

# Josh Lucas Says 'Becoming a Father Has Changed Everything'



By April Littleton

According to [People](#), Josh Lucas, who split from his wife Jessica Ciencin Henriquez in January, is only focusing on the well-being of his son Noah, 20 months. "My becoming a father has changed absolutely everything in my life," he said. "I am more and more wanting to be a part of things that [are] playful and more the things I see my son really responding to and enjoying." Lucas and his wife became engaged six weeks after meeting. The former couple are now trying to remain amicable with each other.

**How do you explain a breakup to your child(ren)?**

## **Cupid's Advice:**

A breakup can be tougher on a child than it is for the adults involved. Don't just assume your child(ren) understand your situation. When you decide you and your partner are no longer a perfect match, you need to let the rest of your family know what's going on. Cupid is here to help:

**1. Be patient:** After you break the news to your child(ren), you need to make sure they know it's OK to express how they feel to you. Be patient with them. Ask them to share any questions or comments with you. Listen to what they have to say. Try to give them some positive responses and reassure them the breakup was for the best.

**Related:** [Katy Perry and John Mayer Call It Quits](#)

**2. Don't sugarcoat the truth:** Be honest and direct about the split up. Explain to them why you and your former flame have decided to part ways. You don't need to talk negative about your ex, but your child(ren) do need to understand the situation as best they can.

**Related:** [David Arquette Says Courteney Cox's New Beau Johnny McDaid Is a 'Great Man'](#)

**3. Share the responsibility:** If possible, try to get your ex involved with telling the kid(s) about the breakup. Hearing the news from both parties might be more helpful and less painful for the child(ren).

**How did you explain your breakup to your child(ren)? Share your experience below.**

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# Our Relationship Taglines for the Ladies of 'Real Housewives of New York'



By Brittany Stubbs

Some of our favorite ladies are back in season 6 of Bravo's popular show *The Real Housewives of New York City*, which premieres tonight! Returning to the small screen are Aviva Drescher, Carole Radziwill, Ramona Singer, Sonja Morgan, and Heather Thomson, joined by the newest housewife Kristen Taekman, a model and businesswoman.

The series follows these six women as they manage their hectic social calendars, careers, children, and love lives in the Big Apple. Outside of relaxing in the Hamptons and surviving the occasional catfight, if there's one thing these women know,

it's relationships. From married to widowed to divorced and dating with kids, CupidsPulse.com thought it'd be fun to explore their diverse relationships. While the ladies each have their own witty taglines that describe their personalities in the show's intro, we couldn't help but think they deserved ones for their love lives too. If these women had relationship taglines, here's what they'd be:

**Aviva Drescher – You Can Find Love When You Least Expect It:**

The way that this housewife met The One goes to show that you never know where you're going to find your soulmate. The couple had a chance meeting at Bed Bath & Beyond. Drescher, a single mother at the time, and now-husband Reid, a Wall Street investment banker, began talking as their young children played together in the aisles.

It was only a matter of time after that shopping trip that the two got married and began growing their family together. While the blonde beauty has an impressive education, including a Bachelors of Arts from Vassar College, a Masters degree in French from New York University, and a JD from The Benjamin N. Cardozo School of Law, she devotes her time to her husband and taking care of their four children.

**Related Link:** [How to Date When You're a Single Parent](#)

**Carole Radziwill – Love Stories Can Be Epic, No Matter Their**

**Length:** Before Radziwill took on the titles of best-selling author, award-winning journalist, and Princess, she was just a girl from Suffern, New York, pursuing her dreams of writing. Working with ABC News, she was assigned to all kinds of stories that kept her traveling and writing around the world. One day, she was sent to work on a story that Anthony Radziwill was producing. While Anthony was as passionate about news as Carole, there was something that made them different: He had a royal lineage going back four hundred years. Lucky for her, this real-life prince soon became her Prince

Charming.

The couple fell in love quickly, passionate about their careers and each other. In 1994, the two were happily married, unaware they were living anything but a fairytale. Tragically, Anthony was diagnosed with cancer and passed away on August 10, 1999. Through her pain, the reality star began to write about the devastating battle of cancer and loss of her husband, eventually leading to her first book *What Remains: A Memoir of Fate, Friendship, and Love*. The memoir spent over 20 weeks on *The New York Times* Bestseller List and was nominated for the “Books for a Better Life” award.

Radziwill split from her rocker boyfriend Russ Irwin who we met during Season 5, but she continues to date. We might even get a look at her latest love interest this season!

**Ramona Singer – Leaving is Sometimes Easier Said Than Done:** Singer, best known for her go-getter attitude and opinionated speech, is suffering from what is one of the most devastating issues in a relationship: infidelity. After being married to Mario for over two decades, she discovered that her husband was unfaithful. It was reported that he had been having an affair with a younger woman named Kasey Dexter for eight months. As if that’s not heartbreaking enough, the housewife had to witness the affair first-hand when she walked in on them in the Singer’s Hamptons home. The encounter led to Ramona calling 911 for a domestic dispute.

Although Singer has filed for divorce, it remains unclear if the couple will go through with it or not. Just weeks after separating, the couple was spotted on a date together at Bowlmor Lanes in New York City. Although the reality star has always preached the importance of being independent and able to provide for herself, completely moving on from a marriage of 25 years – despite her husband’s betrayal – might be tougher than she thinks.

**Related Link:** [Celebrity Couples That Are Better Off Single](#)

**Sonja Morgan – When It Comes to Love, Age Is Nothing But a Number:** Morgan has always been open about her love for men of all ages...and rarely are these men her own age. The housewife was married to John A. Morgan for ten years. Not only are many fans surprised to discover that he proposed after the first date but also that he was 33 years older than her.

The couple's divorce was finalized in 2008, and since then, Morgan hasn't given up on her search for true love. In the season 6 teaser, she says, "I'm going below 30 years old," in regards to some of the men she's been seeing. Fellow *RHONY* cast member Heather Thomson claims, "Sonja has as many men as she has interns...and some of them are the same age."

**Related Link:** [Dating with an Age Gap](#)

**Heather Thomson – You Can Be the Wife AND the Boss:** Thomson is married to Jonathen Schindler, and unlike many women, Thomson decided to keep her own name after she got married. While the happy couple have two children together, wife and mother are only part of this housewife's description: She's also the creator of "Yummie by Heather Thomson," the popular and innovative shapewear line. Plus, she's designed for and styled some of the biggest names in entertainment, including Jennifer Lopez, Beyoncé, Tina Knowles, and Sean "Diddy" Combs. She was the founding Design Director for his Sean John line and is credited as a major force behind multiple CFDA award nominations.

Although this season reveals that some women refer to Thomson's powerful presence as bossy, her husband shows that men do like women who take charge and are not intimidated by their success.

