

# Amanda Seyfried and Ryan Phillippe Spotted at Cozy Breakfast Date



Ryan Phillippe and Amanda Seyfried have been spotted together again, *People* reports. The pair were first seen at Kate Hudson's Halloween bash in October. Now it appears the duo have gotten more serious about their relationship and have taken it public, eating breakfast together at Los Angeles's Joan's On Third. Phillippe also stopped by the set of Seyfried's new movie, *Now*, where the two took a walk together during a break in filming. **What are casual type dates to go on at the beginning of a relationship?**

## Cupid's Advice:

The great thing about starting a new relationship are all of the fun, quirky dates that come along with it. Low-key, zero stress and an opportunity to get to know a potential partner

better; it's a win-win:

**1. Outdoor fun:** When you first start to see someone, sometimes getting outside in an open environment can be less stressful than sitting inside a stuffy movie theater. Spend some time in a local state park and go hiking for an afternoon.

**2. Hit the lanes:** There's a good chance neither of you have picked up a bowling ball in quite a few years. Spend a Saturday afternoon alongside some young families laughing over the fact that you've been bowling more gutter balls than strikes.

**3. Movie madness:** If you clicked over the same love for a TV series or movie genre, hit up Netflix and spend a weekend afternoon with a movie marathon. Or play it old school and do a movie run to your nearest Blockbuster, making sure to pick up your favorite munchies on the way.

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## Forbes: What Do Powerful Celebrity Women Really Want From a Relationship?





By Krissy Dolor

*Forbes* may be a money magazine, but that doesn't mean that they don't love celebrities, too! Last week, the magazine reported on a recent study conducted by the University of Abertay Dundee in Scotland, which found that as women earn money and financial independence, their attraction to good-looking, older men increases. In addition, these women hold a man's looks to a higher standard. The university has dubbed this "The George Clooney effect."

Previous studies have found that women care more about whether or not a man can provide for them, while men were more attracted to lookers. This new study showed that when a woman's income increases, her taste in men change.

"We'd assumed that as women earn more, their partner preferences would actually become more like those of men, with a tendency towards preferring younger, more attractive partners rather than those who can provide and care for children," said lead researcher Dr. Fhionna Moore, a psychology lecturer at the University of Abertay Dundee. "However, the preferred age difference did not change as we'd expected – more financially independent women actually preferred even older men. We think this suggests greater financial independence gives women more confidence in partner

choices, and attracts them to powerful, attractive older men.”

*Forbes* analyzed 12 celebrity couples, posing this question: What is each woman in the celebrity couple attracted to? They say that Angelina Jolie, as one of the highest-earning women in Hollywood (\$20 million), wants a hot, older man. Hubby Brad Pitt is 12 years older than the starlet. Think Demi Moore’s marriage to Ashton Kutcher is part of the cougar effect? Think again. She told *Harper’s Bazaar* she does not like the term – and Kutcher’s Twitter presence seems to garner enough fame on its own. We can even look at Ellen DeGeneres, who earned \$55 million last year, and is married to Portia De Rossi – a woman 15 years her junior.

In addition to the UK study, lead researcher at dating site [eHarmony](#), Gian Gonzaga, said in the *Forbes* article that high-earning women are attracted to successful men who have established careers – and typically, these men are older. “In the data I’ve seen, women always want higher earning men,” said Gonzaga. He also said, “the Cougar thing is likely a myth.”

Well, there you have it: money only begets more money. If only there were a slew of George Clooney and Brad Pitt look-alikes up for grabs...

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## Sandra Bullock and Ryan Reynolds: New Couple Alert?





Former *Proposal* co-stars Ryan Reynolds and Sandra Bullock were seen ringing in the new year at Bess Bistro in Austin, Texas, according to *UsMagazine.com*. Sources said the two looked “very playful” and were “smiling all the time and sometimes touching.” Reynolds, who filed for divorce from Scarlett Johansson at the end of last year after a two-year marriage, and Bullock, who’s been divorced from Jesse James since last June, may be bonding over their breakups. And although Bullock’s rep says there is nothing going on between Reynolds and Bullock, a friend of Reynolds said that chemistry is obvious between the two.

