

'American Idol' Eliminated Contestant Daniel Seavey Wants to Prove That He's "Not Just a Cute Kid"



By [Rebecca White](#)

After a rocky road on the reality TV show *American Idol*, Daniel Seavey was eliminated during Wednesday night's episode. Throughout his run, the judges and mentors pushed him to grow and improve, which is something that may just come with age. After all, the 15-year-old was the youngest contestant to compete in *American Idol* history. It's no surprise, then, that in our [celebrity interview](#), Seavey says that his next step is to "start writing and put music out

there to show I'm not just a cute kid."

***American Idol* Contestant Talks About His Future Plans**

Now that his reality TV journey is over, the teenager has big plans for the future. "I want to hold on to these fans, and I want to be able to share my thoughts with them," he reveals. Even though the young singer received some hate for getting votes because of his age and looks, he adds, "I had fun with the experience, however I got it." Now, he's ready to prove that he's a true artist.

Related Link: ['American Idol' Eliminated Contestant Adanna Duru Says the Reality TV Show "Is Like Superstar College!"](#)

This week, he had the pleasure of working with the original *American Idol*, Kelly Clarkson, who mentored him as he prepared to sing her hit song "Breakaway." The Portland natives says that the pop star told him that he needs to be able "to breathe and get comfortable before a performance because, if you're still here, that means people like you, and there's no reason to be nervous." Thanks to help from the judges and the other mentors, he also learned that "I really can do music for the rest of my life and that I have a lot of room to grow."

Daniel Seavey Talks About the Reality TV Show's New Fan Save

During this week's episode, a new element – the fan save – was introduced. Once the bottom two singers were revealed, the two hopefuls sang their song from this week, and fans had five minutes to vote via Twitter for their favorite performance. The person with the lowest votes was sent home in real time.

Of course, there may be some kinks to work out. Due to when the show airs, most of the votes come from the East Coast, leaving the West Coast without a chance to vote during the live show. That may have been a hindrance to Seavey, who is from Oregon. "I actually heard that the majority of voters were on the East Coast, but it is what it is," the performer shares. "The only thing that threw me off was the age limit because you had to be 13 or older, and a lot of my fans might be younger than that."

Related Link: [Eliminated 'American Idol' Contestant Maddie Walker Talks to Her Fans: "I Was In It For Them"](#)

While the fan save isn't without its issues, it is a great way to involve the fans in the show even more. "I think the fan save is a good idea because it gives the singers a second chance to prove themselves, and America gets to show who they like. It needs a little work, but it was a good start to it!"

While most contestants are upset when they're eliminated, Seavey is looking forward to going home, especially since today is his birthday! "Tonight, I'm going to see all my friends at the airport," he shares. "Apparently half my school is going to be there tonight." Other than seeing his friends, he's excited to "sleep and get my life back."

You can keep up with Daniel Seavey on Twitter @SeaveyDaniel and www.instagram.com/seaveydaniel/!

Reality TV Stars Kirk and

Laura Knight Talk About Staying in Shape and the Possibility of Parenthood



By Kirk and Laura Knight

Kirk: Oh my gosh, what an awakening this week! After looking through our wedding photos, my wife so cleverly picked out a picture that happened to show me at my heaviest weight. This was her subtle hint to tell me about my weight gain -- and I'm glad she did. Since Laura and I began our [relationship and love](#), I have gained forty pounds. It seems like the traveling, eating out, and drinking have finally caught up with me. So I immediately needed to go into workout mode.

Celebrity Couple Kirk and Laura Knight Work on Getting Healthy

Laura: I am a certified pilates instructor and felt that Kirk would greatly benefit from taking my classes. He needed to get his body moving, and I was hopeful that he would embrace this type of exercise since I was coaching him through the sessions. Next on the agenda was getting him to start eating healthy. As you saw on this week's episode of the reality TV show *Newlyweds: The First Year*, I set up a "food intervention" with our good friend and personal trainer Biani. The goal is to bring a little more awareness to what Kirk was eating and help him make some healthy alternative food choices.

Related Link: [Kirk and Laura Knight Prepare For Tonight's Premiere of Bravo's Reality TV Show 'Newlyweds'](#)

K: Being so out of shape really made it difficult to get through the pilates class. I'm even more out of shape than I thought – this is going to take a lot of work! During the intervention, I was trying to make light of the situation by stealing some candy and requesting that the girls cook with their shirts off. In order to get healthy, I think I'm going to have to take this more seriously!

Reality TV Stars Talk About Becoming Parents

K: On top of all the pressure I feel to lose weight and get into shape, Laura is really ready to start a family and have a baby. She brought up the "baby" discussion over dinner, and I just feel like I need a little more time. We have a very free life filled with traveling and having fun, and I know that a baby will change all of that. So I want to make sure that we are both on the same page. To add to the current pressure, we attended a family party where everybody in attendance had only

one goal: to make sure that we are planning on having a baby.

Related Link: [Kirk Knight of Bravo's 'Newlyweds' Details His Hawaiian Honeymoon and Reveals Possible Baby Plans](#)

L: Kirk and I have spoken many times about starting a family, but it seems that we are a little off on our time frames. Hopefully, we can get on the same page soon because I want to be a mommy...

What's up next for this celebrity couple? Tune in to the realty TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!

Chris Soules and Celebrity Love Whitney Bischoff Celebrate His 'DWTS' Performance





By Emma L. Wells

Reality TV star [Chris Soules](#), who announced his celebrity engagement on the season finale of [The Bachelor](#) season 19, and his *Dancing with the Stars* partner Witney Carson received much better reviews on Monday night for their performance, and they went out to celebrate! [HollywoodLife.com](#) reported that, after judge Julianne Hough dubbed him “the comeback king,” Soules enjoyed a dinner with Carson and his celebrity love Whitney Bischoff as well as the reigning *DWTS* winner Alfonso Ribeiro and his wife, Robin Stapler.

Bischoff is there to support her celebrity love both on the dance floor and off. What can you do to show your encouragement for your partner?

Cupid's Advice:

One way to show your partner you care about them is by caring about the things that are important to them. Whether it's their career or just a hobby, taking part and showing support will make your relationship and love even stronger. Consider this love advice:

1. Be there with them: Attend events, both big and small. Even if the moment doesn't seem that significant to you, if your partner asked you to come, then it's probably important to them. Being present for lets your sweetheart show off for you – and show you off too!

Related Link: [Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale](#)

2. Be enthusiastic: Everyone likes to hear that they're doing well, especially when it comes from someone they care about, so channel your inner cheerleader and root them on. This means pumping them up after a victory, like Bischoff does for her celebrity love, or helping them stay positive after a loss. Whatever the situation, make sure they know you're on their team.

Related Link: [Famous Couple Chris Soules and Whitney Bischoff Stay Strong Amid Celebrity Gossip](#)

3. Be honest: While a big part of encouragement is about being positive, it doesn't have to mean glossing over important issues. If your honey approaches you with a problem or concern, you need to be honest. You might be inclined to lie to make them feel better, but that instinct isn't helpful. Your relationship will be stronger and better off as a result of your truthfulness.

How do you show your support for your partner? Tell us below!

Katie Maloney of 'Vanderpump Rules' Opens Up About Her Relationship and Love Life: "I'm Confident Now That a Proposal is Coming"



Interview by [Lori Bizzoco](#). Written by Emma L. Wells.

