

# New Celebrity Couple? 'Bachelor' Alum Nick Viall Confirms He Had Dinner with Rachel Bilson



By [Meghan Khameraj](#)

In [celebrity news](#), *Bachelor* star Nick Viall confirmed he had dinner with actress Rachel Bilson. There has been a lot of speculation that the pair is in a [celebrity relationship](#) with each other. According to *UsMagazine.com*, Viall was questioned about the dinner by Brad Goreski. Viall clarified by stating, "We hung out, and her friends were there, too...a bunch of people." While this [famous couple](#) might be spending more time together, both Viall and Bilson have kept the exact status of

their relationship a secret. When Bilson was asked about the celebrity relationship, she said she didn't "want to talk about it."

## **There may be a new celebrity couple in the works. What are some ways to get to know each other at the beginning of a relationship?**

### **Cupid's Advice:**

Nick Viall and Rachel Bilson are tight-lipped when it comes to the status of their relationship. Whether this new celebrity couple is actually a couple is up for speculation. However, if you find yourself in a new relationship, Cupid has some advice to help you get to know your partner better:

**1. Share music preferences:** This may seem silly, but you can figure out a lot about a person by listening to their favorite songs. Music is a creative outlet not only for the musician but also for the listener. It is one of the few things that brings people together, so be sure to listen to when your partner shares one of their favorite songs with you.

**Related Link: Celebrity News:** [Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian](#)

**2. Ask questions:** If you want to know something about your significant other then just ask! The fact that you're curious to know more about them will show them that you have a genuine interest in them which will build a stronger bond. Start with simple questions before moving into heavier topics.

**Related Link:** [Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt](#)

**3. Take a walk down memory lane:** You can learn more about your

partner by sharing your own experiences. Your partner will feel more comfortable to share any similar stories. This can build trust amongst you and your new partner while also allowing you and your partner to get to know each other better.

**How do you get to know someone? Let us know in the comments below!**

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## **Celebrity Break-Up: Rachel Bilson & Hayden Christensen Split After 10 Years Together**





By [Ashleigh Underwood](#)

[Celebrity couple](#) Hayden Christensen and Rachel Bilson have officially ended their relationship. This [celebrity news](#) comes as a disheartening shock as the pair have been together for 10 years. While they have managed to keep their lives private, a source close to the pair told [UsMagazine.com](#) that they have been “on the outs for a couple of months.”

**This celebrity break-up comes after a very long-term relationship. What are some ways to cope after the end of a long relationship?**

#### **Cupid's Advice:**

Ending a relationship is hard, particularly when you have been together for a very long time. Here are a few ways to cope with your break up.

**1. Get out of the house:** When you break up with someone, one of the worst things you can do is sit at home and wallow. Call up your friends and have a night out. Leave your worries at the door and let loose.

**Related Link:** [Celebrity Break-Up: Sarah Hyland Said Summer 'Sucked' Post-Split from Dominic Sherwood](#)

**2. Take care of yourself:** After a relationship has ended, it is easy to fall into a pit of sadness and depression. Instead, take some time to pamper yourself by going to a spa, taking a relaxing day off work, or trying a yoga class. Anything to make you feel special and more relaxed.

**Related Link:** [Celebrity Divorce: Fergie & Josh Duhamel Call it Quits](#)

**3. Let it out:** One of the best things you can do to make yourself feel better, is to acknowledge your feelings and let it out of your system. Recognize that your relationship has ended and your feelings are valid. Talk to your friends about what you're thinking and allow yourself time to grieve.

**How did you cope with your break up? Comment below!**

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## **Hayden Christensen Opens Up About Naming His Celebrity Baby Daughter Briar Rose**



By Kyanah Murphy

New families are incredibly sweet, especially when a little magic is involved. In latest celebrity news, Hayden Christensen shared with [UsMagazine.com](https://www.usmagazine.com) that he and celebrity love Rachel Bilson named their celebrity baby daughter Briar Rose after the 1959 Disney Classic, *Sleeping Beauty*, revealing that the new parents are avid Disney fans. If that wasn't enough, Christensen also admitted that Disney songs are playing 24/7 in their house. It sounds like magical, adorable times in their household!

