

Eva Mendes Gets Giggly Over Ryan Gosling on 'Ellen'



Actress Eva Mendes appeared on the *Ellen DeGeneres Show*, and she managed to keep her rumored relationship with heartthrob Ryan Gosling under wraps – sort of. The talk show host didn't exactly assume that the couple was dating or that they'd ever even met, but she did get Mendes a gift to give to the *Crazy Stupid Love* actor in case she happened to run into him. Supposedly the two movie stars have something in common, and that's their love for onesie pajamas. "Because he likes them so much, when you see him – *if* you see him, if you run into him – I've got a gift that I think both of you would have fun [with]," DeGeneres joked, according to [People](#). "[This could] especially [work] as an icebreaker when you meet him for the first time."

What are some ways to keep a new relationship a secret?

Cupid's Advice:

You wouldn't want to spoil a new relationship by letting word get out too quickly! Cupid has some tips to keep things quiet until you're ready to go public:

1. Location: If you're going out on a date, don't pick a hot spot where you know there's the possibility of seeing friends or family. It will be fun to explore a new area and go to a restaurant that you've never been to before as a couple.

2. Rumor mill: The best way to prevent rumors is to withhold any kind of information that can get the mill churning. If you have friends or co-workers that you know are nosey-nellies, avoid talking about your new found crush in front of them.

3. Play it cool: When you start dating someone new it can be the only thing that's on your mind, but if you want it kept a secret, you have to learn to be subtle. If people question you, reply with a friendly answer and nonchalant tone to make it seem like it's not a big deal.

Have you ever had to keep a new relationship a secret? Share your comments below!

**Reduce Stress and Maximize
Romance this Winter**



By Lindsay Kriger

During the hectic holiday season, it's easy for stress levels to rise, which can sometimes equal the downfall of romance and intimacy.

To ensure you and your sweetie don't turn sour on each other, here are some of my personal tips for relaxation that you and your partner can practice to help keep you breathing easy this season:

1. Devote a little time to indulging in like-no-one's-watching fun.

Newlyweds Nikki Reed and Paul McDonald are known for loving to hit the dance floor. They've been seen together at many a club cutting a rug. That said, it's time to take their lead and relax with your mate by going out dancing. You'll not

only enjoy an intimate evening due to sensual physical contact, you'll also melt away stress and raise your serotonin levels with all that great exercise. And you'll burn lots of calories to boot – by shaking your booties!

2. Share spiked hot cocoa by a fireplace.

If no fireplace is at the ready, light lots and lots of candles. Bring some blankets into the mix. A touch of quiet flame-lit togetherness will soothe your addled nerves, and it's has been known to seriously soften the mood.

Related: [Date Idea – Spend an Intimate Night Inside](#)

3. Get outdoors with your sweetheart.

Take a cue from lovebirds Ryan Gosling and Eva Mendes, who were recently photographed strolling around Paris hand-in-hand. Even if Paris isn't in the cards this winter, getting outside and breathing in some chilly fresh air might be an invigorating and rejuvenating move. Leaving your phone at home, put on your coats, hold hands and walk together – even if it's just around your own neighborhood. It'll enable you to devote time to connecting, talking and truly listening to one another – all of which are essential steps to strengthening your bond.

Related: [First Date Outfit Ideas – Outdoor Festival](#)

4. If it's too cold to venture outside, stay in and cook together.

Learn how to bake apple pie from scratch. Rolling and punching dough is fantastic stress relief – plus it's kind of sexy. Also, studies have shown vanilla and cinnamon to be some of the ultimate aphrodisiac scents, so be sure to mix lots of these flavors into your recipe.

5. Take a hot bubble bath together.

While you're at this indoor-activity stuff, since the weather is foul, climb in a hot bubbly bath together. Lots of delicious-smelling products and lots of physical intimacy are your ticket to a stress-free night. It's like a free couples' therapy session.

6. Do yoga – and strrrreettttttccchhh the stress out of your body.

On your own, yoga is great for your mind and body and can really help reduce the anxieties of everyday life. Bringing your partner into the experience is great, too, as it adds in a touch of sensuality. After all, it's always wonderful to have the opportunity to touch and be touched by your partner.

As you each help the other to move your bodies in new ways, it might even give you new ideas for how to move your bodies once you're off that yoga mat. Yep, a few good downward-facing dogs and you may both find yourselves feeling refreshed and energized for romance in no time!

Lindsay Kriger is a New York University grad with a B.A. in Psychology. She has trained with the PAX Mastership and Leadership Program, taught by internationally recognized Relationship Expert Alison Armstrong, and at 22 is the program's youngest trainee to date.

