

# Royal Celebrity Wedding: Prince Harry Asked Meghan Markle's Mom for Permission Before Engagement



By

[Rachel Sparks](#)

The royal family is all about tradition, and Prince Harry is no exception. According to [People.com](#), Prince Harry asked his fiancé's mother, Doria Ragland, her permission to marry Meghan Markle. Markle is very close to her mother, saying that she is both nurturing and fun. Prince Harry knew that Ragland's answer would have a huge impact on Markle. We're excited to see this celebrity wedding in a few months!

# This royal celebrity wedding engagement came only after permission was granted. What are some benefits to asking your partner's parent for permission before an engagement?

## Cupid's Advice:

Popping the question is full of nerves and excitement. There's the pressure to do everything right and make sure it's perfect because it sets the tone for your future as a couple for the rest of your lives. However you plan your engagement and wedding speaks to who you are as a couple, so sometimes we may want to forgo traditions. There are benefits to sticking with the old practices. Here's Cupid's [relationship advice](#) to guide you through your wedding season:

**1. Respect:** You may not be all that traditional, but sometimes it's worth considering how others may feel. If you don't ask your partner's parents for permission, will they be upset? A wedding is about you and your soon-to-be-spouse, but it's also a representation of your marriage, consisting of compromise, family, and respect. You may not care about traditions, but your partner's family (and maybe even your partner) could care. Show you respect them by sticking with the tradition. It sets a great tone and relationship for the rest of your life with your partner's family.

**Related Link:** [Wedding News: Prince Harry & Meghan Markle to Announce Engagement Soon](#)

**2. Support:** No, you don't ask for permission with the hopes of having financial support during the wedding. Sometimes parents

can't help pay for things. Including them in the process from the beginning opens up the doors to opportunities for support. They may have ideas, may help decrease the stress, might have money or a space for the wedding. Whatever it is, parents often do want to support their families, so make sure you don't distance your future in-laws by forgetting about them in the very beginning. Ask them for permission and you might get rewarded.

**Related Link:** [Celebrity News: Source Says Prince Harry is 'More Serious' About Meghan Markle 'Than Ever Before'](#)

**3. Sense of belonging:** Ultimately, marriage is about family. Not everyone has a huge family or a close one, but at the end of the day, family is the group of people you're stuck with. Asking permission before proposing creates a respectful, open, and vulnerable relationship with your new family members. It's nerve-wracking but worth the new love and support you'll receive.

**Did you ask permission or were you the bride-to-be? Does asking for permission matter? Share your thoughts below!**

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## **Royal Celebrity Wedding: It's Official! Prince Harry & Meghan Markle Are Engaged**





By

[Rachel Sparks](#)

This [celebrity news](#) has us absolutely bouncing! The royal celebrity wedding is finally official. Prince Harry and Meghan Markle announced their engagement through Kensington Palace and opened up about their plans to live in Nottingham Cottage. According to [UsMagazine.com](#), the [celebrity couple](#) has received much support from their family. The happy couple met in July 2016 and their wedding is set for spring 2018.

**There's officially a royal celebrity wedding in the works for Spring 2018! What are some ways to decide on the time of year you'll get married?**

**Cupid's Advice:**

At some point, we've all thought about our dream wedding. What will you wear? How many people will watch you walk down the

aisle? Will you walk barefoot in the sand at some destination wedding or will you keep it traditional? With all of these decisions, have you decided what time of year to celebrate the special occasion? Here's Cupid's [relationship advice](#) to help you plan your future wedding:

**1. Your favorite season as a couple:** Did the two of you meet in the spring and every blooming blossom reminds you of your love for each other? Or do you both absolutely adore the golden hues of autumn? Whatever the reason for your choice of season, find a time of year that makes you both happy. Remember, your wedding is for you.

**Related Link:** [Celebrity Wedding: Source Says Prince Harry & Meghan Markle Are Engaged & Will Have a Summer Wedding](#)

**2. Wedding photographs:** Great photographs are all about lighting. When you think about what time of year to plan your wedding, think about how light changes throughout the year. If you're in the north wanting a winter wedding, besides the cold, you should consider that the sun sets very early compared to the rest of the year. Natural lighting is the best kind of lighting for photographs, so if you want the best pictures to remember the day by, take special consideration into when your wedding will be.

**Related Link:** [Royal Celebrity Couple: Meghan Markle Says She & Prince Harry Are 'Really Happy & in Love'](#)

**3. Invitation accommodations:** When you're planning to have a lot of people come to your wedding, you have to consider other people's schedules. If you have a lot of family with children, September weddings may have to be nixed out of the planning because of school schedules. Consider the people you're inviting; if you want a lot of people to come then you need to choose a time most convenient for as many invitees as possible.

**How did you decide when to have your wedding? Share your**

advice below!

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# Celebrity Baby News: Chrissy Teigen & John Legend Are Expecting



By

[Rachel Sparks](#)

The [latest celebrity news](#) is all about the next [celebrity baby](#)! [Celebrity couple Chrissy Teigen](#) and [John Legend](#) just announced baby number two! After having trouble and finally having baby Luna through IVF, the couple is excited to expand

their family. According to [UsMagazine.com](http://UsMagazine.com), the celebrity couple has a male embryo on ice to add a little boy to their hopes of a large family!

## **This celebrity baby news is a very happy occasion. What are some ways to keep your baby news under wraps until you're ready?**

### **Cupid's Advice:**

As exciting as having a baby is, sometimes we want to keep the announcement under wraps. Whether it's because of a difficult pregnancy or you are trying to raise the anticipation, keeping things under wraps can work in your favor. There's more than just a baby bump to think about hiding until you're ready to share the news. Check out our [parenting advice](#) to get you through your pregnancy secrets:

**1. The new diet:** Once you find out you're pregnant, your diet is going to start changing. It might be that you've eaten junk food most of your life and need to start a healthy streak, or the pregnancy and morning sickness are limiting your eating desires, but at some point people will notice. Tell a white lie and say you're starting a new diet.

**Related Link:** [Celebrity Baby: Chrissy Teigen & John Legend Share Baby No. 2 Plans](#)

**2. Doctor or dentist:** You're going to be going to a lot of doctor appointments, but how are you going to hide them all? The only time women go to the doctor a lot is if there is something wrong or they're pregnant. If you're telling another white lie, fudge the facts and instead of yet another doctor visit, say you're going to the dentist or optometrist.

**Related Link:** [Celebrity Baby: John Legend Opens Up About fertility Struggles with Chrissy Teigen](#)

**3. Colorful fashion:** If you're starting to show, congratulations! You don't have to go for oversized sweatshirts or baggy dresses. Pair funky patterns and bright colors. Layer tops or wear chunky belts. Get wild with your fashion for the next couple of months and use those flashy patterns to distract from your changing body.

**How would you hide your pregnancy until you're ready to share the news? Share your tips below!**

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**Celebrity Wedding: Source Says Prince Harry & Meghan Marckle Are Engaged & Will Have a Summer Wedding**







By

[Rachel Sparks](#)

This [celebrity couple](#) is planning a [celebrity wedding](#)! Though no official engagement announcement has been made, Prince Harry and Meghan Marckle have already established a wedding date. According to [UsMagazine.com](#), Prince Harry has commissioned an engagement ring using diamonds from one of his mother's brooches (Princess Diana). Marckle, who had started bringing things over to Prince Harry's Nottingham Cottage and just recently finished filming *Suits*, is making plans to give up her career and move in with Prince Harry before the engagement.

**This royal celebrity wedding has been highly anticipated. What are some ways to add personal touches to your wedding festivities?**

**Cupid's Advice:**

Your wedding is your special day to showcase how wonderful you

and your partner are together. Every bit of planning and celebrating you do before the actual day sets the tone for what your wedding will be like. Finding ways to incorporate special touches of you both makes it more meaningful for everyone included. Check out our [relationship advice](#) to help you customize your special day:

**1. Monogrammed stamps:** Customize your stamps so that every bit of stationary sent out is full of your fantasy wedding. From invitations to bridal showers to bachelor(ette) parties, include your insignia like it's your family sigil.

