

# Celeb Couples Take Emmys By Storm



*True Blood* costars and real-life newlyweds Anna Paquin and Stephen Moyer were just one of the celebrity couples present at the 2010 Emmy Awards. Other couples who made stylish appearances on the red carpet were Claire Danes and Hugh Dancy, Amy Poehler and Will Arnett, Eva Longoria Parker and Tony Parker, Neil Patrick Harris and David Burtka, January Jones and Jason Sudeikis, as well as many others, according to [YourTango](#). All making different fashion statements, the stars made sure their partners were up to snuff as well. **Should you tell your partner how to dress?**

## Cupid's Advice:

Often times one person in a relationship has more fashion sense than the other. Cupid has some ideas to help you deal:

**1. Let the minor things go:** If you have something to say about what your partner is wearing each and every time he steps out of the house, it's bound to lead to some disagreements. Choose your fights carefully. Only speak up if your mate is truly wearing something you cannot tolerate in public.

**2. Positive encouragement:** Fashion is a way to express yourself. By controlling what your partner wears, you're taking away some of his personal expression. Try peppering your criticisms with positive encouragement. "Honey, I really like the graphic tee you have on, but would you mind wearing your black blazer with it?"

**3. Compromise:** It's a given that you won't always see eye-to-eye with your partner. If you don't agree with his fashion choice, politely ask him if he will change. Don't go choose a new outfit for him. By putting the ball in his court, he feels like he still has some sense of style control.

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## Britney Spears & Jason Trawick's Hawaiian Vacay





Taking a break from work, Britney Spears and agent boyfriend Jason Trawick recently went on a romantic getaway to Hawaii, according to [People](#). Spears, who recently filmed a spot on *Glee*, left her two sons with their grandparents before jetting off to a luxury suite at an oceanfront resort on Hawaii's Wailea coast. An onlooker says, "Britney and Jason seem completely in love and happy. Britney has not stopped smiling since she arrived in Maui, and she seems to have the best time with Jason."

### **What are some good vacation destinations for the whole family?**

Sometimes it can be tempting to get away from the kids for a few days, but a vacation can still be relaxing and enjoyable for the whole family. Cupid has some getaway ideas for you, your spouse and your kids:

**1. Beach resorts:** One of the best vacation spots for families is a beach resort. They often have programs for kids throughout the day, allowing parents much-needed relaxation time. An example is Beaches Boscobel Resort and Golf Club in Jamaica. This resort has golf lessons for kids, a waterpark, a video game center, as well as many sporting and restaurant options.

**2. Cruises:** Kid-friendly cruises, such as the Disney Cruise Line, offer youth clubs, live shows and pools designed for specific age groups (including adults). Your children can enjoy spending time with others their age while you relax with your spouse.

**3. Camping:** For those who enjoy the outdoors, camping is another great family vacation option. You can enjoy spending time with your kids during the day and then, after they fall asleep, enjoy time with your spouse in front of the campfire.

If you enjoy taking in natural wonders, camping at places like the Grand Canyon or Yosemite National Park can make for great memories.

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## Miley Cyrus & Liam Hemsworth Confirm Split





According to [RadarOnline.com](http://RadarOnline.com), teen queen, Miley Cyrus and Australian hunk, Liam Hemsworth have officially sung their last song. The two have been dating since they met on the set of *The Last Song* in August 2009. Recently, however, the relationship has taken a turn for the worse.

## **How do you deal with your first big breakup?**

### **Cupid's Advice:**

Everyone has that first love that they never seem to be able to forget. When you're young, a breakup can seem like the worst thing in the world. Cupid has some suggestions to help you cope:

**1. There are many fish in the sea:** When you end a relationship, especially with your first love, remember that they are only one person of many. Don't let that one person have so big of a hold on you that you never move on. Start fishing!

**2. Enjoy life:** You are only young once so you don't want to waste your youth saddened over a breakup. Cry if you need to, but don't dwell on your loss for too long. There are so many



wonderful activities and potential new lovers to pursue.

