

Surprise! 'Glee' Star Naya Rivera Will Welcome Celebrity Baby with Husband Ryan Dorsey



By [Rebecca White](#)

There's a bun in the oven! *Glee* star Naya Rivera just announced that she and her husband Ryan Dorsey will welcome a celebrity baby into the world. According to [UsMagazine.com](#), the famous couple went to Instagram and Rivera's website to make the announcement. "Surprise! We're having a baby! Ryan and I feel so blessed and can't wait to welcome the newest member of our family," the celebrity couple shared, along with adorable throwback photos of them both as kids.

Celebrity baby or not, getting ready for a bundle of joy takes work. What are three ways you and your partner can prepare for the arrival of your little one?

Cupid's Advice:

The latest [celebrity baby news](#) has us all excited, but preparing for your newborn will take some work. Here are three ways to prepare for the arrival of your little one:

1. Talk to other moms: There are many things about childbirth and infant care that only a veteran mom would know, so make sure you ask a friend or family member what to expect and how to prepare. They'll have recommendations for everything from what kind of crib to buy to what kind of bottles work best and can share tips on how to keep your marriage strong post-baby.

Related Link: [Naya Rivera Secretly Marries Ryan Dorsey on Original Wedding Date to Big Sean](#)

2. Prepare the nursery: Make sure that you are ready to bring your new baby into your home. Have the crib, changing table, and glider set-up before your little one arrives. Buy some clothes too – but not too many since you never know how big or small your bundle of joy will be! Once they're born, you probably won't have time to do these things.

Related Link: ['Glee' Star Naya Rivera Says She and Fiance Are 'On the Same Page' About Wedding Plans](#)

3. Pick a doctor: The best time to start looking for a pediatrician is when you're still pregnant. You want to give yourself plenty of time to find someone who fits with your family and also accepts your insurance. Make sure they have a

similar stance on vaccinations and medications too. Ask for suggestions from your OB/GYN or your nearby friends and family. This way, you'll be ready when that first cough comes up!

How do you prepare for the arrival of your baby? Comment below!

Celebrity Exes Ben Affleck and Jennifer Lopez Reunite at the Oscars



By [Rebecca White](#)

Oscars buzz is beginning to die down, but of course, there is even more celebrity news and gossip that is making headlines. According to [UsMagazine.com](#), celebrity exes Ben Affleck and Jennifer Lopez reunited at the awards show during one of the commercial breaks, playfully joking around. We were all heartbroken when the famous couple had their celebrity break-up in 2004, but there's no need to worry: They've kept in touch via email for the last decade. If only all splits were this civil!

It can be awkward for celebrity exes when they see one another again. How can you remain civil if you bump into your former flame?

Cupid's Advice:

Running in to an old flame may be awkward – but not for celebrity exes Affleck and Lopez. Try to model your uncomfortable experience after this Hollywood couple, and you'll be keeping in touch just like they do without any hard feelings.

1. Bring a friend: In the first few years after the relationship ends, it may be smart to bring a friend with you when you know you're going to interact with your ex. Having a wing woman or wing man will help you refocus the conversation if things turn sour.

Related Link: [Jennifer Lopez Reveals Ben Affleck Was Her "First Big Heartbreak"](#)

2. Don't compete: After a break-up, people often feel the need to compete with one another, bringing dates to parties

and going places just to show your ex how happy you are. Don't use your relationship and love life as a competition; it will only leave you feeling upset and emotionally exhausted.

Related Link: [Ben Affleck Says Jennifer Garner's Love Helped Him Become a Hollywood Star](#)

3. Leave the past in the past: This is one of the best ways to remain civil with an ex. Focus all conversation on the present and the future: what you've been up to, how your family is, etc. That way, past feelings will be left in the past for both exes.

How do you remain civil with your ex? Comment below!

Taya Kyle Showcases Famous Relationship with Late Husband Chris at Oscars for 'American Sniper'





By [Rebecca White](#)

Taya Kyle showcases her famous relationship with late husband Chris Kyle at the Oscars for *American Sniper*. According to [UsMagazine.com](#), she attended the star-studded event not only for her husband, but for veteran families as well. Kyle referred to Warner Brothers like a fairy Godmother, getting her on a plane, which had a dress and jewelry, even the shoes and Spanx waiting for her.

Whether you're in a famous relationship or not, it's important to express your feelings to the one you love. What are three ways you can show your partner you care?

Cupid's Advice:

Hollywood couples may have a different way of showing their celebrity love's they care during award season, but during

everyday life, even these famous couples can use this dating and relationship advice:

1. Romantic gestures: If your relationship and love life needs a little help, then plan some romantic gestures to sweep your partner off their feet. Plan a romantic dinner, organize a day trip, or have a picnic.

Related Link: [10 Ways to Give Thanks To Your Partner](#)

2. Find your loved one's preferred love language: People receive love differently, so find out your partner's love language. Whether they want gifts, affirmative words, or actions, give your love based on how they receive it.

Related Link: [Celebrity Interview with 'True Blood' Star Jamie Gray Hyder: "It's Nice to Be With Somebody Who Can Take Care of You"](#)

3. Be respectful: Be respectful of your significant other even if you two are fighting. Bring up any concerns directly, don't talk badly about them behind their back, respect their intelligence, and never resort to name calling.

How do you show your partner you care? Comment below!

Celebrity News: Julianne Moore Says Husband Was First

to See 'Still Alice' and Predicted Oscar Win



By [Rebecca White](#)

The Oscars have come and gone, awards have been handed out, but even famous couples want to find out about the celebrity news regarding the celebrity love stories of the winners. Julianne Moore, who won Best Actress, said that her husband, Bart Freundlich has been very supportive of her throughout this journey. According to [UsMagazine.com](#), during her acceptance speech, Moore gushed that her husband was the first person to see the movie and predicted that she would win an Oscar.

