

Celebrity Tell-All Authors





Ellen DeGeneres and Portia de Rossi

Both of these lovely ladies have written books that give insight into the struggles they've had to face. The funny lady wrote about coming out in Hollywood and her career as an actress, host, and comedian, while her wife wrote about her journey to overcome anorexia and bulimia. Photo: Andrew Evans / PR Photos

Ten Steps for Acting Like a Married Couple on a Friday Night





By Taylor Jenkins Reid

Before I got married, I thought married couples spent their weekends doing things like double dates and cocktail parties. But being married has taught me that marriage is a little bit more low key. Here are 10 steps for acting like a married couple on a Friday night:

1. Get home from work and be ecstatic that you didn't make any plans. Change into your stained sweatpants.
2. Ask your spouse if they want to go out to dinner even though you know you're going to talk them into staying in. Realize there was never any chance they'd want to leave the house anyway. Remember this is why you fell in love with them.

Related: [10 Ideas for the Married Couple With Kids](#)

3. Open up the food delivery app and go back and forth about whether to get Chinese food or Pizza. Opt for pizza because, hello, it's pizza.
4. Inhale the food on the couch. Even though you both have

overeaten, look at each other and say, “Do you want ice cream?” Drive to the store.

Related: [Top 5 Most Traveled Celebrity Couples](#)

5. Hold hands in the freezer section. Each of you buy your own pint of Ben & Jerry’s.

6. Come home and eat ice cream while turning on Netflix. Cycle through all 100 of the movies in your queue and then say, “There’s nothing to watch.” You must believe this wholeheartedly no matter how absurd you know it to be.

7. Look at each other with regret that you’ve finished your pints of Ben & Jerry’s. Be disgusted with yourself for finishing yours while telling the other one not to be disgusted with themselves for finishing theirs.

8. Settle on watching a documentary about spelling bees or athletes. Get the blanket and pull it over you both. Place pillows under your heads. Press play. Fall asleep within the first twenty minutes.

9. Wake up when the movie is ending. Grab your spouse and lead them into the bathroom so you can brush your teeth together and then get in bed.

10. As you turn the light out, tell each other you had a great night. Because you did. After all, you just spent a solid five hours with the only person in the world that will watch you eat a pint of ice cream and still think the sun shines out of your butt. If that’s not something to smile about, what is?

Taylor Jenkins Reid is an author and essayist from Acton, Massachusetts. Her first novel, Forever, Interrupted, was named one of the “11 Debuts We Love” by Kirkus Reviews, and her second novel, After I Do, will be released on July 1, 2014. She lives in Los Angeles with her husband, Alex, and her dog, Rabbit. You can follow her on Twitter @TjenkinsReid.

Keith Urban Serenades Nicole Kidman on Stage for 8th Anniversary



By Sanetra Richards

Want to show your love? Try singing it! According to UsMagazine.com, that is exactly what Keith Urban did for his wife, Nicole Kidman, at his concert in Melbourne, Australia on Wednesday, June 25th. The country star made their eighth wedding anniversary special by performing his self-written 2006 song "Once in a Lifetime" for his love (and rest of the audience). "A couple of months before the wedding, we were in

our hotel, and we were talking about the future, and Nic was getting very nervous about marrying me,” Urban told fans. “She was saying things like ‘It’s a long shot,’ but I knew she loved me and was just nervous. I did everything I could to remind her that I was going to be her man forever,” he continued before performing his sultry ballad. Urban didn’t stop there – he went on to sing “Making Memories of Us.” “This is a song a lot of people have at their wedding,” Urban said. “We had it at ours. I sung it. I was too cheap to get anybody else, ” he joked. “Eight years, baby girl. This song is for you.” He then expressed his adoration to his wife, who was sitting in the VIP box. “I love you so much.”

What are some ways music can make your anniversary special?

Cupid’s Advice:

Your special day is coming up, and you have no idea what to do for your partner of X amount of years. Of course, you want to make it memorable and nothing like before. What better way than to incorporate music into your planning? Cupid has three ways that a sweet melody will sweep your sweetheart off their feet:

1. Music is symbolic: Do you and your partner have “a song”? If so, include that tune in your anniversary planning. Maybe it’s the song you both heard for the first time on a date and fell in love with it (and each other) instantly. Or perhaps it’s a song that describes your relationship perfectly. If you’re looking for a new song to bring into your relationship, listen to Taylor Swift’s “Our Song.”

Related Link: [Keith Urban Says Marriage and Family Takes Work Every Day](#)

2. It says something that you’ve been thinking: Want to tell your significant other something you have been dying to get off of your chest but can’t quite put it into words? Well, try

playing a song for them and showing how much you love and adore their presence in your life. Best way to go!

Related Link: [Keith Urban Says Wife Nicole Kidman Saved His Life](#)

3. It sets the perfect mood: Your partner will be on cloud nine or higher to know that you were thoughtful enough to come up with a song in honor of your anniversary. The lyrics or tempo will have significance to them for years to come.

How can music make your anniversary even better? Share your thoughts below.

5 Creative Fourth of July Proposals





By [Whitney Johnson](#)

According to WeddingWire, about one third of engagements in the United States happen between Thanksgiving and New Year's Day. So guys, if you're ready to pop the question, why not surprise her with an engagement ring on the Fourth of July instead? Make your own fireworks on this red, white, and blue holiday with one of these five creative Independence Day proposal ideas:

1. Throw a party: If you want to include your friends and family in your engagement, throw a party to cover up your true intentions. As the sun sets, head to a spot nearby – private enough so that the two of you can have a special moment but public enough so that everyone can still see you. Wow your partner with a sweet speech, get down on one knee, and ask her to be with you forever. After she says yes, you'll love being able to celebrate your big day with all of your loved ones!

Related Link: [How to Celebrate the Fourth of July with Your Partner](#)

2. Take your love on parade: Invite her to your city's Fourth of July parade, but make plans for you to be in the parade instead merely a spectator. Jump on a float with a banner that asks that all-important question, and as you drive by your lucky lady, walk over to her with the ring in hand. Then, you can spend the rest of the day celebrating more than America's birthday.