After an emotional ride on season three of the popular Bravo reality TV series *Vanderpump Rules*, [Katie Maloney](#) seems better than ever! She took some time to talk with

CupidsPulse.com about the biggest moments of last season, her relationship with Tom Schwartz and what's next for them as a [celebrity couple](#).

Katie Maloney Discusses Her Relationship and Love Life and Reality TV Show

There were many points during last season where the fate of Maloney's relationship and love life with Schwartz was unclear. Viewers had watched the reality star give her boyfriend a six-month proposal ultimatum on the show. "When that came about, I was fed up and really frustrated," the reality TV star explains. After the complete story of his infidelity finally came out, Maloney admits that she was at the end of her rope: "I was like, 'Okay, well, how many blows can I take and still be patient and understanding and work at this with you?' There were all these bombs coming out of left field!"

Related Link: ['Vanderpump Rules' Reality TV Star Katie Maloney Confirms That She and Tom Schwartz Are Still Together!](#)

In January, the beauty guru wrote about her celebrity romance in her Bravo blog: "I had to completely turn my attention and priorities towards our relationship and assess everything. Rebuilding my relationship was the most important thing to me. So in order to move forward, both in head and heart, I had to forgive everyone. Not for them but for me... For me, I cannot move forward and grow and learn if I do not swallow my pride and forgive and accept. I did this for myself and for my relationship. Tom on his own was making moves to preserve our relationship, and this was my contribution to our growth."

And while her deadline has come and gone without an engagement

ring, she seems optimistic about her future with Schwartz. "I'm confident now that a proposal is coming," she shares. "We're in the best place that we've been in. We went through hell, and we decided that our relationship is important to us both. We're committed equally to it, and I think we're more in love than we have been."

Fans of *Vanderpump Rules* know that the famous couple have, of course, talked about their eventual engagement. Maloney says that she is a sucker for watching the crazy flash mob proposals on YouTube, but she has a different idea for her own special day. "I want him to do something that's representative of us and that he wants to do," she admits.

When it comes to their wedding day, she'd like it to be "completely stress-free. We get married, and then we party!" The pair hasn't completely ruled out getting married on reality TV though. "We'll see," she cryptically responds when asked if her walk down the aisle will be seen on *Vanderpump Rules*.

She also reveals that they have talked about having a family. "I definitely want us to enjoy being married for a bit before we start having kids. And that's why I want to get the ball moving – I'm young, but I'm not getting younger!" she says with a laugh.

Related Link: [Celebrity Interview with Scheana Marie – Dishes About Oscar Picks and Wedding Plans](#)

It's no surprise that Maloney feels that the issues she faced last year, both in her romantic relationship and in her friendships, have allowed her to grow as a person. She cites the difficulties with Schwartz as the turning point and shares, "Instead of letting it destroy me or devastate me, I'd rather use it to empower me. I want to focus on my strength and happiness and really begin to let go of the petty drama. I realize now that life is short."

That new mindset is one of the reasons why she decided to bury the hatchet with Scheana Marie and go to Miami, even though it ended her friendship with Stassi Schroeder. “At the end of the day, if it’s going to be something that dumb that causes Stassi to toss out an amazing friend, then you know what? Sorry I’m not sorry,” she comments.

***Vanderpump Rules* Star Katie Maloney Has Big Plans for the Future**

It’s not just Maloney’s romantic life that’s coming together. “I’m at a point right now where I’m thinking, ‘What are you going to do next?’” she shares of her career path. Outside of working at Sur, she’s still focusing on her beauty blog Pucker & Pout, which offers makeup and fashion advice and might soon be broadening into health-conscious content like meditation, yoga, and exercise. “I’ve been brainstorming other ideas, little ventures I can do,” she adds. “It would be so much fun to do a line of cosmetics or hair care products, but it’s a huge undertaking.” While the blog is definitely her passion, she doesn’t know much about the business side of things. “I just like to put makeup on and be creative,” she confesses.

Related Link: [Celebrity Women Who Built Business Empires with Their Husbands](#)

Her work on Pucker & Pout is something that viewers of the show don’t really get to see. “That stuff would be fun to have on *Vanderpump Rules*, but there’s not a lot of drama in it,” she explains. “Sometimes, I wish we could show more of the personal endeavors and things outside of the show. I think it’s important because we all are people who are creative, talented, and smart and work at a restaurant to supplement our income.”

Speaking of the hit reality TV show, fans of *Vanderpump Rules*

are dying to know if there will be another season. The most recent season received such high ratings and viewership that many would be surprised if it Bravo didn't renew it. When asked if she'd sign on for season four, she enthusiastically responds, "Of course!"

Keep up with Katie on Twitter @MusicKillsKate, and don't forget to check out her blog Pucker & Pout, www.puckerandpout.com/!

Eliminated 'American Idol' Contestant Maddie Walker Talks to Her Fans: "I Was In It For Them"





By Jenna Bagcal

From the tender age of three, Maddie Walker has been pursuing her passion for music. The 17-year-old singer from Ankeny, Iowa, first auditioned for *American Idol* in season 13 but was sent home during Hollywood Week. However, this minor setback didn't stop her from auditioning again, and she made it to the Top 11 on season 14 of the [reality TV](#) show. Last week, she sang "Let's Hear It For the Boy" from the film *Footloose*, which earned her a place in the bottom three. Unfortunately, her journey ended on Wednesday when she was sent home in a double elimination along with fellow contestant Adanna Duru.

Aspiring Country Artist Discusses Her Time on *American Idol*

Related Link: [‘American Idol’ Contestant Sarina-Joi Crowe on Being Eliminated: “It Motivates Me Even More”](#)

As the last contestant on *American Idol* this season representing country music, Walker says, "I think that it's

sad that no one is representing country. It breaks my heart a little bit.” The aspiring star was lucky enough to work with mentor Scott Borchetta, who is known for discovering [Taylor Swift](#). “I really loved working with Scott. I couldn’t have asked for a better mentor because country really is in his wheelhouse,” she shares in our celebrity interview.

Last week, Walker suffered from a ruptured appendix, and there were questions as to whether or not she could perform. “They were saying, ‘Do you think you can sing? You have to put your health first. Don’t worry about the competition.’ The thing is, people voted me through, and I wanted to sing for them,” she explains.

She adds that, although she was in pain prior to and during the show, her fans helped her find the strength to perform. “There were people in the crowd with signs that had my name on it, and I was standing there thinking, ‘How can I say that I’m not going to sing for the people that have taken the time to make a sign and cheer for me?,” she shares. “I wanted to prove to people that, no matter what happened, I was in it for them – not just for the competition itself but because they were supporting me.”

Related Link: [Adanna Duru Says ‘American Idol’ “Is Like Superstar College!”](#)

Despite her elimination, Walker maintains a positive outlook on her journey and time on the show. “I just need to keep working and moving forward because *American Idol* motivated me and taught me so much that I could’ve never learned anywhere else.”

We haven’t heard the last of this talented performer. “I’m definitely going to start writing and hopefully recording country music because that’s my goal,” she reveals. “That’s what I want to do.”

Find out what Maddie is up to on Twitter

@TheMaddieWalker! Tune in for American Idol on Wednesdays at 8/7c on FOX.

'American Idol' Eliminated Contestant Adanna Duru Says the Reality TV Show "Is Like Superstar College!"



By [Rebecca White](#)

Being on the [reality TV](#) show *American Idol* is not all fun and games. When it comes down to it, the contestants are there to

learn and improve so that they will be successful in the music industry. After the top 11 performances last week, the judges used the save on Qaasim Middleton, which meant that two of the hopefuls were sent home this week. Unfortunately, the journey ended for 18-year-old Adanna Duru. This came as a shock to the viewers and judges alike. In our celebrity interview, Duru says that she plans to “constantly stay active now because the fans look up to us and they want to see you doing things.”

