Celebrity Stylist Derek Warburton on Holiday Fashion: "If You're Meeting the Family, Wear the Softest Cashmere Possible"





By Sarah Batcheller

"Fabulous" hardly begins to describe Derek Warburton, a celebrity stylist, media personality, and master of all things fashion. He has dressed the likes of Beyoncé Knowles, Jessica Alba, and numerous Victoria's Secret models. His love for New York City street style translates into the artistic chicness of his styles, and he has a keen eye for popular trends. Warburton has a slew of tips to offer to the everyday gal, including dressing for day-to-night or planning an outfit for an office party. In our exclusive interview, we chatted with the style guru about holiday fashion as well as fun looks and date ideas for the rest of the year!

#### Celebrity Stylist's Best Fashion Looks and Date Ideas

For starters, Warburton suggests two hot trends to consider working into your wardrobe this winter: "This year, it's all about the faux fur. I'm really pushing faux fur because there are so many fun things you can do with it: It can look really fun and feminine on a girl. You can do a faux jacket or a fun accessory, and it just livens up your look. I'm also talking a lot about leather in multiple colors. A burgundy, forest, or even cream-colored leather can be really fun, especially in a skirt." The trend-lover recommends the pleated accordion skirt as an addition to any winter wardrobe, reminding fashionistas with curvy body types to choose longer skirts and those with slimmer bodies to wear shorter ones.

**Related Link:** <u>Bobbie Thomas on Date Night Fashion: "If You're</u> <u>Looking to Have a Good Time, Don't Be Uncomfortable!"</u>

The tell-it-like-it-is fashion adviser gives some notable fashion <u>dating advice</u> for different holiday occasions. All of you office-chic stylistas out there, have no fear! "It's all about the button-up shirt," he says of transitioning an outfit from day to night. "If you're wearing a big cardigan and a button-up during the day, a lacy bra is the hottest thing to wear underneath for day-to-night. Just unbutton the shirt a little when it's time to go out." Warburton also suggests chandelier earrings and colorful bangles as must-have accessories to compliment your nighttime look. Speaking of work, if you're hoping to be caught under the mistletoe at your office holiday party, he insists you must not overdo any part of your outfit, being that you're still in a professional environment. "Gorgeous chic is what I suggest, something very, very simple," says Warburton. "Add something a little sexy, whether it be a pop of color or a pair of heels."

# Relationship Advice: Meeting the Family

He goes on to describe appropriate attire if you're going home with your honey for the holidays and meeting their family for the first time. "Generally, the cleaner, the better. You want to look really tailored and sleek. If it's family you're meeting, you should always look like you're put together with a little bit of personality," he says of his best relationship advice. "Also, wear fabric that feels really good. When someone comes in for that hug and you feel warm and cozy, they're going to have that feeling about you! Try and wear the softest cashmere possible because then everyone is going to want to touch you, which will make them feel more comfortable with you."

As for ringing in the New Year, if you want to escape the cliche of glitter and sparkles, Warburton says, "Metallic metal is huge. Also, you can't be afraid to shine up the room with winter whites. The creamy, clean feel is big all around the world right now!"

Related Link: OK! Magazine New York Fashion Week Celebration

Being in love with New York City street style, the celebrity stylist says that a date night look inspired by such fashion should be feminine yet balanced. "A dress and a high-heeled boot is a good look," the celebrity stylist claims. "I always tell girls to wear a dress, but you've got to pick showing off some cleavage and wearing a longer skirt or a shorter skirt with a higher neck."

If we weren't already excited for holiday fashion, we sure are now! More of the style sage's favorite looks can be found on his new website called Instafabulous.com, where top model's Instagram posts will be shared and discussed. Furthermore, Warburton will be touring Texas, New Mexico, and Vegas, discussing the hottest trends for the holidays.

You can get a glimpse of Derek's favorite styles by liking him on www.facebook.com/derekfabulous/ and following him on Twitter @derekfabulous!

# Date Idea: Give Thanks for Your Health





By Shannon Seibert

While you may be tempted to feast this holiday season, you and your love can both benefit by choosing healthier options. As a pre-Thanksgiving weekend date idea, spend the weekend prepping for the holiday with healthy versions of your favorite meals and planning a winter workout regimen.

#### Related Link: Date Idea: Friendsgiving

#### Relationship Advice for You and Your Love to Get Healthy This Thanksgiving

People mistake healthy eating for bland food, which is definitely not the case. Get cooking in the kitchen with this delicious <u>date idea</u>. Put together some indulgent dishes with your honey that will fool your tastebuds about calorie content. The Food Network has a plethora of gluten-free, trans fat-free, vegan, vegetarian, and other healthy alternative recipes that are easy to make and heavy on the flavor. Playing chef with your sweetheart can also inspire a heart-toheart talk about your health. Being healthy and in good shape with your partner is a piece of relationship advice we easily take for granted. So pour a glass of Cabernet Sauvignon (good for your heart!) and tell each other what you're thankful for. Simple life pleasures — such as being able to run or having an above-average immune system — are something to appreciate.

As you progress in your healthy lifestyle with your honey, consider this piece of love advice: Tell your significant other that you're thankful to have such a wonderful, motivating partner that inspires you to be a better person. Having a positive attitude and sharing words of encouragement will help you and your partner to improve your health.

Proper exercise goes hand in hand with healthy eating, so this winter, keep warm with your love by getting active. Together, make a chart displaying a weekly workout regimen. Ask your honey what muscles he wants to focus on and channel that inspiration into a tag-team exercise plan. Google some winterinspired workout ideas that will help you and your beau survive the cold weather.

#### Related Link: Date Idea: Get in the Game

To really turn up the heat this winter, why not try out hot yoga for a active date idea? Most classes are 100 minutes long in a 100-degree room and incorporate multiple styles of yoga. Watching each other stretch in all directions as you drip in sweat from the intense heat can actually be sexy. Who knows, you may take away a few new moves to try out later at home.

Cool off afterwards by stepping outside into the crisp, cool air or just nibble on some Edy's Chocolate Trinity ice cream (hey, you earned it!). Enjoy the feeling of doing something great for your body with someone who holds such a special place in your heart.

