# 10 Famous Couples We Can't Wait to See Support Each Other At the Oscars





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Chrissy Teigen and John Legend

The soulful singer-songwriter and his wife, who has been in the media for her humorous crying face, most recently appeared at the Grammys on Feb. 8. Legend and Common will be performing the Oscar-nominated song 'Glory' from the movie 'Selma.' Fingers crossed that they take home the golden statue! Photo: Janet Mayer / PRPhotos.com

# **Young Celebrity Moms**





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Hilary Duff

Hilary Duff married NHL hockey player Mike Comrie when she was only 22 years old, and the couple welcomed their son Luca 2

years later. The former child star has never shied away from expressing how thankful she is to be a mother, often posting adorable photos of Luca on Instagram. Photo: LRR/FAMEFLYNET PICTURES

# Celebrity Exes Reese Witherspoon and Jake Gyllenhaal Reunite at Golden Globes





By Rebecca White

Tis the season for red carpets, designer gowns, and fabulous celebrity news! According to <u>UsMagazine.com</u>, celebrity exes Reese Witherspoon and Jake Gyllenhaal ran into each other and reportedly "had a moment together during one of the show's commercial breaks." Running into an ex can lead to some awkward confrontations, and even celebrity breakups aren't exempt. These encounters are sometimes unavoidable so be prepared for when you do bump into that former flame.

Celebrity breakups can lead to some awkward confrontations. What are some ways to keep things civil like these celebrity exes did at the Golden Globes?

#### Cupid's Advice:

While it may be awkward at first to remain amicable with a past partner, you can take a cue from celebrity exes Witherspoon and Gyllenhaal. Even if the relationship ended on negative terms, Cupid has some advice on how to keep breakup emotions from spiraling out of control:

1. Smile and be friendly: Just putting in the extra effort to smile and make small talk during an awkward encounter with an ex, is all it takes to keep things civil. Try to remember that you are both moving on, if you haven't already.

Related Link: Ryan Phillippe Says He's 'Proud' of How He and Reese Co-Parent

2. Don't make it a bigger deal than it is: Running into an ex after a breakup can be just like running into an old friend you haven't seen since high school. There's no need for any drama, if you just treat them casually like they are an old

friend.

Related Link: Reese Witherspoon and Ryan Phillippe Reunite for Son's Football Game

3. Keep the past in the past: Moving on from the relationship by keeping your focus on your future happiness with someone else is the best way to get out of the past. Celebrity exes Witherspoon and Gyllenhaal even hugged at the Golden Globes, remembering that the past is gone and the present is here. These small efforts will go a long way.

How did you keep things civil after your last breakup? Share your thoughts below.

# Ryan Phillippe Says He's 'Proud' of How He and Reese Co-Parent





By Amanda Boyer

Since Reese Witherspoon and Ryan Phillippe's separation after seven years of marriage in 2006, Phillippe could not be more pleased with how it has been working out, according to <u>UsMagazine.com</u>. With two kids at ages 15 and 10, the ex-couple has been co-parenting well, according to Phillippe's recent interview with <u>HuffPost Live</u>. The actor they still make time to spend time together as a family and are proud of the way they have handled the situation.

## What are three factors to consider when co-parenting?

## Cupid's Advice:

Want to make sure you are doing a good job co-parenting? Read ahead for some tips:

1. Balance: Think about how you want to raise your kids. If you and the other parent have different visions, things could get messy. Make sure to compromise and listen to each other's points of view.

Related: Co-Parenting Teenagers in the Summertime

2. Work life: Are you spending too much time at the office? Be aware of what is going on with the kids at all times, even if that means checking in on them when you're busy.

Related: <u>How to Cooperatively Co-Parent After Separation or Divorce</u>

3. The kid's happiness: Make sure they are happy and good with the arrangement. Listening is key when co-parenting, not just between two members, but with the entire family.

Do you have other factors to consider when co-parenting? Comment below!

## 5 Celebrity Mother-Daughter Look-alikes





By Courtney Omernick

You may have heard someone state that you sound like your mother, but has anyone ever told you that you look like her? Below are five celebrity mother-daughter look-alikes that may have you do a double take.

1. Reese Witherspoon and Ava Phillippe: Although Ava has her dad's (Ryan Phillippe) famous lower lip, she is definitely her mom's mini-me. In a recent interview, Reese stated that Ava helps Reese select her gown during Oscar season. Twins and fashionistas!

Related: Celebrity Couples Who Have Remarried Each Other

2. Goldie Hawn and Kate Hudson: Both actresses are known to light up a room with their locks and bright smiles. And, not only does the pair look similar, but they also share the same zest for life.

Related: Mother's Day Gift Ideas for First-Time Moms

3. Uma Thurman and Maya Hawke: Maya is all grown up, and she

looks a lot like her mother! Both have blonde hair, blue eyes, are lanky with fair skin, and share similar facial features. Who knows, maybe Maya will star in the next Kill Bill.

- **4. Susan Sarandon and Eva Amurri Martino:** This mother-daughter team shares the acting gene, a sense of style, and looks! Eva definitely inherited her mother's curves, big, brown eyes, and dramatic hair color.
- **5. Gwyneth Paltrow and Blythe Danner:** There is definitely a striking resemblance between these two! Both ladies share the same petite figure, fair beauty, slim nose, and amazing style.

What are some other celebrity mother-daughter look-alikes? Comment below!

# 5 Celebrity Couples Who Are Still Friends After Divorce





By Louisa Gonzales

Breakups are hard. Divorce is even harder. Some are nasty, while others end amicably, but even so, for some couples transitioning from ex lovers to buddies just isn't possible. Many celebrity partners have gotten married over the years, and not all of them have worked out. However, some pairs have managed to go from being in a romantic relationship to remaining friends. Here are Cupid's top 5 celebrity ex couples who still remain friends to this day.