**3. Remember the good times:** Even after your relationship has come to an end, there is nothing like the memories of a first love. Remember the good times you had together rather than the reasons it had to come to an end.

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## Angelina Jolie to Write, Direct & Produce New Film



As if Angelina Jolie wasn't busy enough already, she's now set to direct, write and produce a new love story set during the Bosnian War, [People](#) reported. The actress and mother to six children visited

Bosnia as a UNHCR Goodwill Ambassador in April. “The film focuses on a Serbian man and a Bosnian woman who meet on the eve of the war and the effect the war has on their relationship,” Graham King’s GK Films announced.

## **How do you balance your relationship and your work schedule?**

### **Cupid’s Advice:**

As a career woman with a busy work schedule, it can be tough to balance that with the relationship with your partner.

Cupid has some tips that may help:

**1. Protect your private time:** Make sure to schedule time for yourself. It’s easy to get so caught up in your busy life that you forget about setting aside time to wind down. Missing your private time should be just as bad as missing a doctor’s appointment!

**2. Figure out what matters:** More than likely there are things in your life that simply don’t matter. It’s a matter of putting the things that truly mean something to you at the front of the line – as your number one priority.

**3. Get help:** Just because you accept help from your friends and family doesn’t mean you’ve lost control of your life. That’s sometimes one of the hardest things to realize. Next time a friend offers to babysit for a night, take them up on it!

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# John Mayer and Michelle Trachtenberg?



Known playboy John Mayer, who has dated the likes of Jessica Simpson and Jennifer Aniston, has recently been linked to *Gossip Girl* actress Michelle Trachtenberg. Rumors say that the pair were seen getting cozy at Soho House in Los Angeles recently. Though reports say the two seem “smitten,” Trachtenberg’s rep adamantly denied all claims they are more than just friends. The spokesperson maintains that they chatted together for a few minutes. Trachtenberg’s rep told the [New York Post](#), “They’ve known each other for years.” **How can you get a bad boy to settle down?**

## Cupid’s Advice:

**1. Don’t always cooperate:** Constantly rearranging your day to meet his schedule is not going to pique his interest. Make



him come to you. Your unavailability will make him more eager to see you.

**2. Give him free reign:** Be independent. Let him know that you don't need him, and that it is up to him to really get the relationship going. Your apparent disinterest will make you seem less desperate and more mysterious, which will interest him.

**3. What are you willing to tolerate?:** Taming a bad boy is a near impossible task. You need to ask yourself what you are willing to put up with in a relationship. If you are not willing to give him free reign, then your relationship with a bad boy will probably not end happily.

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## Kate Winslet Back On the Dating Scene





Kate Winslet appears to be taking a page from Marilyn Monroe's book with a case of the seven-year itch. According to [Us Magazine](#), the actress is going public with her new relationship with British model Louis Dowler, after announcing in March that she and director Sam Mendes had split after nearly seven years of marriage. "Kate certainly seems smitten," a source familiar with the couple told the UK's [The Mirror](#). "Who wouldn't be?... They've really got something special."

**What's the best way to jump into a new relationship after severing a long-term one?**

### **Cupid's Advice:**

Getting back into the dating scene after a divorce or breakup can be awkward. Cupid has some advice to make sure you make the most of it:

**1. Time for a makeover:** When you look your best, you will most likely feel your best. Break away from the old you and do something to make yourself feel great before venturing back into the dating game.

**2. No time for a do-over:** Take the time to figure out what

went wrong with your last relationship, and determine what the essential qualities you are looking for in another person. The last thing you want to do is find yourself getting involved in a similar situation, which will most likely end badly.

**3. All the single ladies! (and men):** Though it might be difficult, don't go on the date with thoughts of your last relationship. Leave your troubles at home or in the therapist's office. Think of this as an opportunity to be yourself, be single, and start fresh.

