Royal Celebrity Couple Prince Harry & Meghan Markle Hold Hands on Tour in South Africa





By **Hope Ankney**

In royal <u>celebrity news</u>, Prince Harry and Meghan Markle have officially started off their royal tour in South Africa! The Duke and Duchess of Sussex were given a very warm welcome as they walked hand-in-hand to the Nyanga township. According to *People.com*, the two were on their way to the NGO workshop called Justice Desk which teaches children about self-awareness and safety. The program is also said to teach self-defense and female empowerment to local, young girls.

This <u>celebrity couple</u> is staying close while on tough in South Africa. What are some ways traveling with your partner can bring you closer as a couple?

Cupid's Advice:

Traveling as a couple is one that can be very exciting. You both get to experience new sights and adventures together. You're making memories that only you two will remember. But, traveling with your partner can actually strengthen your relationship as well. If you're already packing your bags or are thinking about going off in the future with your significant other, Cupid has some <u>relationship advice</u> on how traveling can bring you that much closer:

1. Seeing the best and worst of your partner: Few things can quickly bring out the highs and lows in another person than traveling does. It's automatically a stressful situation if you're traveling somewhere where there's language and cultural barriers. But, it can also be the best experience when you see your partner at the height of their excitement. You're both being able to take part in something that neither of you has done before. Traveling usually shows every side of your partner, and if you can handle those highs and lows, it can create an unbreakable bond between the two of you.

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2. More time to talk: It's obvious that when you're traveling there is a lot more time to talk than any other time in your relationship. You're constantly driving, flying, or waiting around. And, if you're traveling as a couple, you are the only

two people you're constantly talking to. Being able to have that time to really converse and open up to your partner while experiencing new things together is an opportunity to learn a lot more about them than you thought you knew. The open discussions and conversations you have on this trip can bring you that much closer to each other than you ever thought possible.

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<u>Spots</u>

3. Teamwork: Traveling is a very stressful thing to plan and do. Traveling with your partner can show how well both of you deal with working together. There's always the planning of the trip and packing the right necessities, and then there are the directions and where to go once you're there. A lot of couples get into a pre-travel ritual that allows them to both work with one another to get everything sorted the way it needs to be before they go. It's amazing how helpful teamwork and splitting up duties can make you feel less stressed, especially when the trip starts. It can also bring you closer by figuring out how to have the best time together as you travel, encouraging the other or keeping their interests in mind.

How have you felt you've gotten closer as a couple when you've traveled? Tell us down below!

Celebrity Divorce: Sarah

Palin's Husband Files for Divorce After 31 Years of Marriage





By Ahjané Forbes

"[It's] impossible to live together as husband and wife," said Todd Palin, who filed for a <u>celebrity divorce</u> from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to "incompatibility of temperament between the parties." According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her <u>celebrity ex</u> does wish to have shared custody of their son, Trig, who has Down syndrome.

This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?

Cupid's Advice:

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond "until death do us part" and "I do", but what happens when you begin to respond "I don't"? Cupid has some relationship advice on how to know when your marriage is definitely over:

1. Communication starts to change: We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It's healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it's time to have a serious conversation about why this might be happening.

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Split Less Than 8 Months After Wedding

2. Not making time for each other: A relationship does not end when you get married. It's important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don't continue to maintain it. If you have children and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the

better.

Related Link: Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage

3. Start noticing suspicious behavior: Is your partner leaving without telling you where they are are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman





By Hope Ankney

In <u>celebrity news</u>, it's nice to know that <u>Kristen Stewart</u> and <u>Robert Pattinson</u> are <u>celebrity exes</u> who are actually on good terms. According to *UsMagazine.com*, over the weekend, Stewart gushed over how happy she was for Pattinson snagging the role of Batman. Speaking to *Variety.com* at the Toronto Film Festival, the actress exclaimed, "I feel like he's the only guy that could play that part. I'm so happy for him. It's crazy ... I'm very, very happy about that. I heard that and I was like, 'Oh man!' It's awesome."

These celebrity exes still show each other support in their careers. What are some benefits to staying on good terms with your ex?

Cupid's Advice:

Kristen Stewart and Robert Pattinson are exes that have tons

of history, yet they still stand on good terms with one another. They make it look easy to continuously support an ex after a break-up, but we all know how difficult that can be. But, there can be upsides to staying friendly with an ex. Cupid has some advice that can have you reaping the benefits of staying on good terms with one of your exes:

1. This person knows you better than others: If your relationship started off with the both of you being friends, chances are this ex knows you better than most people do. If the relationship didn't have a messy end, it may be good to keep this person a part of your life. Besides, if you're both up to it, you can give each other relationship advice since you both dated each other. Who else can give you better relationship advice than that?

Related Link: <u>Celebrity News: Kristen Stewart Opens Up About</u>
Her Love Life

2. Your ex brings out your strengths: It's obvious that one of the main reasons they were in a relationship with you is because they saw how wonderful you were. If you can stay friends after a break-up, this ex is a valuable person to come to when your self-confidence has been beaten down. They'll be able to remind you of the best parts of who you are. Not to mention, they'll be able to give you this pick-me-up from an outsider's perspective.

Related Link: New Celebrity Couple? Robert Pattinson Kisses Suki Waterhouse on Movie Date

3. It can be rewarding: Having very positive and genuine interactions with your ex after a relationship has ended can be a very healthy part of the healing process. It's rewarding to be able to know you are both mature enough to handle being friendly towards one another. The fewer people you so hastily cut from your life, the more people you will have in your corner. It also gives you a sense of growth if you make an

effort to stay friends with someone you had a failed relationship with.

What are some ways that you have benefitted from staying friendly with an ex? Tell us down below!

Celebrity Exes: Tyler Cameron Sets the Record Straight on Feelings for 'Bachelorette' Hannah Brown





By Hope Ankney

In <u>celebrity news</u>, <u>The Bachelorette</u> runner-up, Tyler Cameron, has officially set the record straight about where he stands with Hannah Brown. According to <u>EOnline.com</u>, the star popped on Twitter Wednesday to dismiss claims that he had been shading <u>The Bachelorette</u> star. What started with an accidental liking of a tweet shading Brown ended with Cameron writing a series of tweets defending her. Sharing how much respect he had for Brown, he stated "…that girl deserves no shade and nothing but success. She empowers women and deserves all the accolades. She empowers women and created so much conversation on how women should be treated. I am grateful for our time together and all that I learned from her."

These <u>celebrity exes</u> are keeping their feelings positive all the way around. What do you do if your ex

is throwing shade at you?

