

# Relationship Advice: How to Get Engaged at Any Age



By [Rachel Sparks](#)

On this week's [Single in Stilettos dating advice video](#), founder and [relationship expert Suzanne Oshima](#) talks to love and dating coach Jaki Sabourin about how to get engaged at any age. Watch the video above for their best relationship advice!

## Relationship Advice to Help You Get Engaged at Any Age

Sabourin's four-step process will help you get that rock on your finger:

**1. First, you need a vision:** Without a vision, we have nothing

to strive for. “Get clear about what you want and *why* you want it,” the dating coach says. Why you want something will help you have the strength to overcome obstacles when they come (because they will come).

**Related Link:** [Expert Relationship Advice: Two Things That Make a Man Fall in Love & Commit](#)

**2. Next, you must believe in yourself:** Without believing you can achieve your vision, how will it ever come true? Sabourin encourages you to start building your belief by saying your affirmations out loud – something like, “I have a man who loves and adores me.” Say it again and again until you truly believe it.

**3. Now is the time to take action:** All of the dating advice in the world is useless without action. Where is the best action at? It’s outside of your comfort zone – or the “known zone,” as the relationship expert calls it. “We have to step out of our comfort zone and take more risks, so we can live a bigger life,” she adds.

**Related Link:** [Relationship Advice: How to Emotionally Connect with a Man](#)

**4. Finally, consider your results:** This is the time to evaluate what your vision, belief, and actions have created. If you don’t like it, your vision, belief, and actions weren’t strong enough. Develop a clear image of what you want, and start the process over again until you create the life you want.

*For more dating advice videos and additional information about the Single in Stilettoes shows, click [here](#).*

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# Celebrity News: How Michelle Williams Found Love After Heath Ledger's Death



By [Rachel Sparks](#)

Is it possible to find love after loss? The late heartthrob Heath Ledger's wife, Michelle Williams, opened up to [ENews](#) on the ten-year anniversary of her late husband's death. According to Williams, the [celebrity news](#) of her Ledger's overdose became her hell. Williams's [relationship advice](#): keep moving forward. When she had given up on the fairytale of a happily ever after, dating [celebrity ex](#) Jason Segel, Williams finally found the one. In a very quiet relationship avoiding being part of [celebrity gossip](#), Williams and Harvard graduate

Andrew Youmans, a New York financial consultant enjoy vacations with Williams's daughter Matilda.

## **In celebrity news, Michelle Williams finally found a fairytale love 11 years after Heath Ledger's death. What are some ways to move on after a loved one?**

### **Cupid's Advice:**

The celebrity news about Heath Ledger's death had us all heartbroken, as if the teenage version of ourselves had been his wife. Dealing with our own losses are even more difficult, a battle that is both exhausting and daunting. When you've lost everything, how do you move forward? Cupid's Pulse has taken some love advice from Michelle Williams:

**1. Focus on what matters:** Matilda, Williams and Ledger's daughter, grounded the single mother in what mattered: Williams had to move forward in order to raise her. You and your lost loved one may not have had kids, but there was some sort of legacy left behind. Honoring someone's memory through what mattered to the both of you can ground you in the present, help you accept the loss, and start healing. Whether it's children, hiking in Peru, or building birdhouses, there is some way to stay busy and move forward while honoring your loved one.

**Related Link:** [Celebrity Wedding: Michelle Williams is Engaged to Andrew Youmans](#)

**2. Let go of expectations:** Like Williams, we all have expectations of love. When our partner dies, our perception of love and the world shifts drastically. Sometimes, we lose

hope. Sometimes, we hold onto something false. Don't expect to find anyone like the person you had; they were one of a kind, after all, but realize that there is still something and someone special out there for when you're ready.

**Related Link:** [Michelle Williams Upset Over 'Nightline' Interview Focus on Heath Ledger](#)

**3. Fight for your support network:** No matter whether you're ready for love or not, having a support network is critical. Williams kept Ledger's family around for a long time. In more recent years, a decade after her husband's death, she has friends her fight for her solitude and privacy amongst the glaringly nose celebrity world. Find people who will fight for you when you don't have the strength to do it for yourself.

**What love advice do you have for coping with a death? Share below and offer someone else the strength they need.**

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## **Celebrity Divorce: Matt Lauer Moves Out of Family Home Amid Divorce**





By [Rachel Sparks](#)

Former *Today* anchor Matt Lauer was forced out of his family home in the Hamptons by current wife Annette Roque amid their ongoing divorce. An insider told [UsMagazine.com](#) that Roque threatened legal action due to Lauer's hesitation, stating that Lauer was more concerned with how the press would view his new living arrangements after being fired for sexual harassment. Roque and insider said Lauer should care more for what is best for his family. This [celebrity divorce](#), a result of the #MeToo movement, is worrisome for the affect it has on their three children.

**Amid this celebrity divorce, Matt Lauer finally moved out of the family home after initially refusing. What are some ways to make your divorce more amicable?**

**Cupid's Advice:**

A celebrity divorce is just as volatile as what we deal with

when we endure divorces ourselves. There will always be collateral damage; children will have emotional backlashes, sometimes after everything has calmed down. Living situations change, oftentimes with financial hardship amongst the legalities of the split. While your divorce may not be the [latest celebrity news](#), Cupid's [relationship advice](#) will help you navigate those choppy divorce waters in order for a more amicable split:

**1. Evaluate your goals:** Within any action, there is a primary end result that we would like to see. In a divorce, it may be that you want to keep the house or the kids, that you want shared custody or holiday visitation rights. Recognizing what it is that you want most out of a divorce will help alleviate the minute details. There will be enough stress already, so choose what's worth fighting for.

**Related Link:** [Celebrity News: Harvey Weinstein Lied About Having Intimate Relations with Gwyneth Paltrow](#)

**2. Evaluate your priorities:** Similar to knowing what you want, you need to evaluate what really matters. Like Matt Lauer, is public appeal worth costing your family more stress? In emotionally-intense situations, it's easy to lose sight of your priorities. Remind yourself what matters, and fight for whatever that may be.

**Related Link:** [Celebrity News: Matt Lauer Fired from NBC News for 'Inappropriate Sexual Behavior'](#)

**3. Respect your family:** Lauer and Roque were married for 19 years, and now their familiar family structure is crumbling. No matter the length of time you and your spouse spent together, at some point, it was built on mutual love and respect. It's much harder to see this amidst a divorce, but realizing that you once loved your ex and still love the children you raised together means that you should be willing to make sacrifices for the greater good of everyone involved.

What advice do you have for splitting on good terms with your spouse? Share your own relationship advice below!