**Related Link:** [Celebrity Wedding? Sources Say Prince Harry & Meghan Markle Could Elope](#)

**2. Hashtag:** Everyone has a smartphone, so use this to your advantage. Make a custom hashtag and include it in your invitations so that every picture taken, from the bridal shower to the late nights planning with your bridal party, keep track of all photos taken with a hashtag across all social media forms.

**Related Link:** [Royal Celebrity Wedding: Meghan Markle Says She & Prince Harry Are 'Really Happy & in Love'](#)

**3. Customized M&M's:** Who doesn't love spooning handfuls of M&M's into their mouth? Customize with your initials or even a cute headshot. Don't just save them for the wedding; have enough to keep the fun going through all the stressful times of wedding planning.

**Dreaming about your wedding or already been down the aisle? How did you incorporate **your personality into your special day?****

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# Celebrity News: A-Rod's Intelligence is Questioned by Ex-Girlfriend Anne Wojcicki's Mom



By

[Rachel Sparks](#)

The [latest celebrity news](#) is full of low insults and, interestingly, a sincere compliment. Alex Rodriguez has been under fire by celebrity ex Anne Wojcicki's mom who, in short, called him the dullest lightbulb in the box. According to [UsMagazine.com](#), Wojcicki's mom stated that the only thing A-Rod knew how to talk about was baseball. That's not the

impression you want to leave with your future in-laws. Wojcicki's mom did say that it was clearly evident A-Rod loved her daughter. [Jennifer Lopez](#), now part of one of the hottest [celebrity couples](#) with A-Rod, complimented her beau by saying he can conquer anything. So, while you may not watch *Big Bang Theory* and debate particle theories, at the core, A-Rod is a great guy.

## **This celebrity news seems a little shallow to us. What are some ways to make a good impression on your partner's parents?**

### **Cupid's Advice:**

If you're trying to build a lasting relationship with your partner, impressing their family will need to be a priority eventually. It's intimidating. You're trying to tell the people who love your significant other more than anyone else that you're deserving. If your partner has close relationship to their parents, impressing them, or lack thereof, could be detrimental to future movement of your relationship. Read Cupid's [relationship advice](#) to help you put your best face on for that monumental meeting:

**1. Act like it's an interview:** because it is. Dress to impress, as they say. Turn off your cell phone, shake hands, stand with confidence and power, and follow common protocols for respect. Be on your best behavior and act like you're getting a job, because you are. Your partner's parents expect you to take care of their baby (no matter how old they are) so you're interviewing for the role of supportive partner.

**Related Link:** [Relationship Advice: What to Do If Your Partner's Family Doesn't Like You](#)

**2. Southern respect:** “Sir” and “Ma’am” go a long way. Sure, major cities like New York and Seattle think these terms are out-dated, but they ultimately stand as a sign of respect. Even though we’re all adults, showing respect through the language you use sets the tone for how you’re likely to treat their kid. Plus, you’re impressing your S.O. when you treat their family with respect. Don’t worry, you’ll get rewarded afterwards.

**Related Link:** [Relationship Advice: How to Handle Your Significant Other’s Family](#)

**3. Showcase your skills as a partner:** We said you’re interviewing, right? Well how better can you interview than by showing off your skills as a partner? Shower your love with affection and admiration. Believe us, this will go very, very far for both your partner and their family.

**How do you try to impress the future in-laws? Share your advice below!**

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**Latest Celebrity News:  
Jennifer Garner Says She Is  
‘Not Interested in Dating’  
After Split From Ben Affleck**



By

[Rachel Sparks](#)

Former [celebrity couple Jennifer Garner](#) and [Ben Affleck](#) have been apart for nearly two years, but these [celebrity exes](#) are setting a new standard for co-parenting and remaining amicable exes. Garner told [UsMagazine.com](#) that she and Affleck do have plans for a family Thanksgiving together. An insider told the magazine that Garner even helped Affleck get into a rehab center as his alcoholism took a spiral downward. The latest [celebrity news](#) is that despite, or maybe because of, the sincerity of their friendship, Garner has been on one date in the past two years since her [celebrity divorce](#), but she's still not ready to start dating again.

**In this celebrity news, it looks like Jennifer Garner's break-up**

# from Ben Affleck is affecting her long-term. What are some ways to cope with a break-up so you can move on?

## Cupid's Advice:

Accepting the loss of someone meaningful in your life is painful at best and near-impossible at worse. When you've been with someone for as long as Garner and Affleck were together, what does life look like without that person? Moving on is hard, but at some point you want to accept the change so that your life can move forward. Here's Cupid's [relationship advice](#) to get you through a break-up:

**1. Burn, bury, block:** Sounds harsh? Unless you and your ex have kids together, moving on means letting go. Do whatever it takes for you to cut those ties with your ex. Burn the love letters, bury the stuffed zebra your ex won at the carnival, and block any way that they can get in contact with you. Doing so doesn't mean you never loved them, it just means you love yourself enough to know you deserve happiness. Being stuck with the pain of a relationship at its end is not happiness.

**Related Link:** [Dating Advice for Dealing with the break-Up Blues](#)

**2. Give happiness, get happiness:** Have you ever been in a Starbucks line and been at the receiving end of pay it forward? Yeah, it's pretty great. It also feels good to know you've made someone's day better. We know it's hard when you're feeling down to even consider bringing joy to other people, but the proof in the facts is this: helping others creates fulfillment and happiness. If you don't feel like dealing with people, find a way to volunteer behind the

scenes; you'll still reap the emotional rewards.

**Related Link:** [Expert Dating Advice: Moving On After a Divorce](#)

**3. Focus on you:** In a relationship, we often think about what the other person wants. Ever been asked where you wanted to eat and said, "What do you feel like?" Couples form a group identity, so being on your own is terrifying, but it can be exciting. Try something new, start a diet, exercise, start a new hobby, go to a concert of a band your ex hated...the list of things you can do alone is literally endless. Rock out the single status. Learning to enjoy time alone is attractive, but it also makes any future relationships that much more meaningful.

**How have you gotten past a break-up? Share your relationship advice below!**

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## Movie Review: 'Wonder Wheel'







By

[Rachel Sparks](#)

*Wonder Wheel* is a tale about lost dreams and new dreams, estranged family, and hard-working love all set up against a 1950's Coney Island filled with gangsters. Kate Winslet plays Ginny, the former actress-turned-clam-waitress. Emotionally wild, Ginny's rough-around-the-edges husband Humpty (played by Jim Belushi) has to deal with his wife's emotional break-downs and the discovery of his estranged daughter, Carolina (played by Juno Temple) hiding from gangsters in his apartment. Throw into this cast [Justin Timberlake](#) as the lifeguard heartthrob who dreams of being a playwright, and you have a complex, winding story full of great actors. Kate Winslet, best known for her role in *Titanic*, recently starred in *The Mountain Between Us*. Jim Belushi, a well-seasoned actor with an extensive filmography, recently played in the TV series *Twin Peaks*. Juno Temple is known for her roles in *Maleficent* and *The Dark Knight Rises*. Musician turned actor, Justin Timberlake, is constantly working. He's been on *The Tonight Show Starring Jimmy Fallon*, *The Voice*, and *Girls* recently.

# ***Wonder Wheel is full of love advice and fighting for your dreams!***

## **Should you see it:**

If you're looking for an emotionally filled drama about life and love, this is your movie. It's slower moving but well scripted with even better acting.

## **Who to take:**

This isn't the movie to bring someone to if all they want to see is flashing bombs, fast cars, and intense fight scenes. The plot moves slowly, and there's little physical action. It's PG-13 rating is for brief sexuality and cursing, so if your friends are expecting intensity like *Game of Thrones*, this won't be for them. Take your mom or some girlfriends for a girls' night out!

