

# Celebrity Couple Peter Facinelli & Jaimie Alexander End Engagement



[By Mary DeMaio](#)

The invitations were never sent for the union of Peter Facinelli and Jaimie Alexander. According to [UsMagazine.com](#), this [celebrity couple](#) ended their engagement due to conflicting family and work commitments on opposite coasts. They got engaged last March and had been in a long-distance relationship while Jaimie filmed *Blind Spot* in NYC and Peter stayed in L.A. In latest [celebrity news](#), they have chosen to remain good friends with cordial communication.

# This celebrity couple can't make it work because of the distance. What are some ways to make distance tolerable in a relationship?

## Cupid's Advice:

It's important to remember that even when you're apart from that special person who makes your heart race, no matter where you both may be, you'll still be looking up at the same sky. Some relationships are worth weathering the storm. Cupid is here to share some ways to handle the separation:

**1. Constant communication:** With the technological advancements nowadays, texting, video chatting, and phone calls can make the mile radius dramatically decrease. Keep your partner in the loop with everything going on in your life, however mundane it may seem.

**Related Link:** [Love Advice For Making Your Long-Distance Relationship Work](#)

**2. Set time aside for special visits:** Make advanced plans to see each other in person to rekindle that spark in your relationship after all the yearning and absence. Don't make the other person feel like they don't fit into your life anymore.

**Related Link:** [Celebrity News: Bindi Irwin Makes First Red Carpet Appearance with Boyfriend Chandler Powell](#)

**3. Plan things to look forward to:** To ease the pain of being apart, use your common interests to schedule trips or concerts to help the time pass quicker. Think positively about the future.

What are your ideas to making a long distance relationship last? Share below!

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## Jennie Garth: Can You “Win” the Celebrity Exes Challenge?



By [Dr. Jane Greer](#)

It's been less than two years since actors Jennie Garth and Peter Facinelli finalized their [celebrity divorce](#), but already both are engaged to new partners. After Peter announced his [celebrity engagement](#) on March 16, Jennie's engagement to her new boyfriend of only a few months was confirmed last week.

# **The question is: Is this a coincidence, or a “battle of the celebrity exes”?**

Sometimes one person will try to “win” their breakup by not being the one left alone while their ex has found new love. Even though you may be relieved that your relationship and love has ended, seeing your ex get into a new relationship or get engaged to someone else can potentially drive you to get involved quickly with someone you might otherwise not be so interested in. Additionally, it can also trigger you to take the next step with your own new partner so you don't feel your ex is getting on with their life and you're the one being left behind.

## **The Many Facets of Divorce**

There are many facets of divorce that people have to go through, and there is no question that one of the most difficult is dealing with your ex when they move on and become involved with someone else. Whether he or she is starting a new relationship or is making the ultimate commitment by getting engaged or married, it can reverberate through you and oftentimes makes you feel like you are experiencing an ending all over again. This can be true whether you are in a new relationship or not. Inevitably you feel a loss knowing someone has taken your place. Regardless of whether the relationship ended at your former partner's hand or your own, it is hard not to look back at what was good when you were together, and feel bad that it didn't work out. That can be the case even if you are in a new, healthy relationship.

## **How to Stop Looking Backward and Start Looking Forward**

First, know that feeling envy, sadness, and regret is natural and understandable. The trick is learning how to deal with it

so those feelings don't consume you. The most important thing is to keep in mind that what you shared with your ex was once special and helped form you into the person you are today. You stayed together for as long as you could, while it worked for both of you, but it ended because it was no longer generating the happiness the two of you signed on for. If your ex is now happy and has moved on, that can be a signal for you to be doing the same thing by either looking for the relationship you always wanted but weren't able to have with your ex, or by shaping the new relationship you're in to make sure it is fulfilling and gratifying in a way your old one wasn't. Instead of living in the past, look to the future so you can stop feeling unhappy and empty about what you missed out on, and finally secure what you wanted all along. In other words, stay focused on yourself so you can build your own happily ever after.

As far as celebrity exes Peter and Jennie are concerned, at least they have each moved on with their new lives respectively and, in doing so, they appear to be in sync once again.

*Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [www.facebook.com/DrJaneGreer](https://www.facebook.com/DrJaneGreer), and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy.*

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# It's Official! 'Twilight' Star Peter Facinelli Celebrates Engagement with Jaimie Alexander



By Maggie Manfredi

We hear wedding bells in Hollywood! According to [UsMagazine.com](http://UsMagazine.com), *Twilight* star Peter Facinelli proposed to *Thor* starlet Jaimie Alexander. The couple started dating in November of 2012, eight months after Facinelli's divorce from Jennie Garth. The now engaged celebrity couple worked together on *Nurse Jackie* and *Loosies*. A source reported on the

celebrity engagement, saying, “She knew it was coming but was overwhelmed during the proposal.”

## **Peter Facinelli delivered his celebrity engagement proposal on top of the Empire State Building. What are some ways to incorporate your favorite place in your marriage proposal?**

### **Cupid's Advice:**

A marriage proposal is a very special moment in any couple's story. Cupid has some tips on how to ask your favorite person in the perfect spot:

**1. Keep it simple:** Do you and your significant other frequent a certain trail for walks, or do you enjoy a particular restaurant together? Even a favorite simple spot that holds a great deal of memories could be the perfect location for a proposal.

**Related Link:** [Jennie Garth Says Dating After Divorce is “a Weird Type of Torture”](#)

**2. Surprise:** Is there somewhere that excites you that maybe you have never visited? Take your partner there. Keep things secretive, and make it a big surprise. Bonus points if you get a photographer to capture the moment, unbeknownst to your partner.

**Related Link:** [Jennie Garth and Peter Facinelli Finalize Divorce](#)

**3. Plan a vacation:** Have your love pick out places to go or

see while on your trip. This will help you understand where they are most excited to go and use that information to your advantage. Believe it or not, you're basically having your partner set up the moment without them even realizing!

**What do you think of this sweet celebrity couple? Share your thoughts below!**

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## **Jennie Garth Says Dating after Divorce is “a Weird Type of Torture”**





By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Jennie Garth is still having some trouble getting back in the dating scene after her divorce from Peter Facinelli. "It's super challenging," Garth said during an interview on *Bethenny*. "It's fun, and it's awful all at the same time. It's like a weird type of torture. But it can be fun." The *Beverly Hills, 90210* alum has three daughters. Facinelli and Garth were married for 11 years before splitting in June.

**How do you know when you're ready to start dating after a divorce?**

### **Cupid's Advice:**

Getting over a divorce can take some time, especially if kids are involved. How do you know when you're really ready to give love another try? Cupid is here to help:

**1. Your anger is gone:** All of the resentment and other negative feelings you had for your ex are gone. When the two of you do see each other, it's strictly about the kids (if you have any together). If you're able to co-parent in a peaceful manner and you're no longer hoping that the two of you can reconcile one day, you may be ready to move on.

**2. You're looking:** You know you're ready to get back out there, when you notice a cute guy staring right back at you. Noticing other men again is one of the first signs of moving on. Don't rush into anything though. Take your time, test the waters and have some fun.

**3. You're OK with being by yourself:** Before you can let anyone into your heart, you need to be comfortable with being alone first. Take some time to get to know yourself. You may need to reevaluate what you want out of a relationship and a love partner before you start dating again.

How did you know you were ready to start dating after a divorce? Share your experience below.

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# Jennie Garth and Peter Facinelli Finalize Divorce



By Petra Halbur

Jennie Garth and Peter Facinelli's marriage officially ended on Tuesday, June 11. Though the two actors filed for divorce in March 2012, their split has been amicable. Garth and Facinelli have agreed upon a 50-50 custody arrangement with their three daughters, Luca Bella, 15, Lola Ray, 10, and Fiona

Eve, 6. Garth spoke to [People](#) about her initial resistance to the idea of divorce. “I didn’t want it to happen,” she said. “It took me some time to come to peace with it.”

