

Expert Love Advice: Handling Debt & Credit Scores Post-Divorce



By Rosalind Sedacca, CCT

As the media shares details of [celebrity break-ups](#) we learn that even the rich and famous aren't immune to financial hardships. With stars like Brian Austin Green and Avril Lavigne taking steps toward a life on their own, we are reminded of the importance of keeping our financial history intact.

This Expert Love Advice Will Save Your Credit Score

Divorced or not, we all understand the importance of having a high credit score. Unfortunately when divorce decrees are drawn up, a simple attorney error or oversight can result in long-term negative affects on your personal credit. Since these papers identify who is awarded what debt, it's essential that debts that came from joint accounts are only in the person's name that is awarded that debt per the decree. In most cases the decree is a simple agreement between divorcing couples. It *does not separate liabilities* – and that's where the problem lies. If, while you were married, your significant other had created some debt on your joint accounts, both of you are affected. Each of your social security numbers are attached to the obligations – and all three credit bureaus have this information.

Related Link: [Kelsey Grammer's Ex Could Get \\$30M in the Divorce!](#)

When you decide to end your relationship and love, a divorce decree is not the best way to handle debt. The reasons become obvious when you explore a number of likely possibilities. What if, a couple of years after the divorce, your ex decides to be late on a debt obligation that is still reporting in your name? Imagine what will happen to your credit score! It can suddenly drop 150 points – and you may not even know it! Unfortunately, this is not uncommon. And the problem is now yours even though the debt was awarded to your ex. What if it's a house at stake and your former spouse decides to let it go to foreclosure? Are you aware that you cannot buy a home for the next three years because of the foreclosure record on your credit report?

Related Link: [Facing a Divorce? Don't Take the Adversarial Approach](#)

Here's some expert love advice offered by divorce financial planners. They insist that divorcing couples should never rely on the other spouse to pay bills that were awarded to them per decree. In essence, this is a disaster waiting to happen. These issues must be tackled up front so you're not vulnerable once the divorce is final. If you are among those who have already made this mistake, it's important that you go back to court to get those debts off your name. If a house is involved especially, get it refinanced out of your name or sold, depending on the situation. If your ex is behind on the mortgage, you might want to go back to court and take over the mortgage payment in return for having the house awarded back to you.

Divorce is tough enough without having to deal with financial crises in the months and years to follow. Be aware. Make sure you don't have debts in your name that get awarded to your ex. Don't put him or her in the position in which they can ruin your credit. If you are not sure about your credit rating, get your current credit report with credit scores to make sure there is no damage done. There are many resources on the Internet for accessing this information. My relationship advice: Don't put it off!

For more information on and expert relationship advice from Hope After Divorce, click [here](#).

For other free articles on child-centered divorce, a free ezine, valuable resources for parents, coaching, and other services, visit <http://www.childcenterreddivorce.com>. Rosalind Sedacca, CCT is founder of the Child-Centered Divorce Network and author of the new ebook, How Do I Tell the Kids ... about the Divorce? A Create-a-Storybook Guide to Preparing Your Children – with Love!

Relationship Author Jamye Waxman Shares Love Advice in New Book 'How To Break Up With Anyone'



By Mackenzie Scibetta

Breaking up is hard to do. Jamye Waxman's latest [self-help relationship book](#) puts a unique spin on ending a partnership, whether it be with your significant other, a family member, or even your hairdresser. The book provides the tools, encouragement, and wisdom needed to get through rough patches

in your relationships and allows you to handle a split in an honest way. In our exclusive interview, the relationship author tells us why it's okay to throw yourself a pity party and shares more [expert love advice](#).

Relationship Author Opens Up About 'How To Break Up With Anyone'

Can you give us some background on why you decided to focus on the end of relationships in your new book?

I had this idea years and years ago when my relationship with my high school best friend came to an end. I was really distraught over the fact that it ended, and I thought something was wrong because I was so torn up over a non-romantic relationship. The friendship mattered so much to me, and now, it was over. I wanted to write the book because I felt like there were a lot of books that focused just on romantic relationships and not on other types of break-ups.

There's a lot of information in the book on being broken up with as well. Over time, we experience both sides of the break-up process, so it's important that you accept and understand why and how relationships end. You also need to know that it's *okay* that they end – it's a common experience.

Related Link: [Relationship Author Dr. Brandy Engler Breaks Down 'The Women on My Couch'](#)

Why did you include both romantic and non-romantic relationships in your writing?

We tend to have a lot more non-romantic relationships in our lives, and when those relationships end, we aren't taught culturally that it's okay to have the same break-up experience that you feel in a romantic relationship or that it may even hurt *more* than a romantic relationship. I felt that, if I didn't talk about relationships that weren't sexual and also

about the relationship you have with yourself, then it was a disservice to my readers. I wanted to give the full picture. So much of the time, it's relationships with our family, friends, or community that we're questioning, and we don't have permission to question them the same way we would a romantic relationship. I wanted to explore the idea with a broad scope.

You talk about breaking up versus taking a break, so I have to ask: What *is* the difference?

I like to tell people that, when you're going into a break-up, it's hard to think of it as taking a break because then the break-up doesn't usually happen. When it comes to romantic relationships, 50 percent of adolescents get back with someone or give it another go. Breaking up doesn't mean you won't have a relationship down the road; it just means the relationship will be different.

Breaking up means you never want to see them again. Taking a break is not seeing them for a while and then, in your head, reassessing and deciding if there's something you can fix down the road. Taking a break is a thought process that happens after the break-up that shows you may not be completely done, that you may have ended it for the wrong reasons.

During the writing process, did you have any profound moments or epiphanies about your own life that really shook you?

I learned that I don't do break-ups well most of the time. Sitting face-to-face with someone and saying, "Here's what's not working, and I want to walk away from it" is difficult. It's so much easier to text them and never answer or even just disappear. For me, just being aware that I don't do break-ups well is the first step to reevaluating how to end a relationship better.

I also learned that there are a lot of easy break-ups to have without having a real break-up – and they're not always good.

We end things with negative ideas in our heads, but if we can turn it around and end on a positive moment, we would be more okay with the idea of it being over.

Jamye Waxman Gives Expert Love Advice

What message do you have for readers who are struggling to break up with their partner, even though they know it's the right thing to do?

For starters, you need to follow your gut. If you're feeling in your gut that it's over, then you need to find the best way to take care of yourself and get out of the relationship. This might mean you need to take your time. It's not a bad idea to find support through a therapist or a third party who's not involved. It's okay to seek outside help because hearing back what you're thinking is a good way to make it become more real.

