

Tiger Woods' New Girlfriend Just Looking for a Good Time



Tiger Woods' rumored girlfriend Alyse Lahti Johnston may not be in for the long haul, reports [RadarOnline](#). A source close to Johnston revealed that the 22-year-old may only be looking for fun. "[Johnston] sent a BBM to a mutual friend of ours saying she didn't consider herself Tiger's girlfriend," says the source. "They were just having a good time hooking up." Johnston and Woods, who were introduced by Johnston's golf instructor, have dodged many rumors regarding Johnston's motives. "Alyse wouldn't care about Tiger's money. That's never motivated her and she comes from a very well-to-do family anyway," says the source. "She just wants to have a good time and lots of fun. I can definitely see her considering sex with Tiger a lot more fun than a relationship

with him.”

How do you know if he’s committed?

Cupid’s Advice:

The line between a committed relationship and a purely fun relationship is very thin. Here are a few ways to tell if your beau is truly committed:

1. Revisit your conversations: A partner who is only looking for fun will not want to bring up serious topics in conversation. If the conversations you have with your partner are always light-hearted and playful, it may be time to try discussing deeper issues.

2. Observe his helpfulness: If your beau is comforting and supportive after a rough day, then it’s likely that he is committed. A partner merely looking for fun would not stick around to help on the “bad” days.

3. Ask him: As your partner, he should be able to answer questions about your relationship. If you have doubts, ask about his commitment. You will probably get an honest and enlightening answer.

Can She Ever Forget Her First Love?





By Chandler Jones

You've just met the perfect woman: she's beautiful, sexy, and best of all deeply in love with you! There's just one problem: you are not her first love. Can she love you more than she loved her first flame? Was he better than you in bed? Does she think of him while making love with you?

A common belief is that one's first love is also the most powerful. In fact, a lot of people say that you never forget your first love. What does this mean?

I've talked with various women about the subject, all of them married to men who are not their first loves. To my surprise, they all essentially told me the same thing. They said that the first love is mostly passion and the second love is much deeper.

When a woman is in love for the first time, she thinks he's the only one for her and that she has no choice in the matter. Without him, she 's lost. When she loves for the second time, however, she knows that there are a lot of other men

available to her, but she's choosing to be with the one she loves because she feels that he is the best one for her. The first time, a woman can love a guy simply because he was the first, and for no real reason other than that. It can be full of fear and insecurity – something that's fuel for passion, but nothing much more than that. The second time around, it's because she's able to see his fine qualities and love him for who he is. She's loves with all her heart because she knows her man deserves it.

Celebrities are no exception to this new rule. Zac Efron and Vanessa Hudgens met on the set of the Disney Channel movie *High School Musical* and continued to date for almost four years. Having met as teenagers, they were each other's first true love. Now, having split, both are moving on. Both Efron and Hudgens have been spotted with new potential mates, and although they will most likely never forget each other, it may be time for more than passion.

This is all fairly good news if you're the second in line, but we haven't gotten to the biggest questions yet. Does she think of him when she's in bed with you? Does she truly love you? Consider this. If she truly loves you, then she enjoys every moment the two of you are together, which includes every touch, every caress and every kiss.

Over time , your first love becomes just another story tucked away in the corner of your mind. So, if you're the one she's chosen, fear not! Just concentrate on being the love of her life, and forget about her first love, as she's probably already done.

Visit www.DatinginForSingles.com now for the full scoop from Chandler Jones on expert dating and seduction techniques. Make sure to download your FREE library of seven eye-opening ebooks on how to flirt, kiss on the first date and be a better lover.

Eva Longoria and New Boyfriend Eduardo Cruz Make Out at Lunch



It's official: Eva Longoria is over Tony Parker. The *Desperate Housewives* star was recently spotted smooching new beau Eduardo Cruz at an L.A. restaurant, according to [RadarOnline](#). Longoria split from San Antonio Spurs player Tony Parker in November 2010 after three years of marriage. The 35-year-old actress has rebounded with singer (and Penelope Cruz's brother), Eduardo Cruz, 10 years her junior. Last month, Eva tweeted that she is ready to move on.

“Starting over is hard to do, but life goes on. I pray for strength, courage and wisdom on my new journey.”

After a divorce, how do you start over?