There is no timeframe for starting to date once again. Everyone is different. When you feel ready, go for it and have fun.

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## Are Jennifer Aniston & John Mayer Back On?





Celebrity tabloids have been reporting a possible romantic rekindling between Jennifer Aniston and John Mayer this week, according to [E! Online](#). Sources say they saw Aniston in the wings watching Mayer's most recent concert. Although reps for the actress deny she attended the concert, the rumors persist!

## **What do you do when you can't let go of an ex?**

### **Cupid's Advice:**

Breakups are difficult, and sometimes it's hard to let go. Cupid has some suggestions about how to move on:

- 1. Realize this has to happen:** Whether you understand the reasons behind your breakup or not, you need to move on. There's no sense in staying attached for longer than necessary.
- 2. Don't be desperate:** If your ex tries to contact you, don't drop everything to make yourself available. If things aren't meant to be, this will only delay the pain.
- 3. Have self-confidence:** It's important to work on your self-esteem after a rough break-up. By no means should you feel completely responsible for the split. "What ifs" do nothing

but bring you down further.

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## Just Married: Anna Paquin & Stephen Moyer



*True Blood* co-stars Anna Paquin and Stephen Moyer proved their chemistry off-screen, as they wed in Malibu Saturday, reported [Us Weekly](#). The couple, who announced their engagement last August, were surrounded by family and friends as they exchanged their vows under a tent by the beach.

**How do you decide if a big or small wedding is right for you?**

## Cupid's Advice:

Needless to say, your friends and family will all have their own opinions about how your wedding should be, but Cupid has some things to consider when deciding whether to have a big or small celebration:

- 1. Stay within your budget:** Money isn't always fun to think about, but when it comes to your big day, it's really important to do only what you can afford. The more people you invite to your wedding, the more it costs!
- 2. Consider the size of your family:** When deciding how many guests to invite, it's easy to overlook the sheer size of your family. Add them all up before you commit to a specific number.
- 3. Remember your dreams:** Most girls grow up dreaming of their perfect wedding. Did you envision having 100 attendees or 10? If you're one of those people who always pictured your wedding day, think about whether or not you'll regret not making that fantasy a reality.

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# Marilyn Manson & Evan Rachel Wood Are Off Again!







After numerous hookups and breakups, Marilyn Manson and Evan Rachel Wood have ended their relationship again. This time, the couple split up nearly eight months after Manson popped the question. [People](#) reported that the newly single rocker hit the streets of Los Angeles last Saturday night to eat dinner with friends. [E! News](#) also reported an “unidentified brunette” who Manson apparently referred to as “his new girlfriend.” **Would you give your ex another chance?**

### **Cupid's Advice:**

On-again, off-again relationships can put you on edge. You never know when it's over, and you may assume the two of you will just get back together later. How do you know when it's time to move on for good, or to give it another chance? Cupid's got some tips:

- 1. Over is over:** You don't necessarily have to do anything. If your ex is crawling back to you claiming they've changed, don't take them back because you feel bad. If it's really over, then accept it.
- 2. No pressure:** If you need to think it over, don't let them manipulate your decision. If you need time or space,

your ex will respect your decision, and back off until you've come to a conclusion.

**3. Trust:** If trust between you and your partner has been broken then you need to really think about whether or not that trust can be rebuilt. Think about how angry or upset you were when it ended versus how happy you can see yourself with your current ex in the future. Which thought is stronger?

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## Movie Review: Going the Distance



For a new twist on long-distance relationships, check out Warner Bros. new movie, *Going The Distance*. Garrett (Justin

Long) and Erin (Drew Barrymore) fall in love one summer in New York City, but never meant for it to happen – especially knowing that Erin will be heading back to San Francisco in six weeks. The couple plans on staying casual, but it doesn't take long for their love to ignite a passion they can't escape. Follow these two real-life lovers on their coast-to-coast romance.

