confusion on the episode of their show that aired on October 8th, confirming that it was actually a different couple getting married in the post. But, that doesn't mean that Ripa has given up hope that Seacrest and his girlfriend will elope. Seacrest, speaking to Ripa said, "You're the one that says just elope, elope!" and Ripa responded, "Yes, elope because it's very easy." and Taylor have been an on-and-off [celebrity couple](#) since March 2013. Though they haven't eloped as of yet, they are building their relationship. Seacrest says that his longtime girlfriend will be attending Thanksgiving dinner with him and his family this year.

In celebrity news, Kelly Ripa tells Ryan Seacrest he should elope. What are the benefits of eloping instead of having a big wedding?

Cupid's Advice:

Not everyone wants a big wedding extravaganza. Eloping is an ongoing trend that started with rebellious teenagers and made its way to becoming more popular among all ages. Cupid has some tips and tricks you can use to make your mini wedding one to remember:

1. Take a trip somewhere: Inviting everyone to a vacation spot is not always realistic. It can be costly for your guests, and many of them won't be able to swing it. However, a destination wedding is a great idea if you're eloping. It'll allow you to combine your wedding and honeymoon and spend quality alone time with your partner.

Related Link: [Celebrity Vacation: Make Your Anniversary Special With a Vacation Like Sofia Vergara & Joe Manganiello](#)

2. Privacy: Your vows may be more meaningful if you exchange them privately. You'll be able to say things to each other that you wouldn't be able to in a room full of people. This is also an ideal time to set realistic goals for the relationship and talk about plans for the future.

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3. You can always have a reception: Even though you aren't following tradition when it comes to your wedding, that doesn't mean you have to give up a celebration with family and friends. You can still have your bridesmaids and best men

included as well. Don't forget to order the cake!

How would you elope? Tell us your thoughts in the comments below!

Celebrity News: Kelly Ripa Addresses Ryan Seacrest Sexual Misconduct Allegations



By [Jessica Gomez](#)

According to [UsMagazine.com](#), TV show host Kelly Ripa is

standing by Ryan Seacrest. “I just want you to know you are a privilege to work with, and I adore you, and I am speaking on behalf of all of us here. I know what an easy, professional, great person you are and I feel very, very lucky to work with you each and every day,” Ripa said to Ryan Seacrest on Thursday while on air during their show *Live With Kelly and Ryan*. This heartwarming statement came after the sexual misconduct allegations against Seacrest from one of his former stylists. Seacrest has denied the accusations multiple times.

In [celebrity news](#), Ryan Seacrest is up against some serious sexual misconduct accusations. What are some ways to support your partner when he/she is being accused of something they did not do?

Cupid's Advice:

Trust is a big thing, and it's what keeps us standing by our partners when accusations arise. Cupid has some relationship advice on ways to support your other half if a tough time like this comes up:

1. Be their shoulder to lean on: Be there for them. Be there to listen to them. If your partner is being accused of something they didn't do, they will most likely be under some real stress, so they need a support system. You must be mindful of their emotions. Just make sure they know you have their back.

Related Link: [Larry Nassar Sentenced to 175 Years In Prison in Sexual Abuse Case](#)

2. Be positive: Talk to them, offer words of encouragement. Don't criticize. Depending on the accusation, this can be a dark time. Try to be the light in the darkness for them. Obviously, don't try to downplay what's going on, but try to have them see that things will get better. Hope is sometimes one of the things we need the most.

Related Link: [Matt Lauer Fired from NBC News for 'Inappropriate Sexual Behavior'](#)

3. Help problem solve: Try to come up with some ideas on how to get past the situation or solve it. Be there to give advice when they need it. Two minds are often better than one. Time can be of the essence in cases like these, so put your heads together – You will get through it.

Have you had experience with this, if so, how did you handle it? Share below!

Rumors Shot Down! Adriana Lima & Ryan Seacrest Are Not a Celebrity Couple After All





By Mallory McDonald

Recent [celebrity news](#) claimed that Adriana Lima and Ryan Seacrest were Hollywood's newest celebrity couple, but [UsMagazine.com](#) sets the record straight. "They're good friends," a source said. "She's still dating Julian Edelman." Julian Edelman is a wide receiver for the New England Patriots, and the two have been together for a few months. As for Seacrest and Lima, "They became friends and then they went out to dinner in NYC, but it's not romantic." It can be so easy to think relationships are forming when pictures surface and assumptions are made. This rumor has been debunked, and we are happy the two are at least good friends!

We're sad to see this celebrity couple isn't a reality! What are some ways to keep rumors from affecting the beginning stage of

your new relationship?

Cupid's Advice:

In this digital age, rumors emerge every day about new relationships. It can sometimes prevent what may have been a new relationship from forming. Cupid's here with some [dating tips](#) in order to keep rumors from affecting your relationship:

1. Be honest: Be honest to the right people. If rumors come out that you are in a new relationship, just talk with that person, and come to an agreement on your title. Don't let rumors define the stage your relationship is at.

Related Link: [New Celebrity Couple: Ryan Seacrest & Adriana Lima Are Dating](#)

2. Set the record straight: If the rumors are really affecting your relationship and causing an unnecessary strain, set the record straight. If the other person is comfortable, inform people on where the relationship is now and where you see it going.

