## Seth Green Watches Wife Play Video Games for Hours on End





Newlyweds Seth Green

and Clare Grant have been embracing each other's silly sides since their May lwedding, reports <u>People</u>. The selfproclaimed geeks spend their time together creating viral videos for Youtube and making each other laugh. This kind of behavior may not come as a shock from a pair who met in a comic book shop. "We might be together a long time before we think about kids," Grant admits, saying she and her husband are focusing on each other right now.What are some unique activities to do with your partner?

#### Cupid's Advice:

We all know that having one-on-one time with your beau is important. The question is, how do you keep it interesting? Cupid has some special activity suggestions:

1. Get out: Are you outdoorsy and adventurous? Try something

like rock climbing or sky diving. Find gyms or specialty stores in your area where you can practice on climbing walls before you attempt the real deal. If jumping out of a plane isn't your thing, perhaps a little white-water rafting is instead. These adrenaline-pumping dates will bring a smile to your faces and a spark to the bedroom.

2. Movie night: If you and your partner are more of a cuddleup-at-home type, designate a night solely for yourselves: no calls, texts or other interruptions allowed. Rent a movie and play some board games, with special rules just for you. Or find a discount theatre in your area and catch a cheap flick.

3. Wine tasting: Take something you both are interested in and turn it into a hobby. Are you both self-proclaimed wine junkies? Find a local winery and take a tour together over the weekend. Afterwards, buy a bottle of the vineyard's own and enjoy it later on that evening.

# Anne Hathaway Talks Trust Troubles





When your ex-

boyfriend pleads guilty to 14 counts of money laundering, conspiracy, and wire fraud, what's a girl to do? Years later, after a highly publicized fall out with ex-boyfriend Raffaello Follieri, actress Anne Hathaway has found comedic relief when it comes to talking about past relationships. <u>People</u> reported that when Vogue sat down with the actress, and asked about potential deal-breakers, she wittily replied, "Uh...fraud?" While Hathaway can laugh, looking back, she can't deny it has left her with trust issues stemming from lies and deceit. Hathaway is set to star in romantic comedy Love and Other Drugs, which hits theaters November 24. She says, "Gosh, I hate talking about the breakup, because I don't want it to define me, but as is to be expected, there were a lot of lingering trust issues, and I think that making a film about trust that required a great deal of trust - well, it was challenging to get there."

#### How can you get over trust issues from a past relationship?

#### Cupid's Advice:

Some past relationships can leave you wondering, "How can I ever trust again?" Here are a few ways to put the past behind you, opening yourself up to new opportunities: 1. Start with you! After enduring a relationship that left you with trust issues, it's important to do some soul searching. Before you can even think about starting to trust others, you need to sit down and work through these problems, and learn to trust yourself!

2. Focus on the present: While things might not have ended well in the past, don't pass up new opportunities just to prevent yourself from getting hurt again! We've all been there; what's important is that you walk away having learned something. Try to get comfortable with the idea of giving people the benefit of the doubt again.

3. Talk it out: If you're thinking about starting a new relationship with someone, make sure you give your new beau a heads up on your issues with trust. Why? Because if you find yourself lashing out, he'll know where it's coming from. Remember he's given you no reason *not* to trust him. Give him the chance to prove himself!

# Jenny McCarthy Tries Honesty With New Guy





After splitting with

Jim Carrey, her boyfriend of five years, Jenny McCarthy has found love again. <u>People</u> reports that the actress is very happy with her new man, Jason Toohey, 35, a Las Vegas-based pirate performer. McCarthy, 37, says she has learned a lot from her previous relationships. "I was a girl who pretended. I would say I liked things when I didn't," she says. "I knew if I wanted to grow, I needed to make myself happy before I could begin to have an equal relationship with another man." And the most important lesson she learned? Honesty is the best policy. "If he wants Chinese [food] and I don't, I say it," she says. "If he wants to go out and I want to stay in and watch Dancing with the Stars, I tell him so… Our relationship is stronger because of the honesty."How can you have an equal relationship?

#### Cupid's Advice:

Aretha Franklin had it right when she sang, "R-E-S-P-E-C-T, find out what it means to me!" In order for a relationship to work, you need to have mutual respect and equality. Cupid has some ideas on how to make sure you and your partner are on equal footing:

1. Decide together: If one of you is making decisions for the other person, you're not in an equal relationship. Make sure

that you listen to each other's ideas so you can come to mutually beneficial conclusions.

2. Tell the truth: Follow Jenny McCarthy's lead and be completely honest and open with your partner. These two things are essential in any healthy relationship. Make sure he doesn't always get his way or vice versa. If you don't want Chinese tonight, tell him!

3. Money matters: Financial issues are often the biggest source of relationship inequality. While you don't both have to make the same amount of money, make sure that the relationship doesn't become a financial burden. If it seems like your mate is overextending himself, try to even the score.

