

Christina Aguilera Talks Marriage



Christina Aguilera is singing love songs when it comes to her relationship with husband Jordan Bratman. According to [Us Magazine](#), Aguilera is cited in the October issue of *Cosmopolitan UK* as saying, “We’ve been married for five years now, and I think the secret is in always keeping it interesting. You have to make time for yourselves.” Aguilera also says that even the most loving marriages require effort and a lot of patience.

How can you keep your relationship alive?

Cupid’s Advice:

After being married for several years, you may find yourselves getting into a rut. Cupid has some advice to help make sure the honeymoon doesn’t end:

1. It’s date night: Sometimes a marriage can feel as if it’s

becoming all work and no play. Give yourselves a night out, without the kids, to have fun. Take the time to catch up on the things which get lost in everyday craziness.

2. Take on a new interest together: Talk about doing something the two of you have always wanted to try, but never had the time to do. Sign up for cooking lessons or take up a new sport. It's never too late to explore something new together.

3. OMG... I luv u: Technology now and days makes it easier than ever to stay in touch. A quick "hello" or "I love you" via text will let your spouse know you're thinking of him or her throughout the day.

Tom Cruise and Katie Holmes Keep Romance Alive





Ever since Tom Cruise jumped on a couch on *The Oprah Winfrey Show*, people have doubted whether his relationship with Katie Holmes is real. But as Cupid recently reported, the couple are still very much in love five years later, and do everything they can to keep the spark alive in their marriage. In fact, Holmes recently told [People](#), “My husband has red roses for me everywhere I go and whenever we travel.” Both Cruise and Holmes are true romantics and are very affectionate toward one another and their 4-year-old daughter, Suri. Holmes said, “Being a mother is so dreamy.” **How can you tell if your partner is a true romantic?**

Cupid’s Advice:

- 1. He doesn’t expect credit:** If your partner waits to give you a dozen roses until you’re in front of your friends, he might be looking for positive recognition from someone besides you. When he does sweet things without asking for credit or thanks, he’s a true romantic (and is so into you)!
- 2. He knows you:** If he uses inside info to do lovey-dovey things that he knows you and only you would appreciate, then he is truly devoted. For example, buying you a box of chocolates on Valentine’s Day is sweet, but serenading you with your favorite Backstreet Boys song? Dorky, but totally

romantic.

3. He's all about consistency: It's easy for him to do sweet and thoughtful things at the beginning of the relationship when everything is new, exciting and he's still trying to impress you. But if he still pulls out your chair for you after 25 years of marriage, he's a true romantic.

Liam Neeson is Dating Again



After the tragic death of his wife Natasha Richardson last year, Liam Neeson has finally found love again. [Starpulse](#) reports that the actor was spotted leaving Nobu restaurant in London holding hands with British businesswoman Freya St. Johnston. Neeson and his children were devastated when Richardson passed away in March 2009 from a brain injury caused by a skiing accident.

Johnston is the first woman to be seen with Neeson since his wife's death, but she has refused to confirm or deny the relationship, stating, "I am not saying anything whatsoever." **How soon should you date after the death of a spouse?**

Cupid's Advice:

The death of a spouse is one of the most difficult experiences to deal with, but it is possible to survive it and love again. Cupid has some ideas on how and when to date again after the death of a spouse:

1. Take your time: Jumping into a new relationship immediately after the death of a spouse is often times a bad idea. While it may feel like the only way to heal after a break-up, it's better to spend time alone to grieve a spouse's death. Lean on your friends and family when you need support.

2. Keep your children in the loop: Once you have allowed enough time to grieve and feel ready to date again, make sure to talk to your children. Let them know that no one can replace their mother or father, but that you are ready to move on.

3. Start fresh: Dating again should not be a way to replace your spouse or to find a new parent for your children. Realize that there will never be another person like your husband or wife, and keep an open mind as you continue your journey to happiness once again.

Jennifer Aniston's "Cougar Town" Courting



Actress Jennifer

Aniston has reportedly been enjoying some perks from her guest appearance on gal pal Courteney Cox's TV series *Cougar Town*. Recently, Aniston enjoyed a long candlelit dinner with fellow *Cougar Town* actor Josh Hopkins, according to [People](#).

"She seemed very excited about her date," said an eyewitness. "She and Josh sat at a more private table and they seemed to get along great...there was a flirty energy between them, and Jen looked very happy." **How do you stay optimistic in the dating world?**

Cupid's Advice:

In today's fast-paced bustling world, the prospects of cultivating a new relationship can be hard to handle. Cupid has a few suggestions on how to stay strong with a single status:

1. Remember Carrie: When single and in doubt, just remember one of womankind's most beloved protagonists, Carrie Bradshaw of *Sex and the City*. Never forget that there is something captivating about a strong, confident and independent woman. If you can rock your single status, chances are you won't be unattached for long.

