

# Parenting Tips on Lockdown: How to Keep Your Family Entertained



By

Diana Iscenko

After months of lockdown to lessen the spread of COVID-19, a lot of people are running out of activities to pass the time. This wave of quarantine boredom is hitting parents especially hard. Keeping children stimulated and entertained can be difficult right now, especially if you want to minimize their screen time. Check out our [parenting advice](#) to keep your family entertained during lockdown.

# Are you running out of ideas to keep your kids occupied while stuck at home? Here are six parenting tips to keep your children entertained during lockdown:

## 1. Stick to a Routine

The most important thing during lockdown is to stick to a routine to keep things as normal as possible for your family. Map out responsibilities and activities for the day. This will help prevent having large chunks of unstructured time, which can lead to boredom.

## 2. Break Out the Board Games

Board games and puzzles are a great way to pass the time as a family. Whether it's Scrabble, Monopoly or Clue, these activities are something the entire family can take part in. According to *TheGuardian.com*, the sale of board games and puzzles increased by 240% during the UK's first week of lockdown.

**Related Link:** [Parenting Tips for Learning at Home](#)

## 3. Schedule Virtual Playdates

Adults aren't the only ones missing their friends! Reach out to other parents to schedule a virtual playdate for your children. It's important that your kids still feel connected to their friends even when they can't physically be with them. If your child is young, they're going to need help making these connections.

## 4. Plan for Play

Being unable to leave the house makes it easier to forget about exercising. Encourage your children to play outside or have a dance party. Making time for exercise right now is a must. Not only does it improve your child's physical health, but it releases endorphins that improve mental health, too.

**Related Link:** [Parenting Tips: 5 Ways to Boost Your Child's Self-Esteem](#)

## **5. Get Crafty**

Tap into your kids' creative sides with arts and crafts! There is an endless amount of crafts to try with your children, no matter their age. Crafting is a great way for children to learn problem-solving skills and develop their fine motor skills. Plus, they'll have a space to be creative and express themselves.

## **6. Take them to the Kitchen**

Lockdown is a great time to get children interested in cooking and baking. Bring your kids into the kitchen to help plan and prepare for meals. Not only are they learning life skills but spending this time together will bring your family closer.

**How have you and your family been having fun during lockdown? Start a conversation in the comments below!**

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# **Parenting Tips for Learning at Home**



By

Alycia Williams

The Coronavirus pandemic has really shifted all of our plans and our daily routines. Having the kids home 24/7 means that they have to do their school work at home, which can be difficult. Check out our [parenting tips](#) on how to make learning at home as simple as possible.

**Learning at home has been such a difficult transition for all kids. Check out these parenting tips to make learning at home a little bit easier.**

With the TV, video games, and toys within feet of your kids at all times, they can feel distracted and not want to do their

school work. If you want your kids to focus on their school work while at home, Cupid has some [parenting advice](#) for you:

**1. Set up a work station:** Have your kids do their work at the same place every day. It can be at their desk, at the dining room table, or even outside on the porch. Just make sure it's as far away as possible from the TV or their favorite toys. Explain to them when they're at their work station, that the only thing they should be doing is work.

**Related Link:** [Parenting Tips: How Your Kids Can Benefit from Audio Books](#)

**2. Try having structure:** When kids are at school, everything is structured. You should take that same method into the household. Have a portion of time when they get to play and a separate time when they have to do their work. Come up with a planned out day and stick to it every day. Your kids will fall in line just like they do in school.

**Related Link:** [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

**3. Praise effort:** This is such a odd transition for your children, and that means they can be a little bit more on edge and restless, especially when they're not understanding something. Be patient with them, and praise them for their efforts; they need it.

**4. Stay connected:** Don't lose contact with their teachers. They can be such a huge help when you don't know how to help your child or if you're confused on what to do. Also, stay connected with classmates and have your kids do work with their classmates over Zoom. It'll make them feel more comfortable.

**5. Make sure they still have a bed time:** Just because your kids are home all day doesn't mean they get to stay up all night. They still have work to do, which means that they still

need proper rest. Have them go to sleep early and wake up early. Keep it as close to normal as possible.

What are some other parenting tips for learning at home? Start a conversation in the comments below.

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## Parenting Tips: 5 Parenting Goals to Start the New Year



By

[Ahjané Forbes](#)

As you help your child write their New Year's resolution, you begin to think about what yours might be for this year. You might want to start with changing up your child's routine, and

this is the best time to do so. Each year they get a little older, and parenting does not get any easier. Check out our [parenting tips](#) on how to make this new year a better one for you and your kids.

## **Starting the new year off with a resolution for parenting. What are some parenting tips that you can help your family this year?**

As parents, we want the best for our kids. The process begins from home. Parenting is a full time job, and you often don't get breaks. Here are some of Cupid's tips to help you with your parent endeavors this upcoming year:

**1. Self care is the best care:** Taking care of yourself will benefit your kids. Start with small things like a little "pamper Mommy" day, or have a sports night for dad. This will let you relax after a busy week of work and bringing the kids around between their extracurricular activities and school. You can even relax with your kids. Create a movie night in the living room, or do something fun like a mini cooking class. This will keep them entertained and gives you time to relax.

**Related Link:** [Parenting Tips: Lifestyle Changes for Better Behavior](#)

**2. Keep the learning flowing:** The weekends may a tough time to get your kids to focus on school work. Try to sign them up for programs like Khan Academy, Cool Math, or learn a different language on Duolingo or Rosetta Stone. These fun and interactive programs will appear to them as games with pictures and videos. It will also help them to stay engaged in their classes.

**Related Link:** [Parenting Tips: 5 Reasons to Take a Parenting](#)

## Class

**3. Make exercise fun:** Enroll your kids in a sport or a dance class. Get them into something that they are interested in and lets them learn a new skill. Constant exercise helps the growth process and works as “food” for the brain. Try to get them to work in teams with other children. This will help them with leadership skills and collaboration for when they get older.

