

Celebrity Wedding News: Paris Hilton & Chris Zylka Push Back Wedding Date



By [Haley Lerner](#)

In [celebrity wedding](#) news, Paris Hilton and fiancé Chris Zylka have pushed back their wedding day. According to *EOnline.com*, the [celebrity couple](#) got engaged over the New Year's holiday. A source said, "Paris had her heart set on an 11/11 wedding. That was her dream date. But there's just too much to do and between her work and travel schedule, not enough time to do it. She is dead set on getting married so the wedding will happen. Just not as quickly as she had hoped. As of now, it's looking like a spring wedding instead."

In celebrity wedding news, sometimes life just gets in the way and you have to postpone your wedding. What are some ways to prioritize your wedding without other important things taking a back seat?

Cupid's Advice:

Sometimes in life, things get busy and planning a wedding can be very hectic. But, Cupid has some tips on how to prioritize your wedding without neglecting any other priorities:

1. Plan your time well: If you're settled on a wedding date but are also busy with other things like work and family, it's important you plan your time well. Keep a well-organized schedule of when you want to do things so you can minimize stress and won't get overwhelmed in the future.

Related Link: [Paris Hilton Shares Her Deal Breakers on 'The Lowdown with Diana Madison'](#)

2. Ask for help: There's no shame in asking for support from people who love you. Don't be afraid to ask your friends and family to help with wedding planning if you have a lot of other things going on in your life. Plus, your partner can obviously be there to help split the tasks with you.


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3. Stay calm: In the end, it's important to know that you're not perfect and life can be hectic. It's okay if your wedding isn't perfectly planned, as long as you and your fiancé love each other it'll all be perfect!

Have any more tips on how to balance wedding planning and other life priorities? Comment below!

Celebrity Travel: Top 5 European Hotspots



 By [Jessica Gomez](#)

Oh Europe, how beautiful is thee! Europe is definitely a great

place to vacation, and it's one of the areas at the top of the list for celebrity travel. It has a rich history, and it's full of culture. Europe is a large area with countless stunning spots, so limiting them to five is not an easy task. That said, here are five "hot" [vacation destinations](#) in various European countries that your favorite celebs routinely enjoy!

And the 5 top European hotspots (in no particular order) for [celebrity vacations](#) go to... *drum roll, please*:

1. Venice, Italy: This is one of the most romantic places in Europe, and it's very popular with tourists as a result. The beautiful art and architecture here are big reasons for the heavy tourism as well. Take a ride on a gondola (long wooden boats) through the Great Canal, visit the major landmarks, eat the delicious chibo (food) at your pick of numerous cute cafes and elegant restaurants – the list goes on! Johnny Depp, [Brad Pitt](#), and [Kristen Stewart](#) are some of the many celebrities who have been spotted vacationing here! [George Clooney](#) and his wife Ama had their [celebrity wedding](#) here and then came back for their third wedding anniversary, according to [us.hellomagazine.com!](#)

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2. Ibiza, Spain: Party central! This island is known for the around-the-clock socializing and astonishing performances. Hit the beaches and the night clubs! Fun awaits you on this paradise island. Some of your night life loving celebs that have had their fair share of good times here are [Justin Bieber](#), [Kim Kardashian](#), Orlando Bloom, and Kate Moss! However, Bieber and Bloom may have had too much fun, as they shared

some hostile moments there as well. Four years ago, the two hunks got into an altercation in Ibiza where Bloom allegedly swung at Bieber, according to [People.com](#).

3. The Algarve, Portugal: Sweet, sweet paradise! Clear waters, green nature, and a strong sun – why are we not there right now? This destination is considered one of the most beautiful in Europe, as it's one of the most developed regions in Portugal. Prince William and his wife Kate Middleton enjoyed their honeymoon there – and we're picturing ours there, too!

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4. Paris, France: Known as the City of Lights, Paris is a big tourist spot! The romantic city is home to one of the most famous landmarks in history: the Eiffel Tower. There are various cafes and restaurants at which to eat and enjoy wine, too. And, of course, there are numerous museums, monuments, and cathedrals to see. Robin Thicke has been seen “touring it” up with his girlfriend April Love Geary.

5. Mykonos, Greece: Celebrities really do love to come here! Tons have visited: [Leonardo DiCaprio](#), Mariah Carey, [Ariana Grande](#), and Paris Hilton – making this a celebrity hotspot for sure. It's a nice, relaxing vacation spot away from it all. This Greek island provides delicious Mediterranean cuisine near breathtaking waves. Celebrities like Tom Hanks and [Tom Cruise](#) own houses here!

What are some places in these celebrity destinations you've been to or dream of going to? Comment below!

Celebrity Style: Bundle Up in These Ski Lodge Celebrity Looks



By [Marissa Donovan](#)

During the winter months, it's great to escape to a ski resort. Whether you are there to snowboard or ski, it's crucial to stay warm and look good while doing it! Here are some [fashion tips](#) on how to snag a celebrity styled look on the slopes this Winter.

