Relationship Movie 'Focus' Features Will Smith as a Con Artist





By Courtney Omernick

In the new relationship movie *Focus*, Nicky Spurgeon (Will Smith) is a con artist who takes a girl named Jess (Margot Robbie) under his wing. Nicky and Jess become romantically involved, and with Nicky's profession, which includes lying and cheating, he decides to end the relationship. The two reunite three years later.

Should you see it:

If you're sick of the standard chick flick, but enjoy a relationship movie with a twist, then you'll love *Focus*! The film is jam packed with action, suspense, and romance.

Who to take:

This film would be great to see with your friends, family members, or significant other.

How can you tell if your significant other is cheating?

Cupid's Advice:

Relationships and love are meant to last. But, unfortunately, they can end prematurely due to one, or both, parties deception or cheating. Sometimes, it can be easy to pin point when the person you're with isn't being faithful. However, most of the time, we don't see the signs. Find out what to look for below!

1. Excuses: If your significant other is usually ready to hang out but now constantly makes different excuses as to why he/she can't see you, they're probably cheating.

Related Link: Find Out Why Ellen Barkin Called Off Celebrity Engagement to Ben Emmerson

2. Different routine: Usually, your partner comes home, has dinner, and walks the dog. Now, he/she comes home, takes a shower right away, and tries to read a magazine to "unwind." If they're starting to switch up their routine for no apparent reason, they might be unfaithful.

Related Link: <u>Mandy Moore Ditches Wedding Ring & Spends V-Day</u> with <u>Minka Kelly Amid Celebrity Divorce News</u>

3. Their looks have changed: Has your partner recently lost a lot of weight? Did they buy a new wardrobe? Are they starting to dress up all the time when they usually dress down? They might be "cleaning up" to impress their fling.

How did you know your significant other was cheating? Comment below!

Relationship Advice: How Should We Raise Our Kids?





By Courtney Omernick

Relationships and love can be complicated, and when it comes time to decide how to raise your children, there's no doubt that you and your partner might have opposing viewpoints. These three pieces of relationship advice will help you agree on the best approach!

Relationship Advice to Help You Determine How to Raise Your Kids

Consider the relationship advice below:

1. Consider your own upbringing: Not all of us like every aspect of how we were raised, but it's definitely a conversation that you can have in order to put some ideas on the table. Think about what your parents or guardians did or didn't do while raising you that you would or wouldn't like to see incorporated into your own child's upbringing.

Related Link: Celebrity Pregnancy: Kate Middleton Says She Can Feel Baby Kicking

2. Look at the research: There's plenty of research that has been done on how and where to raise children. Doing a simple Google search can tell you some of the most effective tips when it comes to certain situations. You be the judge. Is what relationship experts are suggesting going to work for you?

Related Link: <u>Celebrity Pregnancy: Former 'Bachelorette' Emily Maynard is Expecting!</u>

3. Make a list: Once the both of you have decided what you absolutely have to do/can't do as parents, come together and compromise. Write down your "must haves" as a couple while raising your children. This way, you lay the ground rules for raising your kids and each person has input and some of their rules incorporated.

What relationship advice would you give on how to raise children? Comment below!

Kate Hudson and Matthew Bellamy Spotted Shopping in Aspen Post-Split





By Courtney Omernick

Who says exes can't be friends? Kate Hudson and Matthew Bellamy were spotted in Aspen this week as they were finishing some Christmas shopping, according to <u>UsMagazine.com</u>. The pair recently ended their relationship after a three-year engagement. Hudson and Bellamy have one child together, son Bingham.

How do you know how much space to give your ex post-split?

Cupid's Advice:

Breakups can have different outcomes depending on the couple. Sometimes, it's mutually beneficial and no harm has been done. Other times, one or both members are left feeling many different emotions all at once. So how do you know how much space to give your ex post-split? Cupid has listed some tips below:

1. Assess their emotions: If it was a mutual breakup and the other person also clearly thought that it was for the best, you probably don't have to give them too much space. However, if you both disagreed about the breakup and there are hard feelings, you may want to give your ex more space before you're able to be friends or hang out post-split.

Related Link: 'Bachelor in Paradise' Lovebirds Cody Sattler and Michelle Money Breakup After Six Months

2. Consider how long you've known them: If the two of you have been friends since you were teenagers and you've been dating for the last five years and if the relationship didn't end because of a cheating scandal, you won't have to give the other person too much space. But if you haven't known each other very long and it ended because you both want to go different directions with your lives, you might want to hold off on a lot of contact.

Related Link: <u>Single in Stilettos Show: How to Move On After a</u>
Breakup

3. Blended friend group: If you've been together for a long time or if you both work at the same office, went to the same school, etc., you might have the same friends, and you may not be able to take a break from each other for long. If this is the case, you should figure out how to behave around each other as friends as quickly as possible.

How have you known how much space was needed for your ex postsplit? Comment below!

Should You Date More Than One Person at the Same Time?





By Courtney Omernick

Juggling work, life, family, and friends can be hard enough. Now try adding dating. No, let's make that dating multiple people at once! Sounds like a bit of a challenge, doesn't it? Well, it can be done, and it can be done right if it's something you're looking to do. Below are a few points regarding dating more than one person at the same time.

1. Honesty may be the best policy: We're not suggesting you

make this the first thing you tell your date right after you've stated your name, but you may want to tell them that you're interested in openly dating because they may have different expectations. You wouldn't want to figure that out after you're a few weeks in.

Related: <u>Sofia Vergara and Joe Manganiello Celebrate</u> <u>Thanksgiving Together</u>

2. Compare and contrast: While dating multiple people may be hard to balance, it does give you the option to compare and contrast each person. This way, you can speed up the process of finding 'the one.'

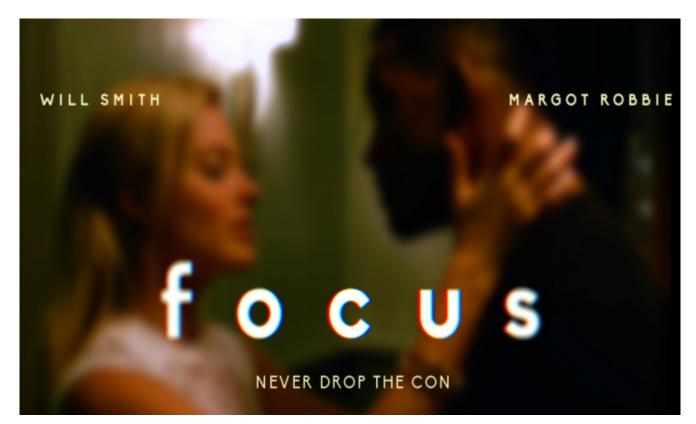
Related: Snooki Marries Jionni LaValle

3. Gaining skills: Like a job interview, dating multiple people at once helps you practice what to do and say on the first date. After a few tries, you'll be a pro, and the first attempt hopefully won't be so nerve wracking.

