

Exclusive Interview: 'Player Gets Played' Stars Discuss Moving On After Infidelity



By [Rebecca White](#)

Moving on is never an easy thing to do, but when the [relationship and love](#) ends due to infidelity, it's even harder. In a new Oxygen Media reality TV series titled *Player Gets Played*, each week, one woman with a lurking suspicion uncovers the heartbreaking reality that she is not the only love in her boyfriend's life. Once these ladies discover the truth, they join together to teach their "player" boyfriend a lesson. In our exclusive celebrity interview, four of the

stars of the show open up about being cheated on and building trust with a new partner.

Reality TV Stars Open Up About Dating After Infidelity in Exclusive Celebrity Interview

Brittany, Meghan, Nyira, and Jessica all have one thing in common: Their boyfriends cheated on them, and now, they have to open themselves up to love again. “After being cheated on, it took me awhile to finally move on and give someone a chance to even walk up and talk to me,” Brittany shares. “I am still not in the right ‘place’ to get back into a relationship.”

Related Link: [You’ve Cheated, So Now What?](#)

While Brittany wanted to take some time before entering a new relationship and love, Nyira was ready to jump right back in. “It took me about a month to move on,” she says. “I couldn’t allow myself to dwell in that hurt. I just prayed, forgave, and let it go.”

Once you move on, though, there’s still a long way to go. Meghan and Jessica both understand that trusting a new partner isn’t as easy as it used to be. “I’ve moved on, but I don’t let down my walls, and I’ve become more difficult to penetrate mentally, physically, and emotionally,” Jessica shares in our exclusive celebrity interview. “I find that, with a new partner, he has to love me more. I know how to love and be faithful in a relationship, so if he loves me more, then I feel like we’re equal. I don’t think he’ll cheat because he appreciates me more than just in a physical sense.”

Meghan also learned that she no longer trusts as easily. “I actually don’t let my walls down so quickly,” she explains. “I always trusted any guy, but now, I don’t trust someone until

it is earned.”

While trusting a new partner after infidelity isn't easy, it's important not to judge every relationship based on previous ones. “If I go into another relationship expecting to be cheated on, then it's going to happen!” Jessica says. “Our thoughts create action. The thing is, you can never tell. You just need to give every person their own blank piece of paper and let them have a fresh, untainted start.”

Related Link: [Can Cheaters Ever Change?](#)

Brittany also believes that you need a clean slate in order to build a new flame. “Once you start dating, you have to let your guard down a little, or you will never know if there is a connection between you and the other person,” she shares.

No matter what, you have to keep taking chances. When asked about their best love advice, these reality TV stars encourage you to be patient. “You can't go your entire life being scared to love,” Nyira says. “Yes, you may get hurt, but you will grow stronger from it. Then one day, that special man that you have been dreaming about will come and sweep you off your feet. Those walls will slowly come down until there is a heart full of love, ready to meet another. Once those two hearts meet, a beautiful love will blossom.”

For more information about Player Gets Played, check out their website, www.oxygen.com/player-gets-played! Be sure to watch the show on Oxygen on Wednesdays at 9:30/8:30c.

Relationship Advice Video: Two Quick Ways To Figure Out If He's The One



On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about how to figure out if he's The One.

Related Link: [Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?](#)

Relationship Author Shares Love

Advice On Figuring Out If He's The One

1. Look, lean, and listen: First, lean close to your date; then, look directly in their eyes; and lastly, listen to what they have to say. While you're doing these three things, ask him open-ended questions. According to this relationship advice video, this method completely disarms people because everyone wants someone who will listen to them.

The relationship author encourages you to ask *this* question: "You know, I've had some relationships that didn't work out, and I imagine you have as well. Can you tell me what your ex would say when asked why you're not still together?"

2. Write a list of every single thing that you want in a life partner: Welch shares her love advice and says you need to write everything from the sublime to the ridiculous on the list. Then, divide it into must-haves (the shorter list) and put everything else on your wants.

When you go on a date, find creative ways to learn if there are any deal breakers. Look at dating as a job interview. You don't want to wait until you're already in love to ask those important questions!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Love Advice: 5 Signs You're in a Lukewarm Relationship



By Molly Jacob

Are you afraid you've been settling in your relationship? Some people love the security of having a significant other and have a hard time being alone. So in exchange for the uncertainty of single life, they stay in a tepid, dispassionate relationship. Although it may be hard to deal with the fact that your relationship isn't that great, it's important to evaluate your relationship and never give yourself less than you deserve in your relationships and love life. Take this love advice: you should never settle for anything less than the most fulfilling relationships.

Cupid has dating and relationship advice to help you determine if you're in a lukewarm relationship!

1. You spend less time together:

When you are passionately in love with someone, you always want to be around them. You want to experience new things with them and show them the best parts of your world. But as your relationship and love grows from hot to lukewarm, you have less of that desire to spend time with them. Instead of looking forward to your dates or alone time together, you feel as though your one-on-one time is an obligation, not a treat. Your relationships and love life should be one of the most wonderful and fulfilling parts of your life, not just something to check off a to-do list.

Related: [Relationship Advice: 3 Reasons Not to Break Up Via Social Media](#)

2. You're less intimate:

Intimacy adds passion and depth to a relationship. If your sex life is cooling down, your relationship may be experiencing the same thing. But this is about more than just sex; being intimate means not only being physically close, but also emotionally close. Are you sharing less of yourself with your honey? Are you closing yourself off emotionally? If so, take our dating and relationship advice that your relationship is losing its passion.

3. You never fight:

Some couples never fight and always seem to get along, and that can be a totally healthy relationship. But to a certain extent, couples argue because they care about each other. Oftentimes, couples who argue are fighting to repair a

relationship or finding a solution to relationship troubles. If you find your partner not even worth the trouble of arguing with, you may be in a lukewarm relationship. As they say, apathy, not hate, is the opposite of love.

Related: [Paula Patton Says "Passion" is Key to a Successful Relationship](#)

4. You talk less:

If you find yourself communicating less and less with your partner, your relationship may be lukewarm. While you once discussed your passions and deep emotions, your conversations are now filled with recounts of grocery shopping and dentist appointments. While it's not bad to talk about these things, it's also a sign of an unhealthy relationship when that's all you have to talk about. See if you find yourself making conversation just for the sake of filling the silence at dinnertime.