2. Put yourself out there: Being a single lady in the tumultuous sea can be intimidating. Be brave. The more you explore and let yourself be open to experiencing new things, the more fun the dating world will be.

3. Your man is out there somewhere: Don't let the single life get you down. Remember that there are thousands of potential partners out there, and being single is just another way of saying you're waiting for the right one. Don't settle just so you can change your relationship status on Facebook. With patience and confidence, the perfect person will undoubtedly come along.

Eddie Cibrian Gives LeAnn Rimes Birthday Bling





LeAnn Rimes' live-in boyfriend, Eddie Cibrian, may not have popped the question during her relaxing 28th birthday celebration last week in Mexico; however, he did give her some expensive rose gold bangles that she adores. Rimes raved to [People](#) about how beautiful the bracelets were and how very sweet it was of her boyfriend to pick them out for her. The country singer recently went from living on her own to sharing her home with Cibrian and his two children, which he has joint custody of with his ex, Brandi Glanville. **Does jewelry always make the perfect gift?**

Cupid's Advice:

As something that is both expensive and alluring, fine jewelry always seems to be the go-to present on birthdays and holidays. Though it can bring smiles to the faces of many, it can also be a disappointing gift when the recipient was expecting something else.

1. Great expectations: It's easy to set yourself up for disappointment when you go into an occasion hoping for a marriage proposal. Try not to assume or expect a commitment from your partner, even if it means wearing a diamond solitaire around your neck instead of your finger.

2. Give a memorable gift: It's not about the gift itself, but what it stands for, such as a memory of an amazing trip you took together. Though jewelry does fit into this category, any sentimental gesture can be a romantic way of letting someone know you care.

3. The cop-out: Sometimes gift giving is difficult, no matter how well you know your partner. This could result in picking out a pretty piece of jewelry simply because you can't think of anything else. The problem, is a gift with no meaning could be worse than no gift at all. Creativity and thought almost always trumps expense!

Kanye West Apologizes to Taylor Swift in Song





Few can forget last year's VMA theatrics starring controversial hip-hop superstar Kanye West and his outburst at country sweetheart Taylor Swift. Recently, West took to Twitter to formally apologize to the young starlette. His chosen form of expressing his sentiments – writing an apology song for Swift. “I wrote a song for Taylor Swift that’s so beautiful, and I want her to have it,” Kanye tweeted, according to [E! Online](#). “If she won’t take it then I’ll perform it for her.” It seems the rapper is attempting to clear the air and rebuild bridges with his tweet-happy apology.

What are some creative ways to say you’re sorry?

Cupid’s Advice:

Face it, everyone messes up sometimes. When apologies are in order, sometimes the more unique methods work best. Cupid gives some suggestions on how to say sorry with some flair.

1. Make a meal: Food is a quick way back into anyone’s good graces, and the time and preparation that goes into creating a meal will show how genuine your apology is.

2. Write a letter: Sometimes it’s harder to say you’re sorry than you’d expect. When this happens, don’t hesitate to write down your apology in letter form. Not only will you be able

to explain your thoughts and feelings clearly, but there's something flatteringly heartfelt about receiving a letter that will definitely help your cause.

3. Do something personal: The thought is what counts, so a personal gesture is the best way to get back in someone's good graces. Take him to his favorite place, buy his favorite candy or write an "I'm Sorry" card full of inside jokes or memories. With nostalgic moments like that, it'll be very hard for him to resist forgiving you.

Kourtney Kardashian & Beau Get Therapy



Reality diva

Kourtney Kardashian and boyfriend Scott Disick have had their

share of relationship problems, but they insist rumors about the couple's split are completely untrue, according to [People](#).

"It's ridiculous," Kardashian said. "All the [rumors] you just have to laugh at." The pair, who have an 8-month-old son together, have taken to counseling to strengthen their relationship. "I think [counseling] is really important, and we always love going and feel so much better after," Kardashian said.

How can counseling sessions help your relationship?

Cupid's Advice:

Therapy and counseling can be intimidating, but if you and your partner are having issues you don't seem to be able to solve on your own, it may be the best thing you can do.

1. Keep an open mind: If you go into your counseling sessions with the idea that it's not going to help, then it won't. One of the biggest barriers to successful relationship building is being closed off. Take a leap of faith, and counseling could help you open up.

2. Be completely honest: Your therapist is not there to judge, and you don't have to make yourself look good during your meetings. The most beneficial thing you can learn during your sessions is that it's okay to be honest. You can't fix the problems in your relationship without being truthful about your feelings.

3. Believe in change: Kardashian and Disick have been working on their relationship for a number of months now, and Kardashian has said in the past that she sees a big change in her beau. Counseling can help you realize that you and your mate can change and become both better people and partners together.