***American Idol* Contestant Talks About What the Reality TV Show Taught Her**

Related Link: ['American Idol' Contestant Sarina-Joi Crowe on Being Eliminated: "It Motivates Me Even More"](#)

A previous contestant on the third season of *The Voice*, she is no stranger to performing in front of large crowds. The eliminated contestant learned so much just by being on *American Idol* because of the professional atmosphere. “I’m all for self-improvement, and I’m always trying to figure out how to better myself,” she shares. “People get knocked down; that’s what life is about. You just have to seize the opportunities and go for it as hard as you can.”

It’s no surprise that judges Keith Urban, Jennifer Lopez, and Harry Connick Jr. taught her a few things too. “I learned that I can do a lot under pressure and with a lot of stress,” she explains. Big Machine Records founder Scott Borchetta also reminded her that she needed to be confident and that she could do anything that she puts her mind to. “*American Idol* is like superstar college,” she says with a laugh. “It’s like university. You’re preparing for the future, and you learn a lot.”

Adanna Duru on Being Eliminated From *American Idol*

Duru auditioned for *American Idol* in San Francisco. The California native made it past the first few rounds but was not voted into the top 10 by the fans. Instead, the judges chose her as the final wildcard and advanced her into the top 12, which she describes as the most surprising thing that happened to her all season. Once the show continued, the judges questioned her song choice at times. Even so, she sticks with her decisions: “If I did this entire experience over, I would still have sang all the songs I sang.”

Related Link: [‘American Idol’ Runner-Up Kree Harrison Has “The World in Her Hands”](#)

She adds that she isn’t sad about being eliminated because “whatever happens is in God’s will. There are some things we don’t have control over, but the universe has a way of working things out.”

You can keep up with Adanna Duru on Twitter @adannaduru and www.facebook.com/AdannaDuru!

Kirk Knight of Bravo’s ‘Newlyweds’ Details His Hawaiian Honeymoon and Reveals

Possible Baby Plans



By Kirk Knight

After spending an entire year planning a wedding, Laura and I were ready for some serious R&R on our honeymoon to Hawaii, our favorite tropical paradise! Our journey across the Pacific took us to Maui, Kauai, and the “big island.” Each island has its own distinct character, and we immersed ourselves in the Aloha culture as soon as we stepped foot off the plane. We are adventure-seekers and spent our days swimming with sea turtles, whale watching, surfing, hiking through bamboo forests, and touring the islands via helicopter. It was truly a fantasy vacation, and now, a little piece of our hearts will forever be in Hawaii.

Related Link: [Famous Couple Chris Soules and Whitney Bischoff](#)

[Stay Strong Amid Celebrity Gossip](#)

Kirk and Laura Knight's Romantic Honeymoon Airst on Bravo

Coming back to the states from such a beautiful honeymoon is a little shocking to the system, but we quickly rejoined our daily life. The holidays were upon us, and we had much to do. Laura had sent me out to run some errands for a party we were hosting, and wouldn't you know, that's when I get the call from my favorite fish store that a new order of tropical fish arrived. Trying to be as sneaky as possible, I stopped by to pick up a couple of fish before the party. Unfortunately, my wife knows me a little too well and busted me as soon as it happened. The party turned out great, though, so in the end, all was well in Bethesda, Maryland!

For the most part, Laura and I share the responsibilities we have in the relationship with the exception of house work; that's where Laura picks up (literally) everything. We do have a maid, so she doesn't do it all by herself, but I really don't do much. Okay, I do no housework! I guess we're still trying to figure out the balance of chores.

Reality TV Star Hints There May Be Celebrity Baby News in the Future

Related Link: [Famous Couple Brandon and Leah Jenner Announce Celebrity Pregnancy with Cute Instagram Photo](#)

Meanwhile, I have been test-driving Corvettes. I love sports cars, and since this brand new model came out, I have been dying to get one. So I met up with my father to drive one of these beauties. And guess what? I want one! Laura and I are having many discussions surrounding the purchase of the car. Being married means that we have to agree on the big

decisions, and this is an area where I really don't want to compromise. As you'll see on *Newlyweds*, my beautiful wife has a different focus in mind: kids.

Will there be a [celebrity baby](#) in this reality TV couple's future? Tune in to Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!

'Millionaire Matchmaker' Success! Famous Couple Kenya Moore and Boyfriend James Still Dating





By Maggie Manfredi

A real housewife finds real love! According to UsMagazine.com, *The Real Housewives of Atlanta* star Kenya Moore met her match on Patti Stanger's show, *Millionaire Matchmaker*. The episode aired Mar. 22 and the reality star dished immediately after on the status of the famous couple. She captioned an Instagram post with her boyfriend James, saying, "Sometimes you can spend your whole life looking for Prince Charming when a King arrives, thank you @pattistanger and @cynthiabailey10 and my fans for your love and support and desire for my happiness. #matchmaker #KingJames #FriendsFirst #MillionaireMatchmaker."

***The Real Housewives of Atlanta* star Kenya Moore has found love again. What are some ways to know you've found the right match?**

Cupid's Advice:

It's spring time, and if you are anything like reality star Kenya Moore, there is love in the air! Here are some tips on knowing if you have found the right one:

1. You are having fun: Being in a relationship is about happiness and joy. Finding a successful match is about being with someone who makes you laugh, wants to do new things with you and play and spend time together. Don't settle for boring or mediocre, because life is short. Spend it with someone enjoyable!

Related Link: [Bethenny Frankel Calls Money 'The Root of All Evil' in Split With Celebrity Ex Jason Hoppy](#)

2. You have mutual respect: In order for a relationship and love to thrive, care and respect must be present from both parties. Be courteous towards your partner and expect and demand the same. Remember the golden rule: treat others as you would like to be treated, same rules in love.

Related Link: [Latest Celebrity Gossip: Mario Singer Dating 'Blood, Sweat and Heels' Reality Star](#)

3. You are excited: Those first date butterflies or first sight weak-in-the-knees feelings won't stick forever. But you want to still be excited by your partner as your love grows. Are they doing things to surprise you or make you feel special? Is there depth to their personality and to the intimacy they share with you? Get excited by your partner, and find ways to excite them.

Do you think this will be the final man to pop the question to Kenya? Share your thoughts below!

Bethenny Frankel Calls Money 'the Root of All Evil' in Split with Celebrity Ex Jason Hoppy



By Jenna Bagcal

There are many factors in relationships that can cause a break-up or divorce, including infidelity, lack of attention to your partner, and money. The latter reason is what reality TV star Bethenny Frankel cited as “the root of all evil,” according to UsMagazine.com. The star of *The Real Housewives of New York City* appeared on *Watch What Happens Next* in a half-hour special with Andy Cohen. Frankel spoke about her celebrity divorce and how money affected her relationship and

love life with celebrity ex Jason Hoppy.

These celebrity exes aren't short on drama! What are some ways that you and your partner can compromise on financial issues?

Cupid's Advice:

Money can affect your relationship like it did for these celebrity exes, especially if you don't know how to properly manage it. But Cupid has some great advice for how not to let money get in the way of your relationship with your partner:

1. Learn to budget: Budgeting finances is one of the most fiscally responsible things that couples can do. Setting aside specific amounts for utilities, groceries, electricity, and other essentials will ensure that you won't be taking cold showers in the dark on a winter morning. Keeping track of the money that you use each month can also help you and your partner see how much money you have to spare – maybe for that couple's trip to Paris?