Eva Mendes Meets Ryan Gosling's Mom





It seems as though Ryan Gosling brought in the New Year right with his two leading ladies by his side. After spending some quality time together earlier during the day on Sunday, Gosling and his mother, Donna, met up with Gosling's girlfriend, Eva Mendes at an AMC movie theater in uptown Manhattan. A source told [People](#) that Gosling and Mendes seemed very happy as the trio hung out and went to the movies together.

How do you prepare to meet your partner's parents?

Cupid's Advice:

Meeting your partner's parents is a big deal; sometimes their feelings about you can give your mate the final seal of approval ... or at worst, denial. Cupid has some advice:

1. Dress appropriately: When it comes to meeting your mate's parents, especially for the first time, it's always best to wear something respectable and not so revealing. You want them to focus on getting to know you instead of giving a bad first impression as soon as you set foot outside of the car.

Think classy instead of tacky.

2. Be social: Sure, meeting the parents for the first time can cause you to become a bit nervous, but make sure to remain calm and cool. Ask questions and casually keep the conversation going to show them that you're just as interested in getting to know them as they are in getting to know you.

3. Be you: There's nothing worse than being fake, and it's pretty obvious when you're doing it. The important thing parents want to know and see when they meet you is why their son or daughter fell in love with you. Be honest and confident.

How did you prepare when you met your partner's parents for the first time? Share your comments below.

George Clooney and Jennifer Aniston Dominate 'Dream Smooch' Survey





With New Year's Eve around the corner, people are beginning to dream about who they'd love to lock lips with at midnight. According to a recent survey of over 1,000 readers from [omg!](#), the two who dominate this list are Jennifer Aniston and George Clooney. For the celebrity men, the survey reported that 28 percent of women wish for a smooch from Clooney on Dec. 31 with Johnny Depp coming in at a close second with 27 percent. Surprising to most, star of *Crazy, Stupid, Love* and *The Notebook* Ryan Gosling only stole 7 percent of women's dream kisses. On the female celebrity side of things, Aniston, the star of *Friends* and *Horrible Bosses*, captured 22 percent of men, while Halle Berry came in second with 18 percent.

If you could share a kiss with a celebrity at midnight, who would it be? Share your choices below.

Ryan Gosling and Eva Mendes Take a Morbid Tour of Paris



Death has never been this romantic for Ryan Gosling and Eva Mendes. The couple spent their date night Friday evening touring Paris' famous Pere-Lachaise, or "City of the Dead." The area is the final resting place of celebrities such as Jim Morrison, Oscar Wilde and Edith Piaf. Following their tour, Gosling, 31, and Mendes, 37, went down to the city's famous Catacombs of Paris, a location where over 6 million Parisians are buried. Despite all of the death, the couple stayed close. "They were holding [hands](#) and there was a lot of tenderness between them," an observer told [People](#).

What are some creepy, yet romantic, date ideas?

Cupid's Advice:

Although rather unorthodox, a scary date may help you and your love interest push each other outside of your comfort zones to a place of bonding. Cupid has a few suggestions:

1. A deathly hallway: A haunted house is a great way to spice things up on a cool evening. It will keep you both close and give you both a few laughs and scares later on.

2. Scary movie marathon: No, we're not talking about satirical slasher films. On a night in, watch some movies that scare you both a bit, and cuddle up to each other for comfort.

3. Cemetery walk: On the surface, a stroll through a cemetery may seem weird, but a night walk is always a great way to talk, and with no loud distractions near you, it'll be easier to listen. It may even be peaceful.

What are some other creepy romantic date ideas? Share your thoughts below.

5 of the Sweetest Movie Moments





By Tanni Deb

Whether we admit it or not, we all enjoy a good love story – the ones that make our hearts beat, our pulses race, and the tears flow. We love getting caught up in the magical moments and gushing over romantic scenes. You probably have your own top Sweetest Movie Moments, but join us as we count down some of ours:

5. A Walk to Remember: If you're a hopeless romantic, this movie and its leading characters, Landon Carter (Shane West) and Jamie Sullivan (Mandy Moore), will leave you sobbing at the end. After a dangerous dare goes badly wrong, rebellious Landon is made to do community service, where he seeks help from bookish and religious Jamie – the girl he eventually learns to love. When he discovers the secret she's been carrying for two years, he plans a date at night to star gaze. He asks her to search for a specific star, and when she questions him about it, he says he had it named after her. The scene is sealed with a kiss.

4. 50 First Dates: When Henry Roth (Adam Sandler) meets Lucy Whitmore (Drew Barrymore) in a café, they decide to meet again the following day. However, when Henry returns, Lucy doesn't have a memory of him, or their previous meeting. When he's told that since the day she got into a car accident she's been unable to retain new information, he devises new ways to meet her every day, hoping that one day she'll remember him and will return his feelings. The sweetest – and most powerful – scene in the film comes when Henry discovers that Lucy has been singing, and she might remember who he is. He runs to the hospital and asks her if she recognizes him. She says “no,” but explains that she has been dreaming of him every day. When she leads him into her studio, it is filled with paintings she drew of him! Believing that this is proof of their love, they reunite.