## Emma Stone in Easy A





In high school, where everyone knows everyone else's business, <u>Easy A</u> takes an inside look at the ongoing wheels of the rumor mill in a California high school. Loosely inspired by the novel The Scarlett Letter, protagonist Olive's (Emma Stone) reputation goes from respectable girl to down-right floozy — in a matter of a week. What started out as good intentions by accepting gift cards as payment for boosting another student's reputation around school soon throws Olive's life and reputation into question. As one rumor turns into another and that rumor turns into yet another rumor, Olive risks losing her best friend (Alyson Michalka) and secret crush (Penn Badgley). To set the record straight, Olive decides to go online and tell the world her side of the story, in hopes of redeeming her image and righting her wrongs.

What's the best way to redeem your image in the eyes of the one you love?

#### Cupid's Advice:

Chances are that something will come up between you and your beau during your relationship that will require an apology. You may even need to redeem yourself a little. If you handle the situation with grace and poise, you'll save yourself some major time and embarrassment:

1. Come clean: Even if it comes to something that your partner probably doesn't want to hear, lying will always come around to get you in the end. It's best to be completely open and honest after making a mistake in your relationship. Admit that what you did was wrong, and prove that you have integrity by owning up to it.

2. Do it in privacy: Make sure that when you're attempting to redeem yourself, you do it in a private place. If the subject comes up in a public area, carefully maneuver the conversation into seclusion. By keeping your intimate conversation away from prying ears, your partner will realize the importance of the discussion and will be more apt to take you seriously.

3. Keep a cool head: If you're in a situation where you feel the need to save face, chances are that your partner is pretty angry with you at the moment. During your discussion, your mate may lose his temper. Try to stay reasonable, because the worst thing you can do is dish him anger in return. If you need to, take a break and come back to the conversation when you're both level-headed again.

# Snooki's New Boyfriend Is a 'Refreshing Change'





Jersey Shore's

Nicole "Snooki" Polizzi, who was recently rumored to be starting her own reality dating show, looks like she doesn't need any help finding a man. <u>Us Magazine</u> reports that the reality TV star's new boyfriend, Jionni LaValle, is a "refreshing change," according to a source. "Jionni is great. He is so quiet and isn't trying to be in the spotlight." But apparently Snooki was still nervous about her new beau and looked for approval from her girlfriends. "She wasn't sure about him at first and kept asking her friends what they thought of him," says the source. "She was hesitant because he isn't the typical gorilla."How important are the opinions of your friends when it comes to the person you're dating?

#### Cupid's Advice:

Advice from your family and friends can be very telling. Cupid has some ideas on when you should listen to your friends' opinions and when it's okay to follow your own intuition:

1. Get a new perspective: Sometimes it's hard to see a person's faults when you really like him/her, which is why it's important to listen to your friends when you're with someone new. They have an outside perspective and won't

hesitate to tell you if they think your new flame is actually a jerk.

2. Know your history: Your friends know about your past relationships and your tendency to date certain types. If they see you gravitating toward the same type of partner (especially if you've had bad luck with that type in the past), they may be able to help steer you in another direction.

**3. Go with your gut:** Your pals don't know everything. While they care about you and want you to be happy, they don't know how you feel or what you want as well as you do. So if your intuition is telling you something's wrong (or right), listen.

## Rumer Willis Moves On With New 'Glee' Beau





Rumer Willis and

beau Micah Alberti have officially parted ways, reports <u>People</u>, but it doesn't seem to be keeping Willis down! Demi Moore's famed daughter was spotted with new *Glee* cast member, Chord Overstreet. The duo was seen in Beverly Hills at the Night Vision presents an Evening Affair with Seth Macfarlane party holding hands and sharing kisses. The two were first spotted last week acting flirty in Las Vegas partying with Overstreet's *Glee* co-star, Mark Salling.

What are a few things you can do before jumping back into a relationship?

#### Cupid's Advice:

Being in a relationship can be amazing. Always having someone who is a phone call away can be hard to let go of when a relationship ends. But if you are continuously jumping into a new relationship, you may be avoiding the one realtionship that may need the most work: the one with yourself:

**1. Take a break:** If you find that you are spending most of your time partnered up, take some time off. Going to a movie and out to eat alone can be peaceful and rewarding. Plus, you won't feel pressured to order the lighter option on the menu.

2. Learn from your mistakes: Acknowledge what wasn't working

in your last relationship in order to prevent the same things from happening in your next one. Couldn't stand your old smoker boyfriend? Make sure your next one is tabacco-free. If something didn't work work in the past, it won't work in the future.

3. Write it out: Sit down and make a list of all the qualities you want in a partner, as well as a list of "deal-breakers." Don't settle but be realistic. There is no such thing as the "perfect man." Keep the list in a place you'll see it, and be patient. It's often when you're not looking that you'll find someone worthy of your time.

## Rachel McAdams With New Beau Michael Sheen?





McAdams has recently been spotted with *Midnight in Paris* costar Michael Sheen, according to <u>People</u>. The actress, who just finished work on the film clearly left an impression on her costar! "All my scenes were with Rachel," said Sheen. "Yeah, we had a great time in Paris. She's a genuinely lovely lady as well as being stunningly beautiful and very talented so, you know, she's got it all going on there." The pair were spotted together at an after-party at the Toronto Film Festival, and were again seen later on in the evening holding hands as they walked around Toronto (McAdams's home town).When should you take your relationship public?