**4. Establish a routine:** Completing tasks in a habitual way will help your children to be aware of what’s to come next. If you assigned them a chore to do at home, make sure they follow through each time it needs to be done. This will teach them how to do things in a timely fashion. Starting January 1st, assign a given bedtime, and stick to it. Work to get them in bed at least half an hour before the given bedtime.

**5. Remain authoritative:** As your children get older, you want to give them more privileges and leniency, but you still have to set the rules. Make sure you draw the lines clearly. Try not to use harsh language like cursing; rather, talk to them in a stern tone. This will help them with their relationships with teachers, coaches, and their future bosses. Treat your child as if they were your employee. If they do good work in school, then you reward them with gifts and praise. However, if they are misbehaving, then you take things that they like away. This will help them work for what they want.

**What are some parenting resolutions you plan to make for this year? Share your tips and tricks and the comments below!**

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# Parenting Advice: How to Help Kids Learn to Express Gratitude



By

[Emily Green](#)

With Thanksgiving coming up, it is important that we all remember to express our thanks to others not only this time of year, but year round. As a parent, it is important to teach kids from an early age to express thanks to those they interact with. Check out some of these [parenting tips](#) to helping kids to learn to express gratitude year round:

## Having your kids learn how to

# express gratitude is an important aspect of growing up! Here is some [parenting advice](#) on how to help your kids learn to express gratitude on more than just Thanksgiving Day:

Gratitude is a key lesson to learn, and the earlier your kids learn the better! Gratitude is the attitude that everyone should have- it helps make the world a better place! Here are some of Cupid's tips on how to teach your kids gratitude:

**1. Lead by example:** If your kids see you expressing gratitude every day, they will be sure to follow in your footsteps! By remembering yourself to express gratitude to others, even with the smallest acts of kindness, your kids will learn that gratitude is an important part of growing up.

**Related Link:** [Parenting Tips: The Benefit of Kind Words](#)

**2. Practice small acts:** Intertwining small acts of gratitude into your everyday life is a great key to having your kids learn just how important gratitude is. Whether it is remembering to send a thank you card after an event, or simply just saying thank you after someone holds the door open for you, your kids will learn to integrate these acts into their everyday lives.

**Related Link:** [Parenting Tips: Lifestyle Changes for Better Behavior](#)

**3. Take it easy:** Making the environment for learning as easy as possible is the most important key to your kids learning gratitude. Provide them with the appropriate materials, resources and don't discourage them if they mess up. Learning

takes time, and with you helping them along the way, they will express gratitude year round without any reminders.

What are some other ways parents can help kids learn to express gratitude? Let us know in the comments below!

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# Parenting Advice: Stay Safe on the Spookiest Night of the Year



By

[Emily Green](#)

Halloween is one of the holidays that kids look forward to the

most each year. Who wouldn't want all that candy? As fun as the holiday can be, though, kids and adults have to remember to stay safe. You never know what spooky creatures might be out and about in the dead of night! Check out some of these [parenting tips](#) on how to make sure you and your kids come home safely on Halloween.

## **Keeping your kids safe is the best parenting advice anyone can ask for! What are some tips for staying safe on the spookiest night of the year – Halloween?**

As parents, all we want to do is keep kids safe! While we want them to have an unforgettable Halloween night, staying safe is also a priority. Here are some of Cupid's tips to making sure you and your kids always return home safely on Halloween night:

**1. Bring a flashlight:** It can get pretty dark when trick or treating at night, so having a flashlight will help you make sure you know where you are, where you're going, and who's around you! You can keep the little ones at arm's length, and make sure no one gets left behind!

**Related Link:** [Parenting Tips: How to Find the Best Tracking App for Your Kid](#)

**2. If you separate from your kids, have a designated meeting place:** There's always the awful chance that you and your kids could get separated at some point. If that does happen, make sure you have a designated meeting spot that is very familiar to your child. This will ease the anxiety on both ends, and it's a surefire way to make sure you find each other again.

**Related Link:** [Parenting Tips: Social Media Apps to Keep an Eye On](#)

**3. Make sure your kids know your phone number:** On the off chance that your kids get lost and can't find their way back to you, make sure they know your cell phone number! If they can't remember it, write it on a tag or necklace for them to wear. This way if they can't call you and let you know where they are, a trusted adult will.

**4. Don't talk to strangers:** This may be an old rule, but it stands tried and true. Make sure your kids know to only talk to trusted adults – no one they aren't familiar with. If they stick with other parents they know, they'll return home safe and sound in no time.

**What are some other tips to ensure your kids return home safe on Halloween night? Let us know in the comments below!**

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## **Parenting Trend: Raising Confident Daughters**





By

[Emily Green](#)

Raising children is never an easy feat, and in today's society raising confident daughters is more important than ever. Women are constantly looked down upon by people by men, other women, and so many more. Women need to learn that they are strong and powerful individuals that are worth so much more than society's standards today. By following these [parenting tips](#), our daughters will be sure growing up that they are beautiful souls, no matter what anyone may say.

**Raising confident daughters is a parenting trend that we all need to hop on! What are some tips to help your daughter's self-esteem?**

Women and girls of all ages need to know that they are wonderful, beautiful people that deserve nothing but the world! Here are some of Cupid's tips to helping your daughter's self-esteem:

**1. Use positive reinforcement:** Let your daughter know when she's done well. Rather than just saying "nice job" truly acknowledge the effort she has put into her work. Even the small victories deserve celebrations!

**Related Link:** [Parenting Advice: Plan To Fail and Be Okay With It](#)

**2. Validate your daughter's thoughts and experiences:** As your daughter grows up, she is constantly learning about the world and what surrounds her. As your daughter grows, listen to her thoughts and opinions about various situations. Letting her form her own opinion will let her know she is valid in her opinions and has the right to express them.