**Can you trust a man to get serious again only a few weeks after leaving his wife?**

### **Cupid’s Advice:**

As intoxicating as a new relationship can be, starting one with someone who is just ending a major chapter of his life can be toxic. Cupid has some tips:

**1. Understand the situation:** Even if he says he’s ready to be with someone again, don’t be so quick to believe him. He may *want* to be over his last relationship, but that doesn’t mean that he *is*.



**2. Get the facts:** Find out the specifics of your parent's past relationship. The longer and more intense the relationship was, the harder it's going to be for him to make a commitment to someone else so soon, especially if his heart is broken.

**3. Move forward with caution:** New relationships are always fun and exciting, but having one with a newly single man can be dangerous. To prevent yourself from heartbreak, go into the situation slowly and with caution.

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## Justin Bieber and Selena Gomez Kiss in the Caribbean



Did pancakes just become a code word for kiss? A couple weeks ago, cute crooner Justin Bieber and Disney Channel star Selena Gomez were spotted getting cuddly at IHOP. Now, the duo may have

shared a smooch while vacationing in the Caribbean over the weekend, according to *UsMagazine.com*. Bieber and Gomez were seen ringing in the New Year on a private yacht. So far, they both deny they're anything more than good friends.

**What are ways to put relationship rumors to rest among friends?**

**Cupid's Advice:**

Relationship rumors can be annoying, especially if they're completely untrue. Cupid has some ways to put the rumors to rest:

- 1. Be candid:** Be insistent that nothing is going on and don't hesitate with your words or seem unsure. Just stick to the facts.
- 2. Get cozy with someone else:** People are bound to discredit the rumors when they see you with someone else. They might come to the conclusion that you're just a warm and affectionate person!
- 3. Laugh it off:** In the end, who really cares what people think. If you're being honest with yourself, that's all that matters.

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**Dr. Lillian Glass Talks  
'Toxic Men'**



By Krissy Dolor

You've seen them on TV, at work, or maybe in your own home. You've dated them, worked for or with them, and have screamed at them from the comfort of your couch. Yet, women everywhere *still* put up with their crap. That's right – I'm talking toxic men, the men who have you feeling sad, angry and confused about who you are. Even worse, you may not even know that you're dealing with a toxic man! Lucky for you, Lillian Glass, PhD is here to help. In her latest book, *Toxic Men: 10 Ways to Identify, Deal with, and Heal from the Men You Make Your Life Miserable*, Dr. Glass helps you figure out what types of men are toxic to you, and ways to handle them when you have to, and dump them when you don't. What's more is that her training in body language can help you see the warning signs that are often masked with words. After reading the book ourselves, we have to say that Dr. Glass is spot on – we've even figured out the types of toxic men we should avoid at all costs (aside from the scary-sounding The Socio-Psychopath)! Dr. Glass took some time out of her busy schedule to chat with



us over the phone about her book. See what this best-selling author had to say:

**In the introduction to *Toxic Men: 10 Ways to Identify, Deal with, and Heal from the Men Who Make Your Life Miserable*, you mention that its predecessor, *Toxic People*, inspired you to write a book geared specifically to women. Do you think you will write a 'Toxic Women' book for men?**

I tell you, in all honest, the book should have been called *Toxic Men and Women*. It's really for both sexes. Even the men who read it are surprised at how it relates to both men and women. I think I may write a 'Toxic Women' book. Right now, *Toxic Families* is coming out, and then maybe 'Toxic Women.'

**When will *Toxic Families* come out?**

*Toxic Families* will be published in November by Adams Media, the same publishing company as the other books.

**You define 11 Toxic Types of Men. Aside from "The Socio-Psychopath," which just *sounds* awful, which of them do you think is the worst type and why?**

It's different for different people. Some people, they don't mind certain types that others mind. I myself don't like 'The Sneaky Passive-Aggressive Silent-but-Deadly Erupting Volcano,' I think they're sneaky and dangerous.

One of the things I do for people is make them write down, as an exercise, five men who absolutely, without a doubt, make your life miserable, since you were a child until now. Then, write down three adjectives next to them, and you'll see that there will be similar traits for each person. Like, oops – you know that's who to stay away from.

**The checklists of each trait from the 11 types of Toxic Men are helpful! But how can you tell the difference between**

**'normal' and 'toxic' behaviors, as many people – men *and* women – exhibit some levels of toxic behavior?**

It's consistency – how you feel around that person. If you consistently feel bad, or if your body starts reacting, that's how you know this is a toxic person.