Related Link: [Bethenny Frankel Sparks Celebrity Gossip: 'I Will Never Get Legally Married Again'](#)

2. Get your priorities straight: In a financially stable relationship, couples learn how to utilize their money for their priorities before all else. That means making sure that all your bills are paid before buying that designer handbag or the 60-inch flatscreen television. Knowing how to prioritize will help you and your significant other avoid money problems and debt.

Related Link: [Bethenny Frankel and Jason Hoppy Settle Custody Dispute](#)

3. Save money whenever possible: Whether it's choosing to cook a meal at home instead of eating out, or getting some cool new threads at a thrift shop, saving money now will do your relationship wonders in the long run. Saving money can also bolster your creativity in your relationship and bring you and your partner closer together as you find new ways to spend time together using less money.

What are some compromises that you and your partner have made about money? How did it affect your relationship? Share your experiences below!

Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day





By Kirk Knight

Here we are, days before the wedding, and Laura and I can feel the stress levels rising. From the beginning, we wanted to be extremely hands-on in planning our big day. We chose not to hire a wedding planner and only hired a day-of coordinator instead. We wanted to go through every detail and make it completely ours as we told the story of our [relationship and love](#). Laura and I work well as a team and share very similar tastes; however, we are still in disagreement about whether we keep the “Knight” or not... This is one of our first battles, and I really don’t think I’m giving in on this one!

Reality TV Star Talks About His Wedding Day

It meant so much to me for my two teenage sons to be a part of our wedding. My boys were the first two people I told, and I was so proud to ask them to be a part of it. The boys have always loved Laura and knew she was The One for me. Over dinner, I told them I was proposing, and Trevor said, “Dad, this is the best decision you have ever made.” Aidan said, “I

am really proud of you.” Yes, I cried at dinner in front of the entire restaurant – and fairly uncontrollably at that (they wouldn’t be the last tears I shed.)

Related Link: [Kirk and Laura Knight Prepare for Tonight’s Premiere of Bravo’s Reality TV Show ‘Newlyweds’](#)

As I mentioned in last week’s blog, Laura tragically lost her brother shortly before we met. This was the darkest time of her life, and I could see the pain in her eyes everyday. She battled to come to terms with his death, and as most people can attest, it takes a long time. I felt very helpless but tried to comfort her and be a good friend. The friendship we formed from us sharing so many intimate details of our lives is the foundation and basis of our beautiful relationship and love.

Newlyweds: The First Year Couple Celebrates Their Relationship and Love

On the big day, I was nervous and excited, and I hadn’t seen Laura yet. As we had planned, I would first see her when she was walking down the aisle. Everything was in place, and it was time for the ceremony to start. The strings were playing, and everyone stood as Laura entered the room. When I saw her walking towards me, I thought two things: First, my boys were right; this is the best decision I have ever made. Second, hold back the tears and keep it together! As we began to say our vows, I tried as much as possible not to cry, but I knew that wasn’t going to happen. What can I say? I’m an emotional guy.

Related Link: [Celebrity Video Interview: Meryl Davis and Charlie White Dish About Their Love Lives!](#)

This week, we are off to our honeymoon! But when we come back,

the daily decisions that are a part of being a married couple start testing us.

Don't forget to tune in to Newlyweds: The First Year tonight at 10/9c on Bravo!

‘American Idol’ Contestant Sarina-Joi Crowe on Being Eliminated: “It Motivates Me Even More”



By Jenna Bagcal

Perseverance and determination are two qualities that 19-year-old Sarina-Joi Crowe possess. The Columbia, Tennessee native has auditioned for reality TV show *American Idol* four times since 2011. This season, she made it to the Top 12, but her journey ended this past Thursday after she received the lowest number of fan votes. She performed Demi Lovato's "Neon Lights" as her save song, but it wasn't enough for the judges to keep her from elimination. While this came as a shock to viewers and fans, the singer isn't done yet: "This is not the end of me. There's definitely more to come!" she assures us in our celebrity interview.

***American Idol* Contestant Talks About Elimination and Relationships and Love**

Crowe grew up in a small town in Tennessee and worked as a hostess at a restaurant. She learned to sing in church and credits her mother as the driving force behind her tenacity. "She's always been very big on following our hearts, doing what we want to do, and not letting anyone stop us," she shares. This attitude is one that Crowe has held on to throughout her life, and it's what has pushed her to pursue her goals.

Related Link: ['American Idol' Contestant Alex Preston Says His Girlfriend Kept Him Going](#)

While many contestants in the performer's position would feel disheartened, the veteran says that her elimination from the reality TV show "doesn't affect her determination" to pursue music as a career. "It actually motivates me even more. At the end of the day, I know everybody wants to go all the way on *Idol*, and that's ultimately the goal," she explains in our celebrity interview. "But if you can go from number 100 to 60 to 48 to 12, then it's a pretty good sign of what kind of

career you're going to have. You're always gonna go a little farther; you're always gonna get a little better. I still have time to grow and do great things."

Of course, we had to ask Crowe about her relationship status! When she performs romantic songs like "You Really Got a Hold On Me," she's not thinking of anyone in particular. "There's nobody in mind because I'm so single, it should be illegal!" she says with a laugh.

Instead, she thinks of a personal experience or an experience of someone she knows and tries to channel that energy into the song and make the delivery of it convincing. "I try to use past relationships and love as an example, or I try to jump into the shoes of somebody that I think would feel that way," she explains.

Related Link: ['American Idol' Contestant Majesty Rose: "I Didn't Change Who I Am At All"](#)

The young singer has also learned a lot about the audition process during her long history with *American Idol* and has some advice to share for next season's hopefuls. "You should never give up. That's the one thing I want to make known across the nation," she exclaims. "When somebody tells you 'no,' you can't really take that. You have to figure out what to do next and try it again. It's that one 'yes' that's gonna make the difference."

To her fans, Crowe says, "I just want to thank them so much. I love them dearly! I've been reading so many great things on Twitter and Facebook, and it's just really awesome to see a group of people who are so dedicated and loyal. I owe them everything because I wouldn't even be here if not for them."

You can keep up with Sarina-Joi on Twitter @SarinaJoi and www.facebook.com/SarinJoiMusic?ref=br_tf!

Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette'



By Emma L. Wells

Fans were shocked last night when Chris Harrison named two women to be the stars of the upcoming season of *The Bachelorette*. According to the [WashingtonPost.com](https://www.washingtonpost.com), the producers of the reality TV show were divided on whether to pick Kaitlyn Bristowe or Britt Nilsson, both former

contestants from [The Bachelor](#) season 19, so they're going to let the men make the decision for them. This has never happened on *The Bachelorette* before, but it's actually not a first in franchise history: *The Bachelor* season 6 also began with two potential guys. It's no surprise that Bristowe and Nilsson seemed underwhelmed and unenthused by the announcement, both trying to stay polite during their joint conversation with Harrison.

On the next season of *The Bachelorette*, Bristowe and Nilsson will again be squaring off on their quest for a relationship and love. How can you use dating competition to your advantage?

Cupid's Advice:

Competition in any area can make you work harder, but it also makes the situation tougher. It all depends on how you play the game! Cupid has some dating advice about how to make competition work for you when it comes to a relationship and love:

1. Stand out from the crowd: Normally, it's not very healthy to compare yourself to others. But in this case, you can make it work to your advantage. The key is to embrace and promote the qualities that make you unique. By standing out from the crowd, you'll draw his eyes away from your so-called opponents.