Cupid's Advice:

Once you split from a spouse, it may seem like you'll never be ready to date again. Cupid has some tips on how to get back in the game:

1. Date: Starting over is as simple as this: start dating for fun. Don't expect (and don't look for) a serious relationship right after your divorce, but go out just so you remember there are options out there.

2. Get by with a little help from your friends: Lean on your friends to help you recover after a divorce. Make sure to not spend too much time alone, and you'll be ready to start your new life with the help of your buddies.

3. Try something new: Sometimes you need to do something meaningful to signal a change. It can be anything from a new haircut to a new job to a new city. Making a significant change will help begin the process of starting over.

Justin Bieber Decides to Grow a Moustache





Justin Bieber is taking his first steps into adulthood by growing facial hair. UsMagazine.com reports that the 17-year-old crooner announced via Twitter that he will not shave for a month and that he is “pumped” for his fans to see him with a ‘stache. Recently, Bieber lost 80,000 Twitter fans after cutting his trademark locks, trading in for a more current, adult look. Bieber, who recently admitted to dating fellow young Hollywood starlet Selena Gomez, is currently touring in Europe, away from his new girl.

What do you do if you don't like your partner's facial hair?

Cupid's Advice:

Selena Gomez may just luck out and not get to see the Biebs in the flesh with his facial hair. But for some ladies who have to deal with stubble scratches and sore chins, it can be tricky to let your boy know you don't care for his hair:

1. Reminisce: When your man walks into a room and you catch a glimpse at his burly beard, think about how he looked pre-facial hair and let him know how much you miss his smooth face.

2. Be blunt: Although it's ultimately his choice to keep or give up his facial hair, you can let him know what you think is best. If all else fails, withhold kisses.

3. Report the facts: Men with facial hair and beards are less likely to get hired because they don't come off as trustworthy. The beard may make your man look like he has something to hide.

Iyanla Vanzant Helps You Get Through What You're Going Through with 'Peace from Broken Pieces'





By Krissy Dolor

Wouldn't it be great if someone could shed a little light on why relationships end? Well you're in luck – *New York Times* bestselling author Iyanla Vanzant offers some insight in her latest work, *Peace from Broken Pieces: How to Get Through What You're Going Through*. In addition to speaking about the ending of her marriage and what she's learned from past relationships, Vanzant recounts her past TV experience (including being featured on *Oprah* and having a self-titled show, which was produced by Barbara Walters) and her daughter's illness and death. Despite the hardships she has endured, Vanzant has managed to pull through and find success, all while offering advice to those who need a little boost of their own. In addition, *Peace from Broken Pieces* reveals just how much our past relationships influence our decisions, and why it's important to recognize patterns in ourselves.

We spoke with Vanzant via phone earlier this year. See what the author had to say:

You've been through many hardships from early on in your life,

especially with your daughter's death and illness in 2003. What keeps you motivated?

What I do is inspire people. My goal is to remind people of who they are, what they're capable of, and to encourage people to do what they're capable of doing. Inspiration is so limited. And I don't want to just inspire people, but get them to do something about it. We each have a gift, and we each have a purpose. And your gift is not for you – your gift is for the world. I have a gift of reminding people – educating people – about the truth of what they are. That's why I write, that's why I teach. In my low moments, that purpose pulls me forward. I mean, I have challenges and issues like every other human, but I try not to let them hinder me as I go on.

Your latest book, *Peace from Broken Pieces: How to Get Through What You're Going Through*, talks about the dissolution of your marriage. What has that experience taught you about who you are as a person?

Well, the core of that book is family pathologies, things we inherit from our family. They are unconscious. I come from a family comprised of dysfunctional relationships. After being in a relationship for 40 years, eight of which I was married, I discovered that the relationship was dysfunctional because it was based on a poor foundation. The foundation was built on me trying to get acceptance, acknowledgment and approval from my father. In turn, this is what I had been requiring, expecting and demanding for 40 years. When I realized that he [my husband] could not give this me, the relationship no longer had a purpose. Often our relationships are in response to our unfulfilled childhood needs, which is what I did. And letting this go led to the demise of this relationship.

In addition, what has that experience taught you about pursuing future relationships with men, and people in general?

I think what I've learned is that – actually, what I *should* say is what I've learned again, (laughs) because I did know this already – but your relationship with yourself is reflected in everything. If you don't think you're enough, your relationships won't be enough. If you think you're not worth it, your relationships won't be worth it.

