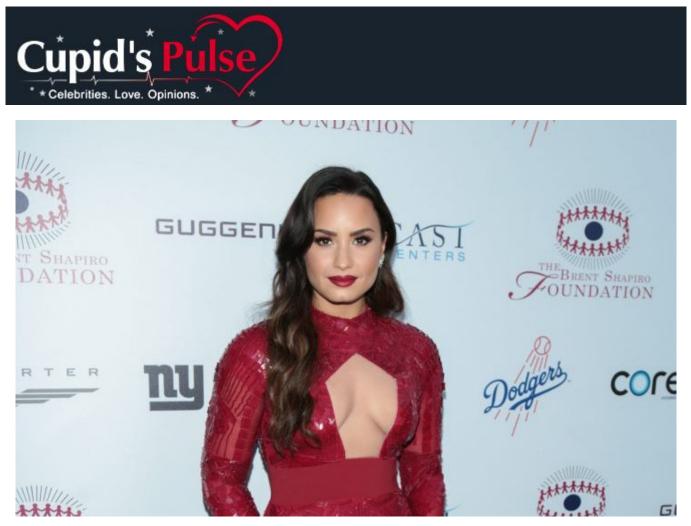
New Celebrity Couple Demi Lovato & BF Austin Wilson Go to Disneyland



By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, newest <u>celebrity couple Demi</u> <u>Lovato</u> and Austin Wilson were spotted enjoying a day at Disneyland. According to *EOnline.com*, the pair had a great date going on rides like Space Mountain and sharing some sweet PDA. Throughout the date, the lovebirds were given the VIP treatment, being escorted by bodyguards and given their own personal tour.

In celebrity couple news, Demi Lovato puts on a happy face with her boyfriend at Disneyland. What are some ways an amusement park visit can be romantic?

Cupid's Advice:

Some might not think theme parks can be a romantic date location, but there's something about the smell of fried food, goofing off with one another on the attractions, and being surrounded by others who are having just as good a time as you that can actually bring you and your partner closer. Especially if your relationship is fresh, amusement parks are the perfect way to ease into more comfortable territory with one another. If you're looking for more casual places to share some romance, don't worry! Cupid has some <u>relationship advice</u> on how theme parks like Disneyland can bring about love:

1. Ferris wheels are always romantic: Almost every amusement park has some sort of Ferris wheel. A large contraption where you're suspended high up in the air doesn't seem like it would bring sparks, but it can. Being up there with your partner overlooking the skyline is romantic because you're trusting yourself in the hands of your significant other. Besides, sharing a kiss or two at the top is cute and it can feel just like the movies.

Related Link: <u>Celebrity Couple News: Demi Lovato & New BF</u> Austin Wilson Show PDA on Hike

2. You can laugh together: If there's one thing that you'll find taking a date to an amusement park it's that you and your partner will be laughing with one another all day. Finding someone that you can goof around with and be comfortable in

your own skin is important to every relationship, and if you get along well in this environment, it is pretty telling. Also, the more you laugh around someone the quicker your bond will grow.

Related Link: <u>Celebrity Couple News: Demi Lovato & Logan</u> <u>Henderson Aren't Dating, Despite Fan Speculation</u>

3. Firework shows: Like Disneyland, most of these parks have some sort of firework display at the end of every night. The colors lighting up the sky and the surreal vision of the show can stir romance between you and your partner. Hold each other tight as you gaze up at the attraction or even kiss at the fireworks' finale. It's the perfect way to end the night.

How are amusement parks romantic to you? Let us know down below!

Celebrity Couple News: Nick Jonas Pays Tribute to Priyanka Chopra on 1st Wedding Anniversary





By <u>Hope Ankney</u>

In the latest <u>celebrity couple news</u>, <u>Nick Jonas</u> took to Instagram to write a love-filled message to his wife, Priyanka Chopra, for their one year wedding anniversary. In the post, Jonas states, "One year ago today we said forever… well forever isn't nearly long enough. I love you with all of my heart @priyankachopra happy anniversary." This was preceded by a throwback photo of the couple exchanging their vows.

In celebrity couple news, Nick Jonas and Priyanka Chopra are still going strong after a year of marriage. What are some ways to make your first-anniversary special?

Cupid's Advice:

The first anniversary after you get married is always a special one. It's the celebration of a full year being committed to one another, which is a big milestone for both you and your partner in married life. It's a year of symbolizing adjustment and unwavering love. If your first wedding anniversary is coming up, and you're not sure yet what to do to make it special, don't worry! Cupid has some relationship advice on how to make this date one to remember:

1. Eat the first layer of your wedding cake: If you saved a piece of your wedding cake, as many couples do, you can start off the day by both sitting down and eating it. It's a sentimental gesture that will have you both remember your wedding day and the emotions that came along with that. Besides, who can resist cake?

Related Link: <u>Celebrity Couple News: Priyanka Chopra Jonas</u> <u>Admits She Judged Nick Jonas At First</u>

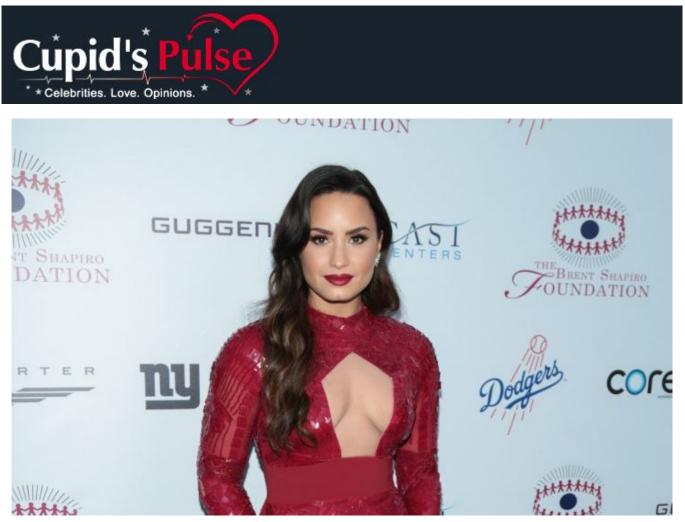
2. Revisit your first date: If you can remember the first date you had together, try and recreate it. It might seem cheesy, but it's fun and sweet to go out and do the very thing that led to you getting married. If it's going to the movies and purchasing a certain candy, do that. If it's eating out at a restaurant, try dining there again and ordering the same meal. It'll spark nostalgia and forgotten memories between the two of you.

Related Link: <u>Celebrity Vacation: Nick Jonas & Priyanka Chopra</u> <u>Vacation in Miami with Joe Jonas & Sophie Turner</u>

3. Take a class together: Have you and your partner been wanting to learn to cook better? Maybe, you're wanting to finesse some art skills? Dancing? Decide on a class to start taking, and begin on your anniversary. This way you'll both be able to spend some extra time together doing something that you both enjoy, and it'll spark endless opportunities for other classes to take together.

What are some of your favorite things to do for anniversaries? Sound off in the comments below!

Relationship Advice: Why Do a Background Check on Your Future Spouse?



Marriage is a sacred bond that symbolizes love and devotion to your partner. As such a huge commitment, it goes without saying that you should be 100% confident you know your partner inside out before going through with the ceremony.

But even when someone has charmed you sufficiently, while telling you everything you need to know about them, how can you be sure they're being 100% truthful?

There are some professional liars out there who might say all the right things. However, their track records suggest quite the opposite. Even if your partner isn't a liar, what's to say they haven't been economical with the truth and only told you the good things?

But, there are probably a few things you'll feel uncomfortable asking your partner about. There is potential for intrusive questions to jeopardize your relationship, or detract from the intimacy of a given moment.

Things like finances, criminal history, and previous relationships are sensitive areas. However, that doesn't mean to say you can't perform a background check prior to going through with your ceremony.

Though it may be deemed an invasion of privacy, wouldn't you rather know about any hidden skeletons in your partner's closet before making the biggest commitment of your life? Here are some of the biggest incentives to <u>run a background check</u> on your future spouse:

Secure Your Future

Marriage is far from an light decision. It's a monumental step in your life, one which will ultimately determine your happiness. When you weigh up how much time you'll be spending with your partner, you'll appreciate the significance of securing a stable future. Your spouse's past will play an inevitable role in what happens going forward. If there are red flags and you don't confront them early on, or even know about them for that matter, they can rear their ugly heads at a later date.

By performing a background check on your partner, whether professionally or by doing some digging yourself, you'll be reassured you know exactly what to expect from the future with your partner. Knowing how your partner's past will affect your future is paramount for a successful relationship. Chances are that there won't be any surprises, but you're definitely better safe than sorry.

Uncover Bad Finances

Imagine your partner has a negative financial history, including bad credit, debt or even bankruptcy. This is something that is easily concealed, but can be revealed via a simple online search.

Financial secrets can negatively influence various aspects of your life going forward. Imagine marrying someone without realizing they can't take out a loan, or even buy a new home once married. The consequences would be devastating, and you'd be left wondering why you weren't more vigilant by at least performing an online search. Once married, your finances are one of the same, meaning their liabilities become yours, too.

It's essential that you check your partner's financial status prior to walking down the aisle, since this will benefit your future considerably.

Criminal History

Just because someone treats you like a sweetheart doesn't mean they can't have a checkered criminal history. The last thing you'll want to do is marry a criminal! A background check can uncover things like criminal records. However, it's important to offer forgiveness in some cases, and you should at the very least be aware of the circumstances into which you're entering. People do change, but some circumstances are unforgivable. For example, if you find out your partner has been in an abusive relationship or committed another serious crime, this might make you think twice about proceeding with the ceremony. Certain information will raise huge alarm bells, meaning you should take criminal checks seriously.