3. Plan a Fourth of July picnic: This laidback holiday is the perfect time to sneak away for a private lunchtime picnic. Fill your basket with red, white, and blue-themed foods. For an appetizer, grab a bowl of red pepper hummus, a thick slice of Dubliner, a bunch of red grapes, and some crackers. For lunch, make each other's favorite sandwiches (keeping the color-theme in mind if possible). For dessert, pack some strawberries, blueberries, and whip cream. As you finish up your romantic meal, pop the question and watch the sparks fly!

4. Go on a scavenger hunt: To make your proposal even more personal, plan a scavenger hunt that takes her through your love story. Hide the first clue at the café where you met each other, the second clue at the spot where you had your first kiss, the third clue at your favorite date night restaurant, and so on. When she gets to the last clue, be waiting for her on bended knee.

Related Link: [How to Celebrate a Fourth of July Themed Wedding in Style](#)

5. Wait for the grand finale of the firework show: She'll feel brighter than the sky when you whisper "Will you marry me?" in her ear at the end of the fireworks. You can even use the gorgeous light display as inspiration for your proposal. Tell her that she lights up your life and you can't imagine being without her.

What's your favorite Fourth of July proposal idea? Tell us in the comments below!

Pregnant Vanessa Carlton Is Expecting First Child with Husband John McCauley



By Sanetra Richards

There's a bun in Vanessa Carlton's oven! According to UsMagazine.com, the *A Thousand Miles* singer announced that she's expecting her first child with husband John McCauley on Thursday, June 26th. The 33-year-old songstress posted a photo of her tiny bump and a update of her fifth album in progress: "I can now reveal the reason as to why Liberman will not be released until next summer. See the picture below,"

she captioned. She continued on with a little humor about her bundle of joy: “No, those aren’t a bunch of croissants. We’re expecting a baby. It’s healthy and moving around like a champ.” Carlton added, “I’m bummed to delay the album because it’s so special to me and the perfect combination of England and Tennessee. When I put the record on it feels like medicine. I hope it does the same for you...in due time! Thanks for sticking with me. John, Victor, and I are over the moon.” (Victor is the couple’s pooch).

How do you decide the best time to have a child?

Cupid’s Advice:

Welcoming a child is definitely a life-changing event and should be the happiest time in your life. After all, you will be responsible for another human for many years to come. So when is the right time to make this decision with your partner? Cupid has a few instances:

1. Everything is A-OK: If your relationship is continuously getting better and you could see yourself raising a child with this person, it could be the perfect time to consider expanding your family.

Related Link: [Vanessa Carlton Ties the Knot with Stevie Nicks Officiating](#)

2. You both agree: Many couples struggle to have this conversation. In some cases, one person in the relationship doesn’t want kids – and unfortunately, that truth may not come out until you really begin planning your future. If it’s important to you, be sure to discuss it with your partner *before* getting married, moving in together, or taking another big step.

Related Link: [Kourtney Kardashian is Expecting a Third Child](#)

3. You’re prepared: Although there is no real way to mentally

brace yourself for parenthood, you can still be financially ready. Be able to provide the basic necessities for your child, plus more!

When is the best time to have a baby with your partner? Share your thoughts below.

Courtney Cox Is Engaged to Snow Patrol's Johnny McDaid



By Sanetra Richards

Another soon-to-be husband and wife! According to

UsMagazine.com, Courteney Cox is on her way to becoming a married woman. The *Cougar Town* star and boyfriend Johnny McDaid both sent out their announcement via Twitter on June 26th: "I'm engaged to him!" and "I'm engaged to her!" The two were first spotted as a couple back in December 2013 at a holiday party hosted by actress Jennifer Aniston in Los Angeles. Ed Sheeran, the couple's mutual friend, spread the word in April that the pair moved in together. "I'm not sure that it's public knowledge, so maybe I shouldn't have said anything—but, yes, they're already living together," the singer told *The Mirror*, a UK magazine. "Things are moving fast. He moved in and, judging by the last time I saw them, they couldn't be happier." Later on that month, the love birds gushed about their relationship and singled out each other at Cox's directorial debut premiere, *Just Before I Go*. "He supports me in every way," Cox said. "He supports me creatively. He really believed in the movie...and not just because he likes me, though I know that helps." McDaid added onto the gushiness: "Courteney is the most completely confident person I've ever met—at everything." He continued on to say, "She gets music. She gets art. She gets the way a scene gets constructed, the way dialogue works. And she puts it all together in her mind and then explains it to the world and makes movies that make people laugh and cry, squirm and jump, all those things."

How do you know when your relationship is ready for marriage?

Cupid's Advice:

You and your partner have had conversations in the past about what the future may hold. The questions probably revolved around whether or not you'll still be a couple, buy a house together, and have children together. Now, you're ready to take it to the next level and actually turn those conversations into a reality. The only problem is, you are unsure of how to exactly make this happen and if the timing is

right. Cupid has some tips to help:

1. You don't want to be with anyone else: You're pretty sure you have met your soul mate. This person understands you completely, and you understand them in the same way. You daydream about waking up to their face every morning and kissing them good night at the end of the day. If this describes what you are feeling, you may be ready to exchange VOWS.

Related Link: [Courteney Cox and David Arquette Finalize Their Divorce](#)

2. You don't have any major problems: Of course, it's normal for a couple to have a fight here and there. Still, you seem to agree on things most of the time and have the same values/morals. And let's not forget, the two of you don't fear the thought of an eternal commitment! I hear wedding bells – do you?

Related Link: [David Arquette Says Having a Second Child Is 'Less Scary'](#)

3. You're stable as a couple: This means mentally, emotionally, and financially. It is smart to be all three (or close to it) before thinking about marriage. Once you and your significant other become one in matrimony, you become one in these three factors as well.

What are some ways to know your relationship is ready for marriage? Share your thoughts below.

