

New Celebrity Couple: Jesse Williams Is Dating Sports Reporter Taylor Rooks



By Rhodesia Williams

In [celebrity news](#), Jesse Williams is now dating Taylor Rooks. According to *EOnline.com*, Jesse Williams, well known for his role in *Grey's Anatomy*, is now dating Taylor Rooks, an anchor for *SportsNet New York*. After Williams' [celebrity divorce](#), he dated actress Minka Kelly. After they called it quits earlier this year, Williams met Rooks. The new [celebrity couple](#) were seen Memorial Day weekend in Atlantic City, attending Kevin Hart's comedy show.

Celebrity couple alert! Jesse Williams has moved on after his divorce. What are some ways to know you're ready to date after a split?

Cupid's Advice:

Sometimes you don't want to start over, but in most cases you have no choice. Cupid has advice on ways to know when you're ready to date after a split:

1. You need time: Nine times out of 10 if you think you are ready to date after breaking up with someone a day earlier, you aren't ready. Once you've taken a good amount of time for yourself, then you will be ready. There is no specific amount of time, but when you are ready, you will feel it mentally and emotionally. Don't be afraid to take time for yourself; date yourself. It sounds cheesy, but this will help you in the long run because we all know you will kiss a few frogs before you meet your prince.

Related Link: [Relationship Advice: I'm Scared to Get Back Out There and Date!](#)

2. Listen to your feelings: Are you waking up every day with a smile or a frown? When you finally start waking up with a smile and are able to go about your day, you are just about ready. On the contrary, if you are still hurt and cry a lot, you may not be ready. Some say the best way to get over someone is to jump back on the horse, but sometimes we are just not emotionally ready. Be mindful and careful because just like you don't want to get hurt, you don't want to hurt someone else either.

Related Link: [Dating Advice: How Long Should You Date Around, After You Meet a Man You Like?](#)

3. Check your vibes: Putting time and feelings together pretty much makes up your vibes. What kind of vibe will you be giving off? When you project positive vibes, you usually get them back. Will you be able to go out on a date without mentioning your ex? Will you be able to mention the break up without getting upset? Your vibes have to be just right because people will pick up on them. Nobody wants to go on a date with the person that constantly brings up their ex or, once they mention the break up, the mood of the date changes. The best practice is with friends and family.

After a split, what are the indicators that you use to know when you are ready? Share below.

On-Again! Celebrity Couple Nikki Bella & John Cena Are Back Together After Calling Off Wedding





By Rhodesia Williams

In [celebrity news](#), it looks like Nikki Bella and John Cena found their way back to each other. According to *UsMagazine.com*, almost two months ago Nikki Bella called off her engagement to the WWE star. The deal breaker for the celebrity couple was Cena not wanting children. After six years, the pair split, but once Bella, 34, heard that Cena, 41, wanted to be “the father to her children” on television, five days later the couple were spotted together again. Sources close to the couple say the break ended up helping their [celebrity relationship](#). Sounds like a happy ending for the WWE stars.

It looks like this celebrity couple weren't ready to call it quits after all! What are some ways to decide whether to get back together

with your ex or not?

Cupid's Advice:

Apparently time does heal wounds. A deal breaker for Nikki Bella turned into the very thing that saved her relationship. Cupid has some advice on how to decide whether to get back with an ex or not:

1. Evaluate: Evaluate the situation. Specifically, what was the straw that broke the camel's back? From there you ask yourself, "can it be fixed?" Sometimes when you stop and assess the situation, you find your answer. It's possible you realize your break up was over something petty and you can move forward. On the other hand, you could also recognize that maybe it's best that you part ways with your ex. While happiness is the goal in a relationship, keep in mind that you both have to be happy. It would be like going the wrong way down a one way street; after you pass the "Do Not Enter" sign, it's on you.

Related Link: [Relationship Advice: Don't Let Him Be the One Who Got Away](#)

2. Compromise: You have to ask yourself if you are willing to compromise. You should never change for anyone, however, there is nothing wrong with a little negotiating. Stop and figure out where the problem is coming from. Nobody is perfect so maybe a slight tweak on both ends could help. If your partner truly makes you happy and you aren't ready to let them go, discuss a compromise. Cupid encourages you to remember, a compromise is a settlement involving two or more; both sides need to work on things to better the relationship.

