Jill Zarin Says, "Women Can Have It All, But Not All At The Same Time"





By Lori Bizzoco and Marisa

Spano

America watched the zesty and talkative redhead on *The Real Housewives of New York City* for four seasons as she threw sophisticated parties and worked for her husband's fabric shop. While we may not be seeing her on a feisty Bravo reunion again, she's still making a name for herself. She took a quick break from her hectic schedule to share some advice with CupidsPulse.com on how she manages to juggle it all.

Zarin is definitely one woman who seems to have figured out how to balance her family, career and social life. So we asked her opinion on one of the hottest topics in the news today: Can women really have it all? The former reality star believes that women "can" have it all but goes on to admit that "you can't have it all at the same time." She knows firsthand that you need to prioritize. "Maintaining a marriage is the most important thing because the truth is that children grow up and leave home."

Related Link: <u>Celebrity Women Who Built Business Empires With Their</u> <u>Husbands</u>

As most viewers know, Zarin has a close bond with her college-aged daughter from her first marriage, Ally Shapiro, and a loving relationship with her husband, Bobby, whom she married in 2001 after five years of dating. But the *Housewife* tells us that having a strong marriage wasn't always her priority. Over time, she's learned to be mindful of her husband's needs. "The priorities in my life are constantly moving around," she says. "I know when Bobby doesn't like being in the back row, so I move him quickly to the front row. He's the first one to get a ticket. If he wants to move his seat, he can move his seat anytime he wants."

When asked if there was other advice or tips she'd give women to help them have a successful marriage, she says that "being present" is very important. "Nowadays, relationships are so complicated by electronics. It's difficult to sit down for dinner because you're dying to see that text or e-mail that you've been waiting for."

Related Link: Is Your Perfect Man Criteria Keeping You Single?

Of course, when Zarin was growing up, technology was much different. Her house had only one screen: the television. Now, screens are everywhere – on computers, tablets and smart phones and in the living room, bedroom and even the car. It's no surprise that these "screens" affected her parenting skills. "I don't think that I was present a lot of the time for my daughter. I was home, but I wasn't present," she candidly admits. "My daughter would come home from school, and I'd be on the phone. My daughter would want a snack, and I'd be on the computer. I was always like, 'Just wait one minute, one minute, one minute.'"

She feels that technology has a big impact on dating and relationships too. "There are a lot of things that can make dating challenging, and our phones and computers are two of them," she shares. "People are uncomfortable with verbal communication nowadays." That's one strict rule that Zarin has taught her daughter: don't date through text.

Related Link: Five Reasons Why Men Text Instead of Call

Currently, Zarin is working on a relationship with herself and taking her own "spiritual journey." One of her commitments is to be present as much as possible. This means that wherever her feet are placed, she needs to be in that moment. "If I'm at home, I shut everything off. My feet are there, and that's where my mind needs to be too."

Still, the reality star doesn't plan on slowing down anytime soon. She'll be promoting her Skweez Couture shape wear line on QVC this month, and she's filming an *Open House* segment at her new home in the Hamptons. She also has a line of beautiful baubles called Jill Zarin Jewelry Collection.

Zarin is certainly focusing on the good stuff!

For more information about Jill Zarin, follow her on facebook.com/jillzarin, Twitter @Jillzarin, or check out her website, http://jillzarin.com/.

5 Ways Your Relationship Can Overcome His Loss of Ambition





By Ashley DelBello

All relationships struggle at some point and in many cases more than once, but it puts even more of a strain on it when your significant other loses his focus or sense of purpose. It's 2013, but most men still have that "provider of the family" mentality and feel it's necessary to be the one – for lack of a better term – "bringing home the bacon." So, what happens when your boyfriend or husband loses their job and doesn't have it in him to move on?

First, figure out if you're in it for the long haul.

Typically, new relationships won't succeed in this type of environment, but whether it does happen with the new guy you're dating or your husband of five years, you will need to decide if this is something you're able to help guide him through while he figures things out. You also need to examine what you're looking for in a relationship if this has been an issue between the two of you for some time. His laid-back attitude may compliment your more assertive, goal-oriented personality and you may enjoy taking the lead in the relationship. However, if you're looking to be a part of a power couple, then this will be an ongoing source of disappointment and frustration for you.

Related: 7 Things NOT to Do in a Relationship

Support, support, support.

There has to be that balance between support and pushing too much. You can want the best for someone, you also have to understand that they will also need to want it for themselves. You need to keep that in mind as you both navigate through this situation.

Suggest starting over professionally with an internship.

Maybe his lack of ambition is stemming from a lack of passion for what he's doing. If he or as a couple you can afford it, see if he would be interested in looking into internships to explore where he wants to go next in his career. We've seen it happen in Hollywood and while it may seem unrealistic, the storyline is coming from somewhere real so if nothing else works, then why not try something that could help lead him to finding something he gets excited about.

Guy time. As well as girl time.

Any activity that gives you both some time away from each other on a regular basis will be beneficial to the both of you so the focus isn't always on your relationship. It also allows the both of you to talk candidly with your friends – as with everything, venting is healthy in moderation.

Professional counseling.

It's OK to seek outside help — they provide an objective third-party perspective and are also trained to help you both figure this out.

Related: <u>The Key to a Lasting Relationship</u>

Last of all — know that it might not be possible to move forward with your relationship. When you feel like you have given it everything you have and don't think you can continue with the way things are, recognize that it's OK to walk away. It's not a decision to be made lightly or quickly, but sometimes approaches to life are just too different for relationships to work well on a long-term basis.

Have you been in a similar situation where your partner lost his ambition? If so, what did you do to overcome this and keep your relationship on track?

Michelle Williams Steps Out with Rumored Boyfriend Dustin Yellin





By Petra Halbur

Four months after her break up with Jason Segal, Michelle Williams may have found new love. Williams was spotted hanging out in Brooklyn with artist, Dustin Yellin, in early June. According to <u>UsMagazine.com</u>, the couple attended a child's birthday party together along with Williams' 7-year old daughter, Matilda. Williams has been very vocal about her priorities as a mother. "Raising the kid is the work, yeah," Williams said in April. "That's my side project and my center project."

What are some ways to debut a new relationship to family and friends?

Cupid's Advice:

It can be intimidating to introduce your new boyfriend or girlfriend to friends and family. Cupid has some ideas to help:

1. Make an event out of it: Invite your beau to join you and your friends for a night out. The mutual activity will generate casual conversation and ease nerves.

2. Don't put it off: It's difficult to determine when to open up about your relationship, but try not to wait too long. After a while, folks will begin to wonder if you have something to hide.