Cupid's Weekly Round-Up: Why You Argue with Your Man



By Shannon Seibert

Couples don't seek out arguments, but they are bound to arise from time to time. Many different factors come into play during a fight, and a healthy relationship is all about being able to handle them in the best way possible. We've pulled together five articles from our partners to explain why you and your love may be arguing:

1. You're hearing what you want to hear: Sure, you're hearing them speak, but that doesn't necessarily mean that you're listening. You have to consider the emotions behind the words. For instance, your man may be saying that his boss is unfair, but what he's *really* saying is that he wants to feel like his

work is appreciated. So pay attention and be the shoulder he can lean on. (GalTime.com)

2. You're using the wrong tone of voice: What you say and how you say it go hand in hand. Your tone of voice can add a multitude of connotations to a single phrase. Couples tend to misinterpret the different tones in the heat of the moment, but then they fail to talk about it. Open communication with your love is one of five important steps to a strong relationship. (YourTango.com)

3. You're asking already answered questions: Nothing is worse than asking a question that's already been answered, so sometimes, it's best to refrain from asking questions at all. If he's upset about something and you can't quite understand what he's saying, let him finish telling you what's wrong. Or just take a cue from Kanye West, who supports his wife Kim Kardashian in everything she does, including throwing their baby an over-the-top birthday party. (CelebrityBabyScoop.com)

4. You're avoiding the root of the problem: He's probably not picking a fight about dirty dishes just because he despises your lack of care for clean cutlery. There's usually a deeply-rooted problem in disagreements that a lot of couples fail to address. Try finding the source of the problem before the tension becomes unbearable. (GalTime.com)

5. You're having the same unresolved arguments: You're going to keep fighting about the issue until you come to a conclusion. As a couple, you need to sit down and discuss what's really going on. Make sure you're on the same page at the conclusion of the discussion so it won't happen again. (YourTango.com)

How do you handle arguments with your man? Share your stories with us in the comments below!

Date Idea: Tour a Chocolate Factory



By Leslie Chavez

Chocolate and romance are two things that go together oh so well. The sweet, dark candy is considered to be an aphrodisiac and can add a little passion and sensuality to any relationship when used correctly. If you have a sweet tooth, these chocolate-filled date ideas are sure to satisfy it!

Change your general romance routine by spending the day at a chocolate factory. Most visits include a short tour of the

chocolate factory and free tastings of a variety of the company's most popular chocolates. There might even be a chocolate-making demo included with the tour.

If you're interested in getting a more hands-on approach, try taking some classes at a chocolate school. You can learn how to manufacture chocolate, produce candy and confections, use chocolate molds, and create professional chocolate recipes. Have fun with it! Tease each other and flirt your way to the best chocolate soufflé you've ever made.

Related Link: [Love Your Mate With Food](#)

Take the skills you learned in your chocolatier class and use them at home. Spending the night with your love baking, drizzling, and melting the decadent treat is a perfect way to add romance to the date. Make some chocolate-dipped strawberries, white chocolate fudge, hot cocoa, or truffles. And don't worry about making a mess – you can clean it up later!

Not only can you treat your stomach to a chocolate treat, you can also treat your body, mind, and spirit. Visit a chocolate spa where you can experience the latest in massages, skincare, and other chocolate-based services. There are a number of spas that have these options, but the most popular is – where else? – Hershey, Pennsylvania. There, a cocoa massage, whipped cocoa bath, and a chocolate bean polish are offered.

Related Link: [Relax With a Spa Day at Home](#)

If you can't make it to Hershey this weekend, you can always make your own **chocolate romance** bath for two. Now, all you need is a little champagne and some chocolate-scented candles for a scrumptious evening at home.

This weekend, forget the diet and indulge in a sugary treat with your man. As if you needed another excuse to eat chocolate!

What sort of chocolate-filled date would you enjoy? Tell us in the comments below!

Single in Stilettos Show: Where to Meet Men



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, dating coach and founder of TheDatingTruth.com, about where to meet men. Ms. Solomon is a proactive dater herself, so she knows the best spots to find a good guy. She even plans specific activities with the intention of meeting someone new! She encourages you to head

to the following three places: the men's department at local stores, hotel bars, and the gym.

Related Link: [Jonathon Aslay: Where Are All the Good Men?!](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Where do you go to meet men? Share in the comments below.

Screwing the Rules Video Dating Tips: 'The Bachelorette' Way to Date Lots of Guys





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Dating Lots of Guys

If you're a fan of *The Bachelorette*, then you know the formula is simple: the Bachelorette (currently Andi Dorfman) starts off dating 25 guys before whittling the group down to her final pick. Using the show as inspiration, in this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares her best advice for dating a lot of guys. As the dating expert explains, "If you want to find your perfect mate, you need to date multiple people at once. How are you supposed to make a decision if you don't have any choices?"

Related Link: [Video Dating Tips: 'Bachelorette'-Based Ways to Know If He's Using You](#)

Listen up if you're ready to date more than one guy in order to meet your soulmate!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are tips for dating lots of guys at once? Tell us in the comments below.

10 Signs That You're in Love



By [Courtney Omernick](#)

Ah, love. The subject is covered on television, in books, movies, magazines, and now, here! Sometimes, it seems that we receive an overwhelming amount of suggestions on how to love our partner's better, express our love, etc. from every form of media. But, what if you don't even know if you're in love in the first place? Never fear, Cupid to the rescue!

Cupid's Advice:

1. Everything they do is perfect: From the way they dance to how they brush their teeth in the morning, there is no flaw in any action they make whatsoever. And, you're completely smitten while watching their every single move. Seriously, this person can do no wrong!

Related: [Make Your Love Set Sail](#)

2. They've consumed your thoughts: Can't figure out what to eat for breakfast? Finding it hard to study? If the person you're with is starting to cloud your thoughts, you might be in love.

Related: [5 Reasons to Move In with your Mate](#)

3. You slowly retreat from society: Before your partner, it was all about your friends, family, and having "me" time. Now that you're together, you've started to spend less and less time with others and more time with your "other." It's not that you hate your friends and family, it's just that being away from your partner feels so...wrong.

4. Being with them is what matters: You could be scuba diving, at the movies, hiking, grocery shopping, or just lying in bed; it doesn't matter. As long as you have them by your side, one activity is just as great as the next.

5. You don't mind having to compromise sometimes: If you can't be flexible regarding something simple, you should

probably start packing your bags. However, if you don't mind a little give and take, it's probably a good sign that you're in love.

6. You've forgotten about your ex: John who? If you're in love, you're no longer wondering about whether or not you made the right decision to break it off with your ex. In fact, the thought is the furthest thing from your mind. You might not even remember why you were with your ex to begin with.

7. You're happy...about everything: Your life feels like it's all rainbows and butterflies. Nothing can bring you down. Stuck in a traffic jam on the way to work? No problem! This only gives you more time to think about your partner.