Cupid's Advice:

When an ex decides to throw shade your way, it triggers an almost immediate emotional reaction. It's hard to ignore the issue and not let it affect you or your behavior. It's even worse if this ex has thrown something like this at you before. But, is it worth giving them the satisfaction of visibly showing how upset it made you? Not at all. Take a look at a few of Cupid's suggestions for relationship advice on how to deal with an ex that is trying to shade you:

1. Delete their social media from your accounts: A big mistake people make is keeping their exes on their social media as friends, followers, etc. It not only keeps a break-up fresh, but it's easy to go on their pages and keep up with their every move. Deleting them as friends or unfollowing their accounts will help you deal with an ex that might cryptically tweet about you or like shady tweets that could be indirectly addressed towards you. In fact, after wiping them away, you might not even know they're doing it anymore.

Related Link: <u>Celebrity News: Tyler Cameron Addresses Future</u> with 'Bachelorette' Hannah Brown

2. Take a breath: Taking a long, deep breath can do wonders for how you react towards an ex throwing shade. It'll help you balance your composure by trying to keep your mind and body calm. And, if you feel like you need to respond, taking a moment to collect yourself and your thoughts before you reply can do wonders for how the entire situation will go.

Related Link: <u>Celebrity News: 'Bachelorette' Hannah Brown Says</u> 'Thank You, Next' to <u>Questions about Tyler Cameron & Gigi Hadid</u>

3. Surround yourself with positivity: There's nothing worse

than being alone or around negativity when an ex decides to throw something your way. The isolation and negative energy will only fuel you to respond with something you'll regret later. When an ex is exhibiting this behavior, try and find friends full of positivity to surround yourself with. They'll bring your mood up while further encouraging you and keeping you motivated to be above the nonsense.

How have you dealt with an ex that's thrown shade at you? Tell us down below!

Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus & Ex Kaitlynn Carter





By Hope Ankney

Three cheers for supportive exes! In <u>celebrity news</u>, Brody Jenner is speaking out about his ex, Kaitlynn Carter, and her new fling with <u>Miley Cyrus</u>. According to *UsMagazine.com*, Jenner is "happy that Kaitlynn's moved on and found love." The two <u>celebrity exes</u>, reportedly, have no hard feelings towards one another. They had a clean split that helped them to stay close friends, allowing Jenner to not be bothered by Carter and Cyrus's relationship.

In celebrity news, Brody Jenner isn't holding any ill will toward his ex, Kaitlynn Carter and her new relationship with Miley. What are some ways to keep jealousy at bay

when your ex moves on?

Cupid's Advice:

Even Hollywood's stars go through jealousy after break-ups. It's a normal feeling to have, especially after seeing an ex with someone new. Jealousy can consume, but it doesn't have to be that way. Fortunately, Cupid has some <u>relationship advice</u> on how to keep the eye of jealousy away when your ex has moved on:

1. Distract yourself: Keeping one's mind busy after seeing an ex with a new fling is an important step in keeping jealousy at bay. Distraction can be your best friend when all else fails, and you just need time to turn your brain off from it all. Throwing yourself into a new hobby, double-downing at work, or even spending more time with friends could be the perfect way to keep your mind from wandering to your ex and the person they're with.

Related Link: <u>Celebrity News: Miley Cyrus Gets Close to Kaitlynn Carter at Lunch with Mom Tish</u>

2. Try to bring closure to the relationship: Many studies state that journaling, venting to loved ones, and creating arts and crafts are just some things that bring closure after a break-up. By creating a safe space where you can let out all your feelings without judgment, the less likely you'll become jealous and act on that jealousy. It could also help you find out more about where this jealousy is stemming from, and how you can de-construct it.

Related Link: Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships

3. Embrace your 'wins:' Break-ups take such an emotional toll on us. It's even worse when it seems like they've moved on before you. You've got to learn to let go by discovering all

the 'wins' that the relationship gave you. By studying the positive sides of the relationships and understanding that those things were 'wins' to you even if the relationship ended, it helps you come to terms with the loss before jealousy overrides it. What did this person teach you about yourself? Did they encourage you to embrace something you wouldn't have otherwise? That's the 'win' that keeps the memory of the relationship positive.

Have you ever had to overcome jealousy after you saw an ex with someone new? How did you do it? Sound off in the comments below!

Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?





By Meghan Khameraj

In the latest <u>celebrity news</u>, Lori Loughlin and Mossimo Giannulli may be headed for a <u>celebrity divorce</u>. According to a source for *UsMagazine.com*, the <u>famous couple</u> of over 20 years are struggling to maintain their relationship in wake of their college admissions scandal. In March, they were arrested for reportedly bribing the University of Southern California with over \$500,000 to accept their daughters, Bella and Olivia Jade. Since then, Loughlin and Mossimo have disputed over issues such as the use of their private jet and the rejection of a plea deal.

There may be another celebrity divorce headed our way. What are some ways to get through a tough time as a couple?

Cupid's Advice:

Lori Loughlin and Mossimo Giannulli are going through a rough patch in their relationship. When tensions are high and the relationship is on the line, many people may be lost on what to do next. Cupid has some relationship advice that will help you navigate through this difficult time:

1. Talk it out: While this may seem like a simple piece of advice, communication is key to making a relationship work. Talking to your partner about the things that bother you can help your relationship steer clear of rough patches. With talking comes listening, if your significant opens up about the relationship you should listen and be prepared to address those issues.

Related Link: Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce

2. Take some time apart: If you can't seem to sit down and talk to your partner then perhaps you both need to take some time and clear your heads. People tend to behave less rashly once they have taken time to think about the situation. You want to approach any conflict with your significant other with a clear and rational mindset.

Related Link: Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding

3. Consider counseling: You've tried talking and clearing your mind but both seemed to have failed. Your relationship issues might be rooted in a deeper problem that can be uncovered through couples therapy or counseling. The therapist will act as an unbiased voice of reason to help you and your partner re-build your relationship.

What's your go-to strategy for getting through a tough time with your partner? Let us know in the comments below!

Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce





By Meghan Khameraj

In <u>celebrity news</u>, *Jersey Shore* couple Jenni 'JWoww' Farley and Roger Mathews has finalized their divorce after announcing their separation in September 2018. Farley and Mathews share two children, daughter, Meilani, 5, and son, Greyson, 3. This <u>celebrity divorce</u> won't be ugly, according to a source for

UsMagzine.com, "the former couple has put their differences aside for the sake of their children." Mathews even attends the same family events as Farley's new boyfriend. The former celebrity couple is committed to maintaining an amicable relationship for the sake of their kids.