5.You care less about each other:

Relationships and love should be exciting and consuming, not half-hearted or mundane. While this may go without saying, if you find yourself caring less about your partner and what's going on in their lives, your relationship has gone from simmering to lukewarm. If this is true, take time to evaluate the benefits of being in this relationship. Love advice: you deserve better than settling for a relationship that doesn't bring you happiness.

What are other signs of a lukewarm relationship? Let us know in the comments section below!

'Bachelorette' Drama: Kaitlyn Bristowe and Nick Viall Get Intimate



By Maria N. Capalbo

In being the *The Bachelorette*, Kaitlyn Bristowe has her fair share of picks! According to UsMagazine.com, after a fight with Ian, Bristowe and Nick Viall cuddled up with one another before bed time, and got down to business. Bristowe felt a tad bit guilty because she felt that her other celebrity relationships could have been put into jeopardy, but she still enjoyed her time with Nick. Could he be “the one” for her, or is he just a fling? Maybe Bristowe needs some love and relationship advice of her own!

It's a *Bachelorette* faux pas! How do you know when you're ready to get intimate with your partner?

Cupid's Advice:

Being intimate in a relationship is extremely important. Exploring different emotional sides to your partner is critical in order to get to know them better! Cupid has some suggestions on ways you could get intimate with your partner below:

1. Be concerned about their feelings: Instead of just going about your daily lives in regular fashion, stop and really talk to your partner about their day. Knowing what they are feeling can really shed light on other subjects. When someone knows you care for them on the inside, it gets you far!

Related Link: [Kaitlyn Bristowe Sends Clint Packing and Reacts to Nick Viall's Return on 'The Bachelorette'](#)

2. Observe their needs: This goes along with being concerned with their feelings. Their needs are important, too, and it's important for you as a partner to satisfy them! They should be satisfying you, too. Observe them, and act accordingly.

Related Link: ['The Bachelorette' Kaitlyn Bristowe Talks Nick's Arrival, Date with Ben H., and Joshua Drama](#)

3. A romantic night: Take your partner out for a nice dinner under the stars! Talk about your relationship, and your goals together as a unit. Invite positive, loving conversation.

What are some ways you get intimate with your partner? Share below!

Dating Advice: What to Do When You're Not His Priority



By [David Wygant](#)

Are you a priority in your [relationship and love](#)? If not, you may need to step back and reconsider your romance. You seem to be making more excuses than he does: He's working too much; he's dealing with family issues. What you're doing is validating the fact that you're nothing more than a booty call for him. Shocking, right? Deep down, you probably already know this truth. Let's dig even deeper.

Relationship Expert Gives Dating Advice About Being A Priority

As a relationship expert, I'm going to confess something to you right now. I think my fellow men who read this article are going to be pissed at me when they do. A lot of them are going to lose out on some wonderful booty calls once this truth is exposed and out in the open.

Related Link: [Expert Relationship Advice: Is Getting Hitched Irrelevant These Days?](#)

When I'm dating a woman, I prioritize her over everything. I was once in a relationship and love where I actually got invited to go see President Obama's inauguration. I got invited to mingle with the Washington D.C. elite, to schmooze with the most powerful people in the country. Here's the thing: The woman I was dating wasn't invited. She told me I needed to go because it's something she thought would be a blast for me – a once-in-a-lifetime experience. I went. After two days, I missed her so much, and I realized I wasn't enjoying the moment without her. So I changed flights, got on a plane, and surprised her by coming home. She was, at that time, my priority. My best piece of relationship advice is to find someone who will do that for you.

Whenever a man is in love, the woman he's dating becomes his main concern. When we fall in love, we can't wait to see you, no matter how much work we have on the table or how much our kids are screaming their heads off. No matter what we're going through, we will always make it important to be with you.

So if you're with a man who doesn't do that, he's probably constantly making up those famous "man excuses" – things like, "I'm really stressed about work right now," "I'm concentrating on building my business," "I've got too much on my plate right now," or "I enjoy the time we have together. Can we just keep

things the way they are?”

Related Link: [Expert Love Advice: Why Getting to Know Her Friends Is Like a Football Game](#)

When a man does that, he’s telling you that you’re not what he really wants. He loves sleeping with you; he loves having sex with you; he loves hanging out with you...but he’s just not willing to fully commit to you. Those are the cold, hard facts. When a man is stringing you along, and you’re not at the top of his list, you need to have “the talk” and say something like, “We obviously want two different things. I want a relationship, and you want a once-a-week thing. Unless you’re willing to commit to me and spend more time together, I can’t keep going down this path.” The reason is, if you keep things as they are, your relationship will keep getting grayer and grayer and harder to define.

You see, most men don’t want to give up that situation because they’re getting what they want. And most men are so bad at finding women to have sex with them that they’re not willing to give it up! They’ll say anything to keep things the way they are.

My dating advice is simple: You need to cut him loose. You need to find a man who will make you his number one concern. When a man really falls for you, you’ll be his priority no matter what. That’s what you want, and that’s what you deserve. Don’t settle for anything less.

David Wygant is an internationally-renowned dating and relationship coach, author of the new book [Naked](#), and speaker. Through his boot camps, personal coaching, and his [website](#), his dating advice has transformed the lives and relationships of hundreds of thousands of people from every corner of the globe.

Dating Expert Gives Love Advice On When To Date After a Break-up



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) knows how important it is to jump back into the dating world after a break-up and the questions that come up after a break-up. "Getting back out there isn't always the purpose of getting

into a relationship,” the dating expert explains. “You need to be alone, focus on yourself, and move on in a healthy way. But going out, flirting, feeling sexy, and being picked up in the early post-break-up stage can show you that there truly are lots of fish in the sea.”

Dating Expert From E!’s *Famously Single* Talks About Dating After a Break-Up

In this week’s relationship advice video post, the *Screwing the Rules* dating expert shares the six steps that you should complete before you start dating again after a break-up:

Related Link: [Dating Expert Shares Number One Rule of Successful Online Dating](#)

1. Put an end to social media friendships: You don’t want to see what your ex is up to. You don’t want the temptation nor do you want to reach out. That means you might need to block them on Facebook and unfollow them on Instagram.