Related Links: [Relationship Advice: 4 Reasons To Leave The Past In The Past](#)

3. Acceptance: This may be the hardest part of considering

going back to an ex. For whatever reason you broke up, the two of you are now communicating about mending your relationship. If everything is a go, remember you are now accepting what has happened in the past and moving forward. It's like that annoying, "Terms and Conditions" box that nobody reads but just hits "accept". If you are not careful, it could come back to hurt you. You are agreeing that you will give this relationship another go. Cupid's only advice with this is to never bring up the past. Cue the "Terms and Conditions" coming back to hurt you.

What ways do you use to figure out if you should go back to an ex? Share below.

New Celebrity Couple: Are Nick Jonas & Priyanka Chopra Dating?





By Rhodesia Williams

In [celebrity news](#), could it be true that [Nick Jonas](#) and Priyanka Chopra are finally together? According to *EOnline.com*, the two have been spotted possibly [celebrity dating](#). Last year, Jonas, 25, and Chopra, 35, arrived at the Met Gala together. Chopra responded that they were going to be at the same table and that there was no real planning, saying simply, "It just ended up working out." Just this past weekend, there were multiple sightings of the new celebrity couple. While the two have denied being together in the past, the tides may have turned at this point. While the pair's bowling outing and Dodgers game seems innocent, the photos of the two snuggled on a friend's boat seem a little more telling. Maybe it's time for Jonas and Chopra to confirm this [celebrity relationship!](#)

There may be a new celebrity couple in Hollywood! What are some ways to

keep your budding relationship on the down-low?

Cupid's Advice:

When entering into a new relationship, your first instinct is to show off your new reason to smile. In a time where social media runs society, it may not be the best idea. Cupid has some advice on how to keep your budding relationship on the down-low, at least initially:

1. Stay off social media: Do yourself a favor and stay off of social media! Give the relationship a chance to grow naturally before bringing in outside forces. While people will always have something to say, staying off of social media cuts out all of the chatter that could potentially ruin this new found relationship.

Related Link: [Dating Advice Video: Why Smart, Successful Women Can Fail at Love](#)

2. Keep it to yourselves: This new relationship should just include you and the other person. Keeping things quiet can help build the strong foundation needed for a relationship. There is no need to bring any outsiders into what you two have started building; this will also keep your relationship on the down low. Why have everyone in your business from the very beginning?

Related Link: [Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea](#)

3. Deny, deny, deny: While lying is generally considered wrong, if you both agree that you want to keep things private, denying you're in a relationship could be the solution. When seen together, you can explain that you're out as friends. Granted, at some point people won't believe you, but to keep

things low key in the beginning, it may help.

What are some other ways to keep your new relationship away from prying eyes? Share your thoughts below.

Celebrity Baby News: Diane Kruger Is Expecting First Child with Norman Reedus



By Rhodesia Williams

In [celebrity news](#), [celebrity couple](#) Diane Kruger and Norman

Reedus are expecting their first child together. According to *UsMagazine.com*, Kruger, 41, and Reedus, 49, began dating early last year. They kept this [celebrity baby news](#) quiet initially, but not quiet enough. The actress has been showing all the signs of pregnancy; from not consuming alcohol to hiding her baby bump at the Cannes Film Festival to also posting a telling picture on Instagram.

In this celebrity baby news, Diane Kruger is expecting with boyfriend Norman Reedus. What are some ways to strengthen your relationship prior to having a child?

Cupid's Advice:

While having a baby is a happy time, it can sometimes be stressful on a relationship. Cupid has some advice on how to strengthen your relationship prior to having a child:

1. Date night: Date night is a fun way to spend time together and remind each other just how much you care for each other. It will bring back those cute memories of when you first met, or that time you accidentally tripped and fell because you were nervous. Either way, this cute gesture is a stress-free activity to enjoy. This is your time together; spend it wisely.

Related Link: [Date Idea: Workout Together](#)

2. Communication: Communication is one of the most essential tools when it comes to having a strong relationship. Communicating with your partner can literally make or break your relationship. If nothing else, make sure you communicate, because a simple misunderstanding can take a turn for the

worse. On the positive side, it is good to know what's going on in your partner's world when you aren't around. You also don't want them to feel like you don't care, because ultimately, they will find someone else to talk to. We all know the saying, "If you won't, someone else will."