**Kristin Taekman – Relationships Are a Balancing Act:** Taekman is the newest member of the gang. She's been married to her husband Josh for a decade, and they have two beautiful

children together. The couple met and fell in love in NYC, and Josh ended up proposing on Kristin's favorite holiday, Halloween, in Central Park. While she loves being a wife and mother, she's trying to balance her family life with her modeling career – a challenge that many married career women understand!

**Can you relate to any of these women's love lives? Share with us what your relationship tagline would be and why!**

*To see more of these ladies and their relationships, tune into The Real Housewives of New York premiere tonight at 9/8c on Bravo!*

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## **Jennifer Aniston and Justin Theroux Eat Lunch Together**







By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), the former *Friends* star and fiancé Justin Theroux were spotted grabbing lunch together in NYC Monday, March 10. Aniston dressed casually for the date in a black coat, grey sweater and jeans. Theroux wore a black leather jacket and jeans. Jason Bateman reportedly joined the couple for lunch at Fred's restaurant in Barney's.

**How do you keep the romance in your relationship alive?**

### **Cupid's Advice:**

When you're in a long-term relationship, keeping things fresh and exciting can prove to be a little difficult. A passionate, intense romance is difficult to maintain, but if you put in the work, you'll be able to keep that special spark alive. Cupid has some tips:

**1. Do things together:** Forget about staying home all the time. Go out for a date every now and then. Take your partner out for dinner, or go see a movie together. If you rather plan your activities during the day, try a picnic lunch or something both of you would enjoy doing together.

**Related:** [Matthew McConaughey Says He Wants to Make Family](#)



## [Proud in Oscar Speech](#)

**2. Be random:** You'll have more fun in your relationship if you and your significant other do things together unexpectedly. Planning out your days together can get a little boring, especially if you do the same things every time you go out. Be unpredictable. Get a little crazy. The excitement of doing something different will bring the two of you closer.

**Related:** [Nelly Furtado Says Working With Husband Is a 'Healthy Tension'](#)

**3. Reminisce:** When you and your honey are home alone together, spend some time talking about the day you first met. Tell your partner what drew you to them. Ask them about the first moment when they knew they were in love with you. Remembering how you felt about each other from the very beginning can bring the passion back into your love life.

**What are some other ways to keep the romance in your relationship alive? Comment below.**

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## **Find Out About Ashton Kutcher and Mila Kunis' Engagement**





By Sanetra Richards

Mila Kunis and Ashton Kutcher are now on the list of celebrity weddings to lookout for. Kunis has been seen around sporting a few carats on her ring finger. Before the news broke out, the couple kept the engagement hidden. According to a source through [People](#), the *That '70s Show* cast mates have “been engaged for a couple of weeks.”

**What are some ways to keep your engagement under wraps?**

### **Cupid's Advice:**

Although you are overwhelmed by excitement and joy, you do not want to broadcast your engagement just yet. However, there are some challenges you must overcome in order to successfully conceal the news. Cupid is here to help you out:

**1. Secrecy:** You must swear by this step, which means seal your lips. Temptation will sneak up quite a few times, and you may want to tell even your closest friends – do not give in. It may seem easier said than done, but definitely can be done if you are serious about not spilling the beans.

**Related:** [Source Says 'An Engagement Is Coming' for Ashton Kutcher and Mila Kunis](#)

**2. Don't be obvious:** The talks about marriage and whatnot will only continue with your family and friends, yet it is up to you to shy away from exposing your engagement. Sometimes we feel pressured and want to blabber every single thing – as stated earlier, do not give in. If no hints are given, the engagement will come as a surprise.

**Related:** [Ashton Kutcher and Mila Kunis Step Out After Demi Moore Divorce News](#)

**3. Leave the ring at home:** The urge to flaunt your ring is all a part of temptation's 'evil' plan – do not give in. If you really want to keep the engagement a secret, wearing the ring is probably not the brightest idea. People are easily drawn to sparkly jewelry and will begin to question you. Instead, you may want to choose something simple that is sentimental and symbolizes your engagement.

How else could you keep your engagement under wraps? Share your thoughts below.

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**‘American Idol’ Contestant Emily Piriz Says, “I Couldn’t Ask for a Better Boyfriend”**





By Liz Kim.

Emily Piriz may be done on the *American Idol* stage, but she believes this is only the beginning of her music career. The 18-year-old is no stranger to reality television, having auditioned for *The X-Factor*, *America's Got Talent*, and *The Voice* before finally making it through on *Idol*. She made the brave decision to sing Jennifer Lopez's "Let's Get Loud" this week, a song that she used "to sing along to, hairbrush in hand." Of her final performance, she says, "I don't regret doing it. That song is home to me."

**Related Link:** [Kristin O'Connor from 'American Idol': "My Boyfriend Never Held Me Back From Pursuing My Dreams"](#)

While Lopez and Keith Urban applauded her energy, Harry Connick Jr. felt her vocals were overpowered by the band and that she lost a little bit of control. Although harsh, she appreciates the criticism. "I like when people tell me what I need to work on. You don't improve if you only get positive feedback." The judges also told her to be confident and this piece of advice, the singer believes, is what will stay with her long after the show ends.

Piriz and her fans were moved by a surprise video message from her boyfriend Matthew Walesch of the 2nd Battalion, 9th Marines Fox Company. She admits she was a little shaken. "I had no idea they were going to show that video," she shares. "It was kind of hard to sing afterwards. It was hard to see him because I missed him and hadn't seen him in a long time. But I sucked it up and tried to use that emotion in my performance."

When asked about her relationship, the contestant thanked Walesch for always standing by her side. "Before *American Idol*, he would go to shows and open mics with me. And likewise, I supported him joining the Marines. He's been with me since day one, and I couldn't ask for a better boyfriend."

Their relationship may be long-distance, but she believes that love is possible even if you aren't physically near each other. Her advice for other couples in similar situations is "just trust each other and keep it free. Don't suffocate each other." She adds, "Matt and I have a great relationship because we love each other and trust each other and don't constantly keep up on the other person. We support each other. You just have to be happy with each other, no matter what you're doing."

**Related Link:** [7 Secrets to Make a Long Distance Relationship Smokin' Hot](#)

Moving forward, the performer plans on finishing high school and then moving to California to continue her music career. She already has plans for her first album too: "I definitely see a pop/rock kind of vibe; I want some funky songs on there that have a little edge to them. I also want to be behind the piano and do some softer songs."

For others hoping to make it the music industry, Piriz thinks that dedication is the key to pursuing your dreams. She's been auditioning since the age of 13 and dealt with years of

rejection. "Don't take no for an answer," she says. "I was told no a lot, but I never gave up, and look at me now! It's going to be hard at first, but you have to keep practicing and keep going and just believe in yourself."