**What are some ways to keep your divorce amicable?**

**Cupid’s Advice:**

Divorce is never fun, but there is a way to keep the separation amicable. Cupid has some ideas:

**1. Don’t assign blame:** Holding your partner responsible for the failure of your marriage will only generate negative feelings between you two. Brooding about the past will accomplish nothing. Though it may be difficult, let go and move towards the future.

**2. Hold your tongue:** Just because you have something to say, doesn’t mean you have to say it. You may feel angry and hurt but for the sake of those around you, particularly if you have children, exert some self-control and keep things civil.

**3. Forgive each other:** It won’t be easy, but try your best to make peace with the end of your marriage and reach a point where you can forgive your spouse and yourself for whatever factors led to the separation.

**Did you keep your divorce amicable? Tell us how below.**

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**Peter Facinelli’s Girlfriend  
Jaime Alexander Stuns on the**

# Red Carpet



By Andrea Surujnauth

Peter Facinelli and his girlfriend, Jaime Alexander, hit the red carpet for the 2013 Screen Actors Guild Awards. The *Twilight* actor was envied by men all around the world because of his beautiful raven-haired sweetheart. Alexander dazzled the red carpet in a jaw dropping black gown with an open back and plunging neckline, according to [UsMagazine.com](http://UsMagazine.com). Facinelli and Alexander are co-stars in *Nurse Jackie*. They first debuted their relationship on Nov. 15th during *The Twilight Saga: Breaking Dawn Part 2* screening.

**What do you do if your friends find your mate attractive?**

**Cupid's Advice:**

Jealousy can really mess up a good relationship, so what do you do if your friends are always coming on to your partner? Cupid has some advice:

**1. Don't sweat it, enjoy it!:** Your friends want what you have. Revel in it! Your partner is with you for a reason so don't worry about your friends finding your mate attractive because your mate finds YOU attractive. As long as your friends don't get out of line, take it as a compliment that your friends think your sweetheart is hot, because that gorgeous babe is with you!

**2. Make it apparent that you two are close and happy together:** If you feel that your friend would try to make a move on your partner, show them that the relationship the two of you have is unbreakable. Laugh about a funny inside joke together in front of your so-called friend. Get close to one another. Do not fight or argue in front of your friend. Doing so will make them feel that they could use the argument as a tactic to get close to your mate. so be careful! And most importantly, if you feel that your friend would make a move on your mate, then that is not a true friend and you need to throw that person out of your life immediately.

**3. Watch body language:** If you see that your friend is getting flirty with your sweetie then be truthful and tell your friend that their behavior is unacceptable. Be honest with your friend about your suspicions. If your friend continues to act inappropriately then cut them out of your life permanently.

**Comment below and let us know what you would do if your friends were attracted to your mate!**

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# Jennie Garth Says Looks Aren't Important to Her Anymore With Dating



By Nic Baird

Actress Jennie Garth is back in the dating game and says “looks aren’t important,” [People](#) reports. The 90210 alumna split from husband Peter Facinelli in March. “When I’m in excruciating pain, like with what I’ve been through with my breakup and that grief and loss that’s just immobilizing, it helps to remember that it only lasts for 13 to 15 minutes, max,” she told *Health* in its January issue. What is Garth looking for now? “I like positive energy.”

**How do you know when you’re being too picky about looks in the**

## **dating world?**

### **Cupid's Advice:**

There are a lot of fish in the sea. Some of them are weird, some of them are smelly, and some will explode from the pressure if they ever surface. If you get a bit, don't let unreasonable standards jeopardize a quality catch. These are signs you might be being too picky in the dating world:

**1. You overlook qualities:** If you find other people appreciating qualities about your partner you hadn't noticed, maybe you're not looking at them hard enough. Be sure you don't take any part of them for granted. Part of being happy in relationships is knowing when you have a good thing.

**2. You focus on a few faults:** If you're having second thoughts, make sure to ask yourself if a reasonable person would look at your date the same way. You could be nitpicking on a few detractors that you won't even notice after becoming more comfortable with this person.

