

# Celebrity Parents Open Up About Their Best Parenting Advice



By [Melissa Lee](#)

Hollywood parents aren't always the first place we look to for parenting advice, but realistically, they understand the daily hardships of having kids that we all go through. Plus, they look good while doing it, so why wouldn't we listen to their offered words of wisdom? Instead of flipping through your favorite parenting magazine, take some of these tidbits of information into consideration.

# Check out some parenting advice from our favorite celebrity parents below!

**1. “Be open to any help.”** Elizabeth Banks’ number one tip is to accept and ask for help when needed. She says that a lot of today’s moms may feel like they need to be “supermoms”, but that shouldn’t be the case – and she’s right! You should never feel ashamed when you need to ask for some assistance from your friends or family members. Being a mom is a tough job!

**2. “Roll with the flow.”** Heidi Klum explained that her house is basically chaos due to her kids, but she’s perfectly okay with it – and you should be too! She emphasizes the fact that her house is “full of life, laughter, and mayhem”, and any mom can relate to that. When stressing about the natural disorder that comes with having kids, remember Klum’s words of advice: “My house is not a museum. You can see that children live there. It’s their house as much as it is mine.”

**Related Link:** [Celebrity Co-Parents: See How Stars Manage to Raise Their Children Post-Split](#)

**3. “It passes so quickly, so enjoy every moment.”** This tip comes from Alicia Silverstone, who is a mom to six-year-old Bear Blu Jarecki. Even though moments of motherhood can seem beyond stressful, Silverstone advises to enjoy it all. Try not to get wrapped up in the anxiety that comes with raising a child, and rather appreciate every laugh, mess, and smile.

**4. “Listen to your child, and always be supportive of who they are.”** Jaime Pressly says that it’s extremely important to let your child grow into the person they want to be, and to accept their likes and dislikes. Instead of forcing who you want them to be onto them, let them discover what *they* enjoy – at the end of the day, they’re going to become their own individual

person anyway, and you should be proud of that regardless.

**Related Link:** [Parenting Tips: How to Cope with Stress](#)

**5. “This too shall pass, so take deep breaths.”** Perhaps one of the most important pieces of parenting advice comes from Kimora Lee Simmons. Similarly to Silverstone’s tip, both celeb moms emphasize the fact that motherhood shouldn’t be *all* stress. There will always be difficult days and moments, but remember not to let them consume you. Take a few deep breaths and return to the situation with love and kindness.

**What are some of your favorite parenting tips? Leave them below.**

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## **Product Review: Mom and Baby’s Favorite Baby Clothes**





*This post is sponsored by Bambino Mio, Finn + Emma and The Ollie World.*

By [Melissa Lee](#)

Parents are constantly on the hunt for the best products for their babies. While there are countless things that a baby needs, diapers, clothes, and blankets are just some of the most important. If you're looking to try out a few new brands and products, Cupid's got you covered with some [parenting advice](#)!

**The [Ollie Swaddle](#), [Bambino Mio's Dream Traveler collection](#), and [Finn + Emma's Giraffe collection](#) are guaranteed to ensure great parenting and a happy baby!**

**The Ollie Swaddle**



The Ollie Swaddle is highly recommended for those that wish to form a secure bond with your baby. Hindi Zeidman, the founder of this product, has even shared advice that entails beginning the process when you are still pregnant. The Ollie Swaddle is the 'Smart Swaddle' that is supposed to ensure your baby feels calm, peaceful and comforted. It's designed to extend a number of sleep babies get, reduce fussiness, and help babies self-calm. The material of the fabric allows for freedom of movement, but also makes it easy to change diapers. Though it is sold out in all colors on their website, it usually retails for \$59. New inventory will be back next week!

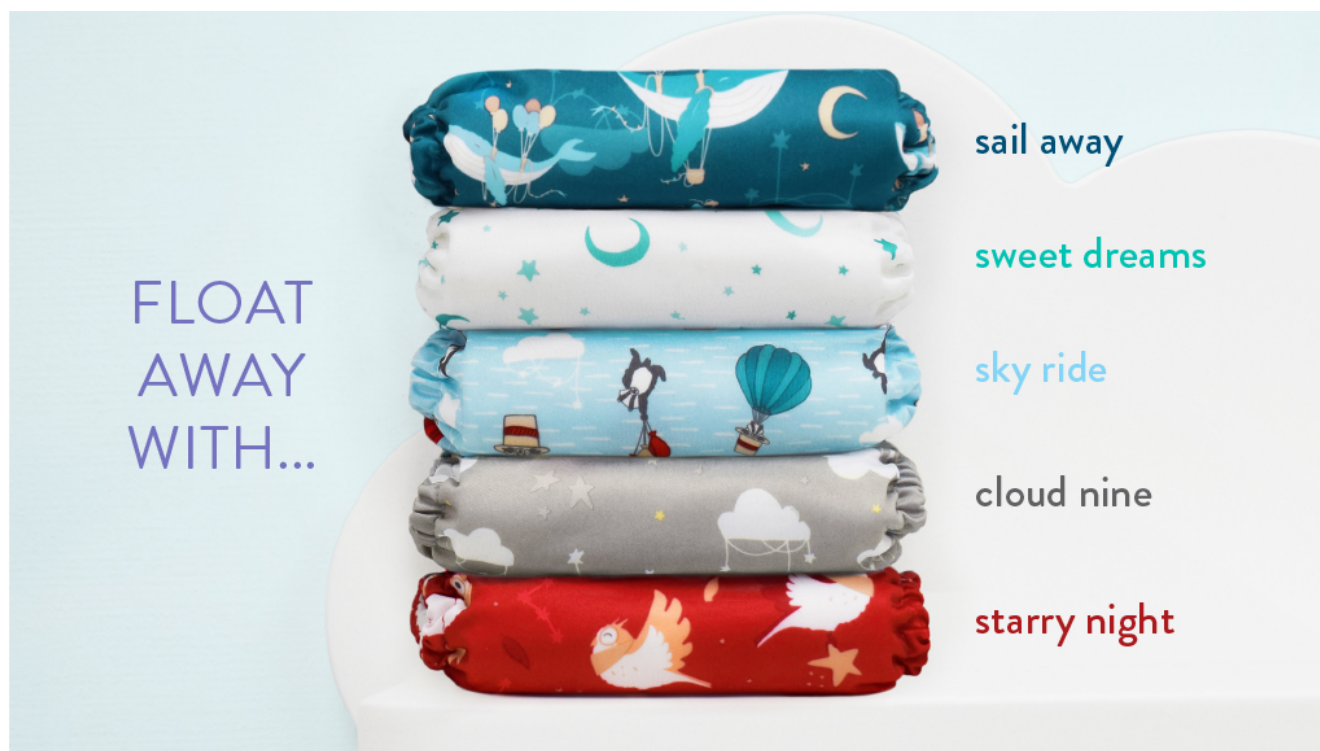


The Ollie Swaddle.

