

Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary



By

Lauren Burczyk

In [celebrity news](#), Carey Hart paid tribute to his wife, Pink, on their 13th wedding anniversary. According to *UsMagazine.com*, Hart, 43, posted a photo of himself and Pink, 39, on Instagram with the caption, "Who would have thought two misfits like us could pull it off!!! I'm very grateful for you, baby." The [celebrity couple](#) has had their share of ups and downs, including a split two years into their marriage, but has managed to keep their [celebrity relationship](#) strong after being together for 17 years.

In celebrity news, Carey Hart posted a sweet note for Pink on their 13th wedding anniversary. What are some ways to make your partner feel special on your anniversary?

Cupid's Advice:

Anniversaries are away to celebrate what you have together as a couple, and it's important to make your partner feel special on that special day each year. Cupid has some advice:

1. Write a love letter: Handwriting a love letter the traditional way, with a pen and paper, is a romantic way to let your partner know just how much you care about them.

Related Link: [Celebrity Couple News: Pink & Carey Hart Are 'Solid' After Two Breaks from Their Marriage](#)

2. Create a playlist for your partner: A great way to make your partner feel special on your anniversary is to create a Spotify playlist for them with songs that describe the way you feel about them.

Related Link: [Celebrity Couple News: Katie Holmes Kisses Jamie Foxx on Yacht in Miami](#)

3. Prepare a candle-lit dinner: Arranging for a romantic night, with just the two of you, where you cook their favorite meal, light some candles, and remove yourselves from all distractions will really make them feel special on your anniversary.

What are some ways that you have made your partner feel

special on your anniversary? Comment below.

Relationship Advice: Does Being Wronged Give You The Right To Fight?



By

Dr. Jane Greer

Superstar Pink has revealed that Christina Aguilera tried to punch her in a club during their feud, rather than talking things out. Sometimes when people do not have the skills or the opportunity to deal with their anger directly, that

hostility might build up and result in a situation like this, which isn't healthy for anyone.

So, how can you avoid this a hostile incident, and, more important, how can you guard against feeling so mad that you find yourself wanting to hit someone? Here's some relationship advice:

Very often when somebody does you wrong, you believe you have the right to feel outrage toward them. If you don't get to talk through those feelings, they can build up into self-righteousness that you carry around with you like a landmine that might explode anytime it is triggered. Understanding this points to how important it is to speak up when you feel offended or hurt by someone's behavior or actions toward you. Doing this is essential to your health and well-being.

Related Link: [Relationship Advice: Can You Cheat Jealousy?](#)

The best thing to do is to talk directly to the person you have the grievance against. Reach out through a letter, email, or a call, and ask if that person is willing to sit down with you or have a conversation over the phone. Explain that you are upset and would like to clear the air, and hopefully they will respond accordingly. If you can do this, it will not only help to dissipate the fury you feel, but might also lead you to a place of understanding as to why you had such a strong reaction about what happened in the first place. There is also the chance that the person in question did not even realize he or she did something to anger you, and this will give you the

opportunity to gain some perspective as to what might have been going on for them. In this way, you can discover something that can help to shift things so that what they did doesn't occur again.

Of course there are times it isn't possible to speak directly to the person. If, for example, they refuse to talk to you, or if it is impossible to reach them, are you stuck with all this rage? You don't have to be. If that happens, see if there is someone else you can talk the issue through with who might help you figure out why this pushed your buttons so much. Did you feel devalued? Lied to? Blamed? Were you treated unfairly? Were you made to feel vulnerable? Once you have a good handle on it, it will help you navigate so that you can prevent similar situations in the future. One of the goals is to learn how to stop taking things personally, because this can make you stronger and less sensitive to people's offensive behavior.

Related Link: [Celebrity News: Put Yourself First Like Lady Gaga](#)

If there is nobody you are comfortable talking about this with, and the other person is uncooperative, then write it down for yourself. There is a reason we say the pen is mightier than the sword, and there is no better example of that than this scenario. When you are able to express yourself in words, either through talking or writing, it helps to release and decrease your anger, so instead of carrying around one hundred pounds of it, you can reduce that to a lighter load of twenty pounds or so. The sword, or in Pink and Christina's case, a possible punch, does not address the problem or resolve the conflict. It will only lead to more of the same.

