

Rosie O'Donnell Says Health Scare Brought Her Closer to Wife



By Louisa Gonzales

Rosie O'Donnell and her wife, Michelle Rounds both may have recently experienced health scares back in 2012, but fast forward to now and they are both better than ever, and so is their relationship. UsMagazine.com reports that the scary turn of events surrounding Rounds' health scare brought O'Donnell and her partner closer together. O'Donnell and her lover were to have a big wedding on August 17 out in Long Island, where O'Donnell grew up, but it had to be postponed because it was around the time Rounds got sick. Rounds was diagnosed with Desmoid tumors, which is a rare cancer disease. However, it didn't stop the two from tying the knot as they said their "I do's" at a private and intimate ceremony in their own apartment home.

How do you cope with a health scare in your relationship?

Cupid's Advice:

When someone you love and care about gets sick, your first instinct is to take care of them, sometimes it's easier to do so than other times. When something as serious as an illness or possible sickness comes across in your relationship it can either strengthen it or weaken it. How can you make sure you and your partner get through something as dramatic as that? Cupid has advice on ways to cope with a health scare in your relationship:

1. Be there for them: The best way to help someone through a difficult time is to simply be there for them. Offer your support and help in any way you can. Everyone copes with stressful and difficult things and times differently, but if your partner is the one experiencing a rough patch it's good to let them they're not alone. Letting your lover know you are in it for the good and bad times and willing to face them together can only make your relationship stronger and bring you closer.

Related: [Rosie O'Donnell Is Engaged to Michelle Rounds](#)

2. Focus on the positive: Think about all the positive things in your lives and forget about the negative for a bit. If you keep thinking about the bad things it can only make things worse for both you and your relationship with your romantic mate. Being stressed out all the time over something you can't control is not healthy and is not the key to happiness. Nothing is certain in this life, but we can only do the best we can to make everyday as fun and enjoyable as possible. Remember all the good times you shared together and think about all the great future moments you have yet to experience.

Related: ['Never Have I Ever' Author Katie Heaney Says Love Should Be "a Supplement to a Full Life"](#)

3. Participate in things that make you both happy: Take both your minds off the difficult and dramatic events, such as a health scare, by doing something together that makes you both happy. Celebrate the fact you both survived the “scare”, that you’re alive and made it through together. Whether you go on a romantic trip, or get hitched, or spend a lovely evening at your home, make it memorable. No one knows when their last moments are, so cherish the times you have now.

What do you think are the best ways to handle health scares in your relationship? Share your tips below.

Single in Stilettos Show: Stop Wasting Time Dating the Wrong Men





In this week's [Single in Stilettos](#) show, Suzanne Oshima and relationship strategist Joa Amoia discuss the signs that tell you if you're dating the wrong type of guy. Three red flags to look out for include: you notice his actions don't back up his words; you always make excuses for his behavior; and you experience negative emotions on a regular basis. Plus, find out why you're wasting time with an "emotionally paralyzing guy" and why you need to move on from the wrong man. Take Joe's straight-forward advice to heart and improve your dating life!

Related Link: [Dating Red Flags](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you know when you're dating the wrong guy? Tell us in the comments below!

How To Plan A Guy Friendly Valentine's Day



By [David Wygant](#)

First of all, ladies, there's no such thing as a guy friendly Valentine's Day. We know this day is all about you. As far as guys are concerned, our Valentine's Day already happened: It was when the Seahawks destroyed the Broncos at the Super Bowl. Men love football, and we love hanging out with men.

Now, it's the end of the football season, and it's painful for us. It makes our eyes tear, and it's hard to let go. We just had six months of our addiction, and now, we're not getting any football again until September. We've had to say goodbye to our faithful love of football.

Related Link: [Making Valentine's Day Fun Again!](#)

The official Valentine's Day is for you: the flowers, the cute little teddy bear, the box of candy, and the romantic dinner.

It's taking you to that delicious dinner we pay double the price that we'd have paid the day before.

So how can you show your man that you're different from all the other women out there? By ensuring that your man has a Valentine's Day date that he'll enjoy using the five tips below.

1. Buy him tickets. Take him to a sporting event or to a concert. Instead of doing the whole cliché of going out for dinner, do something more fun and something you can do together. Go against the grain. You want to show him he's special to you. He'll think you're the coolest woman in the entire world.

2. Try a fun class. Head to a local winery and learn about the grapes that grow near you. Or sign up for an Italian cooking class and add some new pasta recipes to your weekly menu. You could go to Color Be Mind and do some pottery together.

3. Create new traditions. Instead of doing the usual clichéd activities, come up with something fun that you can do every year and start your own holiday traditions. If you enjoy traveling, head to a new locale every February 14th. Or if you like extreme sports, try sky diving or backcountry skiing.

Related Link: [Creating Love That Lasts](#)

4. Be nice to us. Know that Valentine's Day makes a lot of guys uptight; it puts us under a bundle of pressure. We have to make sure the flowers turn up to the right place; we have to make sure we manage to book a table at the restaurant you want before it fills up; and we have to be original with our gifts.

5. Think outside the box. When it comes down to it, the key to a successful relationship is keeping things fresh and exciting. To keep the fire burning, you need to find new ways of loving each other and having fun together. It's something

we should be doing every day, not just on Valentine's Day.

For more information on David Wygant, click [here](#).

Lauren Conrad Celebrates Hoe-Down Birthday Party with Fiancé



By Louisa Gonzales

Engaged couple Lauren Conrad and her fiancé William Tell celebrate their birthdays in a joint bash! [People](#) magazine reports the party took place at night at Rivera 31 at the Sofitel hotel in Los Angeles. Multiple family members and friends of the lovebirds attended the hoe-down themed party, including some of Conrad's former costars from her reality TV

days, such as Stephanie Pratt and Lexie Contursi. The couple and guests went all out for the themed party, with everyone wearing mostly flannels and denim. The party itself was decorated with haystacks, blow-up ponies and wagon wheels, which took place on the outdoor patio, privately reserved by the lovers.

What are some ways to make your partner's birthday special?

Cupid's Advice:

Your lovebird's birthday is coming up and you want to make it one of the best yet. How can you show your lover just how much you care and know them on their birthday? Cupid has some advice on some ways to make your partner's birthday special:

1.Pick something specific to do: Whether you want to throw a party or go somewhere, narrow down exactly what you want to do, it will make things easier when planning. Try doing something your partner has always wanted to do, but never had a chance to do it yet, or pick and plan to do something that has to do with your lovers interest. Doing something your lovebird mentioned they wanted to do or enjoy doing, will show that you listen and pay attention to their needs and wants.

Related: [Former 'Hills' Star Lauren Conrad Is Engaged](#)

2. Do something unexpected: Want to make your significant others birthday truly memorable, try to do something surprising and unusual. Some of our most exciting days is when something unexpected happens. Doing something you don't do very often, such as taking your honey away on a specific destination, Paris or fishing, or bringing them breakfast in bed or cooking for them will surprise them in the best ways. Whatever you plan to do, keep it hush-hush, it will sweep your sweetheart away when you finally unmask your plans for them on their special day.

Related: [Ben Affleck Says Wife Jennifer Garner Is 'the Most Important Person to Me'](#)

3. Celebrate them: Your better half birthday should be all about them and sometimes that means sacrificing your own needs and wants to make them happy. Let's say your lovebug likes doing something, but you don't, in fact you hate it with a fiery passion. Showcase how smitten you are by sacrificing one day to do something with you partner you normally wouldn't want to, it is not going to kill you. Besides nothing shows true love like doing something just because your soulmate loves it.