This celebrity divorce has been finalized. What are some ways to re-build after a divorce?

Cupid's Advice:

Even celebrity divorces can take a lot out of the couple in question. It can be hard to think about moving on and rebuilding your life. Cupid has some tips:

1. Talk it out: Understanding why your relationship didn't work out will help you avoid awkward and potentially hurtful conversations with your ex. Avoid the drama and be honest with your former partner. Understand their point of view and their feelings so you can both move past it.

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Divorce Affects Katy Perry Relationship

2. Keep it civil: Break-ups can be nasty and it can be painful to have any sort of relationship with your ex. However, don't take your frustrations out on your former partner, instead, express your feelings calmly to figure out how you can maintain a relationship with your ex.

Related Link: Celebrity Break-Up: Find Out Why Katie Holmes
Ended Relationship with Jamie Foxx

3. Move on: Don't spend time dwelling on the past and don't think you might get back together. Take your time to heal from the breakup but also under that the romantic relationship is

over and now you must move on to a more amicable relationship.

What are some other ways you can re-build a relationship? Let us know in the comments below!

Relationship Advice: An Unconventional Marriage





By <u>Dr. Jane Greer</u>

Once upon a time, there was a very clear, natural progression of how a couple moved from one phase of their relationship to another: they dated, became engaged, got married, and,

finally, moved in together. Any other choice, years ago, would have been frowned upon and maybe even whispered about. Of course, that has all changed and now we see and generally accept any choice people make, in the order in which they make it, and the way in which they commit to each other — as long as both members of the couple are on board.

Relationship Expert Advice: Have a Relationship Your Way

Whether they want to live together first, have a family first, or, possibly even, commit their lives to each other and never share a home, it is all happening out there. For example, actress Kaley Cuoco and her husband Karl Cook choose to be in a committed, monogamous relationship but also choose to <u>live</u> <u>apart</u>. They tied the knot over a year ago but still maintain separate residences. Rather than worry about what family, friends, fans, and tabloids think of their arrangement, the busy pair say they value their independence, relish the time they spend together, and don't worry about what other people might be thinking. In other words, it works for them. There are pros and cons to every choice a couple makes as they build their life together and it is a matter of knowing what suits the individual people the best. So, how do you know if this possibility might be right for you? Will a situation like this enhance or hurt your relationship?

One question to ask yourself is how much do you need your privacy? Can you tolerate the company of another person without your own time over a 24-hour day? Consider also the accountability that can come with sharing a home with your partner, because sometimes even if you get up to simply go to the bathroom or kitchen your, partner might be curious about your whereabouts and ask you where you are going.

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<u>Trials and Triumphs of Celebrity Relationships</u>

In addition, the practicality and logistics of your lives might make it difficult to uproot yourselves, especially if you live in different places. Deciding to have a long-distance marriage can give you the opportunity to share a life while maintaining priorities of work, family, and friends. This can be especially true if you find each other a little later in life. In that case, you may have fully established an autonomous lifestyle, which includes routines and habits that are hard to break, and in some ways might not be suitable for sharing a home with another person.

That can be the case even if you live just a few blocks away from each other. If you both find yourselves sharing these concerns — and you each already love the home you created and don't want to give it up — this might be a way to have it all. Similarly, if you each keep early, late, or unusual hours at work, and coming home could be disruptive to your partner, maybe even totally conflicting with their routine, or if you travel a lot anyway and, with that in mind, it doesn't make sense to combine households, this might be something to consider. Finally, if you have a beloved pet and your spouse is allergic, it could be a way to avoid a deal breaker and still make it all work.

Ultimately, there can be many upsides to this, even beyond holding on to your daily life as you know it. There is less of a chance to get on each other's nerves, since you always have a place to go to get away and you won't be forced to be together if you don't want to be. It can keep your love fresh and more romantic because you can exercise more control over your appearance and how you present yourself to your partner. And if you have different methods of keeping house, one of you is messy and the other a neat freak, this will allow you to just be yourselves in your own homes without bugging the other person.

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On the other hand, living apart can have a real downside. You are more likely to miss out on little moments — inside jokes and shared bedtime and morning rituals — and you're putting off the inevitable step of showing each other your authentic selves while you navigate the tricky waters of splitting up household responsibilities and chores. Because of this there, may be much less chance to learn to cooperate and work together as a team, which allows you to develop an up-and-running sense of partnership. You might not be there when you need each other, if one of you doesn't feel well, or if you want a spontaneous snuggle. It is also possible that you will feel judged by family or friends, and even strangers, for doing something that might be construed as different.

This is not a dish for everyone, but it might be for those with a particular taste. It offers the opportunity to marry the person you love despite obstacles you might not be willing to change, which would otherwise make getting married impossible for one or both of you. Being married but living apart might be an option to give life to your commitment instead of making it untenable. For now, Kaley and Karl are taking advantage of the upsides of living apart. They are building a life together and don't seem to be concerned that their relationship has been labeled "unconventional." Whatever decision you make for your relationship, know it is right for you, and try to tune out the noise, focus on each other, and continue planning for your future.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on

Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow oDrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit http://www.drjanegreer.com.

Read more at <u>Cupid's</u>.

New Celebrity Couple Pete Davidson & Margaret Qualley Travel to Venice Ahead of Red Carpet Debut





By Meghan Khameraj

In the latest <u>celebrity news</u>, Pete Davidson and Margaret Qualley went to Italy together! According to an insider for *UsMagazine.com*, the newly announced <u>celebrity couple</u> have "been seeing each other for a couple of months." Though the couple has been together for a few months, they are set to make their first public appearance as a <u>famous couple</u> at the 76th Venice Film Festival.

In celebrity news, this new celebrity couple is ready to step out as an official couple together. How do you know when to take your relationship public?

Cupid's Advice:

Pete Davidson and Margaret Qualley are taking their

relationship to the next level with their first official appearance as a celebrity couple. While this is a big and sometimes scary step, Cupid has some relationship advice that will help you figure out if you're ready:

1. You both want to go public: This may seem obvious, but if you and your partner aren't on the same page, then going public will only add fuel to the fire. Talking about your relationship with your partner in the early stages will allow your relationship to be more honest.

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Attend Sunday Service After He's Released from Prison

2. You picture a long-term relationship: You wouldn't want to announce your new relationship to all your friends and family just to break up a few weeks later. If you can't picture yourself with your partner in the future, then it's time to rethink going public.