1. Miranda Kerr and Orlando Bloom: The pair married for three years before calling it quits in 2013. The ex couple shares one son, Flynn, born in 2011. The ex lovers may have ended their marriage, which their reps stated the split was amicable, but the family is still spotted in friendly outings together. Having a son together it makes sense the two remains more than cordial with one another.

Related: <u>5 Celebrities with Open Marriages</u>

2. Courteney Cox and David Arquette: The two got hitched back

in 1999 and were together for 11 years before splitting up and then officially divorcing in 2012. The ex lovebirds have one child together their daughter, Coco. The two have reportedly stated they still remain best friends and are both fully committed to raising their daughter together even though they are no longer married.

- 3. Ryan Phillippe and Reese Witherspoon: The couple who tied the knot back in 1999 married young, but remained together for eight years, unusual for Hollywood standards, before ending their romance. The ex lovebirds have a son and daughter together and still maintain a healthy relationship with each other to this day.
- 4. Demi Moore and Ashton Kutcher: The once power couple both made headlines when they first got together back in 2003 because of their major age difference, about fifteen and half years total! Their divorce may have been one of the nastier ones, there's speculation Kutcher was unfaithful, but the ex's have both since moved on. Kutcher stated he would always cherish the time they spent together in a tweet and the pair appears to still be friendly toward one another.

Related: Top 10 Celebrity Couples of 2013

**5. Demi Moore and Bruce Willis:** These two former flames haven't been married for years divorcing way back in 2000 after being married for 13 years. They had three daughters together. The duo remained close after the split. Willis even use to pose with his daughters, Demi and her now other ex husband Ashton Kutcher! Talk about having no hard feelings!

Do you think it is good to stay friends even after a divorce? Share your comments below.

# Celebrity Couple: Reese Witherspoon and Jim Toth Arrested and Jailed for DUI & Disorderly Conduct





By Andrea Surujnauth

Reese Witherspoon and her husband Jim Toth ended up becoming partners in crime Friday morning, reported <u>People</u>. Toth got pulled over for drunk driving and Witherspoon, who was in the passenger seat, became angered by the police arresting her husband. She got out of the car after being asked not to and eventually got arrested for disorderly conduct. According to police reports, Toth was weaving across a double line, he appeared disheveled and smelled of alcohol. After taking a

sobriety test, Toth blew a .139. The limit in Georgia is .08. The couple was released in bonds after a few hours of incarceration and they are awaiting a pending court date.

What are some ways to support your partner who broke the law?

### Cupid's Advice:

Your partner made a mistake and did something stupid. Now they are in trouble with the law. Cupid has some advice:

- 1. Court dates: Attend court dates with your beau and make sure they know you are there for them and they are not alone. People make mistakes and nothing is worse than feeling like you lost everything over a stupid mistake.
- 2. Keep them out of trouble: Make sure your sweetie gets help for whatever problem they had that caused their run in with the law. Get them whatever help they need in order to avoid the problem happening again.
- **3. Do not encourage:** They best way to support a rule breaker is by not encouraging the rule breaking. Make sure you make it clear to your sweetheart that it is not OK for them to break the law again.

How do you support your partner that broke the law? Comment below and let us know.

# Celebrity Couples That Remained Friends After Dating





By Jennifer Harrington

Dating in Hollywood's spotlight can be thrilling and challenging for celebrities. While it can be intense for the stars to navigate love with their partner under the microscope of the media and paparazzi, it's even more problematic when couples break-up and part ways. As we know, breaking up is hard to do and many couples do not remain on amicable terms. However, here is a look at several celebrity couples who have managed to stay friends after ending their romance.

#### Demi Moore and Bruce Willis:

Demi and Bruce were married for over a decade, are parents to three daughters, and also have the "biggest drama-free divorce in Hollywood". During Demi's six-year marriage to Ashton Kutcher, it was widely publicized that Bruce spent time with Demi, Ashton, and the kids (the gang appeared everywhere together from red carpets to exotic vacations!). When Demi and Ashton's marriage dissolved, Bruce was a shoulder for his former wife to cry on. So what's the secret to the harmony between them? Many speculate it is their shared devotion to their kids, and the fact that their union dissolved without any rumors of infidelity.

Related: Demi Moore Proves There's Hope After Divorce

#### Reese Witherspoon and Ryan Philippe:

Reese and Ryan married young and split after seven years of marriage. The marriage produced two children, and the grounds of divorce were reported as "irreconcilable differences". However, in the several years that have passed since they parted ways romantically, it's apparent that this duo has stayed tight and they have a fantastic friendship. In fact, Ryan and Reese are frequently spotted (with Reese's current husband, Jim Toth) watching their son's soccer games together! Hollywood insiders believe the secret to Reese and Ryan's friendship is open lines of communication and talking through any issues that come up.

Related: Reese Witherspoon Says Married Life Feels Great

## Kendra Wilkinson and Hugh Hefner:

Kendra became a star by living in the Playboy mansion as one of Hugh's girlfriends. Kendra ended her romantic relationship with Hugh, but the couple remained so friendly that Kendra and Hank Baskett were married at the Playboy mansion, and it was initially reported that Hugh would give the bride away during her wedding ceremony! Kendra has a young son with Baskett, and she's made it known she wants her son to call Hugh "The Godfather". Recently, Kendra was quoted saying she wanted to kill Hugh's current wife, Crystal Harris, because she is skeptical of her intentions. This statement is evidence of the deep friendship between Kendra and Hugh; it's obvious these two always have the others best interest in mind, and they

aren't afraid to stand up for each other when necessary!