What are you thankful for this Thanksgiving? Tell us in the

# Idina Menzel Discusses 'Slutty' Dating Style





By Amanda Boyer

Post-split from Taye Diggs, Idina Menzel wants to get out and date, but there is one problem: lack of time. According to <u>UsMagazine.com</u> and her recent interview with <u>Redbook</u>, the performer has a busy schedule, including being a mom to her son as well. Menzel does not want her dating style to look "slutty" as she states how most of her dates would have to be

at midnight after her shows are over and she can relax.

#### What are three different dating styles to consider?

Cupid's Advice:

Thinking about changing up your dating style? Read ahead for some ideas:

**1. Flirty and fun:** Want to have a fun and flirty relationship? Go out and mingle at the bars and clubs. You can meet strong willed guys who are just like you.

Related: Taye Diggs and Idina Menzel Separate

2. Classic: If you want to be traditional, your dating style can simply be the lack of any style at all. If you go through your day and then meet someone randomly, you're letting fate do the work.

**Related:** <u>Source Says Kendra Wilkinson Is Going 'Back and</u> Forth' About Divorce Decision

**3. Fairy tale**: If you're looking for your Prince Charming and a fairy tale ending, let the magic happen. You know your ideals and wants in the relationship and want to be treated like a princess.

Have another dating style we did not cover? Comment and share below!

# 'Cake Boss' Star Buddy

### Valastro Arrested in NYC for DWI





By Amanda Boyer

Star of the hit TLC show *Cake Boss*, Buddy Valastro, was arrested in NYC on Thursday, Nov. 13, on drunk driving charges and received a DWI. According to <u>USMagazine.com</u>, the police spotted his corvette along a local road "driving erratically" around 1 a.m., and he was immediately pulled over. CupidsPulse.com interviewed Valastro back in May when he spoke highly of his father, family and children, saying the show hasn't changed him. After it was confirmed that Valastro was intoxicated, he received his first ever offense.

How does an arrest impact your spouse and children?

#### Cupid's Advice:

To avoid a lifetime of guilt, read ahead to see the impact an arrest can cause in the long-run:

1. Disappointment: Your family will look at you differently and will be upset with you. This will also make people view you differently. Your credibility will change instantly and may last a lifetime, all because of one incident.

**Related:** <u>'Cake Boss' Star Buddy Valastro on His Marriage: "I'm</u> <u>a Lucky Man Because the Show Hasn't Changed Us"</u>

2. Being included: Your family will not want to include you in activities they normally wouldn't think twice about. You'll be on the outside looking in instead of the other way around.

**Related:** <u>Buddy Valastro and Wife Renew Wedding Vows After 10</u> <u>Years</u>

3. Embarrassment: One of the worst results of getting in trouble with the law is that your spouse and children may be embarrassed by you. Not only will others view you differently, but they may keep their distance from your family as well. It's a bad feeling to have such an effect on the lives of those you love.

Have anything to add? Comment below!

### Do Trista and Ryan Sutter's Kids Know How the Couple Met?





By Emily Meyer

Although we know Trista and Ryan Sutter for being one of the most successful couples in *Bachelorette* history, their own children might not be as aware! According to *Wetpaint.com*, while Trista has been promoting her new book, *Happily Ever After: The Life-Changing Power of a Grateful Heart*, the 42 year-old confessed that her children don't know how their parents met. She admits, "They haven't seen it...I'm sure that we'll be answering questions, but I'm not ashamed of it by any means." The recent *Marriage Boot Camp Reality Stars* participant thinks her hubby will be the first one to show the kids their past. She revealed, "I'm much more protective. I'm very regimented. I like keeping to a schedule, and the reason I like it is because my children are happier if they get their sleep, if they do the things they are used to doing." It seems Ryan and Trista will have some explaining to do!

How should parents talk to their children about relationships?

#### Cupid's Advice:

Every kid looks up to their parents, and it's only natural for them to eventually get curious about their mom and dad's relationship. Parents, then, have the opportunity to explain to their kids how to have healthy and strong love. Here are three things to remember when it comes to talking to your children about happy relationships:

1. It's never too early: It's never too early to bring up the topic of romantic partnerships with your children. It is actually better to discuss it before they begin forming their own relationships with others, so don't be afraid to approach the topic.

Related Link: Chris Hemsworth Spends a Beach Day with Family

2. Make them aware of the truth: It's important for these conversations to come up so that your children understand the components of a good and successful relationship. Making your kids learn the dos and don'ts of true love will help them in the future.

**Related Link:** <u>Neil Patrick Harris and Family Wear Gotham-</u> <u>Themed Halloween Costumes</u>

**3. Let them know you're always there for them:** Make sure your little ones know that you want to help. Never suppress their feelings and acknowledge every issue that comes up. This will help your children get smart about relationships.

What tips do you have for parents who want to talk to their children about relationships? Share below!

# Marc Anthony Marries Third Wife Shannon De Lima





By Shannon Seibert

Marc Anthony and model girlfriend Shannon De Lima exchanged 'I dos" in front of close to 100 guests on Tuesday, November 11. The couple has been dating on and off since 2012, and this time things are going to stick. Anthony and his new wife married at his estate in La Romana, Dominican Republic. According to <u>UsMagazine.com</u>, Latin music stars Juan Luis Guerra, Carlos Vives, Tito El Bambino were in attendance as well as Anthony's business partner Charles Koppelman, and the CEO of Sprint Corporation Marcelo Claude.

How do you decide whether to get married for a second or third time?

#### Cupid's Advice:

Getting married is a huge deal. It involves legally binding documents, a public declaration of love and combining two lives into a shared one. Before making your decision, consider Cupid's advice for you:

1. You have absolutely no doubts heading to the altar: You have a little experience under your belt, you've made this journey once or twice before. Yes, you may love your partner, but are they going to be able to support you financially and emotionally? You are now a team which means putting your own needs aside and considering what is best for the family.