Keep up with Piriz on [www.facebook.com/emilypirizmusic](http://www.facebook.com/emilypirizmusic). American Idol is on Wednesdays and Thursdays at 8/7 c on FOX.

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## Cupid's Weekly Round-Up: Preparing for Spring Weather



By Maria Darbenzio

Whether you're getting married, spending time with your family, or just enjoying nights on the town, we're sure that

you're looking forward to the warmer weather just as much as we are. With that thought in mind, we put together these awesome articles from our partners to help you with springtime planning:

**1. Outdoor dining:** As the snow melts and the chill in the air begins to fade, cafes and restaurants everywhere are starting to open their patios. Eating a nice meal in the sunshine is the perfect way to usher in the much-needed break from winter. Try some of these awesome makeup looks as you get ready to kiss the cold goodbye. (YourTango.com)

**2. Picnic in the park:** If restaurant patio dining isn't your thing and you want a more intimate setting, take a trip to your local park and set up a picnic for two. Whether you're married, seeing someone serious, or going on a first date, this is a great way to soak up some fresh air and show your partner how much you appreciate spending time together. For added romance, you can even slip a cute little poem into your basket. (YourTango.com)

**3. Family bonding:** After being cooped up in your house all winter, it's time to get outside and enjoy nature! Try to plan activities that are fun for the whole family so you can just focus on being happy while staying active. For some ideas, take a look at these great family time suggestions. (GalTime.com)

**4. Green wedding:** If you're set to wed in the next few months, think of all the floral possibilities that this season brings. Use flowers that are available in your area to keep them looking as fresh as possible throughout your big day. For other ideas on how to go green for your wedding, check out these great ideas. (GalTime.com)

**5. Family travels:** It's always fun to take a vacation with your loved ones. No matter where you decide to go, being with your family is the most important part. American skeleton



racer Noelle Pikus-Pace and her husband and kids recently spent some time in Sochi for the Winter Olympics. Find out more about their trip here! (CelebrityBabyScoop.com)

**What are your plans for this spring? Tell us in the comments below!**

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## Date Idea: Take a Shot



By Kristin Mattern

This weekend, impress your cutie with your sweet moves at the bar. Get a little flirty by showing him your pool hall expertise, and then take aim at love as you play darts together. Have a friendly competition while you share wings and drinks for a fun date night.

Your man will definitely appreciate this guy-approved date. Not a pool hall shark? Let your babe teach you how to play. He'll love the opportunity to wrap his arms around you as he shows you how to shoot. If you're aces at pool, step it up and let him see your game face as you play for who pays for the next round of drinks. Or go Dutch and take turns paying for each other. After all, he usually pays for you, right?

**Related Link:** [What Does Your Date's Drink Say About Him?](#)

Play darts against your sweetheart, or team up and invite another couple to play against you. Root each other on as you step up to the line and try to hit the bulls-eye. Celebrate your victory by grabbing a table and enjoying dinner.

Men love wing night; it's just one of those things. If you're up for it, have a contest to see who can eat the spiciest or the most wings. Or just relax and enjoy the different varieties of wings the establishment has to offer. From sweet and savory to red hot and peppery, you and your darling can share the different sensory sensations as you taste your way through the evening.

**Related Link:** [Tease Your Taste Buds on This Weekend Date Idea](#)

To round out the date – and burn some of those recently ingested wing calories, drag your man out onto the dance floor. Shake up the night as you boogie down and show off your sexy moves.

**Ever taken a shot at love in a pool hall? Let us know in the comments below!**

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# Can You Be Single and Still Have a Soulmate?



By Sarah Ribeiro

We hear it all the time: Your soulmate is out there. You'll meet your Prince Charming some day. Don't give up on finding true love. For single ladies, these statements can be some of the most hopeful pieces of advice...but they can also be soul-crushing to hear. What if you already found The One and lost him? Or what if your perfect match lives halfway across the country – or worse, the world? Is it even possible to be single and have a soulmate? Of course it is. Here are five tips for singles looking for lasting love:

**1. You are loved:** Who says your soulmate has to be a partner or the love of your life in a romantic way? A soulmate is

someone who supports you through everything, loves you unconditionally, and would do anything for you – and you are the same to them. Whether this person comes in the form of a significant other, a roommate, a best friend, a sibling, or a parent, you have a soulmate in some form.

As spiritual counselor and transformational healer Audrey Hope puts it, soulmate love is just a different kind of love. “A soulmate love is not the same as dating. It is a science that requires one to follow higher sacred laws, a system of truth, and integrity. You will find him or her if you do what needs to be done.”

**Related Link:** [Fantasy Dating: How to Play The Game Right](#)

**2. Your love is waiting:** Whether you’re 20, 40, 60, or 80, there’s always a chance that you’ll find the love of your life at an unexpected time. You just need to stop limiting yourself. “The most important element in being single and wanting that soulmate is to be open to doing things differently,” says relationship therapist Denise C. Onofrey, MA, NCC, MFTC. “Be open-minded about who comes your way and have some deal breakers, but don’t be so rigid you miss out on love.”

**3. Don’t be shy about your search:** Onofrey recommends marketing yourself to find love. “Tell friends, family, casual acquaintances, and, if appropriate, your co-workers that you are willing to be matched with someone they recommend.” After all, you can’t find a soulmate if no one knows you’re looking!

**4. Love yourself:** You’re never going to find love if you don’t take the time to appreciate yourself first. Find activities that interest you and do them – even if it means doing them alone. Not only will you better get to know your self, you’ll give yourself the chance to meet new people whose interests align with your own. Who knows? Maybe you’ll find the love of your life while you’re taking trapeze lessons or learning to

Speak French.

Plus, you may find that you can give yourself the kind of love and entertainment that you've always expected from a partner. "Don't miss out on a great event, restaurant, or holiday party because you don't have a date," says Onofrey. "Go anyway! Live your life fully whether you're partnered or not."

**Related Link:** [Are You Too Young For Marriage?](#)

**5. You're never alone:** Even if you're single, remember that you're loved, and that "single" is not synonymous with "alone." Plus, you can have more than one soulmate, so stop harping on lost love and look forward to what's yet to come. "The love that is your equal, the love that is necessary for your life and work will always find you," explains Hope. "There's not just one soulmate for each person. There is love that needs to be with you perhaps for a season, maybe a lifetime, or possibly forever, but it will be what serves your highest soul."

**Tell us:** How did you know when you met your soulmate?

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## Mary-Kate Olsen Is Engaged to Olivier Sarkozy





By Louisa Gonzales

Looks like Mary-Kate Olsen will soon be walking down the aisle. According to [UsMagazine.com](http://UsMagazine.com), Olsen is now engaged to her long-term boyfriend of roughly two years, French banker Oliver Sarkozy. The couple who first made their public debut back in 2012, have been going strong for years now and even live together in a \$6.25 million townhouse, despite their major age difference. Olsen is 27 while the half-brother of former French president Nicolas Sarkozy, is 44. Sources reveal Olsen's family is happy for them and "love" Sarkozy for her. The real question though is will twin sister Ashley, whose also dating an older man, be the maid of honor?

