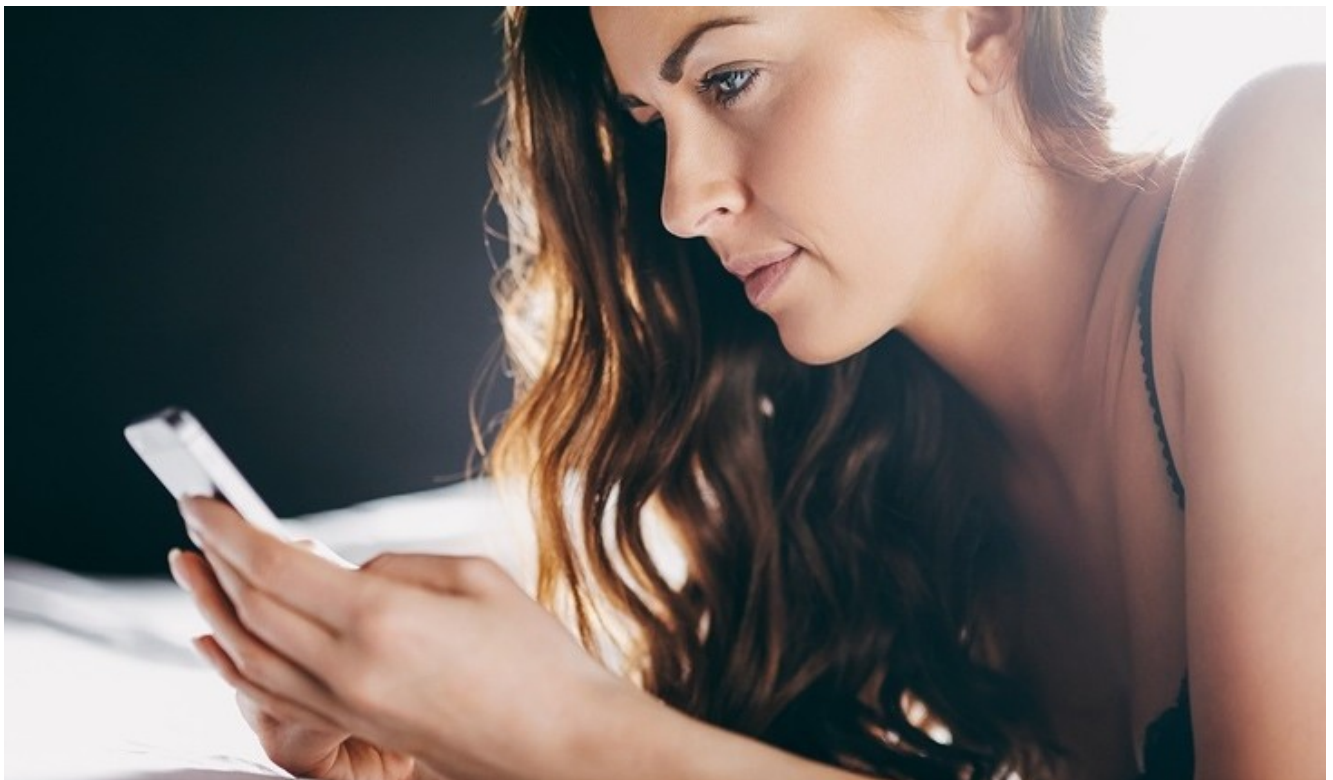


Dating Advice Q&A: How Harmless Is Sending Pictures Via Text?



Question from Carolynn R.: I've been texting this guy, and he's really nice, but he keeps asking me for pictures – not nude pictures, just pictures. It seems a bit weird to me, and I don't know if this means he's going to ask for more revealing ones in the future. Am I just being paranoid, or is this as weird as I think it is?

Keep reading to see what [dating advice](#) the relationship experts had for Carolynn!

Dating Advice: When Is It Okay To Send Pictures?

[Suzanne K. Oshima, Matchmaker](#): If you don't feel comfortable sending him photos via text, then just tell him to friend you on Facebook where there are a lot of great photos of you. If he still keeps pressuring you to send photos and he takes it one step further where he asks you to send him nude photos of yourself, then just remember you have choice. Don't let him pressure you into doing something that you don't want to do. No matter how nice he is, if he keeps up the pressure to send nude photos, my dating advice is to move on, because it's obvious he's only interested in one thing.

Related Link: [Dating Advice Q&A: How Do I Tell My Friend She Shares Too Much About Her Relationship And Love On Instagram?](#)

Paige Wyatt, Reality TV Star: When a guy asks you to send him photos of you, revealing or not, you should know that he's very interested in your looks and maybe only your looks. If a guy asks for one or two photos of you, it may be his harmless way of wanting to put a face to the person texting him. If he is constantly asking for photos of you, he may only be interested in your looks instead of forming a relationship and love. If you really like him, my relationship advice is to tell him to add you on Facebook and creep on photos there!

Related Link: [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

[Robert Manni, Guy's Guy](#): Without knowing for sure the kind of photos your guy is asking for, my guess is that he is most likely seeking provocative pics of you, not the ones you share on Facebook and Instagram. If so, you need to decide if this is something you're comfortable with. In the interim, I suggest spending more actual face time with him versus FaceTime, to get a better sense of his true character

and intentions. If he is more interested in photos of you than being with you, that, of course is a problem and reason to move on. Good luck.

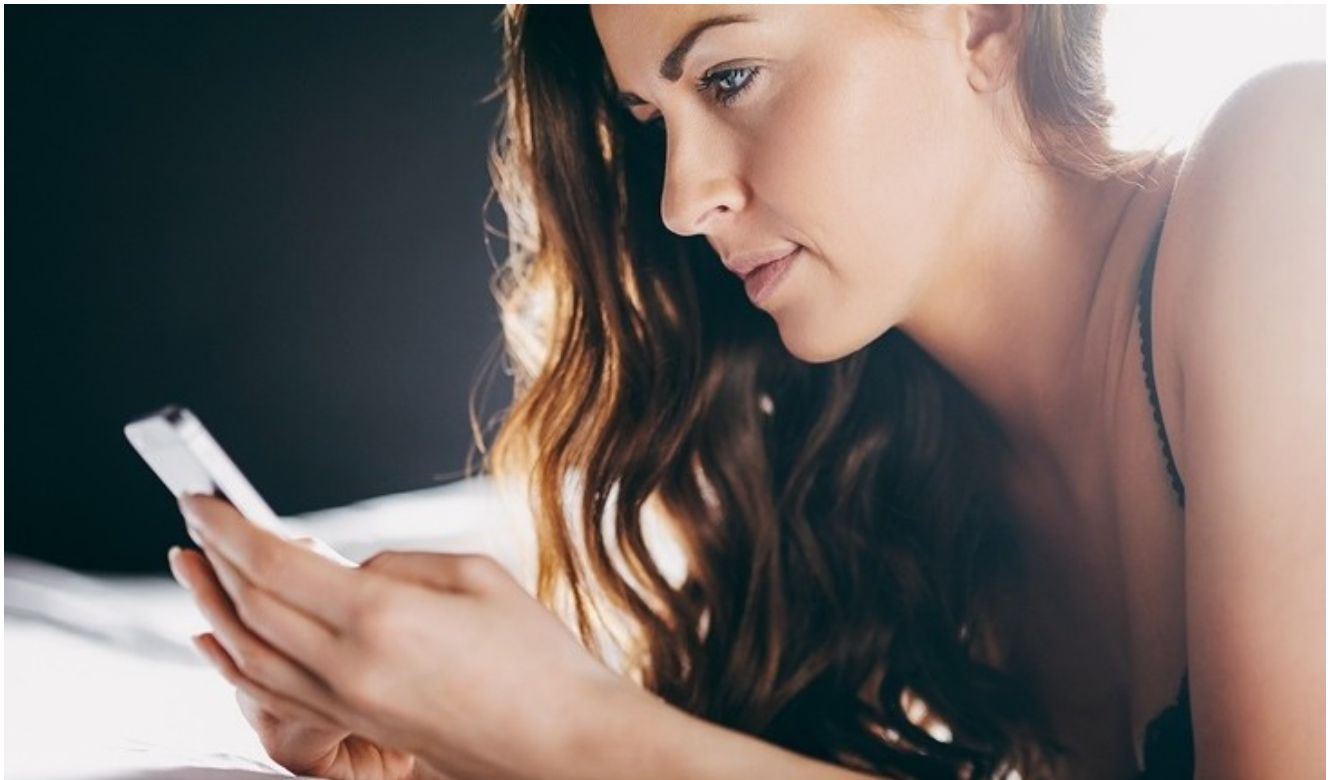
To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Do you think it's appropriate to send pictures via text? Share your dating advice with us in the comments below!

Relationship Advice: 5 Questions To Ask Yourself Before Saying "I Do"





By Amy Osmond Cook for [Divorce Support Center](#)

In light of John Legend and Chrissy Teigen's exciting pregnancy announcement, I couldn't help but take a look at when John knew he was ready to propose. In an interview with Oprah, the gushing celebrity couple gave the inside scoop on their relationship and love and John recounted exactly how he knew it was the right time to propose. Check out the [relationship advice](#) below for what questions you should ask yourself to see if you're ready for your man to put a ring on it and start a life of bliss together.

Related Link: [Celebrity Pregnancy: John Legend Says He's Always Been Attracted to Pregnant Women](#)

Dating Expert Shares Relationship Advice On What To Ask Yourself Before Saying "I Do"

1. Do you love him? First and foremost, it's important to be honest with yourself and your significant other about your

feelings in the relationship. Remember that being in love doesn't mean you think he is perfect or you never fight. It does mean you're able to talk openly with him, care about his dreams and ambitions in addition to your own, and feel a deep connection with him emotionally, mentally, physically, and intellectually.

Related Link: [Relationship Advice On Finding True Love](#)

2. Do you see yourself living with him? After the big 'I do' comes getting a new roommate! Do you know if you're compatible with your man's living habits? While a dirty sock on the floor is nothing to freak out about, it's important to notice how he treats his space. It's best to know this *before* you move in together so you can talk about living preferences and make any necessary compromises. Also remember that moving in together means you'll be seeing a lot more of each other. Are you ready to see each other everyday when you wake up and every night when you go to sleep, or does it feel too early in the relationship to take that step?

3. Do you want to spend forever with him? He may feel like the love of your life right now, but do you see him in the picture years down the road? As a dating expert, I know that growth and change are inevitable aspects of life. If you see yourself growing and changing with him, then you're headed in the right direction! It's important to talk about where you see yourselves in the future and make sure you want the same things.

Related Link: [Expert Love Advice: How To Tackle That Nagging Seven-Year Itch](#)

4. Do you want to have kids with him? Asking this question is a great way to decide whether or not you have a future together. Do you want this man to raise your sons and daughters? If you envision him by your side as you play with and teach your children, then you've got a good thing going.

5. Does it feel like the right time or do you feel pressured? In the interview with Oprah, John Legend said, “She didn’t pressure me, she didn’t say, you know, it’s time to put a ring on it...I felt like ‘it’s time for us to put a ring on it.’” It’s important that the two of you are thinking about marriage because you both *want* to get married. If one of you feels unhealthy pressure, whether it’s from you, him, or your parents, then you need to think long and hard about whether it’s something you really want.

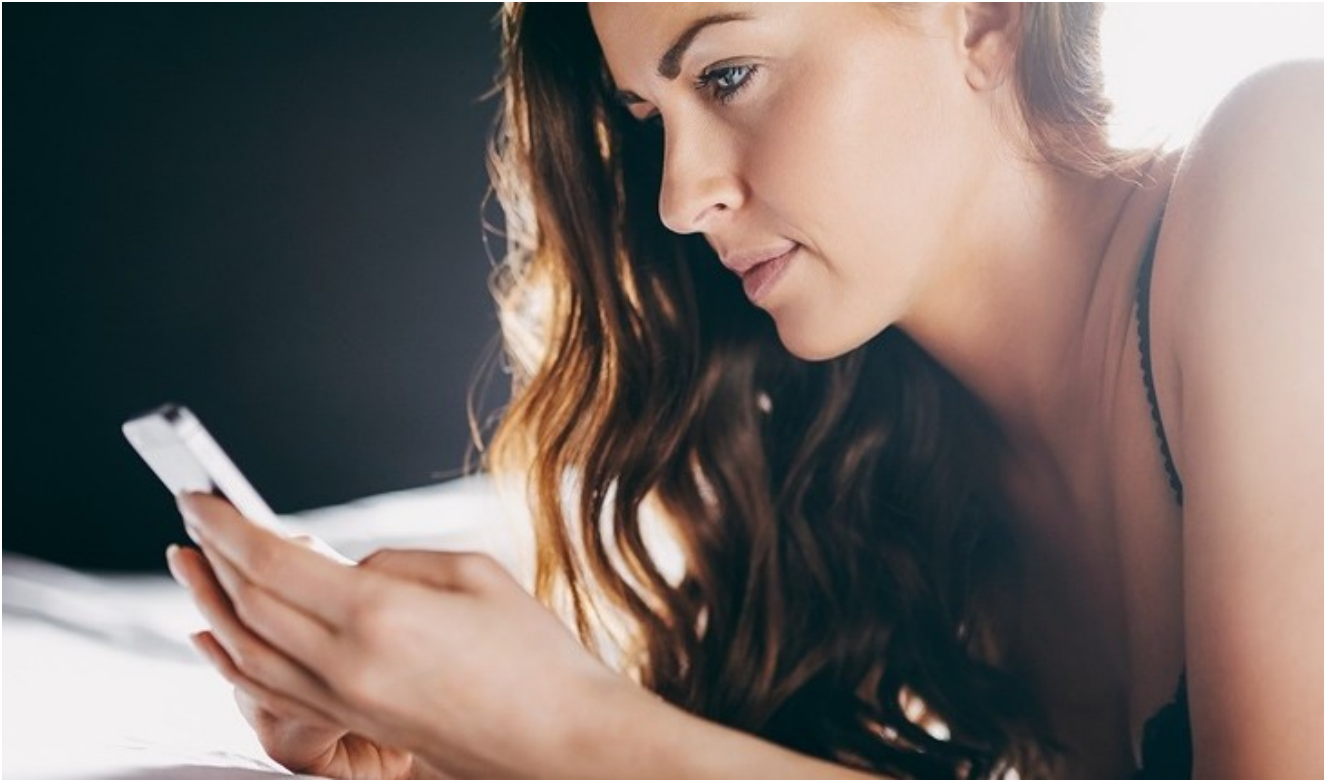
Related Link: [Relationship Advice: How Do You Know When Prince Charming Is Actually Prince Alarming?](#)

Choosing whom you marry is a big decision. It’s important to feel confident about your choice before you say yes. My relationship advice is to ask yourself these questions inspired by John Legend will help you decide whether to say yes to the love of your life or wait until you’re more sure of your feelings.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Celebrity Couple Blake Shelton & Gwen Stefani Crack Each Other Up While Driving





By Katie Gray

In latest [celebrity news](#), [celebrity couple](#) Blake Shelton and Gwen Stefani sure seem to make each other laugh! The pretty performers had their photo captured while they were driving and cracking up. According to [UsMagazine.com](#), the singers have been inseparable since November when they went public with their romance. These musicians also co-host NBC's *The Voice* together. The new relationship likes to keep things happy and funny!

Laughter is so important to this celebrity couple! What are some cute ways to make your partner laugh?

Cupid's Advice:

Laughing is the key to happiness. Plus, as Audrey Hepburn said, "Laughing is the best calorie burner!" One of the most

important components of a relationship is making one another laugh. Cupid has some tips on how to make your partner laugh:

1. Tell a joke: It may be a cliché, but telling a joke is a way to get a person to laugh, even if the joke isn't funny. Telling your partner a joke is sure to lighten up their day and make them laugh. Even if it's something silly such as: "What's a bear without teeth? A gummy bear!" Ha-ha. There is humor in everything.

Related Link: [New Celebrity Couple? Selena Gomez & Niall Horan Stoke Romance Rumors With Another Night Out](#)

2. Go on an adventure: A great road to laughter is on the road. Adventure is out there and with it comes fun times. Take a trip with your partner, and no doubt funny things are bound to happen. Spending quality time with your partner is the best way to bond and grow closer together as well.