## **How can you make a long-distance relationship less challenging?**

### **Cupid's Advice:**

You can't control who you fall in love with, or where they live. If you unexpectedly find yourself in a long-distance relationship, Cupid offers a few ways to help shrink the distance:

**1. Stay in touch:** Technology has come a long way. Gone are the days when you could only use the postal service, or had to pay huge fees for phone conversations. Now you can text, email, Skype, and even talk on the phone for little to no money at all.

**2. Old school:** Although it's easy to spend hours chatting and texting, it can be much more romantic if you compose some old fashioned snail mail and send it to the one you love. The sentiment will not be missed.

**3. Getaways:** With the savings on communication, why not plan a romantic interlude with your sweetheart. Take a weekend getaway in your respective cities, or choose somewhere in between and meet halfway.

Release date: August 27, 2010

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# Favored 'Bachelor' Turns Down Gig



Chris Lambton, the most recent runner-up on *The Bachelorette*, has reportedly turned down ABC's offer to become the *The Bachelor*'s main man, according to [E! Online](#) and [Entertainment Weekly](#). Fans of the show may be disappointed, as Lambton was the clear favorite among those being considered for the reality gig.

**How do you know when you're ready for a new relationship?**

## **Cupid's Advice:**

When you come out of a serious relationship, it can be difficult to know when you're ready to give it your all in a

new relationship. Cupid has some things to consider when making the decision to start dating again or stay single:

- 1. Fully recover:** Breaking up is rarely easy, and brings with it emotional stress. It's important to allow yourself time to fully recover before putting yourself out there again.
  - 2. Deal with the truth:** Sometimes the truth behind why a relationship didn't work out is hard to take, so we continue to live in a false reality. Until you can confront the truth and deal with it, it's not time to move on.
  - 3. Don't be afraid:** Easier said than done, right? The main thing that keeps us from moving on is fear, but you can't get anywhere in life without taking risks. If you've dealt with your past breakups and are interested in meeting a new partner, it may be time to take the leap and see what happens!
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## Sherry Amatenstein Dishes on 'The Complete Marriage Counselor'





By Krissy Dolor

Everyone's seen the row of marriage self-help books on the shelves of the local bookstore. With so many to choose from, how can you pick just one? That's where Sherry Amatenstein comes in. This license master social worker decided to take the guesswork out of picking just one expert, and combined the country's best marriage counselors into one place. *The Complete Marriage Counselor: Relationship Saving Advice from America's Top 50+ Couples Therapists* offers a one-stop shop for all things marriage-related, tackling 101 of couples' most-asked questions, getting to what America's couples are really thinking.

**What should you do if you're unhappy in your marriage?**

**Cupid's Advice:**

Before committing to a counselor, check out Amatenstein's book. With her comprehensive research and knowledge in the field, her guide is as inclusive as you can get in less than 300 pages!

Cupid chatted with Amatenstein on the phone last month. Take



a look at what the author had to say:

**Your third book, *The Complete Marriage Counselor*, came out in January. How did you come up with the idea?**

I do couples' therapy myself, and just sort of thought about it. When you have a medical concern, you go to a second doctor for another opinion. With couples, I thought it would be really great to pull together from the best in the business. Each chapter highlights a different issue – sex, money, goals, infidelity, and so on. I asked the therapists what their most popular questions were. Then for each question, I went to two different therapists, and asked their opinions for each question. I was sure to ask therapists who practiced different techniques. Then I gave my own take.

**How did you determine who would contribute to the book?**

I knew people from doing couples' therapy. With my background as a journalist, I sort of knew who people were, and went for my dream team. I was happy with everyone I got.

**What were some of the most common themes in the questions that were selected?**

The book is separated by issues, including marriage, house work, work, communication, handling rough patches, money, second marriage. What my book does is take a lot of typical patterns and issues that come up with couples. I took issues that hit home the most for couples. Also, parenting issues.