**This celebrity baby is already a princess! What are some things to**

# consider when naming your child?

## Cupid's Advice:

There are hundreds upon hundreds of names out there, giving you a lot of choices to name your new baby. With so many to choose from, how do you know which name to go with? Cupid has some tips:

**1. Go with your gut, and choose a name you like:** Okay, most people goes with this option. A lot of the time people have names they like and have to narrow the choices down to one option with both partners agreeing on the name. Sometimes there's nothing to it other than twiddling down to the final choice.

**Related Link:** [Tiffani Thiessen Welcomes First Child](#)

**2. Consider a name with meaning:** I'm a person that likes meaning behind names. You might be, too. Spend some time looking over names and what meanings they have. You could find that your favorite girl name means "little warrior".

**Related Link:** [Amy Poehler & Will Arnett Welcome Another Son](#)

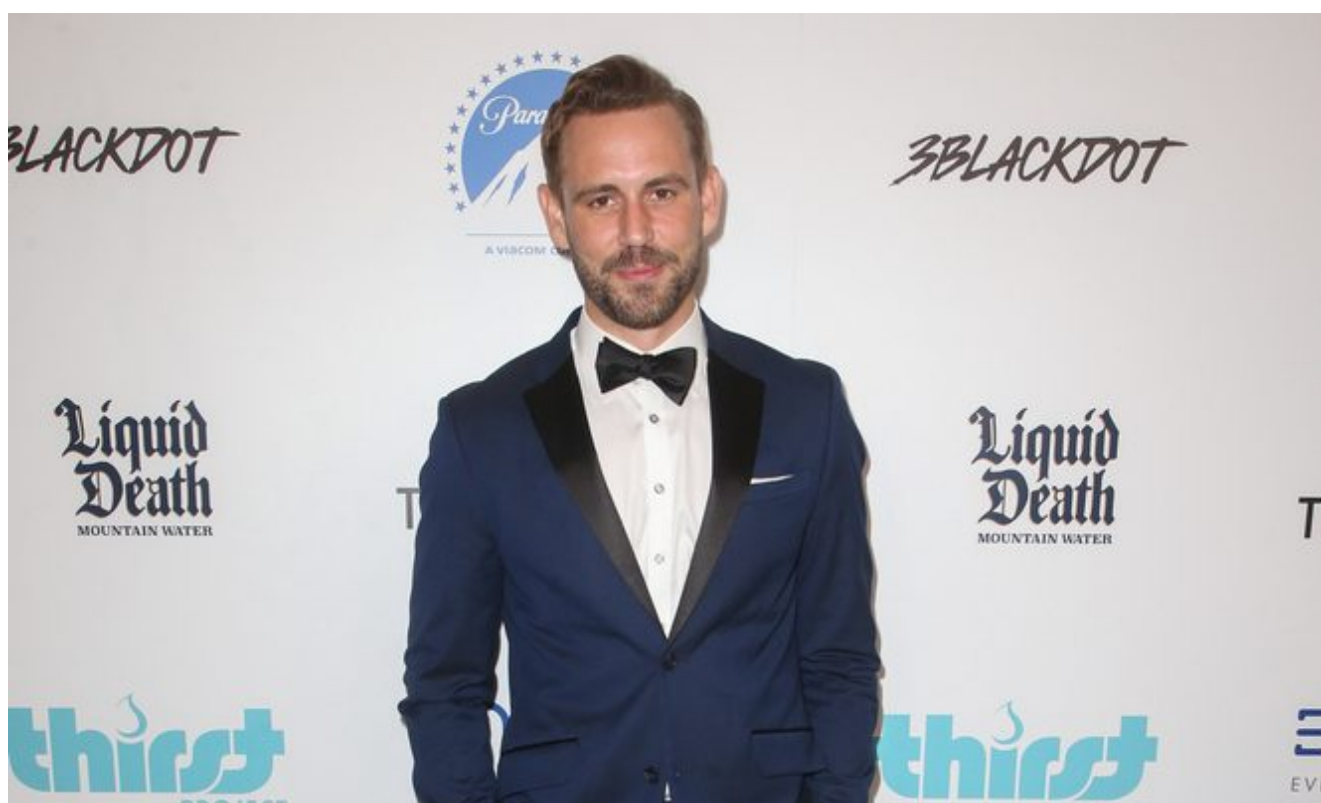
**3. Consider any difficulties your child may encounter with their name:** It's a tough world out there and I know new parents want to be unique and cool (looking at you Gwen Stefani and your son Zuma Nesta Rock). Keep your baby's names simple; no crazy spelling (I mean, look at my name), refrain from overly popular names, and consider names that overall may just get your child picked on.