2. Write down the bad: It’s way too easy to fantasize about the amazing moments you shared. Instead, remind yourself of all of the bad things. Write down a list of why you broke up in the first place and then read it whenever you need a reminder.

3. Refresh your look: It’s time to make yourself feel attractive again. Get back into the gym. Get a facial. Do *something*. Just think it through before you dramatically alter your hairstyle!

Related Link: [Relationship Expert Shares Best Love Advice for How To Break Up Over Email](#)

4. Reconnect with yourself: Break-ups are all about bummers

with benefits, so extract the good from the bad. Think about what lessons you learned, how you changed, and what you're going to do differently next time.

5. Explore your passions: Indulge in a class that you've always wanted to take. Join a group and go on hikes with like-minded people. Sign up for a cooking class and learn how to make Spanish tapas. You have time to spare now and maybe even some money, so start working on yourself again.

6. Stop crying and start online dating: This is a chance to window shop your future options. It also simultaneously keeps you busy late at night when you're feeling the most lonely, sad, and tempted to reach out to your ex.

For more love advice from Laurel House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

When did you start dating again after a break-up? Tell us your story below!

Love Advice: How To Increase Your Chances Of Meeting The One





In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to increase your chances of meeting The One. Check out their best love advice in the video above!

Relationship Experts Discuss How To Increase Your Chances of Finding Love

Finding a relationship and love isn't always easy. With that thought in mind, dating experts believe that there are things you can do to actively attract the right person. Consider these three dating tips if you're ready to find your soul mate:

- 1. Pay attention to the people in front of you:** Instead of looking online or through an app, start to notice the people you see every day. Maybe it's time to ask out that guy from the coffee shop!

Related Link: [Dating Experts Give First Date Tips](#)

2. Be thankful for the dates you do have: Show some gratitude for the dates that you're going on. Even if he's not the right man for you, you can still appreciate the time you spend together. Remember that you can learn something from everyone you meet!

Related Link: [Expert Dating Advice: How to Find True Love Fast](#)

3. Give yourself permission to have the love you really desire: If you're clear about your wants and needs, then you'll be one step closer to finding your soul mate. Still, you don't want to make a long list of impossible expectations. You're trying to *attract* the right man, not detract the right man!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best love advice for attracting The One? Tell us in the comments below!

Pros of Breaking Up in a Social Media World





By [Courtney Omernick](#)

[Relationships and love](#) can be complicated, but the break-up doesn't have to be. Sometimes, we're very lucky that we live in a world filled with social media that provides us with faster ways to connect with more people.

A lot of relationship and dating advice will tell you that it's a terrible idea to break up with or find a new partner via social media, however, there are some positives. Cupid has some ideas.

1. Remove the awkwardness: If you do decide to break up with your significant other, you have the option of making things a little less awkward by doing it through social media. If you're too nervous to face them in person, or haven't been dating for too long, you have the option of sending them a

private Facebook message and then moving on with your life.

Related Link: [Sean Penn and Charlize Theron Break Off Celebrity Engagement](#)

2. Spread the word: With social media, all you have to do is click a few buttons, and all of your friends, family members, and acquaintances, can instantly know you're single. This helps diminish the amount of times that you have to bring it up in a conversation. Now, if they really want to know, they'll ask.

Related Link: [Sources Say Ben Affleck and Jennifer Garner Are Facing Celebrity Marriage Troubles](#)

3. Options: Before social media, people met and dated individuals who they went to high school with, lived next door to, etc. Now, with social media, you can find ten times as many newly, single matches for you within your city and beyond.

What are some other pros to breaking up in a social media world? Share your relationship and dating advice below!

Leading Non-Verbal Expert Shares Online Dating Love Advice





Interview by [Jared Sais](#). Written by [Rebecca White](#).

Relationships and love are not always easy to find, and in this day and age, many people turn to online dating as they search for that special someone. This approach can be extremely effective, but it's important to keep a few things in mind in order to increase your chance of finding The One. In our celebrity interview, Dr. Paul Ekman, an expert in non-verbal communication, shares his best [love advice](#) to help you get through a first date with someone you met online.

Dr. Paul Ekman Shares Love Advice For Online Dating

Before you even go on a date, chat with your potential partners on Skype or FaceTime. That way, you'll be able to tell if they're authentic from the get-go. You can watch their facial expressions and hear their tone and pitch, gathering the non-verbal cues needed to get a better understanding of who they are. After all, you can't tell if they're lying via e-mail or text!

Related Link: [Love Advice: How To Tell If a Guy Likes You](#)

When it comes to your first date, Dr. Ekman's expert dating advice is simple: Be prepared to ask the right questions. He recommends that you find out the answers to these five questions below:

1. What do you like to do on vacation? If you can't travel together, you can't live together! Find out what your date likes to do for fun and see if you have any similar interests.

2. Why didn't your previous relationships and love work out? Really listen to how your date responds to this question and be on the lookout for any red flags. Of course, there are a few acceptable answers, like illness or death of a past lover and differing opinions about topics such as having kids or where to live.

3. Do you have a good relationship with the opposite sex parent? If the answer is no, they may look to you to fill that void. A bad relationship with any parent could cause issues in your love life, as they may have a skewed perspective of the family unit.

4. What is your online dating history? While this question isn't a necessity, it's helpful to know what sort of online dating success your date has had thus far. How long have they been looking for love online? How many dates have they been on?

Related Link: [Dating Expert Gives Five Body Language Cues to Look For on a First Date](#)

5. What type of relationship do you want? Asking this question on a first date will let you know if you should continue this particular romance. If you have different answers, then it's time to move on!

Besides these verbal questions, don't forget to look for classic non-verbal cues while you're on the first date. Is your date leaning towards you? Are their eyes dilated? Are they making eye contact with you? These are all positive signs! Dr. Ekman even has a training tool called micro expressions, which can help you learn how to read people. Be sure to keep this love advice in mind the next time you go on a first date.

What questions would you ask on a first date? Let us know by commenting below!