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## Travel Destinations: Top 5 U.S. Spots for Spring Flowers



By [Rachel Sparks](#)

Spring is an exciting time of revival and rebirth. Our New Year's resolutions are underway and our workout routines are finally showing results. We can shed those chunky knit sweaters and go on road trips with the windows down. It's a time to discover our own personal beauty, but it's also a time when nature's beauty rivals anything we can create ourselves. These [travel destinations](#) make for a perfect [romantic getaway](#)



or a [date night](#)!

## These top 5 places in the U.S. should be at the top of your travel destinations list to see colorful buds this spring!

**1. Washington, DC.:** Have you ever heard of DC.'s Cherry Blossom Festival? If you haven't, this needs to be added to your US travel bucket list. The U.S.'s version of the traditional Japanese cherry blossom festival is a valiant rival. Starting as early as March 15, though traditionally early April, the district transforms into a pastel pink wonderland. The best places to see the blossoms: the shoreline of the East Potomac Park near the Tidal Basin. Beware, millions of tourists come to see this amazing sight.

**Related Link:** [Vacation Destinations: Top 5 Getaway Spots on the East Coast](#)

**2. Mount Rainier National Park, WA:** With it's plunging valleys and stark white-topped mountains, any bloom looks mystical against this dramatic backdrop. The entire national park ranges thousands of acres, but the two best places to see blooms are Sunrise and Paradise visitor centers for majestic meadows of dancing blooms. The park has trails specific to wildflower hunts. Can't wait to get started? The national park has a Flickr group dedicated to their wildflowers.

**3. Brooklyn Botanic Gardens, Brooklyn, NY:** Spanning 52-acres both indoor and outdoor, this massive botanic garden is rated one of the top five botanic gardens in the U.S. Seasonal exhibitions feature global wildlife, such as their Out of Africa special this year. What makes them special: their cherry blossoms are part of a traditionally staged Japanese

garden. Walk over bridges and past soaring pagodas to feel like you've stepped into another world. In addition to cherry blossoms, magnolia's creamy petals and lilac's varying soft shades show a wide variety of the beauty of nature. At \$15 a ticket, it's a cheap weekend [date idea](#)!

**Related Link:** [Top 5 Romantic Getaways in the Northeast U.S.](#)

**4. Dallas, TX:** Get to Texas before the heat hits. Dallas hosts a six week long flower festival featuring tulips, daffodils, Dutch Irish, and hyacinth. Globally themed in 2018, the Dallas Arboretum will focus on a different country each week and include festivities specific to each culture along with its normal floral-themed festivities.

**5. The Biltmore, Asheville, NC:** Never heard of this gem? You're not alone. The Biltmore is the largest manor in the United States, owned and operated by the Vanderbilt family. In its prime, it took over 600 people to keep the manor fully operational. Even during winter when the gardens are nothing but dried twigs, the estate is worth visiting. If you come in spring, the gardens in full colorful bloom. With a fully functional farm, an inn, multiple five-star restaurants, it's well worth a weekend trip.

**Where do you dream of visiting in the U.S. for spring flowers? Share your travel dreams below!**

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## **Product Review: Gripbell for**

# a Full Body Workout



By [Rachel Sparks](#)

*This post was sponsored by Gripbell.*

Post-holidays means extra weight for most of us. With Spring followed by Summer right around the corner, the pressure to get your body back in shape is rising. Gripbell is the perfect accessory to add to your workout routine when you're practicing Cupid's [fitness tips](#) and trying out those latest [celebrity diets](#)!

**Check out our product review to help you get that dream celebrity body!**

Whether you're at home starting your workout routine for New

Year's Resolutions, an experienced lifter, or recovering from an injury, Gripbell is designed to be both safe and versatile for your workout needs. The design features soft edges make it safe to use, prevents injury, and its ability to lay flat makes for an easily transportable workout for at home, at work, on the road, or on vacation.

What started as a Kickstarter project, Gripbell was officially released in June 2017. This new workout product offers a range of workouts that encapsulates the full body. With interchangeable weights ranging from three to twelve pounds, it's perfect for any body and virtually any age.

**Related Link:** [Celebrity Fitness Secrets: Funky Exercise Fads](#)

The revolutionary design combines the concepts of traditional handheld gym equipment, such as dumbbells, kettlebells, and medicine balls all into one device! Simplify your workout space and your workout routine with just one piece of equipment! Don't worry; if you love the way [Jessica Biel](#) looks after her famous kettlebell workouts, Gripbell can do the same!

The versatility of Gripbell is what makes this trendy piece of equipment so successful. It can be used to simplify workouts because it's three pieces of equipment in one. It can intensify your workout and is well suited for cross-training, physical therapy, weightlifting, or even interval training sessions. Add Gripbell to workouts where you wouldn't normally have weights. Challenge your yoga, Pilates, or water aerobics routine by adding this flexible and water-safe product!

**Related Link:** [Fitness Trend: 5 Reasons Women Should Lift Weights](#)

If you're recovering from an injury, Gripbell is safe for you to use. It is regularly added to physical therapy sessions and rehabilitation plans because of its safety and versatility in use and weights.

Do you need another reason to add Gripbell to your gym essentials? When you purchase your very own set, Gripbell sends full body and muscle specific training videos that were developed by experienced fitness instructors. It's the perfect way to start or refine your workout routine! A full set costs \$245, or you can purchase single Gripbells based on weight, the three pounder starting at \$45. It's a worthwhile investment for your home gym!

We've fallen in love with the way Gripbell has changed our workouts and we can't wait for you to feel the same! Are you ready to buy your own? Check out their website at [Gripbell.com](http://Gripbell.com) or [Facebook](#) page!

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## Food Trend: Our 5 Favorite Cleanses for a Physical Spring Cleaning





By [Rachel Sparks](#)

Spring is a time of rebirth. We're shedding those chunky knit sweaters for v-neck tees and choker necklaces. Our hair is coming out of its perpetual bun and our we're dredging our skin of dead layers and thick moisturizers. While we're thinking about the next [celebrity beauty trend](#), we need to also consider how to keep our inner workings clean so that our skin and hair will have a natural glow. In addition to [celebrity fitness tips](#), these five food trend cleanses are what celebrities like Vanessa Hudgens, Amber Rose, and Hilary Duff use to boast about their hot celebrity bodies! Before you know it, you'll feel confident enough to walk out in the latest [celebrity styles](#).

**This food trend is all about bringing spring cleaning to your body!**

**1. Herbal teas:** Drink more tea, seriously. Most herbs will help target specific concerns. Cinnamon and turmeric, for example, are well known for their anti-inflammatory

properties. If you're wanting to relieve some of the aches in your body and encourage weight loss, this flowery, lightly spiced tea is all you need. Brew hibiscus, ginger, willow, dandelion, and high mallow in water.