**What is the number one relationship issue facing today's couple?**

Trust. It's very hard to be vulnerable and really communicate what you're feeling. One of my sayings is, "underneath the anger is fear." When you can come to a place of empathy, and really understand the other person's point of view, it can really be a magical thing. According to a study, couples only

hear only 30 percent of what the other person says. We often get caught up in ourselves. People forget a relationship should be a partnership, putting each other first, being open, and being vulnerable.

**What's the most important concept you think your readers should take after reading this book?**

I think, is it more important to be right, or is it more important to be happy? Instead of it being all about me, me, me, recall that John Kennedy quote – “ask not what your country can do for you – ask what you can do for your country,” can be: “Ask not what your spouse can do for you, but what you can do for your spouse.”

One exercise I use for when a couple is roadblocked is to walk a mile in the other person's moccasins. By seeing how others have to deal with you can really be eye opening. You are really seeing each other's point of view.

I think the book is helpful for any couples in any stage of the marriage. I am happy when couples come to me even before they marry. A lot of people have this fantasy about the idea of marriage. If you think about the issues of marriage that will come up *before* getting married, you can build skills on working through them together, and stop getting into patterns – even if this leads the couple to realize, ‘we shouldn't be together.’

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## **Twilight Co-Stars Caught in**

# the Act



Robert Pattinson and

Kristen Stewart have been trying to keep their rumored relationship on the down-low, but they were recently caught snuggling in Montreal on the set of Stewart's new movie, *On The Road*, [People](#) reported this week. The duo, who co-star together in the *Twilight* series, are also set to heat up the big screen with steamy scenes as they begin filming *Breaking Dawn*. **How much affection should a couple show in public?**

## Cupid's Advice:

PDA is always a controversial topic. Some people think it's borderline tacky, and others think it's perfectly acceptable.

Cupid has some suggestions on how to gauge what is right for you and your partner:

**1. Hold hands:** In public, hand holding is a safe way to show affection. It shows you both care without offending those

around you.

**2. A quick peck:** A speedy kiss on the cheek, or even the lips is nothing to be ashamed of, and shouldn't make anyone around you think twice. It's a fast way to show that you not only care, but that you are attracted to your partner.

**3. Do what feels comfortable for you:** Sometimes it's best to just do what is right for you. The fact is, public displays of affection are not a crime. If what you are doing doesn't bother you, and you're fairly sure it's not making others around you uncomfortable, go for it!

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## Jude Law's Ex Speaks Out!





Jude Law tried to put a stop to it, but ex-wife Sadie Frost is about to let it all hang out in a tell-all memoir focusing on the deterioration of their marriage, her post-natal depression, and dealing with fame, [E! Online](#) reported this week. The former couple, whose marriage ended in 2003 following Law's affair with their nanny, battled about the production of the book in court before reaching a settlement. The autobiography, titled *Crazy Days*, will be published next month.

## **What should you do when your ex talks negatively about your relationship in public?**

### Cupid's Advice:

After a breakup, it's tough to know how to act or what to say when you hear about your ex speaking badly to other people about your past relationship. Cupid has some suggestions to help you cope:

- 1. Play it cool:** It may be your natural reaction to take revenge, but you'll feel better in the end by taking the high road. There's most likely a good reason your relationship is over, so it's best to focus on moving forward.

**2. Keep things in perspective:** Try to remind yourself that it's human nature to combat insecurity with negativity. By learning how to stay confident during life's toughest times, you have a better chance of achieving much-needed independence after a relationship ends.

**3. Ignore the situation completely:** Sometimes the best idea is to leave it alone. Although what your ex is doing is hurtful, nothing positive can come from reacting to a situation, so not addressing it in the first place may be the right answer.

