# Celebrity Couple Amber Rose & Val Chmerkovskiy's Romance Is Heating Up





By Wh

### <u>itney Johnson</u>

It looks like things are heating up between model and podcast host Amber Rose and Dancing with the Stars pro Val Chmerkovskiy! According to <u>EOnline.com</u>, the <u>celebrity couple</u>, who first met when Rose competed with Chmerkovskiy's brother Maksim on the reality TV show, have been talking every day, despite Chmerkovskiy's busy schedule during a dancing tour. "It's been four months now, and it's awesome," Rose said of their celebrity relationship on her <u>Loveline</u> podcast in early January. "I love his family, and everyone is so great. He's great."

This celebrity couple was surprising, but it looks like things are getting steamy! What are some ways to know you have chemistry with someone?

### Cupid's Advice:

If you're in a new relationship and wondering where things are headed, take a cue from this celebrity couple, and consider these three ways to know if you have chemistry:

1. You're not afraid of PDA: Rose and Chmerkovskiy aren't shy when it comes to showing off their love on social media — and you shouldn't be either! If you and your partner are into each other, there's no reason to hide your feelings.

Related Link: New Celebrity Couple Amber Rose & Val Chmerkovskiy Step Out Holding Hands

2. Pay attention to your conversations: You may be too distracted by his sexy smile to notice how you interact, but chemistry matters both in and out of the bedroom. If you can't wait to talk to your guy at the end of a long work day and never run out of things to say, it's a good sign.

Related Link: <u>Celebrity News: Val Chmerkovskiy Slams Haters</u>
Who Criticized His Relationship with Amber Rose

3. The little things don't bug you: It's easy to be bothered by the way he chews his food or how his dirty socks never end up in the hamper. For the right person, though, it's just as easy to ignore those annoyances and focus on the good things about him instead.

What's your number one tip for knowing if you have chemistry

# Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split





Βv

Justin Thomas

There seems to be major trouble in *Paradise* for the *Bachelor* Nation stars-turned famous <u>celebrity couple</u> Amanda Stanton and Josh Murray as their engagement comes to a not so shocking end. The pair met and fell in love on season 3 of *Bachelor in Paradise*, even getting engaged at the end of the season.

Murray moved his life in Georgia to be in California with Stanton and her two daughters, Kinsley and Charlie, who also reportedly stole his heart. According to sources who spoke to <code>UsMagazine.com</code>, "Murray got upset" at Stanton at the 2016 Jingle Ball concert after it came out that she had withheld some truths about her drinking during trip to Lake Tahoe with gal pal <code>Bachelor in Paradise</code> alum Ashley Iaconetti. Murray reportedly left Stanton at the concert and shortly after headed home to Atlanta. Sources also say the split was a long time coming, but Murray's love for the two girls has kept him at bay.

Chalk up another celebrity break-up for this *Bachelor Nation* couple. What are some pieces of advice for breaking the news about your break-up to family and friends?

### Cupid's Advice:

When you're in a new relationship, it's exciting to think about introducing your loved ones to your partner, but no one ever thinks about the potential reverse side of that. Rightfully so. But when that time does come to help soften the blow, here are some tips to keep in mind:

1. Don't be embarrassed: Love's a gamble. Breaking up can be mortifying, especially if you've had major plans and expectations. If a break-up hits you abruptly, take it in stride and know that things happen, especially in relationships. There's no reason to be embarrassed, because it's a normal part of life.

Related Link: Dating Advice: How To Get Over a Breakup

2. Be strong in your decision: Make sure this is a serious breakup and not a petty disagreement. If it's serious, give it some time before you make any major denouements. Don't let the sighs and the sad faces break you down. If you've made the decision to breakup, either collaboratively or independently, don't forget that you've already accepted that.

**Related Link**: <u>5 Bachelor and Bachelorette Couples We can Learn</u> From

3. Allow your loved ones to have their feelings: Although they weren't the ones who were in the relationship, it's obvious they'll feel some sort of emotion (be it good or bad) towards the breakup, especially if they were close with your partner. Respect that and allow them some time to register the breakup.

What are some of the ways you break bad news to your loved ones? Let us know down below!

# 'Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell 'Happier Than Ever' After Calling Off Wedding





By <u>Ma</u>

#### <u>llory McDonald</u>

One of The Bachelor's hottest celebrity couples, Ben Higgins and Lauren Bushnell, called off their <u>celebrity wedding</u>! According to <u>UsMagazine.com</u>, they called off the wedding on their reality TV show, Ben & Lauren: Happily Ever After. However, the two claim they are happier than ever after making this decision. "That's one of the things that's great about doing a show post-Bachelor. It really does highlight the confusion that life is and trying to get to know each other post-show, and trying to figure out how to get married and make everything work in everybody's best interest," Higgins told Entertainment tonight. "We are together, happier than ever - no plans to break up!" Higgins has no regrets of sharing his concerns and calling off the wedding, "We're in one of the best places we've ever been in our relationship probably the best place," he told ET. "We're feeling less stressed. We're feeling less pressured. We're able to laugh and smile more. ... That decision at that point led us to every decision we've made to get to today."

# This Bachelor couple isn't walking down the aisle anytime soon. What are some ways to know you're not ready for marriage?

#### Cupid's Advice:

Rushing into a marriage could end it before it even really begins. These are some ways to recognize you aren't ready for marriage:

1. Anxiety: Planning a wedding is always going to create some anxiety. But, if that anxiety is taking over and shadowing the happiness and joy that also comes with it, it may be time to call it off.

Related Link: Ben Higgins Feels 'Disconnected' from Celebrity Wedding Planning

2. Fear: Getting cold feet before the wedding is normal for a lot of people. However, there is a difference between cold feet and being terrified of getting married. If you are feeling uncomfortable, it is important to be honest with your partner.

Related Link: <u>Ben Higgins & Lauren Bushnell Butt Heads Over</u>
<u>Televised Celebrity Wedding</u>

**3. Feeling pressured:** A marriage needs to be a completely mutual decision. If you feel like you were pressured into the marriage, you may end up resenting your partner. Avoid that by taking the time and slowing things down.

Why did you decide you weren't ready for marriage? Comment below!

# Celebrity Interview: Chloe Lukasiak Talks 'Dance Moms': "I'm Kind of Doing My Own Thing Now"





Inter

view by Lori Bizzoco. Written by Kayla Garritano.

From the age of two, Chloe Lukasiak knew she wanted to step foot on the dance floor, only to dance her way into fame. She starred in the first four seasons of *Dance Moms*, but this blonde performer has recently left to further her dance career with her self-titled channel, *Chloe on Pointe*, on *Ownzones.com*. Now working on season two, the 15-year-old

dancer has much to share in this exclusive <u>celebrity interview</u> with CupidsPulse.com on what's ahead in the upcoming season, as well as life after leaving *Dance Moms*.

# In our celebrity interview, Chloe Lukasiak opens up about her career and gives some advice for young girls following their dreams.

Lukasiak's proven that she can handle being on her own. Her channel, which focuses on dance tutorials, also provides fans insider exclusives on her life through vlogs, and even offers beauty DIYs. So it's no surprise as to why Chloe on Pointe was renewed for a second season with the great content she's uploaded thus far. When asked why she wanted to create her own show, Lukasiak responded with, "I thought this would be a great way to teach, and give fans a look into the dance life. They can learn with me." This move to Ownzone has also helped Lukasiak gain new skills, which she appreciates because she's been exposed to things she's never tried before. Such as helping choreograph and teach her own dance solo! Being able to create, perform and teach has turned Lukasiak into a triple threat to be reckoned with. You'll be able to see the solo on her channel within the next couple of weeks. "I'm hoping that people really like it," she says.

#### Related Link: Date Idea: Dance the Night Away

Despite all her success, Lukasiak took a moment to reflect on how her career started. She left *Dance Moms* after season four, when instructor Abby Lee Miller made negative comments on her appearance and said her routine was a "hot mess." But instead of crying about it, Lukasiak says she's doing her own thing now and acknowledged that she hasn't kept in contact with her former dance teacher. She went on to mention that she still

talks to a few of the girls here and there, but everyone has their own lives and busy schedules. "It's just hard to keep in touch with everyone, since our schedules have taken us different places." However, she admits to being close with Paige and Brooke Hyland, who were also on the show and left at the beginning of season four. As far as other experiences she had on the show, Lakasiak opens up about how it's had a lasting effect on her. "I was nine, and I left when I was about thirteen, so I grew up really fast in that environment." She goes on to say that the show helped her come out of her shell and overcome her shyness. However, it is clear that Lukasiak is staying away from her past as best as possible. In recent weeks, there has been talk about canceling Dance Moms season 7. Responding to the news, she says, "I guess this might be the end of Dance Moms." She was also unaware of the rumor regarding Kendall Jenner joining the show, which she thinks would be a strange and interesting change.

#### Date Idea: Date Idea: Beat of the Music

Now that Lukasiak is occupied with her channel, dance and other exciting events, it's hard for her to make time for friends and school. When asked how she balances her responsibilities and fun, she responded with, "You have to figure out what's important and what's not important. It's about what you do with your time and how you handle it efficiently." She mentions that she focuses a lot of time on school, but stresses that it's important to be social and hang out with your friends. Lukasiak also shares some advice for young girls who are looking to dance competitively: "Do what makes you happy, because at the end of the day, you are your own person. If you're not happy, then something's wrong. Remember at the end of the day you're just getting a trophy," she jokes.

What can we look forward to seeing from Lukasiak? Aside from a potential Christmas special on her channel, she will appear in

two upcoming movies. She's also been thinking about college and what she will do with her life. "If I had to guess, I'd still dance, but I don't know if I could study dance."

You'll be able to find Chloe On Pointe on <u>Ownzones.com</u>. For more on Chloe Lukasiak, you can check out her <u>YouTube Channel</u>, <u>Instagram</u>, and <u>Twitter</u>.