Rachel

#### Cupid's Advice:

You have a new boyfriend, and things are going great. You are pressured to tell your friends and family, and feelings of insecurity and worry start to surface. Deciding when to make your relationship public can be difficult. Cupid has a few tips to help you take the next big step:

1. Analyze potential: Before telling your friends and family, make sure to analyze the relationship. Be brutally honest with yourself. Do you see the relationship going anywhere? It's fine if you're happy with a fling, but your parents might not be so thrilled.

2. Get approval: Before announcing your love to the world, try asking a handful of friends what they think. A true friend will point out things that aren't obvious to you. But if your friends think you make a good couple, then go ahead and tell the world how you feel.

**3. Look at your pasts:** If you and your boyfriend both have a history of dating numerous people with little down time in between relationships, then take it slow. You don't want people to get the wrong idea. Start the relationship off on the right foot, with all of your friends and family taking the relationship as seriously as you are.

# Ricky Gervais and Girlfriend Jane Fallon Lose 40 Pounds





Funnyman Ricky

Gervais and longtime girlfriend Jane Fallon have lost a total of 40 pounds together through diet and exercise. According to *People*, the pair say they run about three or four miles daily. While Gervais claims that the 20 pounds or so that he has lost was made possible with little change to his diet, Fallon tells us that he must not be aware of the change in her cooking habits. "He didn't realize that I was probably feeding him less calories at the same time he was running," she says. By eating healthy versions of "fat things" and exercising together, Fallon has lost 18 pounds and Gervais, 22 pounds. Perhaps with that kind of dual motivation, we'll be seeing the two running the Boston Marathon.

#### Can dieting with a partner help you lose weight?

#### Cupid's Advice:

Jane Fallon cooks healthy meals, Ricky Gervais eats them and runs a little bit everyday, and viola, the weight seems to fall right off! Most couples, however, decide together that they want to make a change in their lifestyle and tackle the issue together:

**1. Personal choice:** While it seems obvious to have someone there who can motivate you to work hard, not everybody diets

and exercises to their full potential with an exercise buddy. But beware of getting distracted to the point where you're running your mouth more than running on the treadmill.

2. Something new: By having a workout partner, you are more likely to try something new at the gym. Whether it's an aerobics class you never envisioned attending, or trying free weights for the first time, having a partner with you will make the new endeavor less intimidating.

3. The power of two: Trying to think of a healthy dinner option every day can get dull fast. With a dieting partner, you can swap ideas and brainstorm different recipes together. And when cravings hit, you'll have someone there to help coax you out of eating that Krispy Kreme baker's dozen and indulge in some fresh strawberries instead.

# Joe Jonas Is "Head over Heels" for Ashley Greene





Despite being spotted holding hands at a Walgreen's and on a date at Disneyland, pop singer Joe Jonas and *Twilight* star Ashley Greene have been keeping their relationship under wraps. Recently, a source told *People* that"[Joe] is head over heels for [Ashley]. He thinks she is down-to-earth and absolutely beautiful. He hasn't been this into a girl in a long time." The couple have only been dating a few months, but things appear to be moving quickly – rumors circulated that Greene recently took Jonas home to meet her parents.

#### Why is it dangerous to fall in love so fast?

#### Cupid's Advice:

You can't help who you fall in love with, but you can control the pace. If thing's are moving too quickly, the relationship might fizzle before it has a chance to grow. Cupid says proceed slowly for the following reasons:

1. Missing out on the little things: If you rush into a relationship, you may overlook little quirks, pet peeves and the natural process of getting to know one another. Taking the fast track could have consequences that ultimately destroy any hope for coupledom before you begin.

2. Feelings might not be there: As they say, many people are "in love with love" and will rush a relationship to get to that place. The problem is that when that initial phase is over you may be left with someone who you don't really love. By taking your time, you'll have a better chance to get to know one another.

3. It's all-consuming: Like Greene and Jonas', a rushed relationship can take up all of your free time and alienate you from the rest of the world. If a split happens, you my find that you have fewer friendships and family relationships to fall back on.

# Celeb Stylist Rachel Zoe & Brad Goreski Split





Celebrity stylist

Rachel Zoe and her assistant Brad Goreski have decided to part ways, reports <u>People</u>. The amicable split between the two was brought on nearly a month ago when Goreski broke the news to Zoe. He tells People, "... there's a point where either I do it now or I'll never know what it's like to spread my wings and soar." With the duo being used as fodder for her show, *The Rachel Zoe* project, Zoe speaks kindly of Goreski, "I don't want to hire somebody for the purpose of the show, we just got lucky. No one's ever going to be Brad to me."

## Is it better to "test the waters" before committing to a relationship?

### Cupid's Advice:

You shouldn't extend the inevitable by staying in a relationship when one person wants to explore other options. Whether you're just starting out or you've been together for a long time, Cupid has some pointers for determining if your partner (new or old) is ready to settle down:

1. Start slow: Instead of dinner and a bottle of wine on a first date, agree to meet for coffee. People can have a fuzzy sense of belief or communication when alcohol is involved. Keeping it sober can help you get a sense of someone's level

of commitment before you pencil him or her in for a Friday night.