Related Links: [Dating & Technology Q&A: How to Use Technology to Prevent Your Relationship Going Stale](#)

3. Listen: Listening is important; it shows your partner that you are there for them. Everybody wants to be heard, including you, so give each other that time. Having someone listen to you often gives validation that what you have to say is important, and sometimes people need that. More importantly, when you are in a relationship, you are supposed to also be a friend; what kind of friend would you be if you didn't listen?

Do you have other suggestions on how to strengthen your relationship prior to having a child? Comment below

Beauty Trend: Summer 2018 Hairstyles





By Rhodesia Williams

'Tis the season for bright colors and trendy outfits with the perfect hairstyle to match! While figuring out what to wear each day can be tough, how do you figure out which hairstyle to wear with each outfit? This [beauty trend](#) will show you some of Summer 2018's most talked about hairstyles. If you are looking for tutorials on how to achieve these styles, try Pinterest, Instagram or YouTube. Many of these are celebrity hairstyles, so take notes and explore these [beauty tips](#) to survive summer in style.

Summer time is the time where people show out! From mani-pedi's to cute summer outfits to your clean cut hair styles, there's a lot to consider. We all want to be

as hot as the sun we soak in.

Here is a list of Summer 2018's hottest hair styles:

1. Crochet: Similar to a weave, crocheting is simply installed with loose hair using a crochet needle instead of a needle and thread. This style allows for you to pick any color you want, which makes it even more exciting. Being able to switch being colors easily makes it even better.



Related Link: [Celebrity Beauty Tips: Dazzle this Summer with Sunset Eyes](#)

2. Braids: This old school yet still popular style is always a goodie for the summer. With those sun rays hitting you, you don't always want your hair down and in your face. Braids are so universal and can be styled any way. It's a fun way to keep yourself cool and styled all summer long.



3. The Bob: The bob allows you to enjoy your hair down without having it hanging in your face. This cute cut is fun and easy to style. Did you decide to go to a concert last minute? This hairstyle is the easiest to maintain and the best for being on the go. This cute style coupled with some [date night](#) make up will have you sparkling like the stars.



Related Link: [Top 5 Hot Hair Tips You Should be Taking From Celebrities](#)

4. Fades: This sharp cut keeps you fresh and lined up. This “get up and go” style is great way to get through the summer.



Do you have any hot new styles for the summer? Share below.

Royal Celebrity Wedding: Prince Harry & Meghan Markle 'Snuck Off' Before Reception Ended





By Rhodesia Williams

In [celebrity news](#), hours after the royal couple said, “I do,” they were seen leaving their reception early. According to *UsMagazine.com*, the [celebrity couple](#), Meghan Markle and Prince Harry, were exhausted after a long, 17 hour day and left their reception at the Frogmore House before it ended. “They let themselves have a few drinks, then they were ready to get back for some rest,” an insider said. Before leaving, the Duke and Duchess enjoyed dancing the evening away with friends and family. The anticipation alone must have made this [celebrity wedding](#) tiring.

This royal couple snuck off before the official end of their celebrity wedding. What are some ways to keep fatigue at bay on your big day?

Cupid’s Advice:

Preparations alone can leave you tired before your big day. Cupid has some advice on how to keep fatigue at bay on your big day:

1. Rest up: Try to pace yourself the week before your big day. If you get enough rest throughout the week, you should be well rested and ready to enjoy your day. Maybe if you are lucky, you can sneak in a quick nap, but how likely is that?

Related Link: [‘Married at First Sight’ Relationship Expert Dr. Joseph Cilona Says, “Each Day Is A New Learning Experience”](#)

2. Have a schedule set: Make a schedule to organize your day. While anything could happen, it will help to have everything written out so you can mentally prepare yourself. It can be simple, like, “bridal party photos at 11.” Sometimes anticipating things puts the mind at ease, and you are a little more relaxed.

Related Link: [Relationship Advice: How to Compromise on Your Nuptials](#)

3. Eat: One of the most important things is to make sure you eat something. We all know how we get when we don’t eat, so don’t do it to yourself. Light snacks like nuts or apples will keep you energized and still have you looking good in your dress. Nobody wants to pass out on their big day, so just remember to keep it light and you will be fine.

What are some other ways to stay alert and energetic on your wedding day? Share your thoughts below.

Royal Celebrity Wedding: Prince Harry & Duchess Meghan Tie the Knot & Release Official Photos



By Rhodesia Williams

In [celebrity news](#), the anticipated royal wedding has come and gone. The [celebrity couple](#) had their wedding this past weekend as millions tuned in to witness the royal union between Prince Harry and Meghan Markle. According to *UsMagazine.com*, the portraits of the Prince and Duchess have been released. As anticipated as this wedding was, media outlets are still buzzing about the [celebrity wedding](#).