**What do you say to women who are in denial about their involvement with a toxic man?**

You can be in denial, but the truth always, *always* prevails – it always prevails. Even if you think it's fine, it will come out in your behavior, health and other ways.

**What's the number one piece of advice you have for women dealing with toxic men?**

The number one thing is respect yourself. Don't let anyone abuse you, and don't think less of yourself!

**In addition to your books, you were also recently featured on an episode of Millionaire Matchmaker. What other projects do you have coming up this year?**

Well, definitely a lot more Millionaire Matchmaker with Patti this season, according to Patti, which is great! And I will also be doing a lot of media and doing a lot of projects, which will be very helpful to people.

Cupid's Pulse thanks Dr. Lillian Glass for her time! If you want to figure out which types of men you're toxic to, visit Amazon to purchase your copy of *Toxic Men: 10 Ways to Identify, Deal with, and Heal from the Men Who Make Your Life Miserable*. To read more about Dr. Glass, check out her website: <http://www.drlillianglass.com/>. Stay toxic free!

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# Valerie Bertinelli Marries Boyfriend of 7 Years, Tom Vitale



Valeri Bertinelli is hitched! The actress married her boyfriend of seven years, Tom Vitale, on New Year's Day at their home in Malibu, *People* reports. "We're so happy!" said Bertinelli. There were approximately 100 guests at the wedding, including Bertinelli's son Wolfie from her previous marriage to Eddie Van Halen, who also attended.

**Should you invite your ex to your wedding?**

**Cupid's Advice:**

Now that you've accepted your fiancé's proposal for marriage and are making your wedding guest list, it's time to decide

whether to invite your ex to the big day. Cupid has some things to consider:

**1. What your fiancé thinks:** Will your spouse-to-be feel comfortable with having your ex present at the wedding? If your ex-partner is a stranger to your future spouse or they aren't friends, it's better to leave him off the list.

**2. Your friendship:** How has your relationship with your ex been since you broke up? If you're on good terms and harbor no lingering feelings, consider inviting him to your wedding, only after consulting with your fiancé.

**3. Ulterior motives:** If your only reason for inviting your ex is so that he can wish you and your spouse-to-be the very best in life, it's probably not a good enough reason.

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## Is Denise Richards Dating Rocker Nikki Sixx?





Talk about picking the same kind of men. [People](#) reports that Denise Richards admitted she had “gone on a couple dates” with rocker and radio host Nikki Sixx, 52. Richards, 39, has had her share of experience with bad boys, including a complicated marriage to Charlie Sheen and a relationship with Bon Jovi guitarist Richie Sambora. With her new bad boy, who recently broke up with Kat Von D, Richards admits, “The God’s honest truth is we’re taking it very slowly.” **Why are women attracted to bad boys?**

### **Cupid’s Advice:**

Cupid has some ideas on why it’s so hard to stay away from a bad boy:

- 1. He’s confident:** Bad boys attract women because of their rebellious nature and self-confidence. Many women find the combination irresistible. But keep in mind that a guy can be confident and not bad.
- 2. He needs to be rescued:** If you love the idea of a fixer-upper, you may flock to a bad boy because you think he’s damaged and needs to be rescued. That said, it’s not always the best idea for a stable relationship.



**3. He doesn't like commitment:** Some women may not be ready for a long-term relationship and will sabotage the relationship from the beginning by dating a heartbreaker. There's nothing wrong with dating around, but when you're ready for a relationship, cut it out with the bad boys!

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## 90210 Star Shannen Doherty Still Believes in Marriage



“When the going gets tough, you don't get going – you hang on.” That's former *90210* star Shannen Doherty's take on marriage anyway. According to [People](#), Doherty refuses to give on marriage despite two failed marriages and one unsuccessful engagement. However, the actress says she is no longer naïve when it comes to the hard work behind a marriage. She explains,

saying, “You have to go in with your eyes wide open and realize that it’s probably going to take a lot of work and maybe some couples’ therapy perhaps.”

**How do you keep your faith in relationships after a break-up?**

**Cupid’s Advice:**

A bad break-up can have anyone promising themselves that “this will be the last time.” However, Cupid has an idea or two about regaining your faith in relationships:

**1. Live and learn:** Take each relationship’s end as a lesson for the future. Walk away with a few pointers you didn’t have before in order to stop you from making the same mistake twice.