Do you think dating more than one person at the same time is a good idea? Comment below!

Four Changes You MUST Make to Avoid Falling Prey to the Unavailable Man





By April Kirkwood

Something mystical occurs when a beloved arrives and touches our heart. We become mesmerized as if we're under a spell, and we are deaf to all rational thought. We are cut off from cognitive reasoning and common sense as he slips his hand in ours. We blindly ignore the wedding ring on his hand, the calls from his kids during love making, and holidays alone as he spends time with family and friends.

Eventually, the dream of landing the unavailable man starts to crumble. Weeks fade into years, turning us into hateful, bipolar lunatics lost in lies and deception. The eventual breakup ends badly. He calls us crazy, a mistake, or denies "us" altogether.

For months after, we stumble through our days half drunk with deep pain. Confused and broken, our eyes are forced open by the glaring sun of truth. Our mind spins out of control with a million feelings. We go over details and ask questions that will never be answered. We toss and turn night after night, get lost in glasses of wine, and we pour out our hearts to

anyone who will listen. In short, we are a total train wreck.

Sound familiar?

The truth is that the 'unavailable man' is a part of our culture. Cheating is as permanent as the stars in the sky. The cheating man is not going away. On the contrary, because of social media and technology, these scoundrels can get away with more than they ever have before.

However, the Unavailable Man does not have to be a character in your life's story. After years of counseling, I have found that many women (from various demographics) carry with them certain thoughts and beliefs that lead them straight to the Heartbreak Hotel. Beliefs that don't serve and support what we all truly want and deserve; a monogamous relationship with a honest man who is capable, willing, and ready to love us.

Smart UP Ladies

1. Quit being DEAF to what men say: "I'm a mess." "I just want to have fun." They often tell the truth to make themselves feel less guilty. However, you are too busy selling yourself to hear it clearly. Be a fly on the wall and watch the lies fall.

Related: How to Defend Against Four Emotional Vampires

2. Stop acting DUMB: Never give anyone the benefit of the doubt. Check him out. It's not being mean; it's just being smart. If your research checks out, he never needs to know.

Related: <u>Miley Cyrus Celebrates Birthday with Patrick</u> <u>Schwarzenegger</u>

- **3. Get rid of being BLIND to the obvious:** He keeps his life a bit of a mystery because he is hiding the truth.
- 4. Don't act like a CHILD: Get rid of fantasy ideals like: Dreams do come true, wishes come true, and love conquers all.

Seriously! Grow up and get real. You are not Cinderella!

Most importantly, always be kind and classy. Years later, it will be you not him who has something we like to call, integrity. That's the best revenge of all.

April Kirkwood is a graduate of Youngstown State University with two masters in education—in school and community counseling. April worked for more than 25 years in public education and in the mental health field as a social worker, teacher, guidance counselor, and mentor for new teachers. April is also the author of "Big Boys Do Cry: Why May Affair with Frankie Valli Matters" which is set to release in 2015. Learn more about April Kirkwood by visiting aprilkirkwood.com or by Subscribing to her new Youtube Series AprilofCourse.

Does Taking a Break Help or Hurt Your Relationship and Love Life?





By Molly Jacob

Your relationship and love is all roses and chocolate, but then reality hits. You and your partner used to be googly-eyed during the first part of your relationship, but the happier times are now over. You decide to have the dreaded talk where you conclude that taking a break is the best for both of you.

The question is, will a break help or hurt your relationship and love life? Find out Cupid's take.

When taking a break in a relationship helps:

1. Experiencing "me" time: You've spent the past months or years focusing on making your relationship better, but now's the perfect time to work on improving yourself. By picking up new hobbies and rediscovering how you can enjoy time on your own, you'll come back into the relationship with a better head on your shoulders.

2. Having new experiences: During this time, you may be going out on your own, meeting new people, and going on a few dates. These experiences (that you can only have if you take a break from your relationship) may help you realize that your honey is the only one for you and that you're much happier when you're together.

Related Link: <u>Psychologist Breaks Down Relationship Fears in New Book, 'Love Me, Don't Leave Me'</u>

3. Giving each other space: Sometimes the arguments that end a relationship can be petty. By taking a break, you can step back and look at the big picture, allowing you to realize that all those disagreements do not seem so important anymore.

When taking a break in a relationship hurts:

- 1. Becoming jealous: Although many people use a break as a time to see other people, this can lead to problems if you two get back together. One partner may become envious of the people the other partner has dated during the break, which could lead to a loss of trust in your relationship.
- 2. Ignoring problems: Just because you two temporarily step away from the relationship, that does not mean it will be fixed when you get back together. The issues between the two of you might still be there and could result in a permanent break.

Related Link: Jason Derulo Confirms Split from Jordin Sparks

3. Growing apart: Spending time not together may make you realize that maybe you should be apart permanently. By not being together, you might become different people. When you take a break in a relationship, you may realize that you are happier on your own.

Do you think taking a break hurts or helps a relationship? Reply in the comments section below!

Marc Anthony Marries Third Wife Shannon De Lima





By Shannon Seibert

Marc Anthony and model girlfriend Shannon De Lima exchanged 'I dos" in front of close to 100 guests on Tuesday, November 11. The couple has been dating on and off since 2012, and this time things are going to stick. Anthony and his new wife married at his estate in La Romana, Dominican Republic. According to <u>UsMagazine.com</u>, Latin music stars Juan Luis Guerra, Carlos Vives, Tito El Bambino were in attendance as well as Anthony's business partner Charles Koppelman, and the CEO of Sprint Corporation Marcelo Claude.

How do you decide whether to get married for a second or third time?

Cupid's Advice:

Getting married is a huge deal. It involves legally binding documents, a public declaration of love and combining two lives into a shared one. Before making your decision, consider Cupid's advice for you:

1. You have absolutely no doubts heading to the altar: You have a little experience under your belt, you've made this journey once or twice before. Yes, you may love your partner, but are they going to be able to support you financially and emotionally? You are now a team which means putting your own needs aside and considering what is best for the family.

Related: <u>Jennifer Lopez Says Marc Anthony Predicted They'd</u>
<u>Marry When They First Met</u>

2. You have had multiple conversations about marriage: This isn't only considering the idealistic thoughts of marriage. These conversations include the nitty gritty details of possible financial instability, whether or not you'll have more children, or are you choosing to forgo the prenup? Is this what is best for your children? There are a lot of aspects to take into account and angles to consider beyond where you will be honeymooning.

Related: Marc Anthony Says He's 'Really Good Friends' With Casper Smart

3. Your intuition is giving you the green light: Your gut feeling is probably the best judge of character. If you can picture yourself with this man for the rest of your life, working together in both the hard times and the bad, then go for it! Nothing should stop you from being with your true love.