Celebrity Interview: Casting Director and Actress Becky Wu Compares Dating and Acting: "You Should Trust Your Own Story"





Ву

Kayla Garritano

It's no secret that there's a lot of work — both behind-the-scenes and on-screen — that needs to be done in order to make a successful show, music video, or movie. You can even say that casting directors act as "matchmakers" for their clients, finding the perfect harmony between actor and project. That's what Myx TV's new reality show Cast Me! is all about. Becky Wu is one of the casting directors that appears on the series, but fans may recognize her from her acting roles on shows like Desperate Housewives, All My Children, and Grey's Anatomy. In an exclusive celebrity interview with CupidsPulse.com, Wu talks about her latest project as well as how she balances her hectic schedule and her love life.

# Becky Wu Talks About *Cast Me!* in Our Celebrity Interview

Cast Me! reveals what goes on in the casting world as aspiring actors and actresses compete in hopes for their big break. It puts contestants through unusual and eccentric auditions as they pursue roles in upcoming television commercials, movies,

or music videos. "Viewers will get an inside look at what we do day in and day out as casting directors," explains Wu. "There are so many crazy and hilarious moments on the show. We have a lot of fun doing our jobs, and that's totally reflected in the series. It's honestly hard for me to pick a favorite episode because each one has its valuable lessons. None of the episodes should be missed!"

With this new show, Wu hopes that viewers who are entertainers will learn what casting directors are looking for during auditions. "People need to understand that you have to build thick skin and that everyone will have an opinion," she shares in our celebrity interview. Aside from educating new actors, she wants her appearance on the show to inspire people to follow their dreams and to realize that just because one casting director doesn't like you doesn't mean you can't improve and get better.

#### Related Link: Balance Work and Love Like a Celebrity Couple

Given her experience both behind and in front of the camera, Wu can offer a lot of great advice to hopeful actors: "Always be prepared. Constantly work on your craft, so when an opportunity arises, you are ready and can take it head on because you've been practicing for so long. It's so common for people to land an audition and feel lucky; then, they don't get the role because they weren't prepared. Success comes when preparation meets opportunity."

In addition to her new show and rewarding career as a casting director, Wu will be making an appearance on an FX scripted series, which will premiere soon. She couldn't tell us much more about it, but she's "so excited for the opportunity."

### Celebrity Casting Director On

# Balancing Her Relationship With Work

Despite her busy lifestyle and long hours on the job, Wu still makes time for romance. "At one point, I had to put my foot down because it was affecting my relationship with my boyfriend," she says. "I was giving it all at the office and not able to spend as much time with him. Now, I've hired a lot more people to help me out, and there's a much better balance."

Fortunately, her boyfriend is a stuntman in Los Angeles, so they both understand how the industry works and encourage each other in their respective jobs. "We both know what this profession entails, so that makes it easier on our relationship," she adds.

Related Link: New Celebrity Couple: Sienna Miller Is Dating 'Foxcatcher' Director Bennet Miller

So how does acting compare to dating? Wu finds similarities in the need to trust yourself and your instincts. "You have to trust the decision that you make as an actor in a story. In a relationship or on a first date, you should also trust your own story and who you really are rather than making things up because you're feeling insecure," she shares. "Just like in an audition, anything can happen on a first date, so it helps to get the jitters out and do what you need to feel confident and loosen up." We couldn't agree with this relationship advice more!

Cast Me! airs Tuesday nights on Myx TV at 8/7c. Each episode is available online at <a href="https://www.myxtv.com">www.myxtv.com</a> every Wednesday.

'DWTS' Pro Allison Holker on Her Celebrity Baby with Stephen "tWitch" Boss: "Carrying a Baby Around the House is the Biggest Workout!"





Βv

Kayla Garritano

Not only have their dance careers flourished since they appeared on *So You Think You Can Dance* but so have their love lives. Professional dancers Allison Holker, who competed on *SYTYCD* during season 2, and Stephen "tWitch" Boss, who first auditioned during seasons 3 and 4, met on the famous

reality TV show when they both returned as All-Stars during season 7. Three years later, in 2013, they were married, and Boss became a stepfather to Holker's daughter Weslie.

Of course, 28-year-old Holker and 34-year-old Boss are more than just a power pair in the dance world. In our exclusive <u>celebrity interview</u>, the <u>celebrity couple</u> opened up to <u>CupidsPulse.com</u> about their family life and reality TV careers as well as their recent partnership with <u>Airtime Labs.</u>

## Allison Holker and Stephen "tWitch" Boss Open Up About Celebrity Baby and Reality TV Careers

This past spring, the musically-inclined duo welcomed their first <u>celebrity baby</u>, son Maddox Laurel, together. It's no surprise that his big sister is relishing her new role. "She changes diapers; she does the feedings; she always wants to help," Boss says of 8-year-old Weslie. "She's been really excited about having a sibling for a very long time."

Related Link: 'Dancing With The Stars' Celebrity Couple Maksim Chmerkovskiy & Peta Murgatroyd Are Expecting

Holker and Boss announced their celebrity pregnancy live onair during season 21 of *Dancing With the Stars*, where Holker was paired with singer Andy Grammer and finished in 7th place (when she was five months pregnant!). After taking time off for the birth of her son, she's back for her fourth season on the dance competition show and already in great shape. "Carrying a baby around the house is the biggest workout you could ever imagine," she jokes.

But the excitement of her return doesn't stop there: For season 23, the pro is dancing with R&B musician, singer-songwriter, and record producer Kenneth "Babyface" Edmonds. When asked about working with the iconic man, Holker

shares, "I wasn't really nervous. I felt honored — I feel like I'm learning so much from him. He's so knowledgable about life and who he is."

Boss, on the other hand, was ecstatic to hear the news, saying, "I grew up on him!"

As fans know, Boss has quite a history with *SYTYCD*. After he finished as the runner-up during season 4, he returned during season 5 to perform the Emmy-nominated piece "Mercy" that he danced the year before. He was a frequent All-Star during seasons 7 through 9 and performed many memorable dance routines. Then, during season 12, he served as Team Captain for "Team Street."

Related Link: <u>Celebrity Interview: SYTYCD Finalist Meg Alfonso Inspires Other Dancers Saying, "Don't Be Afraid of Who You Are"</u>

Most recently, Boss made an appearance as a guest judge on the latest season of *SYTYCD*, which is mixing things up by featuring young dancers between the ages of 8 and 13. "When they first announced it, I wasn't completely on board. Switching formats so drastically, I didn't know how to feel about it," he explains when asked about *So You Think You Can Dance: The Next Generation.* "But then, after watching an episode, getting to know the contestants, getting to see the dances, and — when I was a judge — seeing it live and getting a dose of their personalities, I was like, 'Wow, this makes a lot of sense.'"

Keeping busy, the reality TV star who makes regular appearances on *The Ellen Show*, is developing an exercise/dance fitness program, and is continuing to attend dance auditions. As he puts it, he is "waiting to create the next opportunity, whatever that may be."

# Celebrity Couple Partners with Airtime Labs

For Holker and Boss, it was a no-brainer to partner with Airtime Labs, a mobile telecommunication solutions company that strives to find affordable and safe technology options for families by offering monthly phone and tablet plans for children and teens. The celebrity couple will inform and educate parents about the company's flexible mobile services and inexpensive devices. By providing their children with their own phones and/or tablets, parents can teach them responsibility but still monitor their usage.

Related Link: 'DWTS' Star Antonio Sabato Jr. on Switch-Up Partner Allison Holker: "I Couldn't Ask For Anyone Better!"

This celebrity couple is already using Airtime Labs for their daughter. "It's family-based. It's about connecting better. Not only were we able to get Weslie a phone, but we were able to teach her how to use it," Boss explains. "We are still able to monitor what websites she's going to and how she spends most of her time on the phone, whether it's playing games or watching YouTube videos. That made me feel better about getting her a phone."

Chiming in, Holker adds that she wanted their daughter to have a phone but with a fair amount of supervision. "I wanted her to be able to reach out to me, but she can't just be on her phone all day," she shares.

Be sure to watch Dancing With The Stars on Mondays and Tuesdays at 8PM ET on ABC! You can follow the couple on Instagram @allisonholker and @sir\_twitch\_alot.

# Celebrity Wedding: 'Vanderpump Rules' Stars Katie Maloney & Tom Schwartz Are Married





Βv

#### <u>Cortney Moore</u>

If you haven't been keeping up <u>celebrity wedding</u> or <u>reality TV</u> news, then you might have missed out on the fact that <u>Katie Maloney</u> and Tom Schwartz finally got hitched! The two *Vanderpump Rules* stars took their <u>celebrity relationship</u> to the next level by becoming husband and wife on August 17. Their wedding took place at the Twenty Miles House in Northern California, and followed a "woodsey-elegance" theme according to Schwartz in an interview with <u>EOnline.com</u>. "My dress, when I put it on, I got goose bumps and I knew that was the dress I

was going to marry him in and it had all the elements that I really, really wanted," said Maloney in regards to her unique celebrity wedding dress and venue. Here's to hoping that this newly married couple also enjoys their honeymoon!

# The theme of this celebrity wedding was woodsey-elegance. What are three unique themes to have for your nuptials?

#### Cupid's Advice:

Weddings are glorious occasions that bring all sorts of people together. Most couples go the traditionally romantic route when planning their nuptials, however if you find yourself wanting to try something more unique then allow Cupid to show you some awesome theme options for your wedding day:

1. Get geeky: Are you and your future spouse into sci-fi or fantasy genres? If you both find yourself fans of "nerdy" pop culture, maybe you can implement this on your special day. Your theme can vary from Harry Potter, to Stars Wars or video games. This is an option that will ensure you both have fun on your wedding day!