Related Link: [Find Out Victoria's Secret Angel Adriana Lima's Valentine's Day Wish](#)

3. Hang out: Instead of worrying about the rumors, enjoy your new relationship. Spend time together talking about anything other than the latest gossip about your new relationship. What is most important is that you and this person are both clear about where the relationship is and are both happy about it.

What do you do when rumors affect a new relationship? Comment below!

New Celebrity Couple: Ryan Seacrest & Adriana Lima Are Dating



By Kayla Garritano

A new [celebrity couple](#) is taking on the world! In the [latest celebrity news](#), Ryan Seacrest and Adriana Lima are said to be dating, according to reports. The new couple was most recently seen in New York City for a romantic dinner, and has even been seen together in the Big Apple in the past. According to [EOnline.com](#) the two connected over their time in Rio for the 2016 Summer Olympics. Although they have yet to publicize their relationship, they have been definitely enjoying their time since the return.

There's a new celebrity couple on the town! What are some ways to connect with a potential partner over common interests?

Cupid's Advice:

Being a new couple can be exciting! But, how can you make sure you get that spark when finding your potential partner? Cupid is here with some [relationship advice](#):

1. Talk on the first date: If your first date is a movie, odds are you're not going to be doing a whole lot of talking. If you want to make sure your potential partner and you have common interests, go on a date where you can just talk and get to know each other.

Related Link: [Relationship Advice: Turning Your Summer Fling Into Something That Lasts Longer](#)

2. Text them: In the 21st Century, texting is a common form of communication. You probably won't be calling them asking how their day was. It's also totally okay to text first, as it shows you're interested! Just make sure you aren't always the one texting first. It might mean "he's just not that into you."

Related Link: [Dating Advice Q&A: How Has Technology Changed The Way We Date?](#)

3. Pick a favorite hobby: Maybe you learned on your first date that you and your potential partner both absolutely love to paddle board. Why not make a date of it together next time? Commiserating over a common love can really help you bond as a new couple.

How have you connected with a potential partner? Comment below!

Celebrity Couples and Their Most Extravagant Valentine's Day Gifts





Kim Kardashian West and Kanye West

If diamonds were a meter of love, West's love for the reality TV star is off the charts. The rapper bought his wife a 73,000 dollar Panthere De Cartier cuff embellished with diamonds and emeralds. Photo: Flynet UK/FameFlynet Pictures

Celebrity Couple Predictions: Prince Harry, Ryan Seacrest and Vanessa Williams





By [Shoshi](#)

If you're looking for the [latest celebrity news](#), then you've come to the right place! Recently, these famous couples have made headlines for two new romances and a Fourth of July wedding. Read on for my celebrity couple predictions!

A Royal Celebrity Couple Prediction

Prince Harry and Jenna Coleman: Rumor has it it that Prince Harry is dating *Dr. Who* actress Jenna Coleman. They were seen getting cozy...but that doesn't mean much. If I was in the same room as Prince Harry, I'd be trying to get cozy with him too! It's been said that the prince has been thinking about settling down, which means that every woman he's seen speaking to for longer than a second will be called "wife material."

As for his relationship with Coleman, it's a nice flirtation. She is cute and laid-back enough, but she won't be his princess. Cressida Bonas would have a better chance of Harry putting a ring on it. However, she shouldn't hold her breathe

either.

While Prince Harry and his big brother Prince William are like night and day, Harry has paid close attention to the celebrity marriage of William and Kate, and he wants a similar love in his life. The woman that will steal Prince Harry's heart is someone who loves life just as much as him. I don't see that he has met The One yet, but when he does, it will be a quick courtship.

Related Link: [Prince Harry Is Caught Romancing Potential New Celebrity Love Jenna Coleman](#)

Ryan Seacrest and Hilary Cruz: Is it ever a surprise anymore when Ryan Seacrest starts dating a younger beautiful woman? It's like he picked up where George Clooney left off! The new love interest in his life is former Miss Teen USA and actress Hilary Cruz. Don't knock yourself out trying to remember what movies she's been in – there are about three acting credits to her name. Recently, the two were spotted at the airport right before they hit a yacht in the South of France. Sources say that Seacrest is smitten. I would say what 40-year-old man isn't smitten with a hot 26-year-old who wants to be with him?

I would love to report that the television personality has met the love of his life, but it looks like just another notch on his belt. Their relationship is a casual one, but they both will benefit from it: Seacrest gets a gorgeous woman on his arm among other things (if you know what I mean), while Cruz gets her name in the press. A win-win!

Related Link: [New Celebrity Love: Ryan Seacrest Is Dating Former Miss Teen USA Hilary Cruz](#)

Vanessa Williams Celebrates Her

Celebrity Marriage

Vanessa Williams and Jim Skrip: The ever-stunning Vanessa Williams married Jim Skrip on the Fourth of July. Now, that is one way to never forget an anniversary! It is the third celebrity marriage for the actress, and it looks like three times *is* the charm. There isn't much information about Skrip online. The celebrity couple met on a trip to Egypt, and they dated for about a year before getting hitched. Let's just say that they have a grown folks relationships: no games, age-appropriate, and willing to do what they have to do to make it work. From looking at their photos, they look pretty happy together. After being in two marriages that didn't work out, this one should last for Williams. Congratulations to the newlyweds!