How would make your significant other's birthday special? Share your tips below.

The Dating Lounge: You're Invited to an Exclusive Dating Community





This post is sponsored by The Dating Lounge.

By Brittany Stubbs

The Dating Lounge is the first ever invitation-only dating community on Facebook where friends date each other's friends. It was created by Samantha Daniels, one of the foremost professional matchmakers and dating experts in the country, to provide singles with exactly what they want in today's dating world: real-time information, connections to people they know, and accuracy in an exclusive invitation-only community.

Unlike other dating sites, The Dating Lounge pulls information directly from Facebook profiles, allowing you to see how you are connected to a potential date through the mutual friends you share. The site is populated by all friends of friends; once you join, you get to invite 10 of your friends, and then they get to invite 10 of their friends, and so on.

Another reassuring part of this dating app is the fact that it was created by someone who knows the dating world. Daniels is owner of the bicoastal matchmaking service called Samantha's Table. Responsible for over 250 marriages and thousands of substantial relationships, she works with high-profile people and celebrities, matching and advising them on how to find that one person who is missing in their life.

She founded The Dating Lounge with the idea that she could create “a small world for dating,” where people had the capability of dating as their real self, in real time, with the information pulled directly from an already-existing profile. Members of The Dating Lounge are busy and successful. They don’t have time to waste going on bad dates; they prefer to know more information upfront so they can strategically determine who they would like to meet.

Some things to check out once you are in The Lounge:

- The “About the Dating Lounge” page as well as the “Story Behind the Lounge” so you get a good sense of what the site is all about and the specifics of why it was created.
- The “Invite a Friend” page where each member gets to invite 10 friends, who in turn can invite 10 friends and so on, keeping The Lounge by invitation only.
- The “Facebook profile” button on each person’s profile page, which links their Dating Lounge profile to their Facebook page so members get to find out more about who they’re thinking about dating.
- The “Mutual Friends” button, which allows members to see which friends they have in common with a potential date, providing a natural connection and a sense of comfort.
- The “Email a Mutual Friend” button, which allows members to automatically request that a mutual friend make an introduction for them to a potential love interest, just like they would ask them to do *in real life*.

For an invitation to The Dating Lounge, go to the app page and request an invitation by clicking on “Don’t have invitation code?”

Marc Anthony and Girlfriend Chloe Green Split



By April Littleton

After a year of dating, Marc Anthony and Chloe Green have called it quits. “They are taking a break. It is because of busy schedules,” an insider told UsMagazine.com. The couple were last seen together Jan. 26 when they attended the 2014 Grammy Awards in Los Angeles.

How do you balance busy work schedules with your relationship?

Cupid's Advice:

A relationship can struggle a bit when there's hectic work schedules involved. Some couples find it difficult to find the perfect balance between their careers and their love lives.

Don't worry, Cupid has some tips:

1. Make time: Make any free time you have worthwhile for your partner. A relationship is hard work – especially when the two people involved have hectic careers. The time you do share together will be precious and rare, so make the most of it.

Related: [Heidi Klum and Bodyguard Boyfriend Martin Kirsten Split](#)

2. Get your priorities together: Your career is important and should be at the top of your list, but just keep in mind that you have other things you should be worried about as well. You have family and friends who still depend on you, and every now and then you need to find a way to show them you still care.

Related: [Kelly Osbourne and Matthew Mosshart End Engagement](#)

3. Take it easy: Don't let the pressures of your everyday life take over. Think about your loved ones and don't let stress into your life. You don't need to stop working completely in order to have a successful personal life, but you do need to remind yourself why you're working so hard in the first place. Enjoy the the little moments and make sure your family knows you love them.

What are some other ways to balance work schedules with your relationship? Comment below.

'Bachelorette' Alum DeAnna Pappas Welcomes a Baby Girl



By Louisa Gonzales

Congratulations to the happy couple, 'Bachelorette' alum DeAnna Pappas and her hubby, Stephen Stagliano for the birth of their first child together! According to UsMagazine.com, the news of their baby girl being brought into the world was announced to the world via Twitter on Saturday, February 8th. Proud papa, Stagliano, was delighted in the welcoming of their daughter to the world, expressing in his tweet how he now has "two loves in his life!". He also thanked all his fans for all the support and love. Pappas, 32, showed her gratitude also and retweeted the message.

What are some ways you can support your partner through pregnancy?

Cupid's Advice:

Pregnancy is one of the many wonders of this world and is a special time for a couple to experience. Finding out you're pregnant can be exciting, exhilarating, and nerve-wracking. For a lot of couples, it's the start of a new

chapter. Cupid has advice on ways you can support your partner through pregnancy:

1. Go with your partner to prenatal doctor appointments: Both you and your partner are soon to be parents, even though only the mother is carrying the child. Show your support and let them know you are in it together, by going with your lover to their prenatal doctor visits and check ups. Experiencing pregnancy things such as finding out the baby's gender, listening to their heartbeat can be a great memory to share as a couple as well as a family. Going to the doctor's can be scary and stressful, being able to hold your lovers hand and show your love is helpful to both the mother's and the babies health as it can help keep her calm, happy and stress-free.

Related: [Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant](#)

2. Attend birthing classes and do research together: Signing up and going to pregnancy related classes together shows your lovebird you care and that you'll be there throughout the entire process. Many changes come with being pregnant and being prepared can help with transitioning into this new chapter of your lives. This means reading and researching on what being pregnant means, what you should do to be ready and how to make it as smooth sailings as possible. It's good to do things as a couple still because it shows the other you love them and they're not alone.

Related: ['The Fosters' star Sherri Saum is Expecting Twin Boys](#)

3. Make sure the mother to be is as healthy as she can be: This means eating right, exercising, and keeping her away from anything that can be harmful to both her and the baby. This includes things like stress, which can weaken the immune system. Keeping the mother happy can keep her healthy and the baby. Help her stay healthy by doing it together. For example, both of you can change your diets and exercise together, you

doing it too will make it easier for the expectant mother. Also, make sure your honey gets enough sleep and stays away from harmful substances such as alcohol. If you want your baby to be born healthy you both have to put in the effort.

What do you think are good ways to show support towards your lover during pregnancy? Share your tips below.

Looking for Love Is Like a Job Search



By Lisa Becker

We all know that finding love can be a lot of work. No disrespect to the Peace Corp, but it truly may be the toughest job you'll ever have. So if you're serious about wanting to find a great relationship, you should start treating it like a

job search. Consider these seven tips below:

1. Network, Network, Network: Just as people find jobs through networking, a great way to find a good personal match is through friends and friends of friends. After all, who is better to help promote your great qualities, positively position your odd quirks, and play down your annoying habits?

Because they know you and your desires, your loved ones will likely beat out most online dating algorithms in making good matches. If you do turn to online dating, consider a service like Clique, an invitation-only site that links you up with people through common connections.

2. Create a Digital Resume: If online dating is for you, treat your profile like a digital resume. Use this opportunity to tell people who you really are and what makes you special. Don't talk about your ex. That's tantamount to saying you got fired from your last job. Just let your personality, accomplishments, and assets shine through.

Include specifics that people can connect with – interests, hobbies, likes, and dislikes – but be honest. If all goes well and you make a connection, you'll need to provide proof of all of your claims. Be sure to proofread! Not only do you likely want to come across as literate and educated but as someone who takes pride in themselves.