Jessica Simpson Thrilled With Beau Eric Johnson



Price of Beauty star

Jessica Simpson feels she has finally struck gold with her [new beau](#), ex-NFL player Eric Johnson. Simpson and Johnson started dating nearly twelve weeks ago. Since then, the couple has been taking it slow, but things seem promising, and Simpson is glowing, reports [Us Weekly](#). “I met a wonderful man,” said Simpson on her twitter account. “Damn I’m lucky!” The relationship also has Simpson’s family excited. Little sis Ashlee Simpson-Wentz said, “She is happy, so we are all really happy. Her happiness is the most important thing to me.” **How do you know when you’ve found “the one”?**

Cupid’s Advice:

1. You can talk (or sit in silence) for hours: While ample

conversation will make for easy communication in later life, easy-going silence is a tell-tale sign of whether or not you've found the one. Comfortable silence shows that you are truly compatible together.

2. Similar goals: When you both have the same goals in life (like a house in the suburbs or a life full of traveling), it is easier and more likely to be a lasting couple. Love is only half the battle.

3. Unmatched feelings: You can honestly say that you have never felt the same way before. You appreciate your beau for all of his flaws, and can't wait to spend time with him. You lose sense of all logic and reason.

Kim Kardashian Denies Bieber Dating Rumors





Kim Kardashian has finally responded to the stream of rumors suggesting that she is interested in dating 16-year-old Justin Bieber. The rumors started after Kardashian told George Lopez that, after pairing up with Bieber in a suggestive photo shoot for *Elle Magazine*, she would “definitely” date the pop star if he were 18. But Kardashian wants to make it clear that she’s not interested in the teen, [Starpulse](#) reports. “I’m almost 30, this is illegal, this is disgusting. He’s a cute kid and that’s it. But for the record, I am not dating Justin Bieber and I would not date Justin Bieber.” **Should you date someone older or younger than you?**

Cupid’s Advice:

For the most part, you shouldn’t let age difference keep you from getting involved with someone. Cupid has some tips on how to deal with age difference while dating:

1. Listen to yourself: Don’t let other people’s judgments keep you from dating someone of a different age. Pay attention to how you feel, and tune out the naysayers. Do what makes you comfortable.

2. Age is nothing but a number: Most people date someone who is in or near their same emotional, physical, and professional stage of life. If your partner is ahead of you in one of

those areas, you can help him or her grow. It's a win-win. Let him keep you young!

3. There is a limit: In Kim Kardashian's case, dating Justin Bieber is illegal. Breaking the law to date someone doesn't help matters, and it adds a negative element to your relationship that you just don't need. Take a minute to think over your relationship. Can you see a future with a much-older or much-younger partner?

Robert Pattinson & Kristen Stewart Steal Private Time



Twilight co-

stars Robert Pattinson and Kristen Stewart have been forced to deal with one of the largest annoyances in Hollywood: the

invasion of privacy. Recently, the young couple were using a secluded lakeside home as a way to escape the limelight together during filming breaks, according to [E! Online](#). The home, a property nestled in trees and crafted with modern architecture, was “Robsten’s” alleged getaway retreat.

Unfortunately, the property was soon made public by invading paparazzi and avid fans. Although Pattinson and Stewart are no longer renting the home, they have reportedly moved to an even more secluded property, hoping to finally gain some privacy.

How can you ensure private time in your relationship?

Cupid’s Advice:

1. Plan ahead: Take a look at your schedules and find a time when you both are free from all work-related stress. Use this time to reconnect in your own home. The comfortable setting will make your private time more intimate.

2. Learn to say no: No matter how many events you are invited to, you can’t always accept each and every one. Though it may be tough, clearing your schedule is sometimes necessary to have some quiet time with your partner.

3. Leave some space: Though seclusion from the outside world can do wonders for a relationship, too much of it can backfire. Be sure to give your partner some space periodically. You want your dates to be a breath of fresh air, not a mandatory rendezvous.

Kate Hudson Looks for Love, Not Marriage



Kate Hudson isn't planning another trip down the aisle anytime soon. As the blonde bombshell recently told [People](#), she is looking for love, but not necessarily marriage. Having split from rocker Chris Robinson in 2007, Hudson now has a new rock star in her life in the form of Muse member Matthew Bellamy. Even after her divorce, she refuses to be reluctant to fall in love again. "I'll just see what happens. I think a lot of times people are terrified of love and stop themselves from experiencing it. I don't ever want to get that jaded," said Hudson.

Do love and marriage go hand-in-hand?

Cupid's Advice:

A white wedding is often idealized in society as the way a couple is expected to express their love for one another. The

fact is, marriage doesn't necessarily equal love, and love doesn't necessarily equal marriage.