**Related:** Jennifer Lopez Says Marc Anthony Predicted They'd Marry When They First Met

2. You have had multiple conversations about marriage: This isn't only considering the idealistic thoughts of marriage. These conversations include the nitty gritty details of possible financial instability, whether or not you'll have more children, or are you choosing to forgo the prenup? Is this what is best for your children? There are a lot of aspects to take into account and angles to consider beyond where you will be honeymooning.

**Related:** <u>Marc Anthony Says He's 'Really Good Friends' With</u> <u>Casper Smart</u>

**3. Your intuition is giving you the green light:** Your gut feeling is probably the best judge of character. If you can picture yourself with this man for the rest of your life, working together in both the hard times and the bad, then go for it! Nothing should stop you from being with your true love.

What helped you decide to get married again? Share with us below!

## Screwing the Rules Video Dating Tips: How to Make a Guy Fall in Love with You





By E!'s Famously Single Dating Coach, Laurel House

At home, you may be the independent woman who fixes that leaky faucet by herself and lights up the grill without a second thought. At work, you may be the boss who oversees a team of employees and keeps everyone in line. While these two roles show off your strength, in order to make a guy fall in love with you, you need to be willing to assert your…weakness.

#### Dating Advice from E!'s Famously Single Dating Coach Laurel House

"Yes, men are attracted to confidence and beauty, inside and out. They're attracted to fun, to enthusiasm," explains relationship expert and E!'s Famously Single dating coach, Laurel House in this week's dating advice video. "But if you want them to fall in love, you need to show your vulnerability; you need to surrender; and you need to show your humanity."

Related Link: Laurel House Reveals Your Must-Have Mantra

For more information about our dating mentor, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What's your best tip for making a guy fall in love? Tell us in the comments below!

# Backstreet Boys Singer A.J. McLean Tells Fans to Expect Another Celebrity Pregnancy Soon





By Amanda Boyer

A.J. McLean may be expanding his family soon, so look out for another <u>celebrity pregnancy</u>! According to <u>People.com</u>, the Backstreet Boy singer and his wife Rochelle want another celebrity baby. "My wife's caught baby fever again, so we're talking ... we're thinking number two. I leave on tour in April, so we're thinking right around April, we'll make a baby," he said. Currently, the famous couple have one celebrity kid, a daughter named Ava Jaymes. Ava seems to be a performer at heart like her Daddy, as McLean says she loves to dance.

This famous couple may be announcing another celebrity pregnancy soon! Here are some tips for talking to your partner about having children.

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Cupid's Advice:
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Deciding when to expand your family can be tough. You want to make your partner happy, but you want to be happy too. This Hollywood couple sounds like they are both ready for another celebrity baby, but if you aren't so lucky, Cupid has some tips on what to do:

**1. Be honest:** Express how you feel and what you want. If you both put your feelings out there, it's at least a starting point. Keep your communication open at all times!

**Related Link:** <u>Backstreet Boys Singer A.J. McLean Prepares to</u> <u>Welcome a Baby</u>

2. Give it time: Timing is a key factor when it comes to having a baby. Your partner may not envision having another child mere months after you welcome your first baby, but they may be more open to it down the road. Sometimes, you just need to be patient.

Related Link: Backstreet Boys Singer A.J. McLean Ties the Knot

**3. Accept it:** Sometimes, compromise and communication can't fix a problem. If you absolutely don't want to have a child and your partner does, you may be at the end of the road. Know when to accept it and move on.

How did you decide how many kids to have? Tell us in the comments below!

### Single in Stilettos Show: Best Ways to Start a

### **Conversation** with a Man





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to writer, speaker, and author Zan Perrion about the best way to start a conversation with a man. He's worked with thousands of men and really knows what they want from women. The problem, he says, with women approaching men to start a conversation is "they're damned if they do, and they're damned if they don't." If they don't say hello to that cute guy in the corner, they go home alone because he's not doing his job and being the man. But if you do make the first move as a woman, even if the relationship works out, you may forever be holding up his end of the bargain. Listen up for more great dating tips from Perrion!

Related Link: Zan Perrion on What Scares a Man Away

For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What's your best tip for making the first move? Tell us in the comments below!

# New Celebrity Couple: Britney Spears and Charlie Ebersol





By Katie Gray

In the latest celebrity news, Britney Spears Day recently occurred in honor of the singer – reaffirming her lyrics, "She's so lucky. She's a star." In addition, the pop star has confirmed that she's half of a new <u>celebrity couple</u>! According to <u>UsMagazine.com</u>, "Britney Spears got her own day (aptly named 'Britney Day') in Las Vegas on Wednesday, Nov. 5, and to celebrate, she opened up and confirmed that she does indeed have a new boyfriend." The lucky fellow is none other than producer and writer Charlie Ebersol, son of Dick Ebersol, the co-creator of Saturday Night Live.

Celebrity couples find all kinds of ways to announce their relationships and love. How can the rest of us announce the news to our family and friends?

Cupid's Advice:

Deciding when to go public with a relationship and love can be a tough decision to make; therefore, it requires a lot of thought. You should be sure that you genuinely like the person and that you're in it for the long haul. Cupid has some love advice:

1. Be sincere: When you genuinely like a person and are an exclusive item, it's a sign that you can go public. Sincerity is a subtle quality found in all successful partnerships. Once you have established that you're compatible together, you are ready to show the rest of the world!

Related Link: Relationship Advice Secrets

**2. Be serious:** A great way to decide if you should go public with a new love is if the relationship is serious. Tons of

celebrity couples jump into relationships (and even marriages!) too quickly, but in reality, nobody wants to take a boyfriend or girlfriend home to meet their families if they are simply a fling. When you know your partner will be around for a while, it's time to show the world.

**Related Link:** <u>Stars Who Go Public With Relationships And</u> <u>Affection</u>

**3. Be sure:** When you know, you know. If you are absolutely positive that you like this person, it is an acceptable time to take the relationship public. By this point, you're sure they aren't a psycho; you know they're responsible; and you know their likes and dislikes. Thus, you can feel comfortable sharing your happiness with your family and friends.

How have you known when it was time to take your relationship and love public? Share your thoughts below.