The other thing I believe I learned is the absolute necessity to be authentic: know who you are, what you want, what you need to do to get that, and what you *do* to get that. If you're not authentically there, eventually, your relationships are going to crumble.

What's the number one piece of relationship advice you wish to share with our readers?

Tell the truth. Tell the truth about who you are, about what you need, what works and what doesn't work for you. And also, that relationships don't "happen." Relationships unfold. So you have to be clear and conscious about *why* you're in this relationship. Sometimes we meet someone and fall in love ... but the truth of who you are will unfold. And you have to be willing to stand in that truth. You meet someone, in social situations, relationships, etc., but as soon as there's a problem you're ready to run. But instead of running, you have to say, *Why is this in my life?* Relationships are classrooms, you know? (Laughs.) So if you want to learn and grow in a relationship, you have to tell the truth.

What's the most important lesson that you've learned through your experience that you think everyone should know?

I think that regardless of what is going on around you, that you must make peace a priority. A peace of mind, peace of heart – in your experiences, peace must be priority. Without peace, you have internal conflict and external drama. When it gets hard, go for the peace.

We create the peace based on how we react and respond. So go

for the peace. When things get dramatic, go for the peace. When things get chaotic, go for peace. Because when you have the peace on the inside, you'll experience the peace on the outside.

Cupid thanks Vanzant for her time! *Peace from Broken Pieces: How to Get Through What You're Going Through* is available on Amazon. For more information about her efforts, visit her website, Inner Visions Worldwide.

Is Taylor Swift Dating 'Glee' Star Chord Overstreet?



It looks like Taylor Swift has moved on from Jake Gyllenhaal. According to UsMagazine.com, the country singer was spotted at Thursday's L.A. Kings game with *Glee*'s Chord Overstreet. An Overstreet source said he called Swift up Wednesday to talk about writing a song together and following the game, the duo went out for food. "He will definitely pursue this," Overstreet's friend said. This isn't Swift's first date with a cast member of *Glee*; she was previously with Cory Monteith, who plays Overstreet's romantic rival.

Do sporting events make a first good date?

Cupid's Pulse:

The first date is said to set the tone for the relationship. Here are some things to consider about a sports-related first date:

- 1. The person:** If your date has an interest in sports, then tickets to a game or team they enjoy is a good bet. However, if they don't care for sports, then you may have a tough time winning a solid first impression.
 - 2. The event:** If you have two tickets to a suite during the next Super Bowl or World Series, then no matter what your partner's interests are, you should be in for a winning date.
 - 3. The outcome:** Let's be honest. If your team wins, then it helps the overall morale of the date. A loss on the field doesn't necessarily mean you've lost the night, but it can be more difficult to come back afterward.
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Demi Lovato Reunites with Ex-Boyfriend Wilmer Valderrama Post-Rehab



Following her release from rehab, Demi Lovato has relapsed on an old relationship. The 18-year-old Disney star was caught with her ex-boyfriend Wilmer Valderrama, according to UsMagazine.com. The couple has supposedly been dating since Lovato's split from Joe Jonas. Lovato checked into rehab back in November after pulling out of the *Camp Rock 2* Tour with the Jonas Brothers to "seek medical treatment for emotional and physical issues." Reports say she has had past issues with weight management and self-mutilation.

Should you get back together with your ex?

Cupid's Advice:

Most of the time, it's a bad idea to get back together with your ex. After all, you broke up for a reason and chances are that those things will end resurfacing in time. Cupid has a few things to consider:

1. Look for the spark: When getting back together with an ex, it's common for things to quickly return to how they were after the "honeymoon period." If you want things to be different, then the spark should carry past the good times. It should be there even on bad days.

2. A new beginning: This is a fresh start, so try to learn from past mistakes.

3. Be cautious: If things are going back to how they used to be, don't be afraid to call your lover out on it. The key is communication, so say something if you're not happy.

Joe Jonas Gives Golden Birthday Gift to Ashley Greene





Twilight star Ashley Greene had much to celebrate this past weekend. The actress rang in her 24th year by celebrating in Sin City with rockstar boyfriend, Joe Jonas, [People](#) reports.

Jonas gifted Greene with a Chanel bracelet, accidentally crediting the jewelry as a token from Coach. Greene adores her new jewelry. "Coach, Chanel, [it] makes no difference to him ... [But] I absolutely love it because he knows what I like," said Greene. But besides birthday jewels, Greene credits her favorite gift as, "having my best friends fly in to celebrate with me."