Detroit Tigers Pitcher Justin Verlander Says Celebrity Relationship with Model Kate Upton is 'Normal'





By Katelyn Di Salvo

A famous model and a professional athlete in a celebrity relationship together? Anything, but the word “normal” may come to mind. Justin Verlander, pitcher for the Detroit Tigers, says otherwise. He told *Forbes* magazine that that’s exactly how it is with his girlfriend, Kate Upton. In the celebrity interview, Verlander said of their [celebrity relationship](#), “And we’re just normal people. You know, normal relationship—believe it or not.” According to [E! Online](#), these two have definitely portrayed themselves as normal by keeping out of the limelight, and enjoying the simpler things in life. Upton recently sharing a ‘dubsmash’ video of her boyfriend and best friend on Instagram. Sound familiar to any of your own relationships?

No scandal to reveal in this celebrity relationship! What are some ways to keep your relationship grounded?

Cupid’s Advice:

Relationships and love can be hard to manage sometimes, but

finding someone you can be yourself with is special! How can you make sure you are keeping your relationship 'normal'? Cupid has some tips:

1. Appreciate each other: Being in a normal and healthy relationship means you have to appreciate what each of you brings to the table. Show each other how much you care. If he is always driving, why don't you take the wheel for a change, or if she always cooks, cook her a candle lit dinner!

Related Link: [5 Celebrity Couples Who Prove Love Can Last A Lifetime](#)

2. Communicate openly: This is super important and cannot be said enough: communication is key to a healthy and happy relationship. The path to a grounded relationship means you should communicate with each other openly and honestly about any issues either of you may have.

Related Link: [5 Pieces of Love Advice From Celebrity Couples In Long Lasting Relationships](#)

3. Don't forget the small things: Treat your partner the way you would treat a guest, Manners are not reserved for company! You should also appreciate the small moments you have together, sometimes those are even more special than the bigger ones.

What are some ways you keep your relationship grounded? Share your ideas below.

Sean Penn and Charlize Theron

Break Off Celebrity Engagement



By Katelyn Di Salvo

Famous couple Charlize Theron and Sean Penn are no more! According to UsMagazine.com, the pair were friends for years and, like many friendships, that blossomed into celebrity love. The two secretly got engaged during a trip to Paris, and now, almost a year and a half into their relationship and love life, the couple have called off their celebrity engagement! This comes as a shock to many, being that the couple seemed to be very happy together. Theron was quoted saying, "I'm a very, very, very lucky girl," to *Esquire* magazine just this past April! Penn was also quoted with similar sentiments in an interview with *Esquire UK* this past March saying, "It's a lot more romantic and a lot more fulfilling to be in a

relationship and to think you're a good person within it."

Another celebrity engagement that didn't make it down the aisle! What are some ways to know it's time to break off an engagement?

Cupid's Advice:

Not all relationships and love are meant to last forever. How do you know when it's right to call off an engagement? Cupid has some tips:

1. Avoiding each other: If you find yourself looking for any excuse to not be with each other then you may want to consider a break up. Engagements are supposed to be a happy time where you want nothing more than to come home to each other and spend time together, not the opposite.

Related Link: [Jennifer Aniston's Engagement: How Long is Too Long?](#)

2. You DON'T: If you are putting your wedding plans on the back burner and have already postponed, it may be time to reconsider. Thinking about saying "I Do" should bring forth a whole bunch of emotions, but dread should not be one of them.

Related Link: [6 Celebrity Break-Up's That Shocked Everyone](#)

3. You fight... A lot: Every couple fights, it's normal to get into fights with the people you love. But if most of the time you spend together is spent on fighting then thats a problem. Who wants to be in a relationship where most of your energy is put into arguments rather than the happy moments.

What are some other ways to know when to call off an engagement? Share your ideas below.

Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?



Question from Mandy G.: I went on a first date with a great guy this weekend, but we didn't make plans to see each other again. I want to connect with him on Facebook without seeming overeager. How soon can I send him a friend request?

Keep reading for [expert love advice](#) from our relationship experts!

Relationship Experts Discuss Facebook Friend Requests

[Suzanne K. Oshima, Matchmaker](#): My expert love advice is that sending a Facebook friend request after a first date is way too soon. When you send it prematurely, you run the risk of it being ignored, which will put you in an awkward situation. If he ignores your request, you may think he's not interested in you. But what it may really mean is that he's not ready to let you in to snoop through his personal life after just one date. Let's be honest: The first thing you will do is go through all his photos and posts to try to figure out what's up with his relationship and love life and if he's dating anyone else! There's plenty of time to get to know him digitally, so wait until several dates in to send that friend request. Otherwise, you may find yourself un-friended from a guy that you just met!

Related Link: [Dating Advice Q&A: Can I Blog About My Relationship and Love Life?](#)

Paige Wyatt, Reality TV Star: Sending a new guy a friend request on Facebook is a lot simpler than you think. First, you must do a quick sweep of your own page. Make sure there's nothing embarrassing or off-putting posted on there. Don't forget to check your tagged photos! Then, send him a request. If he accepts within minutes (as people often do, thanks to the Facebook app), send him a quick message, something short and sweet to let him know you had a great time on your date. If he doesn't accept your request for a few days, don't automatically assume he's ignoring you. He may not be an avid Facebook user, and in that case, it's better to stay connected via text message instead.

Related Link: [Q&A: Should I Tell My Friend Her Crush Has Been Facebook Messaging Me?](#)

[Robert Manni, Guy's Guy](#): Although there is nothing wrong with sending him a friend request, look at the bigger picture. You just went on a date with this guy, and it sounds like you want to see him again. Although there are no set rules, ending a date without plans to reconnect is usually not a great sign. Consider this dating advice: If this guy wants to see you again, he will reach out soon. Adding him as a Facebook friend is a nice gesture, but I doubt it will do anything to stoke the romantic fires.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How soon would you send a friend request after a first date? Share your love advice with us in the comments below!

Sources Say Ben Affleck and Jennifer Garner Are Facing Celebrity Marriage Troubles





By: Maria N. Capalbo

According to UsMagazine.com, right before their 10th year anniversary, sources say that Ben Affleck and Jennifer Garner have hit a rocky road. They also say that their kids are the only reason they have remained a celebrity couple this long! Affleck and Garner have attended years of therapy and have endured long separations from each other to keep their celebrity marriage afloat. They both have come very far, and hopefully they keep things together!

We hope this celebrity marriage will last! What are some ways to work on fixing your marriage?

