

Anderson East Is Ready for a Celebrity Wedding with Miranda Lambert



By

Kayla Garritano

So this is love! [Celebrity couple](#) Miranda Lambert and Anderson East may be heading in a serious direction. According to [EOnline.com](#), Lambert's boyfriend of almost a year says he is ready marry her. For her recent 33rd birthday, East threw a "special celebration" and gave Miranda a few "very thoughtful gifts." A source shares, "If it was up to Anderson he would marry Miranda today!" They also added that the couple's friends and family think it's "just a matter of time" before he pops the question.

There could be a [celebrity wedding](#) getting planned soon! How do you know when your partner is ready for marriage?

Cupid's Advice:

When you're with that special someone, you're going to know you want to marry them. But how do you know when your partner is ready to tie the knot? Cupid is here with some relationship advice:

1. Look for the hints: Your partner may drop a couple "when we get married" or "for our wedding" into conversations when they get reminded of something wedding related. They may keep the hints subtle without directly confronting you, but that's just their way of saying they see a future with you.

Related Link: [Celebrity Couple Miranda Lambert & Anderson East Talk Marriage and Kids](#)

2. Talk to them: If you're not getting any hints, try the direct approach. You can ask them if they've thought about marriage, or talk to them about where they see themselves in the next 10 years. If you're not getting a clear answer, it's best to talk to them directly.

Related Link: [Are You Too Young For Marriage?](#)

3. Look where they stand: Are they financially independent, are they emotionally stable, and do they like children? Make sure that your partner is in a good and happy place. If they are, then that is a sign they are ready for a future with you, and that means hopefully starting a family.

How did you discover if your partner was ready for marriage?

Comment below!

Relationship Advice: What Your Type Says About You



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Holly Kiffer

Are you constantly striving for the tall, dark, and handsome guy? Or are you the type who goes for the cute guy you met at the bar, but after one night he never responds to your texts? Also known as the “douchebag boy.” Or is your type the genuine nice guy? With the following [relationship advice](#), we will

reveal what your type says about you, and provide dating tips on how you can improve your love life.

Relationship Advice That Will Teach You About Your “Type”

The bigger, muscular, macho boy: If your type is the muscular, tall, handsome boy then our millionaire matchmakers suggest you may feel less secure in your own body. If you are attracted to men who are taller and bigger than you, then you like the feeling of having a bigger buy because he makes you feel small and more secure in your own body.

Related Link: [Relationship Advice on What Not to Do: Bad Dating Advice from Romantic Comedies](#)

The douchebag, or the one night stander: This is the type of guy you meet at a club, you really think you hit it off, maybe you switch numbers, and at the end of the night you end up going home with him. A few days roll by and you haven't heard from him in a while so you decide to text him, but he ignores you completely, and you end up alone on date night. It's easy to get attached to this cute type of guy because he makes you feel special. In the meantime, you think to yourself he's different- you guys really hit it off the first time you met. Well if this relates to you then you might have not experienced a lot of attention or love in past relationships. So the feeling of being noticed excites you even if it's only for the night. Our relationship experts recommend self-love before any guy can get to love you. You have to love yourself first. Treat yourself every once in awhile and don't fall for the first guy you meet at the bar. We go for guys who are assholes because they make us chase them. In our eyes it's a goal to catch that certain guy, because if we catch them it makes us feel better about ourselves. This isn't right at all but it can all relate back to society. Society always made

females feel subjugated under men. By getting the guy you were trying to chase can make women feel empowered because they like the chase.

Related Link: [Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea](#)

The nice guy: The nice guy is the one who goes unnoticed. He's lingering in the shadows and they're the ones who get friend-zoned instead of a date night. These are the guys who you don't really give a chance romantically. If you were willing to step outside the box and try to explore your options, usually the nice guy is the one who you can feel most comfortable around. As an individual you start to feel yourself growing and maturing the more you spend time with this person. You never know what's out there but it's refreshing to try new things and meet different people. You never know when you'll find the one.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea





By Amy

Osmond Cook for [Divorce Support Center](#)

“For great things to happen— get out of your comfort zone,” that is the mantra of famous personalities like Danica Patrick- as she cruises through industry stereotypes to actors like: Charlize Theron and Jared Leto, who made a career out of avant-garde movie roles. Testing the boundaries of convention is the secret sauce for those hungry for change in their lives. But what about breaking out of your comfort zone in relationships? “When it comes to relationships, some feel it is best to date someone who has the same morals, taste, traditions, and beliefs as them,” wrote relationship expert and contributor Elizabeth Aguirre. “But rest assured it is quite okay to step outside of your comfort zone and explore someone from a different background as a potential partner.” If it’s been two weeks since the date with Mr. McDreamboat, and your texts have gone unanswered— again. Here are four reasons why going outside your comfort zone may be just what you need, and some [dating advice](#) to improve your chances in finding “the one.”

Dating Advice That Will Help You Experience Something New

1. You can reevaluate your “type.” Moving beyond your comfort zone draws attention to the type you typically chase. If those pursuits have proven unsuccessful, this is the time to evaluate why your type isn’t making you truly happy.

Related Link: [Dating Advice: Why Do I Attract The Wrong Men?](#)

2. You can learn to take chances on other people. Now, don’t be reckless and start pursuing somebody who is clearly a bad influence, but try connecting with someone who breaks the pattern of your dating behavior. If you only date short women, try one that is tall. Have you ever dated a man with facial hair? Perhaps you should date someone with an interesting job or hobby.

Related Link: [Relationship Advice: True Love or Rebound?](#)

3. You can become more self-aware. Dating outside your comfort zone may want you to change something about yourself or add another quality to your life. “There is something about challenging yourself, and doing something a bit different that gives you confidence, an edge, and a sense of accomplishment that does wonders for your personal growth,” wrote relationship blogger Monique A. Honaman. A self-examination may not result in a lifelong partner, but it will help you discover things about yourself that add zest to your life.

Related Link: [Relationship Advice: 5 Questions To Ask Yourself Before Saying “I Do”](#)

4. You can uncover hidden strengths or desires. “I never thought I would want a man who—” you can fill in the blank. The point is, dating outside of your comfort zone forces you to use skills or behavior traits that you haven’t used before,

including patience. Exploring new social territory means a possible match may be slow to materialize. Unlike your usual connections where the results are quick, venturing into unknown territory takes time to maneuver, but it could be well worth the wait. The good news is, once you find yourself in a happy, healthy relationship, the skills you developed while venturing beyond your comfort zone will stay with you long after you've left the dating scene. "I have seen the difference a good attitude and living a life with purpose can make on an individual's quality of life," said Jim Morrison, executive director of Redmond Care and Rehabilitation Center. "So if there's a secret to living a good life, it's loving the life you have and making the most of it every day."

