

Dating with Dogs: Pet Responsibilities



By Eric Bittman, CEO/President of [Warren London](#)

To say that getting a dog is a huge responsibility is an understatement. From feeding, walking, and picking up after your furry friend to making sure he's up-to-date on his vaccines and well groomed (with Warren London products, I hope!), he demands *a lot* of attention. Before rushing into picking out a pet, there are a lot of things to think about and to discuss as a family.

Related Link: [What to Discuss Before Getting a Pet Together](#)

Talking about how you plan to divide up responsibilities is extremely important in advance of getting a pup. You and your

family members might have busy work and school schedules. Who will watch the dog? How many hours each day will he be alone?

One possibility to discuss is dropping the dog off at a doggy daycare center. Once you've decided on daycare, you should consider the expense and discuss who will drop off and pick up your pooch.

Planning a walking and feeding schedule is also extremely important. If you want to bring a young puppy home, the first six to ten months can be very intense – accidents on your antique rug or brand new bed and chewing on the legs of your coffee table or favorite pair of shoes are common. The only way your dog will learn is to be constantly reminded and walked or let outside whenever needed. To make it easier, involve all of your family members and decide who will do each job.

It's no secret that kids love dogs and often beg their parents for a new puppy. The fun ends once everyone realizes how much work it is! Make sure your children understand the process of housebreaking, grooming, and cleaning up after a dog before bringing a new family member home.

Once the work level is understood, raising a pet will be a rewarding experience and will teach your children responsibility – after all, it's up to you and your family to keep your new pal both healthy and happy! Having a dog is not all fun and games, but as long as your family understands the work it entails, great memories will be made.

Related Link: [Picking Out a Pet](#)

For this month's celebrity Q&A, I spoke with Steve Cuccio, who appeared on *Charles in Charge*, became good friends with Scott Baio, and later appeared on the VH1 show *Scott Baio is 45 and Single*. Known as The Cooch, he was usually the voice of reason for Scott and his friends as they tried to figure out why he couldn't settle down and get married.



Q: What kind of dog do you have now?

A: A King Charles Spaniel.

Q: Did you grow up with dogs? If so, what kind?

A: I grew up with a beagle-cocker mix named Penny.

Q: How did you and your wife decide the rules on training your dog? Did you have different views, or was this a non-issue?

A: We sent our King Charles Spaniel to puppy school at about four months old. It helped her learn simple commands and introduced her to other dog's butts. We never feed her table food; she is actually on a strict diet from a bout with pancreatitis. She gets fresh Bison meat from Whole Foods, while I eat a microwaved dinner!

Q: Do you feel that your dog has a positive effect on your relationship with your wife and kids?

A: She is very loving and has had a positive effect on my family.

Q: You got your dog when your daughters were around their middle school years. Did your family set up job responsibilities for your kids prior to getting a dog?

A: The kids said they would walk her and feed her, but in

reality, they just play with her and enjoy her.

Q: Does your family use Warren London's easy to use at home dog spa products to pamper your pup? Is this a fun bonding time for your family?

A: We use Warren London products, and she loves them, especially her nail polish.

For more information about Eric Bittman, click [here](#). Stay tuned for next month's Dating with Dogs column!

Figure Skater Johnny Weir Splits from Husband Victor Voronov





By Sanetra Richards

The Sochi Olympian Jonny Weir and lawyer husband Victor Voronov are splitting after two+ years of marriage. According to UsMagazine.com, the fashionable figure skater announced the separation on March 19 through Twitter saying, “It is with great sadness that I announce that my husband and I are no longer together,” he tweeted. “My heart hurts, and I wish him well.” In a February 2014 interview with *Access Hollywood*, Weir talked about his husband and their married life: “My husband was actually in the closet until about a month before we were married. He comes from a very strict and judgmental world.” Weir went on to say, “Being married is an adjustment, and I’m such an OCD, solitary, confined person that it was very hard to open my life and my home and in some ways my closet to somebody else,” he continued. “We both are constantly fighting to wear the pants in the relationship.”

How do you know when to put an end to your marriage?

Cupid's Advice:

Every marriage is not salvageable, and sometimes you have to find the guts to tell your spouse “it is over.” Nevertheless, whether you ignore it or give it some thought, there will always be a warning before destruction. So, how will you know your marriage is about to fall off of the cliff? Cupid has the answer:

1. More distance than ever: This can range from sleeping in separate bedrooms to not doing mutual activities. If this is occurring in your marriage, be cautious. You have probably been noticing all of your time is consumed by work and all of his/her is spent with friends – chances are you are trying to stay away from your spouse as much as possible. This sign is as clear as daylight, the marriage is deteriorating.

Related: [Katy Perry And John Mayer Call It Quits](#)

2. Nonstop bickering: Every conversation is beginning to end with an argument and you all cannot agree on the simplest things, like what to eat for dinner or who is taking the kids to soccer practice. All of this could very well be stemming from other issues that have not been discussed. If you cannot compromise on wants and needs (after multiple attempts) without being on the verge of ripping each other’s heads off, it may be time to call it quits.

Related: [What Now? Transitioning From Married to Single](#)

3. One-sided effort: You have realized there is no such thing as give and take in your marriage and that your spouse is more of a take and take kind of person – do not ignore this. As a team, work should be put in on both ends. Think about that the next time you feel like you are the only one in the marriage.

When is it time to end a marriage? Share your thoughts below.

'The Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling



By Sanetra Richards

It looks like *The Bachelor* stars Juan Pablo Galavis and Nikki Ferrell may be hitting some hard times. It's been just a few months since *The Bachelor* finished shooting, and the controversial [celebrity couple](#) have turned to Jim and Elizabeth Carroll, WE tv's *Marriage Boot Camp* counselors, for

some relationship advice. The duo, who have worked with other reality TV stars including Jenni Farley and Roger Matthew, Trista and Ryan Sutter, and Gretchen Rossi and Slade Smiley, spoke with Galavis and Ferrell earlier this week. According to UsMagazine.com, the Carrolls gave a brief synopsis of their talk with the famous couple, saying, "I think they have marriage on their minds, but I think what Juan did was a really – I mean, it wasn't a very romantic fairytale ending – but I think what he did was very wise in the fact that he said, 'You know, I want to go through conflicts with this girl. I want to do some problem solving. I want to see basically what the ugly side is before I jump out there and tell somebody I love them and just get married.'"