It's certainly not common for celebrity couples to remain friends after the romance fizzles, but it is reassuring to see how these couples have made it work and stayed close. There are obviously lessons to be learned from Demi and Bruce, Reese and Ryan, and Kendra and Hugh. Tell Cupid: what do you think is the most important advice for two people transitioning from lovers to buddies?

# How Celebrity Couples Overcome Their Stressful Lives





By Whitney Baker

While it's tempting to think that celebrity couples never experience the ups-and-downs of real life, that's not always the case. Like everyone else, they must survive personal heartbreak, career letdowns and various forms of rejection — and they must do it all in the public eye. Of course, being a Tinseltown twosome means that they have money and means to overcome their stressful lives, perhaps by doing one of the activities below.

1. Learning something new: Although stars are often on set for long hours or traveling for various commitments, there is always downtime during their hectic schedules, giving them time to pick up a new hobby. For instance, Curtis Stone, who has a son with fiancée Lindsay Price, hopes that he and Price can learn how to speak Spanish and then teach their son the language.

Related Link: <u>Celebrity Couples Who Have Turned Over a New</u>
Leaf

- 2. Taking an extravagant vacation: Thanks to their hefty paychecks and flexible jobs, stars can jet off to Mexico or the Caribbean on a whim. Some of them even own their own private planes, making it extra easy to take a last-minute vacation. After co-hosting ABC's New Year's Rockin' Eve with Jenny McCarthy, Ryan Seacrest headed down to St. Barts for some fun in the sun with his long-time girlfriend Julianne Hough. This trip provided some much-needed R&R for the busy couple: Seacrest is gearing up for the twelfth season of American Idol, while Hough is promoting her upcoming movie Safe Haven. Likewise, Reese Witherspoon, Jim Toth and their three children spent the holidays in Hawaii.
- 3. Enjoying normal, domestic activities: Sometimes, just doing basic, everyday chores helps alleviate the pressure that comes with being rich and famous. When their schedules align and Carrie Underwood and husband Mike Fisher are both at their Nashville home, they like to keep things simple: they often spend time cooking and watching television together. Underwood likes to keep a similar routine when she's on tour, often doing her own laundry on her days off.
- 4. Donating to charities: While stardom certainly comes with stress, it also includes many wonderful perks. One way for stars to fully appreciate how blessed they are is by giving back and no couple does this better than the Duke and Duchess of Cambridge. Kate Middleton is making sure her charitable donations reflect on her pregnancy; in January, she gave both a hamper of new baby products and a package of baby clothes to one of her favorite causes, East Anglia Children's Hospices.

Related Link: Recovering Neuroscientist Don Vaughn Talks About Finding Love and Changing the World With Music

**5. Adopting a puppy:** Similarly, many celebrities show their goodwill by rescuing dogs from local shelters. These furry creatures provide them with constant companions despite their

busy schedules. At the start of the New Year, Miley Cyrus and Liam Hemsworth adopted a Chihuahua-mix puppy, Bean, who joins their family of four other rescued dogs. Likewise, Katherine Heigl — who even started her own animal companion charity — and husband Josh Kelley have a full house: they're raising their two daughters alongside seven rescued dogs.

How do you and your partner handle stress? Tell us in the comments below!

# How Celebrity Moms Keep an Active Dating Life





#### By Whitney Baker Johnson

Dating as a single mom is never easy, especially if you're trying to balance a busy career with raising your children. Even for celebrities, who have luxuries that not all single moms can afford, it's still a tricky thing to manage. The famous faces below have figured out a few ways to find love while still playing the most important role of their lives:

1. Make It a Family Affair: Before she got hitched, Reese Witherspoon was often seen with Jim Toth and her kids from her marriage to Ryan Phillipe. Rather than try to make time for romance and family, she simply included Ava and Deacon on her dates. The newlyweds even took her children on their honeymoon to Belize!

Michelle Williams has taken a similar approach in her relationship with Jason Segel. The couple is constantly seen with Matilda, Williams' daughter with Heath Ledger, and they even split their time on both coasts based on the little girl's school schedule.

Related: Three Tips to Stress Free Holiday Dating

2. Date a Blast From Your Past: Sometimes, it's easier to date a guy from your past instead of searching for someone new. Denise Richards, mom to three girls, took this route, dating Heather Locklear's ex Richie Sambora. While it may have ruined her friendship with Locklear, she is still in an on-and-off relationship with the rocker.

Perhaps taking a cue from her former friend, Locklear, who has a daughter with Sambora, dated Jack Wagner, her costar from *Melrose Place*, for over four years before ending their engagement.

3. Meet Your Match on Reality TV: Emily Maynard, single mom to daughter Ricki Hendrick, has tried not once but twice to find

love on reality television. First, she won the heart of *Bachelor* Brad Womack, only to end their engagement a few months later.

Rather than give up, Maynard tried again, becoming the most recent *Bachelorette*. She accepted Jef Holm's proposal, but they too broke up less than three months after the show ended. Despite this double dose of heartbreak, she has no regrets because she says she did fall in love with both men.

Related: <u>5 Bachelor and Bachelorette Couples We Can Learn From</u>

4. Stay In Your Inner Circle: Dating someone who your kids already know eliminates the need for awkward introductions and potential tension. Heidi Klum, who split from Seal after almost seven years of marriage, is now in a relationship with her bodyguard, Martin Kirsten. Luckily, her four children are already comfortable with him and are used to him being around.