Related Link: <u>'Vanderpump Rules' Stars Tom Schwartz & Katie</u>
<u>Maloney Give Celebrity Wedding Advice</u>

2. Be history: If you find yourself graviating towards certain periods in history, then maybe you can try a historical wedding. Your theme selection can be endless with this option. Whether you're a fan of medieval times, the revolutionary era, the 1950s or another period in time; you'll surely make your own mark in history with this unique theme.

Related Link: Jennie Garth Planned Rustic-Chic Celebrity

#### Wedding Without Wedding Planner

**3. Go venue:** A unique venue will definitely set your wedding apart, especially if it holds meaning for you and your partner. Your non-traditional wedding venue can be at a zoo, aquarium, camping ground, bar or any other place you can think of. This option is a great way to make sure your wedding will be remembered long after it's over.

Have experience planning unique weddings? Share your suggestions in the comments below.

# Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life





Ву

#### Cortney Moore

Unlike most young adults trying to find themselves in life, 20-year-old Tyler Henry has made an impressive name for himself in the reality TV scene with his clairvoyant abilities. As the star of the hit show Hollywood Medium, Henry helps his celebrity clientele reconnect with lost loved ones. The small town California native captivated audiences with his detailed readings and secured a second season on E! which premieres tonight, August 10. Aside from having an active medium practice, this reality TV star has also written his own memoir. Learn more about the upcoming season, his new book, and his love life in this exclusive celebrity interview.

## Hollywood Medium Star Opens Up About His Talents, Dating Life & Second Season In Exclusive Celebrity Interview

As to be expected, this young medium's life changed drastically after filming the first season of his show. One

aspect Henry is still trying to get used to after his television debut is being recognized by fans in his coming and goings. "Getting stopped on the street by people who've been personally affected by the show has been one of my favorite experiences," the reality TV star shares in our celebrity interview, "I love getting to meet fans of the show and hear their stories — everyone has one." And speaking of stories, there's many to tell in this upcoming season of Hollywood Medium. "There are so many moments that are deeply profound, some of my favorites being with people who may have started off as skeptics," Henry reveals. He especially enjoyed conducting a reading for singer and songwriter Moby, who Henry assures received touching results. Other celebrities to keep an eye out for in season 2 include Melissa Joan Hart and Kris Jenner, both of whom left the medium starstruck. The young psychic revealed that he'd like to read Lana Del Rey and Cher because "both are amazing performers with intriguing stories."

Related Link: Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!

In addition to being a medium to the stars, Henry finds time to do readings for non-celebrity clients as well. "The show only represents a small demographic of my overall clientele," he says, "I still read the public and people who need it. It's essential for me to have a balance during filming as readings can become physically and mentally draining." And despite having a busy schedule, this talented clairvoyant has written his first book, titled Between Two Worlds: Lessons from the Other Side that will be released in November. The book is a memoir of Henry's journey to becoming a medium, discussing life events that profoundly affected his upbringing, such as the passing of a childhood friend. "I think people will be surprised to see that many of the stereotypes people associate with don't apply to my situation," the psychic says. "In telling my story, I kind of demystify more of the outlandish

ideas that people often assume mediums believe. It isn't like *The Sixth Sense*, and healthy skepticism is something I embrace." Henry hopes that readers will find resonance in his experiences and learn that we're all interconnected. The book will also go in-depth about the lessons people on the other side can offer to the world of the living. In five years, Henry hopes to still be working on *Hollywood Medium*, conducting readings cross-country and setting up a charity for young people who've experienced loss.

#### Related Link: <u>Julie Andrews' Relationship Advice: How to</u> Survive the Death of a Loved One

Thanks to his clairvoyant abilities, Henry's been lucky enough to avoid nightmare date nights. Though there have been times he's felt "more connected to a date's deceased grandmother," but he typically goes with the flow during these situations. The 20-year-olds career as a medium has helped keep his life free from relationship problems. "When I'm dating someone, I often find I know whether we'll be going on a second date before the first one even really begins." But he also says that he isn't opposed to having his mind changed. His abilities just simply provide intuition about people's intentions or motivations. However, this rarely happens since many with ulterior motives "run for the hills" anyway when they discover his abilities.

Tune in for the new season of Hollywood Medium with Tyler Henry on E! on Wednesdays at 10/9c. Catch the premiere on August 10! You can keep up with Tyler on Twitter <a href="mailto:otyler-nymedium">otyler</a> on Twitter

# Celebrity News: 'Bachelor' Star Michelle Money Reveals Her Teenage Pregnancy





Вy

#### Cortney Moore

Reality TV star Michelle Money has made <u>celebrity news</u> once more, but this time, it isn't over her relationship status. Money, who is best known for her season 15 appearance on <u>The Bachelor</u>, has caught her fans attention by opening up about her teen pregnancy. In a <u>Youtube</u> commercial for the skincare company PMD, Money reveals that at the age of 15, she had to give up her son for adoption. According to an interview with <u>UsMagazine.com</u>, the 35-year-old reality TV star said, "I am very hopeful that one day I will get the chance to reconnect with my son. I know I will never take the place of his adoptive parents, but I would absolutely love to have some

place in his life if he will have me!" Money also has an 11-year-old daughter, Brielle. Fingers crossed that this famous family gets reunited soon!

# This celebrity news is very unfortunate. What are some ways to know if you're ready to have a baby?

#### Cupid's Advice:

Children are a blessing. Although babies can bring joy, some couples simply just aren't ready to have them. Let Cupid help you determine if you're ready for parenthood before you actually get pregnant:

1. Available: Babies require a lot of time, care, and patience. Evaluate your schedule and goals to see if you can take care of another life besides your own, just like Money did in this celebrity news. Whether you're focused on your career or trying to figure out what to do with your life you need to be honest with yourself about having the time to devote yourself to this baby.

Related Link: 5 Celebrity Couples That Adopted

2. Educate yourself: You'll never know if children are for you if you don't educate yourself on the topic. Take time to research what it's like to have a baby and what they need. Or if you're a hands-on learner, assist someone you know in caring for their baby. This will be the best way for you to see if you're ready to have one of your own.

Related Link: <u>Celebrity Baby: Matt Dallas and Husband Blue</u>
<u>Hamilton Adopt Little Boy</u>

3. See your doctor: Whether you think you're ready for a baby or not, you should consult your doctor if you're around child-bearing age. Your doctor will be the best resource in helping you plan accordingly. Remember that your health should always be the top priority before bringing another life into this world.

How do you know whether or not you're ready for a baby? Share your stories below.

# Celebrity News: 'Bachelorette' Contestant Luke Pell Says He Still Loves JoJo Fletcher





Ву

#### Stephanie Sacco

Fans of the reality TV show <u>The Bachelorette</u> saw the devastating send off of Luke Pell after <u>JoJo Fletcher</u> sent him home in fourth place following the hometown dates. According to <u>UsMagazine.com</u>, even after the series came to an end and the <u>Men Tell All</u> special aired, Pell admitted to still loving Fletcher to this day. He said, "I still do love her. [She'll] always have a piece of my heart." In the latest <u>celebrity news</u>, Pell told Fletcher he loved her right before she shipped him out. The look on his face said it all as he realized it was too late. This celebrity couple could have had it all, but unfortunately, they called it quits. Perhaps Pell will get another shot at love on reality TV. Fingers crossed!

# This celebrity news has our hearts hurting. How do you fall out of love with an ex?

#### Cupid's Advice:

Falling in love can be new and exciting, but it doesn't always

end well. In the end, sometimes half of the couple has a harder time finding their way out than the other, just like with this celebrity news. Cupid is here to help:

1. Find someone new: It doesn't always work wonders and it isn't instantaneous, but sometimes a distraction can help you move on. Whether it's a fling or a new boyfriend, it's something different. This is the way out of the maze of your feelings.

Related Link: <u>Celebrity News: 'Bachelorette' Contestant Robby</u>
<u>Cries About JoJo Fletcher Hearing Rumors About Past</u>
<u>Relationship</u>

2. Closure: Talking to your ex about the problems or realizing what went wrong in the relationship can help close off that chapter of your life. Get rid of all the old memories and mementos of the relationship and put it behind you. It'll be better in the long run if you get over them as soon as possible.

Related Link: 'Bachelorette' Star JoJo Fletcher Says Goodbye to Two Suitors Pre-Hometown Dates

**3. Time:** Sometimes all it takes to fall out of love is plenty of time. You can't expect to move on completely right after experiencing heartbreak. Don't give up on love, but take a step back from it.

How do you shake off feelings for an old flame? Comment below!

### 'Botched' Star Dr. Paul

# Nassif Launches New Anti-Aging Skincare Line





Inter

view by <u>Lori Bizzoco</u>. Written by <u>Rebecca White</u>

For those of us who are feeling aged, don't get enough sleep or are constantly stressed, a good skincare product always helps us look and feel better. But, with so many beauty products on the market, how can a girl even choose. That's why we were thrilled to find out that our trusted TV doc, plastic surgeon and former *Real Housewives of Beverly Hills* reality TV star, Dr. Paul Nassif launched a new anti-aging collection, Bio-Clock Dermaceuticals earlier this year. This skincare line is no joke. It fills your pores with love.

During an exclusive celebrity interview with CupidsPulse.com, the star of E!'s reality TV show *Botched* spoke about his new collection and shared details surrounding how his amazing

beauty products will cleanse and hydrate your skin just in time for your next <u>date night</u>. You can even check out the famous doctor's summer beauty tips and learn how these products can cleanse, exfoliate, hydrate, and protect your skin in our product review below.

