

# Parenting Tips: How To Set a Good Example For Your Child



By Noelle Downey

When it comes to [parenting](#), setting a good example for your children can be one of the trickiest parts. Although every good parent wants their kids to look up to them and be able to positively emulate their behavior, in reality, setting a good example can be much more complicated than it first seems. It requires constant attention to your actions and reactions around your child, and a good sense not only of your child's perception of you, but of your perception of yourself. According to [UsNews.com](#), Madeline Levine, renowned psychologist and author, spoke to this concept recently, saying that true integrity is shown, "by a thousand small examples." Robyn Silverman, child and teen development

specialist, agrees, “They hear your process,” she advises, noting that it’s important to articulate your good decisions and why you’re making them so the child can learn to appreciate your moral compass and follow your example.

**Whether you’re a [celebrity parent](#) or not, it’s vital to set a good example for your children to insure that they grow up to be healthy, well-adjusted adults. Check out this [parenting advice](#) to demonstrate to your kids through your actions the way you want them to behave.**

Setting a good example for your children is complicated, but not impossible. Just like [celebrity kids](#), your children may struggle to know how to act even if they’re not growing up in the spotlight. Below are some tips for how to show, rather than only tell, your kids how to act:

**Prioritize spending time with your kids:** [Celebrity mom](#) and famous actress Katherine Heigl once asserted in an interview, “family comes first” and we couldn’t agree more! Your kids can’t learn from your example if you’re never around to begin with. Although life is busy and other priorities should also be on your list, make sure your children know how much you care about them by spending quality time focusing only on them. Just being together will teach your kids to value family time and your advice in particular!

**Related Link:** [Celebrity Interview: Katherine Heigl Says](#)

## [“Family Comes First”](#)

**Watch what you say:** If you’re constantly complaining in the car to your partner with your kid in the back seat, or mumbling a series of not-so-nice words when you step on a favorite toy left out in the middle of the living room, your child will pick up on it. While you should find time and space to vent or deal with negative emotions verbally, try not to do so in front of your kids. By considering carefully how your kids will interpret what you say and choosing to be positive, kind and thoughtful with your words when you’re around them, you’ll show them that what you say matters and make them less likely to learn bad habits when it comes to talking out their problems.

**Be self-aware and in the moment:** When it comes to being a good example for your kids, one of the most important steps you can take is to focus on being your best self in the moment. While it’s easy to get caught up in your head as a parent, in a 2014 interview with Cupid’s Pulse, reality star and celebrity parent Rosie Pope cautioned mothers not to forget what’s going on in the here and now. “You have to be really present in the moment, because you don’t have a lot of time to do anything,” Pope counsels, “You have to be 100 percent present to feel fulfilled and know that you’re getting the most out of every moment.” If your child observes your focus on living in the moment and making sure your behavior in the here-and-now is nothing short of stellar, they’ll want to mimic that way of life.

**Related Link:** [Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms “To Be Really Present in the Moment”](#)

**Communicate when you’ve made a mistake:** Nobody’s perfect, and you shouldn’t expect yourself to be either. We all make mistakes, and even if you try your hardest to set a good example for your children, at some point there’s bound to be a slip-up. Don’t be afraid to tell your child you acted poorly

in a situation if they see you lose control for a moment or two. Apologize, explain why what you did was unacceptable and take steps to move forward. Your child will ultimately respect you for owning up to your mistake and it will teach them to also be honest and take responsibility for their actions when you discipline them in the future.

**Related Link:** [Parenting Tips: Why Disciplining Your Kids Is Important](#)

Setting a good example for your child is an important part of the parenting process. Although no one is capable of being a good example every minute of every day, we should all strive to better ourselves for the benefit of our children. By taking the time and making the effort to demonstrate good actions to your child, you are investing in not only their future, but the future of the world.