### Weekend Date Idea: World Series Weekend





By Shannon Seibert

If your honey loves baseball, celebrate the final weekend of the sport by gearing up for the game. To get in the mood and get ready for your favorite team to win, watch movies like *A League of Their Own* or *The Bad News Bears* or watch reruns of legendary games. Bonding with your partner over America's favorite pastime is a great weekend date idea that he will appreciate. Plus, it'll strengthen your <u>relationship and love</u>.

Related Link: Date Idea: Fall in Love with Falling Leaves

### Hit a Home Run With a World Series Weekend Date Idea

Baseball is one of the most traditional American hobbies. Whether you're on the field or in the stands, there is something about a white sphere with red stitching that brings people together for the love of the game. With the World Series approaching, you and your man need to get into game day mode as well. Prep yourself for this weekend date idea with recaps of recent games and make predictions on upcoming outcomes. You can even bet on how many runs each team will win by – the loser has to do the dishes tonight.

During those nine innings, things can get pretty intense, especially if you and your partner are on opposing sides. There is nothing sexier to a man than a woman who likes sports and actually knows what she is talking about. Don't be the fool who gets excited and exclaims "the batter hit a touchdown!" Instead, if you're unfamiliar with the rules and terms used, read up on the lingo in advance of this weekend date idea.

Men also like when their significant others share common interests with them, so consider this dating advice to make you irresistible to your partner. Once he sees you immersed into the action, he won't be able to tear his eyes away from you long enough to even register whether that last pitch was a ball or a strike.

#### Related Link: Date Idea: Plan a Walk Around Town

Another fun addition to this sporty date idea is having baseball-inspired snacks to keep your stomach satisfied as you eagerly watch the championships unfold. Pinterest has oodles of ideas that your man won't be able to resist. Also, you can go the more traditional route and snag a couple of bags of Cracker Jacks and boiled peanuts to quench your cravings. Once you and your love start munching, you'll feel like you're actually in the stands!

Even if it isn't the real thing, sports movies always teach us life lessons through the love of a sport. Classics such as *The Sandlot* and *Angels in the Outfield* show you that believing in something bigger than yourself is something worth believing in. The root of this belief is love, so remind your partner of how great you are together and cuddle close as you watch these movies again. How do you and your man spend game days? Tell us in the comments below!

# Jennifer Lopez Says Celebrity Ex Marc Anthony Predicted They'd Marry When They First Met



By Maggie Manfredi

In the latest celebrity news, Jennifer Lopez tells all! According to <u>UsMagazine.com</u>, the super star and now author is putting everything out there in new memoir *True Love*. Fans get details on past relationships and loves, such as Ben Affleck, Cris Judd, and Marc Anthony. For instance, <u>celebrity ex</u> Anthony's first words to the starlet were, "One day, you're going to be my wife." A pretty impressive prophecy considering she dated multiple men before their marriage!

### Hollywood couples sometimes rush into marriage, only to end up with yet another celebrity ex. How can you tell if you've really met The One?

#### Cupid's Advice:

Have you been searching for a soul mate, a lover, The One? Curious how you will know when you find them? Cupid has some relationship advice to consider:

1. Mutual respect: Whether you prefer bluntness like Lopez's celebrity ex Anthony or a sweet, subtle sweep-off-your-feet kind of romance, you have to feel respected. You also have to give respect for any type of relationship to work. With respect comes admiration and then potentially love.

Related Link: Jessica Chastain Dishes On Not Dating Other Stars

2. Butterflies and warm fuzzies: It is important to get excited and to feel it. Who knows if there really is such a thing as "a spark," but there is such a thing as feelings, and tuning in to whether you truly have them is an important step.

**Related Link:** Jennifer Lopez Reveals Ben Affleck Was Her <u>"First Big Heartbreak"</u> **3. Long-term potential:** Being someone's person means it's much more than a fling or an attractiveness. Even Hollywood couples long for solidarity in their whirwindish lives. You are supposed to be with this person for worse or for better, through good and bad times. Make sure that The One you have chosen will love you, defend you, protect you, and laugh with you.

Will you be reading JLo's memoir? Comment below and share what you think of the singer's revelation and other love advice!

# Balance Work and Love Like a Celebrity Couple





By Lori Zaslow and Jennifer Zucher for <u>Project Soulmate</u>

It's no secret that we are all envious of celebrities and the lavish lifestyles they lead, most especially their wardrobes. After all, they're dripping in diamonds and designer ensembles. Let's face it: Who wouldn't want to raid Victoria Beckham or Angelina Jolie's closet? But their favorite arm candy to show off is not their Birkin Bags; it's their men.

### Hollywood Relationships and Love Lives

While celebrities may have fame and fortune, when it comes to relationships and love, they don't always have the best luck. Constantly being in the spotlight and traveling for work is not the best mix when it comes to being in a committed partnership. We've seen many <u>Hollywood relationships</u> unravel because of the constant pressure of being in the public eye, but some celebrity couples have learned to balance their careers with their personal lives. **Related Link:** <u>Sofia Vergara's Ex Nick Loeb Sneaks Up On Her at</u> <u>Red Carpet Event</u>

Finding the perfect balance of being successful in work and in your relationship can be tricky for anyone. Some famous couples have made maintaining their relationship look easy, while others crumble to the ground.

Victoria Beckham and David Beckham have become one of Hollywood's most iconic pairs. From their perfect physiques to their trendy clothing lines, this duo is constantly in the media. However, somehow, they've been able to stay grounded and keep their private lives to themselves. They both have successful careers, which helps balance their power in the relationship and allows them to have their own lives in addition to the life that they share together. This is important because, in order to have a successful relationship, you must keep your own interests and friends. The Beckham's have different careers, but they share a love for family and fashion, which helps to keep them united.

Another celebrity couple that we can't seem to get enough of is <u>Angelina Jolie</u> and <u>Brad Pitt</u> – otherwise known as Brangelina. This Hollywood relationship may have started out with a bit of a scandal, but their connection has blossomed into quite the love story. They're able to maintain their busy schedules and keep the spark alive. They visit each other on sets with their children and have even written love notes to each other while they were filming on opposite sides of the world – talk about romance! They also take many family celebrity vacations together and even tied the knot this past year to show their children just how much they love each other.