What are some ways to decide what gift to give your partner?

Cupid's Advice:

It takes real talent, time and thought to pick out the perfect present for the one you love. Cupid has some tips:

1. Stop, look and listen: Slow down and make a mental note when your partner makes a passing comment about something that catches his or her interest. If it's something your mate keeps mentioning, but won't go out of his or her way to buy, consider it gift appropriate.

2. Make a connection: If you and your significant other are just starting out and you're having a hard time with gift ideas, try to find something that unites you as a couple. Is there an inside joke you both share or an uncommon interest that bonds you? The thoughtful trinket will show you care.

3. Make him or her feel young again: To ease the harshness of aging, turn back the clock with a toy from his childhood. Is it a summer birthday? A pair of water guns should bring a smile to his face.

Bachelor Alum Melissa Rycroft Strickland Delivers a Girl





It's a girl for *Bachelor* alum Melissa Rycroft Strickland, reports [People](#). She and husband Tye Strickland welcomed daughter Ava Grace Strickland on Wednesday afternoon. Rycroft, who dumped Jason Mesnick after accepting a proposal on the *Bachelor*, married Strickland in December 2009. Ava Grace, the first child for both, weighed in at 6 lbs. 13 oz. and was born in Dallas, Texas. Rycroft's reaction? "Everything is wonderful and life is exactly as it should be."

How do you keep hope after a relationship ends badly?

Cupid's Advice:

There can be few things more mind boggling than believing your relationship is fine one day and then finding yourself single the next. This little doozy makes us all a bit crazy. Even if you think you're ready for a new relationship, it can be hard to approach it with a clean slate:

1. Time heals all: This may be true, but so does moving forward. Don't hold yourself back and swear off relationships just because one didn't work out. Each relationship is different and should be treated as such.

2. Learn from your mistakes: Your relationship may be over, but it's not all bad. Treat it as an opportunity to learn from the past and move on to a happier place in a new relationship.

3. Look for the silver lining: If all else fails and skies look gray ahead, keep it simple. If you were meant to be together, you would be. Keep the faith that there's someone out there for you.

Ryan Phillippe Ditches Amanda Seyfried to Hit On Rihanna



While most thought Ryan Phillippe and Amanda Seyfried were

destined to become serious, it turns out it was just a fling.

A friend told UsMagazine.com that the duo are just friends who are going on dates sometimes. "At one point, there was a chance it would develop into something more serious, but it never did. There's no commitment," Phillippe's friend said.

Aside from this, Phillippe was caught hitting on Rihanna Saturday; she kindly turned him down, a witness reports. The actor seemed undisturbed, leaving a house party later that night with a brunette.

Does dating around make you a player?

Cupid's Advice:

There's a fine line between dating around and being a player.

Cupid has a few ways to tell the difference:

1. Strength in numbers isn't always a good thing: When trying to identify a player, think of Barney Stinson from the show "How I Met Your Mother." Stinson is the textbook definition of a player due to the number of partners he attempts to hook up with on a regular basis.

2. Being single means taking time for you: It's okay from time to time to flirt and meet a few attractive members of the opposite sex, but trying too hard all the time makes you a player. Just because you're single, doesn't mean you always have to look for a new partner. Let it happen naturally.

3. Trust your gut: If you're picking up signals that indicate he/she is leading you on, then trust yourself and ditch them. The best way to stop a player is by simply avoiding them.

Three Valentine's Resolutions That Last!



By Melissa Orlov, marriage consultant and author of *The ADHD Effect on Marriage*

How often have you found that the requisite roses (slightly wilted at the edges) don't do that much for you? This year, for a truly meaningful [Valentine's Day](#), don't focus on a single romantic gesture. Instead, consider making Valentine's Day the 'New Years' of romance – a time for making resolutions that will create lasting change for your relationship.

The good news? There is science behind how to do this. Here are three resolutions that can make Valentine's Day *matter* for a change:

We will teach ourselves to argue. Significant marital research suggests that couples who argue using the right words, who are conscious of how to start and end a conversation, and who avoid accusatory or critical rhetoric in the middle can use disagreement to strengthen their marriage, rather than weaken it. So forget about what you are fighting about and focus instead about how you disagree. Healthy conflict puts you on a path to resolve your differences. Unproductive conflict, or avoiding conflict all together, means that your problems don't get solved, only aggravated.