## **Bambino Mio's Dream Traveler collection**

Bambino Mio's latest collection includes a range of cloth diapers and accessories in a dreamland theme. The dream traveler collection has five new prints – sky ride, cloud nine, sweet dreams, starry night and sail away – and are all available in the miosolo all-one diaper, miosoft two-piece diaper cover and wet diaper bags. The miosolo all-in-one diaper is designed to be as easy and disposable as possible, complete with adjustable snaps, velcro style fastenings and an absorbent fabric core. The miosoft two-piece diaper is 100%

cotton. It also comes with a lightweight diaper cover, which is water-resistant and features leak protection. Lastly, the wet diaper bags have roll and clip closure and are perfect for transporting wet diapers, clothes and swimwear. The [collection](#) has a range of prices depending on which pieces you purchase.



The Dream Traveller collection.

### **Finn + Emma's Giraffe Collection**

Finn + Emma have released a Safari themed collection of clothes and accessories. All clothes are made from 100% organic cotton and use only non-toxic eco-friendly dyes. The Safari collection includes clothes and toys in elephant, giraffe and zebra designs and limits baby's exposure to harmful chemicals often found in non-organic clothing. Additionally, non-organic fibers contribute to up to 20% of the world's water pollution problems. Head over to Finn + Emma's [website](#) to shop the collection!



Some of the items from the Giraffe collection.

Be sure not to miss out on any of these new products!

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## **Celebrity Baby: Kim Kardashian & Kanye West Hire Surrogate for Third Child**





By [Marissa Donovan](#)

[Celebrity couple Kim Kardashian](#) and [Kanye West](#) have decided to expand their family! Kardashian mentioned wanting more [celebrity babies](#) during an episode of *Keeping Up With The Kardashians* that aired in March. The [celebrity parents](#) are now making it official by hiring a surrogate. Doctors have warned Kardashian that getting pregnant again would be dangerous for her health. According to [UsMagazine.com](#), the surrogate will be paid “\$45,000 total in 10 installments” and will be given additional money if she loses reproductive organs or delivers multiple children.

**There’s soon to be another West celebrity baby joining the ranks! What are some options to consider if you can’t naturally have a**



# child?

## Cupid's Advice:

There are many alternatives to bringing a child into your family. Check out this [parenting advice](#) for those wishing to expand their family:

**1. Become a foster parent:** Take the responsibility of being a child's caretaker. Research programs and their guidelines on how to apply. Check to see if your lifestyle meets their criteria for becoming a foster parent. Training programs to become a foster parent are available if this option feels right for you.

**Related Link:** [5 Celebrities That Have Been Adopted](#)

**2. Adopting from teen mothers:** Many young parents lack the financial stability for raising a child. Programs such as [Lifetime Adoption](#) help you find young mothers that are currently searching for loving families to welcome her child.

**Related Link:** [Celebrity Baby: Kim Kardashian Reveals Plans to Have Third Child with Kanye West](#)

**3. Finding a surrogate:** Like the [celebrity couple](#) mentioned above, find a service that matches you with women willing to carry your child. Having a surrogate might be the best option for your lifestyle.

**Do you have any baby name ideas for Kim Kardashian and Kanye West? Leave your suggestions in the comments!**

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# Parenting Tips: How to Connect with Your Teenager



By [Marissa Donovan](#)

[Reese Witherspoon](#) is not only a fabulous [celebrity parent](#), but she's also a best friend to her daughter Ava Phillippe. The two have been seen on each other's Instagram accounts, as well as at the premieres for Witherspoon's recent work. Witherspoon shared with [Vanityfair.com](#) that they both support and talk to each other often. Having a connection with your teenager can be difficult, but acknowledging what you're both going through can be the first step to having a tight knit relationship!

# Are you struggling to connect with your teenager? Here are some parenting tips on how to rebuild or make your relationship stronger!

**Adjust to their mood:** Mood swings and tiring days from school are bound to happen for your teen. Instead of being high-spirited in hopes to turn their mood around, try giving them space and relax your enthusiasm. They will appreciate the distance you give them instead of trying to cheer them up.

**Related Link:** [Co-Parenting Teenagers in the Summertime](#)

**Keep responses positive:** Teens pay attention to how you respond. If you respond to them negatively, they probably will probably feel uncomfortable communicating. Instead of responding with a sense of disappointment or judgement, open your statements with terms of hope and understanding.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**Never take their outburst personally:** Your teenager is still trying to process how to manage and process their anger. When you say no or try reaching out to them, they might lash out. At the end of the day, slamming bedroom doors or hateful remarks are not because of you. Try remembering a moment when you were upset at their age and recognize what they're going through.

**Related Link:** [Parenting Tips: How To Cope With Stress](#)

**Know their friend circle:** Get to know who your teen hangs out with! Allow them to invite friends over for dinner or social gatherings. You can later connect with them by asking how they met and what types of activities they like to do together. If

they have similar taste in music, you can later search for concerts you can all attend together. Bonding over your teen's friend circle can bring you closer!

**Related Link:** [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

**Be their biggest fan:** You don't have to carry around a foam finger to know how much you support your teen. Attending their sporting events or encouraging their artistic talents is just one small way of having a relationship with your teen. They might be embarrassed by your efforts at first, but eventually they will be grateful for your love as a parent.

**Do you have tips for raising a teenager? Give our reader your parenting tips in the comments!**

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## Parenting Tips to Stay Sane for the Rest of the Summer







By [Melissa Lee](#)

For your kids, summer vacation is probably one of the most exciting times of the year. They're finally done with school, and they're completely free for the next few months. But for yourself? Well, the summer can end up being a time for boredom and insanity when you're driving yourself crazy trying to entertain both your children and yourself.

**Sound familiar? Stress no more! Cupid's here to lend some parenting tips on staying sane with your kids for the rest of summer:**

**1. Call it a night:** This might be one of the most important pieces of parenting advice for the summer. Just because it's summer vacation doesn't mean there are no rules – this isn't an anarchy! Don't be afraid to bring some of the school year routine into summer, like bedtime. Whether you decide to keep

it the same or extend it a half an hour is completely up to you, but at least you will still be able to get some “me time” in at the end of the day.

**2. Get them reading:** In the digital age, it can be tough to redirect your child’s attention from their iPhone to a physical book. Take them to a bookstore or the library and help them pick out a book that they find interesting, and then have an allotted 20-30 minutes a day that’s solely dedicated to reading. It will promote reading skills, in addition to having some peace and quiet in your home (just for a bit).

**Related Link:** [Parenting Advice: Quick Tips and Tricks on How to Travel with Kids](#)

**3. Finish a project:** Let’s face it; every parent has that mental list of things that they’d love to complete, but they’ve just been pushing it off since they’ve been too busy with their kids. Although you may feel pressured to constantly entertain your children, don’t forget to take some time for yourself. Decide on that one thing you’ve been meaning to do – whether it be re-decorating a room, starting a photo album, or re-organizing your clothes – and get started, giving yourself 15 minutes every day to work on it.