## **Cupid's Advice:**

*Wonder Wheel* is a movie packed with distant relationships. It's normal for people in long-term relationships to wander away, whether it be with family, like Humpty's estranged daughter, a significant other, or friendship. How can you reconcile distance or time to heal a broken relationship? Here's what Cupid learned about [relationship advice](#) from this movie:

- 1. Small touches:** Humans are physical beings and we feel more connected with a person when we touch them. Consider handshakes. Do you judge a person based on how they shake your hand? This safe initial contact breaks the walls down that we often have around strangers. It's just as beneficial for people reconnecting to use small touches to help break the ice. You don't have to say something, just hug your best friend or hold your partner's hand.

**Related Link:** [Four Ways to Stay Connected to Your Spouse](#)

**2. Actively listen:** Communication is one of the biggest fails in any relationship. It's very easy to get lost in the stresses of your own day and unintentionally ignore the person you should be listening to. Making a conscious effort to actively listen to what someone is saying is one of the biggest ways to show you care about them, and they will notice.

**Related Link:** [Hang Tough – You'll Get Through It](#)

**3. Positivity:** It's true no one likes to be around someone negative. While friends, family, and partners want to listen to your day, complaining incessantly is a turn off for anyone. Talk about your day, vent your frustrations, but don't wear your frustrations like a coat. Positivity attracts people, so if you're trying to reconcile a relationship, remaining positive will help move things forward.

**How have you reconnected lost relationships? Share your advice below!**

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## **7 Vacation Destinations to Start Your New Year Off Right**





By

[Rachel Sparks](#)

It's a new year, and with that comes the promises and hopes of what 2018 will bring. Sure, your new year may have started with major sleep-deprivation and a hangover, but it's never too late to dive into the excitement of a new beginning. The best cities around the world to celebrate the coming of the new year also have the longest celebration days afterwards. Whether it's a [romantic getaway](#) or you're traveling solo, where should you go to find that inspiration to kick start your goals and make you feel like a [celebrity on vacation](#)?

**These seven must-visit locations range from the Far East to right here in the US, and they're the best way to start your new year!**

**1. Edinburgh, Scotland:** The Scots get down for New Year's. Called Hogmanay, Edinburgh starts their four day celebration on the last day of the year, ending with the "Loony Book," a plunge into the freezing waters of River Forth clad in their

finery. There's dog sledding competitions, traditional food, DJ's, and a torchlight procession with thousands. Christmas may be high a high priority for the rest of Europe, but the Scots celebrate New Year's like no one else. There's no better people to start your year with.

**2. Reykjavik, Iceland:** Spending the turn of the year in arctic temperatures may not be at the top of your bucket list, but you should seriously reconsider. Imagine fireworks reflecting off of rolling, snow-covered hills with a backdrop of the shimmering Aurora Borealis. The people of Iceland love fireworks and have lax rules, bonfires are absolutely everywhere, and it's Halloween all over again with their troll and elven costumes. If you're worried what recovery next day in frigid temperatures is like, join the locals as they fend off hangovers with hotdogs and dips in their natural hot springs. Even if you miss the celebration day, recreate the traditions yourself!

**Related Link:** [Romantic Getaway: 8 Affordable Destinations to Escape the Cold](#)

**3. Vienna, Austria:** Classy galas, classical concerts, and the infamous Vienna Philharmonic performing New Year's Eve, there's nowhere better to start your new year with elegant style. The birth country of Mozart, there is an abundance of art appreciation in all its forms. The city starts celebrating early at two pm in Silvesterpfad, their town central. Mulled hot wine, toffee apples, and dinner cruises keep you warm and entertained. This city is a marvel to visit anytime of the year, but it's a sure way to start your year in style.

**4. St. Petersburg, Russia:** Dive into darker and older traditions. Russia celebrates Catholic Christmas, which means it ends January seventh. If you're visiting for New Year's or even days after, you're going to see a serene white landscape, domed cathedrals, and Father Frost, their version of Santa Claus. If you make it for their New Year's celebration, their

skies light up into a fantasy as thousands of paper lanterns are released.

**Related Link:** [Travel Destinations: How to Plan the Ultimate Trip to Europe](#)

**5. Hong Kong, China:** In homage to the United States's manner of celebrating New Year's, Hong Kong has a ball drop and resplendent fireworks with a dramatic, dragon-flying-across-the-night conclusion. Hong Kong has an abundance of shopping in dramatic malls or street markets, go visit their temples, try their traditional tea, or check out the natural wonders, such as Dragon's Back. Hong Kong is cultural and commercial, which means there's something for every traveller there.

**6. Cape Town, South Africa:** Cape Town has one of the most unique landmarks in the world: Table Mountain. Approximately two miles across and surrounded by mountains, Table Mountain is a destination for sight seeing and partying alike. With dangerous wildlife, gorgeous scenery, and glamorous hotels, you can get in touch with your adventurous side or relax on a ferry ride. It's the perfect place to challenge yourself to be a newer, better version of who you want to be.

**Related Link:** [5 Places Your Favorite Stars Go On Their Celebrity Vacations](#)

**7. Boston, USA:** If you're wanting to keep it local to the US, head to the East coast for great food, lots of history, more museums than you could ever see, and enough coffee to fill your swimming pool. Home to Harvard and MIT, Boston is notorious for its education, and with over 200 universities, there's never a shortage of intellectuals goofing off in the night life. Check out the Commons, the public park at the heart of the city, that turns into another park, and yet another. Even if you miss the New Year's celebration, there's no shortage of ways to entertain yourself and learn something new in Boston.

**Bonus: Disney World:** There's no better way to reignite your youthful fire than a vacation spent in Disney. During New Year's season, the parks stay open later, they have extra shows, and it's less busy. Get in touch with your inner child to bring some spring back into your life!

Where do you dream of going to inspire the new you for the new year? Share your dreams below!

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## Movie Review: 'Call Me By Your Name'



By

[Rachel Sparks](#)

*Call Me By Your Name* is a coming-of-age story set in 1983 in Italy. It follows the budding romance of Elio (Timothée Chalamet) and Oliver (Armie Hammer). The twists: Oliver is Elio's research assistant, Judaism, and homosexuality. Armie Hammer has been in notable films, such as *Nocturnal Animals*, *The Birth of a Nation*, and *Entourage*. Timothée Chalamet has been in both TV (*Law and Order*) and movies (*Interstellar*). The film is packed with tension, drama, and faith.

## **This movie is filled with budding relationship advice!**

### **Should you see it:**

If you loved the anticipation of an impactful ending like *Interstellar*, *Call Me By Your Name* will take you down a winding storyline. The challenges of forbidden romance create anticipation and hope.

**Who to take:** This is a romance story at its core, so find someone who loves matters of the heart. No matter their sexual orientation, the story of two people fighting for love against all odds will appeal to any friend. If your significant other is down for a love story, then it will be well worth the watch for a [date night](#).

### **Cupid's Advice:**

Coming out to friends and family is one of the most terrifying things anyone could do. Admitting this to yourself is even more challenging. Whether it's you or someone you care about, Cupid has [relationship advice](#) for this new territory:

**1. Don't de-individualize:** A lot of people are far more accepting of homosexuality than ever before, but that doesn't mean it's any easier to admit a new aspect of someone's identity. But be careful, if someone you care about tells you



they're homosexual, don't say, "I love all gay people!" As supportive as that may sound, no group of people is ever exactly the same, and by clumping your friend into a group shows you lack knowledge about their new identity.

**Related Link:** [Celebrity Interview: Blake Cooper Griffin Gives Relationship Advice & Says, "Don't Be Reckless with Other People's Hearts"](#)

**2. Go shopping:** One of the best parts of changing your identity is creating a new wardrobe! Embrace your friend's identity by taking them out for a shopping trip. It will help them feel more confident and show your support.

**Related Link:** [Hollywood's Gay Power Couples](#)

**3. Take them out on the town:** Your friend hasn't changed; they still love going out with you. Show more support for them by taking them out to a club that caters to their needs and play their wingman (or woman). Plus, you'll both just have a great time dancing and looking good!