## Dr. Paul Nassif's Summer Beauty Tips

As a facial plastic surgeon, it comes as no surprise that Dr. Nassif looks at skin differently than a dermatologist would. Even when he's doing a facelift, the reality TV star says he can see the loss of elasticity, collagen, and hydration. That's why his goal was to have active ingredients in his new beauty products, such as ElastaDermC, a potent form of vitamin C, and retinol which will really make your skin glow. Dr. Nassif's skincare line features all of the essential ingredients for a proactive summer, such as the gentle cleanser, detox pads, hydro-screen hydrating serum, and night beauty serum. Like the doctor says, these products will "wipe away the signs of aging." The surgeon explains how to use these products effectively this summer with his beauty tips below.

# Related Link: <a href="Product Review">Product Review</a>: <a href="Express Your Love With a Chalk">Express Your Love With a Chalk</a></a> <a href="Me UP! T-Shirt">Me UP! T-Shirt</a>

- 1. Cleanse. This is especially important during the summer because of the hot and humid weather which leads to sweat that takes longer to evaporate off your skin. The *Pure Hydration Gentle Cleanser* is gentle enough to remove eye makeup but tough enough to remove pore-clogging debris. Don't let that humid weather ruin your skin's glow.
- 2. Exfoliate. Make sure you exfoliate at the right times. Not only will it help you maintain a fresh fake tan, but gentle

facial exfoliation will help create a better canvas for makeup application allowing your skin to wear less on those warm, summer evenings. The *Detox Pads* in Dr. Nassif's new anti-aging skincare line are shown to remove 108% more makeup and dirt than soap and water because of ingredients like retinol, glycolic acid, and salicylic acid (see image above). You will love how amazing your skin feels after a 30-second detox session with this age defying product. Remember to exfoliate the morning after a swim in the pool or ocean, not prior.

# Related Link: <a href="Product Review">Product Review</a>: Find Out Why Celebrity Babies Love Lorena Canals Rugs

- 3. Hydrate. Stay hydrated. You may have let up on this a little since winter left the premises, but don't give it up for good. A solid moisturizing routine can do many beneficial things for your complexion. Dry skin is unhappy, damage-prone skin, so apply a product to protect it from summertime drying agents like sunburns, salt, and chlorine. The new Hydro-Screen Hydrating Serum is a lightweight moisturizer that plumps as it hydrates. "Your skin drinks this product," the surgeon said in an exclusive celebrity interview with CupidsPulse.com. "This is one of the only products that hydrates your skin. Our goal is to increase hydration, luminosity, and help the appearance of discoloration."
- **4. Protect.** Your skin is a barrier that protects you from environmental aggressors like pollution, bacteria, and moisture loss. Keeping your skin healthy helps that barrier continue to work properly. Protect your skin with products that contain antioxidants which will help repair damaged skin and prevent free radicals from doing undesirable work. The *Day Therapy Energizing Creme* and *Night Therapy Antioxidant Night Serum* will revitalize your skin, increase the effectiveness of your sunscreens, and boost your skin's defense against UV exposure. Dr. Nassif says these products work for your entire face.

These beauty products are proven to reduce dry lines, wrinkles, age spots, sun spots, and discoloration. Many of Nassif's patients have noticed that their skin returned to its natural tone after using the product line. Don't believe us? The reality star and doctor uses his own products, and at 54 years old, he looks 10 years younger.

Whether you're getting ready for your next date night or just keeping up with the latest beauty tricks, Dr. Nassif's antiaging beauty products have you covered. Be prepared to feel the difference of the active ingredients working to help you through the aging process.

To learn more about or purchase Dr. Nassif's beauty products, visit the HSN site.

# Celebrity Couple Rob Kardashian & Blac Chyna Tease New Reality TV Show with Instagram Post





#### <u>Cortney Moore</u>

If you haven't been keeping up with Rob Kardashian, then you might not be aware that he and his fiancée Blac Chyna will be getting their own reality TV show on E!, which will be titled Rob & Chyna. Kardashian posted a snapshot of himself and Chyna filming the show on Instagram. UsMagazine.com reports that the docu-series will follow the celebrity couple as they prepare for the birth of their baby. The series will consist of one hour segments and six episodes, and that there will be an hour long special documenting the birth of their celebrity baby. "Very few love stories have created as much pop culture buzz as Rob and Chyna's, and we are thrilled to see Rob in such a happy place," said E! Executive Vice President Jeff Olde about the network's newest reality TV show. "We are excited to share the next chapter in their relationship."

# This celebrity couple is getting "real!" What are some ways to work

# on effective communication in your relationship?

#### Cupid's Advice:

Communication is absolutely essential for successful relationships. Even if you and your significant other feel like you communicate fine, there is always room for improvement. Cupid is here to help you get better at communicating:

1. Make small talk: Conversations don't always have to be "deep." It's okay to be friendly and talk about lighthearted topics. This is a great way to learn about your partner's day and how they're currently feeling.

Related Link: Celebrity News: Rob Kardashian & Blac Chyna Celebrate Her Birthday in Miami

2. Ask questions: Being able to ask questions shows you're an engaged listener. Your partner may not say it, but they'll be glad you're showing interest in what they're saying, and may even appreciate that you're not afraid to ask for clarification.

Related Link: <u>Celebrity Wedding: Get Details on Blac Chyna's</u>
<u>Engagement Ring from Rob Kardashian</u>

3. Share stories: In relationships, we often focus on the present and future. Take a moment to get to know each other better and exchange stories based on your experiences. You'll gain insight that you hadn't noticed before. Sharing personal details will definitely make you feel closer to your partner.

How have you worked on communication in your relationship? Share your stories below.

# Celebrity News: 'Bachelorette' Star JoJo Fletcher Says Chad 'Wasn't Meant to Be My Husband'





Βу

### <u>Cortney Moore</u>

In the latest *Bachelorette* <u>celebrity news</u>, <u>JoJo Fletcher</u> reflected on saying goodbye to her prospective beau Chad Johnson. According to <u>People.com</u>, Fletcher opened up about her <u>celebrity relationship</u> with Johnson, saying, "Chad Johnson was one of my top guys, but I started hearing about drama." The 25-year-old reality TV starlet was truly surprised

by Johnson's behavior in the house. "When I finally saw, it blew me away," she said. Fletcher went on to say that Johnson wasn't meant to be her husband, but she wishes him the best. However, it appears Johnson isn't too broken up about the split and is scheduled to appear on the <u>reality TV</u> spin-off Bachelor in Paradise.

## This celebrity news isn't exactly shocking. What are some ways to get rid of an obsessive ex?

#### Cupid's Advice:

Breakups are rough. At some point you'll get over the split and will go on with your life. Your ex may not be as fortunate and may try to cling onto the past. Let Cupid help you get rid of your obsessive ex:

1. Tell the truth: Be honest with your ex and let them know that you no longer see a future with them. Telling the truth might be hard, but it's unfair to mislead and string them along. Your ex may finally let you go in peace if they understand there's no hope for a relationship.

Related Link: <u>Celebrity News: 'Bachelorette' Star JoJo</u>
<u>Fletcher Says Goodbye to Two Suitors Pre-Hometown Dates</u>

2. Cut them off: Another great option is to cut off all communication with your ex. This includes ignoring texts and calls. You may even need to use the block features on your phone and social media accounts. It might seem harsh, but disappearing from your ex's life is a sure way to get rid of them.

Related Link: <u>Celebrity News: 'Bachelorette' Star 'Bad Chad'</u>
Johnson Claims Contestants Are Cheating on Their Girlfriends

3. Move on: If for whatever reason you still want to stay in contact with your obsessive ex, another option you may have is to show that you moved on from them. If you're happily single, make sure your ex can see that. And when you're finally dating again, make sure your ex is aware of that too. A happier and busier you may deter your ex from pursuing a romantic relationship with you.

Have you ever had to get rid of an obsessive ex? How did you do it? Share your comments below.

Celebrity Interview: 'Famously Single' Star Dr. Darcy Reveals Her Favorite Cast Members & Those Who Surprised Her Most





Ву

#### Rebecca White

Over a year ago, Dr. Darcy Sterling received an email inviting her to audition for a new reality TV series, Famously Single, which focuses on helping eight single celebrities work through their relationship problems. Having made her television debut on E! in 2011, the network was familiar with her, so she flew out, auditioned, and the rest is history. Her experience as a licensed clinical social worker and relationship expert facilitates her work to help individuals and couples who want more out of life. She hosts workshops focused on psychology and runs a Q&A blog. In our exclusive celebrity interview, Dr. Darcy dishes on the Famously Single cast members, from who was her favorite to who surprised her the most, and shares her best relationship advice.

## Dr. Darcy Dishes On *Famously Single* Cast In This Celebrity Interview

In the latest <u>celebrity news</u>, before filming the show began, Dr. Darcy reveals that she was most concerned about working with *Jersey Shore* star Pauly D. "Based on what I knew of him,

which was very little, he's a big prankster always making wise cracks. I thought he was going to be the difficult, oppositional child in the classroom," the social worker shares. "He actually turned out to be one of my favorites! Not that a mom really has favorites, but he was a delight to work with. He came in so earnest and really showed up with an openness to the process that made it so easy to work with him." However, now that she's finished filming the show, Dr. Darcy says that Somaya Reece surprised her the most. On the show, Reece shared her story of domestic abuse and became a poster child for resilience. "How she bounced back from that was mind-boggling," Dr. Darcy says. "It speaks to human resilience and she is such an inspiration."

Related Link: <u>Celebrity Interview: 'RHOD' Star Stephanie</u> <u>Hollman Says Her Life Is All About Her Family</u>

The main premise of the reality TV series is to teach relationship skills to celebrities who are infamous for being single. But since filming ended, the celebrities who have the best chance of finding love after this experience are those who were able to learn about themselves. "Those celebs that walked away learning about themselves, taking personal responsibility, recognizing that they've made mistakes in the past that having nothing to do with being famous are the ones who have the best chance at finding love," the therapist says. While being famous supersizes relationship problems, notoriety doesn't create problems that didn't pre-exist. With Dr. Darcy leading the group therapy sessions, these celebs can't use fame as the reason for their relationship issues. "The fact that they're famous is not justification for why they're single," the psychologist shares. After discussing their issues and teaching them relationship skills, the celebrities have had a chance to practice these skills through interacting with each other and mock dates.