Related Link: [Relationship Author Dr. Tara Fields' Love Advice: "The Happiest Couples Don't Necessarily Have More or Less Conflict"](#)

Any tips for coming across as confident when you feel anything but after a break-up?

It's okay to not feel confident! One piece of love advice I share in the book is to throw yourself an actual pity party. Invite people over and have a sign-in book where they can write empowering ideas or activities you can do together. That way, you have this book to look back on and laugh at when you feel sad. Allow yourself to cry and be angry. However, once the party is done, start the moving on process. If you're having a hard time, set aside five minutes per hour where you can be upset and distracted. Then, when the five minutes are up, stop and focus on something else for the remaining 55

minutes. I think setting aside the time to not feel confident is going to help you have that space that is acceptable.

What advice would you give to couples who are struggling to make time for romance and their booming careers?

Have a schedule for sex. We're at computers so much of the day, so set-up separate emails for each other to check when you get to work and leave work. This way, you can communicate openly, sexually, and privately in a way that no one else can see. You can create ideas that you couldn't do elsewhere.

I'd also say be open to trying new workshops. Whether it be a sex workshop or spiritual workshop, find something new to do for both of you.

You can buy How To Break Up With Anyone on Amazon. To learn more about Jamye Waxman or to read more relationship advice, you can check her out on her website, <http://gasm.org/>, [Twitter](#) @jamyewax, or www.facebook.com/jamyewax/?ref=ts.

Alison Sweeney Talks Relationships And Love in Exclusive Celebrity Interview: "Love Is a Two-Way Street, and Even Though It

Can Be Messy, It's Worth It!"



By [Rebecca White](#)

Alison Sweeney has done it all when it comes to the small screen, working as an actress, director, and even producer. From soap operas and TV movies to hosting a reality TV competition show, she gracefully balances motherhood while also managing her booming career. While her time on *The Biggest Loser* is now over, the celebrity mom is using her open schedule to pursue other passions. In our [exclusive celebrity interview](#), we chatted with Sweeney about her relationship and love life, her best love advice when it comes to balancing a family and career, and her upcoming Hallmark movie *Love on the Air*.

Alison Sweeney Talks Relationships and Love

For Sweeney and husband David Sanov, balance is key. When you have two kids and are constantly working on new projects, it's important for each spouse to manage their time effectively. "Dave is my partner," the actress says. "We have been married for 15 years, and each day, we take time to ensure we are there for one another and our children."

She also notes the importance of taking time to relax as a couple. For her and her husband, that means "cooking dinner together and, after putting the kids to sleep, having a glass of wine or some popcorn while watching a movie or catching up on our favorite TV shows." Yes, that is easier said than done, but finding time to spend together is essential. "At the end of the day, your relationship and love is the anchor of your busy lifestyle, and if you make that a priority, you'll be able to tackle all else together," she shares. "We find ways to schedule meetings and playdates, so make the point to schedule quality time with your partner too."

Related Link: [Alison Sweeney Chats About Her New Book, Fitness Routine and Family Life](#)

Sweeney encourages her kids to take risks by setting a positive example. "I always push myself with new challenges, and producing, directing, and starring in different projects enables me to do just that," she reveals. She encourages busy moms to explore other passions as well. "Like Nike says, just do it! You don't want to always wonder what might have been," she says.

Of course, handling a full schedule can be hard. Her advice is to "focus on the moment and do your best." Try to manage your time hourly rather than weekly, so it's not as daunting. "At the end of the week, take a moment to evaluate your

accomplishments and what you hope to improve in the next week: focus at work, attention to kids, quality time with partner, time for yourself...it all matters," she shares.

New Hallmark Movie Teaches Love Advice

One of the projects keeping the celebrity mom busy is the upcoming Hallmark movie *Love on the Air*, which marks Sweeney's debut on the channel as both a star and executive producer. Her character Sonia seems to have it all. "She has a great radio show for female empowerment and a successful fiancé, but when she is forced to work with a rival DJ, she's pushed to look at her world and herself in a new way," the actress explains. "The lesson about love that Sonia learns is such a good one to share. Love is a two-way street, and even though it can be messy, it's worth it!"

Related Link: [Alison Sweeney Chats About Keeping Her Family Healthy with Frigidaire](#)

Sweeney recently realized how much she loves storytelling and making romantic comedies. Thanks to her new partnership with Hallmark, she can do both! As far as her future projects, Sweeney says to "follow me on social media to find out what's next and then let me know what you think!"

You can keep up with Alison Sweeney on Twitter @Ali_Sweeney. Tune in for Love on the Air on Hallmark on September 26th at 9/8c!

Relationship Experts Talk Capturing His Attention (In Person!)



In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to capture his attention (in person!). Check out their expert dating advice above!

Three Tips From Relationship Experts: How To Capture His

Attention

1. Appearance. Men are visual creatures, so make sure you're emulating the best version of yourself. You are your brand, so present yourself accordingly.

Related Link: [Expert Dating Advice: What A Man Doesn't Want In A Woman](#)

2. Energy. If you have a positive energy and openness, then people will gravitate towards you, the relationship experts say. Be excited about yourself and your life, because that is attractive.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

3. Pursue men yourself. Don't be afraid to initiate conversation, ladies. If you want a relationship and love, get out of your head, and go after the guys you want to date.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you capture his attention in person? Tell us in the comments below!

Celebrity Gossip: Dane Cook

Responds to Miley Cyrus Dating Rumors



By Mackenzie Scibetta

Dane Cook, 43, is clearing the air up about any [celebrity gossip](#) that says him and 22-year-old [Miley Cyrus](#) are romantically involved. According to [People.com](#), Cook said playfully that he is “always the last to know these things” and denied any sort of Hollywood relationship with Cyrus. Single celebrity Cyrus has told reporters recently of her desire to remain unattached, “I’m going on dates, but I change my style every two weeks, let alone who I’m with.”

This celebrity gossip is apparently off-base! What are some ways to keep untrue rumors from affecting your life?

Cupid's Advice:

A rumor is a doubtful (or completely false) truth, and that is all it should be. Don't let rumors enter your life as anything more than meaningless words. Cupid has three pieces of dating advice to help you have a rumor-free existence:

1. Play it like Dane Cook and laugh it off: Most rumors come from such absurd places that there's nothing to do but laugh. They are generally so untrue that laughing is the most attention you should give them. This will also prove you won't let petty gossip affect you.

Related Link: [Justin Bieber Says He's a Single Celebrity and 'Ready to Mingle'](#)

2. Deal with the source directly: Ask around and figure out who started the rumor. Once you find the creator of all of the drama you can ask them nicely to admit to creating the false lie. It is unlikely they will ever spread anything untrue about you again.

