

# Mila Kunis and Justin Timberlake Confirm Marine Corps Ball Invitations



Talk about being patriotic! What better way to give back to our armed forces than by going on a date with a Marine? Mila Kunis and Justin Timberlake are doing just that, reports [UsMagazine.com](http://UsMagazine.com).

Kunis, 27, was invited by Sgt. Scott Moore to the Marine Corps Ball in Greenville, NC and Timberlake, 30, was invited by Corporal Kelsey De Santis to the Marine Corps Ball right outside of Washington D.C. The two are both planning to attend the November balls with their dates. Timberlake said he wasn't doing it as a favor, but because, "I don't ever get asked out ever! So I was very flattered by that."

**How do you let someone you're not interested in down gently?**

## Cupid's Advice:

While Justin Timberlake and Mila Kunis were happy to accept their invitations to the Marine Corps balls, sometimes you're just not interested. Cupid has some tips on how to let someone down gently:

**1. Make excuses:** It may not be the most moral thing to do, but telling a little white lie makes things a lot easier. If someone asks you out and you say you already have a boyfriend or girlfriend, they won't get hurt by your rejection.

**2. It's not you, it's me:** Instead of saying "I don't like you," just say you're not looking to date right now. This takes the focus away from the person asking you out and puts the blame on you.

**3. Honesty is the best policy:** If you want to be honest, just admit you're not interested. Tell him or her it's not personal, and most people will get the hint and leave you alone.

What do you think is the nicest way to say "no" to someone you're not interested in? Share your comments below.

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## 5 Post-Wedding Tips for Newlyweds





By [Terri Orbuch PhD](#)

Adapted from her book, “5 Simple Steps to Take Your Marriage from Good to Great”

Congratulations! You’ve survived one of the most difficult and stressful events in your relationship: the wedding. Now the two of you are settling in for the long haul. If you’re like the vast majority of newlyweds, the next 6-12 months will be some of your happiest. Relationship researchers call this “the honeymoon period,” and it’s characterized by a sense of newness and possibility.

But how can you keep that freshness and optimism going after the initial glow wears off? Here are five post-wedding tips that have been shown to build and strengthen marriage bonds, derived from my landmark Early Years of Marriage (EYM) study:

**Don’t hide anything when it comes to money.**

When happy couples in the EYM study were asked if their spouses were completely open and honest about money, their answers differed significantly from those of the unhappy couples in the study. Nearly 8 out of 10 happy couples said they “never” feel their spouse tells them things that aren’t completely true about money, compared with only 54% of the

other couples. **The take-away:** Money secrets and lies erode marital happiness.

### **Empty your “pet peeve pail” frequently.**

My study found that couples who failed to talk about the small things that bothered them, letting those pet peeves grow into big resentments, were more likely to be unhappy in their marriages down the road. If you hate that she leaves her hair in the sink, tell her nicely. If you hate that he smokes cigars in the car, discuss it fairly. **The take away:** If you ignore small annoyances, they add up to major discontent over time.

### **Make each other feel appreciated—daily.**

My research shows that the accumulation of small acts of kindness is more essential for building a strong marital bond than occasional grand gestures and big pronouncements. At least once a day, make your spouse feel loved, appreciated, noticed, valued, or respected. Give her a surprise kiss or ask her advice; make his favorite meal or give him a heartfelt compliment. **The take away:** Frequent acts of caring reinforce long-term intimacy in marriages.

### **Don’t forget to have fun—together.**

The happiest couples in my EYM study characterized their spouse as someone they enjoyed spending time with. Too often, as marriages mature, partners tend to look outside the marriage for friends and entertainment. Seek out fun activities to do with your spouse. Incidentally, studies show that doing an activity that’s new to both of you restimulates the feel-good excitement associated with dating. **The take away:** Avoid relationship ruts by actively seeking fun, laughter, and novelty.

### **Make your circle bigger.**

My research found that husbands, in particular, are happier when their wives have good relationships with their extended family. Also, the couples in my EYM study who made an effort to get to know—but not necessarily share—their spouse's friends were more likely to be happy in the long term than couples who maintained separate friends. **The take away:** It takes a village to make a marriage happy.

*Psychologist Terri Orbuch PhD, known as The Love Doctor, is a research professor, a long-time marriage and family therapist, and a popular love advisor on radio, TV, and [peoplemedia.com](http://peoplemedia.com), most recently seen on NBC's Today. Project director of the landmark, NIH-funded Early Years of Marriage Project, the longest-running study of married couples ever conducted, she is author of 5 Simple Steps to Take Your Marriage from Good to Great (Random House). You can find out more about her at [www.drterrihelovedoctor.com](http://www.drterrihelovedoctor.com).*

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## Jennifer Lopez and Marc Anthony Are Ending Their Marriage





Singer and actress Jennifer Lopez, and husband, Marc Anthony, also a singer and actor, have split after seven years of marriage, according to [People](#). “We have decided to end our marriage,” they said in a joint statement. Lopez, 41, and Anthony, 42, married in June 2004 in a private ceremony at Lopez’s Beverly Hills home. They have 3-year-old twins, Max and Emme.