**2. Disregard the lover, not the love:** Love isn’t the one who has wronged you. Blaming relationships for what you’re currently feeling is misplaced anger. Remind yourself that love never fails; only lovers do.

**3. It’s never too late:** There is no deadline for finding “the one.” Appreciate each relationship for the happiness it brings to your life, and keep an eye out for Cupid’s arrow.

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## **Blake Lively’s ‘Gossip Girl’ Mom Weighs in on Ryan Gosling**





Rumors have been swirling, but it's still unclear if Blake Lively and Ryan Gosling are a couple. The two were seen getting close at Gosling's *Blue Valentine* premiere after-party, reports [People](#), but they have not confirmed a relationship yet. "[Blake is] an incredible actress; she's a good friend," said Gosling. Despite the uncertainty, Blake Lively's *Gossip Girl* costar and on-screen mom, Kelly Rutherford, approves. "It'd be great [if they were dating]," said Rutherford. "Blake's an amazing person. She's so gorgeous. He's a lucky man if they are!"

**Is it important that your friends approve of your partner?**

### **Cupid's Advice:**

It's always nice to go into a relationship knowing that your friends approve, but is it a necessity? Cupid has some things to consider:

**1. Your friends can see things you can't:** If your friends do not approve, then it is very likely that they feel your partner is not worthy of you. Take what they say into consideration, even if you don't agree.

**2. Your friend's intentions:** While it's nice to believe that all of your friends want what's best for you, it's also

possible that a few of them have ulterior motives. Be careful about who you trust.

**3. What you want:** Despite what your friends say, the choice is yours alone. Be sure not to let your friends make your decisions for you.

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## Christina Aguilera Shows Off New Boyfriend in London



Since splitting from her husband of five years Jordan Bratman, Christina Aguilera has been spending a lot of time with new boyfriend Matt Rutler. The singer took along her new flame to keep her company while she promotes her new movie *Burlesque* in the U.K.

Aguilera and Rutler, who met on the set of *Burlesque*, were most recently spotted blowing off steam at London's trendy

Mahiki nightclub, reports [RadarOnline](#).

**When you go public with a new partner, what can it mean?**

### **Cupid's Advice:**

A relationship isn't considered "official" until you come out into the open with it. Cupid has some reasons going public may be a good idea:

**1. Nip it in the bud:** To prevent the awkward "getting caught" scenario, tell people right away. Then they won't be surprised when they see the two of you getting cozy! More importantly, they won't start up the gossip train.

**2. Stop rumors:** Set your friends and family straight by letting them know exactly what is going on. Sometimes leaving people to speculate is the worst thing you can do, because it makes for unnecessary drama.

**3. Get serious:** Going public with your relationship is a way to take it to the next level. Letting people in on your status shows them that you're proud to be with your partner!

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## **Keith Urban Says Wife Nicole Kidman Saved His Life**







Nicole Kidman is more than just Keith Urban's wife; she's his lifesaver as well, according to [Us Weekly](#). Urban appeared on *The Ellen DeGeneres Show* and opened up to DeGeneres about his drug and alcohol addiction. He confessed that his wife deserves the credit for saving his life, as she was instrumental in getting him into rehab four months after their wedding. However, the country crooner admits that Kidman wasn't fully aware of the extent of his substance abuse problems when they got married. **What are things you should know about your partner before marriage?**

### **Cupid's Advice:**

Before you and your partner walk down the aisle, it's important to take some time for an open and honest discussion. Cupid has some things to include in these talks:

**1. Dealing with hard times:** If there's one thing for sure, it's that marriage is work. Make sure you understand how your partner deals with the hard times that come with life. Make sure there will be a support system in place for when things don't go so smoothly.

**2. Children:** The prospect of having children can be a deal breaker when it comes to the possibility of marriage. Discuss

the number of children you each want and what type of parenting style you want to incorporate.

**3. Marriage expectations:** Everyone has their own idea of what a marriage entails. Discussing how the two of you will be spending the rest of your lives is no small feat. Before signing the license, confirm that you are taking this journey seriously and with matching mindsets.