**3. You expect acceptance:** If you're simultaneously hung up on trivial aspects of your partner and unable to appreciate their appeal, maybe they're not the right one for you. However, it could be you hold yourself to a lower standard. Especially if you're going to be shallow, there's a limit to just how shallow you can afford to be.

**Have you ever been too picky when dating? Share your experiences below!**

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# Jaimie Alexander Opens Up About New Relationship with Peter Facinelli



By [Jessica DeRubbo](#)

It's official: Peter Facinelli has moved on from ex-wife Jennie Garth. The actor and his *Nurse Jackie* co-star Jaimie Alexander have stepped out as a new couple, according to [People](#). The pair recently attended the Tommy Hilfiger and *GQ* "Men of New York" event in NYC, and Alexander gushed about her new beau. "We've been friends forever and had a lot of mutual friends and we reconnected in the middle of the year," said the actress. "It was one of those things where I'd been single for a very long time and he was going through a lot. We sort of bonded." That said, Alexander isn't going into the

relationship without reservations. "It's very new to me and it's scary," she said. "But it's also something we don't want to give up on because I know how it makes me feel in my heart, ... It makes me feel really good."

**How do you know if your relationship is worth fighting for?**

**Cupid's Advice:**

Despite obstacles, some relationships are worth putting in the time and effort to make them worth. That said, some are just the opposite and simply aren't worth it. Cupid has some advice:

**1. Your feelings:** The best thing you can do is to trust your instincts and feelings. If whenever you're with your partner you get that feeling of love in your heart, then it's probably worth it to plow through obstacles to make your relationship work.

**2. You're on the same page:** Just because you know you love your partner and want to be with him or her, that doesn't mean your mate is on the same page. It's important to sit down and have a very frank conversation about where each of you are in the relationship to make sure you want the same things at the same time.

**3. You have enough in common:** If you have very little in common with your partner, it's probably not worth fighting for your relationship because neither one of you will be happy. In order to sustain a relationship long-term, your interests must align at least somewhat.

**What are some other ways to tell your relationship is worth fighting for? Share your ideas below.**

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# Jennie Garth and Peter Facinelli Will Split Holidays with Daughters



By Nicole Weintraub

With Thanksgiving right around the corner, Jennie Garth will be celebrating solo while her daughters are with ex Peter Facinelli, according to [UsMagazine.com](http://UsMagazine.com). Garth and Facinelli are currently separated but have yet to finalize their divorce after eleven years of marriage. This is the couples' first shared holiday in the sense that they will be splitting the girls up between families for the holidays. Facinelli has



Thanksgiving, but Garth has the three girls for Christmas time. Though her children will not be with her for the actual holiday, Garth plans on celebrating with her daughters on Saturday while spending the day of with some friends. Garth and Facinelli split back in March and have yet to finalize the details of their divorce, but are “hammering out the details” according to Garth.

**What are some ways to keep your children happy during the holidays post-split?**

### **Cupid's Advice:**

Divorce can be difficult, especially on kids around the holidays. Here are some pointers on how to keep your kids cheerful during the holidays after a split:

- 1. Come together:** If possible, spend the holidays together as a large family. Even though you are no longer with your partner, the two of you can set aside your differences for the sake of your children. If you are doing as Garth and Facinelli, celebrate the holiday with your kids on a different day.
- 2. Put on a brave face:** If the split is fresh, don't let your kids see you upset. If they see you being down in the dumps, they will follow suit. Children repeat what is modeled to them.
- 3. Follow through with traditions:** Just because you are no longer one big happy family does not mean that you cannot continue with your holiday traditions. Kids crave normalcy and routine after a sudden split.

**What are some ways you would cheer your kids up during the holidays? Share your ideas with us.**

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# Jennie Garth and Peter Facinelli Reunite for Daughter's Soccer Game



By Nic Baird

Despite announcing their split in March, actress Jennie Garth and actor Peter Facinelli came together Saturday to support their daughter at a soccer game, [People](#) reports. After 11 years of marriage, they could still cheer together for their 6-year-old daughter Fiona. The former couple were joined by their other daughters, Luca, 15, and Lola, 9. Both have said the other is a great parent. “Co-parenting takes two great

parents to put their differences aside and focus on the children,” Facinelli, the former *Twilight* star, said last month.