3. You've Got Mail: If you think you can't find love online, then this is the movie to watch. Joe Fox (Tom Hanks) and Kathleen Kelly (Meg Ryan) are business rivals who began writing emails back and forth, without knowing each other's identities. Over time, romantic feelings develop, and Joe later realizes that the person he's been writing to the entire time has been Kathleen. At the end, they decide to meet, and Kathleen is not only shocked, but also excited to know that her cyber friend was him all along. She admits that she was hoping it was him, and the two passionately kiss.

2. The Notebook: This love story is one you'll watch repeatedly with a box of Kleenex next to you. It's the tale of small-town boy, Noah Calhoun (Ryan Gosling), who falls in love with rich and beautiful Allie Hamilton (Rachel McAdams). Even after Allie is diagnosed with Alzheimer's disease and fails to recognize her family, or him, he never leaves her side. Instead, he decides to grow old with her in a nursing home and attempts to bring her memories back. Sure, this romantic film has many sweet moments, but perhaps the scene

that makes you realize how much he truly loves her is when, many years later, his children ask him to leave the rest home and return home with them. He says, "Look guys, that's my sweetheart in there. I'm not leaving her. This is my home now. Your mother is my home." Quick, pass me one of those Kleenexes.

1. The Wedding Singer: This is another romantic comedy film, once again teaming Adam Sandler and Drew Barrymore together, who always manage to create some of the most romantic movie scenes. In this film, Sandler is a wedding singer who falls in love with Barrymore – a waitress. When he discovers that her fiancé is cheating on her and doesn't plan on stopping after marriage, he attempts to pursue her. There are plenty of sweet moments in this movie, but the one that will make your heart melt is at the end, when Sandler sings a song for Barrymore on an airplane. Who wouldn't fall for a man like that?

If one of your favorite sweetest movie moments didn't make it onto our list, let us know in a comment below! In the meantime, make sure to check out the movies mentioned above and let us know what you thought about them.

Ryan Gosling Talks Up Past Girlfriends





Ryan Gosling's nostalgia is keeping him off the dating market, reports [Hollyscoop](#). The *Drive* actor revealed in an interview that he is not currently dating, despite many rumors. "There's interest, but I'm in a committed relationship with film," said Gosling. "I'm giving as much to it as marriage." Gosling also mentioned his previous girlfriends, Sandra Bullock and Rachel McAdams, and said they were "two of the greatest girlfriends of all time. I haven't met anybody who could top them."

What are some ways to stay on good terms with your exes?

Cupid's Advice:

Staying friends with an ex is almost always difficult, but it doesn't have to be. Here are a few tips to help you befriend your ex:

1. Remember your breakup: If the two of you had a messy breakup, then maintaining a friendship will be difficult. It's still possible to be friends, but keep your breakup in mind when you try to reach out to them.

2. Contact them: Even if the two of you don't hang out or call each other on a weekly basis, send your ex a quick email every now and then asking after their health and well-being.

3. Rely on mutual friends: Transitioning from a relationship to a friendship can be very awkward. Rely on your mutual friends to ease the transition. Hanging out in large groups can give you a chance to chat with your ex without the conversation going sour.

Are you friends with your ex? Feel free to share your story in a comment below.

**Crazy Stupid Love featuring
Steve Carell, Julianna Moore,
Ryan Gosling and Emma Stone**





Cal Weaver (Steve Carell) and his wife Emily (Julianna Moore) live a great life together – that is until she admits she had an affair and wants a divorce. Now Mr. Weaver is off to play the single world with some help as he plays wingman to Jacob Palmer (Ryan Gosling), a handsome player. Sure the makeover is helping Weaver play the field, but one thing that didn't change is his love for Emily.

What are the best ways to handle a break-up?

Cupid's Advice:

Everyone responds differently when a relationship ends, but there are some things to consider. Cupid's got some answers.

1. Patience is a virtue: Although there's no scientific method to determine the "mourning period," rushing into another relationship can be a quick fix, but in the end is more damaging.

2. Soul-searching: Take the “mourning period” to focus on yourself; evaluate your past relationship and find out what you’ve learned and what you can do differently when you are once again ready to date.

3. Closure is crucial: Whether it’s getting your favorite shirt back or keeping distance for a long time, it’s important to close the door on your relationship. Nobody wants to date someone else while they are thinking of a past lover.

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The 5 Best Steamy Movie Kisses





By Tanni Deb

From the spaghetti dinner kiss between Lady and the Tramp to John and Savannah's passionate liplock in *Dear John*, Hollywood love scenes never fail to make our hearts race. Although there are plenty of romantic movie kisses that are list-worthy, here are our five favorite onscreen smooches ever:

1. *Titanic*: James Cameron made us laugh, cry and fall in love with leading characters Jack (Leonardo DiCaprio) and Rose (Kate Winslet) in his most romantic movie to date. Coming from different classes, Jack, a penniless American who won the tickets in a poker game, and Rose, the uptight daughter of an English aristocrat, fell in love and sealed their first kiss on the bow of the movie's namesake.