2. Following the crowd: If you or your partner are surrounded by friends and family who are in relationships, this may be what's keeping you together. Watching others around you couple up could make you feel like the black sheep if you're the only single one. Explore your partners feelings about being serious and most importantly be upfront with yourself.

**3. Be careful:** Dating different people can be fun but eventually it could leave you feeling lonely. Before you decide to break it off with someone or say "no" to dating them, make sure that you're ready. Sometimes people break-up and end up regretting it for the rest of their lives.

# 'Bones' Star Emily Deschanel Ties the Knot





A match was made in

Hollywood this weekend when actress Emily Deschanel wed writer and actor David Hornsby. The couple tied the knot in front of friends and family at a small ceremony in the Pacific Palisades area of Los Angeles, reported <u>People</u>. The pair are both stars in the world of television, with Deschanel starring on FOX's crime show, Bones, while Hornsby is most famous for his work on FX's It's Always Sunny in Philadelphia.

#### Is having the same career as your spouse good or bad?

#### Cupid's Advice:

Cupid knows that common interests make couples stronger, but that sometimes, opposites attract. So will matching career paths make or break a couple? Cupid has some insight from both sides:

1. Separate, but equal works: Being in the same career field as your spouse gives you a common passion, but working in the same building, or even for the same company, might not give each of you the space you need to be happy.

**2. Diversity adds spice:** On the other hand, having different careers, skills and passions can add a different dimension to your relationship, by allowing you to teach each other

something new.

3. Moderation is key: In either instance, making sure you balance your career and how much time and effort you put into it with everything else you and your spouse hold dear – including each other – will help keep your relationship healthy.

## Nicole Porter Discusses 'The Break-Up Cookbook'





By Vicky Sullivan

In honor of National Singles Week, Cupid interviewed Nicole

Porter, the self-published author of *The Break-Up Cookbook*. This witty collection of recipes, stories, and quotes, is a must-read for singles everywhere. Though it is said that the way to a man's heart is through his stomach, the way to a woman's broken heart seems to have always been through the same vital organ. Being from Minnesota where the temperature can hit 40 degrees below 0, comfort food is in Porter's blood. Don't be fooled, however, because this book puts the "party" back into the phrase "pity party." In spite of dealing with issues such as the tragedy of a broken heart, The *Break-Up Cookbook* is nothing, but funny and optimistic.

Though Porter will never lose faith in love, she celebrates singles everywhere by recognizing their many achievements. "Now is the time to recognize what you wouldn't have done if you were busy worrying about someone else. For example, when I broke up with a guy a while back, I finally had the time to take salsa lessons. So I did. I ended up meeting the next guy there." Porter also suggests that singles take action by never waiting around for the next person to find them. "Everyday you have four missed opportunities. Try to take at least one of them. If you see a cute guy on the subway, go for it. What do you have lose? You will probably never even see him again," advises Porter. Be sure to pick up a copy of *The Break-Up Cookbook* as soon as possible because this is something every woman should have either on her nightstand or in her kitchen.

#### Cupid's Advice:

Sometimes it's hard to get back on your feet after a brutal break-up, but Cupid caught up with Nicole Porter to get some advice. See what the author had to say:

## After a break-up, what is the best chick flick to watch while eating your fabulous recipes?

300 because you realize your boyfriend never had abs like

that. So why were you with him in the first place? It's even great with the sound off.

### Why do you think the way to a woman's broken heart is through her stomach?

Girls always want to eat and talk, but I have never had a girlfriend want to come over [after a break-up] for a salad. If it's chocolate cake, then they will be over in 10.

#### What are you looking for in a man?

A guy who can make me laugh. Looks fade and money goes away, but the guy who can make me giggle is the one to look for.

## What break-up occasions go best with sweet treats? What about salty?

The ones where you throw things — sweet. The ones where you cry — salty. If it's both, I recommend caramel corn.

#### What is your personal favorite break-up recipe?

It's a toss up between Lip Smack'n Mac n' Cheese and Flourless Chocolate Cake. I try to do just one or the other, but if it's really that kind of night, it's both. Invite friends. It's fewer calories that way.

#### What would you say is the secret to a successful relationship?

Something that is honest. You are only going to find that one person you are supposed to be with. The others just show you who you are, and it's with the last person that you can truly be yourself.

#### Where is the best place to meet men?

The grocery store, because there you can really tell if a guy is single or not. If he is buying meat, potatoes, and beer, he is single. If it's yogurt and chicken cutlets, he is taken.

# Brittani Senser Impressed by New Beau Levi Johnston





Bristol Palin's ex-

flame Levi Johnston has managed to impress at least one person: his new girlfriend, singer Brittani Senser. Senser revealed in an interview with <u>RadarOnline</u> that Johnston is a "really great guy." The two met while on the set of Senser's new music video for the song "After Love." "It was like we knew each other even though we had just met," said Senser. While on the set, the pair got along effortlessly. After Johnston's second engagement to Palin was broken off, the two began to date. Senser noted, "Now dating, I'm finding that he is really a sensitive, caring person. Very bright; he's funny. He's a great dad; he's a natural."Should you judge your partner by his past?