Prior Marriages and Divorces

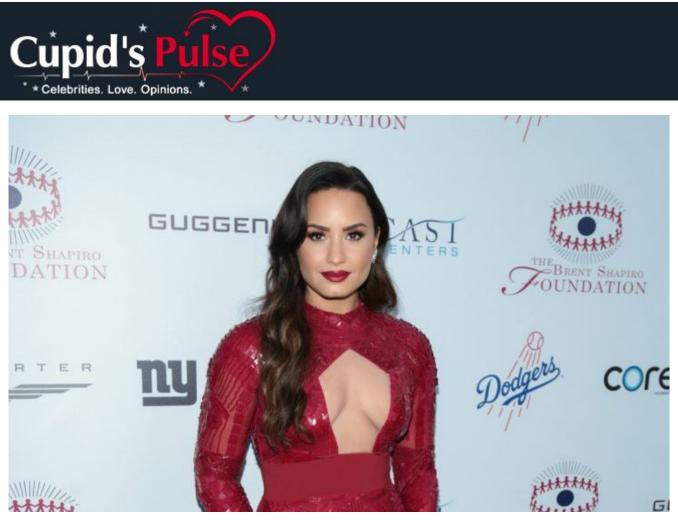
It's likely that your partner will avoid telling you about previous marriages. But, it's vital that you know about these, especially if your partner is still married to someone else!

Alternatively, imagine if you thought a previous marriage is now defunct, only to later find out they were never divorced. There's certainly no harm in finding out whether a divorce has been finalized. This will also indicate whether your partner has financial responsibilities you should know about.

Hiring a private detective to do some digging can be a progressive step toward securing a positive future.

Celebrity News: Justin Timberlake & Alisha Wainwright Are 'Just Friends'

After New Orleans Hand Holding



By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, <u>Justin Timberlake</u> and Alisha Wainwright have firmly stated that they're just friends amid infidelity rumors started by UK tabloid, *The Sun*. According to *UsMagazine.com*, a source said that the apparent hand-holding in a Louisiana Bar last week was all a misunderstanding. Timberlake and Wainwright have been filming a movie together, *Palmer*. It's also been stated that Wainwright has been seeing an actor from LA.

In celebrity news, a source insists that Justin Timberlake and his costar Alisha Wainwright are just friends. What are some ways to keep untrue infidelity rumors from ruining your relationship?

Cupid's Advice:

With a loyal and loving couple like Justin Timberlake and <u>Jessica Biel</u>, it can get frustrating when rumors are started that can upset your relationship. It's not an uncommon situation to be in. In fact, most people have at least had to deal with some infidelity rumors in their life, whether that be in their own relationships or someone else's. If you're sick of affair rumors putting you at odds in your relationship, don't worry. Cupid has some <u>relationship advice</u> on how to navigate the waters of untrue infidelity gossip:

1. Be open and honest with your partner: Communication and honesty are two of the biggest aspects of a successful relationship. But, when it comes to infidelity rumors, it is even more important. If you're super open with your partner about where you're going and who you're hanging out with, it can leave less to the imagination and keep a strong line of trust between the two of you.

Related Link: <u>Celebrity Couple News: Justin Timberlake Posts</u> <u>Adorable Birthday Message for Jessica Biel</u>

2. Use social media responsibly: A large statistic of people have claimed that cyber-cheating still counts toward infidelity in relationships. So, if you're liking someone's photos or constantly commenting on their posts, take a step back and think about how this could look to your partner. If there's nothing questionable in the behavior, dismiss this. But, if it's not, it's better to aware of it and to rewire your social media actions.

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3. Have reliable friends: Having a reliable and committed group of friends can be a godsend when it comes to affair rumors bubbling up. If the gossip isn't true, your friends will back you up and create an even bigger support system around both you and your partner.

How have you nipped infidelity rumors in the bud? Let us know down below!

Relationship Advice: Communicate Dislikes like John Legend & Chrissy Teigen





By Dr. Jane Greer

When you are first falling in love it seems that your partner can do no wrong. He always wants to try new things? Exciting! She wants to stay in her pajamas over the weekend and not go out? Cozy! He wants to read by himself every night? Focused! But over time these quirks or specific behaviors can become, well, annoying. What if you don't want to constantly try new things? Or what if you want to get dressed and leave the house on Saturday and Sunday? Or what if you occasionally want to watch TV with him? And this doesn't even begin to cover the other behaviors and habits that might creep in over time, such as personal habits, skills or lack thereof, and the varied willingness to take on household responsibilities. What do you do when all those things you once liked so much start to grate at you? How open can and should you be? Celebrity couple John Legend and Chrissy Teigen recently had to face this situation when they brought it to the extreme and took a lie detector test. John ended up telling the truth about a meal Chrissy made that "wasn't great." Whether it's a dinner your partner cooked that you didn't like, or the fact that he or she never puts away any clothes, it's important to think about how to communicate these dislikes to your partner before they really become a problem.

How can you communicate your dislikes without offending them and hurting their feelings, and creating another problem altogether?

This whole scenario begins with the assumption that you are supposed to tell your partner everything you don't like about them - isn't honesty always the best policy? Generally the answer is yes, but there are certain ways to approach these situations that will enhance your connection instead of undermining it. In a relationship, there will always be some things that turn you on and others that turn you off. The big question is determining what you can live with, and what you can't and therefore need to talk about and work toward a change. Whether it has to do with appearance and what you perceive as bad taste, or just a general personality flaw that has become more apparent, decide first if it is important enough to bring up. In other words, how much is it going to drive you crazy and get under your skin, possibly eventually driving a wedge between you? If you decide it falls into that serious box, it's important to think before you express your dislike. Attempt to frame your words so it is clear you are on your partner's side. If it is a bad haircut or an unflattering dress, you might be doing them a favor by letting them know since they can either choose to go to a different salon for their next haircut or wear a different dress. You want to be careful and mindful in the way you present it because otherwise it could come across as criticism or blame. When that happens your partner might feel anxious, insecure, and afraid to try to make the meal again, or to take the cooking

lessons, or reluctant to take risks for fear of failure and disappointing you and opening the door to more criticism, which is all the opposite of what you want to achieve.

Related Link: <u>Relationship Advice: An Unconventional Marriage</u>

Along these lines, instead of talking about what you don't like, talk about what you would like next time. You might think the chicken is too creamy and rich, in which case you could say, "that was good, but it might taste even better if you used a little less cream next time." In this way both of you can feel encouraged about the next effort instead of discouraged. If, for example, your partner constantly throws clothes on the floor and you find the bedroom unrelaxing because of that, you might say that if he or she could put away some of the garments you would want to spend more time in the bedroom. This will definitely work better than being judgmental and saying they are messy or a slob. Look to voice your concern in terms of what you would like them to be doing in the future rather than what they just did wrong in your eyes.

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The golden rule of thumb is to try to avoid letting things go until you become really resentful, because that can lead to what I refer to in my book What About Me? Stop Selfishness From Ruining Your Relationship as Love You, Mean It, Hate You, Mean It moments. We always start out with an abundance of Love You, Mean It moments. However, over time the Hate You, Mean It moments inevitably build up and can eclipse the positive ones. By talking to your partner it enables you to preserve the good feelings so that you can strike a balance and always find your way back to the love that you feel for them. It is a matter of knowing what to accept about who they are versus what you are looking to work toward changing with them. While John and Chrissy may have jumped right to the lie detector test, most people take a slower road to their confessions. It is important to think of the right approach when sharing your dislikes. Keeping balance, caring, and encouragement at the forefront rather than criticism and blame is always a better way to go. Hopefully whatever truth you tell will be offered with grace so the good can continue to outweigh the bad.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> the first Wednesday of each month, at 11 AM EST, 8 AM PST; including Shrink Wrap on Call, Pop Psych with Dr. Greer, and Let's Talk Sex! Connect with Dr. Jane Greer on <u>Facebook</u>, and be sure to follow <u>@DrJaneGreer</u> on Twitter for her latest insights on love, relationships, sex, and intimacy. Listen to Dr. Greer's Shrink Wrap News at 7 segments on <u>HealthyLife</u>.

Celebrity Exes: Jon Gosselin Says Kate Gosselin is 'Warped' By Fame





By <u>Hope Ankney</u>

In the <u>latest celebrity news</u>, Jon Gosselin has stated he thinks <u>celebrity ex</u>-wife, Kate Gosselin, has changed for the worse after the couple's fame skyrocketed from Jon and Kate Plus 8. According to UsMagazine.com, Jon expressed his concerns on an upcoming episode of Dr. Oz. Preview clips of the interview feature him stating, "I believe that her belief system is skewed. I believe her intentions, in the beginning, were good intentions. Bringing kids into the world that she fought to have, these kids. But I think once fame and money got involved, it twisted her belief system. On my end, I've been fighting to get my kids off TV forever."

These celebrity exes are still taking digs at each other. What are some ways to keep negativity about your ex out of your life?

Cupid's Advice:

Sometimes, when it comes to exes, it's hard to stay on friendly terms. The split is messy. The friend circle is too small. The wounds aren't easy to heal. If you're struggling with keeping yourself out of the drama with an ex, don't worry. Cupid has some <u>relationship advice</u> to help you keep their negativity out of your life:

1. Give a disclaimer to friends: If you and your ex share a friend group, make sure you have a conversation with the friends about how you feel. If you tell them that you'd rather not hear anything about your ex, they'll more than likely accommodate your request than if you didn't communicate with them beforehand. It also keeps the peace between the friend circle.