Related Link: [Single Celebrity Ariana Grande Says She Doesn't Want to Be Called Big Sean's Celebrity Ex](#)

3. Completely ignore it: By not feeding into the negativity of gossiping, you are putting yourself in a better position for happiness. If addressed about a ridiculous rumor, don't even respond because there are more important problems in the world to focus on.

How did you deal with a nasty rumor? Comment below.

Famous Couple Dwayne 'The Rock' Johnson and GF Lauren Hashian Are Expecting First Child Together



By Mackenzie Scibetta

The [celebrity baby news](#) this week features none other than Dwayne 'The Rock' Johnson and his girlfriend Lauren Hashian, who will be parenting their first child together!

UsMagazine.com reported that the famous couple will be adding a baby to their home, which is already full with two French bulldog puppies, Brutus and Hobbs. This Hollywood relationship has been going strong for nine years and, according to a source, they “are so excited” for the baby. This will be Johnson’s second child.

This famous couple is preparing to jump into parenthood. How do you know if your relationship is ready for a child?

Cupid’s Advice:

Bringing a child into the world is not a job that should be taken lightly. Consider all of the consequences, good and bad, before making such a lifetime commitment with your partner. A baby will undoubtedly change your life so Cupid is here to help you decide if you’re ready for that drastic change:

1. If you can re-frame your relationship: Take into account that once you add another person into your relationship the dynamic will change and the relationship you love now will go through a metamorphic transformation. If you both can accept the idea of adjusting to a new format for your relationship then you’re one step closer to having a baby.

Related Link: [Lauren Conrad Talks Celebrity Babies with Husband William Tell](#)

2. If you have an open communication system: If addressing your problems with each other is difficult now, then having a baby will only make it harder. You need to be able to talk about absolutely anything with your partner, from how revoltingly dirty a diaper looks to complaining about the left-over dishes in the sink.

Related Link: [Justin Timberlake Shares Photos of Celebrity Baby Son Silas](#)

3. If you have similar expectations: Understand how you both want to raise a baby, what type of punishment will (and won't) be used and how engaged you both will be in the baby's life. Make sure you both are on the same page with why you want a baby. Do not just have a baby because you can.

How did you and your partner plan for a new baby? Let us know below.

Dating Expert Says Look For What You Need, Not Want!





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the secret on how to be happy in your relationship and love for the rest of your life! Her expert love advice is simple: Make sure you're looking for what you need versus what you want.

E!'s *Famously Single* Dating Expert On Wants Vs. Needs

If your love life isn't where you want it to be, then you may be searching too hard for what you want, instead of what you need. The list of "must-haves" that you judge every potential partner by, is actually just a list of preferences and aren't essential to a lasting relationship. "You need someone who makes you feel like a priority and communicates with you," the dating expert shares. But you don't necessarily need that person to be tall, dark, and handsome.

Related Link: [Expert Dating Advice: How To Find The Good Guys](#)

[Sexy](#)

Start looking at your needs as sexy. It's sexy when your honey shows up physically and emotionally for you. It's sexy when your love is kind to you and respects you. It's attractive when you share the same core values. If you don't have your needs met, the connection won't last. "Get your needs met and your wants will be fulfilled," House says.

For more relationship advice videos from House, click [here](#).

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How do you know your wants versus your needs? Tell us in the comments below!

Celebrity Exes: Christina Milian and Lil Wayne Call It Quits





By Mackenzie Scibetta

Christina Milian and Lil Wayne, who were in a celebrity relationship with each other since July 2014, have decided to part ways. According to UsMagazine.com, the famous couple sight busy schedules as the reason for their separation. This is not the first break-up for the newly single [celebrity exes](#). Just a few months ago, Milian told reporters, "I'm so inspired by the relationship that I'm in that it's definitely an experience. It's that careless, hopeless, romantic love – that feeling of 'I will do anything for you.'"

These celebrity exes are keeping things civil. How do you keep the drama out of your relationship with your ex?

Cupid's Advice:

They're called an ex for a reason so don't let them distract

you from your real happiness. Remaining friends, or at least acquaintances, with your ex is challenging but definitely not impossible. Cupid has three tips to help you keep life with your ex drama-free:

1. Set boundaries: Make it clear what are appropriate forms of communication, if communication is welcomed, and when. Don't let them become over-bearing and always make sure they know it's a friendly relationship, not romantic.

Related Link: [‘Mad Men’ Creator Says Jon Hamm and Jennifer Westfeldt Are Having ‘Tough Time’ Post-Celebrity Break-Up](#)

2. Treat them with respect: This one is hard, especially if you had a nasty break-up, but by showing you are an adult and want to move on they will respect you back. Treating them with negative feelings will only promote more negative feelings and actions to come out.

Related Link: [Is Tyga Feuding with Celebrity Ex Blac Chyna Over Kylie Jenner’s Ferrari?](#)

3. Think before you speak: Don't let unsaid feelings or thoughts from your relationship come out and don't make them feel guilty. You broke up for a reason so don't fuel the fire and say things you might regret.

How did you handle a crazy ex? Comment below.

Expert Dating Advice: How to Get Over “The Little Things”



By [Project Soulmate](#) matchmakers Lori Zaslow and Jennifer Zucher with contributing writers Nicole Hartley and Samantha Cohen

Is there something about your significant other that bothers you a little too much and a little too often? Relationships and love are often born on “the little things.” It’s the little things that attract you to your significant other, but it can also be the little things that really annoy you about that person too. Is her voice too squeaky? Does he talk too loud in public? Does her taste in music really drive you insane? Partnerships are difficult enough without those small annoyances getting in the way. Finding the perfect person can be a difficult task, but once you do find your match, how do you get over those things they do that bother you? Read on for our expert dating advice!

Getting Over Small Annoyances in Your Relationship and Love

Related Link: [Love Advice: What to Do If Your Friends Don't Love Your Partner Like You Do](#)

First things first: If something they do bothers you to the extent that you really just can't get over it, maybe it's time to face the reality that they may not be your soulmate. However, in most cases, this is the extreme. Sure, hating your girlfriend's taste in music can be a bother on occasions, but it is something you can get over. On the other hand, if you're a neat freak and she's a hopeless slob, *that* can be a deal breaker.

Let's face it: Every person has flaws. It is the size and the severity of the flaw that can determine whether or not the relationship and love is worth it for the long haul. As relationship experts, we think we can all admit that, at times, we love to hate things about people. It's just what we do! However, sometimes those flaws are what make us love someone even more. So what if you hate her taste in music? Maybe you love the way she dances or the way she can never get the lyrics quite right to her favorite song. In order to appreciate these little quirks, you may have to sacrifice putting up with music you might hate.