So get out there and experience a different part of life with someone new. With the dating tips provided, you might just end up loving a person you never thought of giving a chance before!

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Celebrity Wedding: 'Bachelor' Alum AshLee Frazier Is Engaged to Longtime Friend Aaron Williams





By [Mal](#)

[lory McDonald](#)

Bachelor alum AshLee Frazier has a [celebrity wedding](#) to look forward to in her near future! Frazier shared a statement with [UsMagazine.com](#), saying, “After a 10-year friendship and 11 months of courtship, I am marrying my best friend.” Frazier announced her [celebrity engagement](#) to real estate agent Aaron Williams. Williams proposed to Frazier on the Brooklyn Bridge and Frazier captioned a social media post, “Best walk. Best view. Forever in my heart!” Frazier has had some ups and downs in her love life. The reality star was first married to her high school sweetheart, and then went on the *Bachelor* and the *Bachelor In Paradise* only to not find love, so it hasn’t been the easiest journey. Now, she is happier than ever and looking forward to the feature with her beau!

There’s another *Bachelor* alum off the market! What are some ways to

turn a friendship into something more?

Cupid's Advice:

Friendships are near and dear to our hearts, and it can be hard to choose the right time to take it to the next level. But with these [relationship tips](#), you'll have no problem:

1. Chemistry: The single most undeniable part of a good friendship turned to a relationship is chemistry. When you have chemistry and sparks with someone, it is undeniable even if you think you are just friends.

Related Link: [Celebrity News: 'The Bachelor' Stars AshLee Frazier and Sarah Herron Find Love](#)

2. Communication: All friends communicate, but there is a difference between talking to someone as a friend or as something more. If conversations feel as though they could transition to an emotional connection, you may be more than friends.

Related Link: [AshLee Frazier Opens Up About Being "Most Hated" on 'Bachelor in Paradise'](#)

3. Happiness: If your friend makes the world light up for you even when they aren't there, you may want to consider turning that friendship into a relationship. Just think of how happy they could make you as something more!

How did your friendship grow into a relationship? Share your experiences below.

Dating Advice: How to Get Him to Commit to You!



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to offer their [dating advice](#) for those who need help in attracting a good man, and making him commit. Learn how to be the woman that men like to stay with. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Keep A Man

1. Authentic self. Be the person you really are. Don't pretend

to be anything you're not. A truly happy person that knows who they are will make a man want to stay. He wants to be around that positive energy!

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

2. Have your own life. Don't become obsessed over anyone who doesn't ask you to commit. Keep busy, date other people, just do whatever makes you happy. There's no reason to drop everything for someone who hasn't asked for monogamy.

Related Link: [Dating Advice On Why Men Pull Away](#)

3. Safe spaces. Show your vulnerable side and allow a man to show his vulnerability as well. If he can't be himself or feel safe enough to open up to you, he won't trust you. And of course without trust, there is no commitment and no relationship.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Find Out How High School Sweethearts & Celebrity Couple Jon Bon Jovi and Wife Make It Work



By

Kayla Garritano

It's no longer teenage love! Throughout all his fame, Jon Bon Jovi has remained humble and loyal with his long-time love, Dorothea. According to People.com, he is not just a guy who has rocked the stage for decades, but he is also a devoted family man from small town in New Jersey. He has his high school sweetheart and wife of 27-years to thank. "She's the glue," says Bon Jovi of his wife and mother of four. "I'm the crazy visionary with all kinds of things flying, and the seams are all splitting. She's the one following me with the glue and the thread and needle, keeping it all together."

This celebrity couple has made it work for a very long time! What are

some secrets to a long and healthy married life?

Cupid's Advice:

When you get married to the love of your life, the goal is to stay together for a very long time. You want your happily ever after with each other. Cupid is here to help with some [relationship advice](#):

1. Listen to each other: Listening is a big part of making a marriage work. You need to talk problems out and hear what your partner has to say. Even if you don't agree, it's best to figure something out than not pay attention to the other person. Avoiding talking and listening will make you less likely to understand each other.

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2. Compromise: Always compromise. You need to be happy in the marriage, as does your partner. Even if it's choosing where you want to go for dinner, just make sure it's never a constant fight of who always gets their way. Be equal.

Related Link: [10 Celebrity Couples Who Have Made Marriage Work](#)

3. Never let the romance die: Make sure you keep that spark you had with each other when you first started dating. Go on dates or try something new. Try to make it so you're romantic on occasion, and not so you just get bored. Maybe even spice things up a bit; do what it takes to keep you both smiling!

How have you made your long and healthy marriage last? Comment below!

Relationship Advice for the Guys: Why Is it So Hard to Date?



By

[David Wygant](#)

I'm going to tell you why it's so hard to date. And I'm going to blame it all on the women. I bet I got your attention, and any women listening or reading this right now- need to pay attention. It's so hard to date because women are so flaky these days. You meet a woman on an online dating app. You text back and forth. You get her phone number. You spend time talking to her on the phone. You set up a date night, which

you're excited about. And then, you send her a text the morning of the date to confirm. And right away you get a text back, and she comes up with one of her excuses: "I've got a work project that came up." You think to yourself, 'man, that's the same type of excuse I've been giving women this whole time.' You almost feel like you're being blown off by a dude. Well, you are; because women are the flakiest beings on the planet.

Relationship Advice For Men On How To Successfully Date Women

And what makes them hard to date for men, is that women are judging you based on whatever story happened to them in the past. You see, women never let go of anything. They're constantly talking about the past. Even as a relationship expert, I remember I would sit down with my ex, and we would talk about the present, and she would go back to what I did to her five years ago. In full detail. And how she's never gotten over it. And that's the problem. The older you get, the more you date, the more women have not gotten over the guys that have burned them. You see, women are the greatest story tellers in the world. They love to tell stories non-stop. So the older they are, the more villains they have in their stories. By the time they meet you, even though they'd like to get together, and they've talked it over with friends on how to get together- they go through all the things that can go wrong on a date, and you're guilty by association. Just because you are a male, and you have facial stubble, means you're going to be just like the other ass that burned her before.