The latest celebrity news about Julianne Moore's husband predicting her Oscar win makes for a wonderful celebrity love story. What are some ways to encourage your partner in his/her career?

Cupid's Advice:

Whether you're in the celebrity news or not, supporting your partner in their career is of the utmost importance in any relationship. Here are some ways to encourage your partner in their profession, like these married celebrity couples:

1. Give each other space; growing separately does not mean growing away: Sometimes the best thing you can do is give your significant other space. Getting there on your own is half the fun of achieving any goal. Don't take that away from your partner.

Related Link: [Hollywood Couple: Diane Kruger Adorably Freaks Out Over Longtime Boyfriend Joshua Jackson's Golden Globes Win](#)

2. Show your love that you're interested in their work: Ask them questions and learn about the daily characters that show up in their day to day stories. You can't offer genuine support if you don't know what they spend their days doing.

Related Link: [Beyoncé and Jay Z Lock Lips at MTV Video Music Awards](#)

3. Be their sounding board: Make sure you ask how your partner's day went and actually listen to the answer. Be supportive and understanding. Encourage your love by offering them the opportunity to feel truly heard and understood.

How do you encourage your partner in their career? Comment below!

Mandy Moore Ditches Wedding Ring & Spends V-Day with Minka Kelly Amid Celebrity Divorce News



By [Rebecca White](#)

Sometimes even married celebrity couples have to call it quits when things go terribly wrong in their celebrity relationship.

When the latest celebrity news and gossip hit the press that famous couple Mandy Moore and Ryan Adams were filing for celebrity divorce, our hearts were broken. According to UsMagazine.com, Moore officially became a single celebrity woman by ditching her wedding ring and spending Valentine's Day weekend with her best friend at a celebrity getaway.

Celebrity divorce is tough because all eyes are on people like Mandy Moore and estranged husband Ryan Adams. What are some ways to keep your divorce drama private?

Cupid's Advice:

Unfortunately, when a celebrity divorce occurs, all eyes are on the Hollywood couple, with rumors and gossip flying around in Tinseltown. Luckily for us, when we decide to get divorced, it is not a celebrity break-up on the front page of the tabloids. Here are a few ways to keep the divorce drama private:

1. Keep it off social media: When your relationship and love life is going downhill and you decide to file for divorce, keep it off social media. There's no reason for every acquaintance to be aware of your personal life.

Related Link: [Mandy Moore and Ryan Adams File for Celebrity Divorce After 6 Years of Marriage](#)

2. Only tell trusted family and friends: During this time of heartbreak, keep your friends and family close, rely on them for support, and don't tell anyone else about the dying romance. Right now, you need time to grieve with your group of support.

Related Link: [Divorce Attorney Jacqueline Newman Offers Relationship Advice: "You Want to Be Divorcing a Happier Spouse"](#)

3. Keep legal issues amicable: Try not to engage in unnecessary arguments and keep the divorce amicable. If the split is as mutual and friendly as possible, then no one will overhear a fight or see you with your guard down, therefore keeping your private life, private.

How do you keep divorce drama private? Comment below!

George Clooney and Celebrity Love Amal Are Installing Panic Room in Home





By [Rebecca White](#)

The latest celebrity news and gossip has us all a little curious. According to [UsMagazine.com](#), celebrity love birds George Clooney and Amal Alamuddin are installing a panic room in their England mansion. The famous couple spent their celebrity honeymoon in the home after tying the knot in September 2014, choosing to focus on their relationship and love life rather than a celebrity vacation. A source said that the panic room is not for Clooney's fans, but rather for his celebrity love's protection because of her high profile clients as a human-rights lawyer.

George Clooney wants to keep his celebrity love Amal safe at all costs. What are some ways to protect your loved one in everyday

Life?

Cupid's Advice:

Protecting your loved one does not always have to mean installing a panic room, like some Hollywood couples. If you want some dating and relationship advice, then be sure to protect your partner in emergencies as well as in everyday frustrations:

1. Be prepared for emergencies: Try and emulate what this married celebrity couple has done and be prepared for emergencies. If you live together, install a security system so you don't have to worry every time you go out of town. These protective measures will make you aware as a couple, so you're always prepared for the unexpected.

Related Link: [George Clooney and Amal Alamuddin Honeymoon in England](#)

2. Check in regularly: When you and your honey are at work all day, or go out of town separately, make sure that you check in with them regularly, through texting and calling. There's no need to keep tabs on one another, but just make sure you know where your partner will be and call them every night to make sure they're safe.

Related Link: [Find Out Details Behind George Clooney and Amal Alamuddin's Wedding Prep](#)

3. Defend them: Sometimes you don't only need to protect your loved one from emergencies, but from the everyday people in their life. If you two are at a social gathering, or the family is putting pressure on them, defend your significant other and protect them from the judgment.

How do you protect your loved one in everyday life? Comment below!

Famous Couple Cameron Diaz & Benji Madden Valentine's Double Date with Nicole Richie & Joel Madden



By [Rebecca White](#)

Now that Valentine's Day weekend is over, we're all wondering what our favorite married celebrity couples have been up to. According to [UsMagazine.com](#), famous couples Cameron Diaz and Benji Madden double dated with Nicole Richie and Joel Madden on cupid's day. The foursome went out to dinner around 9 p.m.

and stayed at the restaurant for three hours, just laughing and bonding.

What are some benefits to double dating like famous couples Cameron & Benji and Nicole & Joel?

Cupid's Advice:

These famous couples have found that double dating is exciting and fun, even with a sibling and their loved one. If you want some dating and relationship advice, try double dating as a way to enhance your romance:

1. You see your partner from a different perspective: When you and your loved one are out in social situations, different aspects of your personalities emerge, allowing you to see your partner from a new perspective.

