

# 'Glee' Star Heather Morris is Engaged to Longtime Boyfriend



By Amanda Boyer

After welcoming their now 11-month-old son Elijah last year, *Glee* star Heather Morris is engaged to longtime boyfriend Taylor Hubbell, according to [UsMagazine.com](http://UsMagazine.com). No surprise that the actress was “beaming when spotted wearing her engagement ring.” Morris exclaimed back in 2011 that she was ready to marry Hubbell and have kids with him. Fast forward three years later, her dreams are coming true!

**How do you celebrate your engagement with family and friends?**

**Cupid's Advice:**

Getting engaged is such an exciting time for every couple. It's certainly a cause for celebration! Cupid has a few ideas for how you can commemorate the special occasion:

**1. Host a dinner party:** Invite your loved ones over for an intimate dinner party. If you haven't introduced your parents or siblings yet, now is a great opportunity. This is the perfect setting to enjoy a nice meal and celebrate two families coming together.

**Related Link:** [Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux](#)

**2. Plan a weekend trip:** If you've been wanting to visit a nearby spa or head to the beach for a few days, your engagement is an excellent excuse, so pack your bags for a mini vacation with your new fiancé. Or you can invite your close friends along and use the time to share details about your proposal and even start planning your big day.

**Related Link:** [George Clooney's Family Is 'Thrilled' About Engagement to Amal Alamuddin](#)

**3. Take your engagement photos:** You know you want to show off that newly engaged glow! Find a photographer and spend a few hours taking pictures with your beau. You can use these photos as a way to announce your engagement via social media. Plus, they'll come in handy when you pick out your save the date – many couples take a more casual approach with their initial invite and include this personal touch.

**How did you announce your engagement to your family and friends? Share your stories below!**

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# Being “Too Friendly” With Opposite Sex Friends



By [Sarah Batcheller](#)

The opposite sex doesn't have to become off limits just because you're in a relationship. In fact, it's just as healthy to maintain friendships with the opposite sex as it is with the same sex. There is a line though, and it can be crossed – very easily – if you're not careful. Being *too* friendly can compromise your relationship, even if you don't mean to offend your significant other. Always think about how you would feel if your beau did the same thing with his opposite-sex friends. Follow Cupid's advice so you can carefully walk the line:

**1. Don't send private messages to each other:** Using Snapchat and texting every once in a while is fine, but limit the amount of private messages shared between the two of you. It's better to communicate via more public avenues, like Twitter or Instagram. That way, your sweetheart won't feel like you're hiding your friendship.

**2. Don't spend too much one-on-one time together:** Similarly, spending too much time alone with a friend of the opposite sex can be inappropriate. If you have a long-time bud, it's alright to occasionally hang out on your own, but when it starts to occur multiple times a week, your partner will have logical reasons to be suspicious. It seems like you're intentionally seeking out alone time because you want your behavior to be kept secret...catch our drift?

**Related Link:** [Do Your Friends Influence Your Relationship?](#)

**3. Don't excessively brag about your history:** Say you have a friend who you've known since you were born because your moms are besties or who you met in law school and spent countless hours studying with in the library. Constantly bringing up the fact that you've "known each other for so long" or that you're "like family" can make your significant other feel like they're less important. It's fine to tell your babe these things, but don't over do it, so as not to seem like you're rubbing it in their face.

**4. Don't party with them too much:** Alcohol-induced rendezvous aren't totally uncommon, so if you're always going out and spending late, tipsy nights with a friend of the opposite sex, it will make your partner jealous and uncomfortable. Keep it sober and casual – or better yet, invite your significant other out to enjoy the night with you too.

**Related Link:** [When is it OK to Be Friends with an Ex?](#)

**5. Finally, don't share too much information about your relationship:** Relationships are meant to be intimate and



private, so if you're divulging every detail to someone else, it can come off as you trying to connect with *them* intimately and privately. Your boo will probably want some things kept under wraps when it comes to your love, so sharing that information with an opposite sex pal is a violation of trust.

**Tell us: How do you handle being friends with the opposite sex when you're in a relationship?**

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## **Former 'Bachelor' Sean Lowe Writes: "My Wife Is Hot and I'm in Love"**





By Amanda Boyer

[Sean Lowe](#) has taken his love for wife Catherine Giudici, who he met on season 17 of [The Bachelor](#), to a new level. While the famous couple often posts sweet Instagram photos of each other, this time, the Texas native published a blog post on his Patheos page titled “Caught in Her Web.” As reported by [UsMagazine.com](#), he shared how and when he first fell for Giudici as well as the things about her that he loves most, ending with, “So in conclusion, my wife is hot and I’m in love.” After seven months of marriage, the celebrity couple is still very much in the honeymoon stage.

**Former *Bachelor* Sean Lowe and winner Catherine Giudici are always expressing their feelings for each other. What are some ways to show**

# your love to your partner?

## Cupid's Advice:

If you want to show your significant other just how much you care but are not sure what to do, Cupid has some love advice for you:

**1. Write a note:** Take a cue from this *Bachelor* star and write down your feelings! If you have to leave for an early meeting or are going on a weekend trip with friends, hide a sweet card for your love to find while you're gone. Let him know that you're thinking of him and can't wait to see him again soon. This small gesture will go a long way!

**Related Link:** [Can Love Be Better the Second Time Around?](#)

**2. Surprise them:** It's easy to get into a daily routine of work, household chores, and social engagements and let your relationship and love life fall to the back burner. To combat this regularity, be spontaneous and plan a Tuesday night date at your favorite restaurant or head to the bowling alley with another couple. Your partner will appreciate that you took the initiative to do something special and unexpected.

**Related Link:** [10 Signs That You're in Love](#)

**3. Try something new together:** Has your beau always wanted to go rock climbing or sky diving? Plan an adventure-filled day for the two of you. Even if you're a bit nervous, step out of your comfort zone, knowing that your partner will be there to hold your hand when you get scared.

**What are some ways you show your love to your partner? Share your thoughts below!**

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# Back Together? Justin Bieber and Selena Gomez Snap Cozy Pic in Canada



By Amanda Boyer

So maybe they are on-again? According to [UsMagazine.com](http://UsMagazine.com), Justin Bieber and Selena Gomez look like it! On Monday, August 25<sup>th</sup>, the couple was spotted out to dinner at Dave & Buster's in Hollywood by some fans taking pictures. Later the following day, Bieber also posted a picture of Gomez on his Instagram and then quickly deleted it. On Wednesday, August 27<sup>th</sup>, Bieber



uploaded another photo of him and Gomez together cuddled up in Canada. According to sources, this pair is getting close and spending a lot of time together again.