### Cupid's Advice:

1. Get the facts: Before you judge your partner by his past, you need to analyze the situation. If your boyfriend has a history involving law-breaking, it may be more serious than a boyfriend who's had several girlfriends. Be sure to collect all of the facts before making a sound judgement.

2. Make sure his past is really the past: A boyfriend with a history of partying too much who still parties too much has obviously not left his past behind him. Try to determine whether your partner is still clinging to the past or if he's truly trying to break free.

**3. Look at the bigger picture:** Try asking yourself, does it really matter? If you and your mate are happy with living in the moment, then don't trouble yourself by digging through his past. If he's let his past go, then you should follow his lead and also let the subject drop.

## Liam Neeson is Dating Again





After the tragic

death of his wife Natasha Richardson last year, Liam Neeson has finally found love again. <u>Starpulse</u> reports that the actor was spotted leaving Nobu restaurant in London holding hands with British businesswoman Freya St. Johnston. Neeson and his children were devastated when Richardson passed away in March 2009 from a brain injury caused by a skiing accident. Johnston is the first woman to be seen with Neeson since his wife's death, but she has refused to confirm or deny the relationship, stating, "I am not saying anything whatsoever."**How soon should you date after the death of a spouse?** 

#### Cupid's Advice:

The death of a spouse is one of the most difficult experiences to deal with, but it is possible to survive it and love again. Cupid has some ideas on how and when to date again after the death of a spouse:

1. Take your time: Jumping into a new relationship immediately after the death of a spouse is often times a bad idea. While it may feel like the only way to heal after a break-up, it's better to spend time alone to grieve a spouse's death. Lean on your friends and family when you need support. 2. Keep your children in the loop: Once you have allowed enough time to grieve and feel ready to date again, make sure to talk to your children. Let them know that no one can replace their mother or father, but that you are ready to move on.

3. Start fresh: Dating again should not be a way to replace your spouse or to find a new parent for your children. Realize that there will never be another person like your husband or wife, and keep an open mind as you continue your journey to happiness once again.

# Kate Hudson Muses About New Beau





finally broken the silence about her new boyfriend, Muse

singer Matt Bellamy. Hudson calls Bellamy, "lovely" in the new issue of *Elle UK*. She says, "Matt and I are just learning about each other and it's wonderful." Hudson has a long history of heartache, including ex-husband Chris Robinson and former flames Alex Rodriguez, Owen Wilson and Lance Armstrong. But Hudson hasn't let her romantic past cloud her future. *Us Weekly* reports that although she's not looking to marry again, she is still open to a new relationship. "I think a lot of times people are terrified of love and stop themselves from experiencing it. I don't ever want to get that jaded. I do believe in love."**How do you avoid being jaded by past relationships**?

#### Cupid's Advice:

It's easy to feel like giving up and turning into a reclusive cat lady when you look back on your history of failed affairs. Cupid has some ideas about how to stay open to new relationships:

1. Gain perspective: Don't assume that just because your relationship's ended, you failed. Remember that every partner teaches you something about yourself and what you want, so that next time, maybe you *can* make it work.

2. Don't let your past dictate your future: Just because your past boyfriends were jerks, doesn't mean the next one will be. It's up to you to make sure history doesn't repeat itself.

**3. Be optimistic:** Kate had every reason to give up on finding the right man. But by staying open-minded and never losing her faith in love, she eventually found someone "lovely."

# Kristen Bell Gets Advice From Betty White





recently got some age-old relationship advice from fellow actress Betty White, according to <u>RadarOnline</u>. Bell, whose new movie You Again hits theaters September 24, said that although White is "not super maternal," she heard the Golden Girls actress offer an important tip. "I did hear her say [something] at one point about keeping a relationship fresh: when she would hear her husband coming home she would go put on a clean blouse or a dab of perfume. I thought that was really sweet and a wonderful way to impress your husband."How can you keep your relationship fresh?

Kristen

Bell

Cupid's Advice:

1. Be spontaneous: Surprise your partner with tickets to see his favorite band, or spend a day at the beach building sand castles instead of lying under beach umbrellas. Don't be too predictable.

2. Put in the effort: When you've been with your guy for a long time, you feel comfortable around him. While your partner may think you're beautiful in sweats and a t-shirt, that shouldn't stop you from dressing up every now and then. Put some effort into your look. Wear a skirt and heels one night for a change.

3. Get some laughs: The best way to stop boredom in its tracks is with laughter. Crack a joke, or watch a funny movie. Laughing is scientifically proven to be healthy for the body, but it is also healthy for relationships. Keep some conversations light and playful. Laughter will follow.

# Howard J. Morris Discusses 'Women Are Crazy, Men Are Stupid'





### By Stacey Small

The road to love is sometimes littered with potholes, and the bumps don't always end once you've entered a committed relationship. From the beginning stages of courtship all the way through marriage, men and women often find themselves in conflict with their lovers. Howard J. Morris and his partner <u>Jenny Lee</u> were no different when it came to being brandished with insulting credentials like "major nut bag" and "total dunce." But they took the age-old claim that women are crazy and men are stupid, and examined its relevance in their own love life. The result? A laugh-out-loud, he-said she-said book that chronicles personal and identifiable love troubles in a completely honest, absolutely hilarious, and very practical way. In Women Are Crazy, Men Are Stupid, Morris and Lee take readers on a wit-filled journey to help them figure out things like why men suck at being romantic, and why women view even the most mundane events through some emotional Ultimately, they reveal ways for couples to break prism. dysfunctional patterns and become more happily in love together.