Related Link: <u>Celebrity Interview: 'RHOD' Star Cary Deuber</u>
Says Co-Star LeeAnne is "Loud and Obnoxious"

The <u>celebrity couple</u> who made the biggest splash in the headlines was Brandi Glanville and Calum Best, who began dating on the show. Although their courtship has ended, Dr. Darcy says both celebrities have learned a lot about themselves from the experience. "Brandi is much more aware of certain things she's done and Calum has thrown himself into yoga, which is major progress for him," she adds. "The show wasn't meant to create long-term sustainable change, though. It was intended to provoke a level of awareness in everyone and ignite a desire in each individual to go on their own journey and do their own work." After working with the celebs, the therapist says that Glanville does tend to pick the wrong people for her, but that there is a reason she's attracted to certain types of people. "Brandi has done a lot of work on herself and her work's not done," she says. After all is said and done, Dr. Darcy said filming Famously Single was an amazing and challenging experience, saying, "I would love a second season."

#### Reality TV Therapist Shares Best Relationship Advice

From filming a hit reality TV show to managing time with her clients, Dr. Darcy has a busy schedule. However, she knows that her relationship needs to be her top priority. "You cannot give everything you have away at work," she says. "You have to come home with a little reserved. It's unacceptable to come home on empty." The reality TV therapist says that relationships require work every single day and that it's a fallacy that relationships "shouldn't feel like work." If you're struggling to manage your relationship and busy lifestyle, think back to what created your relationship. Think back to the beginning when you courted, seduced, supported, encouraged, and admired your partner. After the honeymoon phase, relationships are about self-discipline. "You have to incorporate it into your everyday life," Dr. Darcy says. "This

is the person you want to show up most for, not the least." In her own relationship with her wife Stephanie, it is all about self-care. The duo makes sure they are highly involved with hobbies, such as yoga, dance, meditation, and CrossFit. "Steph and I try to walk the walk," she shares. "There have been times when we haven't engaged in the level of self-care we need to and our clients reflect that. They don't absorb the information if we don't walk the walk."

Related Link: <u>Celebrity Interview: Reality TV Matchmaker</u> <u>Carmelia Ray Says, "Take Actions That Are Consistent With Your</u> <u>Commitments"</u>

The most important skill to maintaining a healthy relationship is communication. "You have to be willing to listen to your partner, even when you're tired and feel like they're picking on you," Dr. Darcy says. It is crucial that you actively listen, remain guiet, and control the impulse to be defensive. You have to mirror back and paraphrase what they said so they know you listened to them and you know you understood. Most of the time, your partner just wants to be heard. "If you can deliver that to your partner, you have a basis of a great relationship," she says. Once you learn the basic relationship skills, all of your relationships will improve because you will use these same skills with your family and friends. "I really hope people are motivated to learn about relationship skills because the quality of our lives is predicated on the quality of our relationships," Dr. Darcy reveals. "It's the most important thing in our lives and nobody teaches us." At the end of the day, the best love advice from Dr. Darcy is the metaphor: "Use the good china every night." Relationships are about showing up for your partner the same way you would for a stranger or company that you're trying to impress. Make every day a date and bring romance into everything you do.

Famously Single airs on Tuesday's at 10 p.m. on E!

You can keep up with Dr. Darcy on her website or Twitter.

# Celebrity Interview: E!'s 'Famously Single' Dating Coach Laurel House Says "Every Episode Has Drama!"





Inter

viewed and Written by <a href="Cortney Moore">Cortney Moore</a>.

Last month, *E!* debuted it's newest reality TV show, *Famously Single*, which features one of Cupid's own, Laurel House. As an experienced relationship expert, House has had the opportunity to work closely with celebrities to fix their love lives, so it was only natural that *E!* selected her as one of the dating coaches to bolster their celebrity cast. In our exclusive

<u>celebrity interview</u>, House opens up about her experience on the show and the <u>relationship advice</u> she offered the celebrity cast members.

#### Celebrity Interview: Laurel House Talks E!'s Newest Star-Studded Reality TV Show 'Famously Single'

Famously Single explores the dating lives of eight celebrities: Brandi Glanville, Aubrey O'Day, Pauly D, Jessica White, Willis McGahee, Somaya Reece, Calum Best and Josh Murray. With House's expertise and guidance, each celebrity is able to examine their behavior and past experiences in order to understand why their relationships have failed. But why do celebrities often experience failed relationships in the first place? House says, "The reality is that just because they're celebrities, doesn't mean that they're really all that different when it comes to entertaining difficulties and insecurities." She went on, saying, "Anyone can relate to the dating problem the celebrities are struggling with." In her expert opinion, celebrities are relatable because their insecurities stem from fear. Their careers require them to have both public and private personas, which sometimes conflict and are damaging if revealed.

Related Link: <u>Celebrity Interview</u>: <u>Reality TV Matchmaker</u> <u>Carmelia Ray Says</u>, "Take Actions That Are Consistent With Your Commitments"

Prior to meeting the cast, House expected the celebrities to be "high maintenance or catty," but was pleasantly surprised when she was able to work with them. "They were all truly amazing human beings, with the most gigantic hearts," she says. She also expressed how delighted she was to see these stars open up and reveal their more vulnerable sides. Two

celebrities who stood out in her mind when discussing authenticity and kindness were Pauly D and Calum Best, both of whom are known for their wild party sides. "There is so much more than that," she reveals, referencing who they truly are. As far as which cast member inspired her, House says it was Somaya Reece who opened her eyes. She adds, "She's been through a tremendous amount of pain and difficulty in her life, and she's overcome it more than anyone I've ever seen." House believes the challenges in Reece's life made her fragile, which is similar to the stories of many celebrities. "There is some fragility with these celebrities. Yes, they're very strong and put up strong exteriors, but that's for public consumption. They do have a very fragile and soft side, and that's the beauty of them."

Though House was able to get most of the celebrities to open up, her experience as their dating coach was not all smooth sailing. A number of the celebrity cast members gave her a difficult time at some point or another while filming. Two such celebrities were Willis McGahee and Josh Murray, both of whom she met in episode 2 during the cast's outing to a club. "I was personally very surprised by Willis's request to join him in the bathroom," House admitted when asked about the incident. Although she was surprised by his invitation, she wants audiences to understand that a situation like this isn't uncommon for a professional athlete. "In the sports industry, women are throwing themselves at you," she explains. "So while it was surprising to me, it's not a surprise that it happened. And it's not reflective of Willis as a human being because he's a really good man; it's just that he has been shown that this is the norm throughout his life as a football player." Murray's standoffish behavior towards her, on the other hand, was very disheartening. "Instead of taking the connection that we had and turning that into a conversation, he took the connection and immediately thought that I was conniving," House says about their interaction at the club. Despite Murray's harsh treatment, she understood where he was coming from. "He's the newest celebrity in the house and he's not used to all this additional attention," House says. She went on to explain that many celebs are defensive because they're unsure of people's ulterior motives.

Another challenge House faced while trying to mentor the celebrities were changed personas when the cameras were rolling. With Calum Best in particular, House's skills were tested in getting him to show his real self while the cameras were on. Aside from changing personalities, House reveals that the most challenging and fun celebrity to mentor was Aubrey O'Day. "She didn't just take my advice and do what I said. She wanted to discuss it and really come to wrap her head around it and understand the theory behind it and why," House explains in our celebrity interview. "The questions that she asked showed me that she was invested in making change and analyzing herself so she could be in a real sustainable, loving and happy relationship, which she found in Pauly D." And O'Day isn't the only celebrity who has found love through the show. According to House, Reece has also found love with a woman where there is "mutual respect and mutual adoration," which were essential pieces she was missing in her past relationships.

#### Related Link: <u>Celebrity Interview: Virtually In Love's Kansas</u> <u>Discusses Falling In Love Online</u>

House hopes the other, currently single, celebrity cast members will be able to find love through the <u>relationship</u> advice she provided for them during the show. The piece of advice she believes is crucial to their success is having real and substantive conversations. For celebrities, she says it's important "to get away from the 'I'm a celebrity' conversation and get into the real conversation where the celebrity no longer feels like a celebrity, but feels like a normal person." Aside from valuable love advice, House assured us that Famously Single is still a reality TV show packed with entertaining drama. "Every episode has a big surprise, every

episode has drama. Truly every single day I could not wait to get into that house and see what was going on." But despite having fun on set, cast members on the show took their roles very seriously. There was not a single person House doubted and she hopes viewers will see how pure everyone's intentions were. "Everyone at their core is looking for love and connection. No matter what they say, that's the desire."

Famously Single airs Tuesdays on E! at 10 p.m. EST.

You can keep up with Laurel House on <u>Cupid's Pulse</u> or find more information on her Twitter @DatingLaurel and <u>website</u>.

# Celebrity Interview: Brandi Glanville Is More Than a Housewife on 'Famously Single'





Inter

view by Lori Bizzoco. Written by Stephanie Sacco.

Brandi Glanville is more than a "real housewife" and reality TV star. She's also a single mother looking for a good man. Known mostly for her infamous (drinking) escapades on *The Real Housewives of Beverly Hills (RHOBH)*, the mother of two has joined the cast of the new reality television series, *Famously Single*. The new E! series centers around eight single celebrities living in a house together with the goal of mending their broken hearts and relationship issues once and for all. The singles are advised by relationship coaches, practice dating techniques and attend group therapy sessions throughout the season.