**Related Link:** [Parenting Tips: Lifestyle Changes for Better Behavior](#)

**3. Use encouragement:** Everyone has bad days. If your daughter comes home feeling a bit down, be sure to sit down with her and talk about what's wrong. Whether it's a fight with a friend, a bad grade on a test, or maybe a problem with a crush on a friend at school, make sure you listen to your daughter and offer advice and encouragement, she will develop a sense of purpose and continue to keep on trucking no matter what happens.

**4. Set boundaries on both ends:** Respect your daughter's privacy. By giving your daughter space, you are letting her know that you trust her, and then she will trust you too. This trust will build her own trust in herself, and ultimately confidence in herself too.

**What are some other tips to raising confident daughters? Let us know in the comments below!**

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# Product Review: Relive Your Childhood with a Razor Electric Scooter



By

[Katie Sotack](#)

As kids grow into teens and become more attached to indoor activities, parents worry about their physical and mental well-being. Break your teen away from their screens by purchasing a brand new E Prime Air Razor that has an extra kick of power. The scooter is recommended for those 14 years of age or older. Your teen can relive their childhood with this scooter, as any 90s' kid can testify that wicking down the street on a snazzy two-wheeled scooter was the ultimate



pastime.

**If you want to get your teen away from screen-time, consider a Razor electric scooter or skateboard. Learn more about the new E Prime Air in this [product review](#).**

The easiest way to get your teens active is to entice them with fun. An electric scooter is a cool and convenient way to get back and forth to school. Bring your favorite childhood toy back by introducing your son or daughter to the Razor electric scooter. Here are some benefits to the new Razor model, the E Prime Air:

**It's suitable for all sizes.**

The E Prime Air electric scooter's handles and height are adjustable. The padded, easy-adjust handlebars are comfortable and lock so that they do not move during your travel.

**Related Link:** [Product Review: Bravity Bras Defy Gravity](#)

**It makes commuting easy and convenient.**

This electric scooter runs up to 15 mph and lasts for 35 minutes of continuous use. Travel easily around town with the E Prime Air to get to class. The battery is rechargeable if your son or daughter's journey to class requires more output than the scooter can give at one time.

**Related Link:** [Product Review: Rock Long Hair on Date Night with Barely Xtensions](#)

**It fits in a locker.**

The scooter is compact enough to fit into your child's locker. With the dimension of the front and back rubber wheels being only 8 inches each and the fact that it has a fold-up design, the scooter is perfect for storing both at school and at home.

**It's a lot cheaper than a car.**

If it's between buying your teen a car and buying them a Razor electric scooter, the electric scooter is the clear winner price-wise. Razor's new E Prime Air Electric Scooter retails at \$419.99.

*You can check out a cool video featuring the E Prime Air Electric Scooter [here](#). For more information, please visit Razor's website [here](#).*

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## Parenting Tips: 5 Reasons to Take a Parenting Class





By

[Katie Sotack](#)

Though not vocalized enough, parenting is a full-time job. Think of it as your career. Something you need to work at and prep for—whether that be through schooling or experience. Parenting classes offer both. Just like a career, no one expects a newbie to know everything in the beginning. Though once thought of as natural instinct, parenting is a cycle we've learned through observation plus trial and error. The [parenting trend](#) offers safe spaces to explore incorrect theories and learn without doing any term damage to the little ones (physical or psychological).

**Classes offer [parenting tips](#) and tricks to raising a family, but what are the specific benefits of attending parenting classes?**

Parenting classes offer a sense of community and the know-how to those who want to up their parenting game. Whether you're

expecting your first child or you're pregnant with your third, there's always room to learn. You can follow the expert parenting advice offered in these classes through level-based classes to begin your journey to more efficient parenting.

**1. Judgment free zone:** There's not any worse feeling as a parent than to worry you're being judged for your parenting style. Not only will a parenting class give you the skills you need to be an efficient mom or dad, but the class will be full of other parents who feel the same way you do, and you're less likely to be criticized. Never let someone's harsh judgments affect how you think you should bring up your kids, but in a class, you're more likely to find like-minded individuals who won't make you feel like an awful parent because you need some extra help.

**Related Link:** [Celebrity Parents: Former 'Bachelor' Arie Luyendyk Jr. Calls Wife Lauren the 'Hottest Momma'](#)

**2. Support systems:** Even with your partner and family support, raising a child can feel like a lonely job. Taking a parenting class can help you connect with other parents going through the same thing you're going through—whether it's supporting your child through a learning disability or coping through postpartum depression after your second child.

**3. Firstborn jitters:** Time to put it out there, having a baby is magical and wonderful, but it's terrifying. To new parents, it may feel like any wrong move could harm your new little angel. That's valid. If you've never had a child before you likely have no idea what you're doing. Attend a parenting class to master the basics and reassure yourself that your parenting skills are up to par.

**4. The latest research:** Parenting trends and topics are always cycling. It can be a challenge to stay up to date with the newest concerns and tactics to battle them. Taking classes may open your eyes to new information and challenge some instincts

that may secretly be harming your kid's self-esteem. For example, praising a child's intellect when they achieve may cause frustration and feelings of failure when they cannot immediately master something. Instead, praise their hard work.

**Related Link:** [Celebrity News: Nick Cannon Reacts to Ex Mariah Carey's Take on #BottleCapChallenge](#)

**5. Aid academics:** Studies have shown that engaged parents are one of the top factors to an academically successful child. Classes specifically designed to focus on academics will teach the right questions to ask your child and ways to become more involved in their life, like attending school functions and being more involved in homework.

**How do you feel about taking a parenting class? Share in the comments below!**

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## Parenting Tips: The Benefit of Kind Words





By

[Bonnie Griffin](#)

Trying to be a good parent is a full-time job and then some. As a parent, you're always growing, learning, making mistakes and correcting them, and trying to find the best ways to raise your children to be good people. A big part of that includes setting a good example for your child. They see you as a role model so being a kind person yourself is important for their development as they grow. This [parenting advice](#) on using kind words with your children will help you raise your children to be good, kind people.

