

Tiger Woods' Ex-Mistress Rachel Uchitel Opens Up About Second Chances and Pregnancy



Most widely known as Tiger Woods' ex-mistress, *Celebrity Rehab* star Rachel Uchitel recently opened up about "second chances," pregnancy and her hubby-to-be Matt Hahn in an exclusive interview with [Celebrity Baby Scoop](#). In the interview, the mom-to-be said, "Everyone deserves a second chance," referring to her tainted past with Tiger Woods and the press stalking her for years. "I moved on a long time ago and it's odd to me that a lot of people haven't," she said. "People will still hear my name, an article will come out about me, I'll see the negative spin on it and I'm not sure why." But she's not letting the public scrutiny tear her down. "I'm doing my best to try and get on the right path and have a family and be happy and make other people happy," she said. "I'm really excited to be a mom!"

How do you overcome past drama to make a relationship work?

Cupid's Advice:

When bad things happen, it can be hard to start over and move on without people around you reminding you of your past mistakes. Even your romantic relationship can take a hit. Cupid has some tips:

- 1. Therapy:** Sometimes the best way to get over past drama is to talk it out with a licensed therapist. You can't expect to have a healthy romantic relationship until you're healed inside.
- 2. Ignore public scrutiny:** This is sometimes easier said than done, but it's important that both you and your partner successfully ignore the gossip going on around you. If you let it get to either of you, it'll damage your relationship.
- 3. Move on:** Don't live in the past. If you often think about the drama that happened years ago, and it affects your day-to-day life, that's not healthy. You can't truly enjoy your relationship until you leave the past in the past.

What are some other ways to overcome past drama? Share your thoughts below.

David Boreanaz Says His 2010 Affair Strengthened His Marriage





Now that his 2010 affair is behind him, *Bones* star David Boreanaz is speaking out about the power of positive thinking, according to UsMagazine.com. The actor says that after he cheated on his wife Rachel Uchitel, it ended up being a “bonding experience.” He explains, saying, “In a sacred ground like marriage, you find yourself out of it at certain times for reasons unknown that can be destructive. There could be a demon that kind of comes out and overtakes you.” Although his infidelity was no doubt a rocky point in his marriage, he also says, “Do I believe in giving up? No, I don’t. I’m a fighter. I’m a lover.”

How do you overcome cheating in your relationship?

Cupid’s Advice:

It can be difficult to surpass unfaithfulness in a relationship, but it’s not impossible. Cupid has some suggestions:

1. Couples counseling: The most important thing you can do is hire a third party to listen to you air your grievances. A counselor will keep you “in check” so to speak, and you’ll have a safe place to share all of your feelings with your partner in order to potentially work them out.

2. Open communication: Instead of cowering away from each other, keep the lines of communication completely clear and in the open. Be brutally honest about everything in order to avoid any further suspicion.

3. Time: If you're truly dedicated to your relationship, it's going to take time to overcome the break in trust that cheating creates. The best thing you can do is to stick with it, and work at it.

What are other ways to overcome cheating in a relationship? Share your ideas below.