Glanville opened up to <u>CupidsPulse.com</u> in an exclusive <u>celebrity interview</u>, where she gave us the scoop on her recent Instagram booty post, filled us in on her tryst with Calum Best and dished on all things marriage, love and her experience on the new reality TV show, *Famously Single*.

#### Reality TV Star Brandi Glanville

## reveals who the booty Instagram & Tweet were for in our celebrity interview.

Glanville has kissed a lot of frogs in her dating life but last week she addressed her most recent (ex) flame on social media by sharing two pictures of her booty on Instagram and on Twitter, where she reclaimed her body and said it no longer belonged to him. The photo created a lot of celebrity news headlines but Glanville gave us the real scoop on who that booty shot was intended for saying, "There's always that guy that you go back and forth with and you know it's not good for you, but he's there when no one else is."

She says the relationship was on again, off-again for about a year before she decided to end it for good on social media. "We would just hook up but we would never really go out together," explained Glanville. "He's an actor and he didn't want to be seen with someone on a reality show because I guess it makes him less legitimate as an actor."

Related Link: <u>Celebrity Interview</u>: <u>Virtually in Love's Kansas</u>
Discusses Falling in Love Online

Glanville decided to go along with the half-relationship and let it play out. But last week, on her way to his Fourth of July party, her love interest called and told her not to come because it wasn't the best idea that she be there. Her response? "I got a bottle of rosé, I went to my gay husband's house, we made Instagram videos, and I taught him how to walk on a runway, and that was my Fourth of July." Instead of letting her flames rejection consume her, she took to social media and ended it-her way!

#### Reality TV Star Addresses Recent Celebrity Gossip

The most recent <u>celebrity gossip</u> has focused on the fact that Glanville claims she never wants to get married again and while she admits that to be true she also says that she "would love to meet someone who changes her mind." Glanville says that she is open to the possibility if it happens but "she doesn't need a paper to define the relationship." I guess never say never. On RHOBH, Glanville says that she wasn't seen as a mother with emotions and a woman with a romantic side, but instead as 'your drunk friend Brandi.' Famously Single shows a different side to the former model and allows her to be herself.

The former RHOBH star says that she was skeptical about doing another reality show and unsure how open she should be about the process. "I used to be very touchy feely, and I used to snuggle and now for seven years I don't do PDA, I don't snuggle," she says. Her doubts proved unnecessary because she did connect emotionally on the show with her new Bestie, Calum Best. "Luckily I met someone in the house that I ended up having feelings for," says the Famously Single star. "It made me feel good again. It made me feel like I'm ready for this again and I don't have to be so tough and scare everyone off. I really just need to put myself out there and if I get hurt, I get hurt." The most important part of life is learning how to cope with change and moving on after hard times.

Related Link: <u>Celebrity Interview</u>: <u>Virtually in Love's Iyanya</u>
Discusses His Online Relationship

Famously Single taught Glanville a lot about herself, although she didn't find lasting love in the end. She says Best, her equally famous and single love interest, played a huge part in helping her figure things out. "Ultimately I love him, I adore him. If he was five years older and lived here, things would be different."

Being on the show was a life changing experience for Glanville and she received plenty of great <u>relationship advice</u>. "I realized that I have to be softer. I have to let people in and give them the chance to get to know me."

Instead of exploiting single celebrities and trying to make them look bad, the dating coaches on Famously Single try to help them fight through their dating past to make a better future. "I want to be a girl sometimes. I want to let that side of me down and I want to be vulnerable, but having said that I know that's how I get hurt," Glanville says. "So it's just about finding that recognition and Laurel and Darcy helped me find it."

Related Link: <u>Celebrity Interview: Reality TV Matchmaker</u>
<u>Carmelia Ray Says, "Take Actions That Are Consistent With Your</u>
<u>Commitments"</u>

Glanville doesn't want to dwell on the past and she isn't interested in ever going back to the RHOBH show that made her famous. According to Glanville, her time on Famously Single was nothing like RHOBH. "It was completely different," she says. "They weren't trying to have us fight with each other. We were all there to work on ourselves. I fell in love with all of them a little bit. It was nice. It was a completely different experience."

Famously Single airs on Tuesdays at 10 p.m. on E!

You can read all about Brandi Glanville's love life in her books on Amazon or follow her on Twitter.

# Celebrity Interview: Virtually In Love's Iyanya Discusses His Online Relationship





Tnter

view by <u>Lori Bizzoco</u>. Written by <u>Dena Linzer</u>.

Iyanya and Maria met and began dating online. Their story is just one of the many relationships followed on Oxygen Media's new reality TV show, *Virtually in Love.* The show takes the popularity of online dating and creates an exciting reality TV experience, where we follow young and eager couples as they progress in their relationships. Cupid's Pulse had the pleasure of getting to know Iyanya and Maria in our exclusive celebrity interview.

#### Virtually In Love's Iyanya Discusses Online Relationship & Provides Relationship Advice in Celebrity Interview

An unlikely place to find love, the social networking app, Instagram brought Maria and Iyanya together. "I was not looking to date anybody. I liked her humor and I thought she was attractive," Iyanya says of Maria, a 33-year-old lash stylist living in Sweden. After several months of talking through direct messenger on Instagram, the two got to know each other and soon found themselves in a relationship.

Related Link: Dating Advice: The Psychology of Online Dating

The Brooklyn native was not concerned about the distance between himself and Maria, although he resides in Brooklyn, NY and she was living in Sweden. He considered it a "low-pressure situation." At first, Iyanya did not rush into the relationship, wanting it to form organically and not feel forced. The current model, actor, and DJ had no intention of dating and was focusing on his career. But the couple instantly fit together, "It didn't take long to realize we actually enjoyed each other."

The concept of *Virtually In Love* is that audiences get to know a couple that has been in an online relationship while watching them as they break down barriers by meeting in person and being introduced to their significant other's friends and family. For Iyanya and Maria, they dated for four months before deciding to take their relationship to the next level and meet in person. Their initial meeting was in Brooklyn, in front of the show's cameras and they definitely felt the pressure. However, Iyanya said he was happy to finally connect with Maria face-to-face, "I felt alive," he says of their

first encounter. Maria stayed with Iyanya for a week. "I loved the way she smelled," something unattainable and unknown through an online connection.

When asked if there was anything unexpected that he felt when they first met, Iyanya mentioned that Maria was shorter than he expected. But meeting in person did not change the emotional part of their relationship too much,"the vibe was always there" he said in our celebrity interview. He went on to explain that there were some big differences between talking online and meeting in person, and the emotional aspect of their relationship was online, but now in-person they introduced the physical aspect as well.

#### Related Link: Love Advice: What Makes A Great Online Dating Profile

When it comes to relationship advice and tips for dating online, Iyanya stresses the importance of naturally getting to know someone and not forcing a relationship. "In relationships, people tend to prematurely get together," he says. The self-described people person feels it's crucial to be true to yourself in online relationships because the truth will come out either way. "Know yourself," he advises.

Keep up with Iyanya and Maria's celebrity relationship on *Virtually In Love* and find out if they stayed together or drifted apart.

Virtually In Love premieres Tuesday, May 24 at 9 p.m. ET/PT on Oxygen Media.

# Celebrity Interview: Reality TV Matchmaker Carmelia Ray Says, "Take Actions That Are Consistent With Your Commitments"





Βу

#### Rebecca White

On May 3, a new Myx TV original dating series premiered that tested the old cliche that "mother knows best." Carmelia Ray is the world-renowned professional matchmaker star in the new series, *Mom vs. Matchmaker*, which challenges a matchmaking titan with over 20 years of experience to find, train and prep a better suitor than determined moms who are inserting themselves into their single child's love life. In our

exclusive <u>celebrity interview</u>, the relationship expert talks about the new reality TV show and gives her best love advice.

## Carmelia Ray Talks New Reality TV Show, 'Mom vs. Matchmaker'

With any reality TV show, the contestants' future happiness is on the line in the hit new series. Emotions run high and audiences are able to get a behind the scenes look at the matchmaking process. As the matchmaker, Ray is most excited for viewers to see what it takes to find a match so they can appreciate the process of working with a matchmaker. "Matchmaking is a real alternative and a great one at that," the expert says. "Viewers will be surprised at the lengths that both mom and I go to, to find the perfect match."

Related Link: Celebrity Interview: 'Full House' Star Candace
Cameron Bure Talks 'Fuller House' & Relationship Advice

The matchmaking process isn't just about finding someone who marks off checks on a list but is a creative training process. As the matchmaking titan says, "Nothing is predictable." The show features many twists and turns, because even if a choice seems obvious and makes the most sense, people tend to go with their gut, even if goes beyond what they say they want. Overall, the show also displays that mothers don't always know best. "I'm a mom and I'm willing to admit I don't always know best," Ray says with a laugh. "There's no manual and there are a hundred different ways to deal with a situation, so even though moms have a strong sense of what an outcome should be, they don't always know best."

#### Matchmaker Gives Best Love Advice

With summer right around the corner and summer love on everyone's mind, turning a summer fling into a full-fledged

relationship can be tricky. Ray's best dating tips for summer love are to avoid sleeping with someone on the first date and take your time. "There's something to be said about saving yourself sexually," she adds. Slowly reveal yourself, because the mystery is half the charm.

Related Link: <u>Celebrity Interview: 'RHOD' Star Stephanie</u> <u>Hollman Says Her Life Is All About Her Family</u>

Along with summer love, comes wedding season. If you're single and navigating the upcoming wedding season, you don't have to bring your summer fling as a date. "It's always great to bring a date who has no expectations," the reality TV star says. "Bring a wing woman or a wingman or the DD." When you're single, going to a wedding doesn't have to have pressure or be awkward. You can bring someone who has your back and complements you so you can have a good time. But remember that the wedding day is also about your friend who is getting married. If you see that the bride is having cold feet, have them list everything that they love about their partner. "Ask them what they're really nervous about because a lot of times they are focusing on what can go wrong in the relationship," Ray says. To help your pal through this, have them remember why their partner is a good match and how their life is better with that person.