Related Link: 7 Ways to Know If It's Really Love

#### Not All Celebrity Couples Last Forever

On the other hand, some celebrity couples like Tom Cruise and Katie Holmes fall apart at the seams. We first learned of their relationship when Cruise infamously jumped on Oprah's sofa and announced his love for the *Dawson's Creek* star. But perhaps, he spoke too soon. The pair became a media frenzy, and with the pressure from the public along with their busy work schedules, they couldn't seem to make it work. They both shared the same career and both converted to Scientology, which may have strained their celebrity relationship.

Given these examples, it's best to follow the behavior of the Beckham's or Brangelina. Maintain your independence no matter how in love you are. If they can find a lasting relationship and love, you can too!

For more information about Project Soulmate, click <u>here</u>.

How do you balance a relationship and love with your career? Let us know in the comments below!

## Khloe Kardashian Approves of Kris Jenner's New Celebrity Relationship with Corey Gamble





By Amanda Boyer

Reality TV show Kourtney & Khloe Take the Hamptons premiered last Sunday, and the two girls invited their mom along for the ride. Kris Jenner debuted her new <u>celebrity relationship</u> on the small screen, bringing her celebrity love Corey Gamble to the Hamptons with her. According to <u>UsMagazine.com</u>, Khloe is happy for Jenner. Sources said, "Khloe thinks Corey is great and so sweet. She loves him and loves how happy Kris is."

Khloe likes her mom's new celebrity love, but what do you do if your kids don't approve of your relationship and love?

Cupid's Advice:

Not everyone is as lucky as Jenner when it comes to her daughter's approval of her celebrity relationship! You may like your new partner, but what if your kids think otherwise? Cupid has some relationship advice to make this easier on all of you:

1. Be open: Talk to your kids, and explain your feelings to them. If you like someone who they don't, share why you like this person so much. Likewise, listen to why they don't like the person. Seeing the situation from the opposing point of view may help matters.

**Related Link:** <u>Kris Jenner Gets Cozy with New Man Corey Gamble</u> <u>at Kim Kardashian's B-Day</u>

2. Be active: Have your kids go on a trip with you and your new significant other. This way, they get to see his fun side and get an opportunity to bond with him. Plus, they can see how happy you are when you're with him.

**Related Link:** Kourtney Kardashian Confronts Khloe About Partying with Scott Disick

**3. Be honest:** Let them know how happy you are and let them know that you understand that it'll take time for them to adjust. Remind them that you don't expect them to form a bond with your new beau overnight.

What are other ways to tell your kids about your new partner? Share your own love advice in the comments below!

### Single in Stilettos Show: Are

### You an Unavailable Woman?





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to passionate living coach and author Abiola Abrams about ways you're being unavailable and how to attract love in your life. Here are some things you may be doing to block love from entering your life: You're not really trying to meet the right man; you complain to your friends and family that there are no good men out there; you think all men are cheaters; you think it's impossible to meet a man because there are more women than men in your city; you keep making excuses as to why you can't meet someone; you're stuck in a past relationship; you're using your looks or work to hold you back; you think men your age just want to date younger women; you think of yourself as a victim; or you're afraid of the love you deserve, being vulnerable, and/or intimacy. Related Link: Abiola Abrams on Insecurity and Dating

Sure, it's hard to meet the right guy, but it's not impossible. If you're feeling hopeless, it's time to look inward and consider the advice in the video above!

For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

How do you make yourself available to potential partners? Tell us in the comments below!

# Flirting While In A Relationship: Is It OK?





#### By Katie Gray

A common question couples are faced with is, "Is it okay to flirt while I'm in a relationship?" Another is, "If I'm flirting while I'm in a relationship with someone, is it considered cheating?" These are not always simple 'yes' or 'no' answers, as it truly depends on the individuals in the relationship, the degree of flirting, the context of the relationship and many other factors. Obviously, if one of the partners in the relationship is doing more than flirting – that is a big no, no. Clearly, if one partner is just giving someone else an innocent compliment – that is quite alright. The answers and options aren't always crystal clear, however. Cupid has some advice:

#### 1. Get on the same page:

It's often difficult to detect whether flirting in a relationship is harmless or hurtful. Because; the truth is, it can be both. There are a lot of people who believe that flirting is healthy, even if you are in a relationship and indeed committed to that person. Then there are many who adamantly believe that you shouldn't flirt at all if you're serious with someone else. Some claim it's just being friendly, while others say it's cheating. The real way to determine this; is to communicate with your partner and set boundaries. You two should both be on the same page and come to a mutual agreement.

**Related:** <u>Duchess Kate and Prince Harry: Is it Flirting?</u>

#### 2. Define "flirting" with your partner:

Everyone has a different definition of what 'flirting' actually entails. If the nature of the flirtations are sexual, that is not okay. You should be devoted to the person you're in the relationship with, otherwise you should get out of it. Maybe there are some exceptions if it's meant in a joking and/or sarcastic nature, but that's playing with fire. If you are being secretive and keeping your flirtations a secret from your partner, that is a sign that you shouldn't be doing it. Another sign it's wrong, is if you feel the need to make excuses and rationalize. If your partner is jealous, that doesn't constitute a good reason to hide something. You should respect how they feel and address it with them.. Bravo reality star and relationship coach, Dr. Heavenly says, "I believe it all depends on the relationship." She explains, "I have seen couples that think it is fun to flirt with the opposite sex as long as they don't go too far. Some people find it exciting and they bring that excitement back home to their bedroom. However; I think flirting can be harmful if the person on the receiving end takes it too seriously." It's best for couples to set their own guidelines.

Related: Katy Perry Is Caught Flirting with a New Man

#### 3. Don't set yourself up for failure:

Tiffany Mason, author and owner of Mason Coaching and Consulting, says, "Whether you are in a committed long-term relationship or you recently started dating someone, flirting should not even be in your vocabulary. There are no exceptions when it comes to flirting with someone else other than your partner. You are only setting yourself up for failure if you are even thinking about flirting with someone else."