# How can *you* avoid coming across as stupid or crazy in your own relationship?

### Cupid's Advice:

When it comes to dating and marriage, communication is key – which goes beyond voicing frustrations about your partner's bad habits and annoying flaws! Cupid got the inside scoop from Howard J. Morris himself in a recent interview. Check out what this co-author had to say about how writing the book with his partner affected their relationship, and how communication, self-awareness, and a sense of humor are crucial factors to making any romantic connection last.

### This book is written in a he-said she-said format between you and your partner, Jenny. Can you describe the actual writing process, and what you think were the advantages and disadvantages (if any) of co-authoring this project?

The writing process actually ended up benefiting our relationship tremendously. Not at first! And yes, it was difficult and brought up issues we weren't always too keen to In fact, Jenny was positive writing the book deal with. together would break us up. As she says to me in the book, "It's not like a relationship isn't hard enough when you're just in *denial* about everything. But to actually bring stuff into the open and write about it -" And there were some tense moments for sure. But once we hit on the structure of the book we were on our way. I write the first half of the chapter, unedited by her, and she writes a response to what I've written for the second half of the chapter, unedited by So we got to go off and read the other's pages, which had me. the effect of *forcing us* to hear the other person's point of One of the big things we learned from writing the book view. was how incredibly different our brains worked: How we could literally hear two different things even when the same words were spoken out loud. But when you're able to really see something from the other's point of view - and not just give it lip service – suddenly everything isn't as stupid and crazy as it first seemed. For instance, I finally understood the subtext to all Jenny's crazy, no-win questions like "Am I

fat?" or "Which one of my friends do you find most attractive?" or "Why did you do that mean thing to me in my dream?" What she was really asking was asking me was one simple question: "Do you love me more than anyone else?" And I know how to answer *that* question (for guys reading this who may still be unclear, the answer is "YES!").

### Women Are Crazy, Men Are Stupid is a great read for couples in committed relationships. Would you say that there are also lessons to be learned for those involved in rocky romances or casual flings?

Absolutely. Understanding that men are idiots and women are insane (when it comes to each other!) helps in any kind of male/female interaction. Especially when trying to figure out on a first date if you're sitting across from an "Irredeemable idiot" or just a "normal numbskull": Or in a man's case, whether his date is "wonderfully nutty" or a "Total Whack We have a whole chapter in the book about "signs" and Job." how women see them in everything (crazy!) and men never see them in anything, even when they're staring them right in the face (stupid!). Being able to pick up on signs on a first date is crucial. But again, your ability to see from the other's perspective helps immensely. And this general rule for men never hurt in any relationship: "Don't get between a woman and her crazy." Crazy will burn itself out. I wish I had known this when I first started dating...

### Were there any eye-opening revelations about your own romantic partnership that materialized in the process of writing this book?

Romance has always been one of our toughest issues. Jenny's a die-hard romantic and I'm no Richard Gere (in "Pretty Woman," "Officer And A Gentleman," "Runaway Bride"...). No man in America has done more to make regular guys look bad than Richard Gere. But one eye opening thing that we learned about this subject as we were writing the book is that I believed

that love and romance were basically the same thing. I kept saying, "You know I love you! Why do you need all that carriage through the park and horses running on a sandy beach I thought showing her I loved her was being romantic. stuff?" Turns out it's not. Romance is a whole other thing that involves suspense, panache and possibly chocolate or flowers. Guys don't really understand because we never really wanted romance. At least not in the same way. When I mentioned that our minds are wired differently this is one of the things I'm talking about. A woman will often have romantic fantasies about, say, her wedding day, from a very young age. But most guys have never thought about the actual wedding part until they pop the question. And even then not so much. But again, if you look at it from her point of view, it shouldn't matter that a guy doesn't need romance. In fact, isn't that one of the points of romance? That it's something you do In fact, it's unselfishly for someone else and not yourself? even more romantic when it comes at a cost to you! Whv am I sitting here talking to you? I need to go plan something romantic! (Actually, I have something planned for August 14. Jenny doesn't know so don't tell her! But we had kind of a disappointing Valentine's day this year so I decided we're going to celebrate "Half Valentine's Day" on August 14. We're going to lunch at her favorite restaurant, then seeing a show and ending up at a hotel for the night. Shhhhh. It's a surprise!)

### You have written for a variety of television sitcoms; did those on-screen prototypes of the dumb husband and nutty wife influence you to write this book?

What's interesting about your question is that on most sitcoms (certainly the ones I've written on), it's usually just the dumb husband and the woman plays the finger wagging, "I told you so" role. I've always felt that the crazy wife gets short shrift in these shows. Jenny and I sold a sitcom based on our book to ABC and promised to give equal time to the crazy. I think most sitcoms are written by men, who are stupid, yes, and more importantly terrified of their wives, so maybe that's the reason. But if our show ends up moving forward, we guarantee equal crazy opportunity. Crazy can be funny. It's an untapped market.