3. Don't build him/her up: Let your family and friends come to their own conclusion about your significant other. Jabbering on about how great he or she is will only make you seem desperate for approval.

How did you introduce your new partner to the people in your life? Tell us below:.

Blake Shelton Opens Up About Marriage to Miranda Lambert





By Petra Halbur

Blake Shelton and his wife, Miranda Lambert, have found the key to a successful marriage: humor. Shelton spoke to <u>People</u> about his propensity for teasing his wife. "I'm always pestering her," he said. "I just cannot get enough because she gets irritated so quickly." Shelton and Lambert's willingness to laugh at themselves has helped the couple face the constant media scrutiny that they have been under since they married two years ago.

What are some ways to keep humor in your relationship?

Cupid's Advice:

Levity can get lost in the daily stress of a relationship. Maintaining a sense of humor, however, is vital to a healthy, happy relationship. Cupid has some ideas:

1. Laugh at yourself: If you want humor in your life, you're going to have to laugh at yourself. Self-deprecating humor, within reason, is a great way to lighten the mood and relieve tension.

2. Set boundaries: You and your partner should establish which

sensitive topics are off-limits to jokes. This will free you both to poke good-natured fun at each other without fear of hurt feelings.

3. Schedule comedy: As strange as it may sound, incorporate comedy into your schedule. Go out to a comedy club together or watch a funny movie at home. The endorphins will do wonders for your relationship.

How do you keep humor in your relationship? Tell us below.

Single Advice: Can You Handle Casual Dating?





By Meghan Fitzgerald

Here's a question for all the single ladies and gentleman out there – do you think you are capable of casual dating? Casual dates usually start off a relationship before it blooms into something more. Casual dating is nonchalant, laid back and non-committal. It is a form of dating that comes without any serious intention or definition, allowing you to explore the field and keep your options open for a possible partner. This type of dating gives you the opportunity to be fun, open and discover the type of person you should be with for the rest of your life.

If you believe you can handle casual dating, read the questions below and think again:

- Do you have the ability to put aside your emotions from acts of sexual relations? Make sure you are able to handle the casual aspect of this type of dating, and don't allow your feelings to get in the way.

– Are you able to experiment with relationships? With casual dating, it is common that you will experience different types of partners. You will not like all of them, but with casual dating – experimentation is essential.

- Can you be honest? With dating, it's usually a little game played back and forth until you both agree you like one another. If you are not interested in a serious relationship and solely want to casual date, you need to be able to tell the person you may be involved with up front.

Related: <u>QuickieChick's Video Dating Tips: Flirting With Your</u> <u>Man</u>

– Are you emotionally independent? Casual dating will not give you the same emotional fulfillment as a serious relationship would. Hence, you need to be able to take care of yourself and not depend on your casual partner.

- Can you go with the flow? For this style of dating, going along with whatever the dating world throws at you is necessary.

- Are you able to constantly go on dates? With casual dating,

you will spend nights at the movies, your local restaurants and bars and you may even try your hand at miniature golf. If you prefer to sit on your couch, eat leftovers and watch Netflix – casual dating may not be for you.

Related: Date Idea: Cuddle With a Furry Friend

- Can you handle rejection from a person of the opposite sex? Casual dating is not for everyone, and sparks don't fly every time. Don't be upset if someone rejects you because the chemistry simply isn't there.

– Do you have the ability to stay true to yourself? If you don't have a connection toward someone, you need to be able to stick to your thoughts and confront them about it.

- Can you think carefully about who you let in? You should have the ability to make sound choices on who you choose as a partner, as well as who you choose to date and allow to come into your life.

Have you tried casual dating before? Share your experience below.

Celebrity News: Danica Patrick Crashes After Boyfriend Forces Her Car Into Wreck





By <u>Marisa Spano</u>

In car racing, car crashing is just a part of the sport, but things get complicated when it's your boyfriend who makes you bite the dust. Danica Patrick was involved in a car crash during the Coca-Cola 600 race in Concord, North Carolina this past weekend, according to <u>UsMagazine.com</u>. Her boyfriend, Ricky Stenhouse, Jr. may be responsible for the incident. The Associated Press says Patrick was on lap 319 of the race when Stenhouse Jr. bumped into her, sending her car into the back of Brad Keselowski's car. Both Patrick and Keselowski had significant damage and had to take their cars back for repairs.

How can competition help your relationship?

Cupid's Advice:

Although competition can sometimes lead to fights in a relationship, it can also be a good thing if used correctly. Cupid has some advice:

1. Share each other's good points: When competing with your partner you are able to recognize and enjoy each other's talents. Make sure to highlight how your individual gifts

shine positively on each other. Your partner will feel appreciated by you.

2. You can help each other: If you make this promise to each other it will decrease the level of competition and also squelch the need to be better than the other person. You can encourage each other to become a better person.

3. Shared interests: Competition in some form is a good thing. It means that you two have something in common. A common interest can bring you together; you can share the fun in whatever you both like to compete in.

What ways do you think competition can help your relationship? Let us know below.

Relationship Advice: Your Partner Has Cheated. Should You Reconcile?





By Samantha Menjor

You notice that your partner has been acting differently lately. The occasional late night work meeting now falls on every day of the week. He or she has been constantly texting and having secret telephone conversations in the bathroom. The scent of a different perfume or cologne lingers on their clothing. There's an emotional distance in your relationship that ceased to exist before. You have a gut feeling of what is really going on, but you don't want to believe it. Plus, there is no proof ... until you get a call from a friend letting you know they have spotted your other half in a compromising position with another person at a local restaurant. You rush over to find your beau holding hands, kissing and gazing lovingly into the eyes of someone else. All you see is red through the blurred vision of your tears.

Fast forward to a few weeks later. You're feeling hurt, pain, betrayal, confusion and anger. Your partner has admitted their wrongdoing and has apologized countless times. Friends and family are all trying to give you their best advice, but you're hearing conflicting resolutions of what you should do.

If you've never been in this situation, you most likely know someone who has. It may not have happened exactly like the given scenario, but we've all had a friend come to us for advice on infidelity in their relationship. So what do you tell them? What would you do if you were in a similar situation? Here are some questions you need to ask yourself and your partner when deciding between reconciliation and a breakup:

Related: When Can You Trust Him?

1. Was the affair short-term or long-term?

Some affairs last months, even years and others are just a night of poor judgment. While you may not want to know the details of your partner's infidelity, it's important to know how much time was spent cheating. This allows you to better understand whether there was an emotional investment, whether it was strictly physical or both. Either situation would be difficult to rectify, but it helps in getting to the root of the issue.