### **How do you announce your divorce to family and friends?**

#### **Cupid’s Advice:**

When divorcing, it’s always better to tell your family and friends right away rather than procrastinating. Here are some ways to break the news:

- 1. All at once:** To avoid telling the same story time and time again, round everyone up at once. Invite your soon-to-be ex-husband or ex-wife, and just as you announced your marriage to them, announce your divorce.
- 2. Don’t mind judgment:** Divorce is frowned upon by many people, and this may happen once you break the news to the important people in your life. However, you should overlook any negativity, because at the end of the day, you are doing



what's best for you.

**3. Keep it cordial:** No matter what the reason for the divorce may be, let your family and friends know that you will be mature about the situation. Keep it civil with your old lover. This should release a lot of the tension in the room and prevent any misunderstandings between your ex-husband or ex-wife and your family and friends.

**How did you announce your divorce to your family and friends? Share in a comment below.**

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## Olivia Wilde Says She Feels 'Wobbly' After Divorce



Olivia Wilde is back

on the market after a painful divorce from Italian prince Tao Ruspoli, reports [People](#). The couple eloped when Wilde was just 18, separated last winter and officially divorced in March. The 27-year-old actress told *Marie Claire*, “The trauma of the whole thing has been humbling, and for the first time, I’m a little bit wobbly.” Although Wilde has been spotted out and about with Bradley Cooper, Justin Timberlake, Ryan Reynolds and Jake Gyllenhaal, she says she’s still single.

## **How do you get your confidence back after a divorce?**

### **Cupid’s Advice:**

Going through a divorce can be so traumatic, it’s easy to lose your confidence. Cupid has some tips on how to get your swagger back after a split:

- 1. One is the loneliest number:** Being by yourself after being part of a couple for so long is one of the hardest parts of a divorce. But it’s important to relish the time alone to figure out who you are without another person to define you.
- 2. No regrets:** When you think back on your marriage, remember the love you had for each other and everything you learned. This will give you hope that you can find love again.
- 3. Bounce back:** After you’ve spent some time alone, slowly start getting back into the dating scene. A few successful dates will definitely boost your confidence.

**How do you get back to your old self after a divorce? Share your comments below.**

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# Miranda Lambert and Blake Shelton Sneak In Alone Time at Kid Rock's Bash



She's a little bit country, and he's a little bit rock and roll. Miranda Lambert and her hubby attended a party for pal Kid Rock at the Hotel on Rivington in New York last weekend, reports [People](#). Lambert and Blake Shelton, who were married in May, even found some alone time at the blow-out bash. After spending some time schmoozing with the 200 guests at the party, the couple was spotted sneaking away to enjoy the New York City skyline from the rooftop terrace.

**Where can you take in some romantic views as a couple?**

**Cupid's Advice:**

Make the most of the time you spend with your partner by

visiting someplace new and enjoying the scenery. Cupid has some ideas on where you two can enjoy some spectacular views as a couple:

**1. On the roof:** Miranda Lambert and Blake Shelton had it right when they snuck off to the roof to enjoy the beautiful New York skyline. Lots of bars and restaurants now have rooftop terraces open during the summer.

**2. On top of a mountain:** If you and your mate like to get physical, try climbing a mountain together. Whether it's in the Southwest or the Far East, you'll feel a sense of accomplishment when you reach the top and enjoy the gorgeous scenery together.

**3. On the water:** Another way to take in a view of your favorite city is by taking a cruise on the nearest river or ocean. Alternatively, you can enjoy the great outdoors and some romantic scenery by canoeing, kayaking or boating on a lake in the middle of nowhere.

**Where do you go to enjoy a romantic view with your partner?  
Share your comments below.**

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## **Singer Monica and LA Laker Husband Have Second Wedding**





Monica showed everyone that “The Boy is Mine” by marrying Los Angeles Laker Shannon Brown – again. [UsMagazine.com](http://UsMagazine.com) reports that the pop singer threw a huge party in Los Angeles last weekend to celebrate her nuptials, even hiring a celebrity wedding planner. Monica, 30, and Brown, 25, and their guests dined on food from Fat Burger and enjoyed a Charm City Cake. The couple, who was first married in a small private ceremony at their L.A. home last November, met each other on the set of Monica’s music video for her single “Love All Over Me.”

### **What are some reasons to have a second wedding?**

#### **Cupid’s Advice:**

Sometimes your love is so good, you need to celebrate it twice! Cupid has some ideas on why having a second wedding is a good idea:

**1. Small ceremony:** If you initially got married at city hall or at an intimate ceremony, you may want to walk down the aisle again just to have a big blow-out party like Monica and Shannon Brown did.

**2. Renewing vows:** Some couples renew their vows as often as

once a year. If you want to reaffirm your commitment to one another, why not have a second wedding?