Related Link: [Cameron Diaz & Benji Madden Display PDA Following Celebrity Wedding and Honeymoon](#)

2. You dress up more than you usually would: Dressing up more than usual can really help your relationship and love life. By putting in that extra effort when it comes to your appearance, you and your partner will have a newfound attraction for each other, keeping your romance interesting.

Related Link: [Matchmaker Nicole Richie: "I Set Up Cameron Diaz and Benji Madden"](#)

3. It reminds you of the reason you chose each other: By going out with another couple, whether you enjoy the experience or not, you and your honey will probably feel the same way about how the evening went. These reflections can reinforce why you chose each other, whether it's because you both realized you hate double dating, or you both like the same food and have

the same sense of humor.

What do you think are some benefits to double dating? Comment below!

'The Bachelorette' Andi Dorfman Says Split From Josh Murray Is 'the Biggest Failure of My Life'



By [Rebecca White](#)

Some celebrity love stories don't end with holy matrimony. Celebrity exes Andi Dorfman and Josh Murray split a few months ago during the holidays. According to [UsMagazine.com](https://www.usmagazine.com), Dorfman said this is the biggest failure of her life so far. The reality TV star also said that the celebrity breakup was mutual, stemming from compatibility issues.

Even celebrity exes like 'The Bachelorette' star Andi Dorfman and Josh Murray deal with feelings of failure in the wake of a break-up. What are some ways to keep those feelings at bay?

Cupid's Advice:

Even though these celebrity exes have parted ways, that doesn't mean that either of them should feel like a failure. Here's some dating and relationship advice to help you deal with these feelings after an awful breakup:

1. Be open and honest with yourself: When you are ready to be open and honest with yourself about your relationship and love life, instead of bottling up emotions of regret and failure, your family and friends will be as supportive as they can be.

Related Link: ['Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call it Quits](#)

2. Remember you're not a failure: Even though your fairytale ending didn't come true with this one, that doesn't mean it won't happen for you. The simple truth is that you fell in love, but now you both have decided to part ways. It's not a crime or a failure, it just didn't work out.

Related Link: [Celebrity Break-Up: Did Josh Murray Split with Former 'Bachelorette' Andi Dorfman for More Reality TV Fame?](#)

3. Stay positive: Try writing down positive and negative things about what worked in the relationship and what didn't. Acknowledge what you want and what you don't want. This will help you figure out how to choose the next lucky partner to steal your heart.

How do you avoid feeling like a failure after a breakup? Comment below!

**Exclusive Celebrity
Interview: Antonio Sabato Jr.
Shares His Best Relationship
and Love Advice for
Valentine's Day**





By [Rebecca White](#)

Do you ever wonder what married celebrity couples do for Valentine's Day, especially if they're apart due to work obligations? Well, we got the inside scoop from one of our favorite stars! In an exclusive celebrity interview, Antonio Sabato Jr. shares that his relationship and love life is better than ever and discusses what he'll do for his wife this weekend.

Antonio Sabato Jr. Talks Valentine's Day Plans in Exclusive Celebrity Interview

In honor of the romantic holiday, the former *Dancing with the Stars* contestant learned how to cook for his wife Cheryl Moana Marie Nunes on *Flip My Food* with Chef Jeff Henderson. Although the actor won't be home for the special day, he plans to use the skills he acquired on the show when he returns and has "some surprises going to the house for her."

Related Link: [5 Celebrity Couples Who Celebrate Valentine's Day in Style](#)

When the reality TV star learned what Chef Jeff wanted to make for the famous couple, he couldn't resist the invitation to go on his show. "Everything was delicious, and the dessert was incredible," Sabato raves. "He makes everything taste amazing. I don't ever eat salmon, and the way he made it was amazing. I love his food, his recipes, and his show."

The actor not only learned how to cook the perfect meal for his wife, but he also took home some new cooking skills that he didn't have before. The *Fix It & Finish It* host shares that you need to "take your time; be careful not to overcook your ingredients; and put passion behind your food."

Reality TV Star Shares His Best Relationship and Love Advice

If you are still unsure of how to spend your Valentine's Day and what to give your significant other, consider this dating advice to save your relationship and love life. "Knowing what your significant other likes and what is special to her is the way to have a great Valentine's Day," the former model says. "Know her favorite restaurant, her favorite food, her favorite flower, or her favorite movie. Then, surprise her and be a gentleman about it."

Related Link: ['DWTS' Star Antonio Sabato Jr. on Dancing with His Wife: "It Will Be So Special For Us Both"](#)

Or you can impress your partner on the dance floor this weekend. The actor may even showcase his dancing skills. "I get to dance with my wife all the time and have had many dances with her since the end of *DWTS*," he reveals in our exclusive celebrity interview. "I always take my time with her to heart."

If you're still in a bind, use this celebrity couple's favorite date night as your inspiration. Sabato divulges that they like to go to a theater where "you can order food and drinks during the movie in reclined seating and just have an amazing time." Sounds like a good date to us!

You can keep up with Antonio Sabato Jr. on Twitter @antoniosabatojr and his website, www.antoniosabatojronline.com/

Famous Couple Sia and Husband Erik Anders Enjoy 'Affectionate' Date Night





By [Rebecca White](#)

Adorable famous couples make our hearts swoon, and this past week, married celebrity couple Sia and her husband Erik Anders take our award for cutest Hollywood couple. According to [UsMagazine.com](#), before penning a love letter for Shia LaBeouf to read before Sia's Grammy performance, Anders treated his wife to a special date night at her favorite vegan eatery. Anders even made sure to get the guacamole without cilantro, because that's the way Sia likes it. At the restaurant, they were very affectionate, kissing and holding hands.

Famous couples like Sia and her husband pull out all the stops when it comes to romance. What are some ways to make an ordinary date night special for your partner?