Related Link: [Desiree Hartstock Says Confidence is the Key to Finding Mr. Right](#)

3. Be Selective: You wouldn't apply for every job advertised on Monster.com, would you? And you wouldn't hire someone you know is wrong for the job. Then why would you do that in dating? Don't ask out every prospective person or online match, and don't accept an invitation from all either.

Let's face it: Dating isn't cheap. It takes time, money, and,

likely your most valuable and scarce resource, energy. So take advantage of the “try before you buy” environment of online dating. You don’t have to meet for a drink, grab a coffee, or sit through a long dinner only to discover there’s no physical attraction or you have nothing in common, conversation is lacking.

4. Do Your Research: Online dating will allow you to narrow your focus if you do your homework. You can join a general dating service and design your dating search to make matches based on criteria important to you from interests and values to age and previous history. You can also select an online dating service that focuses exclusively on a niche market based on religion or education. Find the one that’s right for you.

Once online, really read profiles and send messages that are tailored to them. The generic “I like your profile and feel like we have a lot in common” email will likely find its way into the trash. Find one or two things in the person’s profile that you connect with and comment on them.

Related Link: [Five Tips for Falling in Love in 2014](#)

5. Job Interview: Treat your first date like a job interview. While you likely won’t be asked what your biggest strengths and weaknesses are or where you see yourself in five years, you will need to put your best foot forward. Good interviews are about seeing if the job and the candidate are a good match.

The job candidate who comes to the interview only asking about vacation days and salary isn’t going to get the job. Ask questions to learn about your date and determine if you have mutual interests. Even if you know this isn’t going to be a love match, use it as an opportunity to practice your dating skills. You’ll improve for the next time around. You also never know who this person might introduce you to (see

Network, Network, Network above).

6. Dress for Success: I'm not suggesting you wear a suit and tie or skirt and blazer on a first date. What I am saying is dress appropriately for the occasion. Pick something that puts you in the best light, is reflective of your personality, and fits the date. You'll feel better and more confident, which will shine through.

Related Link: [4 Best Practices for Talking to Your Date](#)

7. Decline with Grace: In *Click: An Online Love Story*, the main character Renee gets an email from someone halfway across the world looking to meet someone willing to move for him. After sending a polite and diplomatic "thanks but no thanks" email message, she proclaims to her friend, "It's so much easier to reject someone over that Internet than in real life. Score one for online dating!" While rejection is easier for both parties when done online, it's important to remember that people still have feelings.

Lisa Becker had endured her share of hilarious and heinous cyber dates, many of which inspired Click: An Online Love Story and Double Click. The books, about a young woman's search for love online in Los Angeles, have been called "a fast read that will keep you entertained," "a fun, quick read for fans of Sex and the City," and "hard to put down." Her third novel, Right Click, is due out Spring 2014.

Celebrity Wedding Planner

Kevin Lee Says, “I Think Famous Brides Are More Humble Than Everyday Brides”



By Maria Darbenzio

Kevin Lee, owner and founder of LA Premier, has been taking the floral and event planning business to the next level for years. As his company has grown over the past two decades, he has become one of the most sought-after event planners in the Beverly Hills area. His portfolio includes many of the hottest A-list celebrities (including [Jennifer Aniston](#), Christina Aguilera, and Drew Barrymore), and his work has been featured at some of the most prestigious award shows.

Exclusive Celebrity Interview

with Kevin Lee

The saying “you need to love what you do in order to be happy” rings very true for Lee. “To me, working with the flowers and planning weddings is my life – I get to create so much,” he says in our exclusive celebrity interview. “My clients get the freshest flowers, and I love making beautiful masterpieces for them. Every design is a one-of-a-kind organic touch, and I love the fact that it’s such a creative career.” His passion for his job radiates from him, and his bliss is contagious.

Related Link: [Kim Kardashian and Kanye West Visit Paris: Wedding Plans?](#)

When it comes to planning elegant [celebrity weddings](#), the event planner has put together his fair share of big days for his star clientele. You may have seen him featured on reality TV shows like *Brides of Beverly Hills* and *The Real Housewives of Beverly Hills*. In order to work alongside these stars, he had to set himself apart from others in the industry. “If you want to prove yourself, you need to stand out, which I was fortunately able to do,” Lee explains. “I get to be unique and creative and use my artistic vision. A lot of jobs don’t let you do that these days.”

It’s no surprise that what you see on television is what you get in real life. “I’m confident and creative, and that carries over on or off the camera. I’m not afraid to do anything unnatural,” Lee candidly shares in our celebrity interview. “Whether I’m on *The Real Housewives of Beverly Hills* or getting together with friends, I’m still the same person.”

Celebrity Wedding Planner Shares

Love Advice

When it comes to wedding planning, the florist believes the same love advice applies to celebrities and non-celebrities alike. “It doesn’t make a difference,” he explains. “Everyone is looking for something special and unique because it’s her special day and a once-in-a-lifetime experience.”

Related Link: [Send a Beautiful Valentine’s Day Bouquet with BloomNation](#)

Of course, there is still one notable distinction – and it’s a surprising one. “I actually think famous brides are more humble than the everyday bride. Celebrities already stand out every day, while the ordinary bride isn’t necessarily used to so much attention. It’s their one day to feel like a celebrity.”

For Lee, it’s hard to chose a favorite wedding that he has planned. However, his fondest memory was opening in Toronto for the Bridal Show of Canada. A crowd of 45,000 people came out to make it the most memorable experience of his career.

Planning a wedding on your own can be full of long days and sleepless nights, but hiring an event planner can lead to a large price tag. Not everyone can afford a private coordinator to help them along the way, but there are options available for those who can’t. “Ask a hotel wedding coordinator to help you out. They’ll make a big difference,” Lee advises couples with a tight budget.

As we all know, flowers are a huge part of every wedding, and there are two types that Lee believes a bride should avoid: pom-poms and mums. “I’m into elegant flowers, and they don’t stand out to me as elegant.” On the other end, Lee says hydrangeas are his go-to flower and that white is always in.

Related Link: [How to Make Your Lady Feel Special on](#)

Valentine's Day

With Valentine's Day quickly approaching, flowers are on everyone's mind right now. So does this famed florist think a bouquet of roses is too cliché for the romantic holiday? "Any time you think of Valentine's Day, you think of roses – they're very symbolic," he shares. "It's a day of someone remembering you. I love how some things never change; tradition never goes out of style. Roses are just like diamonds – diamonds are forever, and they never lose their popularity."

Recently, Lee and his company teamed up with BloomNation, a unique marketplace for floral arrangements. “There are many services out there, but some of them don’t alter themselves to keep up with the era,” he says of the partnership. “BloomNation lets us use our creativity and artistic touches to make each arrangement different. It reminds us why we love doing what we do, and it lets us show each of our unique and personal touches as florists.”

To learn more about Lee, visit his LAPremier.com. Be sure to check out his arrangements available on www.bloomnation.com/ too!

Exclusive Celebrity Interview: 'The Bachelorette' Star Desiree Hartsock Says

Confidence is Key to Finding Mr. Right



Interview by [Whitney](#)

[Johnson](#). Written by Elizabeth Kim.

Fans were overjoyed when Desiree Hartsock, who finished as fourth runner-up on Sean Lowe's season of *The Bachelor*, was named the next *Bachelorette*. The bubbly brunette captured our hearts even more as we watched her search for true love. It was a gift from Chris Siegfried – a journal filled with a heartfelt message to her and poetry he had written – that ultimately convinced her that she had found Mr. Right. Following his moving proposal in Antigua, the couple moved in together in Seattle, Washington, and are enjoying life since their celebrity engagement.