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## Julianne Hough Handles Ryan Seacrest's Fame







They usually try to keep a low profile, but Ryan Seacrest and Julianne Hough went out in public over the weekend, cruising around Los Angeles in Seacrest's convertible Aston Martin, and enjoyed brunch at the Four Seasons poolside restaurant, Cabana, [People](#) reported this week. Despite both wearing hats, Seacrest was recognized and approached by fans...and Hough wasn't. However, she played it cool, waiting by his side while Seacrest greeted them.

**How should you act if people want to talk to your partner, but not you?**

Cupid's Advice:

It can be awkward when you're out with your other half and people only talk to him or her. Here are some of Cupid's tips on playing it cool while you wait it out:

- 1. Stand by:** Even if you might feel silly just standing there while your significant other fields questions and chats away, standing by and being patient shows your support.
- 2. Smile:** If it turns out to be a more than a quick question or chat, smiling will assure your partner and whoever he or she is talking to that you're not grumpy about the situation,

even though you may be.

**3. Don't create a scene:** If the conversation veers away from friendly to flirty, and people start hitting on your partner, don't step in or get mean. Your mate is with you for a reason, and since you're standing right there, you have no reason to worry about anything.

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## Bristol Palin & Levi Johnston On "Friendly" Terms



Just a week after announcing yet another split, Bristol Palin and Levi Johnston appear to be on friendly terms, or so Johnston told [People](#) magazine at the Teen Choice Awards on Sunday. A teary Palin had previously told the magazine that “humiliation” led to

their most recent split, but Johnston was all smiles at the awards show with “friend” and singer Brittani Senser on his arm.

## **What do you do when an ex moves on faster than you do?**

### **Cupid’s Advice:**

Palin had not been seen publicly since her split with Johnston, and she seemed shaken when she announced the separation. Johnston, on the other hand, has been out and about with Senser. It’s important to accept that your ex might be quicker to bounce back than you are, and to work on getting yourself to a good place, rather than focusing on the other person.

**1. Get out there:** While it might be easier to hide out in your house and avoid the world, step outside and take on the world. Go for a jog, out to dinner with friends, or indulge in a little retail therapy. Don’t hide away; live your life!

**2. Don’t give in:** If your ex is off flaunting a new relationship and word gets back to you, remember to take the high road and avoid commenting on it. What he or she does post-breakup should not be an excuse for you to act immaturely.

**3. Love yourself:** In the same vein as not discussing your ex with others, don’t feel the need to bring he or she into your future relationships. Love and respect yourself enough to just be you, and not let bad breakups affect new possibilities.

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# Ronnie & Sammi Still Struggling at the 'Shore'



And the drama continues! After drunkenly carrying on with countless girls at a Miami nightclub in season two's first episode, *Jersey Shore* reality star Ronnie returned home to cuddle up with ex-girlfriend, Sammi. When Sammi asked if he had been with any girls that night, he lied, answering no. The two seemed to rekindle their romance during last week's episode when Sammi held Ronnie's hand as he got a tattoo.

**Is it possible to fully restore trust to a relationship after lies are uncovered?**

## **Cupid's Advice:**

Lying and cheating most often marks the end of a relationship. However, if the guilty party is truly sorry,

and shows it through their actions, then the relationship may still succeed:

**1. Repeat offenders:** Past behavior is always the best predictor of future behavior. In a case like this, one does not apologize with words, but with actions. Those who mean their apologies won't make the same mistake twice.

**2. Don't be too trusting:** Sometimes, one party wants so bad to trust the other that they ignore the obvious. When it comes to being in a healthy relationship, one should always keep in mind the saying, "Fool me once, shame you you; fool me twice, shame on me."

**3. Getting past it:** If the cheater shows true remorse and bends over backwards to make things right again, their partner shouldn't continue to hold their mistake over their head. If they want the relationship to work, both people need to leave the past where it belongs.

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## Hayden Christensen & Sophie Monk Spotted Leaving Premiere





As reported in [Perez Hilton](#), possible new couple Hayden Christensen and Sophie Monk were spotted leaving the premiere of *Takers* together. The two reportedly left quickly in the same car. The *Star Wars* actor has reportedly been taking a break from his relationship with Rachel Bilson.