Cupid's Advice:

With Valentine's Day coming up, you may be in need of a few date ideas and wondering how to make that night special for your loved one. Your night will definitely be magical if you follow these tips from this famous couple and the dating and relationship advice we have for you:

1. Go to their favorite restaurant: Try doing something as simple as going to your partner's favorite restaurant, like this married celebrity couple did. You can even take a note from Ander's and order the food prior to arrival so that the entire meal is private and made exactly how you two want.

Related Link: [Sia Marries Filmmaker Erik Anders](#)

2. Dress up: For your relationship and love to really flourish you're going to need some special date nights that are different from the rest. One way to do this is to dress up! Make it look like you are going to your sister's wedding, go over the top. If you look like a queen, you'll feel like a queen.

Related Link: [Date Idea: Dance the Night Away](#)

3. Surprise them throughout the night: Whether you're requesting their favorite food made to order, dressing up, reading them a love letter, or just going to a movie, keep them on their toes and have surprises planned throughout the night.

How do you make an ordinary date night special for your partner? Comment below!

Single Celebrity Meghan Trainor Says She Hasn't Kissed a Boy 'in Forever'



By [Rebecca White](#)

Relationships and love are overrated! According to [UsMagazine.com](#), single celebrity Meghan Trainor said she hasn't kissed a boy "in forever." Trainor has been focused on her career and working on her confidence since the beginning of her stardom. She hasn't had time for dating and relationship advice, but now that she's gained new confidence, she's excited for the right guy to come along, She says she knows he'll be worth the wait.

Whether you're a single celebrity or not, it can be tough to find the right match. What are some unique ways you can find someone new?

Cupid's Advice:

Single celebrities often face the same difficulties we do, as it's hard to find someone new! But don't worry, because with Valentine's Day around the corner, Cupid is working hard to find your perfect someone. Here are some unique ways to find someone new:

1. Get yourself out there: You don't need us to tell you that you aren't going to find someone sitting on your couch. Try getting more involved in the community, or at your work. Attend functions and events, and you're likely to run into someone with similar interests.

Related Link: [3 Dating Mistakes That Prove It's Time to Use a Matchmaker](#)

2. Don't make the same mistakes: Don't only focus on how to find someone new, but also how to avoid someone wrong. Don't date a different version of your ex, because it didn't work out the first time. Try someone new and exciting.

Related Link: [Let Perfect 10 Introductions Help You Find Your Perfect Match](#)

3. Take a class you've always wanted to take: Focus on yourself as well, and take a class you've always wanted to take, whether it's screenwriting, or an art class. Chances are you'll meet a lot of new people, and you can always ask that cute guy who sits in front of you to go out after class.

How do you find someone new? Comment below!

Beyonce Thanks Celebrity Love Jay-Z at Grammy's After Big Win



By [Rebecca White](#)

Awards season is heating up after the Grammy's last night, especially since celebrity love birds Beyoncé and Jay-Z shared a very public display of affection. According to [UsMagazine.com](#), when Beyoncé took the stage to accept the

golden gramophone for Best R&B Performance for her song “Drunk in Love,” the 33-year-old superstar couldn’t help but get sentimental. After thanking God, she went on to thank her celebrity love, Jay and her daughter Blue, 3. “I’d like to thank my beloved husband. I love you deep,” she said. “My daughter who’s watching, Blue, I love you.”

Celebrity love birds Beyoncé and Jay-Z share their love in public. What are some creative ways to show your partner how much you love them?

Cupid’s Advice:

We could all learn a thing or two from celebrity couple Beyoncé and Jay-Z. If you need some dating and relationship advice, these three unique ways to display your affection will improve your relationship and love life:

1. Make a special video: Set up the video camera and talk about how you first met, special things you love about each other and a special message for your partner. Include music, with a picture slideshow, which will be sure to heat up your love life.

Related Link: [Jay-Z and Beyoncé Pack on PDA at Made in America Festival](#)

2. Send them on a scavenger hunt: Instead of buying your significant other a gift for Valentine’s Day, send them on a scavenger hunt. You can start small and do a mini hunt around your home or go big and lead them all around the city to your favorite spot. You could lead them to the bed or shower in your home, or the place you had your first kiss or first date

in your city.

Related Link: [Jay-Z and Beyonce Open Grammy's with 'Drunk in Love' Performance](#)

3. Daily surprises: Keep adventure in your relationship and love life, and give your love daily surprises. Whether it's writing a message on the mirror or leaving pots-it notes where you know they'll find them, these unique reminders will keep your partner on their toes.

How do you show your partner how much you love them? Comment below!

Ariana Grande and Big Sean Step Out as Celebrity Couple at Grammy Awards





By [Rebecca White](#)

Cupid strikes just before Valentine's Day, and new celebrity couples feel it's time to put their affection on display. According to [UsMagazine.com](#), the latest celebrity news is surrounding celebrity couple Ariana Grande and Big Sean as they recently made their relationship and love official by hitting the red carpet together at The Grammy's. The duo started dating over the summer, confirmed their relationship in October, but have made few public appearances outside of performing together.

Celebrity couple Ariana Grande and Big Sean made their relationship and love official at this year's Grammy Awards. What are some ways to announce your relationship to

family and friends?

Cupid's Advice:

Unlike this celebrity couple, we can't exactly announce our relationship and love on the red carpet, even though it'd be awesome! Here are some unique ways to tell your family and friends there's a special someone in your life:

1. Have an intimate gathering: Invite all your closest family and friends over for a dinner party and, while everyone is enjoying their champagne, make a toast as a new couple. Then, you can celebrate and share your happiness with everyone who is important to you.

Related Link: [Ariana Grande and Big Sean Confirm Romance at MTV VMA's](#)

2. Skype or video: Go somewhere special, or on a vacation, and make a video to show your loved ones. At the end of the video share a kiss and announce to the world that you're an item. You can record a video or do this over Skype as a unique way to share the news.