**4. Divide up the chores:** Keeping the house clean shouldn’t be one person’s job! Divide up chores between you and your kids by having a “chore board” that changes every day. Reward your children for their good job with whatever works – ice cream, a trip to the beach, or a new toy are all great examples.

**Related Link:** [Parenting Tips: How to Cope with Stress](#)

**5. Get active:** It only makes sense to take advantage of the warm weather by getting out there and being active. Spending 30 minutes a day outside doing physical activity can be super beneficial for both you and your kids. If you want, you can decide on a family activity – taking a walk or bike riding – that you can all do together.

What are some of your parenting tips for staying sane this summer? Share your thoughts below.

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# Parenting Tips: 5 Beach Safety Tips Every Parent Needs to Know



By Steve Kardian

According to the Center for Disease Control, each year about 4,000 people drown in the United States. Drowning kills more children 1-4 years of age than anything else, with the

exception of birth defects. Among children ages one through fourteen, drowning is the second leading cause of unintentional injury or death (after motor vehicle crashes).

## **Being aware of the risks and learning some life saving techniques will keep you safe at the beach. Here are some parenting tips to keep in mind:**

**1. Your span of control is limited:** In the perfect world, every child would have a designated adult supervising them at the beach or pool, but two children is a comfortable number for one adult to supervise. Any more can become overwhelming and increase the risk of something going wrong.

**2. Drowning doesn't look like drowning:** In the movies, when someone is acting out a drowning scene they wave their arms and scream for help. In real life, drowning is, for the most part, a silent act. Once a person goes into distress mode, they are fighting for two things: air and keeping their mouth above water. My first experience witnessing the onset of a drowning occurred at my family pool when I was about ten years old. My much younger cousin was in two feet of water, bent over at the waist. It looked he was looking at his feet or the bottom of the pool but something didn't seem right. When I lifted his head out of the water, he began vomiting and crying, he had been stuck. In a case I investigated, witnesses reported seeing a young girl bobbing her head up and down in the water. She had drifted from the shallow end of the pool into water above her head (or: the deep end) and was pushing off the floor of the pool to get air because she could not swim. She was saved, but nearly drowned. If something in and around the water doesn't look right, it likely isn't.



**Related Link:** [Parenting Tips: How To Cope With Stress](#)

**3. Set up by a lifeguard – no lifeguard, no lifeline:** Set up your stuff near a lifeguard station so that if you venture into the water with your children there is an extra set of eyes to watch over you and your child. Don't allow this to replace your diligence but rather supplement it. Your child is your first responsibility.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**4. Don't get lost in conversation:** Going to the beach or pool is a social event. If you're caught up in a conversation, keep your face and your eyes on your child. Mishaps and accidents can occur very quickly and with a mix of children and water, seconds matter. Keep your hands glued to your babies or toddlers at all times. If at the beach, keep an eye out for rogue waves. Chat with the lifeguard in advance about any dangers you should know about. Ankle deep water can quickly become a hazard if you are not paying attention. Outfit your child with bright colored beach wear. Know your limitations and educate yourself on riptides. While you are on child watch duty turn the cell phone off, and keep the iPad or book out of your reach.

**5. Learn CPR and rescue breathing:** Your local fire, police, recreation department or gym and health club often sponsor certified CPR courses. You will not realize its value until you need it!

*Steve Kardian is an American career law enforcement officer, detective, sergeant and chief criminal investigator, who specializes in crime prevention and risk reduction for women's safety. Kardian is the author of [The New Superpower for Women](#) (on pre-sale until August 8, 2017) and founder of [Defend University](#), where he trains thousands of people each year on safety and self-defense, as well as strategies and*

*tactics uniquely tailored to women's safety.*

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# Parenting Tips: Should You Circumcise Your Baby?



By [Noelle Downey](#)

There's no doubt about it – parenting can be a minefield. There are so many decisions to make and questions that don't seem to have a clear right answer. While every good parent does everything they can to make sure that their child is safe, happy, and healthy, sometimes even the experts have conflicting [parenting tips](#) on the best ways to accomplish

that goal. One of the most hot-button topics when it comes to [parenting advice](#) is circumcision. While some experts argue that circumcision has health benefits like decreased risk of urinary tract infections, penile cancer or STI's, others contend that the reduction of the risk is actually so small that it doesn't warrant a corrective procedure, especially for infants who have no say in what some consider to be an invasive surgery. Differing cultural and religious views also tend to influence parents when it comes to whether or not they choose to have their children circumcised. Although circumcision is a medical procedure many take for granted, even some [celebrity parents](#) argue against it. Cupid is here with a list of the top five most vocal celebrity protestors of circumcision.

**Whether or not you believe circumcision is right for your children, there are plenty of famous parents who say their top parenting tip for their [celebrity babies](#) is to avoid the cut altogether!**

**1. Alicia Silverstone:** Alicia Silverstone is a [celebrity mom](#) to six-year-old son Bear Blu Jarecki, and she and her husband, Christopher Jarecki, made the personal decision not to circumcise Bear despite the fact that Silverstone had a Jewish upbringing. Silverstone confronted the complicated decision she and her husband made in her book, 'The Kind Mama' and later said that her fans reactions to it touched her deeply. "One [fan] said that 17 years ago she had her son, and she made this choice," Silverstone shared in a celebrity interview with *The Stir*, "and she was crying, because she was

remembering her experience. It was moving to me.”

**2. Ben Affleck:** [Ben Affleck](#), [celebrity ex](#) of [Jennifer Garner](#) and dad to children Violet, Seraphina, and Samuel, has said in the past that despite some reports from experts that state that being uncircumcised can lead to an increased risk of frequent urinary tract infections, he himself doesn't approve of the practice. He once confessed to Jon Stewart in an interview, “I hate circumcisions! Get enough in me, and I'll tell you how much I hate them!”

**Related Link:** [Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner](#)

**3. Russell Crowe:** Famed actor and father to two sons, Charles and Tennyson, Russell Crowe took to Twitter to slam circumcision in a series of controversial tweets. The actor steamed, “Circumcision is barbaric and stupid. Who are you to correct nature? Babies are perfect.” While many responded negatively to his tweets, citing a lack of sensitivity to the nuanced reasons that many choose to circumcise their children, others firmly supported his declarations, sparking a dramatic social media storm.

**4. Mario Lopez:** On a 2010 episode of this cute star's hit reality TV show, ‘Saved By the Baby’, Mario Lopez pushed his then-girlfriend (now wife) Courtney Mazza to consider not circumcising their future son, and the discussion quickly got heated for the [celebrity couple](#). “That's not up for discussion,” Lopez insisted firmly, “News flash, this is the way all men are born.” Lopez and Mazza are now celebrity parents to two children, Gia Francesca Lopez and Dominic Lopez.