**What does being on a break from a relationship really mean?**

### **Cupid's Advice:**

When a couple goes on a break, the relationship could go either way. Read on for some of Cupid's ways to tell whether of not this is a break – or a *breakup*:

- 1. Loyalty:** If one half of the couple wants – or is willing – to be with someone else, this person should think about how much the relationship they took a break from really means to them.
- 2. Time out:** Even if one or both parties attempt to be with someone else, it doesn't mean the relationship is over. This could be a way a of discovering the couple's true feelings for each other.
- 3. It's over:** Sometimes a break in a relationship can become a



permanent separation. However, this doesn't mean the former couple can't still be friends. See what works best for you.

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## Sean Penn & Robin Wright Divorce Finalized



After a messy road towards divorce, Sean Penn and Robin Wright have at last signed papers, finalizing their divorce, figuring out all questions relating to child support, spousal support, and child custody. [People](#) reported that Wright hopes to remain friends with her ex, despite their history.

**Can you stay friends with an ex after a nasty split?**

**Cupid's Advice:**

Penn and Wright have an interesting marriage to say the least, but the fact that they have a child together means they will always have to be a part of each other's lives. In order for exes to have a relationship post-split, both people have to work at it.

**1. Be adults:** It takes a lot to look past a difficult and angry history with someone, but it can be done so long as both people commit to looking forward. Don't hold grudges, or bring up old ills.

**2. Think of others:** Whether it's children, or even just mutual friends – if you and your ex are committing to starting a friendship, then it should just be between you two. Don't get angry if your friends are also buddies with your ex. Think of how your relationship, both past and future, will affect those close to you.

**3. Expect the worst:** Very few people who were in a serious relationship together can then turn around and become friends. Understand that it might not work. If it does fail, move on, and find the best compromise for you both.

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## Jake Pavelka Remains a “Bachelor” for Now





In the wake of his public breakup with Vienna Girardi after his stint on *The Bachelor*, Jake Pavelka is taking a break from dating, [People](#) reported last week. Though Pavelka has not ruled out any future love, he said he needed more “me time” after being in the limelight before getting back in the dating game.

## **How do you bounce back after a break up?**

### **Cupid’s Advice:**

Breakups are hard enough for any person, but even more so in the case of a public and nasty breakup. Pavelka is doing the right thing in going at his own pace. Every person is different though, so act accordingly to *your* needs post-breakup:

- 1. Take time:** Many people feel the need to rush back into the dating game, but it’s perfectly all right to take some time off for yourself. It will take a bit to find your stride again, so you shouldn’t rush.
- 2. Be open:** Post-breakup is the perfect time to re-evaluate and try new things, in both dating and in general. Take a risk and be bold. Get a new look, or date someone you never would have before. There’s no better time to open up and

start fresh.

**3. Reconnect:** When you're in a serious relationship, it's common to lose contact with other people in your life. With new opportunities and more time, go ahead and reconnect with an old friend, or with those in your life that have taken a backseat.

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## 'The Bachelorette' & Her Fiancé Step Out in Style!



*Bachelorette* Ali Fedotowsky and fiancé Roberto Martinez were officially able to step out as a couple, [E! News](#) reported Tuesday. The two had to keep their romance under wraps after the show finished filming to keep the ending a secret before the finale aired

Monday night on ABC. Cupid sends his congratulations to the happy couple!

## What are ways to celebrate your engagement?

### Cupid's Advice:

When Fedotowsky and Martinez were finally able to reveal the news, they did so in style. There are all kinds of ways to let friends and family know you're engaged. Let Cupid help:

**1. Family style:** For couple's who have tight-knit families, a simple dinner for both sides might be enough of a party to start things off. Have them over to one of your homes and make it a personal affair for everyone who matters most.