Related Link: [Naya Rivera Secretly Marries Ryan Dorsey on Original Wedding Date to Big Sean](#)

3. Brag book: Send a brag book to your parents and friends with pictures of you and your significant other, leaving many pages blank, and saying "to be continued." This way your family will know that you have a lifetime of memories to fill in to the book.

How do you announce your relationship to family and friends? Comment below!

Celebrity Interview: Model CariDee English Is “Off the Market Officially!”



Interview by [Whitney Johnson](#). Written by [Rebecca White](#).

You may recognize CariDee English as the season 7 winner of *America's Next Top Model*, but she has come a long way in her career since 2006. In our [celebrity interview](#), the former reality TV star opens up about her current boyfriend, her struggle with Psoriasis and how it has affected her relationships and love life, and the upcoming music video that

she stars in. Plus, she shares her best fashion and beauty tips for your next date night.

CariDee English Opens Up About Her Relationship and Love Life

Sorry, guys: This beautiful blonde is “off the market officially.” She’s been dating musician Ilan Rubin since they ran into each other at a Halloween party, but she admits that she “stalked him on Instagram for a couple of years” first. Given their shared passion for music, particularly drumming, she says, “I love the way he worked. First and foremost, I was in love with the artist in him.”

For women trying to find the courage to make the first move, take a cue from English: After she realized Rubin was flirting with her, she took the reins. “I definitely approached him. I picked him up 100 percent,” she shares. The couple has been together ever since!

Related Link: [Bobbie Thomas on Date Night Fashion: “If You’re Looking to Have a Good Time, Don’t Be Uncomfortable!”](#)

Since both of them travel often for work, they have to take advantage of date nights when they can. The model says her perfect time with her man is when she doesn’t have to share him with anyone else. She elaborates, “With work, we’re constantly out with other people, so it’s just nice to get all of his attention.”

When it comes to her three must-haves in a partner, English knows exactly what she wants: He needs a job; he needs to share some of her passions and interests; and most importantly, he needs to be loyal. “I can’t stress it enough: You can have the hottest guy with the best job, but if he’s not loyal, you’re gonna feel like shit,” she says in our celebrity interview.

Former Reality TV Star Shares Dating Advice in Celebrity Interview

Many fans now know English from the often-played Stelara commercials. Given her role as spokesperson for the medicine, it's no surprise that she's very candid when discussing her Psoriasis, which she's had since she was five years old. "It really impacted my dating life. It's the biggest reason why I'm so cool and half the reason why it took so long to lose my virginity," she says with a laugh. "It's something that you can't cover up, and it's something that you can feel to the touch."

While not all of us struggle with something like Psoriasis, the North Dakota native recognizes that, "as women, we are always going to be uncomfortable about something." She encourages you to "embrace whatever it is that's less than perfect. The best way to find confidence is just to put time into yourself." Something as simple as taking a walk two times a week can help you feel more in tune with yourself. "That automatically makes you feel more comfortable when it comes time to reveal your body in front of a partner," she adds.

Related Link: ['Bachelorette' Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

English also believes that it's important to share your insecurities with your partner once you are comfortable with them, even though the fear of rejection is so high. "They're only going to love you more. I guarantee that," she shares.

Of course, as much as you work on inner confidence, you're outer appearance also affects how you ultimately feel. "Confidence comes from within, but it will show on the outside," the model says. "Whenever I'm not feeling all that sure of myself, I'll wear a bright lip or a powerful

color like red and throw in a little extra time on my hair.” Whatever you do, don’t give into your self-doubt and decide not to go out. “Don’t let your insecurity win. Beat it with a punch – a punch of color,” she says.

If all else fails, English recommends wearing something black. “It’ll make you feel slinky and smooth and slender. It kind of makes you feel like a bad ass,” the star divulges. “A great leather jacket will go a long way to improve your mood too.”

To add a little pizzazz to your dating life, try something new when it comes to your beauty routine. It can be as simple as putting on a new lipstick or as drastic as changing your hair color. Whatever you decide to do, English says, “Just commit to it. Go for it 100 percent and wear it with no apologies.”

Related Link: [Dating Advice: 5 Tips for Awesome Lips for Your First Kiss](#)

On a first date, though, you may want to keep your look simple. “The more you put on, the more upkeep you have to do,” she reminds us. “Make sure you bring everything needed for touch-ups!”

When she’s not modeling, English loves doing anything related to music. She’s currently working on a music video for the band Mini Mansions, which is Michael Shuman’s band, who is the bassist for Queens of the Stone Age. “I’m excited because I get to do my art, my modeling, but I get to do it in a live action way,” she says.

You can keep up with CariDee on Twitter @CariDeeEnglish and Instagram.

Celebrity Couple Bobbi Kristina Brown and Nick Gordon Are Not Married



By [Rebecca White](#)

In the latest celebrity news and gossip, apparently celebrity couple Bobbi Kristina Brown and Nick Gordon are not married. According to [UsMagazine.com](#), the pair met when Brown's late mother Whitney Houston took Gordon in when he was 12. In 2012, the Hollywood couple announced their celebrity engagement, but they called it off one month later, saying family members did not approve of their relationship and love. In 2013, the celebrity couple got engaged again and then posted photos on Twitter in January 2014 announcing that they were a married celebrity couple. Unfortunately, Brown remains on life support

after being found unresponsive in the bathtub; family members are now gathering to say their goodbyes.

The latest celebrity news and gossip focuses on Bobbi and Nick not being a married celebrity couple. How do you keep gossip from affecting your relationship and love life?

Cupid's Advice:

The latest celebrity news and gossip has left us dizzy and confused. Hopefully this famous couple remembers to focus on their relationship and won't let rumors affect their love life:

1. Stay centered and remain positive: Stay grounded in the relationship with your significant other and present a united front. If the two of you remain solid and positive, then there won't be anything for people to talk about.