**If you're expecting a baby, what names are you considering? Comment below!**



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# Celebrity Couples Who Broke Up and Still Worked Together



By [Courtney Omernick](#)

Relationships and love can be complicated, and so can the break-ups. However, it can be even more awkward when a celebrity relationship turns into a celebrity break-up, and the two parties still have to work together.

**Below are a few celebrity couples**



# that broke up but still had to work together.

**1. Chad Michael Murray and Sophia Bush:** This celebrity couple not only broke up, but they went through a celebrity divorce. Even though they split, they still had to work together on the hit show, *One Tree Hill*.

**Related Link:** [Celebrity Couple Scandals That Caught Us Off Guard](#)

**2. [Ben Affleck](#) and [Gwyneth Paltrow](#):** These two dated in the late 90s and costarred in the film, *Shakespeare in Love* together. However, even after they broke up, they went on to co-star in the chick flick, *Bounce*.

**Related Link:** [Ben Affleck: Can You Forgive a Betrayer in a Romantic Relationship](#)

**3. Adam Brody and Rachel Bilson:** This celebrity relationship lasted for three years, but sadly ended in 2006. However, the celebrity exes still had to work together on the set of *The O.C.*

What are some other celebrity couples that broke up but still worked together? Share in the comments section below!

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## Celebrity Couple Predictions: Kris Jenner, Neil Patrick

# Harris and Rachel Bilson



By [Shoshi](#)

For today's celebrity couple predictions, we're looking at three very different but seemingly happy couples. One pair of new lovers is all wrapped up in each other despite receiving their fair share of speculation from the public; another duo is thriving in their marriage and family; and the last couple is celebrating the recent birth of their first child.

**Kris Jenner and Corey Gamble:** Raise your hand if you believe that this is a real relationship. From the moment I saw these two together, the word "staged" came into my psychic radar. In fact, the best way to summarize this relationship is "staging with benefits." Don't get me wrong: Jenner is an attractive

woman and still has it going on. Of course, she could cougar it up better than anyone – I even expect that from her at this point! There just seems to be calculation around this so-called relationship. All we really know about Gamble so far is that he works with Justin Bieber's manager, Scooter Braun.

Do not be surprised if you find out that Gamble is about to drop an album or he wants to start his own management firm. Better yet, he could partner with Jenner's empire. Either way, he wins because he is not only getting the attention he wants but has a sugar mama to play with until this hot mess is done.

**Related Link:** [Khloe Kardashian Approves of Kris Jenner's New Beau Corey Gamble](#)

**Neil Patrick Harris and David Burtka:** I might be biased because I love the former *How I Met Your Mother* star and adore his relationship with Burtka. They seem to really love and respect each other, though I always wondered how Burtka felt about giving up his career – or shall I say *changing* his career – to accommodate Harris, who was more successful.

In case you didn't know, the couple got married in September and then moved to New York City with their two adorable twins. They are being open about the fact that Burtka was rather miserable in Los Angeles. Now in NYC, he's feeling like his happy self again.