Related Link: Celebrity Interview: Blake Cooper Griffin Gives
Relationship Advice & Says, "Don't Be Reckless With Other
People's Hearts"

You may also have friends who are already married and have thriving careers and families. Managing a career and a family isn't always easy, but moms need to remember to have "metime." In order to get their energy and mood up, moms have to make themselves a priority and let their family know what they need. Busy moms can also find support groups who have similar interests and will encourage you to get involved in the community. Whether you enroll in a group that does activities

you like or a group of moms that support each other, look to other people to help you out. Focusing on your relationship is a great idea, as well. Making time for romance, your career, and your family is tough, but it's all about prioritization. "If you value your relationship, you'll make time," Ray says. "Everything else is just excuses." In our celebrity interview, the reality TV star shared that the best love advice she's ever received was to "Take actions that are consistent with your commitments." If you say you're committed to your relationship, then make sure you're calling your partner or texting them updates. If one thing is for sure: This matchmaker does not take excuses.

Mom vs. Matchmaker airs Tuesdays on Myx TV at 8 p.m. EST.

You can keep up with Carmelia Ray on <u>Twitter</u> and her <u>website</u>.

#### 'Rich Kids of Beverly Hills' Reality TV Stars Play Brides Magazine Nearlywed Game





#### By <u>Dena Linzer</u>

The days before your wedding are exciting, nerve-wracking, and very very busy. It's a time to test your patience as a couple and get to know one another even better. This is no different for celebrity couples and reality TV stars. The *Rich Kids of Beverly Hills* reality TV stars and soon-to-be-newlyweds, Morgan Stewart and Brendan Fitzpatrick, play the Nearlywed Game, hosted by E.J. Johnson to test how much they pay attention to their significant other and answer questions about their celebrity wedding.

How well does the reality couple know each other? Find out!

The video is now live on <u>Brides.com</u> and <u>Brides</u>' channel on <u>THE</u> <u>SCENE</u>, the video platform from Condé Nast Entertainment.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

#### Celebrity Interview: 'RHOD' Star Cary Deuber Says Co-Star LeeAnne is "Loud and Obnoxious"





Inter

view by <u>Michelle Foti</u>. Written by <u>Dena Linzer</u>. Edited by <u>Lori Bizzoco</u>.

The trailer for *The Real Housewives of Dallas* is full of glitz and glam, lively nights out and of course episodes filled with drama. The big spenders and even bigger egos take on the Texas city with their scandals, parties, and unfiltered mouths. In our latest <u>celebrity interview</u> on CupidsPulse.com, we had the pleasure of chatting with cast member and reality TV star Cary Deuber, where we got the scoop on what to expect this season from the Texas bombshells. Deuber, an East Coast native, also

chatted about her marriage, motherhood and how she feels about her co-stars.

#### Reality TV Star Cary Deuber Gives Us Relationship Advice In Celebrity Interview

New to the reality TV scene, Deuber is a certified registered nurse first assistant (CRNFA), but that's not her only job. She also has a daughter, two step-children, and three dogs, with her husband, successful plastic surgeon, Dr. Mark Deuber. The couple met while at work, where they had a strictly professional relationship but when they found themselves both single, they decided to give it a go. The yoga enthusiast and travel fanatic works side-by-side with her husband now.

Related Link: <u>Celebrity News: Teresa Giudice Says She Will</u> 'Miss the Passion' When Joe Goes to Prison

Most couples would have a difficult time maintaining a healthy relationship working with their spouse but Deuber says they are best friends. "We have a mutual respect for each other. At work he's my boss, at home I'm his," the star says. The dedicated mother feels that it is important for the audience to see that she has a career and a family. "I'm a working woman," she says. "I think it will be interesting for viewers to see that I'm a hardworking mother."

Deuber explains her decision for joining the cast by saying, "I try everything once in life, that's my motto." The Connecticut native does admit that whenever you put five women together there is bound to be craziness and plenty of "ups and downs." If the trailers are any indication, we will certainly see Deuber in the middle of her own drama with co-star, LeeAnne Locken. "She just thinks she owns the city. I just find her loud and obnoxious," she says calling her a "Dallas"

Socialite" in the trailer. "If I had to vote someone off the island, it'd probably be LeeAnne."

Deuber considers Stephanie Hollman and Brandi Redmond her closest friends and acknowledges that she has no regrets about her time on the show. "I'm very excited with how all of this turned out," she shares.

Related Link: Celebrity Baby News: 'Real Housewives' Star Kandi Burruss Gets Real About Tackling a New Baby

At the end of the day, it all comes back to Deuber's family and husband which she puts first before anything else. "Making my husband a priority keeps our relationship as great as it is," she says describing her favorite date night by far was the night they got engaged. "It was in Turks and Caicos and we were just laying by the pool and he proposed to me. It was amazing."

The best piece of dating advice Deuber offers for a successful marriage is to make sure your spouse is your priority. "Make time for them, and make sure everyday you're telling them you love them and how important they are in your life," she adds. The philanthropist and animal lover stressed the importance of vocalizing appreciation and having open communication on a daily basis.

In our celebrity interview, Deuber hints that we will be seeing a lot of their relationship on the show this season. "I call him my backpack, and I take my backpack everywhere with me," she laughs.

The Real Housewives of Dallas airs Mondays on Bravo at 10 p.m. EST.

You can keep up with Cary Deuber by following her on <u>Twitter</u> and <u>Instagram</u> @CaryDeuber.

# Celebrity Interview: 'American Idol' Winner Trent Harmon Is the First Contestant to Sing Justin Timberlake





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#### <u>Katie Gray</u>

Last Thursday night, April 7th, Trent Harmon, who chose the Harold Melvin and the Blue Notes classic "If You Don't Know Me By Now" and Sia's hit "Chandelier" for his final performances, was crowned the winner of the 15th and final season of *American Idol*. That's right — Harmon is the final American Idol! He now has a record deal with Big Machine Records, and his first single "Falling" — which was co-written by *American Idol* judge and country superstar Keith Urban — will be on country radio.

Harmon, a 25-year-old former waiter from Mississippi, auditioned for the reality TV show in Little Rock, Arkansas. The country boy grew up on his family farm and would perform at his family's restaurant. During his time on American Idol, he wowed the crowd with a Lynyrd Skynyrd cover and a rendition of Chris Stapleton's "Tennessee Whiskey." He's the third winner to pursue a career in country music, following in the footsteps of Carrie Underwood and Scotty McCreery. In our exclusive celebrity interview, Harmon discusses his relationship with God, his love for country music, and his journey on American Idol.

### Celebrity Interview with the Final American Idol

After he won, the singer thanked his mother, family, and God. He's a man of faith, and it's easy to see that being a Christian is a big part of his life. When he had mono during the reality TV show and was essentially quarantined and isolated from the rest of the cast, he would pray, "It's just me and you. It's just you and me, God." He didn't have his parents with him and relied heavily on his faith. "If you can make it through this competition without believing in something, I wouldn't say that's impressive," he shares. "Instead, it's kind of scary."

His relationship with God has been a part of his singing for as long as he can remember. He recalls his mom teaching him "Amazing Grace" at the age of 5. Of his deep connection to the song, he says, "That song means something. There's a reason

it's considered a classic." It was while singing "Amazing Grace" that he realized he could sing harmony.

Related Link: <u>Celebrity Interview: Mackenzie Bourg Channeled</u>
<u>JLO During Love Songs</u>

As important as his faith is, when it comes to his music, the country classics really have his heart. "Whenever I got the opportunity to pick the song myself, I was singing country," he shares. It's no surprise, then, that Harmon's musical influences are country singers. "I've always enjoyed the classics," he says. "I love Conway Twitty. I'm a big Elvis fan – you know, Elvis did country. I'm a Ray Charles fan, and he did a country album."

Of his future fans, he explains, "Country music supporters — they go to the shows; they go to the festivals; and they buy the songs. If you can make it in country, you can have a career." Willing to move anywhere, he may even relocate to Nashville.

### Trent Harmon Opens Up About His Reality TV Journey

Given the intense schedule of American Idol, Harmon hasn't had time for a break. "I have sleep scheduled for next Friday," he says with a laugh. Being the Final Idol is still completely surreal to him. "It hasn't really sunk in. I jumped in the shower and started doing my warm-ups and practicing my songs, and then, I realized I don't have to do that anymore," he reveals in our celebrity interview.

Perhaps the most special moment of his journey was getting to perform a song by Justin Timberlake, who had never granted anyone permission to use his music on the show. Earlier this season, Harmon performed the hit "Drink You Away," which Timberlake released to country radio after a performance with

Stapleton at the Country Music Academy Awards in November 2015.

Related Link: <u>Celebrity Interview: American Idol Sonika Vaid</u>
<u>Channels Love for Family</u>

He also had the opportunity to speak with some of the people on his bucket list, including Jordin Sparks and David Archuleta. Of the advice that he received from former contestants, he says, "They told me, 'Don't ever, ever, quit being genuine. Don't ever get out of that head.'" He was lucky enough to exchange numbers with some of them and looks forward to networking and applying their tips to his future endeavors.

Harmon never wanted "to coast along" and wasn't going to give anything less than his best. Ultimately, he credits this mentality and a lot of hard work with winning American Idol. "I knew that if I pushed myself and worked really, really hard, I could be more than just a pretty voice. I practiced every day," he says. "I practiced every different angle to be good, to be better, to be the best."