2. Why did this happen?

There had to be something your unfaithful partner felt was lacking in the relationship for an affair to happen. Did they feel you were working too much and not showing them enough attention? Did having children cause you to lose your spark as a couple? A decision to reconcile is often dependent upon what caused the infidelity. Is it something that the two of you can fix through compromise, communication and counseling? If not, then the chances of reconciliation are slim.

3. Do you still love each other?

How did your spouse react to being caught? Did they express remorse and shame, or were they trying to justify their actions by putting the blame on you? A partner who shows regret for their actions is a better candidate for reconciliation than the latter. While their profession of love for you and endless apologies could be just words, it shows they are willing to try and do whatever it takes to get you back. It's imperative for you to consider your partners past behaviors in your relationship as well. Have they always shown their love for you or have there been signs of cheating before? More importantly do you love your partner enough to try and work it out? The answer to these questions will help you figure out whether you choose the path of reconciliation or separation.

4. Will you be able to forgive and move on?

For many people cheating is a deal breaker. No amount of love, good behavior or money will allow them to get past the fact that they were betrayed. Many couples try to stay together and work through their problems only to find out that trust was never regained and forgiveness was never given. Before you consider reconciling, sit and think about whether you can get past the infidelity. If not, it may be time to part ways.

Related: Can Love Conquer All?

Countless other questions should be considered when deciding upon reconciliation. Each relationship has different factors to reflect upon after dealing with infidelity. Forgiveness and resolution take a lot of effort, time and healing for both parties involved. While many couples have split due to cheating, many have resolved their issues forming an unbreakable bond.

Have you ever found yourself in this predicament? Let us know how you resolved it below.

Celebrity Couple: Mila Kunis Introduces Ashton Kutcher to

Her Parents in London





By April Littleton

According to <u>UsMagazine.com</u>, Mila Kunis and Ashton Kutcher were spotted hanging around the streets of London with two unexpected visitors — Kunis' parents! On Saturday, May 18th, the foursome enjoyed <u>Billy Elliott: The Musical</u> followed by dinner at Duck & Waffle the next day. Before meeting Kunis' parents, the couple spent the holidays with Kutcher's family in Cedar Rapids, Iowa. The lovebirds have been publicly dating since last March.

How do you know when it's time to introduce your partner to your parents?

Cupid's Advice:

Introducing your significant other to your family is a big step. As a couple, the two of you are headed toward a solid, committed relationship. Before you make the decision to show your special boo off to your parents, Cupid has some tips you should take into consideration first: 1. Define your relationship: Do you think the relationship has the potential to be long-term? If you're the type of person who breaks up with a partner if a family member doesn't approve, you should introduce your love to your parents as soon as you get that, "Maybe this is really going to be something serious" feeling, but there's no sense in urging a guy to meet your parents when you know in your heart he will end up just being a friend.

2. Discuss it with your partner: You might be ready to take the relationship to the next level, but your significant other may feel differently. Talk to your man about the possibility of him meeting your family and see how he reacts. If he's a little hesitant, you may be moving too fast for him. If you rush him into something he isn't ready for, be prepared to call it quits sooner than you would like.

3. You're thinking about marriage: If you can hear wedding bells ring in the near future, or you already have a ring on your finger, it's definitely time to introduce your beau to your family. Your parents may freak out if they have to witness a wedding between you and a stranger!

When did you know it was the right time to introduce your love to your parents? Comment below.

Relationship Advice: Signs It's Time to End a Long-Distance Relationship





By Jennifer Harrington

Relationships are never easy, but long-distance relationships pose their own unique set of challenges. If you have ever been in a long-distance relationship, you definitely know the miles separating you from your sweetheart can eventually place an obstacle in your romance that can be impossible to overcome. What are some signs that it is time to end a long-distance relationship?

You find yourself exploring other options.

If you find yourself checking out other people or having feelings for somebody in your city, this is a clear sign it's time to end your current relationship. You're either ready to be single, or to pursue a relationship closer to home.

Related: <u>5 Ways to Spice Up Your Relationship</u>

He meets a girl in his city.

If your man meets a girl in his city, this is an important sign. She may just be a friend, but having a lady in close proximity to him is going to affect your relationship. It may bring out your jealous streak, or it may make him re-evaluate if he wants a girlfriend who's available for a spontaneous pizza on a Wednesday night. The same is true if you meet a special someone in your city! Need some celebrity examples to reinforce this example? Look no further than Tori Spelling and Dean McDermott and LeAnn Rimes and Eddie Cibrian.

The contact becomes less frequent.

Less contact is a sign of trouble. Be sure to honestly compare the amount of contact you had when you embarked on your longdistance relationship, compared to now. If you used to spend hours on the phone together, and now the relationship is simply a few sporadic text messages, you need to assess what's going on. It could mean it's just a busy time, or it could signify that you and your partner are truly living separate lives and there's not much left to say.

You feel emotionally distant from your partner.

Physical distance is one thing, but emotional distance is a completely different issue. If it's apparent your partner in California no longer understands (or is no longer interested in) your life in New York, you may be dealing with early warning signs. Also, be weary if you're unable to get ahold of your partner when you really need them. Being emotionally close to your significant other is essential, and if you feel like that closeness has disappeared, it might be time to move on.

There are no future plans.

Future plans and the thought of spending physical time together is what keeps long-distance relationships alive. If you and your sweetie used to have a calendar full of plans together, and now the calendar is empty, it's important to recognize this and question what has changed. Of course, there are practical reasons why you aren't logging tons of frequent flyer miles to see each other (lack of funds, a major deadline at work, etc.). But, it could mean that your partner no longer wants to commit to future plans with you, which means they no longer see a future with you.

There is no end in sight.

Countless couples find themselves separated over a period of time for different reasons. Two lovebirds may have to attend different colleges or one partner may be forced to relocate to a new city to pursue a job opportunity. However, the important thing is for couples to communicate and have a plan to change the situation. If you and your significant other are living apart, and you never discuss when and how you are going to be in the same zip code, it's time to question your decision to stay together. There's only so long a romantic relationship can survive based on phone calls and weekend rendezvous.

Related: The Key to a Lasting Relationship

There is a lesson to be learned here: long-distance relationships can work, but they can be difficult to manage. Ending a relationship is never easy. It's important to be honest with yourself and make sure you are truly happy and fulfilled, especially when you're apart. If you find yourself in a similar situation, be sure to keep these warning signs in mind.

Have you ever been in a long-distance relationship? If so, how have you known when it was time to end it? Share in the comments below.

Relationship Advice: Finding

Your True Destiny After Losing Love





By Susan Russo

The other day a friend asked me, "What am I going to do? I can't live without him in my life. How do I go on? He was my life." When faced with being alone after your relationship ends, it literally feels as if you don't know who you are, where you are and how you got there.