## **What are three important conversations to have before reuniting with an ex?**

### **Cupid's Advice:**

Sometimes it's good to give second tries to relationships. Want to give it a try? Cupid has some advice on how to talk things out:

**1. Ask questions:** Are there still feelings there for one another? Why did the relationship fail in the first place? All questions to ask. It's important to address past issues so that you can then move forward.

**Related:** [Justin Bieber and Selena Gomez Reunite at Coachella](#)

**2. Seeing passed what happened:** Some things are forgivable/forgettable, while others are simply things you can't get past. Determine which category your past issues fall into, and then go from there.

**Related:** [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

**3. Things are going to change:** Come to terms with the fact that things are going to change moving forward. There's a reason things didn't work out in your relationship the last time, and the only way it's going to work on moving forward is if some important things change.

**Have you ever gotten back with your ex? Share how you got there by leaving a comment below!**

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# Red Flags That Mean It's Time to End Your Relationship



By Jennifer Ross and Laura Seaman

Perhaps your one-year dating anniversary is coming up. Or maybe you've just gotten engaged and announced it publicly. You may even be making your wedding arrangements; deposits have already been given. Almost all your friends are envious of your relationship. Yet deep inside, you have a nagging suspicion that something's just not right. The feeling started out small, probably as a momentary thought that you perceived as ridiculous and quickly dismissed. However, with every passing day, this "ridiculous thought" continues to creep up

at different times, and you find it worrisome. Don't fret – you're not the first one to experience this issue!

It's surprising how many people, when reflecting back on their lives, knew not only that they should have called off their relationship, engagement or wedding but also the very moment when it should've happened. There were times when a red flag drew its ugly head, and they ignored them, not wanting to discuss them for fear of embarrassment or starting a fight.

However, we don't recommend that approach. When you have a nagging feeling that won't go away, you must wake up! Listen to it and decide whether it bears any truth or not. If you're hesitant to call off your relationship, here are five warning signs that can help you decide.

**Related Link:** [7 Steps to Recover From Ending a Relationship](#)

**1. Waiting for improvement:** If you keep telling yourself, "Oh, they'll stop doing that once we're married" or "They'll change when they become a parent," just stop. If you don't like someone for who they are at that exact moment, you shouldn't be with them. Don't keep hanging around waiting for who they *could* be because that might never happen.

**2. Infidelity:** This is one of the biggest red flags that the relationship is failing. Every day, so many people are cheated on by their partner, and yet, the relationship continues. Most of the time, it happens not because someone is a philanderer but because there is a void or issue that one or both sides aren't willing to discuss. Remember that the problem isn't going to go away on its own.

**3. There is a missing link:** Communication between you two is good, but certain fundamental issues either haven't been discussed or cannot be agreed upon. Things like how many children to have, which church to go to, and where to live are crucial questions to be answered in order for the relationship

to last.

**Related Link:** [How to Break Up Without Breaking Them Down](#)

**4. Your parents aren't on board:** When your parents voice that the your partner isn't a good fit for you, their advice should be considered. After all, they know you better than anyone else! They love you and have your best interest at heart. They also have the advantage of being an outside observer and can see things that you can't.

**5. You just have a gut feeling:** Too often, our instincts warn us to take heed, and we don't listen. If your gut is telling not to move forward, it's best to call it off and understand why. At the very least, you should temporarily take a break from your relationship until the feeling passes. If your love is meant to be, you'll eventually resolve whatever looming issue you may have.

**What warning sign do you find easiest to ignore? Let us know in the comments below!**

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## 5 Tips for Meeting Your Partner's Family Stress-Free







By [Marni Battista](#)

You've won over the guy, but winning over his family is even more daunting. While your feminine wiles and witty repartee may have tugged at his heartstrings, making a killer first impression and getting the stamp of approval from those closest to him takes a slightly different strategy. Much like a first date, the first time you meet the family doesn't always elicit fireworks. But there are ways to prepare, calm your nerves, and set the stage for a wonderful relationship with your fella's loved ones. So take a deep breath and let these five Dating with Dignity tips help you relax:

**Related Link:** [Taking Your Partner on a Family Vacation](#)

**1. Understand his family landscape:** Relationships between family members are often the most deeply rooted and intricate of them all, so gaining a solid understanding of existing tensions or unconventional family arrangements beforehand will save you from surprise. Schooling yourself on your boyfriend's step-siblings or tense background with his aunt will eliminate awkward situations and allow you to navigate some major conversational pitfalls.

**2. Learn their likes:** Ever fretted before a first date about what the two of you will talk about? You may be experiencing similar anxiety before meeting the family, but in this case, you have your boyfriend to help you prep. Don't be shy about pumping him for information about the personalities and interests of those you're about to meet. Not only will you naturally engage in more thoughtful and free-flowing conversation, but your genuine interest in your partner's loved ones will score you brownie points with him too.

**3. Avoid controversy:** No matter how vehemently you and your partner may agree on certain hot button issues, it's best to err on the side of caution when meeting his family. Sensitive subjects like politics or religion carry with them scores of touchy nuances that could make the conversation treacherous. If you're worried a certain subject might come up, plan to pre-vet opinions on the issues in question with your boyfriend beforehand in case you need to prepare a PC response or gently nudge him in the ribs to jump in and change the subject.

**Related Link:** [Meeting Your Partner's Family Over the Holidays](#)

**4. Mind your manners:** Hold that sailor's tongue, roll up the sleeves of your sensible yet stylish cardigan, and start setting the table. Your language and overall interaction with his family members will all roll into one well-formed opinion of your character. Of course, don't go overboard with the manners or sensible clothing to the point where you feel stiff and unnatural. You just want to create a sterling (and well-deserved) first impression.

**5. Be yourself:** You probably saw this one coming: The best way to succeed in any social situation is to relax and let others get to know the real you. Any time you find yourself getting nervous, remember that the whole reason you're meeting these people in the first place is because your mate is enamored with *you*. The more naturally you act, the more likely his family will follow suit.

[Marni Battista](#), founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for yourself and others. You can contact Marni at [marni@datingwithdignity.com](mailto:marni@datingwithdignity.com).

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## Single in Stilettos Show: The One Thing Men Want from Women



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, who became a dating coach after she realized that dating came easy to her. She didn't understand why so many women were complaining about finding

love...and in today's video, she shares some of her secrets with you. So what is the one thing that men want? Fun! It's really *that* simple. Here are four ways that you can be more fun: learn how to flirt; be adventurous and spontaneous; radiate a positive attitude; and keep conversation light-hearted.

**Related Link:** [Ms. Solomon Reveals Where to Meet Men](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

How do you have more fun when dating? Share in the comments below.