Related Link: <u>Celebrity News: Tristan Thompson 'Isn't Giving</u> <u>Up' On a Future with Khloe Kardashian</u>

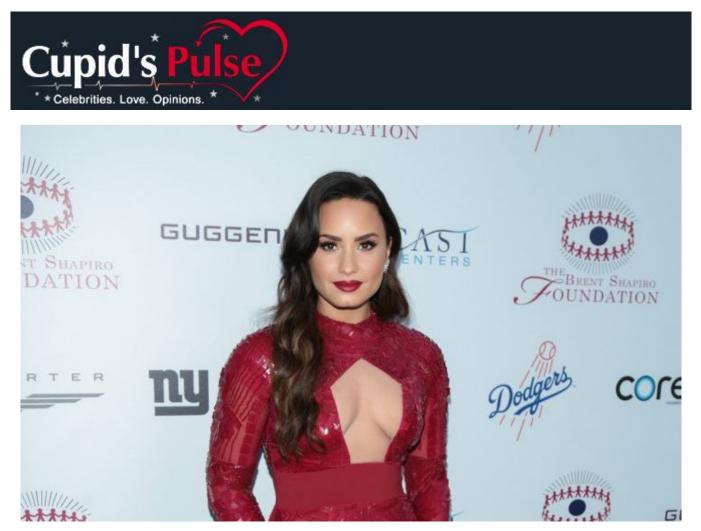
2. Unfollow them on social media: Negativity seems to follow exes who stalk each other on social media. If you really want to distance yourself from the drama and pessimism that is triggered by an ex, unfollow them or even block them on your social sites. This helps you not be tempted to check their page and sour your mood.

Related Link: <u>Celebrity News: Angelina Jolie Has Been On a</u> <u>'Few Dates' Amid Divorce from Brad Pitt</u>

3. Don't fan the fire: Most times when an ex is causing negativity in your life, they're expecting a reaction. Ignoring someone might sound like an obvious piece of advice, but it is important to not allow yourself to give in and snap back. This only causes more drama and makes your ex susceptible to acting out again.

How do you keep the negativity about an ex out of your life? Let us know down below!

Relationship Advice: Romance After Baby



By Dr. Jane Greer

Bringing a baby into your lives can change everything. The days move in a different way, the demands on you can be like nothing you have ever experienced before, both physically and emotionally, and you might be getting little to no sleep.

It's no wonder, then, that your romantic relationship, which may have always come naturally to the two of you, might now change as well. The very fact that the press paid so much attention to Meghan Markle and Prince Harry's small gestures toward each other on their most recent trip — holding hands while walking, a nice kiss goodbye as they went their separate ways one day — points to how important such moves can be after having a child.

The royal couple has always been demonstrative with affection. But since the arrival of Baby Archie, their hand-holding and kissing seems a continued declaration of romance.

Keeping the romance alive and remaining passionate partners even after expanding your family can be a challenge. So how do you go about accepting and navigating the new circumstances without losing that important connection that brought you to this point in the first place?

The first step is acknowledging that things are no longer the same, and adjusting your expectations accordingly, so that you won't feel disappointed if you look back at the way things used to be. Perhaps you were intimate in the house whenever and wherever you wanted, spontaneously. But that was before being up all night with a crying infant or changing diapers, or worrying constantly made new demands on your energy. It was before you were breastfeeding or washing bottles and before all you could think about was this tiny new being.

As a result, the time and fuel you have for being romantic has probably diminished dramatically. With this in mind, work to establish a new normal based on what your life is like now and the resources you have and don't have as new parents. Things are likely to be starkly different from the way they were before.

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One helpful change might be to plan for time alone together, as opposed to simply waiting for it to unfold. You might not find the time nearly as often as you used to, so try to shift the emphasis from quantity to quality. Focus on making the times that you can be together meaningful so that the feelgood connection lingers.

Also, shift from the free-fall expression of love that previously accompanied your relationship and instead pay attention to the smaller gestures of connection, as Meghan and Harry seem to be doing. You might have to exchange an exciting romp in the hay or staying in bed together all day for a passing kiss, a warm hug, or a gentle back or foot rub. Look for opportunities to pepper each other with consideration, maybe offering your partner a few hours alone without the baby, or being empathic and acknowledging that you appreciate how exhausted they must be.

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The truth is that little acts of thoughtfulness and understanding in the face of having a baby ARE sweeping gestures of romance. They will allow you and your significant other to feel cared about, which then leads to wanting to please each other. It creates an atmosphere of gratitude, appreciation, and love, all of which are the kindling of romantic love.

The bottom line is that it's important to accept that things have evolved. It is unwise to judge your love by your old standards; your new situation will likely not hold up and might lead to feelings that something is wrong or missing. Instead, think of the new phase as a revamp. Know that if your partner is too tired for sex or even a make-out session, it is not personal, it is because they are wiped out. Putting it all in the context of nurturing your home and baby and creating a new landscape of love can sustain you through the period of infancy and toddlerhood.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at <u>www.facebook.com/DrJaneGreer</u>, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <u>http://www.drjanegreer.com</u>.

'Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice Awards





By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, <u>Bachelorette</u> star Hannah Brown bumped into her <u>celebrity ex</u>, Tyler Cameron, at Sunday's People's Choice Awards. According to <u>UsMagazine.com</u>, Brown commented on their interaction before the show started, saying there was no bad blood. She discussed how sweet it was that Cameron brought his mother as his date. When asked if she was nervous about seeing him, she replied positively, "I think I have so much going on right now. I mean, I came straight from practice for the show tomorrow, so there's no place for nerves and honestly, I'm just really focused on myself right now and I'm just really glad that I am able to be here and to celebrate the nomination of the award."

These celebrity exes crossed paths at the People's Choice Awards. What are some tips for keeping your cool

in the presence of an ex?

Cupid's Advice:

A break-up is never easy. It's even harder when you know you're going to have to see your ex again whether you plan on it or not. Standing in the presence of someone that you have a history with would make anyone sweat bullets, but it doesn't have to an interaction you dread. Instead, if you're worried about keeping your blood pressure down the next time you see your ex, don't worry. Cupid has some <u>relationship advice</u> on how to stay as cool, calm, and collected as possible in their presence:

1. Think about the positives: If you know you're going to have to be around an ex in a public setting, make sure you don't focus on the negatives of your relationship. Associating their presence with hurt will only hinder you from having a cordial interaction with them. Try to keep your mind on the positives of your guys' time together. Then, when the time comes, you'll be level-headed enough to have a friendly passing conversation.

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2. Be surrounded by friends: Being around an ex, alone, can be a daunting task. But, if you know there might be a possibility that you'll run into your ex somewhere, bring a couple of your friends to cushion the blow. You'll feel much more confident and positive being around them. And, you won't have to worry about suffering through any awkward silences that might occur.

Related Link: <u>Celebrity News: 'Bachelorette' Hannah Brown &</u> <u>DWTS Partner Clear Up Romance Rumors</u>

3. Focus on yourself: The best advice to keeping your cool when you're around an ex is to do what Hannah Brown did and

focus on yourself. Don't allow yourself to think too much about their presence. Keep doing what you're doing, and don't worry about them being there. This helps in alleviating the stress of seeing your ex and acting kindly towards them when you do bump into them.

What are some ways you keep your cool around an ex? Sound off in the comments below!

Celebrity Break-Up: David Eason Speaks Out After Jenelle Evans Announces Split





By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, *Teen Mom 2* alum David Eason has spoken out after Jenelle Evans announced their <u>celebrity</u> <u>break-up</u>. This is the first time he's addressed the issue with his estranged wife, and he seemingly shaded Evans through several Instagram stories on Sunday, November 3rd. According to *UsMagazine.com*, Eason posted two screenshots of *TMZ* articles. One detailed a request for full custody of the pair's two-year-old daughter, Ensley. The other discussed Evan's road rage that was broadcast in 2018 where she followed a driver home and then brandished a gun.

In celebrity break-up news, David Eason threw some shade Jenelle Evans' way after she announced their split. What are some things

to avoid on social media during a break-up?

Cupid's Advice:

Getting over a nasty breakup is hard, but it is even harder when social media is involved. Whether it is viewing their stories, stalking their profiles, or keeping up with what their friends are doing, it is a breeding ground for hurt feelings and questionable consequences. If you're going through a break-up, and you're having a hard time pulling yourself away from your ex's social media, don't worry! Cupid has some <u>relationship advice</u> on what to avoid on social media during a split:

1. Social media stories: Facebook has them. Instagram has them. Snapchat has them. Social media stories allow users to see exactly what's going on with someone in real-time. It's a cool feature unless you're going through a tough break-up. Seeing your ex out having fun on their stories can further fan the flame, and it might lead to feeling worse or to toxic social media behavior. Before you decide to click on their icon, think about what viewing this story is really going to help when it comes to getting over them.

Related Link: <u>Celebrity Parents: 'Teen Mom 2' Alum Jenelle</u> <u>Evans & David Eason Lose Custody of Kids After Legal Battle</u>

2. Burner accounts: If you follow their FINSTA (private Instagram) or Fake Twitter, chances are your ex will be venting about you and your relationship after it ends. If they haven't already blocked you from following their account, maybe it's a good idea to unfriend yourself from seeing those posts. And, if you are blocked, don't give in to the temptation to ask friends who are still privy to the accounts to spy on them and report back. You'll see or hear something you weren't prepared for, and it will only lead to anger or

hurt.

Related Link: <u>Celebrity Break-Up: 'Bachelor' Alum Tia Booth</u> and Boyfriend Cory Cooper Split After 1 Year Together

3. Keeping up with the circle: Chances are, when a relationship ends, the friend circle won't be the same. Some people will choose to stay with your ex while others might be more neutral about the breakup. Either way, it isn't a good idea to poke your nose into the circle, especially on social media, to keep up to date about what your ex is doing. Not only does it not paint you in a good light, but it can cause issues in the friend group. It's better to keep a safe distance than to cause more distress than is necessary.

What are some things you avoid on social media while going through a breakup? Let us know down below!

Movie Review: Seberg





By <u>Hope Ankney</u>

Seberg is a film that will have everyone sitting on the edge of their seats. Following the story of Jean Seberg (as played by <u>Kristen Stewart</u>), the <u>movie</u> takes place in the late 1960s, as the American actress grows bored of acting and takes interest in activism and politics of the era. While on a flight, Seberg locks eyes with a handsome stranger, Hakim Jamal, who turns out to be an outgoing, yet controversial, leader of The Black Panthers Movement. Wanting to "make a difference," she finds herself swept up in a romance with Jamal while she dives further and further into the movement of the Panthers. It isn't long, though, until a young FBI agent named Jack Solomon falls for Seberg, making everything a little bit more difficult.