#### 4. Make sure to measure personalities:

You must take your partner's personality into consideration. Christina Pesoli, relationship expert and breakup coach, blogger for *Huffington Post*, and author of *Break Free from the Divortex*, says, "The best way to evaluate whether flirting is okay or not is to view in context with a person's overall personality. Some people are more flirtatious by nature. If you get into a relationship with someone who is flirtatious by nature, that side of the personality is not a secret to you." She added, "I don't think it's fair or healthy (or fun) to expect them to stop being flirtatious. There's a difference of course, between flirting and having an emotional affair – and it's true that every affair (emotional or physical) likely began with some flirting."

The real conclusion is that people will always have a different opinion on this, so it's best to discuss it with your partner and find out how they truly feel. That's the only person who should matter on this subject.

# The First Official Look at Chris Soules on 'The Bachelor'





By Emily Meyer

Start planning for *The Bachelor Season 19* viewing parties now! While the reality show isn't set to air until January 5, 2015, *eonline.com* has the first exclusive look at Chris Soules. The 32-year-old Midwest farmer who won our hearts on Andi Dorfman's season of *The Bachelorette* now has his chance to find a relationship and love. The first promo pic for the season is captioned: "Traditional. Classic. All-American." It was also just announced that *The Bachelor* premiere will be three hours long *and* live! "Coming from a small town, I never really expected to have this opportunity to be on either show, let alone to be the lead on *The Bachelor*, so it's been awesome," Soules shared after his announcement was made on *Good Morning America*.

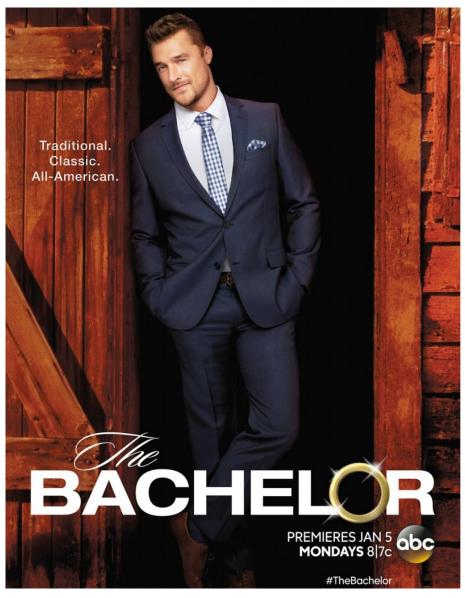


Photo courtesy of ABC.

## 'The Bachelor' offers a unique way to meet a new partner. What are some other ways to meet someone?

#### Cupid's Advice:

Are you tired of the same boring potential partners you meet each weekend at the local watering hole? You probably don't want to go as far as being the next *Bachelor* or *Bachelorette* (if only we were all so lucky!), but you *do* want to find fresh and exciting people to bring into your love

life. Cupid knows it can be tough, so here is some dating advice to help you meet someone new:

1. Hang out where big groups gather: Think about where men and women often spend time together. Get a few girlfriends and go to a place you know will be flocking with men, like a local steakhouse or a nearby sports bar on game night. If you're looking for ladies, head to the mall or a popular park in your town. The more people around, the better chance you have of meeting someone who's a good fit for you.

**Related Link:** <u>'Bachelorette' Andi Dorfman Quits Assistant</u> <u>District Attorney Job</u>

2. Volunteer: What could be better than a significant other who gives back to their community? It's time to get involved and start volunteering! You will meet single men and women who are caring and passionate about something. Plus, you'll be doing something good for your town while you search for The One!

**Related Link:** <u>Ryan Seacrest Aspires for a Marriage Like His</u> <u>Mom and Dad</u>

**3. Join a local sports team:** Not only will you meet tons of single men and women— but you can get in better shape and release any stress from work. That cute pitcher is sure to be turned on by your impressive batting skills!

What are some different ways to meet someone special? Tell us in the comments below.

# Find Out Why Kris Jenner Is 'Livid' at Bruce Jenner





By Amanda Boyer

It seems that Kris Jenner is in an angry place while she tries to promote her new book, "In the Kitchen with Kris." According to <u>UsMagazine.com</u>, Kris has only been releasing positive statements about her husband, Bruce, while sources say that in reality, she is embarrassed by the current situation. According to a source, Kris is "livid" because Bruce was recently spotted stepping out with Kris' longtime BFF Ronda Kamihira.

What do you do when you're jealous about your ex's new partner?

#### Cupid's Advice:

Are you jealous after seeing your ex with his/her new partner? Read ahead for some advice on what to do in this situation:

**1. Distance:** Keep your distance from them. If you never see them, they will not be on your mind as much. Sometimes that's easier said than done, but do your best.

**Related:** <u>Kris Jenner Gets Cozy with New Man Corey Gamble at</u> <u>Kim Kardashian's B-Day</u>

2. Throw away the attitude: Although you're jealous, put those feelings away and be cordial with them if and when you ever run into them.

**Related:** <u>Kris Jenner Warms Up to Khloe Kardashian's New</u> <u>Boyfriend French Montana</u>

**3. Happiness:** Take a few seconds and walk in their shoes. Regardless of the breakup, be happy that your prior partner has found happiness. Now it's time to make yourself happy as well.

Have another way on what to do when you are the jealous green monster about your ex's new partner? Comment here!

# How to Meet A Man on Halloween





By David Wygant

I know. You're about to unlock the inner bad girl version of you for Halloween. Some of you love to dress up as sexy school girls. Some of you are even more rambunctious and like to dress up as a naughty nurse. Maybe you're the dominating dominatrix, the meanest witch, or the cutest little ghost a man has ever seen. That's what I love about this holiday. It allows the inner woman, that naughty version of you, to come flying out. To you, it's just staying in costume all night long.