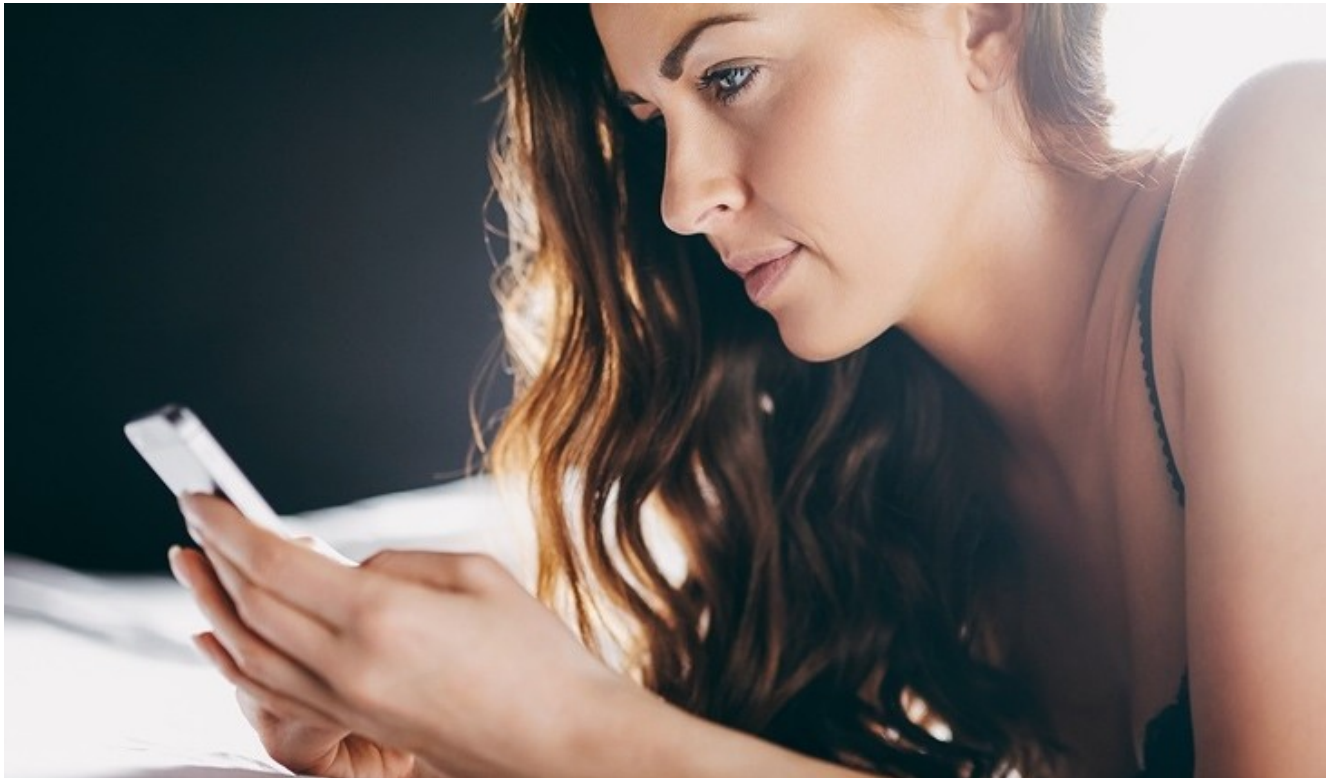
Related Link: [New Celebrity Couple Alert! Gigi Hadid & Zayn Malik Are Dating](#)

3. Be yourself: It may seem obvious, but just be yourself. There are qualities about you and your personality that will make your partner smile and laugh without you even having to try to make it happen. It will just come naturally.

What are some things you have done to make your partner laugh?

Celebrity Interview: 'Fuller House' Actress Lori Loughlin

Talks About the Holidays & Her 'Tight Knit Family'



Interview by [Lori Bizzoco](#). Written by [Whitney Johnson](#).

Of all the roles she's played, Lori Loughlin is most proud of the one she takes on at home: that of wife and mother. Of course, it's not always easy to balance her busy career with her family life. "One day at a time – you do the best you can," she candidly shares in our [celebrity interview](#). "Some things fall through the cracks, but you know, I have a wonderful husband, and he's always on board... Somehow, we make it work."

"We're a tight knit family," she adds of husband Mossimo Giannulli, daughters Olivia and Isabella, and stepson Gianni.

Related Link: [‘Full House’ Actress Candace Cameron Bure Talks Motherhood](#)

Now that her girls are older, the family dynamic has changed. “That’s a whole new chapter – teenage daughters,” Loughlin says with a laugh. “It’s great. For the most part, my girls are really good girls.”

Sharing a piece of parenting advice, she encourages you to always communicate with your kids, saying, “I think it’s important to keep talking to teenagers, and somewhere in there, it’ll sink in.”

On Friday date nights, the celebrity couple, who has been married for 18 years, likes to keep things simple, often eating at restaurants close to home. “It’s so funny: You can be married and live in the same house with somebody, but life can be so busy that you feel like you don’t get to have a conversation with that person,” the actress shares. “It’s important to take the time to stop, sit down, have a meal together, and have a conversation – keep communicating.”

Lori Loughlin Shares Her Best Tips for Holiday Gift Giving in Celebrity Interview

This holiday season, the actress is teaming up with Walgreens to help you check everyone off of your gift-giving list. “It’s one of my favorite places to shop. They’re doing incredible gifts this season, just thoughtful gifts that will bring unexpected joy to a lot of people in your life,” she explains in our celebrity interview. “It’s one-stop shopping.” She particularly likes the customizable photo gift options, including ornaments and coffee mugs.

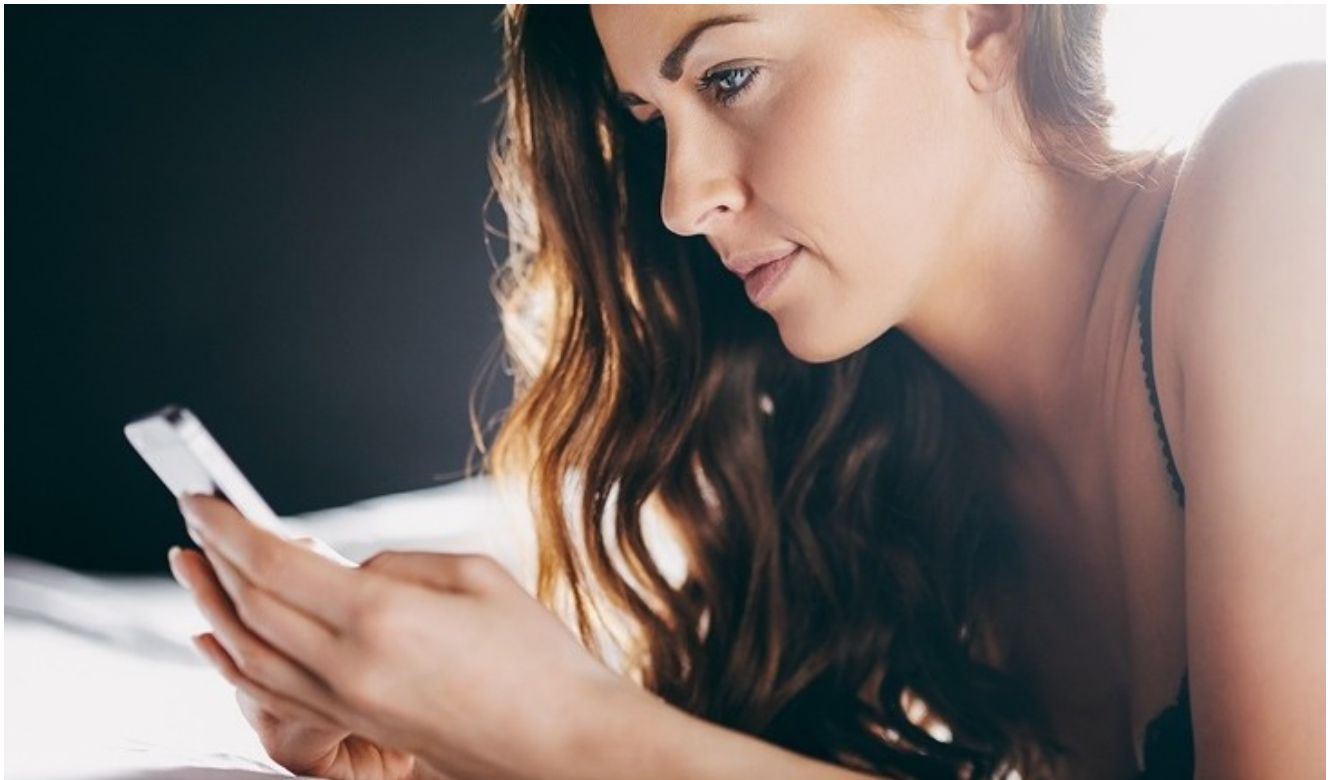
Related Link: [Celebrity Interview: Candace Cameron Bure Says “Dance Parties” Are Her Favorite Family Activity](#)

Fans went crazy when the *Full House* revival *Fuller House* was announced earlier this year. The 13-episode series, which will premiere on Netflix in spring 2016, wouldn't be complete without an appearance from Aunt Becky. "We already shot it, and we had the best time," Loughlin shares.

You can keep up with Loughlin on Twitter @LoriLoughlin and www.facebook.com/loriloughlin. Check out Walgreens.com for all of your gift-giving needs!

Relationship Advice: Stay "Kaptured" In Your Partners Arms With Kapture Audio





This post is sponsored by Kapture.

By Myesha Cobb

With the holiday season in full swing, it's easy to have a family meltdown or a fight with your significant other. According to Mathew Dooley, co-founder of [Kapture](#), an audio-recording wristband that allows you to save and share moments in your life, the root cause of these fights is that people aren't listening. The technology of Kapture Audio allows you to "capture" the last 60 seconds of audio around you from the sleek wrist band design and allows you to save and send it to your smartphone. Once you hear something worth remembering – a great joke, a brilliant quote, or even a verbal contract – you can tap the watch in order to "capture" and it saves the audio from the last 60 seconds and stores it to your smartphone. You can also share, edit and publish the clips with the Kapture App. This technology can even save your relationship and love. Its inherent [relationship advice](#) is to become a better listener and a better partner this holiday season.

Relationship Advice On Kapture The Moments That Count

With Kapture, you and your partner will enjoy how easy it is to make memories that will last a lifetime! The wrist band has an all day battery life for those of you who are always on the go. It is iOS and Android compatible, has Bluetooth connectivity, an omni-directional mic, vibration and LED notifications and more. The wrist band also has a variety of color options to choose from. You can choose a color for the wrist band as well as a separate color for the grill. Our date idea is to wear the Kapture wrist band on your next night out. It's definitely a must-have for those couples on the go.

Related Link: [Date Idea Amuse Your Date With Music and Games](#)

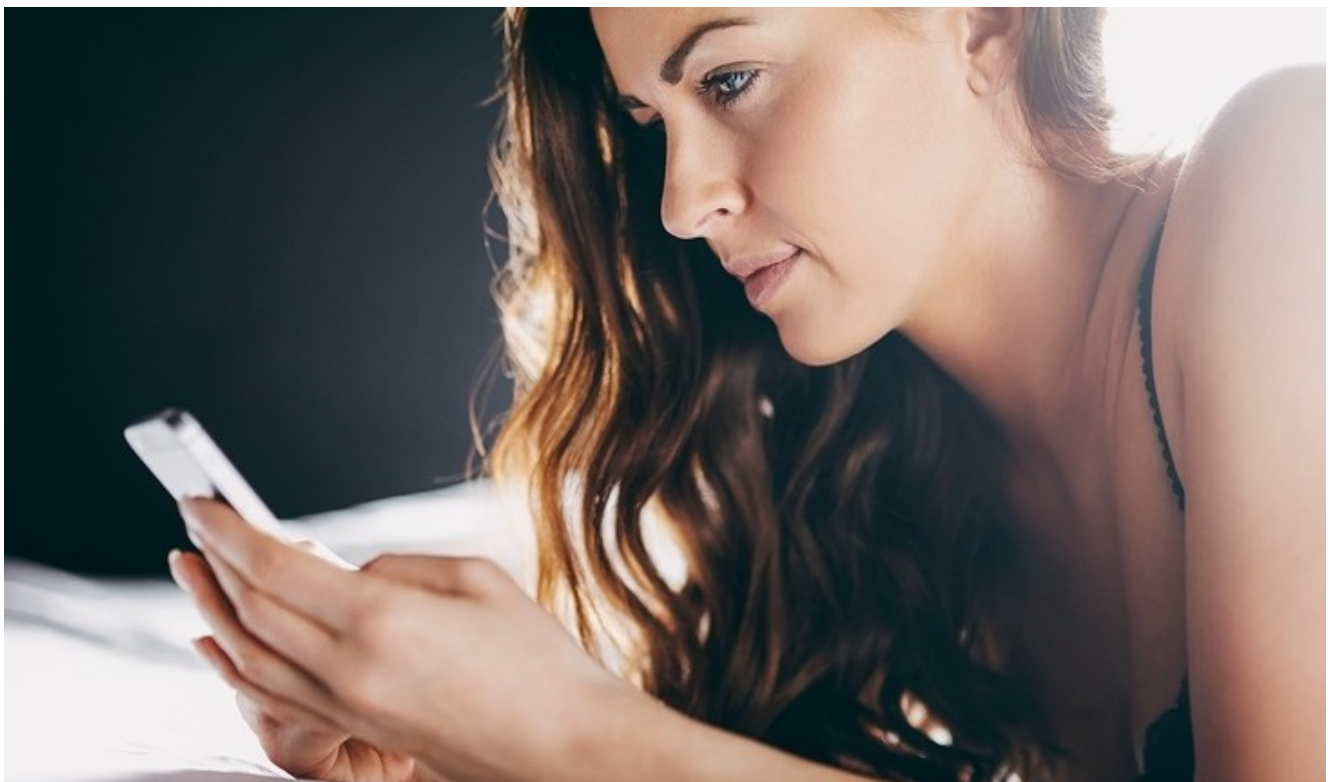
Creators Mike and Matt believe that this will enhance moments and the relationships and love that matter in our lives. Our relationship advice is to use this technology to bond with your partner. Kapture says "I'm listening." Whether you're both in a coffee shop, walking down the street together, on vacation, or even hear a song that you both take interest to. This wrist band is more than just technology. It is something that you and your partner can create memories with as well as a hot playlist!

Related Link: [Date Idea: Make The Perfect Playlist](#)

Since the holidays are here, our love advice is to give this gift to your partner. This is something else to add to the list of things to do to keep your relationship interesting. It is going to add to the memories and fun outings between you and your honey!

For more information check out [Kapture](#).

Relationship Advice From 'The Best Party of Our Lives' Author Sarah Galvin: "Love is the Same for Everybody"



Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

Same-sex marriage was legalized in June, marking 2015 as a big year for the LGBT community. *The Three Einstein's* author and writer for *The Stranger* newspaper, Sarah Galvin, just finished her latest book *The Best Part of Our Lives: Stories of Gay Weddings and True Love to Inspire Us All* which was released on

Dec. 15. The book is a collection of true stories about gay weddings and relationships and love, which demonstrates how LGBT couples have overcome cultural, societal, and personal obstacles. Each chapter follows a different couple's journey from engagements, to tying the knot, to honeymoons, and more. The book offers a different perspective of marriage, offering insight on different wedding traditions the gay community has made on their own, and reminds readers about the significance of such public celebrations of love. In our exclusive interview with the author, Galvin doesn't only share her [relationship advice](#), but also talks about her experience of figuring out her own sexuality and gender identity.

Author Shares Relationship Advice and Experience with Love

What inspired you to write *The Best Party of Our Lives*, and what messages do you hope readers take from it?

I had been writing this wedding column for *The Stranger* newspaper and it gave me a different look at weddings that I've never had before. I really got inspired from that. I hope what really resonates with readers is the celebration of same-sex marriage becoming legal and what a huge moment that was in history. Also, it doesn't matter who you are, love is the same for everybody.

Related Link: [Lena Dunham Puts Off Celebrity Wedding in Support of Marriage Equality](#)

Which love story really stood out to you or was your favorite to explore and why?