## **Try raising your children with a kind word in these parenting tips!**

Your children look up to you. They learn a lot about their language skills and behaviors by mimicking you. If you use harsh language or they see you being unkind to others that could influence their behavior. That's why it is important to set a good example that starts with using kind words with your children. Cupid has some [parenting tips](#) on how using kind

words around your children can benefit them and their development as people:

**1. Sets a good example:** Your children love you unconditionally and they look up to you. Often times, especially when they are young, they want to be just like mommy or daddy. It's important you set a good example by being a good role model. You want your child to be kind, then be kind yourself and they will follow suit.

**Related Link:** [Parenting Trend: The Science Behind Baby Fever](#)

**2. Teaches them to be positive:** Babies and young children are "sculpted" by experiences. Kind words help you give your child positive experiences. This will help them grow into a happy child full of laughter and love. They will then pass their positive experiences onto others, spreading the kindness you've taught them. Teaching your child kindness and giving them these positive experiences also gives them happy memories; memories they will carry with them throughout their lives.

**Related Link:** [Parenting Advice: Tips to Leave in the Past](#)

**3. Offers them encouragement:** As a parent you want your child to grow and accomplish great things. Teaching them kindness through your words and actions is one of the first milestones to encouraging them to grow and learn and become successful people as they grow older. Kindness shows them you believe in them and gives them the encouragement to keep pushing forward because they know they have you in their corner to help them succeed.

**Kindness goes a long way with your children. It teaches them to be positive and kind to others and helps them succeed. Let us know your thoughts about the benefits of using kind words with your children below.**

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# Parenting Advice: Plan To Fail and Be Okay With It



By

[Bonnie Griffin](#)

If there is one thing about parenting is certain, it's that nobody is perfect; not us and not even our children as much as we love them. We're all human and being human means we will make mistakes, but we need to slow down and realize it's okay to fail. Children are growing and learning. They might not meet your expectations on the first try. Admit it—you have experienced moments like this in your own life you learned from. See this as an opportunity for growth instead of failure. Instead of stressing out about mistakes you or your



child might make, follow these [parenting tips](#) keep small failures from turning into something big, and help your child grow into a contributing, responsible person.

## **We all learn from mistakes. Here are some parenting tips on how to handle your child's.**

Sometimes you're going to zig when you later realize you should have zagged. Sometimes your children are going to forget or choose not to do their homework or drop a dish when helping clean the kitchen. It is all a way to learn and grow that will make you a great parent, and your children grow into a responsible adult. Cupid has [parenting advice](#) and [parenting tips](#) on accepting those failures with ways to help your children learn from them so they can grow into intelligent, good people:

**1. Learn from mistakes:** Just like you learn from mistakes at work and throughout life, you will learn from mistakes as a parent. You may learn a better schedule, etc. Like you, your children can also learn from mistakes. Instead of stepping in to help them smooth out every mistake they might make, let them make them.

**Related Link:** [Parenting Tips: Taking Care of Yourself Helps You Take Care of Your Kids](#)

**2. Rules of homework:** Getting our children to do their homework isn't always easy. In fact, it can be really hard, and mistakes might get made. Remember, it is up to you to help set them up for success but don't do their homework for them. Provide them with a quiet, phone-free environment, and give them the tools they need. If they wait until the last night to do their science project even though they had the tools necessary to complete it, don't jump in and do it for them.

They will learn to prepare and use their time more wisely the next time.

**Related Link:** [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

**3. Teach them kindness:** Kids can be mean. It's something we hear often, but it's something that makes it all that more important that. Teach them what kindness is through action, and show them it should be a part of everyday life. Volunteer at a soup kitchen, donate toys and clothes to shelters and let them be a part of it all.

**What are some ways you deal with your children when they don't initially meet expectations? Let us know in the comments below.**

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## **Parenting Trend: The Science Behind Baby Fever**





By

[Bonnie Griffin](#)

Whenever you see a cute new baby cooing you might feel a profound sense of “baby fever,” or a desire to have a baby of your own. Baby fever is often passed off as a fleeting thought, and people don’t often think of this thought as an emotion, but science shows that it is as real as any other emotion you may experience. Baby fever may feel stronger under different circumstances, like when you see a happy baby, or a bit more faint when you are around a crying baby or unhappy child.

## **Parenting Trend: Baby fever is an emotion as real as any other.**

Every time you see a baby, or you get on social media and all your friends are posting pictures of their children, you feel a sudden need to have a baby of your own. A desire to hold a tiny life in your arms and nurture and love them. This is a natural part of life and real emotion that most people experience throughout their lives. The number one factor is

often simply being exposed to babies being cute. Let's take a look at this [parenting trend](#) and check out some of the reasons why people get baby fever:

**1. Peer pressure:** Peer pressure plays a role in people's emotions causing feelings of baby fever. When we reach adulthood and many of our friends and family members are having babies, they often begin to hint, or outright say that it is time for us to do the same. Family members may often add to this feeling of pressure to have children, like parents insisting it is time for you to make them a grandparent with plenty of [parenting advice](#).

**Related Link:** [Parenting Trend: Weighted Blankets](#)

**2. Society:** Society has certain "norms" we all feel pressured to meet from time to time. Once you reach a certain age or you get married it is as if you feel this invisible weight on your shoulders saying you should take certain next steps, and one of those steps is having a baby. Your subconscious can play into this need to meet societal norms with feelings of baby fever.

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**3. Biological clock:** Women have a finite time to have children before it becomes difficult. Our bodies have a biological clock that reminds us when we're ready for kids. Baby fever is sometimes our body's way of saying it is time for us to have our own babies before the opportunity passes us by. It can also be a combination between our biological clock reminding us that it is time to pass on our genes, and cultural influences telling us we need to have children.

**Let us know some of the things that make you feel baby fever in the comments below.**

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# Parenting Advice: Collaborative Parenting



By

[Katie Sotack](#)

Past [parenting advice](#) has sought to punish bad behaviors and reward the good. Collaborative parenting takes a new and innovative approach to parenting that involves treating your children like people. The [parenting trend](#) focuses on working with our children rather than against them to solve problems.