#### Related Link: 10 Fun Halloween Date Ideas

Halloween is also one of the most overhyped nights of the year. This year, it's coming on a Friday night. Everybody's going to want to go out and party, have fun, and meet someone before the cold winter settles in, before you really need a broomstick to fly you down to Florida to warm your hooked nose and evil brew.

So what is a woman to do to meet a man on Halloween? It's simple. It's not you who's flirting; it's the naughty little

witch. Perhaps it's the dirty schoolgirl, the cute little ghost, or the Disney princess. Halloween gives you the opportunity to be audacious like never before, to spend the night approaching men. It's the only night of the year when you can be bold beyond belief and do things you normally wouldn't – because it's not really you doing it. It's the character you're playing.

If you really want to meet a man on Halloween, the best thing to do is comment on his costume. Whether it's creative, sexy, or funny, just say something nice to him. This is your chance to practice flirting skills you don't use on a daily basis. It gives you an opportunity to work on your conversation skills and be playful. Halloween is just another day. You can use those same skills and approaches on men on a regular basis, but tonight, it'll be even more fun.

Related Link: What Your Halloween Costume Says About You

You might even walk around with a bag of candy, giving out Hershey's kisses to men. Or you can walk around with a little pumpkin and have men fill your basket. Halloween is an opportunity to get outside yourself. Get over the selfconscious feelings and get into a character you always wanted to be. It gives you an opportunity to boldly approach a really sexy guy...because it's not really you saying hello!

So dress up, flirt, and stay in character. When the conversation gets good, jump out of character so he can see the real, relaxed version of you. That's all you need to do to meet a man on Halloween.

For more articles from David Wygant, click <u>here</u>.

# Screwing the Rules Video Dating Tips: Dress Up for Your Man



By E!'s Famously Single Dating Coach, Laurel House

## Dating Advice from E!'s Famously Single Dating Coach Laurel House

Related Link: Communicating About Tough Topics

In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, <u>Laurel House</u> talks about how Halloween can influence your time spent between the sheets

with your partner. "Halloween is a great excuse to dress up, to play a role, to be something a little different, to be edgier, to be sexier, to be more demure, to be more discreet, to be dangerous," she shares. This idea extends beyond what you wear to that Halloween party too. If you're in a serious relationship, this is a great opportunity to dress up in a costume for just your man to see. Even if your chemistry is still off the charts, "changing it up is always a good idea," House explains. "It's not just about being scary or having crazy teeth. It's about fulfilling fantasies."

Listen up for her best tips for "adding a little spice" to your relationship!

For more information about our dating mentor, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Cupid wants to know: What's your favorite Halloween costume – both in and out of the bedroom?

# Learn the 20 Steps to Heal a Broken Heart in Lesley Robins' New Book 'The Breakup Book'





This post is sponsored by Lesley Robins.

Interview by Lori Bizzoco. Written by Emily Meyer.

When it comes to bad breakups, Lesley Robins has been through them all. In her new book, *The Breakup Book: 20 Steps to Heal a Broken Heart*, the E! News producer and Young Hollywood contributor walks her readers through a 20-step process to get over your broken heart. Executive Editor Lori Bizzoco recently chatted with the new author about how she managed to thrive after her tough split as well as her best advice for hopeless romantics who are dealing with heartache. Here's what the nationally-recognized journalist had to say:

#### Why did you organize your book with a 20-step approach?

There is a reason why the chapters go in the order that they do. At the beginning, I'm not telling you to be grateful; I'm not telling you to travel; I'm not telling you to create a new home the day he leaves you. The first chapter just encourages you to *not* be alone. You need love – you lost love; now, go find it.



Lesley Robins talks about new book in an exclusive interview. Photo courtesy of Amanda Boyer.

#### What inspired you to write your book?

As a journalist, I am a host, reporter, producer, and writer. I had all of these things, but I've always wanted to be an author. So in 2010, my ex and I had broken up for good. It was a few months after that, and I was still in a really dark place. I was out to dinner with my mentor's wife, and I was talking about my breakup and what I was trying to do to feel better. She turned to me and said, "That's your book." It was at that dinner that we discussed that every chapter should be a piece of advice someone gave me to get through the split. We talked about what worked and what didn't work, and I crafted it in that moment.

**Related Link:** <u>10 Signs That YourRelationship Has Hit a Dead</u> <u>End</u>

It seems like every woman has a story about a bad breakup. Do you think this book will be successful since everyone can relate to it?

We all have a breakup story, yet no one wants to talk about it. We're human, which means we have flaws. The thing I stress is, when you're trying to talk about your breakup, you want a neutral party, someone who is not going to judge you. No relationship is alike, and no breakup is alike. However, at the same time, when we talk about it and we can share our story, it's comforting to know that other people are going through the same thing.

## What advice do you give to woman who want to feel confident instead of depressed after a breakup?

You're not going to feel your best right away — and that's okay. I'm giving you permission to be sad, depressed, and pathetic for a minute. That's why the first step is to never be alone. Since you used to have someone by your side 24/7 and now that person is gone, you will need to be surrounded by love. Go find your people!

# What do you say to people who feel overwhelmed by the thought of completing 20 steps?

The beautiful thing about these steps is that they can happen simultaneously. You're not going to start them all at the same time, but they will all eventually merge together to form the new you. It is all really about self-love. I think the main thing that I want women to grasp is the importance of being grateful. Be grateful for everything around you – your family, your friends, your career. Be in the moment and focus on what you *can* control. Related Link: How to Get Through a Breakup and Heal Your Heart

Something that I think is really important for our readers to know is that you were in your 30s when this breakup happened. You were thinking about a long-term commitment, even marriage.

In my first draft of the book, I actually didn't include my age. Then, my editor told me I needed to add it. I met my ex when I was 29, and here I was, single again at 36. Any woman reading it gets it. Being single in your 20s is so different from being single in your 30s! So my life became about doing everything by myself, which was a big adjustment. I had to be okay with being on my own.

#### What was the hardest chapter for you to write?

I think the hardest chapter for me to write was "Go Cold Turkey with your Ex" because I didn't master it for a really long time. But once he got engaged, I went cold turkey. That's when I was finally done. I had no more fight left in me. I went through every emotion I could imagine – and I write about that.