Get the celebrity hottest celebrity ski looks this Winter!

Kate Middleton's White Jacket: Bundle up in a white jacket similar to Kate Middleton's on the slopes this winter. Match the jacket with black or white ski pants and gloves to complete this royal look!



Kate Middleton
at Klosters Ski

Resort in
Switzerland.
Photo Credit:
Solarpix / PR
Photos

Related Link: [5 Fashion Trends to Make Winter More Bearable](#)

Paris Hilton's Long Geometric Coat: Make a statement in a bold geometric coat while staying warm. Get one size larger than what you normally wear for a coat, so you can have a second jacket underneath. Layering with the print will really accentuate the colors on your coat.



Photo:
parishilton/Instagram

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Mariah Carey's Cherry Red Down Jacket: This down jacket has the pop of color that your winter wardrobe deserves. Like Carey, see if you can have extra warmth in your hood by finding one that has cotton or faux fur.



Photo:
mariahcarey/Instagram

Related Link: [Top Five Ski Destinations for Celebrity Couples](#)

Hilary Duff's Cotton Top Hat: This classic winter accessory can vary on size, depending on how big you want your cotton top. Choose a brown, white, or black hat so you can coordinate with any jacket or ski pants!



Photo:
hilaryduff/Instagram

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Ashley Tisdale's Ski Goggles: Protect your eyes in style by

getting ski goggles with white and blue hues. Not only will you avoid snow from blocking your sight, but you will look fierce as well!



Photo:
ashleytisdale/Instagram

Which celebrity ski look will you be sporting on the slopes?
Let us know in the comments!

Bigger Is Better: Top 6 Celebrity Couple Engagement Rings



 By [Katie Gray](#)

Size matters when it comes to [celebrity engagement](#) rings! When the stars align and true love develops among our favorite [celebrity couples](#), they take it to a whole new level. Bold, beautiful and big diamonds are the top choice when it comes to

selecting a ring. The gorgeous pieces of jewelry are just a precursor to the extravagant [celebrity weddings](#) that occur. These celebs go all out!

Cupid has compiled the top six celebrity engagement rings of all time:

1. [Kate Middleton](#): The Duchess of Cambridge, Kate Middleton, is royalty. Therefore; her engagement ring is regal and suited for the Princess that she is. In fact, her ring belonged to her mother-in-law, Princess Diana, Princess of Wales. It's a gorgeous 18 carat sapphire and diamond ring. Long live the love story of Prince William and Princess Kate!

2. **Paris Hilton**: Socialite, jetsetter, model and heiress, Paris Hilton, is American royalty. Her family dynasty is worth millions of dollars and their family tree has included Hollywood starlets Elizabeth Taylor and Zsa Zsa Gabor. In 2005, Hilton was engaged to shipping heir, Paris Latsis. She received not one, but two engagement rings. He spent close to \$5 million on her huge 24 carat diamond engagement ring that has since become iconic. It was so large that it sometimes hurt her hand, so he bought her a second engagement ring from Cartier to wear when her finger was sore. Now, that is love!

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3. [Jennifer Aniston](#): One of the most talented actresses in the industry, Jennifer Aniston, was proposed to in 2012 by Justin Theroux with a stunning 8 carat emerald cut solitaire ring that is worth \$500,000! The *Friends* star's ring is as elegant as her celebrity wedding was that followed. She deserves the world! Cheers to the happy couple!

4. Elizabeth Hurley: Supermodel and actress Elizabeth Hurley is known for many things: being the face of Estée Lauder, wearing the iconic Versace safety pin dress, being close friends with legends like Elton John, and dating top notch men like Hugh Grant. Cricket player Shane Wame gave Hurley a 9 carat platinum engagement ring in 2011 that features diamonds and a blue sapphire that pays homage to their British roots.

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5. [Kim Kardashian](#): Keeping Up With Kim Kardashian! Rapper, Kanye West, proposed to Kardashian with a 15 carat engagement ring designed by Lorraine Schwartz that cost \$8 million! The cushion cut diamond is enormous and is surrounded by a pave band of smaller diamonds. Nobody would expect anything less from these opulent celebs.

6. [Jessica Biel](#): [Justin Timberlake](#), pop star, gave actress Jessica Biel a beautiful engagement ring in 2011. The large round diamond is surrounded by rows of smaller diamonds. The detailed band features rope style sides and blackened platinum to give it a vintage appearance. This unique ring is a stunner!

What celebrity engagement rings are your favorites? Comment below!

OK! Magazine New York Fashion Week Celebration





Nicky Hilton

Paris Hilton Shares Her Deal Breakers on 'The Lowdown with Diana Madison'



Paris Hilton sat down with Hollywood insider Diana Madison on "The Lowdown with Diana Madison," and the socialite talked about deal breakers in love, friendship, business, music, and fashion.