1. Times have changed: Today, many couples are seeking alternatives to marriage. Those who want a modern take on an old tradition are sharing commitment ceremonies, spiritual unions or are simply cohabitating.

2. Outside factors: When it comes to the legal and financial aspects of marriage, walking down the aisle isn't the best choice for everyone. Opera Winfrey's 20-year relationship with Stedman Graham is a good example. Though the two are deeply in love, marriage is not for them due to their need to protect their wealth and business assets.

3. It's about the couple: Weddings can be beautiful and if that is what you dream of as a couple, go for it. However, the planning and execution of a wedding can end up being so focused on the guest list and the caterer that people forget about the couple and the love they have for one another.

Bristol's DWTS Stint Shocks Ex





Bristol Palin's ex beau, Levi Johnston, is completely floored by his former sweetheart's upcoming appearance on *Dancing with the Stars*, according to [TMZ](#). Although no ill feelings were expressed, Johnston made it clear that dancing was not exactly a big part of their relationship. Is Johnston suffering from "jealous ex" syndrome in light of Palin's soon-to-be dance partner, Mark Ballas?

How do you handle a jealous ex?

Cupid's Advice:

- 1. Talk to him:** As easy as it is to get frustrated, it's important to respect the way your ex feels and talk to him about his jealous tendencies, especially if you split on good terms. Remember that your ex was once someone with whom you were extremely close.
- 2. Put yourself in his shoes:** Remember that your former beau is a person, too. Think about how you would feel if you were in his place. Even if this tactic doesn't resolve the situation, at least it will help you understand where he is coming from.
- 3. Draw the line:** In the end, you have to remember that your ex is your ex for a reason. As tough as it may be, you can't

let him hold you back from new opportunities or budding romances. Break free!

Tina Fey & Steve Carell in 'Date Night'



This comedy action film is about a hardworking couple and exhausted parents, Phil and Claire Foster (Steve Carell from the "The Office" and Tina Fey of "30 Rock"), that can barely find the energy and enthusiasm to go on their routine date night. Aware that the romantic spark is going out of their relationship, Phil and Claire decide to do something different for this night out. When they can't get into a popular restaurant in the city, they take another couple's

reservations and are mistaken as the Tripplehornes by the bad guys who are hunting the other couple down.

Can a couple rekindle the spark in a relationship?

Cupid's Advice:

Couples set into a routine may find themselves doing nothing instead of something exciting because they find no enthusiasm or energy left. In order to avoid being stuck in a 'rut,' Cupid has found some much safer ways than Phil and Claire Foster's date night to re-ignite your relationship below:

- 1. Make the relationship a priority:** Spend time alone together and focus on each other. Touch often. Reconnect by talking more about dreams, fears and personal stories and avoid discussions about schedules, kids and to-do lists.
- 2. Mix it up:** Break out of your comfort zone and stop following a routine. Try a new place or activity. Steal away a few minutes early in the morning or cut back on late night TV.
- 3. Go with the flow:** Show your trust in your partner. Whether something bad or good happens, you're in it together. Don't be afraid to show a different side of yourself.

It's not always easy to come up with a special way to spend time with your partner. Follow Cupid to Weekend Affairs: Nighttime Thrills! for some fun suggestions.

DVD Release Date: August 10, 2010

Celebs Turn to DWTS to Heal Heartbreak



A growing trend in Hollywood seems to be dancing away your heartache on the popular show *Dancing with the Stars*. A whopping seven starlets have dealt with breakup blows by signing on throughout the 11 seasons of the show's run, according to Your Tango. Everyone from tabloid favorite Bristol Palin to reality mom Denise Richards have put on their dancing shoes to show their former beaus that it doesn't always take two to tango.

What are some unique distractions to help get over a breakup?

Cupid's Advice:

Breakups are rough for everyone, and sometimes nothing heals a

heart like a pint of Ben & Jerry's and a John Hughes flick.

Cupid points to some creative ways to turn your heartache into a positive and have a little fun while getting over your ex:

1. Work out: One of the best stress relievers is a good work out. Try anything from jogging, to yoga, to rollerblading as long as you enjoy it and are up and active. Exercise releases loads of endorphins for a natural pick-me-up to make you feel great.

2. Express yourself: As sappy as love poems can be, writing them really can lighten your emotional load. If you're not a writer, no worries. You can turn to any art form, be it painting, singing or photography. It's a great way to turn your breakup into the inspiration for a masterpiece.

3. Treat yourself: Breakups can be a huge blow to your self-esteem, and it's important to remind yourself that it's not all your fault. Breakups are a two-way street. So treat yourself to something you really enjoy. Go to the spa for a day, or buy that awesome pair of shoes you've been saving for. It may even be time for a vacation. Do what makes you feel best.