### Have you received any opposition to the book or title, and what advice would you give to a reluctant reader?

Most people, with senses of humor at least, love the title and understand we're not saying women are crazy about everything, or men are stupid about everything, just each other. But some women, and initially Jenny too, were concerned about blatantly calling women crazy. Jenny still insists she's "situationally crazy" not "blank check crazy" whatever *that* means... And I've noticed that none of these women who object to being called crazy are at all offended that we call men stupid! To anyone who is offended by the title, I would respond, "Lighten up! Read this and you'll get some great laughs and maybe even learn something!"

## Dianna Agron Introduces New Beau to Pals




Glee actress Dianna

Agron just tackled an overwhelming task: introducing her guy to her pals. Agron and beau, British actor Alex Pettyfer, stopped by the *Glee* set, reports <u>People</u>. Pettyfer instantly bonded with Jayma Mays' husband, Alex Campbell. Mays explained, "[Alex] came on set, and my husband was there that day, so we introduced the Brit to the Brit. Brits hang tight. That's how they are." Pettyfer succeeded in charming all of Agron's costars and friends. "He seems like a really nice guy. He's really cute and she's beautiful," said Mays.

What's the best way to introduce your partner to your friends?

### Cupid's Advice:

Introducing your new beau to the important people in your life can be nerve-wracking. Cupid has some suggestions to make the introductions less painful:

1. Set limits: Don't introduce your partner to all of your pals at once. Try introducing him to only a few of them at first. A week or so later, have him meet some other friends. Take it slow, so you don't overwhelm him (or your nerves).

2. Pick and choose: Try having your most friendly pals meet your mate first. Pick outgoing friends that you're sure will

strive to include him in conversation. When your man is up to the challenge, bring in the friends that are harder to impress.

**3. Relax:** It's hard not to get nervous, but remind yourself that your partner is probably as nervous as you are. Try to be confident, and he'll be less nervous as well.

### Former Bachelor Finds a New Girlfriend!





Former Bachelor,

Charlie O'Connell, is smitten with a new beauty, spa director Courtney Buntin Victor. The couple met at a party in San Antonio about two months ago and ended up talking the night away. Although the relationship is long distance (he lives in NYC and she's in Savanah, GA), O'Connell seems very content. "It's going great. It's refreshing to be dating again," he tells <u>US Magazine</u>. So what did Victor have that won over this hunk? "Her personality!" O'Connell gushes. "She's fun to be around and everyone likes her. She's real sweet, she talks to everyone."

How can you get a made-to-impress personality?

#### Cupid's Advice:

Beauty may fade, but personality stays! If you can't enjoy being around your mate, then what's the point? Cupid shows you how to fight lust and get love:

1. Play it cool: Sometimes we get so caught up in being around our crushes that our personalities take a back seat, and we look like a love-struck puppies. Keep first time conversations short. You want to pique his interest in you, not tell him your life story. This gives you time to warm up and become comfortable around your partner.

2. Next batta batta!: Stick to "three strikes and you're out." Give yourself a mental deadline (that's non-negotiable). When you "accidentally" bump into your squeeze three times at the local coffee shop, you can bow out knowing you gave it your best shot. After three shots, you run the risk of looking like a stalker.

**3. Be yourself:** The most important thing you can do is avoid acting like someone you're not. If you're looking for a longterm relationship, then there's no point in misleading your potential mate. You want someone who will appreciate and love you for who you are. Don't compromise!

# Kate Winslet Back On the Dating Scene





Kate Winslet appears

to be taking a page from Marilyn Monroe's book with a case of the seven-year itch. According to <u>Us Magazine</u>, the actress is going public with her new relationship with British model Louis Dowler, after announcing in March that she and director Sam Mendes had split after nearly seven years of marriage. "Kate certainly seems smitten," a source familiar with the couple told the UK's <u>The Mirror</u>. "Who wouldn't be?... They've really got something special."

What's the best way to jump into a new relationship after severing a long-term one?

Cupid's Advice:

Getting back into the dating scene after a divorce or breakup can be awkward. Cupid has some advice to make sure you make the most of it:

1. Time for a makeover: When you look your best, you will most likely feel your best. Break away from the old you and do something to make yourself feel great before venturing back into the dating game.

2. No time for a do-over: Take the time to figure out what went wrong with your last relationship, and determine what the essential qualities you are looking for in another person. The last thing you want to do is find yourself getting involved in a similar situation, which will most likely end badly.

**3. All the single ladies! (and men):** Though it might be difficult, don't go on the date with thoughts of your last relationship. Leave your troubles at home or in the therapist's office. Think of this as an opportunity to be yourself, be single, and start fresh.

There is no timeframe for starting to date once again. Everyone is different. When you feel ready, go for it and have fun.