**3. Pleasing everybody:** Maybe your hubby wanted a small ceremony, but you wanted an extravagant wedding. What better way to satisfy you both than by getting married twice?

Would you ever consider having a second wedding? Share your thoughts below.

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## Kiefer Sutherland Splits With Longtime Love Siobhan Bonnouvrier



Bad boy Kiefer

Sutherland is back on the market after splitting from long-term girlfriend Siobhan Bonnouvrier. [UsMagazine.com](https://www.usmagazine.com) reports that the couple was together for nearly three years. According to a source, "They've split for now," but things are "transitional and ever changing." Sutherland has been married twice before and was engaged to Julia Roberts in 1990 before she called off the wedding.

**In an on-again-off-again relationship, when is it time to call it quits for good?**

### **Cupid's Advice:**

When you and your mate find yourself constantly breaking up and making up, you'll reach a point where you can't go on. Cupid has some tips on when to end an on-again, off-again relationship for good:

- 1. Same fights:** When you and your partner keep having the same fights over and over and can't seem to resolve your issues, it might be time to break up.
- 2. Unwanted stress:** If your relationship is contributing more stress to your life, you should consider ending it. Your significant other should make you happy, not anxious or angry.
- 3. No stability:** Sometimes even when you're crazy about someone, you just don't need the emotional rollercoaster. If you want something permanent and long-lasting, it's time to end your on-again, off-again relationship.

**What would have to happen to make you decide to permanently end an on-again off-again relationship? Share your comments below.**

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# Top 10 Ways to Score a Summer Hottie



By Deana Meccariello

July's arrival brings wishes of summer love, as there are two full months ahead of us to enjoy the sand, surf, and all things sunny. So what are you waiting for? Get out there and score yourself someone scorching to spend the long days (and steamy nights) with. Here are 10 surefire ways to get your hands on your hottest summer fling yet:

**1. Make the first move:** You'll never get anywhere if you don't take action. When you're out and about, don't be shy – go right up to that hottie and strike up a conversation. This is much more productive than staring at him wide eyed across a crowded bar.

**2. Spend a night out on the town:** An evening filled with



bright lights is a great way to meet someone new. If you're in the New York City area, rooftop lounges like the Empire Hotel and Hudson Terrace offer a romantic atmosphere, along with a gorgeous view, while you're chatting up your perfect match.

**3. Beach it:** Head to the coasts or nearby lakes if you're not by the ocean, since they're packed with potential beaus just waiting for you to find them. New York is home to many beaches like the beautiful Hamptons, and New Jersey and Massachusetts are great nearby destinations if you want to head out of the state for a weekend.

**4. Volunteer:** Donating your time to a worthy cause is another way to expand your social circle – and potential love pool. Not only will you do good for others, you'll also meet some great prospects for summer love. Bonus: You know they're just as generous with their time as you are, making for a great mate!

**5. Indulge in a water sport:** Let's face it – guys love any excuse to get wet, and hanging out by the water is another great way to grab someone's attention. Rent a boat or a jet ski with a few girlfriends and have some fun. You're bound to see a bunch of guys doing the same exact thing, and it's an easy and enjoyable way to meet new people while working on your tan. Just don't forget the SPF!

**6. Participate in a triathlon:** Not only will training for this kind of event get you into great shape, but it will give you tons of opportunities to meet up for workouts with the sexy athletes that are sure to catch your eye. Shy about exercising with a dude? No real man can resist any excuse to prove his manliness to the ladies – or a woman with confidence.

**7. Get involved in a summer league:** A guaranteed way to meet that summer catch is by joining a co-ed sports league like



beach volleyball or softball. This will introduce you to a whole new group of active people looking to have a fun summer, just like you!

**8. Take your pup to the dog park:** If you're a dog lover, taking your hound out to play will definitely help you get noticed by potential suitors. This will give you a chance to meet new people with common dog-related interests, like how you secretly let your furry friend kiss you on the mouth when no one's looking.

**9. Relax at a coffee bar:** America is coffee crazy, and many cafés come equipped with a cozy ambiance that encourages people to socialize with each other. Grab a cup of joe and get to know your fellow java lovers – who knows, the caffeine in your triple shot espresso might stir up the pot in your love life!

**10. Get rowdy at game night:** Sports bars are a great place to meet that sizzling summer hottie. Take it easy on the drinks, but don't be afraid to show your sports knowledge with the bar regulars. You'll impress your friends along with that sexy single about to buy you a beer.

**Give these tips a try and hopefully, you'll find your very own summer hottie! Did we miss one of your guy-nabbing ways? Share with us below!**

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**Prince William and Kate  
Squeeze In Alone Time In**

# Canada



[Prince William](#) and [Kate Middleton](#) might be busy while sightseeing abroad, but that doesn't mean they weren't able to spend some time alone together. [People](#) reported that the royal couple had three hours of solitude while visiting Canada's Northwest Territories known as "Honeymoon Island" on Tuesday. The area is known to have the slowest sunset on the planet, which the royal couple was able to enjoy. This is said to be the second time the couple were able to spend the day together alone. On Canada Day, Prince William and his wife paddled a canoe and had a picnic in a log cabin.