Related Link: [Relationship Advice: What Do You Do When There's More Take Than Give In Your Relationship In Life?](#)

So what dating tips can help you get around this? Well, first

off, you need to set precedent. When you call her, or talk to her, you need to tell her plain and simple, 'Hey if we're going to get together, we're getting together, but if you're going to flake on me like so many other women, then I don't really want to set plans; because I'm looking forward to getting to know who you are.' When you get her phone number for the first time, you need to look at her and say 'I'm only going to take your phone number, if you're not a flaker. Because I don't deal with flakers. I find them to be, well, almost like dating, or trying to date, a kindergartner, and I'm not going to do that.' You have to literally call them out on their future flake before it happens. You need to stop the flake from happening. When you've planted it in their brain, that you don't deal with flakers, you're literally telling them that they have one chance to be with you. The great guy that you are.

Related Link: [Dating Advice: How A Masculine Guy Can Get In Touch With His Soft Side](#)

Look, we've all been flaked on many times, and I'm sure we've been flaked on by women that could literally have been our girlfriend, because that's what life is about. I've played the game of chase and flake. Where I've chased them down, and finally after three weeks of chasing I get to go out with them. And they always say the same thing: "Wow, I wish I went out with you sooner!" I'll look at them and tell them: "Well, if you gave up a few nights of wine drinking with your friends, and if you gave up a few nights of pretending to be busy, we already would've been in a relationship."

Related Link: [Expert Relationship Advice: You're in the Dog House...Now What?](#)

The [relationship advice](#) I hope you take away is that you have to realize that women don't let go of what happened to them in the past. You need to prove to them no matter what, that you're a man of action, and you're different than anyone else

without literally stating it in words (if at all possible). And if you feel that you actually have to say something, the only way to do it is to call them out on the potential flake before it happens, and set the date night in stone. When you send them that text in the beginning of the day reconfirming, you literally need to make it clear: 'I will see you at 8:00 tonight. No flaking allowed.'

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Celebrity Couple Prince Harry & Meghan Markle: Secret Toronto Visit





By

Kayla Garritano

They're making long distance work! Prince Harry made a secret visit to Toronto in order to see his rumored girlfriend, Meghan Markle, at her home. According to [UsMagazine.com](https://www.usmagazine.com), the English Prince kept a low profile on his visit and arrived in Toronto's Pearson International Airport on October 28 only having one protection officer. For the next several days, including Halloween night, the [celebrity couple](#) stayed in Markle's suburban pad, staying in and cooking together at home, all while playing with her rescue dogs. A pal of Harry said, "It's very serious."

This new celebrity couple is trying to keep their interactions low-key! What are some ways to ease into a relationship?

Cupid's Advice:

New relationships are a big deal! They can sometimes be scary as well, especially if you're new to it or haven't been in a serious one in a while. Cupid is here to help you ease into your relationship with some [dating advice](#):

1. Take it slow: Easing into a relationship may mean not seeing each other every day, or only hanging out a few times a month. Still make sure there's time apart to focus on yourself. You may need some space in order to get closer. Get to know your new partner and enjoy your time together, all while keeping yourself going in the right path. There's no need to jump into it.

Related Link: [How to Communicate to Get What You Need](#)

2. Communication always: As per usual, communication in a relationship is a major key. But when you're in a new relationship, it's best to lay out everything and let your partner know what you want. This way, there are no secrets, and questions you may have later on can be answered ahead of time. Also, make sure your partner knows that you want to take the relationship slow at first and ease into things. They should respect your decisions.

Related Link: [Relationship Advice: 10 Emotional Stages of Being in a New Relationship](#)

3. Be honest: Honesty is the best policy. There's no sense in lying in your relationship, it's unhealthy for future progression. If you don't like something, let your partner know. If you need space, let them know. It's your life, make sure you're comfortable with your relationship.

How did you ease into your relationship? Comment below!

Relationship Advice: Does Time Apart Heal Betrayal?



By Dr.

Jane Greer

Tiger Woods opened up about his relationship with ex-wife Elin Nordegren this week. The couple ended their [celebrity relationship](#) and marriage in 2010 after Tiger's cheating scandal, but now they have managed to build an amicable friendship. With time, Elin seems to have gotten past the betrayal of her ex-husband's infidelity, which is a challenge for many couples. Tiger and Elin share two children, so this must be a welcome development for all of them.

While some couples are able to find higher ground and continue to make their marriage work after an affair, others realize that the intensity of the pain of the incident is just too much and that they are better apart, as was the case for Elin and Tiger.

Either way, initially there can be so much anger that it takes effort to not drag the children into it. This can be especially difficult if the spouses have parted and find themselves alone. The one who was betrayed feels that their whole world is turned upside down, and wants to get back at the person who did this to them and caused so much unhappiness. It is tempting to say terrible things about them to the people who are closest to you – your kids. The natural inclination is to want to get them on your side and have them take up arms against the person who caused this upheaval. The impulse to have the children understand what you are going through and why can be powerful.

How, then, can you avoid this urge, and instead let them know they still have two solid parents they can continue to depend on? How can you protect them from your own fury, and the negative energy that is coming from both sides, while navigating your way to a place of, if not forgiveness, at least of tolerance and understanding? How can you lead them to a solid foundation of security so that even if there is trouble between parents, they know they can count on the fact that both mom and dad will continue to be stable forces in their lives?

Consider this [relationship advice](#). To begin with, understand that they are not the ones who should be supporting you through this. They need your support, so the goal is to try not to burden them with your rage. Of course, that is easier said than done. The first step is to find an outlet elsewhere because you will need to talk about it, and choosing people other than your kids to unload on is a great start. You can find solace and confide in anyone from a therapist or counselor to friends and other family members. Work to insulate your children so they don't have to go through the raw emotion that you are going through. Steer clear of sharing the bad things your spouse did to you with the kids as much as you can. Finally, give yourself time which will hopefully lessen the sharpness of the betrayal, and eventually allow you to share at least a cordial relationship.

The hope is to find a way to provide a harmonious family environment despite the rift in your marriage. When both parents can come back together and share an affable connection, as Elin and Tiger have done, this can become easier to do. The distance between Tiger and Elin may have been just what they needed to move past their relationship as lovers, then fighters, and eventually continue forward in a solid friendship.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com.

Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Dating Advice: Five Ways to Get Your Partner to Put Down the Phone When You're On a Date



By

Deana Meccariello and Kayla Garritano

Have you ever felt like you had to send your date an email or text across the dinner table just to get his or her attention? In the age of technology, sometimes a smart phone can be more threatening to your relationship than another person. With communication so readily at your fingertips, these days it's

hard for some people to interact on a deeper level. Between checking emails, staying updated on everybody's status on Facebook and Twitter, and "liking" pictures on Instagram, a real conversation can be hard to come by.

This [dating advice](#) will help your partner put down the phone when you're together:

1. Practice what you preach: Put your own cellular device away. How can you get mad at your date if you indulge in the same bad behavior as they do? Quit constantly glancing at your phone. It makes you look anxious, like you have somewhere else to be or are waiting for a message from somebody. Make sure you're not texting, either. This may be the most annoying thing a person can do on a date. It tells your date that they do not have your full attention. Your top priority should be the person across the table from you. And above all, don't take a call. We understand that emergencies happen; however, unless it is a loved one, let it go to voicemail.

2. Make a subtle comment: If they're texting away every two minutes, say something like, "Well, aren't you Mr./Ms. Popular?" Hopefully, they'll hear the hint of sarcasm and put the phone back in their pocket for the remainder of the evening.

Related Link: [Dating Advice Q&A: Is It Ever Okay To Go Through Your Partner's Phone?](#)

3. Just ask: Communication goes a long way in any relationship. Instead of making your date be a mind reader, just tell them that the constant cell phone use bothers you and that you would like your time together to be intimate and personal. Sometimes the direct approach is the best approach.

4. Set limitations: Obviously it's not possible to ban cell phones from your relationship completely. Every once in a while, there will be an important work-related email, emergency or a friend in need. Make a compromise. Say that on date night you would like their cell phone to be on silent and out of sight for the few hours when you are at dinner or watching a movie together. Realize that when the two of you are just lounging around, you can't expect to shut themselves off from the world. After all, while you should be the most important thing to them, don't give them the idea that you think the world revolves around you. With reasonable limitations, your partner should be willing to compromise.

Related Link: [Five Ways To Get His Undivided Attention](#)

5. Give him a taste of his own medicine: As a last resort, one day when you are doing something that they love to do, pay a little more attention to your cellular device than to them. Text your girlfriends, check your Facebook, send an email and post a tweet. Keep this up until he says something to you about it. Maybe then they'll understand what it feels like to you.

Do you have any tips to keep your partner's attention on you and not his phone? Share your comments below.

Celebrity News: Mariah Carey Turns to Her Dancer After Problems with Fiancé James

Packer



By

Kayla Garritano

Mariah Carey has found another hand to hold during serious problems with fiancé James Packer. According to [EOnline.com](#), Carey formed a close relationship with her dancer, Brian Tanaka, while in Vegas and is now seeking his comfort while going through her [celebrity break-up](#). “James was not in the right mind for months,” a source said. “Mariah was in essence an abandoned woman.”

The [celebrity news](#) has us hoping Mariah found comfort after her

ended engagement! What are some ways to find comfort after a broken engagement?

Cupid's Advice:

A break-up hurts the heart a lot, and everyone needs to be comforted so they get the strength to feel better. Here is some [relationship advice](#) to help you:

1. Focus on yourself: A little “you” time may be the best medicine. Making yourself happy without the help of a significant other will make you grow stronger. Make sure you are mentally and emotionally okay before you head back into that dating pool.

Related Link: [Dating Expert Gives Love Advice On When To Date After a Break-up](#)

2. Comfort food: Take the word “comfort” literally. Grab your sweats, get cozy on the couch, and eat your favorite food. Indulge in pizza, ice cream, anything that takes you back to when you were a kid, or gives you a warm feeling in your stomach.

Related Link: [Relationship Advice: Stay True to Yourself](#)

3. Phone a friend: Your best friend will be there for you during any bad moment, including a break-up. You're going to want to hear everything they say to you; how they're not worth it, you're better without them, and everything is going to be okay. Let them help you, because that's what friends are for!

How have you sought comfort after a broken engagement? Comment below!

Dating Advice: How to Become Irresistible to a Man



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to offer their [dating advice](#) for those who need help attracting a good man. Learn how to be the confidant woman who is irresistible to any man. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Attract Men

1. Emotional intelligence. You need to be emotionally mature to attract a man. You need to know how to respond to a man, not react to them. Going deep within yourself and knowing who you are will help you better connect with a man. Just remember, nobody likes an insecure drama queen.

Related Link: [Dating Advice: Best Ways to Meet & Talk to Eligible Men](#)

2. Be authentic. Someone that is authentic in who they are is automatically viewed as attractive or sexy. Don't try to be someone else, it never works out in the end. Just accept who you are and celebrate it. One day a man will show up in your life who appreciates all the qualities you have to offer.

Related Link: [Dating Advice: How to Win Him Over in the First 3 Dates!](#)

3. Have a sense of humor. Don't be serious all the time, it takes all the fun out of a relationship. You shouldn't treat every date like a job interview. Men want to be with women who make them feel comfortable and happy. Knowing how to be light hearted can make a relationship last.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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Relationship Advice: When Your Partner Sings The Blues, It May Be Something More



By Amy

Osmond Cook for [Divorce Support Center](#)

Depression is so much more than sadness. And for those who love someone battling depression, the effects are all encompassing. "It's like this thing that engulfs you," said legendary music artist Bruce Springsteen in a celebrity interview with *CBS Morning News*. "I got to where I didn't want to get out of bed," he said. Springsteen credits his celebrity relationship with wife Patti Scialfa for giving him the motivation to rise above it. "She'd say, 'You're going to be OK. Maybe not today or tomorrow, but it's going to be all

right.'” With the following [relationship advice](#), I’ll provide you with tips on recognizing signs of depression and how to support your partner through this troubling time.

Relationship Advice On Coping With Depression

The World Health Organization reported that 350 million people worldwide suffer from depression. It’s the leading cause of disability. To better identify depression, a standardized method was devised by relationship expert ,Dr. Carey Gross, and used by psychiatry residents at Massachusetts General Hospital. “These eight neurovegetative symptoms of depression can be easily remembered with the mnemonic SIGECAPS,” wrote Daniel J. Carlat, M.D for the American Academy of Family Physicians.