Hilton opened up about her view on relationships and says, “It’s all about trust; if I can’t trust someone, I can’t be with them. That’s the number one thing for me.” Trust serves as a very valuable quality for this heiress in many aspects of her life.

To find out more about the blonde starlet’s deal breakers, check out her interview in the video below!

What are some of your deal breakers in a relationship? Share with us below!

Kathy Hilton on Her Marriage: “I Thank the Lord Every Day – I’m Very Blessed”



 Interview by [Lori Bizzoco](#). Editorial by Sarah Ribeiro.

Kathy Hilton is no stranger to the spotlight. As a child actor, she played roles on notable programs such as *Happy Days*, *Family Affair*, *The Rockford Files*, and *Bewitched*. Her husband, Richard Hilton, is one of the most high-profile businessmen in the country, and her daughters, Paris and Nicky, have had their share of fame as well. But although you may not see Kathy on the big screen anymore, her life is busier than ever. She works with causes such as Erase MS, the Juvenile Diabetes Research Foundation and the Starlight Children’s Foundation. Plus, she designs the Kathy Hilton Collection – “a line of exquisite evening wear for women of all ages that includes an element of high society at affordable prices” – and she does this all while managing a

family and keeping her marriage strong.

Life in the public eye can be difficult at times, and maintaining a marriage is just as hard. Hilton met her husband when she was only fifteen years old, and they were married four years later. “We were always together,” she shares. “We grew up together. A lot of people say, ‘Oh, young marriages don’t work out.’ I thank the Lord every day – I’m very blessed.”

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After 34 years together, she credits alone time at the start of their marriage for keeping their relationship strong. “We got engaged, and we moved to New York. Having that time alone without *anyone* poking their nose in our business gave us the opportunity to grow. If we had a disagreement, I couldn’t just run home to my parents.”

And cherishing that alone time keeps their marriage going even now. When they’re not balancing their busy careers or hanging out with their four children, they just like being together. “We have date nights all the time,” the businesswoman reveals. “We enjoy the social life with our friends, but sometimes, we’ll both look at each other and go, ‘Honey, I’m peopled out!’ I’ll dress up, and he’ll take me out to dinner, or we’ll spend some time in private.”

The couple will kick off Richard’s birthday – Saturday, August 17th – with some “alone time”: sitting in traffic on their drive to the Hamptons. “We do the same thing every year. We live in Southampton, so we’ll leave from the city. We stop at William Poll Gourmet Foods for sandwiches – they have the best chicken salad with bacon – and pack a picnic to eat while we sit in traffic for nearly three hours.” The family plans to dine at The Palm to celebrate.

Of course, the Hiltons expect to be interrupted at times. “We

have our own private life, but as I've always told my girls, 'Anything you sign up for in life, there's a price.' There's always people coming up to say hi or ask to get a picture. It's fine – sometimes, we'd rather people just come up and say hi than whisper and point.”

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But the family manages the fame well – just as long as they get to be together. Although Paris and Nicky have their own careers and live on their own, they still spend time with their parents and brothers. “We spend all our holidays together, I cherish it, especially having four children,” the family matriarch shares. “I love nothing more than knowing each of my children are in the same building. When we're on holiday, we have breakfast, lunch, and dinner together every single day. They're my kids, no matter what. They're always gonna be my little babies.”

Stay tuned for our future posts about Hilton, which will focus on her Kathy Hilton Collection, her entertaining tips and more! In the meantime, you can check her out on Twitter @KathyHilton and www.facebook.com/OfficialKathyHilton.

Are You Dating Someone with Narcissistic Personality Disorder?



 By Tina Swithin, HopeAfterDivorce Expert

The term, “narcissist” seems to be spreading through the world like an out-of-control wildfire. The term itself doesn’t always have a negative connotation since, ironically, we are all narcissistic by nature and there actually is a certain degree of self-love that is healthy. However, there is a line that separates healthy confidence from the $\frac{1}{4}$ ber toxic Narcissistic Personality Disorder (NPD). That’s what we need to be mindful of when we date someone.

The celebrity world seems to be brimming over with unhealthy narcissism. The spotlight that shines in Hollywood is highly attractive to a person with NPD. Celebrities are equipped with fame and power, which feed a narcissist’s ego. While many celebrities forge a balance through grace and humility, there is a significant number who bathe in the spotlight in complete self-indulgence.

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In 2006, Dr. Drew Pinsky and Mark Young conducted a scientific study with over 200 celebrities using the Narcissistic Personality Inventory (NPI). The results showed that celebrities are 17.84% more narcissistic than the general public. It isn’t surprising, given that most aspiring celebrities are driven by fame, money, and admiration. What better place for a narcissist to be than in the limelight? It’s the equivalent of flipping on the porch light and watching moths come to life!

There are a vast number of celebrities who display many characteristics of narcissism (if not full blown NPD) such as Tom Cruise, Paris Hilton and Kim Kardashian. While many people enter the celebrity arena with pre-existing characteristics of NPD, their egos balloon to extreme levels with every flash of the paparazzi camera, VIP entrance admission, limo service, and autograph request. These things often lead to a sense of entitlement as Reece Witherspoon displayed during her

husband's DUI arrest.