This celebrity couple are having some relationship issues. What are some ways to work on your troubled relationship and love?

Cupid's Advice:

Things may become hectic or confusing during your relationship and love. You may be close to calling it quits, but there are ways to work through it and make your partnership even stronger. Consider this relationship advice:

1. Recognize the problems: The most important step you can take is to acknowledge the issues at hand. Challenge yourself to find out what wrong paths you and your significant other took along the way. Examine your partner's behavior and mannerisms as well as your own.

Related: [Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy](#)

2. Ask for some alone time: Alone time gives you the

opportunity to think. There are little to no distractions, and your partner is not chiming in every five seconds. You can even make a pros and cons list. Hopefully, the good will outweigh the bad!

Related: [‘Bachelor’ Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

3. Stop harboring bad feelings: Just let it go! All of those hard feelings brought on by problems of the past have to fade away. You cannot possibly expect to move forward if you are constantly feeling sadness or rage every time you glance at your partner. Make it a goal to bury the hatchet.

What are some other ways to save a troubled relationship and love? Share your thoughts below!

Cupid's Weekly Round-Up: Fixing Your Relationship





By Maria Darbenzio

Every couple goes through trying times. It's how you handle these situations that can make or break a relationship. The next time you and your honey hit a rough patch, take a look at these five articles from our partners to help get you back on course:

1. Know your feelings: Are you beginning to feel unsure about your true emotions? Before trying to mend your relationship, take time to think if that's really what you want to do, if you see your partner in your future. To help distinguish between love, lust, and infatuation, read this great article. (YourTango.com)

2. Communicate: Nothing will be accomplished if you don't talk about your issues. Communication is easily one of the most important aspects of a healthy and thriving partnership. This idea holds true not only for romantic relationships but for friendships and family relations as well. Check out some of these talking points to get things moving in the right direction. (YourTango.com)

3. Don't push him away: It's tempting to want to "fix" your significant other and mold them into who you think they should be. What you might not realize, though, is that you're actually hurting your relationship more than helping it. Appreciate your partner for who they are. (GalTime.com)

4. Recognize your bad habits: We all have annoying habits, and some of those behaviors may cause your beau to see you in a bad light. Being obsessive or too needy can instantly set off a red flag for him. Tone it down! Check out this article to see what other actions might make your guy want to run. (GalTime.com)

5. Plan a date night: We all know that having an established date night can strengthen your relationship – so start planning! Set up a routine and stick to it. If you're both free on Thursday nights, use that time to watch movies or go out for a nice dinner. If you're married with a children, hire a babysitter for the night and hit the town. Take a second to read how former *Entertainment Tonight* host Julie Moran looks forward to date night. (CelebrityBabyScoop.com)

What are some ways to fix your relationship? Tell us in the comments below!

'American Idol' Cast-off MK Nobilette Hopes to "Be a Good Role Model" for the LGBT

Community



By Louisa Gonzales

MK Nobilette made headlines early on during this season of *American Idol* when she became the first openly gay contestant. Of the attention on her sexual orientation instead of her singing skills, she says, "I was definitely a little taken aback at first, but I get that it plays a role. I'm a singer, and I'm also gay. I felt like it was important to address that. I'm very proud of it and open about it."

Although her time on the show has ended, she's hopeful that she can continue to be a source of inspiration for other members of the LGBT community. "I want to be a good role model for other queer people who are afraid to come out or think they can't do something as big as *American Idol*. I really hope

I influence a lot of people.”

Related Link: [‘American Idol’ Contestant Ben Briley Sings to Better His Family’s Future](#)

One person who she’s certainly inspired is her girlfriend Casey Ellis, who is also a singer. “It was great to have her on my side for all of this. It was really great,” the California native said of her partner who she calls “wife” on her Twitter profile.

For same-sex couples struggling to find their place in the world, Nobilette encourages them to talk to their loved ones. “And just be proud of yourself. Remind yourself that, no matter what happens, you still have you, and that’s the most important thing.”

So what’s next for the singer? First, she’ll be going home to San Francisco to spend time with her family and friends before heading out on the *American Idol* summer tour with the other top 10 contestants. There’s no doubt she’ll be taking her newfound gumption with her on the road: “Before *American Idol*, I was still a performer and a singer, but I never thought that being a musician was an achievable goal for myself as a career. I think, through this process, I realized that’s the only thing that I want to do. I’m definitely going to make that happen.”

Related Link: [Emily Piriz from ‘American Idol’ Thanks Her Boyfriend for His Support](#)

For the remaining contestants battling for that number one spot, she has this piece of advice – something that she learned from judge Harry Connick Jr. “Just really sell yourself,” she says. “Live every performance like it’s your last and really make sure that you want to be there, exactly like Harry said. Prove to the judges that you deserve to be on that stage.”

You can catch Nobilette on the American Idol tour this summer. In the meantime, keep up with her on Twitter @Mknobilette.

George Clooney and New Girlfriend Vacation in Luxury Islands



By Sanetra Richards

George Clooney took new girlfriend Amal Alamuddin, 36-year-old, to the luxury island of Seychelles, which is located close to Southeast Africa. According to UsMagazine.com, the

two were spotted on March 13th sipping drinks while walking along the beach. However, this is not the first time Alamuddin and Clooney's names have been mentioned together. In October, rumors began to circulate about the pair when they were seen in London. At the time, Clooney was dating model Monika Jakisic and considered Alamuddin "just a friend," said a source to *Us*. From the looks of it, the duo could possibly be official. A source also revealed "he does like having her around."

How can vacationing with a new partner solidify your relationship?