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'True Partner' in John Miller

3. You're ready for opinions: With a public relationship comes public opinion. You and your significant other should be ready to deal with any negativity that might surround your relationship. Focus on the positive that comes with having a public relationship, such as honesty and trust.

What are some tell-tale signs that a relationship isn't ready to go public? Let us know in the comments below!

Expert Dating Advice: Three Reasons Why My Worst Relationship Brought Me to My Best Relationship





By <u>Tori Autumn</u>

Over the course of a year and a half, the previous relationship I was in affected me mentally and emotionally. It kept me in a lot of stress, anxiety, and embarrassment. I felt like I became a different person to my friends, family, and even co-workers; however, if I hadn't gotten in that dramafilled relationship, I wouldn't have appreciated the current relationship I'm in.

Expert Dating Advice on How to Use a Bad Relationship for Personal and Romantic Growth

1. Going through something publicly gave me strength to move forward. After letting my friends and family know for the tenth time that I was ready to leave this guy for good, it felt as if a weight was lifted from my shoulders and I was ready to accept healthy love in my life.

My public breakup seems most similar to R&B singer Ciara. Back in 2014, Ciara called off the engagement with her fiance, rapper Future, after he was hit with cheating allegations. The <u>celebrity couple</u> was constantly in the headlines for their son's custody battle.

Things did get better for Ciara. Following the tumultuous breakup, she was seen with Seahawks' Quarterback Russell Wilson at the White House Correspondents' Dinner in April 2015. The new couple married June 2016 and then welcomed their daughter in April 2017.

Like Ciara, I have found success with my new love. When I entered into this new relationship, I knew it was for me because it was a better reflection of who I was, who I am, and who I need.

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2. My values in a relationship changed. At first, it made sense to be with my ex. We clicked personality-wise and he was the kind of guy I was used to.

Similarly, Ciara might have felt comfortable dating someone in her industry. With her career as an R&B singer, she had dated rapper Bow Wow before falling for rapper Future, having a child with him, and getting engaged to him.

When I first met the guy I'm in a relationship with now, he was nothing like I was used to. Similar to Russell Wilson, my boyfriend had just gotten out of a serious relationship but knew exactly what he wanted out of life. From the start, there weren't any mind games and I started valuing positive mindset, encouragement, and long-term commitment.

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3. Instead of regretting love, I started to feel the power of celebrating it. Ci-Ci and Russell quickly became known as #RelationshipGoals because of their open love for each other, their successful careers, drama-free living, and how happy the pair became together.

Instead of complaining about my ex, I became happier knowing that there was no drama in my relationship and that it was a constant reminder of how things can change for the better. I became ready for this relationship when I realized I wanted to change certain behaviors, old ways of thinking that no longer served me, and that I wanted serious commitment.

I always find Ciara and Russell's love story to be interesting in particular because at first the public's view of Russell Wilson's persona was that he was corny, soft, and the polar opposite of Ciara and the men we've seen her with in the past. However, the public also began to see Ciara change as a person for the better and saw the love for the two grow stronger because of that. The power of love is real when you can learn from your past mistakes, be open to accepting new love, and stand in the new values you want for yourself.

How have you used harmful relationships to inspire growth? Share your advice below!

Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx





By Ashley Johnson

In the latest <u>celebrity break-up</u> news, <u>Katie Holmes</u> officially made solidified her split from Jamie Foxx after six years, on Monday, August 19. Just four days earlier, Foxx had been spotted out with a mysterious blonde, and then not too long after was spotted with singer Sela Vave in Hollywood. According to *UsMagazine.com*,, a source said, "It has been many years of him stepping out with other women. He's disrespectful

and their lives were different. His partying ways don't fit with hers as she's focused on raising her daughter and working."

In celebrity break-up news, Katie Holmes had her reasons for breaking things off with "disrespectful" Jamie Foxx. What are some ways to know your partner is respectful?

Cupid's Advice:

Break-ups can be hard, especially when it involves Hollywood couples in the spotlight. Luckily, Cupid is here to give you relationship advice on how to know if your partner is respectful, so you can avoid having relationship problems like Katie Holmes and Jamie Foxx:

1. Makes room for 'quality time': Everyone has busy lives and a multitude of responsibilities to deal with on a daily basis. However, if you and your partner can prioritize your relationship and make time for each other, that shows you two truly respect the relationship. You can tell your partner really makes an effort to spend quality time with you when they stick to important plans and don't constantly try to reschedule, or when they make an effort to show up on time for special events.

Related Link: Celebrity News: Jennifer Garner Has Found a 'True Partner' in John Miller

2. Appreciates your differences: Each and every one of us are different: we all have different personalities, pet peeves, needs, desires, etc. While it is unlikely that you and your partner are going to agree on everything or have the same

exact perspective, it is important that you and your partner embrace the differences between each other. If your partner really respects you they will try to understand your way of thinking, if not completely agree with it... they may even learn something new if they are willing to appreciate the differences between you two, rather than discourage them.

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3. Supports your goals: Your partner should be your #1 supporter, and if they are not, maybe they are not the best person for you to share your life and dreams with. Having a support system and someone who believes in you is essential in any relationship. If your partner doesn't rain on your parade and does nothing but shower you in love and support, then they are probably a keeper.

Can you think of any other ways to know if your partner is respectful? Share them with us in the comments below!

Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts





By Ashley Johnson

In a celebrity interview with *UsMagazine.com*, *Bachelor in Paradise* star Caelynn Miller-Keyes opened up about the scandalous text messages between her and Blake Horstmann. She says she thought that she and the reality TV star were on the same page and explains how mortified she feels.

In celebrity news, the *Bachelor* drama is heating up! What are some ways to make sure you're on the same page with a potential partner before getting involved?

Cupid's Advice:

Not all couples are perfect (not even <u>Hollywood</u> relationships). Sometimes people are on the same page, and other times they are on completely different books. Since

budding relationships can be confusing sometimes, Cupid has some <u>relationship advice</u> on how to make sure you're on the same page with a potential partner before getting involved:

1. Communicate: In every and any relationship communication is necessary. By having frequent and honest conversations with each other, you and your partner can learn more about each other and each other's feelings, thoughts, intentions, and so much more.

Related Link: Celebrity News: Brooks Laich Says He's Proud of Wife Julianne Hough For Saying She's 'Not Straight'

2. Share goals: In your honest conversations with your partner you should also be sharing your goals with them. Their goals do not have to be the same exact as your own, but they do have to be similar. For example, you both may have completely different career goals, but it is important that your romantic goals are the same, in that they want the same thing as you out of the relationship.