Your life was so intertwined with your partner's life that it seems that the two of you became one. No wonder people tend to use the cliché, "A part of me is missing."

Related: <u>Returning to the Dating World</u>

NEWS FLASH

You're normal!

How do you think you're going to feel after you've spent years sharing *everything* together? That includes family, friends, vacations, pets, children, life ... and the most private and intimate details of who you are with the person you believed would be there forever. Is it any wonder you can't get your head on straight after this emotional volcano erupting in your life?

But rest assured, even though you feel like you'll never find your way out of the darkness, there is a light shining so bright at the end of the proverbial tunnel that you will bask in its glory when you're through it and this heartbreak is behind you.

I'll never forget the time Nicole Kidman was on *The Oprah Winfrey Show* after Tom Cruise had filed for a divorce. Her pain was so palpable you could hear it in her voice, feel it through her words, and see it on her face.

I was crushed and it wasn't even happening to me!

I'm sure millions of viewers could relate to Kidman's pain because they know there isn't anything quite like the devastation you feel when the person you love decides they don't want to be with you anymore.

But...look at her now!

PICKING UP THE PIECES

1. GRIEF: Cry until you're dry! Grief is a process. You can't go around it, under it or over it. You have to go through it. Get it out so you can get on with your life.

2. ACCEPTANCE: This is the first step in letting go of the past. You will begin to pick up the pieces when you finally let go of all of the lamenting of how you wished things would've turned out differently and accept the reality of your situation.

3. FORGIVENESS: This can be one the toughest things to do, but at the same time when you find forgiveness it is the most freeing thing you can do. It is a gift you give yourself.

Related: Falling Out of Love and Back Into Life

MOVING ON

The end is just the beginning. There is life after this relationship and it's going to be a great one. Look at all of the people who have loved and lost and who are now happy. You'll find your soul mate when you let go of the past. So, embrace the future one day at a time and before you know it you'll be living the life you so richly deserve.

Susan Russo is the author of: There Is Life After What's-His-Name, The 7 Keys to Unlock the Power Within You and is coauthor of, Success and Happiness-16 Experts Reveal Their Secrets. A graduate from the EPIC Coaches Academy and with over 10 years' experience as a Life and Relationship Coach, she teaches you how to transform adversities into life changing opportunities.

Celebrity Couple: Justin Bieber and Selena Gomez Confirm Rumors They're Back Together!





By Andrea Surujnauth

It seems that Jelena is back in the spotlight! Justin Bieber and Selena Gomez are back together and according to *Usmagazine*, they announced it by posted pics for the world to see. The pictures were posted on each of their Instagrams. One picture shows Bieber with his shirt off and Gomez hugging him from behind. The picture, captioned by Bieber, stated, "'You've been makin music for too long babe come cuddle' – her." Rumors about the couple rekindling their love have circulated ever since they were seen kissing backstage during Bieber's concert in Norway. Gomez also went on record to say that the fans should not take every move they make seriously. The couple broke up in December 2012, but a source close to Gomez said, "Justin pursued Selena and she gave in." Will the relationship last this time? "Who knows with them?" the source said. "They're always back and forth!"

How do you keep rumors at bay in your relationship?

Cupid's Advice:

Rumors can endanger even the strongest relationships. How do you keep your relationship above water in a sea of gossip? Cupid has some suggestions:

1. Comment: When a rumor is being spread about your love life, comment on the rumor if someone asks you. Let them know the truth. If you choose not to comment, the lies will spread and

no one will know what is real and what isn't.

2. Closeness: You and your sweetie need to have a tight bond and trust each other. This way when rumors are being spread, neither of you will be insecure enough to fall for it.

3. Verbalize: Put the rumor out there for people to see. By acknowledging it in public, people will see that it is clearly just a rumor. Talk about the rumor with your partner so they know that the rumor is floating around so they can help publicly debunk it.

How do you keep rumors at bay in your relationship? Comment below and let us know!

Illusionist David Copperfield Keeps His Relationship Magical By Relaxing in The Bahamas!





By Royal Young

World renowned illusionist, David Copperfield, talks with us about keeping the magic alive, not only when he's performing a show, but in his personal relationship as well. Copperfield, performs over 500 shows a year and has won 21 Emmy Awards. He has accomplished mind-boggling illusions such as walking on the Great Wall of China and making the Statue of Liberty disappear. His newest passion is focused on educating people about the joy of relaxing in the Bahamas. Copperfield who enjoys The Bahamas with his family owns a chain of eleven islands "Musha Cay and the Islands of Copperfield Bay" which he calls the most "magical vacation destination in the world."

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Dating Advice: A Summer of Love





By Melanie Mar

Are you wondering how you can find <u>l</u>ove this summer? Here's a list of things you can do *now* to get ready for a summer romance.

First, consider your lifestyle. Wintertime is synonymous with wrapping up in layers of clothes and eating hearty meals. While that may be comforting during the dark, cold days, it can also create complacency in your healthy living and add some extra-unwanted weight. But now, spring has sprung, and it's time to refocus on your well being. So take a look at your eating habits, write in a food journal to help you clearly see where you can make some healthy changes and give yourself an attainable goal. When you look good, you feel good and ooze confidence, which is very attractive. Plus, men are visual; they initially pick who they want to date with their eyes.

Related Link: How to Approach a Spring Fling

Next, add exercise into your daily routine. Now would be a fine time to enroll in a fitness class or purchase a gym membership. Rather than look at this step as a chore, think of it as fun and a great place to flirt with some very fit men. If money constraints are an issue, lace up your tennis shoes and go for a hike or even just a walk around your neighborhood. Again, make it a joy by saying hello to prospective, single gentlemen. Another great and easy way to get your body bikini-ready is to simply purchase a workout DVD. Whatever you do, make it a routine and truly incorporate it into your lifestyle.

Once your body starts to transform, you will have a great excuse to go shopping for a new dress for a first date. It doesn't need to be a major investment, as there are plenty of outlet and retail discount stores, like Nordstrom Rack and Off 5th, where you can find great bargains and still look fabulous. It's important to decide what your favorite features are and choose clothing to enhance your best bits and detract from the parts that make you feel insecure. If you're overwhelmed, a friendly salesperson can help you. Don't put everything on display, as this may send the wrong signal to a potential mate. Be subtle in your sexiness.

With your new body and new clothes, it's now time to get a new haircut and/or color – nothing has a greater ability to make you feel more vibrant! Start tearing out photographs of celebrity hairstyles that you like. There are websites, like InStyle, where you can upload a picture of your face and see what the styles will look like on you. It's a terrific way to try before you buy. Then, pop into your local department store and get a free makeover from one of the beauty vendors. They will teach you how to apply your makeup and show you all of the latest colors and tricks.