**What are some things to consider when you're dating an older man?**

### **Cupid's Advice:**

Finding genuine love is hard and so is finding someone you connect with. Love can come in all shapes and forms. If you found love with someone older it doesn't make your love any less important or significant. However, no matter who you are with there are going to be challenges. Cupid has some advice on things to consider when you're in a relationship with an

older man:

**1. Does he have children:** One of the biggest things to consider before getting involved with an older man is does he have kids? Kids aren't necessarily a bad thing, but you will have to understand him having kids probably means he will want to devote a lot of time and attention to them. You need to ask yourself if you are okay and willing to become a part of an already established families life.

**Related:** [Mary-Kate Olsen and New Beau Olivier Sarkozy Work Out Together](#)

**2.He's been around longer:** Having a partner who is older, not only means they will most likely have more experience than you, buy also more baggage. Are you willing to accept everything that comes with them? You older beau might have an ex-wife, his own home,or may have already experienced things you haven't yet. You might miss out on sharing certain "firsts" together, so ask yourself if you are okay with that.

**Related:** [Ashley Olsen and Boyfriend David Schulte Call It Quits](#)

**3. There's a future:** You need to ask yourself if you're both want the same things in terms of a future. Both of you might be at similar points in your life now, but it might not always be that way. Like any relationship you're hoping to build long-term, you need to have similar out look on life and there has to be a strong connection both physically and emotionally. With your lover being older will you still be attracted to him ten years from now or are you emotionally ready to be in a relationship with someone who is maybe more mature?

**What are some things to think about when considering on being with an older man? Share your tips below.**



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# Single in Stilettos Show: How to Ask a Guy Out



Have you ever wondered the best way to ask a guy out? This week's [Single in Stilettos](#) show explores the answer to that question and more. Founder Suzanne Oshima talks to dating coach Hunt Ethridge, who shares his top three tips for asking your crush on a date. He encourages women to understand that men like to be the aggressors and that they enjoy the thrill of the chase. Plus, he reveals his best piece of dating advice: Just ask him out!

**Related Link:** [How to Flirt with a Guy](#)

For more information about Single in Stilettos shows,

click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Have you ever asked a guy out? Tell us in the comments below!

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# Did Robin Thicke and Paula Patton's Body Language Indicate A Split Was Coming?



By [Jared Sais](#)

By now, we've all heard the news that power couple Robin Thicke and Paula Patton split after nearly a decade of

marriage. The high school sweethearts appeared happy and in love on red carpets and at award shows in the past few months, so their separation announcement came as a surprise for many. So I can't help but wonder: Did we all miss the signs that their breakup was imminent? With this thought in mind, I took a look at three recent photos of the couple and analyzed their body language:

**Photo 1 (from left to right above):** In this picture, we see the couple at the 56th Annual Grammy Awards on January 26, 2014. Thicke is still wearing his wedding ring, but their non-verbal cues say more than a piece of jewelry ever could. Both the stars are walking this red carpet as if they're single already. If you cover up one of the them, you'll see they're posing separately. When two people are in love, they become a unit when taking a photo, and that's not the case here.

Additionally, if we take a look at Thicke, we can see that he's a bit stiff: His shoulders are squared off, and he's facing the opposite way of Patton, showing that the couple are not in sync.

Looking forward a bit, you'll notice that Patton has the same stance in all three photos. She's got one hand on her hip (which conveys dominance) and is facing the camera. Girls often do this pose, with either one or both hands, to make themselves stand out more in the photos. Think of it like the Superman – or Superwoman – pose of power. Some girls also do this stance because they don't know what else to do with their hands. Either way, it's so culturally expected that it's now done subconsciously.

**Related Link:** [Robin Thicke Takes Son to Disneyland Before Split with Wife](#)

**Photo 2:** Here, the couple is at the Clive Davis and Recording Academy's Pre-Grammys Party on January 25, 2014. Both Thicke and Patton look very comfortable together, and she's genuinely

smiling this time. As you may recall from my previous posts, the following signs indicate a real smile: The corner of her lips are raised; her teeth are showing; there's wrinkling at the corner of her eyes (called crow's feet); and she has puffed cheeks.

But one thing is still missing. Although the couple *look* like they're mirroring each other's body language (a sign of flirting and interest) with their faces, their bodies don't follow suit. For instance, there should be some sort of touching with their outside hands. Instead, we see Patton's typical hand on her hip and Thicke's hand in his pocket. This lack of touch tells me that, while she may be laughing and he might be leaning in, things are still not the same between them.

On the other hand, it also tells me that there's still attraction between them. Thicke is indicating that he wants to get close to Patton both emotionally and physically, which makes sense seeing as he's publicly tried to win Patton's heart back in the past week or so.

**Related Link:** [Celebrity Couple Predictions: Paula Patton, Miley Cyrus and Catherine Zeta-Jones](#)

**Photo 3:** Both the singer and actress were rocking their typical poses at the *Baggage Claim* premiere on September 25, 2013. This photo is more generic than the previous two though; they're just posing for the cameras. The only thing worth noting is that Patton's head is tilted towards Thicke, which is a sign of affection.

I think it's a bit ironic that they're posing in front of a sign for the film, as both of them have some baggage that they need to claim. Based on these three photos, I can tell you that Thicke is still very much in love with Patton (a feeling that he's confirmed) and that Patton is still in love with Thicke. I believe that they'll get back together, but I am

sure that Patton will create some guidelines (like no more twerking with Miley Cyrus).

If I could wrap up their relationship in two sentences, I'd say: Thicke was famous first; he found fame and then let the fame go to his head. Reality quickly set in though, and now he understands that being famous can't give you the same thing as love.

[Jared Sais](http://www.nonverbalgame.com/) is co-author of the website [www.nonverbalgame.com/](http://www.nonverbalgame.com/), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

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## Stephen and DeAnna Pappas Stagliano Reveal Baby Daughter's Name





By Louisa Gonzales

It's official! The baby name of Stephen and DeAnna Pappas Stagliano has been announced. The beautiful couple has named their baby girl Addison Marie Stagliano according to [People](#). The Bachelorette star and her husband named their daughters middle name after DeAnna's mother, who died of cancer when she was 12. The duo welcomed their baby to the world on Thursday, February 6 and the Bachelorette alum's husband was quick to tweet the good news. The lovebirds pregnancy was first announced in August, and the starlet even joked about how the baby would be her gift to her husband. The lovers couldn't be happier and are grateful for all the warm wishes they have received.