Related Link: <u>Celebrity News: Shia Labeouf & FKA Twig's</u>
Relationship Is On Hold

3. Prioritize: Relationships can be a big commitment and it can be tricky trying to prioritize them at times with busy schedules, and lives in general. Sometimes people are ready to make that serious commitment, and sometimes they are not. Check in with your partner to understand all their priorities and see how much of a commitment they can, or are willing, to make to you and the relationship.

Can you think of any other ways to make sure you're on the same page with a potential partner before getting involved? Let us know in the comments below!

Celebrity News: Ben Higgins Says 'Bachelorette' Hannah Brown's Sex Confessions Are 'Confusing'





By <u>Katie Sotack</u>

In <u>Bachelorette</u> news, former <u>Bachelor</u> Ben Higgins is confused by Hannah Brown's sex confessions in the most recent episode of her season. On a podcast interview with <u>Bachelor</u> Nation, Higgins admitted that Brown's statements on whether having sex on the show was a wise decision seem contradictory. According

to *UsMagazine.com*, this news comes right after Brown and contestant Parker participated in a raging fight on screen and social media war off screen on the issue of sex with multiple partners.

In <u>celebrity news</u>, Ben Higgins is confused about Hannah's seemingly conflicting sex admissions. How do you know when it's the right time to get physical with your partner?

Cupid's Advice:

Have you ever been dating someone and wondered, "When's the right time to hookup?" What's too soon, and what will they think of me if we wait a long time? Here is relationship advice on getting intimate:

1. Are you turned on?: The number one requirement to figuring out the right time to be intimate is being aroused. If you're feeling your partner, the environment, and the contraceptive measures are at your minimum requirements at least, you might be ready to get physical. There is still some question on whether this is the right time for you emotionally, but desire is the number one box to be checked off.

Related Link: <u>Celebrity Engagement: Sarah Hyland and Wells</u>
<u>Adams Are Engaged!</u>

2. Don't be pressured: Just because your friend slept with their partner on the first date and your other friend waits until the 10th to get it on, doesn't mean these timelines are right for you. Only you and your sexual partner can decide on the who, what, when, where, and why of your sex life.

Related Link: <u>Celebrity News: Tyler C.'s Fantasy Suite Speech</u>
Made Him a 'Bachelorette' Fan Favorite

3. Ignore all advice: Physical intimacy is different for everyone. Sexuality is like a snowflake — everybody's special and there's no one size fits all. Instead of feeling worried about outside context, be mindful. Consider yourself, what you want, and what you are comfortable with. Then, proceed from there.

How do you decide when's the right time to be intimate? Share in the comments below!

Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie





By Katie Sotack

Royals Meghan Markle and Prince Harry are stowed away in Windsor and "enjoying each day" with their eight week old celebrity baby, Archie. According to People.com, the celebrity parents are focused on giving Archie a peaceful start to life, hence the escape to a private cottage. A royal source says they are "basking in the glow and enjoying each day". Like all new parents, the royal couple are living soulfully in their new baby's needs and wants, discovering his newness every day that they spend with him.

These royal celebrity parents are enjoying the time with their infant son. What are some ways to bond as a couple in the face of parenthood?

Cupid's Advice:

New parenthood is filled with as many challenges as it is

joys. Making time for your partner when this new life has became your world can feel impossible. Here are relationship tips for parents looking to bond outside of their baby:

1. Make time for one another: With your new baby becoming the center of your world, it's difficult to make time for each other. However, having one-on-one time is essential to a sturdy relationship and ultimately the growth of your baby. Go on a date together or just sit and talk after the baby's gone to bed.

Related Link: <u>Celebrity News: Nick Cannon Reacts to Ex Mariah</u>
Carey's Take on #BottleCapChallenge

2. Enlist a trusted relative or friend: Give yourself a break and recruit a member of your inner circle to watch your children so you parents can have alone time. Make sure you have faith in their child care abilities and your child is familiar with the care taker so that you don't spend your date worried out of your mind.

Related Link: <u>Celebrity Couple News: Teresa Giudice Shares</u>
<u>Worries about Husband Joe's Deportation</u>

3. Cut each other some slack: Being a parent isn't easy. When your partner makes a mistake, don't go after them. Instead understand where they're coming from and that we're all human. As long as your baby's safe, chances are they won't remember the tiny screw up.

How do you make time for your partner as a parent? Share in the comments below!

Celebrity Couple News: Are Elijah Wood & Mette-Marie Kongsved Engaged and Expecting?





By <u>Katie Sotack</u>

In <u>celebrity couple news</u>, congratulations are in order for Elijah Wood and Mette-Marie Kongsved, who are rumored to be engaged and expecting! According to *UsMagazine.com*, the couple were spotted shopping for furniture in L.A. While Woods wore a casual gray cardigan and jeans, his girlfriend sported a ring on her left hand and a noticeable <u>celebrity baby</u> bump. It's left us to question, are wedding bells and baby cries in the future for this pair?

In celebrity couple news, rumors are running wild that Elijah and Mette-Marie are engaged and expecting a baby. What are some ways to keep your relationship private?

Cupid's Advice:

Maintaining your privacy goes a long way for a happy relationship. Here is relationship advice for hiding away from peeping eyes:

1. Keep it off social media: There's plenty of reasons to keep your relationship away from social media and not all of them are as pessimistic as 'what if it doesn't work out'? The issue with posting about your love is that it opens the gate for questions and rumors about your situation. This doesn't mean you and your boo can never post. If you go somewhere special, show it off! But don't bombard your followers' feed with the deets on your intimacy.

Related Link: <u>Celebrity Parenting: Find Out What Carrie</u>
<u>Underwood Is Doing Differently as a Second-Time Mom</u>

2. Keep it positive: Backing each other up in public is a necessity in a relationship. You have the right to disagree of course, but keep the real fights and hurt feelings behind closed doors. If your fighting in public and making up in private, the world's only going to know the negative.

Related Link: <u>Celebrity Baby News: Elin Nordegren Is Expecting</u>
With Former Football Pro Jordan Cameron

3. Keep your lips sealed: This goes along with keep it

positive. Generally you don't want to be blabbing about your business to just anybody. Don't be the person who tells their cashier their whole life story complete with complaints about your significant other. Instead limit your expressions to your inner circle.

How do you keep your relationship private? Share in the comments below!