Related Link: <u>Spring Cleaning: 5 Signs It's Time to De-Clutter</u> Your Love Life

And finally, the most important thing you need when getting ready for new love is what I call a "clear head, clear heart." If you have any residual emotional issues from a previous relationship, you cannot possibly expect to present yourself to others with the openness needed to be viewed as available and seriously wanting to date. Make a conscious effort to move forward. Leave the past behind and look to the future with fresh eyes. There's a summer romance waiting for you. Put your best foot forward and go get it!

For more information about Melanie Mar, click <u>here</u>. Melanie is a relationship and life coach, as well as co-owner of the Millionaire's Club International Matchmaking Agency for the U.K. and Europe. She is certified by the WANT Institute in Androgynous Semantic Realignment and a Transaction Analysis practitioner certified by the United States America Transaction Analysis Association. You can also visit her <u>Facebook page</u> or www.melaniemar.com.

Dating Advice: Fun Dates That are Virtually Free





By Meghan Fitzgerald

Money is not always available in times of need. Queue dating. Dating is difficult as it is...the anxiety of the date, the stress of where to go, what to do. Double that difficulty if your financial situation is not at "its' best." Plus, perhaps your mate's financial situation is also in the dumps. There are always ways to bend the rules of physics and plan the perfect date for little or no cost. Fun dates are a possibility, even if you are flat-out-broke. A relationship can loom from Ramen noodles! Here are some tips:

-Make a time capsule. Gather you and your partner's favorite memories. Take apart these memories and put something into the capsule that reminds you of it. Put in the shirt you wore your first date. A picture of you two together. Items you both will cherish.

-Picnic. Pack a basket full of your favorite Chardonnay, gourmet cheeses from Trader Joe's, and a music player filled with a mix tape of your favorite songs. Enjoy the day outside with one another.

-Roller skating. As corny as it may seem, roller skating not only takes you back years. However, it is cheap and a fun night out. Enjoy some drinks, disco balls, and cheesy love songs.

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-Play grown-ups. Dress up in your finest, most adolescent clothes and visit open houses. Joke about where you would put your beige Northern Hemisphere Marc Blackwell love seat. What you would do with the kids in the house. Have fun with it.

-Nature. It is given to us people to enjoy. Go hike up Diamonds Head. Pack a bag of trail mix, water, electrolytes, and a camera. Sweat and laugh. Joke and embrace one another.

-Local farm. Spend the day with your beau picking fruits at the nearest farm. Take back all of your goodies to the kitchen and spark up some spice in the kitchen. Think of what you can use it for, make up your own recipe!

Related: <u>Who Do We Really Think Should Pay for The First Date?</u>

-Wine tour. All you have to do here usually is buy a ticket for the venue and drink away. Enjoy the scenery, culture, and your partner.

-Movie date: Take your mate out to a matinee. It is immensely cheaper to go to the movie theater during the day. Sneak in candy and drinks. Buy a large popcorn and share under the dark lights.

-Art gallery: Walk or cab it towards your local art gallery. Have pretentious conversations of the paintings lighting, hues, and purpose. Enjoy cappuccinos at the nearest coffee shop afterwards.

Have you ever gone on a fun date which was virtually free? Explain below.

American Romance Film, 'To The Wonder'





By Meghan Fitzgerald

In this new movie, 'To The Wonder,' Ben Affleck plays Neil, an American traveler who winds up falling in love with Marina (Olga Kurylenko). Marina is a Ukrainian divorcee raising her ten year old daughter Tatiana in Paris. The newlyweds take their romance to Mont St. Michel, with Neil making a firm commitment to his love, Marina. Marina and her daughter Tatiana move to Oklahoma for Neil's sake, and settle down as a family.

Should you see it: This is not some measly star actor here ... it's Ben Affleck ladies and gentleman. He's got scruffy facial hair, superb eye for producing, and is an all-in-all phenomenal actor. Plus, he's the director and actor of *Argo*, and *The Town*. If you are completely infatuated with Ben Affleck, or simply enjoy his impressive acting skill...see this movie.

Who to take: For this movie, take someone who thoroughly

enjoys cinema. Someone who appreciates great acting, a strong romance story, and is willing to shed a few tears in the theaters. This is a great movie for a date night out. With warm weather rolling its' way in, take your partner to dinner somewhere outside. Than treat them to this tear-jerking, heart ache of a romance film.

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The relationships cools off as Marina and Tatiana go back to Paris because of visa expiration. Neil rekindles a past relationship, Jane. An old flame who he inevitably falls in love with again. Drama ensues with Marina and Neil is left to decide what to do. Who to love. Where to go. What is life supposed to be.

When should you get back together with an old flame?

Cupid's Advice:

There will usually come a time after a breakup when you'll want to get back together with your ex. You have to handle this situation carefully because you may get back into the relationship for the wrong reasons. Make sure your head it clear when you reconsider the two of you. Cupid has some more advice:

1. Soul mate: Many believe that there is a person out there in this enormous universe which is yours. Your other half, the person who keeps you sane, keeps you happy, and keeps you in love. If you know that your ex is your soul mate, make sure of it. Don't hop back into the relationship because you're lonely or jealous. If you know you two should be together, do something about it.

2. Responsibility: There are certain responsibilities attached to relationships. Especially if children are put into the equation. If your ex is suffering, both physically and

financially. There comes a time where it may be your responsibility to rekindle the relationship for your partner's sake. Only you know what these situations are, and only you can determine if it is worth the risk.

3. Change: Did you and your mate end things because they weren't what you thought they were? Have they now changed and you are considering getting back together? This is common throughout breakups everywhere. It is possible for a person to change. You may not want to believe it, however it is true. If your ex really has changed, rekindling is a superb idea.

Relationship Advice: Why We Are Insecure About Relationships



By Sheila Blagg for

GalTime.com

Insecurities. We've all got 'em. The million dollar question is, is it possible to get rid of them? Although most of us will probably never be completely insecurity-free, I believe that it is possible to work toward a goal of reducing our insecurities. First, we have to pinpoint where they stem from.

Your insecurities may be the cause of one simple comment made by a schoolmate. Or, maybe a "loved one" voiced a critique that has stayed with you no matter how hard you've tried to shake it. For me, many of my insecurities are a result of my relationship with my father.

I grew up with a father who assured me that I'd never be good enough. He also cemented into my head that I was a mistake and that I ruined his life. After my father was through with me, my first husband continued feeding my insecurities with comments that told me that I should have been better than I was. Whether he was comparing me to my friends, the wives of men that he worked with, or any other woman, I always fell short of the person he felt I should be.

