Philip Seymour Hoffman Had Plans to Visit His Children on Day of Death





By April Littleton

Actor Philip Seymour Hoffman died suddenly during Super Bowl Sunday. He was supposed to pick up his three kids on the day he passed away, but never showed up. A source told <u>UsMagazine.com</u> that family members began to worry when Hoffman didn't pick up his children. The incident was "uncharacteristic of him" the source said. The actor was 46 and had a son, Cooper and two daughters Tallulah and Willa.

What are some ways to tell your children that a loved one has passed?

Cupid's Advice:

Dealing with a death in the family is a struggle — especially when there's children involved. Breaking devastating news like this to someone so young will be tough, but telling a child exactly what's going on is a step in the right direction. Cupid has some tips:

1. Be honest: Your children need to hear the truth about the situation, and that needs to come from you before they hear it from anywhere else. You need to be up-front about what happened and you also need to make sure you maintain sensitivity over the topic. Spare them any gory details and talk to them in a calm manner.

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2. Let them ask questions: Once you let your kid(s) know about their loved one passing away, you will need to let them have some time on their own to sink in the information. They'll have questions for you, so try your best to answer them as clearly and concisely as you can.

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3. Be there: Don't hide your own feelings. Your children will need you now more than ever. Don't refuse to grieve with them. You need to be strong for them, but you also need to make sure they know that you feel the exact same way they're feeling.

How did you let your children know that a loved one passed? Share your experience below.