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## Four Ways to Stay Connected to Your Spouse







By Tammy Greene for [Hope After Divorce](#)

Let's face it: Life is crazy! Trying to keep up with the hustle and bustle of each day is overwhelming: work, family commitments, school, soccer, dance classes, friends, health, birthday parties, holidays, babies, and so on. Sometimes, we look back on the week and wonder where it went. One of the challenges you might face, as a result of this stress, is staying connected to your spouse. Putting your relationship on the back burner can quickly breed cracks in the foundation of marriage – and a cracked foundation can often be difficult to repair.

We've heard of several celebrity couples separating as of late, including Chris Martin and Gwyneth Paltrow. Recently, the Coldplay frontman has been rumored to be dating Jennifer Lawrence. It may be too late to rekindle his marriage to the goop founder – or maybe it's not. Time will tell!

**Related Link:** [Divorce with Dignity](#)

To prevent a complete disconnect from happening, it's

important to make your marriage a priority despite all of the challenges that every day throws at you. Here are a few ideas to help you stay connected to your spouse:

**1. Affirm your love each morning:** Start the day off with a connection. Before work, children, headaches, and fatigue set in, make sure that your spouse feels your love. Begin the day with a really great kiss, a sweet hug, or at the very least a sincere “I love you.” It may sound simple, but it’s often the simple things that can make the biggest difference in a relationship. Something as small as a steamy kiss can leave your spouse thinking about you all day.

**2. Say thank you:** We all desire to feel appreciated, but often times, we forget the power of those two words: “Thank you.” Take advantage of the opportunities to say them to your spouse. Show your appreciation for the little things like taking out the trash as well as the big things like going to work everyday so that you can have a better life. Don’t let gratitude go unspoken! Make sure that your spouse knows that you appreciate all that they do.

**Related Link:** [Lessons from Jennifer Garner and Ben Affleck](#)

**3. Schedule date nights:** Regular date nights are an absolute must for a healthy marriage – and they don’t have to be complicated. The purpose of a date night is to reconnect with each other. That could mean doing something as easy as asking Grandma to watch the kids at her house and going back home for pizza on the living room floor. If a sitter is too hard to come by, plan something special at home after the kids go to bed. Stay unplugged, play a game, have dessert, and focus on each other.

**4. Plan a vacation:** Looking back on your relationship, when did you feel most passionate and happy? It was probably in the early days when you were dating. One reason for this is because, in the beginning, you spend a tremendous amount of

time alone together. Then, as marriage and life sets in, that alone time starts to dwindle, often dwindling down to nothing. But maintaining a healthy marriage requires couples to continually take time to be alone. Stay connected with your spouse by getting away for a couple of days. If funds are tight, send the kids to a friend's house and just stay at home. You'll be amazed at how far that small amount of time, reconnecting and loving each other, can carry your relationship.

**Related Link:** [Five Secrets Truly Happy Couples Know](#)

It is easy to get disconnected from our spouses. We each have so much on our plates – so many things to do and so many places to be. But putting everything else before our marriages can lead to some serious and sometimes irreparable damage. By making a conscious effort to stay connected, you are giving your marriage all of the nutrients it needs to be healthy and thrive.



*Tammy Greene is a graduate of the University of La Verne. She has worked as a Child Life Specialist and social worker assisting families who have children with illness or mental disabilities. Tammy is a producer of the national PBS children's television show, Curiosity Quest. She has a blog, Married and Naked, where she shares personal lessons learned from her own life, offering helpful ways to navigate through the challenges of marriage. Tammy is a contributing expert*

*at HopeAfterDivorce.org, FamilyShare.com, LAFamily.com and CupidsPulse.com. She is happily married to her high school sweetheart and is the mother of two. See Tammy's Curiosity Quest website and follow her blog, MarriedandNaked.*



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# ‘Break Free from the Divortex’ with This New Book by Christina Pesoli



By [Sarah Batcheller](#) and Laura Seaman

When you walk down the aisle and say “I do” to the person you love more than anything in the world, the thought furthest from your mind is divorce, and yet it ends roughly half of all marriages in the United States. It happened to Christina Pesoli, a breakup coach and relationship expert. In her new book *Break Free from the Divortex: Power Through Your Divorce and Launch Your New Life*, she helps those going through the



pain of a divorce find their way out of the spiraling hurt and confusion. CupidsPulse.com had the pleasure of interviewing Pesoli about her experiences and her book, which was released yesterday, August 26th.

**We love the term “divortex” and the way you define it! What initially made you want to help people entering this stage of divorce?**

Perhaps not surprisingly, it was my own divorce that made me want to help other women escape from the divortex and move forward with their lives. The thing is, when I was going through my divorce, I knew I wasn't my normal, levelheaded self – as did everyone else around me (the signs weren't subtle). Still, I had no idea how to get back to something that resembled the regular me again. After stumbling around for a few months, things started to get better, and I slowly began to piece together a new life.

Eventually, I started hearing from other women who were in the earlier stage of divorce. Having just lived through it myself, I realized that I might be able to help them avoid the trial and error that I had to resort to myself. I reflected on my own experience and drew up a road map of the most direct route possible, minus the wrong turns and dead ends along the way.

**Related Link:** [Considering Divorce? Ask Yourself Three Questions.](#)

**When it comes to your own divorce, what would you say is the most valuable lesson you learned?**

The most valuable lesson I learned was that I was not powerless, no matter how terrible things were at any given moment. No one has power over everything, of course, so that's important to remember too. But when you feel like the rug has been pulled out from under your life and you're laid out on the pavement wondering what just happened to you, it's easy

find yourself feeling like a helpless victim. It takes a lot of hard work to reconstruct your life. If you feel powerless, you'll never even get started, let alone finish the job.

And getting started is critical, because the very act of rolling up your sleeves and getting to work actually generates more power. The more you work to reconstruct your life, the more power you get. So, there's kind of a Jedi mind trick about the whole thing: You have to remind yourself that you have power at the very moment when you feel like you don't have an ounce of it. This mindset is essential to getting back on your feet.

**Your divorce also involved your children, which can make things much more difficult. What is the best way for someone to explain their divorce to their children?**

Okay, so this is a counter-intuitive answer, but hear me out: I believe the best thing you can do to help explain divorce to your kids actually happens well before you get a divorce. That's because the best thing you can do is to not promise them that you will never get a divorce. Think of it like this: You can't promise your kids you'll never get in a car accident. Of course, you don't *want* to get into a car accident. You really and truly hope you won't, and you're going to do your best to drive safely. But despite all of that, you might still get in a wreck someday.