**Related Link:** [Mario and Courtney Lopez Welcome a Baby Boy](#)

**5. Cameron Diaz:** It's not just celebrity parents who have their opinions on circumcision. Forty-four year old actress Cameron Diaz has made it clear in the past that if she and her



husband Benji Madden ever have a son, that circumcision will not be for them. She spoke in an interview with *The Stir* about her film 'What to Expect When You're Expecting' and some changes that had to be made to the script to achieve a PG-13 rating, claiming, "they made us cut out a bunch about circumcision. To get a PG-13 rating we had to cut out the actual *description* of circumcision. So apparently it is very uncomfortable for people to hear how it works." Diaz added, "America is the same way about their beef – they just want it delivered in a styrofoam package with saran wrap over it. They don't want to know how it got to you. Same thing with circumcision."

**What do you think about the practice of circumcision? Do the alleged health benefits or personal concerns outweigh these celebrity opinions? Or do you think they have a point? Let us know in the comments!**

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## **Parenting Tips: How To Set a Good Example For Your Child**





By Noelle Downey

When it comes to [parenting](#), setting a good example for your children can be one of the trickiest parts. Although every good parent wants their kids to look up to them and be able to positively emulate their behavior, in reality, setting a good example can be much more complicated than it first seems. It requires constant attention to your actions and reactions around your child, and a good sense not only of your child's perception of you, but of your perception of yourself. According to [UsNews.com](#), Madeline Levine, renowned psychologist and author, spoke to this concept recently, saying that true integrity is shown, "by a thousand small examples." Robyn Silverman, child and teen development specialist, agrees, "They hear your process," she advises, noting that it's important to articulate your good decisions and why you're making them so the child can learn to appreciate your moral compass and follow your example.

**Whether you're a [celebrity parent](#)**

**or not, it's vital to set a good example for your children to insure that they grow up to be healthy, well-adjusted adults. Check out this [parenting advice](#) to demonstrate to your kids through your actions the way you want them to behave.**

Setting a good example for your children is complicated, but not impossible. Just like [celebrity kids](#), your children may struggle to know how to act even if they're not growing up in the spotlight. Below are some tips for how to show, rather than only tell, your kids how to act:

**Prioritize spending time with your kids:** [Celebrity mom](#) and famous actress Katherine Heigl once asserted in an interview, "family comes first" and we couldn't agree more! Your kids can't learn from your example if you're never around to begin with. Although life is busy and other priorities should also be on your list, make sure your children know how much you care about them by spending quality time focusing only on them. Just being together will teach your kids to value family time and your advice in particular!

**Related Link:** [Celebrity Interview: Katherine Heigl Says "Family Comes First"](#)

**Watch what you say:** If you're constantly complaining in the car to your partner with your kid in the back seat, or mumbling a series of not-so-nice words when you step on a favorite toy left out in the middle of the living room, your child will pick up on it. While you should find time and space

to vent or deal with negative emotions verbally, try not to do so in front of your kids. By considering carefully how your kids will interpret what you say and choosing to be positive, kind and thoughtful with your words when you're around them, you'll show them that what you say matters and make them less likely to learn bad habits when it comes to talking out their problems.

**Be self-aware and in the moment:** When it comes to being a good example for your kids, one of the most important steps you can take is to focus on being your best self in the moment. While it's easy to get caught up in your head as a parent, in a 2014 interview with Cupid's Pulse, reality star and celebrity parent Rosie Pope cautioned mothers not to forget what's going on in the here and now. "You have to be really present in the moment, because you don't have a lot of time to do anything," Pope counsels, "You have to be 100 percent present to feel fulfilled and know that you're getting the most out of every moment." If your child observes your focus on living in the moment and making sure your behavior in the here-and-now is nothing short of stellar, they'll want to mimic that way of life.

**Related Link:** [Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms "To Be Really Present in the Moment"](#)

**Communicate when you've made a mistake:** Nobody's perfect, and you shouldn't expect yourself to be either. We all make mistakes, and even if you try your hardest to set a good example for your children, at some point there's bound to be a slip-up. Don't be afraid to tell your child you acted poorly in a situation if they see you lose control for a moment or two. Apologize, explain why what you did was unacceptable and take steps to move forward. Your child will ultimately respect you for owning up to your mistake and it will teach them to also be honest and take responsibility for their actions when you discipline them in the future.



**Related Link:** [Parenting Tips: Why Disciplining Your Kids Is Important](#)

Setting a good example for your child is an important part of the parenting process. Although no one is capable of being a good example every minute of every day, we should all strive to better ourselves for the benefit of our children. By taking the time and making the effort to demonstrate good actions to your child, you are investing in not only their future, but the future of the world.

Do you have any personal examples of a time you set a great example for your favorite kiddos? Let us know in the comments!

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# Parenting Tips: Why Disciplining Your Kids Is Important





By [Cortney Moore](#)

As time goes on, we as a society understand mental health better. With this new knowledge come concerns from mothers and fathers who are trying to navigate parenthood during this age of information. The new parents of today, millennials, struggle to find the balance raising children during these empathetic times. Thus, many have distanced themselves from disciplining their kids in order to avoid [relationship problems](#). Tactics such as these are strange to generations prior, but recent scientific studies have shown the detrimental affects harsh discipline can have on a developing brain. According to [BusinessInsider.com](#), "Certain parental behaviors that scientists have found could be linked to problems in children, like depression and anxiety, later in life." So how can millennial parents discipline their children while maintaining their psyche?

**Here are some parenting tips that**

# will ensure your children have structured discipline:

Discipline is important. In essence, discipline is the act of training someone to obey rules and correcting undesirable behaviors accordingly. Though every person has their own [parenting style](#), discipline is necessary to guide children throughout life so they grow up to be decent human beings. In other words, discipline makes for a good, law-abiding citizen and a structured society. Parents must take special care in disciplining their children during the formative years, or risk having a strained relationship like [famous parent](#) Jon Voight and daughter Angelina Jolie. Here are a few [parenting tips](#) and pieces of [relationship advice](#) to help you discipline your children without breaking bonds:

**Communicate expectations.** To minimize unwanted behavior, make sure your child knows exactly what you consider “good” and “bad” behavior. They need to understand that there will be consequences for their actions. Naughty behavior should not be rewarded whatsoever, nor should it be tolerated. If at any time you decide to try a new disciplinary technique, you need to explain your new expectations. It’s not fair to dish out punishment for things they didn’t know were wrong.

**Be authoritative, not authoritarian.** Though you want to teach your child that there are expectations and consequences for their actions, you still need to have a level of flexibility. Being a parent doesn’t have to feel like a dictatorship. There’s no harm in explaining the rationale behind house rules or including them in discussions. Allowing your child to have input from time to time can bridge compromise and help you adopt more appropriate disciplinary styles as the years go on.