Similarly, Courteney Cox has been rumored to be dating her *Cougartown* costar, Josh Hopkins. Coco, her daughter with David Arquette, knows Hopkins from her time spent on set, making the transition easier for her mom.

**5. Depend On Your Ex:** Staying on friendly terms with your ex can help your dating life as well. Jennie Garth, who recently split from her husband of 11 years, Peter Facinelli, has already been spotted with three different men. Thanks to her co-parenting routine with Facinelli, she has time to date while her three daughters hang out with their dad.

Likewise, Ashlee Simpson and Pete Wentz split time with their four-year-old son, Bronx. They both are frequently seen out and about with their significant others and even reunited recently to celebrate their little boy's birthday.

What's the best dating lesson you learned from celebrity moms? Tell us in the comments below!

Celebrity Nutritionist and Trainer Jackie Keller Says, "Those Who Exercise With Support From Their Partners Do Better Overall"





By Whitney Baker

You may have heard the saying, "The couple that exercises together, stays together." But is it really true? We turned to celebrity trainer, nutritionist and NutriFit co-founder Jackie

Keller to find out how to exercise with your honey, what's it's *really* like to work with the stars and how to avoid that dreaded holiday weight gain.

When it comes to working out with your sweetheart, Keller believes that success varies from couple to couple. There are numerous ways to approach your joint workout routine. "Some strength training requires that couples work together: one lifts, while the other spots," she says. "Additionally, many runners prefer to run with company to make the time pass more easily. There are also a lot of stretches that are better done with assistance."

She adds, "One thing we know for sure is that those who exercise with support and encouragement from significant others — friends, family or lovers — do better overall in achieving their goals."

Of course, if you exercise with your boyfriend or girlfriend, it's important to remember that men and women should train differently. Even if you have the same objectives, your bodies will respond to cardio work and toning moves in unique ways. Of this dissimilarity, Keller shares, "With women, I will usually work on the process as much as the result. With men, it's usually the result that overrides any concerns about the process."

Related Link: QuickieChick's Video Dating Tips: Why Hating Your Body is Destroying Your Love Life

Keller, a licensed and certified wellness coach, nutrition educator and Le Cordon-Bleu-trained culinary expert, has worked with celebrities such as Angelina Jolie, Charlize Theron and Penelope Cruz. She has also trained celebrity couples including Zach Braff and Taylor Bagley, Eric Winter and Roselyn Sanchez, and Jake Gyllenhaal and Reese Witherspoon (before they split). Speaking about her experiences working with these famous twosomes, she says, "I have no complaints

about our couples. They have been uniformly delightful. I think that having the support and participation from their significant other helps both of them with the process."

Given that celebrities need to look good for their job, they can tap into a deep level of determination that everyday people have a harder time grasping. "The public does not cut celebrities any slack, and they knew it when they chose that professional path," Keller explains. 'They don't fight the need to look good — they accept it and embrace it as part of the package."

Lately, we've all taken note of Matthew McConaughney's extreme weight loss for the upcoming film 'The Dallas Buyer's Club.' According to a recent news spot on 'Good Morning America,' he has lost nearly 25 percent of his total body weight. Despite the medical risks that come with this drastic weight loss, Keller believes that there is a healthy way to make these changes. She cites Anne Hathaway, who trimmed up for 'The Dark Knight Rises' by eating NutriFit meals three times a day for nearly a year, as an example. "She looked fantastic!," Keller says. "It can be done without compromising health or delicious meals."

Perhaps we can avoid any unwanted holiday weight gain by taking a cue from the stars. Keller recommends that you look to exercise as one of your must-do daily tasks, like brushing your teeth and showering. As far as diet is concerned, she says to eat a good breakfast, no matter what your dinner plans entail. "There is no such thing as 'saving' calories to enjoy later," she says.

## Related Link: <u>How to Find Love Admist Holiday Craziness</u>

Keller also suggests that you wear snug-fitting clothes, especially at events with a buffet meal, because you'll eat less if your waistband is tight. And, of course, Keller says you should be aware of how much alcohol you consume, as

"drinking uses up calories in a non-nutritive way and loosens up your inhibitions so that you're far more likely to eat badly."

When asked what food she *does* enjoy during the holidays, Keller says that she is a fan of "seasonal favorites," like persimmons, tangerines, oranges, spinach, swiss chard, collard greens and grapefruit. For specific ideas, you can check out the recipe section of Keller's blog at www.Nutrifit.wordpress.com/recipes/.

For more information on Jackie, go to www.JackieKeller.com. You can also keep up with her on Facebook and Twitter.

# Megan Fox Says Reese Witherspoon Helped Her Deliver in Secret





By Jennifer Ross

After giving birth on Sept. 27, Megan Fox and husband Brian Austin Green have yet to release a photo of baby Noah. However, Fox is willing to give us a visual image. In an interview on the *Ellen DeGeneres Show*, Fox says, "He looks, I would say, 70 percent like Brian... recently he's been getting chubbier and everyone's like, 'Oh, he's so chubby — now he looks like you." Jokingly, she can't decide if that is a compliment. According to <u>UsMagazine.com</u>, Fox then claims that she has Reese Witherspoon to thank for indirectly helping her to deliver in secrecy. "She went into labor the day before I did, and all of the paparazzi followed her to Santa Monica. So when I went into labor, I went to Cedars [Sinai Medical Center in L.A.], and nobody cared or knew I was there. So I got in and out. I left the next day and nobody knew. It was a big secret for three weeks." The word got out when Fox posted a comment about baby Noah on Facebook. "We are humbled to have the opportunity to call ourselves the parents of this beautiful soul."

What are some reasons to keep your labor under wraps?