Related Link: [Desiree Hartsock Is the New 'Bachelorette'!](#)

2. Be cool: If you feel you're in a competitive dating

environment, the best thing you can do is stay calm. You'll look confident and therefore more attractive if you can appear to be unbothered by any adversaries. Your future beau will notice you and want to know what makes you so self-assured.

Related Link: [‘The Bachelorette’ Season 8 Finale: Tips for Lasting Love](#)

3. Embrace your uncompetitive side: Believe it or not, even if you're the type who isn't interested in opposition, competition in dating can still help you, thanks to the process of elimination. By knowing you won't fit well with someone interested in engaging in dating contests, you've saved your own time by excluding those types of people from the running. Think quality over quantity.

How have you handled dating competition in the past? Tell us in the comments below!

Kirk and Laura Knight Prepare For Tonight's Premiere of Bravo's Reality TV Show 'Newlyweds'





By Kirk Knight

Laura and I started our relationship and love just outside of Washington, DC on a true blind date. Normally, neither one of us would entertain the idea of a real blind date – especially without even a social media drive by. Armed with nothing more than each other's names, we set up a date for afternoon coffee in Bethesda, Maryland. I remember waiting in front of the coffee shop, looking at each woman that walked by worried that a "blind date" may be a really bad idea and a waste of time. Just then, I saw this absolutely beautiful woman walk up to the coffee shop.

The Beginning Of A Relationship and Love

It was Laura, and she made a visual impression that lasts to this day. After sitting down, we started talking about everything. Two and a half hours later, she not only had my attention but my heart. I would say it was love at first sight, but I feel that cheapens what it was. It wasn't just the sight of her; it was our conversation, her warmth, her

heart. She is what I could only describe as the feeling of “coming home.”

Related Link: [Famous Couple Robert Pattinson and FKA Twigs Exchange Promise Rings](#)

I grew up in the DC area, and Laura is from Florida (two completely different cultures). I have two teenage sons and a large and very close family. We quickly learned how much we have in common, how our interests are so similar, and how much we both value family. Six months prior to meeting me, Laura had lost her brother to a drug overdose in an addiction battle that lasted years. She was devastated, but I felt like it brought us closer. It allowed us to share very intimate feelings with one another and bond in ways most people may not get a glimpse of so early in a relationship and love.

Laura was new to the area and mostly stayed busy with her insurance brokerage business, Silver State Law Pro. We both had a lot going on and spent the next few years getting to know each other, traveling, and having the best time of our lives. I knew I wanted to marry Laura from early on, but I really wanted to build on a strong foundation for our love. After three and a half years, I proposed to Laura, and we got married on November 15, 2013 (with a beautiful ceremony, if I do say so myself).

Related Link: [Are Prince Harry and Emma Watson in a New Celebrity Relationship?](#)

Being on the Reality TV Show *Newlyweds*

As a married couple, we have been busy merging our lives and trying to juggle 100 things at any given time. I own Knight Investments, a commercial real estate consulting company, and the start-up Internet and mobile app company Razzd.com,

which allows people to argue about any topic or headline and have the public vote on who's right and who's wrong. It's a really fun venture, but it takes a lot of my time. We have such a great relationship, but together, we own three companies and film a reality TV show. Plus, I'm launching my start-up. We are facing some major life decisions: Should we have kids? If so, then when? Should we move out of the city? I'm used to our very free life and wonder how we can handle all of the changes and challenges being a married couple brings...

Watch Kirk and Laura's story unfold on Bravo's Newlyweds: The First Year, premiering on tonight at 10/9c!

Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale





By Emma L. Wells

After ten weeks of searching on reality TV, Prince Farming has finally found his Princess! On the finale episode of *The Bachelor* season 19, Chris Soules, armed with a Neil Lane engagement ring, got down on one knee and proposed to Whitney Bischoff, a 29-year-old fertility nurse from Chicago. “Everything about this moment feels right,” he told her. According to [ABC News](#), Bischoff seemed to be the obvious choice after the other contestant, Becca Tilley, confessed that she wasn’t ready to jump into a [celebrity engagement](#) and commit to a life in Arlington with Soules. During the “After the Final Rose” special, it was easy to see that the reality TV pair is thrilled to just be a “normal” couple.

This celebrity couple found true love on reality TV, but not all of us have that option. What are some

unique ways to meet your soulmate?

Cupid's Advice:

Unlike the lucky celebrity couple from *The Bachelor* season 19, most of us don't have reality TV producers arranging the perfect circumstances for us to find relationships and love. If we want it, we have to go out and look for it ourselves! It's certainly not easy, but Cupid has some love advice about how to meet your soulmate:

1. Take part in group activities: You'll want to have common interests with your future partner, so why not participate in group activities that relate to your hobbies? Take an Italian cooking class or sign up to learn Spanish. Join an intramural kickball league or a hobby club. It will be easy to strike up a conversation with someone over your shared interests while interacting in this laidback setting.

Related Link: [The LOWEdown on 'The Bachelor' Celebrity Wedding of Sean Lowe & Catherine Giudici](#)

2. Ask your friends: There's a reason why so many dating websites and apps give you matches based on your Facebook friends: You're more likely to hit it off with someone who your pals already like! If you're looking for a relationship and love, ask your friends for help. They know you well and know what you want in a partner. If you're nervous about a blind date, you can always plan a double or group date instead to ease any awkwardness.

Related Link: [Whitney from 'The Bachelor' Season 19 Says She'd Move to Arlington, Iowa for Chris Soules](#)

3. Look online: It can be hard to find the time and place to meet someone special. There's nothing wrong with searching through a reputable dating site – it's one of the reasons they were invented! It gives you the opportunity to judge potential

matches at your own pace. There's also a lot less pressure if you've talked online before you meet in person.

How did you meet The One? Tell us in the comments below!

Former 'Bachelor' Jason Mesnick Surprises Celebrity Love Molly Malaney for Fifth Wedding Anniversary



By Emma L. Wells

It has always been a tradition for celebrated jeweler Neil Lane to offer a selection of engagement rings before the finale of *The Bachelor*. Jason Mesnick and celebrity love Molly Malaney met during season 13 of the reality TV show, but Malaney never received one of these coveted rings because she was technically the runner-up. Now that this famous couple has been married for five years, Mesnick wanted to rectify the situation by giving his wife a new engagement ring for their anniversary. Malaney told [People.com](https://www.people.com), “The past five years have been the most amazing years of my life because of Jason. Our relationship and love started all because of *The Bachelor* franchise, and Neil has been such a meaningful person within the franchise, so I am so honored to have a piece of that relationship...This is the most amazing gift I’ve ever received!”

This reality TV star gave his celebrity love a beautiful ring for their recent anniversary. What are some ways you can make sure your romantic surprise goes off without a hitch?

Cupid's Advice:

While diamonds are always a great way to show you care, little romantic surprises are also beneficial for relationships and love. Cupid has some relationship advice to help you pull them off without any issues:

- 1. Be unexpected:** Thoughtful presents are a wonderful way to demonstrate that you’ve been listening to your partner. Give them something they want but aren’t expecting. If you pay attention, they are bound to mention something you can keep in

mind!

Related Link: [‘The Bachelor’ Stars Jason Mesnick and Molly Malaney Share New Picture of Daughter Riley](#)

2. Make it unique: Malaney’s ring was so romantic because her celebrity love had it made especially for her. Go the extra mile and give your significant other something unique and just for them. Even if it’s homemade, they’ll surely appreciate the effort.