Cupid's Advice:

The first vacation in your new relationship could be considered an important leap to take. It can go either two ways – absolutely terrible or all you have ever dreamed of. In this case, you would rather have the second one. Cupid has some ways on how a worthwhile vacation can strengthen your new or existing relationship:

1. Making decisions: Before you are able to actually take the romantic trip, planning has to be done. If it is a joint effort, the two of you have to come to an agreement on the destination, dates, etc. Whether you realize it or not, you and your new partner are actually testing the waters. If you both can come to a common ground without much of a disagreement, then this could be a sign of what your relationship will be like when it comes to mutual decision making.

Related: [George Clooney Vacations in Lake Como Post-Split with Stacy Keibler](#)

2. Good vibes & auras: A change of scenery and ample free time typically results in better moods, especially for those who experience hectic lifestyles back at home. You will be able to

see your partner at his/her best, which will make the vacation pleasurable. Happy people equates to even happier times.

Related: [George Clooney and Stacy Kiebler Call It Quits](#)

3. Intimacy: A one-on-one vacation cuts you off from all distractions, giving you time to specifically focus on each other and still managing to take in the surroundings. These moments could be spent doing various activities around the site or engaging in conversations that better your understanding of each other. After all, the vacation is there is take your mind off of everything else and to connect with your new love. Spark a flame!

What other ways can a vacation solidify a new relationship?

Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy





By Sanetra Richards

Playing it cool seems to be what Nikki Ferrell is doing. *The Bachelor* season 18 winner is not letting the outside opinions bother her relationship with Juan Pablo Galavis. According to UsMagazine.com, the 26-year-old's ex, Ryan Dill, spoke of her unusual actions in a recent issue: "Knowing her like I do, I'm surprised Nikki acted like everything was fine during After the Final Rose." Dill went on to refer to the post-finale show when Ferrell informed host Chris Harrison that Galavis has not professed his love, saying, "She normally wouldn't take that s-t from a guy. The Nikki I know would have slapped him and walked out."

What are some ways to know you're being yourself in a relationship?

Cupid's Advice:

Your relationship is going well; everything is all hugs and kisses . . . except there is one problem. You are questioning whether you are still the same person you once were. Cupid is

here to give you a few tips on how to maintain yourself in a relationship:

1. Doing what you love: Whether this is a hobby like reading or painting, if you are doing it because you thoroughly enjoy it, a sense of you still remains. The chances of you and your partner having all of the exact same interests are slim to none. So, why not do something that is just for you? A relationship is about union, not about consumption.

Related: [‘Bachelor’ Stars Juan Pablo Galavis and Nikki Ferrell Attend Wedding Weekend](#)

2. Ability to detach from your partner’s hip: You can have a day out with your friends without constantly finding a way to add your relationship into the conversation – the good news is you have not completely lost yourself. As stated before, your life does not revolve around your significant other (there’s no need to drag him or her along). Your friends and family deserve to have just you sometimes.

Related: [‘Bachelor’ Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

3. Being vocal: Having a voice in your relationship is vital. Do not think you are obligated to continuously compromise because you will eventually lose that voice, which is a part of you. Instead, inform your partner of what you are feeling or what your desires are and work towards them together.

How do you know if you are being yourself in a relationship? Share your thoughts below.

Jason Aldean Is Dating Mistress Brittany Kerr Post-Divorce



By Louisa Gonzales

Jason Aldean is dating whom? That would be Brittany Kerr, the woman he cheated on his wife, Jessica Ussery, with back in September 2012. UsMagazine.com confirmed that the pair has been dating since Aldean filed for divorce from his wife back in April 2013. It was in 2012 that the country singer got caught with the *American Idol* alum, to which the music artist admitted and publicly apologized shortly after via a Facebook post. Aldean was with his wife Ussery for almost 12 years and the ex-couple have two children together. After the scandal, the ex-lovers tried to work things out, but eventually parted

ways. Aldean and his new lover Kerr were spotted on Friday, March 14, at Aldean's performance at Amphitheater at The Wharf in Orange Beach, Alabama.

What are some ways to avoid drama in your relationship?

Cupid's Advice:

No matter how good your relationship is, it won't be easy all the time. It's okay for couples to fight sometimes, but if you're doing it all the time it's not healthy for your relationship. Which is why you have to find ways to avoid pointless arguments or fights, but how do you do that? Cupid has some advice on ways to avoid drama in your relationship:

1. Agree to disagree: Every one is their own person and has their own preferences, goals and wants. The truth is no couple will agree on everything, but just because you don't it doesn't mean you should start a fight about it. In a relationship you have to learn how to make compromises and sacrifices, especially if you want to avoid an argument.

Related: [Bradley Cooper and Suki Waterhouse Go Public at Sundance](#)

2. Communicate: To avoid any misunderstanding you need to talk to each other. A lot of arguments or fights happen because people don't let someone know what's going on. With your partner don't just assume some they will understand or won't take it as a big deal, without talking to them first. A relationship is between two people, it's a partnership you have to keep that in mind when making decisions.

Related: ['Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Attend Wedding Weekend](#)

3. Accept all of them: Loving someone is about accepting and appreciating all of them, the good and the bad. Over stressing about all the things that bug you or get on your nervous about

your significant other, will just increase the chances of adding unnecessary drama to your relationship. Focus on all the good and positive things about your lover.

How do you think you should avoid relationship drama? Share in the comments below.

Single in Stilettos Show: How to Tell If He Likes You



On this week's [Single in Stilettos](#) show, the Professional Wingman Thomas Edwards shares his advice for a woman trying to figure out if a guy likes her in the early stages of dating.

Here are just a few of the signs that he recommends you look for: his actions match his words; he acts nervous around you; he makes future plans with you; and he tries to get physically close to you. Watch the video above for more great tips!

Related Link: [What Makes a Man Fall in Love](#)

For more information about Single in Stilettos shows, click [here](#).

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How do you know if a guy likes you? Tell us in the comments below!

Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary





By Louisa Gonzales

Mandy Moore and long-term partner Ryan Adams marked their fifth wedding anniversary with a huge celebration on Sunday with family and friends. The star posted pictures of the evening's festivities on Instagram, with everyone looking lovely and in smiles. According to [People](#), everyone who attended the party dressed up for the monumental occasion, with the guys wearing '50s looks and the gals wearing party dresses along with fun accessories. Moore, 29, herself sported a sombrero, while her good celebrity friend Minka Kelly wore a clown bow-tie. The fashionable couple got engaged back in 2009 and are now happily married. Moore even posted a photo of her marriage certificate the week before with a caption that read, "The best 5 years...". Congrats to the married couple!

How do you make your wedding anniversary special?

Cupid's Advice:

Marriage is a special thing that signifies a bond and love between two people. Once you're married they are a lot of

hardship, but also a lot of good times. When you love someone you want to make them feel special, loved and appreciated. This is even more important come your wedding anniversary. Cupid has some advice on how to make your wedding anniversary memorable:

1. Plan a celebration: What better way to celebrate your love and marriage with your lover than to plan something special like a celebration. Celebrating your anniversary doesn't have to be a huge extravagant thing, it can be as big as a party filled with family and friends or as simple as a romantic evening in. The point is you are celebrating the day you decided you wanted to be with your lover forever. However you plan to mark the special occasion is up to you, just make it memorable and perfect for the both of you.

Related: [Mandy Moore Discusses Happy Ending with Husband Ryan Adams](#)

2. Take them someplace fun and exciting: Why not use your wedding anniversary as an excuse to go out and do something adventurous or fun? Your sweetheart will be sure to feel loved and appreciated when you take them some place they have always wanted to go, but never could before. Maybe, take them to a fancy new restaurant, or to the beach or travel some place special, it doesn't matter. Sure, life can get busy or costs can get expensive, so make plans that work for the both of you, just keep in mind on what would make significant other the most surprised and happy.

Related: [Find Out What Romantic Thing Aaron Paul Tells His Wife Every Day](#)

3. Get them an unforgettable gift: Nothing says, "I love you" like the perfect gift. When you're working on the gift or thinking about what to get, try to consider what would truly show how much you understand your lover, after all no one probably knows your honey better than you. Maybe you can write

them a card, filled with inspiring words or all the things you love about them. Or you can write a song for them, make them something special or buy a gift it doesn't matter, just make sure it's something that your honey will appreciate.

What are ways to make your wedding anniversary special? Share in the comments below.

'Bachelor' Stars and Celebrity Couple Juan Pablo Galavis and Nikki Ferrell Attend Wedding





By Louisa Gonzales

The Bachelor stars Juan Pablo Galavis and Nikki Ferrell may not be ready to get hitched themselves, but that doesn't mean they can't celebrate their friends' big day! The celebrity couple recently attended a wedding in Dominican Republic. According to People.com, Ferrell, 27, posted a picture of the twosome on Sunday, standing in front a spectacular view of where the wedding festivities took place. The reality TV stars were first introduced on *The Bachelor* season 18 and have been together since the former Venezuelan soccer player presented Ferrell with his final rose on the finale episode, which aired on March 10th. Sources say that the [celebrity couple](#) is happy that they don't have to hide their relationship and love anymore, even though Galavis is hesitant to commit to his new girlfriend.

This celebrity couple loved celebrating their friends' big day.

What are some ways to get wedding ideas from someone else's festivities?

Cupid's Advice:

It's no secret that planning a wedding can be stressful! There is nothing wrong with asking for help from others, whether it be from your mom, your bridesmaids, or a wedding planner. Consider this love advice and get ideas from your pals' ceremonies:

1. Just ask: If you attend a ceremony or reception that you really like, casually mention your feelings to the bride to ease her into revealing her wedding secrets. It never hurts to ask!

Related: ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

2. See what worked and what didn't: Every wedding has some mishaps along the way, no matter how perfectly it's planned. Pay close attention to the details that worked as well as those that didn't. You may be able to learn a thing or two before you begin planning your own celebration!

Related: [Can You Really Find Love on 'The Bachelor'?](#)

3. Focus on what you want: Remember that you don't have to like everything about someone else's special day. Attend these events with a critical eye and make note of what you would do differently. Ultimately, you want your wedding day to be memorable for you and your partner.

Did you get wedding ideas by attending someone else's special day? Share in the comments below.

NoGamesLove Video Dating Tips: Get Over Your Ex



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Getting Over Your Ex

In this week's [dating advice](#) video, relationship expert and

E!'s *Famously Single* dating coach, Laurel House knows firsthand just how difficult it can be to get over a lingering ex-boyfriend. "Are you having a hard time getting over your ex?" the dating expert asks. "You are obsessing over him; you feel addicted to him – even though you know how unhealthy and toxic that relationship was, you still crave it." In today's video, she shares what she learned from her own experiences to help you move on.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Have you ever gotten over a toxic ex? Tell us your story in the comments below.

Surprise! Savannah Guthrie Is Married and Pregnant





By Louisa Gonzales

Savannah Guthrie and Michael Feldman secretly tied the knot this past weekend in a private ceremony. According to [People](#), the couple said their “I do’s” in front a small gathering of family and friends, about 80 to 90 people. The NBC anchor Guthrie, 42, and Feldman, 45, told their quests to keep their marriage a secret until Guthrie could reveal the information herself on air during the Today Monday morning. That wasn’t the only surprising news the lovebirds revealed that day. After the pair broke the news of their plans to keep their marriage hush-hush until the right time, they told quests, while the NBC News “Special Report” music played in the background, that they were expecting. Sources reported after the big news, every one of the guest “jumped” to their feet in excitement. This will be the romantic mates, who first met and began dating in 2008, first child together.

What are some advantages to keeping your wedding under wraps?

Cupid’s Advice:

Every couple wants different things and has different ideas on marriage. Once you're engaged and decide to start planning your wedding, know that you'll most likely face a few struggles along the way, but it will be worth it in the end, once you see your beau walking down the aisle or standing in front of you. A marriage is between you and the other person you choose to spend your life with, and if you want to keep your wedding private or have a big affair, it's your choice. Cupid explains some advantage to keeping your wedding under wraps:

1. It will make it more special: Getting married is one of the biggest and most sacred moments that will happen in your life. How romantic and intimate would it be to share your special day with just the people closest to you, as opposed to the whole world. These days everyone is posting every detail about their lives on some sort of social media, which in some cases can take away the magic of it all. By keeping your marriage just between you, your lover and the people you cherish it will show how much you honor and want to protect this special moment and your significant other.