#### Cupid's Advice:

Going into labor is one of the most wonderful experiences in life that you may want to share with your family. On the other hand, you and your partner may want to keep the delivery a secret. Can't decide whether to notify or not? Here are a few valid reasons when to keep your labor a secret:

- 1. Negativity: You may decide not to tell anyone when you are in labor if you might receive negative reactions from friends or family. Unfortunately, sometimes there are people that just don't want to see you happy.
- 2. Personal moment: Another acceptable reason to not share the labor news is when you and your mate want to experience the delivery with the least amount of distractions or stress. This is especially the case when the mother-to-be had a difficult pregnancy.
- **3. Adoption:** Should you decide that you are giving your baby up for adoption, it is understandable that you won't tell anyone when the delivery starts. Going through this alone can be traumatic. Therefore, be sure to at least talk with someone afterwards.

Why did you decide to keep your labor under wraps? Share your story below.

# Michael Bublé: My Children Will Be My Priority





By Kirstin Mirtich for Celebrity Baby Scoop

Although Michael Bublé has enjoyed a successful singing career, the Canadian crooner has no qualms about putting aside his busy schedule to raise a family one day.

"It can't always be like that; I won't allow it to be like that," the Grammy Award-winner explains. "When I do have children, my priority will be my family."

"I'll continue for a couple more years, and then it's not that I'm going to stop," he adds. "But I'll definitely probably slow down the pace, so that I can not have to hate myself for not being there for the family."

The 37-year-old star says that married life to Argentine actress **Luisana Lopilato** is wonderful but admits their busy careers sometimes kept them apart.

"Yes, we are definitely apart quite a bit, but I try to hang out with her as much as possible," he reveals. "We try to get together, and when she's on set making her movies, I go down there, and my job is to rub her feet and bring her coffee basically."

In the meantime, Michael is excited about the possibility of collaborating with actress **Reese Witherspoon** on his next album.

"By all accounts it would be true. I just really am a big fan, and so myself and my camp, we wanted to do this with her, and we were thrilled that she was excited about it too."

# Reese Witherspoon Debuts New Son Tennessee James Toth





By Nicole Weintraub

Reese Witherspoon and husband Jim Toth have welcomed son Tennessee James Toth into the world, according to <code>UsMagazine.com</code>. Born about six weeks ago, Tennessee and mommy Witherspoon were seen out in Los Angeles. The couple wed back in 2011 and this is their first child together. Witherspoon has two older children with former husband Ryan Phillippe. Witherspoon's two older kids met Tennessee when he came home from the hospital. "Deacon is excited to have a brother. And Ava can't wait to babysit," a source revealed.

What are some ways to introduce your new baby to your other children?

### Cupid's Advice:

Bringing a baby into your family can be a tough decision, especially when you have older children. Here are some ways to prepare them for the arrival of your new baby:

1. Prepare them: Read your kids children's books about a new baby coming into the family. Talk to your children about what

it means to have another brother or sister. The more open you are with your kids, the better prepared they will be.

- 2. Practice: If you have older children, have them practice carrying and holding a baby with a doll. Show them how a diaper is changed or how to feed a baby so that they will know what to expect once the baby comes.
- **3. Get them involved:** Get your kids involved ask them their opinions on different baby names and show them pictures of your sonogram. The more involved they feel, the less threatened they will be by the newest arrival.

What are some ways you would prepare your kids for a new baby? Share your thoughts with us.

# Celebrity Break-Ups That Broke Our Hearts





By Jessica Nappi

We've all gone through our own break-ups, and no matter how painful they can be, sometimes, seeing <u>celebrities break-up</u> is even worse. These splits involve not only the two in the celebrity relationship but also their entire fan base. Break-ups in Hollywood mean more than just broken hearts; they also mean no longer seeing them pose together on the red carpet, waving goodbye to those PDA-filled paparazzi shots, and saying sayonara to those lengthy interviews where they gush about how much in love they are. Here are three celebrity break-ups that had us crying:

## Three Celebrity Break-ups

1. Tom Cruise and Katie Holmes: Tom Cruise and Katie Holmes's split is the most recent and therefore the most sensitive of topics. From the moment Cruise not-so-humbly jumped on the couches of *Oprah* proclaiming his love for Holmes, we all envisioned a happy ending to this celebrity love story. There was the birth of TomKat, followed shortly by the actual birth

of their daughter Suri. The famous couple had a six-year run before Holmes shocked the world by filing for divorce in New York City earlier this month. What will we do without seeing ever-so-cute family photos of the duo with their fashionable little girl?

Related Link: Five Celebrity Divorces We Really Weren't Expecting

2. Brad Pitt and Jennifer Aniston: This golden Hollywood couple married in 2000, and everyone dreamed of watching their picture perfect celebrity love story play out. From Brad Pitt's guest appearance on Jennifer Aniston's show Friends to always walking hand-in-hand on the red carpet, it seemed like this celebrity couple was as strong as could be. Then came the 2005 movie Mr. and Mrs. Smith, in which Pitt co-starred with the one and only Angelina Jolie. The rest is history: Pitt and Jolie are now engaged with six kids. Aniston isn't doing so bad either: She has found a new man — Justin Theroux — and was recently voted hottest woman of all time by Men's Health magazine.

