

Ne-Yo Celebrates Celebrity Engagement and Baby Announcement



By Mackenzie Scibetta

It's a happy day for celebrity love as Ne-Yo and his girlfriend Crystal Renay announced they are transforming their Hollywood relationship into a [celebrity engagement](#)! [UsMagazine.com](#) reported not only their engagement, but also the exciting news that they are expecting a child together! This [celebrity pregnancy](#) will be Ne-Yo's first child with his fiancée, although he has already fathered two children from a previous engagement. Ne-Yo shared his joy with the world through twitter and instagram saying they planned to be

married next year.

There's a celebrity wedding and baby on the way! What are some creative ways to announce your engagement?

Cupid's Advice:

With social media use increasing every day, posting online is the most popular way to announce an engagement. You want this milestone in your life to be remembered forever so Cupid is here to help you post a memorable and unique engagement announcement:

1. Photo shoot: You can hire a professional photographer to capture this unforgettable moment or you can simply set up your smart phone to host your own photo shoot of you and your fiancé that you can post online. Incorporate items specific to you and your loved ones relationship and let the photos capture the dynamic and personality of your relationship.

Related Link: [Married Celebrity Couple Jennifer Aniston and Justin Theroux Head Back to Work Post-Wedding](#)

2. Write with a sense of humor: You can take a cue from Ne-Yo, who wrote “#FromTheHorsesMouth” at the end of his engagement tweet, and take a playful approach to your announcement. Sayings like “Keep Calm 'cause he put a ring on it” or “Eat Drink and Soon to be Married” are a cute ways to announce your engagement without being too flashy.

Related Link: [Hayden Christensen Opens Up About Naming His Celebrity Baby Daughter Briar Rose](#)

3. Create or use an existing engagement poem: Pinterest is

full of poem ideas and examples so you can find one that suits your engagement, whether you're looking for funny, sincere, or heart-warming. If you or your loved one loves to write then creating your own engagement announcement poem could be a fun activity to try out as a newly engaged couple.

How did you tell family and friends that you were engaged? Let us know in the comments below.

Love Advice Q&A: How Do I Show My Interest In Someone Online?





Question from Carrie K.: When I first meet a nice guy and we become friends on Facebook, I always try to think of a way to show him I might be interested. Is there a way to subtly do so without looking like a stalker or totally desperate?

Read on for [love advice](#) from our dating experts!

Relationship Experts Share Dating Advice About Showing Interest On Facebook

[Suzanne K. Oshima, Matchmaker](#): When it comes to Facebook, there's a fine line between showing interest and coming across as a stalker. Obviously, you can like and comment on his posts, but my love advice is to not do so too much. If you go overboard, you'll be seen as someone who has a little too much interest in his life and no life of your own. So my expert dating advice is to be selective about what you comment on and like. Then, at some point, after you've been friends for awhile, try to initiate a conversation over the private

messaging feature on Facebook. Once the conversation takes off, add in a little innocent flirting and see where it goes. Soon, he may ask you out on a date, and you can get offline and meet up in person!

Related Link: [Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?](#)

Paige Wyatt, Reality TV Star: I know that everyone likes to fluff up their Facebook profile to encourage some new sparks. There's just a right and wrong way to do it. Most importantly, don't ever pretend that you're seriously interested in something you've never even heard of because this new guy seems into it. That can lead to some awkward conversations when he starts asking you about it. You can absolutely expand your interests though. Let's say you like being outdoors, for example. Just because your version of "being outdoors" is drinking wine and eating cheese at the closest park instead of hiking three miles every weekend doesn't mean it's a lie. You can also message him if you see something cool on his profile, like, "I loved that video you just posted – do you rock climb?" It can give you guys something to talk about and is a good way to further the conversation beyond a confirmed friend request.

Related Link: [Dating Advice Q&A: Can I Blog About My Relationship and Love Life?](#)

[Robert Manni, Guy's Guy](#): The dating game is thriving in the digital world, but if you want to win, get offline as quickly as possible. Most guys are not that savvy when it comes to reading between the lines of texts or e-mails, so as a relationship expert, I suggest you stay cool, but be clear about your intentions. A good way to take the connection offline is through finding common ground with a new connection. For example, you love margaritas, and he considers himself an expert on tequila. Bueno! Find a cool and conveniently located Mexican restaurant or bar that carries

the good stuff and suggest meeting up to sample their Maestro Dobel reposado, don Julio 1942, or 7 Leguas Tequila Anejo. If you conduct a bit of research on something you both enjoy, most guys will appreciate the effort. And in this case, he'll think you're someone who has great taste in men *and* spirits.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How would you show someone you're interested via Facebook? Share your dating advice with us in the comments below!

'Bachelor in Paradise': Ashley I. Is Ready to Give Up Virginity to Win Jared





By Mackenzie Scibetta

[Bachelor in Paradise](#) cast member Ashley Iaconetti, who is notoriously known for her conservative views on sex, might have finally found the right guy to lose her virginity to. According to [UsMagazine.com](#), Ashley happily told cameras, “I don’t know what’s going to happen tonight, but I may not be a virgin tomorrow!” Ashley gave her potential celebrity love, Jared Haibon, an invite to spend the night privately in the fantasy suite, in which the cameras are turned off and anything can happen.

Bachelor in Paradise is nothing if not full of drama this season! How do you know when you’re ready to lose your virginity?

Cupid’s Advice:

There are a lot of differing opinions about how to tell when

it's the right time to lose your virginity, however, you shouldn't be swayed by other people because only you can truly tell when you're ready. Cupid has some love advice to help you decide if you're ready to take the next step in your relationship:

1. Ask yourself what you want losing your virginity to mean:

Think about why you want to lose your virginity and decide if you're satisfied with those reasons. Only you can decide how it will make you feel but make sure it will bring positive emotions. You don't want to lose your virginity to please anyone else except yourself.

Related Link: ['Bachelor in Paradise' Contestants Sam and Joe's Relationship Shatters and JJ Goes Home](#)

2. Inform yourself: Know all of the consequences that come with having sex, such as harmful STD's and the potential risk of pregnancy. Once you accept this risks and feel that you understand them then you should feel more confident about deciding if you're ready or not for sex.