Also, when you learn that a couple is getting a divorce, don't react to the news as if it's a tragedy from which those involved will never recover. You can acknowledge to your kids that divorce is hard and sad while still conveying that you have confidence that those involved will ultimately work through it and be okay. In other words, treat the news more like a broken leg than a terminal illness, if you get my drift.

When it comes to telling your kids about your own divorce,

they need to know what divorce does and does not mean for your family. Divorce *does* mean that their mom and dad will live separately and no longer be husband and wife. Divorce does *not* mean that the kids will lose family members. After the divorce, they will still have a mom who loves them and a dad who loves them. The schedule and the living arrangements will get restructured, but who their parents are and how much their parents love them will always stay the same.

**Before the divorce itself, there comes the decision about whether or not to get a divorce. When do you think is the right time for a couple to start the divorce process?**

The question of when to pull the plug on a marriage is a personal one. I once had someone who was contemplating divorce ask me if she would still be able to afford organic produce if she went through with it. I told her probably, but if that was her biggest concern, she wasn't ready to get a divorce.

It's hard to have perspective when you're smack dab in the middle of it. That's why I tell people who are thinking about getting a divorce to ask themselves two questions. The first is *why* they want to get a divorce. That one is usually easy to answer – things like, "He cheated," "I'm not in love anymore," or "I'm bored." The second and more important question is *how* being divorced will remedy the problem. That question is much harder to answer – and often overlooked.

Once you have worked through both questions, you will either arrive at a clear answer or you'll still be uncertain. If you are uncertain, that, in itself, is your answer for the time being. If, on the other hand, you conclude that divorce is in fact necessary, the clarity that comes from having worked through these questions and arrived at a definite answer will give you the resolve to make it through the ordeal.

**Related Link:** [Hang Tough – You'll Get Through It](#)

**Lastly, do you have anything else to add?**

One of my favorite pieces of advice for women going through divorce is this quote from Winston Churchill: "Never, never, never, never give up." (I think that's how the quote goes, give or take a "never" or two.) And yes, I realize he was probably talking about war rather than slogging through a divorce, but still, I see parallels.

To be clear, by not giving up, I don't mean digging in, dragging things out, or making your divorce into a bloodbath just for the sake of "winning." I mean never ceasing to lose focus on where you are now and where you'd like to go in the future, then letting those things inform the choices you make along the way. Do that, and you'll get to a good place soon, I promise.

*Pick up a copy of Break Free from the Divortex today! You can also visit Christina's website [EmotionalHardbody.com](http://EmotionalHardbody.com) and follow her on Twitter (@ChristinaPesoli or #Divortex).*

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## Should You Date Someone Going Through a Divorce?







By Laura Seaman

Dating someone who is divorced is one thing, but dating someone who is currently going through a divorce is another. This person is still technically married, even if it might not see it that way. Every divorce is different, though. Some couples have all out wars over anything and everything, while others decide that they're better off as friends than partners. Some pairs have kids while others may not. If you're considering a relationship with a person who is getting divorced, you need to know exactly what you're getting yourself into.

**1. Get clear answers on how far into the divorce they are before going any further:** Every situation is unique! You can get the story from both sides of the equation, and they may be very different. One partner might say that the separation has been coming for a long time, but there's still quite a bit to do as far as splitting up assets, while another may say all that's left is the paperwork. Make sure you dig in and find out all there is to know before entertaining the idea of a relationship.

**Related:** [What Now? Transitioning From Married to Single](#)

**2. Be sure there's not a lot of emotional baggage:** While not every divorce is the same, all of them mean the same thing. This person was in love with someone else at one point, and now that relationship is over. Even if the two were fighting all the time and this divorce is seen as a relief, there's bound to be some pain. It's going to take some time to heal for most people, even if they insist that they're fine and have moved on. Don't assume you're the rebound, but be aware that it's a possibility.

**3. Don't get involved in drama:** Of course, your new partner isn't the only one going through this divorce. There's an ex in the picture, two families, and possibly some children. Divorce can cause a lot of drama, so make you're prepared to deal with it and not add to it. If the ex is still coming around to settle things or the kids seem uncomfortable with their parent dating again, maybe now isn't the best time for a relationship.

**Related:** [Taking On the Role of Stepmother](#)

**4. Don't question a good thing:** Though there are many possible complications, there's also a chance the divorce they're going through has no issues. Some relationships are dead long before divorce is finalized. It might be a matter of paperwork, money, or just being too preoccupied with other things. In that case, don't spoil a good thing!

It's important to know what you're getting yourself into before you decide on entering a relationship with someone who is still going through a divorce. Not all divorces are messy, but they are all unique. Make sure your potential partner is emotionally ready for a new relationship, and don't set yourself up to get hurt by being a rebound. Good luck!

**What do you think about dating someone while they're going through a divorce? Let us know in the comments!**

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# Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to Be Shared"



Interview by [Lori Bizzoco](#). Written by Shannon Seibert.

Fans recognize Jesse Kovacs from season five of *The Bachelorette*, where he fought for Jillian Harris's heart, and season one of *Bachelor Pad*, where he caused drama with ex-girlfriend Elizabeth Kitt. Now, he is standing at another rose ceremony, waiting to see if he will get a rose on *Bachelor in*

*Paradise* tonight. “It’s funny because, during this rose ceremony, I was sick as hell. I don’t think they show it, but I was off in the jungle puking my brains out,” Kovacs tells us in our celebrity interview. “So I wasn’t even concerned about getting a rose.”

**Related Link:** [Former ‘Bachelor Pad’ Exes Elizabeth Kitt and Jesse Kovacs Offer Advice on Dating and Love](#)

## **Jesse Kovacs Talks About Return to Reality TV for *Bachelor in Paradise***

Arriving in Tulum, Mexico this week, his first date was with Jackie Parr (Sean Lowe’s season). He knew nothing about the format of the show; he did, however, know that it was worth it if finding relationship and love was a possibility. “It’s all about the experience for me,” he shares. “If you’re open-minded, you can meet someone anywhere. It doesn’t matter if it’s on reality TV or if you’re in the coffee shop, at a bar, or at the post office.”

What wasn’t aired is that Robert Graham pulled him aside and gave him a brief rundown of the situation. “I did know that Marquel and Jackie went on a date but still felt confident that she would want to go on a date,” he confirms. He also says that everyone was super nice and inclusive. “Graham Bunn and I pretty much hung out the entire time,” he adds.

When the winemaker first got to the island, he had three or four days of date after date after date and then a rose ceremony, leaving him with little free time to get to know any of the guys except for his roommates. “I’m talking with the guys in my hut as if I were talking to any of my buddies about a girl I was seeing, totally not realizing that there were microphones in the ceiling,” he reveals. “Certain things were relayed back to the girls – and of course, guy talk isn’t always meant to be shared.”