**Do you have any personal examples of a time you set a great example for your favorite kiddos? Let us know in the comments!**

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# Parenting Tips: Why Disciplining Your Kids Is Important





By [Cortney Moore](#)

As time goes on, we as a society understand mental health better. With this new knowledge come concerns from mothers and fathers who are trying to navigate parenthood during this age of information. The new parents of today, millennials, struggle to find the balance raising children during these empathetic times. Thus, many have distanced themselves from disciplining their kids in order to avoid [relationship problems](#). Tactics such as these are strange to generations prior, but recent scientific studies have shown the detrimental affects harsh discipline can have on a developing brain. According to [BusinessInsider.com](#), "Certain parental behaviors that scientists have found could be linked to problems in children, like depression and anxiety, later in life." So how can millennial parents discipline their children while maintaining their psyche?

**Here are some parenting tips that**

# will ensure your children have structured discipline:

Discipline is important. In essence, discipline is the act of training someone to obey rules and correcting undesirable behaviors accordingly. Though every person has their own [parenting style](#), discipline is necessary to guide children throughout life so they grow up to be decent human beings. In other words, discipline makes for a good, law-abiding citizen and a structured society. Parents must take special care in disciplining their children during the formative years, or risk having a strained relationship like [famous parent](#) Jon Voight and daughter Angelina Jolie. Here are a few [parenting tips](#) and pieces of [relationship advice](#) to help you discipline your children without breaking bonds:

**Communicate expectations.** To minimize unwanted behavior, make sure your child knows *exactly* what you consider “good” and “bad” behavior. They need to understand that there will be consequences for their actions. Naughty behavior should not be rewarded whatsoever, nor should it be tolerated. If at any time you decide to try a new disciplinary technique, you need to explain your new expectations. It’s not fair to dish out punishment for things they didn’t know were wrong.

**Be authoritative, not authoritarian.** Though you want to teach your child that there are expectations and consequences for their actions, you still need to have a level of flexibility. Being a parent doesn’t have to feel like a dictatorship. There’s no harm in explaining the rationale behind house rules or including them in discussions. Allowing your child to have input from time to time can bridge compromise and help you adopt more appropriate disciplinary styles as the years go on.

**Related Link:** [Celebrity Hairstyles: The 2017 Hair Trend That’s](#)

## [Brightening Up Fashion Week](#)

**Try reward systems.** Discipline doesn't have to be centered around punishment. Positive reinforcement is a great way to teach a child desired behaviors. Show your child that there are benefits to being well-mannered. Rewards can come in a variety of ways, whether it be a snack, toy, or praise- the important thing is that they earn them fair and square. If at any time you feel that your child is manipulating the system, it's okay to nix the whole thing altogether.

**Keep hands to yourself.** Physical discipline has been a hot debate for years, but studies have shown that hitting children contribute to mental health disorders, according to [abcnews.go.com](http://abcnews.go.com). Though at the same time it's important to note that spankings and beatings are very different- it's a safer bet to refrain from physically disciplining your child. A good rule of thumb: if you wouldn't hit a puppy for undesirable behavior, then you shouldn't do so to your kid. Find healthier coping mechanisms to deal with your anger. Putting your hands on a child should be a very last resort in extreme circumstances.

**Related Link:** [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Views Can 'Expect a Bit of Everything'](#)

Set a good example for your child by showing them respect. Though you created them, they're still a human being that deserve autonomy. At the same time, discipline is important. There will be ups and downs while you try to guide your bundle of joy down the right path, but the key to being a good disciplinarian is consistency. Your child will never learn if you can't clearly show them that there are natural and logical consequences. They might complain now, but they'll be grateful for all that you've done for them later in life.