If you see these signs emerging in your loved one, he or she may be suffering from more than the blues; it could be a sign of depression. Learn to spot the difference with the following relationship advice.

Related Link: [Relationship Advice: Have You Been a Victim of Cyber Bullying?](#)

Sleep Changes: Should your loved one’s sleep patterns increase during the day, or if he or she stays up most of the night, this may be an indicator that your loved one is suffering from depression.

Interest: A loss of interest in the hobbies and activities your partner once enjoyed may mean there’s an emotional struggle emerging. This isn’t about changing interests. Instead, your loved one won’t be interested in doing anything at all.

Guilt: This behavior has more to do with feelings of

worthlessness, particularly in older couples, where a depressed loved one devalues themselves. “We believe social and emotional health play an important role in maintaining overall physical health,” said Shiloh Sorensen, activity director at Parke View Rehabilitation and Care Center. “Positive and supportive social interaction and relationships are important factors in a person’s well-being. It’s a need people never outgrow.”

Energy: A lack of energy coupled with a declining interest in activities is a sign for concern. It could be a matter that your loved one wants to get involved but doesn’t have the energy or feels too fatigued to do anything.

Related Link: [Expert Love Advice: How To Tackle That Nagging Seven-Year Itch](#)

Cognition/Concentration: Life is loaded with its share of distractions, but if your loved one, who once carried a razor sharp focus when performing tasks, now struggles with concentrating on those things, it’s time to talk about it.

Appetite: While an increase in appetite does occur, it’s a rapid decline in weight and an interest in eating that indicates possible depression.

Psychomotor: If your man becomes easily agitated, or your girl lacks energy or interest in things she once enjoyed, it’s time to talk about how they are feeling.

Suicide: Many people suffering from depression will share signs of their despair. This preoccupation with death compels them to give away valued possessions or talk about life without them around, among other things. If your loved one seems to have given up on the value of life, seek professional help immediately.

Related Link: [Relationship Expert Talks When To File For Divorce](#)

Remember, your loved one didn't request for depression to be a part of your relationship. But, this unwelcome visitor can be controlled with treatment accompanied by the love and support of a committed partner. By seeing the signs and recognizing the onset of depression, you and your partner can change your tune from singing the blues to enjoying an old-fashioned love song.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice: Best Ways to Meet & Talk to Eligible Men





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their [dating advice](#) for those who aren't sure of how they should talk or approach single men. Learn how to be the confidant woman who wins the man over with a single conversation. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Approach Eligible Men

1. Create opportunity. If it's important for you to be in a relationship, then come up with a plan to meet men. You need to strategize your time instead of falling victim to your usual routine. Don't worry about looking desperate, you're being intentional with your love life- not desperate.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Notice people. Take time to look at the men in your life and around you. Love can strike when you least expect it. Stay alert and attentive, put down your phone if you have to. Men like a woman who can take notice of them.

Related Link: [Dating Advice: What Do Men Want from Women?](#)

3. Look offline. Explore your area and make it a point to discover new ones. Not only will you find fun places to enjoy your time in, but you might just bump into someone who has the same interests as you.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Dating Advice: How to Turn Your Man into a Gentleman





By

Deana Meccariello and Kayla Garritano

Okay ladies, we've all been there. Your man isn't being a gentleman to you, so now what? Make it known. Make sure you deal with these issues from the get-go, because if you don't, you will end up resenting your partner and the relationship will ultimately fail. We wouldn't want that!

This [relationship advice](#) will help turn your man into a gentleman!

1. Be vocal: As with any relationship issue, communication is key. Tell him that his actions make you feel unappreciated and disrespected. Lay out what he does that you find rude and tell him how to fix it. If he has to choose between your relationship or holding open a door for you, hopefully he will change accordingly. Make him think about his actions before he lets the door hit you on the way out.

2. Ignore his actions: If you want your boyfriend to pick you up at the door, rather than honking the horn for you like some

sort of taxicab service, when that horn starts blaring outside your home, simply ignore it. When he calls your cell phone, don't answer it. That way, not only will he be forced to exit the car and cross your threshold to call for you, but he'll also recognize the message you are trying to send him.

Related Link: [Guys Edition: How to Behave Like A Gentleman](#)

3. Mention another relationship: Try talking about a friend's relationship and how cute it is when her boyfriend holds the door for her or pulls out the chair so she can sit down. Holding another man in high regard will spark the alpha male complex, making him want to be better than another man.

4. Follow the movies: Make a date night that's a marathon of romantic movies. Seeing you swoon over Humphrey Bogart in *Casablanca* or watching you tear up at the grand gestures Ryan Gosling makes for Rachel McAdams in *Notebook* will show your partner the type of man you are longing for him to be.

Related Link: [Relationship Advice: The Guy's Guide to Dating Like a Man](#)

5. Dress fancy, be fancy: Sometimes a man will learn by example. Take him to a nice restaurant for dinner, or host a fancy dinner party where all these people, including the men, are dressed to impress. Hopefully, your man will follow and take a lesson on how to act.

How have you gotten your man to become a gentleman? Comment below!

Dating Advice Q&A: Why Do Men Ask for Photos?



Question from Emily O.: I've noticed on a lot chat or IM apps, one of the first things guys ask for is a picture of yourself, even if you have a profile photo displayed or albums filled with photos. It seems like "Can you send a pic," is the norm now? Why is that? And why will some even write you off completely if you're not willing to send a photo right away? I'm not comfortable sending pictures of myself to strangers only 2 minutes into a conversation.

Dating can be complicated. Add the internet, social media and electronic devices into the mix, and it can get tricky real fast. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using

technology the right way. Online dating is here to stay, after all, so don't be afraid to jump in and catch up with the times! Take time to learn some valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here you'll have your questions answered on whether or not you should send a photo of yourself to a potential beau.

Technology Dating Advice On Whether You Should Send a Pic Online

[Suzanne K. Oshima, Matchmaker](#): The **good** reason: Men are visual creatures, so they may want to see more pics to make sure you actually look like the photos on your profile. The **bad** reason: Men will ask you to send a pic and if they're looking for something more sexy, then it will turn into asking you for a naked pic in the future. If a man writes you off for not sending another photo, then thank him for eliminating himself. He's probably just looking for one thing and he's not worth your time... So, just move on. Next!