What helped you decide to get married again? Share with us below!

Daniel Radcliffe Says He Loves the 'Idea of Lots of Kids'





By Sanetra Richards

Keeping it in the family. According to <u>People</u>, after continuing his quest to find distant relatives, best-selling author A.J. Jacobs sat down for an interview with his newly

found cousin, actor Daniel Radcliffe. In the interview, it was revealed that the 25-year-old *Harry Potter* star is also related to pop singer Katy Perry (who is noted for Radcliffe having a crush on) and scientist Albert Einstein. When asked if he would like to keep the Radcliffe name going in the family, the actor responded, "Maybe because I'm an only child, I love the idea of lots of kids. But it will depend to a larger part on who I end up having kids with. I think men would be a lot less excited about having kids if we had to actually do it!"

How do you decide how many children to have?

Cupid's Advice:

The talk between you and your partner about building a family can bring on lots of emotions. It can indeed be somewhere between a scary and an exciting conversation. It is important to discuss the maximum number of children to have and the time frame of when to have them while planning. Although there is a lot to consider, Cupid has some tips to help make the talk easier.

1. Perfect timing: You and your partner should ask each other if it is the right time to expand your family. Be sure to take in mind if you all are at the right and most comfortable place in your relationship or marriage. Also, think about daily schedules and if the two of you will be able to maintain a balanced household.

Related: <u>Daniel Radcliffe New Girlfriend Erin Darke Have</u> 'Great Chemistry'

2. What's in the bank: The bigger the family, the more expenses. If you have been noticing a dent in your pockets or a decline in your account, take this into deep consideration before you and your partner try to conceive. Save until there is an adequate amount to provide for a family.

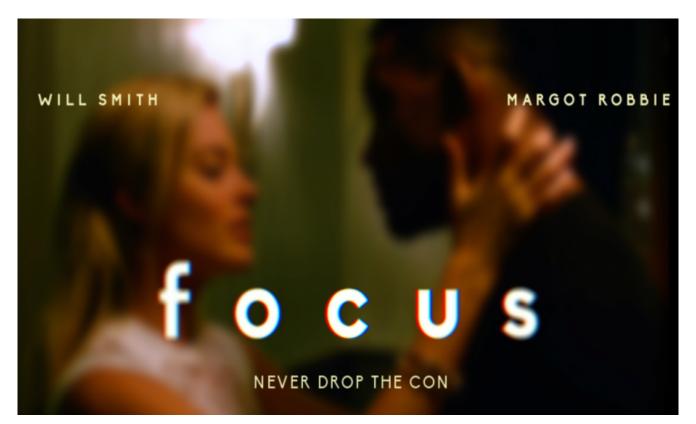
Related: <u>Daniel Radcliffe Puts the Moves on Costar Erin Darke</u> at Sundance Film Festival

3. Both say yes: There should be a mutual understanding between you and your partner on the size of family wanted. Try to have this conversation early on to avoid any conflict at a later date. If your partner continues to stand firm on their decision of only wanting one or two children, do not pressure him/her into doubling that number. Instead, compromise on what would be best for the relationship and household.

How did you and your partner decide on the number of children to have? Share in the comments below.

How to Show Love Through SMS





By Courtney Omernick

Since technology has evolved, it's also taken over our love lives. And, with more and more individuals leading busier lives, or resorting to long-distance relationships, sometimes, showing your love through a text message is the easiest and simplest way to get the job done. But, showing emotions through texting can be tricky. So, Cupid has come up with a few ways on how you can show your love through SMS.

1. Focus on the WHY: Couples tend to go back and forth with saying the phrase, "I love you." But, stating the reasons why you love someone seems to happen less and less. Try sending your partner a text stating why you're in love with them or why you fell in love with them.

Related: <u>Celebrity Couples Who Let Social Media Run Their</u>
<u>Relationship</u>

2. Quote love songs or poetry: Do you know your partner's favorite love song or poem? Even just pulling a few lines from a well known love song will do. Try texting those lines to

your partner during the day. You could try texting a few lines at the same time, or, make it last and spread out the lines throughout the day.

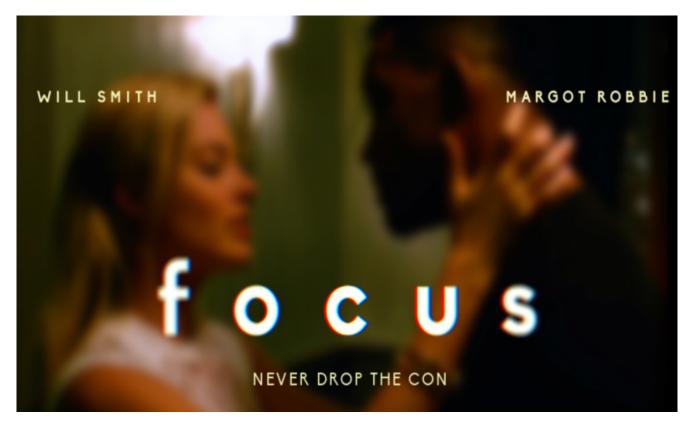
Related: Social Media Etiquette for Your #Wedding Day

3. Create a scavenger hunt: Now, this one may require a little more work, but it's doable! Try hiding your partner's favorite candy around the house, or love notes, and clue them in to where the items are hidden via text message.

How do you show your love through SMS? Share your comments below!

Report: Scott Disick Was Hospitalized for Alcohol Poisoning





By Sanetra Richards

Blame it on the alcohol. Scott Disick can owe it all to exactly that for his recent hospital stay. According to <code>UsMagazine.com</code>, the reality star was reportedly hospitalized for alcohol poisoning during his belated birthday bash on June 22nd. Kourtney Kardashian's longtime love and father of two, partied and had several drinks at the Hamptons nightclub 10ak before being treated at Southampton Hospital. A source stated <code>Disick</code> "went through a dark place" after losing both parents within the past year, but, "is doing great now."

What do you do if you think your partner drinks too much?

Cupid's Advice:

You have been noticing something strange going on with your partner lately . . . they have been looking to a bottle for an answer and comfort. You want to tell them, however, there is no easy way to go about it. One wrong thing could trigger an uproar. Cupid has some tips to get you there properly:

1. Be honest: Inform your partner of your realization, but be

very careful with your approach. Avoid being offensive. Maybe comment on their lack of activity lately by saying you have not seen them doing their favorite hobby since they have started heavily drinking. Maybe even let them know you are concerned about their health. The main goal is to be empathetic at all times.

Related: Kourtney Kardashian is Pregnant With Third Baby

2. Console them: Behind it all, there is a reason why they constantly seek to drink. It comforts them for the time being. Ask questions in regards to what they may be battling internally that drives them to the bottle. They could very well be heavily drinking without noticing. Help your significant other understand what is causing it and why.