Related Link: ['Bachelor in Paradise' Couple Marcus Grodd and Lacey Faddoul Tie the Knot](#)

3. You trust and are comfortable with your partner: Your first time can be overwhelmingly intimidating so you want to have a partner who will be there for you. This doesn't mean you necessarily need to be in love with them, but you want someone who will be understanding if you decide you aren't ready and someone who can help ease your nerves.

What love advice do you have for someone unsure about having sex for the first time? Share in the comments below.

Relationship Expert Reveals The Secret To A Great First Date



By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the secret on how to never have a bad first date again! Her expert dating advice is simple: Always pre-qualify your dates.

Relationship Expert from E!'s

Famously Single Says to Pre-Qualify Potential Matches Before a First Date

We all know that relationships and love can be tricky. Whether you meet through work, friends, or even online, you must pre-qualify all of your dates before you give them any personal information. With online dating in particular, if you move too quickly, you may realize how weird or creepy they are too late. “You’re afraid, and now, they have your phone number,” the relationship expert shares.

Related Link: [Relationship Expert Reveals What to Do Before You Begin Online Dating](#)

To avoid having a bad first date, pre-qualify your potential matches by asking strategic and substantive questions. Be vulnerable and remember to go down before you go up. Even share your core values and ask for their’s to ensure a positive outcome. “Online dating can be the most amazing and easy way to meet people,” House says. “But it can be exhausting, confusing, and a waste of time if you don’t pre-qualify.”

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you pre-qualify your dates? Tell us in the comments below!

Relationship Advice Video: Rejection Is Part of Dating – Get Used to It!



In this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to [dating expert](#) David Crowther about one part of looking for a relationship and love that you *must* accept: rejection.

Expert Relationship Advice About Rejection

As Oshima says, “Nobody likes rejection.” For some people, if they face too much rejection, they want to stop dating all

together, which is a huge mistake. According to the relationship advice video, it can affect us physically. For instance, we may experience a tight feeling in our chest or the blood rush to our face. "With the proper outlook and a grandiose goal, it's something you can overcome," Crowther explains.

Related Link: [Relationship Advice Video: Should I Date More Than One Man?](#)

The dating expert also discusses the idea of the default future, which means that, if you keep doing what you're doing, you're going to continue following the same path. Instead, you must step outside of your comfort zone and put yourself in the position to be rejected. Eventually, you'll realize that those guys aren't the right fit for you anyways!

Check out the rest of his love advice in the video above!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Relationship Advice: 5 Ways to Know Your Partner is Lying to You





By Molly Jacob

Maybe you don't like the chicken carbonara your spouse makes, or maybe your hubby could stand to lose a few pounds if he wants to wear his college sweatshirt in public. There are certain white lies you can tell in a relationship without sacrificing the trust you two share. But with relationships and love, honesty and trust is essential to a healthy relationship. If you have suspicions that your partner isn't being totally honest, you owe it to yourself to evaluate your relationship.

See Cupid's five pieces of relationship advice to help you tell when your partner is lying to you!

1. Lack of eye contact: If your partner avoids eye contact with you, especially when he or she is telling you were they

were last night, this could be a sign that they're lying to you. People know that eyes are the window to the soul, so if they're hiding something from you, they will avoid looking you straight in the eye.

2. Aggression: You ask to see your spouse's credit card bill to calculate next month's budget. She responds by screaming at you and throwing a fit – not exactly a normal emotional response. If your partner responds aggressively or way too emotional to simple requests from you, they may be hiding something from you.

Related Link: [Love Advice: What Your Sleeping Position with Your Partner Says About You](#)

3. Protective of technology: Your partner may have a passcode on his or her phone or laptop, which is perfectly fine. But do they refuse to tell you what that passcode is, but won't explain why? Are they fiercely protective of their text messages and Internet search history? Relationship advice: there's something they're hiding from you.

4. Over-explaining: Something as simple as letting you know that they went to see their mother last week shouldn't require an hour-long explanation. If you find your partner is going on and on about how they don't actually find their co-worker attractive or that they REALLY weren't at the bar last night instead of the office, it's good dating advice to see what they might be keeping from you.

Related Link: [Relationship Advice: Signs You Really Need Couples Counseling \(and Why It's Not a Bad Thing!\)](#)

5. You feel off-balance: Trust your gut. If something feels off with your partner, it probably is. With relationships and love, it's a great idea to trust your intuition.

What are other signs that your partner isn't being truthful? Let us know in the comments section below!

Famous Couple Angelina Jolie and Brad Pitt Are House Hunting in London



By Mackenzie Scibetta

The Jolie-Pitt clan may no longer be walking the concrete streets of Los Angeles, but rather the cobblestone roads of London. As reported by UsMagazine.com, the [married celebrity couple](#) of [Angelina Jolie](#) and [Brad Pitt](#) recently toured a \$39 million Westminster mansion. Although this latest celebrity news hints at the family relocating, the duo are reportedly hesitant about making such a huge investment. Specifically,

Jolie doesn't want to rush into anything that could potentially halt her directing aspirations. The famous couple have been spending an increased amount of time in London because Jolie wants to "slowly immerse herself in E.U. politics."

This famous couple is selecting a new home together. What are some ways to compromise on a big purchase?

Cupid's Advice:

If you and your loved one are thinking about spending big, then it is essential you both agree on this decision. Make sure you both put the bigger picture of each other's happiness above this material good. Cupid has some key factors to remember when you're splurging big:

1. Plan a way to fit it into your budget: Arguing about money is one of the quickest ways to strain a relationship, so make sure you're realistic about what purchases you want to make. Set financial goals so you can both reach that dream boat you've always wanted. The key is figuring out ahead of time where you and your partner can cut back.

Related Link: [Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?](#)

2. Decide if the purchase is necessary: Buying a new house for a growing family is certainly justifiable, but if you and your partner are dropping cash on outlandish items then that can lead to an array of problems. Only make big purchases that make sense with the life you are living. Spending money is addicting so make sure you and your loved one don't end up in over your heads.