Nobody likes to be angry. But if you can use it in a positive way as a catalyst to change through conversation, it can give everyone a chance to move forward and feel better. Thankfully,

Pink and Christina never came to blows. Perhaps in the future they will find the words to connect.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Celebrity Couple News: Pink & Carey Hart Are 'Solid' After Two Breaks from Their Marriage





By

[Cortney Moore](#)

Pink and Carey Hart have made celebrity news in the last 16 years due to their tumultuous relationship. However, after celebrating their 11th anniversary back in January, it seems that this celebrity couple have found a way to make it work. How were Pink and Hart able to save their relationship? Well, Pink credits the two breaks her and Hart took in 2003 and 2008 as factors that transformed their love for each other. "The first one was about a year. And the second one was 11 months," Pink explains in an interview with [UsMagazine.com](#). An insider also spoke with the magazine and agreed that Pink and Hart are a solid celebrity couple, "They love their life together." Taking a break during marriage might be a little unorthodox, but this strategy has helped them avoid divorce. Let's applaud this famous couple for making it work. There are so many in Hollywood who aren't as lucky.

This celebrity couple proves that

sometimes breaks in a relationship can be beneficial. How do you know if a break will help or hurt your relationship?

Cupid's Advice:

The very idea of taking a break is scary for many couples. However, if you're relationship has been on the rocks for some time, a break might be just what you need. Before you decide to go all-in, let Cupid help you figure out whether a break will be beneficial or hurtful for your relationship:

1. There's a weak foundation: The reason you're considering a break is due to a failing relationship. Some things just aren't working out anymore and you need space to see if this is something you really want. Taking a break helps you find the cracks in your relationship, and hopefully with some time apart you can fix these problems together. But, you also need to be wary. Being able to see all of your relationship's flaws might also tempt you to run away. You need to go into a break with the intention of possibly getting back together. If you don't do this then it's just a plain breakup and not an actual break.

Related Link: [Celebrity News: Carey Hart Shares Sweet Family Photo on Anniversary with Pink](#)

2. Get on the same page: Before you and your partner officially decide to part ways, you need to discuss what you're both okay with and what you're both not. Will this be a break that allows you to both date other people, or do you both expect monogamy during your time apart? These nitty-gritty details might not be something you want to discuss during tough times, but it's a conversation that must be had.

If you're both not on the same page about the break, then someone is going to get hurt and your relationship will be strained even more than before. So talk it out, you might even be pleased to see you both share similar ideologies.

Related Link: [Celebrity Wedding: Lance Armstrong Is Engaged to Girlfriend Anna Hansen](#)

3. Gives you very much needed 'me time': Taking a break from your relationship helps to free up your schedule. This is great because it provides you the opportunity to reassess your priorities personally and professionally. If there's something you always to do, it's time you pursue those dreams. Whatever it is that makes you happy may translate over to your strained relationship. When you feel good about yourself, you're confident, and that positive energy might be something your partner was missing in you. Just make sure you're not too busy for a relationship. Remember, the point of a break is that you and your partner intend to reunite.

Have you ever had to take a break in a relationship? How did it work for you? Share your comments below!

Make Your Love Soar On Date Night With Aerial Classes In NYC





By

[Cortney Moore](#)

Do you have a love for the aerial performers at Cirque du Soleil? Ever wondered how they can easily climb up and down those silks and hoops while being suspended in air? You might think these performers had to train at a young age to get so nimble and flexible, but this is not always the case! Believe it or not, you can become one of those amazing performers with a few aerial classes. Learn how to soar through the sky with ease and impress your friends with these circus-like moves! It might even be worth it to try out on your next [date night](#)! Just imagine yourself and your sweetheart defying gravity and completely in sync with each other while practicing these mesmerizing moves. If that's not motivation enough to give these classes a try, then maybe a few fit celebrities can inspire you to. Khloe and Kourtney Kardashian, Vanessa Hagens, Sarah Hyland and P!nk are just a few stars who have made [celebrity news](#) following this daring fitness trend.

Try Out Aerial Classes On Your Next Date Night

Circus Warehouse: Founded in 2010 and located in Long Island City, the Circus Warehouse has made a name for itself in all things circus related. Classes are taught by actual circus stars so you can have faith that you're learning from people who know what they're doing. This location offers aerial silks, Lyra (aerial hoop) and many other circus classes you may be interested in trying.

Body & Pole: Push your limits at Body & Pole located in the Chelsea neighborhood. This 10,000 square foot studio offers an assortment of classes so you can do your best as an aspiring aerialist. With world-renowned instructors teaching 200 classes on a weekly basis, students can improve their flexibility, contortion and aerial choreography on fabric, hoops and poles.