Related Link: Love in the Limelight: Why You Should be Happy You Aren't Famous

3. Sandra Bullock and Jesse James: It seems like a woman can't win the Academy Award for Best Actress without subsequently splitting with her man. Kate Winslet, Reese Witherspoon, Halle Berry and now Sandra Bullock are just a few of the many actresses who won big in their career yet fell short in their love life soon after. Bullock's marriage to TV's Monster Garage host Jesse James seemed better than ever, especially due to the heartfelt award speech she gave about him. But just days later, Bullock and the entire world discovered James' cheating rampage. As if we couldn't feel any worse for America's sweetheart, the famous couple was in the process of adopting a baby boy, whom Bullock now solely cares for. However, she now seems very happy as a mother.

# Reese Witherspoon Steps Out After Helping Rob Pattinson Hide Mid-Cheating Scandal





On Friday, Reese Witherspoon stepped out in public for the first time since she lent her ranch to Robert Pattinson. The actress let Patitnson stay on her California estate while he recovered from the aftermath of his girlfriend Kristen Stewart's affair. <u>Usmagazine.com</u> reports that Witherspoon said Pattinson is a "very sensitive soul" whom she hopes will

recover in the peace of her ranch. Still, Witherspoon has her own busy life to tend to, with her third child on the way.

#### How can you help a friend cope with infidelity?

#### Cupid's Advice:

Having a partner cheat is undoubtedly one of the worst things that can happen to a relationship, and it's tough to handle no matter how strong you are. If one of your friends is in this situation, it's always nice to help them out where you can. Here are some tips on how to do just that:

- 1. Let them vent: Nothing helps someone sort out their feelings and understand their own situation better than talking to a friend. Although you can offer advice, what's most important is just listening to what your friend has to say.
- 2. Provide a distraction: Invite your friend to go shopping, see a movie or just hang out. Spending time together will give them a chance to stop thinking about their partner's infidelity and let them know that someone still cares about them, even if they've been hurt by a loved one.
- **3. Give them space:** When someone is in a difficult place, sometimes they don't want to talk to anyone, even their closest friends. Don't be offended if your friend wants some time alone to come to terms with what happened. Let them know you're available and they'll come to you when they're ready to talk.

How would you help a friend who was a victim of infidelity? Tell us below.

## Giveaway: Reese Witherspoon's Sexy Sophisticated Style





This post is sponsored by Bliss Spa Products.

#### By Ann Csincsak

Since we first watched her in *Legally Blonde*, Reese Witherspoon has caught our eye with her simple style. Although her style is quite different from the flashy California-girl look of her character, Elle Woods, she still knows how to turn heads with her bold outfits.

This first look I love because it shows her sophisticated yet girly personality. She is right on trend with her floral print top and dark washed jeans and dresses it up with some gold jewelry and a fabulous clutch.

- 1.Modcloth.com Run and Hydrangea Top, \$34.95
- 2.Luck Brand Sofia Skinny Jeans, \$99
- 3. RayBan Original Wayfarer Glasses, \$149 MUST HAVE!
- 4.BCBG Tess Foldover Clutch, \$83
- 5.Kendra Scott Drew Bangles, \$120 SPLURGE!

The second look is the ideal date look. A cute, feminie skirt, simple top and accessories are all you need to look and feel sexy and confident. Men love when women wear dresses, and this one is a great option if you want to dress to impress. Keep your accessories neutral with your hair in an easy-to-manage style if you're hoping to catch his eye.

- 1. Nicoli Beige Handbag, \$138
- 2. Rachel Zoe Beau, \$188
- 3. H&M Navy Tank, \$7.95
- 4. J. CrewPostage Stamp Mini, \$98
- 5. Tory Burch Colorblock Glasses, \$148

Whether this blonde starlet is dolled up for a movie premiere or spending the day with her husband and children, she always looks stunning. Take some tips from Reese's effortless style and look put together for any occasion without seeming like you tried too hard.

For lots of these great style and accessories, check out Vintage Sweet and Chic.

#### PLUS: BLISS SPA PRODUCTS GIVEAWAY

This week, we are doing an amazing GIVEAWAY from Bliss Spa Products, one of my favorite product lines. The giveaway includes a ton of Bliss Spa products and a tote bag to keep them all together.

All you have to do is follow @BlissSpa on Twitter and tweet them, saying you're there for the #giveaway!

# Reports Say Rob Pattinson Is Hiding Out at Reese Witherspoon's Ranch





Robert Pattinson has been MIA ever since news broke that his costar-turned-girlfriend, Kristen Stewart, cheated on him with Rupert Sanders, director of her flick Snow White and the Huntsman. Although Pattinson can run, he couldn't hide for Pattinson is now known tο bе at Reese long. Witherspoon's ranch. To help him escape the media, Witherspoon was kind enough to offer up her \$7 million ranch in Ojai, Calif. <u>UsMagazine.com</u> reports that a source says Pattinson is "a total mess...He's questioning everything," but no official

words from him have been made public. However, we all know how Stewart feels after she made a very sincere and public apology.

What are some ways to stay away from friends and family after a cheating scandal?

#### Cupid's Advice:

A cheating scandal is hard to escape. Not only does it haunt your mind, but you also get hassled by the outside world. Here are some ways to handle all of the pressure:

- 1. Exercise: The best way to get out of your house and simultaneously clear your mind is to exercise. Go for a nice long jog, or lift some weights to get all of your anger out. Either way, exercise will help you feel healthy and in control of at least one aspect of your life, even if your relationship is struggling.
- 2. Take a weekend road trip by yourself: When your mind is racing, talking to friends and family can often only make you feel worse. Hitting the road and blasting your music will make you feel like nothing can touch you, letting you reflect on your situation during the alone time.
- 3. Retail therapy: A cheating catastrophe will make you feel terrible about yourself, whether you're the cheater or your partner was. When feeling down on the inside, a little physical change can be uplifting. Go shopping for some new clothes and spend some of your money on things that will make you happy.