Cupid's Advice:

Once you say "I do", you promise to be there for your partner through sickness, health, and disagreement. Sometimes, those disagreements can escalate to bigger problems. Cupid has a few

pieces of love advice to work on fixing your marriage:

1. Talk it out: In most cases, talking it out goes a long way instead of just remaining silent about your problems. Some people think it is okay to just keep quiet about their feelings thinking it will just disappear, but the longer you wait to express yourself, the more problems you run into!

Related Link: [Ben Affleck Says Jennifer Garner's Love Helped Him Become a Hollywood Star](#)

2. Counseling: It is nice to have a median between you and your partner. Seeking a counselor is not the end of your relationship, it just gives another outside ear to listen to the problems between you two. Marriage counselors can really help a great deal!

Related Link: [Ben Affleck Kisses Jennifer Garner in Rare PDA Moment](#)

3. Giving space: Sometimes space is not a bad thing. Giving your partner time to think and calm down in tense situations may be the best option. Get some space, calm down, and return to the issue once you've both relaxed.

What are some ways you've fixed your marriage? Comment below!

Single Celebrity Ariana Grande: Tearing Down Double Standards?



By Dr. Jane Greer

Singing sensation and [single celebrity Ariana Grande](#) wrote an elaborate, empowering essay about male and female double standards after her celebrity break-up with rapper Big Sean. She said, "If a woman has a lot of sex (or any sex for that matter)... she's a 'slut.' If a man has sex... HE'S. A. STUD. A BOSS. A KING... If a woman even TALKS about sex openly... she is shamed!"

Ariana touched on one of many examples of double standards when it comes to relationships and love and is hitting a nerve because what

she wrote about does often seem to be true.

Choose a course of action.

In today's world, women want to be able to make mindful choices when they decide to be intimate and sexual with their partner. But that isn't always easy to do. When a woman has an active sex life, she might be viewed as being loose. On the other hand, men are expected to seek it out, and if they brag about a few notches on their belt then they are respected and thought of as manly. Women are finally looking to move beyond these images and not let them hold them back anymore. Along those lines, the most recent *Bachelorette* openly said she made a conscious decision to be intimate with one of the men she had met on the show, because a sexual connection is such an important part of a relationship that she wanted to have a sense of their chemistry before they moved too far forward. She chose a course of action, and so can you.

Related Link: [Single Celebrity Ariana Grande Says She Doesn't Want to Be Called Big Sean's Celebrity Ex](#)

Be the manager of your sex life.

If you consider what you stand to gain by exercising your sexual expression, as well as what you stand to lose if you are not in touch with it, you will see how important it is to be the manager of your sexual life. By challenging these stereotypes that have trapped, confined and limited women for too long, you can work to redefine your sexual identity and what it means to you in terms of your happiness and your sexual esteem. If, for example, you want to be intimate with someone when you first meet them, if you are on vacation and want to have a fling, if you are at a wedding and want to have a romantic escapade, or just a one night stand, the most important thing is to know what you are doing and why you are

doing it. In other words, own it. This means recognizing that you are with that person to enhance your sexual experience and pleasure, and still feel good about it regardless of whether or not it leads to something more serious down the road.

Related Link: [Ariana Grande and Big Sean Step Out as Celebrity Couple at Grammy Awards](#)

Sit in the driver's seat.

If you are in the driver's seat, you can give yourself the permission to say "yes" to your desires and feel empowered by them when it comes to your sex life decisions, rather than feeling bad about yourself. The essential thing to be aware of is that whatever your action may be you are doing it by choice, one that you are making for yourself and thereby can feel confident about. When you do this, you free yourself from blame and judgment so that you will not feel objectified or used in any sexual experience you share. You no longer have to be in a position where you are compromising your own values or worrying about what other people think.

Be honest and guilt-free.

It follows that if you are in a new relationship and your partner asks how many sexual encounters you have had, you can have a clear sense of your history and how it came to be, free from guilt. You will be able to level the playing field so that what was once only acceptable for men can also be acceptable for women. Saying no always remains a powerful choice as well, what matters most is that you are determining what is going to be most comfortable for you. In this way, you will be a woman who takes charge, is in control, knows what you want as well as what you don't want, and will be better able to build your inner security which will reflect in your emotional and sexual wellbeing.

Relationship Expert Talks About Helping Kids Through Divorce



By Debbie Bartashius-Ceresa

Whose divorce is it? Perhaps this sounds like a strange question when talking about the Hilary Duff and Mike Comrie custody dispute or the battle of where Jodie Sweetin and Morty Coyle's little Beatrix will attend pre-school. But as a [relationship expert](#), I know that a divorce can cause many losses, especially for the children.

Relationship Expert on Losses of Divorce

There is truth that divorce is a family matter, but in the end, it's the couple who is ending their relationship and love together. The kids are merely in the midst of a war zone, and the damage to them can be immense. Divorce, like death, creates losses for everyone involved. Children can experience any or all of the following:

Related Link: [Expert Dating Advice: Should You Give Your Ex a Second Chance?](#)

1. Loss of expectations: We teach our children to love, trust, and be loyal to us. Children think that their family will always be together. Think about the many stories you've read to your kids; most of them have a family that stays together. Children are also exposed to the vows and commitments parents make to each other through movies and religion. Try to imagine how confused a child feels when they're told that their parents can no longer keep this pledge.

2. Loss of trust: Children have a difficult time dealing with the conflicting feelings of love and divorce. These emotions tend to cause the child to believe that their parents are distrustful.

3. Loss of familiarity and routines: A divorce sometimes causes a move from one home to another or a change of schools. Everything that was familiar and routine in the child's life is disrupted.

4. Loss of safety: What makes you feel safe? Most of us feel stable when we are in our day-to-day routine and our comfort zone. Oftentimes, children caught in the battle lose their sense of safety.

Expert Love Advice For How To Help Your Child Through Your Divorce

As a relationship expert, I look at celebrity divorces, such as the Duff-Comrie and Sweetin-Coyle cases, and see that they create an awareness of how to understand the effect of break-ups on our children. My expert love advice, whether you're dealing with a divorce of your own or someone close to you, is to focus on the kids. The following can help your child:

Related Link: [Romantic Relationship Advice: From Roadkill to Recommitment](#)

1. Don't "fix" feelings: Be there to listen to your child without trying to tell them how to feel. Every child is different and reacts to a divorce uniquely. The problem with emotions that are sad, negative, or painful is that we try to fix them. We don't try to change or fix good feelings. Remember that feelings are feelings.