These two are stronger than ever. Both will be able to have an identity, something Burtka struggled with in LA. Burtka will do a lot of theater, while Harris, of course, will host the Oscars. I also see that Harris will be on a television show that's based in NYC. Money is not an issue for them anymore, so they will be able to work or not work when they choose. Their family will remain a priority. The twins will flourish in NYC as well. All is moving in the right direction for the Harris-Burtka family!

**Related Link:** [Neil Patrick Harris and David Burtka Share](#)

## [Italian Wedding Photo](#)

**Rachel Bilson and Hayden Christensen:** These two actors just welcomed their daughter Briar Rose into the world. This little bundle of joy should turn out to be quite a cutie considering that both of her parents are lookers! But what is really going on with this couple? They're not married but have been together longer than many celebrity couples. They started dating in 2007, got engaged in 2008, broke up in 2010, and got back together only three months later. Now, they have a baby, which is a game changer.

I predict that Bilson and Christensen will get married and that we will be the last to know about it. They'll invite some family and close friends to brunch or a party, and then a minister will drop in to officiate their wedding. I can see Bilson casually mentioning on a talk show that she's married. Parenthood will change this couple for the better, making them stronger. The *Hart of Dixie* actress is always going to be the breadwinner between the two of them, thanks to her successful TV career and being a spokesperson for numerous products.

*For more information on Shoshi, click [here](#).*

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# Rachel Bilson Celebrates Her Baby Shower





By Kaley Allard

Details of Rachel Bilson's baby shower are brought to us by [UsMagazine.com](http://UsMagazine.com). The guest list at Bilson's shower consisted of high school friends and family as well as fellow celebrities and moms, Natalie Portman and Jamie King. Instead of bringing gifts for the mom-to-be, the guests each brought a birth bead, which they then blessed. The overall atmosphere of the shower took on a relaxed feel, one that was stress-free. Bilson, 33, is a first-time mom who is extremely excited, but any advice from others was probably welcomed.

**What are some unique ways to share wisdom at a baby shower?**

### **Cupid's Advice:**

Baby showers are a great time to provide the future mommy with much-needed supplies and advice. Providing her with a lifetime supply of diapers would be fantastic, but what she would appreciate even more is thoughtful and creative gifts from her guests. Here are three suggestions from Cupid on how to provide wisdom for the mother-to-be:

**1. Make a book:** A mom-to-be can only handle so many diapers, and while they are a great gift, something homemade is even more special. Consider creating a book of advice for the special guest, which contains things from her friends and family – just make sure that the individuals giving the advice have had children themselves.

**Related:** [Rachel Bilson and Boyfriend Hayden Christensen Enjoy Vacation During Pregnancy](#)

**2. Diaper drawing:** A unique, fun and crafty activity is to have your guests write a piece of wisdom on a diaper so that when the mother and/or father changes their baby's diaper, they will learn a new piece of wisdom with each change.

**Related:** [Celebrity Couples Who Cannot Wait to Become Parents](#)

**3. Pass it along:** Paste pictures of each guest's child, if they have one, on a wall and give the mommy-to-be pieces of paper with a piece wisdom that that mommy learned with their child. Then have them try to match the piece of wisdom to the child's picture.

**What are some ways in which you have shared wisdom with a mommy to be? Please share below!**

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**Rachel Bilson and Boyfriend  
Hayden Christensen Enjoy  
Vacation During Pregnancy**





By Laura Seaman

Rachel Bilson, whose pregnancy was announced just last month, was spotted vacationing in Barbados with her boyfriend Hayden Christensen on Sunday, June 1 spending some quality beach time together. She was eating what [UsMagazine.com](http://UsMagazine.com) assumes to be her pregnancy craving food of orange soda and sandwiches. The couple when on a sailing lesson and soaked up the sun while pregnant Bilson wore a black bikini that showed off her growing baby bump.