**Related Link:** ['Bachelorette' Star Marcus Grodd Is Engaged to 'Bachelor in Paradise' Costar](#)

Teasing his storyline further, he admits that something happens that leads to tension between him and one of the guys. Plus, he gets mixed up in a big misunderstanding that causes him to head home early. "That will all come out later," he assures us. He says that he looked like the bad guy, although he was telling the truth about what happened.

Despite everything, Kovacs doesn't have any regrets and speaks highly of his experience. "It is what it is. Realistically, I should've known better." Given he walked into a similar storm between AshLee and Clare, we had to get his opinion on the situation with the ladies. "I definitely feel like AshLee is always concerned about how she will be portrayed," the reality TV star says. "Her edit or cut was the most important thing to her. I noticed this right away."

## His Recent Relationship and Love Life

He may not have found a relationship and love on *Bachelor in Paradise*, but we do know is that he had a serious girlfriend since viewers last saw him on *Bachelor Pad*. "She was in San Diego, and I was living in Los Angeles. We spent every weekend together – we'd go to the beach, and I'd bring a bottle of wine," he candidly shares. "We moved in together, started a business, and then split up seven months ago."

Outside of the show, Kovacs tells us that he isn't looking to settle down again anytime soon. Instead, he's staying busy with his entrepreneurial endeavors. He recently opened a lounge called Liquid in downtown San Diego, and he's still managing Kovacs Brothers Wine with his brother. "We have some wine that we're probably going to release in early September,

and then we're going to be harvesting again," he says of what's next.

*You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune into Bachelor in Paradise on ABC on Mondays at 8/7c!*

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## Beyoncé and Jay Z Lock Lips at MTV Video Music Awards



By Kaley Allard

Recently, there have been rumors swirling that power couple Beyoncé and Jay Z were headed for splitsville. As reported by

[E! Online](#), the two put that gossip to rest when they kissed at the 2014 MTV Video Music Awards as the rapper presented his wife with the Michael Jackson Video Vanguard Award. Beyoncé thanked God, her daughter Blue Ivy, her husband, her fans, and MTV for this award and couldn't hold back the tears.

**What are some ways you can support your partner's career?**

### **Cupid's Advice:**

The human race is a self-centered one. We want others to pity us in times of need or to praise us in times of joy. When you are in a committed relationship, that attitude must change in order for your partnership to stay strong. Here are three ways to support your partner's career and show how much you truly care:

**1. Surprise them:** If your partner receives a promotion at their job, surprise them with a nice dinner or even a simple card. Anything to say how proud you are of this exciting announcement will make the promotion even more special.

**Related Link:** [How to Handle Being More Successful of Your Partner](#)

**2. Lend an ear:** If your partner is worried or stressed about a project at work, take the time to actively listen to their concerns. Allowing them to vent will show them that you really care about what's going on and that you're there to help them work through any issues they may have.

**Related Link:** [Celebrity Athletes and the Women Behind Them](#)

**3. Plan a date night:** If your partner loses their job or even just has a really rough day at the office, take them out for a night of fun and relaxation. Put off discussing the tough situation until tomorrow, but don't put it off for good. If needed, help your partner in their job search. No matter what,

be positive – tomorrow will be a better day!

What have you done to show your support for your partner's career? Please share below!

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# Adam Levine and Behati Prinsloo Make Debut as Married Couple



By Kaley Allard

Women around the world wept when the news of Adam Levine's



engagement and wedding was announced. The Maroon 5 lead singer is easy on the eyes, so it's surprising that it took someone so long to nab him! As reported by [UsMagazine.com](http://UsMagazine.com), *The Voice* coach and his Victoria's Secret model wife Behati Prinsloo attended the 2014 MTV Video Music Awards in their first official outing since they said their vows earlier this summer. The pair were gorgeous and looked so in love as they strolled down the red carpet. We wish them a lifetime of happiness!

**What are the pros of being a married couple rather than just being in a relationship?**

### **Cupid's Advice:**

Being in a committed relationship with someone is a wonderful experience, and when the two of you decide that it's time to get hitched, your love reaches a new level. You both care for and trust each other enough that you're willing to commit for the rest of your lives. Here are a few perks that go along with being a married couple:

**1. Honeymoon phase:** One thing that people always talk about is the so-called honeymoon phase that newlyweds experience. There is an overwhelming sense of joy now that your wedding is finally over. It's time to relax and just enjoy each other's company as a married couple.

**Related Link:** [Find Out About Adam Levine and Behati Prinsloo's Wedding Reception](#)

**2. You're now a unit:** After you and your partner officially tie the knot, those around you will see you as one. Your marriage shows your family and friends that you have made a lifelong commitment to one another and are completely dedicated to each other. Your relationship has hopefully grown stronger because of this big step!

What positive experiences have you had now that you and your partner are married?

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# Miley Cyrus Makes Celebrity News With Homeless Date at VMA's



By Kaley Allard

Miley Cyrus may have been all about having fun at the 2013 MTV Video Music Awards, but this year, she was strictly business. The [latest celebrity news](#) cites that in order to raise

awareness about youth homelessness and promote her fundraising campaign, she brought a homeless man named Jesse as her date. When Miley's hit song "Wrecking Ball" took home the Video of the Year award, she let Jesse take the spotlight and give her acceptance speech. Cyrus was brought to tears by his speech, and instead of hitting up post-VMA parties, the duo headed to In-N-Out Burger to celebrate, according to [UsMagazine.com](http://UsMagazine.com). She posted an adorable photo on Instagram to commemorate the evening. While her twerking days may not be over, at least Cyrus is taking a break and advocating for causes that are truly important to her. This celebrity news melts our hearts!

## How can you and your partner incorporate charitable causes into your relationship?

### Cupid's Advice:

For most of us, extra time and money are hard to come by. This fact makes it difficult for working couples to help charitable organizations. Do not fear! Cupid has some dating and love advice to help you and your partner contribute to those causes that are near and dear to you without making you eat Ramen noodles for the rest of your lives:

**1. Donate money:** Instead of spending money on that five-star restaurant, you and your partner should consider giving those funds to a charity that means something to both of you, whether it be to an animal rights group or to bring clean drinking water to third world countries. Make it a monthly tradition and pick a new organization each time!

**Related Link:** [Celebrities That Actually Get Their Hands Dirty When Giving Back](#)

**2. Donate time:** Instead of spending your day mindlessly

sitting around the house or wandering around the mall, make your Saturday useful by volunteering with your partner. There are so many opportunities to help out in even the smallest of communities. Look into local nursing homes, soup kitchens, and animal shelters, just to name a few options. It'll make you feel good to help others in need, and those who you helped will be forever grateful.