Dating Advice: 3 Coping Strategies for Widowers that Work





People who have never experienced tremendous loss can never relate to what it's like to be a widower and frankly wouldn't know anything about <u>dating a widower</u> either. Moving on and accepting the fact that the world won't stop turning just because it feels like your life has come to an end is quite challenging, but doable when the time is right. Below, you'll find our top three coping strategies for widowers not sure how to deal with the stress of getting back to dating following their spouse's death.

Dating Advice: How to Heal After the Death of a Spouse

The death of a significant other is much harder to overcome than a divorce or a break-up. Here is some <u>dating advice</u> on how to begin to heal and move on.

Dip Your Toes Into it: How will you ever know if you're ready to date again if you don't try it? It's only natural you're overwhelmed with feelings of guilt, and grief itself isn't

that far behind on the list of things you feel the most, but that doesn't mean you shouldn't at least give it a shot. Nobody expects you to go out to a bar and meet people six months following your spouse's death; however, online dating provides you with a perfect opportunity to test the waters and see how you feel about talking to someone you find interesting. Open up a profile and check out what's out there. Simple companionship might do the trick at first before you meet someone truly worthy of your time.

Related Link: Relationship Advice: How to Approach Social Media Post-Breakup

Keep it to Yourself: If you have kids, it's unlikely they'll understand that you're trying to move on. Rest assured the same goes with your spouse's family. Nonetheless, you should try to get your life back on track when you feel you're ready and nobody in the world can say when that is but you. There will be people who'll think it's too soon, but don't blame them. Everyone deals with loss in a different way. This is precisely why you should keep the fact you're going back to dating under wraps until you meet someone you'd like by your side at a family dinner or a camping trip with friends. Wait until the opportune moment to let your inner circle know there is someone new in your life and take it from there without making too much of a fuss.

Related Link: Relationship Advice: The Afterlife Connection

Cherish the Memory: The fact that you're trying to move on doesn't mean you can't cherish the memory of your late spouse. Having someone to watch a movie with, go out to dinner or to confide in will be fulfilling enough, so that you don't feel like a burden to your kids, family, or friends. In time, they'll understand that it's good for everyone that you're not alone and will come to terms with a new person sitting across from them at your birthday party. The most important thing you need to remember is that you can talk about your late spouse

whenever you feel the need to do so, regardless of the fact that life goes on. Visit their grave with your kids, openly talk about them, and keep letting your kids know you're not forgetting about their mom or dad.

What suggestions do you have for dating after the death of an S.O.? Offer advice below!

Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships





By Dr. Jane Greer

Coming out of a toxic relationship can be difficult in and of itself, and often requires an emotional detox. Even though the relationship is clearly over, you may find that you still have issues to work through. You might be experiencing not only the sadness and loss, but also pain and anxiety. If you got to this point after a tremendous betrayal or a chronic problem the magnitude of which you were not able to surmount, you probably have many questions and concerns about how you got into that situation in the first place, and how someone you loved could treat you so poorly. Sandra Bullock had a public breakup with her ex-husband Jesse James who <u>admittedly</u> cheated on her multiple times. Despite that, Sandra has finally found <u>love again</u> with a person whom she calls "the one," Bryan Randall, and the couple reportedly couldn't be happier. How, then, when you finally do find yourself on the other side and are ready to think about dating again, can you trust another person as well as your own judgement as you, like Sandra, move past the bad and attempt to find the good? How can you make sure you don't allow yourself to fall into a toxic relationship again?

Dr. Greer's Relationship Advice Teaches Us How to Date Again After a Toxic Relationship

One thing to keep in mind is that it is natural to be more guarded and guestion everything when you begin something new after what you have been through. And that is a good thing. Take your time as you get to know someone who has caught your eye. Even if the connection feels comfortable right away, and you experience the temptation to slip into an immediate closeness of constant texting, talking, and even spending the night together, try to resist that at first. Remain your "me" for as long as you can before you jump into being a "we," so you don't shoot past any warning signals. Take inventory: do they call when they say they will? Do they keep the plans you have made? Do they generally seem to be telling you the truth about things, or have you caught them in any lies? Do they have friends, or do they appear to have many past relationships — friendly and romantic — that have ended with all ties cut? Take the time you need to read all the road signs, so to speak, and to stop at all the caution lights so you can get a sense of what's coming down the road. Give yourself a chance to learn who this person really is, instead of making excuses when necessary and allowing them to form in your mind as who you hope they will be. Along these lines, be more selective about who you might let in, let them show you they are worthy of your love. Sit back a little, possibly more than you usually have, and instead of being an open book and freely sharing your past and your hopes for the future, let them take the lead and reveal those things first. That way, you will have a better sense of what you are getting into before you open yourself up to them.

Related Link: Relationship Advice: Talking Through the Tough Times

By doing this and taking any red flags that might come up seriously, you can work to head off future betrayals and strengthen your own self-confidence as you evaluate your new potential love interest and decide how much you want to share with them. It will also give you more control. The goal here is to find someone who you can believe in, who has your best interest in mind, and who, ultimately, will not stamp on your heart. Proceed with this expectation, that this is what you deserve and what you will get, and this will help give you more clarity and insight as you begin to date. If you feel secure in yourself, you are much more likely to find someone who will support you rather than undermine you.

Related Link: Relationship Advice: Working Through Your Heartbreak

Moving on after a toxic relationship isn't easy, but it is possible, as we saw with Sandra and Bryan. The experience, however terrible it might have been, can be a lesson for you to learn from. Once you can stop thinking of it as a recovery process, and more of a moving beyond process, taking with you all that you now know, you can be stronger and better placed to have a healthier relationship than ever before.

Please in to the Doctor on Call radio tune hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Talk Sex! Email your questions dealing Let's relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit http://www.drjanegreer.com.

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Exclusive Celebrity Interview: Celebrity Fashion Stylist Brad Goreski Shares Secrets for the Perfect Sunglasses





Interview by Lori Bizzoco. Written by Rachel Sparks.

Brad Goreski, a prominent L.A. <u>celebrity fashion stylist</u>, has worked with the likes of <u>Jessica Alba</u>, <u>Demi Moore</u>, and Rashida Jones. Currently the Exclusive Brand Stylist for Kate Spade New York, Goreski spares some time for an <u>exclusive celebrity interview</u> with Cupid's Pulse just in time for National Sunglasses Day. In our Exclusive Celebrity Interview Goreski shares his secrets for finding the perfect pair of sunglasses for your face shape and your style.

Celebrity Interview with Brad Goreski: National Sunglasses Day and Relationship Advice

Goreski loves sunglasses. They're important in protecting our eyes from UVB and UVA rays and are an important part of our summer wardrobe. "They are a great way to express where our style is at for the season," said the fashion guru. Goreski is a huge advocate for wearing sunglasses as an accessory to dress up an outfit, but he is also a strong believer that they should be worn to protect your eyes.