There was a couple Jim and Sterling who had been together for 50 years before they got married. They were both middle school teachers and taught at the same school for about 20 years. They had a lot of crazy stories. At one point they decided to

breed Arabian horses together, but nobody would buy them, so they just lived on a farm with horses and a bunch of chickens. In my eyes they have the ideal relationship. They have been through so much together. They had been together in the 60's, but during that time they had to hide so much. The story of their wedding, having all these people to come together to finally celebrate something they had to hide for so long, I just thought was very moving.

What was your biggest struggle in figuring out your own sexuality/gender identity/coming out?

I guess just the fact that I turned out to be very complicated. It wasn't just that I was gay, I'm also gender-queer as well. At first I was just like a lot of other kids and thought "oh I'm just gay." But then I found out my gender was much more complicated. Honestly being gay is one of the least interesting aspects of sexuality. It turns out to not be very vanilla, so that's a whole other thing to figure out.

What relationship advice would you give someone confused about his or her sexuality or gender?

Well everyone is, so try not to feel too stressed about it. Gender is not a binary. I think that's something that people really tend to get stressed out over because they realize they don't fit into one of those two categories and the truth is most people don't fit into them. Trying to figure out who you are is something that takes your whole life. As far as sexuality is concerned, I think that is cumulatively evolving for most people. I would say don't think you have to figure out everything at once. Just live your life and try to focus on what makes you comfortable and what makes you happy.

Related Link: [Matt Bomer Reveals He Married Partner Simon Halls 3 Years Ago](#)

Your unique style and confidence is your staple. How have you become so comfortable in your own skin and what advice would

you give someone struggling with that?

I have my parents to thank for that to some degree. They have been very accepting and cultivated confidence in me. They're very non-judgmental people. You also need to have a certain degree of confidence to be a good artist. You have to have conviction to invest a certain amount of energy in what you're doing. Like stage presence for example, no one wants to see a performer stumbling around on stage afraid of who they are and afraid of the audience. If you're performing and you screw up, just keep dancing. You look better failing spectacularly than making it obvious that you're afraid of what you're doing.

Being confident in yourself is an important part of any relationship. What else would you say is an important aspect in a romantic relationship?

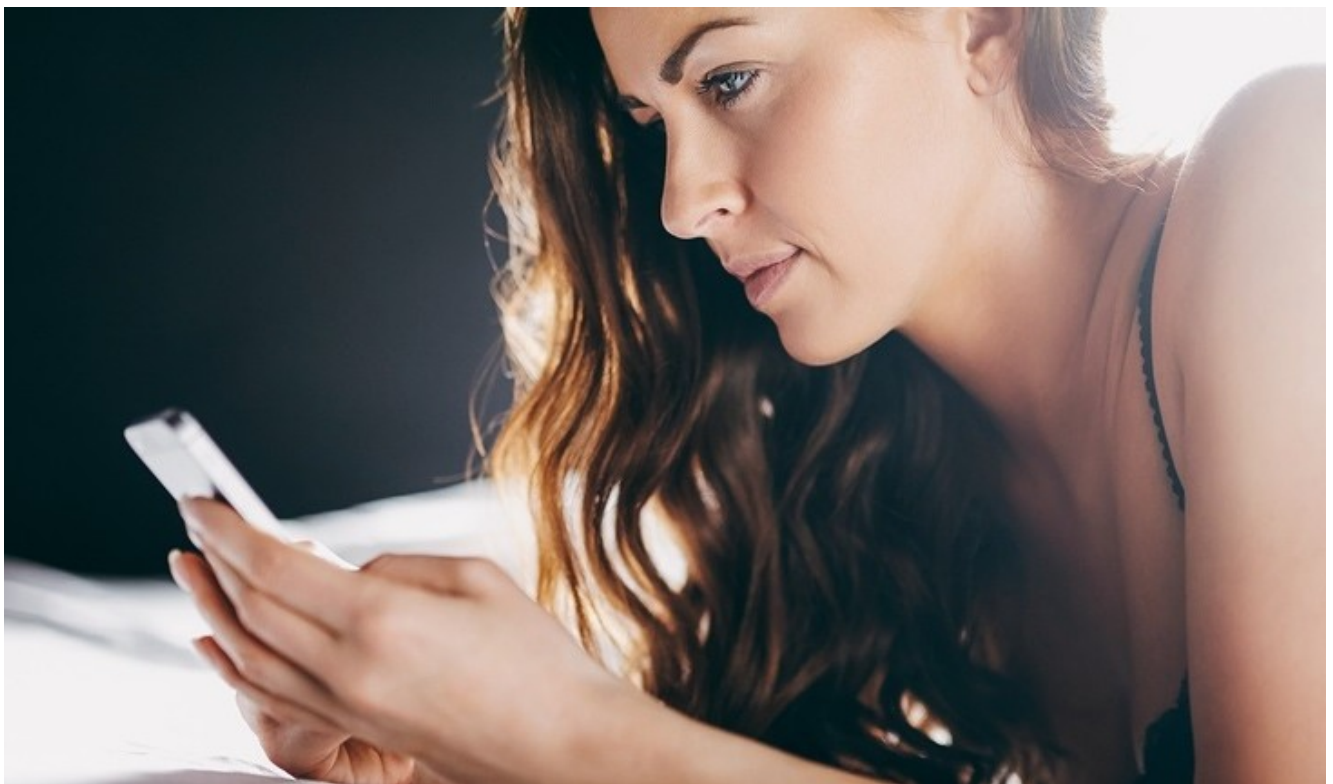
Confidence helps for a variety of reasons, but I'd say the most important dating advice is that you make sure you treat yourself conditionally. You could pretty much tell by a person's behavior towards other people the way they treat themselves. My love advice is that you have to learn how to be a good partner to yourself before you could be one to other people.

Do you have any upcoming projects that you'd like to share with our readers?

I am working on a new poetry book. I started writing it over the summer. It's going to be a mixture of different types of poems. That's one of the reasons I like poetry so much, when I sit down to start to write, I never know what I'm going to write about, it's a series of surprises.

You can learn more about purchasing Sarah Galvin's new book The Best Party Of Our Lives from Amazon. If you're looking for more on Sarah Galvin, check out her articles for The Stranger.

Expert Dating Advice: How Do I Know If a Guy is Into Me?



By [Jared Sais](#)

"I found out that a guy liked me, and I liked him too. I tried to talk to him more and set up a casual date, but he stopped responding. What gives?"

As a relationship expert, I hear about this story happening a lot. It's like the person just vanishes. You thought they liked you back. You were talking a lot, and then suddenly, you never hear back from them. This phenomenon is called "ghosting," and the idea behind it is simple: It's easier to

ignore the situation instead of facing it head on.

Related Link: [Expert Love Advice: 10 Signs He's Just Not That Into You](#)

Relationship Expert Shares His Thoughts on “Ghosting”

People ghost as a way to say they're not interested in you. It sucks, I know. It hurts, and you're left with a bad taste in your mouth. Things may even feel unresolved. I hope you take comfort in the fact you're not alone. People everywhere are wondering the same question. What the heck is going on?

Ghosting is the new way of saying, “It's not you; it's me.” Technology has been integrated into the dating world and the process of forming new relationships and love. Ghosting is how people are using (or not using) it to end their partnerships.

As part of my expert [dating advice](#), I've said before that people don't have the same social skills they used to. They text instead of talking face-to-face. I remember when texting was considered the “cheap way” to break-up with someone. Back then, someone would be so offended if you called it quits via text! Now it's standard, and ghosting is becoming less and less taboo.

So if the person just vanishes into the night with no response, chances are he's ghosting you and isn't interested in continuing what you already started. But why, right? You want answers!

Related Link: [Relationship Expert Talks About What's Wrong with Men in the Dating World](#)

The first thing that comes to mind is that they might have been dating other people at the same time and felt they had

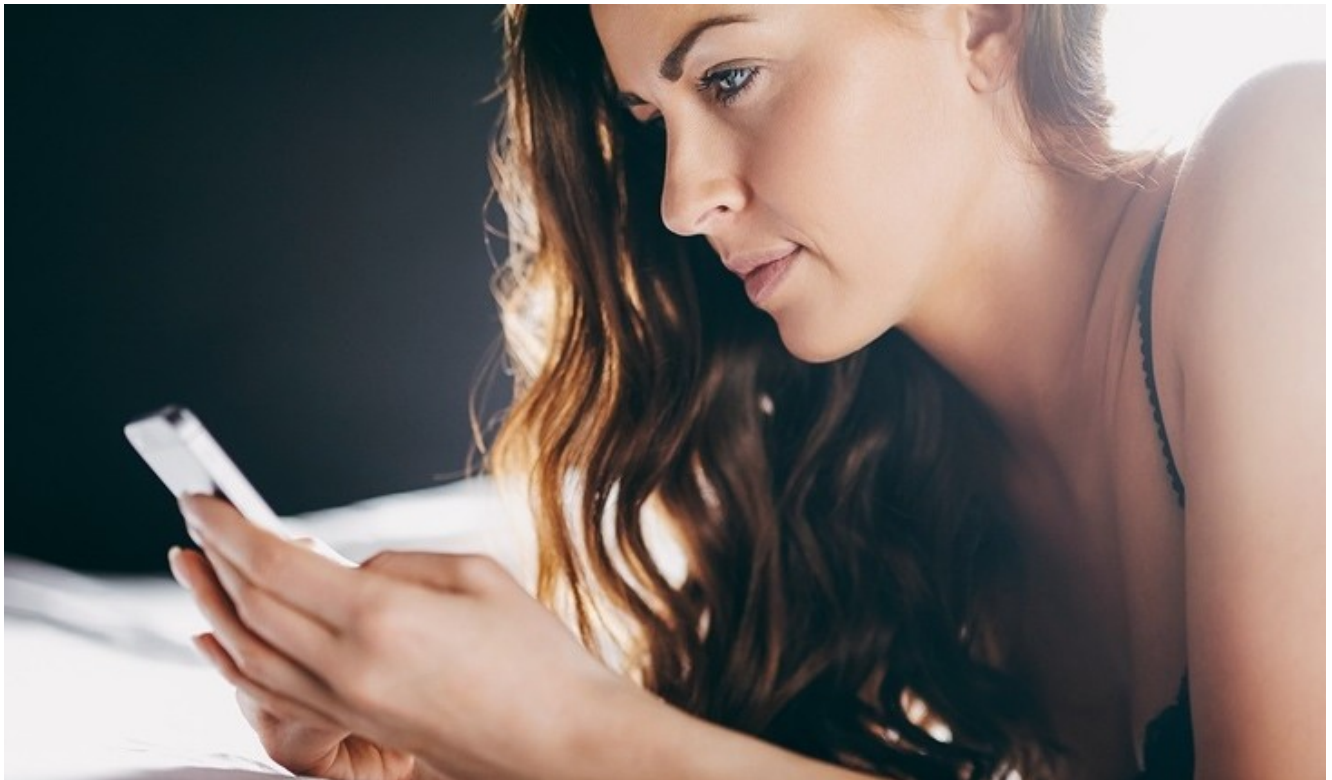
more in common with the other person. A second possibility is that, while they aren't seeing someone else, they didn't feel that chemistry with you, causing them to ghost you. A third option – one that's very cliché but could be true – is that they're a workaholic and simply don't have time for a relationship. Regardless of why, they're ignoring you instead of being an adult about things and just talking to you.

Here's what you need to remember: If someone is truly interested in you, they'll want to see you, talk to you, and spend time with you. That's how you should be treated: with kindness and respect. How someone starts or ends a relationship shows a lot about their character. If someone is ghosting you, they probably aren't ready for anything serious. It's time to move on!

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a relationship expert in non-verbal communication, who specializes in dating advice about body language, micro-expressions, and lie deception.

Dating Advice for Women: Get Out of Your Dating Rut & Find the Right Man





On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to relationship expert Marni Battista about how to get out of your dating rut and meet someone special.

Related Link: [How to Communicate to Get What You Need](#)

Follow This Dating Advice to Find the Right Man

The relationship experts believe that, if the same thing keeps happening in your search for a relationship and love, you need to look inward and make some changes. They discuss their best [dating advice](#) to help you do a dating cleanse and stop repeating the same negative patterns. Plus, they share how staying in your comfort zone can keep you single, why you need to go on at least three dates with someone before making a decision about them, and what the biggest turn-off is for men on a first date.

Related Link: [Get Back in the Dating Game This New Year](#)

Watch the video above for more great dating advice!

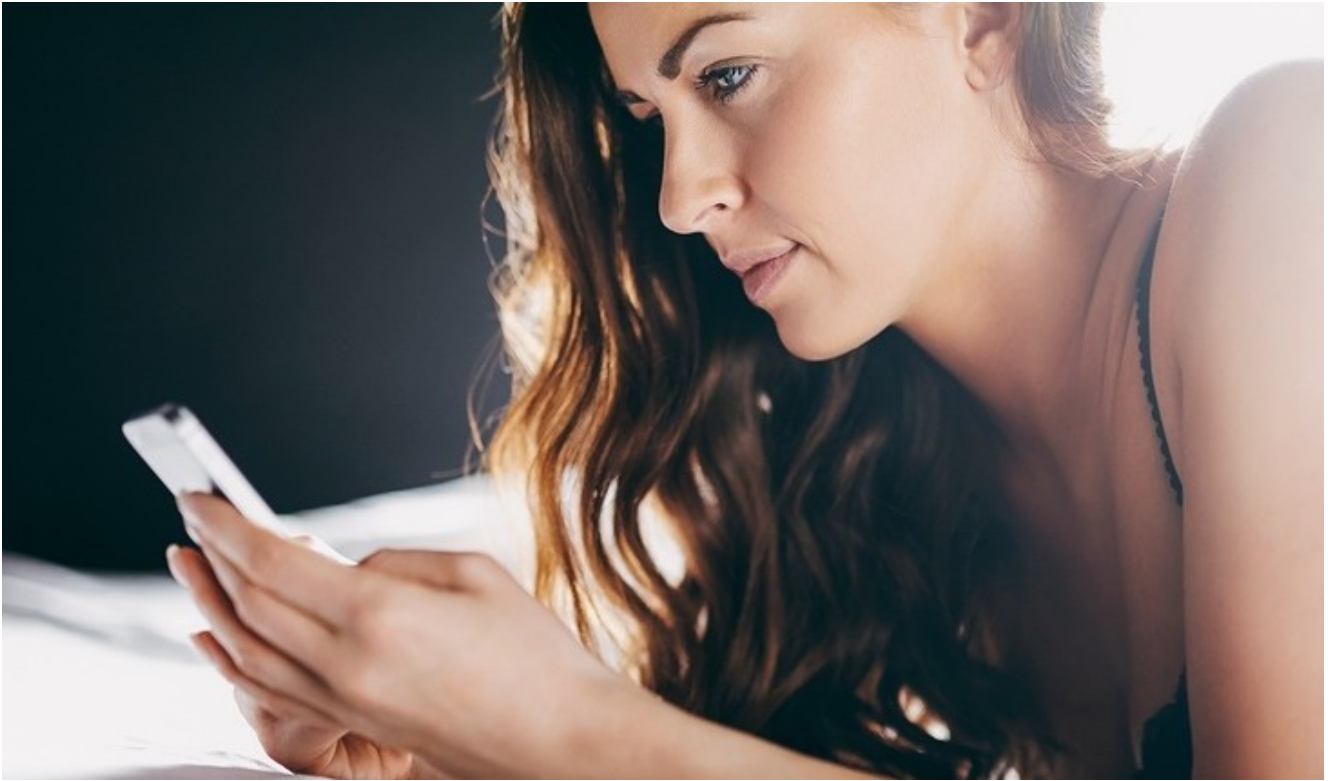
For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What is your best love advice to get out of a dating rut? Tell us in the comments below!

Celebrity Couple Sean Lowe and Catherine Giudici Join Cast of 'Marriage Boot Camp: Reality Stars'





By Katie Gray

In the latest [celebrity news](#), [celebrity couple](#) Sean Lowe and Catherine Giudici have joined the latest cast of *Marriage Boot Camp*. The pair is taking the step to make things better in their relationship! According to [People.com](#), they do not always agree on everything and this is evident in the exclusive sneak peek of the series. Fans of *The Bachelor* fell in love with Sean and Catherine, and now they will get to see them work through their issues to make things better for themselves!

This celebrity couple has their share of problems. What are some things to try if you find yourself fighting with your partner a lot?

Cupid's Advice:

Every relationship has its problems, and nobody is perfect.