Related Link: [What NOT To Do: The 5 Most Devastating Celebrity Break-Ups and Why They Happened](#)

3. Communicate: Most problems in life can be solved with a simple conversation and this situation is no different. Assure yourself and your lover that you both are 100% on board with this purchase. If your partner is hesitant then ask them can be done differently to make it right.

Comment below how you have worked through a big purchase in your relationship?

Married Celebrity Couple Jennifer Aniston and Justin Theroux Head Back to Work Post-Wedding





By Mackenzie Scibetta

After tying the knot in secret on Aug. 5, famous couple [Jennifer Aniston](#) and Justin Theroux have returned to work not even a month after their celebrity wedding ceremony. According to [UsMagazine.com](#), Aniston started filming her new movie *Mother's Day* in Atlanta, while Theroux continued shooting his HBO show *The Leftovers* in Texas. The married celebrity couple were both spotted showing off their impressive wedding bands on each of their sets. They spent their celebrity honeymoon in Bora Bora with fellow stars Jason Bateman and Jimmy Kimmel.

This married celebrity couple is back to reality! What are some ways to smoothly transition into married life?

Cupid's Advice:

Getting married is the most exciting and frightening time of

your life, so it's natural to feel a little uneasy about the future. You want to keep parts of your previous single life while still accepting this new period of marital bliss. Cupid is here to help you find your balance in married life:

1. Comfort items: Just because you're married doesn't mean you need to toss all aspects of your old life. You want to save items that remind you you're still an individual. For example, keep pictures with your friends on the wall to remind you to still cherish them.

Related Link: [Find Out Details About Jennifer Aniston and Justin Theroux's Celebrity Honeymoon](#)

2. Have your own space: Whether it's the park across the street or a corner in a room, designate an area that is completely yours. It will come as a relief to have these spaces of solitude reserved for when you're feeling overwhelmed. You can seclude yourself from marital stress here with a book, coffee or a nap.

Related Link: [Find Out Why Newlyweds Jennifer Aniston and Justin Theroux Decided to Celebrate Celebrity Marriage](#)

3. Keep your normal routine: If you're married to the right person, you shouldn't have to completely reorganize your day around them. Still go to your yoga class in the morning if it makes you happy, and take a cue from Jennifer Aniston. The newlywed loves acting and even though she just got married she didn't let that stop her from pursuing her passion.

What suggestions do you have for newlywed couples? Let us know below.

Expert Relationship Advice: Comforting Your Partner During Arguments



By Jared Sais

It's inevitable that you'll endure rough patches in your relationship and love, and maintaining a loving and committed attitude during them will help strengthen your bond. If you want to comfort your significant other but aren't sure what to do, consider these six pieces of non-verbal expert relationship advice:

Dating Expert Reveals How to Play Nice During Arguments

1. Pay attention to your tone and pitch: It's not what you say but *how you say it*. As a dating expert, I remind my clients of this truth often! We've all heard it before, and during an argument, it absolutely rings true. Which one sounds better? "You have been so self-absorbed – it has been driving me nuts" or "I feel that you have been very busy lately and haven't been taking the time to consider me and my feelings..." Even though both statements make the same point, your partner will react to the first one very differently than the second one. The first statement is harsh and accusatory, while the second statement permits more empathy and discussion.

Related Link: [Should We Be Worried About Ben and Jen's Celebrity Marriage?](#)

Instead of screaming an impulsive negative thought, take a deep breath and, in a calm manner, state how you've been feeling. Be completely honest, but imagine how *you* would want to be confronted if the issue were directed at you. It is often helpful to initiate the conversation by stating, "This is how I feel" or even just "I feel..."

Telling your significant other how you feel rather than yelling "You are an idiot!" allows them to understand you're not accusing them or playing the "I'm right, and you're wrong" game. Instead, you're merely revealing your feelings. Your perspective on an issue is your reality, but it may not be your partner's. By beginning the conversation in a mature way, you're bravely setting the stage for a constructive argument. The issue can then be resolved quickly and often without any harm to the relationship and love.

My love advice below breaks this idea down even more. Here are some tips to consider:

- Use a calm, conversational voice. I know the urge to yell and shout is there, but hold it back.
- Use phrases like, “I hear what you are saying” or “ I’m trying to see it from your perspective” and actually mean them. Try to understand what your partner is feeling.
- Alternate voicing your feelings and opinions. Both of you talking at once will eventually lead to yelling.
- Limit sarcasm, as it is the lowest form of humor. Also, refrain from phrases like, “What’s wrong with you?” and “Are you feeling okay?” Those comments tend to initiate a steamy cycle of anger.
- Don’t talk down to your partner. You are clearly with that person for a reason, and you’re not their superior.
- Be genuine and honest in regards to how you feel.

2. Limit the defensive body language: Arguments will happen, regardless of how perfect your relationship is. The most important thing for you to do is say what’s really bothering you, which is sometimes more difficult than it seems due to the nature of your feelings. It may be uncomfortable, embarrassing, or just anger you too much!

Having closed-off body language will make the difficult topic even more stressful to discuss and thus slow the mending process. Unresolved issues will linger and likely come back to haunt the relationship. Here are the dos and don’ts of keeping your body language open:

- Don’t fold or cross your arms. You’re not a body guard or a bouncer at a club trying to portray intimidation.
- Do talk with your hands and leave your arms open or to the sides of your body. This stance promotes the impression of open-mindedness and flexibility. People like to be heard and understood.

- Don't point at your partner. It adds a sense of guilt and makes the other person feel uncomfortable.
- Do keep a normal distance (each couple has their own normal distance), and don't tilt your body away or leave.
- Don't turn away from your partner. Face the person speaking, as it shows respect and that you're listening to what they're saying. You may not agree with their statements, but if you want to be heard, you have to listen.

3. Make direct eye contact: Eye contact is of prime importance when discussing a difficult topic or trying to resolve an argument. It's not constant, as too much can be awkward and uncomfortable, but consistent eye contact should be made throughout the conversation. It displays confidence, maturity, and trust. More than just being common courtesy, looking into someone's eyes when they're speaking shows that you're paying attention to what they're saying and that you care about how they feel. These are all necessary features to civilly talk through a difficult situation.