**Related Link:** [Take a Charity Walk](#)

**3. Fundraise:** Sit down with your partner and organize a fundraiser for a local organization that's struggling. Rally your friends and neighbors to help raise awareness or to donate funds. Any way that you can give back to your community will show how proud you are of your home.

**What are your thoughts on this celebrity gossip? Tell us in the comments below!**

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## Jennifer Lopez Reunites with Celebrity Ex Casper Smart at MTV VMA's







By [Courtney Omernick](#)

In the latest celebrity news, [UsMagazine.com](#) reported that Jennifer Lopez was able to spend some quality time with her celebrity ex Casper Smart last night at the VMA's. He sat in front of her at the award show, and they were spotted sharing Skittles and talking. Their [celebrity relationship](#) may have ended, but it's clear that these two are maintaining a good friendship.

## **Even the most coveted celebrity relationships come to an end! What are some ways to keep things civil post-breakup?**

### **Cupid's Advice:**

If you're hurting because of a break-up, it can be hard to think about being nice to your former significant other. But, if you're looking to keep things civil, we have some love

advice for you:

**1. Give them their space:** Breaking up is hard for both parties. If you truly want to keep things on a level playing field, it's best to give them some space right after the break-up occurs. The other individual is going to be much more open to being friendlier if they've had some time to cope with their feelings.

**Related Link:** [Jill Duggar and New Husband Derick Dillard Are Expecting First Child](#)

**2. Show your support (in moderation):** You want the other individual to know that you still value them as a person, and possibly a friend, so it's important to help them understand, through tiny gestures, that you still support them. However, you don't want to constantly bombard them with "Congratulations" and other happy messages because you could be implying something else.

**Related Link:** [Carson Daily and Celebrity Love Siri Pinter Welcome Third Child](#)

**3. Treat them as a friend:** If you want to keep things civil, it's important to treat your ex as you would a friend or acquaintance. Be positive, smile, and keep things light and happy.

**J-Lo is facing the end of her celebrity relationship gracefully. What are some ways you've kept things civil post-break-up? Share your stories in the comments!**

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# Carson Daly and Wife Siri Pinter Welcome Third Child



By Ann Luther

London Rose Daly has officially arrived! Carson Daly and Siri Pinter welcomed their third child on Wednesday, August 20th. London Rose is joining her two older siblings, Jackson James, 5 and Etta Jones, 23 months. Daly told [UsMagazine.com](http://UsMagazine.com), "Watching Jack and Etta meet their new sister was like watching a scene in a movie, directed by God." It's a wonderful life in the Daly-Pinter household!

**How do you introduce your new child to your older children?**

**Cupid's Advice:**

Bringing home a new baby is both exciting and nerve-racking, especially if there is another child in the mix. It's a delicate situation to introduce a new addition to an already-established family dynamic. Cupid has some advice for you:

**1. Explain what's happening:** For younger children, a new baby can be hard to understand. Before the baby arrives, sit your children down and have a talk with them. Tell them what's going to happen and ask if they have any questions. Knowing what to expect will take the edge off of their initial meeting.

**Related Link:** [Carson Daly is Engaged to Longtime Girlfriend Siri Pinter](#)

**2. Affirm your love:** Jealousy happens. As a parent, you must be sure your child knows that they are loved. You can explain the concept of infinite love. Even with this new bundle arriving, you won't love your older children any less than you did the moment they were born.

**Related Link:** [Christina Aguilera Welcomes a Baby Girl with Matt Rutler](#)

**3: Make it fun:** Your children are going to become big brothers or sisters! That comes with some responsibility and a ton of fun. Knowing that they, too, have a role in this new baby's life will make your children feel important and get them excited.

**How did you introduce a new baby to your older children? Share your stories in the comments below!**

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# Are You Sure You Aren't the Other Woman?



By [Sarah Batcheller](#)

Many of us may have the tendency to occasionally let our trust issues get the better of us, and we begin to wonder what our significant other is up to when we're not around. It can even get as bad as suspecting them of having an affair. It is less common, though, for us to look at ourselves and wonder, "Could I be the woman on the side of his real relationship?" Just as there are warning signs that someone is cheating on you, there are signs that you are the one he's cheating with. No lady looking for love wants to fall under the category of the other woman! With that thought in mind, here is Cupid's advice on how to know if you should get yourself out of your

current situation before an angry girlfriend (or worse – wife!) leads a torch-bearing mob down your street:

**1. He hasn't introduced you to his friends or family:** Well, that's simply because no man has the audacity to admit to his closest comrades, especially his family, that he's dating two women. Not to mention, secrets aren't kept very well that way. Unfortunately for you, if he hasn't introduced you yet, it may be because you are the lesser of the two ladies. If it's been a few months and things are getting more serious, it's time to meet the important people in each other's lives. If he refuses when you bring it up, that's probably because one of those people includes a significant other.

**Related Link:** [Why Men Look at Other Women](#)

**2. You've never been to his house:** In fact, he won't even share his address with you so you can send him a sweet gift or card. This is likely due to the fact that his main girl lives with him or at the very least holds the ranking that allows her to make frequent or unannounced visits. Also, he probably doesn't want nosy neighbors acquiring any knowledge that could out him. Come on, haven't you seen *Desperate Housewives*?

**3. He takes a long time to get back to you:** If he takes hours or even days to simply respond to a text, voicemail, or e-mail, it may be because he's around a person (or people, like his friends and family) who he doesn't want to catch a glimpse of your message. This rude delay is due to the fact that you're on the back burner and therefore not important enough to respond to in a timely manner.

**4. He doesn't take you out:** He uses the excuse that he just likes to come over, cuddle, and watch a movie, but in actuality, he doesn't want to risk bumping in to anyone, like his friends, his girlfriend, or even his girlfriend's friends. This also means you're not worth the event of getting all dressed up for a fancy date night. Plus, he doesn't want

to have to spend money on someone who's less important than his significant other, who he *does* pay for.

**Related Link:** [6 Signs He's Lying](#)

**5. You have the same hunch a girlfriend would:** Just like a bonafide girlfriend may suspect cheating, you suspect the same, except your suspicion comes along with a combination of one or more of the aforementioned signs. In addition to these signs, you might notice that another girl tags him in pictures on Facebook, he's always on his phone, or he seems distracted. Basically, you suspect he's cheating, but due to the other red flags, you realize he's not cheating *on* you; he's cheating *with* you.

**Have you ever found out you were the other woman? Tell us your story in the comments below!**

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# **Date Idea: Go Strawberry Picking**





By Brittany Stubbs

When is the last time you and your love got outside and did something fun? It's time to head to the closest strawberry farm and pick your favorite sweets together! After all, this warm weather won't last forever, so take advantage of it and embrace the sunshine.