2. Find a safe zone: Give your child a place to express any happy, sad, or painful emotions. You need to be able to listen, hear, and acknowledge their feelings. This safe zone also means not taking sides with the other parent.

3. Complete your own emotions: The world isn't perfect. Divorce happens. Every divorce is unique; your feelings are unique. Taking actions to complete your own emotions with your divorce will give you the ability to hear and listen to your children.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on Amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery

process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Experts Give First Date Tips



On this week's [Single in Stilettos](#) show, matchmaker Suzanne Oshima and dating expert Des O'Connor discuss first date tips for women.

Relationship Advice Video Reveals First Date Tips

Women often go on a first date and expect to have a connection right away. However, that doesn't always happen. According to this [relationship advice video](#), these two dating experts believe that chemistry can grow over time. Don't decide if you'll go on a second date based on your initial feelings or lack thereof. If your date has potential, then plan a second date – you don't know where it will end up!

Related Link: [Why Are You Single? Dating Experts Answer That Dreaded Question](#)

As these relationship experts say, you need to have a plan in place when you go on a date. Make sure you don't talk too much about yourself. Guys are turned off by that. Instead, ask questions and show an interest in what your date does. First dates are kind of like an interview process for a relationship and love, so make sure the date is interesting! When in doubt, just remember that you can't change a first impression.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What first date tips do you have? Tell us in the comments below!

Love Advice: How To Tell If a Guy Likes You



By Molly Jacob

Relationships and love can be very difficult, especially when you're not even sure where you stand with your crush or guy friend. Does he like you as more than a friend? Should you take your relationship to the next level by confessing your feelings? Let our dating advice help you out in this gray area of relationships and love.

Check out Cupid's love advice about

how to tell if a guy likes you!

1. He finds every excuse to see you:

Sure, good friends want to spend a lot of time together. But in the area of relationships and love, a guy who is interested in a girl will find a reason, no matter how far-fetched, to see you. He's going to the grocery store and wants you to come help him get ingredients for dinner. He's shopping for a new pair of shoes and wants your advice. Dating advice: if it just seems like he can't get enough of your presence, he probably has a major crush on you!

2. He approaches you:

This one is pretty self-explanatory: a guy who strikes up a conversation with a girl at a bar, bookstore, or the gym is obviously interested in her. But look at how your crush or guy friend communicates with you. Is he always the first person to text you? Does he always seek you out at parties? If so, take our love advice he may have a crush on you, too!

Related Link: [Dating Advice: How To Get Out of the Friend Zone](#)

3. He has positive body language:

With relationships and love, body language is everything. Things we might be too afraid to say can subconsciously appear in our physical gestures. Here are a couple signs he's into you: his pupils are dilated when he's looking at you, he leans close into you when you talk, he subtly licks his lips when speaking to you or looks at your lips, and he points his feet towards you when you're both sitting down. All of these are indicators that his body is using to communicate his interest in you.

4. He's different around you:

Maybe you notice that he makes cruder jokes around his other friends, but says nicer things when he's alone with you. If he likes you, he could act nervous around you or appear to be trying to impress you. This may be a relationships and love sign that he's interested being more than just a friend with you. It's great love advice to see how he treats other women and reflect on how he treats you. This could give you a few clues about his true feelings for you!

Related Link: [5 Emotional Stages of a New Relationship and Love](#)

5. He gets jealous:

Next time you talk about a date you went on last week or your newest celeb crush, check out your real life crush. Does he seem to get upset when he hears you talking about other guys? Does he seem to be jealous or protective when other guys check you out? If so, he could be jealous because he likes you!

6. He teases you:

Most of us can remember a time where we were made fun in elementary school by a boy who thought it was so hilarious to sprinkle grass in our hair at recess. It wasn't until our parents gave us the early dating advice that those boys on the playground actually liked us and weren't just bullies. Although we think men have grown up since then, they really haven't changed all that much! A guy who teases you for silly things and is physical with you (touching your hair, playfully touching your shoulder) definitely likes you. Also, if he smiles and laughs a lot around you, that's a great sign that he might be into you!

How else can you tell if a guy likes you? Let us know by commenting below!

Chris Pratt is Featured in Unlikely Relationship Movie, 'Jurassic World'



By [Courtney Omernick](#)

Twenty-two years after the events of *Jurassic Park*, there is now a functioning dinosaur theme park, *Jurassic World*. After multiple years of operation and the amount of visitors declining, a new attraction is created to gain new visitors, which backfires. The two main characters, who are ex-partners, are forced to come together in this adventure-packed action-turned-[chick flick](#).

Cupid has the Jurassic-sized movie details.

Should you see it:

You wouldn't think that *Jurassic World* is a chick flick or relationship movie, but there is a catch. The two main characters, Owen (Chris Pratt) and Claire (Bryce Dallas Howard) are exes trying to mend their relationship in order to do what's best for the future of *Jurassic World*. With all the action, and a bit of romance, this film won't disappoint!

Who to take:

This action packed, relationship movie would be great to see with your friends or significant other.

How can you work through your differences with your ex?

Cupid's Advice:

Sometimes, even if we break up with a significant other, we can't avoid them. There might be children involved, you might work together, or have the same friends. Heartbreak hurts, seeing them often shouldn't have to. Below is some relationship advice on how to work through your differences with your ex.

1. Put past arguments behind you: If you're constantly hanging on to negative feelings, you're never going to have a positive conversation/relationship with your ex. Don't bring up past fights, pet peeves, etc. Treat them as if they were a friend, not an enemy.

Related Link: [Former 'Bachelor' Chris Soules: Is it Over Before it Begins?](#)

2. Create boundaries: Even though you still have to be around

your ex, don't let them run your life! Make it clear on when it's appropriate to visit, make phone calls, text you, etc.

Related Link: [Nicki Minaj Fires Back at Celebrity Ex Safaree Samuels After He Releases Telling Single](#)

3. Avoid being each other's crutch: You may be mourning the loss of your relationship with your ex, however, do not seek comfort in their arms! Find friends or family members to confide in.

Have you had to work through issues with your ex? Do you have some relationship advice for our readers? Comment below!