Related Link: [Reese Witherspoon and Jim Toth Arrested and Jailed for DUI and Disorderly Conduct](#)

When it comes to the business world, narcissists are generally successful individuals. This is why the political arena and corporate scene is another area with a high concentration of NPD. These individuals generally attract their mates with their charisma, larger-than-life persona and their successful careers. Those with extreme NPD believe that they are the best, and such confidence can certainly be attractive. Narcissists consider themselves special and those who are accepted into their circle *must* be special by default.

Prince Charming

In 2000, I met a charismatic man named Seth who offered me the world on a silver platter. There were times in which I questioned whether our courtship was too good to be true. His parents had been married for 25 years, he was on his way up in a very promising career and I felt like I was living a fairytale. Seth told me all of the things that I wanted to hear and showered me with poems, flowers, shopping sprees, and vacations. My friends and family stood by in awe as this modern day Prince Charming wooed me and everyone around me. While there were red flags, the good outweighed the bad in the first few years and I swept my concerns under the rug and left them there.

Six years into our marriage, I sat on a therapist's couch and confided in the woman sitting across from me. I told her about Seth's lies and the manipulations which included financial schemes, stealing his parent's retirement savings and racking up 1.6 million dollars in debt – much of this was done behind my back. I described Seth's lack of remorse and his inability to show empathy. I explained that I had never felt so alone and unloved in my life. In a six-year period of time, I had

been reduced to a shell of my former self. When I looked in the mirror, I was ashamed of the fake life that we were living. To those around us we were the golden couple, but behind closed doors my life was a living hell.

My therapist walked across the room and handed me a book from her bookshelf. The words seemed to jump off of the page, "Narcissistic Personality Disorder." To my naïve mind, it was thrilling to have a name for the hell that I was living. With a name, there was hope, or so I thought. My therapist went on to explain that NPD is not curable and that, in fact, most mental health professionals will not treat those with this personality disorder. Her next words stung, "You either learn to live with this or you leave. There is no cure."

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I spent the next year and a half trying to block out my therapist's words. However, our marriage finally ended in 2009. In short order, I discovered that the only thing worse than being married to a narcissist is divorcing a narcissist. I quickly went from a 4,000 square foot luxury home to a local women's shelter. From there, I spent two years fearing for my life, sleeping with a hammer under my pillow and holding a can of mace in my hands as I made scrambled eggs for breakfast. I jumped at every noise. My modern day Prince Charming was actually a modern day Dr. Jekyll and Mr. Hyde.

Part of my healing has come from educating others on the red flags that I chose to ignore in the beginning of our relationship. I have listed them out for you below:

10 Red Flags

1. Excessive charm: Question a person that seems too good to be true. Narcissists are masters at wooing their targets. If you are receiving tickets to your favorite ballet and bouquets of flowers larger than your Christmas tree before the third date, you may be dating a narcissist. Offers to whisk you away

to Paris for New Year's Eve are fabulous but could be considered odd behavior if you just met last week and don't know his middle name!

2. Overly confident: A healthy dose of self-esteem is a good thing, but remain cautious if he seems to be the president of his own fan club. In short order, you are likely to become the secretary of that fan club.

3. Haughty: Pay attention to elitist comments and general arrogance toward those who are "beneath" him. Narcissists will often put down co-workers, friends, and even family members. People with NPD are skilled at making you believe that they are superior. If you find yourself in their chosen circle, this attitude can rub off. Being chosen by someone so superior must mean that you too are superior, right? Wrong. That feeling will be short-lived. Trust me.

4. Bragging: Narcissists do not care about your feelings, views, or opinions. Narcissists are generally too obsessed with telling you how great they are to even ask about you. Their bragging rights carry over to a wide variety of topics including their family, heritage, money, cars, physical appearance, elite gym memberships, clothing and shoes.

5. Grandiosity: Narcissists seem to live by the phrase, "Go big or go home." They like to be seen and known. Grandiosity is often their middle name. A narcissist will pick up an enormous group drink tab or buy everyone in the bar a round of shots. Their motivation is to be showy and to attract attention. These gestures could be easily interpreted as kindness, but this is the furthest thing from the truth. While a narcissist is signing the tab for drinks, he is also scanning the group to take inventory on how he can personally use each person to maintain his inflated self-image.

6. Success: There is a reason why the political and celebrity arenas are brimming over with narcissists. Narcissists are

often found in leadership roles where they have free reign to dominate and dazzle those around them. They flourish in big cities where there is less accountability and less risk of developing a reputation that will haunt them.

7. The Band-Aid: Narcissists are professional Band-Aids. They will seek out your weaknesses (abandonment issues, poor self-image, etc.) and will morph themselves into your savior. Whatever voids you have, they will fill. This may sound great, but it will not last. Once you are hooked on them, they will rip off the Band-Aid and leave you bleeding.