Seberg is a political thriller that will have you feeling a mix of

emotions by the film's end! Check out our movie review.

Should you see it: If you're a fan of politics, true stories, or thrillers, this film will be perfect for you!

Who to take: Take someone who will appreciate the film's purpose as much as you do. It's better to link up with a friend who would be into Seberg's story line and understand the significance of the politics of that era for you to have a better viewing experience!

Cupid's Advice:

Even though Seberg is a political thriller, there is a subplot that revolves around lovesick FBI agent Solomon chasing after Jean even though she doesn't seem to be reciprocating the same smitten feelings. If you're falling for someone, and you don't know if they're feeling the same way, don't worry. Cupid has some <u>relationship advice</u> to figure out if someone is into you or not:

1. Extended eye contact: If you and your crush are consistently exchanging glances at one another, this could be a sign that they're interested in you. It's even more obvious if these glances include smiles, bashfulness, or rosy cheeks!

Related Link: Movie Review: Last Christmas

2. Casual touches: innocent touching happens all the time between two people. But, it becomes a little less casual when these touches turn into gentle hands on the shoulder or brushing of hands. Chances are, if someone is going out of their way to come in contact with you, they're at least a little bit into you.

Related Link: Movie Review: Midnight Sun

3. Constant laughter: A sure sign that someone is flirting is when everything you say is taken like a comedy routine. People who like you are going to think you are the funniest person on the planet, and going out of their way to genuinely laugh at something you said is a way for them to show interest.

What are signs you've noticed to know when someone is into you? Let us know down below!

Relationship Advice: 4 Tips for Building and Planning a Wedding Website





The role technology plays in the wedding planning process has increased in recent years. Case in point: These days, roughly three out of four couples make it a point to create a wedding website that shares important information with their guests. Indeed, creating a wedding website is a great idea for several reasons. In addition to providing everyone with key details about your special day, it will also help your guests who are coming in from out of town to learn about where to stay and how to get to your ceremony.

As for how to plan and build your wedding website, including what to include and what can be left out, consider the following tips:

1. Start with a Wedding Website Template

Unless you or your partner have a lot of experience creating websites, you should begin by <u>choosing a wedding website</u>

platform. For instance, Minted.com offers free wedding website templates that are designed by independent artists and have a personalized look and feel. Your wedding website should share a matching design with your invitations, as well as the chosen colors for your wedding and reception.

Once you've chosen your platform, it's time to think about what to include on the wedding website.

2. List Important Details on the Main Page

The main page of your wedding website should include all the important wedding details. This includes your names in a font that's easy to read, the wedding date, and the time and location of both the ceremony and reception. The main page is also a great place to include a nice photo of the two of you and a short welcome message for your guests.

3. Provide Plenty of Schedule Information

In addition to the time of the ceremony and reception, a wedding website should also include information on any other planned activities surrounding the main event. For instance, if you're hosting a welcome dinner for out-of-town guests and/or a morning-after breakfast include the location and time on the website. Be sure to include only the events that everyone is welcome to attend on the wedding website. In the case of a rehearsal dinner, it's best to leave this off the website.

4. Include Local Travel Details

For guests driving or flying in for the occasion, a wedding website is the perfect place to include details about their travel and accommodations. Knowing this, your wedding website should <u>feature information about the nearest airport</u>, as well as the names and phone numbers for any local hotels where you have reserved a number of rooms. If you've arranged for discounts for airport shuttles or rental cars, include this on the wedding website as well. Basically, your site should be a one-stop travel information stop for anyone who is coming to your wedding from another city.

Have Fun Planning Your Wedding Website

Planning your wedding website should be more fun than stressful. Choose a user-friendly platform that will help you create a lovely and informative website. Be mindful of what to include and what to skip and the final product will be an attractive and helpful wedding website that your guests will truly appreciate.

Movie Review: Portrait of a Lady on Fire





By <u>Hope Ankney</u>

If you've been looking for a good period piece with romance and gender representation, then look no further than Celine Sciamma's newest directorial move. Ending the year off right, *Portrait of a Lady on Fire* is the French film that burns on female desire. Following the story surrounding the 18thcentury painting, the focus of the film revolves around the woman, Héloïse, who refuses to pose for it, defiant against the arranged marriage she's being forced into. This where she meets the artist commissioned to paint the portrait, Marianne, who she ends up having a very complex and intellectual bond with. Told through Marianne's eyes, it's a film that's hopeful, heart-wrenching, and utterly poetic as a beautiful lesbian representation of love and loss.

Check out our movie review of Portrait of a Lady on Fire, a

stunning romance film for date night!

Should you see it: If you love period pieces, romance stories, female-directed films, or are just tired of not seeing enough lesbian representation in the industry, you should definitely mark your calendar to see *Portrait of a Lady on Fire*. It'll be a film you won't stop talking about in the new year.

Who to take: This <u>movie</u> is perfect for date night or just a G.N.O with some friends who want to experience a tearful yet beautiful love story! Filled with moments of complexity and the deeper layers of how love blossoms between two people, it's great for conversations over dinner about how the story made you feel afterward.

Cupid's Advice:

Portrait of a Lady on Fire details the relationship between two women who come into one another's lives in a way they both don't expect. A forbidden love story that relies heavily on trust and vulnerability, it pulls on anyone's heartstrings who have found themselves in relationships that are new and frightening. First time experiences and allowing a stranger into your chest can be a hazardous territory. If you're inbetween a budding romance, but you're having a hard time allowing yourself to be completely vulnerable with the other, don't worry. Cupid has some <u>relationship advice</u> on how to knock your walls down as to let the other person in:

1. Communicate your fears: Stepping into a new relationship, usually, means that you haven't shared a lot about yourself with your partner. They don't know about your insecurities, doubts, problems, or fears. But, if you allow yourself to peel the layers back and reveal some of those issues and walls that you have built up, it'll be a relief for both you and your significant other. Besides, being vulnerable is one of the most attractive things to be in a relationship, and it will increase your intimacy and emotional connection ten-fold.

Related Link: Movie Review: The Sky is Pink

2. Open up instead of shutting down: We've all been guilty of this. We get into an argument or something hurts our feelings, and instead of talking it through, we go completely silent and deal with it internally. In most cases, problems can be solved by choosing not to shut down but to open up. Communicating with your partner about something they did that affected you not only allows understanding of perspective, but it allows you, as a couple, to learn from the experience.

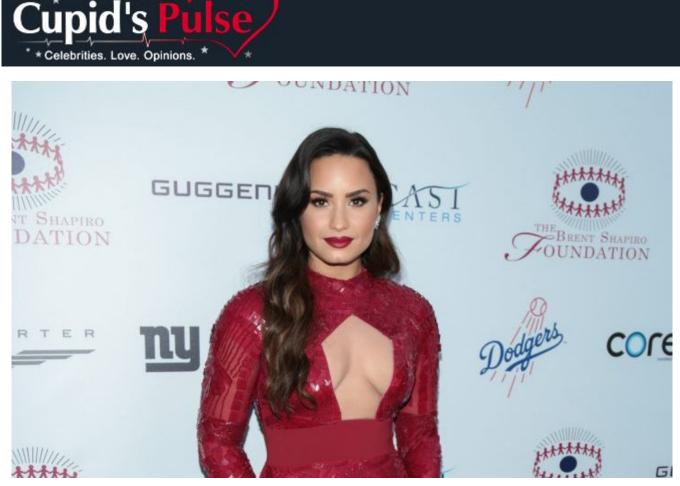
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3. Share aspirations and passions: It's a common theme in relationships that people fail to do what they love because they're afraid of what their partner will think. If you have a goal or dream that is incredibly important to you, allow your partner to know about it! When you share something that personal with a significant other, you are letting them into your world which can make your relationship even better than it is. The more you do this, the stronger and more unique your bond will become.

What are some ways you've opened up in new relationships? Let us know down below!

Celebrity Break-Up: Meg Ryan & John Mellencamp Call Off

Engagement



By Meghan Khameraj

In <u>celebrity news</u>, Meg Ryan and John Mellencamp called off their engagement. A source for *UsMagazine.com* reports that the <u>famous couple</u> split and that Ryan "…had enough and ended [their engagement]…She has no regrets." Ryan ignited rumors of a potential celebrity break-up when she was spotted sans engagement ring. The couple were on and off for eight years and announced their engagement in November 2018.

This celebrity break-up reportedly

comes after Meg Ryan "had enough." What are some ways to know your relationship isn't fixable?

Cupid's Advice:

Meg Ryan and John Mellencamp called it quits on their relationship. Ryan seems very secure in her decision to end her relationship and does not have any regrets. Cupid has some <u>relationship advice</u> to help you know when your relationship is beyond repair:

1. You aren't happy: Unhappiness is the first tell-tale sign that your relationship may be headed in the wrong direction. If you've felt less happy in recent months, take some time to assess the situation and determine if staying in the relationship is the best option for you.

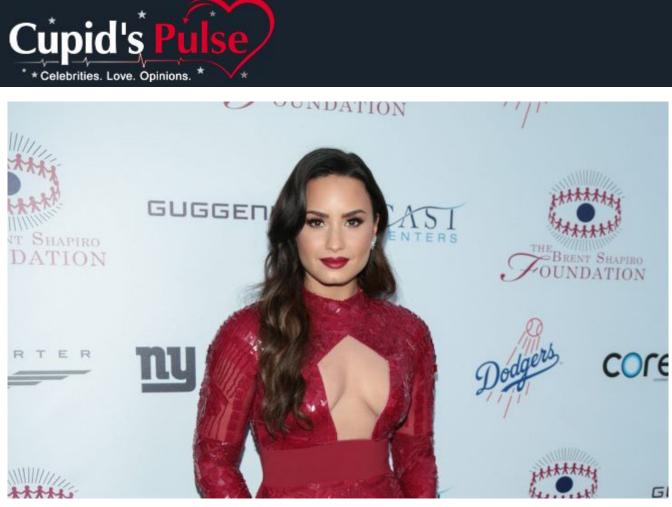
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2. You and your partner argue often: Arguments are normal in a relationship, however, if you and your partner are constantly butting heads over the simplest of issues, there may be an underlying reason why. Your relationship is causing you extra stress through all of the fighting, so ask yourself: is it worth it?