**Related Link:** [Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind by Eating These Super Foods](#)

**2. Apple cider vinegar:** If it sounds weird, you're not wrong. While it might take some getting used to, this classic is made from items that are likely already in your cupboard. ACV boosts your immune system and jump starts your metabolism for a preventive and weight-losing concoction. The classic apple cider vinegar drink recipe typically contains apple cider vinegar, lemon juice, water, cinnamon, and cayenne pepper.

**3. Ayurvedic tea:** If you don't know what Ayurvedic means, you're not alone. An ancient form of Indian medicine falls under this name, but the term is often used for referring to natural remedies. This classic tea uses some well-known spices that help with inflammation, digestion, and headaches. For a natural cleanse with an Eastern twist, mix turmeric ginger, coriander, cumin, and fennel. Trust us, don't go for the jarred spices; invest in roots or high quality dried leaves.

**Related Link:** [Tree Infused Water is Making Celebrity News as a Diet Staple For Fit Stars](#)

**4. Target specific organs:** If we listen to our bodies we can often tell where the issue is. While a full-body cleanse has its benefits, targeting concerns can help alleviate symptoms faster. For your liver, try turmeric, dandelion, and ginger tea. It's a great detox after a binger. Ginger is best known as a digestif. Licorice treats headaches. Before you know it, you might become an herbalist.

**5. Vegetable juice:** When most of us think detox, we think of juices and smoothies. Guess what, there's truth to that. The best thing you can do for your body is provide it with a

multitude of fresh fruits and vegetables in all their variety. Leafy greens are notorious for their cleansing properties, but not everyone wants to eat them. Try out some fun recipes to make it delicious. Our favorite: apples, carrot, lemon, ginger, turmeric, beetroot, kale and cilantro.

How do you detox for spring? Share your fitness and health tips below!

## Celebrity News: 'Bachelor' Arie Luyendyk Jr. Justifies First Impression Rose Pick





By Rachel Sparks

This [celebrity news](#) is stirring up some fire! Bachelor Arie Luyendyk Jr. chose who to give his first rose to, and according to [EOnline.com](#), his choice made a lot of people mad. Single mom from Maine Chelsea threw insults around, upsetting the other women and the viewers, but to Arie, she was taking the initiative he wanted to see. Arie is confident that viewers will change their mind about Chelsea; he hasn't yet!

## **This celebrity news has us in Arie's corner. What are some ways to know if someone appreciates you with no ulterior motive?**

### **Cupid's Advice:**

We all dream of being on the 'Bachelor' and being handed that rose, but like Arie, there are many times we can doubt the true intentions of someone. A lot of people will try and use someone in Arie's situation for their own personal gain, so how can you remain secure in others' advances? Read Cupid's [dating advice](#):

**1. They seek you out often:** Arie was driven by Chelsea's relentless pursuit of him. It's confidence-boosting when someone keeps coming after you. How do you know they're doing it for the right reasons? Pay attention to when and how they seek you out. If they're gaining a lot of attention for it, the situation is less about you and more about them.

**Related Link:** [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

**2. They ask the right questions:** Dating is prying in the beginning, but what kind of information someone is digging for

makes a big difference. Asking someone about their interests and aspirations is a genuine connection-forming question, rather than asking about money or how luxurious their home is.

**Related Link:** [Celebrity News: Arie Luynedyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'](#)

**3. They listen:** Listening is one of the most crucial parts to building a strong foundation of communication, and as any [relationship advice](#) will say, communication is key. If they listen to you and genuinely respond, you know you've found someone who's main interest is you.

**How do you know when someone is being genuine with you? Share your dating tips below!**

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## **Celebrity News: Brad Pitt is Casually Dating as He Adjusts to Single Life as a Dad**





By [Rachel Sparks](#)

According to [E!Online.com](#), the [celebrity news](#) is that [Brad Pitt](#) is slowly dipping his toes into the [celebrity dating](#) pool. The 46-year old actor is adapting to being single and seeing his family. Pitt stays busy by meeting with his large group of guy friends, none of them in the business, riding his motorcycle, and having regular dinner and lunch meetings. Though Pitt doesn't see his six kids as much as he wants, he has been filling his time with family, including going back to his Missouri and Oklahoma roots. As far as dating? This recently [divorced celebrity](#) says it's complicated and not a priority.

**This celebrity news shows us celebs aren't immune to having to adjust. What are some ways to know you're ready to get back into the dating scene when you have kids?**

**Cupid's Advice:**

Balance is key when you're a single parent. You have to make sure you balance the demands of your career with the demands of your family. Maintaining a house, both the operations and finances, alone can be a challenge. Somewhere in there, of course, you need to be able to take care of yourself. Here's Cupid's [dating advice](#) to help you get ready for dating again:

**1. Balance career:** If you were the main bread-winner, maintaining the house and investing in your family was on the back burner because you had someone else helping you. When suddenly your support is gone, having the mental and physical energy to still invest in your career in addition to your new responsibilities can be daunting. Make sure your career is in a place where you can take some focus away and instead invest in yourself and a relationship.

**Related Link:** [Former Celebrity Couple Angelina Jolie and Brad Pitt Agree to Seal Divorce Documents](#)

**2. Are your kids ready:** With a large brood of kids like Brad Pitt, getting back into dating can be a lot harder. Each age range of childhood processes divorce differently, so each child will vary on their resistance to a parent returning to dating. As a parent, be ready for that resistance, but make sure you're caring for your children, too.

**Related Link:** [Celebrity News: Angelina Jolie and Brad Pitt Are Talking Again](#)

**3. Length of relationship:** Depending on the length of your marriage, you may need more time to cope post-divorce. Shared affairs, such as mortgages and finances, can be hard to unravel and separate. Aside from that, the emotional aspect of becoming suddenly single can be a shock. As fun as dating can be again, if you're looking for something more serious, consider giving yourself the adequate amount of time to heal and the appropriate length of courting before claiming a relationship is serious.

As a single parent, how have you decided when it was the right time to start dating again? Share your dating advice below!

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## Date Idea: Batter Up



By [Rachel Sparks](#)

This weekend, celebrate America's favorite pastime with your love! Go to a baseball game, watch one on television, or even play together at a nearby park. No matter what, you'll both appreciate taking an interest in something new for this [weekend date idea!](#)

**Spend this weekend enjoying a**

# classic sport with your love!

Want to surprise your partner? Buy two tickets to the next local baseball game and head to the ballpark to cheer for your hometown team. For lunch, enjoy a stadium hot dog or some cheesy nachos and a cold beer. Your significant other will think it's romantic that you're spending the day doing something new and team-driven.

Go to the game a little early and watch the team warm up by the dugout. If you're lucky, you may even get to meet some of the players or score some autographs. Buy a jersey, hat, and foam finger to really get in the spirit. Be sure to bring your camera too – your new gear makes for a perfect photo opportunity to commemorate this [date night](#). The baseball park may even offer professional shots.