**What are some creative ways to enjoy quality time together alone?**

## **Cupid's Advice:**

It's nice to spend time with a group of people, but sometimes

enjoying quality time alone with your love is important. Here are a few ways to do just that:

**1. Road trip:** Take a few days off and hit the road with your partner. You'll both discover new places and interests when you don't have an exact destination to visit.

**2. Picnic:** Pack your love's favorite food and take him or her on a picnic. Plan on setting the picnic area on top of a hill or at a park that lacks visitors.

**3. Dinner at your place:** Invite your significant other to a meal at your house. Your partner will feel special when you take the time to cook for him or her versus going out to a restaurant.

**Do you have other ways to enjoy quality time with your love? Share with our readers by commenting below.**

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## Prince William Beats Kate In Canadian Dragonboat Race





When it comes to competition, the Duke and Duchess of Cambridge are the folks to focus on right now. Prince William and Kate Middleton went head to head in a dragon boat race across Dalvay Lake in Canada Monday, according to [People](#). The pair, who enjoy battling it out in tennis and other sports as well, showed off their competitive spirits at the Prince Edward Island boat race, in which they led teams of local athletes.

## Is competition in a relationship healthy?

### Cupid's Advice:

Playful competition is no problem, but if it gets too serious, put an end to it quickly. Here are some tips from Cupid:

- 1. Keep it simple:** Not all competition is bad. You and your honey can play a few games of your choice and be able to spice it up by adding a little competition without getting too serious.
- 2. Be mindful:** Check your surroundings at all times and keep in mind that people watch the way you and your significant other interact with each other. If you can't keep the competition friendly, people will automatically assume there's some tension or jealousy going on in your relationship.

**3. Don't forget:** A relationship takes give and take. It's not all about you. Know what you have in your lover and cherish that. This should avoid any unnecessary competition.

How do you and your mate refrain from taking competition too far? Share in a comment below.

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## The Authors of 'The Little Black Book of Big Red Flags' Help You Avoid a Dating Disaster



By Tanni Deb

Ever had a relationship with a boyfriend that spent more money on himself than he did on you, expected you to pay (in full) while on dates, or constantly spoke about a past romance? You probably assumed you were both meant to be together – until he dumped you a few months later and you finally recalled the red flags in your relationship you shouldn't have ignored. According to *Little Black Book of Big Red Flags: Relationship Warning Signs You Totally Spotted... But Chose to Ignore* by Natasha Burton, Meagan McCrary and Julie Fishman, you aren't the only one. These three have all encountered several flags in their love lives and they're sharing their stories with you. Alongside their dating disaster tales, the book also offers advice on how to handle similar situations and figure out what kind of relationship will make you happy.

While you might have disregarded that prickling sensation that your relationship is on the rocks, ignore no more. Read on for our author interview:

### **Why did you guys write this book?**

Meagan: The three of us were sharing stories about ex-boyfriends when we came up with the general idea of "red flags" – those *I-should-have-known-then* moments we often dismiss. We figured that if we had so many over-the-top stories, women across the country would as well. The next step was to build a blog and find out.

Natasha: When we first launched the blog, we hoped to some day turn the material into a book of women's red flag stories, just because it really hadn't been done.

Julie: But after receiving thousands of submissions, we started to notice some trends in the types of big red flags being sent in. Simultaneously, readers began asking us for advice on what they should do in certain situations. We thought a book was the best way to share the stories and answer these questions. Plus, we knew we'd have a ball

writing it.

**On the website it says, “If you spot a red flag, the offense doesn’t necessarily mean you need to kick the person to the curb...” After how many red flags should you break up with your partner and why?**

Julie: There’s no secret number: One really bad flag, like a man threatening to break up with you if you don’t do things in bed that you’ve told him make you uncomfortable, may hold more weight than a series of smaller flags, like if he’s sloppy or a momma’s boy.

**Do you think some acts – like cheating – should be forgiven?**

Meagan: Really, it’s up to the woman. There are no black and white rules for relationships, and if you try to impose them it’s going to be a long, brutal journey. There are many couples who have worked through major issues, such as cheating, so to say such acts should or shouldn’t be forgiven is irrelevant. But working through a red flag is very different from ignoring or not dealing with one because you just don’t want to break up. Our book really encourages awareness and sticking to what you know, in your gut, is right for you.

**The book contains Red-Flag Rules, signs that tells you it’s time to get out of a relationship. What kind of research was done in order to create these rules?**

Natasha: After reading thousands of stories we’ve received from women as a collective group, we took some of the more prominent themes to create our rules – which can serve as a cheat sheet women can refer to as some of the most prevalent and egregious flags.