Related Link: Celebrity Video Interview: Brad Goreski Says, "I Think We're Going to See an Explosion of Glamour" at the Oscars

Styles have become so diverse that there is a sunglass style for everyone. Goreski's stylist experience takes us through the trends he sees. With the resurgence of the eighties' style, neon has made a comeback. If you don't like bold-colored frames, have fun with the colors of the lenses. For example, you can try a metallic or mirror finish, a smokey grey, or tinted lens. A simple outfit, like jeans and a T-shirt, can be dressed up with a stellar pair of sunglasses too. "Accessories like sunglasses help you look like you put the effort in," said Goreski.

In addition to colors, Goreski says that frame shapes are becoming more diverse. "My favorite trend right now is the cat eye," he says. "It's a little futuristic." If you're wary of trying a bold new look, check out the discounted aisles. "Try cheaper sunglasses so you can try trends before committing to expensive glasses," he advises.

Related Link: <u>Brad Goreski Shares Breakup Drama Details After</u>
<u>Split with Rachel Zoe</u>

Goreski has four tips for finding the perfect pair of sunglasses and he says that opposites attract. "If you have a round face, go for square frames," he offers as a tip to our followers. And when it comes to style, if you lean towards a more classic look then go for an aviator. And if you are bold and futuristic try micro-glasses.

What interview is complete without some <u>relationship advice</u>? Goreski shares the secret that has held him and Gary Janetti together for eighteen years. "Always dress up for each other. Take pride on the inside and the outside. Putting in the effort after so many years together makes for a whole different experience." For your next <u>date night</u>, dress in a way that "makes you feel beautiful and excited. That energy attracts people."

What's coming up next for this stylist? Award season! While waiting for the summer lull to end, Goreski is excited for National Sunglasses Day, June 27th, and encourages everyone to take a selfie in their favorite pair of sunglasses.

Interested in following Brad Goreski? Check out his website, MrBradGoreski.com or follow him on Twitter!

Ask the Guy's Guy: Should I Stick Around to Feel the Spark Again?





By Robert Manni

Question from Riley A, "I feel distant in my relationship. I feel like we're growing apart, but I want to grow together. I don't know what to do. Should I end it, and maybe find the spark in someone else? Or stay and wait for the romance to come back?"

Should you wait for the spark to come back? Or move on?

Hi Riley:

It can be challenging when you reach the point in a relationship when things feel stagnant and that special spark is missing.

It sounds like you want to keep things going so I suggest you take a step back and consider where your relationship began, where it has led you, and how you feel about it now. Ask yourself why things may have changed and what circumstances may have affected the current lack of sparkles. The answers are usually right there when we become still and look inside.

Related Link: Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?

I also suggest broaching the subject with your partner. Ask him how he feels about things if he has any issues, and where he sees the relationship going. That will also provide context for where your relationship stands and its future possibilities.

Every relationship is different and every couple has to finds their own ways to make things work if this is what they both really want.

Take the time to look inside, then trust your gut and intuition. Ultimately, this is about your finding the happiness and love you deserve.

Good luck.

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

More about the Guy's Guy:



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by DatingAdvice.com.

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy content focused on life, love and the pursuit of happiness. Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

Date Idea: Run Outta Moonlight





By Emma L. Wells and Bonnie Griffin

Is there anything more romantic than staying up all night to spend some quality alone time with your partner? Cupid has some <u>dating advice</u> to deepen your relationship and love by connecting under the light of the moon. For this <u>date idea</u>, you need nothing, but each other...and maybe a little caffeine!

Be Playful with This Romantic Date Idea

Staying up past your bedtime will make you both feel like kids again. And there's so much you can do together as you waste the night away! Use this time to talk and get to know each other even better. Consider playing a game like Would You Rather or Truth or Dare to get the conversation flowing. Or get out your old family photos and learn more about each other's childhoods.

Related Link: Date Idea: Spend an Intimate Night Indoors

If you're in a playful mood, you may want to play a card game or pull out those board games from the back of your closet. You don't even have to follow the rules! Since you have all night, try combining two games and coming up with your own guidelines to create something new together. This weekend date idea should be light-hearted and fun. Make coffee, hot chocolate, or tea to keep those eyelids from drooping. And don't forget a midnight snack!

To make this date idea even more romantic, light candles around the house. Since the weather is nice this time of year, you can venture outside and star gaze while you snuggle together under a blanket. See how many constellations you can name — you can check your work with an app like SkyView. Don't forget to make a wish on any shootings stars you might see!

Related Link: Date Idea: Slumber Party

You'll be making memories you can cherish for years to come. Since the nighttime is often free of distractions (like work e-mails and texts to answers), your relationship and love will be stronger after taking this dating advice. Perhaps the moon will allow you to see your partner in a totally new light. This could be a story to tell your grandkids!

Have you ever stayed up all night with your honey? Share with us in the comments below!

Love Advice: Get Your Country On





By Emma L. Wells and Bonnie Griffin

Put on your cowboy boots, because this <u>date idea</u> will have y'all traveling to a dude ranch! You'll have a barrel of laughs as you ride horses, stop by the rodeo, and even learn to square dance.

Pick Up New Skills with This Country-Themed Date Idea

For this date idea, you and your partner will head to a nearby dude ranch. They have a lot of fun weekend activities for you two to enjoy. Channel your inner cowgirl and boy as you're taught how to ride horses and use a lasso. You might even catch a rodeo. Whether you're horseback riding through mountain trails or hiking along a river, this is the perfect opportunity to connect with each other and with nature. Take this dating advice and make sure to snap lots of pictures so your friends and family can see how much fun you had.

Related Link: Date Idea: Get Thrifty

Some dude ranches offer a variety of sports activities, including archery and horseshoes. Why not turn it into a fun competition? You can even rope in (pun intended!) another couple and make some new friends. Ranches that are near lakes or rivers will often have canoeing and fishing too. If it's a hot day, take advantage of these water activities and cool off!

Next, it's time to get your country music on. You'll be sure to wrangle his heart as you spin each other around the dance floor and learn to square dance. Your relationship and love will grow as you and your significant other try to keep up with the quick pace of the tunes. You two will impress your friends next time you pull out your new moves; you might even have a secret talent for it.