Related Link: [Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?](#)

[Robert Manni, Guy's Guy](#): Guys are visual and they enjoy looking at photos of pretty young ladies; and there's lots of photos of good-looking women online. But, at the same time, men get spoiled and some even ask women they've barely connected to- to send more pictures. Unfortunately, sharing more photos will not move a potential relationship forward. My advice to any young woman put into that position is to politely decline. If the guy presses or asks you why not, consider telling him that if he wants another photo of you he can take you out to a nice restaurant and maybe you'll let him snap a photo of you in person. The bottom line is that if a guy needs more photos of you to make a decision, or prefers

looking at pictures of instead of spending time with you in person, he's probably not someone you want to invest your time in.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Celebrity Couple News: Meghan Trainor Gushes Over Boyfriend Daryl Sabara





By

Kayla Garritano

Dear future husband? Meghan Trainor opens up about dating *Spy Kids* actor Daryl Sabara, gushing over him. According to EOnline.com, the singer seemed head over heels when talking about him. Daryl joined Meghan on her most recent tour, and at her performance at CBS Radio's We Can Survive concert in Hollywood on Saturday she announced, "Daryl's here tonight. He just chills with me everywhere. He's amazing and makes me feel like a princess." Earlier this month, Meghan put aside the dating rumors and posted a selfie of the [celebrity couple](#) on Instagram with the caption, "I [heart] Madrid ..and this guy."

This celebrity couple news has us feeling so happy for Meghan! What are some ways to show your love for your partner publicly?

Cupid's Advice:

Love is a beautiful thing! It makes you feel so happy, you just want to shout it to the world! If you want to show off your love, Cupid is here with some [relationship advice](#):

1. 'Gram it: Social media is the main place everyone takes their relationship. Whether it's making it Facebook official, or posting a cute selfie like Meghan Trainor on Instagram, many people will see the love you have for your partner. So share the love, and get a few "likes" for it.

Related Link: [New Celebrity Couple Hilary Duff & Jason Walsh Go Public with Relationship on Instagram](#)

2. PDA: When you're out with your significant other, hold their hand, kiss them on the cheek, and just do little public displays of affection that warm your partner's heart. Don't overdo it; no one wants to feel uncomfortable, but don't be embarrassed to show your partner off!

Related Link: [Celebrity News: Johnny McDaid Gets Courteney Cox's Initials Tattooed on His Wrist](#)

3. Say "I love you": Don't be afraid to exclaim your love with words in public. You may not be able to announce it to a huge crowd at a concert like Meghan, but saying your love out loud is a cute gesture. You may even get a couple of "awwws" from people passing by.

How have you shows your love for your partner publicly? Comment below!

5 Date Ideas To Maximize

Daylight Savings



By

Linda Guma and Kayla Garritano

After a long, hot summer of late night festivities, followed by fall work hours that extend past 6 p.m., we could all use an extra hour of sleep so our bodies can catch up. Well, soon enough it will be here. On November 6, we'll turn back the clocks again to mark the end of Daylight Savings Time. While most of us are probably happy about gaining that extra hour of sleep, why not maximize those 60 extra minutes by spending it with your partner? Here is some [dating advice](#) on ways to capitalize on a little romance:

These [date ideas](#) will be sure to

give you the best use out of that one extra hour!

1. Rise and shine: Of course, not all of us are nocturnal. If you and your partner are early risers, there's no need to bother resetting your biological clocks. Take advantage of that additional time by going for a morning jog together before you start your respective daily routines. To save some energy, you've got to use some energy. Other ways to be creative with dates early in the day include morning swims, sweet mimosas at a nearby cafe, or breakfast in bed.

2. Last call: If you and your partner prefer sleeping in and staying up late, feel free to unleash your night owl tendencies. Bars and clubs will be open an hour later, which also means that last call for drinks will be extended as well. After grabbing cocktails at your favorite lounge, hit the club and dance the night away.

Related Link: [Date Idea: Dance the Night Away](#)

3. Fall cleaning: This may sound like a big drag, but it'll be worth it once it's over. You and your partner can make a game of tidying up together. Get rid of things you no longer use and make way for newer items. The sense of accomplishment will serve as a bonding activity and you if you aren't currently living together, be sure to save a drawer or two for him.

4. Take a chill pill: Sometimes, you just need to relax after the constant hustle and bustle of your busy life. Use the extra time to fuel your energy for the rest of the day. You can find romantic ways to unwind together, such as snuggling in bed or taking a bubble bath. Even the enjoyment of a local bookstore or a movie can be fun.

Related Link: [Famous 'Couples' Star in Best Movies for a Rainy Day](#)

5. Bucket List: Take the time to sit over some wine and plan out some exciting events for the future. You and your partner will each need a pen and paper. Each jot down creative activities and places you've always wanted to visit, your own personal bucket list. After you're done, consult each other's lists and then sketch out a tentative plan to create a joint list. You'll have some fun talking about the unordinary activities you want to do, and the unique places you want to go. It'll definitely be some good conversation!

What can you do to make the most of Fall Back? Share your ideas below.

Relationship and Dating Advice for Love Birds Who Don't Agree Politically





By

Justin Lavelle, [Peoplelooker.com](https://peoplelooker.com)

For some of us, political points of view are the ‘bottom line’, the test against which we measure compatibility with another person. Don’t believe me? A poll by Wishbone concluded that 47% out of 10,000 respondents said they wouldn’t date someone with different political views.

This tells us clearly that many would rather avoid the issues that come with different political beliefs and also confirms why so many people marry or date within a specific cultural or religious community.

Are you one of the 47%? Are you on Team Trump or Team Hillary? Consider this [relationship advice](#). You can find a match with

dating sites that are specifically geared towards your candidate of choice, such as MapleMatch (anti-Trump – it will match you with Canadians so you can move, in the event of a Trump win), TrumpSingles (boasting “The number one dating site for those who still believe in Making Dating Great Again”), or LiberalHearts (their catchphrase? “Uniting single Democrats, progressives, environment and animal rights activists who are like in mind and liberal in love”).