**Are you adding this emotionally challenging movie to your must-watch list? What does this make you think about people who may be coming out in your own life? Share any advice you have below!**

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# **Kim Kardashian Announces the Sex of Celebrity Baby No. 3**



By

[Rachel Sparks](#)

[Kim Kardashian](#) just revealed the sex of [celebrity baby](#) number three! According to [EOnline.com](#), during an interview with Ellen Degeneres, Kim Kardashian was telling a story where North West said, "Mom, baby sister isn't here. I think I need all the toys in my room." This [celebrity couple](#) is on their way to a full house!

**It looks like Kim and Kanye will be welcoming another celebrity baby girl to their brood! What are some ways to prepare for a third child versus the first or the second?**

**Cupid's Advice:**

Each addition of a new child takes its own preparation. When you brought home baby number two, you worried how your first born would react to not getting as much attention. Now, you know more about handling an infant, so there's less to buy and worry about. But having a third infant is different. Now you've got two older siblings to prepare, five schedules to try and balance, and the financial strain of another kid. How can you prepare for baby number three with less stress? Read our [parenting advice below](#):

**1. Potty train:** If you have older kids that aren't potty trained yet, go ahead and make your life so much easier now and get those kids' butts on the toilet. You don't want to have an infant strapped to your chest while you're chasing a screaming, naked two year old around the house.

**Related Link:** [Parenting Tips: How to Cope With Stress](#)

**2. Prep the house:** Besides setting up a nursery, there's a lot that you can do before baby number three gets here. If you have carpets and children, you know what a disaster that can be. While redoing floors may not be at the top of your prepping list, removing carpets can help you avoid allergies and stains. Buy the carpet tile samples from a home improvement store for a cheap and easily replaced rug for your kids' rooms.

**3. Start a routine:** Children thrive off of routines, but changing them can be hard. Start the newborn routine now so the kids won't have such a hard time adjusting. The most critical thing is to ensure you spend alone time with each child so they know they won't be forgotten.

**Related Link:** [Celebrity Video Interview: Actress Tia Mowry Says, "There's No Such Thing as Balance!"](#)

**4. Encourage alliances:** Building strong relationships with the kids and encouraging them to be the best of sibling friends will make entertaining the older kids much easier. It also

teaches them how to look out for each other, making them feel special instead of left out when the newborn comes home.

How have you **adjusted for each new baby you brought home?**  
**Share your own parenting advice below!**

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## Celebrity News: Gwen Stefani Reveals Christmas Plans with Blake Shelton



By

[Rachel Sparks](#)

[Celebrity couple Gwen Stefani](#) and [Blake Shelton](#) are making plans for their Christmas holiday together. According

to [UsMagazine.com](http://UsMagazine.com), the couple is starting in Oklahoma at Shelton's house, and then spending the day with Stefani's three boys, who she had with [celebrity ex](#) Gavin Rossdale, at Stefani's house. The latest [celebrity news](#) is that the couple, who met on *The Voice*, produced a Christmas song together, a duet called "You Make it Feel Like Christmas."

**This celebrity news that Gwen and Blake are still holding strong in their relationship is inspiring! What are some ways to combine traditions when you're part of a couple?**

#### **Cupid's Advice:**

The holidays hold a lot of special memories for people. We all want to experience the same joy we felt as a child, and we especially want to share that with someone we love. The problem couples face is that they may not share holiday traditions. How do you and your partner make it through the holidays with the same joy if you're sharing traditions? Here's our [relationship advice](#) to get your through the holidays:

**1. Merge traditions:** Share your favorite traditions with your partner. If your love always goes caroling but that's not your thing, compromising and trying something new makes the holiday exciting. It also gives you the opportunity to value other cultures and their traditions. It could quite possibly make the whole month of December filled with holiday cheer!

**Related Link:** [Celebrity News: Blake Shelton Spends Christmas Eve with Girlfriend Gwen Stefani & Her Kids](#)

**2. Start new traditions:** Even if it means combining old traditions a new and unique way, starting new traditions as a couple cements your status as partners. Make a holiday bucket list is a great way to learn what your partner wants to do to celebrate together. Treat each idea like a day from the advent calendar to spread the holiday cheer throughout the whole month!

**Related Link:** [Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton](#)

**3. Invite a friend:** When you're a new couple, the holidays may feel a little lonely if you're used to a big family ordeal. Invite some friends for a bigger festivity. They might bring their own traditions, and trying something new will be fun for everyone and may ease the tensions of sharing holiday traditions with your significant other.

**Have you had to combine holiday traditions? Share your advice below!**

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## Parenting Advice: How to Combat Holiday Commercialism





By

[Rachel Sparks](#)

The holidays are filled with hand-crafted memories, cinnamon wafting through the air, and wood snapping and popping in the fireplace. As much as we love the holidays, it seems it's impossible to recreate all the warm memories we have from our own childhoods. Media is literally everywhere, and our children have grown up being bombarded by what's trending and hot. The holidays are the best time for marketers to target consumers and children are especially vulnerable. Our [parenting advice](#) will help you make it through the holidays with the best memories for your whole family.

## **Cupid's parenting advice can protect your children from holiday commercialism!**

**1. Limit commercials:** One of the quickest ways to nix commercialism in your kids is to entertain them during commercials. Avoiding those bombastic sellers will help keep your kids clear of any unnecessary buys they may think they

want. Find interesting ways to entertain your children during commercials. Tell a holiday story, share an interesting thing about your day, play a game of Monopoly, or decorate an ornament.

**Related Link:** [Parenting Tips: How to Set a Good Example For Your Child](#)

**2. Share the budget:** Ok, don't tell them all about your budget, but children learn about money from the example you set. If you buy numerous exorbitant gifts, all you're teaching your children is excess spending and you are setting the expectation for more spending. Show them how you budget holiday gifts and why it's important, teaching them a valuable lesson about money and the significance of sincere gift-giving.

**3. Explain the meaning:** No matter your spirituality, every winter holiday has some meaning behind it. Sharing this with your children will explain why the holidays are important and create deeper meaning for the season. Explaining the significance will combat the materialism of society.

**Related Link:** [Holiday Gift Guide "Must-Have": Personalized Books For Kids](#)

**4. Holiday activities:** The holidays are traditionally about spending time with family and doing crafts and activities with them. As stereotypical as some of those activities may be, your children will love doing them. Make a gingerbread house, giving your kids free reign to decorate the house how they want. Make cookies, go on a sleigh ride, or have a hot chocolate bar. Your children will remember these moments more than the gifts they are likely to toss by next year. Watch Mariah Carey celebrate in full-festive style with her daughter for some inspiration!

**5. Recreate traditions:** Children look up to their parents. Of course, they seem to outgrow this as soon as hormones hit, but



the holidays have a sort of magic that makes everyone go back to being a kid. Share your favorite tradition with your kids and recreate it. Make popcorn ribbons for the tree, make a beaded angel ornament, find the best real tree rather than a store-bought plastic one. Sharing your past joys with your kids will help create new traditions and they will love you for the genuine moments spent together. [Beyonce](#) and [Jay-Z](#) create their own traditions but never hesitate to share with their kids.

**What parenting advice do you have for combating the commercial beast? Share your ideas below!**

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## **Celebrity News: The Weeknd Hangs Out with Justin Bieber's Ex Post-Selena Gomez Split**





By

[Rachel Sparks](#)

After only a week without [celebrity ex Selena Gomez](#), The Weeknd has been spotted out on the town with [Justin Bieber's](#) ex Yovanna Ventura. He was seen holding hands with Ventura while hanging out with French Montana, according to [EOnline.com](#). The Weeknd's partying is the [latest celebrity news](#). He's been photographed with other celebrities, such as [Leonardo DiCaprio](#), [Robert Pattinson](#), and Emily Ratajkoski as well.