**Related Link:** [Celebrity Hairstyles: The 2017 Hair Trend That’s](#)

## Brightening Up Fashion Week

**Try reward systems.** Discipline doesn't have to be centered around punishment. Positive reinforcement is a great way to teach a child desired behaviors. Show your child that there are benefits to being well-mannered. Rewards can come in a variety of ways, whether it be a snack, toy, or praise- the important thing is that they earn them fair and square. If at any time you feel that your child is manipulating the system, it's okay to nix the whole thing altogether.

**Keep hands to yourself.** Physical discipline has been a hot debate for years, but studies have shown that hitting children contribute to mental health disorders, according to [abcnews.go.com](http://abcnews.go.com). Though at the same time it's important to note that spankings and beatings are very different- it's a safer bet to refrain from physically disciplining your child. A good rule of thumb: if you wouldn't hit a puppy for undesirable behavior, then you shouldn't do so to your kid. Find healthier coping mechanisms to deal with your anger. Putting your hands on a child should be a very last resort in extreme circumstances.

**Related Link:** [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Views Can 'Expect a Bit of Everything'](#)

Set a good example for your child by showing them respect. Though you created them, they're still a human being that deserve autonomy. At the same time, discipline is important. There will be ups and downs while you try to guide your bundle of joy down the right path, but the key to being a good disciplinarian is consistency. Your child will never learn if you can't clearly show them that there are natural and logical consequences. They might complain now, but they'll be grateful for all that you've done for them later in life.

**What are your feelings on discipline? Share how you discipline your children in the comments below.**



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# Celebrity Baby News: Jonathan Rhys Meyers & Fiancee Welcome a Son



By Justin Thomas

[EOnline.com](http://EOnline.com) broke the news on December 15 that celebrity couple Jonathan Rhys Meyers and fiancé Mara Lane welcomed a precious baby boy into the world right from the comfort of their own home, adding to 2016's long list of [celebrity babies](#). Uniquely named Wolf Rhys Meyers, the bundle of joy was long anticipated through a series of charming social media pregnancy posts on Lane's Instagram account, beginning in



September when the couple announced their pregnancy. The [celebrity couple](#) started dating in 2014 and got engaged December of that year. Jonathan has been struggling with alcohol addiction for years now, but it is said that his fiancée has been a driving force behind his journey to sobriety, even through a brief relapse in 2015 in which he took to Lane's Instagram account to address the issue and apologize to his fans.

## There's another celebrity baby to add to the mix! What are some ways to prepare for a baby boy specifically?

### Cupid's Advice:

There are some obvious differences you could imagine when preparing for baby boy as opposed to a girl, so here are some pointers on what to expect when you're expecting ... a boy!:

**1. Pink or blue?:** Telling a little girl to put down the football is vastly different than telling a little boy to put down a doll. Gender roles are a vital part of parenting from the very beginning so be mindful of gender roles and identity, and what they mean to you as a parent.

**Related Link:** [Celebrity Baby: Matt Dallas and Husband Blue Hamilton Adopt Little Boy](#)

**2. Boys do cry:** Don't assume because you're having a boy that parenting will be a breeze. Even though they might get a little more down and dirty, know that boys (babies included) can be a lot more emotional and sensitive than popular stereotypes maintain.

**Related Link:** [Celebrity Baby News: Mila Kunis & Ashton Kutcher](#)

## [Welcome a Baby Boy](#)

**3. The process:** There's no all-encompassing manual or instruction pamphlet designed for parenthood. It's a learning process for not only the baby, but also for parent. If this is your first baby or baby boy, don't be afraid of learning and making mistakes.

**What are some ways you think raising boys can be different from raising girls? Comment below!**

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# Celebrity Couple Alec & Hilaria Baldwin Open Up About Raising Their Kids





By Kayla Garritano

Some serious parenting skills! In the [latest celebrity news](#), Alec and Hilaria Baldwin open up about how they met, upcoming projects and raising their three children, who are all featured on HOLA! USA. According to [EOnline.com](#), Hilaria reveals that teaching her three-year old daughter her native language, Spanish, is crucial and she's already speaking two languages at home. Their daughter also switches to speaking English with Alec. "Alec's Spanish is getting better and better. His accent is very good," she said. Hilaria also opens up about how the [celebrity couple](#) met, saying they met because of yoga. The yoga instructor, who was born in Majorca, Spain, has made Alec brush up on his Spanish among other things. "My Spanish can only get better. It can only improve...maybe by the time I'm 90, I will nail it," he joked. "I love Madrid. I think it's one of my favorite cities in the world."

## **This celebrity couple is opening up**

# about parenthood. How do you know your partner is cut out to be a parent?

## Cupid's Advice:

Knowing how to be a parent doesn't come naturally. You're going to learn new things and make mistakes, but that's part of being a parent. Cupid has some [parenting advice](#) to make sure you and your partner are ready:

**1. Stable relationship and stable mind:** If your relationship is strong, and your partner shows that they are mature, strong and well-minded, then it's a sign they can be a parent. You don't want to bring a baby into the world if your relationship is on the rocks. You also want to make sure your partner can handle the tough times, like not sleeping or changing that stinky diaper.

**Related Link:** [Expert Relationship Advice: Three Questions Crucial to Co-Parenting Success](#)

**2. They talk to you:** Being a parent means communicating your needs and wants, as well as what you're thinking. If they can handle a discussion about having a baby, and can see a future where they're holding a baby in their arms and taking care of their little one, then that's another sign they are ready to take parenting on.

**Related Link:** [Celebrity Baby News: Mila Kunis & Ashton Kutcher Welcome a Baby Boy](#)

**3. Financial cost:** Are you and your partner able to provide for a future family? A baby can cost a lot, from diapers to formula to clothes, they will have money flying out of your wallet. Make sure they are ready to handle the cost of a baby.

How did you make sure your partner was ready for parenthood?  
Comment below!

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# Celebrity Baby News: Mila Kunis & Ashton Kutcher Welcome a Baby Boy



By Kayla Garritano

Make room for number two! [Mila Kunis](#) and Ashton Kutcher welcomed [celebrity baby](#) number two to the world. According to [EOnline.com](#), the [celebrity couple](#) had a baby boy on November



30. Kutcher accidentally spilled the beans on the gender of the baby when making a guest appearance on the *Today* show, and also joked that their daughter was still wrapping her head around the concept of pregnancy and how she's becoming an older sister.

## **This celebrity baby makes number two for Mila and Ashton. What are some ways to prepare differently for a second child versus the first?**

### **Cupid's Advice:**

Word on the street is that having a baby the second time can be much less nerve-wracking than having your first. Cupid is here with some [parenting advice](#) to make sure you are in for an easier time:

**1. Hand-me downs:** If the products are still working, then you don't have to spend more money on the same things. If your child is old enough to be out of the crib, use the crib for the second child. Same gender? Wear the same clothes your first child wore. Finding anything to reuse again is cost-efficient and less of a hassle to find.