There's a fine line between having normal fights and disagreements, and arguing all the time. If you are fighting with your partner more than not, that is a big problem. You should be enjoying your time with them for the majority of the time. Cupid has some [relationship advice](#):

1. Talk it out: Whenever you are having a disagreement or an argument with your partner, make sure you talk it out. Never go to bed angry, because you don't want anger and resentment to build up. It's best to resolve the issue early on. The fight is likely due to miscommunication, so talk it out with your spouse or partner!

Related Link: [Are Former Celebrity Couple Kourtney Kardashian & Scott Disick Back Together?](#)

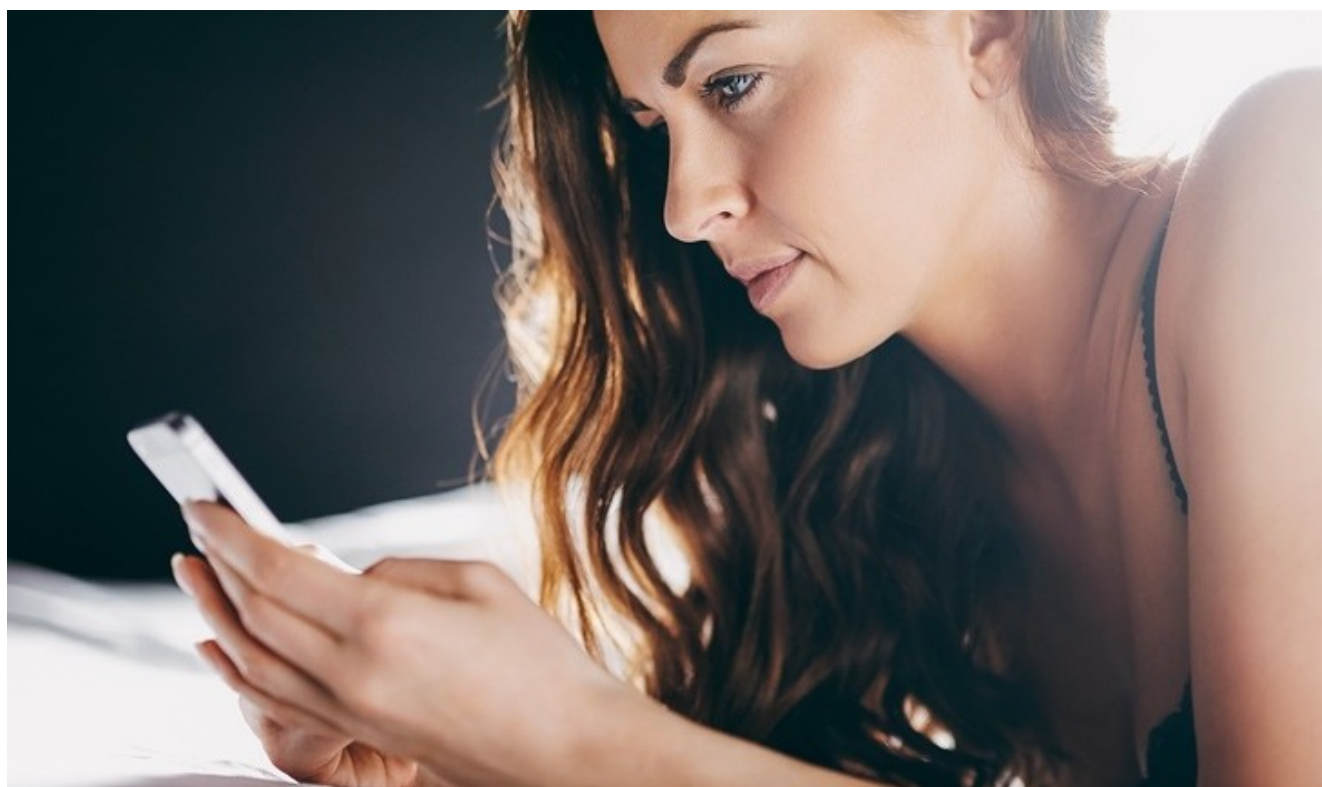
2. Space: Everybody needs their own space sometimes. When you are having frequent fights with your partner, it's likely that you just need a little space. This doesn't necessarily mean space for long periods of times; just take a moment to relax and collect your thoughts. We all get stressed, overtired and burnt out from our busy lives. Take a second to catch your breath, and let the fight blow over. Reconnect once you have started to feel better!

Related Link: [Celebrity News: Will Smith Says Cheating Ex-GF Inspired Him To Become Famous](#)

3. Write this down: If you would rather not go to couples' therapy, why not take matters into your own hands? Jot down in a notebook the feelings that you have for your spouse as well as all of the things you love about them. Once things are spelled out – you will remember why you fell in love with them in the first place. Share your thoughts with each other afterward to rekindle the feelings.

What are some things you have tried when you were fighting with your partner a lot? Share your stories below.

Celebrity News: Charlie Sheen Fires Back After Brett Rossi's Shocking Lawsuit



By Katie Gray

In the latest [celebrity news](#), Charlie Sheen has fired back after his celebrity ex Brett Rossi filed a heated lawsuit. The actor has a celebrity dating history that includes Denise Richards, and he was engaged to Brett Rossi recently as well. According to [UsMagazine.com](#), Rossi is suing Sheen for assault and battery, emotional distress, false imprisonment and negligence. It seems all isn't fair when it comes to this

former [celebrity couple](#)'s relationship.

This celebrity news just keeps getting more drama-filled by the minute. What are some ways to stay out of drama with your ex-partner?

Cupid's Advice:

When it comes to love, it isn't always simple, especially post-split. However; there are ways to keep drama at bay and maintain a positive life with no negative vibes. Cupid has some tips on how to refrain from getting involved in drama with your ex-partner:

1. Don't entertain it: Although situations are complicated and it may be difficult to bite your tongue, don't bother engaging your ex-partner when it comes to drama. That is what they likely want, so take the high road!

Related Link: [Celebrity Divorce: Miranda Lambert Says There 'Ain't a Side' to Pick](#)

2. Remove yourself: You don't need that kind of negativity in your life! It's best to remove yourself from the situation and environment, if it involves drama. Nobody has time for drama in their lives, including you, as it will only bring your mood and energy down. Instead, seek out things that are uplifting!

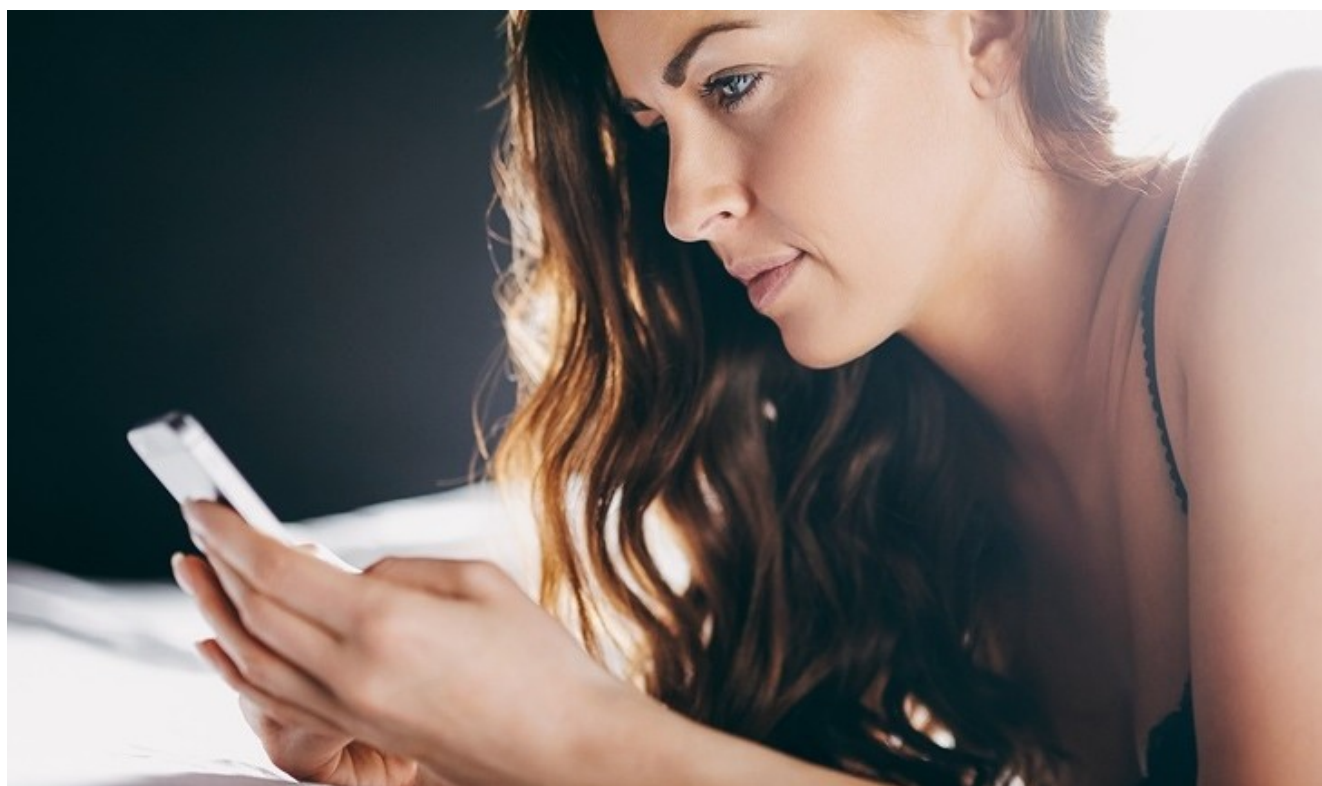
Related Link: [Celebrity Divorce: Yolanda Foster & David Foster Announce Split](#)

3. Focus on yourself solely: Just do you! Sometimes it's hard not to stress about certain situations, but when you turn your attention to something else, it will help distract you. Take this opportunity to focus on bettering yourself, your life,

your career and your future!

How have you stayed out of drama with your ex-partner? Comment below.

Expert Dating Advice: How to Rebound from a Solo Holiday Season



By Debbie Ceresa for [Divorce Support Center](#)

Does Christmas have you singing the blues? The holidays are supposed to be about good times with family, friends, and

traditions. Yet, many of us dredge up old feelings from divorce, job loss, money, or even the death of a beloved pet. December has more stimuli than other times of the year, sparking memories that are both happy and sad. The many holiday sounds, traditions, and smells take us down memory lane, but often that road runs two ways, lined with both cherished and painful memories of what once was part of our lives.

Dating Advice for Rebounding From a Solo Holiday Season

While the sparkling lights, decorations, and songs may leave you with an emptiness that magnifies your new single status, here are three pieces of expert [dating advice](#) to help you avoid an unhealthy rebound relationship and love and bring the ring back into the holidays and throughout the coming New Year.

Related Link: [Moving On After a Divorce](#)

1. Follow your heart: We all need a connection with someone. However, before beginning a new relationship, make sure your heart is telling you it's right. If you can't fully commit emotionally to moving forward, you may still be grieving over a previous loss. Resolving feelings following a failed partnership or divorce takes time.

Instead of getting involved with someone, step back and evaluate your unresolved grief. Many of us don't give ourselves credit when it comes to our instincts. The pain of loss is sharp and lingering, but awareness of your feelings can help you avoid a rebound relationship that will surely complicate your ability to move forward and hurt the other person involved.

2. Take your life on a vacation: That's right. Take a

vacation. Instead of thinking and rethinking your new marital status, start planning a life vacation. Think about how motivated you are while planning a trip! Most of us have so many tasks to get done before leaving, so try looking at your life this way.

Social psychologist Erica B. Slotter, Ph.D. calls it looking for the silver lining. "Focus on the good things that may come out of the end of your relationship and love. Perhaps now you feel you can cook foods your partner never liked or finally take that pottery class," she writes in the article, "3 Ways to Take Care of Yourself After a Breakup." "Maybe you can simply feel grateful that a painful relationship is over, and in the future, look for a better one."

Focus on a to-do list of how you can improve your situation, however small or large, and write it down. Look at your list daily, and promise to check off one item each day. Channel thoughts from past trips that improved your well-being and feel confident about taking this emotional vacation.

Related Link: [Dating Advice: Create the Person You Want to Be](#)

3. Love yourself: You are a wonderful human being! Take a few minutes every day to remind yourself of the many good things you've done in your life. "When relationships end, people tend to be very hard on themselves," writes Slotter. "Stop it. Self-compassion involves viewing yourself with kindness and acceptance, not being overly focused or identified with negative emotions, and acknowledging that many others in the world have likely been where you are now at some point in their lives."

If you want to listen to my expert dating advice, you should add meditation to your to-do list. It works wonders for your well-being. Along with meditation, a great daily exercise is to tell yourself you're a good person and deserve to be happy. Think about the many things that would make you feel whole

again and concentrate on the positive.

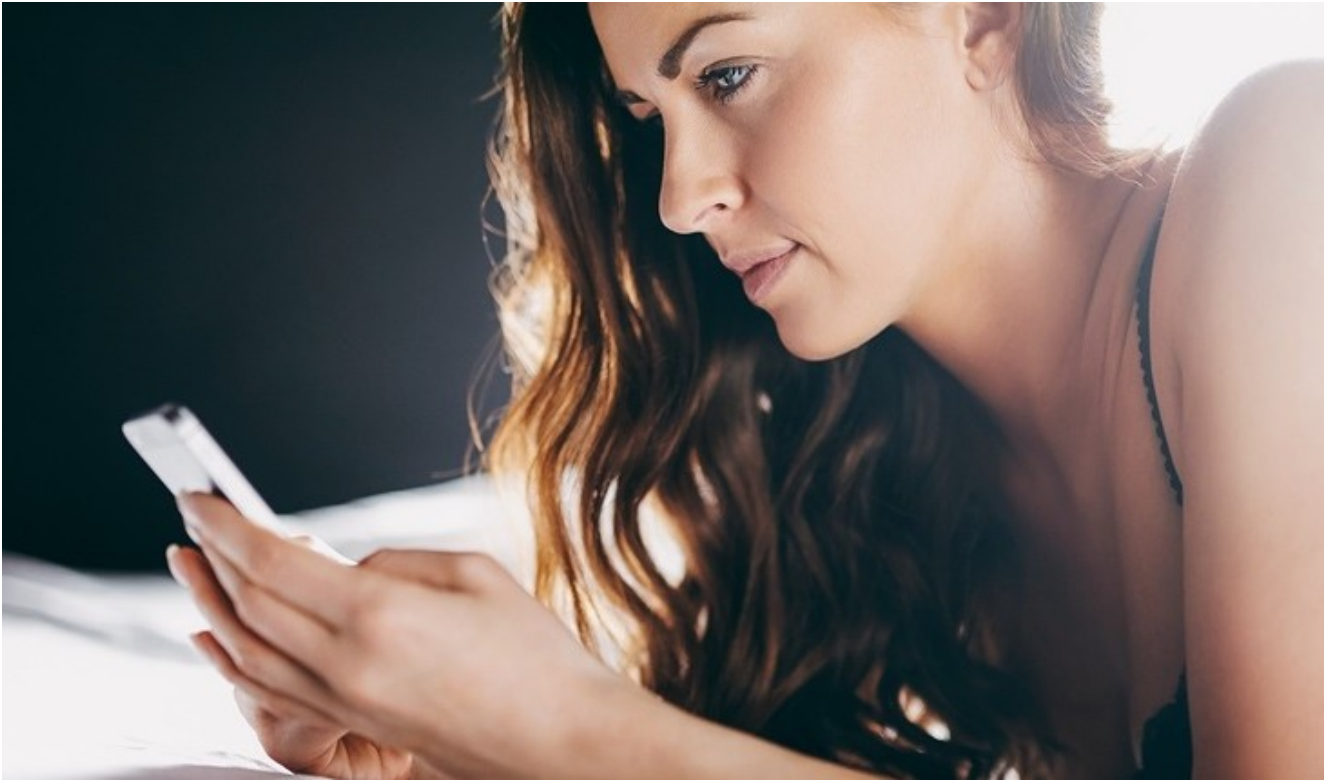
By following your heart, using personal accomplishment and growth to help heal, and remembering to love ourselves, we can all have beautiful views in our lives, one needs only to step back and look.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Divorce Support Center relationship experts, click [here](#).