## **How do you remain civil post-divorce for the sake of your children?**

### **Cupid’s Advice:**

“Monkey see, monkey do” is the ancient mantra for child rearing. If you want to protect your children from painful endings to their relationships, it’s crucial you put your best foot forward. Here are some tips:

**1. Never show children aggression towards your ex:** Regardless of how badly your partner messed up, there’s no reason your children should be further victims of the situation. Never show hostility or bitterness towards their other parent. If they have two parents at each others’ throats, then what was the point of the divorce? You’re setting them up to think that this broken family is the model for their future.

**2. Maintain parenting partnership:** Your kids will understand that family is forever, and parents have to prioritize their children, only if you keep a united front with your ex. This means that you discuss parenting issues together, and always bring back the same ruling to your child. If there are different rules home to home, favouritism and confusion will plague your family. It’s important your kids have both parents active in their life. Don’t try and push your ex away from their children.

**3. Discuss emotional subjects in private:** Emotions are irrational, and your feelings can spill out within earshot of your offspring if you’re not careful. Make sure you avoid topics that can trigger confrontation when your children are around. Maybe these subjects do warrant discussion with your ex, but make sure you know the right time and place. Turning

up the radio is not a solution.

How have you accommodated your children in your divorce? Share your experiences below!

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## Jennie Garth Holds Hands With New Man Noah Abrams



Not only has Jennie Garth surprised us with her hot new figure, but sources confirm to [UsMagazine.com](http://UsMagazine.com) that the *Beverly Hills, 90210* actress now has a new man, too. Photographer Noah Abrams and the slimmed-down blonde were spotted with fingers laced while strolling through L.A. The twosome “isn’t looking

to get into anything too serious too fast,” but a friend said that Jennie “is happier than ever,” which is good progress since the star’s 11-year marriage to actor Peter Facinelli ended back in March.

**How do you know when it’s time to move on after a divorce?**

**Cupid’s Advice:**

Everyone moves on from heartbreak in his or her own, personal way. It’s a journey that’s difficult and unique to each person, especially someone who’s coming back from a divorce:

**1.You’ve had time to heal:** Just because you decide you no longer want to feel pain, doesn’t mean that you’ve taken the time to actually feel better. Whether it’s therapy or you’ve seriously worked towards making yourself happy, you may find it easier to begin dating.

**2.You’re not still in love:** Marriages end for all sorts of reasons but it’s going to be difficult to move on if you’re not over you ex. This may be easier for those who have fell out of love with their significant other before divorce, but in any case, in order to move on it’s essential to have let go of your past lover first.

**3.You want to be happy:** Some take a longer time feeling sorry for themselves than others, so once you decide that you owe it to yourself to be happy again, you know it’s time to start dating, slowly of course.

**When do you know it’s time to move on from divorce? Share below.**

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# Jennie Garth Is Dating 'With Training Wheels'



Jennie Garth is embracing the single life. After splitting with her husband of 11 years, Peter Facinelli, in March, she's dating with "training wheels," according to [UsMagazine.com](http://UsMagazine.com). Garth was most recently seen in May on a romantic dinner date with HGTV star Antonio Ballatore.

**How do you get back into the dating pool after a divorce?**

## **Cupid's Advice:**

Getting back into dating is tough, especially after a divorce. Here are some ways to get back into the dating pool after a split:

**1. Take your time:** There's no need to rush yourself into a relationship, especially after a tough split. Get back into dating once you know you're ready.

**2. Find yourself:** Any breakup will leave you doubting yourself and feeling insecure. Take some time to get to know yourself and be comfortable with who you are before you go looking for someone else.

**3. Have fun:** Take chances this time around, and don't hold yourself back from having the time of your life in the single world.

What are some ways to get back into the dating pool after a divorce? Comment below and let us know.