Related Link: [5 Bachelor and Bachelorette Couples We Can Learn From](#)

3. Ask for help: Surprises can be very hard to pull off, especially when you’re excited about them. It doesn’t hurt to ask a few friends to help you succeed. Also, make sure your plans aren’t too elaborate it. Chances are, if you follow these guidelines, your surprise will be a success!

How have you surprised your partner in the past? Tell us in the comments below!

‘The Bachelor’ Season 19 Contestants Rehash Old Feuds During “The Women Tell All” Episode





By Emma L. Wells

The Bachelor season 19 “The Women Tell All” special brought all the women back together to reminisce about their time on the reality TV show and clear the air. They had many grievances with each other – and many more with *The Bachelor* himself, Chris Soules. Kelsey came under attack from all the contestants (yet again) for being conniving and fake. After taking the hot seat, Britt Nilsson immediately called out Carly for being a bad friend. Additionally, both Jade Roper and Kaitlyn Bristowe confronted Soules about why he rejected a relationship and love with them. He assured Roper that it was not because of her *Playboy* spread. Bristol, unfortunately, received a less clear answer. [USAToday.com](https://www.usatoday.com/story/entertainment/2019/09/19/bachelor-women-tell-all-chris-soules/4000000000/) reported that Soules said, “I apologize...In that moment, I did the best I could and that’s all I know.” We can’t wait to see how *The Bachelor* season 19 will end next week!

When it comes to past relationships

and love, how can you get over old disputes and move forward? The ladies from *The Bachelor* season 19 need to listen to this dating advice!

Cupid's Advice:

Holding on to old grievances isn't good for you. Why should you dwell on the past when you can move on and find happiness again? This dating advice applies to friendships as well as relationships and love:

1. Reach an understanding: Kaitlyn made the right choice to confront Soules about her hurt feelings. It's hard to move on when you don't understand what really happened. The best way to do so is to have an open conversation – preferably not on reality TV! – with the person *without* being accusatory. Let them explain their actions in their own words. You might not get a satisfying answer, but it will help you to talk it through.

Related Link: [‘The Bachelor’ Chris Soules Prepares to Bring Winner Home to Arlington](#)

2. Look inward: In most cases, while you may be hurt, you're probably not blameless. It's equally important to understand what you did wrong and could have done better. Ask your ex about your behavior or just put yourself in their shoes and examine the situation. Either action will help you ensure that the same mistakes aren't made again.

Related Link: [‘The Bachelor: Women Tell All’ Recap: Old Catfights Resume and Michelle's Redemption](#)

3. Forgive and forget: Just because you're at a place where you're ready to move on doesn't mean the other person is, so don't expect an apology or forgiveness. The best thing you can do is say your peace, move on, and hope that, someday soon, they will be able to do the same.

How have you settled past relationship and love grievances? Tell us in the comments below.

Former 'Bachelorette' Reality TV Star Desiree Hartsock Jokes About Being A 'Mama in Training'





By Emma L. Wells

[The Bachelorette](#) famous couple Desiree Hartsock and Chris Siegfried celebrated their celebrity wedding in January of this year, and they already have babies on the brain! Earlier this week, an Instagram photo sent rumors flying that the brunette beauty is on her way to becoming a celebrity mom. [Inquisitr.com](#) shared a photo of the reality TV star happily holding a baby with the caption: "Mama in training with @floridaray18 baby Jax. He's so precious I couldn't put him down!" Baby Jax belongs to new celebrity mom Renee Oteri Maynard, who is a former contestant from *The Bachelor* and good friends with Hartsock. Both Hartsock and Siegfried have talked about wanting to add kids to their relationship and love, but the newlywed quickly squashed the rumors by commenting in the thread that she's not currently expecting.

Desiree Hartsock isn't pregnant,

but it looks like she's ready to become a celebrity mom! What are some signs that you're ready to have a baby?

Cupid's Advice:

Having a baby is one of the biggest decisions you can ever make, and there are many factors you should consider before taking that step. Cupid has some relationship advice on how to tell if the timing is right for you and your beau:

1. You have a strong partnership: Having a baby puts a strain on your relationship and love in many ways and for many reasons. If your partnership is already a little rocky, it might be a good idea to wait until you two are on more stable ground before embarking on this journey. You should be sure that you and your significant other can support each other throughout parenthood. After all, once you're a parent, you're a parent for the rest of your life! Be sure that's a commitment that both of you can make.

Related Link: [Famous Reality TV Couple Desiree Hartsock and Chris Siegfried Reveal How Many Celebrity Kids They Want](#)

2. Your finances are in order: Everyone knows kids aren't cheap! Recent estimates put the average cost of raising a child in middle-income America until they are 18 at 241,080 dollars, and those numbers are quickly rising. It can cost thousands of dollars during the pregnancy alone. Make sure you have a financial plan in place *before* getting pregnant.

Related Link: [Former 'Bachelorette' Desiree Hartsock Shares Celebrity Wedding Photos](#)

3. It's for the right reasons: There are many reasons to have

a child, and some make more sense than others. For instance, don't have a baby just because you think they're cute or because it's what people expect from you after marriage. It may be helpful for you and your partner to each make a list of why you want a baby and why you want one now. If your reasons are good and your lists match up, then it's a good sign the timing is right!

How can you tell if you're ready to be a parent? Tell us below!

Whitney from 'The Bachelor' Season 19 Says She'd Move to Arlington, Iowa for Chris Soules





By Emma L. Wells

From day one, *The Bachelor* season 19 star Chris Soules has said that a relationship and love with him means moving to his (very small) hometown of Arlington, Iowa. After asking potential celebrity love Whitney if she would be able to leave her life in Chicago for him, she gave him exactly the answer he was looking for. According to [People.com](https://www.people.com), she said that, while she loves her job as a nurse, she would have “no hesitation” about moving to Arlington and “having babies” as her career. [The Bachelor season 19](https://www.fox.com) frontrunner continued, “I firmly believe that life takes you places, and it’s not where you are; it’s who you’re with.”

The Bachelor season 19 contestant Whitney is willing to move to Iowa for her celebrity love. How do you know if that’s the right decision

for your relationship and love?

Cupid's Advice:

We sometimes fall for people who aren't perfect for us in a geographic sense. Long-distance dating can't go on forever, and eventually, you're left with two choices: break-up or move. Cupid has some dating advice on how to tell what move (no pun intended) is right for you:

1. Consider all the factors: Realty TV star Whitney told her celebrity love that it doesn't matter where she is because it's who she's with that's important. While there is a lot of truth to her statement, you should examine your specific situation first. Think about what you need in order to be happy; that may include your career, your friends and family, or something as seemingly small as your kickball team or local library. What would you have to give up when you move to be closer to your partner? More importantly, can you live without it?

Related Link: [QuickieChick's Video Dating Tips: Is He "The One" or Just Another Someone?](#)

2. Look to the future: After you've made your mental list of things you can't live without, ask yourself how that list will change in the next five, ten, or twenty years. Moving might not suit your needs *this* year, but maybe that's where you see yourself long-term. In this case, the question changes from "if" to "when." Tell your significant other that you're willing to move but need a little more time before you're ready. If your relationship and love is as important to them as it is to you, then they will understand.