Related: Scott Disick Addresses Prospect of Marriage with Kourtney Kardashian

3. Seek help: One of the final and most important steps to act on if you think your partner drinks too much, is getting them the help they may need. Of course, they will have to agree to it. You can try to be as supportive as possible, but they will only change their behavior if they truly believe it is problem worth solving.

How do you deal with an excessive drinker in a relationship? Share your suggestions below.

Daniel Radcliffe New Girlfriend Erin Darke Have

'Great Chemistry'





By Shannon Seibert

Not only is their magic on screen but there is magic in the air. Star of the wizarding world **Daniel Radcliffe** is happily in love with his **new girlfriend** Erin Darke. The pair made their first red carpet appearance together at the Tony Awards. The couple met while filming *Kill Your Darlings* in 2012, but took their love-filled relationship into the spotlight just this past month, according *UsMagazine.com*.

How do you determine if the chemistry in your relationship is strong enough?

Cupid's Advice:

When you've been in a relationship for quite a while, you'll

notice the "new" feeling begins to wear off. You're used to each other and each other's routines. Eventually you both create your own routine together. In order to keep the chemistry alive you have to find out whether or not the relationship will be worthwhile. Check for these three signs to see if your couple chemistry is going strong:

1. You get the traditional butterflies: When you catch their eye you feel your stomach dip, or your heart flutter. Even if it is only a little bit, your brain is telling you that you are happy to see them. You recognize their presence as a signal for love and happiness. If you still catch him looking at you like they way he looked at you when you first started dating, you know the chemistry is still sizzling strong.

Related: <u>Ashton Kutcher's Twin Michael Says Brother and Mila Kunis Are 'Meant to Be'</u>

2. You talk about him all the time: When people love someone the person they love always seems to surface as a topic of conversation. You may get comments from your friends saying that they have already heard all about your inside jokes with your man. Though silly, it's reassuring that your partner is still a focal point for what you're passionate about. So what if you talk about him all the time? He's all yours to brag about.

Related: Adam Levine Says Proposing to Behati Prinsloo Made Him 'Woozy'

3. You looked forward to alone time: Not only do you love going out and showing off your man, but you constantly find yourself impatiently waiting to get him all to yourself. When there is a lot of chemistry between two people they're always in each other's thoughts, although some of these thoughts are definitely more private than others. A good romantic relationship with a good sexual relationship leads to a strong and healthy relationship for a couple.

Have you ever had chemistry doubts? Tell us about them in the comments below!

Olivia Wilde Discusses the Pros and Cons of Parenthood





By Sanetra Richards

The cuteness is never-ending! According to <u>UsMagazine.com</u>, new mom Olivia Wilde was all smiles while telling *UsWeekly* about fiance Jason Sudeikis and their baby boy, Otis, while at the Cinema Society & Revlon Host a Screening of Third Person event in the Big Apple on Tuesday, June 17th. "It's such a joy

to watch them laughing and smiling together. It's the best feeling in the world," said the 30-year-old actress about parenthood. "I look forward to when Jason can start reading to Otis because then, the best thing ever, is when your dad is reading to you and does all the characters from the books." "That was my favorite," she gushed. "My dad would do all the characters from the Roald Dahl books and I thought he was a genius! And so I really can't wait for that moment with Jason and Otis." The couple welcomed their son in April and have enjoyed every moment of parenthood since — although Olivia's first national mommy holiday was absolutely horrendous, as she spent it in Central Park: "I had this image of Central Park being completely empty, just rolling meadows, one person a mile away flying a kit, some balloons. So [Sudeikis] says, 'Yeah, we can do that,'" she told Late Show's David Letterman on Tuesday. "So we go up there and it's hell. It's more packed. Everybody in the world is in Central Park that day. It also happened to be Japan Day, which it turns out is a huge deal in New York City." She continued, "I had the image of the picnic and everything would be so lovely. There would be flowers and the baby would be cooing and I would be the glorious mother. Instead — we were sweating, and angry and hungry. Everyone had to pee. I finally just dropped to the ground on a patch of dirt, like in between two ugly roads, and then just ripped off the diaper of the kid to change him and he just pooped everywhere. Like a torrent, a flood!"

What are some ways having a child can improve your relationship?

Cupid's Advice:

Although parenthood comes along with many tasks and challenges on a daily basis, the rewards are much greater. When two people decide to have a child together, every single thing changes ... and it could be for better or worse. Cupid has a few ways on how the pros can definitely outweigh the cons: 1. Two become one: The both of you created one tiny human that you will be responsible for forever (or in some cases, until they are 18). If there was never a time where working as team was a number one priority, the time is now. You will spend hours, days, and years learning the ins and outs of parenting together. Also, you will learn even more about each other, such as, beliefs, morals, and in depth behavior. You will reach heights in your relationship that you may have thought were never possible — and it's all because of that tiny human you nurture together, as a couple.

Related: Olivia Wilde and Jason Sudeikis Enjoy Romantic Weekend in Boston

2. More communication: Often times, long conversations come attached to the parenting tag. Talks about what the future will hold are inevitable. You and your significant other may begin to question the next step in your relationship, whether that is marriage or continuing to add to your family. Plus, you will be talking about rotating shifts quite often: who is staying up with the baby, who is changing the diaper, etc.

Related: Olivia Wilde Shows Off Baby Bump at Golden Globes

3. A deeper connection: After the baby is born, you are now connected to your partner for eternity (a little exaggeration). You form a partnership as parents and as significant others.

How can having a child improve a relationship? Share your thoughts below.

Tim McGraw Credits Faith Hill for Helping Him Quit Alcohol





By Sanetra Richards

Tim McGraw hasn't had a drop of alcohol in seven years. According to <u>UsMagazine.com</u>, the country star revealed his battle with alcoholism in Men's Health July/August issue, pointing to his wife of 17 years, Faith Hill, as the person to get him back on track. "When your wife tells you it's gone too far, that's a big wake-up call," said McGraw. "That, and realizing you're gonna lose everything you have. Not monetarily, not career-wise, but family-wise," he added. "It got to the point where my kids were getting older, and it was way past the point that they noticed it. And I noticed that they noticed." Fortunately, the 47-year-old has been able to

turn it all around since, but also credits his mother, Elizabeth Ann D'Agostino, for speaking on it before he married Hill. "Early in my career - I think I was 19 - I was so shy that to even get up onstage in a club, I'd need a few drinks," McGraw shared. "I remember my mom tellin' me, 'Y'know, if you don't get up there a couple of times without doing that, it's gonna be a problem.'"I drank too much," he continued. "I partied too much. And did other things too much. Chemically. No needles or that kind of stuff, but...use your imagination." Although McGraw is sober, he still reminds himself of what his life could have resulted in. "Keith Whitley taught me how demons can overtake you if you let 'em. And I was headed down that path," he said, referring to the late country singer (who died of alcohol poisoning). "You feel like you're supposed to be 'on' all the time. Then you drink and get onstage, and all of a sudden you feel confident and powerful. It becomes a habit. Up until seven years ago, there were not a lot of shows that I didn't have something in my system."