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3. You can picture your life without them: Being able to picture a happy future for yourself without your partner is the most obvious sign that your relationship is beyond repair. If you think you would be happier without your significant other, you shouldn't drag your relationship out, as it is not fair to your partner. How do you know when a relationship is unfixable? Let us know in the comments below!

Dating Advice: Why 'Ghosting' is the New Normal in the Dating Scene



By <u>Hope Ankney</u>

Most of us have been the victim of abandoned text messages, empty voicemail boxes, and the complete disappearance of someone we thought we had a great connection with over drinks. This leaves us with a haunted mind that tries to understand what we did wrong to cause someone to vanish from our lives. An experience that is more common in our <u>dating</u> lives than most of us think, the term "ghosting" (the act of withdrawing or ending a relationship suddenly and without explanation) has become the new normal.

In this dating advice, find out why "ghosting" is so trendy right now in the dating scene.

Is ghosting a new trend because of the rise of technology and social media? The absence of communicating with others faceto-face? The desensitization of considering others' feelings due to impersonal interaction? Those are questions that have circulated around the term "ghosting" for a while now, in an effort to understand the epidemic that has created open wounds and confusion. It seems that the main culprit to "ghosting" in our dating lives is the lack of vulnerable communication we have, now. Many people don't know how to cope with having an honest conversation, so they'd rather disappear instead of confronting the other person directly about their feelings. Dr. Fran Walfish, a leading child, couple and family Psychotherapist in private practice in Beverly Hills, California, provides her opinion on why "ghosting" has become so popular in modern dating:

1. Technology: As Dr. Walfish explains, "We are currently living in an age where people judge dates based on what technology they have. They slide this under the guise of 'ease'." With how technology-dependent our society is, nowadays, it's much easier to contact people on whatever social media app or texting device we have available to us. She goes on to say that people have normalized texting to be a front-runner in how we communicate in relationships, which ends up causing much more misunderstanding, uncertainty, and distance between people. This results in "ghosting" being a common practice that hurts and confuses the message receiver.

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2. "Cookie Jarring": This, as Dr. Walfish has coined, "is a dating term where you keep someone as a backup with no real intention of dating them. You use them as a possible escort for parties or group events so you don't have to go alone, but you put them back in the cookie jar when you're done." This somewhat of a brutal way to put it, right? But, "cookie jarring" is actually a phenomenon that only further perpetuates "ghosting." With millennials and Gen Z-ers being raised in an environment of selfish and narcissistic media, these daters lack the realization that their behavior could significantly impact another. So, when they're using someone or treating them coldly, they often don't see it as being rude or disrespectful.

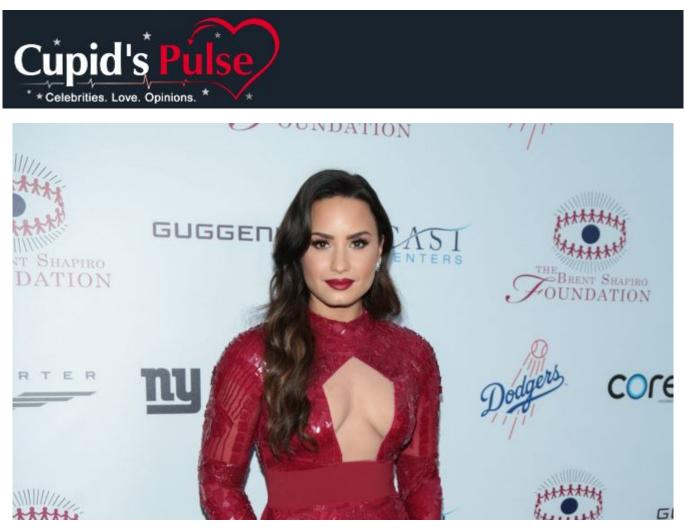
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3. Peer Pressure: Young people seem to constantly worry about how their peers perceive them, especially on social media. Dr. Walfish details that "young adults seem more consumed with how they are viewed by their peers if they show up dateless, rather than building internal character by doing the right thing and treating others the way they want to be treated." Not only that but sometimes friends persuade them to drop those they're dating or seeing. We love to fit in, and it isn't abnormal for us to do that by 'ghosting' someone that the peers we value are telling us to. Peer pressure is the culprit for many people disappearing on others, and the constant focus on social media can tell a person that they don't need to be dating one person when there are so many potential partners out there. 4. Bottom Line: 'Ghosting has become a phenomenon that, sadly, is here to stay. The dating scene has veered away from finding someone to build a relationship with, instead, focusing more on how easy and simple hooking-up is. This replacement has caused a stunt in how we utilize our communication skills and function in healthy relationships. The relationship advice that Dr. Walfish gives on how to combat the ever-increasing, impersonal characteristics of modern dating is to stick to traditional dating roles. "Open, honest communication between two loving and solemnly committed partners is required to make all the types of role divisions in relationships work." And, if you aren't feeling the same connection that your date is, the best thing to say is what Dr. Walfish suggests: "You are a lovely person, but I feel like we are not the right match (or fit)." By doing this, you're at least not leaving someone in the dark, feeling abandoned and rejected without knowing exactly why.

Dr. Fran Walfish is a leading couples relationship and family psychologist in Beverly Hills, CA, as well as the author of the book <u>The Self-Aware Parent: Resolving Conflict and</u> <u>Building a Better Bond with Your Child.</u> She also writes a weekly relationship and parenting Q&A that is published in the 'Beverly Hills Courier' newspaper and is a former co-star on WE TV's 'Sex Box.' You can find her on <u>Facebook</u>, <u>Twitter</u>, <u>LinkedIn</u>, and <u>YouTube</u>.

Celebrity Couple News: Jenni 'JWoww' Farley & Zack

Carpinello Are Back Together After Split



By <u>Hope Ankney</u>

In our latest <u>celebrity news</u>, Jenni 'JWoww' Farley and Zack Carpinello are back together! After the <u>celebrity couple</u> split only two weeks ago, it seems like the two have mended their relationship. According to *UsMagazine.com*, the reality star and wrestler were seen together twice after they announced their break-up. This is when they spent time at Universal Studios in Florida on October 18th, and when Carpinello hung out with Farley's children on October 12th.

In celebrity couple news, this split didn't last! What are some ways to decide whether to get back together with an ex?

Cupid's Advice:

Getting back together with an ex can be a difficult decision. Let's be honest, it's much easier to patch things up with an ex instead of finding someone new because it means we must get to *know* someone new which, usually, isn't something we want to do. As you've probably broken up for legit reasons, it usually doesn't stop lingering feelings from keeping the flame alive. But, it's important to know when these feelings aren't just the normal process of missing a past relationship. If you're unsure of whether to give your ex another chance, don't worry. Cupid has some <u>relationship advice</u> that can help you decide:

1. Listen to your gut: The first thing you must do when reconsidering an old flame is to listen to what your gut is telling you. A past relationship could've ended because you chose to ignore major red flags or never followed what your gut felt. If you're choosing to give this person a second chance, make sure you're willing and able to trust your instincts if things start to slide back into the same territory.

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2. Address what ended the relationship: Sometimes, partners like to jump back together without discussing what made them split in the first place. But, those issues seem to always creep back into a relationship if they're not dealt with properly. It's important for a couple to build on their new relationship by learning from the problems that occurred in the past that led to their break-up. It'll help you both to understand each other's perspective on the situation, and it will stop similar issues from arising in the future.

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3. Time has passed: Time heals all wounds, right? Or, so they say. It's possible that your relationship ended because both of you just needed some time apart from one another. Sometimes, one needs to go soul-searching. Sometimes, both of you just need to learn to live life without one another to see if the relationship is right. It's often that when time passes, you have matured and grown as people. So, when you do find your way back together, it's like your relationship has recharged, and you've realized that you'd rather be with no one else.

How have you decided when to get back together with an ex? Let us know down below!

Movie Review: Last Christmas





By Ahjané Forbes

Last Christmas is a movie that sets the mood for the upcoming holiday. The film takes place in London and is directed by Paul Feig, who is known for his work on *Bridesmaids* and *Someone Great*. The female lead Kate, played by Emilia Clarke, has been having a streak of ongoing bad luck. After coming out of the hospital, she finds a job singing and working as an elf in a year-round Christmas store. When Kate meets Tom, played by Henry Golding, he impacts her life in a very special way by turning her misfortune into a positive experience. Eventually the two of them starting dating, and Tom shows Kate that even damsels in distress can find love, too.

Last Christmas is a modern-day feel-good movie that makes you feel love for the holidays! Check out

our movie review.

Should you see it: If you are a fan of a rom-com with a little sprinkle of reality then this the the movie for you!

Who to take: Take someone that you are comfortable sharing your feelings around. A few close friends or your partner would be a good date choice for this movie.

Cupid's Advice:

Last Christmas represents the heartfelt relationship between Kate and Tom and shows us that love can happen when you least expect it. Cupid has some relationship advice for those singles looking for love this holiday season:

1. Search for a person that you are attracted to: It's not all about looks! Attraction can be based on intellect and how a person makes you feel emotionally. Sometimes love comes in a way you may never anticipate.