Relationship Expert Shares 8 Powerful Celebrity Women Who Will Change Your Life





By [Sandra Fidelis](#)

It's not easy balancing a successful career and a thriving relationship and love life. We, as modern women, have so much on our plates. The pressure of being a power player in the business world while maintaining a healthy relationship can be a big challenge. But as a [relationship expert](#), I know nothing is impossible.

Relationship Expert Shares How Powerful Celebrities Will Change Your Life

Related Link: [Relationship Expert Shares Must-Dos for Career Women](#)

The following ladies (some of the most powerful and successful women in the world) serve as great models for how to balance your work and relationship and love life. They show us the value of having both a great career and a thriving partnership.

1. Zoe Saldana. The starlet recently made celebrity news over her announcement that her husband, Mark Perego, opted to take on her surname. The *Avatar* actress and her dedicated artist husband juggle successful careers. Now, they add family to the mix after the birth of their celebrity babies, twins Cy and Bowie.

2. Pink. The singer began dating her motocross racer husband Carey Hart in 2001. After briefly separating in 2003, they announced their celebrity engagement in 2005 and married in 2006. The famous couple separated again in 2008, but reconciled in 2010. They welcomed daughter Willow soon after. Pink travels the world balancing family, her music career and Carey's motocross team.

3. Ellen DeGeneres. She's Hollywood's darling and along with wife Portia DeRossi an advocate for the LGBT community. The celebrity couple is going strong and Ellen credits Portia with being someone who truly gets her, supports her and wants the best for her. As a relationship expert, I know that's what we all want in a partner.

4. Jennifer Aniston. Jennifer is like a fashionable, cool older sister. We've watched her go through a painful celebrity divorce and date Hollywood's most eligible bachelors. After finally settling down with fiancé Justin Theroux, Jennifer continues to be a power player in Hollywood. Her star has only continued to rise. Her range has expanded from a leading lady in romantic comedies to taking on more complex roles such as in her recent film *Cake*.

Related Link: [Expert Love Advice: What to Do If Your Job Intimidates Your Partner](#)

5. Giselle Bundchen. Recently Giselle hung up her stilettos and announced that although she'll keep working in the modeling world, she won't be modeling for pay. Her hubby Tom Brady posted a sweet message about her accomplishments and

what an inspiration she is to him. Aww!

6. Angelina Jolie Pitt. Mrs. Jolie Pitt credits her hubby Brad Pitt with being her rock. He supported her through her recent health issues as well as her work behind the camera. The Hollywood couple raises six children together and makes managing two high-profile careers look easy.

7. Oprah. Oprah has always had a lot on her plate. These days, she's running her own network, interviewing newsmakers and attempting to raise the world's consciousness with her hit show *Super Soul Sunday*. She's managed to maintain a low-profile relationship with her spiritual partner of 28 years, Stedman Graham. That may very likely be the reason it has lasted as long as it has.

8. Beyoncé. Beyoncé is consistently featured on Forbes list of most powerful women in the world. She credits her relationship with husband Jay-Z with giving her the strength and confidence to be fearless in her career choices and endeavors.

Related Link: [How to Balance a New Relationship and Love Life with a Booming Career](#)

These women serve as great models for managing a hectic lifestyle while maintaining happy, thriving marriages and relationships. I know it may be difficult to compare your life to the women on this list (considering that all of them have access to assistance and support that most women only dream of having). These women have also figured out how to be the powerhouses that they are without intimidating and alienating their partners. This can certainly be a challenge for modern women. But these women have proven that you can have great love and a great career.

[Sandra Fidelis](#) is a relationship expert, best-selling author and speaker with a great talent for helping single women get off the dating merry-go-round and finally meet the right man.

Dating Expert Shares Number One Rule of Successful Online Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) discusses the rules of online dating.

Dating Expert Laurel House, part of E!'s '*Famously Single*' Talks About Being Honest In Your Online Dating Profile

If you've ever tried online dating, then you know how hard it is to create the perfect profile. But don't worry, because relationship author and dating expert Laurel House shares her best love advice about the number one rule of successful online dating. "Make sure your online dating profile is honest!" she shares. In this week's relationship advice video, the dating expert will help you understand how to turn off the wrong partner while simultaneously turning on the right one.

Related Link: [Relationship Expert Shares Best Love Advice for How To Break Up Over Email](#)

The relationship expert believes that "the most essential but often ignored strategy when it comes to online dating is elimination." This means that you need to focus on turning people away who you would never be interested in to begin with. "You can try to narrow your reach within the preferences section, but many people don't actually look at those preferences," House shares. They also don't address some of the more important particulars, including the personality traits. If you have a sarcastic side, be sure to mention that! Honesty is the number one rule of online dating.

One of the benefits of online dating is that you are able to expand your reach, but you don't want to attract the wrong people. "You need to take a proactive approach," the dating expert says. "If you say you are a lover of the finer things in life, guys who can appreciate and afford those things will find that a turn on. Men who are turned off by a woman who likes expensive things will not contact you. And that's a good

thing.” At the end of the day, you want to find somebody who understands and shares your lifestyle preferences. “You’re not there to please everyone,” House says. “You’re there to weed out the ones who might take issue with elements of who you are and what they’re expectations are of you.”

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think the number one rule of online dating is? Tell us your story below!

Kaitlyn Bristowe Sends Clint Packing and Reacts to Nick Viall's Return on 'The Bachelorette'





By [Courtney Omernick](#)

It looks like celebrity love is in the air for [Kaitlyn Bristowe](#) on *The Bachelorette*. During the most recent episode, [UsMagazine.com](#) reported that Clint was sent home and Nick Viall, who fans first met during Andi Dorfman's time as *The Bachelorette*, returned to the spotlight. With all of these celebrity relationships in full swing, you have to wonder, how can Bristowe keep everything straight?

The drama never ends on *The Bachelorette*! How do you know whether or not to give someone another chance?

Cupid's Advice:

While watching the celebrity relationship drama between the contestants on *The Bachelorette* unfold, it can be hard to decipher who is deserving of Bristowe's celebrity love. In our

own lives, especially if a former friend or significant other has hurt us, it can be difficult to decide whether or not you should give them a second chance. Cupid has some advice:

1. You have a reason to believe: If you're having serious doubts regarding this person's credibility, truthfulness, etc., then it's time to walk away. However, if this person has earned your trust during the time that you've known them, they might be worthy of a second chance.