**Related Link:** [Date Idea: Make Your Love Set Sail](#)

Switch up your regular weekend routine of dinner and a movie and go enjoy nature instead. Not only will this adventure allow you to taste fruit that's fresher and juicier than what you'll find in your grocery store's produce section, but picking berries is just one of the many activities that the two of you can enjoy. Many strawberry farms also have petting zoos, beautiful flowers, souvenir stands, and great photo opportunities. Be prepared to pay with cash or check because most farms do not accept credit cards. Another tip: Wear tennis shoes and clothes you don't mind getting a little dirty.



After you've walked around the strawberry patch and filled your baskets, have a romantic picnic with your partner. Pack a blanket, some napkins, and a few food items that will pair nicely with the fruit you collected. For an easy and delicious treat, consider bringing angel food cake and whip cream and adding in your freshly-picked strawberries. But make sure you wash your hands and all that fruit before you get to munching!

**Related Link:** [Date Idea: Get Wet and Wild on the Water](#)

Assuming the two of you have some berries leftover after the picnic, plan a creative way to enjoy the rest of your goodies later that week. We know you've had your eye on all those recipes on Pinterest! Come up with a special dessert or even a meal that incorporates your fruit. Not only will this adventure give you and your love some sweet treats but some sweet memories too!

**Have you ever gone to a strawberry farm with your partner? Share your stories below!**

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## Meg Ryan and John Mellencamp Split After Three Years Together





By Ann Luther

After more than three years together, Meg Ryan and John Mellencamp have ended their relationship. Ryan has been living in New York, while Mellencamp has been staying on a farm in Indiana. A source tells [UsMagazine.com](http://UsMagazine.com) that “the distance got to be too much” for the couple. Best of luck to both of them as they go their separate ways!

**What are some ways to cope with long distance in your relationship?**

### **Cupid's Advice:**

Even the best couples can be broken up by distance. You expect so many things from a relationship that you simply cannot get when you're far away from your love. Plus, your partnership loses an amount of intimacy that can mean doom. However, distance doesn't always mean the end, so here are a few ways to help:

**1. Video chat:** Face-to-face communication is crucial to surviving a long-distance relationship. So much can be lost

over texts or even phone calls. Tone, intentions, facial expressions, and body language are all key to fully understand what and how your partner is feeling. Video chat isn't the same as being in-person, but it's a step in the right direction!

**Related Link:** [Celebrity Breakups: Who Burned Who?](#)

**2. Send each other mementos:** Leave something behind for each other...preferably something that can be cuddled. A teddy bear sprayed with his cologne will get you through those long, lonely nights. Having something to be able to physically touch when you can't touch your guy will aid in taking a bit of the edge off.

**Related Link:** [Singer John Mellencamp and Wife Elaine Split](#)

**3. Be sure to know each other's schedules:** Send each other your schedules and include time differences if you're separated by time zones. Knowing when the other is available for when you need or want them is unparalleled in comfort and security. If you know he's at the gym until 6 p.m. every night, then you won't be worried that he's ignoring your messages. You may not be able to actually participate in your partner's activities, but this little step will make you feel like a bigger part of their life.

**How have you coped with a long-distance relationship? Share in the comments below.**

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## Ryan Seacrest Aspires for a

# Marriage Like His Mom and Dad



By [Sarah Batcheller](#)

As Ryan Seacrest nears his 40th birthday in December, he's thinking about what it is in life that matters forever- love! According to [People](#), Seacrest thinks this means a marriage like his mother and father's, which is a healthy and happy one. His parents have been married for over 40 years, so now the multi-media mogul is thinking about how and when finding the same kind of love is in store for him, and the 40-year milestone is a wonderful time. Seacrest says his goal is to find balance in the coming year, which means focusing a little less on work, and a little more on the sweeter things in life.

**How do you know when you're in a healthy relationship?**



## Cupid's Advice:

Balance is important in any relationship, and it can be hard to see the signs if you're in an unhealthy relationship. Cupid has some hints that point to a healthy relationship:

**1. You spend quality time together:** Even amid all the craziness of work, school, and all other responsibilities, you and your partner make sure you set aside time to be together, and not just to sit around the house, but to have fun and bond. Spending quality time together allows both people to continue to feel connected throughout the days, even when they haven't seen each other for a bit. In long-distance relationships, this means making time for quality conversations, and not just texting all the time.

**Related:** [How To Turn A Summer Fling Into A Healthy Relationship](#)

**2. You both make compromises:** Being in a relationship means being part of a team, and when you're on a team, the goal is not for individual members to win, but for the whole group to win. This means that in a healthy relationship, both partners consider the *team* when it comes to big decisions, like relocating, and even little ones, like where to get dinner. Compromise means considering what will sustain a happy, functional relationship, rather than one person only considering themselves.

**Related:** [Cupid's Weekly Round-Up: Fixing Your Relationship](#)

**3. You're not afraid to be vulnerable:** Masking your feelings will set you on the fast track to the demise of your relationship. If both partners can be vulnerable, it makes it easier to compromise, because you know what each other truly want, deep down. Showing your true colors will allow your partner to nurture your deepest feelings.

**How do you make sure your relationship stays healthy? Share**

with us in the comments below!

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# Q&A: Can You Tell by Someone's Social Network If They're the Relationship Type?



*Question from Charlie W.: When I first meet someone, I always add them on Facebook, Twitter, and Instagram and do the inevitable cyber-stalking that everyone does but no one wants to admit. Are there signs that show if someone is the*

*relationship type or just looking to have a good time?*

[Suzanne K. Oshima, Matchmaker](#): It's so true: No one likes to admit to cyber-stalking, but the reality is, checking out a man that you just started dating on Facebook, Twitter, and Instagram can really tell you so much about him. You'll find out what's important to him and what he likes to do in his free time.

While there aren't any specific indicators to tell if he's the relationship type, there are some signs to watch out for that reveal if he's just looking to have a good time. If he posts a lot of photos of himself surrounded by beautiful women (you know the type – I think every woman knows a man like this!), he could be feeling the need to be validated and just want to play the field. Or if he posts a lot of photos of him partying and having fun with his buddies, he might still be in the *Animal House* phase of his life and not have any intentions of getting serious with someone. Ultimately, there aren't hard and fast rules when it comes to determining if a man is relationship material; however, these are some red flags to look for while you're dating him.