For many couples, it isn't until a real rabble-rouser of a candidate emerges that the differences become obvious. Case in point: Donald Trump. Most of us evolve slightly in our political views over time, as our lives change and we grow older, but it's rare enough for people to switch political sides completely. So, it makes sense to start as you mean to finish and not date people that you know you are going to disagree with on some very fundamental issues in your lives. That said, if you do end up at different ends of the political spectrum, a little mindfulness will go a long way so that you can still have a strong and healthy relationship. Here's some [dating advice](#) on getting through an election year unscathed, when you and your partner disagree, politically:

- If you're actively playing the dating game or seriously considering marriage, your ideal has to be someone who shares some of your core values. Hanging out at different ends of the political spectrum isn't necessarily a deal breaker if you can agree on topics that are personally important to both of you. After all, a person is not their politics, unless they happen to be running for President, so eliminating everyone who isn't a card carrying Democrat, for example, might be limiting your scope a little too much. But if you can't agree on even the most basic things, it's probably a sign that it wasn't meant to be and might be time to move on.
- You've met that perfect someone who turns out to be a right wing Conservative. You are a liberal Democrat. Are

you doomed? Not necessarily. It can be possible to agree to disagree and make a list of topics that aren't permitted at the dinner table or anywhere else!

- If you do decide to run the gauntlet and talk politics with your partner of opposing views, do it respectfully and demand the same of them. You can hear each other out without fighting. The couples who agree on absolutely everything are few and far between, so know that differences are okay, and can even be something to be celebrated.
- How a person comes to their political beliefs matters too! If your partner has done a lot of research and reading, you can be sure that their positions are considered and measured. If they rely on television sound bites and Twitter for their political beliefs and are backing someone based on those featherweight points, you should probably be a little more concerned. The person who doesn't think like you do but has come to those beliefs through a process of due diligence deserves your respect, don't you think?
- Even a strongly divided set of beliefs can find some common ground, some areas where you can both agree. Democrats and Republicans in the House can cross the aisle on some issues, so you should be able to manage it as well. Ultimately, many more centric points of view are much closer than they are divided. It's a question of finding that compromise position for the greater good. After all, what's a relationship if not based on compromise and mutual respect?
- Accept that your partner of differing views isn't likely to change and badgering them about it isn't going to help. They may soften or adjust their position on specific issues, but ultimately, very few people cross the aisle for good. This is a good time to practice the idea of 'do unto others': don't try and change them!
- How important are your political views to you? How about your new or prospective partner? Someone can be of a

political view without being really active or vocal about the issues of the day. In other words, how much do your political differences really make in your day to day lives? Not much? Then don't worry about it, you'll probably be just fine!

Justin Lavelle is the Chief Communications Officer at [PeopleLooker](#). PeopleLooker is your go-to source to check whether your new online or in person date is who they say they are. PeopleLooker is a leading source of online background checks and contact information. PeopleLooker allows individuals to find more information about people, phone numbers, email addresses, property records and criminal records in a way that's fast, easy and affordable.

Dating Advice: How to Win Him Over in the First 3 Dates!





On

this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their [dating advice](#) for those who aren't having the best luck in the dating world. Learn how to turn things around by being the woman who wins the man over. Follow these dating tips to get your love life back on track.

Dating Advice That Will Help You Win The Man of Your Dreams

1. Play it cool. Don't be overeager when you're on a date. You don't want to look desperate. But also, be engaging and have a balanced conversation.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Relax. Even if you're nervous on a date, don't be all tense. It's not a job interview, you're out with this guy to enjoy yourself. If you aren't comfortable, a man will notice

and make note of that.

Related Link: [Dating Advice: What Do Men Want from Women?](#)

3. Keep it classy. Be positive and optimistic. You want to show a man that you're good company to be around. Complaining too much is just a turn off.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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Dating Advice: Do Pick Up Lines Actually Work?





By

[Joshua Pompey](#)

There she is standing at the bar. Tall. Beautiful. Long flowing blonde hair. Think. Think. There must be a pickup line that will work... Okay, I've got it!

"Damn girl. Are you okay?"

"Yes, why?"

"Because damn it must have hurt when a beautiful Angel like you fell from heaven."

Cue the eye roll, the grabbing of her closest friend's arm, and the immediate exit. And just like that, bye bye beautiful blonde. If you've used cheesy pick up lines at any point in your life, odds are this may have happened to you at some point. While this may have been a terrible pick up line for the sake of the overall argument I'm about to get into, the question is, can pick up lines ever actually work? Well, that depends on a number of factors that I'll explain to you in the following [dating advice](#).

Dating Advice On Whether Pick Up Lines Work

For the most part, in terms of quality dating advice, the answer is almost always a resounding no. Pick up lines come across as lame, cheesy, and pre-mediated, making the other person not only think that you are corny, but will also communicate that you lack the basic social skills that it would take to approach someone in a conventional way. Using a pick up line communicates to the other person that you don't have enough wit and originality to be interesting on your own accord, which isn't exactly a compelling advertisement for why someone should talk to you. With that said, pick up lines *can* work. But only if you are in on the joke and have a pick up line that you know will make the other person laugh.

Related Link: [Relationship Advice: So When Exactly IS It Time For Sex?](#)

Here's an example, way back in the day, during Mr. Pompey's younger years, long before I became a relationship expert, I once read a pick up line that I thought women would find to be rather cute. I would approach a girl that looked friendly in a bar, and walk up to her as if I were trying to set my friend up. "Hey you see my friend sitting over there..." He would then wave. "Well... (long pause) he wants to know if you think... (long pause)... this is kind of embarrassing... (another pause)... he wants to know if you think *I'm* cute." Cue flirtatious smile by me. Almost every time I delivered this line I would be met with a smile or a laugh, and then the woman would excitingly engage in conversation. The little twist and mis-direction at the end of the line, combined with the fact that this line is also somewhat funny, results in a highly effective pick up line.

Related Link: [Dating Advice: 5 Steps To Securing A Second Date](#)

In addition to my arsenal of dating tips, I'd like to point out my use of that line showed confidence and avoided the typical pitfall of being a pick up line that is lame and cheesy. Being clever can go a long way, even if they know it's a line. But perhaps most importantly, my body language and delivery shows I'm in on the joke. I'm not walking up to a woman all serious as if I am really hoping I pick her up with these smooth skills of mine. I'm just having fun and delivering the line in a way that makes it clear I'm just here to make her laugh and help her have a good time.

Related Link: [Dating Advice: Does A Man Really Have to Call?](#)

At the end of the day, nearly all pick up lines will come across as lame. But if you find a clever one and deliver it in a manner that shows you're just having fun, you just might wind up in some good company and a potential date night.