Related: [Leighton Meester and Adam Brody Secretly Marry](#)

2. Less stress: There's a lot of pressure when it comes to getting married, why add-on more pressure with worrying about what other people will think? For a private or secret wedding to work you need to only let the people closest to you know, to decrease the risks of word getting out. With smaller and more intimate wedding gatherings, there is less stress and worry about pleasing other people. Plus, the stress that comes with planning a wedding for everyone, takes away from the fact you are getting married for yourself, because you and your sweetheart want to.

Related: [Find Out About Ashton Kutcher and Mila Kunis' Engagement](#)

3. It will keep the wedding yours: The choice to get married is one of the biggest decisions any couple will make. Choosing to keep your wedding under wraps will show how important and special the pending marriage is to you. It will also keep you focused and help you remember what's important when planning for the big day. The one's getting married are you and your partner, no one else, so the two you should get the wedding you want without hearing from other people on how or when you should get married. The less people who know, the bigger the chance you'll won't let other people influence you.

What do you think are some advantages to keeping your wedding on the down low? Share in the comments below.

**'Blood, Sweat and Heels'
Reality TV Star Brie
Bythewood Says, "I Don't Know
How to Be Anyone Other Than
Me"**





Interview by [Lori Bizzoco](#). Video by Rob O'Haire.

CupidsPulse.com Executive Editor Lori Bizzoco recently met up with *Blood, Sweat and Heels* reality TV star Brie Bythewood at the New Yorker Suite at the Carlton hotel, located at 88 Madison Avenue between 28th and 29th. The gorgeous 1,050 square foot penthouse includes a separate bedroom and living spaces with beautiful decor, as shown in the celebrity video interview above.

Related Link: [Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage](#)

"I think we have a really great platform for a show," Bythewood said of Bravo's popular reality show. "We have an interesting and unique group of women. Whatever the formula, it worked, and it's been a success!"

Celebrity Video Interview with Reality TV Star Brie Bythewood

Given her crazy schedule, we had to ask: How does she manage it all? "In terms of balancing my relationship and love life

with work and the show and everything that comes with it, I would be lying to say it's easy – because it's not," she explains. "It's challenging. It varies day to day." For her, though, her job is her number one focus. "That's always my priority – my work – because that provides me with the life I'm able to lead."

Yes, that's right – Bythewood is in a very happy relationship! While she stayed mum on details about the lucky guy, she divulged that they've known each other for over a decade and that she believes that best relationships are built on strong friendships. As for whether or not he'll be on future episodes of the reality TV show, we'll just have to wait and see. "I wonder that too! I don't know. I'll have to see if I can talk him up to actually making an appearance," she reveals in our celebrity video interview.

Related Link: [Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"](#)

Having finished filming the first season last June (the finale aired this past Sunday, Mar. 16), the real estate mogul shares that she's had time "to make amends of sorts" with the other cast members (Mica included) and cites Demetria and Geneva as her closest friends on the show. Of this Sunday's reunion episode, she says, "It's as true to this season as it can be. There are ups and downs, but at the end of the day, I think we can all survive together."

Be sure to tune in for the Blood, Sweat and Heels reunion show on Sunday, March 23rd on Bravo at 9/8c. You can follow Bythewood on Twitter @briebythewood. For more information about the Carlton hotel, check them out on Twitter @thecarltonny and www.facebook.com/TheCarltonHotel.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How to Get Over the Relationship Blues



By April Littleton

When a relationship goes sour, sometimes it's hard to pick up the pieces and move on. You can be sad for days, weeks and even months. Don't let the relationship blues get the best of you. Cupid is here to help:

1. Support system: The easiest and fastest way to get over the relationship blues is by interacting with another person. Talk to your family and friends about the feelings you're going through. The more natural thing to do is to avoid people, but

your problems won't go away if you don't talk about them.

2. Get back to normal: Get out of bed and live your life. Go back to work. Go out with some friends. Think about getting active at your local gym. The quicker you're back on your feet, the sooner you'll start to feel like your old self again.

Related: [Can You Be Single and Still Have a Soulmate?](#)

3. Laugh: The best cure for a broken heart is laughter. When you're feeling down, pop in your favorite comedy movie or read a funny book. Rather than focus on all of the negative aspects of your love life, think about all of the things you have to smile about.

4. Don't give up: Don't give up at the first sign of trouble. Your last relationship might not have worked out, but you'll have so many other opportunities for love in the near future. Don't write off every new individual you meet. At the same time, don't start up a new romance right away either. Before you put your heart back on the line again, take the time to get back to loving yourself first.

Related: [How Weight Can Affect Your Love Life](#)

5. Let it go: You won't be able to move on with your life if you're constantly stuck in the past. You learn to let go of your ex by relieving yourself of any old feelings you might still have lingering. If you don't feel like you received the right closure, let your former flame know and have that final talk. Otherwise, stop thinking about them. Guaranteed they let you go a long time ago – especially if they're the one who called it quits in the first place.

6. Try something new: Pick up a new hobby, or change your hairstyle. Many people find that switching things up a little helps them get over any problems they have going on. You don't have to try anything too dramatic. However, it won't hurt to

try short hair if you've been rocking long locks since you can remember. You could also do something a little more low-key, like a simple wardrobe change.

Related: [The Pros and Cons of a Whirlwind Romance](#)

7. Music: Music is the key to the soul – at least for some people anyway. Listen to a song that would describe exactly how you're feeling. If you play yourself, write your own lyrics and come up with your own melody. Music is a great way to express creativity and how you're feeling.

How did you get over the relationship blues? Share your experience below.