**Related Link:** [David Arquette & Wife Christina Are Expecting Second Celebrity Baby](#)

**2. First mistakes are over:** You learn a lot about how to be a parent with your first child. You're very cautious about everything you do. However, there are times where you messed up because you're a new parent, and it's going to happen. That's totally okay, because you learned from your mistakes and know for the second time around what to do.

**Related Link:** [Megan Fox & Brian Austin Welcome Celebrity Baby No. 3](#)

**3. Tell the big sister/brother:** Your first child was the center of attention. But now baby number two is making their way in to the family. You need to prepare the soon-to-be older sibling as well, because you don't want them to get jealous or become unaware of her home surroundings. Just make sure your first child tries to understand, or at least make sure they are happy with their new little sibling!

**How did you prepare for your second child? Tell us in the comments below!**

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## **Holiday Gift Guide “Must-Have”: Personalized Books for Kids!**





*This post is sponsored by Put Me In The Story*

By Kayla Garritano

Give your kids the gift of reading this Christmas, but with a fun, unique twist! Personalized books for kids by [Put Me In The Story](#) takes bestselling books and beloved, famous characters to create personalized books complete with the child's name, photo, and a message from the gift giver! Your child will love the fact that they can become a part of the story and engage more in their reading! In 2016, *Put Me In The Story* published over 60 new books with partners like Disney, National Geographic Kids, Curious George, Harper Collins, Sesame Street, Star Wars, The Avengers, and more. In our [product review](#), we got a look at a few of their favorite titles.

**These favorite titles will be sure to give you a few [parenting tips](#) on**

# what to buy for your child this holiday season:

## **Dream Big, Princess!**

In the magical book, [\*Dream Big, Princess\*](#), 11 Disney Princesses tell their stories, encouraging young children to dream big, believe in themselves, and work hard to achieve their dreams! In this beautifully illustrated book, your little child, usually targeted from 4-8 years old, will write, draw, and imagine all the things she can be, led by the adventurous, independent, and ever-faithful Disney princesses! The journey begins with a personalized letter and Princess Passport, which your child can use to check off each princess as they read their stories. Whether she's putting together a restaurant menu alongside Tiana, listing treasures she's found on her travels like Ariel, or comparing her bookshelf to Belle's, your little one will learn that being a princess is more than just wearing fancy dresses and living in a castle...it's about being brave, honorable, kind, and hardworking. At the end, they can even match up each princess with her greatest wish, then fill in a special page with her own hopes and dreams! It's motivational and inspirational! You can purchase your child's happily ever after for \$34.99 on hardcover or \$29.99 on paperback!

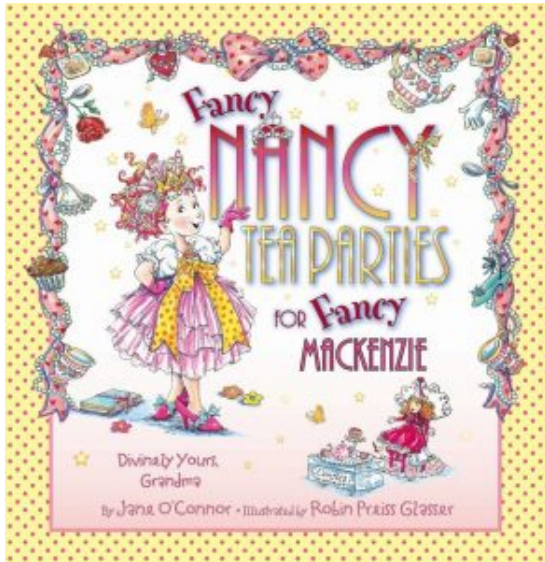


Dream Big, Princess!  
Personalized Book

### **Fancy Nancy Tea Parties**

For \$34.99, you can personalize your own [Fancy Nancy Tea Parties](#). Hostess Fancy Nancy shares some secret hostess tips with your little one, usually targeted from ages 4-8. From recipes and crafts to etiquette tips and French lessons, this precious personalized book contains everything your child needs to throw the perfect tea party. It also includes a personalized letter from Nancy herself to your child! Plus, your child's name is worked into the text and has adorable illustrations throughout the book. Wrap up with a set of recipe cards from the Fancy Nancy's kitchen. Best of all, show off your kid's hard work and success by cutting out and framing the certificate declaring your child a graduate of Fancy Nancy's Tea Party Course!

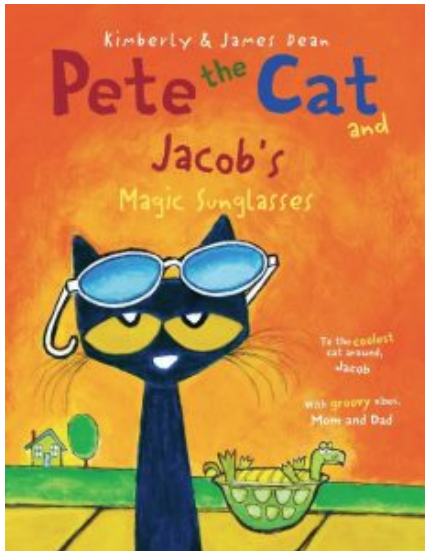




## Fancy Nancy Tea Parties Personalized Book

### **Pete the Cat**

Looking to find a personalized book for your even younger child? [Pete the Cat and His Magic Sunglasses](#) is just for you. Meant for kids aged 1-3, follow the journey of Pete the Cat to see how he turns his his not-so-great day around with a pair of blue magic sunglasses thanks to Grumpy Toad! This personalized book teaches your child about seeing the world in a whole new way. It also features your child's name and photo along with an encouraging dedication message from you. The coolest part of the book? Your child plays a special part in the story! They are the one to let Grumpy Toad borrow the magic sunglasses in the first place! Because of your child, he's not so grumpy after all. As Pete the Cat travels through town, he meets friends that could use a little bit of magic. Your kid will be taught to find the good in every day with the help of this story. For \$34.99, any day can go from gloomy to great—all it takes is a little magic from within!