In any relationship, it's important to always look for the good things in your significant other and in the partnership itself. If it's "the little things" that made you fall in love with them, then it's safe to say that getting over those things that bother you should be just as simple. Hopefully, for every thing that bothers you about them, you have a handful of things that you really love about them. That is what you should focus on when feeling bothered by that annoying thing your soulmate does.

Related Link: [Love Advice: You Love It, He Loves It Not](#)

Always remember that no one is perfect. Love isn't perfect, and neither is your significant other. It is important to look for the best in everyone, so give your boyfriend or girlfriend a break. If you're feeling extra nice, consider this love advice: Get up and dance to that awful music with them! Maybe karma will reward you, and they will cherish your peculiarities too.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Celebrity Video Interview: Master Sommelier Talks Relationship and Love Advice





By [Rebecca White](#)

If you're keeping up with New York Fashion Week, then you know that the worlds of fashion and wine are colliding this year. Master Sommelier DLynn Proctor shares his best relationship and [love advice](#) concerning all things wine in our celebrity video interview.

Related Link: [Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: "We Carve Out Time for Each Other"](#)

DLynn Proctor Talks Love Advice In Celebrity Video Interview

Sometimes ordering wine at a restaurant can be stressful, especially on a first date or special occasion such as an anniversary or Valentine's Day. Proctor's love advice is to make sure you communicate with your sommelier. "Give your somm buzz words, like light or bold, medium wines, fruity, dry, sweet, etc.," he says. After that, your somm will easily be able to make a pairing sure to improve your date night.

But if you still need some dating advice concerning wine, then look out for these recommendations. For a first date, you can't go wrong with the Bin 28 Kalimna Shiraz, Proctor shares. "A lot of beginners can enjoy this and the price is affordable!" he says. But, maybe your relationship is more mature, and you're searching for an anniversary wine. In that case, go with the Penfolds Grange Shiraz that can be order at the finest establishments.

In regards to his own relationship and love life, Proctor jokes that being a sommelier has only improved his marriage. "The wine seller is always stocked and the wife is always happy. She drinks very well," he says with a laugh.

You can keep up with DLynn on Twitter @WineauxDLynnP and www.instagram.com/penfoldsdlynnp/.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Lauren Conrad Talks Celebrity Babies with Husband William Tell





By [Katie Gray](#)

First comes love, then comes marriage, then...? Celebrity couple Lauren Conrad and William Tell are enjoying married life, but have decided not to have any [celebrity babies](#) right now. According to [UsMagazine.com](#), Conrad joked with a reporter at a New York Fashion Week event, "Can't you tell I'm pregnant right now? No, no plan for that yet." She added that she's "focusing on being married and [her] career." The former MTV reality star is focusing on her career as a designer. Her NYFW show even featured her friends Chrissy Teigen and Ashley Tisdale modeling her collection.

There won't be any celebrity babies from this couple anytime soon! What are some reasons to delay starting a family?

Cupid's Advice:

There are many reasons a couple would want to start a family, as well as there are lots of reasons for delaying to procreate. Whether you are trying to enjoy your time with your partner, are focused on a career or just don't have an ideal schedule to raise children – there are many reasons that delaying to start your family can be a good option. Cupid has some relationship advice:

1. Career: Striving to have a successful career is a great thing. It will benefit you and your family when you decide to start having children. It's good to be financially and emotionally ready to have babies. Working hard on your career takes up a lot of time. Achieve your goals and establish a steady career before you have a family and won't have as much time to devote to your job.

Related Link: [Hayden Christensen Opens Up About Naming Celebrity Baby Daughter](#)

2. Focusing on your relationship: A relationship is a lot of work. Once you decide to start a family with your partner, you're not going to have as much one on one time together. Make sure that you get to enjoy the honeymoon stage of your relationship. Take the opportunity to spend quality time together, travel, and do whatever suits both of your interests. Once you start a family, you will still get time with your partner but it won't be as much, so indulge in their company now!

Related Link: [Justin Timberlake Shares Photos of Celebrity Baby Son Silas](#)

3. Schedule: Everybody has a crazy busy schedule in this modern age. When you start a family, the schedule becomes even more hectic. If you and your partner don't have a ton of time to devote to having a baby, perhaps you should hold off until you can make more of a time commitment. Get everything taken care of that you need to now, so that you will each be ready

when you feel the time is right to start your family!

What are some reasons you have delayed starting a family?
Comment below!

Relationship Advice On Dating Your Ex



In this week's [relationship advice video](#) from [Single in Stiletto](#)s, matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about dating your ex.

Expert Dating Advice: Should You Date Your Ex?

Make sure you listen to this expert dating advice and ask these three questions before you decide whether or not to go back to your old partner:

1. Do you harbor any resentments? If the issues aren't resolved, then don't go back to your old flame! Here's some relationship advice: You have to go in with a clean slate, if you've made the decision to go backwards, instead of forwards.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

2. What caused the break up? You need to assess what went wrong and what arguments were had. Make sure you know what you're willing to deal with.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

3. Is it worth the effort? You need to make sure the circumstances have changed, so you'll nurture a healthier relationship and love.

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Would you get back together with your ex? Tell us in the comments below!

E.G. Daily Shares Post-Divorce Love Advice in Celebrity Interview: “Don’t Wait for Someone to Fill You Up”



Interview by [Rebecca White](#). Written by Mackenzie Scibetta.

E.G. Daily may have one of the most diverse careers in Hollywood. From starting out on the silver screen in *Pee Wee's Big Adventure* to playing the voice of Tommy Pickle's in *Rugrats*, she has truly done it all. Plus, she has a successful singing career. Most impressively though, she balances being a full-time single celebrity mom with her busy lifestyle.

You may recognize Daily from season 5 of *The Voice*, where she performed a memorable rendition of Faith Hill's "Breathe" and was chosen by Blake Shelton. She compared the unforgettable experience to a summer camp for people of all ages and said it was refreshing to just sit around and sing all day. Her best advice for upcoming contestants on season 9 of the reality TV show? "Savor every moment."

E.G. Daily Dishes on Her Celebrity Divorce and Family Life

"Love inspires everything I do," gushes the singer-songwriter, who writes many of her songs with a romantic theme in mind. She notes that "love is all day long," whether she's at the gym or walking down the street. This positive outlook on life undoubtedly helped her handle her [celebrity divorce](#) from Rick Salomon in 2000.