Find Out What Romantic Thing Aaron Paul Tells His Wife Every Day





By Sanetra Richards

Love is floating around and there is no stopping it. *Breaking Bad* actor Aaron Paul is on nothing short of cloud nine paradise with his wife, Lauren Parsekian. The two are almost at their one year anniversary and are still keeping things fresh. At a recent screening, Paul told [People](#), "I fall more in love with her every day. Being married to my wife is incredible." The 34-year-old went on to say, "'I tell her every day that I love her, I've got to. If you marry someone, you have to let her know how much you care and I do that as often as I possibly can. She really is the best wife and she should know that."

What are some important things to tell your partner every day?

Cupid's Advice:

One of a relationship's key aspects is the emotional attachment, which comes with lots of expression. If you want to maintain the connection with your partner and lessen the chaos, conveying your emotions on an everyday basis is

essential. Cupid has some advice to help keep the spark alive:

1. Appreciation: Sometimes we forget to tell a person we are constantly around “thank you.” We start to believe it does not need to be said because it is understood. Do not be mistaken. Your partner needs to know you appreciate them for all they do, not only for you, but for others as well. There is more than one way to show your gratitude – it could be through an easy home activity, such as cooking a romantic dinner for them. Whatever it may be, your partner should feel like they are wanted.

Related: [Aaron Paul Says ‘Marriage is Easy’](#)

2. Affection: A simple “I love you” can go a long way, and we tend to say it often as we are departing from someone or just because we feel obligated to. However, if you want to spice it up with more, add “I love you, and I also love how you...” Pay your partner compliments that will actually require you to take time out and think of your favorite qualities in him or her. Do not be opposed to leaving cute notes around the house or sending warming and flirty text messages.

Related: [Newlyweds Aaron Paul and Lauren Parsekian Have Touchy Feely Date Night](#)

3. Ask: Often times, you may have so much going on outside of your relationship, you become consumed with just that. Instead, make it a part of your daily habits to ask your partner about how their day is going/went. A way to avoid the redundancy is to actually be genuine in the conversation. Further it even more with questions about their current thoughts, such as “What’s on your mind?” Your interest in them will be clear.

What are a few other things to tell your partner every day? Share your thoughts below.

'American Idol' Contestant Ben Briley Sings to Better His Family's Future



By Liz Kim

Ben Briley quickly became a fan favorite on *American Idol* this season during rush week when the judges couldn't decide between him and Neco Starr to advance to the top 13. They put the decision in America's hands, and Briley was voted to move forward. From his southern drawl to his love for everything Tennessee, he might seem like the token country singer, but one look at the 24 -year-old's YouTube channel, and you'll

quickly learn that he enjoys music ranging from John Mayer to James Taylor.

Related Link: [Newlywed 911: Protecting Young Marriages](#)

The contestant admitted that he never even intended on auditioning for the show. “The entire reason I tried out was so I could be a supportive father and husband,” he shared. “Being on the show and being married is definitely tough. I don’t know too many newlyweds that have spent their first year of marriage like this.” The bright side of getting eliminated before the top 10, though, is that he won’t have to go on the *American Idol* summer tour, which would keep him away from his wife Courtney even longer.

Before each performance on Wednesday, the contestants all did impressions of each other and almost every impression of Briley was about his two loves: Tennessee and Courtney. With a wife as supportive as she is, it isn’t surprising that he loves out loud. “The only week she wasn’t in Los Angeles was last week, but she’s been here every other week supporting me and making sure I stay focused,” he said. “She would tell me that she doesn’t want to distract me and wants to make sure I get votes. She’s definitely my biggest fan and my biggest supporter.”

This week, he sang Elton John’s “Bennie and the Jets,” a song that he picked “to show my diversity and to show that I can do something else beside country music. I also wanted to break out the piano and show that I could play because I hadn’t done that yet. It wasn’t a permanent change to who I am as an artist; it was more about showing something different.”

Related Link: [‘American Idol’ Contestant Emily Piriz Says “I Couldn’t Ask for a Better Boyfriend”](#)

The judges, however, were confused and felt he lacked a connection to it. While Briley didn’t like what they had to

say after his performance, he tried not to take it personally. "Their words did sting," he admitted. "For one contestant, they'll say, 'You're consistent, but you need to change it up.' To another person, they'll say, 'You need to stay in your lane and not venture out,' but when someone finally does take a risk and a step forward and tries to be different, it gets shot down on national television."

Briley is looking forward to returning home to his friends and family, eating some Tennessee pizza, and continuing to work on music career. "This is the definitely not the last you'll see of me, and nobody works harder than me. I'm not in it for the money or the fame. I'm in it to be a good father and provide for my family."

You can keep up with Ben on his www.facebook.com/ben.briley and on Twitter @BenBriley. American Idol is on Wednesdays and Thursdays on FOX.

Cupid's Weekly Round-Up: Building a Bucket List





By Maria Darbenzio

If you haven't already, now is the time to build a bucket list. Not only is it a great opportunity to write down your hopes and dreams, but it can also be a good tool to help couples bond. Check out these five articles from our partners for some inspiration:

1. Travel: Why stay in your hometown when there are unlimited possibilities beyond your backyard? Make a list of places that you've always wanted to visit and refer back to it when you need a break from your everyday routine. It can be to a fishing hole that's 20 minutes down the road or a city adventure on the other side of the country. Check out this article to help fulfill your wanderlust. (YourTango.com)

2. Try something new: If you've always wanted to be a vegetarian (even if only for a week or two), try suggesting that your partner do it with you. You can support each other and help one another through the tough spots (like that Sunday morning craving for bacon). Who knows, maybe you'll even decide that this lifestyle works for you. After all, there are many benefits to leading a vegetarian life. (YourTango.com)

3. Change it up: Everyone wants to change something about themselves at one point or another, and it doesn't have to be drastic to make a noticeable difference. Start off small and switch your hair color! Check out these latest celebrity hair color trends for ideas. (GalTime.com)

4. Grow a garden: Gardens are a great way to dive into a new hobby and enjoy healthier, fresher foods. Planting can be an awesome bonding experience for couples or, if you have children, for families. Everyone can help plant seeds and watch the plants spring up from the dirt. For tips on growing your own delicious foods, look no further than this post. (GalTime.com)

5. Get inspired with a celebrity bucket list: Heidi Klum tries to live her bucket list each and every day, and she's always adding activities to it that she can do with her kids. Want to know how she does it? Click through to read what she had to say! (CelebrityBabyScoop.com)

Tell us what's on your bucket list in the comments below!