How do you approach helping an alcohol or substance abusive partner?

Cupid's Advice:

The mood swings, breakdowns, depression episodes ... you deal with it all when you are involved with an alcohol abuser. At times you may even feel helpless. Every road you attempt to take is always a dead end. Cupid has some tips to (possibly) successfully help your partner along the way:

1. Realization: The sooner you realize you cannot change your partner, the better. Although it is beyond difficult watching them result to substance(s) as a coping mechanism, you have to allow them to want to change on their own. A motivation and desire must come from within before this step is taken. Typically, when an individual is addicted to drugs or alcohol, they are quite hesitant and stubborn about giving it up. With

that being said, it will take time. As long as you have patience and continue to encourage treatment, the time will come.

Related: <u>Tim McGraw and Faith Hill Deny Divorce Rumors</u>

2. Pay attention to yourself: Do not ever put yourself in harm's way. If your partner is reacting violently to your advice or to anything you say/do, it is best to leave. Never jeopardize your safety just because you think guilt may come along. Another way to ensure you are taking full care of yourself is to confirm you are stable enough to be attentive to an alcohol abuser. Can you mentally, physically, and emotionally handle it? These are a few questions to keep in mind.

Related: How to Help Your Partner Through A Crisis

3. Be informed: If you choose to remain by their side during this tough time, know exactly what all you could be facing. Take the time out to research on what the addiction entails. If your partner has agreed to sobering up, do not be opposed to attending AA meetings with him or her. Not only will you learn more about the disease, but you will also be their support system throughout the journey.

What are some ways to approach a substance abusive partner? Share your thoughts below.

10 Date Ideas for the Married Couple with Kids





By Sanetra Richards

Finding time to go out on dates with your spouse can be difficult. The both of you may have hectic work schedules that always seem to get in the way. And it is not just the two of you ... the kids are also in the equation! No matter how hard you may try, planned or spontaneous dates rarely ever happen. Even if you do actually go out, you constantly find yourself worrying about the kids — is the babysitter reliable, what they are doing, and should you hurry back home. Well, fret no more! Cupid has 10 suggestions to help you and your spouse get away from your routine and schedule some date time for each other:

1. Every day alone time: Who says you can't have a date every day of the week? Believe it or not, it's possible! Join your partner in something that is a part of their daily routine, whether that means an early morning workout or late evening

planning session. Quality time with your partner can make a huge difference, especially if you are doing something that brings you together at the start of each day and/or at the very end. Maybe even put the kids to sleep at an earlier time just to have that hour or so to wind down together.

2. Weekend getaways: A short vacation is not only what you may need individually, but also as couple. Work can definitely become overwhelming and you just want a day (or two, maybe three) to sit back and enjoy each other's company, without the pressure and stress of work interfering. A trip to a cabin or a resort sounds nice, right?

Related Link: Date Idea: Spice Things Up

- 3. Amusement park: Married couples tend to become accustomed to the the following routine: work, kids, sleep, repeat. Sometimes it's easy to forget what fun feels like. An amusement park is a great place to channel your inner child. Take your spouse on a date to a nearby theme park enjoy the roller coasters, attractions and games, but most importantly don't forget to laugh!
- **4. Dance night:** What better way to show off your moves than dancing? Schedule a night for dancing it up at your local club. Try something as sassy as salsa or as precise as square dancing. The goal in all of this is to simply have fun.
- **5. Fishing:** Envision a nice day out by the lake, relaxing in a chair, with a fishing rod in the water awaiting a tug. Hardly any disruptions besides the noises of nature and sound of the water. You and your spouse will temporarily be worry-free.

Related Link: Date Idea: Hot or Cold Night

6. Park picnic: One of the most classic (romantic) dates of all time is a picnic in the park. Create a basket full of you and your partner's favorites, maybe take an activity you will enjoy (frisbee, kites, etc), and voilà! Maybe even consider

bringing the kids along and making it a family day.

- 7. Pick a hobby: Choose an activity that the both of you love to do together. Perhaps yard work, such as gardening or mowing, is therapeutic use this as a bonding experience and call it a date!
- 8. Pamper & Polish: Every once in a while, your sweetheart deserves a little TLC (tender, love, and care). Why not be the one to give it to them? Schedule him/her a session at a local spa or create your own at-home spa. If you would rather channel your inner romantic and set up your own spa, here are a few tips: make sure the environment is set nicely well-lit and scented, relaxing music, and full of peacefulness. Then, give them the best massage they could possibly imagine (with the help of your favorite scented oil). They will appreciate the thought and touch.

Related Link: <u>Date Idea: Be a "Cheap" Date</u>

- 9. Comedy show: Laughter is good for the soul, right? Search for tickets to your favorite comedian's show and ask your honey to join you for the night. Get a few laughs in while enjoying the evening.
- 10. Road trip: Hop in the car and GO! A road trip entails lots of jokes along the way, singing songs on the radio, sightseeing, etc. Make a day out of it travel down the roads with the most scenery. Take photos to capture the memories and most importantly, enjoy the ride.

Ed Sheeran's New Girlfriend is Taylor Swift-Approved!





By Sanetra Richards

Ed Sheeran's new girlfriend is Taylor Swift-approved. According to <u>UsMagazine.com</u>, the 24-year-old country turned pop singer has already been introduced to Sheeran's new love interest. Although he has managed to be very discreet about disclosing too much information on his latest partner, Sheeran did tell *Us* that she "works for a food company — well not a food company, she works for a chef." So, how exactly did Swift get to meet Ms. Anonymous? "We went for dinner in London," said Sheeran. "She likes her." He added that the secret girlfriend is indeed Greek and can whip up "anything Greek."

What are some ways to keep your relationship under wraps?

Cupid's Advice:

Whilst some choose to announce their new relationship right away, others choose to maintain that bit of mystery for a little while. But exactly how do you manage to keep it under wraps until you are ready to spill the beans? Cupid has some advice:

1. Lips are sealed: Before any other step, you and your new partner must agree to keep it a secret (unless you want to tell a limited number of close family and friends). However, if you really want to keep it all undisclosed, telling absolutely no one is the way to go. It is completely understandable because you and new love are fresh and wanting to see how things go before jinxing the relationship.

Related Link: <u>Taylor Swift Says She Doesn't Write Songs About</u>
<u>Every Guy She Dates</u>

2. Avoid PDA: Holding hands and kissing is certainly the way to blow your cover. Everyone knows "just friends" are not that affectionate with each other. Save it for the private areas if you want to keep the whole secrecy mission going.