2. *The Notebook*: This love story is another tale of love that knows no boundaries, with country boy Noah (Ryan Gosling) and southern socialite Allie (Rachel McAdams) finding themselves in a heated summer romance. After seven long years of no communication, the two find themselves passionately kissing in the rain. This long awaited kiss, filled with both unrequited

love and ashes of a teenage angst, is fit for anyone's teen dream.

3. *Pride and Prejudice*: Although Elizabeth (Keira Knightley) and Mr. Darcy (Matthew Macfadyen) had nothing but distaste for each other when they first met, sparks flew when they fell in love. After taking a stroll at dawn on a field, Mr. Darcy expresses his undying love for Elizabeth. Since the two went from resenting one another to finally holding hands, their kiss at the end of the movie was gladly accepted by the audience, who has come to know this classic Jane Austen movie quite well.

4. *Spider-Man*: Who would have thought that watching a man wearing a spandex hanging upside down in the rain while kissing his heart's desire could be romantic? Since he's a superhero, anything's possible! The smooch between Tobey Maguire's alter ego and Kirsten Dunst's Mary Jane was so amazing that they were awarded the best screen kiss by MTV in 2003.

5. *Breakfast at Tiffany's*: Locking lips in the rain must make for a great kiss, since this is the third smooch on our list that occurred during a shower! When Paul (George Peppard) leaves Holly (Audrey Hepburn) in the car after wondering how and why people fall in love and belong to one another, she runs after him. As rain pours down, their lip lock expresses the love they have for each other – and sort of answers Paul's question! *The Sun* reported that the 1961 film was voted cinema's best snog in 2004 by a poll of 4,000 movie fans for Valentine's Day.

Which of these movie kisses is your favorite? Share with us in a comment below!

Rachel McAdams and Michael Sheen Hit the Red Carpet Together



Expect to see more photos from this celebrity couple. Rachel McAdams, star of *The Notebook*, was seen on the red carpet with *Tron*'s Michael Sheen Wednesday at the Cannes International Film Festival, according to UsMagazine.com. The two stars of *Midnight in Paris* became a couple last year and were spotted making out at the Toronto Film Festival in September. Despite her broken engagement with Ryan Gosling in 2007, the 32-year-old actress said she hasn't given up on true love yet. "My parents are together and still in love. I'm very blessed that way," she said in *ELLE*'s June issue. "I had a great example of love in front of me, and that's probably what makes me such

a romantic, because I've seen it firsthand."

What are some appropriate ways to introduce your partner to your co-workers?

Cupid's Advice:

We'd all love to show off our lover on the red carpet, like Sheen and McAdams; however, there are some fairly simple to find an appropriate way to introduce your significant other to co-workers. Cupid has a few examples:

1. Let's do lunch: If you go out to lunch with some coworkers, maybe your partner could meet up with you and join your lunch group. It's a casual and natural way to go about it.

2. Spice up the work party: Not only is bringing along your significant other going to help entertain you at boring work parties, but he or she will be able to meet all of your coworkers that you talk to/complain about.

3. Delivery services: You may have forgotten something from home and your partner might just be able to swing by your office and hand it to you, while saying 'hello' to all of your coworkers.

Know of any other ways to introduce your partner to your coworkers? Leave a comment below.

Blake Lively's 'Gossip Girl' Mom Weighs in on Ryan Gosling



Rumors have been swirling, but it's still unclear if Blake Lively and Ryan Gosling are a couple. The two were seen getting close at Gosling's *Blue Valentine* premiere after-party, reports [People](#), but they have not confirmed a relationship yet. "[Blake is] an incredible actress; she's a good friend," said Gosling. Despite the uncertainty, Blake Lively's *Gossip Girl* costar and on-screen mom, Kelly Rutherford, approves. "It'd be great [if they were dating]," said Rutherford. "Blake's an amazing person. She's so gorgeous. He's a lucky man if they are!"

Is it important that your friends approve of your partner?

Cupid's Advice:

It's always nice to go into a relationship knowing that your friends approve, but is it a necessity? Cupid has some things to consider:

1. Your friends can see things you can't: If your friends do not approve, then it is very likely that they feel your partner is not worthy of you. Take what they say into consideration, even if you don't agree.

2. Your friend's intentions: While it's nice to believe that all of your friends want what's best for you, it's also possible that a few of them have ulterior motives. Be careful about who you trust.

3. What you want: Despite what your friends say, the choice is yours alone. Be sure not to let your friends make your decisions for you.