Whose Problem is it Anyway?

I now know that the people who went out of their way to bring me down are the ones who have the insecurities, not me. My father and my first husband made themselves feel better by making me feel "less than."

Take a look at your life, your insecurities, and ask yourself "Did I get here on my own?" Is each self-criticism something that you truly do not like about yourself, or are your insecurities the result of the unkind words or actions of someone else? The majority of my insecurities were rooted in me by someone else. They are not mine to own, nor do I allow them power in my life any longer.

Make a list for yourself. Write down all of the positives that you like about yourself. Make a list of the negatives, too.

Then, as you are reading the good and the bad, ask yourself, "Is this truly how I feel, or has someone made me feel this way?"

Keep the positives on your list; they work for your better good. But, if you come across a negative that started from someone else's actions or words, then it's not yours to own. Get rid of it.

Analyzing and owning (or not owning) your positives and negatives is not an easy process, but it's also not as hard as you may think. Every day, take steps to rid yourself of any and all negativity by reinforcing the belief that you are strong, beautiful, loved, and important. Anything other than positive thoughts have no place in your life, so I want you to reject all negatives as soon as you possibly can.

Fill yourself with your chosen positive thoughts every single day. Plant your seed, water it, and watch it grow. The more you believe in yourself, the less power others have over you and your future. You control your thought process. You control what you allow to take root in your life. Do the work, get rid of the bad, and start your life as *you* want it.

Take the first step. The results will be more than worth it!

Celebrity News: Hugh Hefner Admits to Sleeping with Over a Thousand Women Before

Crystal Harris





By Meghan Fitzgerald

Hugh Hefner, married 26 year-old playmate, Crystal Harris in December. In a recent interview with *Esquire*, Hefner discussed his past romances. He revealed that he slept with so many women in his past, he can barely count. According to *UsMagazine.com*, Hefner estimates the count is over a thousand women. "There were chunks of my life when I was married, and when I was married I never cheated. But I made up for it when I wasn't married. You have to keep your hand in." Hefner states that wife, Harris, is from "heaven" and doesn't wish his life to be any different than it is now.

How do you know if your partner's values match your own?

Cupid's Advice:

Knowing if your partner's values match yours in a beginning of an relationship is challenging to do. You may think they have certain morals and ethics in which they believe in. However, the real truth could have been easily concealed, and you simply didn't realize it. It is important for your partner's values to match yours in a relationship. Cupid has some advice on how to determine if they are or not:

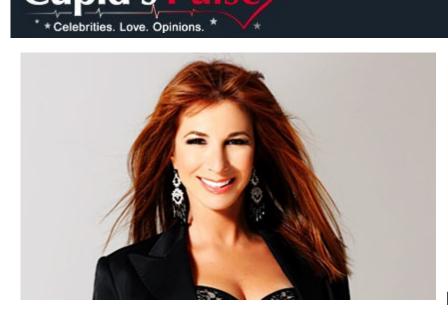
1. Maturity: How is your maturity level compared to your partners? Does your mate maintain bills, plans, and their selves? Are they able to follow through on promises, and keep secrets? Your partner should respect your boundaries, feelings, and time. You need someone who is capable of being an adult, and capable of taking care of you and their self. If you agree in these aspects of maturity, your partner should too.

2. Personal growth: Are you constantly looking to become a better person in your life? Does your partner sit at home, and does not look to make a better relationship with you? Make sure you and your mate are on the same page when it relates to personal growth. Does your partner have goals for self-improvement? This should be a trait you deeply consider to have in your beau. Make sure your partner is aware of emotional strengths and weaknesses also.

3. Integrity: To be in a relationship with another person, you must keep honesty between you and your mate. Is your partner honest with themselves? Do they realize when they're wrong, and you're right? Is your beau honest with you, and many others? You need a partner who keeps honesty close to their heart. Also, make sure your significant other is not playing games, or toying with your emotions. Nobody ever needs that.

Did your partner's values ever match yours? Share your experience below.

'Bachelorette' Reality TV Stars Ashley Hebert and J.P. Rosenbaum Speak Out About Waiting for Marriage



By Jessica Conigliaro

According to <u>People</u>, the newest reality TV couple Sean Lowe and Catherine Giudici are saving sleeping together for their celebrity wedding night...unlike famous couple Ashley Hebert and her <u>Bachelorette</u> winner hubby, J.P. Rosenbaum, who chose not to wait for marriage. "Those are their own personal beliefs, and we're not going to judge them," Rosenbaum says. "We do our thing; they do their thing."

Two reality TV couples have different opinions when it comes to

waiting for marriage. What do you do if you and your partner have conflicting beliefs?

Cupid's Advice:

Your boyfriend seems to have differing beliefs from you. However, you don't want them to damage your relationship and love in any way. Cupid offers some love advice on how to work through your differences:

1. Compromise: You and your love have different religious beliefs. Your man wants to go to church, and you want to go to temple – what now? Make a compromise: Go to church with your man one week and have him come to temple with you the next. You will both appreciate each other's support.

Related Link: <u>Reality TV Stars Ashley Hebert and J.P.</u> <u>Rosenbaum Celebrate Holiday Traditions</u>

2. Try new things: Your partner has always wanted to move to a different state before settling down. You, on the other hand, have no interest in leaving. Try going on an extended vacation over the summer and travel from state to state for a few months. You never know what you will end up enjoying, so don't be afraid to try something new!

Related Link: <u>Famous Couple Sean Lowe and Catherine Giudici</u> <u>Speak Out Against the New 'Bachelorette' Twist</u>

3. Pick your battles: Your boyfriend has been dead set on getting a dog for the past few months. He has been nagging you about it, but you say no, knowing you'll end up taking care of the pet instead of him. If he continues to bug you about it, perhaps it's time to cave. He clearly won't give up until he gets his furry friend. Sometimes, you have to do things you'd rather not do - like cleaning up dog poop! - for the one you

love. He'll surely take notice of your kindness and will some day return the favor.

How do you deal with conflicting beliefs between you and your partner? Share below.

Celebrity Mom Jillian Michaels Admits It's Hard to Balance Workouts and Motherhood





By Meghan Fitzgerald

Jillian Michaels and girlfriend, Heidi Rhoades, are busy balancing their two kids, daughter Lukensia, 3, and son Phoenix,10 months. Jillian Michaels spoke with <u>People</u> and said, "I get up at 7 a.m. – after being up all night with the baby – and run around trying to get both kids diaper-changed,

dressed and fed. Finally I'll shower, and before I know it, I've got 50 emails to answer, and I need to leave for work." She told *Fitness Magazine* that women need to workout whenever they can ... and realize that every decision counts.