8. You're reordering your priorities: Let's face it, you've started to put your partner's needs before your own. You might have even changed your clothing, habits, mannerisms, or values in order for them to better match your partners. Guess what? Love is in the air!

9. You feel the words slipping out of your mouth: It could happen when the two of you are simply walking down the street. Your partner looks at you, and without saying anything, you feel the phrase, "I love you" on the tip of your tongue. If those words are crying to leave your lips, it could be love.

10. You'd do anything for them: If you're in love, you generally feel a sense of empathy and think of the other person's pain as their own. Because of this, you feel that you'd be willing to sacrifice anything for the other person.

How did you know you were in love? Tell us in the comments!

Kelly Osbourne Hooking Up with Quincy Combs, Puff Daddy's Stepson



By Shannon Seibert

Uh oh, the rumor mill is at it again. Kelly Osbourne hooking up with Quincy Combs, Puff Daddy's stepson. The pair had recently started following each other on social media, and had a moment together captured on Instagram. But Osbourne remains her independent self and isn't officially tied down to anyone, sources told UsMagazine.com.

How do you keep a casual relationship on the down-low?

Cupid's Advice:

Sometimes when a relationship is new it is best to keep things casual until you figure out whether or not it has the potential to go beyond. Hooking up can be great if they are done correctly. They allow a couple time to figure things out with no major public losses if things go south. We've pulled some tips to help keep your causal relationship, well, causal.

1. Stay away from social media: In a world that is so technology obsessed, posting your relationship on any social media will lead to questions. *Who is this guy? Where did you meet him? Why haven't you said anything to us about him?* If your man is constantly in your snap story, or on your Facebook timeline, people are bound to talk. Just lay low for a while and then slowly branch out when you feel it's time to let everyone else in the loop.

Related: ["You & A" Music Host Clare Galterio on Dating: " Give Everyone a Chance."](#)

2. Go on more private dates: When trying to get to know a person it can be hard to see what they're really about when you have multiple distractions. Stick to more intimate style, or one on one type dates when you're still exploring your feelings together. This way you'll be able to ask questions, exchange stories and discuss certain topics that you may not have been able to in a group setting or out in a busy place.

Related: [Justin Bieber and Selena Gomez Are 'Full-On Back Together' Again](#)

3. Refrain from spending too much time together: With a new relationships, every 'first' moment is extremely exciting, but you don't want to get too anxious and over-invested before things really hit it off. Spending a lot of time together can overwhelm a person. By jumping into things too quickly you start searching for emotions that may not even be there yet. Play it cool and just stick to seeing each other a couple

times a week instead of every day.

How do you down play your casual relationship? Share with us in the comments below!

First Comes Love, Then Comes Baby...Then Comes Marriage?



By Shannon Seibert

When you were a child and jumped rope, singing along to the popular carol, we were taught that in a relationship the correct timeline was love, marriage, and baby in a baby

carriage. But in today's day and age, society is going about things quite differently. We've pulled some facts from a recent study by Zoosk that shines light on the underlying truth on how the current generation approaches their relationships in contrast to how they're idealistically projected.

Related Link: [Date Idea: Look For a Sign](#)

One shocker that was uncovered is that sex before love is normal. The days of women waiting until marriage are waning. In fact, a lot of couples sleep together before they are even officially dating. Sexual compatibility has become an increasingly definable characteristic for relationships. If a couple doesn't feel passion for each other in bed, then they are less likely to make a relationship work because they will just look for better sex elsewhere.

But on the other hand, marriage before moving in is more common, especially with younger people. This is understandable because people like to be their own person until they officially attach themselves to another. What if things don't work out? What if you move in, just to move back out? Whose place do you choose? There are a lot of questions that require complex answers, so it's generally easier to hold off until marriage, after which most decisions are made together.

Related Link: [Single in Stilettos Show: How to Be More Than a Fling to Him](#)

Another matter to consider is having children. The relevancy of baby talk is more common since people are having sex earlier in their relationships. The study shows that, on average, couples begin stirrings of baby talk around the 7-month marker; however, the average life commitments are made around 14 months.

As seen in the media, couples often get pregnant before they are married, essentially speeding into making a family together. Many celebrity pairs, like Brad Pitt and Angelina Jolie or Eric Johnson and Jessica Simpson, begin a family before getting hitched. What had once been a biting scandal is now the norm.

In terms of scandal, the juiciest is right here: Men are looking for love, not just sex. That's right! Women accuse men of only being after one thing, but that isn't necessarily true. Contrary to popular belief, men are prone to searching for love and the right woman. Men are actually *quicker* to push the relationship milestones, such as saying "I love you," going on vacation together, and putting a ring on it. So don't fear, ladies. He is thinking about a future with you.

Tell us what you think about these Zoosk study results in the comments below!

Jill Duggar & Derick Dillard Share First Kiss in Front of 1,000 Guests





By Shannon Seibert

Waiting to go all the way before your wedding day is one thing, but waiting for your first kiss is practically unheard of. As Jill Duggar and Derick Dillard concluded their vows, they shared their first kiss together. Duggar's family is known for their courting rules on the reality series *19 Kids and Counting* and the star, 23, decided to stick with them and wait until her wedding day to kiss the love of her life. The star's parents explained to UsMagazine.com that dating and courtship is merely getting to know a person with focusing on the end game being marriage.

What are some ways to limit those you invite to your wedding?

Cupid's Advice: On your special day you want the people who mean the most to you to be there. This can get tricky since everyone who you've ever spoken to is going to be expecting an invite. Don't panic. We've created these tips to help you narrow down your choices for who will be attending your wedding celebration.

1. Have criteria for narrowing down your guest list: If this person didn't know you and your significant other were even dating, chances are they aren't someone who is relevant enough for an invite. Ask your man and yourself whether or not you'd notice if a particular guest attended or not. Have you even spoken to this person in the past year? Did you attend their wedding? Or if you think a guest may start drama or a riot at the wedding, you'd best not extend an invitation. You want this day to run as smoothly as possible.