8. Hypersensitivity: Fluctuations between extreme confidence and extreme insecurity seem to be a common trait with narcissists. They will often perceive non-existent criticism and will respond by shutting down and sulking, or acting out in a rage. Any interpreted attack or criticism against the narcissist is dealt with in an unhealthy manner. In his mind, you are either with him or against him; there is no gray area.

9. Moving Quickly: Narcissists have a tendency to move at the speed of light. Has he extended an invitation to meet his parents after the second date? Did he have towels monogrammed with your initials as a gift for your first sleepover? These are red flags. By the way, beware of the monogrammed towels. I haven't found any studies to back my claim but there is something very suspicious about people with their initials sewn into hand towels!

10. Lying: You may initially notice a few white or grey lies. Take stock of these. Expert manipulators are well versed at twisting reality until you find yourself doubting reality.

Anyone in the dating world should be well versed on the red flags of Narcissistic Personality Disorder. Dr. Craig Malkin, author, clinical psychologist and Instructor of Psychology at Harvard Medical School provides a list of five early warning signs to watch for in his recent article in the Huffington

Post which discusses narcissism in the dating world. “In real life, the most dangerous villains rarely advertise their malevolence,” states Dr. Malkin. This could be why narcissists are commonly known as wolves in sheep’s clothing.

Tina Swithin is the author of “Divorcing a Narcissist: One Mom’s Battle” and the popular blog, “One Mom’s Battle”. Tina is a Huffington Post contributor. She is also a contributing writer and expert for HopeAfterDivorce.org and FamilyShare.com, LAFamily.com, and CupidsPulse.com. Tina’s writing covers sensitive topics including, how to navigate your way through a high conflict divorce. She is a family and child advocate. Tina is happily married, and resides in sunny California with her two daughters and three-legged tortoise named, Oliver.

Celebrity News: Paris Hilton Poses with Injured Boyfriend at Lake Tahoe



 By Andrea Surujnauth

According to UsMagazine.com, Paris Hilton and boyfriend, River Viiperi, were vacationing at Lake Tahoe for Hilton’s 32nd birthday on February 18th when Viiperi got into a skiing accident. A source told UsMagazine.com that “a ski went into River’s leg when he fell.” While the accident was taking place, Hilton found it to be a great photo op. She kept the public updated through Twitter on what was happening with Viiperi and his knee. She tweeted, “Just got out of the

hospital with River Viiperi. He was doing a high jump while skiing and the ski sliced in to his leg! 19 stitches! Oww!" She shared a photo of the Spanish model laying in a stretcher as he was being taken to the hospital. Once the whole ordeal was over, Viiperi took to Twitter to thank his lovely lady. "Back in La La Land safe and sound thanks to my gorgeous blondie always taking such good care of me," he tweeted. "Thank you for being there for me my Love, you're the best girlfriend in the world! I'm so lucky to have you!"

What are some ways to show your injured partner that you care?

Cupid's Advice:

Your partner got injured, and you want to show him or her that you care and that you're there for them. How can you do that? Cupid has some ideas for you!

1. Pamper your partner: Take care of your sweetheart. Try cooking dinner for the two of you. Have dinner in bed while your partner is trying to heal. Be there for your beau to help with whatever they are unable to do for themselves. Get them a "feel better" gift or card. Do something special for them.

2. Be their nurse: Make sure your partner is comfortable and taking whatever medication were prescribed. If they have bandages, change them for your sweetie whenever needed. Make sure they are being healthy throughout their healing process.

3. Keep them company: Having an injury, especially one that leaves you immobile for a while, can make life difficult and boring. Stay by your honey's side and make them smile. Help them forget about their injury by making them laugh and feel happy.

How do you show your injured partner that you care? Share with us in the comments below.

Stars and their Pets: Dating and Mating Habits



By Alejandro Russo

You might follow the love lives of stars, but have you ever wondered what their pet choices say about them and their dating habits? A new study sponsored by [Klooff.com](https://www.klooff.com), the app for pet owners, could explain why Jennifer Aniston had such a hard time finding and keeping a good man after Brad Pitt, and why Paris Hilton has an endless string of boyfriends: it's their dogs. Klooff.com surveyed 1,000 people and found that certain breeds were the most popular when finding a date or when just looking for a casual fling. Consider how these dogs can change your appearance to the other sex:

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1. Dogs that make you seem like boyfriend material: The survey found that the top dog breeds to attract women were German shepherds, Golden retrievers, Labrador retrievers, Siberian huskies and French bulldogs. Respondents noted that they were over ten times more likely to see a man who owns a golden retriever as being "marriage material" than someone who owns a pit bull. This can explain why the ladies love Ryan Reynolds, who owns a golden retriever mix named Baxter, and Zac Efron, who is often seen with Puppy, his Australian shepherd. Plus, those who own a Siberian husky are viewed as more manly than those who own bulldogs: a perplexing fact when you consider that Justin Bieber has a husky and Brad Pitt has a bulldog.