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

New Celebrity Love: Ryan Seacrest Is Dating Former Miss Teen USA Hilary Cruz





By [Katie Gray](#)

There is a new celebrity love and romance in Hollywood. Everybody's favorite *American Idol* host, Ryan Seacrest, is dating former Miss Teen USA, Hilary Cruz. According to [UsMagazine.com](#), "A source tells *Us* that the *American Idol* host and Cruz, 26, first met at Seacrest's star-studded 40th birthday bash in Napa, Calif., back in February. The pair got to know each other as they partied alongside Kim and Khloe Kardashian, Randy Jackson, and Paula Abdul."

Love is in the air! How do you know if you're in a relationship that's going to last?

Cupid's Advice:

Life is unpredictable and that is often true of relationships and love lives, too. However, there are some signs that can help you determine if you're in a lasting relationship. Cupid

has some love advice:

1. Simply bliss: Sometimes you just know a relationship is extra special and unlike anything else you've experienced before. When you are truly happy with that person, you know it has a great chance of lasting. If you can't imagine them not being by your side, that proves that this is very significant to your life.

Related Link: [Ryan Seacrest Dances with Julianne Hough at 'Footloose' Party](#)

2. Compatible: When you meet someone that you really click with, don't give up on them because it's a rare find. Sure you can find someone with similar interests as you and to have a good time with, but if you really mesh well with somebody, then it is probably one for the books!

Related Link: [Julianne Hough Relaxes in Miami One Month After Split From Ryan Seacrest](#)

3. L-O-V-E: There may be no other way to describe the relationship except for the simple fact that it's love. If you are head over heels for this person on both good and bad days, then it's a good sign that you should hang on to them forever. Every moment isn't always a fairytale, but when you really love somebody, the whole ride with them becomes a great love story.

What are some ways you have known if your relationship would last or not? Share your love stories with us below!

Ryan Seacrest Aspires for a Marriage Like His Mom and Dad



By [Sarah Batcheller](#)

As Ryan Seacrest nears his 40th birthday in December, he's thinking about what it is in life that matters forever- love! According to [People](#), Seacrest thinks this means a marriage like his mother and father's, which is a healthy and happy one. His parents have been married for over 40 years, so now the multi-media mogul is thinking about how and when finding the same kind of love is in store for him, and the 40-year milestone is a wonderful time. Seacrest says his goal is to find balance in the coming year, which means focusing a little less on work, and a little more on the sweeter things in life.

How do you know when you're in a healthy relationship?

Cupid's Advice:

Balance is important in any relationship, and it can be hard to see the signs if you're in an unhealthy relationship. Cupid has some hints that point to a healthy relationship:

1. You spend quality time together: Even amid all the craziness of work, school, and all other responsibilities, you and your partner make sure you set aside time to be together, and not just to sit around the house, but to have fun and bond. Spending quality time together allows both people to continue to feel connected throughout the days, even when they haven't seen each other for a bit. In long-distance relationships, this means making time for quality conversations, and not just texting all the time.

Related: [How To Turn A Summer Fling Into A Healthy Relationship](#)

2. You both make compromises: Being in a relationship means being part of a team, and when you're on a team, the goal is not for individual members to win, but for the whole group to win. This means that in a healthy relationship, both partners consider the *team* when it comes to big decisions, like relocating, and even little ones, like where to get dinner. Compromise means considering what will sustain a happy, functional relationship, rather than one person only considering themselves.

Related: [Cupid's Weekly Round-Up: Fixing Your Relationship](#)

3. You're not afraid to be vulnerable: Masking your feelings will set you on the fast track to the demise of your relationship. If both partners can be vulnerable, it makes it easier to compromise, because you know what each other truly want, deep down. Showing your true colors will allow your partner to nurture your deepest feelings.

How do you make sure your relationship stays healthy? Share

with us in the comments below!

New Couple? Ryan Seacrest Steps Out With Shayna Terese Taylor on Vacation



By Brittany Stubbs

Ryan Seacrest has some new arm candy! The *American Idol* host was seen on vacation in Uruguay with the beautiful blonde, Shayna Terese Taylor, both a model and personal trainer. UsMagazine.com confirms the two were spotted on

Sunday, Nov. 24 smiling and laughing while having lunch at La Huella restaurant. The couple then proceeded to step into the sunshine and head to the beach.

What are some ways to announce your new relationship to family and friends?

Cupid's Advice:

As easy as it is these days to put yourself "in a relationship" on Facebook and upload some pictures of your significant other, there are more personal ways to introduce and officially announce your new romance to your loved ones:

1. Dinner and drinks: Why not get your family and friends together for dinner to meet your significant other? This way you not only have the opportunity to officially announce you're dating, but you also give everyone an opportunity to get to know him or her. They'll share in the joy of your new relationship just as much as you have.

Related: [Julianna Hough Relaxes in Miami One Month After Split From Ryan Seacrest](#)

2. Bring your partner along: If the thought of having a dinner in which your partner and new relationship are the main subjects makes you uncomfortable, consider a more low key way to include and introduce them to your circle. Bringing them along to a friend's house party, a family birthday, or as your plus-one to a wedding, are opportunities you can casually announce your relationship.

Related: [Julianne Hough and Ryan Seacrest Spend Weekend in Los Cabos](#)

3. Send an email: Not everyone has the luxury of living close to all their family and friends, but it's important to still keep them updated on your life. Sending them a nice email updating them on what you have going on, including the news of

your new relationship, will make your loved ones feel more in the loop despite the distance that separates you. You might even consider including a picture of you and your partner and a little synopsis of how the two of you met.