Related: [George Clooney's Aunt Says Brad Pitt Will Be Best Man at Wedding](#)

2. Have a closed ceremony but an open reception: One genius way to limit the attendance to your ceremony venue is to have a private ceremony but a public reception. A laid back environment for a reception can be fun and breezy, making your job as a bride easier. Allow guests to come and go as they please, and bring whomever they want to wish you well. The intimate ceremony will allow you to have those closest to you there for your special declaration of vows, and then join the party with the rest of your friends and family at a large gathering. The best of both worlds.

Related: [Christina Milian Calls Off Engagement to Jas Prince](#)

3. Have a budget that you stick to: Setting a certain financial plan in stone can help you make the necessary cuts for your big day. Weddings are expensive. The dress, the venues, the food, the cake, the tuxes, the limos, it all adds up. Having a strict financial budget will help you plan your wedding in a fiscally smart manner. It'll serve as the little extra nudge you need to make your decisions and stick to them.

How have you narrowed down your celebration invites? Share with us in the comments below!

Just Friends – Is Jennifer Lopez Dating Maks Chmerkovskiy?



By Shannon Seibert

Even though they have publicly denied dating, the tension between Jennifer Lopez and Maks Chmerkovskiy is absolutely sizzling. Apparently the *Dancing with the Stars* pro, 34, attended Jennifer Lopez's show at Foxwoods Resort Casino in Connecticut on Saturday, June 21. Lopez, 44, and Chmerkovskiy then went and danced all night at Shrine Nightclub, creating quite the flirty scene for onlookers.

Sources say that the two remained close to each other all night and the pair even held hands and talked before sharing a long hug and saying goodbye, according to UsMagazine.com.

How do you decide when to go public with your new relationship?

Cupid's Advice:

Okay, so you've been keeping things casual for the time being, but how are you supposed to know when the right moment is to take things to the next level? Dating is a complicated game and you have to play your cards right or else things could not end in your favor. You don't want to get andy or jump into things too quickly, so take a step back and think for a moment. We've picked out three major signs that you can use to interpret whether or not your relationship is ready to go public:

1. You are publicly showing affection for one another: If you're at the point of holding hands and kissing in public without second thought, you're probably heading in the right direction. If he isn't shy about wrapping his arm around you as you stroll into a local restaurant, he won't shy away from calling you his girlfriend.

Related: [Reunited Exes Justin Bieber and Selena Gomez Attend Bible Study](#)

2. You consider it weird not to hear from one another all day: In a new relationship everything is about testing the waters and this includes limiting communication. You don't want to come off too strong or get overly invested while you're still in the trial stage. So when you're at the point in your relationship when you are messaging back and forth all day, talking on the phone, or hanging out every other day, you're prime and ready to take things public.

Related: [Date Idea: Look For a Sign](#)

3. You've met his parents: This is a huge and critical step in moving forward in your relationship. If you have met the man and woman who has instilled his values, then he definitely treasures you in his life. This is a privilege given to few and taken for granted by many. If his parents like you, they will serve as your advocate and can help you and your man connect on an even deeper level.

How did you know when it was time to move things forward? Tell us your story in the comments below!

Christina Milian: Bye Bye to Jas Prince





By Sanetra Richards

Goodbye, fiancé ! Hello, single lady! According to UsMagazine.com, a rep for Christina Milian's family has announced the 32-year-old singer/actress and fiancé Jas Prince have ended their engagement. The star and her music executive boyfriend of nearly four years called off the engagement at the beginning of this month. Milian removed her belongings from their L.A. house on Thursday, June 19th. The pair allegedly began dating in 2010, following a few months after her divorce from singer/songwriter The Dream. She was spotted sporting a nice sized diamond ring in April 2013, but kept it under wraps, even when asked about it in interviews.

While not saying too much, Milian shared a quote on Instagram on June 12th about new beginnings and achieving the life you desire: "There comes a time in life, when you walk away from all the drama and people who create it. Surround yourself with people who make you laugh, forget the bad, and focus on the good. Love the people who treat you right. Pray for the ones who don't. Life is too short to be anything but happy. Falling down is part of life, getting back up is living." Following

the message, the caption stated, “Morning inspiration. Turn your life around and do all the things that make you happy. It’s your life to live.”

How do you know when to call off your engagement?

Cupid’s Advice:

You dated, fell in love, and then came the big question. Of course, you said yes . . . but found yourself rethinking the entire ordeal once things took a turn for the worse. Unfortunately, you are not quite sure how to tell your partner you do not want to go forward or if being **single** is what you truly want to do. Cupid has some advice to help you:

1. No longer getting along: The arguments have started and the looks of disgust are definitely not going away anytime soon – it is probably best to say goodbye to your engagement. The worst thing you could possibly do is get married knowing you are unhappy and will be that way for some time to come. Do not be ashamed to tell your family and friends you are calling it quits. Chances are, they will be happier to know you are not going into a marriage with ill feelings.

Related: [Christina Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: “Love Can Conquer All”](#)

2. Cheating: Yes, the big C. If this is already happening in your relationship, your marriage will not stand a chance.

Related: [Christina Milian Doesn’t Deny or Confirm Engagement to Jas Prince](#)

3. Future is not the same: Your talks about what your future entails have changed and you are no longer on the same page . . . let it go. Your idea of a happy life is not matching your partner’s, and there is no convincing him/her of having the same. If you want to succeed successfully throughout your

marriage, conversations revolving around your life as a married couple are key (and should probably be similar).

When is the right time to call off your engagement and return to the single life? Share your thoughts below.

Reunited Exes Justin Bieber and Selena Gomez Attend Bible Study



By Sanetra Richards

A couple that prays together stays together, right? According to UsMagazine.com, Jelena were spotted attending a bible study session in L.A. on Wednesday, June 18th. An insider also revealed the the on-and-off-again pair were not hiding their affection either: "They were very lovey-dovey and cute," says a source of the couple who "came and left together with a few friends." The source went on to say the 20-year-old singer and 21-year-old singer/actress "sat next to each other and listened to [Pastor Judah Smith]'s sermon." The pair were very "smitten with each other." Bieber posted a photo on Instagram from Smith's Wednesday evening's teachings. The caption stated, "Bible study with Judah Smith." "He looks so happy and at peace," the source says, while Gomez appeared to be just as calm and composed. The two also seek advice from Smith frequently. Gomez posted an Instagram on Easter Sunday from Smith's church: "He is risen, @judahsmith just thank you." Bieber was introduced to the pastor back in 2010 when he, along with his mom, Pattie Mallette, attended one of Smith's sermons. Smith told *Us* in January that Bieber is "pretty sensational" and "serious about his faith."