Related Link: [Pamela Anderson and Rick Salomon: Filed for Divorce Again](#)

For Daily, the best way to handle divorce is with dignity and no bad blood. "Just make sure not to be cruel because you'll want or even need to be friends with them at some point. Ultimately, it's happening *for* you, not to you," she explains in our celebrity interview. She is a woman who practices what she preaches, as her and Salomon still maintain a close relationship. As for raising their children as a single mother, she believes that you shouldn't make your ex out to be the bad guy. Her and Salomon "have nothing but love and respect for each other," which she hopes helps her children honor them.

Unfortunately, no divorce, no matter how compatible the bond, is going to be that easy. Daily says she struggled the most with what to do with old photographs and videos of their former life together. "I learned you keep them and just

remember the good times. He's my family, and you'll still have the relationship, but the form of it changes from family to friends forever," she candidly shares.

With such a hectic life, it's hard to imagine how Daily could have time to focus on her children and career...but she managed to succeed at both! "I don't know how I did it – it just all worked itself out," she says with a laugh. She always put her work around her children, who she refers to as her little diamonds. "They are the most important things to me. My life wouldn't be as awesome without them," she notes. She's even lucky enough to bring them to set sometimes: When she worked on *Rugrats* and voiced a toddler, her children were toddlers and often there with her.

Reality TV Contestant Shares Love Advice in Celebrity Interview

It's no surprise that Daily is a strong promoter of self-love and encourages everyone to find what you love in yourself before you start looking for a partner. "When you meet someone amazing, you should feel they deserve you. Don't wait for someone to fill you up," she suggests. Sharing a bit of love advice, she believes that doing all things out of self-care and self-love will naturally attract good partners. "People can feel when you love yourself or not. Be with someone who loves that you love yourself," she adds.

Related Link: [Dating Advice From Justin Kim of 'America's Next Top Model'](#)

As for jumping back into the dating game after a divorce, Daily suggests the same rule of self-love and confidence. "Make sure that you're feeling super good in your life. Feel full and whole and turned on so that you can bring someone in with that positive energy," she shares in our celebrity interview. She adds that you can't be bitter and expect to

find someone. Instead, be excited and ready to tackle a new relationship and love that will bring joy into your life.

You can keep up with and listen to E.G. Daily's music on her Twitter @realegdaily or www.facebook.com/eg.daily# as well as her website, <http://egdaily.com/>. For more love advice and great tunes, you can listen to her one-woman autobiographical musical "Listen Closely," available on Amazon.

Relationship Expert Discusses How To Know When It's Time To Call It Quits





By [David Wygant](#)

This is a really tough article to write. When is it time to call it quits with your significant other? Is it when you have exhausted every single avenue, when you have reached a point of diminishing returns in the effort to make your [relationship and love](#) work?

Once a relationship goes down the he-said, she-said route or it starts to look like a standoff at the O.K. Corral, despite many lengthy, late night conversations, it's time to bring in the heavy artillery. If you're not seeing eye-to-eye and you're acting defensive and resentful of each other, then you need to sit down with a professional. You need to talk to someone on the outside, someone not invested in the relationship. I'm talking about a real professional.

Love Advice: When to Break Things Off

As a relationship expert, I am a firm believer in therapy,

especially marriage or relationship counseling. A few hours with the right person can save you months, even years, of emotional duress and stress. After all, if you're struggling, a miracle isn't going to happen out of nowhere. Your significant other isn't suddenly going to say, "Yes, I see your point exactly. I understand everything now!"

Related Link: [Dating Advice: What to Do When You're Not His Priority](#)

I've been down this road too many times. It's beyond frustrating. You think to yourself, "Tonight, I'm going to rephrase the conversation. We're finally going to communicate and realize we both just want to be happy." So you come home, and you discuss things in a constructive way, but as usual, your partner gets triggered, acts defensive...and the shit hits the fan.

If you've got kids in the mix, it makes it even harder to call it quits. But if someone doesn't understand you or recognize your love language and has stopped trying to make you happy, then you need to get help immediately. If the help doesn't work – if you've been to a counselor and you're still banging your head against the wall – nothing's going to change. It's time to figure out the best way for you to move forward separately.

Most people don't change. They won't. They resist it and instead buildup a steady flow of resentment towards you. Resentment is the poison pill for relationships and love. Resentment is the opposite of trying to make someone happy, the opposite of compromise, the opposite of trying to change for the sake of saving the partnership. Once resentment finds its way into your relationship, it's the beginning of the end.

Related Link: [How to Move On After Heartbreak](#)

People only change when they desire change. You can't wave a magic wand over somebody and make them change or see how you

feel. If we could, there would be no divorce, no separation. People would simply evolve and grow together. Like many of you, I wish I could wave a magic wand over my ex and make her the person I want her to be. I'm sure she'd love to magically make me into the perfect person for her too.

So if you've exhausted all avenues and you're both full of resentment, then and only then, when you've done everything you can, it's time to call it quits.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert dating advice from David, click [here](#).

Justin Timberlake Shares Photos of Celebrity Baby Son Silas





By Mackenzie Scibetta

While on *The Tonight Show with Jimmy Fallon*, [Justin Timberlake](#) showed off an adorable array of pictures of his son, Silas. According to [UsMagazine.com](#), Timberlake gushed excitedly as he revealed photos of his 5-month-old celebrity baby watching golf with his famous father and receiving a bath from his radiating mother. Silas' [celebrity parents](#), Justin Timberlake and [Jessica Biel](#), couldn't be happier with their new life as parents. Timberlake even described fatherhood as "the most insanely amazing, wonderful, unbelievable thing to ever happen."

This celebrity baby is definitely adored! What are some ways to introduce your new baby to family and friends?

Cupid's Advice:

You're past the hard part of actually giving birth, so now it's time to have fun and reveal to the world your new pride and joy! You are likely so ecstatic over your new baby you will start displaying photos of them to random streetwalkers. To prevent this over the top display of affection, Cupid is here with tips on how to properly show off your new baby:

1. Social media: While this is an informal approach, it is playful and allows a lot of room for creativity. You can catch your family and friends off guard by posting a surprise "welcome home" picture with your gushing baby or you can save social media for goofy pictures with dad.

Related Link: [Bristol Palin Posts 6-Month Celebrity Baby Bump](#)

2. Throw a welcoming party: Invite the people closest to you over for a night-in to celebrate your new babies life. You can go all out and make it a themed party with specialized food or you can simply have a few people over for dinner.

