

# Celebrity News: Maci Bookout Reflects on 'Toxic' Relationship with Ryan Edwards in New Memoir



By [Marissa Donovan](#)

Maci Bookout's new memoir *I Wasn't Born Bulletproof...*, looks back on the struggles she had while dating ex Ryan Edwards. Despite their ups and downs, the *Teen Mom OG* star was invested in making it work for the sake of her teen pregnancy. The two continued dating, until they realized splitting up would be best for their son Bentley. Bookout expressed that it was the "most painful breakup" she's had. According to [People.com](#), the [celebrity exes](#) are both currently in long-term relationships with other people.

# In [celebrity news](#), this [reality TV](#) star shared her experience in a toxic relationship. What are some ways to know your relationship is toxic?

## Cupid's Advice:

Coping through a bad relationship is emotionally draining for you and your partner. Sometimes it's hard to tell you're in one because people normalize unhealthy relationship behavior. Here are some red flags to look out for:

**1. Thinking back instead of looking forward:** This red flag applies to happy memories and grudges. If you think about the past more often than being excited about the future, then you need to reconsider why you want to continue the relationship.

**Related Link:** [Maci Bookout & Ryan Edwards in a Parenting Battle](#)

**2. Tiptoeing around small conflicts:** Ignoring or lying about a problem for the sake of keeping the peace is more harmful than confronting the issue. This behavior always leads to a huge fight, which is something that must occur often if this happens while you're together.

**Related Link:** ['Teen Mom 2' Star Leah Messer Finalizes Celebrity Divorce No. 2](#)

**3. There's self-doubt within the relationship:** Lacking confidence in yourself because to how your partner treats you can be harmful to your overall health. If you or your partner is developing bad habits or feeling helpless, end your relationship.

Will you be reading Maci Bookout's new book? Let us know in the comments!

---

## 'Teen Mom' Maci Bookout Says New Beau Is Her 'Perfect Lover'



*Teen Mom* star Maci

Bookout may have had relationship problems in the past with her baby daddy and ex-boyfriend Ryan Edwards, but things seem to be looking up with her new beau, Kyle King. According to [UsMagazine.com](http://UsMagazine.com), Bookout tweeted, "I love my perfect lover, Kyle King!" last Sunday. Bookout gave birth to her son, Bentley, 2, in October 2008. She moved in with her then-boyfriend Edwards, but bitter fights and drama led to her moving back in with her parents in Chattanooga, Tennessee. Shortly after moving back, she became reacquainted with her

childhood pal, King ... and love spawned from there!

**What makes your man the “perfect lover”?**

**Cupid’s Advice:**

There may not be an absolutely perfect lover, but some couples mesh so well that it may seem that way. Cupid has some ways to know you’ve landed a good one:

- 1. Butterflies:** If your stomach churns every time you’re around him, and your mushy thoughts center around him when he’s not there, it’s definitely a good sign.
- 2. Sweet gestures:** Your man buys you flowers “just because” and is thoughtful when it comes to things that count.
- 3. Chemistry:** There’s definitely something to be said for chemistry. If it seems like he’s your other half and you’re a better person when you’re around him, he might just be the perfect guy for you!

**What makes your beau the “perfect lover”? Share your thoughts below.**

---

## **Maci Bookout & Ryan Edwards in a Parenting Battle**





Ouch! If being a

teenage mom wasn't hard enough, things just got harder for the MTV's *16 and Pregnant* star, Maci Bookout. After splitting up with her baby daddy Ryan Edwards, the devoted *Teen Mom* star tells [US Weekly](#) that she and her ex-beau have a hard time agreeing on how their son Bentley should be raised. She talks about how she struggled to ween her 22-month-old son off his pacifier, and learned that Edwards gives Bentley his pacifier whenever the child is with him. Bookout says, "I think Ryan spoils Bentley and really has no boundaries as far as discipline. With me, I don't want Bentley to grow up and be a brat when he's 4 years old."

**What do you do when you and your ex can't agree on how to raise your child?**

### **Cupid's Advice:**

Raising a child can be very difficult. Co-parenting with different views can make things even worse. Cupid has some tips to make things easier:

**1. Compromise:** If you and your ex can't agree on something, then it's best if both parties relinquish a little control and find middle ground that will ultimately benefit your child.

**2. Communicate:** It's important that both parents put their differences aside and talk things out with one another. Poor

communication opens the door for children to manipulate situations to his or her benefit. If your child can't have dessert this week, then your ex needs to know that, too! Worst-case scenarios can lead to a child not being picked up after school or missing important medical treatments.

**3. Equality:** Don't throw all responsibility at one parent. It makes for a more civil atmosphere and better upbringing for your child if you and your ex share an equal amount of the responsibility.