**What are your feelings on discipline? Share how you discipline your children in the comments below.**

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# Celebrity Couple Alec & Hilaria Baldwin Open Up About Raising Their Kids



By Kayla Garritano

Some serious parenting skills! In the [latest celebrity news](#), Alec and Hilaria Baldwin open up about how they met, upcoming projects and raising their three children, who are all featured on HOLA! USA. According to [EOnline.com](#), Hilaria reveals that teaching her three-year old daughter her native language, Spanish, is crucial and she's already speaking two languages at home. Their daughter also switches to speaking



English with Alec. “Alec’s Spanish is getting better and better. His accent is very good,” she said. Hilaria also opens up about how the [celebrity couple](#) met, saying they met because of yoga. The yoga instructor, who was born in Majorca, Spain, has made Alec brush up on his Spanish among other things. “My Spanish can only get better. It can only improve...maybe by the time I’m 90, I will nail it,” he joked. “I love Madrid. I think it’s one of my favorite cities in the world.”

## **This celebrity couple is opening up about parenthood. How do you know your partner is cut out to be a parent?**

### **Cupid’s Advice:**

Knowing how to be a parent doesn’t come naturally. You’re going to learn new things and make mistakes, but that’s part of being a parent. Cupid has some [parenting advice](#) to make sure you and your partner are ready:

**1. Stable relationship and stable mind:** If your relationship is strong, and your partner shows that they are mature, strong and well-minded, then it’s a sign they can be a parent. You don’t want to bring a baby into the world if your relationship is on the rocks. You also want to make sure your partner can handle the tough times, like not sleeping or changing that stinky diaper.

**Related Link:** [Expert Relationship Advice: Three Questions Crucial to Co-Parenting Success](#)

**2. They talk to you:** Being a parent means communicating your needs and wants, as well as what you’re thinking. If they can handle a discussion about having a baby, and can see a future where they’re holding a baby in their arms and taking care of

their little one, then that's another sign they are ready to take parenting on.

**Related Link:** [Celebrity Baby News: Mila Kunis & Ashton Kutcher Welcome a Baby Boy](#)

**3. Financial cost:** Are you and your partner able to provide for a future family? A baby can cost a lot, from diapers to formula to clothes, they will have money flying out of your wallet. Make sure they are ready to handle the cost of a baby.

**How did you make sure your partner was ready for parenthood? Comment below!**

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# Celebrity Baby News: Mila Kunis & Ashton Kutcher Welcome a Baby Boy





By Kayla Garritano

Make room for number two! [Mila Kunis](#) and Ashton Kutcher welcomed [celebrity baby](#) number two to the world. According to [EOnline.com](#), the [celebrity couple](#) had a baby boy on November 30. Kutcher accidentally spilled the beans on the gender of the baby when making a guest appearance on the *Today* show, and also joked that their daughter was still wrapping her head around the concept of pregnancy and how she's becoming an older sister.

**This celebrity baby makes number two for Mila and Ashton. What are some ways to prepare differently for a second child versus the first?**

**Cupid's Advice:**

Word on the street is that having a baby the second time can

be much less nerve-wracking than having your first. Cupid is here with some [parenting advice](#) to make sure you are in for an easier time:

**1. Hand-me downs:** If the products are still working, then you don't have to spend more money on the same things. If your child is old enough to be out of the crib, use the crib for the second child. Same gender? Wear the same clothes your first child wore. Finding anything to reuse again is cost-efficient and less of a hassle to find.

**Related Link:** [David Arquette & Wife Christina Are Expecting Second Celebrity Baby](#)

**2. First mistakes are over:** You learn a lot about how to be a parent with your first child. You're very cautious about everything you do. However, there are times where you messed up because you're a new parent, and it's going to happen. That's totally okay, because you learned from your mistakes and know for the second time around what to do.

**Related Link:** [Megan Fox & Brian Austin Welcome Celebrity Baby No. 3](#)

**3. Tell the big sister/brother:** Your first child was the center of attention. But now baby number two is making their way in to the family. You need to prepare the soon-to-be older sibling as well, because you don't want them to get jealous or become unaware of her home surroundings. Just make sure your first child tries to understand, or at least make sure they are happy with their new little sibling!