What are some ways to bond with your partner over your beliefs?

Cupid's Advice:

Being connected with your partner spiritually can be one of the best qualities of your relationship. It is also adds to what you both have in common. Cupid has a few ways to bond with your partner over your beliefs:

1. Another connection: As you develop a bond with your partner over your beliefs, you will begin to see each other in a totally different light. You will start to understand their thought process more, what gets them going, and what they are truly passionate about.

Related: [Justin Bieber and Selena Gomez Are 'Full-On Back](#)

[Together' Again](#)

2. Worship together: No more going to sermons or bible study alone. You now have someone by your side who is willing to join you on your spiritual journey.

Related: [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

3. Open discussions: Talking about your beliefs is another pro of having a partner who is on the same page as you. The conversations will evolve as you both are progressing towards a deeper faith.

How do you bond with your partner over your beliefs? Share your thoughts below.

Celebrity Interview: 'You & A' Music Host Clare Galterio Shares Dating Advice and Says, "Give Everyone a Chance"





Interview by Brittany Stubbs. Written by Anna Averill.

Clare Galterio is the newest face on the Music Choice Network and host of the hit show *You & A*, where she gets the scoop on today's hottest artists while listeners play along at home by asking their own questions via Twitter. She has chatted with dozens of chart-topping artists, including Hunter Hayes, NeonTrees, Nick Cannon, and Imagine Dragons, just to name a few. In addition to interviews with musicians, the 30-minute talk show features live performances.

Celebrity Interview with Clare Galterio

While most people would be intimidated interviewing today's biggest music stars, Galterio has no problem holding her own on camera. "I remember my friends always being like, 'I want to be Britney Spears; I want to be the artist.' But I always wanted to be the one hosting the show – that's what I wanted to do," the bubbly TV personality confesses in our celebrity interview. Her inspiration comes from Mel B, not just because

she was a huge Spice Girls fan – although that may have helped – but because of the host's outgoing and approachable personality.

While the New York City native has enjoyed speaking with numerous stars, she's hoping she'll one day have the opportunity to interview infamous pop princess, Miley Cyrus. "I love that she's her own person. I think she would be so much fun."

No newcomer to the performing world, Galterio is a former elite competitive dancer who won multiple awards before becoming a dance teacher. She credits dance as the reason she is so involved in music today: "My family believes in everyone doing their own thing and making their own way, so it was a natural progression for me to go from being a dancer to becoming involved in music."

Related Link: ['Blood, Sweat and Heels' Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"](#)

Speaking of her family, fans may be surprised to learn that it's not music that runs in her blood, it's sports. Her great grandfather Art Rooney founded the Pittsburgh Steelers, and her celebrity family continues to own and maintain the team. Because football is a major factor in her life, it makes sense that Galterio has an interest in someday doing sports broadcasting. "I would love to do sports because it's such a big part of my life and my family!" she reveals. "But they know if I'm interviewing Terri Bradshaw, I'm going to somehow bring music into the forefront because it's a natural thing for me to talk about."

Of course, we had to ask the music guru about her favorite tunes. While she loves classic relationship and love songs likes Whitney Houston's, "I Will Always Love You," she also enjoys songs that "aren't so happy." Currently, her favorite is "Stay" by Rihanna. "Although it's about a one

night stand and the complete opposite of love, it's such a powerful message," she says.

***You & A Music* Host Talks About Her Relationship and Love**

Despite her fondness for unhappy love songs, the host makes it clear that her own love life is far from depressing. Having been in a long-distance relationship for over three years, she believes that "communication is the most important thing. Even if it's just sending a sweet little text or making sure you speak before going to sleep, it's important to talk to your partner every day. It's nice to have that time together on the phone." While managing a busy career and maintaining a strong relationship and love seems next to impossible, Galterio says that "balance is something you learn over time."

Related Link: [Lance Bass: "It's All About Communication in a Relationship"](#)

As for her best dating advice, she encourages people to "give everyone a chance. You never know what's going to bring you together, so don't just turn somebody down." She came to this realization through her admiration for the band Karmin's relationship. "They went to college together and actually didn't like each other in the beginning. Then, through music, they found each other and are now engaged."

There's no summer break for Galterio. Not only is she working on the second season of her show, which premieres at the end of this month, but she is also starting a web series. Personal experience with gluten intolerance has inspired her to create a YouTube web series called "The Gluten Free Chick," where she gives advice on what to eat at certain places in New York City.

Keep an eye out for this young up-and-comer!

You can follow Clare on Twitter @ClareGalterio. Be sure check her out on new episodes of You&A Saturdays at 12 EST on the Music Choice Network!

Cupid's Weekly Round-Up: 5 Men You'll Meet Before Mr. Right



By Shannon Seibert

To get to Mr. Right, you have to go through all of the Mr. Wrongs. There are many types of men that women will encounter

on their journey to find The One. The struggle is training the brain to differentiate between the good and the bad. Check out these five articles from our partners that will clarify why each type of man below is *not* who you're looking for:

1. Mr. High School Sweetheart: Ah, your first love. He'll always have a special place in your heart. One mistake women make is thinking that there is only one kind of love out there and latching on tight to their first boyfriend. With this guy, you'll realize all of your good memories are in the past, and it's getting harder to connect as you get older. You're too familiar with each other – and where is the excitement in that? (GalTime.com)

2. Mr. Bad Boy: There is nothing sexier than the stereotypical bad boy. The problem is, women want a bad boy who is good for her and her alone. He doesn't play by the rules, though, and no matter how much he may care for you, it's all about him. Yes, the motorcycle and the "don't care" attitude may be alluring, but you are above his silly games. Stay away from Mr. Bad Boy, and go for someone with a more royal quality. (CelebrityBabyScoop.com)

3. Mr. Good Guy Friend: He's probably one of the nicest men you'll ever meet. He'll show up with soup when you're sick; he'll rub your feet when they're sore; and he'll go with you to all of the awkward family gatherings that require a date. The truth about Mr. Good Guy Friend is he's trapped in the friend-zone, and there's no way out. (GalTime.com)

4. Mr. Baggage: Women have a maternal tendency that isn't easily turned off. So when a sad puppy comes along and needs taking care of, we are the first to the rescue him. Don't let Mr. Baggage fool you. His "commitment issues" and the fact that he has been "really hurt" isn't cute. You don't need to be in charge of a charity case while you're on a mission to find love. Guys like Marc Anthony, who openly have self esteem

issues, are the men you want to avoid. (YourTango.com)

5. Mr. Not Right Now: He may also be called Mr. Excuses. When he's with you, he's so in the moment, and the world seems to revolve around you and him. But the next day he is MIA and ignoring your texts. What gives? Mr. Not Right Now is weighing out his options, and you are not a Plan B kind of woman. He needs to take a cue from Eli Manning, who tries to spend every moment he can with his family, the top priority in his life. (CelebrityBabyScoop.com)

Have you ever had a run-in with one of these men? Share your story with us in the comments below!