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## Relationship Rescue: 7 Steps to Take Before Divorcing





By Tristan Coopersmith

Picture this: You are at the altar, on the brink of saying “I do” to your hunky fiancé. Your designer dress is stunning. The weather is perfect. You’ve never had a better hair day. It all seems so dreamy until the officiant tweaks the vows a bit instead saying, “til death do you part or you aren’t willing to work on your marriage anymore.” Naturally, you’d be awestruck. After all, such words certainly don’t channel those fairytale wedding fantasies. The fact though is that most marriages don’t end with one spouse six feet under; they dissolve because couples often try to rescue their relationship after the chance of survival window has closed.

Take Jennie Garth (our beloved Kelly from the original *90210*) and Peter Facinelli (the grown up *Twilight* hunk) for example. Together nearly TW0 decades, this couple recently called it quits, reportedly after trying to work on their marriage. But as any marriage counselor will tell you, working on it may not be enough, especially if that work begins too late. So what’s a couple in marriage distress to do? Before you say, “I don’t anymore,” follow these steps for a promising road to

relationship rescue:

**1. Accept that you've got issues... big ones.** Just like in recovery programs, denial is not option if you want to see a brighter day. Challenges must be faced head on, recognizing that they won't just magically evaporate one day, but rather they must be worked through and seen as opportunities to grow.

**Related:** [Kim Kardashian's Divorce – A Reminder About Relationship Mistakes to Avoid](#)

**2. Communicate.** Chances are if you are strutting down divorce road, you've likely ceased communication, or at least communication of the healthy kind. Decide now, today that you will work diligently to express yourself clearly and respectfully, and that you will listen with a loving heart and open mind.

**3. Nurture your relationship.** Great marriages take a lot of deliberate TLC. Love fades when spouses don't routinely invest in each other. Daily tune-ups can point a broken relationship towards the path of healing. Try simple gestures like compliments, words of appreciation and intimate touch.

**Related:** [Newlywed 911 – Protecting Young Marriages](#)

**4. Get help.** Marriage counseling can work wonders, if you strike while the marriage iron is hot. Seek a counselor who you have chemistry with and who's philosophies and methods align with you. According to Pepperdine University Professor of Marriage and Family Therapy's Mario DiSalvo, "Marriage counseling is usually unsuccessful due to couples seeking help six years too late," so don't wait!

**5. Set goals.** Without meaningful goals, any partnership will struggle and eventually fizzle. When it comes to a marriage, goals help couples get on the same page about the present and provide a roadmap for the future. Such goals can be co-created

by a marriage therapist. They should be measurable and hold both parties accountable for their success. Be sure when developing goals that you acknowledge stepping stone successes along the way, and celebrate them!

**6. Build a support circle.** Turn towards trusted friends and better yet, couples who's marriages you admire, for support. When the going gets rough, enlist such sources to help you stay strong, focused and positive.

**7. Take a trip down memory lane.** Re-reading your vows, visiting the scene of your first date, or reenacting your proposal, all offer rich reminders as to why you got married in the first place. Oftentimes life can get in the way of love but a simple reminder of how and why you ended up together in the first place can do a relationship wonders.

*Tristan Coopersmith works one-on-one, in groups, through e-courses, in workshops and taking listener calls on-air to uncover people's blocks to guide them towards healthy, fulfilling, sustainable, relationships through designing personal plans for success.*

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## Jennie Garth Says Farm Animals Help Her Cope with Divorce







Jennie Garth is dealing with a divorce from her ex-husband Peter Facinelli in a new way. According to [People](#), four dogs, two goats, five cats, two miniature horses and a pig are helping her cope. "Having all these animals fills a void for me because I'm kind of going through a rough time right now. The animals give you unconditional love, and that feels good," Garth said on the premier of her new show *Jennie Garth: A Little Bit Country*. "I think that my animals give me a sense of like relief, like they make me feel like none of that other bull matters," Garth told her assistant. Garth's slow, paced country lifestyle is just what she needs to get back on her feet after her break-up.

## **How can pets help you cope with a split?**

### **Cupid's Advice:**

Dealing with a split is always difficult. Here are some tips on how your pets can help the healing process go more smoothly:

- 1. You always have a companion:** Your cat will love you

unconditionally. With or without your ex, you will always have your pet around to make you feel better. Try snuggling up on the couch and watch your favorite movie.