Related Link: Date Idea: Hunt for Love

Don't forget to dress the part too! Because these are mostly outdoor activities, you don't want to wear anything too nice. You'll be comfortable in jeans and boots or sneakers. If you

plan on getting on a horse, make sure you're wearing long pants. Bring a cowboy hat if you have one!

You and your beau will have a blast on this countrythemed weekend date idea. Doing something outside your comfort zone will help you connect on a totally new level. Not to mention, you'll have plenty of great pictures and lots of happy memories together after the day is done!

Have you and your honey ever visited a dude ranch? Tell us below!

Date Idea: Honoring 9/11





Date ideas can't always be about romance, flowers, and fun. Some days, like September 11th, need to be spent in reflection and deference for spiritual renewal. The terrible events in American history on this day still have repercussions that reverberate in our society nearly 18 years later. September 11th is known as Patriot Day and is a national day of service. Cupid has some dating advice for a date night to mark this significant occasion.

Connect With Your Partner With This Volunteering Date Idea

The events of September 11, 2001 were undoubtedly damaging to our country in countless ways. On this day, pay homage by helping to fix some of the problems in your community. Visit your local homeless shelter or VA Hospital. Volunteer for a cause that matters to you, whether it be related to food, justice, education, the environment, or something else — as long as it's important to you. We can't change the events of past, but we can do something to better our future.

Related Link: Expert Dating Advice: 5 First Date Ideas to Get Past the Winter Blues

Take pride in your country by visiting a 9/11 or veteran's memorial. Some cities have museum exhibits, and many places host non-denominational memorial services you can attend. You can also support the troops by working with one of the many organizations that collect cards and packages to send to soldiers overseas. You may consider signing up as a volunteer for a disaster preparedness group, such as FEMA or the Red Cross. You and your partner can research and make an emergency plan together if you don't already have one.

Related Link: Expert Dating Advice: <u>Tired of Online Dating</u>

Sites? 3 Ways to Get Off As Quick As Possible

Another way to follow this dating advice is to watch a 9/11 documentary or read a book about the tragic day with your sweetheart. Two acclaimed films you can check out are *The Second Day* and *Project Rebirth*. Consider picking up a historical book about the events leading up to and including Patriot Day. If you are looking for a shorter read, check out *A Time of Gifts* by the late Stephen Jay Gould, published just days after the Twin Towers were hit.

Related Link: Date Idea: Explore Love on a Road Trip

Participating in these date idea activities with your significant other will deepen your relationship and love. Connecting over issues you both believe in will draw you together and make your partnership stronger. Seeing your partner interact with a young child, sick patient, or the elderly will give you a better understanding of their values. Before volunteering, make sure you and significant other are on the same page and have similar goals and expectations for the day.

How will you honor 9/11? Tell us below.

Date Idea: Kidnap Him!





By Emma L. Wells and Bonnie Griffin

Of course, we don't mean that you should actually kidnap your sweetheart! But a faux kidnapping surprise is a great way to spice up your relationship and love. This <u>date idea</u> is about catching him off guard and showing off your spontaneous side.

Be Romantic and Exciting With This Spontaneous Date Idea

Surprise your significant other in the morning by telling him you're kidnapping him for the day. He'll love how genuine and carefree you are. Just remember to stealthily check his schedule ahead of time and make sure that he doesn't have something important planned.

For this date idea, you should have a whole day filled with surprises for him. For starters, whisk him out of bed and take him to a big pancake breakfast for the two of you. Don't tell him ahead of time where else you're going; it's for you to know and him to find out!

Related Link: Date Idea: Mid-Year Resolutions

With this relationship advice, you'll be visiting some of your favorite past date spots. Think back on your relationship and the places you fell in love, then head out to the places that have significance for you as a couple. You can go to where you first met, where you had your first date or kiss, and where you first told each other "I love you." It will be very romantic to recall all those special moments together.

Related Link: Date Idea: One, Two, Walk in My Shoes

To make this weekend date idea even more exciting, consider adding a treasure hunt component. After you kidnap him in the morning, give him a set of clues that you and him will follow throughout the day. It's a great chance to test your riddle skills! Give the day some variety by not just visiting places but doing activities too. Stop at locations where you can do a project or play a game together.

Related Link: Relationship Advice: How to Approach Social Media Post-Breakup

This date idea is great for seeing how far you've come as a couple as well as all of the possibilities you have for the future. After your spontaneous day, have a relaxed and romantic candlelight dinner waiting at home and end this date on the right note.

What kind of spontaneous date ideas have you planned? Tell us below!

Date Idea: Back-to-School Cookout





By Emma L. Wells and Mara Miller

What's the best way to prepare for the new school year? With a party, of course! Enjoy the last few days of summer by hosting a back-to-school cookout with your beau for all your friends. Use this <u>relationship advice</u> to bring you and your significant other even closer. You don't have to be in school for this <u>date idea</u> either! Backyard barbecues are fun no matter what age you are. It's time to fire up the grill and make some ice cold drinks for everyone to enjoy.

Plan a cookout for a fun and relaxing date idea this weekend!

This weekend date idea should be casual. Set-up a buffet with a variety of picnic treats. Try branching out beyond burgers, hot dogs, and potato salad. You can make a nice grilled chicken or rack of ribs and some seasonal veggie kabobs. Don't forget the sides too! Skip the greasy potato chips and make some yummy cornbread instead. Fruit salad is a good standby, but maybe try something more adventurous like a watermelon Caprese salad. It'll have your guests coming back for seconds and thirds! For dessert, put out a sundae bar to satisfy everyone's sweet tooth.

Related Link: Date Idea: Play All Day

If you're not into doing too much work for a party, you can always plan a potluck party instead. Just ask your guests to bring a main dish, a side, a starter, or a dessert, and be surprised by the spread that comes together!

If you live in an apartment, condominium, or townhouse, don't write off this relationship advice just because you don't have a backyard. Plenty of parks have cookout areas with grills and benches that you can use. To keep things really simple, grab a few picnic blankets, a cooler, and a frisbee, and head to your local park for some nice outdoor time.

Related Link: Date Idea: Bookworms

Enjoy your last few days of freedom before the school year starts by organizing some fun games for your guests. If you have enough room, you can play touch football, kickball, or badminton. Or take some tips from your inner child and play some old school recess games like Duck Duck Goose or Red Rover. The most important thing to remember to make this date idea a success is to kick back and relax!

Follow this love advice, and you and your significant other will have a blast playing host. You'll see how well you guys mesh when working on a project. Plus, this weekend date idea is a great excuse to bring your groups of friends together. If things go well, there may be more joint parties in your future.

What are some ways you and your honey host a successful cookout? Tell us below!