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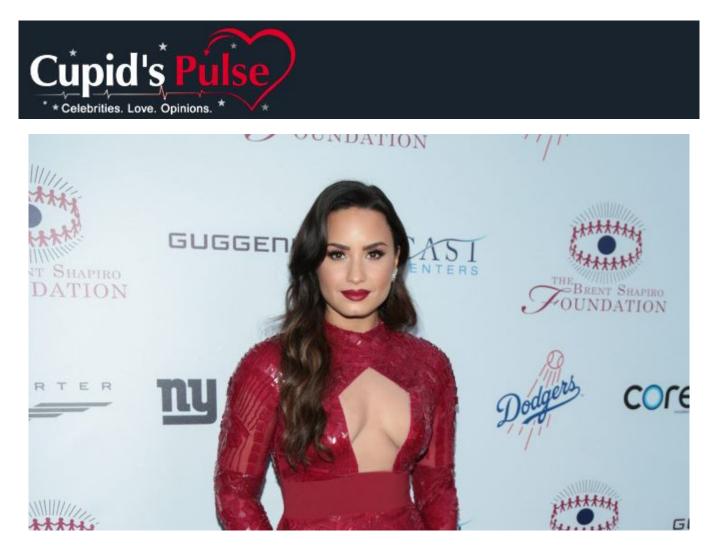
2. Adds value to your life: Find someone who feels good to be around and who goes the extra mile to make you feel special. A good partner will push you to be a better person and support you in both the good and bad times.

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3. Create your own ending: Not everyone's love story is the same. The way you plan to tell your story is completely up to you.

Are you going to see *Last Christmas*? Let us know in the comments below!

Movie Review: Lady and the Tramp



By <u>Hope Ankney</u>

Get ready for another animated Disney re-make! Lady and the Tramp is the next film to be offered a reboot, but unlike its predecessors, it won't be coming out in theaters. It'll be offered through Disney's newest streaming service starting on November 12th. Don't worry, though. The adored movie will still stick to its classic story-line. The journey follows a pampered Cocker Spaniel named Lady whose life is ripped away from her once her owners have a baby of their own. She goes

through certain circumstances that lead her onto the streets, where she meets the tough and brawny stray dog, Tramp, who comes around to protect her. Soon enough, a romance between the two starts to blossom, but the differences in who they are and where they come from threaten to keep them apart.

Check out our movie review for Lady and the Tramp, a perfect film for the whole family!

Should you see it: If you were already a fan of the beloved classic, love a good, family-friendly movie that caters to all ages, adore dogs, or are always up for a heart-warming experience, you should definitely consider seeing this film. And, unlike other animated remakes that Disney has done, Lady and the Tramp feature real dogs and isn't made up of mostly CGI!

Who to take: This movie is perfect for any family outing with the kids, your friends when you're wanting to experience nostalgia, or even as a light rom-com for a casual date night! The story-line is made to entertain everyone that sees the film which makes it an easy and enjoyable watch for anyone who is even slightly interested!

Cupid's Advice:

Lady and the Tramp is known for how it marries a child-like adventure story with an unforgettable romance. Always acting as a loose interpretation of Romeo & Juliet, it focuses on how differences between two people can hinder the success of a budding relationship. If you've ever found yourself in a position where you and your partner have major differences between both of you, don't automatically call it quits! Cupid has some <u>relationship advice</u> on how to stay together even when it seems like you're differences can tear you apart: 1. Talk about expectations/differences and negotiate: It's tough to have a conversation about expectations in a relationship. It's even harder when that conversation steers towards things that bother you about certain aspects between you and your significant other. But, having these hard discussions can help you and your partner grow stronger. Work together when it comes to making decisions and following through on expectations. It's a good start to being able to have differences and disagreements that don't, ultimately, feel like a personal attack anytime they're brought up.

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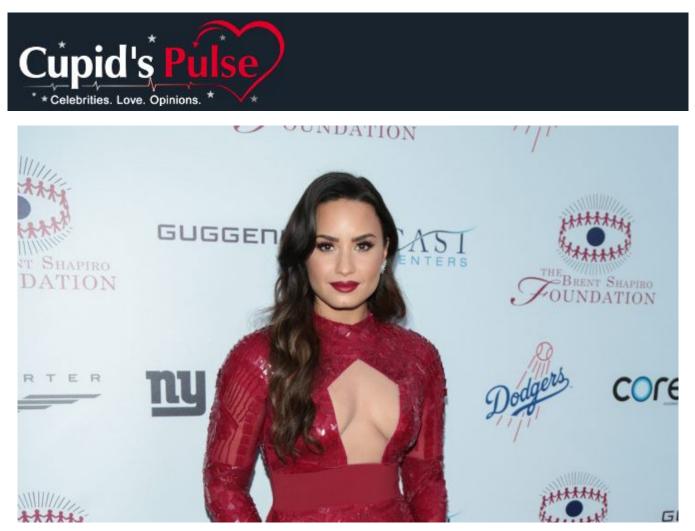
2. Let the differences be a positive thing: Depending on the circumstances, some differences can actually be good to have in a relationship. Being with someone who shares the same opinion or values about everything as you do can actually be quite boring and bland. Differences between two people give texture to the romance and can make the relationship fun and exciting. You should always be growing and changing in your relationships, so being with someone who shows you new ways to perceive life and opens you to new experiences is always something you should be looking for.

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3. Only compromise when it's worth it for both of you: There's no such thing as a relationship without compromise. But, you should never find yourself in a relationship that has you compromising more than the other person. Every couple handles differences and the compromises to those differences in unique ways. So, the key to having a healthy and successful relationship is to find ways where compromise doesn't seem like a bad thing, and it can help both of you to become happier and better people.

What are some ways you've found a way to stay in relationships despite your differences? Let us know below!

Celebrity News: Matthew Koma Calls Hilary Duff 'Wife' Sparking Marriage Rumors



By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, Matthew Koma has, seemingly, sparked rumors that he and <u>Hilary Duff</u> have secretly tied the knot. According to UsMagazine.com, the musician referred to Duff as his "wife" in an Instagram post shared on Saturday night. In the photo, you can see the actress mid-laugh as she's dressed to the nines. Many fans began speculating about a possible wedding ceremony, but neither party responded. Instead, Duff posted a photo to her own Instagram the same night of the two, detailing that they were attending the AdoptTogether's 2019 Baby Ball in Los Angeles.

In celebrity news, is it possible that Hilary Duff and Matthew Koma tied the knot in secret? What are some benefits to keeping your nuptials on the down-low?

Cupid's Advice:

It's not uncommon for <u>celebrity couples</u> to secretly get married. Their entire lives are handed to the public on a silver platter. Privacy is something they don't take for granted, so it's understandable that there are some aspects of their world that they would like to keep separate. But, this isn't just helpful for celebrity relationships. It can be just as beneficial for anyone to keep their private life... well, private. Here are some of Cupid's best <u>relationship advice</u> on why getting married on the down-low can actually be a good thing:

1. Filtered social media: The advancements in the visual aspect of social media has changed how we get attention from our peers. However, if you become obsessed with recognition and likes, it can negatively affect your relationship. It begins to blossom when a couple notices that they're more in love with the idea of their relationship being flaunted online than they actually are being in the relationship. Keeping your marriage private can help in keeping both of your motivations pure as you step into the next part of your lives together. It's important to note when you're in a partnership with another because you have a genuine bond versus when you love the views that social media gives you for that partnership.

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2. Fewer riffs due to privacy: When you share almost every waking moment of your marriage online or with others, it hinders the relationship from having a bond that should be shared only with each other. Most spouses aren't exactly excited to know that the majority of their relationship is exposed to third parties. This can cause drama and unnecessary issues in your marriage when others know about problems or complications that are normally kept quiet.

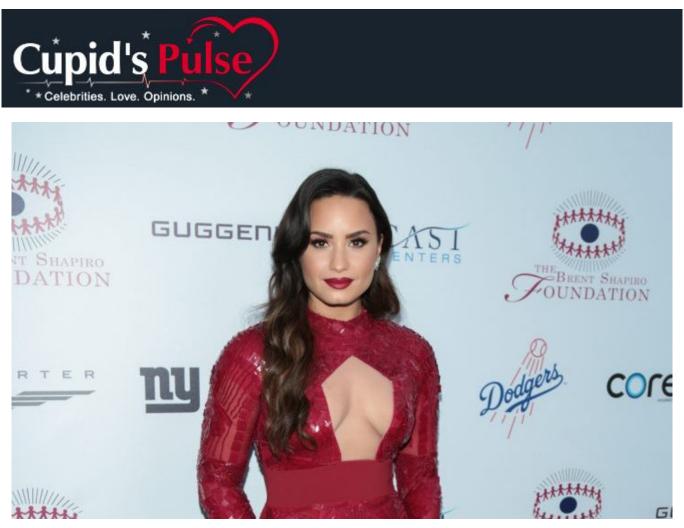
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3. Less opportunity for exes to meddle: No matter what, it seems like some exes just don't allow you to ever be happy. The only thing worse than friends or family being in your marriage's business is if an ex is meddling in it as well. This can damage your relationship if your marriage isn't built on the strongest of foundations. Disclosing information to your ex or those who know your ex can be harmful, and it should be something that isn't taken lightly. Don't allow yourself to be vulnerable, and always be wise.

What are some ways that you've found being private with your marriage has been beneficial? Let us know down below!

Celebrity News: JWoww Is

'Hurt' After Boyfriend Makes a Move on Angelina Pivarnick



By Meghan Khameraj

In <u>celebrity news</u>, JWoww responds to the new Jersey Shore: Family Vacation episode where her boyfriend, Chris, got handsy with her cast mate and roommate, Angelina Pivarnick. According to People.com, JWoww revealed on her Instagram story that "…I'm pretty hurt. I feel disrespected by someone I called a friend and by someone who stated they loved me." Chris, who was dubbed "24" by the cast as a joke about his age, repeatedly asked Pivarnick about her sex life and current <u>celebrity relationship</u> with Chris Larangeira. The next episode of Jersey Shore: Family Vacation promises to be an entertaining one as we see JWoww and Pivarnick square off. In celebrity news, JWoww responds to her boyfriend putting the moves on Jersey Shore co-star Angelina Pivarnick. What are some ways to deal with your partner flirting with another woman?