Related Link: [Desiree Hartsock Says 'Love Can Be Unpredictable'](#)

Reality TV Star Discusses Life Since *The Bachelorette*

In our exclusive celebrity interview, the reality TV star happily admits that there haven't been any rude awakenings and attributes their success so far to good communication. "From our time getting to know each other on the show as well as seeing each other while the show was airing, we had a great idea of what it would be like living together," she explains. "We work well together because we already disclosed all of our little quirks."

They're also lucky enough to live close to *Bachelor* alums Jason and Molly Mesnick. "They have been so great to us, and it's nice to share a common bond," she says of the celebrity couple. "We'll get together with them whenever possible for dinner or even just to hang at their house with Riley, their adorable baby girl."

Although Hartsock may be best known for her role on *The Bachelorette*, she's also an accomplished designer. While working toward a degree in fashion design, she fell in love with the bridal industry and eventually worked as a stylist in various bridal salons. She also worked for a plus-size women's contemporary brand that gave her the experience and appreciation of designing clothes that flattered all shapes. She even designed and created the dress she wore to fellow *Bachelor* stars Lowe and Catherine Giudici's wedding.

Related Link: [Sean Lowe and Catherine Giudici's Wedding](#)

After devoting so much of her life to the bridal industry, some may think that Hartsock feels pressured to have the ultimate celebrity wedding. But true to her easygoing nature, she isn't stressing over every detail. With an engagement party coming up in a few weeks, the famous couple are in the beginning stages of planning their nuptials. "We are working

on setting a date,” she shares in our exclusive celebrity interview. And lucky for fans, she adds, “We’re open to having it televised and still planning for the fall.” As if the prospect of a televised wedding wasn’t daunting enough, she also plans to design both her wedding *and* reception dresses.

The former *Bachelorette* is working with award-winning designer Maggie Sottero to help her visions come to life. “I have worked with many designers in the past and found that Maggie Sottero is the most sought-after designer because of the company’s commitment to ensuring a bride’s happiness as well as providing the best fit possible.” She coyly adds that, while she doesn’t want to give too many details away, one thing is for sure: “Both dresses will reflect my personality in different ways. I love to dance and be comfortable, so my reception gown will cater to that, while the ceremony gown will be more romantic.”

Desiree Hartsock Gives Love Advice

Given her reality TV past, she knows what Juan Pablo Galavis, who competed for Hartsock’s heart, and the current season’s *Bachelor* hopefuls are experiencing. Of the remaining ladies, she says, “There is definitely chemistry with Nikki, Andi, and Renee as well as with Clare. I don’t like to choose favorites, but I do like Renee’s demeanor and personality.” No matter who Galavis picks, Hartsock advises the women to focus on their potential future with Galavis rather than worry about the other girls.

Related Link: [Why Confidence is So Important in Dating](#)

It certainly takes a level of self-assurance to be vulnerable in front of millions of viewers, but Hartsock believes that confidence is key to finding love on *or* off the screen. “My love advice is to know your self-worth and what you deserve, to be confident in who you are, to let him pursue you, to be independent and not desperate, and to be yourself.”

With such a dismal track record, past stars of *The Bachelor* and *The Bachelorette* may also want to heed the designer's advice for dealing with broken hearts. "The way that I have always gotten over break-ups is knowing that things happen for a reason, and no matter the circumstance, there is always something more or better to come," she says. "Although it can be really tough to do, it's important to hold on to the hope that there is someone out there who will be everything you deserve and more and to not dwell in the hurt or past, but keep pushing forward with each new day."

To learn more about Desiree visit her website, www.desireehartsock.com/. The Bachelor airs on Monday nights on ABC at 8 p.m. ET!

Former 'Brothers & Sisters' Star Sarah Jane Morris Welcomes a Baby Girl





By Brittany Stubbs

Bring on the pink decor, Ned Brower and Sarah Jane Morris are officially parents of a beautiful daughter! “Happy to share the good news that I am officially done being [pregnant and] am now mother to little GIRL, Beau Katherine, who was born on [Saturday, Feb.1],” [People](#) reports the actress tweeted this Tuesday. “In LOVE!” The former *Brothers & Sisters* star and her drummer husband also share a son, Emmett Andrew, who turned 4 this January.

What are some ways you can support your pregnant partner?

Cupid's Advice:

It's important to support your pregnant partner in any way that you can, as she is carrying your child for a grueling 9 months. Cupid has some advice:

1. Participation: Supporting your partner is all about making them feel like they're not alone. You can show your commitment by staying involved through out the pregnancy process. Attending doctor appointments, participating in the planning, and accompanying her on the shopping trips are little ways to show that though you're not the one physically carrying the baby, you're just as committed and involved as she is.

Related: [Kristin Cavallari Shows Off Baby Bump #2](#)

2. Sacrifice: Although being pregnant is truly a blessing, it is one that involves sacrifices as well. Not only does a mother endure the obvious physical ones, but mental, emotional, and social sacrifices often occur as well. You can show your support by making some of the same sacrifices she does. Whether this be cutting back on the bar scenes, skipping the bottle of wine with dinner, or avoiding your favorite sushi restaurant, you will show your support by allowing those certain aspects in your life to change as well.

Related: [Kevin and Danielle Jonas Welcomes a Baby Girl](#)

3. Acknowledge: Although you cannot change some of the less-glamorous parts of pregnancy, sometimes just acknowledging what she is going through makes a difference. Make her aware that her struggles and sacrifices are not going unnoticed or being taken for granted.

What are some ways you have supported someone pregnant? Share your experiences below.

Cupid's Weekly Round-Up: Creating Love That Lasts





By Maria Darbenzio

With Valentine's Day creeping up on us (one week away!), romance is in the air everywhere you go. Check out some of these articles from our partners to get you on the path to a love that lasts.

1. Time to recharge: Sometimes, things can begin to get boring in a long-term relationship. Take a moment to get the excitement back in your love life! Try making a list of places you've always wanted to go (whether it be a restaurant down the street or that resort in Cabo San Lucas) and write a couple's bucket list. For more ideas, consider these suggestions. (GalTime.com)

2. Change is good: It's easy to want to change things you don't like about your partner, but that can make things complicated. Instead, try changing the way you look at your significant other. A healthy relationship consists of being able to listen to your partner, give them space, and share your needs when necessary. (GalTime.com)

3. Give love another chance: Not everyone gets their relationship right on the first time around, but if you're both willing to try again, it may be worth a shot. Many couples have experienced long lasting relationships after a brief breakup, so who's to say you won't? (YourTango.com)

4. Keep the romance alive: Gena Lee Nolin is married to former hockey star Cale Hulse. In her blog, she shares some wonderful tips on how to keep your marriage alive and well. Nolin even reveals how she'll be spending her Valentine's Day. (CelebrityBabyScoop.com)

5. Be a good girlfriend: In order to truly be happy with your man, you need to make sure that you're a good fit for each other. Don't force yourself to be attracted to someone just because he's available. The best way to make sure your affection is felt is by making sure you're with the right person. (YourTango.com)

How will you ensure that your love lasts? Tell us in the comments below.

Date Idea: Bet On It





By Kristin Mattern

Take a gamble on love this weekend and hit the strip with your man! Head out to a local casino and set the stakes high as you roll your way into your sweetie's heart. You'll be up all night with this weekend date idea.