### Kim Kardashian's New Flame





A little over two months after her breakup with longtime boyfriend Reggie Bush, Kim Kardashian has her eyes on yet another football star – The Dallas Cowboy's Miles Austin. After meeting at an L.A. restaurant, the two have kept in touch, and have even gone on a few dates. An insider told *People*, "It's going really well." While they aren't officially dating, the relationship seems promising. The two are reportedly "taking it slow." A friend of the couple said that Kardashian "thinks he's a really good guy. He's really sweet to her…. He thinks Kim is his dream girl."**Is it wise to date the same type?** 

### Cupid's Advice:

Sometimes it's easy to find yourself frequently drawn to the same kind of man. Before entering a relationship with yet another "type" of guy, consider Cupid's suggestions:

1. Are you hurt? If you constantly date the same type of man and find yourself hurt at the end of a relationship, then it's time for something new. On the other hand, if your relationships are healthy and usually end with some kind of mutual agreement, then your choice in men is fine the way it is.

2. Do you ever wish for more? Similar men typically have

similar shortcomings. If your current relationship does not offer all you wish for, chances are, your typecast guy will leave you with the same feelings. Make a change if you're unhappy.

3. Step out of your comfort zone: If you've been dating the same kind of guy since high school and find yourself hurt and unhappy in relationships, then you need something different. It may be difficult at first, but putting yourself out there and dating people that you would normally pass by or disregard could prove to be rewarding.

For more info on types of partners, check out <u>Cupid's</u> <u>interview</u> with Andrea Syrtash's, author of *He's Just Not Your Type (and that's a good thing).* 

### Favored 'Bachelor' Turns Down Gig





Chris Lambton, the

most recent runner-up on *The Bachelorette*, has reportedly turned down ABC's offer to become the *The Bachelor*'s main man, according to <u>E! Online</u> and <u>Entertainment Weekly</u>. Fans of the show may be disappointed, as Lambton was the clear favorite among those being considered for the reality gig.

How do you know when you're ready for a new relationship?

### Cupid's Advice:

When you come out of a serious relationship, it can be difficult to know when you're ready to give it your all in a new relationship. Cupid has some things to consider when making the decision to start dating again or stay single:

**1. Fully recover:** Breaking up is rarely easy, and brings with it emotional stress. It's important to allow yourself time to fully recover before putting yourself out there again.

2. Deal with the truth: Sometimes the truth behind why a relationship didn't work out is hard to take, so we continue to live in a false reality. Until you can confront the truth and deal with it, it's not time to move on.

3. Don't be afraid: Easier said than done, right? The main

thing that keeps us from moving on is fear, but you can't get anywhere in life without taking risks. If you've dealt with your past breakups and are interested in meeting a new partner, it may be time to take the leap and see what happens!

## Kristin Cavallari Dating Doug Reinhardt





The Hills star

Kristin Cavallari was spotted out and about this weekend with another alum of the show, Doug Reinhardt, reports <u>RadarOnline.com</u>. Reinhardt was briefly featured on *The Hills* when he dated long-time Cavallari rival Lauren Conrad. Conrad has since left the show and is currently dating actor Kyle Howard.**How do you deal when your ex dates your enemy for revenge?** 

### Cupid's Advice:

Though Reinhardt and Conrad were not the first castmates to find love on the show, drama always seems to follow love on the MTV hit. However, the Conrad versus Cavallari rivalry was well documented in the press, so Conrad needs to be careful about any comments she makes regarding the Cavallari-Reinhardt romance. It's key to find a balance between being uninvolved but still supportive in this situation.

1. Don't butt in: Unless your ex tries to get you involved in his or her new relationship, it's important to remain aloof. If your ex is trying to send you a message by getting with your rival, getting involved only makes the situation stickier.

2. See their side: No matter how you feel about your enemy, if your ex is genuinely happy and not just looking for revenge, then keep your opinions to yourself. See how their relationship progresses before you pass judgment.

**3. Concentrate on you:** No matter what other drama is going on around your ex or your enemy, you need to work on yourself first. Focus on you and your relationships, and try not to let your ex put a damper on your life.

### Katherine Heigl & Josh Kelley Move to Utah





As reported on <u>Us</u> <u>Weekly</u>, Hollywood couple Katherine Heigl and Josh Kelley have left sunny L.A. in favor of the mountains of Utah. Heigl and Kelley married in Utah and are psyched to be moving there with their one-year-old daughter, Naleigh, who they adopted from Korea. The couple plans to spend their time between Nashville and Utah.

When couples have children, should they move out of the city in favor of a more suburban or rural area?

#### Cupid's Advice:

When it comes to married life, everyone seems to think of the picturesque house in the suburbs surrounded by a white picket fence. Though this has its benefits, it's not a requirement for a happy family:

1. More space: If your small apartment in the heart of the city has no room for a nursery, it may be a good idea to get a bigger place where space is more affordable. A larger living area can provide you with a smoother transition from married

to family life.

2. Make an educated decision: For this move to work, both people must be on the same page. If one wants to make the move while the other does not, there will be problems. Spend a sufficient amount of the time talking, thinking, and doing research about it before taking out your next mortgage or signing a new lease.

**3. There's no place like home:** If you decide that it's better for you to stay where you are, that's also a great option. If you feel secure where you live, your family should, too.