**What’s the best advice you can give to those who have been in difficult, red flag relationships?**



Julie: Using our book and your own dating experience, note the qualities you must have in a partner and the ones you will not stand for. Reflect on past relationships to determine what worked and what didn't. Then proceed with caution and don't settle for just anyone. There are tons of terrific guys out there, but you'll never find one if you don't know what you're looking for. Lastly, keep your head up – you may not have found your Romeo yet, but you're closer than you were yesterday.

Natasha: I'd say it's also important to recognize what your pattern is. Like, if you tend to date guys with emotional problems (the kind who need you to "save" them), you have to look at yourself and understand why you're attracted to guys like that. Only then can you have the self-awareness to start searching for the right kind of guy for you.

Meagan: I'd encourage people who have been in difficult relationships to work on their personal happiness and self-worth. While I don't think a person can't date while doing this, it's difficult to focus on yourself when there's a relationship to attend to. It sounds super cliché, but you have to love yourself first, and once you're in a place where you don't need someone else to help you feel good, the guy who's right for you will typically come along.

Cupid thanks Natasha Burton, Meagan McCrary and Julie Fishman for their time! You can visit Amazon to purchase *The Little Black Book of Big Red Flags*. For more about the authors, check out their book trailer and visit their website at [www.bigredflags.expandedapps.com](http://www.bigredflags.expandedapps.com).

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# Newly Single Lauren Conrad Gets a Hair Makeover



Fresh from her breakup, Lauren Conrad is trying a fresh new hairdo, reports [UsMagazine.com](http://UsMagazine.com). *The Hills* alum asked fans to vote on her blog whether she should get temporary multi-colored streaks in her hair or not. After an overwhelmingly positive response, Conrad blogged, "You voted and I did it. Thanks for playing." The 25-year-old author and designer broke up with *My Boys* actor Kyle Howard in June, leaving her "heartbroken," according to a source.

**How can you re-vamp your outlook on life post-breakup?**

## **Cupid's Advice:**

After ending a relationship, sometimes you need to re-adjust your life. Cupid has some ideas on how to change your frame of

mind after a breakup:

**1. Take a trip:** If you take some time off and go somewhere new, your perspective on things might change. Traveling will give you time to think and reevaluate your life.

**2. Have a makeover:** Upgrade your look like Lauren Conrad, and you'll end up upgrading your outlook. Try a new hairstyle or some new outfits and you'll feel like a new person.

**3. Date:** Rebound relationships are usually a bad idea. But going on a couple of first dates with new people will help you remember that there are other opportunities out there.

**What do you do to gain perspective after a breakup? Share your comments below.**

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## Salma Hayek's Husband Is Baby Daddy to Linda Evangelista's Son





Surprise, surprise!

It turns out that Salma Hayek's husband François-Henri Pinault is the father of Linda Evangelista's son Augustin James. The allegation, filed by Evangelista, has been confirmed and, according to a [People](#) insider, "All that's left is for a magistrate to go over the father's filings and make a determination of support, which will last until the child is 21." The court papers were filed in New York, where the law demands that 17 percent of a father's earnings go toward child support. The businessman's salary in 2010 was \$5.4 million, so it doesn't take a math wiz to figure out that it's a generous amount of kaching.

**How do you bond with your partner's children from a previous relationship?**

**Cupid's Advice:**

Being in a relationship with someone who already has children can be tricky. It takes a lot of patience to establish a relationship with the child in question and determine exactly what role it is that you play in his or her life. Cupid has some advice.

**1. Be patient:** Don't hold your breath as you wait for the child to roll out the welcome carpet. It'll take a while

before he or she will accept your presence. Time is key.

**2. Be nice:** Be friendly and playful with the child. Don't be bossy, and don't try to discipline because it isn't your place. You want to be more of a friend than a parent, or you may be met with resentment.

**3. Be understanding:** While it's tough for you to figure out your place in the relationship with your partner's child, it's even more distressing for the young one. You should let the kid know that it's okay if he or she dislikes you. Being open about it will help gain the child's trust.

**How do you relate to your partner's child? Share your ideas.**

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## **'Teen Mom 2' Star Leah Messer Rekindles Romance With Ex- Boyfriend**





It looks like *Teen*

*Mom* 2 star Leah Messer has patched things up with her ex-boyfriend Robbie Kidd just days after finalizing her divorce from Corey Simms in mid-June, according to [UsMagazine.com](http://UsMagazine.com). Following their ups and downs of parenting on the show, Messer, 19, and her ex-hubby Simms, 20, share custody of their 18-month-old twins, Aliannah and Aleeah. However, Simms doesn't seem to care much about having a family life with Messer. A source claims that Simms isn't fazed by his ex's new love and is "not interested in reconciling."

**What are some things to think about when deciding whether to go back to your ex?**

**Cupid's Advice:**

Sometimes you have to forget what you want and remember what you deserve. Cupid has some things to consider before going back to an ex:

**1. Make a list:** Take a stroll down memory lane. Jot down a list of all the good you and your ex had, and then do the same for the bad. Obviously if the bad outweighs the good, you shouldn't want to go back.

