

Scarlett Johansson and Ryan Reynolds Get Together for Friendly Meal



Who says you can't be friends with your ex? Recently divorced Ryan Reynolds and Scarlett Johansson announced right after their split that they wanted to remain kind with each other. Well, they stayed true to that commitment last Friday! The ex-celebrity couple was seen sharing a "friendly meal" at Blue Ribbon in New York, and sources tell [People](#) that they were "smiling and laughing the whole time." The pair grew apart because of their demanding schedules, but they're not giving up on friendship! **To what degree should you remain friendly with your ex-partner?**

Cupid's Advice:

Ryan Reynolds and Scarlett Johansson are proof that you can remain friendly with your ex-partner. The question is, how

friendly is too friendly? Cupid has some guidelines to follow:

- 1. Drop the pet names:** Some couples find it hard to get out of the habit of using pet names. Don't make this mistake! If you must use them after a breakup, try "bud" or "pal."
- 2. Keep gossip to a minimum:** When you're hanging out with your ex, make sure you know your boundaries when it comes to the "inside scoop" on your life. In other words, keep the details of your new love life to yourself.
- 3. Don't be touchy:** When you go out with your ex for a friendly get-together, be sure to keep your distance: literally. If you're constantly hugging your past love, some past feelings are bound to make their way to the present. Try a friendly handshake as a healthy alternative!

Ryan Reynolds and Scarlett Johansson Split





Another prized Hollywood couple has decided to call it quits. Ryan Reynolds and Scarlett Johansson have officially separated with the intent to divorce, according to [People](#). In a joint statement they say, “After long and careful consideration on both our parts, we’ve decided to end our marriage. We entered our relationship with love, and it’s with love and kindness we leave it. While privacy isn’t expected, it’s certainly appreciated.” Although the pair were just seen out in NYC together last month, a source close to the situation says that it was Johansson who initiated the split. The two wed in 2008 in a private ceremony in Reynold’s hometown of Vancouver.

How do you start over after a divorce?

Cupid’s Advice:

There’s no doubt about it: divorce is devastating. Here are some tips on how to transition from living with your partner to living alone:

- 1. Get some “me” time:** First and foremost, take some time out for yourself before dealing with the “media” of your family and friends. Grab a close friend and head south a la ScarJo-style for some down time.
- 2. Indulge in a hobby:** Spend some time doing things that make

you happy before your divorce. The familiar routine will keep you sane for a little bit longer.

3. Work it out: Try exercise as a form of stress release. Endorphins will make you feel better, as they are natural pain and stress fighters.

Ryan Reynolds Wants a Private Relationship



Ryan Reynolds may be happy with his marriage to Scarlett Johansson, but he isn't a fan of his relationship being dissected by the tabloids. In a recent interview with [GQ](#), Reynolds discussed his views on marriage and privacy. The actor, who married Johansson two years ago, explained, "Things change when you get married in general. But in terms of being a couple that's in a public

situation and speculated about and all that nonsense, it's changed a little bit. I'm a little more guarded, I think.

I'm a little bit more wary of having my relationship turning into a soap opera. I've just unilaterally not addressed it.

That's kind of been the fail-safe for me ... I choose to remain as private as possible without being secretive." Reynolds went on to say that though he and his wife deal with many rumors, marriage is still "the best part of [his] life."**What things should be kept private in a relationship?**

Cupid's Advice:

1. Personal information: You and your loved one undoubtedly know each other well, but this familiarity requires respect. Sharing personal secrets can hurt your partner. Don't air your dirty laundry in public, and consider not airing it at all if you think it could bring hurt feelings to your relationship.

2. Disagreements: After a fight, you may want to run to your nearest friend and share all the details. While this may relieve some of your stress, sharing unresolved conflicts can cause your friends to form negative opinions of your beau. Wait until the conflict is resolved, and then decide if you need to share it.

3. Level of seriousness: When you're in a promising relationship, you may feel the urge to tell the world that you have finally found "the one." This divulgence, if premature, may make your beau wary. Keep your intense feelings private for the time being, and he will probably feel more comfortable.