## Collaborative parenting involves

# working with your children and treating them like people in this parenting advice.

The beauty of collaborative parenting is the understanding and well-thought-out approach you must take in guiding your child. If they don't want to clean their room, ask them *why*, and then come up with a solution together. They might only need to pick up their room for fifteen minutes a day, for example. Here are some collaborative [parenting tips](#) to help you and your child get on the same page:

**1. Hear your child out:** Instead of becoming angry and grounding your child the moment you find out they haven't done their homework, hear your child out. The collaborative parenting approach encourages you to breathe and think before you dole out punishment. Maybe they have too many after school activities or they don't understand the homework. Communicating with your child and understanding them is an important key factor in being a strong role model for your child.

**Related Link:** [Parenting Trend: Baby Led Weaning](#)

**2. Offer choices with boundaries:** Yes, by all means, listen to your child, but you are still the adult. For example, if it's close to bedtime and your five-year-old daughter doesn't want to stop playing with her dolls but you want to read her a book before she falls asleep, give her an option. Keep playing and go straight to bed with no book or you can read the book after you tuck her into bed. It's giving a clear choice and option that makes collaborative parenting work!

**3. Keep your head:** Try not to lose temper with your child. This is easier said than done, but keeping a calm head while you offer choices and the consequences of not listening will

prevent you from turning into a screaming banshee to get things done your way. You may have to employ tremendous patience but both you and your child will have a better relationship in the end.

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**4. Seek a CPS expert:** If you truly feel you are failing with collaborative parenting, seeking the guidance of a collaborative parenting solving expert is an option. An expert can show you how to work with your child, teach you patience, and ease your concerns.

**How likely are you to try collaborative parenting? Share in the comments below!**

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**Parenting Trend:  
Authoritative Parenting**





By

[Emily Green](#)

The way you raise your child sets the foundation for the rest of his or her life. Authoritative parenting is the most recent parenting trend gaining popularity in 2019. This parenting style means you're sensitive to your child's emotional needs but have high standards on how you expect them to behave. It not only allows your child to explore who they are as an individual but teaches them responsibility. Check out these [parenting tips](#) to learn some [parenting advice](#) about why authoritative parenting is an ideal style of parenting.

**Authoritative parenting is a popular parenting trend in 2019. What are some benefits to raising your child this way?**

While it is important to give your child some freedom to explore life on their own, it is also important that they follow household ground rules! Here are some key aspects to



raising your child with an authoritative form of parenting:

**1. Be flexible:** Rules are meant to be broken (as some kids, especially teens, will test you with). You can't always control what happens while you're raising your child. Take into consideration the situation at hand—step away to calm down if need be—and then decide the best and most appropriate course of action.

**Related Link:** [Parenting Advice: 4 Types of Parenting Styles](#)

**2. Comfort, but don't coddle:** Your child is only human. They'll make mistakes, break rules, and test your patience because there is no way to get them to listen to you 100% of the time. It's important to let your child know after they mess up *why* they made a mistake, but also be there to comfort and to show them what they did isn't the end of the world because you'll always be there for them.

**Related Link:** [Parenting Advice: 4 Ways to Promote Healthy Growth & Development](#)

**3. Listen:** Your child will form their own opinions as they get older. This is the beauty of parenthood—you get to watch a human you created turn into their own person. Be there to listen to your child if they have something to say. It's important to let them know you care even if they might be wrong.

**4. Place limits:** Every household has to have rules. Rules are rules for a reason, from cleaning dishes after a meal to no running in the house. It can take a while to strike a solid balance between letting your child be a kid and teaching them responsibility so your rules and boundaries are respected.

**5. Consistent Discipline:** Your kid will think it's okay to keep breaking the rules if you don't practice consistent discipline. For example, it's important for your child to know if they hit your dog, a time out will follow. Studies show

this type of cause and effect method to disciplining your children will help them develop their cognitive skills and the ability to make wise choices.

**What are some other aspects of authoritative parenting? Let us know in the comments below!**

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# Parenting Advice: How to Support Your Child Through Graduation



By

[Katie Sotack](#)

You've made it to the graduation milestone, congratulations! Graduation is a testament to both students and parents alike. Both parties have worked hard to get to this point, but in terms of [parenting](#), you may be asking, "what's next?" Whether your child's looking for their first career or moving onto more school, they need your support now more than ever.

## **Graduation symbolizes the end of an era. What are some ways to ensure a successful transition with this parenting advice?**

With parental pride swelling as your grad sweeps across the stage with their diploma, this is surely one of the best moments shared between you and your child. Here are some [parenting advice](#) and [parenting tips](#) on the road after pomp and circumstance:

**1. Instill confidence:** Avoid expressing your concerns about your child's weaknesses at this moment, especially if they're underperforming. Instead, routinely share your belief in them and their abilities.

**Related Link:** [Parenting Tips: Apply Research to the Practice of Parenting](#)

**2. Be proactive:** It's important to be aware of all opportunities. Avoid an explosive reaction by keeping your mind open to all the possibilities your child may consider. When something comes up that you hadn't thought out, process your feelings and then react in accordance.

**3. Encourage the best fit:** Whether it be college or career, find one that is a personal fit. The 'take what you can get' attitude will be harmful to your child's potential in the long run. So encourage them to keep searching until they find what

will work for them.

**Related Link:** [Parenting Advice: 5 Steps to More Effective Parenting](#)

**4. Sit on the sidelines:** This is your child's journey. While it may be tempting to impart your desires and dictate which way is the right one, let your child take the lead and support their decisions.

How do you support your child through transitions like graduation? Share in the comments below.