Related Link: <u>Taylor Swift Cuts Off Selena Gomez Post-Reunion</u>
With Justin Bieber

3. Play it cool: Try not to become too wrapped up in your partner, otherwise, people will notice. Your family and friends will begin to tell if you are becoming distant . . . and that is when the questions will begin. Balance your time with each until you are ready to announce the big news.

What are some ways you can keep your relationship under wraps in the beginning stages? Share your thoughts below.

Should You Give Your Ex Another Chance?





By April Littleton

You and your ex broke things off pretty quickly, and now you're thinking about giving the romance a second try. Maybe the two of you are still in love, or perhaps you're finally on your way to being on friendly terms with your former flame. Either way, you might want to ask yourself some questions before you officially decide to rekindle the spark. Cupid has some advice:

- 1. The breakup: What caused you and your ex to split up in the first place? Did he/she cheat? Did you cheat? What was the ultimate deal breaker in your relationship, and how do you know for sure things will work out for the better the second time around? Remember, your ex is just that for a reason. Whatever problems the two of you had in the beginning will eventually bubble up to the surface. The issues won't magically disappear. If you expect your romance to flourish this time, be prepared to put in the work to make it happen.
- 2. Friends and family: What do your friends and family think about your former lover? Do they think you're better off without him/her, or do they think the two of you might be able to work out your problems? Listen to the advice your loved ones give you. They know you better than you know yourself. They'll be able to clue you in on what exactly you need in your life right now and it might not be your ex.

Related: <u>How to Prevent Yourself from Rushing into a</u>
Relationship

- 3. Your feelings: Once you stop and think about it, you might realize you don't really want your ex back. Are you afraid of being on your own? If you were with your partner for awhile before splitting up, being single again could be a scary situation. You don't remember what it's like to date someone new. How do you even know when you're ready to meet another special someone? Take it a day at a time. You don't need to go back to someone who doesn't know how to treat you right. Eventually, you'll find someone who appreciates all that you are, but first, you have to love yourself.
- 4. What will change: How certain are you that things will change the second time around? Your ex was still the same person he/she was when you broke up. A drastic change in their personality and/or behavior is highly unlikely especially if they believe they played no part in the breakup. You can't go back to a relationship that can't be fixed, and you shouldn't

want to risk being the person who is responsible for picking up all the broken pieces of a lackluster romance.

Related: Signs Your Crush Is Into You

5. The good versus the bad: You might be able to salvage the relationship if the good outweighs the bad. Think about all the pros and cons to getting back together with your former significant other. Is the outcome worth it?

Did you give your ex another chance? Share your experience below.

Jamie Chung and Bryan Greenberg Show Some Poolside PDA





By April Littleton

Jamie Chung and her new fiance Bryan Greenberg attended this year's Coachella Music and Arts Festival together. "They were hugging from the side and holding hands while sitting on neighboring floaties in the water," an insider told <u>People</u>. "They would often give each other forehead kisses. They were cute."

How do you show the one you love you care?

Cupid's Advice:

It's important to show the person you care about how much they mean to you. You don't want them to feel unappreciated, or alone in a relationship. You don't have to spend an incredible amount of money to prove your love and loyalty. After all, it's the little things that count. Cupid has some advice:

1. Spend some time: Make an effort to spend as much time with your significant other as possible. Take the initiative and plan a few dates — especially if your partner is always the one who ends up setting up the activity schedule.

Related: <u>Scarlett Johansson Reveals Why Romain Dauriac Is</u>
Right for Her

2. Say it: Don't put a limit on how many times you tell your honey you love him/her. Those words mean everything to a person, and it's always nice to hear. Also, don't be afraid to show your partner your feelings through hugs, kisses, hand holding, etc.

Related: Inexpensive Ways to Say 'I Love You'

3. Support: Show your significant other you support all of their life goals and dreams. Push them to go after what they want, and be by their side when they're feeling down. Be their number one fan. Nothing say how much you care more than by showing your partner you'll always be in their corner rooting for them.

What are some other ways to show the one you love you care? Comment below.

Find Out Who 'The Other Woman' Is in Theaters April 25





By April Littleton

After a woman discovers her boyfriend is married, she struggles to put her life back together. While in the process, she accidentally meets her boyfriend's wife (played by Leslie Mann), and the two end up becoming friends. They discover the man of their dreams has been unfaithful to both of them with a third woman, and work on a plan to get their revenge.

Should you see it:

Cameron Diaz, Leslie Mann and Kate Upton star in this film. If you think you'd enjoy seeing them on the big screen, you might want to give this movie a chance. Also, *The Other Woman* would be a nice break from the thrillers, horror and action films that have been released recently.

Who to take:

Guys might not be a fan of this movie except for the fact that there are plenty of beauties to view. *The Other Woman* will be more enjoyable with a group of girlfriends, or some family members.

How do you deal with a cheating partner?

Cupid's Advice:

The idea of a cheating significant other is hard to deal with. How can someone you love be unfaithful to you after you put in so much work in a relationship with them? Should you stay with your partner or call it quits? Cupid is here to help:

1. Process the information: When you first hear the news about your partner being unfaithful to you, your first thought might be to end the relationship without asking any questions first. However, you don't want to make any drastic decisions you'll end up regretting later. Give yourself some time to fully process the information you received. Then, after awhile, move forward with what you want to do next.

Related: Chris Evans Returns in the Sequel 'Captain America: The Winter Soldier'

2. Confrontation: You need to ask your significant other about the cheating allegations. However, asking is unnecessary if you already know firsthand that the information is true. You still will need to confront your partner about what you know. Get their side of the story, and see what they have to say for themselves.

Related: <u>Celebrities Who Have Gotten Back Together After a</u>
<u>Cheating Scandal</u>

3. End the relationship: You can choose to stay, but your partner obviously doesn't feel the need to stay faithful to you. You don't need to be in a relationship with someone who doesn't understand the concept of loyalty. You deserve better, and you'll find exactly what you need after you decide to leave the jerk behind.

How did you deal with a cheating partner? Share your

Inexpensive Ways to Say 'I Love You'





By Maria Darbenzio

You don't have to break the bank to show your significant other how much you truly care about them. When it comes to money, let's face it, not everyone has a chunk of extra spending money on hold for elaborate gifts. There are plenty

of ways to say 'I love you' inexpensively or without spending anything at all. Keep your relationship and bank account in check with some of these ways to express your love and appreciation.

1. Alphabet of appreciation: Take the time to write down the ABCs of love for your partner. All you need is a pen and a piece of paper. For each letter, list something that you love about your sweetie until you've gone through all 26 letters. At the end, sign it with a kiss and leave it somewhere you know he'll see it.