**How do you support your partner during pregnancy?**

**Cupid's Advice:**

Pregnancy is a very big, scary, and exciting time for many women. The best thing a partner can do is be there to support them. There are many ways to support your partner during



pregnancy, and the more support you give, the better the process will be for everyone involved; even the baby, when it arrives! Cupid has some advice:

**1. Take time off and make sure you're there:** While it's important to make money to support the baby, it's also important to take the time to support the mother. During this pregnancy, things might become difficult or confusing, and it means a lot if you're there to make things better. Your time is probably the most important thing you can give to another person, so make sure your partner is getting plenty of it.

**Related:** [Ginnifer Goodwin Opens Up About Her Pregnancy and Wedding](#)

**2. Lower the stress and have some fun:** Getting ready for a baby is stressful enough, and there's no need to pile on more. Try having some fun and getting away from the usual grind of life. Take a mini vacation, take her out for a nice dinner, or just spend the night together without electronic distractions.

**Related:** [10 Date Ideas for the Married Couple with Kids](#)

**3. Be calm and understanding:** Sometimes pregnancy can really take its toll on a woman's body and stress levels. There's a lot going on, and unless you've been pregnant, there's no way you can possibly know what she's feeling during pregnancy. So just be kind and sympathetic, and don't play down the situation or say she's overreacting. It's a big deal for her, and it should be a big deal for you.

**What are some other ways to support your partner during pregnancy? Share your thoughts below.**

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# Rachel Bilson and Scott Porter Dish on Love Triangle on 'Heart of Dixie'



By Jennifer Ross

In the season finale of *Hart of Dixie*, Dr. Zoe Hart (Rachel Bilson) and Wade Kinsella (Wilson Bethel) finally have their love affair. However, the show didn't end like that. Soon after, George Tucker (Scott Porter) decides to call off his wedding to Lemon Breeland (Jaime King) and confesses his love to Dr. Hart. What's a girl to do? Bilson, 30, tells [UsMagazine.com](http://UsMagazine.com) that although she does not know who her character will end up with, she thinks the love triangle will continue for awhile. As if that was not enough to keep you

waiting for next season, poor Lemon will battle with maintaining her perfect image before society. How will she handle the humiliation? Will she fight to get her man back? Will she go back to her former lover, Lavon Hayes (Cress Williams)?

**What do you do if you're caught in a love triangle?**

### **Cupid's Advice:**

Whether you are torn between two lovers or happen to be one of the two hanging on, being in a love triangle is exactly like being stuck between a rock and a hard place. There really is nowhere to turn and no matter if you believe they love you, you are ultimately alone. When you are ready to move forward to a better relationship, here are a few tips to get you going:

**1. Be honest:** One of the main reasons you got yourself into this mess is because you were not honest with yourself in the beginning. Do it now! What pain or void are you trying to fill? Aside from the actual person, what do you truly want in a partner? Never mind the guy, what kind of love do you want for yourself? Make a list and read it daily.

**2. Listen to logic:** No matter how much you feel you need to stay, chances are you know or have heard all the reasons for getting out. You must take time (a week, a month, etc) to slow down your emotions and think about your love triangle in its entirety. Remember, holding on tighter to your lover(s) will not make the spinning stop; it only makes you dizzy.

**3. Let go:** Do this; imagine your younger sibling or best friend came to you with this exact same problem. Would you tell them to stay or would you tell them they deserve better? One thing you forget to realize is that the only reason you are in a love triangle to begin with is because you continue to stay in your corner. The sooner you get out, the sooner

your pain will heal.

How did you come out of a love triangle? Tell us below.