Miranda Lambert & Blake Shelton to Compete at CMAs



Singer Miranda

Lambert cleaned up this year with nine nods for the Country Music Awards, including one for Entertainer of the Year. In fact, Lambert's number one competition is herself, as two of her songs both received nominations for Music Video, Single and Song of the Year, reports [E! News](#). Despite competing with herself, however, her toughest competition may go to her soon-to-be husband, singer Blake Shelton, who's up against her in three categories. We'll have to wait until the CMAs air live on Nov. 10 to see who comes out victorious!**Is competition in a relationship a good or bad thing?**

Cupid's Advice:

In a long-term relationship, it's easy to start obsessing over the little things, and it's especially simple to turn everything into a competition. A little competitive spirit is healthy for a relationship, but it can get out of hand quickly. Cupid has some tips for keeping your competitive nature in check:

1. Throw away the tally sheet: One of the worst things you can

do in a relationship is to keep score. Most of us are guilty of keeping a mental checklist of all the things we have done so we can prove to our partners how little they have contributed. It's best to accept that relationships are never perfect, and focus on the positive aspects.

2. Start relating: Competing with your mate can be a way to avoid relating to him. A relationship built solely on competition isn't healthy, so your time is better spent trying to truly get to know your partner. Your relationship will be more meaningful, and you'll understand each other better.

3. Establish self-confidence: Competitive relationships are often sparked by low self-esteem. Because low self-esteem is characterized by irrational thoughts and actions, you can lose yourself in a relationship and therefore lose control. Make sure you focus on yourself before you bring someone else into the picture. Having self-confidence will allow you to have a healthy and happy relationship.

Cannon-Carey Baby Buzz





Nick Cannon is speaking out about the rampant rumors surrounding wife Mariah Carey, and the possibility that she is pregnant. Cannon, a self-proclaimed “big kid,” denies any bouncing bundles of joy in the near future, but he did attest to her mothering potential, nurturing nature, and mean waffle-making skills, according to [OK! Magazine](#). “She’s very nurturing, you know, nurturing and private. She makes me breakfast, and that’s my favorite food,” Cannon said. “It will be like 3:00 in the morning, and she’ll still make me breakfast. [She makes me] Waffles. I’m a waffle guy. With like the iron, she’s talented.”

Does the way you behave in a relationship dictate your parenting style?

Cupid’s Advice:

The way someone behaves in any relationship is an indicator of how they relate to others. If a person is helpful, loving and giving, chances are they’ll be just as loving as a parent. The one thing no woman needs is having a big kid for a boyfriend/hubby. Cupid has some suggestions to help you avoid becoming your spouse’s second mom:

1. Choose to be serious: Fun and games are part of what keeps a relationship exhilarating and are essential parts of any

lasting romance. When push comes to shove though, sometimes you have to put on a grown up face and get down to business. When it comes to big issues like parenting, you need to know that your spouse is a man, not a boy.

2. Nurturing is a two-way street: There's nothing wrong with giving your spouse a little TLC now and again. However, you shouldn't always be the one making breakfast in bed. Remember that once in awhile you deserve pampering.

3. Let them handle their business: As much as you may want to pick up after your partner, don't. It's always a plus to help your spouse out periodically, but you have to remember that he is an adult, too, and should be able to take care of himself. If you "mother" him now, you could risk having another kid instead of a partner.

Sofia Vergara Misses Hospitalized Boyfriend at Emmys





After an exciting night at the Emmys, *Modern Family* star Sofia Vergara had every reason to celebrate. Her show won three awards including Outstanding Comedy Series, and her family flew all the way from Colombia to be with her on her special night. But for Vergara, the night was incomplete without her leading man, Nick Loeb, a businessman and former Florida Senate candidate. [Access Hollywood](#) reports that Loeb has been hospitalized since last week after he was involved in a serious car accident. "He's not going to be good to go for a long time, but I miss him," said Vergara. **What should you do if your partner is sick?**

Cupid's Advice:

While it can be scary when a partner gets sick or injured, it is also the perfect opportunity to show him how much he means to you. Cupid has some ideas on what to do if your partner is sick:

- 1. Help him heal:** When a partner gets sick, whether it's a cold or something more serious, it can help you realize how important he is to you. Show him how much you care by taking steps to help him get better. Stop by the pharmacy, make him soup, and drive him to the doctor's office. Helping him through a tough time will make your bond even stronger.

2. It's the thought that counts: It's easy to feel helpless when a partner is sick, especially when you've already done everything you can to ease his suffering. Do something thoughtful for him, even if it doesn't help even if it doesn't technically stop a runny nose or soothe a sore throat. Try watching his favorite movie with him (even if you hate it) to make him feel better.

3. You're not alone: If your partner has a serious illness or injury, let other people help. Friends and family can take lessen your burden by helping to care for your mate and by giving you much-needed emotional support.