This royal celebrity wedding was highly anticipated and watched by millions. What are some ways to cope with your anticipation of your big day?

Cupid's Advice:

Your wedding day is one of the most anticipated days of your life. Typically people count down from months, to years before their big day. Cupid has some advice to cope with the anticipation of your big day:

1. Celebrate: This is a huge step in your life and is definitely a time to celebrate. With the drama and stress that surrounds weddings, you need time to relax and let loose. Besides the bachelor/bachelorette parties, maybe have a night where everyone can come together and relax together.

Related Link: [8 Things Your Wedding Can Do Without](#)

2. Anticipate: Now, this may sound negative, but it can be a very effective tool to use. It's simple; if you anticipate drama and mistakes with the thought, "What's the worst that could happen?" you will get through the weeks leading up to the big day. It's almost like reverse psychology. You will mentally be prepared for anything thrown at you.

Related Link: [Relationship Advice: How to Compromise on Planning Your Nuptials](#)

3. Reminders: Sometimes you need to remind yourself that it is one day in your life. Mentally preparing yourself is often a great tool when dealing with stressful situations. Remind yourself that you and everyone else are only human and nothing is perfect. You can only do the best that you can and that,

itself, will be good enough.

Do you have any thoughts on how to cope in anticipation for your big day? Share below.

Celebrity News: Sam Hunt Thanks Wife In BBMA Speech After Hitting Red Carpet for First Time in a Year



By Rhodesia Williams

In [celebrity news](#), Sam Hunt and wife, Hannah Lee Fowler, stepped out to attend the Billboard Music Awards in Las Vegas. According to *People.com*, this is the [celebrity couple](#)'s first sighting together since the CMT Music Awards. While accepting an award, Hunt praised his wife, saying, "My wife: thank you for being so selfless this past year, sacrificing so much for me and our future."

In celebrity news, Sam Hunt made sure to thank his wife at the BBMA's. What are some ways to show your partner you appreciate their support?

Cupid's Advice:

Feeling appreciated is very important in life. Nobody wants to work hard or sacrifice to not be recognized. Cupid has some advice on how to show your partner that you appreciate their support:

1. Praise: Whether people like to admit it or not, everybody in some way likes to be praised. Supporting someone is much more than saying, "Go ahead honey, you can do it!" It's acknowledging and understanding what is going on and helping in any way possible to make it better.

Related Link: [Inexpensive Ways to Say "I Love You"](#)

2. Gestures: A good way to show your partner that you appreciate their support is a cute gesture, like a romantic dinner, or a cute date night. This is the physical way to show your appreciation and shows the same way they thought of you, you thought of them.

Related Link: [Four Ways to Stay Connected to Your Spouse](#)

3. Reciprocate: Every relationship is a two way street. The greatest way to show your appreciation towards your partner is to support them as well. Having a strong support system is not only great for the relationship, but, great as a person.

How do you show your partner that you appreciate them? Share below.

Celebrity News: The Weeknd Scrapped an 'Upbeat' and 'Beautiful' Album After Selena Gomez Break-Up





By Rhodesia Williams

In [celebrity news](#), The Weeknd tossed an entire album and produced *My Dear Melancholy* after split with [Selena Gomez](#). According to *UsMagazine.com*, the [celebrity couple](#) broke up in October after 10 months of dating. Although The Weeknd had the previous album completely finished, the [celebrity break up](#) caused him to scrap it and produce his new six track EP. *My Dear Melancholy* was his way of expressing himself through his rough time. "He's been in the studio pretty much nonstop," a source said. The Weeknd said, "You want to get it out. It's like you close a chapter."

This celebrity news shows that The Weeknd was very affected by his break-up from Selena Gomez. What are some ways to cope with a sudden

painful split?

Cupid's Advice:

Break ups can be tough, especially if they're sudden. Cupid has some advice on how to cope with a sudden painful split:

1. Talk it out: Sometimes you have to talk it out of your system. Expressing yourself and talking to other just may be what you need to ease the pain.