**How did you prepare for your second child? Tell us in the comments below!**

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# Holiday Gift Guide “Must-Have”: Personalized Books for Kids!



*This post is sponsored by Put Me In The Story*

By Kayla Garritano

Give your kids the gift of reading this Christmas, but with a fun, unique twist! Personalized books for kids by [Put Me In The Story](#) takes bestselling books and beloved, famous characters to create personalized books complete with the child's name, photo, and a message from the gift giver! Your

child will love the fact that they can become a part of the story and engage more in their reading! In 2016, *Put Me In The Story* published over 60 new books with partners like Disney, National Geographic Kids, Curious George, Harper Collins, Sesame Street, Star Wars, The Avengers, and more. In our [product review](#), we got a look at a few of their favorite titles.

**These favorite titles will be sure to give you a few [parenting tips](#) on what to buy for your child this holiday season:**

### **Dream Big, Princess!**

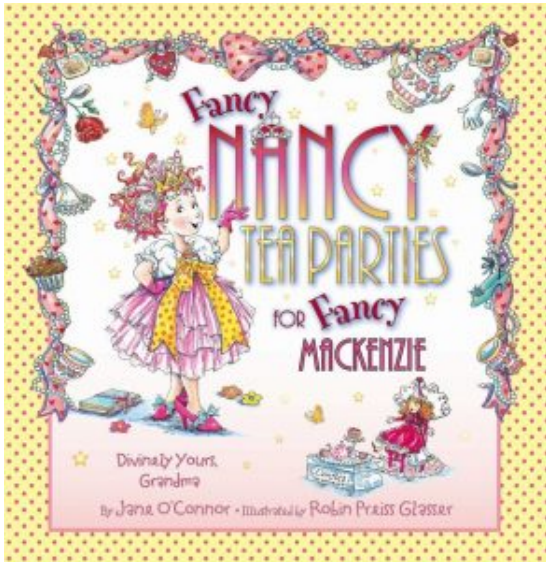
In the magical book, [Dream Big, Princess](#), 11 Disney Princesses tell their stories, encouraging young children to dream big, believe in themselves, and work hard to achieve their dreams! In this beautifully illustrated book, your little child, usually targeted from 4-8 years old, will write, draw, and imagine all the things she can be, led by the adventurous, independent, and ever-faithful Disney princesses! The journey begins with a personalized letter and Princess Passport, which your child can use to check off each princess as they read their stories. Whether she's putting together a restaurant menu alongside Tiana, listing treasures she's found on her travels like Ariel, or comparing her bookshelf to Belle's, your little one will learn that being a princess is more than just wearing fancy dresses and living in a castle...it's about being brave, honorable, kind, and hardworking. At the end, they can even match up each princess with her greatest wish, then fill in a special page with her own hopes and dreams! It's motivational and inspirational! You can purchase your child's happily ever after for \$34.99 on hardcover or \$29.99 on paperback!



Dream Big, Princess!  
Personalized Book

### **Fancy Nancy Tea Parties**

For \$34.99, you can personalize your own [Fancy Nancy Tea Parties](#). Hostess Fancy Nancy shares some secret hostess tips with your little one, usually targeted from ages 4-8. From recipes and crafts to etiquette tips and French lessons, this precious personalized book contains everything your child needs to throw the perfect tea party. It also includes a personalized letter from Nancy herself to your child! Plus, your child's name is worked into the text and has adorable illustrations throughout the book. Wrap up with a set of recipe cards from the Fancy Nancy's kitchen. Best of all, show off your kid's hard work and success by cutting out and framing the certificate declaring your child a graduate of Fancy Nancy's Tea Party Course!