Cupid's Advice:

Jersey Shore stars JWoww and Angelina Pivarnick are going head-to-head again after it was revealed that JWoww's boyfriend tried to make a move on Pivarnick in a night club. This conflict is bound to end in flames that the <u>celebrity</u> <u>couple</u> may not survive. Cupid has some <u>relationship advice</u> to help you deal with an unfaithful partner:

1. Talk it out: Communication is an invaluable aspect of a healthy relationship. The most effective way to avoid drama and solve a relationship problem is to respectfully tell your partner how you're feeling. If your partner doesn't respond well in both words and actions to the flirting allegations, you should consider an alternate method.

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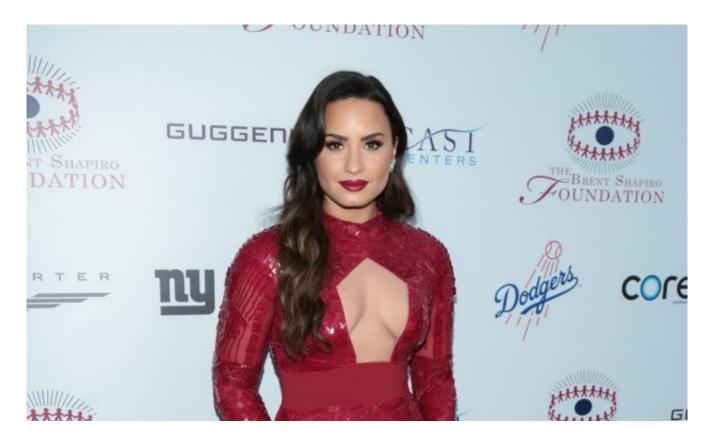
2. Consider couples' therapy: Sometimes tensions can be so high in a relationship that you and your significant other can barely speak to each other. If you find yourself in this situation, or you're simply unable to get your feelings across, you should consider speaking to an unbiased therapist who can help you work through your relationship problems.

Related Link: <u>Celebrity News: Source Says Kylie Jenner Left</u> <u>Travis Scott Over Lifestyle Differences</u> 3. Walk away: You should never lower your standards for anyone. You should also never allow anyone to make you feel like you aren't worthy. If your partner doesn't change their behavior after you've tried and tried to get your feelings across to them, you should walk away. It is never easy to walk away from someone you love, but you will thank yourself in the long run.

How would you handle an unfaithful partner? Let us know in the comments below!

Celebrity Interview: Leanne Ford Talks Interior Design Advice and Upcoming Projects





Interview by Lori Bizzoco. Written by Meghan Khameraj.

Leanne Ford took the interior design world by storm and made a name for herself with a now-famous 1907 schoolhouse renovation in Pittsburgh, her hometown. The home which is referred to as The Schoolhouse Project was featured in *Country Living Magazine*, and helped cement her career. Since then, Ford, whose designs are best described as modern, yet lived-in, continues to build a following with her signature "white on white" aesthetic. She leads design projects in Pennsylvania, New York, and Los Angeles and is a published author and HGTV staple on top of it all.

In our celebrity interview, Leanne Ford gives us valuable interior design advice and insight into her upcoming projects.

In a recent <u>celebrity interview</u> with <u>CupidsPulse.com</u>, Ford

gives interior design advice and discusses her busy schedule full of new projects. She even gets personal and reveals some design details in her child's nursery.

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The house and specifically the bathroom, that solidified Leanne Ford's reputation was The Schoolhouse Project. This project recognized her white and minimalist aesthetic, as the walls of the main living area were painted white, but the floor was left black for the perfect contrasting touch. In the bathroom, she knocked out the crawl space to create room for the bathtub. Though Ford's style was unique and grabbed the attention of the design world, when asked about the biggest risk she's ever taken, this was not one she would count in that category. "Honestly, everything is a risk in some form," the designer says. "If you're not making yourself nervous, you aren't doing anything special."

In addition to the time she spends on interior design projects, Ford and her brother Steve can be seen renovating old homes on their HGTV hit show, *Restored By The Fords* which is slated to come back for Season 3 early next year. She also recently appeared on *A Very Brady Renovation* and the new competition show, *Rock The Block*.

On A Very Brady Renovation, which premiered September 9th, the six surviving members of The Brady Bunch cast came together with current HGTV stars to renovate the San Fernando Valley house used in exterior shots on the series. Ford says, "We just knew we had to get it right…we were not accepting anything less than perfect on that place." As for Rock The Block, which premieres on October 21st, four of HGTV's brightest stars, including Leanne Ford, square off in a home renovation showdown. Ironically, Ford admits that she's "the least competitive person, probably, like ever." However, she did mention that there is a healthy competition among the other women on the show.

Related Link: <u>Celebrity Interview: Entrepreneur Lara Merriken</u> <u>Talks Building Her Brand & Healthy Eating</u>

Although she is kept extremely busy on professional projects, Ford and her husband are focused on their family. In March they welcomed their first daughter, Ever Allen Ford. When asked if there was anything special about the baby's nursery design, Ford says that she didn't have a pre-determined vision. However, she tells us that the baby has a "Love Wall," going on to explain that this is a wall of "love letters and sweet things" that she and her husband have given to each other over the years.

Design ideas like sentimental additions to her daughter's nursery seem to come naturally for the HGTV reality star. However, to some couples, a redesign could destroy a marriage or relationship. When it comes to working through how your home will look when you are a couple, Ford gives us some healthy <u>relationship advice</u>, explaining how two people can come to an agreement on differing design opinions and the risks of making a big change in your home. She says compromise is the best way to keep the peace at home. It sounds like picking your battle is important. To reduce nerves when it comes to a big home renovation she says, "It doesn't mean that everything has to go away...if you want to do it, you're going to love it!"

A busy schedule won't stop Leanne Ford! On top of her numerous design gigs and being a mother, Ford has no plans to slow down anytime soon. Check out Leanne Ford on *Rock the Block*, premiering October 21st on HGTV.

Keep up with Leanne on Twitter <a>@HeyLeanneFord and <a>Instagram.

For more videos from <u>CupidsPulse.com</u>, check out our <u>YouTube</u> <u>channel</u>.

Movie Review: The Sky is Pink





By <u>Hope Ankney</u>

If you're in the mood for a love story that pulls on your heartstrings and takes you on an emotional journey, look no further than Priyanka Chopra's newest Hindi movie, *The Sky is Pink*. It acts as the true story of Aisha Chaudhary, a teenager who had pulmonary fibrosis whose parents dedicated their whole lives to helping her survive. Choosing not to focus on the illness aspect of the story, the film is narrated by the daughter, who instead details the incredible love story of her parents. She lets you know quite early on that she's speaking from beyond the grave, but her retelling of her parents' 25year relationship is nothing short of hilarious, heartwarming, and, at times, heart-wrenching as it touches on the beauties of life and death.

Check out our movie review of *The Sky is Pink*, a perfect rom-com for date night!

Should you see it: If you're a sucker for romantic comedies, love a good immersive, emotional experience, or gravitate towards true stories, you should definitely go give it a watch. It's a modern twist on the general love story, and if anything, it's refreshing as it is inspiring.

Who to take: This film is perfect for date night with your partner or even a girls' night with your girlfriends! Having moments of tenderness mixed with humor is the recipe for a great movie experience with others. Besides, you can wipe each other's tears, too.

Cupid's Advice:

The Sky is Pink inspires us and how we treat our relationships. To see a couple go through such trials and tribulations spanning 25 years, and yet they still choose one another at the end of the day is something that should be enacted in our own lives. Knowing that the film isn't an act of fiction but based on a true couple makes its impact even greater. Here is some of Cupid's <u>relationship advice</u> on how to have a loving and lasting marriage, yourself:

1. Learn how to handle fights: It shouldn't be shocking to anyone that relationships will have their fair share of fights, but it is in how you deal with those fights that matter. Surprisingly, some studies have shown that arguing is one of the healthiest things a couple can do. It allows both you and your partner to explain why you feel the way you do and to find a way to solve the conflict. Couples that engage with arguments and learn how to handle fights are more likely to be satisfied with their marriage than couples who choose to ignore conflict, altogether.

Related Link: Movie Review: The Joker

2. Don't always empathize: We've all been in conversations with our significant other where one of us is having a bad day and the other simply says, "me too." Saying "me too" can actually be damaging to a relationship because it can become a barrier to real communication. Those words shut the other person's feelings down even though we think we're being empathetic. Instead, if your partner is having a rough day, choose not to empathize but to listen to what happened and offer your support. Having a commitment to listen to their problems is something that can make all the difference.

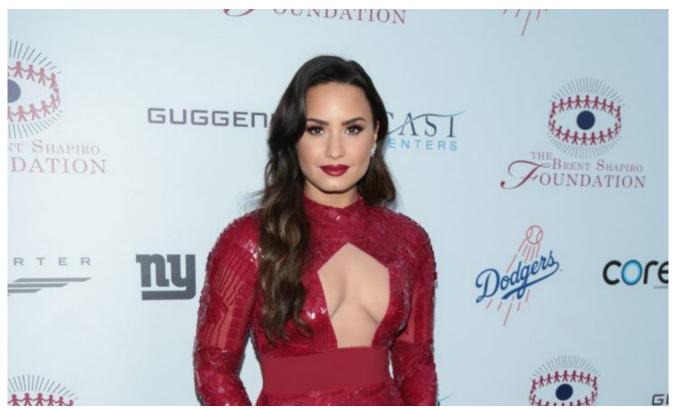
Related Link: Movie Review: Hustlers

3. Be a little old-fashioned: It's not always bad to have old-fashioned morals. When it comes to marriage, having traditional views on certain issues is actually a good thing to ensuring a long-lasting marriage. Is my partner going to be able to provide? Are they going to be a good parent? How do they get along with my friends and family? These are all questions that can determine if a marriage will be worth the long-haul. Don't get caught up in the feeling of love, because reason and logic have to be important aspects of your relationship too.

What are some ways that you've kept your marriage longlasting? Let us know in the comments!