Related Links: [Relationship Advice: How to Heal a Broken Heart](#)

2. Keep yourself busy: It helps to keep yourself busy after a sudden break up. Sitting at home will have your mind wandering. Keeping yourself busy keeps your mind occupied for the most part. When you finally have those down times, thinking of the break up won't be so bad.

Related Links: [Dating Advice Video: Dating After Heartbreak](#)

3. Give it time: Your gut instinct is to reach out to the other person but sometimes that's not always the best thing to do. Give the situation time. Maybe a mixture of different things resulted the break up, but, have faith. Give it some time and then reach out. And, no, 5 minutes is not enough time.

Do you have any ways you cope with a break up? Share your thoughts below.

Royal Celebrity Wedding: Meghan Markle Asks Prince Charles to Walk Her Down the Aisle In Dad's Absence



By Rhodesia Williams

In [celebrity news](#), Saturday is the big day for [celebrity couple](#) Megan Markle and Prince Harry. According to UsMagazine.com, it looks like the bride to be will be escorting down the aisle by her future father in law, Prince Charles. Just this past week, we have heard stories from her father selling pictures to the tabloids to family members sharing and exposing family issues. Fortunately, since Markle's father will not be in attendance, it seems that she

won't have to walk down the aisle by herself. "Ms. Meghan Markle has asked His Royal Highness The Prince of Wales to accompany her down the aisle of the quire of St. George's Chapel on her wedding day." Looks like Prince Charles will save the day for the [celebrity wedding](#)!

This royal celebrity drama has been solved by Prince Charles stepping in. What are some ways to keep family drama from affecting your big day?

Cupid's Advice:

Your wedding day is the day you will never forget. With that being said, unfortunately, drama is inevitable on the big day. Cupid has some tips to keep family drama from affecting your big day:

1. Remain calm: The most basic yet hardest thing to do. You have to remember that things happen and while it is your day, you cannot control the actions of others. Take this cliché advice because, remember, it is a day you will never forget.

Related Link: [Relationship Advice: Add A Little "Luck O' The Irish" to Your Wedding Day](#)

2. Don't sweat the small stuff: There's no need to get upset if Uncle Richie isn't speaking to Aunt Sally. As long as they are there, it shouldn't matter. Unless someone drops the wedding cake, why get worked up over the little situations. Cupid promises that those little issues won't matter as you are walking down the aisle.

Related Link: [Royal Celebrity Couple: Meghan Markle Says She &](#)

[Prince Harry Are 'Really Happy and in Love'](#)

3. Everybody can't come: Weddings are a big day filled of love and happiness. Although you want to share your day with everyone, really think about who you are inviting. It is never good to invite people to fill seats because sometimes you can end up inviting the drama if you aren't careful.

What are some ways that you keep family drama away? Share your thoughts below.

Celebrity News: 'Teen Mom OG' Stars Catelynn Lowell & Tyler Baltierra Are Not Splitting





By Rhodesia Williams

In [celebrity news](#), Catelynn Lowell wants the world to know that she and Tyler Baltierra are stronger than ever. According to *UsMagazine.com*, on Tuesday, May 15th, *Teen Mom OG* star, Catelynn Baltierra changed her last name on Instagram back to her maiden name, Lowell. This celebrity couple has been put to the test. Catelynn struggles with mental health issues and being in and out of treatment has put strains on their [celebrity relationship](#). She felt guilty leaving Baltierra to look after their clothing business as well as their daughter, Nova, while going to get help for her issues. Despite the recent drama, Catelynn says, “Tyler and I are not getting a divorce. Couples go through ups and downs. That’s normal life. We are a solid couple that will work through anything life throws at us.”

Despite [celebrity news](#) to the contrary, Catelynn and Tyler are

not divorcing. What are some ways to strengthen your relationship during the hard times?

Cupid's Advice:

Every relationship experiences its rough patches, but it's what you do during those times that determines the fate of that relationship. Cupid has some tips:

1. Spend more time together: It is important to spend time with each other in general, but when things start to get rocky, sometimes you need that positive reinforcement. Communication is key, but it's not always enough on its own. In an instance like this, sometimes we need our partner physically there. Their presence eases our minds and shows that they are there and willing to work through things.

Related Links: [Expert Dating Advice: Why You and Your Partner are Constantly Arguing](#)

2. Compromise: Maybe you two are arguing about who didn't do dishes. Sometimes you have to throw the whole argument away. Talk about what's bothering you, and if it can be negotiated, then work on some type of agreement. There's no need to start a war over a minor battle.