**Related Link:** [Date Idea: Take the Stage Together](#)

Want to do something romantic for your partner? Pucker up for the kiss cam. Being on the screen will make you feel like a [celebrity couple](#)! Make the game more interesting by placing bets on which team you think is going to win. Rooting against each other will make the game even more fun. Loser has to buy the next round of beers or cook dinner that night.

After the game ends, toss around a baseball together before calling it a night. Teach each other your personal techniques – maybe your love has a special curveball that helped their high school team win the state championship, or maybe you're the sporty one and can create some friendly competition.

**Related Link:** [Date Idea: Beach and Beyond](#)

If the weather (or your wallet) is not on your side, catch the big game on television. Head to a nearby sports bar and watch the game with other excited fans. For a more low-key night, get out the fuzzy blanket and cozy up with your love. Mute the

TV during commercial breaks and let your love tell you more about the teams, players and sport in general. Cupid's [relationship advice](#): make your partner feel important and show you care by listening to them rave about their favorite pastime!

How do you like to watch baseball with your love? Share in the comments below.

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## Date Idea: Play All Day



By [Rachel Sparks](#)

While summer daylight is still stretching into the late hours of evening, make sure your grasping onto every last minute of it. Enjoy the warm sunshine and cool afternoon breezes while you still can! Head outdoors to a nearby playground with your

love interest; swing, slide, and play the day away. Don't forget to stop by the ice cream truck to refuel! Who said you were too old for a day at the park?

## **This weekend [date idea](#) reignites the fun of childhood summer days!**

When you were young, going to the playground was the highlight of your day – and now, you get to relive the fun and share it with someone special. Take a trip down memory lane with your partner and show them where you used to play all of those silly games with your childhood friends. While you're there, race down the slide or swing on the swings together.

Get out your old baseball mitt and play some ball together. Have fun working up a sweat! Perfect your pitching and batting techniques while also getting close and cuddly. For a more free-spirited time, bring a Frisbee and fling it around with your love. Whatever you do, your love will appreciate the friendly competition and will be impressed by your athletic talents while you both are getting in some fun [fitness trends](#)!

If your park is close to a lake, bring some bread and feed the ducks. After visiting the ducks, grab your bikes and ride along a trail. No need to go too fast; let your partner lead the way and just enjoy the beautiful scenery. After your busy day outdoors, unwind a bit before heading home. Find a cozy bench and wrap your arms around each other. Enjoy a light conversation and the calming breeze as you watch the sunset for a romantic end to your [date night](#).

**How do you and your partner feel like kids again? Share in the comments below.**



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# Popular Restaurants: The Best Bars in NYC



By [Rachel Sparks](#)

New York City is the hub of every new exciting cultural event that could happen. Fashion experts thrive in the city that never sleeps. Entrepreneurs galore reside in its piercing towers. Best of all: the boozy hotspots are perfect for a [weekend date night](#). New York City has five of the thirteen three-Michelin star restaurants in the United States, making it the mainstay for any foodie. What better way to follow up the ultimate dinner than with a trip to the best bars in NYC?

Check out these top five bars to discover for your next NYC [romantic getaway!](#)

**1. 7B:** Sometimes called Horseshoe Bar or Vasac's, or U, this grungy bar is located on the corner of Avenue B and East Seventh Street. It's namesake, the horseshoe shaped bar in the center, has often been featured in movies like *Godfather II*, *Jessica Jones*, and *Rent*. It's one of the last remaining relics of East Village. It's grunge, it's metal, it's history.

**Related Link:** [Popular Restaurants: The Best Bakeries in NYC](#)

**2. Angel's Share:** If you're looking for wicked concoctions hidden behind an unmarked door, this is your spot. The hidden Japanese cocktail lounge is tucked into the back of restaurant Village Yokochō in East Village, a tip of the hat to old-fashioned speakeasies. This lounge has been around for twenty five years and excels at flashy drinks. Check out their Smoke Gets in Your Eyes, a bourbon-based cocktail that's delivered cloaked in smoke from burning cinnamon and cloves.

**3. Barcade:** Bar meets arcade in this craft brew brilliance. The business model of a large selection of craft brews paired with an even larger selection of retro arcade games has made this adult version of your favorite high-school hangout an extremely successful empire that's expanded across the Northeast. The original, founded right in NYC, feels like you're hanging out in someone's garage, the perfect escape from the hustling of city goers.

**Related Link:** [Famous Restaurants: Hottest Happy Hours in NYC](#)

**4. King Cole Bar:** If you're feeling like stepping out in [celebrity style](#), King Cole Bar is the spot to be. Located in the St. Regis Hotel, it's the penultimate of luxury, one that many of us can only afford on the rare occasion. A cocktail starts at \$24 and to even get in requires "proper attire." It's worth a visit; this swanky bar is the original creator of the Bloody Mary and has six different versions on the menu. Bonus: the nuts are free.

**5. PDT:** Short for Please Don't Tell, PDT is the epitome of a

speakeasy. Entered only through a phone booth inside a hot dog joint on St. Mark's Place. We recommend reservations as lines start forming at three pm every day. You can have cheesy tater tots or waffle fries snuggled in foil delivered right to the bar, paired with inventive remakes of Old Fashioneds or Sazeracs.

What do you look for in your favorite bars? Share your NYC bar-hopping secrets below!

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## **Celebrity News: Prince Harry Says Meghan Markle's Christmas Is the 'Family She's Never Had'**





By Rachel Sparks

In this [celebrity news](#), Meghan Markle had the perfect Christmas! Prince Harry told BBC that Markle blended in perfectly with the royal family and mastered the curtsy for the Queen. According to [People.com](#), the royal [celebrity couple](#) wanted to invite the Obamas, close friends of theirs, but the British government is worried about the ramifications. President Trump, not likely to be invited, has yet to see the Queen himself. Despite all these worries, Prince Harry was happy his wife-to-be blended so well with his family for Christmas just before their royal [celebrity wedding!](#)

**This celebrity news has us feeling happy for the royal couple. What are some benefits to inheriting another family when you tie the knot?**

**Cupid's Advice:**

Meeting future in-laws and siblings is stressful for a lot of

people. We want to impress them, but not too much. We want a great relationship with them, but not so much so that there's no privacy. It's a delicate balance, but let's not forget that there are many benefits to inheriting new family. Here's Cupid's relationship advice:

**1. They can help:** In-laws, like parents, want to get involved in your life, especially when there's grand-children involved. Whether it's babysitting, offering financial advice, or a place to stay, in-laws are yet another addition to your support network. They should help you rest easy!

**Related Link:** [Royal Celebrity Couple News: William & Kate Will Host Harry & Meghan For the Holidays](#)

**2. They can show you new things:** Like Meghan Markle's new Christmas traditions, in-laws help you see new things in the world. It can be challenging, but the personal growth will help you feel become more confident with different people and culture's. You may find new things you love!