Movie Review: The Joker





By <u>Hope Ankney</u>

If you're looking for a dark and psychologically thrilling film to jumpstart Halloween, Joaquin Phoenix's adaptation of *The Joker* is the perfect one for you. The film focuses on the origin story of the infamous DC comic villain, and his descent into chaos and madness. Arthur (The Joker's given name) has never felt like he genuinely fit into society. As a failing comedian, he tries to find purpose on the streets of Gotham City. Yet, he continuously feels the need to wear two masksone for his day-job and the other to try to fit into the framework of the world that has, overtly, rejected him. The only person who has shown Arthur any sense of empathy and kindness is his neighbor, Sophie Dumond. They form a connection as she tries to help better his circumstances and make him feel less alone. Unfortunately, this comes on the heels of his descent into the madness that ultimately transforms him into the criminal mastermind we now know him to be as The Joker.

Check out our movie review on *The Joker*, a psychologically-gripping movie for you and your friends if you're trying to jumpstart the Halloween spirit!

Should you see it: If you're a fan of DC comics, dark thrillers, themes of isolation and empathy, or you're just are looking for something creepy enough for the spooky month of October, definitely go see it. Besides, there's something oddly reassuring about the relationship forged between Arthur and Sophie, a certain kindness for those struggling that isn't reciprocated nearly enough these days.

Who to take: *The Joker* is rated R, so consider taking your friends or a date that loves dark and gritty films! Be wary of the violence, but be ready for a lot of good and tense cinema.

Cupid's Advice:

Even though the <u>movie</u> doesn't entirely focus on the connection that transpired between Arthur and Sophie, it is one that we think is an important aspect to take note of! Our main character is susceptible to falling through the cracks, yet Sophie takes it upon herself to reach out her empathy and understanding of his isolation to try and help him in any way she can. This can also be said for any relationship where one of you is struggling more than the other. Being in a partnership comes with its ups and its downs, and sometimes we need our significant other to be that Sophie Dumond for us when we're feeling down. Here's Cupid's <u>love advice</u> on how to be there for your partner when they're going through a tough time:

1. Be fully present when they want to talk to you: Not everyone wants to talk about their situation when they're struggling, but if your partner does come to you at some point to discuss their hardships, make sure you're there for them. Giving your significant other the undivided attention they deserve when they're speaking out about their circumstances is incredibly important for them to feel supported by you.

Related Link: Movie Review: Hustlers

2. Empower them, even if it's in small ways: Sometimes, a partner can be less than motivated to do even the smallest of tasks when they're down. But, if you keep encouraging them to complete something and make them feel worthy when they do, this can go a long way for helping them realize their worth and purpose. This can be as mundane as answering emails, cooking a meal, or even running some errands. Productivity can make a huge difference when someone is having a tough time.

Related Link: Movie Review: The Lion King

3. Let them know they're not alone: Adversity can cause people to have a negative view of themselves and their lives. As a partner, you must be able to validate their feelings while also letting them know they aren't going through this alone. Relationships are built on the foundation of being a team. Whatever happens to one affects the other. Help them not to lose sight of that.

How have you supported your partner when they've been going through a hard time? Tell us down below!

Check out some other movie reviews from Cupid's Pulse <u>here</u>!

Celebrity News: Miley Cyrus Appears to Shade Exes Kaitlynn Carter & Liam Hemsworth in Post About Love

Cupid's Pulse * Celebrities. Love. Opinions. *		
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By <u>Hope Ankney</u>

In <u>celebrity news</u>, <u>Miley Cyrus</u> might've just indirectly shaded both of her <u>celebrity exes</u>. On Sunday, Cyrus took to Instagram to post about love and loyalty that could be pointed at Liam Hemsworth and Kaitlynn Carter. According to UsMagazine.com, her Instagram story showed her in bed surrounded by her pups. The caption of the stories read, "Happy Sunday from me & 2 stinky dogs! waking up surrounded by animals is my favorite way to start a morning. I am immediately reminded about LOVE without conditions... the best part about animals is that they are careless about the details. They live by the golden rule ... Love & Be Loved. Nothing in between. No questions regarding wealth, career, talents, race, age sex They love back 100X all they ask is to be cared for in exchange for loyalty, reliability, and faithfulness. (reminds me of someone)."

In celebrity news, Miley Cyrus sent a message to her exes via Instagram. What are some ways social media can help you cope with feelings?

Cupid's Advice:

Even celebrities air their dirty laundry on social media from time to time. It's hard not to, especially when you're trying to handle your feelings that can be difficult to ignore. But, it can get messy if you throw your feelings out on your social platforms without thinking it through. If you're having a hard time coping with feelings by yourself, don't worry! Cupid has relationship advice on how using social media, in a healthy way, can help you sort through your feelings:

1. Private Instagrams: Something I'm sure you've heard before, but FINSTAS (or fake Instas) are accounts that are private for you to vent and cope over your feelings in a space that only a few people have access to. By creating a private IG, you're allowing yourself a place to comfortably discuss and post about things you're having a hard time dealing with. It's therapeutic to have a sense of freedom when it comes to not censoring yourself online, and accounts like these can act as a personal diary.

Related Link: <u>Celebrity Break-up: Miley Cyrus & Liam Hemsworth</u> Split Less Than 8 Months After Wedding

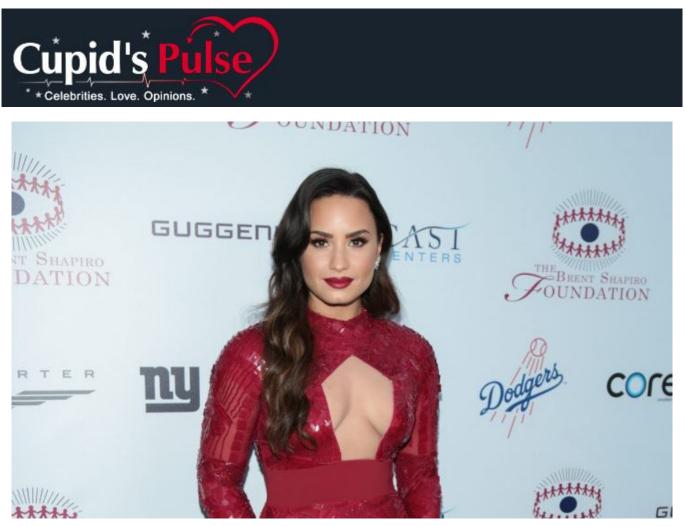
2. Private Twitters: Another way to cope on social media is through something similar to the FINSTAS- a private twitter. Private Twitter accounts are something that, from personal experience, has been even better at coping with feelings because of the format of the platform. Instead of having to post photos and write captions underneath to vent, Twitter allows you to simply post a tweet and even write threads that hold all your thoughts together in a cohesive manner. This type of account feels most like a diary because it's like you're writing down excerpts from your day. You can also quote tweet others without them seeing it, so that can also help to vent if you're sorting through feelings about a certain person.

Related Link: <u>Celebrity News: Miley Cyrus & Kaitlynn Carter</u> <u>Step Out for Date Night in Matching Outfits</u>

3. The 'close friends' option:' Lastly, with the progress in certain social media to include options that allow you to post without others seeing, the Close Friends option allows someone to post their feelings on their own account, like their Instagram Story, without having to create a whole private account just to do so. This is much more accessible to the average person, and it can feel even more liberating to do it on your main account. The only issue here is to be sure you're careful in how you word things or choose to vent because even though things seem to be private, you must be observant which accounts on your main are allowed to see these stories. Trusting some friends to not share things you post in confidence might not be the best idea.

What are some ways that you find social media can help you cope with your feelings? Let us know down below!

Ask the Guys' Guy: How Do I Know My Boyfriend is Serious About Me?



By <u>Robert Manni</u>

Question from Amy K. San Jose, CA: "I've been wondering lately if my boyfriend really loves me. We haven't been together that long, but how do I know things are serious? How do I know he REALLY likes me? Thanks, Robert!"

Is your relationship serious?

Hi Amy:

With all the activity taking place in our lives, occasionally we slip into the dreaded "self-doubt" zone, whether it is about love, work, or who we are and our value as a human beings. Before tackling your specific question about love, always remind yourself that you're a divine being deserving of love.

Related Link: <u>Ask The Guy's Guy: What Do I Do If I Have</u> <u>Trouble Opening Up To My Significant Other</u>

Concerning your sense of doubt about your boyfriend's feelings, start by asking yourself why you feel this way. Is your intuition telling you he does not share the same feelings for you as you have for him? Or, is he not as emotionally available as you'd like and you simply want him to be more open about his feelings. If that's the case, ask yourself why he's not more open about expressing himself. Whatever the case, it sounds like you need reassurances concerning his feelings.

My advice? Ask him straight up how he feels about the relationship. Pay attention to the signals he provides in his response, both verbal and non-verbal. For example, if he's unsure about his feelings, he will probably act unsure when responding. You can also ask if he loves you, assuming that you have expressed this previously and simply need reassurance. If you have not had the "are we in love" conversation, that's a different story, but there is no reason why you should hold back on having this conversation. When

couples are in the right relationship, it's easy talking about anything with their partner. Again, when someone is uncomfortable expressing their feelings, it's usually because they're unsure about how they feel.

Related Link: <u>Ask The Guy's Guy: Should I Follow My Boyfriend</u> <u>To Where His Job Is?</u>

As a guy, I can tell you that when a man is happy in a relationship, he doesn't say much about it. He simply enjoys being with his partner and it usually shows. When dudes have an issue on their mind, they usually bring it up to find out how their partner feels. Unfortunately, many guys (and women) who are unsure about their feelings often stay in relationships. It's not a good thing, but it often happens, so it's good to check in on how he is feeling on a regular basis.

The bottom line is if you want a sense of your partner's feelings, have the conversation, but do it in a casual way. When people, and guys in particular, feel cornered, they get defensive. That said, it's your right to know how he feels, and regardless of the response, it's always better to get to the truth. After all, the truth, for better or worse, will set you free.

Hope this helps. Good luck.

Guy's Guy

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com More about the Guy's Guy:



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by DatingAdvice.com.

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy <u>content focused on</u> <u>life, love and the pursuit of happiness</u>. Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins. Read more at <u>Cupid's</u>.