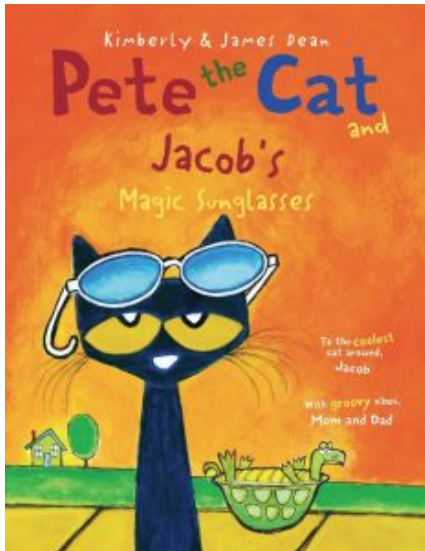


## Fancy Nancy Tea Parties Personalized Book

### **Pete the Cat**

Looking to find a personalized book for your even younger child? [Pete the Cat and His Magic Sunglasses](#) is just for you. Meant for kids aged 1-3, follow the journey of Pete the Cat to see how he turns his his not-so-great day around with a pair of blue magic sunglasses thanks to Grumpy Toad! This personalized book teaches your child about seeing the world in a whole new way. It also features your child's name and photo along with an encouraging dedication message from you. The coolest part of the book? Your child plays a special part in the story! They are the one to let Grumpy Toad borrow the magic sunglasses in the first place! Because of your child, he's not so grumpy after all. As Pete the Cat travels through town, he meets friends that could use a little bit of magic. Your kid will be taught to find the good in every day with the help of this story. For \$34.99, any day can go from gloomy to great—all it takes is a little magic from within!





## Pete the Cat and His Magic Sunglasses Personalized Book

### **National Geographic Kids Collection**

Teach your child a little more about the wonders of the world with personalized books from [National Geographic Kids](#). Topics include animals, dinosaurs, ocean animals and space. These fun and educational books will help your child learn about the world around them. Each book is \$34.99 on hardcover and \$19.99 on paperback, but who can put a price on learning? The [Animals](#) books explores the rain forest, the ocean, and the icecaps with a personalized guide. Each page features beautiful photos of the coolest creatures along with providing quick facts about its size, diet, and habitat. There are also questions asked in the book to keep your little zoologist engaged. The books on [dinosaurs](#) discusses all the types of dinosaurs while asking your child questions, providing answers, containing a pronunciation guide, and on the final pages, your child can mark the dinosaur qualities they like best, then draw themselves as a dinosaur! [Ocean Animals](#) guides your child through the deep blue sea, naming sea creatures as well as plants, and engages your child with personal questions. On the final pages, your little one can mark their favorite animal traits, then draw an ocean creature that exhibits all of them! Lastly, the book on [space](#) tells your little reader all about

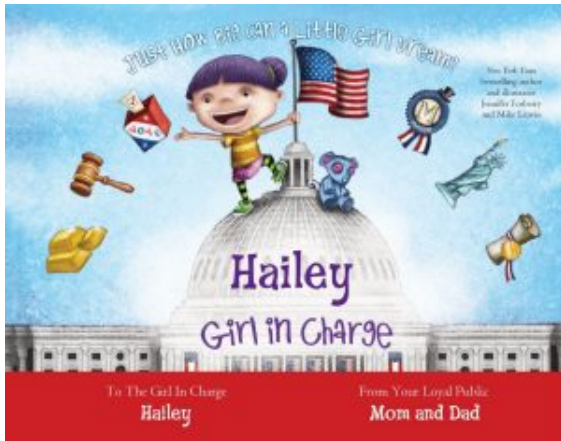
the galaxy and beyond. On the final pages, your child can name their own comet and draw the night sky! All these books can be personalized with your child's names, photo and special dedication message!



National Geographic Kids,  
Book of Animals

### **Isabella: Girl in Charge**

The last book on the holiday guide is [Isabella: Girl in Charge](#). Inspire your child to dream bigger and reach for the stars with this motivational story. Your child steps into the story as a spunky, purple-haired girl on a journey to the White House. Along the way, she learns about some of the amazing women who came before her. These doers, dreamers, lawmakers, and trailblazers helped create the world we live in today, one where your little believer can be anything they strive to be. This book is on sale for \$34.99 hardcover, and \$19.99 paperback. Include their name and photo along with a special message from you. At the end of the book, your child's face will appear next to some of the nation's greatest leaders! Show them that one day, they can be a great leader. So inspirational!