Get glammed up for your cutie, jump in the car (or get extra fancy and rent a limo) and drive over to the nearest gambling spot. As you walk arm and arm onto the casino floor together, share the surge of excitement and anticipation for the night ahead. Sit at the same table and play against one another to encourage some friendly competition, or root your honey on as he plays a card game alone. See if lady luck is with you as you sit side-by-side and have a go at the slots.

Make this date a romantic weekend getaway and catch a flight to Vegas. You never know, you might just make it into some high roller suites! After some boozy kisses and some wins at blackjack, head out onto the strip to take in the sights. Catch one of the many shows, like Cirque du Soleil or David Copperfield, and then hit up the clubs. Dance the night away as you celebrate your winnings. Check out Vegas.com to discover places to stay, shows to see, where to eat and more – everything you need to make this casino getaway truly unforgettable.

If you're on the East Coast, make Atlantic City your destination. Play roulette and poker, then head out for a stroll along the iconic boardwalk. Snuggle up on the beach with your babe if you want to wind down, or hit up one of the many nightclubs to keep the electric feel going. Not in a dancing mood? Atlantic City has tons of shopping – the perfect way to spend your winnings. Check out AtlanticCityNJ.com for more information.

If you're not looking to spend big bucks, set up a casino date at home! Have a fun and flirty night in as the two of you play rummy for pennies, blackjack for that last piece of pizza and maybe even a game of strip poker. Get creative and wager what you'd both like to bet for: kisses, hugs or the next movie you watch. Make sure to have some munchies on hand to nosh on while you play. Drink your favorite microbrew with your dearest, or share some sparkling wine. When you're done gambling, throw on a casino-themed movie like *Ocean's Eleven* and just relax.

No one loses on this date – you can bet on it!

Ever take your loved one out to a casino for date night? Tell us all about it in the comments below!

Five Reasons Why Being Needy Will Push Him Away





By Kerri Sheehan

Having a partner who always wants to be around you is a great feeling – to a certain extent. Everyone has needs when they're in a relationship, but being overbearing about what you want will push your significant other towards the door. A relationship is an equal union, so if you're busy only thinking about yourself, then your guy will begin to resent you. Here are the five reasons why being needy will push him away:

1. You'll become completely dependent: Being too clingy causes you to revert to childhood. It stops being a peer relationship and becomes more of a caretaking relationship. Namaste Moore, life and relationship coach, says that, often times, this sort of dependency can put both parties in a bad position. "The significant other who is expected to meet that need is in the position of not being a partner but of being either a savior or villain, depending on their ability to satisfy their sweetheart. A healthy, mutual relationship based on the exchange of love quickly becomes a codependent dynamic where one partner feels they must choose either the loss of their sense of self or feel like the enemy."

Related Link: [6 Clues To Look For in a Keeper](#)

2. You'll put too much pressure on him: Your mate will spend so much of his extra time trying to meet your excessive desires that he will struggle to find the time to meet his own personal needs. The partnership will become less loving and romantic for him and more of an obligation. He will begin to resent you, and it's likely that his friends will too, seeing as he's spending all or most of his extra time trying to please you.

3. You'll make him want to escape: Often times, the more a needy person holds on, the more their partner begins to pull away. Nobody likes to feel trapped, and being dependant on your guy will make him feel just that. He will start searching for the nearest exit simply because he feels ensnared by you. Try lessening the demand you put on your partner, and you will find that you're both happier together.

4. You'll cause an unhealthy imbalance: No matter what the healthy person does in a relationship, the clingy partner will almost never feel loved enough. Due to this inequality, they will instead feel neglected, and their behavior will surely reflect that. In the same way that a child acts out to get their mother's attention, the needy party will act out to get the healthy party's attention. No one wants to be in a relationship where they either don't feel loved enough or feel like they can never do enough to show the other person that they love them. The relationship will not be mutually fulfilling for either party.

Related Link: [Celebrity Couples that Work Great Together](#)

5. You'll be seen as selfish: Courtship consultant Brandon Aki explains that neediness goes hand in hand with selfishness: "Neediness is a buzzword. It simply means you're inherently selfish, and selfish is never sexy." When you're needy, you can only think of what is done to you or for you, but it's

important to remember that it's not all about you. Instead, "focus on maintaining your individuality and becoming the best person for your partner."

Have you dealt with a needy partner before? Share your story in the comments below.

Heidi Klum and Ex Martin Kirsten Step Out Post-Breakup



By Brittany Stubbs

Heidi Klum and Martin Kirsten may not be dating anymore, but they aren't acting like enemies or strangers. The former couple were spotted leaving a building in L.A.'s Brentwood neighborhood just eight days after a source confirmed to UsMagazine.com that they were broken up. Though looking

casual, neither of them spoke as they returned to their separate vehicles. After dating more than a year, the insider claims, "He is no longer working with her or her family."

What are some things to consider before remaining friends post-breakup?

Cupid's Advice:

If you try to remain friends after a breakup, things can get complicated. Cupid has some advice:

1. The terms you ended on: How you leave a relationship usually has some influence on whether you're able to move on as friends or not. Evaluate the reasons for your separation. If your breakup was amicable and neither of you left with hard feelings, then having a friendship may be easy. But in messy and complicated breakups, salvaging anything for a while can be more difficult.

Related: [Celebrity Tattered Hearts](#)

2. Timing: The length of time that has past since you've broken up is certainly worth considering. Even if you ended on great terms, it's important you both have some space from each other in order to not only heal from the breakup, but adjust to be single again. Jumping into a friendship directly after a breakup often results in people just continuing with the behaviors and habits they had as a couple.

Related: [Heidi Kulm and Bodyguard boyfriend breakup](#)

3. Your Feelings: As always, your emotions are the most important part to consider when determining what you're capable of. If you're still not over your ex or the relationship you shared, this is a sign you need to hold off on beginning a friendship. You can't build a new relationship on the foundation of a broken heart.

What are some things you've considered before remaining friends with an ex?

LeAnn Rimes and Eddie Cibrian Vacation in Hawaii



By Louisa Gonzales

LeAnn Rimes and Eddie Cibrian have some fun in the sun vacationing in Hawaii. Rimes, 31, showed off her amazing and strikingly fit body while prancing around the beach and ocean with her hubby on Super Bowl Sunday, February 2nd. According to UsMagazine.com the singing starlet and her lover left to Honolulu on February 1st, based off a tweet she posted that night. The next day Rimes, posted a “loveey dovey” picture of herself in the embrace of her husband on the beach, looking relaxed and all smiles.

How can travel help keep the spark alive in your relationship?

Cupid's Advice:

After you have been in a relationship for a long time, things can start to feel a little stale or boring. This is especially common after couples have set up a routine and are comfortable in it, but a passionate relationship needs more than that to keep things interesting. To help keep the spark alive in your relationship, try traveling. Cupid shares some advice on how it could be beneficial to keeping your romance strong:

1. It can be a new adventure: Going some place where you both have never been or have wanted to go to, could be a fun trip to experience together. Planning the trip and figuring out where you want to go can be part of the adventure and excitement. Maybe going on your dream vacation and getting away, and shaking up your normal routine can be just what your relationship needed to keep the flames going. Keeping things fresh while you're dating, means trying something new and keeping your romantic mate on their toes.