Whatever you do, don't roll your eyes or look away too much. I understand it can be uncomfortable to see your partner upset, but as a mature adult, you need to confront the issue, eyes on.

Related Link: [Celebrity Couples: What True Love Looks Like](#)

4. Limit the use of angry body language: Similar to the importance of having open body language, limiting angry body language will help solve the problem at hand. Anger is easily seen without a word or grunt. Once it's detected, it's contagious – and that's one wild fire you need to put out.

Angry body language is displayed most commonly by these three non-verbal cues:

- Closed fist(s).

- A facial expression of anger, which includes pinched lips, death eyes or a strong glare, and lowering of eyebrows.
- Hitting. If you or your partner hits the wall or an object, stop what you're doing. Take a deep breath and start the conversation again after both of you regain your composure.

5. Recognize the non-verbal sign for “stop”: Look out for this very important non-verbal cue. It's the stop sign, a flat palm with straight fingers stretched out. This cue might be shown in front of the person's chest or at the side of the person's hip. Wherever it is, it means one thing: Stop what you're doing right now! No matter what you're doing or saying, if you see this non-verbal cue, you need to walk away or leave the room. Return only if you and the other person can calmly discuss the problem at hand. This “stop” sign, alternated with tight closed fists, is the strongest clue that you need to regroup.

Related Link: [10 Signs That He's Just Not That Into You](#)

6. Seek help when needed: There's no harm in asking for help! After all, being honest with yourself about your relationship and love is key to a happy ending. A therapist is a wonderful way to maintain a healthy environment when discussing an important issue. Sometimes, a problem is deeper than it seems, and help from a professional may be the best way to resolve it.

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Expert Relationship Advice: Three Questions Crucial to Co-Parenting Success



By Rosalind Sedacca, CCT

Michael Matracchi, Esq. is one of the “good guy” collaborative divorce attorneys who avidly supports the concept and principles of a child-centered divorce. He is the author of a new [self-help relationship book](#), *Fighting Over the Kids: Resolving Day-to-Day Custody Conflict in Divorce Situations*, which can be found at his website, www.divorcewithoutdishonor.com/.

Expert Relationship Advice from Michael Matracci, Esq.

Recently, I interviewed the relationship author, who is a divorced parent himself. He shared with me a valuable technique he uses when dealing with parenting issues with his former spouse. I loved his expert relationship advice and am passing it along to other parents who face continuous challenges, month after month, year after year, as they raise their children following a divorce.

Related Link: [A Reminder About Relationship Mistakes to Avoid](#)

Michael asks himself three basic questions that get to the heart of what a child-centered divorce is about: doing the very best for your children. When a parenting issue arises that he and his former spouse have to face, before he takes any action, he first answers these questions:

- 1. If we were two “normal” married parents, what would I do?**
- 2. If we were still married, would this issue really be a big deal?**
- 3. Is this about our child – or more about ME and HER/HIM?**

These questions put you in the right perspective for taking wise and effective action. They help you to detach from the emotional “drama” of your divorce. Have you been caught up in your “story” about being a victim, abused, hurt, angry, jealous, or exploited by your former spouse? By questioning your motives, you can remind yourself that parenting issues are not about you; they are about what’s in the best interest of the children you love.

That can mean sacrificing some ego gratification, biting your tongue when you want to be sarcastic, and being more tolerant of an ex who sees things differently regarding discipline,

rules, and other parenting choices. At the same time, it can also bring you into closer alignment with your children's other parent, which will help you to determine the best outcomes for your children together as their parents.

Related Link: [How to Cooperatively Co-Parent After Separation or Divorce](#)

Most important of all, these questions will remind you that when it comes to parenting decisions, always take the high road. Be the "mature" parent who puts their children's needs first. That's always the answer you are looking for – and one that you will never regret.

For more information on and expert relationship advice from Hope After Divorce, click [here](#).

For other free articles on child-centered divorce, a free ezine, valuable resources for parents, coaching, and other services, visit <http://www.childcenteredddivorce.com>. Rosalind Sedacca, CCT is founder of the Child-Centered Divorce Network and author of the new ebook, How Do I Tell the Kids ... about the Divorce? A Create-a-Storybook Guide to Preparing Your Children – with Love!

Tracy Morgan and Megan Wollover Tie the Knot in Intimate Celebrity Wedding

Ceremony



By Maria N. Capalbo

This celebrity couple has a lot to be grateful for! According to UsMagazine.com, celeb Tracy Morgan celebrated his celebrity wedding with his beautiful bride Megan Wollover! Morgan was involved in a terrible car accident on the New Jersey Turnpike, where his good friend passed away and Morgan suffered serious almost fatal injuries. Morgan still can't believe he is alive. "I can't believe I'm here. I can't believe I'm in front of you," Morgan told Matt Lauer in a *Today Show* interview. The best of luck to these newlyweds!

They pull out all the stops in

celebrity weddings! How do you make your wedding even more intimate?

Cupid's Advice:

Making sure your wedding is personal, and extremely memorable is very important. Cupid has some suggestions on how to make your wedding more intimate below:

1. Only invite close family and friends: Instead of having a huge wedding bash, only invite a few close friends and some of your family. Invite the most important people in your lives, and it will definitely be more special than your average wedding!

Related Link: [Find Out Why Newlyweds Jennifer Aniston and Justin Theroux Decided to Celebrate Celebrity Marriage](#)

2. Planning yourself: Having everything the way you and your partner want it is definitely a great way to connect. Having other people plan things for you can become frustrating, so doing it yourselves will build a strong connection between the both of you.

Related Link: [Kirk Knight of Bravo's 'Newlyweds' Details His Hawaii Honeymoon and Reveals Possible Baby Plans](#)

3. Escape from town: Go far across the country or even the world with just you and your partner, and get married! Do not even tell anyone you're going. Plan out a special trip, and go for it.

What are some ways you've made your wedding more intimate? Share below!