**How do you compromise with your partner on baby names?**

### **Cupid's Advice:**

Welcoming a baby into the world is an exciting event. Babies can bring couples together or pull them apart. Discussing and picking out your baby's name can be difficult, especially when you both have specific names in mind. How can the two of you find a way to civilly pick out a name? Cupid has some advice on how to compromise with your partner on baby names:

### **1. Remember you want to pick a baby name not pick a fight:**

There is a way to peacefully pick out baby names, you just have to know how to pick your battles. If the baby name is truly important to you, your partner will most likely understand and agree to a compromise, but before you go there ask yourself how important is the name to you really? More important than your marriage? These are questions you need to ask yourself, when you're set on a name, but your beau is against it.

**Related:** [Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant](#)

**2. Be together on this:** Couples who are a team and work together have stronger relationships than those who don't. Sit down, maybe go through a baby names book or make a list of possible baby names together. If your lovebird is against certain names you really like ask if they are willing to agree on an alternative. It could be fun to find a baby name together, just make sure it's a name you will both love and be happy with.

**Related:** ['Married to Jonas' Star Danielle Jonas Dishes on Motherhood!](#)

**3. Be reasonable:** When choosing baby names be fair. Don't suggest random or odd names that have no real significance to you or your significant other. You don't want to look back later in life and not be happy with your choice of baby name nor do you want to look back and say, "yea maybe we should have gone with your suggestion". If you are both honest and willing to be smart about the potential names it will make deciding on one much easier.

**What do you think are the best ways to compromise when choosing baby names? Share in the comments below.**



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# Matthew McConaughey Says He Wants to Make Family Proud in Oscar Speech



By Louisa Gonzales

It was a big night for Matthew McConaughey, for the actor won the Oscar for Best Actor at the 2014 Academy Awards on Sunday. McConaughey won for his amazing performance as a man living with AIDS in the critically acclaimed drama *Dallas Buyers Club*. According to [People](#), the star actor went on stage after giving a kiss to his wife, Camila Alves and a hug to his costar and fellow winner of the night, Jared Leto to accept his award. Once upon the stage he give a heartfelt speech, expressing gratitude to everyone and everything that got him

there. He thanked God, his faith, and his family for their inspiration and giving him the motivation he needs to keep living and moving forward.

**What are some ways to show you're proud of your partner?**

### **Cupid's Advice:**

Telling someone you are proud of him or her is rewarding for both you and the other person. Letting your partner know you are proud of them lets them know you acknowledge their hard work and appreciate their efforts as well as them. Cupid has some advice on ways to show you're proud of your partner:

**1. Write a letter:** Putting down your thoughts and feelings on paper is a good way to express yourself to your partner. Doing this is an easy way to share your emotions, because sometimes it's hard to say everything out loud. Write down all the reasons you are proud of them and it will surely brighten their day and encourage them to keep up the good work.

**Related:** [Matthew McConaughey Thanks Wife Camila Alves for Motivation](#)

**2. Speak out loud:** Say it in a song, shout it from the rooftops, tell them over dinner, before you go to bed, whatever. It doesn't matter how or where you say you're proud of them, you just need to say it. Be genuine about it though, be honest and really mean it when you say it, be in the moment. Part of being in a relationship is putting effort into it and helping your significant other feel good about themselves and putting.

**Related:** [Matthew McConaughey and Camila Alves Move to Texas](#)

**3. Show up for support:** One of the best ways to show you're proud of your sweetheart is to show up for something that is important to them. This will show you care and are there for them or by their side. Your partner needs that affirmation

that you acknowledge their efforts and accomplishments and being in attendance at some of their big moments will be a good gesture to show just that.

What do you think are good ways to show you're proud of your honey? Share in the comments below.

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## How Weight Can Affect Your Love Life



By April Littleton

Weight gain can affect all aspects of your life: your health, work, social and especially, your love life. Will your partner still care about you? Will they still find you attractive? Cupid has some advice:

**1. Body image:** Usually, with the more weight you gain, the more insecure you'll feel about your body. If you're not confident in your own skin, your partner won't feel comfortable with your self-image either. Low self-esteem will cause anyone to lose interest in the fun aspects of life. You won't want to go out with your friends, family or your significant other because you're so turned off by the way you look. A relationship won't be success if the only activity you enjoy doing is staying at home and sulking.

**Related:** [How to Date when You're a Single Parent](#)

**2. Let's talk about sex:** If you find yourself unattractive, it's likely you won't show your body off to your partner. Sex isn't everything, but it is a common factor in most relationships. The heat you once felt with your significant other may fizzle out if you're not willing to show off your wild side at least once in a while.

**3. No motivation:** You won't have any desire or motivation to do anything for yourself if you continue to be unhappy with your physical appearance. Eventually, this negative attitude could affect your relationship. Most people in a relationship look for a partner with life goals, similar interests and hobbies. If you stop working toward your dreams, your honey might start looking for someone who is confident with themselves and living their life to the fullest.

**Related:** [Five Reasons Why Being Needy Will Push Him Away](#)

**4. Health:** Your health is important. You won't have the energy to do much of anything if you're not at your best physically. Your partner can only do so much for you in this situation. If you want to better yourself, you need to put in the work. Go to the gym. Maybe your boo will even offer to go with you. Taking care of yourself physically and mentally shows your significant other you respect yourself. You can't expect them to treat you the way you deserve if you're not doing that for

yourself first.

What are some other ways weight can affect your love life?  
Comment below.

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# Gwen Stefani Welcomes Third Son with Husband Gavin Rossdale



By Louisa Gonzales

Gwen Stefani's kingdom just gained a new heir. The No Doubt singer and husband Gavin Rossdale, welcomed a new family member, a baby boy and their third son, on Friday, February 28, according to [UsMagazine.com](http://UsMagazine.com). Rossdale was proud to

announce the birth of his son, Apollow Bowie Flynn Rosssdale, and even tweeted it to the world on Saturday, March 1. The proud papa also reveled how the child's name was derived from his and Stefani's mothers' maiden names. The news of the baby gender was first announced back on January 17, in a tweet by the starlet, she joked in the tweet about being surrounded by boys and how she will remain the "queen of the house". Congratulations to the happy couple.

**How do you prepare for a third child versus your first and second?**

### **Cupid's Advice:**

Having children is a beautiful thing and for many couples a great new adventure in their relationship. Having children is great, but it can be hard, especially when you already have a couple of kids under your belt. You've already done your research on pregnancy and have experience with kids, but that doesn't mean there aren't still new things for you to learn or prepare for. Cupid has some advice on how to prepare for a third child:

**1. Prepare for change:** With the birth of your third child, change will come for your whole families dynamic. You can still learn about all the ways it can change and prepare for it by doing research, read up on how it will affect your other two children and your relationship. Each child needs attention and you'll need to figure out how your going to divide the time up between them. Also don't forget about each other, couples need time to spend together to keep their bond and love strong.