**Related Link:** [Celebrity News: Meghan Markle Will Attend Christmas Church with Royal Family](#)

**3. They are more love:** Let's be honest; we all need more love in our lives. In-laws give you a bigger family, something that is both complicated and wonderful. It's wonderful to have another home to go to where you are accepted for yourself, you feel safe, and you feel valued. Don't forget how wonderful that feels.

**What are some things you're excited about when you think of gaining more family? Share your advice below!**

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# Date Idea: Picnic with Pals



By [Rachel Sparks](#)

This Labor Day weekend, enjoy the last bit of hot weather by having an outdoor picnic with your loved ones. Create some summertime memories that will last you through the chilly winter. Spend the entire day outside with good friends and fun activities to celebrate the end of the season. This weekend [date idea](#) will get you and your friends feeling the summer vibes way past the end of summer.

**This weekend date idea will be the summer picnic that you won't forget!**

Make it a party and ask for a double or even triple date! Pack tons of great snack foods like grapes, cheese and crackers,

and a vegetable tray. Don't forget some wine, chilled, of course. It's perfect for sipping on a hot afternoon. Grab a disposable camera and have fun taking pictures as a group for an end-of-summer photo album!

**Related Link:** [Date Idea: Include the Pooch in Your Plans](#)

Pack a deck of cards and play poker or spades, betting on your favorite candy. If you're feeling more active, partner up with your love and play some volleyball. Toss around a Frisbee for less competitive fun. If you're really into sports, bring a baseball and some mitts and batter up together. If there's a lake nearby, bring some fishing poles and catch your dinner. Step out of your comfort zone and try something new – your partner will appreciate your willingness to get a little dirty.

**Related Link:** [Date Idea: Take a Journey](#)

When the sun goes down, keep the fun going for your [date night](#). Find a park in your area that has grills and turn your group picnic into a barbecue. Everybody will enjoy cooking their favorite foods and unwinding with their closest pals. Break out the hamburgers and hot dogs and pair them with potato salad, fruit salad, and homemade chocolate chip cookies. You can even treat yourself to some unique picnic cocktails, like mimosas in mason jars, white wine spritzers, fruit-filled sangria or even a vodka-filled watermelon. Be sure to bring extra ice to keep your drinks cold.

Maybe you invited a few single friends too. If so, now is the perfect time to introduce them! Give them cooking duties together or force them to be on the same volleyball team. Share [love advice](#) with them to help them get back into [dating](#). They will get a chance to know one another in a no-pressure environment. Be sure to bring an extra blanket in case they want to cuddle up under the stars.

**How will you celebrate Labor Day? Tell us in the comments**

below!

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# Celebrity Couple Jennifer Aniston & Justin Theroux Are Still Going Strong Despite Split Rumors



By [Rachel Sparks](#)

[Celebrity couple Jennifer Aniston](#) and Justin Theroux celebrated Christmas together, despite rumors of a [celebrity divorce](#). Though the couple doesn't spend a lot of time together, a close friend revealed to [UsMagazine.com](#) that the two were weekend lovers. In between shootings of both their



projects, Aniston would fly up to New York City to visit husband Theroux. Aniston spent time alone in L.A., her west coast preference the driving force for some independent time, but the the couple is reportedly still going strong.

## **This celebrity couple isn't headed for Splitsville, despite rumors. What are some ways to keep gossip from affecting your relationship?**

### **Cupid's Advice:**

We're all victims of gossip, so it's not unfamiliar when the negative words are directed towards your relationship. Despite the former acquaintance with rumors, they can still hurt your relationship. Read Cupid's [relationship advice](#) to help you and your love survive:

**1. Sometimes, it comes from deep love:** Understanding that gossip can come from a deep place of love doesn't negate the effects of the rumors, but it can help you and your partner avoid too much heartache. When family gossips, they want to get to know what's going on in your life. Not everyone gossips from love, but recognizing who the words are coming from and why it's being said can help you move past the gossip.

**Related Link:** [Celebrity News: Jennifer Aniston Slams Pregnancy Rumors, Paparazzi, & More](#)

**2. Communicate openly:** Be sure to talk openly and honestly with your partner. What they say is far more important than what anyone else says. Sure, some rumors are very hard to ignore and may test the trust you and your partner have built, but without believing in your love, there's no way the two of you can make it through gossip. Remain open and honest and you two can make it through anything.

**Related Link:** [Celebrity News: Justin Theroux Reveals How Marriage to Jennifer Aniston Works](#)

**3. Cut out the negativity:** Ultimately, if people cannot stop gossiping about you and your partner, cut them out. If you've approached the origin of the negative words and asked them to stop and they won't, keep your distance. It's hard when it's family, but family has to understand that your choice is your's alone. Until they respect that, keeping away negativity will help you and your partner heal.

**How have you and your partner made it through rumors? Share your advice below!**

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## Date Idea: All's Fair in Love



By [Rachel Sparks](#)

Keep yourself from getting the end-of-the-summer blues by adding a little love to your life. Bring your partner to a local fair and spend the day walking around together and checking out the nifty booths. Or try some new drinks together at a wine-testing festival. After all, nothing says romance better than a glass of wine a cool summer evening. Cupid's [date ideas](#) will keep you and your love busy all summer.

## **All is fair in love, so enjoy this end-of-summer date idea!**

Looking to end the warm season with a little more excitement? Go to an amusement park with your date and hop on a thrilling roller coaster ride. Get ready to scream together! Or find a water park in your area and take a ride down the lazy river—a great way to spend some peaceful alone time with your man. After venturing down a water slide, snuggle up for warmth with your love and utilize each other's body heat. Cupid's [love advice](#): this is a great time to be silent and just enjoy being with your partner.

**Related Link:** [Date Idea: Bloom in the Sun](#)

If you want a more low-key activity, let your boyfriend win you a prize at a local carnival. You'll certainly feel special while carrying a gigantic teddy bear around for the rest of the day. As you walk past the rides and games, hold hands and enjoy the cool breeze with one another. Challenge your partner to your favorite carnival game; a little competition is good for your relationship, right? Let loose a little: share a plate of fried dough and get messy together. Be sure to take a picture with your faces covered in powdered sugar—a fun moment to remember your wonderful [date night](#)!

**Related Link:** [Date Idea: Beach and Beyond](#)

**What do you do with your love for a fun day together at the**

end of summer? Share your experiences below.

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# Food Trend: Foods to Help Fight Springtime Allergies



By [Rachel Sparks](#)

Springtime is incredible. We can finally shed those extra layers, the greenery is coming back, the world is colorful from thousands of blossoms, and all the animals and birds come back. It's a time of life and renewal, until allergies kick in. What can ruin a magnificent springtime? Itchy eyes, a runny nose, and an incessant cough. [Hilary Duff](#), [Jessica Alba](#), and Tori Spelling are all known for their suffering from allergies. Cupid has the best [food trends](#) to help kick your

allergies to the curb.