Related Link: [Bobby Brown Rushes to Be with Daughter After Whitney Houston's Death](#)

2. Remain private: Here's some love advice: Don't tell everyone when you have a fight or if you're unhappy with your loved one. All disagreements should remain between the two of you, because it is no one else's relationship, only yours.

Related Link: [Find Out Why Bobbi Kristina Skipped Dad Bobby Brown's Wedding](#)

3. Have a support system: When things get tough and everyone is gossiping about your love life, talk to your family and

friends about how hard things are. Have a support system that will hold you up when you can't hold yourself up anymore.

How do you keep gossip from affecting your relationship and love life? Comment below!

Nicole Scherzinger and Lewis Hamilton Become Celebrity Exes Again



By [Rebecca White](#)

In the latest celebrity news, Nicole Scherzinger and Lewis

Hamilton have called it quits and are celebrity exes again. According to UsMagazine.com, The Pussycat Dolls singer started dating Hamilton in 2007, and the famous couple have called it off numerous times over the years. After reconciling in 2013, news began to swirl that they were headed for a celebrity engagement, however it was revealed in March 2014 that the dating rumors were false. This time around, the celebrity couple says their break-up is due to the fact that she wanted to get married, and he wasn't ready.

Celebrity couple Nicole and Lewis are celebrity exes once again. How do you know when it's time to finally call it quits on your relationship?

Cupid's Advice:

Sometimes you just need to know when to cut the cord. It took this celebrity couple six years to realize it wasn't going to work. Try to keep these things in mind when deciding whether it's finally over:

1. Your needs are not being met: Whether it's emotional or physical, if your needs are not being met, it's time to leave the relationship. Try to remember that it's important to take care of yourself so that you can truly achieve happiness later in life.

Related Link: [Nicole Scherzinger Rumored to be Engaged to Race Car Champ](#)

2. You no longer feel sexually attracted to your partner: Sometimes we get stuck in a bad relationship that won't end. If you no longer feel the sparks or if you find yourself

saying 'no' to sexual activities, then this is a very good sign that it is time to call it quits.

Related Link: [Nicole Scherzinger and Longtime Beau Call It Quits](#)

3. Long term goals no longer match: If you have a relationship and love life that's on and off like these two celebrity exes, begin focusing on your long term goals. Are you and your partner on the same page with the issues that matter the most, like marriage, kids, religion, schools and politics? Differences are fine, but not if they create strain, stress and constant break-ups.

How do you know when it's time to call it quits on your relationship? Comment below!

Charlie Ebersol Says Celebrity Love Britney Spears 'Drives Me to Be Better'





By [Rebecca White](#)

Love is in the air ... celebrity love that is! Celebrity couple Britney Spears and Charlie Ebersol are happy in their relationship and love life after they began dating in the fall. According to [People](#), the pair have been spending more and more time together, from the holidays to birthdays, and they are even beginning to have a positive effect in each other's life. "Honestly, the way that she treats people does make you look in the mirror and question how much you're really giving to other people. Because she is a person who leads with her heart and treats people around her – who she knows and who she doesn't know – better than you or I," said Ebersol. "So it drives me every morning to want to get up and be better ... It motivates me."

It's rare to find positive celebrity love stories these days.

What are three ways you can improve your relationship and love life?

Cupid's Advice:

If you're looking to improve your relationship and love life, you may want to take some advice from this famous couple. Being in a relationship should make you a better person, so make sure your partner is motivating you on that level.

1. Lead by example: Take a note out of Spears' book, and just lead by example. If you strive to be the best you can be then that will rub off on your loved one and it will encourage them to do the same. Make sure you ask yourself, "Does my partner inspire me to be a better person?" If not, this may not be the relationship for you.

Related Link: [Britney Spears Confirms New Boyfriend](#)

2. Give honest and sincere appreciation: Make sure your partner knows that you appreciate all the hard work they put in to every facet of their life, whether it be in work, helping others, family life, or in the relationship itself. This will inspire them to continue improving which will in turn encourage you to do the same.

Related Link: [Britney Spears: I'm 'So Excited and Happy' for Jamie Lynn Spear's Engagement](#)

3. Treat everyone the way you would want to be treated: Go above and beyond with your friendships, acquaintances, and relationships. This will show the people in your life that you appreciate them and it could inspire them to be nicer to the loved ones in their lives too.

How do you encourage your partner to improve? Comment below!

Celebrity Exes Katy Perry and John Mayer Spark Latest Celebrity Gossip By Spending Super Bowl Together



By [Rebecca White](#)

We are never ever getting back together! Or, maybe we are. According to [UsMagazine.com](#), the latest celebrity gossip surrounds celebrity exes Katy Perry and John Mayer as the pair was seen partying together after the Super Bowl. The celebrity couple was also seen in LA together, sparking rumors about a

supposed reunion.

The latest celebrity gossip is that celebrity exes Katy Perry and John Mayer may be our favorite celebrity couple again. How do you know whether or not to rekindle things with your ex?

Cupid's Advice:

Have you ever been in an on again off again relationship? If so, then you know what celebrity exes Perry and Mayer are going through right now. If you don't know if it's time to rekindle the flame, here's some dating advice to help you figure it out:

1. Either one or both of you has changed: Whether he's finally decided to commit or you learned how to handle your inner control freak, the circumstances that led to the break-up can no longer exist in order for it to work out. There's no point in entering the same relationship only for it to end again, so make sure that if you do reconnect with your ex, your issues from the past are gone.

Related Link: [Katy Perry And John Mayer Call It Quits](#)

2. You can talk about what went wrong: It's very important in relationships and love to be able to communicate about what's working and what's not. If you get back together with an ex, discuss what led to the break up so you can avoid it the next time around.