**Post-celebrity breakup from Selena Gomez, The Weeknd is definitely getting around. What are some ways to recover from a split **quickly?****

**Cupid's Advice:**

Post-split is a disorienting feeling. You've lost the person you spent all of your time, likely other friends, and common hobbies. For the sentimental, TV shows, music, video games,

etc. that the two of you shared bring back painful memories. Figuring out what to do with yourself after a breakup is hard, but it starts with getting over your ex. Here's our [dating advice](#) for all of you who are newly single:

**1. Actually feel your feelings:** No one wants to feel lonely, guilty, hurt, or betrayed, but pushing all of those feelings aside will only prolong the process of moving on. Grab a friend and bawl your eyes out. Get to the gym and work-out your frustrations. Drink until feel your sorrows, purge them, and move on.

**Related Link:** [Relationship advice: How Do I Know If I'm Rebounding?](#)

**2. Cut them off:** The only way to really get over your ex is to ignore them. Sounds harsh? It's worse being that guy who is stuck in the past. Delete all contact information for your ex, get out of your shared group of friends, and find new hobbies if you shared any with your ex. Finding who you are on your own starts with actually being on your own.

**Related Link:** [Dating Advice for Dealing with the Breakup Blues](#)

**3. Get back out there:** Ok, so one-night stands, flings, and rebounds can happen if you get back in the saddle before you're ready. Prolonging jumping back into the dating pool is just as harmful, though. Even if feel under confident, start flirting with other people until you're ready to start dating again. The fun of flirting, and how good you feel when you receive it, will help you get over your ex that much quicker.

**How have you battled the breakup blues fast? Share your post-split advice below!**

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# Celebrity Couple News: Gigi Hadid & Zayn Malik Celebrate 2 Years Together with a Kiss



By

[Rachel Sparks](#)

Model Gigi Hadid and former One Direction singer Zayn Malik celebrated two years together on November 12. The [celebrity couple](#) recognized the moment with a kiss, posted on Instagram later that night. Hadid shared with [UsMagazine.com](#) that the romance started for the couple on the *Ellen DeGeneres Show*. Hadid and Malik met at a friend's party and had their first date later that same week.

# This celebrity couple is celebrating their anniversary. What are some special ways to show your partner you care on your anniversary?

## Cupid's Advice:

Anniversaries are significant for couples because they mark the growth the two of you have made as a team. Finding the best ways to express your love for your partner is a lot of pressure, but Cupid has [relationship advice](#) to make your anniversary that much better:

**1. The perfect gift:** Tell your love story together. It will be heart-warming to see how your partner views your first meeting. Sharing how your relationship has grown and what you've loved most will reignite the initial young love for each other. Make a photo album, splurge on a hardcover book of the two of you, or tell it in style with a customized playlist.

**Related Link:** [Celebrity Wedding: Justin Timberlake Pens Wife Jessica Biel a Love Letter for 5th Anniversary](#)

**2. Getaway together:** Recognize this special achievement by going somewhere important to you both. Whether it's a cabin in the woods, camping for a weekend, or the honeymoon suite at an all-inclusive resort, enjoy the seclusion a trip offers you both.

**Related Link:** [Celebrity Wedding: Sarah Michelle Gellar & Freddie Prinze Jr. Celebrate 15th Anniversary](#)

**3. Share a new experience:** What's more exciting than falling in love? Sharing a new adventure with the person that you

love! If you've been dying to go skydiving or hot air ballooning, mark the occasion with something you've both never done. It will be something you guys talk about for years and the fear of trying something new will bring you closer together.

**How do you show your partner that your anniversary is special? Share your ideas below!**

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## Your 2017 Celebrity Style Holiday Guide



By

[Rachel Sparks](#)

With the holidays comes a lot of pressure. You worry about

what gifts to buy, decorating the house, preparing the best meal anyone has ever had, and to top it off, you want to look great. Rocking the latest [celebrity styles](#) during the holidays isn't as hard as you may think. Though the holidays are typically adorned with flared waists or coy slip dresses, your closet may not have these feminine staples. Cupid's done your research; here are the [fashion trends](#) that make you look like an expert in celebrity fashion this holiday season.

## How to rock the holidays in celebrity style without a dress.

**1. Forget the dress, rock the skirt:** Tulle draping down past your knees is as elegant as any empire waisted dress. Pair it with a simple tee for a casual gathering, top with a crocheted sweater for that winter flair, or wear it with a tailored blazer for a formal but flattering look. If tulle isn't your thing, metallic knee-length skirts bring back the holiday glam. Look to [Jessica Alba](#) for inspiration on this celebrity style.

**Related Link:** [5 Fashion Trends to Make Winter More Bearable](#)

**2. Velvet isn't just for the '70's:** Velvet is making a come back and there's nothing more sultry than a smooth velvet staple in your holiday wardrobe. Whether a pantsuit, a blouse or blazer, or a skirt, velvet is a classic holiday style that's just as gorgeous on adults as it was when we were kids. For inspiration, look to daring fashion expert [Rihanna](#).

**3. Holidays without red? No thanks:** You can't have a holiday outfit without a little red, but this year's style trend uses a lot more than a little. Be brave and embrace the holiday color with a long red skirt, a glamorous top, or show-stopping red heels. Need some ideas? [Emma Stone](#) stuns with her red dresses.

**Related Link:** [Fashion Trend: Break Out the Floral Print This Fall and Winter](#)

**4. Sequins aren't just for ornaments:** If you've paid any attention to 2017 fashion trends, sequins have been everywhere. From a holographic, modernist edge to a more sleek maxi dress, sequins are staying, so it's time to welcome the new year with this lasting look. From Duchess [Kate Middleton](#) to sweet-heart [Taylor Swift](#), everyone has their own spin on sequins.

**5. Heels that kill:** End the bore of the classic little black dress by pairing it with statement shoes. Go for red, green, purple, or bejeweled. Get daring and dress up any normal outfit from your closet with an artsy, fashionista shoe to take you through the holidays into the new year with style. Our favorite celeb foot flare: [Beyonce](#) and [Jennifer Lawrence](#).

**What are you holiday style go-to's? Share your fashion advice below!**

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## **Celebrity Chef Recipes For a Vegetarian Thanksgiving**







By

[Rachel Sparks](#)

Whether it's a dietary choice or a doctor's demand, we're bound to know someone who needs a meatless option for Thanksgiving. Even if you want to do your traditional meals, try one of these [celebrity chef](#) recipes to add a savory vegetable dish to your dinner spread. These recipes will give you a head start on shedding those winter pounds without sacrificing flavor. If you don't try one of these recipes for Thanksgiving, they serve as a great winter [date night](#) idea.

**These vegetarian celebrity chef recipes are about to start new Thanksgiving traditions!**

Take a vegetarian to a restaurant and nine times out of ten the only option on the menu is a salad sans meat. A lack of options to satisfy your herbivore can certainly ruin a romantic evening together. Providing nutrients for a vegetarian without being monotonous or just dumping a bunch of vegetables on a plate can be challenging, but we're here to

help. A variety of produce and grains adds flavor. Relying on mushrooms, grains, and legumes add protein. Besides stews and salads, roasting, sautéing, braises, and cream-based entrees can help provide your family with a dish to make them smile. When you have your Thanksgiving meal, you want to be the best host and cater to everyone's needs. Check out our favorite vegetarian recipes for this Thanksgiving!

1. [Butternut squash vegducken](#): Have you heard of turducken? It's all the rage for the adventurous Thanksgiving chefs. Here's the veg-head friendly version. Layered with winter and summer squashes, it's a balance between hardy winter flavors and the light summer palettes. Stuffed with mushrooms and cranberries, it's protein-packed while still familiar to the traditional Thanksgiving flavors. It's the perfect replacement for your turkey.

**Related Link:** ['The Chew' Host Carla Hall Talks About Thanksgiving Dinner Dinner & Date Night](#)

2. [Winter squash soup & apple soup](#): Winter squashes like acorn and pumpkin are naturally sweet. Pair it with delicate fruits like apples or cranberries, toss with a cream or soft cheese and you have a light but flavorful fall-inspired soup. Top with walnuts or pecans. It's a great starter for everyone around the table.