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## **Celebrity News: 'RHOC' Alum Alexis Bellino Takes Next Step with Boyfriend Andy Bohns**





By

Katie Sotack

In [celebrity news](#), *Real Housewives of Orange County* alum and [celebrity parent](#) Alexis Bellino recently took the next step in her relationship with her boyfriend, Andy Bohns, and introduced him to her children. According to *UsMagazine.com*, the family merged together during a boat outing on Father's Day. Bohns has children of his own, making the decision to blend families extra challenging. Bohns' ex-wife recently pleaded through her crisis manager that the couple be extra considerate when posting on social media for all the children involved.

**In this celebrity news, Alexis met her boyfriend's kids. How do you know when it's time to introduce your partner to your child(ren)?**

**Cupid's Advice:**

Celebrity couple Alexis and Andy are blending families. With consistency and thought your kid(s) may grow to love your S.O. as much as you do. Here are some tips to finding the right time to introduce your partner to your child(ren):

**1. You see a future:** If you're picturing your future and it has to have this person in it, it's time to introduce the family. You can't very well go on living two separate lives and your kids are a nonnegotiable. In time in getting the two parts of your life to be one.

**Related Link:** [Celebrity Couple News: Katherine Schwarzenegger Calls New Husband Chris Pratt a 'Wonderful Husband' on Father's Day](#)

**2. You've primed your kids:** The little ones know you're going out with someone special every night and they're dying to be let in. You've spoken to them about your relationship and supported the idea that their mom will always be their mom/their dad will always be their dad. If the trend continues it's time to introduce your partner to your family.

**Related Link:** [Parenting Advice: 7 Ways to Help Your Partner Cope with Postpartum](#)

**3. Enough time has past:** Even if the other two tips are right on the money, consider waiting six months to a year. Each individual you introduce as a part of your kids lives is going to make a huge impact. If you break up that'll be tough enough for you, let along the kids. Make sure this one is going to last.

**When did you know it was time to introduce your child(ren) to your partner? Share in the comments below!**

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# Single Celebrity Parents: Balance Your Career & Parenting Like Sandra Bullock



By

[Bonnie Griffin](#)

One [single celebrity parent](#) who seems to have it all figured out when it comes to being a full-time actress and mom is Sandra Bullock. According to *RadarOnline.com*, Bullock was already helping raise her three stepchildren in her previous marriage when she decided to adopt her baby boy from New Orleans. Bullock handled her quickly changing family situation and becoming a single mom with grace, making a smooth transition into her role as a single celebrity mom.

# **This single celebrity parent balances working full-time as an actress in the public eye. What are some ways to balance being a full-time single parent and a full-time career?**

## **Cupid's Advice:**

Trying to balance work and being a single parent can be the most difficult job of them all. Spending time away from your child to work, then coming home to take care of them and provide a happy, healthy home can be a lot to juggle for anyone. Cupid's has some [parenting advice](#) to help you balance work and parenthood:

**1. Find your support system:** Being a single parent doesn't have to mean you are all alone. Everyone needs support, whether it be someone to listen when we need to vent or to lend a helping hand. This includes single parents. Reach out to family or friends and find people who are willing to listen and occasionally pitch in when you need some time for yourself.

**Related Link: Parenting Tips:** [Apply Research to the Practice of Parenting](#)

**2. Take care of yourself:** It is easy to focus all your energy on making sure your children eat well and take their vitamins so that they are healthy, but it's not as easy to remember to take care of yourself. If you are going to pull double-time working and being a single parent, taking care of your own health is essential so that you can care for your child and not wind up completely worn down and exhausted. Your health



will help you keep up with your busy career and allow you to be the best parent you can be.

**Related Link:** [Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work](#)

**3. Have a backup plan:** The unexpected can happen to anyone. We would all love to ditch work and take care of our child anytime they are sick or don't have school, but that isn't always realistic when you're working. It is important to have a plan for what to do when something happens out of the ordinary, like losing a job or handling work when you have a sick child. Having a friend, neighbor, or family member as a backup for childcare when you cannot take your child to daycare or school will help you balance work and parenting. Folks in the IT world know that passing the Cisco 200-125 test to get the [ExamSnap's Website](#) credential can make all of the difference. Other parents simply go back to school to find what they love to do.

**What are some ways you balance being a working parent? Let us know in the comments below.**

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## Parenting Tips: How to Find the Best Tracking App for Your Kid





Phon

e tracking applications are proving to be very useful, especially for parents. A mobile tracking application will allow you to watch over your child and ensure they are safe. Whether you want to track an iPhone or an Android phone, remember that you need to make sure that you have proper access to the phone you are monitoring including the private messages and most visited websites. It is also important to discuss this with your child so that there is open communication and understanding.

**If you want to be a little more worry-free, follow these parenting tips to ensure your child is kept safe from harm.**

Following are things to take into consideration when searching for the right tracking app:

**The price**

There are numerous mobile tracking applications online and

they all come with various features which typically dictates their pricing. Advanced trackers with a lot of bells and whistles will obviously cost more but most of the features will never be used and are not necessary. On the other hand, watch for applications that are extremely cheap or a lot less costly because often those do not have features that are helpful. You really need to do research and talk to others to get the best value for your dollar.

### **Convenience**

As much as you want to track your child, you don't want the process to be complicated or confusing. That is why most parents buy mobile tracking applications that have user-friendly dashboards.

### **Does it have what you need?**

Figure out what is most important to you for the safety of your child and focus on finding an app with those features. For example, you may want to focus your tracking on a particular area like messaging, whether in emails or social media. Or, maybe your concern is more about location to ensure your child is safely at their destination. Once you determine what is most important to you, find an app that helps those concerns.

### **Conclusion**

With so many mobile tracking apps on the market, figuring out which one will best serve your purpose is important. If you're finding it challenging to select a mobile tracking app, you can always check out this article here, [Best Cell Phone Tracking Apps](#) or ask your friends and family what they use.

**Are there any phone applications you use to keep your peace of mind as a parent? Share below!**

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# Parenting Tips: How Your Kids Can Benefit from Audio Books



By

Megan McIntosh

There's something about hearing a story that makes it a little more exciting than just reading it. When someone tells you a story, it leaves room for you to focus on imagining the characters and learning the vocabulary. Celebrity parent and model, Chrissy Teigan reads aloud with her daughter Luna and the benefits from reading aloud are many. But when you don't have the time, or when kids want to be a little more independent, children can really benefit from audio books.