What are some ways to balance being a parent and staying healthy?

Cupid's Advice:

Being a parent requires the majority of your efforts, sanity, and time. Staying healthy is challenging to balance with all the duties of being a parent. Teetering weight watchers meetings and diet plans as you organize your child's lunch and school plan is hard! It is not in any sense easy to do. Cupid has some advice on how to balance this:

1. Schedule: Scheduling is fun ladies and gentleman! It may be stressful planning out, organizing your events and divvying up your time however, the inevitable return is great. Scheduling your weeks, or months out will give you a stressful life in the end. If you schedule out your time, you will be able to schedule gym time, meals for the upcoming weeks. It is easier to stay healthy if you schedule out your life.

2. Communication: Staying healthy requires to give yourself some time. Obviously this time was once devoted to your child or children so you need to communicate with your partner about your temporary absence. Your mate will have to fill in your spot as you attend dieting meetings or spending time at the gym. If you are working out at home, this will not be a problem. However, as most people go to the gym, you will need to talk to your beau.

3. Discipline: Discipline ladies and gentlemen is more than important to stay healthy when you're a parent. If you have plans to go to the gym with your girlfriends, yet don't want to go, make yourself go! You need to make sure you stick to

your decision because you may not get that time again. Your children requires a lot of time from you and you can't waste your time already planned.

How do you balance being a parent and staying healthy? Explain below.

Audrina Patridge Says A Guy Must Have "Loyalty, Integrity and Respect" To Get Her Attention





By <u>Whitney Baker</u>

<u>Johnson</u>

Spring Break is going strong in Panama City Beach, Florida, and celebrating there again this year is former MTV reality star, Audrina Patridge. Model, actress and BFF to Lauren Conrad, Patridge is someone we all grew to know and love on *The Hills*. Leaving the Los Angeles sunshine behind, the starlet visited the panhandle yesterday to make a special guest appearance for Curve fragrances at Maxim Spring Break.

Spending the day on the beach, she mingled with party-goers in the Maxim cabana before hosting and judging a Booty Shake Dance Contest. "Just get up there and dance! Let loose and have a good time," she offers to those who'll be participating in the contest. "Last year, a guy won, so it's not just for girls," she adds. "Just because it's a booty shaking contest doesn't mean you have to have a booty."

Related Link: <u>Celebrity Couples Who Have Turned Over a New</u> Leaf

But it's not all about booty shaking and spring break. After leaving *The Hills*, Patridge focused on a career in acting with movies like *Sorority Row*, *Into The Blue 2: The Reef* and *Honey* 2. Next, she'll appear in *Scary Movie 5*, in theaters on April 12th. "I had a little cameo. It's such a fun movie, and I loved being on set."

As if she wasn't busy enough, Patridge also serves as a Curve fragrances celebrity brand ambassador along with *Gossip Girl* actor Kevin Zegers. Whether she's getting ready for a night of dancing with the girls or dressing up for a first date, curve appeal for women is a fragrance that she consistently loves to wear. "It smells so good, and I always get so many compliments. It catches your attention and leaves a lasting impression," she shares. "Plus, it's very girly."

Related Link: The Best Celebrity Fragrances of 2012

Another perk of Curve fragrances is the tiny bottle. "It's very cute! It's even small enough to carry in your purse," she says. This choice sounds perfect for any woman who likes to primp while she's out and about.

Patridge also loves curve appeal for men, a fragrance described as incredibly sexy and effortlessly cool. "I think everyone should smell fabulous everyday, and curve appeal is definitely one of my favorite scents."

As much as she enjoys the aroma of curve appeal, her number one beauty tip has more to do with what's on the inside than the outside. "If you feel confident and beautiful, it's really going to show," she says. "It all really comes from within." Equally important as having confidence is being comfortable. For Patridge, wearing something that makes her feel uncomfortable can easily ruin her day.

So what does it take to get this California girl's attention? Patridge, who is rumored to be dating on-again, off-again boyfriend Corey Bohan, says the three most important qualities in a guy are "loyalty, integrity and respect." As for how to tell if a crush has these traits, she believes it's "about how he acts around his family, how he treats his mom. That's going to give you an idea of how he'll be with you."

Related Link: <u>5 Ways to Turn "Me" to "We"</u>

Just as she knows what she wants in a man, Patridge knows what she *doesn't* want in a relationship. "Dishonesty," she says without missing a beat. "My biggest pet peeve, though, would be not communicating well," she adds. "It's all about communication. If you're not on the same page, it's probably not going to work."

You can keep up with Patridge on <u>Twitter</u> and <u>Facebook</u>.

Desiree Hartsock Is the New 'Bachelorette'!





By Meghan Fitzgerald

Starting out as one of the 26 girls in *The Bachelor*, Desiree Hartsock was fan-favorited as the new *Bachelorette*. *People* reports on the *After the Final Rose* special, Hartsock stated, "Just can't even believe I'm here. With the support of everyone, it's just such a blessing." *Entertainment Weekly* reports that Hartsock shocked many when she sported a no bangs look, especially the *Women Tell All*. Hartsock will continue to shock many with drama, love, and passion on this summer's ninth edition of *The Bachelorette*.

What are some out of the box ways to find love?

Cupid's Advice:

Finding love is a relatively hard thing to do. Love does not usually spring itself at you, some effort is required to find the love of your life. The ways to find have love seem to be around the same thing; going to bars, blind dates, online dating, and what not. Are you tired of the same pattern over and over again to try and find love? You deserve a different, out of the box way to find love. Cupid has some advice on this:

1. Yoga class: Yoga class is great for many things in life. Obviously it is a form of exercise, resulting in happiness. Which inevitably leads to a boost of confidence, and gives you more courage to talk to people of the opposite sex. It also balances your inner self with the natures of the world and others around you. Meeting new people at yoga will give you a look into people who are practicing the same life as you, relatively. Which will make finding love easier!

2. Volunteering: Would you ever suspect to meet the love of your life while volunteering? Most likely not. However, volunteering is full of generous, kind-hearted people looking to help the world. Looking for someone to love. Spark up a conversation with an opposite sex at the food pantry, or clothe drive, or helping out with the local blood drive. You never know what will come of the new interaction. So go out and do some good ladies and gentleman!

3. Friends: Scratch a blind date, hang out with your friends and converse with someone you don't know. If they're hanging out with your friends, you both must have something in common. If you two hit things off, it could loom into a full blown relationship. Also, if a date occurs from your meeting, it won't be strange because you two will already know each other. Go ahead and be social!