**2. Talk to them:** Get the heaviest things on your chest off of it. Without playing the "Blame Game," tell him or her how you feel about the break-up and see if he or she is on the same page as you.



**3. Decision time:** Put yourself first. How did your ex make you feel? How did he or she treat you? Before you make that choice, do some soul searching. Just because you love him or her, that doesn't necessarily mean that's who you're meant to be with. Stop. Think. Know your worth.

**How did you decide to get back together with your ex? Share your experiences below.**

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## Has Prince Harry Found a New Girlfriend?



Prince Harry may have finally moved on from on-again, off-again girlfriend Chelsy Davy, reports [People](#). An unidentified source tells U.K. newspaper *The Sun* that Harry and actress and swimwear/lingerie model Florence Brudenell-Bruce have been having “secret trysts.” When asked about Prince Harry,



Brudenell-Bruce said, "There's not that much to say."

**What are some "secret trysts" you can take at the beginning of your relationship?**

**Cupid's Advice:**

When you first start dating someone, it can be fun to get together in secret. Cupid has some ideas on how to have some fun with "secret trysts":

**1. Stay in a hotel:** Heat up your new relationship by enjoying an undercover rendezvous at a hotel. Spending the night together in a strange place with room service definitely counts as a "secret tryst."

**2. Keep it on the down low:** Another way to add mystery to your relationship is to simply keep it a secret for awhile. Not telling friends and family immediately can make your affair more exciting.

**3. Take an impromptu vacation:** Tell your new beau that you have a surprise, and then hop in a car or head to the airport for a surprise getaway. Try keeping things extra-secret by not telling him or her where you're going!

**Got any ideas on how to spice up your relationship with a "secret tryst"? Share your comments below.**

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# **Hugh Hefner Picks A New 'Best Girl'**



If Hugh Hefner is still hurting from his breakup with fiancée Crystal Harris, he sure isn't showing it. [People](#) reports that a week after the split, the 85-year-old *Playboy* founder has already moved onto a new bunny: Anna Sophia Berglund. Hefner tweeted, "With Crystal gone, Anna is my best girl... Anna is really one in a million." When asked if the new couple is official, Hefner's ex, Crystal Harris, tweeted, "Nope! She's just over there regulating, making sure Hef ends up w a good girl."

**How do you know it's too soon to move on from your ex?**

### **Cupid's Advice:**

After you break up, jumping back into the dating pool right away may be a bad idea. Cupid has some tips on when is too soon to start seeing someone new:

**1. Replacing your ex:** If you're seeing someone who reminds you a lot of your ex, you're probably just looking for a

replacement. Wait a little longer to start dating again.

**2. Trying to get over it:** Right after breaking up, you're probably hurting and want some kind of comfort. If you look for a new flame during that time, you're moving on too soon.

**3. Waiting a week:** While everyone needs a different amount of time to get over a breakup, a week is too soon. For example, Hugh Hefner is probably still reeling from his week-old split.

**How long would you wait after a breakup to move on and start dating again? Share your comments below.**

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## **Rumor: Reggie Bush and Kim Kardashian Look-Alike Are Hanging Out**





Breaking up is tough to do, but moving on to someone who looks exactly like your ex probably won't make it any easier. Rumors are flying that Reggie Bush is dating a Kim Kardashian look-alike. Kardashian's clone, Melissa Molinaro, is an actress/model known for appearing in an Old Navy commercial. [E! Online](#) confirmed that the rumors are actually true when they found a twitpic of Bush attending Molinaro's birthday party in Los Angeles.

**How do you know if your current partner is just a replacement for your ex?**

### **Cupid's Advice:**

Sometimes when you think you've moved on after a relationship, you may be holding yourself back by dating someone who is just a replacement for your ex. Cupid has some tips on how know if you're still living in the past:

**1. Similarities:** If the your current partner's similar appearance or personality to your ex is what attracted you to him or her in the first place, you're not really moving on.

**2. Reminders:** When you find that your new mate constantly reminds you of your old boyfriend or girlfriend, it may be a sign that you subconsciously replaced him or her.

**3. Making them jealous:** Dating someone just to get back at your ex may be fun at first, but it's also unhealthy. Don't just look for someone to take the place of your old flame; find someone new, different and better.

**Have you ever dated someone who looks or acts like your ex? Tell us about your experience below.**

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## 5 Ways to Reignite the Spark In Your Relationship



By Andrew Pryor

There are always moments in a relationship when the sizzle fizzles out, the passion becomes predictable and burning desire turns into yearning for a simple spark. This weekend, take the initiative and find a new way to strike a match with your perfect match:

**1. Light a bonfire:** Keep your passion for each other from going up in smoke by lighting a roaring fire, whether you're at the beach or in your backyard. Nothing inspires and creates a warm and soulful connection like sitting together in front of a bonfire.

**2. Take a camping trip:** If you're super outdoorsy, try living off the land for a few days. Not only is it the perfect opportunity to be at one with nature, but you'll also be close to your significant other. Sparks are sure to fly when you're cuddled up by the fire, roasting marshmallows and making s'mores.