For free online dating articles and advice from Joshua Pompey [click here](#), or [visit this page](#) to learn more about his world famous profile writing service and free profile evaluations.

New Celebrity Couple: Kristen Stewart Is Dating Cara Delevingne's Ex St. Vincent





By [Mal](#)

[lory McDonald](#)

[Celebrity relationships](#) start and end in Hollywood so fast it can sometimes be hard to keep up with who is dating who. A new [celebrity couple](#) has surfaced, as [UsMagazine.com](#) reports that [Kristen Stewart](#) is dating St. Vincent. Vincent is recent [celebrity exes](#) with Cara Delevingne, and Stewart recently ended her relationship with video producer Alicia Cargile. The two met at the New York Film Festival screening and sources say, "They spent almost every day together after that. It's been very romantic. Kristen is always whispering closely in her ear and asking her opinion." Although both Stewart and Vincent have been in high profile relationships, it seems like they are invested in one another and excited to embark on this journey together!

There's a new celebrity couple in L.A.! What are some ways to know

you're ready to move on from your ex to a new relationship?

Cupid's Advice:

Finding the right time to start a new relationship after a breakup can be difficult. Use this [relationship advice](#) to help decide if it is time:

1. Content: When you have finally stopped feeling bitterness and resentment toward your former partner, this can be an indicator that you have healed from the relationship and are ready to move on.

Related Link: [Kristen Stewart's Mom Denies Speaking About Her Daughter's Celebrity Love Life](#)

2. Independent: After a breakup, it is important to find yourself again. You don't want to enter a new relationship just to be dependent, because starting a relationship that way is not likely to be successful.

Related Link: [Rob Pattinson Comments On Ex Kristen Stewart's Cheating](#)

3. Open heart: It can be easy to convince yourself mentally that you are ready for a relationship. However, even if your head is telling you that you are ready, it is important that your heart is healed and ready to open back up completely.

When did you know you were ready to get into a new relationship?

Relationship Advice: The Baby Predicament



By Dr.

Jane Greer

Former reality TV star Heidi Montag is hopeful that she'll be starting a family next year with her husband Spencer Pratt. He hasn't always been fond of the idea of fatherhood, admitting he's "baby blocking" her. However, Heidi believes she can change his mind about having a [celebrity baby](#). This is something that many couples go through – one partner is absolutely ready to become pregnant, but the other is either not sure or is against it.

It is typical for spouses to find themselves in this predicament than to be on the exact same page at the exact same time about when to expand their twosome. Dr. Jane Greer continues with [relationship advice](#):

There are many variations on the theme of why one or the other is not ready for the responsibility of offspring. Perhaps there is the fear that the connection the couple shares will change with the arrival of a baby, and one person might worry that the love and attention he or she gets now will shift and it could end up feeling more like a loss than a gain. Or possibly someone is concerned about being financially settled before embarking on the adventure of parenthood. Maybe it is just the looming responsibility itself that holds one partner back, and on occasion people are dealing with their own childhood experiences that might color their desire to be a parent. Or in some cases one partner has been married before, and has a child with that first spouse and might not be eager to do it again. Whatever the reason, the back and forth can begin for couples before they even become engaged, and can sometimes be a deal breaker if there is no way to reach an agreement or even leave open the possibility of it happening one day. More often than not, though, the relationship will move forward with the hope that the partner who is holding out will come around. What do you do then if you find yourself married and ready, but your spouse is not sure or still saying no?

Related Link: [Reality Stars Who Found Real Love](#)

The first thing to do is to set aside time to discuss your concerns. When you do sit down to talk this through, allow each of you to share your respective vision of your life together and the role that having children will or will not play in your future. Assuming you were up front about your desire to have a family from the beginning, it is important to remind your partner that you were clear from the get-go. Establish if this is a “not now” or a “not ever” situation. Assuming it is the first, ask your partner to describe what they are feeling and what is holding them back. Ask if their feelings have changed at all over time. See if there is anything you can do, or that you can do together, to make your spouse more comfortable with the idea.

Related Link: [Heidi Montag & Spencer Pratt Lock Lips on a Ski Trip](#)

Having this conversation with each other, and having a chance to share your honest feelings, will help to bring you together as a team so you can feel like you are on the same side rather than being opponents who want different outcomes. Talk about a timeframe that feels agreeable to both of you, and decide on a point in the future when you can either revisit the discussion or when you might be able to take first steps toward the goal of having a baby. As long as the door is open, and you know the subject hasn't been tabled forever, you will hopefully be able to avoid feeling controlled and resentful.

The objective is that by the time you reopen the discussion you will find yourselves on the same page. Only time will tell if this will be the case for Heidi and Spencer.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer

at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Celebrity News: Melania Trump Calls Donald Trump's 2005 Comments 'Unacceptable and Offensive'



By

Kayla Garritano

This [celebrity news](#) has us debating on these presidential candidates. Republican presidential nominee Donald Trump's wife, Melania, released a statement on Saturday, October 8, to address the controversy surrounding the comments he made about women in the newly surfaced video from 2005. According to [UsMagazine.com](#), Melania reportedly said, "The words my husband used are unacceptable and offensive to me. This does not represent the man that I know. He has the heart and mind of a leader. I hope people will accept his apology, as I have, and focus on the important issues facing our nation and the world."

This celebrity news has us wondering about Melania's celebrity relationship with Donald Trump. What are some warning signs that your partner may not respect you?

Cupid's Advice:

Sometimes you may not realize that you are having issues with your partner. Respect is important when it comes to being with someone. You must respect the person you're with. How can you tell? Cupid is here to help:

1. They put your ideas down: Listening is a big part of making a relationship work. If your partner doesn't listen to what you have to say and won't take your ideas or advice over their own, that may be a red flag. Make sure your partner knows how to listen to you.

Related Link: [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

2. “Pet” names: Nicknames can be cute, such as “honey” or “sweetheart.” However, there’s a line between cute and rude. Never let your partner call you a nickname that puts you down. You are not a title or an object to own.

Related Link: [Relationship Advice: What Makes a Marriage Strong?](#)

3. Their needs come first: It’s only right to treat yourself every now and then, but it’s not okay to constantly put yourself before others, especially your partner. You and your partner are supposed to compromise. If your significant other can’t do that, then you may need to reconsider your relationship.

Has your partner ever shown warning signs of disrespecting you? Tell us in the comments below!