Related Link: ['The Bachelor' Season 19 Contestants Treat a Relationship and Love with Chris Soules Like a Game](#)

3. Be on the same page: Make sure you understand why your beau wants you to move; that will ensure that you two have similar expectations. Are their reasons valid? Does it make more sense for you to move to them or vice versa? It's equally important for them to understand your reasons as well. Having a discussion about how this move will change your relationship is the best place to start.

Have you ever moved for your relationship and love? Tell us about it below!

Celebrity Break-Up: Did Josh Murray Split with Former 'Bachelorette' Andi Dorfman for More Reality TV Fame?





By Emma L. Wells

Fans of *The Bachelorette* have been wondering why Andi Dorfman and Josh Murray called off their engagement. According to [HollywoodLife.com](https://www.hollywoodlife.com), these celebrity exes were more interested in reality TV fame than in each other. Apparently, Murray never even wanted to win *The Bachelorette* season 10! “During the filming of the show, the producers kept telling Josh that if Andi didn’t pick him, he would be the next *Bachelor*,” a source said. “So he has been resentful towards Andi because he knows he could have been in the limelight as *The Bachelor*, so now [that he’s single] he is going to make a play to try to be the next *Bachelor*. Even though they are telling their friends [their split] was mutual, he ended it.” The source went on to say that there was an attraction between the reality TV stars, but in the end, they were more interested in being famous than being with each other.

Celebrity exes Andi Dorfman and

Josh Murray may have put their reality TV fame first, costing them their relationship and love. How can you keep your career goals from getting in the way of your personal life?

Cupid's Advice:

A fulfilling career doesn't mean you have to give up a relationship and love, and similarly, a healthy relationship doesn't mean you have to sacrifice your career. Cupid has some dating advice on how to achieve this balance so your love life doesn't turn out like this celebrity break-up:

1. Include your partner: If your career is a big part of your life, then you shouldn't hide it from your significant other. Tell them about your job and invite them to work functions. Your partner should be part of your support system.

Related Link: ['The Bachelor' Host Chris Harrison Says He "Had No Clue" Andi Dorfman & Josh Murray Would Break Up](#)

2. Be present: Neither of you want your entire relationship and love to revolve around your job. When you're with each other, it's important to be in the moment. Giving your partner your undivided attention is the easiest way to show you care, so put your phone away and ignore those e-mails until tomorrow!

Related Link: ['Bachelorette' Andi Dorfman Hands Out Final Rose and Confronts Runner-Up](#)

3. Sort out your priorities: If work is your number one priority, then you need to be with a partner who

understands. If your significant other can't see why you care about your job, then you clearly aren't clicking when it comes to some fundamental issues. It's important to have similar life goals and priorities.

How do you balance your career and your relationship? Tell us below!

'The Bachelor' Season 19 Contestants Treat a Relationship and Love with Chris Soules Like a Game





By Emma L. Wells

You know what they say: Two's a party, but three's a painfully awkward and quiet crowd. Kelsey and Ashley I. weren't exactly audience favorites on [The Bachelor season 19](#), but it certainly was enjoyable to watch them face-off on a two-on-one date during last night's episode of this popular reality TV show. Rather than using their alone time with Chris Soules to grow their relationships and love, the ladies complained and gossiped about each other. According to [Fox News](#), *The Bachelor* star saw through their games and took their accusations seriously, ultimately sending both women home.

***The Bachelor* season 19 contestants Kelsey and Ashley I. played Chris Soules like a prize to be won during their two-on-one date. Why**

can playing games cause more harm than good to your relationship and love?

Cupid's Advice:

Dating can often feel like a game; after all, there's players and a field, scores and a strategy. But it can be harder to reach your goal and find a relationship and love if you get too wrapped up in the sport. Here's why you should take Cupid's dating advice and stop playing games when it comes to love:

1. It's not a competition: If you're out to win the game like these two contestants from *The Bachelor* season 19, you'll never win his heart. Ask yourself what winning would even look like to you. If you're always focused on the final outcome, you can't enjoy the here and now properly. You'll end up missing the best parts of your own relationship!

Related Link: [Screwing the Rules Video Dating Advice: How 'The Bachelor' Is Changing the Reality of Dating](#)

2. You don't need a strategy: While there are some helpful tips to playing the field, the most important rule to follow is trusting your heart. Make moves based on your own emotions and don't feel like you have to play hard to get. You can't expect to have a real partnership if you're not acting like your true self. Remember that if it doesn't work out, then it's not meant to be.

Related Link: ['The Bachelor' Season 19 Contestant Britt Faces Her Fear For Chris Soules](#)

3. The stakes are real: If you're out to just play the field, you'll never find something serious, and you'll most certainly end up hurting someone along the way. When dating,

the stakes are high. You should have some idea of what you want in a relationship before you dive into it, and you should be honest about your priorities as you go along.

How do keep from playing games in your relationship and love? Tell us in the comments below!

Celebrity Break-up: Are 'The Bachelorette' Reality TV Stars Andi Dorfman and Josh Murray Fighting on Twitter?



By Emma L. Wells

The celebrity news that reality TV stars Andi Dorfman and Josh Murray split came as a shock to many. While we still don't know what caused this celebrity break-up, they have remained very amicable – but that might be changing. At the end of January, Murray tweeted, “Having to change all my passwords because someone keeps logging into my social media accounts SMH.” This left us wondering: Is former *Bachelorette* Dorfman cyber stalking her celebrity ex? Her response came very quickly – only 9 minutes later according to [thestir.cafemom.com](https://www.thestir.cafemom.com). She replied, “Join the club ... Got better things to do with my life #blessed.” While we can't say for certain who these tweets are directed at or what they really mean, we *can* assume that there's some tension following this celebrity break-up.

These reality TV stars seemed friendly after their celebrity break-up, but it looks like their claws are coming out now! How can you move on after a split?

Cupid's Advice:

It's common to still be emotionally attached your ex after your relationship has ended, making it hard to move on. Moving forward is a process and won't happen overnight, but Cupid has some dating advice that will (hopefully) make it easier:

1. Remember that no one wins: These *Bachelorette* exes may feel a little competition at this point in their celebrity break-up. While it's natural to want to “win” by looking better, dating someone new first, and making sure the news of your success gets back to your ex, there's really no point. Focus

on making yourself happy instead of making your ex jealous.

Related Link: [‘The Bachelorette’ Season 10 Couple Andi Dorfman and Josh Murray Call It Quits](#)

2. End all contact: It’s hard to let go of your connections to your ex, whether they be in real life or digital. If you’ve had a meaningful and serious relationship, you probably don’t want to lose those memories. Still, moving on means looking forward, not backward, and constant reminders about your former beau will only make it difficult. While it may be difficult, cut your ties on social media *and* in real life too. You can consider a possible friendship after you’ve had some time apart.

Related Link: [Chris Harrison: Things Were “Awkward and Weird” Between ‘The Bachelorette’ Andi Dorfman & Josh Murray](#)

3. Learn something from it: You may feel like you wasted your time with your ex or that it was all a big mistake, but you probably have a few good memories too, even if the relationship ended badly. Give your past relationship purpose by learning from it and allowing the experience to make you a better person. It’ll be easier to feel happier if you don’t regret your decisions.

Have you successfully moved on from an ex? Share your tips below!