3. [Autumn vegetable patties](#): With family visiting, Thanksgiving tends to be a dressed-up formal occasion for the family. Despite this, dinner rolls and breaking the wish-bone make some food finger food, and we can't leave the herbivores out. Made with sweet potatoes and cannelloni beans, this is a nutrient heavy dish. Serve as an appetizer for everyone or the main course for your vegetarian friend.

**Related Link:** [Tips For a Happy Friendsgiving](#)

4. [Roasted Squash with Shallots, Grapes, & Sage](#): Are you seeing a trend here? Winter squashes and fruit pairings are

the ultimate autumn and winter flavor palettes. If you've never worked with sage, it's a savory, light fall herb, a lot like thyme. Serve the squash halved and stuffed for a forkable dish full of fall.

5. [Harvest Tart with Pumpkin & Peppers](#): What Thanksgiving meal is complete without pumpkin? We're taking things for a spin and going savory instead of sweet for this vegetarian entrée. Serve as large pie or in individual bowls. This is a fun dinner alternative to the Thanksgiving pie.

What family-famous recipes have you developed to survive a **vegetarian meal**? **Share your recipes below!**

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## Celebrity News: Ed Westwick & GF Jessica Serfaty Were Looking at Engagement Rings Before Sexual Assault Scandal





By

[Rachel Sparks](#)

This happy [celebrity couple](#) is facing some serious relationship trouble. Ed Westwick and Jessica Serfaty confirmed their relationship back in May, and, according to [UsMagazine.com](#), Westwick had been looking at engagement rings two weeks before a sexual assault accusation hit Westwick from Kristina Cohen via Facebook. Serfaty posted the next day in support of Westwick, saying, "I know you, I know the truth." We're still holding out hope for a future [celebrity wedding](#)!

**This celebrity news is unfortunate, whether it's true or not. What are some ways to help your partner through a situation where their character is affected?**

**Cupid's Advice:**

At some point, we all face accusations. Whether it's typical bullying, workplace miscommunication, or frustrated exes, we will all encounter situations where we or the people we care about face similar challenges as Westwick. It's normal to feel doubt, but ultimately faith in our partners will carry us through these tough times. Read below for more [relationship advice](#) to get you through expected tensions:

**1. Be gentle with the wounds:** Your partner is probably having a lot of doubts. Facing accusations makes someone feel insecure in their current situations. Don't push these wounds. You've known your partner long before these accusations came up, so putting any faith in them will only further aggravate your partner's wounds.

**Related Link:** [Celebrity News: Ryan Phillippe Responds to Ex's 'False' Abuse Allegations](#)

**2. Stand on strong ground:** Every relationship encounters tensions from the past, even if its not accusations. You know your partner, so remind both yourself and your S.O. of what makes you guys strong and successful as partners. Don't avoid the issue, but rather, focus on your strengths and the healing will follow.

**Related Link:** [Celebrity News: Iggy Azalea Talks nick Young Scandal on 'Ellen,' Saying 'We're Good'](#)

**3. Defend through battles:** When you need help, you trust that your partner has your back. Even though accusations can shake some trust you have in the relationship, standing by your partner and defending them against others will strengthen your relationship. Any doubts you have, you handle between the two of you, but be sure to keep it behind closed doors. Presenting a united front will help restore trust from others along with strengthening your partnership.

**Have you or your S.O. ever been through some tough accusations? How did you guys make it through that time? Share**

your relationship advice below!

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# Celebrity Couple News: Scott Disick is Telling Friends He's 'in Love' with Sofia Richie



By

[Rachel Sparks](#)

According to a source, 34-year-old [Scott Disick](#) said that he is “in love” with 19-year-old girlfriend Sofia Richie.

According to [UsMagazine](#), the couple have shared their intimate moments around the world where it's easier to remain private. Richie's friend Chloe Bartoli, an old fling of Disick's, has stopped talking to Richie, but it's no loss. Richie's father Lionel Richie claims his daughter is just as infatuated with with Disick. Despite the three children Disick has with [Kourtney Kardashian](#), the [celebrity couple](#) are receiving support from the Kardashian clan.

**This celebrity couple must be getting more serious if Scott Disick is using the "L" word. What are some ways to know when to tell your partner you love them?**

#### **Cupid's Advice:**

Dropping the "L" word for the first time is nerve-racking, but it's exceptionally exciting. It takes the relationship to a new stage and shows the commitment both people have for each other. There's a sense of security and a renewed sense of infatuation for each other. But how do you know it's the right time to take your relationship to the next level? Read Cupid's [relationship advice](#) below:

**1. You know you're capable:** Loving another person is a delicate and healthy balance of self-awareness and selflessness. You have to know what you need in a relationship just as much as you need to know what your partner needs. Are you willing to make the sacrifices your partner may ask of you? When you feel confident that you can provide selflessly for another person and are aware of your own needs and how to ask for them in a healthy and respectful manner, then you know that you are ready to say the all-powerful phrase.

**Related Link:** [Celebrity Couple News: Sofia Richie Kisses Scott Disick on Private Plane](#)

**2. You're confident the relationship is ready:** At some point, the two of you have talked about the future you see for yourselves, both independently and together. You never want to drop the "L" word too soon, but you don't want to wait too long. If you're worried about scaring your significant other away, then hold off on saying anything. Respecting your partner's need to become confident in their decision and the time it takes to reach that is a sign of a loving and supportive relationship.

**Related Link:** [Dating Advice: When to Say "I Love You"](#)

**3. You're committed through the tough times:** You know every relationship is going to hit a tough time, so are you ready to stick it out through that? If you are, saying "I love you" is a sign of that commitment you're making to each other. Those times will be hard, and you may not feel like you love that person during those struggles, but "love" is a word of commitment, security, and trust.. Are you ready to make that promise to each other?

**How do you look past those nervous butterflies in your stomach to know it's the right time to say "I love you?" Share your advice below!**

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**Celebrity Interview: Drew D'Angelo of 'Real Estate**



# Wars' Says, "Don't Ever Settle for Second Best"



By

[Rachel Sparks](#)

If you don't already know his name, you will soon: Drew D'Angelo is a coastal real estate agent on The McMonigle Team and one of the stars of Bravo's new reality TV show *Real Estate Wars*. At 21 years old, he joined his stepfather's land development business as an assistant and worked his way up to the top. With 17 years of experience, he is certainly one of the best. In our exclusive [celebrity interview](#), D'Angelo opens up about reality TV, his best [relationship advice](#), and his future goals.

# Drew D'Angelo Talks Real Estate & Reality TV in Celebrity Interview

*Real Estate Wars* includes the biggest real estate moguls in the O.C. Filled with A-listers, celebrity drama, and multi-million dollar houses, it's our next binge-worthy show. Of the experience so far, D'Angelo says, "My life hasn't changed all that much, with the exception of being recognized on the street and in stores when I am with my family." While he's now in the spotlight more than before, his career path is still very much the same. He co-owns several businesses with his family, including his stepfather (and role model), and continues to sell houses.

Bravo's selling point for *Real Estate Wars* – besides the gorgeous coastal homes – is two rival teams. D'Angelo is part of John McMonigle's team, who was the number one real estate agent in the United States before the market crashed. Of course, there's a catch: McMonigle's old partner, Jojo Romero, is on the opposing side. Despite the drama, D'Angelo reveals, "John is a constant gentleman to her. One can hope that, one day, they will be friends again. I do think Jojo will be nice to John when she lets go of her deep-rooted resentments."

D'Angelo, though, thrives off of the competition. He never feels animosity towards any members of either team and considers some of them friends. In fact, he believes that the competition makes him better: "I look at my competition as an opportunity to collaborate and learn what makes them tick because it gives me the upper hand when I'm in negotiations with them."

**Related Link:** [Relationship Advice: Getting Over a Grudge](#)

*Real Estate Wars* focuses on extremely high-end homes, so it's no surprise that the reality TV star often works with

celebrities. “I try not to get starstruck by anyone, but I definitely am in awe of the wealth these people have and the lives they live. It’s really a different world for some of my clients,” he shares. “I always try to make sure they know I am as comfortable as they are when doing business with celebrities. They seem to open up more when you are just being yourself and aren’t nervous.”