Kristen Bell Gets Advice From Betty White





Kristen Bell

recently got some age-old relationship advice from fellow actress Betty White, according to [RadarOnline](#). Bell, whose new movie *You Again* hits theaters September 24, said that although White is “not super maternal,” she heard the *Golden Girls* actress offer an important tip. “I did hear her say [something] at one point about keeping a relationship fresh: when she would hear her husband coming home she would go put on a clean blouse or a dab of perfume. I thought that was really sweet and a wonderful way to impress your husband.” **How can you keep your relationship fresh?**

Cupid’s Advice:

- 1. Be spontaneous:** Surprise your partner with tickets to see his favorite band, or spend a day at the beach building sand castles instead of lying under beach umbrellas. Don’t be too predictable.
- 2. Put in the effort:** When you’ve been with your guy for a long time, you feel comfortable around him. While your partner may think you’re beautiful in sweats and a t-shirt, that shouldn’t stop you from dressing up every now and then. Put some effort into your look. Wear a skirt and heels one night for a change.
- 3. Get some laughs:** The best way to stop boredom in its tracks

is with laughter. Crack a joke, or watch a funny movie. Laughing is scientifically proven to be healthy for the body, but it is also healthy for relationships. Keep some conversations light and playful. Laughter will follow.

Danielle Staub's Ex-Housewife Drama



A defamation suit between Danielle Staub from *The Real Housewives of New Jersey* has become a he-said-she-said fight to the death. Even after a mediation session with ex-husband Kevin Maher that lasted over nine hours, no settlement has been made. As reported by [E! Online](#), Maher is suing Staub for \$5 million and is claiming she damaged his reputation by accusing him of being a rapist, cocaine user and dog killer. Staub denies ever saying

those things and claims that no one could damage his reputation more than his tell-all *Cop Without a Badge*.

How do you deal with bad blood after a divorce?

Cupid's Advice:

Sometimes marriage isn't forever. When a separation happens, sometimes there's bad blood between the two parties involved. These issues can stem from emotional or material conflicts and can get extremely heated. Cupid has some ways to deal:

1. Cut the drama: If you are angry about something at the end of a relationship, first ask yourself, "Is this really so important that I need to address it?" If the answer is no, move on with your life and save your money and energy.

2. Keep the kids out of it: A divorce can be hard enough on the children, so don't air your post-divorce issues on them. The split should most likely have nothing to do with them, so do the right thing and stay civil in their presence.

3. Try to come to an agreement: If the issue is big enough that you do pursue legal action, remember that no one is going to get 100-percent of what they want. Try to compromise in order to end your ordeal as efficiently as possible. The earlier it's settled, the faster you can move on with your life.

Halle Berry & Gabriel Aubry Keep It Civil



Actress Halle Berry and model former beau Gabriel Aubry go global with their 2-year-old daughter, Nahla. The former couple, who broke up in June, may not feel the sparks flying anymore, but the love of their daughter keeps them close. In recent months, they have been seen together in California, South Africa and England, according to [People](#). “They are great parents and they want the best for Nahla,” said a source close to Berry. “They’re going to co-parent and go on with their lives.”

Should a couple stay together for the sake of their children?

Cupid’s Advice:

Halle Berry and Gabriel Aubry chose to separate, despite their daughter. It can be extremely difficult to decide whether to stick out a relationship that isn’t working or to go your separate ways when there are children involved. Cupid points

out some things to consider:

1. Can you remain civil?: If you aren't able to put aside your issues when your children are in the room, separating is probably the best option. Exposing kids to an unhappy and hostile relationship can teach them the wrong lessons. If you're able to keep it civil, it might be best to stick out a poor relationship for the sake of keeping your family intact.

2. Be realistic: No relationship is perfect, and life isn't like the movies. Overall happiness is important, but chances are you aren't going to be happy with your mate every minute of the day. Make sure that the problems you are having in your relationship truly are unresolvable before you do anything drastic like involve your children.

3. Think like your kids: It may feel like all the pressure in the world is on top of you when you're forced to decide whether your relationship is worth fighting for. Stop thinking like an adult for a little while. Put yourself in your child's shoes and consider what the best scenario is from his or her perspective.

Howard J. Morris Discusses 'Women Are Crazy, Men Are Stupid'





By [Stacey Small](#)

The road to love is sometimes littered with potholes, and the bumps don't always end once you've entered a committed relationship. From the beginning stages of courtship all the way through marriage, men and women often find themselves in conflict with their lovers. [Howard J. Morris and his partner Jenny Lee](#) were no different when it came to being brandished with insulting credentials like "major nut bag" and "total dunce." But they took the age-old claim that women are crazy and men are stupid, and examined its relevance in their own love life. The result? A laugh-out-loud, he-said she-said book that chronicles personal and identifiable love troubles in a completely honest, absolutely hilarious, and very practical way. In *Women Are Crazy, Men Are Stupid*, Morris and Lee take readers on a wit-filled journey to help them figure out things like why men suck at being romantic, and why women view even the most mundane events through some emotional prism. Ultimately, they reveal ways for couples to break dysfunctional patterns and become more happily in love together.