Related: [LeAnn Rimes and Eddie Cibrian Dodge Pregnancy Rumors](#)

2. It can give you some much needed alone time together: Finding time to spend alone together can be difficult. Sometimes life keeps you both busy and apart because of certain things going on in your life, whether it's your jobs, children, etc., it can be hard to squeeze in time to spend with your beau. Going on vacation can give you a break from everything and give you the alone time you have been craving. Couples need some private time, because it's good to focus on just your relationship and what you need to keep the passion alive.

Related: [Scarlett Johansson and New Beau Nate Naylor Vacation in Hawaii](#)

3.It can bring back the laughter and excitement in your relationship: After you have settled into a relationship for a while things like stress can plague the both of you with worry, because things change and maybe your relationship isn't what it use to be when you first got together. Try going on vacation and you can leave all your issues about your normal life behind and instead focus on each other, letting loose, being happy and having an amazing time. There's so much you can do and places to see on your trip you won't have time to focus on all your problems.

Do you think going on vacation can help keep the spark in your relationship alive? Share your thoughts below.

Top 3 Non-Negotiable Questions You Need to Think About Before Filing for Divorce





By Mark Baer

Families come in all shapes and sizes. Some married couples live together with their children. When those children grow up and move out of their parents' home, does that mean that they are no longer a family? Some married couples with children don't live together because of their work commitments and for other such reasons. Does that make them any less of a family? Religious beliefs aside, some couples such as Goldie Hawn and Kurt Russell have children together, but were never married. Aren't they still a family? Married couples with children sometimes divorce. Does that mean that they are no longer a family? If you think about it, the nature of their relationship changed from being married with children to being unmarried with children. I'm afraid that when a couple has children together, their marital status does not control their status as a family.

Many may define a "perfect" family as one in which the parents are married and in love with each other. I opted to use the word "perfect" because that was the term and definition used by a minor child of divorce, who was interviewed in a documentary film by Ellen Bruno titled "SPLIT." While his family may not be "perfect," as defined by him, I promise you he still considers it a family.

What do you want your family to look like in the future?

Like it or not, if there are children of the relationship (regardless of their age), the family still exists after the relationship ends. The manner in which you end a relationship determines whether your family will be functional or dysfunctional from that day forward. Life is like physics – for every action there is a reaction – cause and effect. As I like to say, outcomes are determined by the way in which the “game” is designed.

Parents are correct in the notion that causing the children to take sides can be extremely useful in their divorce game of chess. However, unlike chess, divorce is not a game and children are not pawns. Parents need to understand that what they do, say and how they act toward the other parent has long-term consequences. The things people do with or without the assistance of their attorneys have consequences that will last for generations to come. “When you start a court case, you are starting a war,” says Justice Harvey Brownstone. Parents should always remember that the casualties in such a war are the members of the family itself, including the children, who become collateral damage.

Related: [5 Ways to Turn Your Relationship Around](#)

What type of attorney, if any, do you want?

While it may be expressed in many different ways, the selection of an attorney is the most significant factor in determining how a case will proceed. While an attorney’s competency is extremely important, the selection process should not be limited to that aspect. After all, the attorney’s personality and overall philosophy with regard to family law are of great importance.

It is not prudent merely to consult with an “experienced family law attorney.” I have been trying desperately to educate the public that they need to consult with “competent

and caring” family law attorneys. By the way, assertiveness is part of their competency. However, they should not be seeking out lawyers described as “sharks,” “pit bulls” or “aggressive.” The involvement of such attorneys typically leads to suboptimal results, destroys families and costs a great deal of money in the process. People must never confuse aggression and assertion. Words have meaning.

Remember, while you might win the battle, you can still lose the war. When families are involved, destructive behavior has consequences that can be felt long after the “case” is over. Is it the attorneys or the clients, their children and their families that get to live with those consequences? The personality and philosophy of the attorneys involved in a case have far more impact than people realize. Please keep this in mind when selecting your “teammates.”

Related: [Five Secrets Truly Happy Couples Know](#)

Which divorce process is right for you?

When people think of divorce, they typically think of litigation, which is the “default process.” What that means is that their case will be litigated, unless they “opt out” of that process. Other available processes are DIY (do it yourself), mediation, collaborative divorce, lawyer-to-lawyer negotiation, arbitration (keep in mind that certain types of matters may not be arbitrated in family law), private judging (if permitted in any particular jurisdiction). Unfortunately, family law is not spandex and there is no “one-size-fits-all.” However, people should consider certain things before making a decision regarding process.

First, litigation is an adversarial process in which both parties play to “win.” When a family is involved and both spouses are playing to “win,” the family dynamic is destroyed. An unfortunate byproduct of litigation is that it exacerbates the level of conflict, increases distrust and

breeds paranoia. Doesn't it make more sense to resolve family matters in a process that is designed to reduce the level of conflict and rebuild trust?

Second, a significant problem with mediation is the fact that the term itself is vague. Mediation could be evaluative, facilitative or transformative. Which of those approaches does one mean when they refer to mediation? It should also be noted that mediation is unregulated in most places, including California. Thus, a person can practice as a 'mediator' without ever having received any formal training. It is therefore strongly advised that you do your homework before selecting a mediator.

Third, collaborative divorce is an interdisciplinary team approach to family law. It is based upon specialization of labor, not duplication. In addition to the parties themselves, the team consists of attorneys, mental health and financial professionals. Collaborative teams are no different from any other team in that they are only as strong as their weakest member. Collaboration only works when the professionals involved are like-minded individuals who actually trust one another.

Related: [Finding Your True Destiny After Losing Love](#)

Fourth, lawyers do serve a necessary and useful purpose in family law matters and for society as a whole. For one thing, they warn of unforeseen "what- ifs." Furthermore, words have meaning and the difference between "may" and "shall" could substantially change the meaning of a provision. Lawyers are wordsmiths in that regard. Moreover, divorce is a legal process.

Fifth, unless a matter is decided by a judge or arbitrator, the couple involved makes the ultimate decisions. According to a new study conducted at UC Davis, people had a clear preference for mediation and other forms of consensual dispute

resolution over those forms of dispute resolution in which they relinquished their decision making authority.

Mark Baer assists people in becoming independent of their spouses or significant others with integrity, by evaluating and facilitating solutions that are respectful to each other and their families. He accomplishes this by providing a thoughtful, creative, and caring environment. His vision and experience equip people with a new set of skills that strengthen and empower them to better cope with future challenges.

Rekindled Flame: Jessica Szohr and Aaron Rodgers



By Louisa Gonzales

Former lovebirds Jessica Szohr and Aaron Rodgers seem to have rekindled their flames. The duo dated back in 2011 for a short amount of time before breaking up because of their crazy work schedules and not having enough time to see each other. UsMagazine.com sources confirm the lovers got back together over the holidays after they started spending more time together again. Szohr, 28, and Rodgers, 30, were recently spotted arriving hand in hand at the *That Awkward Moment* film party at Lucky Strike L.A. Live bowling alley, according to eyewitnesses.

The pair was joined by Taylor Swift, who Szohr became friends with after being featured in one of Swift's videos, "22". During the evening Szohr not only squeezed in moments with her date, but some girl time as well as insiders say they overheard Swift dishing out relationship advice to Szohr in the lady's room.

What are some things to consider before getting back together with an ex?

Cupid's Advice:

Breaking up is hard. People break up for many reasons, maybe you drifted apart, or the timing wasn't right, or you realized you just didn't click "that way". The only thing harder than learning to let someone go is figuring out if you want to give them a second chance. Cupid has some advice on some things you should consider before rekindling your flame with an ex:

1. Figure out why you broke up in the first place: Really think about the reasons you broke up the first time around. No matter what the reason was behind your breakup ask yourself if you can either forgive or live with them. If you decide you do want a second chance at a relationship there's no guarantee the things that happened before, won't happen again.