Isabella: Girl In Charge,  
Personalized Book

*Don't miss out on these must-have personalized books this holiday season!*

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## Product Review: Mom's Favorite Fall Trends





*This post is sponsored by Gululu, Janiebee, Froggelz Goggles and iClever.*

By Kayla Garritano

Parents are always looking for the right products to make their kids and themselves happy. Fall is here, which means school is in session. With Fall also comes a bunch of breaks, such as days off for Columbus Day and Thanksgiving! You're going to need products that benefit your kids both at school and when they're with you. Cupid makes sure that [parenting](#) is easier for you with this product round-up.

**The [Gululu Interactive Water Bottle](#), [Janiebee Nap Mat](#), [Froggelz Goggles](#) and [iClever Boostcare Headphones](#) will be your favorite Fall trends!**

**Gululu Interactive Water Bottle**

Parents are always worried that their children don't drink enough water during the day. They're going to need to drink it at school during recess, at lunch, and even just as something to keep them hydrated throughout the day. Gululu, the new interactive water bottle, will help measure your child's water intake. With the help of some hydrated friends, Gululu links your child's water intake to the health of a virtual animated pet and makes staying hydrated an act of care giving. There's even a special app that helps you set hydration goals based on your child's age, weight and location. The incentive for this BPA-free, water-proof water bottle is that the closer your child gets to his or her water intake goal, the healthier that virtual pet becomes. The character on the water bottle will grow, collect treasure and explore "Gululu Universe." You can purchase this product starting at the [single pack](#) for \$99, or you can get various other packs, such as the double and family packs! This bottle is for ages 3 and up ... or if you're a parent young at heart!



## Gululu Interactive Water Bottle

### **Janiebee Nap Mat**

Have your kids get a little cozy during nap time. This super soft, luxe mat can be taken anywhere, making it a great nap time accessory for school. These mats are made with a fabric tie closure and come with a minky pillowcase. Once napping is over, all you have to do is roll up the mat and tie it closed! These come in different colors and designs, and you can even [create your own](#). They are machine washable and dryer safe,

too! Pricing starts at \$99 and can guarantee your child will be comfortable and fast asleep.



Janiebee Nap Mat, The Happy Camper

### **Froggelz Goggles**

A much anticipated family vacation is coming up shortly! You cannot wait to spend some quality time with your kids. As the air by you is getting colder, you're escaping to a place that's warm and sunny. But when you're sitting poolside, your kids are going to need something to protect their eyes when they're splashing around. Available in multiple colors, the [Froggelz Goggles](#) by *Made By Dad* put comfort on the back of your child's head when they're swimming. It's easy enough to remove so their wet hair doesn't get caught on the straps! Also, the back strap is easy to adjust and will secure the tightness on your child's face. There is no slipping and no painful adjust. For \$19.99, you can ensure a fun, comfortable swimming experience for your child, and you get to lay back in the sun and watch them have fun!



Frogglez Goggles, Made by Dad

### **iClever Boostcare Headphones**

Your child may want to listen to music on the bus ride to and from school, or maybe they want to hang back in the car when you're driving and listen to some of their favorite songs. These new iClever Boostcare Headphones are made for kids to protect their ears all while enjoying the tunes. These over-the-ear designed headphones have kid-safe volume technology, so their ear drums won't be damaged, and they come with soft comfy ear pads and an adjustable headband, so you can find the perfect size. These headphones are also very portable, given they are suitably lightweight and have a tangle-free cord. Made out of food-grade material, they come in three special designs; the [Cat Ear](#), [Halloween](#), which is great with the holiday right around the corner, and the [Christmas edition](#), a special seasonal treat. At the affordable price of \$15.99, give your child an accessory all while protecting the safety of their ears. Plus, they're on Amazon Prime, so you'll get them ASAP!



iClever Boostcare  
Headphones, Cat Ears

Don't miss out on these favorite fall trends! For parents everywhere, make sure your kid is happy and comfortable this season!