**2. Occupied attention:** Taking care of your pet will keep your mind off your recent breakup. Give your dog an extra walk during the day instead of chatting with your ex. Your dog will love you for it.

**3. Pick up a new beau:** Walking your dog around the neighborhood could even lead you to meeting someone new.

**How did your pet help you cope with your split? Share your stories below.**

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## **Peter Facinelli Speaks Out About Split with Jennie Garth**





*Twilight* star, Peter Facinelli, opened up to Kelly Ripa about his divorce with Jennie Garth on Wednesday's *Live! with Kelly*.

According to [People](#), Facinelli told Ripa that Garth will always be in his life. He's right about that, as the couple are parents to three daughters: Luca, 14, Lola, 9 and Fiona, 5. Facinelli said that he and Garth are trying to stay out of the limelight for the sake of their little ones. "We're very dedicated to being great parents," he said.

## **How do you make a divorce drama-less for your children?**

### **Cupid's Advice:**

Divorces can get nasty, but it's important to protect you and your ex's greatest asset-your children. Here are some ways to get through your breakup without your kids having to deal with the drama:

**1. Keep it between grown-ups:** There is no need to let your children in on every little detail of the divorce. Keep kids out of grown-up business.

**2. Don't ask them to take sides:** Pinning your children against

your ex will only backfire. Keep them happy by respecting your ex around them.

**3. Talk it out:** It's a good idea to ask your children about their feelings regarding the divorce. Divorce means change, and it's important to take the time to validate your kids' emotions.

**How have you made your divorce drama-free for your children? Share your comments below.**

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## **Jennie Garth Says She and Peter Facinelli Are 'Great Parents Together'**





Jennie Garth and Peter Facinelli have tried to make their divorce as painless as possible for their three daughters Luca, Lola, and Fiona. “We are great parents together, so when it’s about the kids, it’s wonderful,” said Garth, according to [People](#). Having discussed the couple’s divorce with the kids, they are all on the same page and understand what is happening, without feeling the need to choose sides. Garth and Facinelli want nothing more for their family to be happy and healthy. The former *90210* actress is even considering moving back to Los Angeles so that the girls have more access to their dad.

**How do you remain united in parenting after a split?**

### **Cupid’s Advice:**

When you’re in the middle of a divorce, it’s also very difficult for your children. Here are some ways you can work together to be good parents, even when separated:

**1. Make a schedule:** Now that you aren’t living together anymore, it’s difficult to collaborate your schedules.



Therefore, set certain days and times where you each want to spend time with the kids so there are no arguments or confusion.

**2. Talk to your children:** A good parent will talk to their kids about what is going on and get their feedback. Ask them how they feel and how they want to spend their time with each parent.

**3. Share Holidays:** The most stressful times are when it comes to holidays. Your kids don't want to have to choose how they will spend the best times of the year. Try sharing these important dates, for the kids.

**What do you think are ways to remain good parents while being separated? Share your ideas below.**

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# Peter Facinelli Officially Files for Divorce From Jennie Garth





Due to irreconcilable differences, Jennie Garth and *Twilight* star Peter Facinelli officially filed for divorce on Wednesday, TMZ reports. That said, sources told [UsMagazine.com](http://UsMagazine.com) that the two have been separated for quite some time already. “It’s been over for months, maybe even a year,” one source says. The duo hasn’t taken the separation lightly because of their three daughters, Luca, 14, Lola, 9, and Fiona, 5. “They kept up some sort of charade for their kids,” the source claims. Facinelli and Garth are working together to make this separation as painless as possible for their children. Facinelli has asked for joint custody of the daughters and both have agreed to pay legal fees. At the announcement of their split, they released the following statement: “We both share the same deep love and devotion to our children. We remain dedicated to raising our beautiful daughters together.”