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## Kelsey Grammer and Girlfriend Kayte Walsh Are Engaged



Who says that the third time's a charm? *Frasier* star Kelsey Grammer is going to recite wedding vows for the fourth time! The Emmy-winning actor and third wife Camille divorced only six months ago, but that didn't stop him from giving love another try. Grammer,

55, and flight attendant Kayte Walsh, 29, have been “engaged for a while,” according to [UsMagazine.com](http://UsMagazine.com).

**After divorce, how can you avoid rushing things with your new partner?**

**Cupid’s Advice:**

Kelsey Grammer’s whirlwind post-divorce romance may or may not turn against him in the future. Here are a few tips to avoid moving too fast after a split:

**1. Live separately:** After a divorce, it’s normal to want to jump right into a new romance right away. Make sure to get to know each other’s good and bad qualities before you share an apartment!

**2. Hold off on saying “I love you”:** It’s normal to want love again after a long relationship ends. But make sure you’re truly loving and not just lusting before you spit out those three important words. If you speak too soon, you could hurt both your partner and yourself.

**3. Keep the kids away:** Meeting your new partner’s kids or vice versa isn’t just a big step in the relationship; it’s a big weight on the kids. Be sure your partner will be in your life long-term before you bring your children into the picture.

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**Did Jason Trawick Abuse Britney Spears?**



Britney Spears is lashing back at the multiple sources spreading the rumor that she was physically abused by her boyfriend, Jason Trawick. The rumor stemmed from Spears' ex-husband, Jason Alexander. According to [People](#), the 29-year-old pop sensation is strongly appalled by this piece of news. She doesn't seem to be letting it get to her, though, because she is "off on a romantic weekend with Jason for my birthday. xoxo Brit," the star said via Twitter.

## **How can you tell if your partner is emotionally abusive?**

### **Cupid's Advice:**

Although Britney Spears maintains that she's not in an emotionally or physically abusive relationship, many people aren't so lucky. In fact, some of them don't even know it.

Cupid has some ways to tell if you're in an emotionally abusive relationship:

- 1. They never take the blame:** There's one thing all abusers have in common: they always play the victim. No matter what

happens, an abusive partner will never take blame for anything that goes wrong in the relationship. If you find problems constantly being *your fault* in the relationship, maybe it's time you looked into a more healthy romance.

**2. They always take control:** An emotionally abusive partner lusts for control. He may be kind, loving, and well-respected to the common eye, but behind closed doors he's constantly judging your every move. Get out while you still can.

**3. They constantly isolate you:** Your partner wants you all to himself. It may even mean saying goodbye to family, friends, and co-workers because your abusive mate will eventually demand all of your free time.

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## Christina Aguilera Explains Why She Filed for Divorce and Talks About Her New Man







*Burlesque* star

Christina Aguilera recently spoke out about the real reasons she filed for divorce from Jordan Bartman, according to [People](#). The main reason turns out to be her 2-year-old son, Max. “When you’re unhappy in your marriage, your children are the ones who suffer. That’s the last thing I wanted for my son,” said Aguilera. The Grammy winner is now back on the dating scene with a new man, Matthew Rutler, a set assistant she met while filming *Burlesque*. She describes him as a kind person who she could spend hours talking to without realizing any time has gone by.

## How do you know if your relationship unhealthy?

### Cupid’s Pulse:

If you think your relationship is unhealthy, it’s probably true. Though all couples fight sometimes, if your relationship has become toxic, it’s time to move on:

- 1. Unhappiness:** If you’re unhappy with your partner, chances are the feeling is mutual. Don’t try to tough it out.
- 2. Fighting words:** An unhealthy couple doesn’t always mean fighting all the time. Snide passive aggressive comments can be even more hurtful than a full-out fight.

3. **Abuse:** At the first signs of physical or emotional abuse, get out of the relationship immediately.

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## Taylor Swift and Jake Gyllenhaal Go on Another Coffee Date



Stock up, Starbucks!

Jake Gyllenhaal and Taylor Swift have been spotted grabbing coffee together again, this time in Nashville, according to [People](#). The new potential couple made their second stop in a week at the Frothy Monkey for a cup of java. Gyllenhaal and Swift were also seen increasing their caffeine intake at Nashville's Crema on Monday and Fido last Saturday. All these coffee breaks haven't left these two strapped for cash, as it's been rumored that the duo tip well. **What's the advantage**

of a coffee date over dinner?