Related: [Five Ways to Let Him Down Without Hurting His Feelings](#)

2. Why do you want to get back together: Make sure the reasons why you want to reunite are your own. If the reason you want to get back together is only because your ex lover is pressuring you, or you feel bad, or if you're considering it because of your family, the relationship will most likely be doomed to fail again. No matter how noble your intentions are don't get back in relationship with someone for the wrong reasons only do it if it is truly what you want.

Related: [J.K. Rowling Says Harry Potter Should Have Ended Up with Hermione](#)

3. Take a look back at your relationship as a whole: Reflect on the entirety of your relationship between you and your ex lovebird. Think about all the things that worked and didn't work between the two of you. Make a list of the pros and cons and then once you've finished see which side has more. After you have completed analyzing and making your lists about all the things that made you a couple, you will have a clearer understanding of what you want and what final decision you should make.

Have you ever given an ex a second chance before and if so why? Share your answers below.

**'A Million First Dates'
Author Dan Slater Offers New**

Insight about Online Dating



Interview by [Lori Bizzoco](#). Written by Brittany Stubbs

When it comes to meeting The One, we're no longer stuck sitting alone at the bar or praying that our next blind date will work out. Today, millions of singles are turning to dating websites to help them find their better half. Although a new success story happens every day with the help of these online matchmakers, the unlimited profiles and possibilities these sites provide pose some issues as well.

In his second novel *A Million First Dates: Solving the Puzzle of Online Dating*, journalist Dan Slater invites us behind the scenes of the fascinating online dating business. He shows how this industry is changing our culture in more profound ways than we can imagine. By altering our perception of what's possible, these sites are reconditioning our feelings about monogamy and challenging the traditional paradigm of adult life. Slater examines the questions that the digital

revolution is forcing us to ask: Why should we settle for someone who falls short of our expectations if there are thousands of other options a click away? Can commitment thrive in a world of unlimited options? Can chemistry really be quantified by math geeks? In our interview below, we talk to Slater about the answers to these questions and more.

What inspired you to write on the subject of online dating?

A few things sparked my interest in this subject. The fact that my parents met by one of the first computer dating websites in the 1960s definitely gave me a reason to go back and research the beginning of this trend; after all, I wouldn't be here today if my parents hadn't met this way. I'm also one of the first generations that latched on to online dating – my friends were doing it, and people were always talking about it – so it was a subject that sort of surrounded me and seemed relevant.

Related Link: [10 Tips to Being Successful with Online Dating](#)

What advice do you have for people exploring online dating?

As far as finding the right site, look for results. If you're going on several dates and you're not finding anything, maybe the community isn't right for you. I encourage people to use a few different dating sites.

When it comes to looking for a partner, I had the most success with online dating when I sort of threw away my checklist of things I was looking for and focused on maybe a single thing I wanted to find in a person. Maybe you just want to find someone who will go bird watching with you. If so, forget about what people look like, where they went to school, etc. and just focus on finding someone who shares this interest. Online dating is a commitment, and it's sometimes scary, but if you're going to jump in with both feet, take advantage of trying to find that one thing you're really looking for.

In the book, you state that “Internet dating has helped people of all ages realize that there’s no need to settle for a mediocre relationship.” But it appears that we have higher expectations now on what is good. Can you expand on this idea?

In the past, I think people would settle because there weren’t as many opportunities to meet new people; a new person didn’t just pop up every day. With online dating, people are popping up with the click of a mouse. I don’t see this as a bad thing or mean to imply that more people are running away from good relationships, but I do think people in relationships that are on the fence will be more liberated by all the opportunities that online dating provides. People are now less likely to stick around in a so-so relationship just because they’re afraid to be alone or afraid they won’t meet anyone else. I think the majority of people still want relationships and will commit when they find something really great, but again, I think it lowers commitment for those on the fence.

Related Link: [How to Deal with Online Dating Rejection](#)

Do you think technology or a dating website can truly determine if two people are going to have chemistry?

I think online dating can predict to an impressive degree whether two people are going to hit it off on that first date, whether they’re going to sit down and have that spark where they can talk about common interests as an hour flies by. Online dating is getting better and better at determining if two people are going to get along. But I think that is a huge leap away from long-term compatibility, such as marriage, living together, and sticking with one another for a long time. I don’t think that’s something that can be quantified by these websites yet. I don’t want to rule it out, but I don’t think technology is there yet.

What are some positive aspects of approaching love this way?

For one, it does allow you several options. I think another

positive is that they provide you with more dating experiences, and these experiences are going to benefit whatever relationship you finally end up in. They grant you real life opportunities versus received wisdom from your parents or friends and allow you to discover the kind of relationships and people that work or don't work for you, which helps you ultimately understand what you're actually looking for and need in the end.

To learn more about online dating, purchase Dan Slater's new book on Amazon!

J.K. Rowling Says Harry Potter Should Have Ended Up with Hermione





By Louisa Gonzales

J.K. Rowling drops a bomb into the *Harry Potter* fandom. How did she bring about this chaos and confusion? She did so by saying, Harry and Hermione would have made a “better match” instead of her and Ron. According to UsMagazine.com she revealed this information in an interview held by Emma Watson, who plays Hermione in the block buster franchise, for *The Sunday Times*. She was also quoted in saying Ron and Hermione were sort of “wish-fulfillment” for her and the reasons behind them ending up together have more to do with her following through with the plan she had in the beginning than with the real “literature”. Rowling went on to acknowledge the fact, this revelation might upset some fans, but was quick to apologize and then admitted she just wanted to be honest.

How do you choose between two potential partners?

Cupid's Advice:

Sometimes love comes expectantly and without warning and sometimes it can be hard to find. However, what do you do when you find two potential good matches for yourself at the same time? Love is tricky and complicated enough as it is, without the added pressure of having to choose between two potential mates vying for your affections. Dating one person is hard

enough, but imagine dating two it is bound to be more difficult. If you are with two people at the same time and having a hard time deciding who you want more, cupid has some advice on how to go about choosing between two potential partners.

1. Think about who you have more in common with: We all like people for different reasons, but finding potential lovers who you have common ground with is key to building a long-lasting relationship. While deciding who you want to be with ask yourself, who do you get a long with more? If you find yourself clashing with one potential love interest more than the other it is probably because you have more things in common with the one you have less arguments with. While opposites do sometimes attract, studies have shown couples who have more common interests have healthier relationships.

Related: [Emma Watson's Boyfriend's 'Second Family' Is 'Thrilled' They're Dating](#)

2. Decide which one is more real: Of course your relationship with both people are real, but who do you have a deeper connection with? Ask yourself if the reason you are with your sweethearts and want to be with them is because you truly love them and are not just infatuated. Love is about more than just being physically attracted to each other, there has to be an emotional connection as well. Decide who you want by your side during the good and bad times. Someone is bound to get hurt no matter what you decide, but it is better to set someone free before things get too deep.

Related: ['Millionaire Matchmaker' Star Marisa Saks Says Listening Is Key](#)

3. Remember nothings ever perfect: No matter who you decide to date, no relationship is ever easy all the time. There are going to be things you don't like about your significant other, but love is about accepting who they are, the good and

the bad. Examine your priorities and what you want in a relationship to help decide who is the better match at this point in your life. Also, if neither of your potential lovebirds are doing it for you or you later realize they're not what you want, don't be afraid to let both of them go. The final choice of what you want and who you want is up to you, but a choice has to be made.