We will address ADHD in our relationship. If you have a child with ADHD, patterns of significant inconsistency in at least one spouse, chronic nagging and anger, or very uneven distribution of responsibilities in your relationship, then ADHD may be creating serious problems for you. Learning how ADHD impacts adult relationships will help you overcome the many challenges you currently face.

We will change the proportion of positive interactions to negative ones. University of Washington researchers, including John Gottman, have determined that healthy relationships include at least five times more positive interactions than negative ones. So every time you create a negative reaction in your relationship, you need to self-consciously make up for it by creating five positive ones! Saying 'I'm sorry' is a good start, but it's only one-fifth of the work you need to do – so get to it!

Melissa Orlov is the author of The ADHD Effect on Marriage, and has been featured in the NY Times, on CNN, Today and more. Her website is www.adhdmarrriage.com. For more, Orlov suggests For Better: The Science of a Good Marriage by Tara Parker-Pope and The Relationship Cure by John Gottman, Ph.D. You can also follow Orlov on Twitter: @msorlov.

Caught: Justin Bieber and Selena Gomez Holding Hands



Photographic evidence of rumored couple Justin Bieber and Selena Gomez has officially been captured, according to UsMagazine.com. While the rest of the country tuned in to Super Bowl XLV, Gomez and Bieber kept a low profile in Santa Monica, California. The rumored duo were hanging out by the pier when a paparazzo snapped a photo of them holding hands. According to sources, the pair “giggled” at being caught on film. While the two have been trying to keep their relationship under wraps, photographs of them getting close on a yacht in the Caribbean were taken on New Year’s.

When should you come clean about a long-rumored romance?

Cupid's Advice:

Sometimes when you become a part of a new relationship, it's fun and exciting to keep things on the down-low. But when things start to heat up and it gets harder to cover your tracks, it may be time to come clean and own up to your new relationship:

1. Ain't no shame!: Unless your new boyfriend still hasn't broken things off with his previous girlfriend, there's no reason to hide your relationship. Love should be celebrated, and keeping it under wraps may come off as suspicious.

2. Parental approval: If your parents have their eyes set on one type of man and you fall in love with another, that's just the way it is. The sooner you open up to your parents, the sooner your partner will win their approval.

3. When you start to lie: It may seem like a good idea at the time, but when you go out in public together under wraps, jealousy and hurt feelings can ensue. Nobody knows you're together, which brings on incorrect introductions and unexpected come-ons from other party-goers.

Halle Berry and Gabriel Aubry Fought Over Kim Kardashian





Although Gabriel Aubry and Kim Kardashian's recent romance fizzled soon after it began, [People](#) reports that Halle Berry was not happy to see her ex out with a reality TV star. Aubry, 35, and Kardashian, 30, took in a Lakers game and a movie in late November before calling it quits. Halle Berry, 44, who split with the French Canadian model last year, was angry about the relationship because of her daughter, according to a source close to the actress. "Halle was very upset... She just didn't want Nahla exposed to the cameras that are undoubtedly around a reality star." But Aubry had no intention of bringing someone new into his daughter's life right away. "Gabriel wanted to make sure he dated someone for six months before he introduced them to his daughter," says the source.

How soon should you bring a new partner into your child's life?

Cupid's Advice:

After a breakup, it's hard to know when to bring a new partner into your kid's life. Cupid has some tips on when and how to make the introduction:

1. Talk to your child: Give your son or daughter a chance to come to terms with his or her parents' separation. Once they realize that Mommy and Daddy aren't together anymore, they will be more ready to accept someone new.

2. Warn your partner: Tell your new mate what your child is like so he's prepared. Giving him as much information as possible will help make the introduction go smoothly.

3. Wait until it's serious: While there's no time limit on when your child and partner are ready to meet, it's a good idea to wait at least a couple of months. Then, it's up to you to know when the relationship is serious enough to bring someone new into your child's life.

Are Chelsea Clinton and New Husband Headed for Divorce?





Some celebrities have to spend more time defending their relationship than actually having one. According to UsMagazine.com, this has been the case lately with Chelsea Clinton and husband, Marc Mezvinsky. Many tabloids have wrongfully reported that the couple who tied the knot with a lavish fairy tale wedding in Rhinebeck, NY, last August, are headed for divorce. As a friend of the newlyweds recently stated, "They're one of the best and most in love couples I've ever known." The former first daughter and her husband were also recently seen having dinner in New York where they seemed very much in love.