Related Link: [Hayden Christensen Opens Up About Naming His Celebrity Baby Daughter Briar Rose](#)

3. Wait until the baby becomes assimilated to it's new life: As excited as you are to make everyone meet your baby, you don't want to overwhelm your child. The first few months are stressful as it is so spend time getting to know your child before you invite the rest of the world to meet them. This can help you form a better bond and give you time to figure out your parenting style.

How did you show off your child to the world? Comment below.

'Bachelor in Paradise' Celebrity Engagement: Find Out the Details!



By Mackenzie Scibetta

The finale of this season's [Bachelor in Paradise](#) went out with a bang...and a ring! As reported by [UsMagazine.com](#), Tanner got down on one knee and proposed to a surprised Jade, who of course accepted his proposal happily. Tanner told Jade, and the entire world, that he wants to "keep on loving you for the rest of my entire life." He finished off the celebrity engagement with the cliché "Will you make me the happiest man on Earth?" line.

At least one couple from *Bachelor in Paradise* ended up finding happiness! What are some unique ways to propose to your significant other?

Cupid's Advice:

Make your proposal meaningful and sincere, don't follow Tanner and use a line the whole world has heard time and time again. Speak from the heart and create a memorable, surprising moment. Cupid has love advice to help you create the perfect proposal:

1. Propose in front of her family: Having her closest friends and family at the engagement will let them be a part of one of the most important moments she will have. This will show her how much thought you put into the engagement and how you want to share your love with the people closest to her. Who wouldn't want to share this wonderful experience with their loved ones?

Related Link: [Is 'Bachelor in Paradise' Star Ashley I. Still a Virgin?](#)

2. Create a scavenger hunt: Use clues that incorporate places you two have visited and have a history with. Write inside jokes on the clues, make it personal and make it fun. She won't be able to resist this charming proposal technique.

Related Link: [Ne-Yo Celebrates Celebrity Engagement and Baby Announcement](#)

3. Take her to where you first met: This is different than taking her to where you had your first date because this shows even more attention to detail. She will be extremely impressed

you remembered how and where you met and that you were able to recreate the moment. The gesture symbolizes how far you've grown since that fateful day.

What unique approach did you take to propose? Comment below.

Longtime Celebrity Couple Jon Hamm and Jennifer Westfeldt Break Up



By Mackenzie Scibetta

This week's [latest celebrity news](#) is shattering all of our hearts, as one of Hollywood's longest lasting [celebrity couples](#) is parting ways. According to [People.com](#), Jon Hamm and Jennifer Westfeldt confirmed that their celebrity romance of 18 years has come to an end. The duo has been plagued with break-up rumors ever since Hamm completed rehab for alcohol abuse earlier this year. The two started their Hollywood romance in 1997.

This celebrity couple is no more. How do you know when you're ready to break it off with someone?

Cupid's Advice:

Coming to terms with the end of a relationship takes a lot of strength and certainty. While breaking up with someone is never easy, there are some undeniable signs that can help you realize if you're with the wrong person. Cupid is here to help you decide if it's time to give your significant other the boot:

1. You don't have fun together anymore: If every time you and your partner get together seems like a chore or burden then the relationship has likely come to a halt. The point of being with someone is to share your happiness together, so if you're feeling negative emotions, it's probably not working anymore.

Related Link: [Avril Lavigne and Chad Kroeger Announce Celebrity Break-Up After Two Years of Marriage](#)

2. You're tormented with feelings of doubt or insecurity: If you don't feel secure in a relationship that is a sign of ongoing or forthcoming trouble. Your partner should keep you feeling happy and confident, not constantly worried. Having no trust should be a deal-breaker.

Related Link: [Is Tyga Feuding with Celebrity Ex Blac Chyna Over Kylie Jenner's Ferrari?](#)

3. Your friends and family think it's a bad match: Sometimes the people closest to us know what's best for us. They can see things from the outside that we are blinded to and often have been in similar situations. If many of your close friends and family are hinting that a break-up would be healthy for you then you should consider it.

How did you handle a tough break-up? Let us know in the comments below.

Relationship Expert Talks When To File For Divorce





By J'Nel Wright for [Divorce Support Center](#)

If your relationship and love has been confronted with unexpected and undesirable changes, you might consider ending your marriage. While we witness the threat of [celebrity divorce](#) surface almost every day, along with other nasty allegations, the fact remains that the decision to pursue a divorce is a personal choice.

Relationship Expert: What To Consider Before Ending Your Marriage

Before you make a serious decision about your future, consider our love advice and ask yourself these questions:

1. What do you value most about the marriage? Is it the security the marriage provides? Do you value the companionship that's shared? For many, mutual respect is a highly favored characteristic, but whatever it may be, consider the strength of that factor now. For example, relationship expert, Rosalind

Sedacca, CCT, says “When one or both spouses stop respecting one another, the foundation of the marriage is torn apart and little can be done to mend it. This is the biggest cause of divorce and is usually behind all the other issues involved.” If the value you cherish is lost, you need to decide if it can ever be reclaimed. If not, you have the answer on what the next step should be.

Related Link: [Is Your Life Working?](#)

2. What do you value in your partner? Think about what attracted you to your honey in the first place. Was it integrity? Was it the prospect of a lifetime of financial support? Does your partner make you laugh or offer protection that makes you feel safe? If something has happened that compromises their character or desirable traits, you need to consider what’s left. Moreover, is it enough to sustain your marriage in the future. The key is to identify the difference between reacting to an emotional experience and becoming more self-aware about what ultimately matters to you and what you want in your life.

Divorce support relationship expert Cathy Meyer says “If you’re ready for divorce, you’ve let go of any emotional attachments you have to your spouse. These are good and negative feelings that often come into play during marital conflict. Deciding on divorce at a time when you’re overwhelmed with emotions won’t solve problems. It will generate problems and compound any hurt and frustration you may be feeling.”

Related Link: [Dating Advice: Create The Person You Want To Be](#)

3. How much is an outside party influencing your feelings or decision? At the first sign of infidelity, the pressure to leave the marriage is palpable. Often the hint of staying leaves feminists howling “once a cheater, always a cheater.” But what if the infraction is viewed as redeemable? In a

variety of instances that go beyond infidelity, how do you piece together the logic of the woman who chooses to stand by her man? Truthfully, a third party has no place in your decision. If they have information that's important for you to know then it should be shared, but if you find yourself overly concerned about the reaction your decision may receive, your focus is misdirected. Only you can decide if this marriage has the foundation to withstand hardship. You're the one to decide if you have the strength and desire to rebuild it. Whatever your decision, be prepared to defend it to those who question it, but make it clear the decision was yours to make.