'The Bachelor' Star Juan Pablo Galavis Responds to Backlash By Posting Selfie with Nikki





By Sanetra Richards

The leading man of *The Bachelor* season 18 Juan Pablo Galavis can't seem to catch a break! The reality TV star recently posted a photo with winner Nikki Ferrell, and the caption read, "We are FREE @nikki_ferrell..." after the reunion show. The response to this declaration about his relationship and love wasn't kind, but Galavis isn't going to let it bother him. According to [UsMagazine.com](https://www.usmagazine.com), the 32-year-old former soccer player later shared the quote, "Throw me to the wolves, and I'll come back leading the pack."

***The Bachelor* star Juan Pablo Galavis received some mean comments on his Instagram post. How do you keep outside influences from affecting your relationship and**

Love Life?

Related: [The New 'Bachelor' Is Juan Pablo Galavis!](#)

Cupid's Advice:

Outsiders aren't always your best friends. They will nitpick and find every single way to taint the connection between you and your partner. Consider this relationship advice from Cupid:

1. Maintain a sense of mystery: Nowadays, many couples share their most intimate moments to complete strangers without even realizing it. From happy times to the occasional arguments, Twitter, Facebook, and Instagram make it easy to reveal all. Instead, keep your feelings to yourself and let others think what they want about your relationship and love.

Related: [Former 'Bachelor' Star Kacie B. Is Engaged](#)

2. Focus on the positives: You may feel the urge to air your dirty laundry to family and friends, but be careful. Yes, it can be pretty tempting to vent about something your partner did or didn't do, but if you continuously tell your loved ones the negatives, they'll soon forget the positives. Remember to highlight the good times as well as the bad times.

What are some ways to keep the public out of your relationship and love life? Share your suggestions below.

Taylor Swift Cuts Off Selena

Gomez Post-Reunion With Justin Bieber



By Sanetra Richards

Taylor Swift is far from believing Justin Bieber is a good luck charm. According to UsMagazine.com, the 24-year-old songstress has dropped Selena Gomez as a friend after the Disney starlet rekindled things with Bieber. The “I Knew You Were Trouble” singer is disgusted by their relationship. During the summer, tweeted a birthday post to Selena, referencing her as “the closest thing I’ve ever had to a sister.” However, this is not the first strike. The source also claimed that Gomez used Swift’s good friend Ed Sheeran as a rebound last June to ruffle Bieber’s feathers. “After Selena pulled that move, Taylor started distancing herself,” said the source.

What are some ways to help your friend make good relationship decisions?

Cupid's Advice:

No one ever said being a friend is easy, especially when it is time to pitch in decision advice about relationships. The conversation can go either two ways, good or bad. Here are some ways to help your friend out without being offensive:

1. Remain courteous: Take into consideration your friend's feelings at all times. There is a way to be honest without delivering a harsh tone. Let him or her know of the signs in their relationship that may concern you, but do not repeatedly bring up this conversation. Your friend is completely aware of your possible worry. It is up to them to try to ease your apprehension.

Related: [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

2. Give all ears: Keep an open mind and be understanding of their perspective. The less interruptions, the better. However, do not be afraid to give your input – talk about your past experience(s) that are relatable. Avoid over sharing and being overbearing. Remember, you are there to help.

Related: [Justin Bieber and Selena Gomez Kiss Over Breakfast](#)

3. Being straightforward is not the enemy: Let your friend know if they are in the wrong or the right. They will try to find every possible way to defend themselves or the situation – sugarcoating is not the way to go.

How do you give relationship advice to a friend? Share your thoughts below.

Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show



By Louisa Gonzales

Could former lovebirds Justin Bieber and Selena Gomez have reunited? That's the question on everyone's mind after Bieber's surprise performance at Scooter Braun Projects Sunday Funday Showcase during 2014 SXSW in Texas on Sunday, March 9, with Gomez in attendance. According to UsMagazine.com the 20-year-old singer dedicated one of his songs just for Gomez on stage on Banger's Sausage House and Beer Garden. Fans captured

Bieber telling the crowd his next song, 2012 hit, "As Long As You Love Me" was for his "baby". The on-again, off-again couple, according to insiders didn't stop at showing their affection during the concert, afterwards they hung out together in the beer hall, being very friendly and affectionate with each other.

What are some ways to show you love your partner publicly?

Cupid's Advice:

Everyone shows affection in a different way. Couples who express their love toward their partner have stronger relationships. It can be hard to show or share your feeling, especially in front of other people, but it is important to give your lover the reassurance that you are into them and care about them. Cupid has some advice on ways to show you love your partner publicly:

1. Show physical affection in public: The number one way to show your love is through physical affection. Next time you see your significant other give them a big hug or a quick kiss on the cheek or lips even when they're with their family or friends: Hold their hand walking down the street or wrap your arms around their waist. It doesn't matter what you do just doing little physical gestures now and then is nice way to show you are with them and aren't ashamed of being with them. Both parties in a relationship need that reassurance from their lover and indulging in PDA from time to time can't hurt you.

Related: [Justin Bieber and Selena Gomez Kiss Over Breakfast](#)

2. Perform a grand gesture in public: There are many cool ways to publicly show you love someone. Be creative or do something you haven't done before. Sing a song for them at Karaoke or dedicate a song for them next time you go out to a club or restaurant. Go to a sports game and make arrangement

to be on the kiss cam, sky write, the possibilities are endless. Being able to openly show your love shows them you are happy and comfortable with your relationship.

Related: [Selena Gomez Opens Up on Life After Justin Bieber Split](#)

3. Make it online official: These days there are many social media's. One way to tell the world that you are off the market or love someone is by making it online official. Post something about your love or mentioning them on Facebook, Twitter, Instagram or whatever else you may have, it doesn't matter. It's nice for couple's to share their love with family and friends, you don't have to share all the intimate details about your relationship, a simple compliment toward your honey or a couply picture is enough to show your sweetheart you appreciate them.