What are ways to combat break-up rumors?

Cupid's Advice:

The only thing worse than break-up rumors is an actual break-up. When it comes to these ridiculous untruths, either fight them head on or ignore them all together:

1. Seeing is believing: When rumors strike, go out in public as couple to show everyone just how happy you really are.

2. Give them the cold shoulder: Ignoring the rumors completely is always a solid option. As long as you know the truth, that's all that matters.

3. Make a statement: If this is something you decide to be vocal about, make it short and sweet.

Bride-to-Be Reese Witherspoon Focuses on Upcoming Wedding



Wedding bells are ringing for Reese Witherspoon! After a divorce from her ex-husband, Ryan Phillippe, the actress is now engaged to Hollywood agent, Jim Toth. In fact, she

recently went wedding shopping in Paris with three of her girlfriends and a source says that she's thrilled about starting a new life with her fiancé. "He's a grown-up who's really ready to take the next step," says Witherspoon's friend. "He's a family-oriented guy, and that's all she ever wanted."

How do you know if your partner is family-oriented?

Cupid's Advice:

Now that you've fallen in love, you're ready to settle down.

But how do you know your partner is family-oriented? Cupid has some telling signs:

- 1. Family time:** Your future spouse has a close relationship with his or her family and enjoys spending quality time with yours.
- 2. Interactive:** Does your fiancé like interacting with children? If so, this is an indication that your significant other more than likely has a soft spot for children and may want some of his or her own.
- 3. Children:** He or she has openly talked about having children and building a family with you.

Are Scarlett Johansson and Jason Sudeikis Dating?



Actress Scarlett Johansson and SNL's Jason Seudeikis are not dating, *People* reports. The two were spotted at dinner together along with Seudeikis's former SNL cast-mate, Will Forte. The duo claims the dinner was just friendly and not romantic. Johansson recently separated from her husband of two years, Ryan Reynolds and filed for divorce shortly after. Her rep says that she is not dating Seudeikis, or anyone else for that matter.

Is it truly possible to be "just friends"?

Cupid's Advice:

Why is it okay to have boy-friends as a kid, but it's considered weird as an adult? Cupid thinks you can be just friends with someone of the opposite sex:

1. If it starts at work: If you meet someone of the opposite sex at work, it's a lot easier to keep it on the friend level.

There's no expectation to take the relationship past being friendly, because a work environment keeps romance out of the equation.

2. If you grow up together: If you've been friends with him or her from the time you were little, it's easy to stick with your close friendship. When you meet someone at a bar, it's tough to start a friendship, as there are expectations of making it more. Knowing someone from back in the day takes away that expectation.

3. It just happens: Some people simply have an easier time making friends with the opposite sex and connecting with them on a friendly level than they do with someone of their own gender. No one goes out in hopes of landing themselves a great friend of the opposite sex. It's something that happens without even realizing it.

Will Kelsey Grammer Beat His Daughter to the Altar?





Kelsey Grammer's eldest daughter, Spencer Grammer, recently announced her engagement to longtime boyfriend James Hesketh, but will she have to pick out a dress for her dad's wedding before her own wedding dress? Kelsey plans on marrying girlfriend Kayte Williams in February, even though his divorce from his wife Camille is not yet final. Thanks to California divorce law, if a judge agrees to "bifurcate" the proceedings, he will be able to remarry while continuing to battle over the assets. According to RadarOnline, Spencer has yet to pick a date to walk down the aisle.

Why should you get married sooner rather than later?

Cupid's Advice:

Some couples spend years getting to know each other before walking down the aisle, while others wait only months. Cupid thought of a few situations where it's good to get married sooner rather than later:

1. If you're older: As the years go on, the dating rules change a bit. We're more comfortable with who we are and what

we like. As we get older, the rest of our lives seem less intimidating! If you find true love later in life, don't waste any time!

2. If you're divorced: After being married once or twice, you know the ropes. So maybe you weren't with the right person, but now that you're alone it's difficult to be single again. If you find someone who makes you feel that puppy love you missed so much and you know what mistakes to avoid this time around, don't procrastinate with the "I do's!"

3. If you're widowed: Losing a spouse is incredibly painful. Lying in bed with nothing next to you, but an empty space will constantly remind you of the empty space left in your heart. If you're lucky enough to find someone that truly makes you happy, let him or her help fill those spaces right away.