'Bachelor in Paradise' Contestants Sam and Joe's Relationship Shatters and JJ Goes Home



By Maria N. Capalbo

According to UsMagazine.com, some serious drama has been going on between Joe and Samantha on Bachelor in Paradise! Many contestants, including Juelia and Samantha, have been telling Joe how to act, but he just does not listen! On the most recent episode, Joe was after one thing, and that was

Samantha. he stepped on anyone in his way, which meant playing Juelia for a rose to stay on the show so he could make his way to Sam! "Samantha knew that I was coming to Paradise for her," Joe said to the camera. "But I do think that Juelia needs to understand where I'm coming from and respect my space." Now, though, Sam seems to be keeping her distance from Joe, and Joe is getting nervous. JJ even sent himself home after realizing he is in love with a girl from Colorado.

This season's *Bachelor in Paradise* is not lacking drama! What are some ways to build a strong foundation for your budding romance?

Cupid's Advice:

Having a strong foundation is extremely important within a relationship and love. Cupid has some suggestions on ways to build a strong foundation below:

1. Establishing trust: Being honest and trustworthy is almost mandatory in most relationships. Tell your partner what is going on with you, and even how you're feeling! Hiding things may cause problems, so always being open is a great way to build on your relationship.

Related Link: ['Bachelor in Paradise' Reality TV Star Michelle Money on Relationship and Love with Cody Sattler](#)

2. Being respectful: Always having respect for your partner and the people in their lives is important. Always be mature in rough situations and let them know you are professional and discreet when handling important business.

Related Link: [‘Bachelor in Paradise’ Couple Marcus Grodd and Lacey Faddoul Tie the Knot](#)

3. Giving comfort: Always be there for your partner, no matter what they are going through. Let them know that even in tough times, you will stand by their side, and love them. Do as much as you can for them as long as your getting the same back!

What are some ways you’ve built a strong foundation for your new romance? Share below!

Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks





In today's [relationship advice video](#), Single in Stilettos founder and matchmaker Suzanne Oshima talks to dating expert Matt Adams about the number one thing a man wants in a woman *after* looks.

Expert Love Advice from Dating Expert Matt Adams

According to Adams, he looks for physical attraction first and a good personality second. "It's really what attracts me to them," he reveals. "If you don't have as juicy of a personality, you've got to work on that a little bit." There's more to this expert love advice though: Most of the men who the dating expert counsels want a woman who adds value to their lives. "Are you fun? Are you flirty? Are you adventurous?" he asks. "What are you doing to help his life? Those kind of things are how a man is assessing you as you're going through the dating process."

Related Link: [Expert Dating Advice: What a Man Doesn't Want in a Woman](#)

Watch the video above for more great expert love advice!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Hey guys! What do you look for in a potential partner? Tell us in the comments below.

Celebrity News: Josh Duggar Confesses to Cheating on Wife Anna





By [Katie Gray](#)

They say bad things happen in life so that we can truly appreciate the good times. In latest [celebrity news](#), Josh Duggar has fessed up to cheating on his wife, Anna, the mother of his four children. According to [UsMagazine.com](#), “Josh Duggar has confessed to cheating on his wife Anna Duggar, just one day after the emails of millions of users on infidelity website Ashley Madison were exposed, including the eldest Duggar son’s information.” He has issued apologies and since then has been silent on social media.

**Not all celebrity news is good.
What can you do to regain trust in
relationships after someone cheats
on you?**

Cupid’s Advice:

Scandal is swirling around Josh Duggar right now, and even

when it comes to non-celebrities, rumors and scandal are never good things. Being able to regain trust in your relationship and love life after betrayal is tough, so Cupid has some love advice:

1. Open communication: If someone has cheated on you, then there was clearly a lack of honesty and communication. The best way to regain trust in your partner is by establishing an open line of communication. As long as you each know how one another is feeling, there will be no question about what the other wants. Therefore, there will be no reason for them to go out and cheat. You will both be on the same page!

Related Link: [Celebrity News: Jill and Jessa Duggar 'Have Forgiven' Josh Duggar Post-Molestation Scandal](#)

2. Affirmations: Often times when people cheat, it's because they are looking for support, attention and compliments. If they aren't getting that, then they look elsewhere for it. It's like the saying goes, "You should always be like a girlfriend even when you're married, otherwise he's going to go out and get a girlfriend." Constantly remind your partner how much they mean to you, and use terms of endearment to show you care. Life is short, so let everyone know how much you love them!

Related Link: [Jill Duggar and New Husband Derick Dillard Are Expecting First Child](#)

3. Effort: If your partner has cheated on you, but is making an effort, then it may be time to trust them again. If they are being genuine and it's a two way street, then that is a good sign. Both parties involved should care and be making an effort to salvage the relationship. It's time to grow from the unfortunate experience.

What are some other ways to regain trust in a relationship once it's broken? Share your thoughts below.

Dating Advice: 7 Things All Healthy Relationships Require



By Molly Jacob

Are you in a relationship and love, but aren't sure whether it's healthy or not? Or are you on the lookout for someone that can make you truly happy? It's hard to get caught up in your own checklist about what makes your relationship a good one: your parents like him or her, you have fun going out with mutual friends, or you like living together. So, it's time to take a step back and evaluate how well you treat each other and how much you value your relationship.

See what dating advice Cupid has to dole out about what all healthy relationships need!

1. Communication:

It's an often-stated but important aspect of healthy relationships and love: communication is key. Without communication, you are just two strangers sharing the same bed. You need to not only communicate about what's making you happy or troubling you in your relationship, but also about your life outside the relationship. Let your partner know what's going on, what's concerning you, and what's on your mind!

2. Intimacy:

With every relationship, some alone and intimate time is important. You both need to show your love in a physical way, whether that is in the form of a massage after a long day or a much-needed cuddle session. Dating advice: don't skimp out on this important alone time, even after a busy and crazy day full of kids, work, friends, and chores!

Related Link: [Love Advice: 5 Signs You're in a Lukewarm Relationship](#)

3. Shared interests:

It could be that you both love to binge watch *True Detective* or workout together, but people in healthy relationships and love have shared hobbies. Find what you both have in common, even just a love of cooking, and spend your time together pursuing those interests!

4. Openness: If something's bothering you, say it. If you're concerned about your finances or some other aspect of your relationship, say it. Bottling up emotions and ideas that you know you should be talking to your significant other about can

only lead to an explosion later on. Relationship advice: the topics you find most difficult to talk about are usually the topics you SHOULD spend time discussing with your sweetheart.