**Related:** [Gwen Stefani Is Pregnant with Third Child](#)

**2. Let your kids know:** Help your kids understand there's going to be a new addition to the family soon. The third child arrives in to an already established family with pre-formed



relationships. There will be power struggles between your kids, but you can help ease the change of gaining a new family member, by casually mentioning it from time to time. Both you and your partner can try mentioning it at dinner or at the park when you see other families, you could say, “soon our family” will grow.

**Related:** [Scarlett Johansson Is Expecting!](#)

**3. Discuss and make plans together:** Before the third child arrives you need to set up a game plan of how things are going to run. You may already have baby things from your previous kids, but you will most likely need some new things, especially if you don't want to let the third child feel less important than the others by only getting handy downs. Money issues and work schedules will also need to be discussed, and you'll need to work together to compromise and establish all the things you need to do to for your growing family.

**How do you think a couple should prepare for the arrival of their third child? Share in the comments below.**

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## Katy Perry And John Mayer Call It Quits







By Sanetra Richards

Just when we thought things were going well for the two, Katy Perry and John Mayer have landed in Splitsville. Despite ending their on-again-off-again relationship, the two shared a mutually agreed to part ways and are remaining close friends. According to [UsMagazine.com](http://UsMagazine.com), a source previously said Perry's tour schedule played a part in the breakup and the former couple "made the mature decision that it was the right time."

**How do you know when it's time to call it quits on your relationship?**

### **Cupid's Advice:**

The end of a relationship is a bittersweet feeling, to say the least. You go back and forth with yourself wondering if the right decision will be/was made (most of the time it was). The signs are always there and it is up to you to pay close attention. Cupid has some advice for you to see the signs:

**1. Tones and attitudes:** Do not ignore the tension in the room that is thick enough you could cut it with a knife. If you begin to notice more aggression between you and your partner, address it. If the problem repeatedly continues, consider

calling it quits.

**Related:** [Robin Thicke Takes Son to Disneyland Before Split with Wife](#)

**2. No evolving:** As a couple, you both should grow individually and together. Be able to recognize and commend your partner's steps of growth. Remember, it is about progression. If one is constantly gaining and the other is constantly losing, consider calling it quits.

**Related:** [Heidi Klum and Bodyguard Boyfriend Martin Kirsten Split](#)

**3. Disappearing emotions:** There should always be some sort of heartfelt emotion involved in your relationship. A glance at your love gives you butterflies, or maybe even you see stars – whatever the feeling, it should remain. Let your significant other know of the issues you are having. If the butterflies are stuck as caterpillars or the stars are not glowing, consider calling it quits.

How do you know it's time to end a relationship? Share your thoughts below.

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## Girl's Night Movie Pick of the Week: 'The Single Moms Club'





By April Littleton

Written, produced and directed by Tyler Perry, *The Single Moms Club* follows five single women on their personal journeys of self-discovery. The ladies are brought together by an accident at their children's school. They create a support group that helps them get through some of life's most challenging situations through the use of comedic relief and the strength they have in each other.

### **Should you see it:**

Tyler Perry fans will be the first in line to see this film, but if you're unfamiliar with his work, take a look at some of the cast. Some well-known faces include Amy Smart, Nia Long, Terry Crews and William Levy. If any of those names ring a bell and you've enjoyed some of their previous work, consider taking a trip down to your local theater when *The Single Moms Club* premieres.

### **Who to take:**

This movie is definitely all about girl power. Grab a group of your best girl friends for a Saturday night of fun. Of course, you can always drag your significant other along if you'd

prefer to save this film for a couples' date night.

**Related:** ['Pompeii' is the Perfect Couples Night Movie](#)

**What are some ways to date responsibly as a single parent?**

**Cupid's Advice:**

As a single parent, getting back into the dating world can be hard to do. You have to think about yourself, your new partner and your child(ren). You don't have to give up completely. You can have a romantic life again and still be the best parent you can be. Just listen to your instincts and follow a few tips. Cupid is here to help:

**1. Take your time:** When you're just starting out on the dating scene again, there is no need to rush any potential relationship. Take your time and get to know the other person well before you make any solid commitments. You have a child. Keep that mind. You shouldn't bring different people in and out of your kid's life. He/she doesn't need to be any more confused than they already are.

**2. Communicate with your kid(s):** Your child(ren) need to know what's going on (if they're old enough to understand) in your life. Before you go out on any dates, explain to them what you're going to be doing and make sure it's OK with them. Reassure them they won't have to worry about having a step parent anytime soon, and you're only trying to get to know someone on a more adult level.

**Related:** [How to Date when You're a Single Parent](#)

**3. Consider feelings:** If you decide to introduce your child(ren) to your new partner, make sure you realize this situation is a new experience for everyone. Your kid(s) and your new boo will need time to adjust to each other. Don't pack on the PDA in front of your family. Help everyone ease into this new relationship by keeping it cool.

How did you date responsibly as a single parent? Share your experience below.

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## ‘Girls’ Star Allison Williams Is Engaged



By Sanetra Richards

Wedding bells will soon be ringing for actress Allison Williams. Although you may be fooled by her role of a single woman on the HBO show *Girls*, in reality the 25-year-old is happily in love. According to [People](#), Williams is engaged to her longtime boyfriend, Ricky Van Veen. “I’d love to be a mom – and not have to bring my kids into my trailer ... Or a balance [of both], but you’ve [got to] call it on the fly to a certain extent,” said Williams in a recent statement with *Glamour*

*Magazine*. Also, during a Larry King interview in reference to her now fiancé, Williams stated that her father “likes him a lot.”

## **What do you do if your parents don't approve of your partner?**

### **Cupid's Advice:**

One of the main things we tend to fear the most in the beginning stages of a relationship is the meeting of the parents step. We want it to go smoothly with absolutely no problems – all rainbows and unicorns. So the thought of your parents disliking your companion only adds to the discomfort. However, this does not always mean you should end the romance right away. Cupid has a few tips on what to do if your parents disapprove of your significant other:

**1. Don't fret:** For many, a parent's opinion matters the most, but do not let this tear your relationship apart. You may constantly find yourself between a rock and a hard place if you allow outsiders, including parents, to jeopardize your companionship.

**Related:** [Former 'Bachelor' Star Kacie B. Is Engaged](#)

**2. Speak well:** Try to avoid sharing any negative comments about one to the other. Your parents have already formed a perception of your partner in their heads, and all it could possibly take is an emotional rant to worsen the situation (same goes for the other). Inform them of the good things that are happening in your romance.