**Cupid's Advice:**

If a dinner date has you panicked with thoughts of stuffy restaurants and a laundry list of table etiquette to remember, a laid-back afternoon coffee date may be right up your alley:

**1. Keep it casual:** Coffee dates are notoriously casual. You don't have to dress up, and you aren't pressured to order a smaller size with non-fat milk instead of your usual venti with a double shot of espresso.

**2. You have an out:** By scheduling a coffee date in the afternoon, you eliminate the awkward "end of the night kiss" scenario. You have the opportunity to arrive and leave separately, and the stiff car conversation will never take place.

**3. Price point:** If nothing else, grabbing a cup of joe to-go is a lot cheaper than dinner for two. So if you'd like to impress on a budget, schedule an afternoon caffeine break coupled with a stroll in the park – the perfect fall date.

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## Garth Brooks Gives Teen Dating Advice on Oprah





As a father to three girls, country crooner Garth Brooks took time to dole out some good ol' fatherly advice to women everywhere on the *Oprah Winfrey Show*. "The truth is, it's the reflection in the mirror. That's the one. You can't lie to that voice inside of you." After confessing "the only thing better than playing music is being a dad," CMT reports that Brooks made sure to convey that he understands the pressure girls face when dating, especially when it comes to older boys. "As a junior, if you're dating a senior boy, sometimes that pushes you ahead of things you're ready to handle." **How do you avoid becoming a reflection of your partner?**

### **Cupid's Advice:**

It's easy to get caught up in keeping the peace in a relationship. However, a relationship is between two people. Here are some ways to stay true to yourself:

- 1. Keep some space:** Before your partner, you had your friends. Getting swept away by love is easy, but don't forget to spend some time with the people who have always been there for you.
- 2. Adjust and adapt:** Some people believe you have to change yourself to make a relationship work. Chemistry and compatibility isn't about change, but rather adjustments and

compromise.

**3. Maintain self-awareness:** You know yourself best. Go with your gut if you're starting to feel like you're losing touch not only with yourself, but with the other parts of your life that make you happy.

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## Did Heidi Montag Have a Crush on her Plastic Surgeon?



Heidi Montag says she's madly in love with her husband, Spencer Pratt, but did she have eyes for someone else? According to [RadarOnline](#), the former *Hills* star may have had a secret crush on her plastic surgeon, Dr. Frank Ryan, who recently died in a car accident.

In fact, sources say that the crush bordered on obsession. Montag tried to see Frank as much as possible, going so far as to get ten plastic surgeries in a single day. "I believe she was romantically obsessed with him ... She saw him as a knight in shining armor," says Dr. Ryan's close friend, Dawn DaLuise. However, Montag claims that it was Dr. Ryan who wanted her to be his "barbie doll."

## **How can you tell if your partner is obsessive?**

### **Cupid's Advice:**

Though Heidi Montag and Dr. Frank Ryan weren't dating, many relationships can go sour due to an obsessive partner. Cupid has some tips on how to tell if your partner's *too* into you:

- 1. He checks in constantly:** There's nothing wrong with the occasional text or phone call when you and your partner are apart. But if your special someone is constantly bugging you about where you are and who you're with, maybe they shouldn't have your number!
- 2. He's overly jealous:** Jealousy is inevitable in any relationship, but if your partner is questioning you about every friend you're texting and wincing when you talk to a member of the opposite sex, he may be confusing love with infatuation.
- 3. He shows up uninvited:** It's one thing if your boyfriend graces your workplace to give you flowers on a special occasion and quite another if he's constantly showing up uninvited. You may want to have a serious talk about boundaries.



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# Kim Kardashian and Gabriel Aubry: Newly Dating?



New couple alert!

Rumors are flying after Gabriel Aubry and Kim Kardashian were spotted sitting together at an L.A. Lakers game. A source tells [People](#), "They've been dating a little bit." Gabriel Aubry's ex, Halle Berry has already moved on after their split earlier this year, and it looks like the Canadian model is doing the same with Kim Kardashian. While the curvy reality star was enjoying being single, she had also complained about her lack of a love life. **How do you take your time in a relationship?**

## Cupid's Advice:

If you want a relationship to last a long time, you have to

move at your own pace. Here's how:

**1. Wait until you're ready:** Don't hit the milestones in a relationship just because they're there. For example, say, "I love you" only when you feel ready.