Have you ever found love in an out of the box way? Explain below!

10 Bad-Boy Celebrities We'd Love to Date





By Meghan Fitzgerald

Dating bad boys is thrilling. Even if you end up in tears with a gallon of ice cream in front of you, we still tend to choose the "bad ones." In *Profiling Your Date: A Smart Woman's Guide to Evaluating a Man*, author Caroline Presno says, "Bad boys are like potato chips—after you have one, you want to nibble on more and more until you eat the whole bag and feel sick." Although dating these certain breed of men is sometimes dangerous and stressful, it is fun. And sometimes ladies, we all need some fun. Here are some bad boy celebrities we'd love to date:

1. Ryan Gosling: With his powerful movies and stunning facial hair, who wouldn't want to date this hipster bad boy? Even though his charming role in *The Notebook* can allude to the fact that he is a sweet guy, he's not always. His roles in *Drive, Blue Valentine,* and *Gangster Squad* show his true self.

Related: What Attracts Us to Bad Boys?

2. Johnny Depp: This bearded pirate is a bad boy women would love to date! The American actor, film producer, and musician has broken all rules of Hollywood and has been crowned the Years Sexiest Man year after year!

3. Colin Farrell: A large part of Colin Farrell's bad boy-ness comes from the release of his <u>sex</u> scandal in 2003. The Irish actor has a history of womanizing and excessive partying, a key part to being a bad boy.

Related: <u>3 Reasons Nice Guys Shouldn't Finish Last</u>

4. Jude Law: Having an affair with Sienna Miller and producing a love child gives this British heartthrob a serious edge. His scandalous ways with have filled the tabloids for years!

5. Matthew McConnaughey: Flying solo, Matthew McConnaughey is tied with the bad boy image. The constant shirtless lad has been arrested for drug possession and disturbing the peace. This mate is a crazy party boy.

Related: 11 Ways to Meet Your Next Date

6. Christian Bale: How are you not considered a bad boy when you play the role of Batman? Bale lost his cool on *Terminator Salvation*'s director of photography Shane Hurlbut, TMZ. Leaving a strong image in the media.

7. Robert Downey Jr: It could be the possibility of being a super hero however, they all seem to be "bad boys." Iron Man in particular has a past filled with a strong drug and alcohol addiction. He's seen years in and out of rehabs.

8. Mark Wahlberg: This muscular Boston boy has spent his time in prison, and with his ballsy attitude who wouldn't want to date him?

Related: <u>How to Date Like a Celebrity</u>

9. Alex Pettyfer: The British I Am Number Four star has been

known referred to as a psycho loose cannon by ex-Dianna Agron.

10. Shia LaBeouf: Hollywood's bad boy has his ways of vulgarity, violence, and womanizing. His temper shows throughout the entirety of his bad boy image.

Would you date any of these bad boy celebrities? Share your comments below!

Expert Love Advice: Single Traits to Lose so You Can Move Forward in a Relationship





By Courtney Allen

Relationships are described as many things, but "easy" most definitely isn't one of them. Two A.M. bickering, checking

messages on phones/social media, and cases of jealously are just a small part of what makes relationships so complicated. And these relationship problems tend to be a tough transition, especially if you are adjusted to the "single life." But relationships are partnerships. Both individuals must have their hearts and minds in the same place in order for the relationship to last. If you just can't seem to progress in your relationship, you should consider leaving these single habits behind:

1. Wanting the next best thing: Keep your eye on the prize that's already in front of you. We all know what it's like to want what you can't have whether it's *High School Musical's* hottie Zac Efron or your brother's blue-eyed best friend. Once you're in a relationship, other options may seem better. Stick with your honey and you will benefit in the long run.

2. Party animal: Get your priorities in order. There is no need to go to snazzy clubs and bars every weekend with your single friends. Not only are you sending out the wrong message to the single people you run into, but to your love as well.

3. Selfishness: Be considerate of what's important to your significant other. It's not just your feelings you have to worry about now, it's theirs too. Do some of the things you don't want to do and the same will be done for you. Remember, you two are a team.

4. Flirtiness: Boundaries need to be set between you and members of the opposite sex. Don't be too friendly; some may take your kindness for interest in them. Always be aware of body language, the things you say, the way you say them.

5. Late night texting: Avoid texting the opposite sex after 11 o'clock. Indeed, there may be nothing going on but it tends to look suspicious. Anything you have to say can most likely wait until morning. Don't give your sweetie anything to worry about.

What are some single traits to leave behind to better your relationship? Share your thoughts with us!

'Bachelor' Star Sean Lowe Surprises Fans and Sends Home AshLee





By Meghan Fitzgerald

The final two in this season's <u>The Bachelor</u> has finally come into play! Strange as it may seem, AshLee Frazier is out of the top two. <u>People</u> reported that AshLee was completely devastated, and visibly upset. AshLee was a big favorite from the beginning, and was so upset, she didn't want 'Bachelor' Sean Lowe to walk her to the car. According to <u>Eonline!</u> AshLee talked to Sean the <u>date</u> before that "This man has literally healed my <u>broken heart</u>." Sorry, AshLee!

How do you know if your personality and your partner's

personality match enough for the long haul?

Cupid's Advice:

In the beginning of the relationship, you should do if you and your partner's personality mesh well together. I mean, if it the relationship is working between you and your mate, your personalities match. If the beginning is relatively rocky, and you both are fighting often; you may want to reconsider the relationship. To make it for the long haul, your personalities should match enough to match. Cupid has some more advice:

1. Similarities: Your personalities generally stem from what you like and don't like. This being said, you and your partners personalities will tie in together if you both like the same things. Of course, there are exceptions present. However, generally speaking, if you both <u>love</u> the same things in life, you should be able to make it for the long haul. If you don't like the same things and find yourselves fighting on them, look for a different love.

2. Compromise: Some relationships are sometimes about compromise, yes it may not be entirely appealing to you; however, it happens. Knowing if you'll make it through to the long haul also depends on how much you are willing to compromise. This is not the case if you and your mates personalities are entirely compatible. If they're not however, you have to make a strong decision. Deciding whether or not you can compromise your way to the long haul with your <u>beau</u>, or walk out the front door looking for new love.

3. Passion: Passion can completely disregard personalities. With passion, you may able to get to the long haul without even considering you and your partners personalities. The problem which may ensue is when the <u>passion</u> fades out. This may not be for a long time however, it may be harmful when it does. If passion is the sole reason why you and your mate are running, attempt to look past it and foresee the future. Yes this is challenging however, it will help determine if you two can make it.

Have you and your partners personalities made it to the long haul? Explain below.