Related Link: [Relationship Advice: 4 Reasons To Leave The Past In The Past](#)

5. Love:

This may sound obvious, but every healthy relationship should have love. Not only should there be love, there should be expressions of love. This can be as simple as saying “I love you” once a day, but every relationship is different so make sure you find how YOU uniquely express your love.

6. Conflict:

This may sound counterintuitive (how can a relationship be healthy if you’re fighting?) but healthy couples won’t agree on everything. The fact that you two argue shows you care enough about your relationship to want to see it succeed. Relationship advice: instead of name-calling and bringing up irrelevant issues from the past, healthy conflict includes empathetic listening and understanding each other’s point of view.

7. Fun:

Life can be serious and difficult, so why not have fun in your relationship? Your partner is more than your spouse or girlfriend or boyfriend; they should be your best friend! Constantly find new adventures for you two to experience or ways to make menial tasks, such as doing the dishes together, fun. Life should be an enjoyable adventure with your partner by your side.

What other aspects do you find in your healthy relationships? Let us know by commenting below!

Dating Expert Gives Love Advice: Is It Okay To Fake It?



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares great love advice on whether or not it's okay to fake it! Her expert dating advice is to communicate and ensure that your man knows how to please you.

E!'s *Famously Single* Dating Coach Talks Faking It

It's no surprise that dating experts want to make sure that you're communicating in your relationship and love. If your honey doesn't know how to please you, "that's a real problem in the relationship!" House explains. But when your styles clash, you're not in the mood, and it's simply not going to happen, what do you do? You have three options:

1. You fake it and give the guy a break: Sure, you've given him the false confidence that he's doing a great job, but you've also missed him. You even rewarded him for a job poorly done and did yourself a disservice. Don't make this mistake!

Related Link: [Expert Dating Advice: How To Find The Good Guys Sexy](#)

2. You feign suddenly remembering that you're busy: You were supposed to call your mom, or maybe you're too tired or really stressed. This is alright because at least you haven't missed him, but your avoidance isn't helping your cause either. Don't put off the conversation.

Related Link: [Screwing the Rules Video Dating Tips: Dress Up for Your Man](#)

3. You fess up in a nice way: You tell him that it's not going to happen like that, but if he did *this* instead, it would feel so amazing. He needs to know that just because a certain technique worked on someone else doesn't mean it'll work on you. We have different experiences and preferences. Styles don't always mesh up at first, but that doesn't mean that they won't eventually. Don't be afraid to let him know what you like!

If he's paying attention and he cares, he'll make adjustments

for you. Don't forget to also pay attention to his styles and make sure he's happy as well. Communication is key for maximum pleasure.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think about faking it? Tell us in the comments below!

Celebrity News: Calvin Harris and Zayn Malik Feud Over Taylor Swift on Twitter





By Maria N. Capalbo

Another Twitter battle is in the works! According to UsMagazine.com, former One Direction band member Zayn Malik and DJ Calvin Harris are both up in arms about Harris' celebrity love Taylor Swift. Malik retweeted a tweet comparing celebs Miley Cyrus and Swift on how they each feel about making their own music. From Harris' perspective, it was a clear jab at Swift. Harris hopped in to defend Swift from Malik's comments, while also throwing in his own opinion. Check out the Twitter war yourself!

The latest celebrity news is getting heated. What are some ways to keep out of drama with regard to your partner?

Cupid's Advice:

In being someone's other half, sometimes you have to stand up

for them, too! Cupid has some suggestions on ways you can stand up for your partner below:

1. Stay away from anything negative: If you know a specific person that is extremely negative and does nothing but gossip, keep your partner (and yourself) away from them. You can easily avoid drama that way, and no one's feelings will get hurt!

Related Link: [Rumored Celebrity Couple Taylor Swift and Calvin Harris Kiss and Hug at 2015 Billboard Awards](#)

2. Be respectful no matter what: Even when you are in a dispute with someone over your partner, you should always remain respectful and mature. Cursing, degrading, or trying to manipulate the wrong-doer is a waste of time and energy.

Related Link: [New Celebrity Couple Taylor Swift and Calvin Harris BBQ for 4th of July](#)

3. Never join in: Even if someone is joking about your partner, it is very wrong to join in. Put yourself in your partner's position. You would not want someone making fun or bashing you while your partner just laughs it off.

What are some ways you've stood up for your partner? Share below!

Celebrity Divorce: Terrence Howard Splits from Wife No. 3



By Maria N. Capalbo

Oh no; not again! According to UsMagazine.com, celeb Terrence Howard has just gone threw his third celebrity divorce from ex-wife Mira Pak. Although they have a celebrity child together, Qirin Love, the couple has been separated from each other for awhile now. Howard is also going through some legal issues with his other ex-wife, Michelle Ghent. Hopefully Howard can get these situations straight, and reconcile these differences!

This celebrity divorce is really no surprise. How do you know whether to give marriage another shot post-

divorce?

Cupid's Advice:

Sometimes you may be hesitant to marry someone after a previous divorce. Cupid has some suggestions on how you know whether or not to give marriage another shot post-divorce below:

1. Everything feels right: It may be a good idea to finally move forward with someone if you feel right inside. If there are no red flags or feelings of discomfort, then you should move forward with this particular partner.

Related Link: [Celebrity Break-ups of 2015](#)

2. No baggage from previous marriage: It is wise to move forward with your relationship and love life when you are not carrying around weight from a previous one. Once that is settled, you can then take care of the relationship you are in now, and focus on getting married.

Related Link: [Celebrity Exes Ben Affleck and Jennifer Garner Bring Kids to Orlando for His Birthday](#)

3. You are comfortable with yourself: Sometimes going through a divorce can really beat up your self-esteem. Make sure you are comfortable and confident with yourself before you promise yourself to another person. Work on bettering yourself before you really settle down again.

Wha are some ways you knew you could give marriage another shot post-divorce? Share below!

Relationship Advice Video: 5 Things That Belong On Your Must-Have List



On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about the five things that belong on your must-have list.