**Related Link:** [Celebrity Couples Who Let Social Media Ruin Their Relationship](#)

Paige Wyatt, Reality Star: Finding out what a person is like through social media can be a tricky thing, but it can be a good way to see if they are worthy of getting to know more after a first impression. A good way to tell if someone is the relationship type is to look at the activities they like. If they enjoy hiking, cooking, reading, or spending time with friends or family, they may be more of the relationship type. But if there are tons of pictures at clubs, bars, or parties, they may be just looking to have a good time. Though these signs give a good idea of what a person likes to do, they are *not* the best way to find out who they really are. Instead, get

to know them in person and spend quality time together.

**Related Link:** [Five Ways Social Media Can Help Your Relationship](#)

[Robert Manni, Guy's Guy](#): If you dig deep enough, you can get a reasonable idea about someone's relationship potential based on their social media activity. We all take a look at our new dates online, but we need to be careful not to prejudge our prospects solely based on their tweets, Facebook posts, and Instagram photos. Not only is the content mostly superficial, but it takes a lot of the fun and mystery out of dating! After all, the best way to get to know someone is in person.

*To find out more about our three dating and technology gurus, click [here](#).*

*If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).*

**Have you ever judged someone you're dating based on their social media activity? Tell us about it in the comments below!**

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## Ben Affleck Gets Playful with Jennifer Garner During Ice Bucket Challenge







By Ann Luther

Ben Affleck and Jennifer Garner have set another crazy adorable relationship goal with the ALS Ice Bucket Challenge. Affleck was challenged to support awareness for the cause by Tyler Perry. In the video, Affleck nominates four people who he knows “from firsthand experience look good in a wet T-shirt,” chief among them being his wife. Upon finishing his list of nominations, Garner dumps the ice bucket over her husband's head who immediately grabs her by the waist and hurls the both of them, fully clothed, backwards into a pool. In the background, you can hear their children laughing boisterously. [UsMagazine.com](http://UsMagazine.com) says Affleck's video may be “the best yet.” We agree!

**What are some ways to bond as a couple through charity?**

### **Cupid's Advice:**

Charity is a marvelous way to reflect and give thanks for what you have. If one of the things you're grateful for is your happy relationship, then finding a way to give back to your

community can be twice the fun if you participate with your partner. Here are some ways to strengthen your bond as you strengthen a cause:

**1. Pick a cause that's important to both of you:** There are a million causes that need support: cures for cancers and other diseases, meals for the impoverished, youth literacy, ending animal cruelty, the list goes on and on... and on. So, there is going to be at least one cause that is special to both of you. Picking a cause and working together to aid it will bring you two closer on a spiritual level. You'll get to explore different sides of each other that can only be brought out through selfless acts like charity.

**Related:** [Jennifer Garner and Ben Affleck Celebrate 9th Wedding Anniversary](#)

**2. Create your own event to help your cause:** You can have so much fun with charity if you raise money the way *you* want to! Plan a 5k, a bicycle race, a dance, or even a classic cocktail party. The pair of you will get to spend extra time planning before the event, relish in the event itself, and be able to donate something together when it's all over with. It'll be a toss up as to who is benefiting more from your work!

**Related:** [Lessons From Jennifer Garner and Ben Affleck](#)

**3. Participate in your partner's charity of choice:** If there is something truly special to your beau's heart, educate yourself on the cause and why exactly it is important to him. Then, find a way to get involved! Your guy will love the effort you put into something so close to him. Sign both of you up for an event and have fun with it. On the day of, embrace those special moments that you can't get out of your every day routine.

**Have you bonded with your partner through charity? Share your stories in the comments below!**

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# Screwing the Rules Video Dating Tips: Do THIS for Better Dates



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Dating Coach on Having

# Better Dates

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) reveals what two little words will allow you to connect more with your partner and make your next date even better than the last. "‘Me too’ is the universal connector," she explains. "It's what allows you to understand and be empathetic with someone else." It also shows your vulnerability and willingness to open yourself up. This simple phrase reassures your significant other that they aren't alone, reminding them that they have *you* during both the good and bad moments.

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

Try using "me too" on your next date and let us know how it goes!

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## Celebrity Couple Aziz Ansari and Courtney McBroom Step Out Together







By Shannon Seibert

Aziz Ansari is known for keeping his personal life private, but he's finally given us a glimpse into what makes him happy. According to [UsMagazine.com](http://UsMagazine.com), the comedian has a sincere soft spot for his beautiful girlfriend, Courtney McBroom. Though Ansari, 31, has kept quiet about most aspects of his celebrity relationship, he did slip us a small tidbit about McBroom during a May interview with *Billboard Magazine*. "I met her years ago when she was seeing someone. I thought she was really cool. Then, I ran into her randomly, and she was single," he said. "I've kind of settled down. I was the guy eating Skittles and having lots of fun, and then I was like, 'I need a nice nutritious salad' – she's the salad." Things between the celebrity couple are progressing, and sources say that McBroom has moved into the *Parks and Recreation* actor's place in Los Angeles. "They've been visiting the city the past few days," sources reveal. "He's writing a book about relationships as well lately and is on deadline for that." No doubt that Ansari's own celebrity love story is one worth reading about!

# What are the benefits of settling down like this celebrity couple?

## Cupid's Advice:

It's a rare thing to find someone who can consistently make you happy and make you feel safe. Making a commitment to someone can ease your stress as well as give you a feeling of security. As this celebrity couple now knows, settling down is actually extremely beneficial to the heart, body, and soul. Check out these top three pieces of relationship advice as to why you should snag a piece of man candy:

**1. You can stop playing the game:** The dating game includes courting, flirting, and guessing your partner's next move. It creates a lot of unnecessary stress for both parties, and that's before factoring in other women, other men, differences in opinion, being afraid to voice your feelings, etc. When you settle down, you and your partner are able to retire from the drama and enjoy your time together. In turn, you are also able to experience peace together for the first time. The commitment you make to one another is symbolic of your publicized feelings for one another, and no one can interfere with that unless you let them.

**Related Link:** [New Celebrity Couple: Cameron Diaz Is Dating Benji Madden](#)

**2. You become more focused:** The guessing games of the dating world come to a screeching halt when you get serious with someone. This allows you to focus on things that actually matter. When you're in a long-term relationship or married, you find that you have more time to focus on yourself and your love. The two of you will be able to make each other a priority and learn to grow together as a couple. You'll become more goal-oriented and begin to realize what truly matters in life.

**Related Link:** [New Famous Couple: Chloe Grace Moretz Is Dating Brooklyn Beckham](#)

**3. You always have a support system:** Your partner should provide you with a solid shoulder to lean on when things are both good and bad. He will become your best friend as well as life partner. Together, you will share your darkest secrets and your best memories. In the words of *Grey's Anatomy's* Christina Yang, he will be “your person.”

**This may be one of our favorite celebrity relationship stories! What are your favorite benefits of being in a committed partnership? Tell us below!**