Of course, there is that one celebrity that he’d love to meet – and celebrity home that he’d love to sell: Kobe Bryant. Close runner-ups include Richard Branson, Irvine Co. owner Don Bren, and Bill Gates.

**Related Link:** [Kobe Bryant Relocates to a Resort Post-Split](#)

## Reality TV Star Offers Relationship Advice

D’Angelo could never have so much success in his professional life without support from his family. When it comes to relationship advice, he believes the most important part of having a good home life is the partner you choose. “Don’t look for someone who fits into your life. Look for someone who adds to you and makes you better in all aspects of your life,” he explains in our celebrity interview. “A true partner is a complement to who you are already – someone who challenges you in a positive way to be more, someone who makes you want to be more in your life, someone who respects your boundaries and has a set of morals and goals that again complement who you are.”

Currently married to his second wife, he adds, “Don’t ever settle for second best. This person, whomever it is, will make you feel your best and be the ying to your yang.”

**Related Link:** [Dating Advice: How to Go From Single to Married](#)

The father of three children, D’Angelo would love for his kids

to follow in his footsteps and join the family business. He says, "It'd be great for them to continue our work, but most importantly, I want them to do what makes their hearts happiest."

So what's next for the real estate agent? He hopes to make great strides in the next five years. "I would like to have several million dollars sitting in the bank, a few apartment buildings that we own and manage, and a minimum of five different development deals going on," he reveals. "Personally, I want to be able to provide more for my children and have plenty of money for any situation."

As for *Real Estate Wars*, D'Angelo is hopeful that fans will want a second season. "It was such an amazing experience to be a part of something that is so big," he shares. "I have no regrets."

You can find out more about Drew D'Angelo on [Bravo.com](http://Bravo.com). Follow him on [LinkedIn](#) and [Instagram](#).

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## Adam Levine & Pregnant Wife Behati Prinsloo Are Expecting a Second Baby Girl





By

[Rachel Sparks](#)

[Celebrity couple](#) Adam Levine and Behati Prinsloo are expecting their second [celebrity baby](#), and it's going to be another girl! According to [UsMagazine](#), [Adam Levine](#) shared the baby gender news on the *Ellen DeGeneres Show* November 7th. When asked if they would be having more children, the expecting couple claim they both want a lot more children. We can't wait to see the family these two beauties build together!

**This celebrity news has the girls outweighing the boys in Adam Levine's household! What are some ways to help your husband deal with an all-girl **family?****

**Cupid's Advice:**

Family dynamics are an important aspect as couples decide to have another child. Oftentimes, though, parents only think

about how the older child(ren) will adapt to being an older child. But how do parents change as their family grows, especially when one gender is outnumbered? Read Cupid's [parenting advice](#) below:

**1. Model through Mom:** Children watch how their parents interact, and this sets the basis for a lot of their future relationships. When you're raising all daughters, the girls watch how mom and dad read each other. If you want to raise confident young women with high standards, show them what those standards should be by treating your spouse right.

**Related Link:** [Celebrity Parents Open Up About Their Best Parenting Advice](#)

**2. Don't shy away as she grows:** The whole family gets pretty terrified as the little ladies in the family start to grow up. Teenage years are terrible for everyone in the family, but don't shy away. The pre-teen years are especially important for developing the adult minds, so be careful of too much distance, even if that seems like what they want. Be there, be supportive, be present.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**3. Date her:** Put aside the Oedipal complex and realize that your role as the most important man in your daughter's life really does affect the future of her relationships with men. That's a lot of pressure. Take your daughter out for dates for genuine connection, but you'll also teach her how she should be treated. Make sure to spend authentic time with each of the kids alone to nourish both the present and the future for your children.

**What advice do you have for men like Adam Levine who are surrounded by all women in their house? Share below!**

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# Celebrity Divorce: 'Real Housewives' Shannon & David Bador's Split is Still on Despite Reunion

Cupid's Pulse  
\* Celebrities. Love. Opinions. \*



By

[Rachel Sparks](#)

*Real Housewives of Orange County* stars Shannon and David Bador are still going through with their [celebrity divorce](#), which was announced a week ago. [EOnline.com](#) reports that the ex [celebrity couple](#) were seen reuniting on Saturday at USC for their daughter Sophie Baedor. Though the couple are splitting after 17 years of marriage, both Shannon and David remain

committed to regular reunions, claiming that co-parenting amicably for the sake of their children remains their goal.

## **This celebrity divorce is still happening after 17 years of marriage. What are some things to try to heal your relationship before resorting to a divorce?**

### **Cupid's Advice:**

Long-term relationships are a lot of work, but we often forget it. That initial falling in love feeling disappears but we're still optimistic about our futures. Routine, monotony, stress, and hardships challenge the relationship and it's natural when we feel down from life to let those feelings translate to our relationships. How do we know, then, when we've done everything we can for our marriage? Check out Cupid's [relationship advice](#):

**1. Decide if you want to fix your marriage:** You would think this would be obvious for most people: you know either way if you want to save your relationship. But it's much easier to say you do want to make things work than it is to take the actions to do so. When you realize you want to do the hard work it takes to repair a relationship, that means you have to stop complaining and start taking action.

**Related Link:** [Jennifer Garner & Ben Affleck Attend Church After Celebrity Divorce Filing](#)

**2. Take responsibility:** Unfortunately, working on a relationship isn't comfortable. Then again, it was awkward in



the beginning, but that proved to be worth it. You'll be embarrassed and humbled, but likely, so will your spouse. Own up to your mistakes, both past and present. Your spouse will appreciate it and you'll find some closure on past pains. Your relationship will also take a giant leap forward as the two of you confront your demons together.

**3. Respect and value:** This is another that should seem obvious, but when you're hurting it's very easy to take out that pain on the other party. From our childhoods we all learned how easy it is to lash out at our family, and our spouses are no exception, but take a breath before you do so. Is that comment worth the damage it does to your relationship? Also keep in mind that actively paying attention and engaging your significant other shows that you value and respect them, and taking the time to listen and engage will go much further than an extravagant gift that was purchased to overcompensate for failures.

**Related Link:** [Former Celebrity Couple Gwyneth Paltrow & Chris Martin Reunite For Daughter's Birthday](#)

**4. Give your best:** When you're hurt, you don't want to make yourself vulnerable, but you won't move forward unless you try. Keep giving your best, even when your spouse isn't. If things don't work out you will know you tried your hardest and you will have learned from the whole experience for another relationship.

**Have you been in a long-term relationship that's failing? How did you try to fix it? Share your advice below!**

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# Celebrity Chef Recipes to Help You Eat Healthy This Year



By

[Rachel Sparks](#)

Winter blues are on their way out, but some of that extra insulation you may have packed on over the holidays is still sticking around. We fully believe in your ability to accomplish your New Year's resolutions, so we're going to help you with those health goals. These [celebrity chef](#) recipes are the perfect inspiration to help you feeling clean and energized. Plus, they're the needed accompaniment to your fitness plan.

# These celebrity chef recipes make eating healthy seem **g**lamorous!

You may not be the next [Gwyneth Paltrow](#) in the kitchen, but these celebrity chef recipes are great references to get you started on a sustainable food journey. Healthy food doesn't mean a bland experience. These recipes will make you feel like you'll be ready to deck out in [celebrity style](#):

**1. [Tom Colicchio's Roasted Chicken](#):** The majority of us enjoy chicken as a regular staple for our families. Chicken is a great choice of protein while you're trying to be healthy; be conscious of how you choose to cook the meat. Frying, of course, is not the cleanest option. Roasting in the oven is not only healthier for you, but it's easy and delicious. Brown the skin on the stove top for extra flavor, or keep the oven on low for a juicy bite with a crisp skin. You won't want to use any other method for cooking chicken again.