Related Link: [Expert Dating Advice: Moving On After a Divorce](#)

We are surrounded by failed marriages that kicked the bucket for a host of reasons. Unfortunately, the commonality of it doesn't make the decision to end our marriage any easier. By establishing our value system and monitoring the present state of a relationship that we once held in high esteem, we can better prepare ourselves to estimate the current value of our love and whether or not it can make it over the threshold to better days.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Celebrity News: Nicki & Miley Publicly Express Anger





By Dr. Jane Greer

In latest celebrity news, singer celebs Nicki Minaj and [Miley Cyrus](#) had a public spat at the 2015 VMAs, hosted by Miley. During the live broadcast on Sunday, Nicki called Miley a “bitch” for talking about her in the press. According to an insider, “Nicki was livid with Miley and decided to air her feelings onstage.” In fact, it was reported that MTV staffers had to keep Nicki and Miley away from each other for the rest of the night to avoid a confrontation.

It’s hard to know if their fighting was staged to enhance the celebrity news or if it was authentic. Either way, it raises the question of whether shouting about your feelings in public when you’re

upset is the best way to get your message across.

In Nicki's case, there might have been a strong desire to reach her fan base and share her rage toward Miley. Maybe she thought it was the only way to save face. That being said, this really isn't that different from fighting with a partner in front of family and friends at a holiday meal.

So when you're irked at someone, what's the best way to let them know – talk to them in private about it, or let the whole world know? I have some relationship advice:

Very often when we are mad at someone who has hurt our feelings, our inclination is to get back at them by letting others know what they did to make us feel mistreated and wronged. In fact, that dynamic is the hook of reality TV. Doing that, though, and being vocal about the bad energy between you, may unwittingly put the people around you in an uncomfortable position by making them feel like they have to choose sides.

Related Link: [Miley Cyrus Moves On After Celebrity Break-Up from Patrick Schwarzenegger](#)

Sometimes people get so caught up in the anger of the moment that it can spill over beyond their private world, as we saw with Nicki and Miley. Before you let that happen, ask yourself if this is a relationship and love worth saving. If you decide it is, then the best thing to do is to go right to the source and address the cause of your distress directly with the person who upset you in the first place. Tell them what they said and did to set you off, and give them a chance to apologize and explain. It will also give the person the chance to clear up any miscommunication or misunderstanding that may have occurred between you. Fighting out in the open just serves to fan the flames of the fury, but a straight

conversation might clear the air and even help to salvage your relationship.

Related Link: [Nicki Minaj Fires Back at Celebrity Ex Safaree Samuels After He Releases Telling Single](#)

This year's VMAs were also witness to a number of bad feelings being soothed, such as between Kanye West and Taylor Swift. That is testimony to the fact that no matter how angry someone might be at one time, it is possible to get over it and move beyond it. The rage can diminish and you can let it go. Who knows? Maybe at next year's awards show we will see a different exchange between Nicki and Miley.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Is 'Bachelor in Paradise' Star Ashley I. Still a Virgin?



By Kyanah Murphy

It's rare these days for girls to save their virginity for the right partner or marriage. But [Bachelor in Paradise](#) star Ashley Iaconetti is doing just that – holding onto her virginity for the right guy who she believed may be Jared Haibon (who seemed pretty lukewarm about their relationship and love life throughout their stay in Paradise)! According to [UsMagazine.com](#) the answer to whether or not Ashley lost her virginity to Jared is “no,” according to him. Jared ended up leaving the show the next day in an effort not to lead his admirer on.

***Bachelor in Paradise* is officially over, and the drama was**

out of control! What are some ways to know if you're ready to be intimate with someone?

Cupid's Advice:

Everyone is different, which means there isn't a set guide for knowing when you are ready to be intimate with someone. However, Cupid has some relationship advice:

1. Know yourself: How do you feel with your partner? How do you feel with the idea of being intimate with them? Do you trust your partner? Are you comfortable with them? These are questions to keep in mind. If you're unsure how to answer them, you're not ready.

Related Link: ['Miss Advised' Star Emily Morse Says, "I'm Not Choosing Monogamy; I'm Choosing to Date"](#)

2. Consider what you want out of your intimacy: Do you want to be intimate because you feel like you need to, or do you feel like your partner may be "the one"? If you feel like you need to be intimate and need to get it done and over with, it may leave you feeling regretful afterward.

Related Link: [Cameron Diaz: Is Sex the Answer to Relationships and Love?](#)

3. Consider how you feel about sex: Are you comfortable talking about sex in general? Are you comfortable talking about sex with your partner? Are you comfortable thinking about sex? If there's any sort of discomfort, you're not ready.

When did you know you were ready to be intimate? Comment below!

Expert Dating Advice: How to Make a Relationship and Love Work



On this week's [Single in Stiletto's](#) relationship advice video, matchmaker Suzanne Oshima talks to [dating expert](#) and Robert Manni about how to make a relationship and love work.

Dating Expert Robert Manni Reveals

How to Keep Your Relationship and Love Strong

Here are five pieces of expert dating advice to follow if you want a strong relationship and love:

1. Pay attention: As Manni explains, “Guys are not that good at paying attention, and women pay attention to *everything*.” If you want to keep your partner happy, be mindful to their needs.

Related Link: [Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!](#)

2. Give your partner the benefit of the doubt: People are very quick to point out if something's not completely right, but a lot of times, there's a rationale behind people's behavior. Don't jump to conclusions!

3. Have shared values: “A couple can be opposites, but it's the values that count – they need to sync up,” the dating expert says. For instance, two people need the same viewpoint on money, trust, and family, which often goes back to how they were raised.

4. Communicate: It's important that neither person shuts down when it comes to communication. Really listen and hear where the other person is coming from. “It's very important that women don't expect men to read their minds and that men are willing to engage about an issue,” Manni shares. “Both women and men have to meet each other halfway.”

Related Link: [Relationship Advice Video: Three Things Women Don't Know About Men](#)

5. Always keep dating: It's easy to get comfortable and unintentionally take things for granted. “I'm guilty of that all the time,” the relationship author of *The Guy's Guys Guide*

to Love admits. “You have to keep the mindset – and the heartset – that the person you’re with is somebody that you’re constantly wooing.”