2. Dogs that make you seem like girlfriend material: To attract a man, the survey found that women who own Golden retrievers, Labrador retrievers, Chihuahuas, poodles and beagles were most effective. However, Golden retriever owners are significantly more likely to be viewed as the sort of woman who men would like as a girlfriend than those who own Chihuahuas. Kristin Davis, Sheryl Crow, Eliza Dushku, Anna Paquin and America Ferrera are all women who have this very appealing dog.

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3. Dogs that make you seem like a one-night stand: So what about Chihuahuas? Their owners, like Paris Hilton, aren't usually perceived in the best light. Most people thought that Chihuahua owners were more likely to be dumb and "just a one-night stand" than those who owned any other breed. Of course, if you're looking for hook-ups, this might not be a problem: Chihuahuas are still very attractive to men.

Alejandro Russo is the CEO of Klooff, the premier app for pet loves. It lets users express themselves and show off their pets in a fun and stylish way. With Klooff, users can create profiles for their pets, post pics of them to Facebook and create cool custom products featuring their lovable pooches and kitties.

What Your Gifts Say About Your Relationship



✘ By Amy Osmond Cook, Ph.D.

When it comes to gifts, I am an expert—at receiving them. I love gifts of any kind ... from other people. (No, I'm not going to buy myself a \$285,000 pink Bentley like Paris Hilton did last year.) The problem is, when it comes to giving gifts, I am a nervous wreck.

Gift giving represents two things: (1) that you care about a person enough to give a gift, and (2) that you know a person well enough to give something that he or she will like. Mess one of those up, and it does some damage to your relationship.

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Take, for example, the gift I gave to my husband five years ago. We were newly married, and I wanted to get him something personal and meaningful. He loves golf, and he's a funny guy—so I thought the trick remote control golf ball (that you can move when your opponent is about to swing) was going to be a hit. I waited in anticipation as he opened the box and saw a momentary look of confusion before he masked it with a smile. He thanked me and said that he loved it, but the damage was done. In that one look, I knew that my gift had tanked.

Fast forward five years. After watching him play golf (a lot!) and listening to his golfing adventures with his buddies (a lot more!), I would never give him a remote control golf ball. I now know that, for him, the rules of golf are sacred.

A serious golfer never tries to move an opponent's ball—especially for a laugh. It violates one of the cardinal rules of sportsmanship. (So does laughing at someone when he shanks his shot – I found out the hard way!) My gift bombed because I didn't know my husband well enough. I knew that he loved golf, but I missed the intricate details.

Stories like mine are a dime a dozen—a woman receives a vacuum

cleaner from her husband, and she runs to her room and cries.

A man receives a toolbox and feels ashamed that he doesn't know how to use the tools inside. For better or worse, we attach special meaning to gifts, especially over the holidays.

So if you want to put some currency in your partner's emotional bank account this holiday season, buy . . .

Related: [10 Gift Ideas](#)

1. Something intimate. Take note if your partner voices his wish list for Christmas. If he cares enough to say what he actually wants, paying attention to that will make him feel valued and understood. If he doesn't have a Christmas wish, try to find something that will have special meaning between the two of you. Still have those Angels tickets from your first date? Frame them!

You can also make a gift meaningful by giving to something your partner cares about. For example, many celebrities, like Brad Pitt and Angelina Jolie, care deeply about charitable causes and prefer donations to their favorite charities to extravagant gifts.

2. Something valuable. Take this relatively. If you want to take your relationship to the next level, give your partner something that says, "You are so valuable to me, I would sacrifice anything to have you in my life." That's what women hear when their boyfriends buy them expensive jewelry or spend all day helping them cook. It's not the money or the time, exactly—it's the fact that someone would sacrifice to give them something beautiful or meaningful. You don't have to be like Nick Cannon and buy your significant other a \$400,000 Rolls-Royce Phantom or pull a Jude Law and buy your love a \$200,000 diamond-and-sapphire ring, but it should be better than the pack of bubble gum my friend got from her boyfriend one year.

If you're like me, gift giving is a nail-biting phenomenon.

That said, if you give your partner something meaningful and valuable, you can move that relationship dial to the next level. Then again, you could always take your chances and buy a pair of two-person mittens that Chelsea Handler and Chuy are sporting this year!

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Top Five Ski Destinations for Celebrity Couples



 By Abbi Compel and [Whitney Johnson](#)

As evidenced by the popularity of ski resorts like Park City, Utah and Telluride, Colorado, [celebrity couples](#) love sneaking away for a snowy romantic vacation – and what’s not to love? Afternoons spent on the slopes of a majestic mountain and evenings spent snuggling up by a fire or exploring the local nightlife make for a perfect wintery holiday.