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# Celebrity Couples Who Reconciled For the Summer



By Tanni Deb

Celebrity couples are breaking up, getting back together, moving on, finding new love and embracing the single life on any given day. In fact, many of them are experts at being indecisive and unstable when it comes to relationships. It's

not exactly a lifestyle to strive toward, but that doesn't mean it doesn't make us smile when a sweet pair of our favorite stars decides to get back together after previously calling it quits. Here are some notable duos that elected to give it another shot this summer:

**1. Lady Gaga and Luc Carl:** Gaga told *Rolling Stone* last year that she had never loved anyone like [Luc Carl] before. She was even quoted as saying, "That relationship really shaped me." Despite these words, it was reported in May that the *Bad Romance* singer ended their "few year relationship." It was short-lived because by June the couple appeared to be together again. A source told [UsMagazine.com](http://UsMagazine.com), "They had a little fight. I think the break-up lasted a week or two. They are totally back together now." Sounds like this one may have been the shortest breakup in celebrity history.

**2. Rachel Bilson and Hayden Christensen:** The on-again off-again duo met on the set of *Jumper* in 2007 and was engaged a year later. They struggled through many ups and down and finally called things off, splitting for good, in March 2011. Following the breakup, a source close to Bilson said, "They're done this time. [The] engagement is over, relationship's over. She's really had it." I guess the source was wrong given that the *Hart of Dixie* star reunited with her ex about a month later. Most recently, the couple has been seen traveling and spending time together. Hopefully by the time we print this they'll still be together.

**3. Sammi (Sweetheart) Giancola and Ronnie Ortiz-Magro:** Remember back in January when the *Jersey Shore* couple split after dating at irregular intervals for three seasons? The ex-couple must have had time to reunite (again) this summer during their shooting in Florence, Italy. With Sammi and Ronnie, one can never tell if their on or off. Right now it seems like they are lovey-dovey, kissing, hugging and holding hands, but sometimes their fighting looks like that way, too.

**4. Jamie Lynn Spears and Casey Aldridge:** Spears was engaged to her boyfriend, Aldridge, when she announced at the age of sixteen that she was pregnant with his child. The couple ended things before deciding to tie the knot; a baby wasn't enough to keep this relationship together. Then, in August of last year, [People](#) reported that the former Nickelodeon star and her beau were working things out and most recently, Spears tweeted that she and her daughter's father are back together.

**5. Miley Cyrus and Liam Hemsworth:** Looks like the *Hannah Montana* star and her ex-boyfriend didn't sing their last song. In June, Cyrus's brother Trace told *UsMagazine.com* that his sister and Hemsworth had rekindled their romance. The couple fell for each other in 2009 while filming *The Last Song*, but split the following August. When Miley's father, Billy Ray Cyrus was asked during an interview what he thought of the Australian hunk getting back together with his daughter, he said that he approved of their relationship. "He's a great guy. He's solid. He's got great character." Well, if it doesn't work out this time, Hemsworth can always hang out with Miley's dad.

**What do you think about all this on-again off-again dating?  
Tell us below.**

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## **Rachel Bilson Reunites with Ex-BF Hayden Christensen In Barbados**



“This time, we’re really done.” We’ve all heard these famous last words in the midst of an on-again off-again relationship. Rachel Bilson seems to know this pattern all too well, as she was once again spotted with on-and-off beau Hayden Christensen. [UsMagazine.com](http://UsMagazine.com) reports that the *Jumper* co-stars were caught in Barbados together on Friday. The two met on set in 2007, and were engaged a year later. Last June, their roughly two year engagement was called off. They took a month to decide if they should stay together, but wound up calling it quits in March. “They’re done this time,” said a source close to Bilson. “Engagement’s over, relationship’s over. She’s really had it.” Could things be better this time around?

**What changes can you make to avoid an on-and-off relationship?**

**Cupid’s Advice:**



This is one cycle that once you're in, getting out can be tricky. Not to worry, though. Cupid's tips will ensure that you avoid this soon-to-be emotional train wreck:

**1. Cut ties completely:** If it's over, let it be. Ex-boyfriends may come back eventually, but fight the urge to text him or stalk his Facebook page. It's probably equally as hard for him, so let him be the one to take the initiative.