Related Link: [Celebrity Interview: Professional Aerialist & Celebrity Trainer Jill Franklin Talks About Aerial Physique, Famous Clients And Love Advice](#)

Aerial Arts NYC: Learn aerial skills from experienced professionals who have performed at Cirque du Soleil, famous cruise ship lines and countless other circus locations. Aerial Arts NYC is located in Midtown East, and offers both group or private aerial circus classes in silks, static trapeze, rope, Lyra, hammock, straps and Spanish web.

Om Factory: Take a more peaceful approach to aerial fitness with the Om Factory. Founded in 2006, with multiple locations in NYC (Union Square & Fashion District) and abroad, the Om Factory has had the opportunity to teach aerial yoga to thousands. Aside from assorted yoga classes, this location also offers traditional aerial circus lessons with silks, Lyra, cloud swings and static trapeze.

Related Link: [Date Idea: Workout Together](#)

Skybody System: Empower your body and mind at this aerial yoga studio in the Flatiron district. You don't have to be fitness pro here because experienced instructors will teach you everything you need to know as a beginner. You have the option to take a variety of aerial fitness classes that include yoga or dance. And with classes offered 7-days a week, you'll have plenty of opportunities to practice your skills!

City Pole: Receive individualized attention at an aerial studio located in Tribeca. City Pole boasts small class sizes for beginner, intermediate and advanced aerialists. As a result each student has access to the studio's equipment with no need to share during lessons. Here, experienced trainers teach pole dancing, flexibility, aerial hoop and silk classes.

Be the envy of your friends by getting fit on date night and learning these aerial skills as a couple! You'll be sure to get your heart racing with the one you love close by.

Have you ever heard of aerial classes before? Would you be interested in giving it a try? Share your comments below!

Relationship Advice: 5 Ways to Restore Trust in Your Relationship





By

Katie Gray

Trust is the most important aspect of a relationship. Without trusting your partner and having that trust reciprocated, your relationship won't be a healthy and happy one. We can take cues from [celebrity couples](#) and their [celebrity relationships](#) to see how they restore the trust in their relationship when it's lost. For example, Pink and Carey Hart married in 2006, and announced their separation in 2008. After marriage counseling and song therapy, they reunited in 2010, welcomed daughter Willow Sage in June 2011, and just celebrated their 10 year [celebrity wedding](#) anniversary. According to *Psychology Today*, 41% of first marriages and 60% of second marriages end in divorce. Wow! Nobody told us relationships would be easy; they just promised it would be worth it!

Cupid has some [relationship advice](#) on how to restore the trust in your

relationship:

1. Open communication: You can't trust someone if you don't have a mutual open line of communication. Tell your partner how you feel and what you are thinking, and also encourage them to do the same. You have to feel comfortable speaking with your partner about any topic. It's important for both partners to know that they can talk to the other about anything and that it stays private between just the two of you.

Related Link: [3 Ways to Live Happily Ever After in the Face of a Love Triangle](#)

2. Establish boundaries: You must establish boundaries with your partner right away. If something makes you uncomfortable, then you need to let your partner know. You two must decide as a couple how to deal with exes, privacy, outings, and so forth. If something makes your partner uncomfortable, it's up to you to respect that. Establish guidelines that you both agree upon. It's all about compromise in a relationship!

Related Link: [Celebrity Couples: Music's 5 Most Powerful Pairs](#)

3. Affirmations, therapy and exercises: Staying positive goes a long way. To restore trust in a relationship, you must work hard at it. Saying affirmations, doing exercises as a couple and going to therapy and counseling will help a lot.

4. Date night: It's imperative to spend quality time with your partner. It gives you time to bond and to remember why you fell in love with them in the first place. You won't start trusting someone again unless you feel like you know them. Therefore, having a date night ritual is a good place to reconnect.

5. Forgive and forget: You won't be able to move forward if you are harboring feelings of resentment and anger. It's

imperative to work past those issues and clear them up right away. You must practice forgiveness. Whatever your partner did to make you distrust them, you have to first forgive and then forget, in order to move on. Clear up the issues that arose and solve them so you can start trusting your partner again. After all, you care about them or you wouldn't want to stay with them.

What are some ways that you have restored trust in your relationship? Comment below.