## Pete the Cat and His Magic Sunglasses Personalized Book

### National Geographic Kids Collection

Teach your child a little more about the wonders of the world with personalized books from [National Geographic Kids](#). Topics include animals, dinosaurs, ocean animals and space. These fun and educational books will help your child learn about the world around them. Each book is \$34.99 on hardcover and \$19.99 on paperback, but who can put a price on learning? The [Animals](#) books explore the rain forest, the ocean, and the icecaps with a personalized guide. Each page features beautiful photos of the coolest creatures along with providing quick facts about its size, diet, and habitat. There are also questions asked in the book to keep your little zoologist engaged. The books on [dinosaurs](#) discuss all the types of dinosaurs while asking your child questions, providing answers, containing a pronunciation guide, and on the final pages, your child can mark the dinosaur qualities they like best, then draw themselves as a dinosaur! [Ocean Animals](#) guides your child through the deep blue sea, naming sea creatures as well as plants, and engages your child with personal questions. On the final pages, your little one can mark their favorite animal traits, then draw an ocean creature that exhibits all of them! Lastly, the book on [space](#) tells your little reader all about

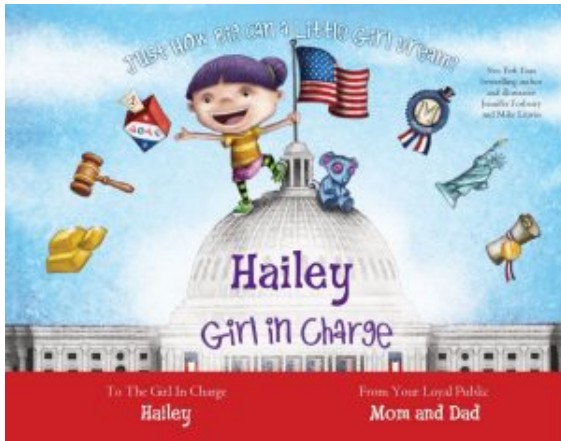
the galaxy and beyond. On the final pages, your child can name their own comet and draw the night sky! All these books can be personalized with your child's names, photo and special dedication message!



National Geographic Kids,  
Book of Animals

### **Isabella: Girl in Charge**

The last book on the holiday guide is [Isabella: Girl in Charge](#). Inspire your child to dream bigger and reach for the stars with this motivational story. Your child steps into the story as a spunky, purple-haired girl on a journey to the White House. Along the way, she learns about some of the amazing women who came before her. These doers, dreamers, lawmakers, and trailblazers helped create the world we live in today, one where your little believer can be anything they strive to be. This book is on sale for \$34.99 hardcover, and \$19.99 paperback. Include their name and photo along with a special message from you. At the end of the book, your child's face will appear next to some of the nation's greatest leaders! Show them that one day, they can be a great leader. So inspirational!



Isabella: Girl In Charge,  
Personalized Book

*Don't miss out on these must-have personalized books this holiday season!*

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# Product                      Review:                      Mom's Favorite Fall Trends





*This post is sponsored by Gululu, Janiebee, Froggelz Goggles and iClever.*

By Kayla Garritano

Parents are always looking for the right products to make their kids and themselves happy. Fall is here, which means school is in session. With Fall also comes a bunch of breaks, such as days off for Columbus Day and Thanksgiving! You're going to need products that benefit your kids both at school and when they're with you. Cupid makes sure that [parenting](#) is easier for you with this product round-up.

**The [Gululu Interactive Water Bottle](#), [Janiebee Nap Mat](#), [Froggelz Goggles](#) and [iClever Boostcare Headphones](#) will be your favorite Fall trends!**

**Gululu Interactive Water Bottle**



Parents are always worried that their children don't drink enough water during the day. They're going to need to drink it at school during recess, at lunch, and even just as something to keep them hydrated throughout the day. Gululu, the new interactive water bottle, will help measure your child's water intake. With the help of some hydrated friends, Gululu links your child's water intake to the health of a virtual animated pet and makes staying hydrated an act of care giving. There's even a special app that helps you set hydration goals based on your child's age, weight and location. The incentive for this BPA-free, water-proof water bottle is that the closer your child gets to his or her water intake goal, the healthier that virtual pet becomes. The character on the water bottle will grow, collect treasure and explore "Gululu Universe." You can purchase this product starting at the [single pack](#) for \$99, or you can get various other packs, such as the double and family packs! This bottle is for ages 3 and up ... or if you're a parent young at heart!



Gululu Interactive Water Bottle

### **Janiebee Nap Mat**

Have your kids get a little cozy during nap time. This super soft, luxe mat can be taken anywhere, making it a great nap time accessory for school. These mats are made with a fabric tie closure and come with a minky pillowcase. Once napping is over, all you have to do is roll up the mat and tie it closed! These come in different colors and designs, and you can even [create your own](#). They are machine washable and dryer safe,

too! Pricing starts at \$99 and can guarantee your child will be comfortable and fast asleep.



Janiebee Nap Mat, The Happy Camper

### **Froggelz Goggles**

A much anticipated family vacation is coming up shortly! You cannot wait to spend some quality time with your kids. As the air by you is getting colder, you're escaping to a place that's warm and sunny. But when you're sitting poolside, your kids are going to need something to protect their eyes when they're splashing around. Available in multiple colors, the [Froggelz Goggles](#) by *Made By Dad* put comfort on the back of your child's head when they're swimming. It's easy enough to remove so their wet hair doesn't get caught on the straps! Also, the back strap is easy to adjust and will secure the tightness on your child's face. There is no slipping and no painful adjust. For \$19.99, you can ensure a fun, comfortable swimming experience for your child, and you get to lay back in the sun and watch them have fun!



Froggelz Goggles, Made by  
Dad

### **iClever Boostcare Headphones**

Your child may want to listen to music on the bus ride to and from school, or maybe they want to hang back in the car when you're driving and listen to some of their favorite songs. These new iClever Boostcare Headphones are made for kids to protect their ears all while enjoying the tunes. These over-the-ear designed headphones have kid-safe volume technology, so their ear drums won't be damaged, and they come with soft comfy ear pads and an adjustable headband, so you can find the perfect size. These headphones are also very portable, given they are suitably lightweight and have a tangle-free cord. Made out of food-grade material, they come in three special designs; the [Cat Ear](#), [Halloween](#), which is great with the holiday right around the corner, and the [Christmas edition](#), a special seasonal treat. At the affordable price of \$15.99, give your child an accessory all while protecting the safety of their ears. Plus, they're on Amazon Prime, so you'll get them ASAP!



iClever                  Boostcare  
Headphones, Cat Ears

Don't miss out on these favorite fall trends! For parents everywhere, make sure your kid is happy and comfortable this season!

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## Parenting Tips: How to Feel Sexy After Motherhood





By Kayla Garritano

No matter what your age, there was a time in your life you felt confident and sexy. When you have children, you begin to lose that confidence because you're so focused on taking care of them. You aren't paying attention to yourself. [Parenting](#) is not an easy task! Eventually, your kids start their own lives, and now you have time to focus on yourself. You just want to feel confident again. Take some of this advice, and you will be sure to feel sexy!

## These parenting tips will help you feel sexy after motherhood!

**1. Love your body:** Not too happy about the weight you've put on? Go for a run, join a gym, or do something that will shape your body into what you want it to be. If you can't sculpt it to how it used to be before children, don't worry! Just make sure you can feel confident, and realize your dedication will show some changes.