Related Link: [Source Says John Mayer Is Ready to Propose to Katy Perry](#)

3. You're willing to go slow: Don't pick up right where you left off. Take it slow, and treat the relationship with the same respect you would a new one. For example, date like you just met and share the same sweet gestures you would if you had never known one another before. Starting fresh is key to making things last the second time around.

How do you know whether to reconnect with your ex? Comment below!

**Cameron Diaz & Benji Madden
Display PDA Following
Celebrity Wedding and
Honeymoon**





By [Rebecca White](#)

Cameron Diaz and Benji Madden have been happier than ever after their celebrity wedding. According to [UsMagazine.com](#), the famous couple shared a smooch for the Kiss Cam during the L.A. Lakers game. This was the pair's first post-wedding public appearance and their faces lit up as they noticed they'd been singled out at the game. They giggled and shared a tender kiss, showing off their celebrity love.

Cameron Diaz is in a permanent state of happiness after her extravagant celebrity wedding and honeymoon with husband Benji Madden. What are three ways you can keep your relationship exciting

when the wedding festivities are over?

Cupid's Advice:

Some of the excitement in a relationship and love can die down after an exhilarating couple of months of being engaged and then having a beautiful ceremony, celebrity wedding or not. Keep in mind that your relationship needs nurturing, so make things exciting after the festivities are over:

1. Little rituals: Small, little rituals like making coffee for each other in the morning or going out to a game together every now and then like Diaz and Madden do, can keep your partner on their toes and excited. Consider leaving random gifts around the house for your spouse to find or having small gifts to delivered to him or her at work.

Related Link: [Cameron Diaz and Benji Madden Tie the Knot at Her Beverly Hills Home](#)

2. Declare your love creatively: Keep a board up in the house that says 'I love you because...' and take turns writing the reasons each day. It's a fun random surprise that is a nice way to remember and acknowledge one another regularly.

Related Link: [Cameron Diaz and Benji Madden Spend Celebrity Honeymoon in Jackson Hole](#)

3. Try something new together: Here's some solid dating advice: try something new every now and then! Whether it be a new restaurant or a new activity, experiencing these things for the first time with one another will make the date special and memorable.

How do you keep your relationship exciting? Comment below!

Celebrity Couple Gabrielle Union & Dwayne Wade Signed Prenup



By [Rebecca White](#)

Looking for some solid relationship advice from a celebrity couple? Well, you're in luck, because Gabrielle Union and Dwayne Wade have just stated that they swear by getting a prenup before marriage. According to [UsMagazine.com](#), Union and Wade signed a prenup prior to their celebrity wedding in August 2014. "Now that it's time to get married to a man who happens to play basketball and has done well for himself, I

want to make it clear that I have in no way hitched my wagon to his star,” Union said. “I have my own wagon and star.”

Many celebrity couples need to put a prenup in place prior to getting married. What are three reasons why prenups can help your relationship and love life?

Cupid’s Advice:

While we aren’t all celebrity couples with our ‘wagon and star,’ we do need to protect our assets and openly communicate with our partners. Remember to keep in mind that while this agreement is binding, it is not necessarily planning for divorce. It’s simply having a backup plan:

1. Upfront and honest communication: Relationships require upfront and honest communication. Now that Union and Wade have discussed and planned for the future, there will be no need for arguments pertaining to power issues later on.

Related Link: [Prince William and Kate Middleton: To Prenup Or Not to Prenup](#)

2. Separating debt: Debts pile up, regardless of whether you’re a celebrity couple or not. It may be wise to separate debt obligations like student loans, child support and/or credit cards. Discussing which income will pay for each debt and what impact that will have on future purchases is very important. Keep in mind that prenups are open to amendment with a postnup, in case circumstances change.

Related Link: [Hilary Duff & Mike Comrie Signed a Prenup](#)

3. Make sure your partner is marriage material: Many of the

issues discussed during a prenup agreement are things that you would actually want to know before getting married. These conversations will help reveal what you have in common and what could become a deal breaker. Luckily, Union and Wade were even happier in their Hollywood relationship after getting a prenup!

Do you think a prenup can help your relationship and love life? Comment below!

Famous Couple: Liev Schreiber Says He was Naomi Watts' Inspiration for 'St. Vincent' Stripper Dance





By [Rebecca White](#)

Relationships and love take a lot of nurturing and care. Famous couple Liev Schreiber and Naomi Watts understand that it is important to support each other's careers. According to [People](#), Schreiber said that he helped Watts with her role in *St. Vincent* and was even the inspiration for her stripper dance in the film. Thanks to her beau, Watts now feels more comfortable to take on comedic roles. We should all follow this love advice from famous couple Schreiber and Watts so that we can improve our own partnerships.

Relationships and love require a foundation of support. What are three ways to support your partner's career like this famous couple?

Cupid's Advice:

The key to any successful relationship is a solid foundation based on mutual respect and understanding. One way to build this foundation is to support each other's careers, but also to always stand up for each other, whether it be when you're talking to family or friends or being interviewed on the red carpet:

1. Post Facebook updates: One unique thing to do is to post updates on Facebook, sharing with family and friends not only how proud you are of them, but showing off all their hard work. Whether you post about the promotion they got, to how well they did that day at work, your partner is sure to feel the love.

Related Link: [Naomi Watts Says She Seduced Liev Schreiber](#)

2. Ask about it: Don't just expect your partner to come home bragging and give you a play-by-play. Ask them what they excelled in at work today and what they could improve on. You could give them advice for things to do better, while celebrating the victories as well.

Related Link: [Hollywood Couple: Diane Kruger Adorably Freaks Out Over Longtime Boyfriend Joshua Jackson's Golden Globes Win](#)

3. Surprise them: Surprise your loved one with a gift or special dinner just to celebrate how well they are doing at work. You can make their favorite recipe or recreate your perfect date night, not only to support their career, but also to show how much you love and care for them.