Related Link: [Are Rihanna and Soccer Star Karim Benzema a New Celebrity Couple?](#)

2. You see change and growth: If you've noticed that the person who is seeking a second chance has achieved a serious amount of growth and insight since the incident, you might want to consider listening to what they have to say and even forgiving them.

Related Link: [Single Celebrity Ariana Grande Says She Doesn't Want to Be Called Big Sean's Celebrity Ex](#)

3. You benefit from the relationship: Every friendship and romantic relationship has its problems. It's up to you to decide how much you're willing to put up with and figure out what you're getting from the relationship.

Have you given a friend or significant other a second chance? Comment below!

Celebrity Video Interview:

Tim Gunn Talks First Date Fashion and Summer Trends



Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

Make it work! Whether it be in relationships and love or the latest fashion trends, Tim Gunn's catchphrase holds true. The Emmy award winning co-host for Lifetime's *Project Runway* shares where to go on a first date and what he's most excited about for the new season of the hit fashion show. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the fashion expert about summer trends and all things *Project Runway*. You don't want to miss this celebrity news!

Related Link: [Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards](#)

Tim Gunn Talks First Date Looks and Summer Fashion Trends

First dates can be nerve-racking, but you shouldn't worry about what to wear or where to go. "Dress up!" Gunn exclaims. "Dressing up says 'I want you to see the best of me.' It's about respect for yourself and the person you're dating." When it comes to finding the perfect first date outfit, Gunn has three essential elements that need to be balanced: Silhouette, proportion, and fit. "When those three elements are in harmony, you will look fabulous no matter what you're wearing," he says.

Choosing a location is also very important when it comes to the beginning of a relationship and love. Gunn's love advice is to always go out to eat. "I believe that a first date should be a meal, because you need to know how they interact with the waitstaff, what table manners they have, and how they interact with you during a meal," Gunn shares. "I think it's all telling."

Related Link: [OWN Star Kiki Haynes Shares Love Advice: "If the Heart Behind It Isn't Genuine, Then I'd Rather Not Have It"](#)

If you're going out this summer, then remember that accessories are more important than apparel this season. Whether it's a new hat, eyewear, or wedges, accessories work with many different looks. Also keep in mind that '70's Bohemian is coming back, so splash into summer with this revived look. "Independent of trends, there is something for everyone," Gunn shares. "Think about what's in your closet and what will enhance it. And always try it on! Under all circumstances, make no assumptions about fit."

Fashion Icon Discusses *Project Runway*

If you're eagerly awaiting the new season of *Project Runway*, then you'll love to hear that filming for season 14 starts in a few days. Unfortunately, this season Gunn was not able to go on the auditions to see the broad range of talent. However, he did get to look over the new contestants that were chosen. "I'm excited about working with them, they have a lot of personality," he says. "I hope they don't cancel each other out with that personality!"

But being on a show for this long doesn't mean it's perfect. Gunn says that if he had to change one thing, he would like to be in the workroom when the designers fit their models. "I've never seen so much delusion presented to me," he says. "I'm always asking how the fittings went and invariably it's 'Oh, they were great.' Then, I look at the work on the runway and I'm like 'What? Is there a new definition of the word great?'"

You can keep up with Tim on Twitter @TimGunn and www.facebook.com/TimGunn.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single Celebrity Ariana Grande Says She Doesn't Want

to Be Called Big Sean's Celebrity Ex



By [Courtney Omernick](#)

[Single celebrity](#) Ariana Grande seems to be having some identity issues! According to [E! Online.com](#), the singer stated that she doesn't like being known as Big Sean's celebrity ex. She feels that she is more than just a man's "past possession."

**Single celebrities have more fun!
What are some ways to gain your own**

identity back post break-up?

Cupid's Advice:

You don't have to be celebrity exes to know the feeling of heartbreak. It can take some love advice and healing after the relationship and love is over to really try to get your own identity back. Take some advice from single celebrity Ariana Grande, and do your own thing! And, check out our advice below:

1. Enjoy your alone time: You've spent so much time with someone else, that you might have forgotten how to be alone. Embrace the time that you have by yourself, and look at it as an important tool in figuring out who you really are.

Related Link: [Jennifer Aniston's Celebrity Engagement: How Long is Too Long?](#)

2. Reconnect with friends: Although you'll want to spend some time alone, don't spend too much time isolating yourself! Spend some time hanging out with friends that you might have lost touch with. If you can't remember who you are, your friends will certainly help you revive your personality.

Related Link: [Katharine McPhee's Celebrity Divorce: Can You Stay Friends With an Ex?](#)

3. Keep yourself busy: Take on new projects, work on old projects, go back to your hobbies, etc. Make sure to fill up your calendar with exciting events and projects. This will help to keep you from moping and make you more productive.

What are some ways you've gained your identity back post break-up? Comment below!

Ryan Gosling Gushes Over Celebrity Love Eva Mendes Calling Her 'Very Helpful'



By [Courtney Omernick](#)

The celebrity love between Eva Mendes and Ryan Gosling seems to be growing stronger every day! [E! Online.com](#) recently reported that Gosling stated in an interview that Mendes has been instrumental in helping him direct his first film. It looks like their celebrity relationship is one for the record books!

Celebrity love is in the air! What are some ways to help your partner through a difficult time?

Cupid's Advice:

While the celebrity relationship between Eva Mendes and Ryan Gosling doesn't seem to need help, that's not always the case with other couples. Your partner may be having a difficult time, and you don't know what to do. Cupid has some relationship advice to help your partner through a difficult time:

1. Talk it out: It might not seem like the easiest thing to do right now, but helping your partner talk through their problems will assist them in gaining perspective. And, it will help you figure out what the real issue at hand is.

Related Link: [Famous Couple Brad Pitt and Angelina Jolie: When is it Time to Seek Help?](#)

2. Listen: Along with talking, comes listening. It's important that you're listening to their issues so that you can provide insight, not just because you're "waiting your turn." Really try to get a sense of what's going on with them.

Related Link: [5 Celebrity Couples Who Prove Love Can Last a Lifetime](#)

3. Keep things present: There's no use in getting your partner even more worried about what's going to happen in the future because of what's going on now. So, your best bet is to stay focus on the present. What can you do to help them at this moment? Take this one day at a time.

Share your relationship advice with our readers. How have you helped your partner through a difficult time?