Related Links: [5 Ways to Stop Fighting over Minor Things](#)

3. Space: In some instances, you may need space from each other. Depending on the issue at hand, your partner may be having a hard time communicating, and you may need to give him or her some space to gather their thoughts. Make sure you both understand this isn't a break up, just some time to gather thoughts before having a discussion.

What are some other ways that you use to strengthen your

relationship? Share below.

Celebrity News: Kylie Jenner's Bodyguard Slams Paternity Rumors



By Rhodesia Williams

In [celebrity news](#), [Kylie Jenner](#)'s bodyguard, Tim Chung, is being accused of being [celebrity baby](#), Stormi Webster's father. According to *EOnline.com*, the internet has gone wild with the idea that Jenner's newborn baby Stormi looks like

Chung. They even went so far as to post side-by-side photos of the two on social media. With the internet not letting up on the rumor, Chung felt forced to make a statement to clear his name and defend this [celebrity couple](#). Chung said, "There is no story here and I ask that the media no longer include me in any narrative that is incredibly disrespectful to the family."

In [celebrity news](#), sometimes a rumor is just a rumor. What are some ways to slow down the rumor mill when it comes to your relationship?

Cupid's Advice:

Since social media is a primary mode of communication these days, it's easier than ever for rumors to circulate quickly. Cupid has some advice on how to slow down the rumor mill:

1. Communicate: If a rumor comes up, talk to the person who originated it directly. The worst thing you can do is start going back and forth on social media. The easiest and safest way is to ask questions first because once others get involved, you may do some permanent damage. The fighting on social media will surely keep that rumor mill going.

Related Link: [Celebrity Baby News: Kylie Jenner Reveals the Name of Her Daughter, and Twitter Reacts](#)

2. Put out a statement: This way of handling rumors may be celebrity couple-esque, but in all seriousness, depending on the rumor, you may want to address friends and family in a unified message. Consider making a cute, short and to the point post acknowledging the rumor, but informing everybody

that it isn't true. If you don't face it head on, it could potentially spiral out of control.

Related Link: [Hailey Baldwin Applauds Kylie Jenner for Handling Celebrity Pregnancy In a 'Mature Way'](#)

3. Limit social media: This is the most obvious solution, but perhaps the most difficult. Many people want to show off gift and vacation pics, as it's a way of expressing their happiness. That being said, not everyone feels that way. If you limit what you post, you aren't leaving much room for people to talk about you.

What are some other ways to slow down the rumor mill? Share your thoughts below.

Celebrity Baby News: 'Grey's Anatomy' Star Kevin McKidd and Wife Arielle Welcome First Child on Mother's Day





By Rhodesia Williams

In [celebrity news](#), *Grey's Anatomy* star Kevin McKidd's wife, Arielle Goldrath, gave birth to a baby boy. According to *UsMagazine.com*, this [celebrity baby](#) made his debut May 13th, Mother's Day. One of the greatest gifts a woman can receive for Mother's Day is a new bundle of joy! McKidd, 44, posted a black and white photo of Arielle and Aiden on Instagram. He captioned their picture, "Arielle, you're the most amazing mother and I love you both so much!" McKidd used the hastags, "#happymothersday, #forever, #weeAiden, #Arielle, #newlife."

This [celebrity baby news](#) makes it a great Mother's Day for Kevin McKidd and his family. What are some ways to show the mother of your children you appreciate her?

Cupid's Advice:

Cupid has a few suggestions on how to show the mother of your kids just how much you appreciate her:

1. Tell her: Let your special lady know how much she means to you. Gifts aren't everything! It is always good to hear that we are appreciated.

Related Link: [Celebrity Divorce: 'Grey's Anatomy' Star Jesse Williams & Wife Aryn Drake Lee Are Divorcing After 5 Years of Marriage](#)

2. "Me" time: Women need their time off. Offer to watch the kids while she goes and pampers herself. She will appreciate that more than any piece of jewelry.

Related Link: [Celebrity News: Kylie Jenner's Bodyguard Slams Paternity Rumors](#)

3. Little things: Women appreciate the little things that show you thought of them all day. Buying her favorite snack or a little stuffed animal you spotted along your travels says a lot.

What are some other ways to show the mother of your children that you appreciate her? Share with us below.

Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't

Spoken to Ex Ben Higgins Recently



By Rhodesia Williams

In [celebrity news](#), *The Bachelor* star Ben Higgins, 30, and fiancé Lauren Bushnell, 30, ended their engagement last May, and they haven't talked much since. Bushnell spoke to *UsMagazine.com* while attending a FabFitFun event in West Hollywood. When asked about the [celebrity break-up](#), Bushnell responded saying the split was difficult since the two "are in the same circle and same world." That being said, she admitted that she has only spoken to him to congratulate him on the launch of his new coffee company, Generous.

These celebrity exes split up amicably, but they aren't necessarily on speaking terms. What are some benefits to a clean break after a split?

Cupid's Advice:

There's something to be said for a clean break after a break-up. Cupid has some reasons to consider:

1. Piece of mind: Although you may miss your ex, a clean break often helps to heal faster. Those miserable, "should've, could've, would've" thoughts won't hound you for as long, and you can start to move on. No headaches are always a plus.

Related Link: [Relationship Advice: How to Heal a Broken Heart](#)

2. Breathe: Whether it was a mutual split or not, you can now relax and breathe. You will have more "me" time. Spend this time "catching your breath" and give your mind, heart, and body a rest.

Related Link: [Relationship Advice: How to Stay True to Yourself](#)

3. Rearrange: Now that you are newly single and will have more time on your hands, mix things up! Sign up for that yoga class you've thought about, but didn't have time for. You can now rearrange things in your life, and the best part is, you can start whenever you're ready!

What are some other benefits of a clean break up? Share your thoughts below.

Celebrity Break-Ups: Ronnie Magro-Ortiz & Ex Jen Harley Are 'Peaceful Now' After Explosive Split



By Rhodesia Williams

In [celebrity news](#), *Jersey Shore*'s Ronnie Magro-Ortiz and his ex Jen Harley are keeping things on the quieter side after a surreal break up the end of last month, according to [EOnline.com](#). Unfortunately, many witnessed the heated fight the two had on Harley's Instagram Live feed. As you can

imagine after the vicious social media battle the celebrity couple had, they called it quits. Magro-Ortiz eventually apologized for the fight saying, "I acted out of my gut and not rationally. I should've never acted in such a manor."

This celebrity break-up was anything but drama-free, but Ronnie and Jen are finally losing their hot heads. What are some ways to keep a break-up civil?

Cupid's Advice:

Unfortunately, this celebrity couple couldn't keep their break up peaceful. Cupid has some advice:

1. Communication: Talk to each other! Instead of Ronnie and Jen talking things out, they took to social media. Sit down and have a civil conversation; take turns speaking and listen to each other. Be sure to leave out the hurtful comments and statements.

Related Link: [Relationship Advice: How to Navigate a Separation](#)

2. Stay off social media: A relationship, for the most part, only involves you and your significant other. Do not bring your arguments and issues to social media. We will all remember what happen with Ron and Jen. Someone once told me, "never tell your friends what your significant other does, because, when you are over it and move one, they will remember." Sounds about right.

Related Link: [Relationship Advice: Getting Over a Grudge](#)

3. Compromise: Even if you don't agree with breaking up,

remember that you both contributed to the relationship. To keep things calm, listen and come up with a solution that you are both happy with.

What are some other ways to keep the drama out of your break-up? Share your thoughts below.

Celebrity News: Nikki Bella Is Still 'Spending Nights' with John Cena at His Home



By Rhodesia Williams

In [celebrity news](#), John Cena, 40, and Nikki Bella, 34, showed us a possible glimpse of hope in their relationship after they called off their engagement last month, according to [UsMagazine.com](#). Recently, Bella has been spending nights at Cena's house. Let's back track; if you haven't heard, John Cena and Nikki Bella were engaged and ready to tie the knot when the [celebrity couple](#) decided to call off their wedding on April 15th. This well known duo were together for six years, and news of their split shocked many. According to a source, Cena "doesn't want [Nikki] to have to deal with moving after everything they have been through as a couple." It sounds like Cena isn't fully ready to let go of his former fiance if you ask us!

In celebrity news, this formerly engaged couple are still seeing a lot of each other. What are some tips for cutting ties completely after a break-up?

Cupid's Advice:

Sometimes spending time together after a break-up is the worst thing you can do, because it prolongs the inevitability of not seeing each other every day. It's important to cut ties completely, at least for a while, allowing you both to move on. Cupid has some tips:

- 1. Move out:** If you are living together, someone has to go. It is never healthy to continue to live with someone you are no longer in a relationship. John and Nikki won't be able to heal if they continue to live together.