Celebrity News: Carey Hart Shares Sweet Family Photo on Anniversary with Pink





By

Katie Gray

In recent [celebrity news](#), Carey Hart shared a nice family photo on *Instagram* with a sweet message for his wife Pink, in honor of their 10th [celebrity wedding](#) anniversary. According to [UsMagazine.com](#), Hart proclaimed, “10 years is a pretty amazing milestone for 2 misfits like us.” He concluded the caption with, “I’m proud of us baby!!! Thank you for being an amazing wife, mother, and friend. I love you.” This [celebrity couple](#) is proving to have one of the strongest relationships in Hollywood. This celebrity love story can serve as an inspiration to all of us, because it’s beautiful and real.

This celebrity news is super cute. What are some ways to make your partner feel special on your anniversary?

Cupid’s Advice:

Anniversaries are the perfect time to show your significant other how much they mean to you. It's important to make your partner feel special on your anniversary, but more importantly, to show them they are special every day. Cupid has some tips on how to make your partner feel special on your anniversary:

1. Take a second honeymoon: Everybody needs a vacation from time to time. Why not take the occasion of an anniversary as an opportunity to take a nice trip? Spend time together, relax, enjoy yourselves and relive the 'honeymoon phase' of a relationship.

Related Link: [Kylie Jenner Posts Instagram Photos Amid Tyga's Teen Mom Scandal](#)

2. Share the sentiments: It truly is the thought that counts when it comes to gift giving. Give your partner something that has sentimental value to show how they are special to you still. If you have a song as a couple, dance with them to it. Write them a poem or give them something that is an inside joke between the two of you. Just do something that shows you remember your time together and that you still cherish them!

Related Link: [Nick Young Calls Wedding Planning With Iggy Azalea a 'Nightmare'](#)

3. Reconfirm your commitment: Nothing makes your partner feel more special than being reassured that you are still committed to them. Write them a letter, telling them you are still loyal, faithful and devoted to them. Reminisce on the time you have spent together. Frame your favorite photo from your wedding and give it to them. It shows how far you have come and how strong your relationship really is!

How have you made your partner feel special on your anniversary? Share your stories below!

5 Celebrity Women Who Proposed to Their Partners



By

April Littleton

Some women get tired of waiting around for their man to make the first move – female celebrities are no different. Why should they wait around for something they want when they can just go after it themselves? Cupid found five celebrity women who decided to take charge of their relationships and put a ring on it:

1. Jennifer Hudson: The former *American Idol* star met

professional wrestler David Otunga after her separation from longtime boyfriend James Payton. She proposed to Otunga in September 2008. The couple have one son, David Daniel Otunga, Jr., born Aug. 10, 2009.

2. Pink: The *Just Give Me a Reason* singer met motorcross singer Carey Hart at the 2001 X Games in Philadelphia. After a brief separation, Pink proposed to Hart during a Mammoth Lakes motorcross race in June 2005. She wrote, "Will You Marry Me? I'm serious!" on a sign. The lovebirds married in Costa Rica Jan. 7, 2006. The singer gave birth to their first child, Willow Sage Hart June 2, 2011.

Related: [Celebrity Parents Who Splurge On Their Kids](#)

3. Halle Berry: Berry proposed to former love David Justice during the beginnings of her career. She married the baseball player after midnight Jan. 1, 1993. The separated in February 1996. The couple were officially divorced June 24, 1997. The actress moved on to marry Eric Benet from January 2001 to January 2005. Currently, she's married to actor Olivier Martinez, whom she met while filming *Dark Tide*. The couple have one child, son Maceo, born Oct. 5, 2013. Berry also has a daughter with former flame and model Gabriel Aubry.

Related: [5 Celebrity Couples Who Married Young](#)

4. Britney Spears: The *I Wanna Go* singer proposed to ex-husband Kevin Federline. They were engaged three months after meeting each other in July 2004. At the time, Federline's ex, Shar Jackson was pregnant with his second child. The lovebirds married Sept. 18, 2004. However, their marriage wasn't official until three weeks later due to legal issues. Their relationship was documented on the reality TV show, *Britney & Kevin: Chaotic*. The couple had their first child, Sean Preston Federline, in September 2005. A year later, Jayden James Federline was born. Spears filed for divorce in November 2006, citing irreconcilable differences.

5. Kristen Bell: Bell began dating actor Dax Shepard in late 2007. They became engaged in January 2010, but decided to propose wedding plans until California legalized same-sex marriages. After the legislation passed June 26, 2013, the actress proposed to her longtime love via Twitter. The couple married at the Beverly Hills County Clerk's Office Oct. 17, 2013. They have a daughter, Lincoln Bell Shepard, born March 2013.

What other celebrity women proposed to their partners? Comment below.