Relationship Advice Video Reveals What To Have On Your Must-Have List

While some relationship experts assert that you need to throw

away your must-have list, others give love advice about what you need to be looking for when it comes to your next relationship and love. The relationship advice video above reveals the 5 things that belong on every woman's must-have list:

Related Link: [Dating Experts Say Your List Of Must-Haves Isn't That Important!](#)

1. Someone who is kind and respectful: Your gold standard should be someone who expresses kindness even when things aren't going his way. You don't want to be with someone who will take it out on you when they've had a bad day.

2. Someone who wants the same amount and type of intimacy: Everyone has a different attachment style, but you need to align yourself with someone who has the same style as you. If you are secure and want to cuddle a lot, you can't be with someone who is avoidant and doesn't want to spend time with you.

3. Someone whose past won't ruin your future: The biggest indicator of how someone will act in the future is their past. If your partner has a harrowing story, make sure they learned from it and overcame the obstacles thrown their way.

Related Link: [Relationship Advice Video: Two Quick Ways To Figure Out If He's The One](#)

4. Someone who is at least as into you as you are into them: Science proves that men fall harder and faster during the falling in love stage of a relationship and love. If your man isn't as into it as you are, take a step back and reevaluate.

5. Someone who heals rather than worsens your own issues: The reason we get into intimate partnerships is to have a good time, so make sure you're having a *great* time with someone who makes your life happier.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think every woman should have on her must-have list? Tell us in the comments below!

Celebrity Exes Ben Affleck and Jennifer Garner Bring Kids to Orlando for His Birthday





By Maria N. Capalbo

According to [UsMagazine.com](https://www.usmagazine.com), celebrity exes Ben Affleck and Jennifer Garner are keeping things civil between themselves, as they celebrated Ben's birthday this past weekend in Orlando with their children. Despite all the rumors flying around about Ben's new celebrity romance with their former nanny, Christine Ouzounian, Ben and Jen still remain discreet and respectful in the public eye, especially for the sake of their children.

These celebrity exes are remaining civil for their kids. What are some ways to compromise with your ex with regard to your children

Cupid's Advice:

Having children with an ex may be a sticky situation. Cupid has some suggestions on how to compromise with your ex with

regard to your children below:

1. Children always come first: No matter what dispute or issue is going on between you or your ex, the child always comes first. In some instances, you may need to fake a smile, but you both being there for the child is much more important than not, just because you're in an argument with your ex.

Related Link: [Ben Affleck Smiles and Wears Wedding Ring at First Appearance since Nanny Celebrity Cheating Scandal](#)

2. Be respectful: Know that your children look up to you as adults, so arguing, and being disrespectful in front of them should not be something you and your ex do! Handle your issues elsewhere, and teach the children to respect each other always.

Related Link: [Sources Say Ben Affleck and Jennifer Garner Are Facing Celebrity Marriage Troubles](#)

3. Don't put the children in the middle: Never put the children in the middle or make them pick sides regardless of anything that is going on with you and your ex. That is immature and the children love both of you equally, so to make them pick sides is unfair.

What are some ways you've compromised with your ex in regards to your children? Share below!

**Khloe Kardashian's Celebrity
Ex Lamar Odom Denies**

Ambushing Her at Gym Class



By Mackenzie Scibetta

Despite being separated for almost two years now, celebrity exes [Khloe Kardashian](#) and Lamar Odom can't seem to stay out of the headlines. As [UsMagazine.com](#) reported, Odom is firmly refuting any celebrity gossip that says he stalked, harassed or grabbed his estranged wife and reality TV star outside a SoulCycle class. Video footage from TMZ shows Odom claiming the he and Kardashian had plans to meet. However, his ex is oddly remaining quiet about this awkward encounter and has yet to address anything about her former celebrity love.

These celebrity exes are bringing the drama again! What are some ways to keep drama out of your love life?

Cupid's Advice:

Drama is unfortunately an unavoidable part of life. However, with the right attitude, most unpleasant situations can be diverted. Cupid has three love tips below to help keep your relationships drama-free:

1. Act only with good intentions: It's an unwritten rule that those who wreak havoc will ultimately face havoc of their own. Instead of seeking revenge on an ex, show them you're the better person by letting it go or even helping them out. When fighting with your current love resist the urge to intentionally do anything you know will make them angry because, at the end of the day, nothing good comes out of vengeance.

Related Link: [New Celebrity Couple? Khloe Kardashian Hangs With NBA Star James Harden in Vegas](#)

2. Avoid negativity: You've likely heard it a thousand times but keeping negative people in your life will only attract drama and pessimistic views. Avoid lovers who focus on the bad and seek partners who's positivity emanates directly from them.

Related Link: [Celebrity Exes Kourtney Kardashian and Scott Disick Spotted Together Post-Split](#)

3. Step into their shoes: Before blowing up on your partner in an argument, try to truly see their side of the argument. See the issue at hand from a new perspective in order to prevent

turning a heated discussion into a full-blown fight.

What love advice do you have for drama-filled couples? Share your thoughts below.

Anna Faris Responds to Celebrity Cheating Rumors Regarding Husband Chris Pratt



By Maria N. Capalbo

Uh oh! According to [UsMagazine.com](https://www.usmagazine.com), Anna Faris recently spoke

out about her feelings toward her celebrity husband Chris Pratt's celebrity cheating rumors involving Jennifer Lawrence. Faris said, "The way we work it out is we just take at least one moment every day to be present with one another. Whether or not we're in the same room, or the same state, or even the same country, we check in, you know?". Pratt has allegedly been seen on some off-set get-togethers with co-star Jennifer Lawrence, so things still remain a mystery.

These celebrity cheating rumors are hitting us hard. If you think you're partner is cheating, what do you do?

Cupid's Advice:

It may be a scary thought to think your partner might be cheating. Cupid has some love advice on what you should do if you see signs of cheating below:

1. Hire a private investigator: If you really suspect your partner is cheating, hiring an investigator to follow him or her around may not be a bad idea. See if they are really going where they say they are, after they put on that new perfume or cologne!

Related Link: [Anna Faris And Chris Pratt Welcome Child](#)

2. Write down noticed differences: If they are buying new clothes out of nowhere, new scents, or working later hours at work, start investigating. If they are getting weird phone calls late at night, or even staying away from home more often, that is something to be concerned about.