## These food trends will help you survive the dreaded allergies of springtime!

**1. Probiotics:** You've heard of the wonders of probiotics. They're great for balancing bacteria in your belly to make sure that your insides work without any issues. Guess what else they do: fight allergies! Studies have shown that babies who feed on breastmilk where the mother took probiotics during and after pregnancy are less likely to have eczema and other forms of allergies. The good news for adults: we can skip the milk and go straight to the probiotics for some relief.

**Related Link:** [Tree Infused Water is Making Celebrity News as a Diet Staple For Fit Stars](#)

**2. Sinus clearing spices:** Spices like anise, fennel, horseradish, and mustard act as natural decongestants. If you're feeling stopped up in the nose, eating or drinking some of these spices help break up the congestion in your nose so you can breathe a bit easier.

**3. Bioflavonoids:** Say what? Bioflavonoids are proven allergy relief because they act as mast-cell stabilizers, which decrease the number of cells that react to allergens. Fewer cells reacting means fewer allergy symptoms. Where can you find these miracle workers? In apples, onions, tea, and red wine.

**Related Link:** [Celebrity Diet: Get a Red-Carpet Ready Body and a Healthy Mind by Eating These Super Foods](#)

**4. Omega-3's:** Yup, that fish oil trend you've heard about for years is legitimate and well worth jumping on the band wagon.

Along with happy vitamins that help balance your emotions and the memory-boosting elements, your swimmer friends contain EPA and DHA. Both EPA and DHA reduce allergic reactions. The best source: cold water fish, such as salmon, sardines, trout, tuna, bluefish, and herring

**5. Local Honey:** Our personal favorite: honey! It's sweet and delicious, great in dessert, teas, or even on a spoon. If you've ever had a cough, your mom may have made you drink tea with honey. The honey sticks to your throat, calming any irritation. But it gets better. Local honey uses local pollen, the very thing that causes your allergies. Ingesting this is a natural way of boosting your body's resiliency against local allergens.

**How do you fight springtime allergies? Share your secrets below!**

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## **Fitness Tips: How to Keep the Beer From St. Patrick's Day Off Your Hips**





By [Rachel Sparks](#)

St. Patrick's Day is upon us and we need to prepare our bodies. Let's be honest, the Irish have a stereotype for a love of drinking and St. Patrick's Day is no exception. If we're being honest with ourselves, we're going to join in on the fun. So soon after the New Year and our resolutions dangling over our heads, the biggest question is how we can have fun without failing our fitness goals? Cupid's [fitness tips](#) are our secret to you.

## **Cupid's fitness tips will help keep all your St. Patrick's Day fun from sticking to your hips!**

**1. Eliminate carbs:** This is a given. If you know you're about to be ingesting a lot of green beer, and the pretzels that come along with them, just make sure that you've balanced your intake. Cut back the days before and days after. Generally speaking, you don't want too many carbs anyway, but a little moderation will help balance that green beer you're going to have.

**Related Link:** [Fitness Tips: Staying Healthy During the Holidays](#)

**2. Limit portions:** Like any dietary recommendation, rationing portions helps. Smaller meals more often is a much better alternative for your body than a few large meals. Don't starve your body; the extra calories from holiday celebrations will send a message to your starving body to store them while they can.

**3. Watch caffeine:** Caffeine is a jittery high compared to the sleepy lows of alcohol. Be careful to not get stuck in a cycle of highs and lows that make up drinking and too much caffeine. In addition to the energy chaos, both alcohol and caffeine are diacritics. Sounds delicious? Yeah. Both will upset your stomach and mess with your sleep. Monitor caffeine or find kinder alternatives than coffee, such as tea or mate.

**Related Link:** [Fitness Tips: 6 Ways to Avoid Putting on Extra Holiday Pounds](#)

**4. Work out routine:** If you've been sticking with your resolutions we imagine that you already have a great work out routine. Make sure you stick with it before and after St. Patrick's day. It's much easier to maintain than it is to recover, so don't stress about working out more in order to lose the extra beer weight, just tick with your normal routine to avoid packing it on.

**5. HIIT:** This is extreme. If you're ready for intense workouts with burn and fast results, this is it. High intensity interval training is a celebrity fitness trend that really works. Queen Latifa, [David Beckham](#), and [Carrie Underwood](#) are proud of their hot bods thanks to HIIT, so as a great fall back to get your butt in gear, HIIT will be saving your hips from St. Patrick's day.

**How do you plan on keeping the beer weight off? Share your tips below!**



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# Date Idea: Build Your Love



By [Rachel Sparks](#)

What better way to build your love than to actually build something together? Grab some blankets and pillows for a temporary fort or wood and nails for something more permanent and start planning your creation with your partner. You'll both challenge your creativity skills, grow your team working skills, and also learn something new – both about building *and* about each other with this amazing [date idea](#)!

**This weekend's date idea is all about building something together!**

Revert back to your childhood days and make a fort together

for a fun [date night](#)!. Get some blankets and create a tent in the living room. Have a playful pillow fight, cuddle up, and share funny stories from when you were younger. If the weather is sunny and warm, go outside and build your fort on the lawn. Let the cool evening breeze and cozy tent ease both of your minds. Be sure to bring a childhood snack like popcorn, pudding, or a bag of Twizzlers. No matter what, you'll connect with your significant other in a fun and unique way.

**Related Link:** [Date Idea: Get Out of Your Comfort Zone](#)

If you're looking for a bigger project to tackle, build a tree house together. A good amount of time will be needed to develop and execute your plan, and your teamwork skills will certainly be tested. Be prepared to get your hands a little dirty too! Once you're finished, you'll have a new space to enjoy with your love and build new memories in.

**Related Link:** [Date Idea: Early Morning Ideas](#)

Whether you're relaxing in your blanket fort or newly-built treehouse, what you do together after building is important. Our [relationship advice](#) means spending quality time together. Dig out your old board games and challenge your love to a competition. Break out a deck of cards and let your S.O. teach you how to put on a poker face. Bring a radio to your new hangout and play your favorite tunes. Watch fireflies, the clouds, or each other for the perfect ending to a busy day of building.