How can *you* avoid coming across as stupid or crazy in your own relationship?

Cupid's Advice:

When it comes to dating and marriage, communication is key – which goes beyond voicing frustrations about your partner's bad habits and annoying flaws! Cupid got the inside scoop from Howard J. Morris himself in a recent interview. Check out what this co-author had to say about how writing the book with his partner affected their relationship, and how communication, self-awareness, and a sense of humor are crucial factors to making any romantic connection last.

This book is written in a he-said she-said format between you and your partner, Jenny. Can you describe the actual writing process, and what you think were the advantages and disadvantages (if any) of co-authoring this project?

The writing process actually ended up benefiting our relationship tremendously. Not at first! And yes, it was difficult and brought up issues we weren't always too keen to deal with. In fact, Jenny was positive writing the book together would break us up. As she says to me in the book, "It's not like a relationship isn't hard enough when you're just in *denial* about everything. But to actually bring stuff into the open and write about it –" And there were some tense moments for sure. But once we hit on the structure of the book we were on our way. I write the first half of the chapter, unedited by her, and she writes a response to what I've written for the second half of the chapter, unedited by me. So we got to go off and read the other's pages, which had the effect of *forcing us* to hear the other person's point of view. One of the big things we learned from writing the book was how incredibly different our brains worked: How we could literally hear two different things even when the same words were spoken out loud. But when you're able to *really* see something from the other's point of view – and not just give it lip service – suddenly everything isn't as stupid and crazy as it first seemed. For instance, I finally understood the subtext to all Jenny's crazy, no-win questions like "Am I

fat?" or "Which one of my friends do you find most attractive?" or "Why did you do that mean thing to me in my dream?" What she was really asking was asking me was one simple question: "Do you love me more than anyone else?" And I know how to answer *that* question (for guys reading this who may still be unclear, the answer is "YES!").

***Women Are Crazy, Men Are Stupid* is a great read for couples in committed relationships. Would you say that there are also lessons to be learned for those involved in rocky romances or casual flings?**

Absolutely. Understanding that men are idiots and women are insane (when it comes to each other!) helps in any kind of male/female interaction. Especially when trying to figure out on a first date if you're sitting across from an "Irredeemable idiot" or just a "normal numbskull": Or in a man's case, whether his date is "wonderfully nutty" or a "Total Whack Job." We have a whole chapter in the book about "signs" and how women see them in everything (crazy!) and men never see them in anything, even when they're staring them right in the face (stupid!). Being able to pick up on signs on a first date is crucial. But again, your ability to see from the other's perspective helps immensely. And this general rule for men never hurt in any relationship: "Don't get between a woman and her crazy." *Crazy will burn itself out.* I wish I had known this when I first started dating...

Were there any eye-opening revelations about your own romantic partnership that materialized in the process of writing this book?

Romance has always been one of our toughest issues. Jenny's a die-hard romantic and I'm no Richard Gere (in "Pretty Woman," "Officer And A Gentleman," "Runaway Bride"...). No man in America has done more to make regular guys look bad than Richard Gere. But one eye opening thing that we learned about this subject as we were writing the book is that I believed

that love and romance were basically the same thing. I kept saying, "You know I love you! Why do you need all that carriage through the park and horses running on a sandy beach stuff?" I thought showing her I loved her was being romantic.

Turns out it's not. Romance is a whole other thing that involves suspense, panache and possibly chocolate or flowers. Guys don't really understand because we never really wanted romance. At least not in the same way. When I mentioned that our minds are wired differently this is one of the things I'm talking about. A woman will often have romantic fantasies about, say, her wedding day, from a very young age. But most guys have never thought about the actual wedding part until they pop the question. And even then not so much. But again, if you look at it from her point of view, it shouldn't matter that a guy doesn't need romance. In fact, isn't that one of the points of romance? That it's something you do unselfishly for someone else and not yourself? In fact, it's even more romantic when it comes at a cost to you! Why am I sitting here talking to you? I need to go plan something romantic! (Actually, I have something planned for August 14. Jenny doesn't know so don't tell her! But we had kind of a disappointing Valentine's day this year so I decided we're going to celebrate "Half Valentine's Day" on August 14. We're going to lunch at her favorite restaurant, then seeing a show and ending up at a hotel for the night. Shhhhh. It's a surprise!)

You have written for a variety of television sitcoms; did those on-screen prototypes of the dumb husband and nutty wife influence you to write this book?