**Find Your 'Clutch':
Relationship Advice from
Author Lisa Becker**





By Samantha Vlahos

Being a single gal gets difficult from time to time. There are only so many failed date ideas one can endure before wanting to give up on the idea of finding the one. Lisa Becker's hit new romance chick lit, titled *clutch: a novel*, follows protagonist Caroline Johnson as she endures many dating misadventures. The single purse designer compares her unsuccessful relationships and love to different styles of handbags, and with her best friend by her side, she wears her heart on her sleeve and continues to search for her "clutch," that special someone that she wants to hang onto.

In our exclusive author interview, the dating expert gives us a glimpse behind the evolution of *clutch* and reveals her best [relationship advice](#) about online dating and having the courage to find true love. And the best part? If you're still searching for the perfect gift this holiday season, the Takashi bag by Harper Avenue is a must-have holiday item. Use the discount code below for 20 percent off!



The Takashi bag by Harper Avenue.

Relationship Advice to Help You Find Your Clutch

We're so excited to read your fourth book *clutch: a novel*! What inspired you to write about Caroline and her dating misadventures?

I'm a sucker for a good love story and enjoy creating fun and engaging tales that are filled with lots of heart and humor.

Why did you decide to compare men to handbags?

When I was writing the *Click* trilogy, (*Click: An Online Love Story*, *Double Click*, and *Right Click*), I was obsessed with *NCIS* re-runs and would have the show on in the background as I wrote. There was an episode when one of the characters mentioned that men were like purses: something useless to hang on a woman's arm. I started thinking about that, and the idea grew from there. I believe that everyone deserves a happily ever after and would like to think there's a "clutch," or someone worth holding onto, out there for everyone.

Related Link: [Clicking to Find Love](#)

What surprising revelations about love does Caroline learn throughout the novel?

Throughout her handbag-themed journey to find her “clutch,” Caroline learns a few important lessons. Most notably, she realizes that being able to talk honestly with your partner is the cornerstone of a solid relationship. Also, there’s never anything wrong with being with someone that makes you happy.

What is the main message that you hope readers take away from your book?

Sometimes, the love you want, deserve, and need is right there in front of you all along. You just need to be open to it.

You’ve been married for over 10 years. How does that influence or help shape your writing?

I never thought I would get married, so some days, I still pinch myself that I’ve got a loving, hilarious, and intelligent husband. Writing these books reminds me of how lucky I am to have met him.

What suggestions do you have for women who repeatedly find themselves on unsuccessful dates or are searching for the courage to find love?

In the modern classic film, *The Shawshank Redemption*, Tim Robbins’ character, Andy Dufresne, says, “Get busy living or get busy dying.” That quote comes to mind when I think about searching for the “clutch.” If you feel like it’s not going to happen, then my relationship advice is to just give up. You heard me. GIVE UP! Surrender to that notion that you’ll end up alone. If that’s truly the case, do you want to spend the next 30, 40, or even 50-plus years wallowing in misery? Sitting around and lamenting your singleness? Or are you going to get busy living? Buy your own home. Travel to all of the places

you want to visit. Adopt a child. Write that novel. Engage in hobbies and activities that bring you joy.

Chances are, when you start focusing on *what* will make you happy – not *who* will make you happy – you *WILL* be happy. Happiness is evident and infectious. Happiness makes you more interesting and more attractive to someone else. And when that happens, you're more likely to meet the right person who's going to complement the amazing life you've created for yourself.

Related Link: [Four Dates and a Wedding](#)

You met your husband through an online dating site. What is your best tip for our readers who are struggling to get past the creeps and find a genuine guy?

Connecting with the right person online starts with you. When writing your online profile, be honest. Don't say you're an exercise junkie if you're really a couch potato. Don't post a photo from 10 years earlier. Don't downplay your intelligence or success because you think men will be intimidated by the real you. While you might garner a lot of interest early on, the truth will eventually come out. Nothing stunts a budding relationship and love more than deception and lies.

Also, my love advice is to let your personality shine through and be specific about the things that make you special, including hobbies and interests. It's your chance to make a positive first impression while being in complete control of the messages you are delivering.

The main character in my novel, *Click: An Online Love Story*, writes in her profile: "I cry at Hallmark commercials, sing (sometimes off key) with the radio while driving, own more pairs of black shoes than should be legal, and my fear of flying is rivaled only by my love for chocolate." My relationship advice is to tell someone who you *really* are, including your sense of humor, interests and confidence level.

Be creative!

You balance working and writing with being a full-time mom – not an easy task! Any advice for other working moms?

Organization is key! I have a master to-do list that I update weekly to keep track of school projects, sports practices and games, and after-school activities as well as all of my personal deadlines and appointments. I also use a spreadsheet to map out meals for the week along with groceries needed so that I never have to worry about what to make for dinner or spend time making multiple trips per week to the store. Shopping online is also a big time saver. If I'm writing and enduring a bit of writer's block, I can quickly click over to Amazon and order things I need.

What would we find if we looked in your handbag right now?

Aside from the standard wallet, keys, sunglasses, and hand sanitizer, you'll always find snacks for the kids. Never (ever!) leave home without snacks for the kids.

Related Link: [Looking for Love is Like a Job Search](#)

If you were given an offer to turn *clutch* into a movie, who would you want to see playing the roles of Caroline and Mike?

I think Eloise Mumford, who played Kate in *Fifty Shades of Grey*, would make an outstanding Caroline. She has the right mixture of warmth, gumption, vulnerability, and beauty to bring this character to life. I still can't decide on who would play Mike, although I know I'd love to sit in on those casting sessions.

Do you have any other upcoming projects or anything else you'd like to share with our readers?

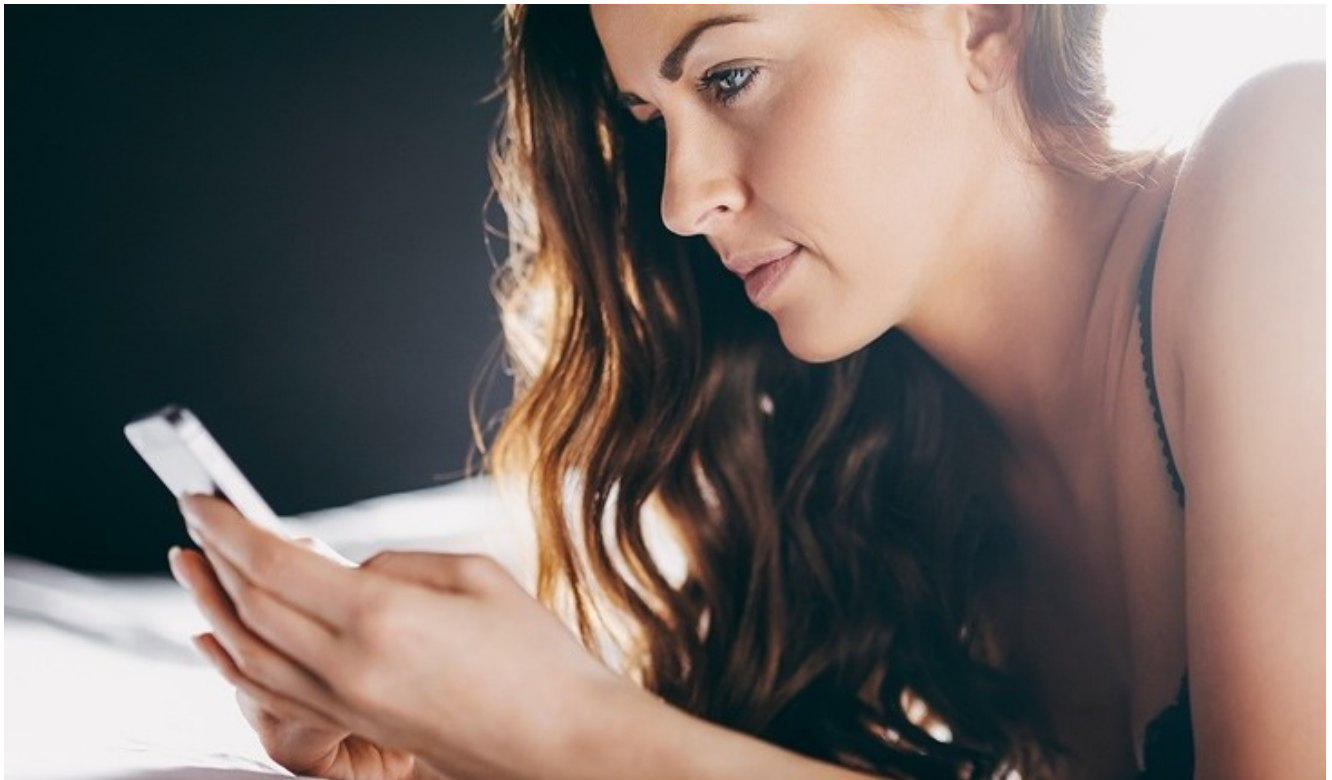
clutch actually started out as a screenplay that was under option at a major studio, but it fell out of development. I turned it into a short novel so I could share this charming

and hilarious tale. I'm eager to see if there's interest from someone else on bringing this fun and quirky story to the big screen. So if you happen to be a well-to-do movie producer looking to make a new romantic comedy, please get in touch!

*Purchase clutch: a novel on Amazon. You can use the discount code **cupidandclutch** for 20% off of your total purchase at Harper Avenue and free shipping through December 24th. For more on Lisa Becker, visit her site and check her out on [Twitter](#) @lisawbecker, www.facebook.com/ClickAnOnlineLoveStory/?ref=hl and www.pinterest.com/lisawbecker/.*

Expert Dating Advice: Top Four Places to Meet Mr. Right





In this week's [dating advice](#) video from [Single in Stilettos](#), founder Suzanne Oshima and relationship author Duana Welch discuss the top four places to meet Mr. Right.

Consider This Expert Dating Advice If You Want to Meet Mr. Right

To follow this expert dating advice, the best places to meet Mr. Right are listed below:

1. Look for your future in your past: Welch says that 10 percent of women have a “lost love.” If you broke up because of outside circumstances, like moving away or a background difference, it’s worth reconnecting. These couples “often know within one hour that this person is The One for them,” explains the relationship author. “And their divorce rate is *two percent.*”

Related Link: [Duana Welch Says Living Together Doesn't Prepare You for More](#)

2. Ask your friends and family to set you up: Statistically,

most people meet their significant other this way. It's so successful because it capitalizes on familiarity and safety. "It's an informal matchmaking process that works really well," says Welch.

3. Get online: Between 2002 and 2008, according to the Harris Survey, one in three new marriages were between people who met through online dating – and those couples were slightly happier than pairs who met another way. "That's my story," the relationship author of *Love Factually* shares. "I met my husband online."

Related Link: [How to Ditch Your "Better Than Nothing" Relationship and Love](#)

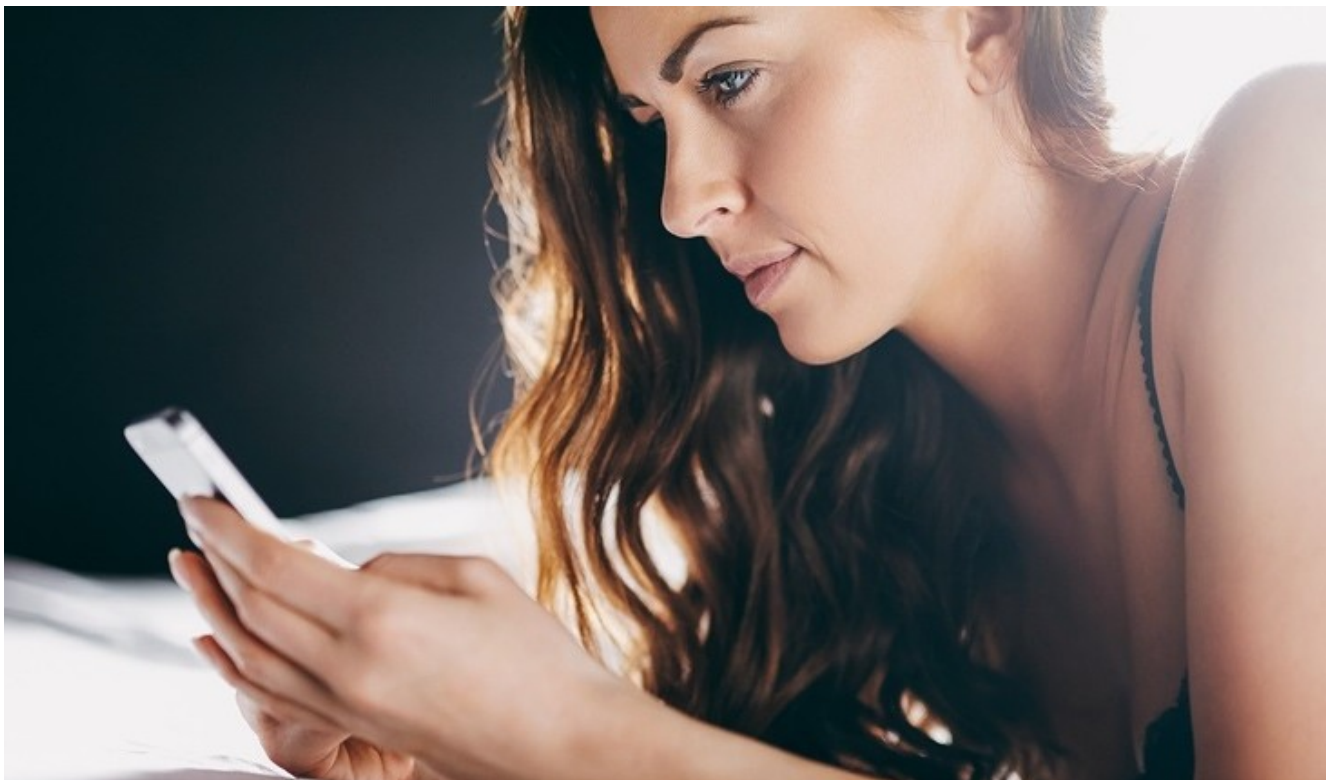
4. Use the Law of Proximity: You're most likely to marry someone you've met in person (duh!), and therefore, the single biggest predictor of a life partner is geographic nearness. "You need to put yourself next to this person," Welch says. "Let's say that you're taking a couple of college classes, and there's a really attractive guy in that class...You need to sit next to him."

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Where is the best place to find true love? Tell us in the comments below!

Relationship Advice: Four Reasons To Be Thankful For Your Partner



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Nicole Hartley

Leaves are falling and frost is here, which can only mean one thing: the holiday season is here! Thanksgiving is a time to be thankful for the things in your life that you may not stop to appreciate on a daily basis. But most importantly, Thanksgiving is a time to be thankful for the *people* in your life. As relationship experts, we know that it can be difficult to take the time to appreciate your significant other as often as you probably should. Aside from birthdays and anniversaries, Thanksgiving is the perfect time to show

the person you love why you care about them. But before you do, our [relationship advice](#) is to realize why you're thankful for them.

Relationship Advice: Be Thankful For Your Partner This Holiday Season

Here's 4 reasons you should be thankful and appreciative of your partner this Thanksgiving:

1. It's the holidays. Who doesn't love holidays? Holidays bring food, friends, family, and most importantly love. The Thanksgiving spirit in and of itself should give you a reason to celebrate your relationship and love a little extra this week. Spend some time cooking together or watching a game of football. Listen to our love advice and whatever the tradition is, share it together.

Related Link: [Taking Your Partner on a Family Vacation](#)

2. They put up with you. Okay, this is a big one. If nothing else, you should appreciate your significant other because they have to put up with you on a regular basis. Sure, we all think we're great and have no flaws, but the fact of the matter is that we do. Thanksgiving is meant to ignite a sense of gratefulness for the people you care about, so be grateful that he/she puts up with you during your best and worst moments.