**Related:** [Leighton Meester and Adam Brody Secretly Marry](#)

**3. Give them time:** Some say first impressions are everything and maybe even a deal breaker; while others believe in second chances. If you follow the first two steps thoroughly, there is a possibility your parents will eventually come around. Don't be afraid to all come together and share dialogue . . .



cordially. Once it is shown you and your partner are genuinely happy, they will likely be happy for you. Keep in mind, your parents will always have your best interest at heart.

What are some ways to keep the peace between your parents and partner? Share your thoughts below.

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## Cupid's Weekly Round-Up: Creating a Healthy Lifestyle With Your Partner



By Maria Darbenzio

Leading a healthy lifestyle can keep you looking good and feeling even better. It's easier to stay on track when you



have someone with you, taking the same steps as you are. We gathered these great articles from our partners to help you out on your journey:

**1. Get moving:** Being active is a great way to keep your body healthy. You and your partner will be great workout buddies and really motivate each other to do your best. There are a large number of mobile apps available to help track your progress. Check out this list of the top five free fitness apps. (GalTime.com)

**2. Set an example:** Children often look up to people who are older than them, thus influencing their attitudes about nutrition and fitness. To help your kids live a healthy lifestyle, you have to first show them that you're committed to being healthy. Plan physical activities for the whole family and make exercise a fun time to spend together. (GalTime.com)

**3. Practice moderation:** Even though you and your partner are dedicated to eating right, it's okay to revamp your date night with a bit of moderation. Try a new recipe, regardless of its calorie count, and let the good times commence. Consider this idea next time you're in the kitchen. (YourTango.com)

**4. Be inspired:** Take a look at other families that have committed to a healthier lifestyle. Autumn Calabrese, a celebrity fitness trainer, knows that your schedule can get hectic. She recently launched her 21-day fix and explains how you can involve the whole family. (CelebrityBabyScoop.com)

**5. Have a positive mental attitude:** Being healthy doesn't only mean eating right and getting enough exercise. It also means that you have to stay in a positive frame of mind, especially when it comes to your relationship. Take some time to reflect on all of the good things about your love and tell your partner to do the same. We've included this list of funny movie marriage quotes to get you and your man laughing.

(YourTango.com)

How do you keep both yourself and your relationship healthy?  
Let us know in the comments below!

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# **‘American Idol’ Contestant Kristen O’Connor: My Boyfriend “Never Held Me Back from Pursuing My Dream”**



Interview by [Whitney Johnson](#). Written by Liz Kim.

This week, *American Idol* decided to let the audience get a

better sense of the thirteen finalists by giving the singers free rein in terms of song choice. Kristen O'Connor, a 24-year old nurse tech, chose Kelly Clarkson's "Beautiful Disaster." On Wednesday night's show, she explained, "This song is typically about a boy, but I interpreted this song to be about me." Judges Jennifer Lopez, Keith Urban, and Harry Connick Jr. gave generally positive – but slightly underwhelmed – feedback.

**Related Link:** [For 'American Idol' Winner Candice Glover, Third Time's a Charm](#)

O'Connor, along with M.K. Nobilette and Malaya Watson, was in the bottom three, and she admits that, while she was disappointed to be eliminated, she wasn't shocked. Competing against highly talented singers requires that each and every performance be the best that it can be. "It's unpredictable at this point – who America loves will change from week to week. It was important for me to go out with my head held high and on a good note. I wanted to leave in a way that I could be proud of."

Although she may not have gotten rave reviews for her last performance, O'Connor remains upbeat and confident. "One of my strengths, I think, is that I have a really strong voice. Chris Daughtry said my voice was his favorite, and Randy Jackson said I gave him chills. I've gotten a lot of really awesome compliments."

It's this confidence that has driven the Florida native to sing ever since she was a child. "My experiences growing up definitely prepared me for the competition. I learned everything I know about music from singing in church. I was a music major during my first year of college too."

She's also lucky enough to have unwavering love from her family, friends, and longtime boyfriend Renny Whidden. Speaking about Whidden, she thanked him for supporting her

throughout her journey. “He never held me back from pursuing my dreams. He is so understanding and gets how important this is to me.” She credits trust with being the major quality that helps them maintain a long distance relationship.

**Related Link:** [4 Ways to Make a Long Distance Relationship Work](#)

She may not have won the competition, but O’Connor is leaving *American Idol* with new friends. “Before the show even started, Malaya and I were talking, and we thought it would be the two of us in the bottom. We both struggled with the song choices we made. We were just kind of holding on to each other, saying, ‘No matter what happens, we’re going to stay friends’.”

The aspiring singer has no plans to give up her dreams of having a career in music – but she does have a practical backup plan for her future. She recently graduated from the University of Central Florida with a degree in nursing. “I’m very self-sufficient and have worked very hard for everything I have. I knew that I had to get a degree in something that would give me security,” she shared.

She also said that one of the perks of nursing, besides helping others, is that it gives her enough time to keep singing. As for what sort of album she hopes to make, “I see myself as an R&B/pop/soulful singer. I love sultry music.”

*You can follow O’Connor on Facebook, Twitter, YouTube, and Instagram. American Idol is on Wednesdays and Thursdays at 8/7 c on FOX.*

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# Rihanna and Drake Party Post-Concert in Paris



By Brittany Stubbs

Nothing like a romantic city to bring two pals together. Rihanna attended Drake's concert at the Palais Omnisport de Bercy in Paris on Monday, Feb. 24. After the show, she was photographed meeting the rapper at Club 77. "She didn't want to be seen at all," an onlooker reported to [UsMagazine.com](http://UsMagazine.com). "She kept her head down and charged through the back of the club with her friends." The eyewitness then added, "Drake looked very tired, but he was smiling around Rihanna. They chatted, danced a little, and seemed close." The two had also been spotted grabbing dinner together the night before. Although they've never come out as a couple, there have been rumors about Drake and Rihanna dating on-and-off for two years now.

## How do you keep rumors from affecting your budding relationship?

### Cupid's Advice:

There's nothing that stirs up trouble at the beginning of a relationship like gossip. Cupid has some tips:

**1. Establish trust:** Trust might be the most sacred part of a relationship. Make a commitment early on that you will both be open and honest with one another, and hold to it.

**Related:** [Sources Say Chris Brown and Rihanna Are Still Together, But Fighting](#)

**2. Have open communication:** There's no way to move on from rumors if you never approach your partner about them. Keep communication lines open so you can clear the air of any gossip, while also letting your partner know how you feel.

**Related:** [Rihanna Explains Being in Contact with Ex](#)

**3. Look at the big picture:** It's easy to let petty rumors get under your skin, but consider their true worth. Often, stepping back and looking at the big picture of your relationship allows you to put into perspective something as small as a petty rumor.