**Related Link:** [Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind By Eating These Super Foods](#)

**2. [Jason Franey's Mustard-Glazed Black Cod](#):** Fish is a clean and delightful alternative to traditional animal proteins. Don't be afraid to add variety to your meals. Fish contains healthy and happy minerals, such as Omega-3, which fights heart disease, high blood pressure, depression, and anxiety. Fish cooks for less time, so it's a healthy and quick option when you forgot to set meat out to thaw. Try sautéing, grilling, roasting, or steaming for healthy and easy ways to cook fish.

**3. [Leah Chase's Gumbo z'Herbes](#):** We're throwing it back to the Meatless Monday trend, and there's a reason. Cutting meat out for a meal helps cleanse the body and gives you more energy for endurance-heavy workouts. The plus side: this Louisiana classic is a real treat. The heat from the cayenne and paprika

create a pleasant warm feeling and the slow-cooked greens are the savory staple of the South. With all this flavor you won't even know it doesn't have meat. The secret to good ole' Southern cooking: low and slow. This is definitely a recipe to add to your crockpot repertoire.

**Related Link:** [Find Your True Weight with the Incredible Dukan Diet](#)

4. [Herby Barley Salad with Butter Basted Mushrooms](#): Don't be fooled by the words salad and mushrooms. This is a delicious and protein-packed lunch. We love starches, but they don't love us. Try switching out standard carbs like rice with protein-heavy alternatives, such as quinoa, barley, or oats.

5. [Jonathon Brooks Ramen](#): Forget the old cup of noodles. Authentic ramen is packed with nutrients. The combination of the capsaicin from chiles, the zing of brightness from limes, cilantro, and stock feel like the cure for any illness. It's the perfect way to start a day when you feel down or the best way to end a day of too much fun. It really is one of the best ways to fill yourself with the most nutrients.

What secret recipes do you break out when you're trying to eat **healthy**? **Share below!**

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# Celebrity Interview: Michael Canale Talks About His New Product Line & The Latest

# Celebrity Hair Styles



By

[Rachel Sparks](#)

With nearly thirty years of experience as a celebrity hair stylist, Michael Canalé is best known for creating “The Rachel,” the hair style of [Jennifer Aniston’s](#) character on *Friends*. Seeing between 20 and 40 clients every day, he starts his mornings at 7 a.m. and spends anywhere from 15 to 30 minutes on each client. Adding to his already busy schedule, he has just released an ingenious new hair product line that lengthens the longevity of color and repairs damage to hair. Of course, Canalé is a lot more than a stylist: He’s also a family man to three kids and an avid traveller for work. In our exclusive [celebrity interview](#), he opens up about his new product line, the latest celebrity hair styles, the importance of family, and what’s next for his booming career.

# Michael Canalé Talks About New Product Line in Celebrity Interview

**Related Link:** [Beauty Trend: Holographic Hair Colors](#)

Canalé's new line of hair care products "is the first of its kind, focusing on getting hair ready for color and maintaining color between salon visits." The four-step process starts with a gentle shampoo that does not fade color. Following the shampoo, Nourish is a topical vitamin that helps strengthen and heal hair. The third step is the conditioner that "restores luster, softness and shine." The newest addition to his line is Replenish, "an ingestible vitamin with a vegan and all-natural approach that contains patented Targeted Cellular Technology for maximum absorption with critical ingredients that will help you achieve strong, healthy hair."



Photo: Michael Canalé  
Product

It's easy to see why we trust the Canalé product line as much as we trust the stylist to color and cut our hair. Canalé has a strong knowledge base and uses the undertones of someone's skin and eyes in order to choose their best hair color. He suggests that you look at your wrist and note the color of

your veins: “If they’re blue, you have a cool undertone, and if they’re green, you have a golden undertone.” He also recommends looking at your eye color: If you have blue-toned eyes, cool-toned highlights will be a natural compliment. For instance, blue-toned eyes with specs are best complimented with baby-blond highlights.

Making it even easier for hair color novices, he adds, “Another trick is to always use your natural hair color when creating a hair color – that’s why I prefer highlights.”

Having started the largest hair styling trend in decades with “The Rachel,” we had to ask Canalé’s perspective on must-have celebrity hair styles. In terms of hair color, he believes that ombre and balayage are on their way out. Instead, he suggests his favorite technique and says, “The hottest color trend right now is using paper thin highlights to enhance a client’s natural base and adding a finishing touch of a pop around the face to bring out a client’s eye color, giving a subtle, glamorous look.”

**Related Link:** [Get a Knockout Look with This One-Two Punch in Hairstyles](#)

When it comes to hair cuts, he encourages his clients to consider their natural texture. “If you do a cut that embraces your natural waves, it’ll require less styling with heat and tools,” he shares.

## **Celebrity Hair Stylist Shares Parenting Advice**

Aiding in his success is help from both his wife and manager. “I will tell you, it’s not easy. My wife is very supportive and holds down the fort when I’m out on the road,” he explains. “I also have a great manager who makes sure I don’t miss a beat when it comes to my kids.”

Despite his long days, Canalé always prioritizes time with his family. When it comes to finding your own work-life balance, Canalé says, “My best [parenting advice](#) to your readers is to never let work allow you to miss the most memorable moments and to carve out family time. Creating memories with your loved ones is priceless!”

So what’s next for this celebrity stylist? For starters, he sees himself spending plenty of time in the salon. He began his career working with Leslie Ann Warren and Marsha Mason, and most recently, he’s worked with Carolyn Murphy, the face of Estée Lauder, and Stephanie Hollman from *The Real Housewives of Dallas*. “I want to still be behind the chair, coloring the hair of women all over the world. I work in eight cities as of today and am looking to expand into another,” he explains. “My goal is that the future of my business continues to help women feel beautiful as we create healthy and beautiful hair color.”

**Related Link:** [Celebrity Interview: RHOD Star Stephanie Hollman Talks, Fame, Family Life, and Spring Style](#)

Additionally, Canalé hopes that one of his children will join the family business someday. “I’ve built a career around brand-specific color techniques and would love to see it continue,” he says. Plus, he promises that “a couple of incredible products will be released in 2018.” So stay tuned!

Canalé saves his best piece of beauty advice for the end of our celebrity interview: “One last thing: Don’t overthink your color. Your hair is your best accessory – stay colorful!”

You can follow along with Michael Canalé on [his website](#) and [Facebook page](#).

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# Product Review: Share a Scare with Care Bear Onesies!



By

[Rachel Sparks](#)

*This post was sponsored by Care Bears.*

Every time of year is a great time of year to have themed outfits for the whole family! Whether you're looking for a last minute costume for a party or a goofy [date night](#) in, Care Bear Onesies are the perfect outfit to have in your closet. No amount of [parenting advice](#) helps you get the kids to sleep? These fluffy, easy to clean pajamas are an inspiration to sleepy children everywhere. Celebrating 35 years, Care Bear has created an easy way for the whole family to let loose and have a good time!

# Rock the Care Bear onesie for a date night or a parenting win!

Get casual with your love for a goofy date night in with this onesie. They come in male and female sizes and various themes. Men can sport the blue Grumpy Bear. Ladies, look as hot as Tori Spelling when she wore the flashy pink and rainbow-patterned Cheer Bear. Even better, every onesie has pockets for your convenience.

**Related Link:** [Date Idea: Have an Oscar Nominated Movie Date Night](#)

Keep the fun going past Halloween for your kiddos in these plush and easy to wash styles for youngsters. Your son or daughter can match Dad in their own child-sized Grumpy Bear onesie. Your child can brighten everyone's day in their own Love-a-lot Bear onesie. The best parenting advice Cupid can give: don't forget to have fun with your kids. These Care Bear onesies make it easy!

**Related Link:** [Baby Fever: Dress and Wrap Your Child in Celebrity Style with These Comfortable and Cozy Products](#)

For their 35th anniversary, Care Bear onesies are easy to find and even easier on the pocket. Check out Target and American Greetings to buy your own set for the family. Priced as low as \$14.99 and ranging to \$27.99, they're the perfect winter pajama set for everyone.

Learn more about these fun family outfits at [Target.com!](https://www.target.com)