#### How is your love life going now?

I'm dating, but I'm single. I'm happy and strong, and I'm still a hopeless romantic. The first few months after my breakup, I didn't want to be with anyone. But now, I am back to being the girl who loves romance and finding love. I love it!

GIVEAWAY ALERT: Two lucky readers will receive a copy of *The Breakup Book: 20 Steps to Healing a Broken Heart*. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 12th. In the subject line, please write "The Breakup Book Giveaway." You can also enter on Facebook. You can enter the contest only once. Good luck! Giveaway is now closed. Thank you to all who participated!

Pick up a copy of The Breakup Book: 20 Steps to Heal a Broken Heart today! You can keep up with Lesley on Twitter @LesleyMia.

# Kris Jenner Gets Cozy with New Celebrity Love Corey Gamble at Kim Kardashian's B-Day





It's official! The latest celebrity news reveals that Kris Jenner has a new celebrity love. This single mom was spotted with Corey Gamble in Sherman Oaks, Calif. earlier this month at Kim Kardashian's birthday party, according to <u>UsMagazine.com</u>. This was not the first time they were seen in public together though; other sources have also reported seeing the duo recently.

Celebrity couples have to face the whole world when it comes to announcing a relationship. What should you keep in mind when introducing your new partner to your loved ones?

#### Cupid's Advice:

Sure, you don't have a new celebrity love like Jenner, but that doesn't mean your relationship and love isn't a big deal! Knowing when and how to break this news to family and friends can be tricky though, so Cupid has some relationship advice to consider:

1. It should be serious: Make sure that you're new relationship isn't just a fling. When you realize you're ready to make a commitment to that person, you know it's time to inform those close to you.

**Related Link:** <u>Kris Jenner Warms Up to Khloe Kardashian's New</u> <u>Boyfriend French Montana</u>

**2. Update your partner:** Informing your new significant other about your family *before* bringing them home is a good idea. Telling them about your parents and your siblings can

help them feel more comfortable when they're first introduced.

**Related Link:** <u>Kris Jenner Says Kim Kardashian and Kanye West's</u> <u>Wedding Will Be Big</u>

**3. Remind them to be themselves:** Let your partner know it's okay to be themselves and to just relax! If you're happy with who they are, then your family and friends should love them too.

Have another way to know it's time to introduce your partner to family and friends? Share your ideas below.

# Single in Stilettos Show: How to Get a Second Date





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to Robert Manni, author of *The Guys' Guy's Guide to Love*, about how to get a second date. It's easy to get him to say yes to a first date, but securing another night out with the right guy can be a bit trickier. Here are some tips that Manni recommends following: have confidence; don't drink too much; dress the part; talk about your dreams; have a conversation and really get to know him; and send a "thank you" text afterwards.

Related Link: <u>5 Ways Women Sabotage Themselves with Men</u>

Of course, whether or not he asks you out again is ultimately up to him, but if you follow the advice above, he'll be more likely to do so. Good luck!

For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What's your best advice for ensuring that he asks you out

# Best Celebrity-Inspired Halloween Candy Choices





By Jessica DeRubbo and Molly Jacob

Each year, October 31st brings with it a chance to carve the face of KISS frontman Gene Simmons in your pumpkin, dress up as a sexy version of Jasmine from *Aladdin*, dance to the "Monster Mash" at a masquerade with your honey and, most importantly, stuff your face with as much sugary goodness as you can possibly muster. Even though you'll most likely be clutching your aching stomach the next morning, Halloween and candy are inseparable, because you simply can't have one without the other.

Hollywood isn't innocent either when it comes to indulging in candy on All Hallows' Eve. Celebrities may stay in shape thanks to strict diets, but everyone has been known to splurge once in a while. In fact, places like Dylan's Candy in New York City honor those celebrity sugar binges by dedicating a whole wall of treats to all of their favorites. Here are five candies that have been officially endorsed (at least verbally) by some of your favorite Tinseltown hotshots:

1. Reese's Peanut Butter Cups: Neil Patrick Harris has a sweet tooth along with his funny bone. The "Gone Girl" star told *Entertainment Weekly* that the peanut buttery sweet is his favorite movie theater snack. "They are like the crack cocaine of the candy world," said Harris.

#### Related: Neil Patrick Harris is Married

2. Hi-Chews: Ryan Gosling, according to an interview with *Esquire*, has a candy obsession and "speaks of it the way rich men discuss wine." While Gosling loves many forms of goodies (excluding anything chocolate), he is particularly partial to Hi-Chews. "It's the candy that never quits on you," says Gosling.

**3. Swedish Fish:** While Justin Bieber is known for his love of Sour Patch Kids, the superstar has had a change of heart. Bieber told the *Montreal Gazette* that he is done with his addiction. According to Bieber, his fans kept bringing him the candy to his shows, "so I kept eating them and now, if I eat another Sour Patch Kid, I'm probably going to just throw up." He now sticks to Swedish Fish when he's in the U.S. and Big Foot gummies when he's in Canada.

Related: Justin Bieber and Selena Gomez Reunite at Coachella

**4. Sugar Daddies:** Khloe Kardashian favors Sugar Daddies, according to Wonderwall, and the reason behind it only partly has to do with its taste. She says the hard candy reminds her of her dad because he loved Sugar Daddies. "I just love anything bad for you. Anything bad is good," says Kardashian.

5. UNREAL Candy: Not every celebrity's sweet tooth has to be unhealthy. According to Yahoo!, celebrities such as Tom Brady, Giselle Bundchen, Twitter founder Jack Dorsey and Leonardo DiCaprio are endorsing this "junk-free" brand, which offers alternatives to traditional treats. In a statement DiCaprio said, "By working together to better understand the health of both people and the environment, we can produce healthier food that will benefit large populations of people while minimizing our impact on the planet."

Whether you prefer sweet, sour or chocolaty varieties of candy in your trick-or-treat sack, and whether you're an accountant or a movie star, sugary treats have always been a staple on Halloween.

With that in mind, what's your favorite candy, and why? Share your thoughts below.