**3. Have dinner by candlelight:** If neither of you like to get your hands dirty, why not spend the night in? The flickering candlelight allows you to see your partner in a new, smoldering light. Just make sure you've picked a designated dish washer before getting too cozy.

**4. Go to a rock concert:** Sure it may be crowded, but when you hold your lighters up during that one special song, you'll each know whom your flame is burning for.

**5. Revisit the past:** The best way to reignite a dying flame is to take each other back to a time when your love burned bright. So take her to an old movie, play an old song for him on the piano, or drive to the hangout where the two of you first met. Remember why you fell in love, and hopefully, your engines will roar back to life.

**What's your favorite way to get your relationship's spark back? Let us know in a comment below!**

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# Paris Hilton and Cy Waits Break Up



No one saw it coming: Paris Hilton and boyfriend Cy Waits have split. Just a week ago, Hilton told [People](#) of her relationship with the former nightclub owner. “We’re just really happy where we are right now,” she said. “We’re good.” Then, on Tuesday night, Hilton changed her tune when she told George Lopez on *Lopez Tonight*, “We’re not together anymore... I feel like the relationship ran its course and we’ll see what happens.” According to a friend, the 30-year-old socialite was not ready for the next step in the relationship, but still wants to remain friends with Waits.

**How do you know if you’re on the same page as your partner?**



## Cupid's Advice:

One day you can be really happy with your relationship, and the next day it can fall apart. Cupid has some tips on how to know whether you and your mate are in the same place:

**1. Communication:** The key to any relationship, constant communication is important if you want to stay on the same page. Talk about where you feel the relationship is headed.

**2. Signs:** If you feel your partner getting more distant, it may be a sign that he or she is checking out of the relationship. Watch out for signals that your partner may be trying to send you.

**3. Fighting:** When you find yourself bickering with your significant other more often, it may be because you two aren't on the same wavelength.

What would you do if you knew you and your partner weren't in the same place in your relationship? Share your comments below.

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# Prince William and Kate Aspire For The Simple Life





The Duchess of Cambridge has decided not to employ a housekeeper-dresser in order to live a simple royal and married life. According to [People](#), Kate's chief aide said that she initially planned to hire a joint housekeeper and dresser for her apartment with Prince William in London's Kensington Palace but now feels she doesn't need one. Jamie Lowther-Pinkerton, the royal couple's private secretary, told reporters the household will be reassessing what they need. However, the couple will use the staff at the residences of where they'll visit on their North American tour. Additionally, Kate is taking hairdresser James Pryce to California during her visit.

**What are ways to have a simple life with your partner?**

### **Cupid's Advice:**

Living a lavish life is fabulous, but a having simple life can be just as fabulous. Here are some ways to live a simpler life with your partner:

**1. Do your own chores:** Instead of relying on a maid, make a list of chores you and your partner should complete each week. This way, you and your partner will both contribute to your household, and in turn, your marriage.

**2. Keep a budget:** Manage your finances and avoid purchasing items you both don't need. After all, that's what a wedding registry is for!

**3. Walk instead of drive:** Instead of buying two cars for yourself and your significant other, try to live close to your work place and/or stores you frequently visit. This way, you can take public transportation to get to your destination or take a nice walk – together.

**Have any suggestions on how to live a simple life after marriage? Share your comment below.**

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## 10 Ways To Get Into A Summer Romance





By Melissa Tierney

Summer is the perfect time to go out and have fun. While you're at it, why not aim to have a season filled with some love and lust. Everyone wants that perfect, warm weather romance that will hopefully last past Labor Day, but how do you find the one that will sweep you off your feet? Here's some advice on how to get into the, passionate relationship that will keep you glowing every single day!

**1. Aim to have fun:** Everyone says you're likely to find someone when you least expect it. Go out with your friends, dance the night away and stop aiming to find 'the one' while you're out. Who knows – you might be having such a good time that your future significant other can't help but notice you!

**2. Have an open mind:** Be willing to go out and meet new people. Keeping your eyes wide open will help you meet someone that may be perfect for you that you would have otherwise overlooked.

**3. Head to the beach:** Relaxing at the beach is a great way to meet that hottie playing volleyball or the new summer lifeguard while also soaking up some rays. If you're calm and relaxed, you're more at ease when chatting up a new guy, which

is a great way to start off a summer romance.

**4. Take a break:** Instead of eating lunch at the office, take a break and go to an outdoor café. You may befriend other singles taking a break from work, and one of them could be Mr. Right.

**5. Join a dating site:** Summer is the perfect time to join a site like Match.com or eHarmony.com because everyone is looking to have a good time when the weather gets warmer. If you're already part of these networks, change your profile – maybe an updated interests list or new picture will spark that special someone's interest.

**6. Go to a new place:** Check out a new bar or club over the summer. In addition to enjoying new scenery, you'll meet people who aren't typically at the bar or club scene you're used to.