**‘The Bachelor’ Season 19
Contestant Britt Nilsson**

Faces Her Fear For Chris Soules



By Emma L. Wells

"The sky's the limit...," read Britt Nilsson's one-on-one date card on last night's episode of *The Bachelor* season 19. That's when the 27-year-old waitress started to cry in panic due to her debilitating phobia of heights. Still, she pulled it together before their one-on-one date. [People.com](https://www.people.com) reported Chris Soules saying that she was "just as beautiful first thing in the morning as when she's all dolled up for the rose ceremony. It's pretty incredible." Turns out, she gets all dolled up for bed too, but oh well! The reality TV lovebirds soon arrived in the New Mexico desert to find a hot air balloon waiting for them, and Nilsson's fears quickly disappeared with Soules' arms around her.

This *Bachelor* season 19 contestant overcame her fear to get closer to Chris Soules. What are some ways you can beat your phobias when looking for a relationship and love?

Cupid's Advice:

Whether you fear heights, spiders, darkness, or commitment, you shouldn't let it stand in your way when you're looking for a relationship and love. It's completely possible to overcome your distress, no matter how big it may seem. Cupid has some dating advice for you:

1. Switch your focus: On *The Bachelor* season 19, Nilsson was able to get over her fear because being close to Soules was more important to her. If you're afraid of flying but have to take a trip, focus on the destination to help you get through the flight. Paying attention to your fear will only make the situation harder. That's why having a hunky farmer by your side is always a benefit!

Related Link: [The First Official Look at Chris Soules on 'The Bachelor' Season 19](#)

2. Get your facts straight: Most fears – like the fear of sharks, for instance – aren't based on actual statistics. Our imaginations make our phobias much worse than they should be. Do you really live in an area where you need to be worried about giant, poisonous spiders getting you in the dark, or is it just in your mind? Do some research to calm your nerves.

Related Link: ['The Bachelor' Chris Soules Says That Men "Don't Work Well with Subtlety"](#)

3. Face your fear: You can't just ignore it and expect it to go away. To overcome your terror, you need to take gradual steps. If you're afraid of dogs, watch a few videos of them until you're comfortable seeing them on the screen. Then, work your way up to being in the same room with them or passing them on a sidewalk. Keep going until you can interact with a large dog in an enclosed setting. There's no need to rush!

Tell us about a time where you had to face your fears in the name of love!

Former 'Bachelorette' Desiree Hartsock Shares Celebrity Wedding Photos





By Emma L. Wells

There's another name to add to the list of successful love stories stemming from *The Bachelorette*! Former reality TV star Desiree Hartsock tied the knot with Chris Siegfried on Sunday, Jan. 18. While the church ceremony wasn't televised, they released exclusive photos of their celebrity wedding to [UsMagazine.com](https://www.usmagazine.com) earlier this week. They shared more than two dozen pictures from their special day, including the pretty invitations, the bridal party, and the salted caramel and Oreo cake (yum!). "In a relationship, you're always learning about someone, trying to figure out how they love, how they feel, how they think," Hartsock said following their big day. "I think it's the same with marriage. You continue getting stronger and growing with each other."

You don't have to be a reality TV star like this former *Bachelorette*

to have photographs fit for a celebrity wedding. What are some ways to up the ante for your own wedding album?

Cupid's Advice:

You want to capture all the details of your wedding – from the dress to your first kiss as a married couple to the dancing. After all, these are memories you'll want to cherish and display forever! If you want a unique and special wedding album but don't have the budget of a celebrity wedding, Cupid has some tips:

1. Use disposable cameras: Add throwaway cameras as a part of your centerpieces and invite guests to get in touch with their inner amateur photographer. You can even buy customizable ones, so they match your color scheme and have your names and wedding date on them. Your loved ones will get involved and interact with each other while snapping candids all evening long. Not all of them will be Annie Leibovitz-impressive, but you'll end up with some really fun pictures for your album.

Related Link: ['The Bachelor' Runner-Up Lindsay Yenter Is Engaged](#)

2. Rent a photo booth: Photo booths are becoming a really big trend at weddings: They're a great way to capture photos of all of your guests, and the strip of photos can be your wedding favor. You can rent one for the reception, or go the DIY route by hanging a black sheet for a backdrop, finding a friend whose willing to snap pics throughout party, and buying a travel printer. To make photos you'll still enjoy looking at in 20 years, hit a thrift store or costume store and pick up some fun accessories for your guests to wear while they pose.

Related Link: [Celebrity Pregnancy: Former 'Bachelorette' Emily Maynard is Expecting](#)

3. Create your own hashtag: Getting your friends and family involved is a sure-fire way for you to see all of the special photos of your big day. Pick an event hashtag for your wedding; be creative and come up with a cute couple nickname or keep it simple with just your married last name and the year. Make sure it's not a popular hashtag though, or it will be harder to collect all of your photos. Post the hashtag somewhere in venue – like above the bar or on the cocktail napkins – and ask your attendees to use it whenever they Instagram, Facebook, or Tweet throughout the day.

Any other tips to make your wedding album extra special? Tell us in the comments below!

'The Bachelor' Chris Soules Says That Men "Don't Work Well with Subtlety"





By Emma L. Wells

Poor Chris Soules had a lot to handle on last night's jam-packed episode of the hit reality TV show *The Bachelor*. His hands were full with two group dates, two one-on-ones, a visit from his sisters, a shameless *Cinderella* promotion, and one big confession. The first group date brought seven girls to the lake for a day of beach fun and night of camping. Ashley I. was, in her own words, a camping virgin and a virgin camping, and after fretting over it, she decided to tell Soules the truth about her sexual history – or lack thereof. She snuck into *The Bachelor* star's tent in the middle of night to wake him up and was clearly nervous as she danced around the point of the conversation without actually saying it. In his blog on People.com, the Iowa farmer writes, "Here's a little lesson for you ladies: Men are pretty simple when it comes to words... Spell it out for us. Maybe even write it down so we don't forget it. We don't work well with subtlety." Later in the episode, she bravely tried again, and this time, she came right out with her confession.

***The Bachelor* contestant Ashley I. was in need of some dating advice before she confronted Chris Soules with her big reveal on last night's episode. What are some ways to successfully open up to a guy?**

Cupid's Advice:

Getting to know someone at the start of a relationship is both fun and scary. Once you get through basic background information, you have to open up about the good, the bad, and the emotional – and that's not always easy. It's worth it, though: Sharing yourself with a new guy leads to a deeper connection and a stronger relationship. Cupid has some dating advice to help you successfully open up:

1. Pick the right time and place: Ashley I. should've waited for a better opportunity to reveal her big secret to Soules. If you're ready to share something personal, it's important that your partner be in the right mindset. Make sure you have an appropriate amount of time, their undivided attention, and a bit of privacy. You should be somewhere where you feel comfortable expressing your emotions and talking freely without interruptions or distractions.

Related Link: ['The Bachelor' Season 19 Contestants Deal with Jealousy – Chris Soules Can't Stop Kissing Them!](#)

2. Be straightforward: Like *The Bachelor* said, "Spell it out." Don't beat around the bush; your significant other probably won't understand what you're trying to say, and you won't get the response you're looking for. It can be hard, but say it as plainly as possible. You may still have answer some follow-up

questions though, so be prepared to have a conversation and not just make a confession.

Related Link: ['The Bachelor' Chris Soules Opens Up About Finding His Future Wife](#)

3. Let it happen naturally: Reaching the point in a relationship where you two can really be honest with each other can't be forced. If it's meant to be, it will be. There's no need to rush to pull the skeletons out of your closet in the first few weeks of a knowing each other. When the timing is right, you'll feel it. That being said, if you think this person can't really get to know you while you're keeping a secret, then it's time to reveal it.

How do you know when it's time to open up in a new relationship? Tell us in the comments below!