Date Idea: Visit a Tarot Card Reader





By Leslie Chavez

If you're strolling around that little beach town you visited for the weekend and looking for something different to do, check out that **tarot card reader** you spotted on the street. Come on – you know you're a little curious! Take a look into the crystal ball and see what the future holds for you and your love.

It seems like everywhere you go, you can count on some sort of psychic, tarot card reader, or the like to be around the second corner or down that quiet alley. You should finally take the plunge and see what all the fuss is about! Couples readings can be a fun and illuminating experience. They can also be very healing, providing you with a neutral space to work through issues and look at the bigger picture of your relationship. However, in order to avoid a tense situation, make sure that your partner is comfortable and open to the idea.

Related Link: [3 Ways to Use the Psychic Edge to Find Mr. Right](#)

The tarot card reader encourages you to ask questions that move your situation in a healthy direction rather than asking something like, "Should we move in together?" She also suggests talking with your partner beforehand to discuss what questions you will ask in order to avoid any surprises. Consider having separate readers for you and him if you feel uncomfortable going in together. After determining which option is best for you, relax and get ready to gain insight into your past, present, and future.

One of the most common approaches are tarot card readings, a method that uses a symbolic deck of cards with specific drawings that are believed to be guided by spiritual forces. The forces are believed to help interpret a current situation someone is going through or uncover something about their future. Is there a walk down the aisle in the cards for you? Tarot card readings are a great way to find out.

Another sought-after method of seeing the future is palm reading, which evaluates a person's character or future by studying their hand. There are three major lines – the heart, the head, and the lifeline – that tell you more about yourself than you ever imagined. Getting your beau's palm read can be a good way to get some insight into his emotional stability and romantic perspective. Sneaky girl!

Related Link: [Look Into Your Future](#)

These psychic options are fun ways to explore the spiritual and supernatural realm with each other. You may even gain some interesting insight into yourselves and your relationship. Whether or not you choose to truly believe the messages in the stars is totally up to you.

Have you ever gotten tarot cards read with your partner? Share your story in the comments below.

Kim Kardashian Says She and Kanye West Will 'Always Be in the Honeymoon Phase'



By Sanetra Richards

The flame will never die! Newlyweds Kim Kardashian and Kanye West are on cloud nine and are not coming down anytime soon. According to UsMagazine.com, the 33-year-old reality star had hearts in her eyes as she attended the *MailOnline* yacht party at the Cannes Lions Festival on Wednesday, June 18th: "I feel as though we'll always be in the honeymoon period," she told *MailOnline*. "I try to treat him like it's his birthday every

single day. I think we'll always be like that." Despite their frequent long distance trips, Mrs. West credited talking constantly as their tool to remaining a happy couple. "We always try to make life as fun and enjoyable as possible," she continued. "We do travel, and work really hard, when we're together – and even when we're apart, we're always on the phone 24/7 – just trying to make that time as memorable as possible."

What are some ways to keep the spark alive in your relationship?

Cupid's Advice:

Losing that feeling you once had when you looked at your partner? Of course after being together for x amount of time, things begin to change. However, this does not mean they have to change for the worse. In fact, your relationship should be getting better over time. The butterflies should not fly away and that cheesy smile should not turn into a frown. But how do you exactly keep it all of this going when you have been with someone for so long? Cupid has some tips to help keep your relationship flame well-lit:

1. Reenact the first date: Remember that exciting moment when you were about to go on your first date with your significant other? You probably could not stop grinning and gushing about it afterwards. Well, you now have an opportunity to have that special day/night all over again! Turn one of your now regular dates into the moment you both really met.

Related: [Kim Kardashian and Kanye West Have a 'Fun and Busy' Wedding](#)

2. Have goofy conversations: No matter how much your partner may think they know about you (and vice versa), there is always something slightly embarrassing or funny that they do not know. Have a night of sharing silly stories and secrets.

Maybe tell them about the time you actually ate a mud pie (for example, of course).

Related: [Find Out How Kanye West Proposed to Kim Kardashian](#)

3. Be cool: You are probably wondering what that exactly means. It means . . . do not be the fun police. If your partner wants to watch their all-time favorite movie with you, go along with it. If they want to go to a sporting event with you, go along with it. Although the words may not verbally come out, the message is clear as day – he or she wants to spend time with you, no matter what the activity may be. Remember, just go along with it!

How do you keep the spark in your relationship going? Share your thoughts below.

Tim McGraw Credits Faith Hill for Helping Him Quit Alcohol





By Sanetra Richards

Tim McGraw hasn't had a drop of alcohol in seven years. According to UsMagazine.com, the country star revealed his battle with alcoholism in Men's Health July/August issue, pointing to his wife of 17 years, Faith Hill, as the person to get him back on track. "When your wife tells you it's gone too far, that's a big wake-up call," said McGraw. "That, and realizing you're gonna lose everything you have. Not monetarily, not career-wise, but family-wise," he added. "It got to the point where my kids were getting older, and it was way past the point that they noticed it. And I noticed that they noticed." Fortunately, the 47-year-old has been able to turn it all around since, but also credits his mother, Elizabeth Ann D'Agostino, for speaking on it before he married Hill. "Early in my career – I think I was 19 – I was so shy that to even get up onstage in a club, I'd need a few drinks," McGraw shared. "I remember my mom tellin' me, 'Y'know, if you don't get up there a couple of times without doing that, it's gonna be a problem.'" "I drank too much," he continued. "I partied too much. And did other things too much. Chemically. No needles or that kind of stuff, but...use your imagination."