How do you support your loved ones career? Comment below!

Sofia Vergara and Joe Manganiello Reveal Fall Celebrity Wedding Plans



By [Rebecca White](#)

Another celebrity wedding is underway. Sofia Vergara and Joe Manganiello recently revealed that they will tie the knot this coming fall. The famous couple got engaged over the holidays after only six months of dating and the marriage plans are not moving much slower. According to [UsMagazine.com](#), although the Hollywood couple are still finalizing the wedding date, one thing they do know is that their celebrity wedding will be huge. "It's going to be big," Vergara said. "We started off with 20 [on the guest list], and now there's like pages and pages."

Whether it's a celebrity wedding or not, timing is crucial. What are some ways to decide when to have your wedding like this famous couple?

Cupid's Advice:

Setting the date of your wedding is one of the hardest decisions to make after getting engaged. Should you go for a long engagement or a short one? Should you follow the love advice of your family and friends, or follow your heart? Cupid has some tips:

1. Choose your season: First, let's start broad and then narrow our way to the perfect date. Choosing the season you want to get married comes first. Do you want summer beach pictures? Would you prefer pictures with the leaves changing color in the fall? Think of what season makes for the best pictures.

Related Link: [Sofia Vergara Is Engaged to Joe Manganiello After Only Six Months of Dating](#)

2. Choose your price: The budget can actually decide when the ceremony will take place. For example, June, July, August, and September are the most popular times to marry, so the prices during these months will be higher. Also, deciding to marry on a weekday instead of the weekend can save money, as Saturday night weddings carry a hefty price tag.

Related Link: [Sofia Vergara Speaks Out About New Boyfriend Joe Manganiello](#)

3. Keep in mind the no-no days: After choosing what season, what month, and whether or not it will be a weekend or

weekday, then you have to keep in mind specific days. For example, take a poll of the most important people who have to be there and block off their no-no days. Keep in mind various religious holidays, crunch time at work, and any other plans that may come in the way. Choosing your no-no days will narrow down your options once again, and then you're ready to decide!

How will you decide when your wedding date will be? Comment below!

Miley Cyrus and Patrick Schwarzenegger Enjoy Celebrity Vacation in Hawaii





By [Rebecca White](#)

Hollywood couple Miley Cyrus and Patrick Schwarzenegger enjoyed a celebrity vacation to Maui, after spending time partying in Miami and heading to Idaho with Schwarzenegger's father. According to [UsMagazine.com](#), the pair is using this time to amp up the romance, although their friends joined them for the trip.

Celebrity vacations are usually expensive and extravagant. What are some ways to indulge in a budget-friendly getaway?

Cupid's Advice:

Not all of us can afford a celebrity vacation, but that doesn't mean we can't have fun. There are many ways to make your next trip easy on your wallet. Consider using a vacation to improve your relationship and love. Keep these three things

in mind if you want to have a trip to remember:

1. Keep location in mind: Sometimes all you need to do is focus on picking a less touristy location in order to save some money on your vacation. National parks are very easy on the budget because all you have to do is spend money on gas (pick a park close to home!) and then spend the night in a cheaper hotel or at a campground.

Related Link: [Miley Cyrus Meets Boyfriend Patrick's Dad Arnold Schwarzenegger](#)

2. Plan ahead: Plan ahead in order to save money wherever you can. Find a hidden gem and look for places that most people don't usually go to for a getaway to ensure reasonable hotel and flight prices. For example, Morro Bay in California has museums, Morro Rock, a harbor, and the Pacific all within reach ... most people have never heard of it.

Related Link: [Miley Cyrus' Brother Is Dating Patrick Schwarzenegger's Sister](#)

3. Look online: Utilize one of the best resources we have available to us: the internet! Look online for budget-friendly locations, hotel and flight deals, and try going to a travel agent to guarantee that you save money on your budget-friendly getaway.

How do you indulge in a budget-friendly getaway? Comment below!

Celebrity News: LeAnn Rimes

and Eddie Cibrian's Reality TV Show Canceled After One Season



By [Rebecca White](#)

LeAnn Rimes and Eddie Cibrian made celebrity news in a bad way when they took part in a celebrity affair, each cheating on their spouse with each other. According to [UsMagazine.com](#), the latest celebrity news surrounding the couple is that their reality show *LeAnn & Eddie* was canceled after just one season. This Hollywood couple clearly has been through a lot together, but they are still standing strong as a united front.

The latest celebrity news surrounding LeAnn Rimes and Eddie Cibrian isn't good. How do you get through the tough times with your partner?

Cupid's Advice:

Relationships require a lot of hard work from both parties involved. Don't fret, though, because once you put in the effort, getting through the tough times with your partner will be a breeze. Just take a look at Rimes and Cibrian, who have managed to get through one of the biggest celebrity affairs to date:

1. Communication: Communication is key when it comes to relationships and love. If you get in a fight with your loved one, make sure you talk about it, either with them or a trusted friend. Talking about your feelings is the first step in understanding them and subsequently finding a resolution.

Related Link: [LeAnn Rimes Discusses Her Affair with Eddie Cibrian: What Her Non-Verbal Cues Tell Us](#)

2. Acknowledge and feel your feelings: Going through hard times means not being scared of your emotions. Try acknowledging the negative feelings, so that you are one step closer to finding a solution to your problems.

Related Link: [Was LeAnn Rimes' Breakdown Fueled By Fears of Eddie Cibrian Cheating?](#)

3. Practice acceptance: One of the hardest things to do is to understand that we don't always have control. Make a list of the things you can't control and then stop worrying about them. Like Taylor Swift says...the "haters gonna hate hate

hate.” We just have to “shake it off”!

How do you get through tough times with your partner? Comment below!