Related Link: [Fed up, But Can't Break Up](#)

2. Spend time with friends and family: Hang around people who love and care about you! It is not to say the person you are no longer with doesn't care, but you need neutral parties. Nikki Bella is on the right track by going and staying with her sister. Sometimes you need those sad movie watching, ice cream eating, let's just chill kind of nights.

Related Link: [How to Get Over a Break Up](#)

3. Go out: No need to try to jump back on the horse, but sometimes petting and feeding the horses will do. Go out for lunch, go listen to some music, bowl straight gutter balls! Anything to keep your mind off of the situation and to make you feel good. Everyone needs a laugh. Nikki Bella admits to going MIA but sometimes that doesn't help.

What are some other ways to cut ties completely after a split? Share your thoughts below.

Celebrity News: Khloe Kardashian Supports Tristan Thompson at Cavs Game Amid Cheating Scandal





By Rhodesia Williams

Ever since the birth of [Khloe Kardashian](#) and Tristian Thompson's baby, Truth, it seems that Kardashian has been in hiding, until now. For those who may not know, right before Kardashian gave birth, photos were leaked of her man, Thompson, out and about with other women. As we all were biting our nails, waiting to hear the fate of the [celebrity couple](#), the two have finally surfaced together at Thompson's Cavs game! A source told [EOnline.com](#), "She hasn't given up on him yet, but also hasn't really been focusing on their relationship." I'm sure we all thought this celebrity relationship was over, but it looks to be hanging on for now.

In this celebrity news, Khloe is ignoring the haters and continues to support her man. What are some ways to keep gossip from affecting

your relationship?

Cupid's Advice:

The fact of the matter is, what you do in your relationship is your own decision. Cupid has some advice about keeping gossip from affecting you:

1. Ignore it: The most obvious way to handle gossip is to simply ignore it. It takes a strong personality to simply dismiss gossip, but it can in fact be done. Remind yourself on a daily basis the only opinions that truly matter about your relationship are yours and your partner's.

Related Link: [Celebrity News: Kris Jenner Gets Choked Up Talking about Khloe Kardashian After Cheating Scandal](#)

2. Talk to your friends and family: Be very clear with your friends and family that you expect them not to gossip about your relationship. If they love you, they'll do what you ask.

Related Link: [Celebrity News: Khloe Kardashian Disables Instagram Comments on Photos of Her and Tristan Thompson Amid Cheating Scandal](#)

3. Only spend time with those who care: Cut off the people who tend to gossip in a negative fashion. You don't need to surround yourself with those who are going to give you an unwarranted opinion and who don't have your best interests in mind.

What are some other ways to keep gossip from affecting your relationship? Share your thoughts below.

Celebrity Couple News: Joanna Gaines Cheers on Husband Chip at His First Marathon



By Rhodesia Williams

In [celebrity news](#) we have Joanna and Chip Gaines showing the world how they are nothing short of relationship goals! The [celebrity couple](#) were all smiles May 6th in Waco, Texas for the Silo District Marathon, according to [UsMagazine.com](#). Chip, 43, ran his first ever marathon while his wife, Joanna waited for him at the finish line. With Joanna excited for Chip's big finish, she captured the moment as he crossed the finish line. However, that won't be the only excitement for this celebrity couple! Joanna is expecting her fifth child soon.

This celebrity couple is known for supporting each other in their endeavors. What are some ways to show your partner you support them?

Cupid's Advice:

Joanna Gaines isn't the only one who should be supporting her partner; it's important in every relationship. Cupid has some advice:

1. Show up: Sometimes support is as simple as just being there for your partner, just like Joanna Gaines attended Chip's marathon. Your presence alone does a lot to empower your partner to succeed.

Related Link: ['Fixer Upper' Stars Chip & Joanna Gaines Are Expecting Celebrity Baby No. 5](#)

2. Be there to listen: Support comes in many forms, and being there to listen to your partner is one of them. Being someone your partner can count on to talk on their feelings is extremely helpful and supportive.

Related Link: [3 Ways to Support Your Anxious Partner](#)

3. Offer help frequently: Make sure to lend a hand whenever you can. Even if your partner says "no" once, be sure to keep offering to help out so that he or she knows the offer is still on the table and doesn't feel bad asking.

What are some other ways to show your support to your partner? Share your thoughts below.