How do you keep rumors from affecting your budding relationship? Share your thoughts below.

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## Date Idea: Slumber Party



By Kristin Mattern

Go back in time this weekend and invite your cutie over for a good, old-fashioned slumber party! Break out the sleeping bags and grab your silliest pajamas for this fun date night that will have the two of you giggling like a couple of teenagers.

**Related Link:** [How to Get the Best Sleep You Can With Your Partner](#)

Get out the Twister and pour the grape soda because it's time to rock your house like you and your sweetie are high school sweethearts. Pick out fun games for the two of you to play. If you used to love truth or dare, put a twist on this classic sleepover game and make it a bit sexy. For instance, dare your man to kiss you on your shoulder or ask him to reveal his favorite moment that the two of you have shared. If you're a couple of card sharks, amp up the flirty atmosphere with a rousing game of strip poker and make bets about who has to make breakfast in the morning. Top off the night with a pillow fight.



What's a slumber party without munchies? Make some truly sinful snacks that you used to nosh on as teens. Melt cheese over chips for quick nachos, or place cheese, grilled chicken and peppers between two flour wraps and heat it up on a skillet for stuffed tortillas. Maybe the two of you were candy lovers as kids; chew on Airheads and Sourpatch Kids, or scarf down some Sweetarts.

**Related Link:** [Romantic Dinner for Two](#)

After your food-induced coma has passed, share some laughs as you prank each other. Freeze his boxers when he's not looking. Slip a pinch of cayenne pepper into his dinner. Get a little cuddly with a tickle war. Keep it friendly and silly though; you don't want to send him home in the morning with hurt feelings.

When it is time to start winding down, set up your living room like you did when you were a kid prepping for a slumber party. Place the sleeping bags on the floor (yes, the floor!) in front of the television to set the mood. This way, you and your honey can snuggle up next to each other while you snack on popcorn and watch movies. Pick out your favorite films from your youth and have a movie marathon. Or watch your favorite shows together on Netflix – enjoy an entire season of *The O.C.* or *Dawson's Creek*. Snuggle up as you end your teenage dream together on this fun-filled slumber party date night.

**Ever had a slumber party with your significant other? Tell us how your night went in the comments below!**

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# The Pros and Cons of a Whirlwind Romance



By [Whitney Johnson](#)

Taking a cue from some of our favorite celebrity couples – Kaley Cuoco and Ryan Sweeting, Kate Hudson and Matt Bellamy, and Jessica Simpson and Eric Johnson, to name a few – we thought it'd be fun to explore the benefits and pitfalls of quickie engagements. Plus, it's a topic our executive editor knows quite well: She got engaged to her now-husband after only nine weeks of dating! It's not a decision to make lightly though. Here are three pros and three cons of a whirlwind romance – all important things to consider before giving your heart away.

**Related Link:** [Why Celebrities Fall In and Out of Love So Quickly](#)

## Pros

**1. You tackle the big issues immediately:** Under typical dating circumstances, you may not discuss the serious stuff – how many times your heart’s been broken, what you want in a future spouse, how many kids you want – until a few months into your relationship. With a whirlwind romance, you’re forced to get down to the nitty-gritty details if you truly want a future together.

**2. There’s no time for apprehension:** Every relationship reaches a turning point where it’s easy to let fear control your actions. When you’re falling in love fast, you tend to focus on the good instead of the bad, running to your destiny instead of away from it. “There’s momentum and clear interest,” explains relationship expert [Michelle Smith](#). “Everyone loves being loved, so when the feeling is mutual and obvious, sparks are going to fly.”

**3. It’s a refreshing type of love:** Sometimes, we can get burdened down with the complications that inevitably come with true love. A whirlwind romance, though, offers you a lightheartedness that’s a great beginning for any relationship. “This fresh and free perspective is important to note,” shares life coach [Kimberly Friedmutter](#). “You’re not weighted down by expectations, and it’s so much easier to breathe and just enjoy yourself.”

**Related Link:** [Dating After Divorce: How Soon is Too Soon?](#)

## Cons

**1. You may not have a strong foundation:** The healthiest relationships are built on a friendship, but if you’ve only known each other for a few weeks, you may not have that solid starting point. “Relationships should get better over time, and you should build on the connection you started with,” says relationship expert [Andrea Syrtash](#). “When you immediately relate in a heightened way, it’s tough to build from there.”

Whirlwind romances that start too fast can sometimes end too fast...”

**2. You miss out on really dating each other:** The first few weeks of a relationship, appropriately dubbed the “honeymoon phase,” are filled with light-hearted and carefree experiences. If you jump right into something more serious, you lose this fun time with your partner. It’s easy to combat this potential pitfall: You should “date” your significant other always, whether you’re newly together, engaged, or married.

**3. You (or your partner) might be in it for the wrong reasons:** If you’re getting over a broken heart or perhaps a bit bored with your current life, it’s tempting to turn to romance to fill that void. After all, there’s nothing like the allure of a handsome Prince Charming and a perfectly-fitted glass slipper! On the flip side, it’s hard to truly know someone you just met, so your partner may be looking for an escape as well.

**Have you ever been in a whirlwind romance? Share your story in the comments below!**

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## **Matthew Rhys Says He Couldn't Keep Up a Fake Marriage in Real Life**





By Brittany Stubbs

As good of an actor as he might be, faking it doesn't continue off-screen for Matthew Rhys. While his character keeps up with fake identity just fine in FX's show *The Americans*, Rhys denies being able to do it himself, according to [People](#). "I get anxiety just playing a fictitious part on a drama series," the actor, who plays a KGB spy posing as an American, told reporters. "When I think of those men who actually live a duplicitous life and have multiple marriages or partners, I don't know how they do it." Good news for the woman in his life!

**What do you do if you feel like you're not being yourself in your relationship?**

### **Cupid's Advice:**

Nothing is worse than not feeling comfortable in your own skin, especially when it comes to the most intimate part of your life. Cupid has some advice:

**1. Reevaluate your partner:** If you feel you're not being true to yourself, it's important to consider your partner's influence on this behavior. Are they to blame? If you feel

they're making you self-conscious and you can show who you really are, then you might not have met the person fit for you.

**Related Link:** [5 Celebrity Couples Who Make a Point to Give Back](#)

**2. Appreciate yourself:** Sometimes the only way to allow yourself to be "you" is to remind yourself how great you are. That may sound cheesy, but you're one of a kind, so you might as well take advantage of what you have to offer.

**Related Link:** [Back Together? Justin Bieber and Selena Gomez Reunite in Instagram Photo](#)

**3. Unveil the mask:** The only way to stop acting is revealing who you truly are. Once you start showing the real you, you'll feel more comfortable in both your own skin and your relationship itself.

**What do you do if you feel like you're not being yourself in your relationship? Share your thoughts below.**