

# Maggie Gyllenhaal: I'm Less Judgmental Now That I'm A Mom



By Jenny Schafer for

Celebrity Baby Scoop

Academy Award-nominated actress Maggie Gyllenhaal appears in Scholastic Parent & Child's August/September Back-to-School issue discussing her new film 'Won't Back Down,' mommy politics, and her two daughters **Ramona**, 5, and **Gloria**, 4 months.

**On mommy wars:** "I used to be judgmental of the way other people would parent. I would look at someone talking on a cell phone while her baby was asleep in a stroller and think, 'How can that mother have her cell phone out?' Then you actually have a baby and you're like, she's sleeping; I have 10 minutes; I'll make three phone calls. I think so much of my judgement—not only about how people parent, but about people in general—went away when I became a mom."

**On mommy perfection:** “I was 28 when Ramona was born, and I had this idea that I think a lot of people in their twenties have, that I was supposed to do it perfectly. At least, if not perfectly, then exceptionally well. I’ve realized that that isn’t possible and that part of being a human is making mistakes—and making lots of them.”

**Related Link:** [Maggie Gyllenhaal and Peter Sarsgaard Welcome Second Child](#)

**On the joys of motherhood:** “Now that Ramona is older, I enjoy hanging out with her as a friend. I know there’s the element of parenting where you have to be a mom and say no and do all the things that are not fun. But the fun part is being with this little person and learning about the world and listening to her questions. She comes and runs errands with me and we make it fun. When we talk, she talks like a person. She knows the words that she needs. She’ll ask me if she doesn’t. I like that.”

For more with Maggie, pick up *Scholastic Parent & Child* August/September issue, hitting newsstands August 20.

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## Maggie Gyllenhaal and Peter Sarsgaard Welcome Second Child





Actress Maggie

Gyllenhaal and her actor husband Peter Sarsgaard welcomed their second daughter to the family on Thursday, according to [People](#). Gloria Ray joins sister Ramona, 5. The actors, who wed in 2009, announced the pregnancy in November and the gender in March. "I find it difficult to pretend you're not pregnant, which I had to do," Gyllenhaal said. "I didn't let anyone know until three and a half months this time."

### **How do you keep your pregnancy a secret?**

#### **Cupid's Advice:**

Sometimes it's best to keep your pregnancy on the down low until you know everything is going smoothly and there are no complications. Cupid has some tips:

- 1. Wear baggy clothes:** The most obviously way to keep your secret is to disguise your baby bump. You can do this with over-sized shirts and baggy dresses.
- 2. Swear those who know to secrecy:** Word of mouth travels quickly, so make sure your partner and anyone else close to you keeps their mouths shut when it comes to your pregnancy.
- 3. Keep the ultrasound in a safe place:** You may be tempted to hang your ultrasound on the fridge, but for now, hide it in

case anyone drops by your home.

**What are some other ways to keep your pregnancy a secret?  
Share your thoughts below.**