You can keep up with the American Idol winner on Twitter <u>@TrentWHarmon!</u>

## Celebrity Interview: 'American Idol' Mackenzie Bourg Channeled JLO During

#### Love Songs





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#### Katie Gray

The 15th and final season of American Idol is coming to an end! Next week is the finale and the 'Final Idol' will be announced. Last night Mackenzie Bourg was sadly eliminated after a great season. The 23-year-old from Lafayette, Louisiana put on quite the performance for his hometown visit before being cut. Bourg who was first seen on season three of The Voice on team CeeLo Green, also plays the guitar and piano. In our celebrity interview with this Idol star, Bourg opened up about the way in which he channels emotion while singing love songs, who he would like to perform a duet with and his plans to tour in the future.

## Former American Idol Contestant Talks Reality TV & Loyal Fans In This Celebrity Interview

The singer discussed how American Idol allowed him to be his true self. "I think American Idol has done me so many favors, just by not trying to change me — by letting me be myself," he explained. With this platform, he has had the opportunity to expand his audience and reach people on a broader spectrum. "I get on Twitter and Instagram, and all these things, and there's so many people I don't even know, sending me nothing but love and support." He continued, "And those people want me to succeed as much as the people at home." From his presence on social media, it's evident that Bourg has a close connection to his fans and followers. Some of them have even started calling themselves the 'Mac Pack.'

Celebrity Interview: American Idol Sonika Vaid

#### Hometown Hallelujah:

During his hometown visit, he did a fantastic rendition of Leonard Cohen's famed 'Hallelujah.' Bourg said, "Hallelujah's one of the first songs I ever learned." The television star used to perform it when he was starting out his career years ago, so he says it is a track that is near and dear to his heart. This weighed heavily on Bourg's decision to perform this song for his hometown visit and ultimately what ended up being his final performance. He explained, "I just wanted to go out with something that left a good taste in people's mouth about me."

For Bourg, the song was a metaphor. "To me, the song was more than just the lyrics," he explained. "It's kind of like a reminder of how far I've come." This explains why we were able to see the passion and emotion in his performance. He clearly gave it his all and went out with a riveting performance. "I sang it so passionately, just because I remember five or six years ago when I first learned that song, how bad I was at the song and how I never thought that in my wildest dreams I'd be on the biggest stage in the world — performing it." Every one can take a cue from him, that life is about learning and growing. Nobody is perfect at something in the beginning, but with hard work you can achieve your wildest dreams.

From his time on American Idol and The Voice, it is apparent that Bourg performs love songs very well. Not only does the singer perform them, but he also writes them! This is why his favorite love song to perform is one of his very own. "I like the love song that I wrote, called, 'Roses.' It's a pretty cool love song."

Relationships go hand in hand with love songs. On American Idol we saw that Bourg has found a mentor in Lauren Alaina. Unfortunately for fans who were hoping for a Bourg-Alaina romance, they're not going to be a celebrity couple any time soon because she is already taken. "She's been awesome, I know she has a boyfriend so we're definitely just friendly. But yeah, she's been so supportive of me." Furthermore; "She's been a great mentor, not just musically but in the encourage department too." Bourg let us know that Alaina sends him positive text messages and genuinely congratulates him for his success on the show.

Bourg performed a variety of love ballads on American Idol. He even sang the classic 'I Want You To Want Me' by Cheap Trick for rock week! When asked where he gets his emotion to sing these deep love song he explains, "The easiest way to sing love songs on the show is to kind of stare at JLO in the eyes," said Bourg. "It kind of works sometimes when she realizes, she commented on it a few times this year. But yeah, that's definitely who I'm channeling when I'm on the show."

Celebrity Interview: American Idol Contestant Tristan McIntosh

Not only is Bourg open to expressing emotions in his love songs, but he is open to performing a duet. If he had to pick someone to do a duet with, it would be Taylor Swift. "I would probably say, I mean just picking it vocally, I would say Taylor Swift would probably sound really good singing with me. I know she did a song with Ed Sheeran that was really awesome." He added, "That would definitely be a cool song that I think I could do with her."

As for his plans for the future, he will be furthering his career in the music industry and going on tour. "Yeah, there's definitely a chance I'll be touring. I don't think the show will be touring, but that's definitely the plan and to release 'Roses' — a song I wrote and played on the show." 'Roses' is set to be his next single. In fact, he tweeted today that he is recording it tomorrow!

Tune in next week to see who will be the Final Idol!

You can keep up with Mackenzie Bourg by following him on Twitter @mackenziebourg!

# Celebrity Interview: 'American Idol' Contestant Sonika Vaid Channels Love For Family In Love Songs





By Ka

#### tie Gray

We now have our final four of the 15th and final season of reality TV show American Idol, but unfortunately Sonika Vaid did not make the cut. While Vaid hails from Martha's Vineyard, she blew everyone away with her audition in Denver, Colorado and continued to get by week after week. The now reality TV star has been singing from the young age of three and playing the piano since the age of 4. The 20-year-old pre-med student went on to compose her own music on the piano. While on the show, she has performed an array of love ballads and even did an amazing version of Demi Lovato's Let It Go this season. In our celebrity interview, Vaid opened up about her musical journey, love for everything Disney and her favorite love songs and ballads.

#### Former American Idol Contestant Talks Musical Journey & Love In This Celebrity Interview

From her time on the show, it's no secret that Vaid loves a good love ballad. One of her favorites from the show was *I Surrender*. "But just in terms of love songs, I would definitely say *My Heart Will Go On* by Celine Dion is a really iconic love song in my eyes. It's beautiful!" While she performed a variety of songs on the show, her personal favorite performance was *Bring Me To Life*. "That was the performance that really made me feel like I can do this — and that I do have the confidence somewhere in me to really perform and push myself to the limits and step out of my bubble," she says.

With love ballads comes the topic of relationships, but instead of channeling a celebrity relationship or relationship problems of her own, the singer channels all her love for her family in her performances. She is really close to her family and it was hard being away from them for the show. "Being away from my family, I miss them a lot," she says. "So I channel my love for my family and I put that through my songs. That energy goes into love ballads, all of the passion!" She chose to sing those type of songs because she connects with them. "Even if it's not true to me, there's just some songs where I relate to the melody or the chords, even," Vaid says. "It doesn't have to be the words necessarily."

Related Link: <u>Celebrity Interview</u>: 'American Idol' Contestant <u>Tristan McIntosh Values Communication & Spontaneity in Relationships</u>

In the future, Vaid plans on continuing her career in the music industry while still earning her degree. "I'm still in college, I'm a biology major," she adds. "I definitely plan at

some point to finish my degree. I think for right now, I'm going to focus on music. I think this whole experience has really opened my mind to the whole idea of doing this professionally. I'm really excited about it." Furthermore, the performer plans to delve more into songwriting. "Prior to all of this, I had written a few songs, but now I'm going to take my songwriting more seriously," she says. "I'm going to really think about releasing a few singles and maybe an album one day!" She will be headed to a bigger city to accomplish working in the music industry. "I definitely think it's in the cards for me to move to Los Angeles or Nashville," she says.

#### Related Link: Celebrity Interview: 'American Idol' Winner Nick Fradiani Is Single!

During her time on the show, Vaid expressed that this opportunity allowed her to push herself and grow as a person. "American Idol really helps you to become a better version of yourself," she adds. "They make you feel like you can push yourself and it is okay. It was just a great experience overall, no regrets." Even though she made it far in the competition, Vaid says that she was always prepared to get cut. "I always try my hardest to put my effort into the songs that I get every week because there's alway an opportunity of 'oh, you're getting saved' or 'oh, you're not in the bottom' so I prepare myself for everything," she reveals in our celebrity interview. "I love making things my own, too. That's always something that I do."

One of the amazing opportunities the show gave her was to heed some advice from the legendary Sia. Sia shared with Vaid the importance of having fun! "She said you have a beautiful voice and that I'm very marketable which is insane because it's coming from Sia and she's one of the greats in my opinion," Vaid says. "Sia said just to have fun and enjoy yourself, because now that I have the singing down, I just need to really enjoy myself."

As for who she thinks will be the Final Idol? "I genuinely think they are all so different and so talented. America has a really hard decision! I think anyone there deserves to win. They are really great," Vaid says.

You can keep up with Sonika Vaid by following her on Twitter @sonikavaid!

Celebrity News: Juan Pablo Says He Might Join 'Bachelorette' to Compete for JoJo Fletcher's Heart





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#### Brooke Crawford

Social media confessions may be the way to go when it comes to professing a new crush. Latest celebrity news boasts that Juan Pablo has a thing for none other than JoJo Fletcher, the next Bachelorette. <u>UsMagazine.com</u> reports that the 35-year old posted on Twitter that he would be interested in competing for the eligible and very single celebrity.

## This celebrity news has us saying, "It's ok." What are some unique ways to win the heart of your crush?

#### Cupid's Advice:

Trying to win over your ultimate crush is an emotion-filled process. If you can't seem to get the right idea, keep reading for a little <u>dating advice</u> from Cupid:

1. Find their interests: One of the best ways to connect is

over common interests. Do a little investigating to find out what activities your love interest enjoys. Set up a nice date to enjoy a play, a day at the horse races, or a Broadway show together. You will both enjoy each other's company and your crush will start seeing you in a romantic light.

Related Link: <u>Taylor Swift Says Lady Gaga Cast 'Magical Spell'</u> to Bring Celebrity Love Calvin Harris

2. Focus on your success: People love to see that others are focused on their own goals and dreams. Show an adequate amount of attention to your potential lover, but continue to aspire to your own form of success. It shows that while you have a new love interest, your priorities come first. You cannot love someone else until you love yourself first.

Related Link: Amanda Bynes Tweets Her Crush on Liam Hemsworth

3. Support them: If you want someone to know that you are sincerely interested in them, support them in their endeavors. You can make someone's day by attending an event, assisting them in hosting a conference, or helping them with something work-related. Making an effort to be present in their personal life helps them to know you are serious about what is important to them.

Cupid is not the only one with good dating advice. What are some ways you have won over your love interest? Comment below.