

Keira Knightley Talks Balancing Love and Her Career

☒ Focused on balancing her work life with her personal one, *Pirates of the Caribbean* star Keira Knightley was spotted smooching her new man, James Righton, in a park in East London. Righton is the keyboard player for the Klaxons. According to UsMagazine.com, the actress and the musician were introduced by a mutual friend, Alexa Chung. This is the first major relationship Knightley has had since breaking up with her boyfriend of five years, Rupert Friend. “It’s hard to have a relationship when I’m working so much,” she told [Marie Claire](http://MarieClaire.com). “But then you have to think, ‘What is actually important in life?’ Is career your only thing? That’s sad, because there’s going to come a day when you’re left lonely. It’s a difficult compromise. I think you’ve got to strive for balance. It’s the striving that counts.”

How do you maintain balance between work and a relationship?

Cupid’s Advice:

Keeping a balance between your career and your love life is one of the most difficult things to achieve. Though it may seem impossible at times, having a balanced life is possible by managing your time and keeping open lines of communication:


1. Mix business with pleasure: If you’re having a drink with your co-workers after work, invite your partner to come along. This can help bring these two very different aspects of your life together in a casual setting.

2. Set time aside: Time management is the key to solving many of life’s problems, and it can significantly help balance your love life with your career.

3. Be each other's advocates: Support your partner in his or her career and show understanding when he has to spend more time at work than you would like.

How do you balance having a great love life along with a great career? Tweet your tips to [@CupidsPulse](#) using the hashtag [#worklovebalance](#).

Keira Knightley and Longtime Boyfriend Rupert Friend Break Up

 An off-screen romance that bloomed during the filming of *Pride & Prejudice* has fizzled out. According to *People*, Keira Knightley and Rupert Friend broke up under the radar months ago due to distance and career factors. Knightley's father, Will Knightley, said, "They were together for quite a long time, and it is always hard breaking up. She's focused on her work." Here's hoping a few films and some new co-stars will help heal Knightley's broken heart!

How do you know when you should pick your career over love, or vice versa?

Cupid's Advice:

Many attest to the notion that you can have your career and love life, too. But is it really true? Cupid has some tips:

1. Sacrifice: When you find yourself making sacrifice after

sacrifice, at the expense of your own happiness, it's time to prioritize. Relationships are about compromise, so you shouldn't feel like you're letting go of opportunities for your future, whether it be wedding bells or job promotions.

2. Gut feeling: If you start feeling your relationship fizzle because you're tackling more projects at work, ask yourself if you're being fair to your partner. On the other hand, if your work life is suffering due to your relationship, it might be time to scale back on that "quality time" you're spending with your partner.

3. Goals: Setting goals is always a smart idea! Not only are you motivating yourself, but you can also learn a lot about what you're looking for in life. Determine how much you value a relationship in your life versus how much you strive for a career. Perhaps come up with a ratio.