Pink Says the Key to Marriage Is Only Half Listening





By

Jessica Conigliaro

Pop singer Pink often uses her marriage as inspirations for her songs. Personal lyrics such as those must have an effect on the man she is singing about. When asked how he felt, Pink's husband told her, "Look, I know you, we have a good sense of humor, and I know what I signed up for. I only listen to half of what you say anyway!" [People](#) reports that Pink's response was, "When he starts listening to me too much, we have problems!"

How do you know when to make an issue of something that upsets you in a relationship?

Cupid's Advice:

Every committed relationship comes with arguments. In fact it's seemingly healthy to fight with one another. It allows the other person to know what upsets you; instead of keeping your emotions bottled up. You gain the opportunity to express how you feel—and could prevent it from happening again. On the other hand, too many fights between one another will leave you

frustrated. Here are some tips on how to pick your battles accordingly:

1. You've gotten mad about this before: People often hide their anger from their partner; eventually, it will become too much to bear. If your boyfriend is repeatedly late for plans, your anger level will rise every time you hold your tongue. Let him know if something is bothering you and get everything out in the open—this will prevent a much larger dispute later on.

2. Don't pick stupid fights: Little things our partners do—such as wearing mismatched sock or leaving the toothpaste out—can irritate us to no end. Although you may not be thrilled about these situations, ask yourself if it is worth getting into an argument over. Learn to accept the minor nuisances; there are more important things to be focusing on in your relationship.

3. Know why you are mad: If you find yourself upset about something your boyfriend said, consider his point of view. If he suggested getting salad for dinner and you assumed he wants you to lose weight, reconsider the situation. It is possible—and more logical—that he was simply in the mood to eat that. We often work things up in our heads to be worse than they actually are; avoid this by taking time to contemplate why you are mad and if you are overreacting.

How have you decided what to make an issue out of? Share your thoughts below.

How Celebrity Couples Celebrate Labor Day Weekend



By

Whitney Baker

Labor Day weekend is often filled with beach and barbeque, giving people an opportunity for an extra day off before the summer ends. Some celebrity couples like to keep things simple as they spend time together with the sand and the sun, while others add a little glitz and glam to the usual date plans.

In anticipation of the upcoming holiday weekend, let's look back at how the hottest duos in Hollywood celebrated Labor Day last year:

1. Partying in Las Vegas: Stars seem to flock to Sin City for a final summer blowout. Before she was on baby bump watch,

Nicole 'Snooki' Polizzi hosted a bash at PURE Nightclub inside Caesar's Palace with then-boyfriend Jionni LaValle. That same night, Carmen Electra and her former fiancé Rob Patterson hosted a party at Nikki Beach in the Tropicana Hotel.

Related Link: [Date Idea: Venture Out on Labor Day](#)

2. Lying Poolside: Other celebrity couples prefer to focus on relaxing and soaking up the last bit of summer sun. Gabrielle Union and Dwayne Wade spent the afternoon at a Miami Pool with Wade's two sons, while Dave and Odette Annable enjoyed some newly-wedded bliss before celebrating their one-year anniversary in October.

3. Saying "I Do": Many celebrity couples choose to [tie the knot](#) over this three-day weekend. Last year, Lauren Bush wed David Lauren, son of fashion icon Ralph Lauren, on his private ranch in Telluride, Colorado. Additionally, Mark Ronson, a well-known DJ and the brother of designer Charlotte Ronson and DJ Samantha Ronson, and actress Josephine de la Baume celebrated their wedding with a two-day celebration in Aix de Provence, France. It sounds like the perfect way to mark the end of the summer.

Related Link: [Five Celebrity Couples Who Had a Low Profile Wedding](#)

4. Hanging Out with Their Kids: Some Hollywood pairs opt for a more traditional route and enjoy low-key plans with their family. The Malibu Fair and Chili Cookoff was a popular spot last year: Tori Spelling and Dean McDermott took their kids, while Pink and her husband Carey Hart were there with their daughter. Also in Malibu, Nicole Richie and husband Joel Madden spent Labor Day on the beach with their two children.

5. Working: Even celebrities have to show up to work on a holiday once in a while. With the 13th season of *Dancing with the Stars* underway, many of the dancing duos, including Cheryl

Burke and Rob Kardashian as well as Lacey Schwimmer and Chaz Bono, were spotted practicing for the next show. Similarly, Selena Gomez was in Colorado for her 'We Own the Night' tour, keeping her away from boyfriend Justin Bieber.

What are your plans for Labor Day weekend? Tell us below.