Related Link: [What Chris Pratt and Anna Faris's Goofy Red Carpet Pose Says About Their Love](#)

3. Go through their belongings: Check out their text messages and e-mails to see if they have been talking to anyone out of the ordinary. Also, check to see if they deleted any messages recently.

What are some things you did if you thought your partner was cheating? Share below!

Love Advice: What To Do If Your Friends Don't Love Your Partner Like You Do



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

We have all had a friend that falls head over heels for a guy that you can't stand to be around. But what happens when that friend is you? There is nothing worse than falling in love with a guy that your best friends hate to be around. As relationship experts, we know that, if the people around you think that you're making a mistake in your [relationship and love](#), they might be right.

Love Advice: Relationship Experts on Friends versus Boyfriend

Here is our love advice for what to do when your friends don't quite love your partner like you do:

1. Take a step back: A lot of times, when you fall hard and fast for someone, you become blinded by love and overlook a lot of qualities that are important to have in a partner. You should hear what your friends have to say and really listen to the points that they make. At the end of the day, they have your best interests at heart. Our love advice is simple: Instead of making excuses for your man and getting defensive, take the time to listen to your friends' arguments and start to really pay attention to the points that they make. You might start to see your partner in a different light.

Related Link: [Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right](#)

2. Set initial intentions: It's important to truly listen to the points that your friends make because you don't want to end a good thing for a bad reason. If your friends are jealous that you're spending more time with him or have been dying for a boyfriend, but you snatched one up first – be wary. While we like to think that our buddies always have our backs, sometimes, jealousy can play a factor in their decision to not

like your boyfriend. This situation is also fixable. Our dating advice is to balance the amount of time you spend with your friends and your man, as difficult as that may be. And make sure you tell your friends how happy he makes you. If they truly love you, they will understand and be happy for you.

Related Link: [Love Advice: You Love It, He Loves It Not](#)

3. Make a choice: You have to expect that not all of your friends are going to quickly fall in love with your boyfriend the way that you did. Your pals might be more cautious because they want to make sure that he treats you the way that you deserve to be treated and that he really makes you happy. You should ask your friends what they really think and why they feel that way, because sometimes your googly eyes may blind you from the truth. And while your friends may be right about your man, you have to follow your heart and find out the truth for yourself.

Your buddies should respect your decision either way and be there for you, even if you have to separate yourself for a while to see where things can go with your boyfriend. Remember that you can love your girlfriends *and* your boyfriend even if they don't love each other. Neither of them should make you choose if they really want you to be happy.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Relationship Expert Talks About Being Friends With Your Ex



By Debbie Ceresa

“Today, I marry my friend.” It’s a common declaration of love shared between two people as part of their wedding ceremony. We promise “to love and cherish until death do us part.” But what happens when the relationship and love you once shared dies? Is it possible to stay friends with your ex?

Relationship Expert Shares Her Thoughts on a Friendship With An Ex

“If you don’t have children or financial reasons tying you together and you want to stay friends, you need to think about how the friendship would work,” advises Dr. John Aiken, a clinical psychologist and [relationship expert](#), in the article [“Can You Be Friends With Your Ex?”](#) Even if you share children with your former partner, Aiken refers to the importance of establishing boundaries, measuring expectations, and evaluating the true motivations for wanting to keep your ex in your life. We see this challenge in the recent celebrity break-ups of Jennifer Garner and Ben Affleck as well as Gwen Stefani and Gavin Rossdale as they move forward with separate lives yet combined parenting.

Related Link: [Expert Dating Advice: Moving On After a Divorce](#)

Sometimes, the reason the relationship ended supports the need to cut ties and walk away. However, as a relationship expert, I know that, many times, if you struggled on a romantic level, a friendship can still flourish. If you choose to develop a friendship with your ex, here are some things to remember:

1. Mourn the loss of the relationship you once knew: You’ve ended your relationship. For whatever reason, you’re no longer romantically together. Now is the time to stop the fighting and blaming and get on the path to recovery. “Give each other time to mourn the death of the relationship,” advises Ami Angelowicz in the article “The longer you two were together, the longer it will take before you’re ready for friendship. It could be two months or two years – feel it out. You’ll know when the time is right because both of you will feel ready for it. Let hearts heal and flames fizzle out before hopping on the friendship train.” You’ll have challenges along the way, but you’ll find that healing and forgiveness will bring you new insights. Once you step away from the negative thoughts,

you'll find yourself a new person who is able to renew your old friendship with your ex.

2. Set clear boundaries: Recognize that you're now at a different stage in your relationship with your ex. All couples have their own song and dance, but now is the time to change yours. This new dance could bring back what you miss about your lost friendship. "The same rules don't apply anymore, so toss out old expectations," advises Dr. Gabrielle Morrissey, a sex and dating expert for bodyandsoul.com. "Setting clear and defined boundaries means that, when you become attached again, you'll have an emotionally healthy relationship with your ex." Why not treat your ex like your other friends, acknowledging their strengths and weaknesses? Focus on your ex's friendship strengths, but keep the relationship at an appropriate level. Just because you're rekindling your friendship doesn't mean you're looking to rekindle your romantic relationship.

3. Move forward: Be angry. Be jealous. You can even spend time feeling hurt. Then move on. It's essential for you to date other people and make new friends in different social circles. "You might not realize it, but keeping your ex around as a friend after a break-up can keep you from moving on," observes writer Karley Sciortino in the article "Breathless: Should You Be Friends With Your Ex?" "Moving on is hard, and the impulse to keep your ex in your life can be really strong – we all get it. But you first need to give yourself a window to move on physically and emotionally."

Related Link: [Relationship Advice: 4 Reasons To Leave The Past In The Past](#)

Reaching out to a former love certainly has its rewards. You need to allow yourself time to mourn the loss of the relationship and embrace new parameters as well as set clear boundaries as to what those parameters include. Then, after moving forward by welcoming opportunities for love to

become a part of your life, you can enjoy the support of a former partner who knows you better than anyone else while you gain strength and focus on finding a new path to personal happiness.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on Amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Divorce Support Center relationship relationship experts, click [here](#)!