**7. Be a social networker:** If there's someone you've been crushing on for awhile, why not add him as a friend on Facebook or follow him on Twitter. You might just come home to a Facebook chat or mention in your timeline, asking you out on a date!

**8. Go outside:** Instead of doing activities inside, head outdoors. Go for a run in the park, read a book outside a cafe, or simply go for a walk. You can't meet anyone new indoors, so expand your horizons and enjoy the weather!

**9. Put down the technology:** When you're out, live in the moment and stay away from your phone. If someone sees that you're constantly attached to your iPhone or BlackBerry, they'll assume you're always busy or preoccupied, which won't open doors if you're looking to meet someone.

**10. Be outgoing:** If you're normally shy, summer is the perfect time to let loose and be yourself. Feel comfortable with who you are and try interacting with people you normally wouldn't

chat up. Heading outside your comfort zone may yield to get comfy with your next fling!

Do you have any tips on how to get into a summer romance? Share your stories below!

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## Kim Kardashian's Wedding Registry Is Luxurious



Kim Kardashian got engaged less than a month ago and is already being called a bridezilla – and the reality star's over-the-top wedding registry might be partly to blame. [UsMagazine.com](http://UsMagazine.com) reports that Kardashian and fiancé Kris Humphries registered at GEARYS in Beverly Hills, a premium seller of luxury jewelry and homeware. The couple's registry included a laundry list of

expensive items, including crystal napkin rings, a \$175 mustard jar and \$38,4000 worth of Torchon dinner place settings. Kardashian and Humphries will walk down the aisle this Halloween.

**If you don't need household items, what wedding gifts should you ask for?**

### **Cupid's Advice:**

If you already have a mustard jar and are looking for unique wedding gifts that aren't household items, Cupid has some tips on what other kinds of presents you should ask for:

**1. Honeymoon:** Besides the reception, the honeymoon is probably the most expensive part of getting married. Now, you can use a website to ask your guests to contribute to various activities, like the flight, hotel, or food. Try [HoneymoonWishes.com](http://HoneymoonWishes.com) or [SendUs0ff.com](http://SendUs0ff.com).

**2. Charity:** If you feel like you already have everything you need, why not use your wedding as an opportunity to give back? Have your guests make donations to a few of your favorite charities instead of buying gifts à la Prince William and Kate Middleton.

**3. Renovations:** You may not need a fondue set, but you might need a new kitchen. If you want to make improvements to your home without accumulating even more stuff, ask each guest to contribute to a renovation with wallpaper, new counter tops, cabinets – you name it!

**What kind of unique gifts would you include in your registry?  
Share your comments below.**

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# Fran Drescher Says Gay Ex-Husband Is Her Best Friend



Fran Drescher has just announced that her gay ex-husband Peter Marc Jacobson is her best friend. After their 21 years of marriage ended, Jacobson admitted that he was gay. However, Drescher didn't find the news to be too surprising. She told [People](#), "During our marriage he had told me he might be bisexual, but he wanted to stay married. By the time he told me, I had survived uterine cancer. Nothing could shake me." Over the years, the two were able to rebuild their relationship. "We're very tight. We're best friends," she said.

**What are some ways to re-build a friendship after divorce?**

## **Cupid's Advice:**

Once your marriage ends, it might hurt to know that you've

lost a great friendship. Although your romantic relationship didn't work out, it doesn't necessarily mean you can't be friends. Cupid has some tips:

**1. Casual conversations:** Strike up some small talk once in a while with your ex. While conversing, let him or her know that your friendship means a lot, and that you don't want to completely write him or her off.

**2. Hang out:** Go out for coffee or hang out in groups with mutual friends. Bringing some normality to the situation will help.

**3. Closure:** The most important step to rebuilding a friendship after divorce is to talk about what led to your breakup in the first place and resolve your issues to a point where you're no longer bitter. As the old adage says, agree to disagree.

**How did you rebuild a friendship after divorce? Share your experience below.**

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## Lily Allen Is Married and Pregnant





Lily Allen has a lot of reasons to be happy. Last weekend she married boyfriend Sam Cooper and announced she's pregnant, reports [People](#). The 26-year-old singer walked down the aisle at St. James the Great Church in Gloucestershire, England, wearing a gown by French designer Delphine Manivet. The designer said the dress was made especially for Allen. "For me, and for her too, when you're pregnant you want to show that, but also be respectful, so the dress was perfect for her for that moment."

### **How do you make your wedding pregnant-friendly?**

#### **Cupid's Advice:**

If you're pregnant and getting married, some of the details of your wedding might have to be changed. Cupid has some tips on how to adjust your wedding when you're expecting:

- 1. The dress:** Your wedding gown may have to be altered depending on how far along you are.
- 2. The drinks:** During the reception, when others are drinking, try having some orange juice or soda instead.
- 3. The party:** Make sure not to over-exert yourself when you're pregnant. If you need a break or want to leave the party

early, people will understand.

**Any other tips on how to adjust a wedding for a pregnant bride? Share your comments below.**