Related: 5 Ways to Have a Stress-Free First Date

- 2. Mirror messages: Before your sweetie wakes up to take a shower, take a q-tip and Rain-x anti-fog to write a cute message on the mirror. When they step out, the fog will form everywhere except your little note, leaving them with a nice little surprise to start their day. If you have no use for the Rain-x afterwards, you can go a more traditional route instead with the use of lipstick writing. It may be a bit on the messier side, but it gets the point across just the same.
- 3. Post-it notes: Much like the alphabet of appreciation, write down what you love about your partner or how much you can't wait for them to get home from work. Slip them into their wallet, in their car, or into their briefcase. Spread them around so they can keep finding them throughout the day. It's an easy way to keep a smile on their face all day long.
- 4. Romantic dinner: Everyone loves a nice romantic home cooked meal. The time and effort alone shows just how much you're willing to do for your significant other. Whether you chose to cook together as a couple, or you surprise you hunny with a hot meal as they walk in from work, it's a classic way to show your love. Don't forget to light some candles and grab a bottle of wine to tie it all together.

Related: <u>Find Out What Romantic Thing Aaron Paul Tells His</u> Wife Every Day

5. Rent a movie: In the age of Netflix and On Demand television, "renting" a movie has never been easier. Cuddle up with a blanket, and your sweetheart, on the couch and pick a movie you've both dying to see. If you're up to date with the latest films, why not take a jump back in time to watch some of the romantic must-see movies. Grab some popcorn and watch the romance between Tom Hanks and Meg Ryan blossom in You've Got Mail.

What are some inexpensive ways you show your love? Tell us in the comments below!

Jennifer Garner Says She and Ben Affleck Make Lives Work in 'Boring Way'





By Sanetra Richards

Ben and Jen have proved themselves to be a normal married couple, despite the title of "celebrity." According to <u>UsMagazine.com</u>, the actress talked about the busy life her and husband Ben Affleck lead, but how they manage to balance it all: "I'm pretty selective [over roles]," Garner shared with reporters at the premiere of *Draft Day* on Monday, April 7th. "Everything that comes my way — the first thing we do is talk schedule, location," she said. "I sit down with a calendar with my husband and in a very boring way, detail every single week.... and what's possible and if it can work out or not."

How do you keep your relationship stable and strong?

Cupid's Advice:

A relationship is similar to a full-time job: you constantly have to put in the work and not become lazy, or else the job's primary goal will not be done properly. Being able to progress with your significant other is all about whether or not the partnership is stable and strong enough. Cupid has a few tips

on how to keep these aspects between you and your honey:

1. Listen to each other: It is perfectly OK to just sit back and hear what your partner has to say . . . and then pitch in your suggestions or ideas. Beware of letting it go in one ear and out of the other — actually take in what they have to say and vice versa. Your partner will feel more at ease to come to you with any problems or issues they may find themselves running into.

Related: Ben Affleck Says Wife Jennifer Garner Is 'the Most Important Person to Me'

2. Be supportive: Constantly speak words of encouragement. It will give them (and you) that extra boost. If your partner has a huge project coming up and he or she is nearly pulling their hair out, be there to calm them and cheer them on. Consistently doing little things like this will make a ton of a difference in your relationship.

Related: <u>Ben Affleck Says He and Jennifer Garner Are Done</u> <u>Having Kids</u>

3. Address problems: You may think some issues are not worth talking about . . . WRONG! Be honest with your partner on what is bothering you or what is possibly setting the relationship back. Respectfully talk it out and hear each other's side. Then figure out a solution and act on it, as a team.

What are other ways to keep your relationship strong and stable? Share your suggestions below.

Cupid's Weekly Round-Up: Documenting Your Love Story





By Maria Darbenzio

It's always nice to sit down and talk about how much your love has blossomed since you first met. Since spring is in full bloom, this is the perfect time to take a look back at your relationship. You and your partner can even create a special book to write down and document the moments you've most enjoyed with each other. We've pulled together these five articles from our partners to give ideas on which memories to highlight:

1. Saying hello: Every couple has a unique story about how they first laid eyes on each other. Don't let that story fade from memory! Write it down as your own little love story so

you can tell it with ease to your children and grandchildren someday. (YourTango.com)

- 2. Getting married: It's time to mark down the day you took your relationship to the next stage: happily ever after. Continue your love story by adding pictures and special memories from the magical day you tied the knot. Attach little trinkets to the pages such as dried flowers or confetti to add an even more personal touch. (GalTime.com)
- 3. Picking out your first pet: There comes a time in almost every relationship where you become the parents of a cute little animal. Whether it's is a puppy or a kitten, your first pet together is just as special as a child. Pets, much like children, need lots of love and affection, so this can be a good opportunity to see how your partner will be as a possible parent. They'll also be there to snuggle on days when your sweetie needs to work late. (GalTime.com)
- 4. Having children: Having children together is a big step in a relationship whether you chose to go through pregnancy or adopt. These little bundles of joy will be your beckon of hope in the darkest of storms, so they deserve a special place in the documenting of your love story. Read how this family became advocates for adoption and how parenting has changed their relationship for the better. (CelebrityBabyScoop.com)
- 5. Learning lessons: Each relationship has their fair share of lessons that have been learned over the years. Writing these down can also give you something to look back on if your children ever look to you for relationship advice as they get older. Take some time to read through some of these love lessons and jot down a few of your own. (YourTango.com)

What special moments would you want to share in your personal love story? Share in the comments below!

How to Prevent Yourself from Rushing into a Relationship





By April Littleton

Rushing into a new relationship is never a good idea. You don't know the person you're dating well enough for a commitment, and you'll just end up right back where you started shortly after attempting the new romance. Take a step back from the dating scene and reevaluate what you want out of a partner. Cupid has some advice:

1. Really think about your feelings: Before you put yourself

into a new relationship, take some time to really think about what you want. Are your feelings for the person you're interested in real, or are you just rushing into something new because you can't stand the thought of being alone? Some individuals jump into one relationship after another because they're not used to being by themselves.

Related: How to Get Over the Relationship Blues

- 2. What you're looking for: What are you looking for in a partner? Are you looking for someone who makes you laugh? How important is trust and honesty to you? How well do you really know your new significant other? In order to really get to know someone and their intentions, you need to take the necessary time to feel each other out. Don't settle for anything less than what you want. So, if your new partner doesn't fit the bill, there's no need to be in a relationship with them.
- 3. Keep dating: Let the person you're interested in know that you will continue to see other people, and they should do the same. Be direct about what you want. If your new honey was hoping for something a little more exclusive, then make what you want out of a serious relationship clear before you commit. Until then, continue to get to know other people and have fun being single.

Related: Can You Be Single and Still Have a Soulmate?