Miranda Kerr and Orlando Bloom Welcome a Son





Orlando Bloom is no longer the only man in the house! According to *People*, Bloom and wife Miranda Kerr welcomed their son Flynn on January 6th. “I gave birth to him naturally; without any pain medication and it was a long, arduous and difficult labor, but Orlando was with me the whole time supporting and guiding me through it. I could not have done it without him,” the model said on her Kora Organics Web site on Tuesday. “We are so happy and are enjoying our time together as a family. He is our little ray of sunshine. Thank you everyone for your beautiful well wishes and your lovely thoughts.”

How can you support each other during the birthing process?

Cupid’s Advice:

It’s no secret that having a child is a difficult process, but with a little help from your spouse, it doesn’t have to be a nightmare. Cupid has a few ways you and your partner can support one another:

1. Learn together: It’s important that you and your spouse are

familiar and comfortable with the process before it happens.

Attend birthing classes together. You have to learn about effective ways to support each other before you can actually do it.

2. Communicate: It's not easy to support your partner if you're not sure how to help. Keep the line of communication open about the experience and how it's affecting the both of you. Always remind each other that you're in this together!

3. Have a plan: The worst time to panic is when the baby is on his or her way. Have a solid plan in place ahead of time so that when the time does come, all you have to worry about is being there for each other.

Angelina Jolie and Brad Pitt Share a PDA-Filled Golden Globes





Angelina Jolie may not have won big at the Golden Globes this past Sunday, but she didn't leave empty-handed! At the end of the night, she still got to go home with her hunky mate, Brad Pitt. As host Ricky Gervais brutally mocked Jolie's nomination for *The Tourist*, the 35-year-old actress sat with her head resting on her man's shoulder. Then, according to *UsMagazine.com*, she was later seen sweetly fixing Pitt's tie. Although Jolie didn't get an award, her partner's reassuring consolation certainly won her heart!

What are subtle ways to show you care in public?

Cupid's Advice:

At the Golden Globes, Angelina Jolie and Brad Pitt managed to show that they cared for each other without getting too mushy. Cupid thought of some ways that you can do the same:

1. Hold hands: Holding your special someone's hand in public is a great way to make him or her feel special. It may not seem like you're doing much, but it's actually a great way to show your partner that you're proud to be in a relationship.

2. Do sweet favors: When it comes to adoring your partner in public, waiting on them hand and foot never fails. It could be as simple as taking her jacket, filling her glass of wine, or even helping her out of a chair. If you do something before she has to ask, it shows you were thinking about her happiness first.

3. Wink: A very simple and overlooked gesture that goes a long way is a small bat of the eye. A wink as you smile at your partner shows her that you have eyes for no one else!

Lamar Odom Is Surprised by Khloe Kardashian's Intelligence





LA Laker Lamar Odom admits that he was surprised at how smart wife Khloe Kardashian was when they first met, according to UsMagazine.com. Odom says in *Playboy's* February issue, "You don't know what to expect. Next thing I know I'm spending every day with her. We just hit it off." The couple wed in September 2010 after dating for only 32 days. And Odom definitely doesn't regret his decision to become a married man. "With her I was like, 'If I do what I normally do, I'm going to lose her,'" Odom explains. "'And if I lose her, I think it's going to hurt a lot.' Right then and there I knew. We were together every day."

Should you change for your partner?

Cupid's Advice:

Nothing is more exciting than connecting with someone new, but as time goes on, you may begin to notice some important differences between yourself and your partner. Should you change yourself to match your partner? Cupid has some thoughts:

1. Keep morals and values intact: It takes a long time to

develop personal morals and values, and they shouldn't be taken lightly. Chances are that you think the way you do for a reason, so don't be too quick to change your views for someone else.

2. Opposites attract: It's not secret that it's possible to fall for someone who is very different from you, but make sure to stay true to yourself in the relationship.

3. Change if it's for the best: Who's to say that change is always a bad thing? There may be something about your partner that you particularly admire, so changing yourself to match that quality you aspire to is perfectly fine.

Melissa Etheridge Is In a New Relationship with Best Friend





After a nasty split from wife Tammy Lynn Michaels last year, Melissa Etheridge has entered the dating world again – with her best friend. Etheridge began dating *Nurse Jackie* creator Linda Wallem three months after the breakup. A friend of the couple tells *People*, “Melissa and Linda have been best friends for over 10 years,” adding that Linda was “best man” at Melissa’s wedding to Tammy in 2003. The new couple, who share the same birthday and turn 50 in May, “are in a committed relationship. They’re happy,” says the pal.