How have you announced a new relationship to your family and friends? Share your experiences below.

Dating Again: How to Move On After a Breakup



By Marni Battista

Moving on after a breakup can be tough. At Dating with Dignity, we don't think the best way to get over your ex is to get *under* someone else! Julianne Hough and Ryan Seacrest are one Hollywood "It Couple" that recently ended their relationship, and it looks like at least one of them has moved on. Rumors have it that Seacrest has already bagged himself a new lady friend, while Hough still wants him back. If we could advise the bubbly blonde on how to pick herself up again, here are the tips we'd give her:

Related Link: [Lessons from Justin and Selena: Should You Get Back with Your Ex?](#)

1. Put YOU first. When you go through a breakup, it's extremely important to make sure you take care of yourself first. Even if you saw it coming or it was a decision you know is for the best, it's important to allow yourself time to grieve the loss. Take this opportunity to get back to your fitness regimen, reconnect with old friends, start an activity that perhaps you've put aside for a while or even take a solo weekend vacation. Take some time to feel sad (after all, it's normal to be sad) and remember what you enjoy about yourself.

2. Don't be afraid to say yes to dates. If you get asked out at your local coffee shop or at a friend's birthday bash, **say yes**. Even if you feel it might be too soon to launch into a super-serious relationship, saying yes to an evening of flirting or a nice dinner won't hurt. It's important to let yourself be seen by someone who doesn't know your "story," and it allows you the opportunity to get back to being *you*. Plus, it feels good to be pursued!

3. Have fun with girlfriends. When you're in a long-term relationship, you often forget about girl time. Take this opportunity to reconnect with your friends: go out for a night on the town, have fun and take pictures of how much fun you're having to anchor to the new life you're creating. Posting

photos on Instagram or checking in on Foursquare to that hot new restaurant opening is totally fine by us too. While the urge to stay in your cave may be strong, trust us that it's important to get your "girl" on and put yourself back in social situations.

4. Remember that it's okay to be single! Even though it sucks when you don't have a date to the next summer wedding or a go-to Saturday night plan, creating the life you want has to start with you and you alone.

Related Link: [Lessons We Can Learn from Taylor Swift, Queen of Heartbreak](#)

Coming from a place of fear that "I'll never meet anyone" or "I'm getting too old" will only lead you down a path you don't want to be on. Relish in the "what's good" about being single and make a list of the things you get to do now that you have more time. Read more books, develop deeper friendships, focus on completing projects that kept getting put on the back burner, go to sleep when *you* want and cherish that the remote control is all yours.

If Hough took our advice, we think she'd be well on her way to getting over her breakup with Mr. American Idol. Remember: there are plenty of (taller) fish in the sea!

Marni Battista, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

Celebrity Couple Predictions: Jennifer Aniston, Julianne Hough and Kim Kardashian



By Shoshi

For today's expert post, I want to look at the energy of three celebrity couples who have been plagued by rumors this summer: Jennifer Aniston and Justin Theroux, recently-split Julianne Hough and Ryan Seacrest and new parents Kim Kardashian and Kanye West.

Related Link: [Celebrity Couple Predictions: Halle Berry, Jada Pinkett-Smith and Heidi Klum](#)

Jennifer Aniston and Justin Theroux: It's no surprise that these two lovebirds postponed their wedding – I think even Stevie Wonder could've seen this one coming. There's definitely some conflicting energy around this relationship. Let's dissect it, shall we? The top reason for the wedding being postponed is that Brad Pitt and Angelina Jolie are getting hitched this summer too, and Jennifer Aniston doesn't want her wedding close to the same time. Can you blame her?

The other rumor is that she and Justin Theroux are just too busy to get married. Now, I can't help but question this excuse. When people are ready to spend the rest of their lives together, the last thing they'll let stand in the way is their hectic schedules. After all, it's not like the two of them can't afford to take some time off.

When I look at Theroux's energy, it reveals that he isn't the marrying type. He can feel committed to someone *without* a ceremony. There's nothing wrong with that perspective as long as Aniston is fine with it.

He also feels like he doesn't have any control in the relationship. For instance, after planning to live in New York, Aniston said it felt like a fishbowl and moved the couple back to Los Angeles. Even so, Theroux has been spotted checking out places to live in downtown New York. Aniston has taken Theroux out of the playground where he feels most like himself, which tends to be a big damper on a relationship, especially for men. If Aniston doesn't allow Theroux to feel comfortable, he'll seek that feeling from someone else. Their love can go either way at this point!

Julianne Hough and Ryan Seacrest: Since this adorable couple broke up in March, everybody is on Ryan Seacrest-dating watch. Who will he date next? And will he get back together with Julianne Hough? The spirits say no; he's ready to move on.

Hough, on the other hand, is trying to win the television host

back – she has her eye on being Mrs. Seacrest. Unfortunately, it's so not going to happen. Seacrest definitely cares about her, but she's just not the kind of partner he wants/needs as he builds his empire. It also doesn't look good that Hough has been partying like a college girl in recent months. She's screaming for attention from her ex, but instead, she just needs to look for love elsewhere.