Related Link: [Expert Dating Advice: How to Get Over "The Little Things"](#)

3. It's the season of giving. Relationships live and thrive through compromise. The ever-changing cycle of give and take is what makes a relationship tick and function properly. Only

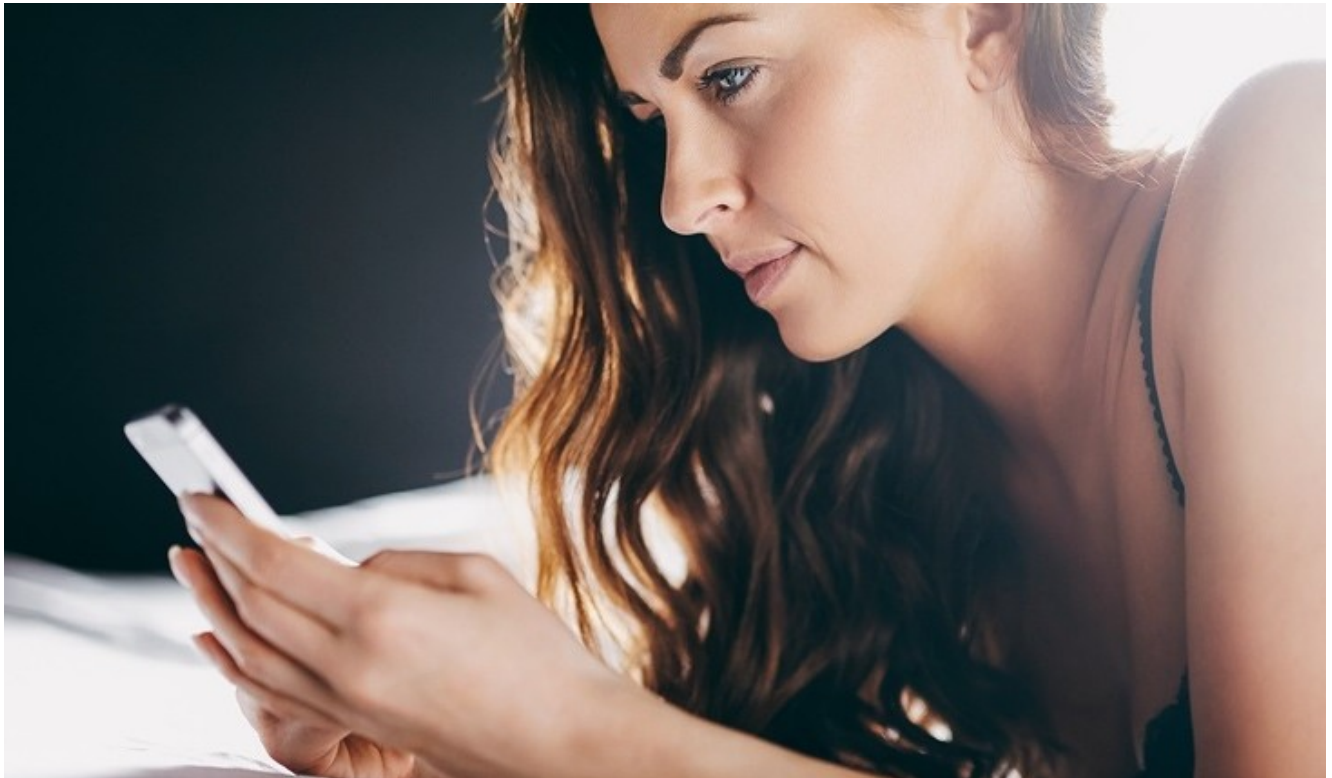
you and your significant other know your system of give and take, but consider giving a little extra this holiday because it's good-natured and it even feels good too. If you know he/she likes their potatoes made a certain kind of way, consider making their favorite dish this Thanksgiving to put a smile on their face and satisfaction in their stomach. The little things go a long way, so consider what they love and try to give them what you can this Thanksgiving.

Related Link: [Love Advice: What To Do If Your Friends Don't Love Your Partner Like You Do](#)

4. For all the times you didn't say thank you. We're all guilty of taking things for granted, but it's important to stop and appreciate who you have every once in a while. There probably has been countless times that your partner has done something for you that you didn't notice, like hanging your keys up in the same spot so you don't forget them. Again, it's the little things that count. It's okay to forget a thank you here and there. Thanksgiving is an opportunity to tell the person you love how you truly appreciate every time they do those little things, even when you may not say it every time. It's the perfect time to say thank you for all the things that typically go unnoticed. Our relationship advice is to spread thanks as generously as you spread your gravy and your holiday is bound to be a success along with your relationship.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Relationship Advice On Finding True Love



On this week's Single in Stilettos [relationship advice](#) video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford reveal how to find relationships and love that will last a lifetime!

Dating Experts Give Relationship Advice On Finding True Love

Check out the video above for the best relationship advice on how to find true love.

1. Be with someone who wants to be with you. The person you're dating should be able to tell you, without hesitating, that

they're looking for the same things you are. The relationship experts revealed their dating advice that you need to watch out for the man who will pursue you one week and disappear the next.

Related Link: [Relationship Advice: How To Get A Ring On The Finger!](#)

2. Be a lovable person. Even though you may have had bad experiences in the past, don't be critical or downgrading of the man you're dating currently. That negatively isn't good for either of you!

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

3. Be patient. Don't let the fact that you're single consume you. Hang out with friends and family and do things to keep you occupied. Just enjoy life as you are, have fun, do something different, and flirt. The worst thing you can do is stress over being single.

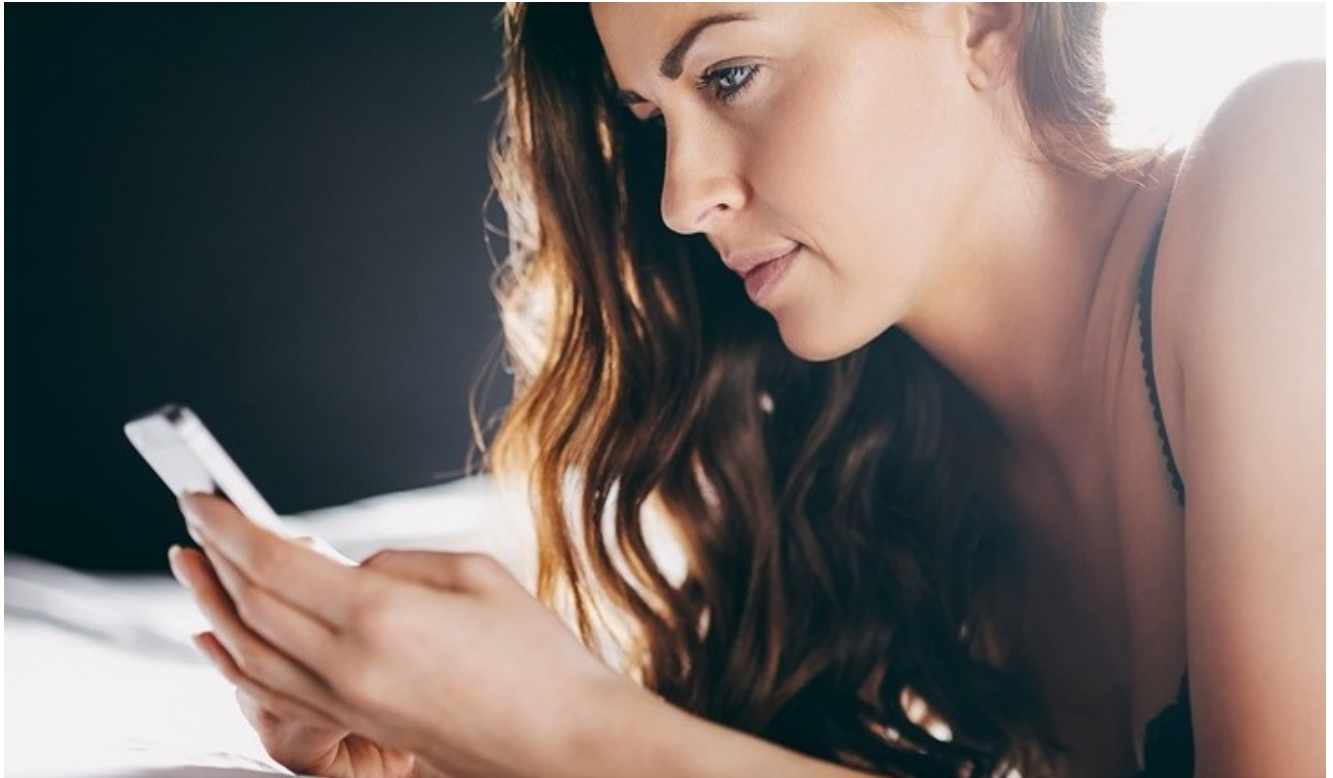
For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are your tips for finding true love? Tell us in the comments below!

Expert Relationship Advice:

Travel 101 for the Guys



By [David Wygant](#)

What should a man know before going on vacation with his significant other for the very first time? Well, there are a couple of things to keep in mind. You're going to see your significant other in a whole different way when you go away with her. If you follow my expert [relationship advice](#), I strongly suggest you engage her to see how she handles certain situations.

Follow This Expert Relationship Advice on Your First Vacation as a

Couple

The first thing you are going to learn is her level of flexibility. When you take a person out of their everyday surroundings, they need to become a little more, let's just say, flexible. Whether you spend three or four days with her walking around a city or vacationing in paradise, you are going to see how flexible she is outside of her day-to-day routine. How does she roll with the punches when the person in the next hotel room is loud at night? Or when she doesn't have any cell service and can't check her e-mails? What about when you guys get into a little tiff? Because those things are bound to happen when you go on vacation with somebody.

Related Link: [This Holiday Season, Stop Dating Your iPhone!](#)

Another thing you're going to learn about is her habits. When you're dating somebody, they tend to be on their best behavior. For instance, they won't check their phone as often as they usually do. But when you take them out of their environment, you'll get an idea of her *real* social media and texting habits. How often does she look at her phone? How often is she checking her e-mail or Instagram? Is she answering texts and phone calls from friends when she is away with you? You're going to quickly figure out how her attention is spent. Is she present in the moment? Or is she constantly thinking about work?

You get an idea of who somebody is because, when you take them away, you'll start to learn about how well they can relax. One time, when I took somebody away for the first time, I realized after that three-day trip that it would be our last vacation ever. She couldn't get out of work mode. She was constantly checking her phone, constantly worried about things back at home. She wasn't present at all, and it taught me a lot about her and about the type of relationship and love I was going to have with her. You see, when we were together on a Saturday

night, it was easy for her to hide all of those things...but when we were together for five days straight, she couldn't hide those neurotic behaviors.

Another great thing you can learn about somebody is their sleeping habits. Most of the time, when you take someone away for the first time, you spend a night or two together. Imagine spending a week with them and taking a look at their *real* sleeping habits. For instance, how long does she spend in the bathroom before bed? I was dating an awesome girl once, but after our first trip, I realized that she spent 90 minutes in the bathroom every night doing who knows what. I couldn't believe that was how her days always ended!

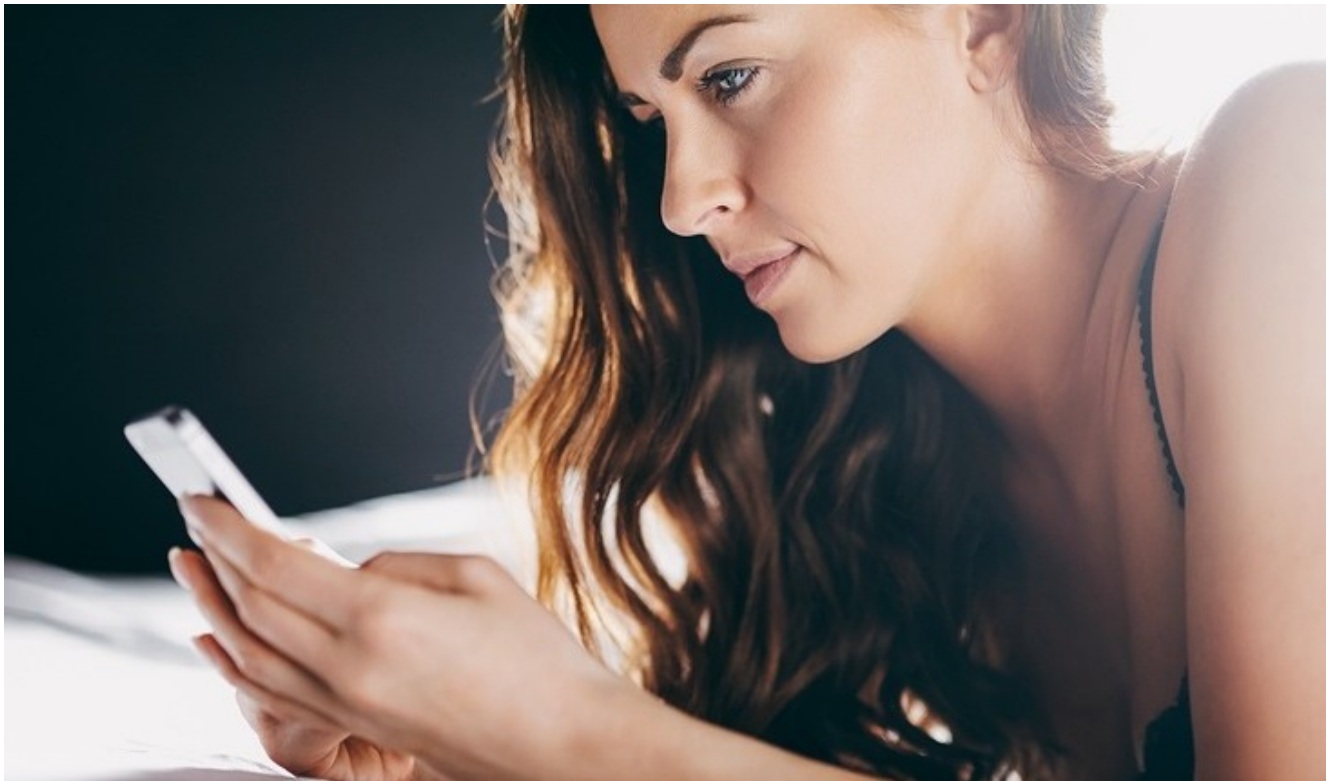
Related Link: [Expert Love Advice: Why Getting to Know Her Friends Is Like a Football Game](#)

Traveling with your partner is really an amazing experience. It allows you to see somebody for exactly who they are. Here's my best expert relationship advice: Go away together for a week. That length of time will allow you to get an idea of their habits and of their flexibility when they're out of their comfort zone. It's easy for a woman to pack a bag and come to your house for a night, but it's a challenge for her to come and hang out with you for a full week. You will learn so much about who she is.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert dating advice from David, click [here](#).

Celebrity News: Scott Disick Shares Adorable Instagram with Son Mason



By Kyanah Murphy

Super cute! In latest [celebrity news](#), [Scott Disick](#) shared an adorable Instagram photo of himself and his son Mason going away together on a boys' trip. Disick recently completed a month-long stay in rehab, according to [UsMagazine.com](#). Disick seems to be doing fine since rehab and the end of his [celebrity relationship](#) with [Kourtney Kardashian](#) this summer.

This celebrity news shows Scott Disick is still a loving dad. What are some ways to know your partner will be a good parent?

Cupid's Advice:

This is great celebrity news, and we're glad to see Disick doing well and spending time with his children. Do you wonder if your partner would be a good parent no matter what? Cupid has some tips for you to look out for in your partner:

1. They're mature: Your partner is mature, and they take things seriously. Going out and partying is not at the top of their list anymore and they aren't childish (not to be confused with a kid at heart).