Should you risk losing a friendship by taking it to the next level?

Cupid’s Advice:

If you’re feeling something more for your friend and want to take a risk, is it worth it? Cupid has some tips on how to know if you should take the jump:

- 1. Observe:** Before actually asking your friend if he has feelings, too, and making things awkward, observe. Watch his interactions with other girls, and see if he treats you differently.

2. Ask yourself if you're in love: Some confuse closeness and intimacy with love. Make sure you really have romantic feelings before you take the next big step. If you just think he'd make a good husband, but aren't actually attracted to him, it might lead to heartbreak.

3. Think about the future: Not all couples are meant to last. Are you and your friend compatible romantically? If you don't see the relationship lasting, it's probably better to stay friends.

Sandra Bullock Denies Romance with Ryan Reynolds





Apparently, Sandra Bullock and Ryan Reynolds are not “lovahs,” at least according to Bullock’s interview with Al Roker in an interview earlier this week. The actors have been close friends for 10 years, but at this time in her life the only man Bullock looks forward to seeing at the end of her day is her son, Louis, according to *People*. “I think there will be a collective sigh amongst women across the united States when I say he’s not my lovah,” she said.

How do you use humor to fend off relationship rumors?

Cupid’s Advice:

Constant pestering from family and friends about you potentially dating a close friend can get obnoxious. That said, sometimes it’s best to combat those comments with humor:

1. Make a funny: If nobody believes your denial, give in and play along. By giving dramatic fabricated details about a date that never happened, the topic will soon die out when friends finally get what they want, which is y0u discussing the “relationship.”

2. Do as Sandra does: Play light on the subject. By saying something along the lines of, “I could only wish he’d take me out,” you acknowledge that you two aren’t dating and at the same time give the audience a mental picture of you two together.

3. Stay away from sarcasm: Although a dry joke may be your weapon of choice, take into consideration others’ feelings beforehand so you don’t offend anyone. Only use sarcasm if you’re sure it will be well-received.

Owen Wilson Welcomes Fatherhood and Talks About ‘The One’





Congratulations to first-time father Owen Wilson and his girlfriend, Jade Duell! The couple welcomed a son in Hawaii on Friday, according to *UsMagazine.com*. Wilson has stayed quiet about his girlfriend's pregnancy, but a source says that he was looking forward to becoming a father. "He's super into it and asks a lot of questions to make sure he knows what's going on every step of the way," the source said. Although the actor has yet to pop the question, he does believe that Duell is "The One."

What are some ways to tell that you're in love?

Cupid's Advice:

Being in love is a wonderful feeling, but how do you know if you've found Mr. or Mrs. Right? Cupid has some telling signs:

1. Emotions: The mushy feelings you had at the beginning of your relationship are still there, even after many months or years.

2. Sleep deprivation: You aren't getting a sufficient amount of sleep, yet you still feel energized. You spend countless nights thinking about your partner, and it seeps into your dreams on a nightly basis.

3. Everything is there: When you're in love, you don't feel like you're lacking anything in life. Everything you've wanted has finally come true. You also know that no one can replace your partner.

'Black Swan' Actress Natalie Portman Prefers a Friend with Benefits





While Natalie Portman still hasn't publicly spoken about her new fiancée (and new baby bump), *People* reports that she recently opened up about what she wants in a partner in the new issue of *InStyle*. "I look for all the same things I would in a friend... Obviously, you need the sexual attraction, too, so it's like your best friend who you are also really attracted to." Portman is engaged to French choreographer and actor Benjamin Millepied, who she met on the set of her new movie *Black Swan*. The two are expecting their first child later this year.

How important is it to be best friends with your partner?

Cupid's Advice:

Plenty of romantic relationships blossom out of friendships. Cupid has some ideas on why your significant other should also be your best friend:

1. Get to know each other better: Friends often get to know each other on a deeper level than lovers do, because there's no pressure. Being best friends with your mate will make your

relationship even more intimate.

2. Build a foundation of friendship: When the honeymoon phase is over and the romance wears off, you still have your best friend. Physical attraction is important, but if you want to grow old with your partner, make sure you're friends first.

3. Keep your other friends: While it's important that you and your significant other are friends, make sure he's not your only one. It's important to have a social life outside of your partner.