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## Parenting Tips: How to Feel Sexy After Motherhood







By Kayla Garritano

No matter what your age, there was a time in your life you felt confident and sexy. When you have children, you begin to lose that confidence because you're so focused on taking care of them. You aren't paying attention to yourself. [Parenting](#) is not an easy task! Eventually, your kids start their own lives, and now you have time to focus on yourself. You just want to feel confident again. Take some of this advice, and you will be sure to feel sexy!

## **These parenting tips will help you feel sexy after motherhood!**

**1. Love your body:** Not too happy about the weight you've put on? Go for a run, join a gym, or do something that will shape your body into what you want it to be. If you can't sculpt it to how it used to be before children, don't worry! Just make sure you can feel confident, and realize your dedication will show some changes.

**2. Eat the right food:** If you eat cleaner and healthier, your body will thank you. Instead of rushing to eat since you never had time, you now can take the time and make the right food. No junk food or quick meals. You're going to feel the big difference.

**3. Go shopping:** Buy some clothes that make you feel like a million dollars. Try some outfits on, and if you like it, buy it. What styles make you look at yourself and smile? Don't think about if anyone else would like it. It's your style and your body. Feel sexy!

**Related Link:** [Celebrities Who Lose Baby Weight Fast](#)

**4: Have the right mindset:** Don't be so negative when things don't always go right. It takes a lot to make you tell yourself you're sexy. You didn't lose weight in a week? That's okay; don't give up. Be positive and that will help motivate you!

**5. You have the mom power:** You're a mother. You are an empowered, strong, tough woman who has birthed children, raised them, and helped them grow. That is a power that people who aren't moms don't have. You should feel sexy by just knowing you have power and there's something special about you. The look isn't everything; make sure you have the emotion to go with it!

**Related Link:** [Celebrity Mom Molly Sims Shares Secret To Losing Weight In Celebrity Video Interview](#)

**6. Put yourself first:** Ever since you became a mother, your children came first. That's parenting, and it's normal. However, it's good to put yourself first every once in a while. Think about what you want and what you need. You have needs, and you cannot forget that.

**7. Accept yourself:** There's no such thing as perfection. You're going to have flaws, and that's okay. Your body may not

be how you imagined it, or how you were expecting it to be. There's always going to be something you don't like about yourself, but that doesn't mean other people notice it. It's time to accept it, move on, and be happy.

**What are some ways you got yourself to feel sexy after becoming a mother? Comment below!**

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## Product Review: A Diaper Bag Fashion Statement



*This post was sponsored by JustFab.*

By Kayla Garritano

If you're a mom, you know what it's like to always be on the run. Taking your child to practice, or the doctor, or to a play date, or to anything that gets you moving fast on the way out of the house. But, just because you're on the go doesn't mean that you have to settle for an old, stained t-shirt and over-washed jeans. Who said moms can't rock a stylish look?

**JustFab gives you the fabulous, fashionable style you want and need at an affordable price, even when you're handling your kids at your busiest moments.**

Are you a "mommy-to-be," or are you just in the beginning stages of being a parent? If so, you're going to need a lot of storage for all those diapers, bottles, toys, and anything else to make sure your little one is happy while on the go. Now available on the JustFab site is the versatile and trendy [Ebby Diaper Bag](#), which comes in either Black or Taupe. This faux leather bag is simple, elegant looking, and functional, making you look stylish in conjunction with working hard. This bag comes with five exterior and four interior pockets to store all your necessities, and it is built sturdy, meaning you can hold your baby's items without the fear of the bag breaking! The Ebby Diaper Bag is priced at \$69.95, but with the VIP membership, you can grab the bag at \$49.95.