**2. Don't be afraid of letting go:** When you're with someone for a long time, it may be hard to imagine life without him or her. Develop a strong mind and focusing on yourself in order to move on and make the healing process easier.

**3. Keep yourself busy:** The more free time you have, the more you think about the issue and how you can fix it. Focus more on your studies or job, spend free time with people close to you and take up a new hobby. That way you won't be so consumed on your broken heart.

**Tell us about your on-and-off relationship by commenting below.**

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## Celebrity Couples Saving the Earth





By Tanni Deb

With Earth Day this Friday, people everywhere are making pledges to support the planet and show appreciation for the environment. Whether it's planting trees, recycling, or just walking instead of driving, plan to do a something eco-friendly on April 22 – you'll join the countless celebrities who continue to raise awareness about persevering our planet. Here are some celebrity couples who are not only committed to each other, but to Mother Nature as well:

**1. Bar Rafaeli and Leonardo DiCaprio:** DiCaprio is one of the most outspoken celebrities to discuss environmental issues, and girlfriend Rafaeli is no different. In 2008, the *Titanic* star purchased a condominium in Riverhouse, an eco-friendly building in New York City. He also drives a hybrid, flies commercially to reduce his carbon footprint, inspires other celebrities to go green, founded the Leonardo DiCaprio Foundation to support many eco-friendly causes, and created a documentary about the global environmental crisis called *The 11th Hour*. Meanwhile, Rafaeli is an activist in promoting alternative energy sources.

**2. Miranda Kerr and Orlando Bloom:** The Victoria's Secret model has an organic skin care line called Kora, was named Earth Hour's global ambassador for 2011 and modeled nude for *Rolling Stone's* Green Issue to raise environmental awareness. Bloom, Kerr's husband, built an eco-friendly house in London and was named a UNICEF Goodwill Ambassador in 2009.

**3. Jessica Alba and Cash Warren:** In 2008, this couple bought an eco-friendly house in Los Angeles to raise their daughter, Honor Marie in. The couple also lives green. In an interview with *InStyle*, Alba said, "I would like to see a cleaner earth for my child."

**4. Rachel Bilson and Hayden Christensen:** They might keep their relationship private, but when it comes to causes like Aeropostale's Teens for Jeans, Bilson and Christensen enjoy discussing its recycling campaign. In addition to encouraging people to donate their jeans, Bilson uses reusable shopping bags, drives a hybrid Toyota Prius and wears cloths made from organic cotton. Christensen owns an organic farm in Canada.

**5. Angelina Jolie and Brad Pitt:** These two have been praised for all the charity work they participate in and the organization they founded in 2006, the Jolie-Pitt Foundation, which assists with worldwide humanitarian crises. The couple is also dedicated to creating eco-friendly communities. Shortly after Pitt received permission to run his project, Make It Right NOLA, which focuses on building affordable green houses in New Orleans, he volunteered to be a designer of an environmental luxury hotel in Dubai.

These are just a few of the dozen celebrities who are committed to creating a healthier planet. Follow in their footsteps and make a difference this Earth Day.

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# Rachel Bilson and Hayden Christensen Call It Quits For Good



Both the engagement and the relationship are over for Rachel Bilson and Hayden Christensen. According to [UsMagazine.com](http://UsMagazine.com), the couple just couldn't make things work. The pair met in 2007 on the set of *Jumper*. They were engaged a year later and called it off in the summer of 2010. It seems like this on and off couple may officially be on the outs.

**How do you know what a relationship is truly over?**

**Cupid's Advice:**

Sometimes relationships work and sometimes they don't. If you

are in an on-and-off-again relationship that just doesn't seem to be working, the best course of action may be to move on:

**1. Too much drama:** If you are in a relationship where the tears of make-ups and break-ups never seems to end, get out for your own sanity.

**2. Boredom:** Along with being over-dramatic, a relationship that is dead in the water can also be underwhelming. If your partner no longer excites or interests you it may be time to say, "Let's just be friends."