**Have you ever built something with your love? Tell us in the comments below.**

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# Product Review: Killer Last Minute Christmas Gifts

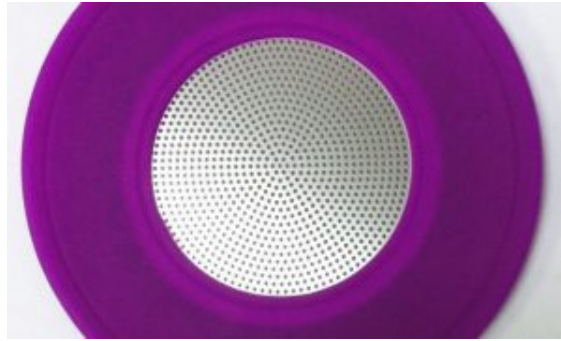


By [Rachel Sparks](#)

Christmas is less than a week away and with all the chaos and crowds in stores, last minute shopping for Christmas gifts is a nightmare. We've got the perfect gifts to help you finish your Christmas list! Read Cupid's product reviews to help you manage your running-out-of-time holiday stress!

## These last minute Christmas gifts will help you ace Christmas!

[Drink Tops:](#)



Drink Tops. Photo:  
Twitter/@drinktops

Drink tops are the best [parenting tip](#) we have for you! Avoid a crying toddler who spilled their drink, bugs getting into sweet-smelling juices, or the frustration of mixing up cups with these cute, friendly faced cup lids that come in fun colors! BPA-free silicone helps your mind rest easy that what you're giving your kid is not only good for your anxiety levels, but good for their health, too. With a single tap on the lid, Drink Tops will seal onto any glass up to four inches wide. They keep drinks cooler longer, are reusable, durable, and dishwasher safe.

### [Groove Life Ring:](#)



Groove Life Rings.  
Photo Courtesy of  
Veteran PR.

The Groove Life ring is a safe ring that keeps comfort at the forefront. Made from low profile silicone and carved with their patented design, the ring promotes airflow for the fingers, keeping moisture out and preventing poor circulation. It's far more comfortable than the traditional metal ring and

doesn't get stuck on anything like it's metal counterpart! It's safe, comfortable, and stylish.

### [Fire Department Coffee:](#)



Fire Department Coffee.  
Photo courtesy of Veteran  
PR.

Fire Department Coffee is coffee with an admirable mission and that's tasty for the consumer. Coming in a variety of blends and flavors, their original medium roast is one of the easiest drinking coffees you will ever have. If you like something bolder, their dark roast is made from organic beans and comes from fair trade farms. Their newest flavor: Bourbon-infused. It has the smoothness of Bourbon totally guilt-free. A portion of all sales are donated to military and fire-related charities. Military and first-responders receive 15% off their first order.

### [Isabella Grace Breast Cancer Bracelet:](#)



Isabelle Grace Jewelry.  
Photo courtesy of HCPR  
Group.

With a great mission behind the company, each design supports breast cancer awareness and making women feel beautiful and strong. Isabella Grace bracelets are all about being unique and elegant, with a timeless and effortless look. Made by hand in the USA from recycled materials whenever possible. The bracelets are a symbol of the importance of living with hope and strength. With a sizable celebrity following, such as Katherine Heigl, Courtney Lopez, Alyson Hannigan, and Christina Milian, these bracelets are gorgeous for any woman to wear.

### [SNL Wine:](#)



SNL Wine. Photo courtesy of  
Kevin Mclean

The name is exactly what you think. The famous show partnered

with winemaker Lot18 and Universal Development to create four unique hand-crafted blends that embody the characters of the show. The four blends include a 2016 California Red Blend, a 2016 Stefon Beaujolais, a 2016 Debbie Downer South Eastern Australia Chardonnay, and a 2015 Californians Monterey County Merlot. There is a limited supply of each, so rush to their site and get your own.

Try out these incredible last minute Christmas gifts to save your holiday!

## Date Idea: Bloom in the Sun



By [Rachel Sparks](#)

You've spent the whole summer with your partner at the beach, playing in the sun, splashing around in the ocean, enjoying

trail mix and sunflower seeds together. If you're running out of [date ideas](#), Cupid's Pulse has them all. Have you ever given thought to where those sunflower seeds come from or how they grow? It's time to get back to the roots by creating your own love garden together. As the flowers grow, you'll be reminded of that [date night](#) when you first planted them. For fun, take bets on how long they will take to sprout.

## **Spend some quality time getting back to your roots with this summery date idea!**

If neither of you have a green thumb, bring your man to a sunflower maze. To make things a bit more exciting, you can embrace your inner child and play hide-and-seek among the giant stems. Use both of these activities to bond with your man while fitting a little exercise into your afternoon. By the time you leave the maze, you'll be ready for a cold glass of wine and a delicious picnic dinner.

**Related Link:** [Date Idea: Beat of the Music](#)

When you get home, look up a recipe for sunflower ice cream and whip some up before you sit down to a nice healthy meal. The ice cream will be a unique summer treat and may even become a tradition for you to make as a couple. It'll take about four hours to freeze, so be patient. Prepare some easy-to-make grilled chicken on the barbecue and pull together a tasty summer salad complete with cranberries and apples. Food always brings people closer together and cooking together can remind you of how much you love one another.

**Related Link:** [Date Idea: Climb Every Mountain](#)

Sunflower season is one of the hidden treasures of summer. Make sure that you take advantage of this beautiful time of



year!

Have you ever planted your own garden or visited a sunflower maze? Share your experiences in the comments below.

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# Parenting Tips: 5 Fun Ways to Celebrate St. Patrick's Day with Your Kids



By [Rachel Sparks](#)

St. Patrick's Day is a fun holiday, but a lot of kids don't understand how fun it can be. Win parent of the year with these St. Patty's Day activities fit for the whole family. Celebrate with famous Irish folks, such as [Gwen Stefani](#), John

Travolta, Meryl Streep, and Harrison Ford, among so many! Cupid's [parenting tips](#) will help make this green-filled, gold-coin, leprechaun-hunting holiday an unforgettable day for everyone!

## Parenting Tips: The 5 Best Ways to Celebrate St. Patrick's Day with Your Family!

**1. Green-themed food:** Get your kids excited for St. Pat's Day with green food! Guacamole and fried spinach tortillas are a delicious starter. Make a party of decorating a cake. Make a kid-friendly green bar, serving green ginger ale, green sprite, or Mountain Dew!

**Related Link:** [Parenting Tips to Stay Sane for the Rest of the Summer](#)

**2. Build a leprechaun trap:** Kids love imagination and lore, so let them get wild with this one! Tell them stories about leprechauns and then give them a cardboard box and all the craft supplies they need to catch that little rascal.

**3. Make a traditional Irish dinner:** Food makes everyone come together and, generally speaking, full bellies make happy people. Try out some traditional Irish recipes! Irish soda bread, a classic, is the heart of the meal. Shepherd's pie, Kale Colcannon, and Guinness-marinated beef are just a few hearty ideas for this grand meal.