Related Link: [Celebrity News: Kris Jenner Brings Scott Disick's Kids to Visit Him at Rehab](#)

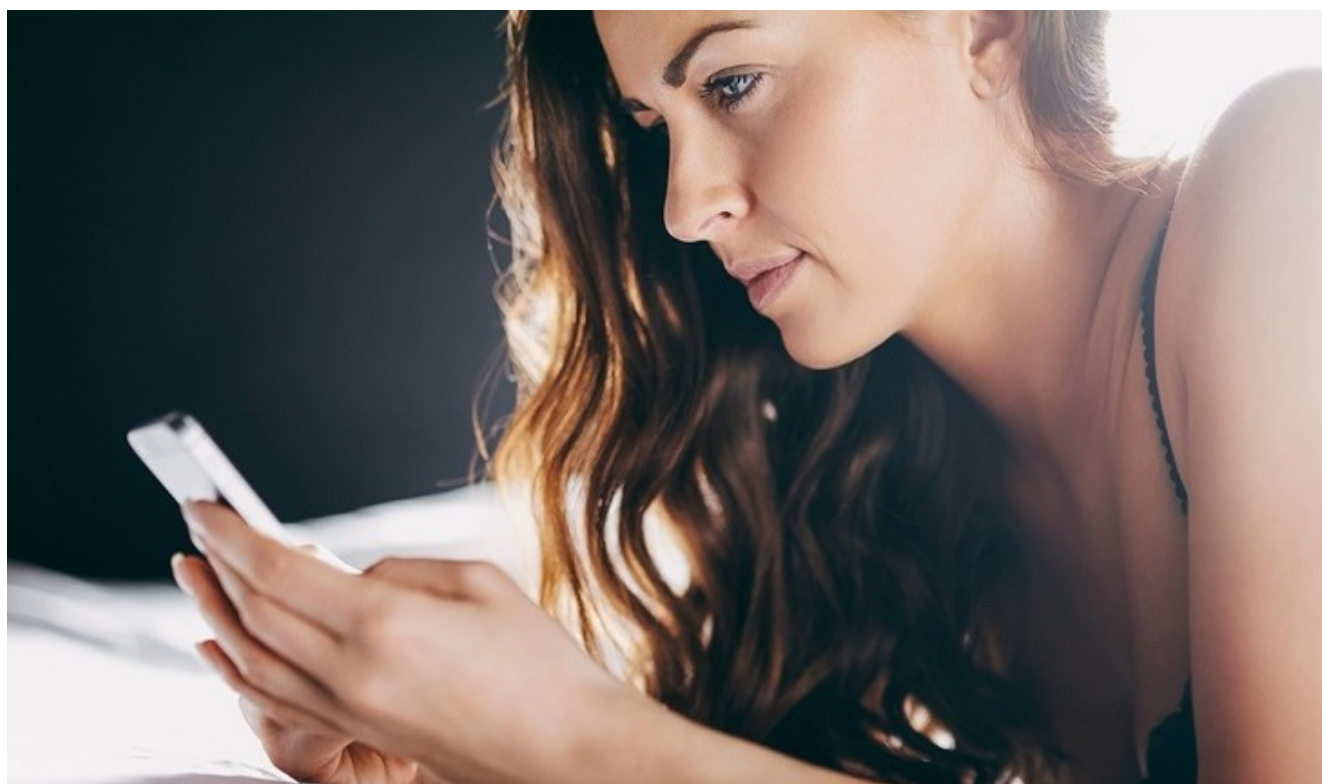
2. They're financially responsible: They're money conscious. They're good at saving, they know how to budget and use their money wisely. They don't have to have everything they want, especially on impulse.

Related Link: [Justin Timberlake Shares Photos of Celebrity Baby Son Silas](#)

3. They're good with kids: Any friends or family that have children who your partner interacts with, they're good with. Kids love them, and they love the kids. They like spending time with them and having fun with them.

Do you have any kids? How did you know your partner would be good with kids? Comment below.

'Blacklist' Star Megan Boone Is Expecting First Celebrity Baby



By Abbi Comphe1

According to UsMagazine.com, *The Blacklist* star Megan Boone is expecting her first [celebrity baby](#) with boyfriend Dan Estabrook. She is in her third season of the hit drama *The Blacklist*. We will see if the creators decide to write in this celebrity pregnancy so she won't have to hide her baby bump.

It's very possible this celebrity baby was a surprise! What are some ways to deal with a surprise pregnancy with your partner?

Cupid's Advice:

Life can throw a lot of things your way when you least expect it, but if you know you can handle whatever is thrown your way, then you will be good. If you feel uneasy, Cupid has some relationship advice for you when you are dealing with a surprise pregnancy with your partner:

1. One day at a time: If you feel like you are not ready to take on this big of responsibility, talk it out with your partner. Just take one step at a time and figure out what you really want. If you and your partner are in love and are in a good place, then it will all be ok.

Related Link: [Celebrity News: Chris Hemsworth Says His Kids Taught Him What Love Is](#)

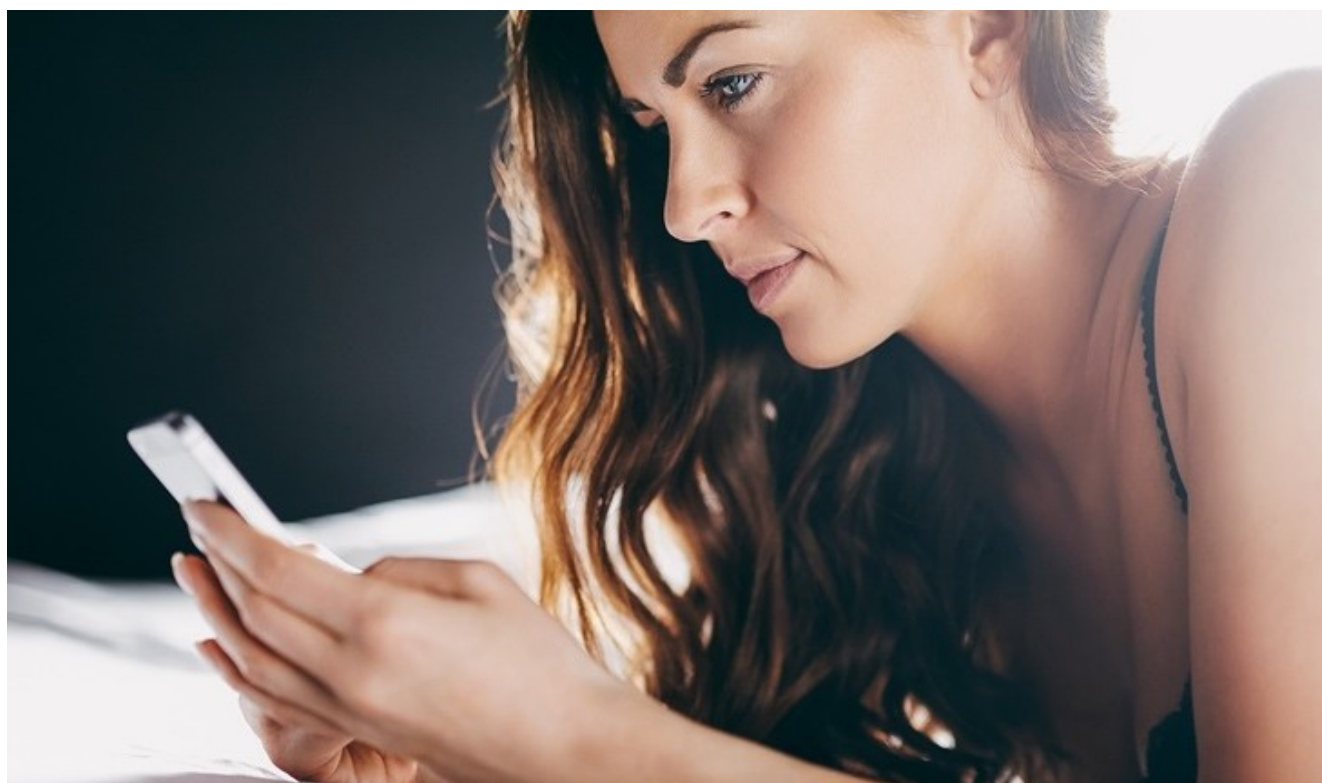
2. Keep it personal: If you are still trying to figure out what to do and how to go along with things, then keep this news to yourself at first. You don't want your family and friends to be nosey while you are making big decisions in your life.

Related Link: [Celebrity Couple Jessa Duggar and Ben Seewald Reveal Newborn Son's Name](#)

3. Celebrate: Be excited for what is going to come. You are bringing a new life into the world and it will turn out to be one of the greatest feelings in the world. You and your significant other should be really happy and celebrate this new life.

What do you think are ways to deal with a surprise pregnancy with your partner? Comment below!

Relationship Advice: Is Friendship After Divorce Possible?



By Amy Osmond Cook for [Divorce Support Center](#)

Headlines are filled with photos of happy celebrities vacationing in remote places with their children in tow. It's a picture perfect story—almost. For some celebrity exes such

as Miranda Kerr and Orlando Bloom and Mariah Carey and Nick Cannon, the marriage ended long ago, but the family unit remains. It's not uncommon to hear stories of former couples vacationing together, living by each other and spending family time together. With such a high-profile breakup, how can co-parenting be such an easy transition for them? My [relationship advice](#) for you is to emulate these famous relationships because the success largely depends on the parents' ability to move forward.

Relationship Advice Navigating Friendship Post-Divorce

Though the success of co-parenting is largely dependent on the circumstances of the split, these celebrity couples are proof that children can still grow up with the positive influence of both parents, even after the marriage or longtime relationship and love has ended. Here is my relationship advice for how to successfully transition from a married household to shared parenting between two households.

1. Focus on long term. A swift dose of reality should remind you that carrying anger or other negative feelings won't change the outcome. Your marriage died. Mourn the loss of that part of your life then move forward to create a new future for yourself and children. "I am always impressed when I see couples who manage to stay friends, as it takes strength in character and an understanding of the bigger picture to rise above the hurt," wrote Seth Myers, Psy.D., in the article, Stay Friends After Divorce: Why, Coping, and Moving On. "While we can't do much to change the state of affairs in other couples, you can reflect on your own relationship." Recognize that your former partner must make the same effort. This often means a new relationship—and you need to be okay with that.

Related Link: [Expert Dating Advice: Moving On After a Divorce](#)

2. You are not defined by your divorce, so don't allow it to dictate your actions. Your role as a spouse may be over, but your parenting role continues. Don't allow the end of your marriage to overshadow the positive, future memorable moments you owe your children. By making the choice to fill your life with positive and hopeful plans for the future, you'll have a solid base on which to build new relationships. But, you do need a plan. A personal strategy will lessen the potentially negative effects if you witness your partner moving forward. It will also remind you to stay focused on the plans you have prepared for your progress. This transition requires a great deal of discipline and compromise since you're putting your feelings aside for the sake of contributing to a positive parenting environment for your children. A large part of this growth is recognizing that was then, and this is now. Your actions will be a lasting example for your children. What message do you hope they remember? Whether positive or negative—it'll make an impact.

Related Link: [Relationship Expert Talks About Being Friends With Your Ex](#)

3. Relationships are life's classroom. Seth Myers described it best when he wrote, "Too often, men and women end relationships and feel that they made a mistake in choosing the partner they committed to in the past because the relationship didn't work. But such a perspective betrays the bigger picture that relationships are one of life's greatest classrooms and it's within this context that we figure out what we need and learn how to move closer to true fulfillment." Instead of focusing your energy on changing the result of your ended marriage by making him pay for what he did, recognize your role in the demise of that relationship and make it a goal to learn from that experience. Feelings of resentment and revenge do nothing to change the outcome. All it does is affect those you still fully love—your children. "Barring cases of abuse," added Myers, "learning to

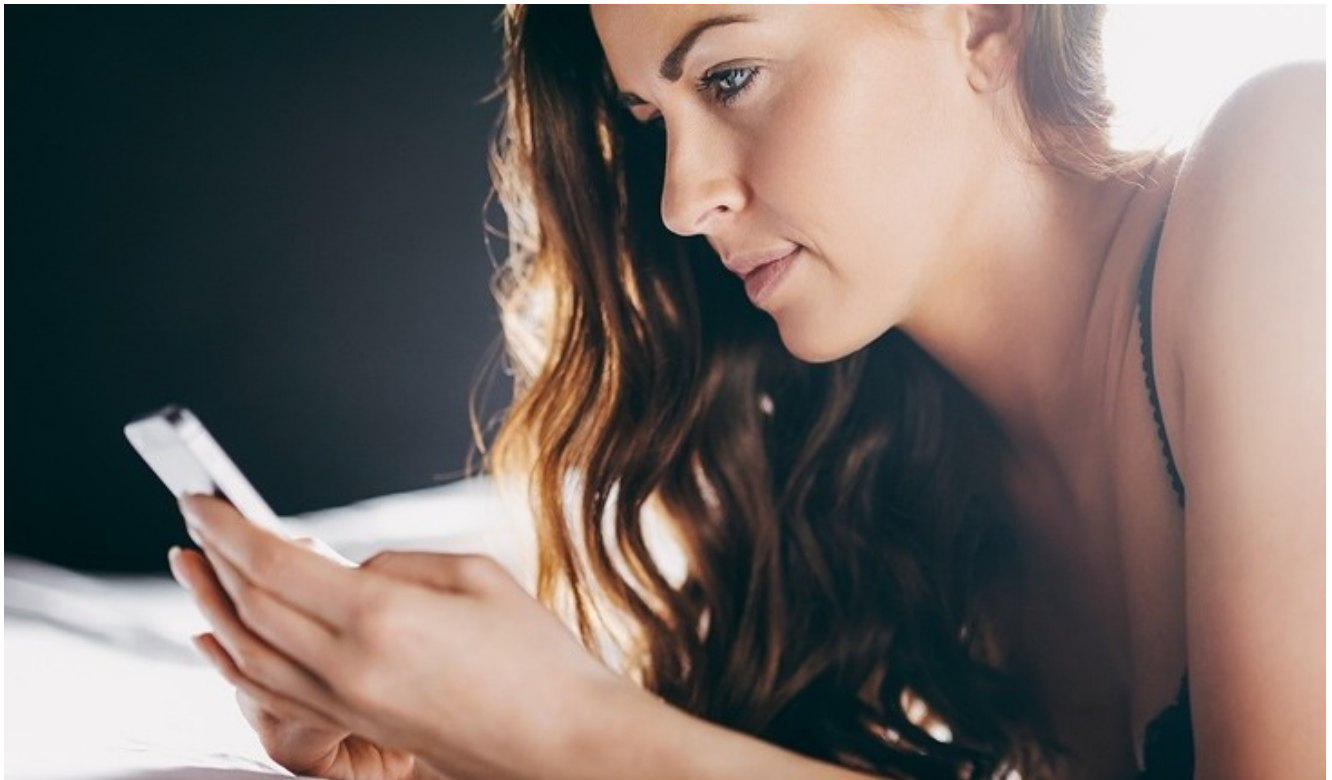
forge a friendship with your ex after divorce can be a truly healing experience and allows for an important integration of your past with the present.”

By staying committed to long-term goals, maintaining a positive and hopeful attitude on your future, and viewing your relationship as a learning experience, you’re set to develop a surprisingly supportive relationship with the one person who used to know you best and that’s a winning strategy for you and your children.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice: Balancing Your Career & Relationships and Love





On this week's [Single in Stilettos](#) relationship advice video, dating experts Suzanne Oshima and CupidsPulse.com Executive Editor [Lori Bizzoco](#) reveal three [dating advice](#) tips on balancing your relationships and love with a booming career!

Dating Advice On How To Balance Your Love Life & A Booming Career

If you've ever wondered, "Can I really have it all?", these relationship experts are here to tell you that you can. We may not be able to have it all at the same time, but you can balance your career and love life with these tips below.

1. Prioritization. Make sure you set priorities for yourself so you're happy with what you've accomplished, whether it be at work or in your personal life. Also, communicate what's important to you with your significant other and even your boss.

Related Link: [Dating Advice: First Date Tips For Women!](#)

2. Time management. Need some dating advice? Start devoting

time to your relationship the same way you do with work. Set boundaries and make sure you're not working 12-14 hour days, because that's not healthy. If you make a time commitment to someone, be there, whether it's with your friends or your partner.

Related Link: [Relationship Advice: How To Get A Ring On The Finger!](#)

3. Communication. Take interest in your partners day and ask about their coworkers, while sharing details about your own job. You'll feel connected and it will help you unwind after a stressful work day. But limit job chit chat, so it doesn't consume the relationship.