When temperatures drop and snow begins to fall, there is sure to be

an influx of Hollywood couples at the following ski destinations:

1. Aspen, Colorado: The slopes of Ajax Mountain or Snowmass are often teeming with celebrity duos – although it may be hard to spot these famous faces when they're covered in scarves and snow goggles. Celebrity couple Goldie Hawn and Kurt Russell keep a house here, often inviting children Oliver and [Kate Hudson](#) and their families to join them.

Related Link: [Have Winter Fun In The Sun](#)

2. Park City, Utah: Although this winter wonderland is a popular destination for tourists and celebrities alike, the rich and famous come out in droves during the Sundance Film Festival. Married celebrity couple Justin Timberlake and [Jessica Biel](#) have been long-time snowboarders and enjoyed a snowy getaway here early on in their relationship. Although these two are now celebrity exes, Gwen Stefani and Gavin Rossdale, who played a concert during the Deer Valley Celebrity Skifest in 2011, took their oldest son Kingston to Deer Valley in Park City for a day of family fun on the slopes.

3. Whistler, British Columbia, Canada: Whistler, known as the host of some of the 2010 Olympic Winter Games, is as popular for its nightlife as for its 7,000 acres of ski-worthy terrain. Seal proposed to Heidi Klum here in 2004, while Paris Hilton and boy-toy of the past Doug Reinhardt took advantage of the skiing, snowboarding and sledding during a snow-filled vacation in 2009.

Related Link: [Date Idea- Go Ice Skating](#)


4. Telluride, Colorado: This snowy spot is a favorite playground of the rich and famous, perhaps because of its particularly remote location. Oprah Winfrey recently sold her

“log cabin” here, and before their [celebrity divorce](#), Tom Cruise and Katie Holmes would steal away for a romantic getaway to their home away from home in Mountain Village, a sister town connected to Telluride by a free gondola.

5. Chamonix, France: Located in the French Alps, Chamonix, known as the birth place of skiing, is one of the most popular ski resorts in Europe. In addition to the unbeatable snow and challenging trails of Mont Blanc, the city is known for its apres-ski offerings as well: great French food and a cozy village atmosphere. David and Victoria Beckham often choose this spot for a family vacation.

What is your favorite snowy spot for a romantic getaway? Share your thoughts below.

Paris Hilton and Cy Waits Break Up

 No one saw it coming: Paris Hilton and boyfriend Cy Waits have split. Just a week ago, Hilton told [People](#) of her relationship with the former nightclub owner. “We’re just really happy where we are right now,” she said. “We’re good.” Then, on Tuesday night, Hilton changed her tune when she told George Lopez on *Lopez Tonight*, “We’re not together anymore... I feel like the relationship ran its course and we’ll see what happens.” According to a friend, the 30-year-old socialite was not ready for the next step in the relationship, but still wants to remain friends with Waits.

How do you know if you’re on the same page as your partner?

Cupid's Advice:

One day you can be really happy with your relationship, and the next day it can fall apart. Cupid has some tips on how to know whether you and your mate are in the same place:

1. Communication: The key to any relationship, constant communication is important if you want to stay on the same page. Talk about where you feel the relationship is headed.


2. Signs: If you feel your partner getting more distant, it may be a sign that he or she is checking out of the relationship. Watch out for signals that your partner may be trying to send you.

3. Fighting: When you find yourself bickering with your significant other more often, it may be because you two aren't on the same wavelength.

What would you do if you knew you and your partner weren't in the same place in your relationship? Share your comments below.

Paris Hilton Says Love Made Her Gain and Lose Weight



 After fluctuating between 105 and 125 pounds, Paris Hilton has settled for 115, taking her body off of a weight rollercoaster. Boyfriend Cy Waits encourages her to change her lifestyle and teaches her healthy habits. Hilton told *People*, "Now I only eat organic foods when we're at home. He makes me

watch documentaries on food, like *Fast Food Nation*, and he makes me aware of what things are good for your body because he's very into that."

What are some ways to be healthy as a couple?

Cupid's Advice:

Who says bonding with your partner and taking care of your body can't go together? We can all learn something from Paris Hilton and Cy Waits. Cupid's got some suggestions:

1. Educate yourselves: Education is always the first ingredient. There are plenty of movies and books that can teach you about what goes into the foods we eat, and you can devour the literature with your partner. You may also want to consult a dietician together.

2. Have a cooking date: Food is such an important part of your health. Instead of going out to a restaurant on Friday night, why not try making a romantic evening out of preparing a homemade meal with your partner? Incorporate fresh, organic ingredients and sprinkle some love into your diet.

3. Work-out together: Fitness is a must when it comes to your health. Exercising together can be very motivating, so make your partner your gym buddy and start rocking that treadmill. You can use tandem machines, jog outdoors side-by-side or give ballroom dancing a shot. The important thing is to have someone pushing you to try your hardest.

What are some things you can do with your partner to maintain a healthy lifestyle? Share your ideas below.