How would you stay away from friends and family after a cheating scandal? Tell us below.

# Reese Witherspoon & Jim Toth Double Date with Kate Hudson & Matt Bellamy





Leading ladies, Reese Witherspoon and Kate Hudson spent some quality time together with their beaus Jim Toth and Matt Bellamy Friday night. Accompanying the pals, were Sports Illustrated model Kate Upton and her talent agent. Together the group dined at an intimate restaurant in Georgetown, Café Milano. Onlookers told <u>People</u> that the group "seemed to be having lots of fun." Witherspoon was spotted laughing the night away with her friends and enjoying a delicious meal of fresh baby artichoke, lemon vinaigrette salad along with

spinach fettuccine with veal Bolognese sauce.

#### What are some advantages of going on a double date?

#### Cupid's Advice:

Many couples associate double dating with a much younger and less serious kind of dating. Group movie dates and making out in parked cars come to mind. However, group dates can be extremely beneficial when pursuing serious relationships later in life. Here's how:

- 1. It allows you to get to know your date: If you met your date through a friend, a double date could take the edge off the initial "getting to know you" period, prompting him to share more than he may have if the two of you had gone out one-on-one.
- 2. It allows your friends to get to know you and your date as a couple: If your friends are not used to being around you and your beau together, a double date is the easiest way to work them into your circle of friends. Let your friends see what you love about your partner.
- 3. It can help you get a different perspective: If you are uncertain about how you feel about your date, take him out on a double date. Your friends may be able to validate some of the issues you have or help you realize that you are just being overly-critical of your new man.

Have you ever been on a double date? Share your experiences below.

## Jim Toth Steps Up as Stepdad to Reese Witherspoon's Kids





Reese Witherspoon has found a stand up guy to be her husband! Jim Toth has definitely shown himself to be parent material, which is a good thing since the couple is expecting a child together. According to <a href="UsMagazine.com">UsMagazine.com</a>, Toth wasn't "sure about having kids" when they first began dating in 2010, but warmed up to the idea once he got to know Witherspoon's two children. Toth is all about family now and the couple are "big family people."

What are some important things to remember when you marry someone with kids?

Cupid's Advice:

Sometimes it can be difficult adjusting to a new parent. Cupid shares some things to consider when you marry someone who already has children:

- 1. Blending families: It's important to remember that even though you're becoming a part of a family and thus creating a new one with your partner, these kids may already have a parent and may not be immediately receptive to your new role.
- 2. Do you like kids?: Don't marry into a family with children if you don't like children. Simple as that. It's not any easier raising a child that is not biologically yours, so make sure you're ready to be a parent.
- 3. Lifestyle: Make sure you're ready to change your lifestyle. While dating someone with kids, you may not have experienced many changes socially; however, once you have the role of step parent, you have to become a role-model.

What did you think about before becoming a step-parent? Share your thoughts below.

# Sources Say Reese Witherspoon is Expecting Her Third Child





We were ecstatic when Reese Witherspoon married Jim Toth after her seven year marriage to Ryan Phillippe ended. It was only a matter of time before the happy couple decided to extend their blended family. Sources told <code>UsMagazine.com</code>, that Witherspoon is 12 weeks a long with her third child, and first child with Toth. Could Witherspoon be waiting for the right time to tell ex-hubby Phillippe and her kids Ava, 12, and Deacon, 8, about the good news? Witherspoon and Roth may be keeping their pregnancy a secret, but we can't hold in our excitement for the couple.

### What are some reasons to keep your pregnancy a secret?

#### Cupid's Advice:

Some women wait to tell family and friends about a <u>pregnancy</u> for valid reasons. Here are some reasons why you should keep your pregnancy a secret and not feel guilty about it:

- 1. Health: Most females wait until after their first trimester to reveal the big news, because miscarriages are more likey.
- 2. Time: Is this your first child with your partner? It's

okay to take some time to enjoy the good news with each other, as this will bring the two of you closer.

3. Privacy: Keeping your pregnant as secret as long as you can is your pregagotive, and you are entitled to your privacy.

Why would you keep your pregnancy a secret? Share your comments below.

## How to Communicate with Your Ex Over the Holidays





By Amy Osmond Cook, Ph.D.

Reese Witherspoon is my favorite actress. Not only is she a beautiful woman and a classy mom, but she also starred in Legally Blonde, a girl-power movie that I watched every day (I kid you not!) for the first three months after my divorce. I cried when Warner dumped Elle and cried again when Elle emerged triumphant at Harvard. I kept thinking, "If Elle Woods can do it, so can I." So this year, I am cheering for Reese. She has moved on from what she called a "humiliating" and "isolating" divorce (Elle Magazine, April 2009) and has found happiness with Jim Toth and a peaceable relationship with her ex, Ryan Phillippe.

While it sounds like Reese has got it all together, she may have a little bit of anxiety as she and Jim manage their special occasions together for the first time. As a divorced and remarried mother of five children, I know what it's like to try to manage innumerable family get-togethers over the holidays. There are too many schedules, too many conflicts, and (let's face it) too many cookies. So, for what it's worth, here are my suggestions for surviving the holidays with a newly blended family:

Related: Ways to Impress Your Future Family

Give your ex a present. Yep, a real one. His old razor that he left behind or a picture of the children that he doesn't visit often enough don't count. The other day, my ex complimented my son, Jake, on his new orange SkullCandy headphones as he was picking him up for the weekend. I had accidentally bought two pair, so I gave Jake's dad one for his approaching birthday. In the eight years that we have been divorced, I don't think I have ever seen him more excited. He has smiled more lately, and I swear it's because of the headphones.