**2. Lighten up:** If you just ended a serious relationship with someone like Gabriel Aubry did, don't get serious again right away. For now, date without thinking about where it could lead.

**3. Don't use labels:** If you want to take your time in a relationship, wait a while to make it official. Using the labels "boyfriend" and "girlfriend" too early could put pressure on the relationship.

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## Jessica Simpson to Marry Eric Johnson Without Prenup?





After dating for only six months, Jessica Simpson and former NFL player Eric Johnson announced their exciting decision to walk down the aisle together. The couple's newest announcement? According to [PopEater](#), they're doing it without a prenup! This isn't the first time Jessica Simpson will put on a wedding dress without signing the agreement. In her past divorce from Nick Lachey, who just days ago announced his engagement to Vanessa Minnillo, Jessica Simpson lost \$10 million dollars for saying "I do" without a prenup. The singer's father, though very happy for the two of them, does not want to see his daughter make the same mistake twice and plans on trying to change her mind when the excitement dies down. But for now, the couple is running on love!

### **Should you get a prenup when you get married?**

**Cupid's Advice:** Like many other couples in love, Jessica Simpson and Eric Johnson don't think a prenuptial agreement will be necessary. Cupid has some instances where it may be a healthy choice:

- 1. You're wealthier:** Believe it or not, having more money than your partner and insisting on a prenup doesn't make you selfish! It's a harmless way to guarantee that he is marrying you for the right reasons and isn't interested in your bank account.

**2. You've been married before:** If this isn't your first venture down the aisle, the situation becomes more complicated. If you have kids from a previous marriage, a prenup can ensure that when/if you pass away, everyone in your family receives their share of your assets.

**3. You don't want the stress:** Money issues are one of the most common reasons for divorce. A prenup can help to halt the stress. If you're fighting less, you're most likely never going to have to use it!

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## Taylor Swift is Single and Scared of Being in Wrong Relationship





Country crooner

Taylor Swift has dated her share of A-listers, including Joe Jonas, John Mayer, and *Twilight*'s Taylor Lautner. The singer is now connected to the always handsome actor Jake Gyllenhaal. However, according to the December issue of *Allure* and [Us Weekly](#), America's sweetheart is terrified of being in the wrong relationship. "I used to think there were all these rules for making people like you," said Swift. "I was filled with advice! I'd tell my friends things like, 'Don't accept that apology! That isn't sincere!' or 'He hung out with his ex-girlfriend? Get rid of him.' But love is never that simple." **How do you know if you're in a bad relationship?**

### **Cupid's Advice:**

If you think you're in a bad relationship, you probably are. Here are a few signs that it may be time to move on:

- 1. Just friends:** If you're starting to feel that you and your partner were better off as friends, the feeling is probably mutual. Friends with benefits may be fun for the time being, but it's not a replacement for a relationship.
- 2. Nothing in common:** It's fun to date someone who has a unique hobby or interest that you know nothing about.

Learning new things can keep a relationship exciting. However, if their interests and priorities are keeping you apart more than together, your relationship may be doomed for failure.

**3. Clashing values:** Personal beliefs on issues such as politics, religion or even finances are possible deal breakers. Beware of these relationship red flags.

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## Real Housewives of O.C.'s Tamra Barney Talks New Boyfriend, Eddie



Tamra Barney has a surefire plan for getting over her breakup blues, and it involves two new b's: a boyfriend and a BMW. *The Real Housewives of*



the *O.C.* star recently told [Us Weekly](#) that she's been seeing a man, Eddie, who bought her the new car for her birthday. Tamra Barney began her new relationship about a month after her and her husband, Simon Robert Barney, filed for divorce in January. **After an ugly divorce, what are some things you should consider before dating again?**

### **Cupid's Advice:**

For some, the fastest way to mend a heartbreak is to fall in love again. But before you jump back into the dating pool, figure out why you left it in the first place. Cupid has some things you may want to consider:

- 1. Are you ready to date?:** If your friendships, finances, professional life and/or emotional health are still bruised from your breakup, you should work on recovering before you bring someone else into your life.
- 2. What do you need to work on?:** Like relationships, breakups are rarely one-sided. Consider what personality flaws or bad habits you brought to the table in your last relationship and work on fixing them.
- 3. What are you really looking for?:** Many people end up dating the same type of person over and over again. Decide what qualities you actually want in your next partner, and actively seek out people with those traits.