**2. Night on the town:** You could go the surprise route and invite all your friends for a night out. Don't mention the engagement, and see who notices the ring first. At that point, drinks all around will be a no-brainer!

**3. Party time:** To keep everyone happy, throw a large celebration for everyone in your life – the more the merrier!

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# Palin & Johnston Split... Again







Bristol Palin and Levi Johnston have split up again, [People](#) magazine reported Tuesday. Palin, daughter of former Alaska governor Sarah Palin, and Johnston announced their second attempt at an engagement only weeks ago in the hopes of starting a real family for their 19-month old son Tripp. Palin told *People* that the breakup occurred after rumors surfaced about Johnston fathering another child with an as-yet-unnamed woman.

**How do you know it's finally time to cut a bad guy loose?**

### **Cupid's Advice:**

There comes a time when a reunion is just impossible, no matter how much you wish someone can change. Dalmatians can't change their spots, and it's up to you to know when its time to quit.

**1. One-sided attempts:** If you're the only one in the relationship trying to make it work, then perhaps it just isn't going to. This lack of effort shows your partner isn't fully invested in the relationship – or you.

**2. Repeated mistakes:** There are some characteristics a person just can't change. If your mate makes the same mistakes repeatedly, it might be due to a character difference that



will always keep you two apart.

**3. Hurting others:** As in Palin's case, her son Tripp's happiness is also at stake in the relationship. If other people, children or otherwise, are being negatively affected by your attempts at reconciliation, it's time to pull the plug.

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## It's Serious Between George Clooney & Elisabetta Canalis



Despite rumors from an Italian newspaper that the couple had separated, George Clooney and Elisabetta Canalis are still going strong. Canalis opened up to [Vanity Fair's](#) Italian edition, dismissing any rumors that they have split as jealousy, [People](#) reported

this week. In fact, she told the magazine, “Those who criticize or invent stories about us are just jealous.”

**What should you do when people try to meddle with your relationship?**

**Cupid's Advice:**

Finding love can be like winning the lotto! However, one's happiness and luck can often lead to jealousy from the outside world. Read on for Cupid's tips on how to deal with this situation:

**1. Don't fuel the fire:** Jealousy can harm a relationship, even if it comes from the outside. The best thing anyone can do is to not repeat the rumors you hear. Most of the time, like in Clooney and Canalis' case, rumors are false.

**2. Be happy:** Jealousy and rumors can only harm a relationship if those involved let it. As Canalis said, “the best revenge over these jealous people is to be happy.”

**3. Time cures all wounds:** In the end, rumors don't last long. The more untrue they are, the less time it takes for them to fizzle away all together.

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## **Stephanie Pratt & Josh Hansen Call it Quits**





Another love drama for the Pratt family! Stephanie Pratt's rep confirmed to [People](#) that the reality star and Josh Hansen "went their separate ways." The pro motocross racer tweeted on Monday, "Another dysfunctional move by Stephanie Pratt, I was under the impression u had to be someones bf in order to get dumped," as his rep says the two were never officially a couple. Pratt didn't let that slide, answering back with an expletive and exclamation-filled tweet. There aren't any other details available on the breakup, but it's seems the relationship ended on unhappy terms.

**How can you end a relationship on good terms?**

**Cupid's Advice:**

When it's time to end a relationship, you should always aim to leave it in nice conditions. Cupid has some tips:

**1. Make up your mind:** Don't threaten to leave your partner out of anger or spite because you want your way in an argument. A breakup shouldn't be used as a form of leverage unless you're truly prepared for that possibility.

**2. Time and place:** Pick a setting that allows you two the time and privacy to end it properly. For example, don't end it as

your partner is leaving for work, or right after a crisis.

**3. What to say:** Don't patronize the other person with cheesy lines like, "It's not me, it's you," or, "I'm not good enough for you." Although it may seem like you're ending it gently, these generic lines might hurt his or her feelings more. Just say what you need to say.