**Related Link:** [Parenting Tips: 5 Unique Ways to Have Fun in the Sun with Your Child](#)

**4. Shamrocks and clovers:** Long ivy tendrils, rolling green hills, moss-ridden cliffs, natural green is everywhere in Ireland. Get into the natural tradition of the Irish by

celebrating shamrocks and clovers! Spend the day at the park with your family looking for four leaf clovers or have a fun time teaching your kiddos how to garden by planting shamrocks.

**5. On the hunt:** Make a scavenger hunt for your kids! Tell them that there's a pot of gold at the end of it to pump up the excitement with a sizable reward. For a more thrilling twist, gear up your children like Indiana Jones to go on the ultimate leprechaun hunt!

**How do you get your kids excited about other cultural holidays? Share your St. Patrick's Day parenting tips below!**

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## **5 Best Accessories to Wear for Valentine's Day**





By [Rachel Sparks](#)

We all want to look our best for our Valentine's Day [date night](#), but we don't want to risk our outfit looking similar to the girl sitting two tables over. To make yourself stand out in incredible [celebrity style](#), don't forget about accessories! Bring the V-Day glam to your outfit with small pops of red and edgy bags!

## These five accessories will make you a standout for Valentine's Day!

**1. Leather wrap bracelet:** Wrap bracelets are trending, but they are an especially edgy way to dress up a classic red dress or something with softer edges. Wear it in bright red, soft pinks, or black for a classic Valentine's Day look with a rocker's attitude.

**Related Link:** [Must-Do's for a Memorable Valentine's Day](#)

**2. Chains for everyone:** Chains are everywhere. They have replaced the strap to your purse, have become bulkier necklaces, are added to your winter boots for some extra spunk. When choosing something sporting traditional

Valentine's Day colors, add chains for a more modern look. Want some inspiration? We love [Beyonce's](#) use of chains everywhere!

**3. Traditional sweetheart bags:** Remember those chalky, heart-shaped candies in elementary school? Get inspiration from a sweet craving for your next clutch. Heart shaped, pastel colored clutches with cute sayings are the ultimate Valentine's Day-inspired accessory!

**Related Link:** [Valentine's Day Advice: Five Unconventional Date Night Ideas](#)

**4. Kissable lips:** Lips used to be the hottest thing back in the early 2000's. Nearly twenty years later, bringing the trend back is a vintage highlight of the Valentine's Day style! Whether it's a lip-patterned outfit or the bold lip purse that [Katy Perry](#) rocks, this trend will have your date thinking about your lips the whole night.

**5. Don't forgot the heels:** No outfit is complete without the right set of heels. You can never go wrong with a classic black, but for this V-Day, don't hesitate to show some skin. Go for straps or open-toed for a cute peek-a-boo to tease your date. If the shoes have bows or heart accents, even better! Small details are ultimately what make your outfit unforgettable.

**What must-have accessories do you wear for Valentine's Day date night? Share your fashion tips below!**

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# Date Idea: Take the Stage Together



By [Rachel Sparks](#)

This weekend, share the spotlight with your partner by performing on stage with one another. If you and your sweetheart have watched plays, comedy shows, and concerts and have always fantasized about acting or being up on stage, creating your own will make for a fun [date night](#)!

**Cupid's weekend [date idea](#) will get you and your partner on stage!**

Search your local newspaper for opportunities. Most papers have an "entertainment" section that includes workshops, auditions, and open mic nights. Pick one that looks fun and spend the weekend acting out another character or enjoying the

applause together.

**Related Link:** [Date Idea: Have an Oscar-Nominated Movie Night](#)

Start your date in a class or workshop. Practice playing different characters, like a quarreling couple or a meddlesome duo. For something different, check out a comedy class. You'll learn to be comfortable with your body and your surroundings and find humor in every situation.

Take the skills you learned and audition for a show. Your significant other can be your partner in a play or dance audition. He can even be your target during a stand-up audition.

**Related Link:** [Date Idea: Make Your Own Memorial](#)

Are you not the performing type? Try hitting up the karaoke bar instead. You can spend the night sipping on cocktails while you randomly select songs for each other to sing. Or you can have an entirely duet-based night, choosing songs meant for two like "Endless Love," "I Got You Babe," "Under Pressure" or "You're the One that I Want."

No matter what you decide, make sure you and your partner are putting on a show together. The excitement of performing will be a memory you'll carry with you.

**Have a good performing date idea? Tell us in the comments.**

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## Vacation

## Destinations:

# Romantic Staycations for a Mid-Week Valentine's Day



By [Rachel Sparks](#)

Those of us who are currently in a relationship want to have the most romantic date night with our loved one for Valentine's Day. From year to year, V-Day is on the weekend 43% of the time, leaving a whopping 57% chance that the romantic [date night](#) you were planning falls on a weekday night, killing the mood. So you may not be able to go out or have a [romantic getaway](#), but these mid-week staycation [date ideas](#) are sure to keep the romance alive for your Valentine's Day celebrations.

## Try these vacation destinations in



# your hometown for a romantic Valentine's Day staycation!

**1. Sunset cruise:** Okay, this only works if you're near water. Even a river or lake will do! Most cities host sunset cruises with dinner included. It'll cost about as much as a romantic dinner out at the three-star restaurant you've been eyeing, with the added bonus of beautiful scenery.

**Related Link:** [Relationship Advice: Plan a City Scavenger Hunt](#)

**2. Hot air balloon:** The good news is that anywhere with clear air is likely to have a hot air balloon ride available! If you and your partner are feeling daring, enjoying V-Day dinner in a basket for two, literally, is incredibly romantic. If either of you is scared of heights, get ready for full-blown snuggles. Our suggestion: bring a bottle of wine or two to calm the nerves (if you're 21 and up!). Even the bravest of people will have a hard time grasping the idea that only a balloon is keeping you separated from the ground.

**3. Disposable camera:** Smartphones have made us take photography for granted. It's a lot more fun to grab a Polaroid or disposable camera and have a goofy photo shoot around town. Because you won't be able to delete any pictures taken, it'll be challenging to pose yourselves just right. Plus, the anticipation of seeing the photos developed will keep you excited and help you relive the fun of your date!

**Related Link:** [Weekend Date Idea: Play All Day](#)

**4. DIY spa escape:** Make it a true staycation, and turn your home into an all-inclusive spa resort. Small touches in your bathroom, like white lines and pops of wood, recreate that spa environment. Don't forget to include candles, scents, luscious pillows, and soft music. Take turns giving each other a full body massage, mani-pedis, and masks. Even if your S.O. seems a

bit apprehensive about the spoilage, tell them how rewarding it feels to be pampered, and how much you want to express your love.

**5. Thrift shop photo shoot:** For a goofy and light-hearted date night, go to your local thrift shop and pick out outfits for each other. Put on a photo shoot, and end the night with a picnic or a home-cooked meal.

**How have you kept the romance of Valentine's Day alive when it falls mid-week, staycation style? Share your date ideas below!**