**3. You don't trust your partner:** If you're back with an ex and find that you can no longer trust them due to your painful past, don't walk ... run out of this relationship.

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## Waiting for Forever with Rachel Bilson and Tom Surridge





Childhood friends Emma Twist (Rachel Bilson, *New York I Love You*) and Will Donner (Tom Surridge, *Like Minds*) may have drifted apart as they grew up, but they always kept a special place for each other in their hearts. When Emma returns to her hometown to be by her ailing father's side, she reunites with Will once again. Confused and distressed about her failing career and rocky love life, can Will remind Emma that what they had growing up was more than best friend material? *Waiting for Forever* tells the unique love story of two best friends separated by life and brought back together for a second chance.

**When is it okay to go from being just friends to something more?**

### **Cupid's Advice:**

Taking your friendship status to the next level is often tricky and can lead to sticky situations. After all, it can be hard to go back to being just friends after dating doesn't work out:

**1. It's mutual:** Sometimes feelings between friends can go unreciprocated. Make sure that you both want to take your relationship to the next level and that it's not just one-sided.

**2. The timing is right:** First he was in a relationship and you were single, then you had a boyfriend when he got dumped. If you two finally find yourselves in a situation where you are no longer obligated to be just friends, move right on ahead.

**3. Ease into it:** One day the two of you are spending Sundays watching old movies, and the next thing you know he's taking you out to dinner on Friday night. When you don't realize you're in a relationship, that's when it's the most right.

**Release date:** February 4, 2011

**Cupid's Kiss Rating:** 4 out of 5 kisses

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## Hayden Christensen & Sophie Monk Spotted Leaving Premiere







As reported in [Perez Hilton](#), possible new couple Hayden Christensen and Sophie Monk were spotted leaving the premiere of *Takers* together. The two reportedly left quickly in the same car. The *Star Wars* actor has reportedly been taking a break from his relationship with Rachel Bilson.

## **What does being on a break from a relationship really mean?**

### **Cupid's Advice:**

When a couple goes on a break, the relationship could go either way. Read on for some of Cupid's ways to tell whether or not this is a break – or a breakup:

**1. Loyalty:** If one half of the couple wants – or is willing – to be with someone else, this person should think about how much the relationship they took a break from really means to them.

**2. Time out:** Even if one or both parties attempt to be with someone else, it doesn't mean the relationship is over. This could be a way a of discovering the couple's true feelings for each other.

**3. It's over:** Sometimes a break in a relationship can become a permanent separation. However, this doesn't mean the former couple can't still be friends. See what works best for you.

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## Rachel Bilson & Hayden Christensen Are “Taking a Break”



The *OC* actress, Rachel Bilson, and *Star Wars: Episode II* star, Hayden Christensen, are reportedly taking a break from their engagement, a source told [USMagazine.com](http://USMagazine.com) last weekend. The

couple engaged quietly in 2008; however when asked about the wedding by the US Magazine at the TQH/Take No Prisoners Party, Bilson replied, "No, no plans," and pointed to her ringless finger. A source told the magazine that the couple is "taking about a month off."

**What are some warning signs that you and your significant other need a break?**

### **Cupid's Advice:**

Not all breaks are a bad thing. Sometimes a little time away is needed to ensure what you have with your partner is right, especially if you're thinking about taking the next step to marriage.

- 1. You feel bad about yourself:** The beginning of a relationship always brings highs to your self-esteem. If you no longer feel happy – either with yourself or with the partnership – step back and see if you're happier without your other half.
- 2. You don't want to hang out anymore:** If you no longer enjoy conversing with your partner, or find yourself trying to avoid contact with him or her, it's a sign something's amiss. You can't work on a relationship if you can't communicate with each other – or don't want to.
- 3. You compare your partner to other people:** The comparison doesn't have to just be physical; intellectual and emotional comparisons may be more meaningful, especially if you're looking at things your mate has no power to change.