

# Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmett Are Still Together



By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent cleared the air regarding split speculation surrounding her and fiancé Randall Emmett, after deleting photos of him via social media over the weekend. According to *UsMagazine.com*, the *Vanderpump Rules* star posted a statement on her Instagram story that cleared everything up. "It won't be the last time I archive pictures of Rand when he makes me mad. I'm petty AF. It will happen again and again until I grow out of it & it's the most

petty thing I do, I'm okay with it." She later added. "Also, Rand and I have never followed each other, in fact we have had each other blocked since we got together."

## **In celebrity news, Lala Kent cleared the air about rumors that she and her fiance Randall were on the rocks. What are some ways to keep rumors from affecting your relationship?**

### **Cupid's Advice:**

Rumors are inevitable especially if you're in the public eye. Although dodging rumors is impossible that doesn't mean it need to affect your relationship. If you are looking to keep rumor from affecting your relationship, Cupid has some advice for you:

**1. Don't pay it any mind:** Ignoring rumors is the perfect way to help it die out fast. If you don't give the rumor any attention it shows that you're too mature to entertain fake news.

**Related Link:** [Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett](#)

**2. Address the rumors:** Although ignoring works, addressing the rumors head on works as well. Shutting down the rumors as soon as you hear them is quick way to keep anyone else from talking about it.

**Related Link:** [Celebrity News: 'Pump Rules' Lala Kent Deletes Instagram Pics of Fiance Randall Emmett](#)

**3. Don't give people something to talk about:** If you keep your relationship out of spotlight, then people won't have anything to say about your relationship due to the fact that they don't know anything about it.

What are some other ways to keep rumors from affecting your relationship? Start a conversation in the comments below!

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## **Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett**





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent posted a mysterious message about making “mistakes” on Sunday, July 26, after deleting photos of fiancé Randall Emmett from Instagram. According to *UsMagazine.com*, Kent’s message said “Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine & I will begin a searching & fearless moral inventory. I will write down my wrongs but I will also include that which is good. I pray for the strength to complete the task.” The message came after she deleted all photos with Emmett and unfollowed him from Instagram.

**In celebrity news, Lala Kent and her fiancé Randall Emmett’s relationship may be on the rocks. What are some ways to use social**

# media to cope with a rocky relationship?

## Cupid's Advice:

When any relationship is on the rocks, it's really hard to determine which way the boat will tip. Either way, you'll need to manage your rocky relationship and ride it out. If you are looking for new ways to cope with a rocky relationship via social media, Cupid has some advice for you:

**1. Stay connected with friends:** Social media provides an amazing way for you to stay connected to people that may actually be far away. Liking pictures, leaving comments, viewing stories, and talking in dm's is a great way to keep your mind off of your rocky relationship.

**Related Link:** [Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split](#)

**2. Archive photos:** On social media you have the option to archive photos, which means the photos won't be seen on your page, but you'll always have the option to display them back on your page. This works best for rocky relationships because if you both work things out you can display the pictures back on your page, if it doesn't then you can delete them for good.

**Related Link:** [Celebrity News: Brian Austin Green Shares Cryptic Post After Wife Megan Fox is Spotted with Machine Gun Kelly](#)

**3. Explore new things:** Social media is not just for liking your friends picture, there is countless amount of things for you to learn and become interested in. Whether it's cooking a new recipe, learning a new workout routine, or figuring out how to do a new hairstyle. You can find it all on social media.



What are some other ways to use social media to cope with a rocky relationship? Start a conversation in the comments below!

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## Celebrity Wedding: Lala Kent & Randall Emmett Celebrate Engagement With 'Pump Rules' Co-Stars



By [Courtney Shapiro](#)

In [celebrity news](#), Lala Kent and recent fiancé Randall Emmett rang in their engagement with close friends and family. The pair celebrated with several of their *Vanderpump Rules* costars this past weekend. The [celebrity couple](#) got engaged in September and enjoyed their time together at a party in Los Angeles. According to *UsMagazine.com*, Kent shared a moment of reflection for her late father, saying, "Very proud of the woman that I'm becoming. And I know he feels so happy that you're with me." Kent and Emmett look forward to planning their special day.

**In celebrity wedding news, Lala Kent is relishing being able to be in the limelight with her man Randall Emmett. What are some special ways to celebrate your engagement?**

#### **Cupid's Advice:**

How can you celebrate your engagement? Cupid has some thoughts:

**1. Go out to dinner with close friends:** You and your partner don't have to have a huge celebration. Bring some close friends together to share the exciting news rather than being with a large crowd. The people who know you best will be the happiest for you, and you can share with everyone else at a later time.

**Related Link:** [Celebrity Engagement? Jennifer Lopez Flashes Diamond Ring at Game 2 of World Series With A-Rod](#)

**2. Have a couples weekend:** Take a mini vacation with your

partner to celebrate your relationship. The two of you will have time to spend by yourselves and really take the time to remember why you got engaged.

**Related Link:** [Celebrity News: Wells Adams Praises GF Sarah Hyland One Week After Her Cousin's Death](#)

**3. Visit the place where you had your first date:** .You can celebrate your engagement by bringing your relationship full circle. The first date has a lot of meaning to you and your partner and it'll be special to go back there and celebrate.

**How did you celebrate your engagement? Let us know in the comments!**