What do you think are good ways to show your love toward your partner publicly? Share your tips below.

Kathrine McPhee Trying to Work on Marriage





By Louisa Gonzales

Katharine McPhee and her husband Nick Cokas separated nine months ago, but now it seems the couple may be trying to work on marriage. According to [People](#), a close friend of the pair says they are trying to work things out. The duo has been spending time together and was recently spotted out in Los Angeles walking their dogs. There was initially a lot of controversy surrounding their separation, because just 5 months after the ex-lovers announcement of their split, news broke about McPhee's affair with married man, director Michael Morris. Morris is married to actress Mary McCormack. However after everything, McPhee and Cokas remained close and now it seems they're hoping to start fresh.

What are some ways to seek help with your marriage?

Cupid's Advice:

After you get married things aren't going to be 'happily ever after' all the time. There will be a lot of obstacles and challenges that come after tying the knot and, sadly,

sometimes couples can't overcome them. However, if you are willing to work on your union, it is possible to overcome any roadblocks you may face. Cupid has some advice and ways to get help with your marriage:

1. Seek advice from other married couples: You're not the first couple to face marriage challenges and you won't be the last. Go to trustworthy family or friends and ask them for tips or to share their experiences. It is important to gain perspective outside of your own marriage, it will help you and let you know you are not alone.

Related: [Katharine McPhee Calls It Quits on Affair with Michael Morris](#)

2. Go to counseling: It's not easy to admit you need help and it's even harder to take other people's advice. However it could be good to go to counseling together, many couples have done the same so you don't have to feel alone. A good counselor could help you remember all the reasons you fell in love and work out your issues.

Related: [Michael Morris Steps Out with Wife Post-Katharine McPhee Scandal](#)

3. Look to each other: If you're both willing to admit you have issues, together you can work them out and save your marriage. Communicate with each other, listen, and be willing to compromise. It will help you see what you've neglected concerning your spouse's needs. Every good partnership needs "we" time.

What do you think are the best ways to seek help with your marriage? Share in the comments below.

Justin Bieber and Selena Gomez Kiss Over Breakfast



By Louisa Gonzales

Could ex-flames Justin Bieber and Selena Gomez have reignited their passion? It looks like a definite possibility. According to [People](#), the on-again and off-again couple were seen meeting up for breakfast up in McAllen, Texas and were later spotted shopping. One of the workers at the Don Pepe's McAllen restaurant reportedly saw the two come in and indulged in some PDA. The singing starlet is reportedly in town to perform in a concert scheduled on Saturday at the Hidalgo State Farm Arena.

How do you know whether to get back together with your ex?

Cupid's Advice:

Sometimes when a relationship ends, the connection doesn't go away. Deciding whether you should get back together with someone is hard, especially if you don't know what the best choice to make is. Cupid has some advice on how to know if you should get back together with your ex:

1. You've worked past issues out: The first major thing you need to think about before even considering on rekindling the flames with an ex is if the two of you have talked and worked on past relationship mistakes. It's not good to bury issues, because they will come back to haunt you. There was probably a reason you broke up in the first place. Unless you've worked out the problems or have come to a mutual understanding, you might just end up breaking up again for the same reasons.

Related: [Selena Gomez and Justin Bieber Split](#)

2. The attraction is still there: If you still get butterflies in your stomach every time you see or speak with them, chances are you're not over them. If you feel like you will regret not giving your ex lover another chance, especially if you still have the hots for them, take the plunge and get back together. Make sure you are still attracted to them emotionally and physically before dating again however, because a solid relationship foundation needs both.

Related: [Back Together? Justin Bieber and Selena Gomez reunite in Instagram photo](#)

3. You're not ready to let them go: If you or your ex can't move on chances are you're both not over each other. After all, no one knows what's in your heart better than you, and if you feel like the best thing for you and your ex to do is to be sweethearts again, then go for it. Giving your relationship another go might give you the closure you both need, or could be the beginning to a long-lasting union.

How do you know when it's right to get back together with an ex? Share in the comments below.

Richie Sambora Says Ex-Wife Heather Locklear Is 'Still Hot'



By Louisa Gonzales

Richie Sambora proves just because you're no longer with former partner, doesn't mean you stop being attracted to them. According to [People](#), Sambora raved about his ex-wife Heather Locklear, while he attended friend, Ray Parker Jr's, ceremony for his star on the Walk of Fame on Thursday in Hollywood. The rocker reportedly couldn't stop complimenting her, and even said, "...she looks better than ever." The ex-

couple divorced back in 2007, but Locklear, 52 and Sambora are still close friends. Even though it took years for them to get to a good place, the Bon Jovi guitarist said focusing their efforts on their 16-year-old daughter Ava, helped them to let go and move on to where they are now.

What are some ways to remain civil with your ex?

Cupid's Advice:

Breaking up is never easy. Actually, relationships are a hard period. After a breakup, the best thing to do is to let go and move on, but sometimes your ex will remain a part of your life. Cupid has advice on some ways to remain cordial with an ex:

1. Respect their boundaries: Once you are no longer with your ex-beau, things will change between the two of you. Some things that were okay when you were in relationship won't be okay anymore. If you want to keep the peace between the both of you, you'll need to give them some space and don't cross any lines you shouldn't.

Related: [Heather Locklear: What Is She Running From?](#)

2. Don't judge his or her new partner choices: Eventually, your ex will most likely move on with someone new. It's not easy to see your ex with someone, but that doesn't give you the right to judge his or her new choice of significant other. If you want to remain cordial with them, you'll have to respect their choices and keep any opinions you have about them to yourself, at least during the beginning.

Related: [Richie Sambora Loves Denise Richards More for Adopting](#)

3. Stay in communication: Just because you and your ex-honey are no longer an item it doesn't mean you can't still talk and keep tabs on one another. Check up on them from time to time

and see how they are doing. It will go a long way and it will let your ex know you still care and want to be a part of their life, no matter what your relationship status is.

**What do you think are good ways to remain civil with an ex?
Share you're tips below.**