What's interesting about your question is that on most sitcoms (certainly the ones I've written on), it's usually just the dumb husband and the woman plays the finger wagging, "I told you so" role. I've always felt that the crazy wife gets short shrift in these shows. Jenny and I sold a sitcom based on our book to ABC and promised to give equal time to the crazy. I

think most sitcoms are written by men, who are stupid, yes, and more importantly terrified of their wives, so maybe that's the reason. But if our show ends up moving forward, we guarantee equal crazy opportunity. Crazy can be funny. It's an untapped market.

Have you received any opposition to the book or title, and what advice would you give to a reluctant reader?

Most people, with senses of humor at least, love the title and understand we're not saying women are crazy about everything, or men are stupid about everything, just each other. But some women, and initially Jenny too, were concerned about blatantly calling women crazy. Jenny still insists she's "situationally crazy" not "blank check crazy" whatever *that* means... And I've noticed that none of these women who object to being called crazy are at all offended that we call men stupid! To anyone who is offended by the title, I would respond, "Lighten up! Read this and you'll get some great laughs and maybe even learn something!"

Former 'Bachelor' Star Ali Fedotowsky and Vienna Girardi Meet Again





Bachelorette Ali

Fedotowsky recently ran into an unexpected woman from her past: Vienna Girardi, former fellow contestant and fiancée of Jake Pavelka. On season six of *The Bachelor*, Ali and Vienna went head-to-head in a competition for Jake's heart. In the end, Vienna snagged Jake, only to have their very public breakup displayed on Ali's season of *The Bachelorette* a few months later. The reality stars came face-to-face again at the Kari Feinstein Style Lounge at Montage Beverly Hills, where they kept the conversation short. An onlooker told [US Weekly](#), "Ali made sure to keep her distance while hanging with girlfriends," but both said 'hi' briefly.

Should you be friends with your ex's ex?

Cupid's Advice:

For many, running into an ex's ex can resurrect old feelings of the past. If you chose to befriend this person, you may want to consider these simple points of advice first:

1. Be cautious: It's important to keep personal information to yourself until you get to know this person better. Trust is critical and you don't know if she's the type who will talk about you behind your back.

2. Learn more: If you've decided that she's trustworthy, you

can use your new friendship as a way to better understand your own relationship with your ex. Learning about her relationship with him helps put your own in perspective.

3. Feelings for the ex: It's great to be friends with someone who can empathize with you, but if you still have feelings for him, it's important to be honest. You don't want to be surprised when you see the girl you thought was your friend back with the man you both agreed to leave behind forever.

Kim Kardashian and Miles Austin Dine at Chili's



Kim Kardashian and new boyfriend, Dallas Cowboys wide receiver, Miles Austin recently enjoyed the two for \$20 dinner special at Chili's

Restaurant. Kardashian had been visiting Austin in Oxnard, CA, where the Cowboys were at summer training camp. As an eyewitness told [RadarOnline](#), "I can't believe it. Kim Kardashian eating at Chili's. It was just funny seeing her get out of her big Bentley and walk into Chili's."

Do dates have to be expensive to be meaningful?

Cupid's Advice:

Spending a fortune on a date does not guarantee priceless memories or even a second date. The five-star experience is great, but you can't buy love. Cupid has some things to consider when it comes to spending money on a date:

- 1. Love is priceless:** It's not about the money you spend on someone, but the connection you make with them.
 - 2. Finding love can be free:** Many happy couples have gotten to know each other by taking a walk together or watching television at home. You don't have to spend money to have a wonderful time with your mate.
 - 3. Make dating a treat:** Once you've made the connection and have money to spend, there's nothing wrong with doing something extravagant. Be a big spender once in a while, but know that how much you spend on someone has nothing to do with the quality of your time together.
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Paris Hilton & Boyfriend Cy Waits Busted



Paris Hilton sure can pick them! Within a week, Paris' new boyfriend, Cy Waits, has gone from head of Vegas nightclub operations to unemployed, according to [E! Online](#). Last week Waits was Hilton's hero as he reportedly pulled a gun on a knife-wielding intruder trying to break into her home, but hero worship came to a halt when he was busted for a DUI alongside a cocaine-carrying Hilton on Friday.

How do you know if your partner is a bad influence?

Cupid's Advice:

1. Different interests: You and your partner should have similar interests. That's not to say that you have to enjoy the exact same things, but you should most likely see eye-to-eye on some of them. If you find yourself involved in activities that you don't normally agree with, your partner

may be a bad influence.

2. Questioning your relationship: You shouldn't continually ask yourself why you're with your mate. If the answer to that question isn't obvious and you find yourself dwelling on the reason you're together, it's possible your partner isn't good for you.

3. Changing your beliefs: If you find that your partner is influencing you negatively by pushing you into an uncomfortable situation, he or she probably doesn't have your best interest at heart. Focus your will power and stick to your guns. In other words, run!