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Bridget Moynahan Celebrates Tom Brady’s Suspension Toss Amid Gisele Bündchen Celebrity Marriage Issues





By [Katie Gray](#)

NFL pro [Tom Brady](#) and supermodel celebrity wife Gisele Bundchen have reportedly hit a rough patch in their [celebrity marriage](#). According to [UsMagazine.com](#), "Their spats have become so heated that Bundchen recently consulted with a divorce lawyer, says a Brady insider. 'Tom thinks it's only a threat,'" says the insider. 'But this is definitely a rough patch.'" In addition, a federal judge tossed Brady's four-game suspension saying that NFL Commissioner Roger Goodell didn't have the right to punish Brady, the Super Bowl MVP. One person very happy about that announcement was Brady's celebrity ex, Bridget Moynahan. She posted on Twitter, saying, "Yippee! I can go back to private texts and enjoying the game congrats #TB and @Patriots #letsmoveon."

Even celebrity marriages encounter issues. What are some ways to

identify the issues you're having in your relationship?

Cupid's Advice:

If you're having issues, it's not always easy to identify them. You may be tempted to ignore them and move forward without facing them. Cupid has some relationship advice:

1. Awareness: The key to identifying and resolving issues in a relationship and love is by being aware of them. If you are always arguing with your partner, raising your voice, avoiding them and find yourself frequently irritated, then there are obviously issues. The first step is to be aware of these things and then work on them immediately.

Related Link: [Tom Brady Writes Celebrity Love Gisele Bundchen a Love Note After Final Runway Show](#)

2. Communicate: You cannot resolve any of the issues in your relationship without communicating with your partner. The best way to effectively communicate is by speaking from the heart, listening, being understanding and saying your point without being passive aggressive.

Related Link: [Gisele Bundchen Says She Knew Celebrity Love Tom Brady Was The One 'Straightaway'](#)

3. Work it out: If you never change your routine and actions, you will never gain different results. To get the outcome you hope for and to resolve issues, work on these problems with your partner. If you have a tendency of yelling at one another, go to a public place to discuss things where you will each be forced to keep your voices down because you won't want to get embarrassed.

What are some ways you have known how to identify the issues in your relationship? Share your stories with us below.

Bristol Palin Posts 6-Month Celebrity Baby Bump



By Mackenzie Scibetta

The daughter of Sarah Palin will soon be welcoming her second child to the world! According to People.com, Bristol Palin shared an intimate picture on Instagram showing fans her celebrity baby bump. The 24-year-old [celebrity mom](#) captioned the photo, "Start of my sixth month, feeling like a tannkk already! Eek." With just three months until the new baby arrives, we can't wait to see more celebrity baby photos.

This celebrity baby is making Bristol feel “like a tank.” What are some ways to make your partner feel beautiful throughout pregnancy?

Cupid’s Advice:

Pregnancy is the one of the most wonderful miracles of life, and it should be appreciated as such. It’s important to cherish and help out your partner if they’re caring their own bundle of joy. Cupid has some love advice to help keep your relationship blossoming during pregnancy:

1. Offer back rubs/foot massages: These small acts of kindness can go a long way for a woman. It will remind her how much you care for her and that you want her to feel comfortable. It can also help boost her mood.

Related Link: [Hayden Christensen Opens Up About Naming His Celebrity Baby Daughter Briar Rose](#)

2. Constant compliments: Pregnancy is a time of a lot of heightened emotions so offering a lot of praise to your partner will really boost her confidence and make her feel radiant again. It will also earn you brownie points for being so supportive. Never stop telling her she’s beautiful.

Related Link: [Actress Lucy Liu Welcomes Celebrity Baby, Son Rockwell Lloyd Liu](#)

3. Support her: There are a lot of ways to help out around the house that will really make your partner appreciate you. Finishing the dishes, cooking her dinner or offering to do her laundry are all sweet examples of how you can support her. Seeing you help out will remind her how special she is to have

you.

How did your partner make you feel beautiful during your pregnancy? Comment below.

10 Body Language Signs That Mean He's Into You



By Mackenzie Scibetta

Some women spend their whole days trying to decipher the puzzling mind of a male, only to discover that he's just not interested in them. This tiresome task of guessing, decoding every text and possibly even following his every move, will

only lead you to exhaustion. Relationships and love shouldn't require this much work because men are not as complicated as we would like to believe. A simple, almost transparent, way to tell if a guy is interested in you is by reading his body language.

Cupid is here with some dating advice in the form of 10 major body language signs that show your guy is crushing on you:

1. Dilated pupils: Pupil dilation can occur for a number of reasons, but one of the most common is when the mind sees something it finds attractive or interesting. Subconsciously, your man's eyes will light up just at the sight of you. Interestingly enough, pupil dilation also occurs during physical pleasure.

2. He leans towards you: While listening or talking to you, he might start to slowly lean closer to you, which is a good sign that can be read as "I want to get closer to you." At first it might just be a tilt of the head, but this can eventually lead to the rest of his body shifting toward you. On the contrary, if he's leaning far away, that could mean he's not interested.

3. He puts his hands on his hips: If both hands are placed on his hips, then this is known as a male power signal. The point of this is to draw your attention and prove he is the most masculine guy in the room. If his arms are crossed, however, this is a bad sign that could mean he's bored.

Related Link: [Dating Advice: 7 Things All Healthy Relationships Require](#)

4. He raises his eyebrows a lot: Eyebrow raises can sometimes be mistaken for confusion or skepticism, but they actually can

mean he likes what he's hearing or seeing. Similar to how our eyes widen when we're engaged and excited, our eyebrows will follow that pattern.

5. He is angled towards you: Often times our feet will naturally point toward where we want to go without us even noticing. Take note of where your man's feet are heading and if it's toward you, then you're in luck!

6. He makes good eye contact with you: You don't want him to stare at you awkwardly the entire date, but you also don't want him browsing through his phone the whole time either. Ideally, he will be so absorbed in what you're saying that he will gaze into your eyes often. Prolonged eye contact shows he is comfortable with you.

Related Link: [Love Advice: What Your Sleeping Position with Your Partner Says About You](#)

7. He mirrors your body language: This is another subconscious act that happens when your mind is engaged in a conversation or you're listening intently. This shows he's focused on you and can't wait to hear what enticing things you have to say next.

8. He fixes himself: If you frequently catch him putting a stray hair back in place or re-tucking his shirt, this could mean he cares about what you think of him. He's grooming himself for you so you will take special notice of him.

9. He laughs a lot: If he likes you, then he will probably smile more than the average person. This includes laughing at all of your corny jokes and even laughing at his own.. After telling a joke, he will probably look at you to check if you're laughing too (even if the joke wasn't funny).

10. He gives you genuine smiles: A true, meaningful smile will show throughout his entire face. Although it's comforting if he pretends to smile at a dumb joke, it really means he likes

you if you see a genuine smile.

What signs do you give off to let a guy know you're interested in him? Comment below.