**2. Eat the right food:** If you eat cleaner and healthier, your body will thank you. Instead of rushing to eat since you never had time, you now can take the time and make the right food. No junk food or quick meals. You're going to feel the big difference.

**3. Go shopping:** Buy some clothes that make you feel like a million dollars. Try some outfits on, and if you like it, buy it. What styles make you look at yourself and smile? Don't think about if anyone else would like it. It's your style and your body. Feel sexy!

**Related Link:** [Celebrities Who Lose Baby Weight Fast](#)

**4: Have the right mindset:** Don't be so negative when things don't always go right. It takes a lot to make you tell yourself you're sexy. You didn't lose weight in a week? That's okay; don't give up. Be positive and that will help motivate you!

**5. You have the mom power:** You're a mother. You are an empowered, strong, tough woman who has birthed children, raised them, and helped them grow. That is a power that people who aren't moms don't have. You should feel sexy by just knowing you have power and there's something special about you. The look isn't everything; make sure you have the emotion to go with it!

**Related Link:** [Celebrity Mom Molly Sims Shares Secret To Losing Weight In Celebrity Video Interview](#)

**6. Put yourself first:** Ever since you became a mother, your children came first. That's parenting, and it's normal. However, it's good to put yourself first every once in a while. Think about what you want and what you need. You have needs, and you cannot forget that.

**7. Accept yourself:** There's no such thing as perfection. You're going to have flaws, and that's okay. Your body may not

be how you imagined it, or how you were expecting it to be. There's always going to be something you don't like about yourself, but that doesn't mean other people notice it. It's time to accept it, move on, and be happy.

**What are some ways you got yourself to feel sexy after becoming a mother? Comment below!**

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## **Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters**



By [Brooke Crawford](#)

Famous [celebrity couple Kristen Bell](#) and Dax Shepard are great examples of parenting. In a recent story from [UsMagazine.com](#), the pair shared their good parenting advice on how they communicate with their kids. This couple, who have been in a [celebrity relationship](#) since 2007, finds there is importance in how you raise your children for the future of the family as well as themselves.

## **This celebrity couple is super focused on good parenting. What are some ways to know if your partner will be a good parent?**

### **Cupid's Advice:**

There is no manual on how to parent your children, and sometimes watching others does not help. Finding your own set of family moral and value sets to reference is important. Being sure that you both are on the same page when parenting is also important. Cupid is here with parenting advice to help with the process:

**1. Patience:** Every parent needs to have an immense amount of patience. Raising children is not an easy job and can be thankless more often than not. Kids require a lot of patience, and without that, it can be extremely frustrating.

**Related Link:** [Simple Survival Tips for Single Parents](#)

**2. Stress management:** Kids can put a strain on a couple, as it affects each person differently. Someone who is strong under pressure will be able to handle anything that is thrown their way.

**Related Link:** [To Move or Not to Move? Why This Decision is Tough on Kids](#)

**3. Dedication:** Kids require a lot hard work and dedication. Some people see this as a full time job. This is a bit more than a job because there aren't any off days, and it is an 18 year commitment (at least). A dedicated partner will have no problem sacrificing certain parts of their life to help raise kids.

Every family is different in how kids are raised. Share some of your valued parenting advice with us below!

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## It Will Be a Celebrity Baby Girl for Adam Levine & Behati Prinsloo





By [Brooke Crawford](#)

According to [celebrity baby news](#), [Adam Levine](#) is having a [celebrity baby](#) with wife, Behati Prinsloo. [UsMagazine.com](#) shares that the [celebrity couple](#) are excited about their impending parenthood. While out for a baby shopping trip, Prinsloo expressed to her friend that this phase of her life is uncharted waters.

## There's a celebrity baby princess in the works for Adam Levine! What are some ways to prepare for a baby girl versus a boy?

### Cupid's Advice:

Everyone can use a little help on how to handle having a new baby. Lucky for you, Cupid is here to give out a little parenting advice:



**1. Baby clothes:** While some gender neutral clothes will work in a pinch, having a girl requires a whole new wardrobe. Head down to your local baby store and pick up a few feminine outfits. Be sure to keep an eye out for those adorable headbands to make the outfits complete.

**Related Link:** [Celebrity Baby News: Blake Lively & Ryan Reynolds Are Expecting Second Child](#)

**2. Bedroom decor:** Footballs and dugouts are not the kind of décor that works for a newborn girl. Places like Michaels, Babies R' Us, and Target are a few great places to get the décor that is suitable for a girl. You can find the paint, wall decorations, and accent pillows to make the baby room fit for a princess.

**Related Link:** [Celebrity Baby News: Chrissy Tiegen & John Legend Welcome Baby Girl](#)

**3. Imitation:** Girls like to imitate those around them. This is why typically girls walk and talk sooner than boys. Be sure to be ready for all those steps to happen as they come.

A new baby can be a lot to handle, but having a girl can be very different from having a boy. What was your experience having a new baby girl? Tell us below!

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**Product Review: Make Life Easier for You and Your Family with BubbleBum, Poli,**

# and Booginhead



*This post is sponsored by BubbleBum, Poli, and Booginhead.*

By [Mary DeMaio](#)

When you're a parent and constantly on-the-go, your life can be stressful and overwhelming. You're always moving the booster seat in and out of the car. Your little ones spill milk or juice on the floor everyday. And then, there's dinner time! It can sometimes take an hour just to get little Johnny to eat his chicken nuggets. Believe it or not, there are a few products on the market that make parenting a little bit easier. In our [product review](#) below, check out some great items that both you and your baby are sure to love.

# Use This Product Review to Make Life Easier

First, the [BubbleBum](#) is an inflatable car booster seat that guarantees your child's safety and makes travel a lot smoother. It is portable, lightweight and for children between the ages of 4 and 11. This must-have product easily inflates and deflates, which makes it effortless to take along on vacations, beach days, or trips to Grandma's house.

The next product that will make your life simpler is the Poli Sippy Cup. The [Poli Sippy Cup](#) is easy to clean and is BPA-, phosphates-, and lead-free. It has an easy flow of liquids so your child doesn't have any tummy discomfort and also has a soft-chew resistant spout for babies that are teething. There are nursery rhymes featured on every cup, which promote early reading skills.

Finally, thanks to [Booginhead](#), dinner time will never be stressful again. This cool line of Super Power themed tableware and accessories will definitely keep your child entertained throughout the meal. The days of chasing them around the kitchen table with a spoon are behind you. These products have an interesting way of captivating children's attention with their branded plate colors and bold words that pop. From cups and utensils to plates, these dinner sets are perfect for mixing and matching.

The three items in this product review are sure to make the days much less complicated and chaotic for the entire family. You and your partner will be happy that you have restored order back into your lives (at least for a little while).

*For more information about the products mentioned above, check out [BubbleBum](#), [USA Poli](#), and [BooginHead](#).*