Related Link: [Kim Kardashian and Kanye West Welcome a Daughter](#)

Kim Kardashian and Kanye West: Little North West arrived five weeks early, much to the delight of her parents, Kim Kardashian and Kanye West. After the baby's name was announced, people immediately started saying that this famous pair were already bad parents.

Looking at their energy, I think West is going to be a pretty good dad. As for Kardashian, she'll have a bumpy time at first because the baby girl will feel more comfortable with her dad. The reality star will try a little too hard to be a "good mother," which will ultimately hurt her parenting skills. Plus, North will be the number one priority for West, leaving Kardashian a bit jealous. While West and Kardashian love the spotlight, the rapper will have a better grasp on why it's important for their bundle of joy to *not* be a part of the entertainment business until she's a bit older. When the time is right, though, North West will be a mini-mogul following in the footsteps of her parents. Mark my words!

For more information on Shoshi, click [here](#).

Celebrity News: Julianne Hough Relaxes in Miami One Month After Split From Ryan Seacrest



By Andrea Surujnauth

Julianne Hough is maxing and relaxing post breakup with Ryan Seacrest. The actress was spotted tanning and hanging out on the beach in Miami with pal Nina Dobrev. Hough and Seacrest dated for nearly two years, but broke it off in March. The rumored reason they pulled the plug on their relationship was due to Seacrest's busy schedule. "Dude works all the time," a source told [UsMagazine](#). "[Seacrest] never sleeps. It's a lifestyle she couldn't handle anymore. Work always, always

came first [for him]. She wants a more low-key life.”

What are some ways to keep your mind off of a breakup?

Cupid’s Advice:

Breaking up is never easy. How do you keep your mind off the pain you are feeling? Cupid has some suggestions:

1. Stay away: After a breakup it is best to stay away from your ex and block them on social media. By keeping them close during your time of healing will make it near impossible to heal. You need your time away to get over the feelings you have but having them around will make you wish the breakup didn’t happen and it will be impossible to forget about.

2. Friends: Going out with friends and having a good time is a great way to forget about a breakup. Your friends are bound to keep you distracted and happy so you won’t be thinking about the heartbreak you are feeling.

3. Stay active: Keeping yourself active will take time away from thinking about your ex-beau. You will be on the go so time will fly and you won’t have any free time to linger on the breakup.

How do you keep your mind off of a breakup? Comment below and let us know!

Celebrity Breakup: Ryan Seacrest and Julianne Hough

Call It Quits After 2 Years



By Jessica Conigliaro

American Idol judge Ryan Seacrest and longtime girlfriend Julianne Hough recently ended things. Hough could not handle dating a workaholic, thus ending their two-year relationship. "It's a lifestyle she couldn't handle anymore. Work always, always came first [for Ryan]. She wants a more lowkey life," a source tells UsMagazine.com.

How do you know when to call it quits in a long-term relationship?

Cupid's Advice:

You have been dating your partner for a while now and feel comfortable being around him. However, something just doesn't

feel the same anymore. He treats you with less respect and you are left questioning the relationship. Cupid's here to help you make the tough decision:

1. Opposing goals: After dating your boyfriend for over a year, you decide it's a good time to discuss the idea of marriage. To your surprise, he completely dismisses the conversation, saying he's 'not the married type'. What do you do now? If you and your partner clearly want different things in the future, end the relationship as soon as you can. Never stay with someone that will hold you back from what you truly want—you will eventually resent them for it. Find someone that wants similar things in their future as you do. Searching for that person may take a bit of time, but the end result will be ever so rewarding.

2. Negative behavior changes: Unfortunately, people often change for the worse. Your partner got a promotion at work last year and has been stressed out for months. Instead of talking about his problems, he just takes out all his anger on you and starts unnecessary arguments. When the person you are with stops respecting you the way he used to, write it down in a journal. If you find yourself constantly jotting down your troubles, this is your cue to leave the relationship. Keeping tallies also reassures that you are not making any rash decisions; the problem is a recurring one, and is unlikely to go away. End things before they get even worse.

3. Pile of lies: Throughout your 2-year relationship, you were always suspicious of your man lying to you on occasion. He would never confess to leaving a mess in the kitchen, or forgetting to turn the T.V off before bed. In the past, the lies were so small that you disregarded them completely. If there's a small problem in your relationship, address it before it becomes worse. If you ignore the little nuances, your partner's tiny fibs will get increasingly worse, leaving you hurt mad at yourself for ignoring the signs. If an issue in your relationship is drastically escalating beyond your

control, it might be time to consider walking away entirely. Some problems simply can't be fixed.

How do you know when to end serious relationships? Share in the comments below:

How Celebrity Couples Overcome Their Stressful Lives



By Whitney Baker

While it's tempting to think that celebrity couples never experience the ups-and-downs of real life, that's not always the case. Like everyone else, they must survive personal heartbreak, career letdowns and various forms of rejection – and they must do it all in the public eye. Of course, being a Tinseltown twosome means that they have money and means to overcome their stressful lives, perhaps by doing one of the activities below.

1. Learning something new: Although stars are often on set for long hours or traveling for various commitments, there is always downtime during their hectic schedules, giving them time to pick up a new hobby. For instance, Curtis Stone, who has a son with fiancée Lindsay Price, hopes that he and Price can learn how to speak Spanish and then teach their son the language.