Buy presents together. When it comes to holiday presents, is so tempting to compete with your ex. I admit I have asked the

question, "What did your dad get you for Christmas?" with the secret hope that my present was better than his. But there are two reasons to give your children joint presents. First, it is a symbol of solidarity and communicates to your children that you and your ex are united in your parenting endeavors (even if you're not). Kids need to feel loved by both parents, and a joint gift communicates that effectively. Secondly, gifts become increasingly expensive as children age. They want iPods instead of Barbies. If you can swing a joint present, you can give your kids what they really want without spending too much money.

Related: 10 Holiday Gift Ideas For That Someone Special

Know your limits. When I was divorced and single, it was sometimes difficult to see married couples enjoying their lives. This was especially true during the holidays. I tried to focus on the things I could enjoy, but when it got too hard, I left. I could do parties, but not dates with couples. I enjoyed Christmas with the family, but not New Years' Eve (banging pots at midnight with toddlers—Nuff said). And I never held babies, because if I did, then I wanted one—but not without a husband. As Reese aptly told Marie Claire, divorce is "really, really stressful" (October 2011), and it's okay to flee the scene when the stress starts to mount.

Celebrate the holidays . . . whenever. Who says Christmas has to be December 25? When the holidays get crazy, flexibility is truly a virtue. For example, this year my family is celebrating Christmas on December 23, so we can celebrate it with everyone. My kids love it, because they get two Christmases instead of one and don't have to feel left out of one family's traditions. If you can change the family party so your kids can be there, do it. If you can't, then create a few traditions that they can look forward to before or after the holiday.

The combination of exes, children, and the holidays can be as

distasteful as a cup of wassail gone bad. But if you are flexible, know your limits, and reach out to your ex, you might find yourself tolerating—and even enjoying—the holiday season.

Amy Osmond Cook, Ph.D. is a faculty associate at Arizona State University, where she teaches Communication and English classes. She is the publisher of Sourced Media Books and coauthor of Hope After Divorce and Full Bloom: Cultivating Success. Amy and her husband, Jeff, have five children and look forward to welcoming baby #6 in April 2012. For more information about Amy, please visit amyosmondcook.com.

### Celebrity Couples Who Like to Shop





By Nisha Ramirez

We know celebrities love to shop, but celebrity couples who do it together are super cute! There's something about a guy holding a women's department store bag that makes us melt. In the real world, hitting the mall with your sweetheart can mean total boredom for him and a headache for you. Maybe these celeb duos aren't captured on camera arguing because they don't have to look at price tags. Whatever the reason, below are five of Hollywood's most well-known fashion-seeking duos we can't help but admire:

1. Gwen Stefani and Gavin Rossdale: This married couple are always photographed and filmed with two things: their children and their shopping bags. Paparazzi regularly capture the rocker family cruising store aisles in style. They love fashion so much that Gwen even launched her own line. This family makes spending a paycheck look fun.

Related Link: Zimbio's Top 10 Sizzling Celebrity Couples

2. Jessica Simpson and Eric Johnson: This engaged duo and

parents-to-be are always spotted together, in and out of retail stores. Since Jessica Simpson's pregnancy announcement, something tells us that the two will be shopping less for orange Birkin bags and more for onesies and designer baby clothes.

- 3. Emma Watson and Johnny Simmons: Thank goodness shopping is universal. Emma Watson and her new man, Johnny Simmons, went on a Paris shopping outing last summer. In fact, *People* reports that Watson tried on clothes and modeled them for Simmons in boutiques around the City of Lights. There's nothing like relying on your partner to give you an honest opinion.
- **4. Reese Witherspoon and Jim Toth:** This actress and her agent know how to create romance out of a day perusing the shops. *Zimbio* caught the pair with their hands full of more than just shopping bags. The two lovingly shared hugs and kisses in between Witherspoon's visit to fitting rooms.
- **5. Will Smith and Jada Pinkett Smith:** After dodging rumors of a divorce last August, the Smiths used a day of shopping to prove to the world that their relationship was still going strong. The couple must believe in therapy—retail therapy, that is—because they are always spotted window shopping. Their last big purchase? Part ownership of the Philadelphia 76ers.

Related Link: Celebrity Couples Who've Made the World a Better Place

If you and your partner are dying to get out of the house and spend some quality time together, shopping may be the answer. You're sure to have a smile on your face when you're walking around in brand new high heels or a gorgeous multi-colored scarf around your neck.

How does your significant other feel about shopping with you? Share your experiences below.

# Rumor: Is Demi Lovato Hooking Up With Ryan Phillippe?





18 year-old Demi Lovato and 36 year-old Ryan Phillippe. Could it be true? Reportedly, Lovato has been hooking up with Reese Witherspoon's ex-husband and the father of their two children. According to a <u>UsMagazine.com</u> source, it was "nothing serious."

How do you keep a relationship casual?

### Cupid's Advice:

There are plenty of reasons to want to keep the relationship

casual, especially if you just started seeing someone. But how do you go about it? Cupid has some tips:

- 1. Expectations: If the relationship is not of a serious nature or isn't at that stage, then make sure you know what to expect. Don't assume that your partner will be more emotionally available than he or she actually is. Don't expect that the relationship is more meaningful than it is, or you may risk getting hurt.
- 2. Communication: Communication is key. It may be awkward discussing the status of the relationship, but it's important to be open about where you stand and make sure you and your partner are both on the same page.
- **3. Group dates:** A good idea may be to go on a group date. This will ensure that the setting is more fun and less intimate. If you're out with a group of friends, you'll be less likely to discuss your feelings.

How do you keep your relationships casual? Share your experiences below.