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## **Singer Duffy's Lyrics Show a 'Hopeless Romantic'**



Duffy's new album *Endlessly*, out Dec. 7, shows a new side of her: the hopeless romantic. The 26-year-old Grammy winner told [People](#) she was looking for love when she wrote the title track on her album. "I had a piece missing. I thought, 'Who am I going to have those special moments with?' I needed some arms around me." Duffy found what she was looking for in September 2009 when she began dating rugby player Michael Phillips. "The story is yet to be finalized," she says, "but it seems like a happy ending."

**How can you tell if your romantic notions are realistic?**

### **Cupid's Advice:**

All of us tend to ignore reality sometimes and instead focus on the romantic, idealistic side of love. Here's how to tell whether your ideas about love are realistic:

**1. Life is no fantasy:** If you're waiting to ride off into the sunset with Prince Charming, you'll be waiting a long time.

Keep in mind that no relationship is a fairytale.

**2. Look around:** Do you know a perfect couple who never fights and does romantic things together all the time? If you can't find a real-life example, it probably doesn't exist.

**3. Be open:** Don't let your unrealistic expectations keep you from meeting people. Just because he doesn't meet all of your criteria doesn't mean he couldn't be the one.

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## Modern Family's Sofia Vergara and Beau Step Out Post-Accident



*Modern Family's* Sofia Vergara and her boyfriend, Nick Loeb, were seen out

together last night. [RadarOnline](#) reports that this is the first time since his terrifying car accident that the couple has been seen in public. The two were spotted leaving Madeo restaurant in Beverly Hills. Loeb, 35, was using crutches as part of his recovery from his car crash in Bel Air, California earlier this year. After the accident, Loeb was rushed to UCLA Medical Center's intensive care unit. He suffered from a broken leg, pelvis and a deep cut to the chest. A former Florida politician, he was by himself when the accident occurred. Vergara and Loeb began dating earlier this year. **What can a near-death experience teach you about your relationship?**

### **Cupid's Advice:**

If you ever needed a reason to be thankful for the one you love, a near-death experience is just that. Nothing's worse than realizing that your loved one may not be with you the next day. These experiences are scary indeed, but they also leave you a little humbled:

**1. Forever yours:** Sometimes a near-death experience makes you put your life into perspective. Suddenly the issues that were plaguing you yesterday don't mean anything today. People tend to take that time to reflect on what and *who* means the most to them. They also learn to let the little things in their relationships go, because they're simply not important.

**2. Cutting to the chase:** Your loved one almost dying is a life wake-up call. If you're dating somebody, the experience may help you realize that he/she is the love of your life. On the other hand, it might also teach you that you deserve someone better. Now that you realize how your life can change in an instant, don't you want to change it for the better?

**3. Getting closer:** Once the general shock of a scary experience wears off, a couple's bond can become stronger. If one person needs some extra help during his/her recovery, the

added one-on-one time with your partner will show him how much you care. Playing nurse for your beau will show him how much you care.

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# Thousands of Miles Between Hank Baskett and Kendra Wilkinson



NFL star, Hank Baskett, is now playing for the Vikings, but according to [US Magazine](#), wife and former *Girl Next Door* Kendra Wilkinson, will not be moving to Minnesota to join her hubby. The distance has reportedly caused a riff between the couple, as Wilkinson is upset that the distance may cause the pro

football player to miss their young son's important milestones.

## **How can you keep a long distance relationship alive?**

Cupid's Advice:

**1. Be more tech savvy:** Though it isn't a good idea to have a completely virtual relationship, staying in touch through your smart phone or Skype can make your long distance relationship seem like less of a drag. Technology is also a great way to share your children's milestones when your partner is far away.

**2. Make the most of your time together:** When you finally reunite with your long distance partner, make sure to drop everything and really spend some quality time with your mate. Always decide when you will see each other again when you part so you will have something to be excited about.

**3. Compromise:** There may come a time where the logical thing to do is for either you or your partner to make the move to be together. If you decide that neither of you can give up your lives where you are, perhaps you can meet in the middle and do every other weekend or half the year in each place.