Related Link: [Celebrity Couples Who Have Turned Over a New Leaf](#)

2. Taking an extravagant vacation: Thanks to their hefty paychecks and flexible jobs, stars can jet off to Mexico or the Caribbean on a whim. Some of them even own their own private planes, making it extra easy to take a last-minute vacation. After co-hosting ABC's *New Year's Rockin' Eve* with Jenny McCarthy, Ryan Seacrest headed down to St. Barts for some fun in the sun with his long-time girlfriend Julianne Hough. This trip provided some much-needed R&R for the busy couple: Seacrest is gearing up for the twelfth season of *American Idol*, while Hough is promoting her upcoming movie *Safe Haven*. Likewise, Reese Witherspoon, Jim Toth and their three children spent the holidays in Hawaii.

3. Enjoying normal, domestic activities: Sometimes, just doing basic, everyday chores helps alleviate the pressure that comes with being rich and famous. When their schedules align and Carrie Underwood and husband Mike Fisher are both at their

Nashville home, they like to keep things simple: they often spend time cooking and watching television together. Underwood likes to keep a similar routine when she's on tour, often doing her own laundry on her days off.

4. Donating to charities: While stardom certainly comes with stress, it also includes many wonderful perks. One way for stars to fully appreciate how blessed they are is by giving back – and no couple does this better than the Duke and Duchess of Cambridge. Kate Middleton is making sure her charitable donations reflect on her pregnancy; in January, she gave both a hamper of new baby products and a package of baby clothes to one of her favorite causes, East Anglia Children's Hospices.

Related Link: [Recovering Neuroscientist Don Vaughn Talks About Finding Love and Changing the World With Music](#)

5. Adopting a puppy: Similarly, many celebrities show their goodwill by rescuing dogs from local shelters. These furry creatures provide them with constant companions despite their busy schedules. At the start of the New Year, Miley Cyrus and Liam Hemsworth adopted a Chihuahua-mix puppy, Bean, who joins their family of four other rescued dogs. Likewise, Katherine Heigl – who even started her own animal companion charity – and husband Josh Kelley have a full house: they're raising their two daughters alongside seven rescued dogs.

How do you and your partner handle stress? Tell us in the comments below!

Julianne Hough and Ryan Seacrest Spend Thanksgiving Weekend in Los Cabos



By Nic Baird

Media personality Ryan Seacrest and dancer Julianne Hough enjoyed their vacation in Mexico this weekend, according to [People](#). The couple took a romantic stroll, hand-in-hand, along a beach in Cabo San Lucas, Saturday. Despite a lavish Thanksgiving meal a few days earlier, Hough maintained her toned physique while sporting a bikini. On the other hand, Seacrest showed no skin in a hat, shirt, and shorts. The pair met in 2007, when the *Dancing with the Stars* and *American Idol* sets were across the hall from each other.

Where are three romantic Mexican vacation spots to book with your partner?

Cupid's Advice:

Romantic vacations send sparks flying in any relationship, and lavish getaways in exotic locales are closer than you think. If you're thinking of dipping your toe in those warm tropical waters, take a look at these three exciting spots:

1. Playa del Carmen: A small town about an hour south of Cancun, Playa del Carmen was originally a fishing village, but now exists as a centre of tourism to Mexico. You get the beautiful warm Caribbean waters without all the hustle and bustle of Cancun. And for scuba divers, the world's second largest coral reef is right off the coast.

2. Puerto Vallarta: A well balanced tourist city; perhaps the full package. History, ecology, and tourist attractions litter the sites of Puerto Vallarta. No matter what kind of relationship you're in, you'll find something here. The Splash water park, and Vallarta Adventure Center offer great programs for couples or families who are looking to play on the slides, or swim with the dolphins.

3. Tulum: Once a secluded getaway, the Cobá port houses some of the best preserved Mayan ruins, and breathtaking underground water caverns. Definitely the quietest option for a romantic getaway, the New York Times describes it as a "yoga aesthetic" for the well-traveled boomer era professional. Eco-adventures and plenty of accommodation make it the perfect spot for a magical getaway with your spouse.

Know of any other great spots in Mexico? Share your experiences below!

Julianne Hough Reveals How Ryan Seacrest Spoils Her



By Nic Baird

Dancing With The Stars' Julianne Hough gushed about boyfriend Ryan Seacrest at the Sunday Emmys, according to UsMagazine.com. Hough called Seacrest "extremely romantic." At the award show, Hough revealed a recent birthday gift the media personality had given her. "I had picked out an outfit randomly [in a magazine]," Hough told Seacrest's E! colleague Giuliana Rancic. "[F]ive months later, he had the whole outfit [purchased]." Seacrest even tried to dress his girlfriend of two years for the Emmys, but admits "[hers] was the right

choice!”

What are some ways to make your partner feel special on their birthday?

Cupid's Advice

Birthdays are the perfect time to make your partner feel special. There's never a better time to show you appreciate their existence, than the anniversary of the day they were born. Follow these tips to communicate how much that makes you happy:

1. Be excited: It should be clear to your partner how excited you've been for their birthday if you planned a party or spent time on a thoughtful gift or activity. Regardless, be happy and excited to celebrate your partner's birthday. Some people are sensitive on their birthdays, so you need to show enthusiasm and give them tons of positive attention.