## Parenting Tips: Reading aloud and

# using audio books can be a great benefit to your kids and give them a little independence!

Here are some helpful tips to start using audio books to help your kids with vocabulary and reading:

**1. Do it together:** it's always a good idea to introduce your child to audio books with them. You can help them with the cues and help them follow along with the words in the book. You can even review vocabulary words they may have learned.

**2. Try to keep it close:** Use books that you've already read aloud to them previously. This way they're already familiar with the story and can more easily follow along when you're not present. Once they've adapted more vocabulary from the audio books or you've summarized the story beforehand, then you can move on to more difficult and new books.

**Related Link:** [Parenting Advice: How to Keep Your Kids Motivated Throughout the Rest of the School Year](#)

**3. Let them multi-task:** Just like it can be hard for kids to sit still in class, it can be hard to sit still and listen to a story. Let them play with a toy, draw a picture, or even eat a snack while they're listening to their audio book. This increases their love of reading while teaching them to multi-task.

**4. Utilize your resources:** There are so many sources for audio books. Use websites like Overdrive and Hoopla to access your local library without needing to take the drive. Audible is an app with audio books that you can access on your phone.

**Related Link:** [Parenting Tips: Keep Your Kids Safe Online](#)

**5. Have fun:** Don't stress if your child doesn't understand

every word in a book; if the story is interesting to them, let them listen anyway! If a child isn't feeling an audio book, no need to push it. Move on to the next audio book that sparks their interest in vocabulary and story telling.

What are some tips you have when getting a child to enjoy reading? Share below!

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## Parenting Advice: 4 Ways to Promote Healthy Growth & Development



By

[Lauren Burczyk](#)

The way you parent has a huge impact on your child grows up. It can affect everything from how much she weighs to how confident she is about herself. It's important to keep yourself in check and make sure that your parenting style is supporting healthy growth and development for your child. The way you parent and how you discipline your child will influence her for the rest of her life. Check out these [parenting tips](#) to learn some [parenting advice](#) about different ways to promote healthy growth and development for your child.

## **Read on to learn more about these four ways to promote healthy growth and development for your child.**

It's important that you show your child how much you care about them and build their self-esteem. Here are some ways to ensure your child grows and develops into a happy, successful adult:

**1. Set family rules:** Family rules help children know that the family lives with specific expectations and that they stand for something. Have as few or as many family rules as you would like and enforce them consistently.

**Related Link:** [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

**2. Invite cooperation:** Establish regular family meetings, it will teach your child to cooperate. These family meetings are designed to discuss any concerns or problems.

**Related Link:** [Parenting Advice: 5 Ways to Talk to Your Child About Bullying](#)

**3. Expect accountability:** You can teach your child to be held accountable by assigning them some household chores. Make sure

the chores are appropriate for her age and hold her accountable with natural or logical consequences for not completing her chores on time.

**4. Express appreciation:** Let your child know you appreciate her help with household chores. Make sure to reward her for a job well done with words or gifts.

Can you think of some other ways to promote healthy growth and development for your child? Comment below.

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## Product Review: Keep Your Baby Healthy With MADEOF Products







By

[Gillian Lee](#)

Do you have a baby on the way, and you want to use the most organic and safe products? We were so excited to try out some amazing products from [MADE OF](#). Their baby products are plant-based and are organic to ensure the safest products for your baby. Read the rest of this piece for some of our favorite products for [parenting](#)!

**Product Review: MADEOF products are the tools you need to win parenting!**



[Foaming Organic Baby Shampoo & Body Wash](#), \$13.00

This soap is perfect to ensure that your baby is getting a gentle and clean wash without all the chemicals! Most importantly, it's sulfate-free, so it doesn't strip the baby's natural oils from their skin, protecting them from irritation.



[Organic Diaper Rash Cream](#), \$14.00

Babies often get skin irritations from their diapers. This organic cream can prevent the redness and chapping of a diaper rash while using organic oils.



[Moisturizing Organic Baby Lotion](#), \$14.00

It's important to keep the moisture levels up in your baby's skin! MADEOF is non-greasy and absorbs extremely quickly into the skin. It's made from organic oats and soothing aloe vera and made without sulfates, synthetic fragrances, and so much more.



[Organic Foaming Dish Soap](#), \$9.00

You can finally wash your baby's dishes without the worry of using harsh chemicals! A lot of dish soap can leave a harmful residue, but MADEOF soap leaves a clean-free streak. It will make your dishes sparkling clean and get rid of all bacteria.



[Soothing Organic Baby Wipes – 80 count](#), \$8.00

These baby wipes are made from plant-based ingredients and nourishing oils that get rid of residue without stripping your baby of their oils. Alcohol and chemical-free wipes will ensure that your baby isn't getting harmful ingredients into their body.

If you are interested in more baby products by MADEOF, check out their website [madeof.com](https://madeof.com)

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# Parenting Advice: Ways to Cope With The Terrible Twos



By

[Ivana Jarmon](#)

Welcome to the terrible twos: a time when your once cute-as-a-button baby becomes a living nightmare. Your child may present with the following symptoms: temper tantrums, screaming, kicking and biting, fighting with siblings, total meltdowns and their vocabulary being dominated with the single word “no!” But don’t worry! The terrible twos are a time of rapid growth- mentally, socially and physically. It’s a time when toddlers begin to develop their sense of self and start to want to do things for themselves. This trying time will pass, and while there is no quick fix for unwanted toddler behavior, you can take steps to help things go more smoothly when the terrible twos begin. Here are some [parenting tips](#) on ways to survive the terrible twos.

## **Parenting Advice: Check out our parenting advice on ways to cope with the terrible twos.**

**1. Give them responsibility:** At the age of two, your toddlers are developing their senses of self. A two-year-old can do a lot around the house: pick up their toys, empty their plate, and set the table. By giving them mini chores, this will help them build their confidence and will show that you trust them.