Although McGraw is sober, he still reminds himself of what his life could have resulted in. "Keith Whitley taught me how demons can overtake you if you let 'em. And I was headed down that path," he said, referring to the late country singer (who died of alcohol poisoning). "You feel like you're supposed to be 'on' all the time. Then you drink and get onstage, and all of a sudden you feel confident and powerful. It becomes a habit. Up until seven years ago, there were not a lot of shows that I didn't have something in my system."

How do you approach helping an alcohol or substance abusive partner?

Cupid's Advice:

The mood swings, breakdowns, depression episodes ... you deal with it all when you are involved with an alcohol abuser. At times you may even feel helpless. Every road you attempt to take is always a dead end. Cupid has some tips to (possibly) successfully help your partner along the way:

1. Realization: The sooner you realize you cannot change your partner, the better. Although it is beyond difficult watching them resort to substance(s) as a coping mechanism, you have to allow them to want to change on their own. A motivation and desire must come from within before this step is taken. Typically, when an individual is addicted to drugs or alcohol, they are quite hesitant and stubborn about giving it up. With that being said, it will take time. As long as you have patience and continue to encourage treatment, the time will come.

Related: [Tim McGraw and Faith Hill Deny Divorce Rumors](#)

2. Pay attention to yourself: Do not ever put yourself in harm's way. If your partner is reacting violently to your advice or to anything you say/do, it is best to leave. Never jeopardize your safety just because you think guilt may come

along. Another way to ensure you are taking full care of yourself is to confirm you are stable enough to be attentive to an alcohol abuser. Can you mentally, physically, and emotionally handle it? These are a few questions to keep in mind.

Related: [How to Help Your Partner Through A Crisis](#)

3. Be informed: If you choose to remain by their side during this tough time, know exactly what all you could be facing. Take the time out to research on what the addiction entails. If your partner has agreed to sobering up, do not be opposed to attending AA meetings with him or her. Not only will you learn more about the disease, but you will also be their support system throughout the journey.

What are some ways to approach a substance abusive partner? Share your thoughts below.

Single in Stilettos Show: How to Be More Than a Fling to Him





On this week's [Single in Stilettos](#) show, dating coach Tripp reveals how to be more than just a summer fling to your new guy. Here are his top three tips if you don't want him to think of you as a one night stand: don't jump into bed too soon; show boundaries but still be interested in him; and stop texting and call him instead.

Related Link: [Tripp on 5 Things Men Wish Women Knew About Them](#)

Listen up for more great dating advice!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Ladies, what do you do to let a guy know you want more than just a fling? Tell us in the comments below!

Considering Divorce? Ask Yourself Three Questions



By Janeen Diamond for [Hope After Divorce](#)

“...great marriages are born when two people decide to come to the party!”

It's common knowledge that most of us, at one time or another, will consider divorce as an alternative to a difficult marriage. The truth is ALL marriages are difficult to some degree, and those of us who long for the fairy tale will be sorely disappointed. I have often said that great marriages are born when two people decide to come to the party!

Marriages fail because someone decides the party isn't all that fun.

Sadly, Melanie Griffith and Antonio Banderas are divorcing after 18 years of marriage. Their news comes after living separate lives due to their conflicting work schedules. They may be saying their split is amicable and ending in a loving manner, but the reality is that they no longer choose to be a couple. They will now have to face dividing their combined fortune, rumored to be worth 50 million dollars.

Related Link: [Going Solo Again: Bold New Beginnings](#)

In talking with many divorced individuals, I've learned that expectations about sex, money, care taking, adoration, housekeeping, ways to spend leisure time, and a whole bunch of other individual traits are often born out of selfishness, immaturity, and insecurity and sometimes even based on a lack of experience with reality. I hope that doesn't sound negative, but the fact is we all bring our own stuff into our marriages, and often, our stuff doesn't exactly mesh with our spouse's stuff.

I met a couple several weeks ago who, between them, had experienced several divorces. The husband lamented that his first wife had cheated on him, his second wife just wouldn't give him enough attention, his third wife couldn't accept his children, and so on...

And this is the reason I try and focus on helping people stay in their marriages if at all possible! Because the cycle doesn't end. Issues will keep popping up no matter how many times you get married, because it isn't about the issues themselves – it's about the people in the marriage who are creating the issues. And until we fix the people...the issues will remain. In my opinion, a good counselor could absolutely help a couple facing infidelity, attention deficits, blending families, or any other problem that exists by focusing on the

real issues we just talked about – selfishness, immaturity, insecurity, etc.

If you are seriously considering divorce, I want you to spend the next week asking yourself these three questions over and over until you have the answers solidified.

– **Will I be better off?** Will you be better off emotionally? Will you be better off or at least be able to sustain yourself financially? Will you be happier in the long run? Think of these questions in every possible scenario.

– **Am I okay with the thought of a new life?** If you are forced to move from your home, will your kids be okay with a new school and new friends? Will you be able to handle all the added responsibility? Think about all of the changes that will take place for you personally and figure out if, for you, these changes are manageable.

– **Have circumstances made it necessary for me to end this marriage – affairs or abuse?** If the affairs or abuse has stopped, is it possible to put things back together? The roadblock often comes when one partner doesn't want to put in the work or seek counseling and do what it takes in order to gain back the violated spouse's trust. These are serious problems, and you need to determine for yourself if indeed you will be better off leaving the marriage.

Related Link: [Attitude is Key](#)

Divorce is a big decision. Don't move forward with it until you have exhausted every attempt to fix things in your marriage. Once you are comfortable with your decision, whatever it is, move forward with conviction. I will root for you to go for the save!

For more information about Hope After Divorce, click [here](#).



Janeen Diamond, author of Save Your Marriage in 30, was a newscaster for KUTV News until 2001. Since that time, she has been actively producing commercials and special programming through her company, Your TV Spot. She has hosted several television and internet productions and has been a spokesperson for several products and companies. She is a leader over the youth in her church and takes a special interest in helping kids stay on track with their lives. Janeen is currently co-creating "Teen Impact TV," a website for high school students to give them a creative and emotional outlet. She is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com. Follow her on Twitter @janeendiamond and www.facebook.com/janeendiamond.