2. Celebrate with others: Encourage your partner to socialize on their birthday, or arrange a dinner with friends yourself. It's important they get attention from their friends and family to feel valued. Make sure this is happening, even if they seem hesitant.

3. Don't be empty handed: This doesn't mean you have to buy any sort of expensive gift. Just show you put enough thought into their birthday to get them a present or arrange some celebration. As their significant other, it's partially your responsibility they feel appreciated. If you come up with nothing, what are they supposed to think about your relationship?

What have you done to celebrate your partner's birthday? Share your experiences below.

Julianne Hough Proclaims Love for Ryan Seacrest On Air



Julianne Hough has nothing to hide when it comes to the love she has for her man. The *Rock of Ages* star declared her love for boyfriend Ryan Seacrest on Friday while promoting her new musical movie on his radio show. According to [People](#), 22-year old Hough closed the flirty interview with a simple, “Alright. Love you. Bye” after Seacrest complimented the movie and shared how proud he was of his gorgeous gal. The radio host was later teased by members of his staff for not returning the ‘I love you.’ But between Seacrest’s praise over his girlfriend and Hough’s declaration, love seems to be the least

of their worries.

What are some ways to tell your partner you love them for the first time?

Cupid's Advice:

Telling your significant other you love them for the first time is a huge step in any relationship. Here are some tips to help you communicate your feelings in the best way:

- 1. Go on a special date:** Plan an amazing, romantic date that sets the mood for what you want to say. Show your honey how the night is different from the rest.
- 2. Present a nice gift:** Great gifts can easily serve as an 'I love you.' Imprinting those three magic words on a piece of jewelry can be a unique way to always remember the moment.
- 3. Invite them to meet your family:** Show your sweetie how important they are by allowing them to meet your family. A family dinner is a great step to take right before you say 'I love you.'

How did you tell your other half you love them for the first time? Share your story with us.

Julianne Hough Reveals the Secret to Her Relationship with Ryan Seacrest



Julianne Hough does not take her relationship for granted. [People](#) reports that the dancer has a difficult time coordinating schedules with radio personality Ryan Seacrest, her beau of nearly two years. “[Balancing your career and a relationship] is a hard thing to do, especially when you’re so caught up in your work and bettering yourself,” said Hough. “I’m so lucky that I have a great relationship. I’m very blessed and I don’t take anything for granted. I think if you alienate people and just focus on your work then it just becomes lonely and it’s not fun anymore.”

How do you balance your career and relationship?

Cupid’s Advice:

Balancing your career and your personal life is tough, but it’s even more difficult when you have to coordinate with your partner. Here are a few ways to balance your career and

relationship:

1. Plan a date night: For the extraordinarily busy worker, a date night is a must. Set aside time at least once a week where your only focus is on your partner. Put away all cell phones and laptops and enjoy the evening together.

2. Include your partner: On nights when you have too much work to go out, invite your partner to help you. Ask for your significant other's insights on your latest project or ask for their help sorting through old emails.

3. Be open with your partner: Don't feel guilty about your career. If you know work will soon be overwhelming, let your partner know that you'll be a little occupied in the coming weeks. Your mate will appreciate your honesty and will help you work around your schedule.

Do you have a difficult time managing your career and a relationship? Feel free to leave a comment below.

Kim Kardashian Files for Divorce From Kris Humphries





After just 72 days of marriage, Kim Kardashian and Kris Humphries are getting a divorce. According to *People*, Kardashian filed for divorce on Monday. The fashion forward reality star recently denied rumors that her marriage was on the rocks. Now, she's listed the reason for the divorce as the Hollywood cliché, "irreconcilable differences." So why the breakup? A source says that the couple couldn't take the demands of being a reality TV couple. Producer Ryan Seacrest announced on his show that Kardashian got caught up in all that was going on.

How do you keep from getting caught up in the fantasy of a relationship?

Cupid's Advice:

1. Take it slow: If your relationship is moving fast, take the time to stop and reevaluate. Don't rush into a marriage or committed relationship.

2. Too good to be true: If you and your partner are madly in love and haven't had any problems, this relationship could be

too good to be true. The truth is, if it feels that way, chances are it is. A little disagreement in a relationship can be a good thing.

3. Take some time off: Being around someone all the time can cloud up your perspective. It's okay to take some time away from each other once in a while, whether that means going out with friends or spending weekends apart. You'll come back refreshed and missing your mate.

Have you ever had to end a fantasy relationship? Share your experience below.

Ryan Seacrest Dances with Julianne Hough at 'Footloose' Party





The *Footloose* premiere after-party was all about cutting loose for Julianne Hough and boyfriend Ryan Seacrest, according to UsMagazine.com. Although Seacrest is usually not one to dance, he made an exception for *Dancing With the Stars* alum Hough to show his support for her accomplishments. “Julianne was so happy because apparently Ryan never dances and this was the exception he made for her, because he was so happy for her,” said a party guest. The *Footloose* star admits that she didn’t expect her beau to hit the dance floor. “It’s like really awkward, but really cute,” she said of Seacrest’s skills. “My brother Derek does a better impression.”

How do you know when your partner really cares about you?

Cupid’s Advice:

It can be difficult to read the signs when it comes to deciphering whether your partner truly cares about you. Here are some ways to tell:

1. Outside of comfort zone: If your significant other steps outside their comfort zone and does something for you that he

or she would not normally do, it's a safe bet that they care about you. Ryan Seacrest did just that by dancing with girlfriend Julianne Hough.