**Related Link:** [Parenting Advice: How To Get Your Child Back On The Right Track](#)

**2. Consequences:** A child going through the terrible twos is constantly testing limits. No parent likes to give out a punishment, but consequences are a way to show your child that there are expectations, and that if they’re not met there will be trouble.

**Related Link:** [Parenting Trend: Baby-Safe Teething Jewelry](#)

**3. Patience:** As a society, we don’t like to wait for anything,

and we especially don't like waiting for a difficult situation to get better. A child going through the terrible twos is going through so many psychological and physical changes that they have a right to go a little crazy. As their parent or guardian, this means recognizing that and giving them the opportunity to pass through this stage without getting angry all the time. It's easier said than done, because it's very hard when a child is constantly having tantrums or fighting you on everything. Getting angry will only make things worse and will escalate the situation. So, take a deep breath and respond; don't react.

**What is some parenting advice on how to cope with the terrible twos? Share your thoughts below.**

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## **Parenting Advice: How To Get Your Child Back On The Right Track**





By

[Ivana Jarmon](#)

Keeping a child on the right track can be hard, especially in a world with so much ugliness. It's easy to steer away from the right path. Your child may be acting out or maybe you've noticed they're behavior has changed. As a parent, this is very concerning. You may make rules for your kids, only to abandon these rules when they don't work. We have some [parenting advice](#) to help you get your kid back on the right track.

## **Parenting Advice: Check out our parenting advice on how to get your kid back on the right track!**

**1. Honest conversation:** Have an honest and real conversation with your child. Treat your child as an equal instead of pulling rank. "I'm the parent you're the child" will not work if you want things to change. To have an honest conversation, it's important to take turns talking and listening. By pulling rank, you may miss out on an opportunity to hear how they



truly feel. It's important that you hear each other out.

**Related Link:** [Parenting Advice: Make Your Own Fresh Baby Food](#)

**2. Address the red flags:** These red flags could be falling behind in school work, trouble-making at school, or missing homework and extracurricular activities—it's important to address the problem. Talk to your kid as soon as the problem arises. Don't accuse them or get mad. Ask him or her openly what's going on.

**Related Link:** [Parenting Advice: How to Manage Being a Working Parent](#)

**3. Get to the root of the problem:** It's important to explore the reason for your child's change in behavior. Talk to your child, their teachers, coaches, friends the people who know them well. By doing this, you will get a better insight at what's causing the problem.

**What are some ways to get your kid back on the right track? Share your thoughts below.**

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## **Parenting Trend: Baby-Safe Teething Jewelry**





By

[Ivana Jarmon](#)

The latest [parenting trend](#) you should be looking into is baby-safe jewelry. Every parent must watch their child struggle with growing pains, such as cutting teeth. As a parent, watching your child in pain is the worst. One of the ways to help your toddler is by giving them something to chew on such as teething jewelry, a product made to offer a sanitary, safe option to handheld teethers.

**Here are some reasons why you should choose baby safe jewelry such as teething jewelry.**

**1. Sanitary option:** Teething necklaces can offer a more sanitary option than handheld teethers. This option can spare parents extra cleaning. Also, you wouldn't have to worry about your child always dropping their teething ring on the floor every second.

**Related Link:** [Parenting Advice: Make Your Own Fresh Baby Food](#)

**2. No more scrambling around:** Babies often loses their teething rings. With the teething necklace around their neck, it will always be easy to find.

**Related Link:** [Parenting Trend: Weighted Blankets](#)

**3. Teething necklaces are generally safe:** Though it can depend on the material from which it's made, the best teething jewelry are the ones that are non-toxic and free of BPA, lead, cadmium, and phthalates. This basically means that you will want to find a teething necklace that is constructed of medical or food grade silicone or wood finished with natural oils that won't harm your child.

**What are some baby safe jewelry? Share below.**

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## **Parenting Advice: Make Your Own Fresh Baby Food**





By

[Ivana Jarmon](#)

Making your own fresh baby food means you know exactly what you're feeding your baby, it also means saving money. By making your fresh baby food, you can expose your child to a wide variety of flavors. You also expose them to a much healthier and nutrition filled diet. Homemade baby food can be very simple: you could choose from fresh or canned fruit, fresh or frozen produce, grains etc. A great, easy baby food to make from scratch is a fruit or vegetable puréed food. Puréed baby food allows your baby to practice their chewing and swallowing skills. To show you how easy it is to puree. We have some [parenting advice](#) to help you make your own fresh peach puree baby food. Recipe was used from Premeditated Leftovers Recipe.

**Check out our parenting advice on how to make your own fresh baby food!**

**1. Ingredients and tools:** Grab your ingredients from your local grocery store. You will need: 6 peaches to make enough to fill 1 standard ice tray). Tools: hand held peeler, blender or food processor, small to medium pot with steamer basket and

water. This recipe serves 12, prep time should take 15 mins, cook time 15 mins. Everything should take about 30 mins.

**Related Link:** [Parenting Advice: How to Decorate Your Modern Nursery](#)

**2. Process:** You will first want to peel and cook them first, either by baking or boiling them. It will not only make it easier for you to puree them, but the cooking process will prove easier for your baby digestion system.

**Related Link:** [Parenting Advice: How to Manage Being a Working Parent](#)

**3. Directions:** You will want to begin by peeling your peaches and cut them into smaller pieces. Fill your pot with water, a little below the steamer basket, and then you're your peaches and top it off with the lid. Allow the water to come to a low boil and let your peaches to steam for 15 minutes. FYI the larger and firmer the pieces are, the more time they will need. Remove once you can easy cut the peach with a fork. Place the peaches in your blender and puree.

**4. Finish:** Feed your baby and watch them enjoy their homemade meal! Be sure to pack away the left overs and put them in the refrigerator or freezer.

**Have any more tips on how to make fresh baby food? Comment Below.**