If you want to become a [VIP member](#) and get exclusive deals, all you have to do is take a quiz. Then, you'll get a personalized boutique. You shop, sign up and then you're a VIP who saves some money!

Becoming a VIP will also save you money on another motherly accessory. If you'd rather not hold on to a bulky diaper bag, then a great alternative is the [Ace in Ace bag](#). This sleek tote comes in multiple colors, and is even reversible. There's an adjustable shoulder strap to make you comfortable, and the faux leather material will make it easy for you to wipe off spilled milk or whatever other mess your little one has made. With the VIP membership, the price is \$39.95, and without it, it's still an affordable \$49.00.



JustFab has all the fashionable, affordable accessories and clothing you will be sure to love. With their in-house design team, they will make sure they find the best suit for you on your journey to make a fashion statement, or even for a date night without the kids. Say “goodbye” to your old baby bag and “hello” to the sleekest, most stylish and versatile bag!

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## **Product Review: A High Chair for All Ages**



By [Nicole Caico](#)

Nothing takes up more room in your kitchen than a baby's high chair. When it's time for your little one to sit down for a meal, the high chair may not seem like such an obstacle, but for a majority of the time, it's empty and just taking up space.

## **The solution? Provide one seat that doubles in use for baby and adult!**

The [Beyond Junior Y High Chair](#) from Abie can accommodate everyone from baby to adult. Instead of having to push a bulky high chair into a corner when guests come over, the Beyond Junior chair can be quickly transformed into a seat for your older guests. It's easy to clean, with a waterproof seat cushion and one hand removable tray that can be easily put in the dishwasher. It's also easy to fold for travel or storage.



You can find the Beyond Junior Y High Chair at varying prices, depending on the retailer, all just shy of about \$200. If you're planning to buy a high chair for your little one, the Beyond Junior chair is an investment. It will transform to fit your needs and your child's as they grow.

This high chair is a must-get! Check out our other product reviews [here](#).

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## Product Review: Listen To Your Baby's Heartbeat On Repeat With "My Baby's Heartbeat Bear"







*This post is sponsored by "My Baby's Heartbeat Bear"*

By [Nicole Caico](#)

Hearing your baby's heartbeat on an ultrasound is one of the most precious sounds in the world. Most expectant moms would listen to their baby's heartbeat over and over again if it were possible. Well, now it is! Former *Bachelorette* star turned celebrity mom, Ali Fedotowsky gave us the [celebrity news](#) about a product called [My Baby's Heartbeat Bear](#) on her blog [AliLuvs.com](#).

## **Listen To Your Baby's Heartbeat Forever With 'My Baby's Heartbeat Bear'**

The former reality TV star is in her last month of pregnancy and mentioned the "My Baby's Heartbeat Bear" as a must-have item for her nursery. Here's how it works. Expectant moms can choose a Heartbeat Buddy in the shape of a giraffe, teddy bear, hippo, elephant, monkey, lamb and much more. With all of

the options offered, there is a Heartbeat Buddy to match every nursery. You can even coordinate the color of the stuffed animal for gender reveals.

Each stuffed animal comes with a heart shaped recorder that can be taken to an ultrasound appointment in order to record the sound of the baby's heartbeat. Once the sound is captured, the recorder is placed inside the stuffed animal, which is then tied and velcroed shut. From that point on, anytime Mom wants to hear the sound of her baby's heartbeat, she can squeeze her Heartbeat Buddy and feel the excitement all over again, and again, and again.

If you're expecting, now is the time to look into buying "My Baby's Heartbeat Bear".

**GIVEAWAY ALERT:** One lucky reader will now have the chance to win a My Baby's Heartbeat Bear by entering our giveaway! The bears are going fast. To enter, complete the form on our Contact Page. Pick "Giveaways" in the drop-down menu and include your name and address as well as "My Baby's Heartbeat Bear" in the message field. Our giveaway ends at 5 p.m. on August 8.