**What are some ways to cope when your partner wants a divorce?**

**Cupid’s Advice:**

A divorce can be a long, pain staking process. But, you

eventually have to move on with your life and stop analyzing what went wrong. Here are some ways to make the process of recovering from a divorce a little easier:

**1. Join a class:** There's nothing better than signing up for a class to keep you busy. If your mind is busy, you don't have time to drown in your sorrows at home. Take a cooking class or yoga, meet new people and keep busy.

**2. Take a vacation:** Get away from all the stress in your life for a couple of days, and take a nice relaxing vacation. Go with a couple of friends to the Bahamas or make it a fun trip and visit Vegas.

**3. See a life coach:** At the start of a divorce, you may feel a little lost in life. Go see a life coach, as he or she will help motivate you into doing new things with your new life and will help you feel better about yourself.

**Do you know anyone who has been through a divorce? What do you think is the best way to cope? Share your thoughts below.**

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## **Jennie Garth Says Her Personal Life is "Crazy" Amid Divorce**





Jennie Garth recently spoke out about her split from husband Peter Facinelli, according to [People](#). The former *90210* star said, “My life is a little hectic right now and my personal life is kind of crazy.” With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are “doing great”. The family (sans Facinelli) are currently filming CMT’s *Jennie Garth: Little Bit Country* in farmland outside L.A.

**How do you protect your children from public scrutiny post-divorce?**

### **Cupid’s Advice:**

Splitting from a spouse is not only hard on you, but it’s hard on your family as well, especially if you have kids.

Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

**1. Remain positive:** The worst thing you can do is to bad mouth

your former other half in front of your children. It's important to stay positive in front of your kids.

**2. Explain:** It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.

**3. Act normal:** You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

**How did you protect your children amid your divorce? Share your comments below.**

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## Jennie Garth Steps Out Without Wedding Ring







Jennie Garth is already moving on. The former *Beverly Hills, 90210* star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports [UsMagazine.com](http://UsMagazine.com). Garth and ex-husband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. “We both share the same deep love and devotion to our children,” the couple said in a statement. “We remain dedicated to raising our beautiful daughters together.”

**How do you handle public scrutiny in the aftermath of divorce?**

### **Cupid’s Advice:**

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

**1. Talk to your friends:** By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don’t be afraid to open up.

**2. Minimize drama:** Make your divorce as amicable as possible. A dramatic divorce will only attract more attention from outsiders. Staying friendly and honest will make the split much easier to handle.

**3. Ask for privacy:** If you can't minimize public scrutiny, there's no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

**How would you handle public scrutiny after a divorce? Feel free to leave a comment below.**

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## **'Loosies' Starring Peter Facinelli Teaches Love is Not a Crime**





A New York City pick pocketer, Bobby (Peter Facinelli), who lives life on the fast lane with no commitments, bumps into his past one night stand, Lucy (Jaimie Alexander) in the new movie *Loosies*. When the girl of his dreams drops the bombshell that she's pregnant with his child, Bobby must make a life changing decision to let his partner in on what he does for a living. Not sure if she's ready to raise a child with a criminal, Lucy decides to raise her child without Bobby.

Realizing that he wants to have a family, Bobby must decide if he can give up stealing and running from police officers for his relationship. *Loosies* premieres in theaters on Jan. 11.

**How do you give up your single lifestyle to start a family?**

**Cupid's Advice:**

Being single usually means a life of late nights, a lot of alone time and decisions that only affect you and no one else.

When you enter a relationship or add a new addition to your family, nights are spent with someone else and decisions are made for a better relationship with your partner. Here's how to embrace the changes:

**1. Accept them:** Recognize that the change from being selfish in decision making to thinking about your partner is a positive change.

**2. Take time:** It may be hard at first, but getting into a new routine will allow you to become more serious about life. Take the time you need to come to terms with it.

**3. Think of the rewards:** When losing weight, doctors suggest picturing a skinnier version of yourself every time you think about eating a slice of cake. Every time you think that it will be hard to change your lifestyle, picture yourself with your family or partner. Make sure that you and your partner are both making sacrifices in order to better the relationship.

**Have you ever had to change your lifestyle to better your relationship? Share your experiences below.**