How do you think you should choose between two potential love matches? Share your tips below.

Kevin and Danielle Jonas Welcome a Baby Girl



By Louisa Gonzales

Congratulations to the new parents, *Married to Jonas* stars,

Kevin Jonas and wife Danielle! The two welcomed a daughter on Sunday, February 2nd. According to [People](#), the first time parents are reportedly “overjoyed” about the new addition to their family and want to shout it to the world. The lovebirds have never been shy about sharing their pregnancy experience and were happy to keep fans updated about their journey through social media, as they believe it is something you should celebrate and not hide.

What are some ways to prepare your relationship for your first child?

Cupid’s Advice:

Pregnancy is a wonderful and beautiful thing, but it can also be stressful and challenging. There’s no doubt the road to giving birth is going to be a bumpy ride, filled with a few unexpected turns and you may end up getting lost a few times along the way, but it’s an amazing ride. Being in a relationships means sticking together and being there for each other, this is something you should keep in mind when preparing for your first child. Cupid has some advice on how to prepare your relationship for parenthood:

1. Stay calm: Yes, pregnancy is going to be stressful, especially if it is your first one, because it’s new and unfamiliar. However, if you remind yourselves to stay calm and relax it will help keep things in perspective for the two of you. Remember, no good can come out of to worked up. Keep in mind if the mother-to-be is stressed it can be harmful to the baby and if her partner is also freaking out it will only make things worse for the mother and by extension the baby.

Related: [Kevin Jonas and Wife Danielle Are Expecting](#)

2. Read some books and take classes together: Doing pregnancy things together as a couple, will only make your relationship stronger. Go to weekly check-up appointments to the doctors

together or sign yourselves up for a birthing class. Both first time parents have to put in equal effort to prepare for the new addition to their family, as it shows you are both in this together. It is also important to research and prepare for the birth of your child and parenthood, this is one of the best thing you can do for yourselves and your baby.

Related: [Kristin Cavallari Shows Off Baby Bump #2](#)

3. Mentally prepare yourselves: Brace yourselves for the life changing event of having a baby. Know that some things will change and will never be the same as soon as your lover gets pregnant. There is bound to be changes in both of your daily routines and lifestyles, so make sure you and your significant other are ready for the long journey of pregnancy and parenthood. Know that with having a child there is going to be times of pain and hardships, but also beauty and life and if you work together as a team you can over come anything.

What do you think you should do to prepare relationship for having a baby? Share your tips below.

Austin Mahone Denies Dating Selena Gomez





By Brittany Stubbs

Despite the rumors going around, Austin Mahone, 17, and Selena Gomez, 21, are **not dating**. “We’re **just friends**,” Mahone says. “She’s really cool...I mean, I think she’s really pretty but every time I’m in L.A., she’s like, ‘Hey, you’re in L.A., lets hang out,’” he added at the Aquafina FlavorSplash press conference this Wednesday. “So it’s cool.” An industry insider, having worked with both of the teen stars, claims that though they are not dating, Mahone and Gomez certainly have a special connection. “They’ve been hanging out over the last few months,” the source tells [People](#). “They have a lot of respect for each other.”

How do you know whether to risk your friendship for a relationship?

Cupid’s Advice:

Deciding whether or not you should take your friendship to a romantic level is tough; it can often be messy and end badly. Despite the potential consequences though, sometimes the best relationships begin with a friendship, so it is important to know when to take the risk:

1. If the feeling is mutual: If you’re starting to feel

something for your friend that's more than just friendly, it's important to try and access their feelings before taking it to the next level. If you haven't actually spoken about these feelings, pay attention to the way he speaks to you, speaks about other girls in front of you, etc. If you're going to risk your friendship by telling him how you truly feel, you want to make sure there's at least a chance he could feel the same way, because once you speak up, your friendship will never be the same.

Related: [New Couple: Selena Gomez is Hooking Up with Ed Sheeran](#)

2. If the timing is right for both of you: Timing is everything when it comes to any relationship. Deciding whether or not to take it to that next level, consider where you both currently are. Are either of you seeing other people, even if they're not serious? Are either of you fresh out of a relationship? It's important to consider these complications before deciding to be something more.

Related: [Justin Bieber and Selena Gomez Confirm Rumore They're Back Together!](#)

3. You can no longer see them as just a friend: If you're at the point where you no longer can look at each other without wondering if you could be something more, you might as well risk your friendship because you're already past the point of acting as friends. Although things might go south down the road, it will beat a long friendship of wondering, what if?

Have you ever risked a friendship for a relationship? Share your experiences below.

How to Get Through a Breakup and Heal Your Heart



We're excited to welcome [Ellen Smoak](#) as a guest post contributor to CupidsPulse.com! In her first video, the author of *Breakups Are a Bitch But Getting Through It Doesn't Have to Be!* shares the five stages of getting over a breakup and coaches you through each one. First comes shock, followed by denial. Next, we experience anger and begin to step into our own power again. The fourth stage is sadness and depression – “the hardest stage of all.” Finally, we come to acceptance, a stage we can only reach by going through the previous four stages first.

Related Link: [Heartbroken? Heal and Move On...Like I Did](#)

“We can get stuck in stages for years and not even know it,” she reveals. “It can block our ability to love again, to attract love again, to be happy in love again.”

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you move on after a devastating breakup? Share your story in the comments below!

Hugh Grant Fathers Third Love Child With Swedish TV Producer



By Brittany Stubbs

Is the third one the charm? It has been confirmed that Hugh Grant is the father of a baby boy. Anna Elisabet Eberstein, a Swedish TV producer, secretly gave birth to this September, making Grant now the father of three love children.

UsMagazine.com obtained a copy of the birth certificate, confirming that the child was born in Queen Charlotte's and Chelsea Hospital located in London on September 3, 2013. Although the baby's first name was not listed, his surname is "Grant," and "Hugh John Mungo Grant" was listed as the father.

What are some ways to find out if your partner is cheating?

Cupid's Advice:

Nothing can be more difficult in a relationship than the feeling that your partner is being unfaithful. But before you start packing up your stuff or planning to attack, try one of these approaches to find out if they're actually guilty:

1. Get an outsider's opinion: When you're doubting your partner's faithfulness, everything can be seen as confirming your suspicions: they have to work late or they cancelled plans last minute...is this just in your head? Sharing your situation and reasons of doubt with a close friend or family member can often give you assurance if your suspicions are justified, or you're just being paranoid. If the outsider agrees and has noticed some sketchy behavior as well, you might be on to something.

Related: [Hugh Grant Has Baby Girl With Mystery Woman](#)

2. Pay attention to their phone: Maybe you're not the type to check phone records or read through messages, which is often how to catch someone cheating, but there are still other signs to look out for. Do they have a passcode? Do they step out to take calls, text under the table, or take their phone with them to the bathroom? These might be signs that they're hiding something. Next time you notice your partner's sketchy phone behavior, ask to see who they're talking to. Their reaction alone might clue you in.

Related: [Celebrity Baby Beat](#)

3. Surprise them: Catching them off guard is an easy way to catch them in a lie. Maybe this means coming back in town a day earlier than your partner is expecting. Or finding an excuse to stop by their house unexpectedly. Did they say they were grabbing drinks with friends? Maybe you need to make a surprise appearance.

Have you ever caught someone cheating? Share your experiences below.