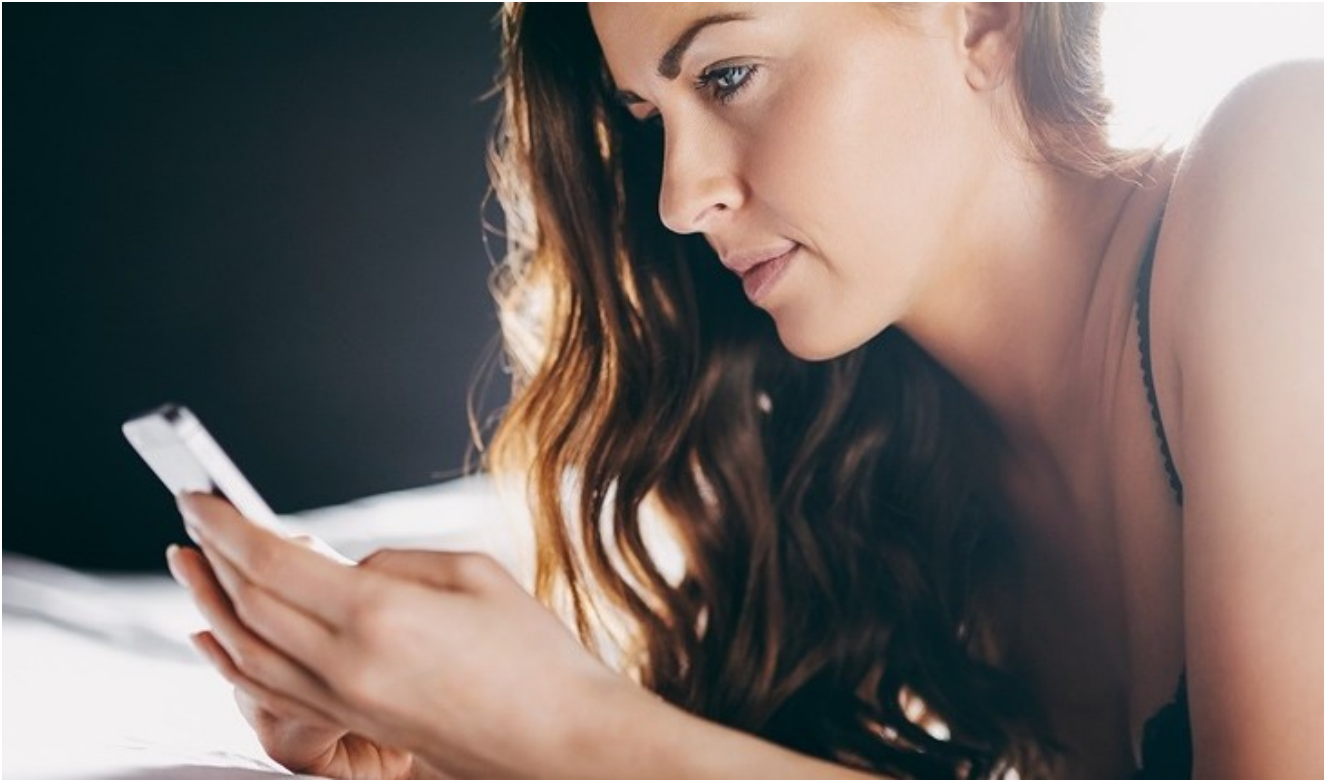
For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What is your advice on balancing a career and your love life? Tell us in the comments below!

Gavin Rossdale Steps Out Wearing Band on Ring Finger Post Affair Celebrity News





By Katie Gray

Gavin Rossdale stepped out wearing a wedding band on his ring finger after news of his affair came out in latest [celebrity news](#). According to [UsMagazine.com](#), Rossdale admitted that he cheated on Gwen Stefani with their nanny during his 13 year marriage to her when they were the golden [celebrity couple](#). Stefani and Rossdale are currently going through a [celebrity divorce](#). Stefani is now in a new celebrity relationship with Blake Shelton.

This celebrity news shows Gavin is trying to get out and recover. What are some ways to get past deadly relationship gossip?

Cupid's Advice:

Nothing is more annoying than having to hear about gossip when it comes to your relationship. Nobody wants to have rumors

flying around about them. If this is happening to you, make sure you stay true to yourself, stay close to your loved ones and set the record straight. Cupid has some tips on how to get past deadly relationship gossip:

1. Ignore it: Although it's easier said than done, it is very important to ignore the gossip swirling around and not let it affect you. Don't pay attention to it, because that is what they want. Distract yourself with things that actually matter to your life!

Related Link: [Gavin Rossdale Cheated on Gwen Stefani for Years](#)

2. Be yourself: People are going to talk, so let them talk. In fact, give them something to talk about! When people are trying to bring you down, use that as your motivation to keep doing good things. Focus on your career, enjoying life and spending time with people who you love!

Related Link: [Former Celebrity Couple Gigi Hadid and Joe Jonas Split](#)

3. Rise above: It's important to always take the high road, especially when people are gossiping about your relationship. The best thing to do is to remain calm, set the facts straight, keep working hard and surround yourself with positive people who are actually meaningful to you.

How have you got past relationship gossip? Share your stories with us below!

Dating Advice for Your First

Thanksgiving as a Couple



By Abbi Comphe

Thanksgiving is an important family holiday. When you begin a new relationship and the holidays come around, you have to make the decision of what you are going to do. There are many options on Thanksgiving Day, and you should both talk about it and see what fits you best. Just remember, there will always be another Thanksgiving!

Cupid has some [dating and relationship advice](#) for your first Thanksgiving as a couple:

1. Split your time: If you both have families who host their

own Thanksgivings, then split your time. Sure, you'll be eating a lot of food that day, but it's about your family. Go to one home in the morning and the other in the afternoon. It will be exhausting, but you get to spend time with both families.

2. Host Thanksgiving: Instead of having separate Thanksgivings, ask your family to come to your home so you can host. This is your opportunity as a couple to show your family how well you are doing. It will probably be stressful, but it will turn out great. Just don't burn the turkey!

Related Link: [Dating Advice: Find Out If Men Really Want the 'Cool Girl'](#)

3. Be prepared: No matter if you host or go to your families house, be prepared for all the relatives. This is your first Thanksgiving together and it may be your first time meeting each others extended family. Help each other out and make sure you each know everyone's names and personalities.

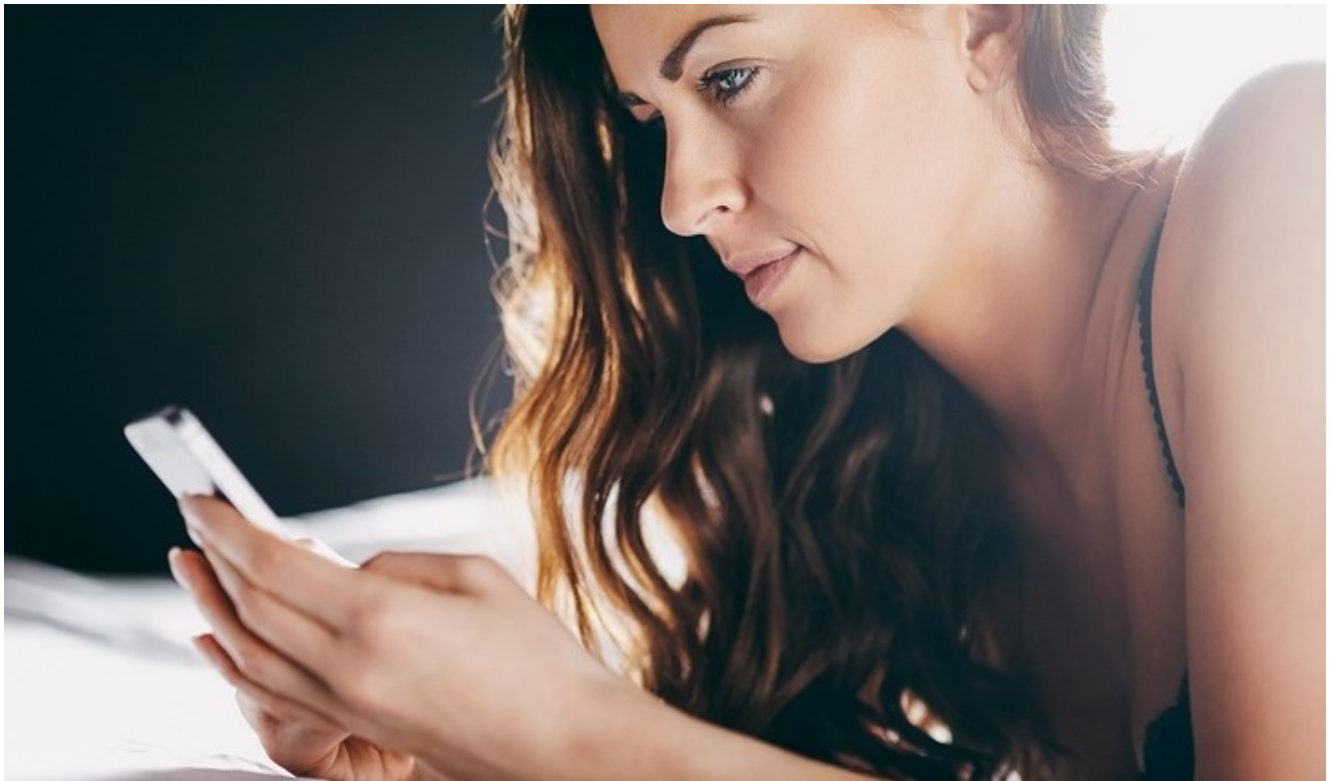
4. Make time for yourselves: Thanksgiving can sometimes be a stressful holiday. So make sure you remember what it is all about. Thanksgiving is a time to be grateful for what you have and love. So let your significant other know how much they mean to you.

Related Link: [Dating Advice: 5 Ways to Keep Boundaries with your 'Work Spouse'](#)

5. Spend it together: If you feel under pressure about family and what to do, spend your first holiday together. It's ok if you two want to start a new tradition. Maybe it's just better if it is the two of you. Make your Thanksgiving dinner, watch some movies and be thankful for what you have. Your family will understand, you are starting a new family!

What do you think is good advice for couples sharing their first Thanksgiving together?

Celebrity News: Jennifer Lawrence Gets Emotional About Ex Nicholas Hoult



By Katie Gray

In latest [celebrity news](#), movie star Jennifer Lawrence opens up about her past celebrity relationship with ex Nicholas Hoult. The former [celebrity couple](#) were once very serious, and now Lawrence is getting emotional thinking back on it. According to [UsMagazine.com](#), Lawrence and Hoult split in January 2013 and called things off for good in August 2014. JLaw told Diane Sawyer in an interview, "Being 24 was this

whole year of, 'Who am I without these movies? Who am I without this man?'"

This celebrity news is a story of lost love. What are some ways to get over your ex?

Cupid's Advice:

They say when a heart breaks, it doesn't break even. Going through the experience of lost love can be very difficult. However, it's important to remember to keep looking on the sunny side of life. Whether you focus on your career or hang out with loved ones, there are plenty of ways to move on. Cupid has some relationship advice to help you get over your ex:

1. Work hard: When you're dealing with a break-up and are feeling bad about your lost love, you need to take your mind off of it. Put your focus on your career and/or education. Throwing yourself into your job, a class or a new hobby is the perfect way to keep busy. Work, work, work!

Related Link: [Caitlyn Jenner Wishes Kris Happy Birthday](#)

2. Play hard: People live life the best when they work hard and play hard. Just because you're feeling down does not mean that you shouldn't enjoy yourself. Go out with your loved ones, and have fun! It's important to see there is still enjoyment in life.

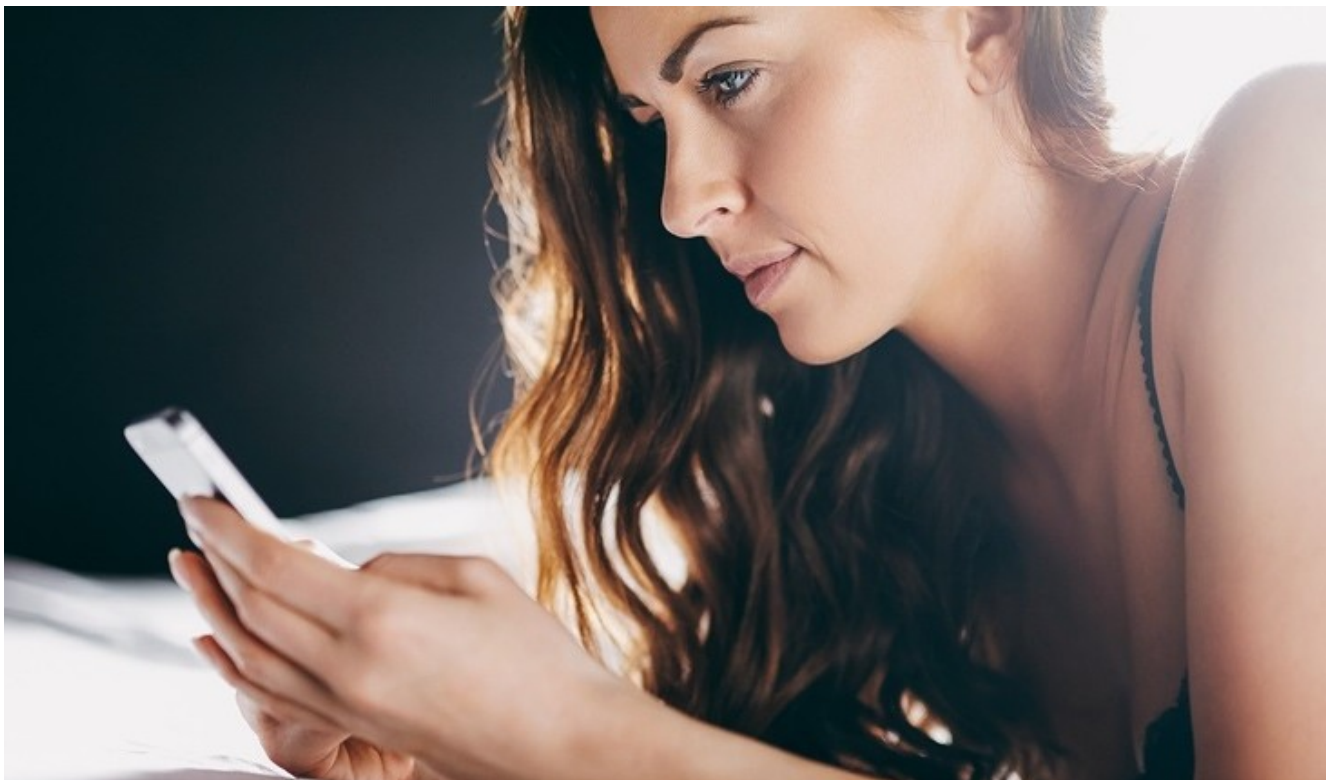
Related Link: [Miranda Lambert "Doesn't Care" Who Blake Shelton Dates](#)

3. Love hard: Although it's best not to rush into anything right away after a break-up, you should put yourself back out there. Get to know people, and maybe even go out on a date.

Nobody says you have to marry the person, but make sure to let yourself love again.

How have you gotten over your ex? Comment your stories below!

Ben McKenzie and Pregnant Morena Baccarin Make Red Carpet Debut as a Celebrity Couple



By Mackenzie Scibetta

Gotham costars Ben McKenzie and Morena Baccarin not only debuted as a couple at a NYC red carpet, but also debuted a [celebrity baby](#) bump! This new [celebrity couple](#) doesn't come without drama though as Baccarin allegedly cheated on her ex-husband, film director Austin Chick, while they were still married, says a report by [UsMagazine.com](#). However, McKenzie and Baccarin do plan to marry once Baccarin's divorce from her celebrity ex is finalized. This will be Baccarin's second child but the first for the couple.

This celebrity couple is red carpet official! What are some fun ways to introduce your new partner to family and friends?

Cupid's Advice:

Bringing your partner home to meet the family means the relationship is probably getting more serious, but just because the relationship is serious doesn't mean the meet-up has to be! Let them get to know each other in a relaxed or unique environment to spur conversation and interest. Cupid has three fun ways to get your partner and family acquainted:

1. Go out to a new restaurant: This low-key setting allows for a lot of conversation and should make your loved one more at ease. Trying a new place will also leave something to spark conversation about in case of any awkward moments.

Related Link: [Nick Carter and Lauren Kitt Are Expecting a Celebrity Baby Boy!](#)

2. Take them bowling: Unlike a lot of activities, bowling allows for a good amount of conversation while also giving a good excuse to walk away if things get uncomfortable. It's perfect no matter what age your family is so feel free to

bring any children along for this too.

Related Link: [Celebrity News: Khloe Kardashian and James Harden Hit Hollywood Club Together](#)

3. Venture into karaoke night: For the more adventurous family, karaoke night is sure to provide endless laughter and excitement. This shared experience will also help to tighten the bond between your new flame and friends.

What activities do you and your new partner try together? Let us know below.