- 4. Don't worry: Don't spend every waking minute thinking about dating. Instead of going out with a potential partner every Friday night, spend some time hanging out with your girls or family members. Now is the time to really enjoy some "you" time. Get comfortable in your own skin, and realize you don't HAVE to be in a relationship with anyone until you're fully ready. When the time is right, your epic love will be waiting for you around the corner.
- 5. Get to know yourself: Don't lose sight of yourself. Take up

some of your old hobbies, or pick up some new ones. Do things for yourself that don't involve dating. Some individuals forget who they are while in a relationship. Don't let that happen to you. Besides, independence is a turn-on.

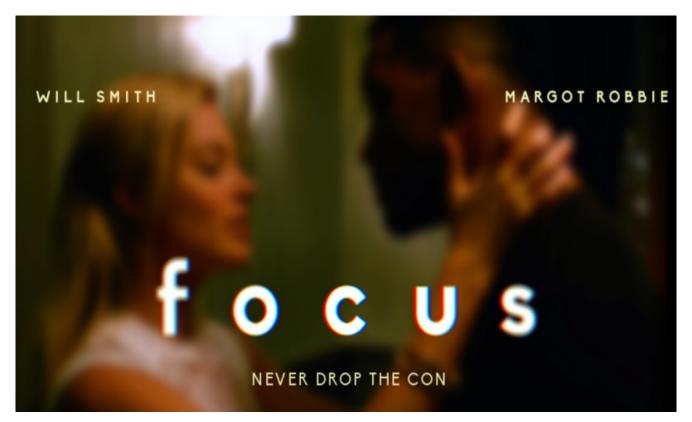
Related: How Weight Can Affect Your Love Life

6. No future talk: Avoid talking about any future plans with your potential honey. There shouldn't be any conversations about marriage, family, moving in together, etc. Take your relationship slow. Conversations about kids and long-term commitment might scare the other person off. Plus, you're more than likely not ready for that kind of relationship anyway.

What are some other ways to prevent yourself from rushing into a relationship? Comment below.

Cupid's Weekly Round-Up: Fixing Your Relationship





By Maria Darbenzio

Every couple goes through trying times. It's how you handle these situations that can make or break a relationship. The next time you and your honey hit a rough patch, take a look at these five articles from our partners to help get you back on course:

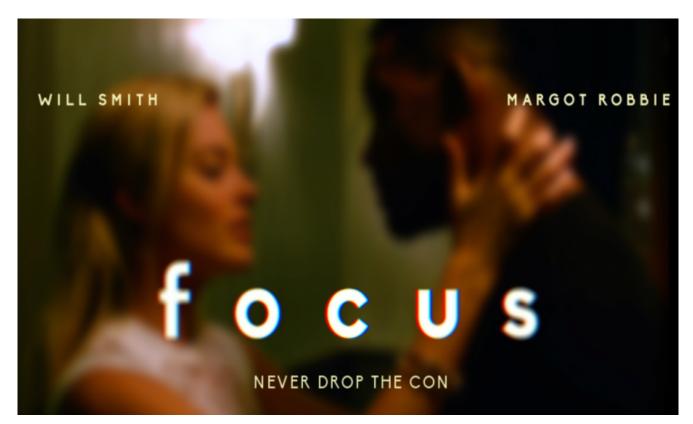
- 1. Know your feelings: Are you beginning to feel unsure about your true emotions? Before trying to mend your relationship, take time to think if that's really what you want to do, if you see your partner in your future. To help distinguish between love, lust, and infatuation, read this great article. (YourTango.com)
- 2. Communicate: Nothing will be accomplished if you don't talk about your issues. Communication is easily one of the most important aspects of a healthy and thriving partnership. This idea holds true not only for romantic relationships but for friendships and family relations as well. Check out some of these talking points to get things moving in the right direction. (YourTango.com)

- 3. Don't push him away: It's tempting to want to "fix" your significant other and mold them into who you think they should be. What you might not realize, though, is that you're actually hurting your relationship more than helping it. Appreciate your partner for who they are. (GalTime.com)
- **4. Recognize your bad habits:** We all have annoying habits, and some of those behaviors may cause your beau to see you in a bad light. Being obsessive or too needy can instantly set off a red flag for him. Tone it down! Check out this article to see what other actions might make your guy want to run. (GalTime.com)
- **5. Plan a date night:** We all know that having an established date night can strengthen your relationship so start planning! Set up a routine and stick to it. If you're both free on Thursday nights, use that time to watch movies or go out for a nice dinner. If you're married with a children, hire a babysitter for the night and hit the town. Take a second to read how former *Entertainment Tonight* host Julie Moran looks forward to date night. (CelebrityBabyScoop.com)

What are some ways to fix your relationship? Tell us in the comments below!

How to Get Over the Relationship Blues





By April Littleton

When a relationship goes sour, sometimes it's hard to pick up the pieces and move on. You can be sad for days, weeks and even months. Don't let the relationship blues get the best of you. Cupid is here to help:

- 1. Support system: The easiest and fastest way to get over the relationship blues is by interacting with another person. Talk to your family and friends about the feelings you're going through. The more natural thing to do is to avoid people, but your problems won't go away if you don't talk about them.
- 2. Get back to normal: Get out of bed and live your life. Go back to work. Go out with some friends. Think about getting active at your local gym. The quicker you're back on your feet, the sooner you'll start to feel like your old self again.

Related: Can You Be Single and Still Have a Soulmate?

3. Laugh: The best cure for a broken heart is laughter. When you're feeling down, pop in your favorite comedy movie or read

- a funny book. Rather than focus on all of the negative aspects of your love life, think about all of the things you have to smile about.
- 4. Don't give up: Don't give up at the first sign of trouble. Your last relationship might not have worked out, but you'll have so many other opportunities for love in the near future. Don't write off every new individual you meet. At the same time, don't start up a new romance right away either. Before you put your heart back on the line again, take the time to get back to loving yourself first.

Related: How Weight Can Affect Your Love Life

- **5. Let it go:** You won't be able to move on with your life if you're constantly stuck in the past. You learn to let go of your ex by relieving yourself of any old feelings you might still have lingering. If you don't feel like you received the right closure, let your former flame know and have that final talk. Otherwise, stop thinking about them. Guaranteed they let you go a long time ago especially if they're the one who called it quits in the first place.
- 6. Try something new: Pick up a new hobby, or change your hairstyle. Many people find that switching things up a little helps them get over any problems they have going on. You don't have to try anything too dramatic. However, it won't hurt to try short hair if you've been rocking long locks since you can remember. You could also do something a little more low-key, like a simple wardrobe change.

Related: The Pros and Cons of a Whirlwind Romance

7. Music: Music is the key to the soul — at least for some people anyway. Listen to a song that would describe exactly how you're feeling. If you play yourself, write your own lyrics and come up with your own melody. Music is a great way to express creativity and how you're feeling.

How did you get over the relationship blues? Share your experience below.