2. It's the little things: When your partner buys you flowers "just because" and picks up small things here and there that remind them of you, that's a great sign. It means you're constantly playing a part in his or her life.

3. Show off: When your mate shows you off to his or her friends, it means they're not ashamed of you and, in fact, are proud to be with you.

How did you first know your partner cared for you? Share your experiences below.

Celebrity Couples Who Look Hot At a Pool Party





By Diamon Hall

Celebrities might have busy schedules, but as soon as they get a break, they take full advantage of it with fun-filled vacations. Snapshots of poolside parties and romantic strolls on the beach hit the tabloids each day, documenting their experiences. Take a look at our list of five hot famous couples at some of the top vacation spots:

1. Ryan Seacrest and Julianne Hough: *American Idol* personality, Ryan Seacrest, and his young hottie, *Rock of Ages* star Julianne Hough, took some time off from the big screen to enjoy a vacation together. Hough, 22 and her man, Seacrest, 36, were spotted jet skiing together in Miami. "The couple said they had spent so many days apart, they really wanted to chill," a source told *People*. Well, they certainly couldn't stay apart on this fun-filled escape.

2. Ciara and Amar'e Stoudemire: R&B singer Ciara showed off her "goodies" on Miami Beach with her new honey, New York Knicks star Amar'e Stoudemire. Ciara certainly wasn't the only one showing off her body though. Stoudemire trotted through the sand shirtless, but with New York Knicks shorts on

and flaunting his many tattoos. Nothing shows off a new couple better than a beachside vacay.

3. Ashley Tisdale and Zac Efron: Ashley Tisdale enjoyed her 26th birthday beachside with *High School Musical* costar Zac Efron, according to *People*. The 23-year-old hottie, Efron, was spotted giving Tisdale a piggyback ride as the two marked the VnC Cocktails and Heineken Light-sponsored milestone in Malibu, Calif. “So happy zacary made it to my party,” Tisdale tweeted.

4. Katie Holmes and Tom Cruise: These two hot stars took a splash in the water on a beach side getaway. Holmes, 31, showed off her bikini body while lounging by the pool in Miami Beach, Fla. Holmes certainly didn’t let her sexiness go to waste and gave hubby Tom Cruise, 48, a passionate kiss.

5. Channing Tatum and Jenna Dewan: This Hollywood couple was spotted along the shore during their stay at Viceroy Anguilla in the Caribbean. Both are usually seen on the big screen, but decided to get away and take a dip in the tropical islands.

Who doesn’t love to kick back and relax on enjoyable vacations? These popular couples took their escapes to a much higher level. Working in Hollywood can be very hectic, so we definitely don’t blame them!

Ryan Seacrest and Julianne Hough Make Emergency Trip to

the Vet



Julianne Hough and boyfriend Ryan Seacrest bonded this weekend over an unfortunate event, according to [People](#). The couple made an emergency trip to the veterinarian's office with Hough's Cavalier King Charles spaniel, Lexi. While the actress/singer didn't specify what was wrong with her beloved pooch, she tweeted, "First time I legitimately [bawled] my eyes out in years... Being a helpless parent is the worst thing in the world!" Luckily, Hough later reassured her fans that Lexi was doing okay. Good thing Seacrest was there to support her!

How can owning a pet together enhance your relationship?

Cupid's Advice:

Sharing the unconditional love you receive from a pet with your significant other can make it even more special. Cupid has some ideas on why it's so great to own a furry friend with your mate:

1. Take care: Pets can often be like our children, and caring for a furry (or scaly or feathery) friend can help bring you closer together.

2. Share the burden: When you experience a difficult situation with your pet, like Julianne Hough and Ryan Seacrest's emergency visit to the vet, it's easier when you and your partner can go through it together.

3. Love better: More than anything, animals teach us how to love unconditionally. You and your significant other can use lessons learned from your pet to strengthen your own relationship.

How has owning a pet made your life better? Share your comments below.

Julianne Hough Talks Babies ... With Ryan Seacrest?





Dancing with the Stars pro and country music singer Julianne Hough is only 22, but she's already thinking about children, according to UsMagazine.com. Hough, who has been dating Ryan Seacrest for a year, said she wants to be ready physically when she gets pregnant. "I don't want to have kids anytime soon, but when I do, I want my body to be healthy." The blonde bombshell said she keeps fit by avoiding processed foods and going to high-intensity cardio dance classes.

What are some changes you need to make to be healthy for pregnancy?

Cupid's Advice:

When you have a baby, you want to make sure he or she is healthy by being healthy yourself. Cupid has some tips on how to make sure your body's ready for a baby:

1. Exercise: Even when you're pregnant or plan on becoming pregnant, you should still try to do some sort of physical activity every day. While you don't have to do cardio dance like Julianne Hough, yoga or walking are other less strenuous

options.

2. Eat right: Make sure you are getting all the vitamins and minerals you need by eating plenty of fruits, vegetables, whole grains and lean protein. Once you're pregnant, be sure to keep up with the prenatal vitamins.

3. Stop smoking and drinking: If you're planning on having a baby soon, stop smoking and drinking heavily. It's important to make these changes as early as three months before you get pregnant.

How do you plan to prepare physically for pregnancy? Share your comments below.