Paris Hilton and Boyfriend Cy Waits Shop for Engagement Rings



Paris Hilton and boyfriend Cy Waits may soon be getting engaged, reports [People](#). The couple were spotted shopping at Jacob & Co. jewelry store in New York City on Friday. “They shopped for engagement rings,” says a source. “They were really cute together. Paris was making comments about the rings and joking that her ring has to be at least 24 carats.” While the pair did not leave the store with an engagement ring, Hilton did “[walk] out sporting a \$25,000 white gold and black diamond ring.” Hilton’s rep later revealed, “The couple were shopping in New York looking for something special for Paris’s 30th Birthday.”

How can you tell when your mate is about to propose?

Cupid’s Advice:


While most women are surprised when their partner pops the question, some are ready and well-prepared. Here are a few ways you can tell when your man is about to propose:

- 1. He asks your opinion:** When he casually asks for your opinion on restaurants or even on jewelry, it may be a sign that he’s about to pop the question. He could be on a mission to find a special setting and the perfect ring.
- 2. Your rings are missing:** If you find one of your rings missing one day, don’t panic. Chances are, he’s taking the ring to a jeweler in order to find an engagement ring that will fit your finger correctly.
- 3. His behavior changes:** If your partner is about to propose

to you, he's probably extremely nervous, excited or both. You may be able to pick up on his changing behavior and mood swings.

Paris Hilton Plays Mom to Cy Waits' Daughter



 We are now seeing a softer side to the Bonnie and Clyde-like romance between heiress, Paris Hilton, and nightclub tycoon, Cy Waits. [RadarOnline](#) reports that Hilton has become a stand-in mother of sorts to Waits' seven-year-old daughter, Shea, from a previous relationship. This baby mama drama is a far cry from when Hilton and Waits made headlines in August. Waits was arrested for drunk driving and Hilton for possession of cocaine on the same night. Perhaps this couple is turning over a new leaf! Though not officially a step-mom, Hilton previously stated, "I look after animals, so I'd have a lot to give my kids."

Can having a connection with your partner's children make your relationship stronger?

Cupid's Advice:

You can't trust just anyone to raise your child, but you must eventually trust your partner with your children if want the relationship to grow. Cupid has some things to consider:


1. Part of the family: When a relationship where children are involved starts to get serious, the significant other usually becomes an honorary family member, making appearances at

birthday parties and Thanksgiving. Being invited to these occasions is the first step in becoming a permanent part of a child's life.

2. The baby connection: Sharing the ups and downs of raising a child as couple is a great way for you to bond with both your partner and their kids. By connecting this way, you can get a feel for who your partner really is and what his or her daily life is truly like.

3. Parenting is hard work: Kids may seem cute at first, but don't be fooled. Nights on the couch waiting cartoons may be replacing your nights on the town if you choose to be with someone with children. Be prepared!

Paris Hilton & Boyfriend Cy Waits Busted

 Paris Hilton sure can pick them! Within a week, Paris' new boyfriend, Cy Waits, has gone from head of Vegas nightclub operations to unemployed, according to [E! Online](#). Last week Waits was Hilton's hero as he reportedly pulled a gun on a knife-wielding intruder trying to break into her home, but hero worship came to a halt when he was busted for a DUI alongside a cocaine-carrying Hilton on Friday.

How do you know if your partner is a bad influence?


Cupid's Advice:

1. Different interests: You and your partner should have similar interests. That's not to say that you have to enjoy the exact same things, but you should most likely see eye-to-eye on some of them. If you find yourself involved in activities that you don't normally agree with, your partner may be a bad influence.

2. Questioning your relationship: You shouldn't continually ask yourself why you're with your mate. If the answer to that question isn't obvious and you find yourself dwelling on the reason you're together, it's possible your partner isn't good for you.

3. Changing your beliefs: If you find that your partner is influencing you negatively by pushing you into an uncomfortable situation, he or she probably doesn't have your best interest at heart. Focus your will power and stick to your guns. In other words, run!

Paris Hilton Goes Straight from Reinhardt to Waits

 According to [TMZ](#) and [Perez Hilton](#), Paris Hilton (reality star, heiress of Hilton hotels empire), has disassociated herself with Doug Reinhardt (heir to frozen burrito empire). She's been seen with entrepreneur Cy Waits (owner of multiple Las Vegas nightclubs) for the last month or so.

How can you avoid falling into a rebound relationship?

Cupid's Advice:

Ending one relationship can sometimes lead straight into another one. Here are some ways to break that habit and take some time for yourself:

- 1. Be brave:** It's challenging to simply be single. Find activities to keep you occupied. You'll find that you won't crave the attention of someone else if your mind is busy on things you enjoy.
- 2. Lean on friends:** It's OK to find support in your inner circle. Tell them that you *aren't* looking for anyone right now to avoid being set up on a string on blind-dates.
- 3. Honesty:** Set realistic goals for yourself, and realize that independence takes time. When you feel you don't need to lean on someone else for support is when you can consider stepping back into the dating scene.